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Longitudinal Imaging of Heart Development With Optical Coherence Tomography

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Abstract

Optical coherence tomography (OCT) has great potential for deciphering the role of mechanics in normal and abnormal heart development. OCT images tissue microstructure and blood flow deep into the tissue (1–2mm) at high spatiotemporal resolutions allowing unprecedented images of the developing heart. Here, we review the advancement of OCT technology to image heart development and report some of our recent findings utilizing OCT imaging under environmental control for longitudinal imaging. Precise control of the environment is absolutely required in longitudinal studies that follow the growth of the embryo or studies comparing normal versus perturbed heart development to obtain meaningful *in vivo* results. These types of studies are essential to tease out the influence of cardiac dynamics on molecular expression and their role in the progression of congenital heart defects.

Index Terms

Biomedical imaging; cardiography; *in vivo* imaging; optical imaging

I. Introduction

The embryonic cardiovascular system develops at an extraordinary pace. For example, in the avian model, the heart progresses from a straight heart tube to a c-shaped loop and then an s-shaped loop on its way to becoming a septated four-chambered heart all in the span of several days [1]–[3]. Precise control orchestrating this transformation is imperative for normal development. An understanding of the etiology of congenital heart defects (CHDs) that result from abnormal development is largely incomplete at this time. It is the consensus that a complex interplay between genetic and environmental factors is responsible for many

of the defects. For example, researchers have recently shown that the prevalence of heart defects in CITED2 knockout mice (C57BL6/J) goes up over twofold after the mothers are fed a high-fat diet [4]. Several groups have presented studies demonstrating that altered hemo-dynamics can lead to heart defects [5]–[10]. It is thought that biomechanical forces lead to altered gene expression that can lead to altered cardiac structure and function that can in turn lead back to altered biomechanical forces. Unfortunately, this feedback loop is poorly understood because of the lack of proper tools to assess forces on the early looping heart and their resultant effects in cardiogenesis.

Optical coherence tomography (OCT) has the potential to be a robust tool to help decipher and understand some of the feedback pathways influenced by the cardiac function in early heart development. The rapid beating of the minute heart organ and the complex ultrafine vasculature has severely limited the options for assessing dynamics. OCT is based upon low-coherence interferometry and was first demonstrated in 1991 [11]. OCT specifications that enable characterization of structure and dynamics of the cardiovascular system during cardiac looping include the following.

1. High spatial resolution (2–20 μm)—allows visualization and measurement of cardiac layers (myocardium, cardiac jelly, and endocardium) and ultrafine structures (e.g., tethers connecting the endocardium to the myocardium).
2. High temporal resolution (10 to >100 kHz line rates)—enables assessment of cardiac dynamics in one, two, and three dimensions.
3. Appropriate imaging depth (1–2 mm)—permits imaging of four-chamber heart development under physiological conditions.
4. Doppler OCT—allows measurement of hemodynamics (e.g., blood velocity, blood flow, etc.) and biomechanical forces induced by blood flow (e.g., shear stress).
5. Vascular mapping—enables the visualization and measurement of the vasculature.

Early OCT reports have shown exciting results, but many studies have not used precise environmental control during imaging. In our experience, the heart rate of an embryo can drop drastically within the first minute of being removed from environmental control (data not shown). Maintaining physiological conditions while imaging allows one to perform longitudinal imaging (follow the growth of an embryo) and compare the results to embryos with applied stressors. In order to determine the influence of biomechanics and the time course of its effects on normal and abnormal heart development, it is imperative to investigate heart development longitudinally under physiological conditions.

Here, we demonstrate longitudinal four-dimensional (4-D) imaging of a developing embryonic chick heart during cardiac looping. We use the term longitudinal 4-D imaging to mean 3-D volumetric image sets recorded throughout a short time scale (one heartbeat, 4-D imaging) and also in time lapse over a long time scale (hours or days of development). The 4-D image sets contain 90 volumes/heartbeat and allow us to observe systolic dynamics within the heart tube. Also, we present the first images of the developing circulatory system in the embryonic chick *in vivo* at these early stages. Distinguishing cardiovascular abnormalities can be crucial in pinpointing the genesis and determining the mechanisms of

abnormal growth. Finally, we apply a stressor (hyaluronidase) to the developing embryo and compare morphology and dynamics with an embryo under normal development. These experimental methods will enable studies to determine how cardiac morphology and dynamics play a role in cardiac development and how environmental modifications to the heart affect development. Thus, OCT has the potential to help connect congenital heart diseases with the early events that set the heart on an abnormal course.

First, we review OCT imaging in heart development in Section II. In Sections III and IV, we present our current methods and results for longitudinal imaging of the developing heart. In Section V, we discuss and state our conclusions.

II. OCT Imaging in Developmental Cardiology

In 1996, Boppart *et al.* applied OCT technology to image developing embryonic morphology for the first time [12]. Subsequently, Boppart *et al.* concentrated on studying the structure and dynamics of the embryonic *Xenopus* heart [13]. From these early experiments, it became evident that OCT had enormous potential for investigating embryonic heart development. Not only did OCT have the spatial resolution to distinguish the structures in the diminutive embryo heart, but the technology was also noninvasive and had the temporal resolution to assess cardiac dynamics. Within 15 years since the first paper, embryonic and larval hearts of many animal models have been examined including the chicken [14]–[29], quail [15], [30]–[34], mouse [14], [15], [35]–[42], *Xenopus* [12], [13], [43]–[46], *drosophila* [47]–[49], and zebrafish [50]–[52]. The capabilities of OCT imaging has been expanded over the years and has allowed one to image the heart in four dimensions, assess hemodynamics using Doppler OCT, gauge heart mechanics using modeling, perform live imaging by incorporating culturing and environmental chambers along with the OCT system. Also, investigators have begun to use this technology to answer questions about the mechanisms of normal and abnormal development. The following sections give a more detailed account of the developments of OCT technology and its application in the field of embryonic cardiology.

A. Four-Dimensional OCT Imaging

Initially, OCT systems were too slow to capture 2-D cross-sectional images (B-scans) of the beating heart without significant motion artifacts. Yazdanfar *et al.* used a retrospective cardiac gating scheme to produce 2-D cross-sectional Doppler images of the beating *Xenopus* heart with a time-domain OCT system capable of imaging 8 lines (A-scans) per second [43]. Because of the periodic nature of the beating heart, one can image over multiple heartbeats and either trigger data acquisition to start at a certain phase in the cardiac cycle (prospective gating) or reorganize the data in postprocessing using a physiological signal or image similarity (retrospective gating) to capture an image set with greatly reduced motion artifact. As OCT developed video-rate capabilities (2–8 kHz line rates) [53], [54], the speed enabled real-time cross-sectional imaging of the beating heart [22], [44], [53]. Unfortunately, the increased speed was not capable of capturing the beating heart in three dimensions. Jenkins *et al.* employed a prospective gating method to record the first 4-D datasets from both chicken and mouse embryo hearts [14]. The hearts were excised and paced electrically. The electrical signal was also used to trigger data acquisition. Next,

groups found ways to the image live embryonic hearts in four dimensions by measuring Doppler signals from the blood. Jenkins *et al.* employed a prospective gating scheme using a laser Doppler velocimeter signal [31], while Mariampillai utilized a signal-based retrospective gating method, where a second OCT system recorded a Doppler optical cardiogram signal [45].

Around this time, OCT was making a fundamental change from time domain (temporal interference patterns) to frequency-domain (spectral interference patterns) OCT [55]. Frequency domain's signal-to-noise ratio (SNR) was superior to time domain and enabled the construction of high-speed systems (orders of magnitude faster than time-domain OCT) utilizing either a spectrometer or a swept laser source [56]–[61]. The first examples of these systems demonstrated that one could image the 3-D beating heart in real time (10 volumes/s) [30], [46]. Jenkins *et al.* also demonstrated that the high speed allowed one to accurately visualize the heart movement during systole, but only with cross-sectional images. Therefore, gating would again be needed to accurately assess systolic motion in three dimensions. This time gating was accomplished in postprocessing by looking for correlations in the images. Gargesha *et al.* adapted an algorithm from confocal imaging [62] to combine gated imaging with ultrahigh speed OCT (>100 kHz line rate) to capture 90 volumes/heart beat (quail embryo) with a temporal accuracy of 5 ms [33]. Other groups have since applied 4-D image-based algorithms to image the murine embryo heart in four dimensions [38] and the outflow tract (OFT) in a stage-18 chick embryo [18]. Recently, imaging speeds increased dramatically again [63], and as data acquisition instrumentation improves, it will be feasible to image at >100 volumes/s. However, new gating algorithms may still be needed for tissue and blood cell tracking.

B. Doppler OCT

Like ultrasound, OCT can use the phase information in the signal to measure a Doppler shift imposed by a moving particle and compute the velocity component in the direction of the illuminating beam of light. Several groups have employed Doppler OCT for imaging embryonic hearts [17], [20], [25]–[27], [34], [36], [39], [43]–[45], [64]. Doppler OCT was applied to the embryonic *Xenopus* heart in 1997 [43]. At this time point OCT imaging was still extremely slow (8-Hz line rate) and Doppler signals were processed along the individual A-scans using a short-time Fourier transform. Several years later as imaging speeds increased (2–8 kHz line rates), Yang *et al.* measured phase differences between adjacent A-scans to determine the Doppler shift and demonstrated Doppler imaging at 4–32 images per second in the *Xenopus* heart [44]. This work clearly showed that Doppler OCT could noninvasively image velocity distribution during heart cycles and established the potential of Doppler OCT in developmental studies.

Like standard structural OCT imaging, Doppler OCT benefited from the switch to Fourier domain OCT. The faster imaging speeds allow one to image faster flows and the static reference arm reduces phase noise in the signal [65]. Davis *et al.* first applied Doppler OCT in the Fourier domain to examine embryonic chick hearts [26]. When the flow of fluids induces a Doppler phase shift greater than 2π between subsequent A-scans, the velocity is not uniquely determined from the phase. To correct for phase wrapping, Davis *et al.*

employed a cellular-automata method for phase unwrapping [66]. The investigators were then able to make measurements of blood velocity in the looping heart [26] and measurements of blood velocity, blood flow, and shear rate in the vitelline vessels [27]. Because OCT is sensitive only to the velocity component parallel with the incident beam, many groups measure the direction of the vessel of interest to determine absolute velocity [26], [27]. Ifimia *et al.* worked to overcome this limitation by constructing a dual-beam OCT system to image zebrafish [52]. If the vessel of interest lied within a single plane, absolute velocity could be obtained. Determining absolute velocity in the beating heart is difficult because of the constant change in blood flow direction. Jenkins *et al.* overcame this limitation by utilizing a 4-D Doppler OCT dataset to measure the relative blood flow in the plane perpendicular to the illuminating beam [34]. Using the perpendicular plane, a blood flow measurement only relies on the velocity component acquired by OCT and measurements of stroke volume and cardiac output can be made without obtaining the absolute velocity. Ma *et al.* used a snake algorithm to determine the centerline to the OFT of the heart tube [20]. By assuming that blood flow is in the direction of the centerline and that the centerline was constant for all phases of the cardiac cycle, absolute velocity was estimated. In the future, simpler and more robust techniques are warranted for calculating absolute velocity.

Blood flow asserts forces upon the endocardial wall of the cardiovascular system and it is assumed that these forces affect gene transcription and heart development. As our data and others indicate that the architecture of even the earliest tubular heart is not a simple tube, the complexity of measuring these forces on different sections of the endocardium is a challenge. Jenkins *et al.* first employed OCT to measure shear stress in the developing quail embryo heart [34]. Instead of measuring the Doppler signal directly, one can also use modeling to determine the range of these forces [16], [19], [21]. Recently, Liu *et al.* developed a finite-element model that utilized structural OCT images to determine the location of the walls and pressure measurements at both the inlet and the outlet of the OFT. The model predicted shear stresses consistent with past OCT [34] and μ PIV measurements [67], [68].

The growth of the embryonic vasculature can give an indication of normal versus abnormal development. Because Doppler OCT is insensitive to measuring blood flow transverse to the illumination beam, vascular mapping is incomplete. Fingler *et al.* used phase variance contrast to create vascular maps in a zebrafish and were able to pick out transverse vessels and vessels with no flow [50]. By looking at the temporal variance in the structural image, Sudheendran *et al.* imaged vessels in the yolk sac of the mouse. We have used the same technique to image the vasculature of the developing quail embryo longitudinally (see Fig. 5). Although these techniques are incapable of measuring the velocity of the blood, they will be extremely useful to determine how the morphology of the blood vessels varies in normal and abnormal development.

C. Methods for Live Imaging

Many early OCT experiments on the developing heart were designed to demonstrate the capability of OCT imaging and did not adequately control the environment for the embryo

to develop under physiological conditions. Not only is it important to control the environment to accurately assess normal development, but also when comparing control embryos with genetically modified or experimentally perturbed embryos. Also, with the proper environment, one can follow the growth of the embryos over several stages of development. Some initial studies demonstrated the ability of OCT to follow the growth of the avian embryo over several stages of development without robust environmental control (heating pads) [26], [30]. Unfortunately, even brief periods away from the incubator leads to sharp changes in the heart rate and better control is needed. Filas *et al.* employed a culture dish that controlled temperature, humidity, nutrients, and gas levels for investigating avian embryos in a new culture [28], which places the embryo ventral side up. We have constructed an OCT scanner within an environmental chamber that can precisely control temperature, humidity, and oxygen and has successfully investigated avian embryos in shell-less cultures [15], [33], [34].

Although the mouse is well suited for genetic manipulations, assaying murine embryonic heart dynamics under physiological conditions is challenging because of the protective maternal intrauterine environment that is hard to penetrate or duplicate. Echocardiography has been used extensively for the study of these embryos but limitations in resolution have confined its use to later stage embryos. Larina *et al.* demonstrated the first structural and Doppler OCT images of the live murine embryo by combining an OCT system with a static culture [36]. Briefly, embryos were dissected with the yolk sac intact and cultured in a medium (89% DMEM/F12, 10% FBS, and 1% 100× Pen-strep solution), placed in a 37 °C, 5% CO₂ incubator, and imaged with OCT. Subsequent papers demonstrated OCT imaging of the developing murine embryo heart at several stages of development (E 7.5–E 10.5) [38], imaging of the embryonic rat heart [64] and velocity determination of individual blood cells in an E 8.5 mouse embryo using Doppler OCT [39]. More recently, Syed *et al.* externalized the uterine horn in survival surgeries and imaged embryos at E 13.5, E 15.5 and E 17.5 [69]. Unfortunately, the decidua, which degrades at E 12.5 and highly scatters light, prevents OCT imaging of the embryo before E 12.5 when the heart is accessible with OCT imaging. OCT clearly has the capability to image murine heart development from the earliest stages. In the future, it will be important to assess if and how the physiology of the embryo may be altered by culturing the embryo outside the womb. As the technology develops, OCT should become a robust tool to rapidly assess phenotypic differences in murine heart morphology and function in four dimensions.

D. Experiments and Descriptive Studies

The morphology of the looping heart and nearby structures influences both function and development. Filas *et al.* employed OCT to demonstrate that the splanchnopleure (a membrane pressing against the ventral side of the heart tube) exerts forces on the heart that drives c-looping and alters cardiac jelly distribution [28], [29]. When the splanchnopleure was removed rightward torsion of the heart was delayed proving the influence of the membrane on the shape of the heart. Jenkins *et al.* first described tether connections (thin processes connecting the endocardium to the myocardium) seen with OCT in 2007 [30]. Garita *et al.* expanded these studies by collocating known mechanotransducing molecules (fibronectin, tenascin C, α -tubulin, and nonmuscle myosin II) at myocardial–endocardial

attachment areas [15]. Manner *et al.* utilized OCT to demonstrate that the endocardium undergoes eccentric narrowing and widening during the cardiac cycle of stages 10–12 chicken embryos rather than concentric narrowing and widening [23]. It was surmised that this eccentric pattern may allow the tubular heart to pump more efficiently. At later stages (15–17), they showed that the endocardium becomes bell shaped and hypothesized that the shape may represent an optimization between pumping efficiency and supplying energy to the myocardium [24]. Finally, Garita *et al.* demonstrated in a stage-13 quail that the cardiac jelly shifts to prevalve areas to prevent regurgitation [15]. From these studies, we are just beginning to determine how the heart forms and pumps blood in the early stages. Manner *et al.* discuss current theories regarding the mechanisms of unidirectional flow in the valveless heart and discuss the need for more studies to determine the mechanisms [70].

Genetic manipulations and physical perturbations play an important role in deciphering mechanisms in biology. Rugonyi *et al.* demonstrated the ability of OCT to measure blood velocity and wall motion after OFT banding and vitelline vessel ligation [17]. Jenkins *et al.* utilized OCT to morphologically phenotype-excised murine hearts discerning hexamethylene-bisacetamide-inducible protein 1 (HEXIM1) mutants from their wild-type littermates. As of yet, OCT has not been used to phenotype live murine embryos, but with the progress in live murine cultures, this should come in the near future. *Drosophila* is another model system that can easily be genetically altered. Several groups have demonstrated, in larval- to adult-stage *Drosophila*, the ability of OCT to phenotype alterations in heart dynamics in mutant animals [47]–[49], [71]–[74]. Although *Drosophila* does not have a four-chambered heart, and among other differences from humans, there are still much that can be learned by studying this model organism. Choma *et al.* have pointed out the similarities in *Drosophila* and humans [47].

III. Materials and Methods

A. Embryo Preparation

Fertilized quail (*Coturnix Coturnix*) eggs were incubated in a humidified forced draft incubator at 38 °C. Embryos were removed from the egg between 40 and 50 h postfertilization and cultured on the yolk in a sterilized 3.5-cm-diameter Petri dish. Next, the embryos were placed within the environmental imaging chamber and repeatedly imaged over the next 24–36 h. For hyaluronidase experiments, embryos were injected with either 25 μ L of hyaluronidase or 25 μ L of phosphate-buffered saline (control) at 18-h postincubation before being cultured in a Petri dish for 40 h of development and imaged with OCT in the environmental chamber.

B. Environmental Control

Embryos require incubation, where temperature and humidity are precisely regulated. For environmental control, we constructed an environmental chamber (4 \times 3 \times 2 feet) with Plexiglas walls housing the scanner of our OCT system as shown in Fig. 1(b) [15], [33], [34]. Two bare-hand entry iris ports allow interaction with specimens without affecting the environment. The temperature control system consists of a temperature sensor, a PID controller, and wire heating elements. A fan blows the heated air over distilled water, which

creates humidity. By manually controlling the surface area of the water, one can control the level of relative humidity in the chamber. The temperature and humidity levels stabilize at $102.1 \pm 0.35^\circ\text{F}$ and $60.0 \pm 0.31\%$ RH. The OCT scanner is attached to an XYZ positioning gantry (Velmex, Inc., Bloomfield, NY) capable of spanning 0.61 ft^3 with accuracy on the scale of $10 \mu\text{m}$. The stage can fit up to 25 embryos at once, which will allow for high-throughput longitudinal studies.

C. OCT Imaging

We performed ultrahigh-speed OCT imaging by employing a buffered Fourier Domain Mode Locked (FDML) laser [30], [61] operating at 117-kHz line rate. Fig. 1(a) shows a diagram of the OCT setup. The laser outputs 13mW of power and sweeps a range of wavelengths centered at 1296 nm. The full sweep range of the laser is 120 nm and the full-width at half-maximum (FWHM) of the spectrum is approximately 75 nm, which resulted in an axial resolution of $8 \mu\text{m}$ in tissue. The sensitivity falloff is 3 dB at 3.5mm of mismatch. A Mach-Zehnder interferometer (the splitting ratio 90/10) is used to collect the OCT data. The scanner in the sample arm consists of quasi-telecentric optics with an attached microscope [75]. With a beam analyzer, we measured the spot size of the system to be $10 \mu\text{m}$ FWHM in air. We designed the lateral resolution of the OCT system to be able to easily distinguish the layers of the embryonic heart, while still preserving an imaging depth capable of capturing the heart tube *in vivo*. A field programmable gate array (FPGA) sends signals to control the scanning mirrors and data acquisition. The ultrahigh-speed system enables real-time 4-D imaging at ~ 5 volumes/heartbeat, and combined with cardiac gating, the ultrahigh speed allows for highly accurate gating schemes to capture systolic dynamics in three dimensions. All image processing and visualization of the OCT images (image-based retrospective gating, Doppler OCT, and vascular mapping) were realized in MATLAB (The MathWorks, Inc.) and Amira (Visage Imaging GmbH).

D. Image-Based Retrospective Gating

We developed a signal-free retrospective gating algorithm to accurately reconstruct 4-D image sets of the embryonic heart during looping at 90 volumes/heartbeat [33]. Briefly, the cardiac gating algorithm consisted of period determination, temporal interpolation, determination of temporal offsets between adjacent slices, and reordering of all images in absolute time. Through validation experiments, we found that the retrospective gating algorithm could accurately reassemble 4-D datasets with a temporal displacement error of less than 5 ms. To save time, the image data were decimated by 4 for the first three steps of the algorithm.

E. Doppler OCT

To accommodate Doppler imaging, OCT A-scans were recorded at $1.3 \mu\text{m}$ steps in the B-scan direction. A calibration interferometer was used both to resample the data evenly in wave number and to improve the Doppler signal by correcting for small fluctuations in sweep progression. A Goldstein algorithm was utilized to phase unwrap the Doppler data [76]. To decrease noise in the color Doppler images, a rolling five-line average was employed. We obtained pulsed Doppler waveforms from the center of the lumen by

selecting a small window (5×5 pixels). The pixels in the window were utilized to compute the pulsed Doppler waveform in the same way as using a line segment in pulsed Doppler ultrasound.

F. Vascular Mapping

We created maps of the developing vasculature in the embryo by assessing the variance of the speckle in the OCT images. At each slice position approximately ten cross-sectional images (B-scans) were taken. Three to four images were used to compute the variance as described in [77] and [78] and the additional images allowed for averaging to reduce noise. A median filter further reduced the noise in the images.

IV. Results

A. Longitudinal Imaging

Fig. 2 shows the heart of a growing embryo every 3 h for a 24-h period. The displayed images were selected from the contracted phase of the cycle. At 44 h, the embryo is between stages 11 and 12 of development and the embryonic heart appears as a straight tube. By 68 h, (stages 18/19) the heart has become an s-shaped tube. After 60 h of development, it becomes difficult to visualize the entire inflow of the heart with this choice of lenses in the scanner, but the OCT is still easily visualized. The sequence of images illustrates the rapid growth of the heart in a short time period. The resolution is high enough to reveal details of endocardial cushion (cardiac jelly) and myocardial morphology and blood flow. The B-scans in Fig. 2 were processed with an optimized nonorthogonal wavelet-based denoising algorithm [32].

Fig. 3 displays surface renderings of the embryonic quail heart (endocardium—red; myocardium—blue) as it develops over a 24-h period. At each time point, a 4-D dataset was collected and processed. A total of ten 4-D datasets were collected and comprise the first longitudinal 4-D OCT dataset of an embryonic quail heart during looping. The entire longitudinal 4-D dataset (10 4-D sets of 90 volumes each) produced large amounts of data (~150 GB) and took considerable processing time. The progression of looping is clearly evident. Each rendering was manually segmented and is displayed at the phase when the heart is most compressed at the top of the loop. The endocardium of the 40-h heart is smooth and the heart has just begun to loop, whereas the endocardium of the 64-h heart has many ridges and folds and has grown significantly over a short period of time. Being able to monitor the rapid heart growth in the looping stages of development will enable many experiments not previously possible.

Fig. 4 exhibits one 4-D dataset (stage 13) taken from a longitudinal 4-D dataset. Surface renderings of segmented endocardium (red) and myocardium (transparent blue) as the heart progresses through one cardiac cycle reveal that the endocardium folds into longitudinal ridges as the myocardium contracts indicating a complex interplay between the three cardiac layers (panel D). Endocardial connections to the myocardium may explain the endocardial folding. Visualization of two orthogonal and one curved slice (see Fig. 4) from the 4-D image set demonstrates an eccentric (B1–4), and complex deformation pattern (A1–A4) that

suggest tether-like connections (red arrows) between the endocardium and myocardium. The curved surface view (C1–C4) provides an informative orientation not possible with standard 2-D OCT imaging or with histological sectioning. Four-dimensional OCT will enable us to better understand the intricate morphogenesis of the beating heart and integrate the role of mechanics with morphogenesis during heart development.

Fig. 5 illustrates the ability of OCT to visualize the vasculature and measure blood velocity. Here, we have combined vascular mapping with longitudinal imaging to follow the growth of a quail embryo from 51–67 h of development. Clearly, the vascular system develops extremely rapidly. Vascular maps can give us insights into how the cardiovascular system develops and how nutrients are delivered to the entire embryo. The right panel shows a transverse section through the middle of a stage-14 embryonic quail heart (51 h of development) at two time points in the cardiac cycle. The images to the left are color Doppler overlays on top of the structure images. Pulsed Doppler profiles adjacent to the color Doppler images show the shape of the heartbeat and the position of the frame in the cardiac cycle. The images are taken from a gated OCT dataset consisting of 60 frames/heartbeat. Learning how the vasculature and blood flow are influenced in development and how they influence development will be important for future studies utilizing OCT.

B. Hyaluronidase Experiments

Fig. 6 presents multiplanar reformatted OCT images from two 4-D image sets of embryonic quail hearts. The left panel displays a stage-18 embryonic quail heart undergoing normal development, while the right panel shows a stage-19 embryonic quail heart that was exposed to hyaluronidase at 18 h of development. From Fig. 6, it is clear that there is a reduction of blood cells and the myocardial walls are thinner in the perturbed heart. The normal heart in Fig. 6 exhibits a fourfold increase in peak wall velocity at the inflow (2.4 mm/s) compared to the OFT (0.6 mm/s), which corresponds to the initiation of the beat at the inflow. The hyaluronidase heart does not display a significant difference in wall velocity between the inflow and OFT. The decreased inflow wall velocity suggests that the cardiac jelly may play an important role in regulating cardiac conduction. Either signaling between the cardiac jelly and the myocardium has been altered or the missing jelly has modified the stress on the myocardium.

V. Discussion and Conclusion

The following results demonstrate the feasibility of longitudinal imaging of the avian embryo using the several described OCT imaging modes. These techniques will enable measurements of various morphologic and hemodynamics parameters (wall width, wall velocity, blood velocity, shear stress, etc.) at different stages of development. We have demonstrated the first longitudinal 4-D images of the developing heart. Following the developmental progression of the heart tube can greatly aid in determining the time points when heart development is altered. We are able to collect datasets from stages 10 to 18. By stage 18, the depth penetration of our system was not able to capture the entire depth of the heart tube. By switching objectives, one can choose a lower numerical aperture lens that will image deeper at the expense of lowered resolution. The longitudinal 4-D dataset is

extremely large and cumbersome. In the future, algorithms for handling and displaying the data more rapidly will greatly enhance the utility of longitudinal 4-D imaging. For example, it is not practical to capture longitudinal 4-D datasets of large groups of embryos at the current time.

We also present the first longitudinal vascular maps of the developing embryo. The vascular maps show tremendous growth over a very short time period. Selecting the image time between B-scans determines the range of flows that the variance masking algorithm can pick up. Unfortunately, increased image time also increases motion artifact noise; so, a balance between detecting low flow vessels and image time must be optimized.

Finally, we used our longitudinal imaging system to show a baseline study comparing the development of normal quail embryo hearts with hearts injected with hyaluronidase. Hyaluronidase caused significant abnormalities in the heart (e.g., altered wall thickness, blood cell development, wall velocity, etc.). Longitudinal imaging greatly enhances comparisons between normal hearts and hearts with applied stressors. For example, by imaging various stages of development, we were able to see that hyaluronidase alters cardiac jelly from the beginning of development and the heart is never able to compensate for its loss. Future studies following the growth of the embryo are needed to fully characterize normal parameters of development and begin deciphering how cardiac dynamics play a role in the development of congenital defects.

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Biographies



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Andrew M. Rollins received the Ph.D. degree in biomedical engineering from Case Western Reserve University, Cleveland, OH, in 2000. He is currently an Associate Professor in the Department of Biomedical Engineering and Medicine, Case Western Reserve University. His current research interests include the development and application of advanced optics and photonics technologies for imaging and characterization of biological samples, with particular emphasis on detection of early disease and monitoring of therapy in human tissues and investigating embryonic development. His primary research interest includes the technique of OCT.

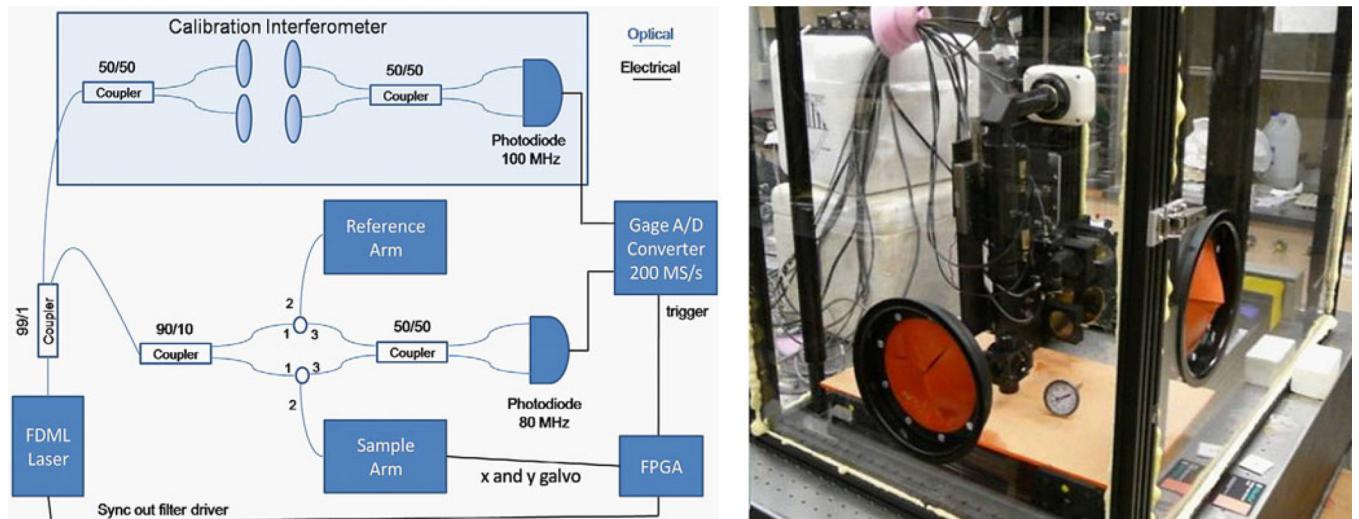


Fig. 1. OCT setup and environmental chamber. (Right) Diagram of the OCT setup. The system employs an FDML laser operating at 117-kHz line rate. The scanner in the sample arm consists of quasitelecentric optics with an attached microscope. A calibration interferometer is utilized to resample the data evenly in wave number. (Left) Photograph of our environmental imaging chamber. The chamber precisely controls temperature and humidity, while allowing OCT imaging.

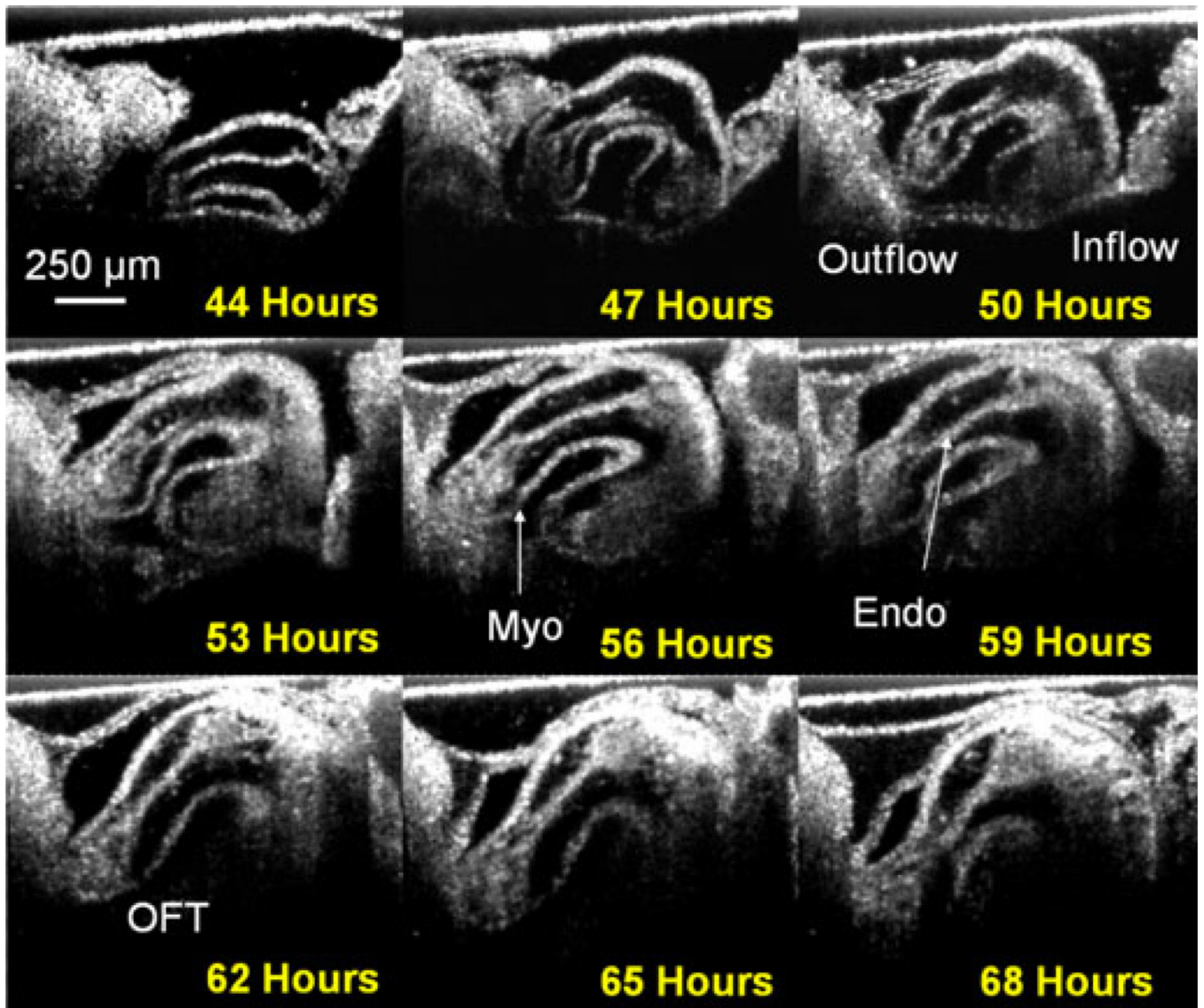


Fig. 2. Development in 24 h. The panel shows the heart of a growing embryo every 3 h for a 24-h period. The sequence of images illustrates the enormous growth of the embryos over a short period of time. The heart starts as a straight tube (stages 11/12) and progresses to a c-shaped tube and finally an s-shaped tube (stages 18/19). Myo—myocardium; Endo—endocardium; and OFT—OFT.

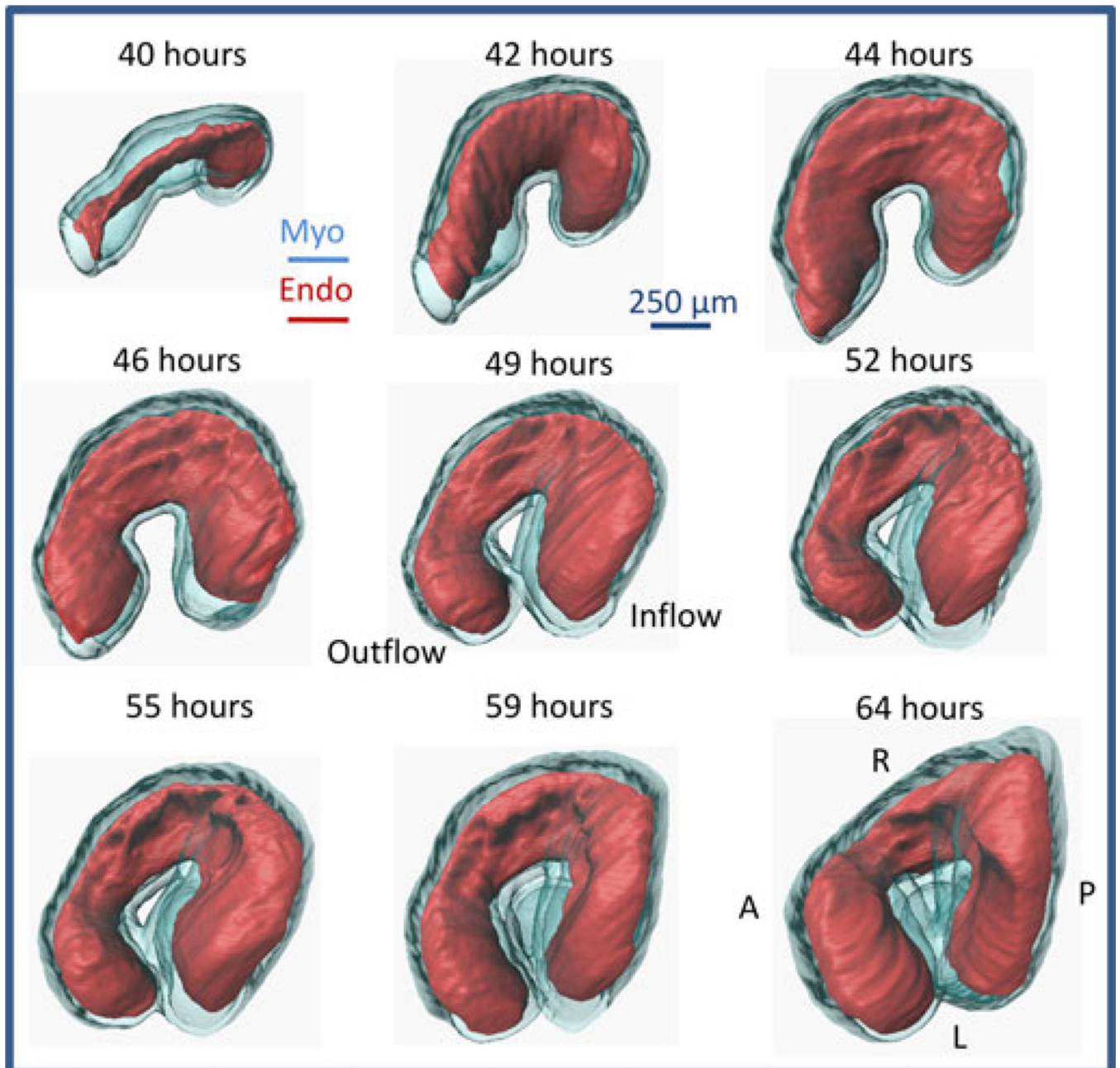


Fig. 3.

Three-dimensional reconstructions of the heart tube growing over a 24-h period. Transparent blue is the myocardium and red is the endocardium. The endocardium starts out smooth and develops more folds and ridges as time passes. Myo—myocardium; Endo—endocardium; CJ—cardiac jelly; A— anterior; P—posterior; D—dorsal; V—ventral; R—right; and L—left.

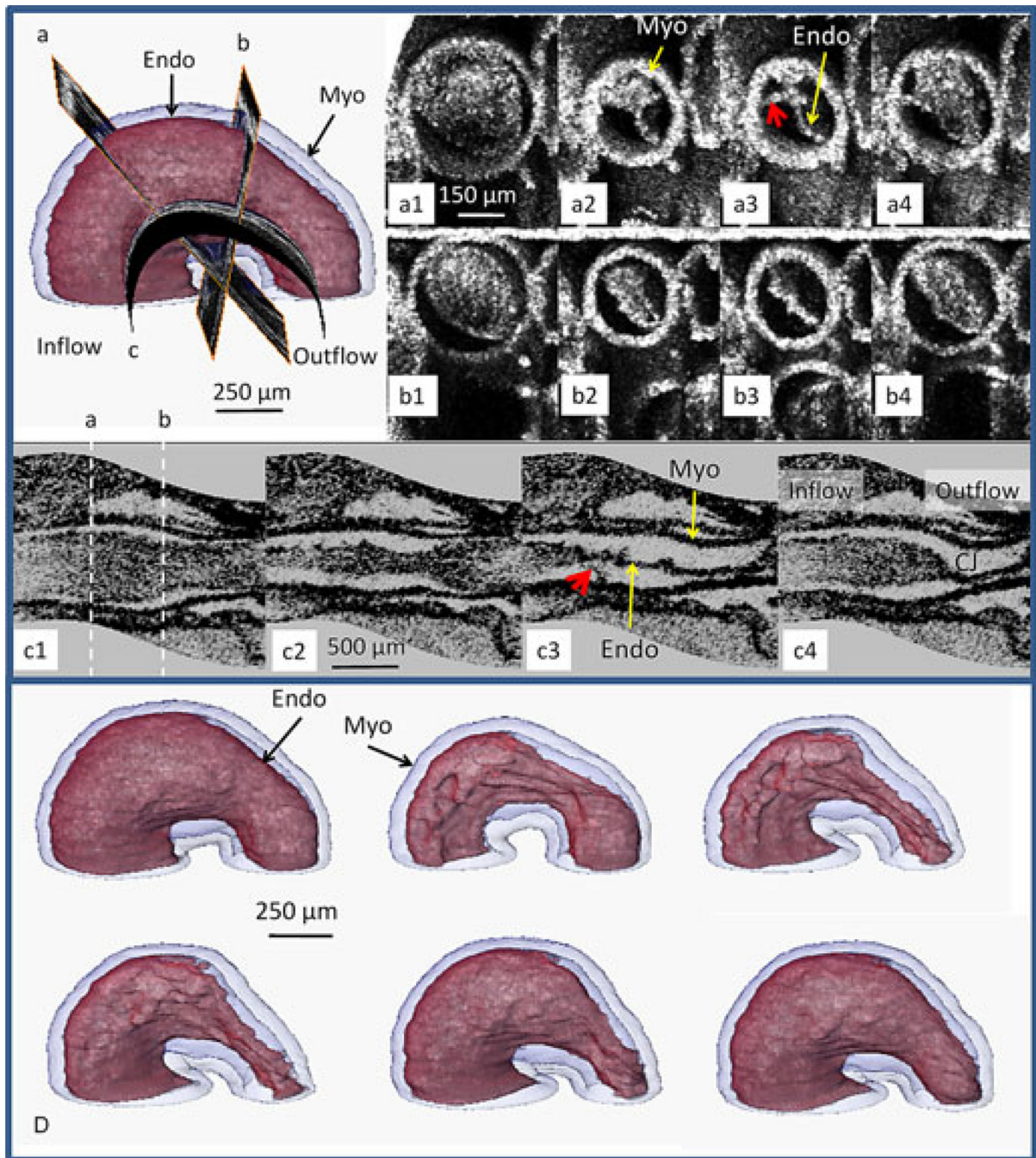


Fig. 4. Slices through a stage-13 quail heart. (Upper left) Position of the three slices a, b, and c on the 3-D heart. A1–A4 and B1–B4 time sequences of the beating heart at slice locations a and b oriented orthogonal to the heart tube. By capturing the full 4-D dataset, it was possible to reconstruct true orthogonal slices even when the orientation of the slice (e.g., slice a) was not possible to obtain directly. B1–B4 demonstrates eccentric deformation, while A1–A4 displays a more complex deformation pattern and suggests tether connections (red arrows) between the endocardium and myocardium. C1–C4 illustrates a curved surface through the

center of the length of the heart tube. This orientation illustrates the nonuniform morphology of the three layers throughout the heart tube. The endocardium has many outpocketings and twists. The white dashed lines indicate the locations of slices a and b. Panel D displays surface renderings of segmented endocardium (red) and myocardium (transparent blue) as the heart progresses through one cardiac cycle and reveals that the endocardium folds into longitudinal ridges as the myocardium contracts indicating a complex interplay between the three cardiac layers. Myo—myocardium and Endo—endocardium.

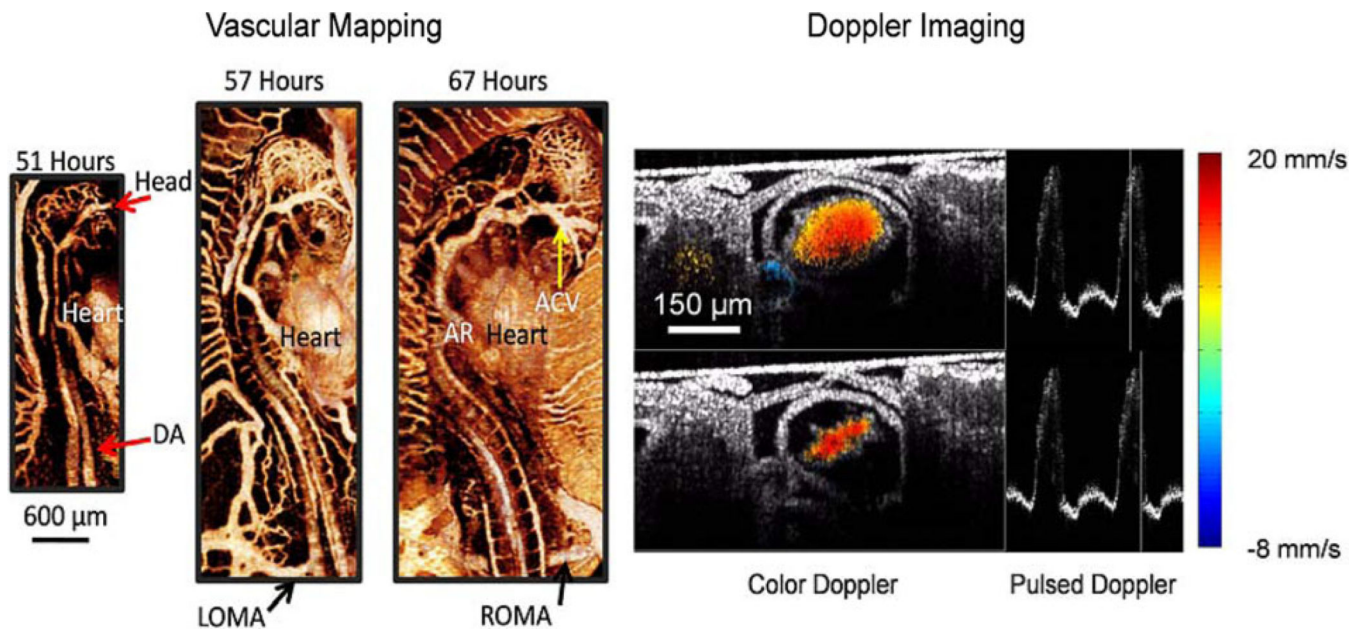


Fig. 5. Vascular maps and Doppler imaging. (Left) Vascular imaging is combined with longitudinal imaging. Vascular maps are shown of a quail embryo at 51, 57, and 67 h. Vascular maps allow investigations into the entire cardiovascular system. (Right) Gated Doppler imaging through the middle (transverse) of a stage 14 embryonic quail heart. Two time points in the cardiac cycle are shown. Gated imaging allows us to capture 60 frames/heartbeat. Pulsed Doppler profiles adjacent to the color Doppler images show the shape of the heartbeat and the position of the frame in the cardiac cycle. The color Doppler images display the relative blood velocity as shown in the color bar (blue—toward the OCT beam; red—away from the OCT beam). Here, we set velocities resulting from forward flow to be positive. DA—dorsal aorta; AR—aortic root; LOMA—left omphalomesenteric artery; ROMA—right omphalomesenteric artery; and ACV—anterior cardinal vein.

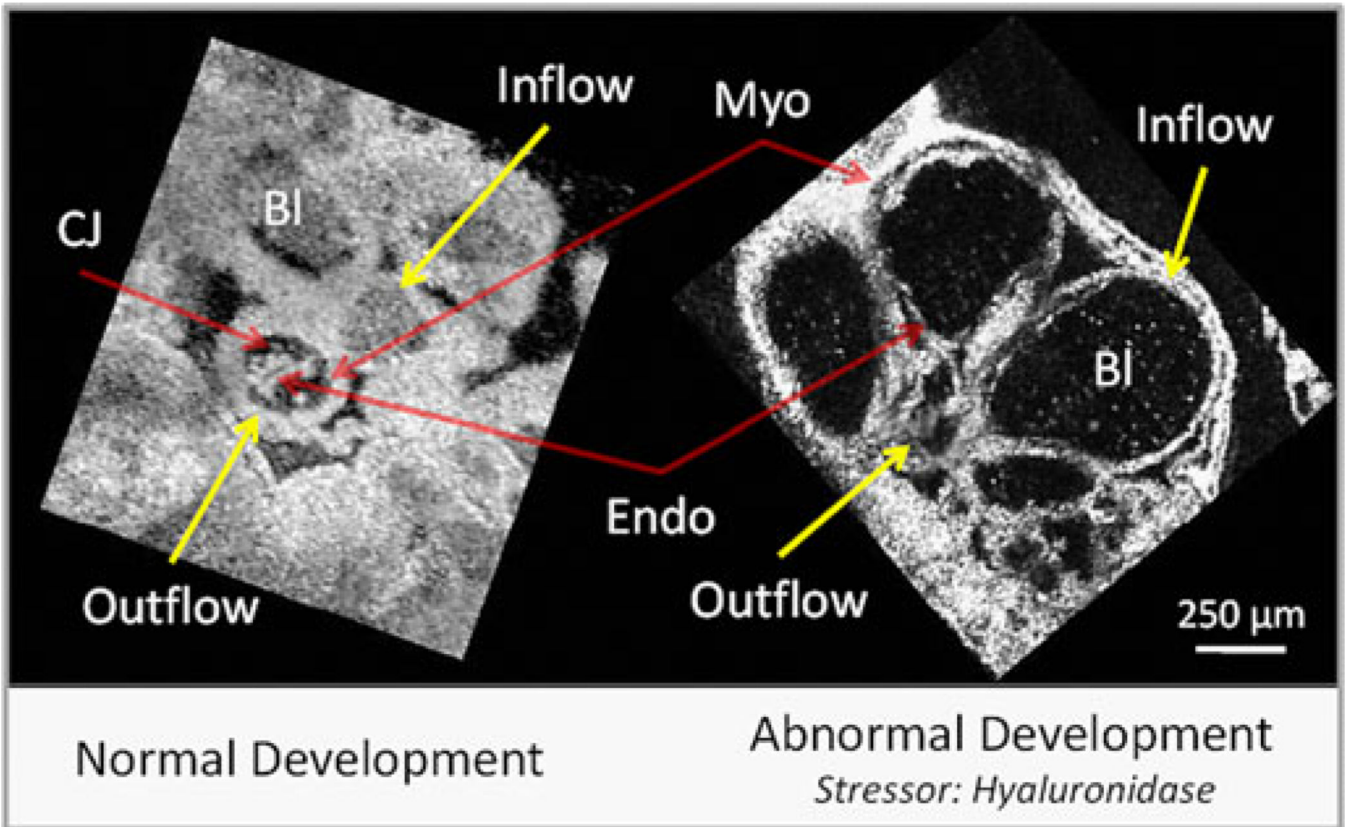


Fig. 6.

Normal versus abnormal heart development. *En face* slices from 4-D image sets (90 volumes/heartbeat). Hyaluronidase degrades the proteoglycan component of the cardiac jelly found between the myocardium and the endocardium. From the images, it is clear that there is a reduction of blood cells and the myocardial walls are thinner in the perturbed heart. Also, the maximum wall velocity between the inflow (2.4 mm/s) and outflow (0.6 mm/s) tract varies significantly in normal development, while the perturbed heart did not have a higher maximum velocity in the inflow. The decreased inflow wall velocity suggests that the cardiac jelly may play an important role in regulating cardiac conduction. CJ—cardiac jelly; Myo—myocardium; Endo—endocardium; and Bl—blood.