## Role of Age-Associated Alterations of the Dermal Extracellular Matrix Microenvironment in

Human Skin Aging

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#### ABSTRACT

Human skin is largely composed of a collagen-rich connective tissue, which provides structural and functional support. The collagen-rich connective tissue is produced, organized, and maintained by dermal fibroblasts. During aging, dermal collagen fibrils undergo progressive loss and fragmentation, leading to thin and structurally weakened skin. Age-related alterations of collagen fibrils impairs skin structure and function and creates a tissue microenvironment that promotes age-related skin diseases, such as delayed wound healing and skin cancer development. This review describes cellular mechanisms that give rise to self-perpetuating, collagen fibril fragmentation that creates an age-associated dermal microenvironment (AADM), which contributes to decline of human skin function.

#### INTRODUCTION

Human skin is the largest and most massive organ of the human body. The primary function of the skin is to provide a protective barrier from the environment, such as heat, solar ultraviolet (UV) irradiation, infection, injury, and water loss. Human skin consists of two layers: the epidermis (outermost layer) and the dermis (vascular connective tissue below the epidermis), which resides above subcutaneous adipose tissue. The epidermis is primarily composed of keratinocytes, which produce keratins, intermediate filaments that provide mechanical stability. Keratinocytes continually undergo terminal differentiation; a process that results in formation of the outermost protective barrier (horny layer or stratum corneum). The dermis is largely composed of dense collagen-rich extracellular matrix (ECM). Dermal collagen represents by far the most abundant ECM protein and constitutes the bulk of skin (90% dry weight) [1]. Dermal connective tissue collagen is essentially responsible for the skin's tensile

strength and mechanical properties. In human skin dermis, collagen-rich ECM is synthesized, organized, and maintained by dermal fibroblasts. Therefore, impaired dermal fibroblast function has significant impact on the properties of skin connective tissue.

Human skin, like all other organs, undergoes natural aging process as a consequence of the passage of time. In addition, human skin, unlike other organs, continuously experience harmful stress and damage from environmental sources such as solar UV irradiation. Based on its causes, cutaneous aging is classified into two types: natural aging, also known as intrinsic aging, and photoaging, also known as extrinsic aging. Natural aging refers to those changes observed in all individuals resulting from the passage of time, whereas photoaging refers to those changes attributable to habitual sun exposure. Both processes are cumulative and therefore photoaging is superimposed on intrinsic aging. The most clinically noticeable agerelated changes occur on face, neck, forearm, and lower leg skin [2]. These areas undergo a combination of natural aging and photoaging and age-related skin diseases occur most often in these areas.

The clinical signs of natural aging and photoaging skin are different [3]. Natural skin aging is characterized by laxity and fine wrinkling, but is not associated with increased pigmentation, deep wrinkles, or leathery appearance that are characteristic features of photoaging skin. There are histological differences between natural aging and photoaging skin as well [4]. In naturally aged skin, the epidermis is atrophic with flattening of the dermal-epidermal junction and thin dermis. Photoaged skin, in contrast, is often associated with increased epidermal thickness and severe dermal connective tissue damage including accumulation of elastin-containing material, known as solar elastosis [5].

Histological and ultrastructural studies have revealed that the major alterations in aged skin are localized in the dermal ECM [6,7]. Figure 1 shows nanoscale topographical images of dermal collagen fibrils assessed by atomic force microscopy (AFM). In young (20-30 years) skin, intact collagen fibrils are abundant, tightly packed, and well-organized (left panel). In contrast, in aged skin (80 +years), collagen fibrils are fragmented and disorganized (right panel). Investigations have revealed that characteristic features of skin connective tissue aging are largely due to aberrant collagen homeostasis. Two interrelated mechanisms are involved; reduced collagen biosynthesis and increased collagen fibril fragmentation. These mechanisms result in net collagen deficiency, which manifests as thin, fragile skin [7,8]. Age-related aberrant collagen homeostasis impairs the structural integrity and mechanical properties of the skin, and contributes to age-related skin diseases.

# IMPAIRED TRANSFORMING GROWTH FACTOR- $\beta$ (TGF- $\beta$ ) SIGNALING AND SKIN CONNECTIVE TISSUE AGING

A wealth of evidence indicates that TGF- $\beta$  plays a central role in ECM biosynthesis [9]. In human dermal fibroblasts, TGF- $\beta$  controls collagen homeostasis by regulation of both collagen synthesis and degradation [8]. TGF- $\beta$  initiates its cellular action by binding to its cell surface receptor complex, composed of TGF- $\beta$  type I receptor (T $\beta$ RI) and TGF- $\beta$  type II receptor (T $\beta$ RII). Binding of TGF- $\beta$  allows T $\beta$ RII to activate T $\beta$ RI, which in turn activates transcription factors, Smad2 and Smad3. Activated Smad2 or Smad3 forms heteromeric complexes with the common partner, Smad4. These activated Smad complexes translocate into nucleus, where they interact with Smad Binding Elements (SBE) in the promoter regions of TGF- $\beta$  target genes. Identification of TGF- $\beta$ /Smad target genes in dermal fibroblasts using a cDNA microarray revealed that 265 known ECM and ECM-related genes were regulated by TGF- $\beta$ /Smad signaling [10]. For example, many ECM genes, such as multiple collagens, fibronectin, decorin, and versican were directly upregulated by TGF- $\beta$ /Smad signaling. In contrast, TGF- $\beta$  downregulates matrix-degrading metalloproteinases (MMPs) and up-regulates tissue inhibitor of metalloproteases (TIMPs) and plasminogen activator inhibitor 1, which inhibit MMPs activation. These data suggest that TGF- $\beta$ /Smad pathway is not only enhancing ECM gene expression, but also inhibiting ECM degradation.

As such, TGF- $\beta$ /Smad pathway is recognized as a primary regulator of ECM homeostasis. Deregulation of TGF- $\beta$  signaling plays a prominent role in the pathogenesis associated with ECM proteins. For example, up-regulation of TGF- $\beta$  signaling causes abnormal accumulation of ECM proteins in affected tissues, as seen insystemic sclerosis (SSC), a chronic and progressive connective tissue disease characterized by fibrosis of the skin and internal organs. In contrast, down-regulation of TGF- $\beta$  signaling negatively regulates collagen homeostasis and has significant impact on human skin connective tissue aging. [8,11]. Laser capture microdissection (LCM) coupled quantitative real-time RT-PCR indicates that T $\beta$ RII mRNA level is reduced 59% in aged (80+years), compared to young (20-30 years) skin dermis [12]. In contrast to T $\beta$ RII, T $\beta$ RI mRNA levels are similar in aged and young human skin. Interestingly, reactive oxygen species (ROS), which are considered to play a pivotal role in the biology of aging, substantially reduce T $\beta$ RII, but not T $\beta$ RI, gene expression [11] [13].

As described above, TGF- $\beta$  initiates its cellular actions by binding its cell surface receptor complex. Reduced expression of T $\beta$ RII causes decreased binding of TGF- $\beta$  to the surface of dermal fibroblasts [14], and reduced T $\beta$ RII signal transduction [14]. Electrophoretic Mobility

Shift Assays (EMSA), using the Smad 3 Binding Element (SBE) as probe, shows that loss of T $\beta$ RII substantially reduces formation of the TGF- $\beta$ -induced DNA/Smad complexes [15]. Preventing loss of T $\beta$ RII by over-expression restores TGF- $\beta$  activation of Smad 3, and therefore protects against ROS inhibition of type I procollagen gene expression [11,13]. Thus, down-regulation of T $\beta$ RII appears to be a critical event in age-related decline of dermal collagen production, with attendant skin thinning, observed in aged human skin.

## ELEVATED MATRIX-DEGRADING METALLOPROTEINASES (MMPs) AND SKIN CONNECTIVE TISSUE AGING

Matrix-degrading metalloproteinases (MMPs), which cleave collagen and other ECM proteins, are elevated in naturally-aged human skin [16,17]. Several MMPs are elevated in aged human skin [17]. These MMPs can be divided into the following groups: collagenases, MMP-1; gelatinases, MMP-2 and MMP-9; stromelysins, MMP-3 and MMP-11; membrane-associated: MMP-17, and recently identified MMP-27. Furthermore, LCM coupled with real-time RT-PCR indicates that these elevated MMPs are primarily produced by dermal fibroblasts in human skin *in vivo*. Additionally, elevation of MMPs in aged skin is not accompanied by alterations of endogenous MMP inhibitors (TIMPs) [17].

In human skin, MMP-1 is the major protease capable of initiating fragmentation of native fibrillar collagens, predominantly type I and III collagens. MMP-1 cleaves collagen fibrils at a single site within its central triple helix. Once cleaved by MMP-1, collagen can be further degraded by MMP-3 and MMP-9 [18,19]. Dermal collagen fibrils are stabilized by cross-links that are highly resistant to proteolytic cleavage. Therefore, the actions of elevated MMPs over decades are thought to result in accumulation of cross-linked collagen fragments, which impair

the structure and function of the dermal ECM. Exposure of sun-protected human skin to purified human MMP-1 in human skin organ culture causes collagen fragmentation, and alterations in the structure and organization of collagen fibrils in the dermis that resemble those observed in aged skin [16]. Above data support the concept that the combined actions of multiple MMPs, which are constitutively elevated in aged dermis, are major mediators of skin connective tissue damage that is observed in aged human skin.

#### ELEVATED CCN1 PROMOTES AGE-ASSOCIATED DERMAL MICROENVIRONMENT (AADM)

Emerging evidence indicates that elevated cysteine-rich protein 61 (CCN1) [20], a member of the CCN (<u>CYR61/CTGF/NOV</u>) family of proteins, mediates aberrant collagen homeostasis in dermal fibroblasts and contributes to human skin connective tissue aging [12,21-23]. The CCN family comprises six distinct members: cysteine-rich protein 61 (CCN1), connective tissue growth factor (CCN2), nephroblastoma overexpressed (CCN3), Wnt-inducted secreted protein-1 (CCN4), Wnt-inducted secreted protein-2 (CCN5), and Wnt-inducted secreted protein-3 (CCN6) [24]. CCN proteins are secreted, associate with ECM proteins, and exhibit diverse functions involved, inflammation, cell-matrix interactions, regulation of ECM proteins synthesis, and wound healing, in a variety of cells types [25]. Studies in animal model and in patients have confirmed that CCN proteins are involved in many diseases related to inflammation and tissue repair [25].

In human skin, CCN1 is predominantly expressed in dermal fibroblasts [12,22]. Interestingly, CCN1 is markedly elevated in naturally-aged and photoaged human skin *in vivo* [12,26,27]. In cultured human skin fibroblasts, elevated expression of CCN1 substantially reduces type I procollagen and concurrently increases MMP-1 [12,17,22]. In further

investigations of CCN1 actions, we found that elevated CCN1 in human dermal fibroblasts alters expression of numerous secreted proteins, and that the pattern of CCN1-induced alterations closely resemble those observed in aged dermis [12,17,21,27]. We refer collectively to CCN1induced alterations of the dermis as "<u>Age-Associated Dermal Microenvironment</u> (AADM)" (Figure 2).

CCN1-induced AADM promotes skin connective tissue aging through three major mechanisms: **1**) reduced production of dermal ECM components, such as type I and type III collagens, which contributes to dermal thinning; **2**) induction of multiple MMPs (MMP-1, MMP-3, MMP-9, MMP-10, and MMP-23), which promote fragmentation of ECM proteins; and **3**) increased expression of pro-inflammatory cytokines (IL-1 $\beta$ , IL-6, and IL-8), which promotes inflammatory microenvironment (inflammaging). CCN1-induced AADM accounts for many of the characteristic features of aged human skin dermis, including loss of tissue and decline of function.

Figure 2 depicts a model in which elevated CCN1 in aged dermal fibroblasts contributes to human skin aging through creating age-associated dermal microenvironment (AADM). Like other organs, human skin is exposed to ROS generated from aerobic metabolism. In addition, human skin is a major target for a broad spectrum of external stressors, such as solar UV radiation as well as microbial and chemical assaults. Chronic exposure to ROS up-regulates CCN1 expression. Elevated CCN1 impairs dermal fibroblast production of collagen by inhibiting TGF-β signaling, and promoting production of MMPs and proinflammatory cytokines. These alterations lead to thin and fragmented dermal collagenous ECM, characteristic features of aged human skin.Elevated expression of CCN1 in human dermal fibroblasts acts through

multiple pathways to promote AADM: 1) impairment of TGF-β signaling by down-regulation of TβRII, and thus contributes to age-associated thinning of the dermis [12]; 2) induction of multiple MMPs via up-regulation of transcription factor AP-1, a major regulator of multiple MMPs, and thus contributes to age-associated ECM fragmentation [12,21,22]; and 3) elevation of multiple pro-inflammatory cytokines, and thus contributes to age-associated inflammatory microenvironment (inflammaging) [21,23].

CCN1-induced pro-inflammatory cytokines may have a significant impact on the development of AADM. For example, IL-1 $\beta$ , an AADM-associated cytokines, not only up-regulate multiple MMPs but also down-regulates type I collagen synthesis [23]. IL-1 $\beta$  is elevated in the dermis of naturally-aged and photoaged human skin [23]. CCN1 markedly induces IL-1 $\beta$ , which in turn contributes to CCN1-mediated reduction of type I collagen expression and induction of MMP-1 expression.

Emerging evidence indicates that the CCN family proteins may represent a new class of modulators of inflammation [28]. Consistent with this notion, CCN1 activates a proinflammatory genetic program in murine macrophages [29]. Furthermore, evidence indicates a potential role of CCN1 in chronic inflammatory diseases such as atherosclerosis, rheumatoid arthritis, inflammatory kidney diseases and neuroinflammatory diseases [25]. There is strong association of aging with chronic low grade inflammatory activity which may progress to long term tissue damage and systemic chronic inflammation [30]. Accumulating evidence supports the concept of "inflammaging", which posits that low grade chronic elevation of proinflammatory mediators can be a driving force for the aging progress [31]. Central to this concept is that healthy aging is not an inflammatory disease, but rather sub-clinical

inflammation contributes to the gradual decline of organ function, which occurs during the aging process. For example, IL-6 is increased in the aged and has been suggested to be a marker of health status in the elderly [32]. Interestingly, IL-6 is markedly induced by CCN1 in human skin dermal fibroblasts and constitutively elevated in aged skin [26]. Although aged skin does not display overt inflammation, the possibility that AADM-associated cytokines contribute to human skin connective tissue aging deserves further investigation.

It has been shown that CCN proteins functions primarily through interactions with integrins in a cell-type, function-specific manner [33]. CCN1 has been reported to interact with integrins to increase intracellular levels of ROS, which function as important effectors of CCN1 actions [28,34]. The ability of CCN1 to induce AADM in dermal fibroblasts may be mediated by integrin-coupled generation of ROS. It is well-documented that the integrin pathway and ROS lead to activation of transcription factor AP-1, which up-regulates MMPs and proinflammatory cytokines, including IL-1β and IL-6 [23,28]. Therefore, it is conceivable that elevated CCN1 up-regulates MMPs and cytokines through activation of integrin and/or ROS-mediated activation of AP-1 in aged human skin dermal fibroblasts. Data indicate that CCN1 is not only induced by oxidative stress, but also increases intracellular levels of ROS, suggesting a positive feedback loop involving CCN1 and ROS/AP-1 may result in sustained elevation of ROS and CCN1 in fibroblasts in aged human skin.

Studies in a mouse model have demonstrated that CCN1 exerts potent anti-fibrotic activity via induction of myofibroblast senescence during cutaneous wound healing [28]. As replicative senescence is a form of cellular aging, CCN1 mRNA and protein levels are significantly elevated in replicative senescent dermal fibroblasts [35]. Replicative senescent

dermal fibroblasts also express significantly reduced levels of type I procollagen and increased levels of MMP-1, as observed in aged human skin. Knockdown of elevated CCN1 in senescent dermal fibroblasts partially normalizes both type I procollagen and MMP-1 expression. These data further support a key role of CCN1 in regulation of collagen homeostasis, and elevated CCN1 functions as an important mediator of age-related reduction of type collagen in aged human skin.

Vitamin A and its metabolites have been shown to improve naturally-aged and photoaged skin by promoting deposition of new collagen and preventing its degradation [36]. In skin equivalent cultures, all-*trans* retinoic acid (RA), the major bioactive form of vitamin A in skin, significantly increases type I procollagen, and reduces MMP-1 [35]. In contrast, addition of recombinant human CCN1 to skin equivalent cultures, significantly reduces type I procollagen and increases MMP-1 [35]. Interestingly, all-*trans* retinoic acid significantly reduces CCN1 expression in skin equivalent cultures [35]. Topical treatment with retinol (vitamin A, 0.4%) for seven days significantly reduces CCN1 gene expression, compared to vehicle-treated skin, in both naturally-aged and photoaged human skin *in vivo* [35]. These data suggest that the mechanism by which retinoids improve aged skin, through increased collagen production, may involve down-regulation CCN1.

#### AGE-ASSOCIATED DERMAL MICROENVIRONMENT (AADM) AND AGE-RELATED SKIN DISEASES

Recent studies indicate that alterations in the stromal microenvironment, like AADM, plays a significant role in age-related diseases, for example, impaired wound healing and greater risk of cancer development [37,38]. Epithelial skin cancer is the most common type of cancer in the United States, with over two million cases diagnosed annually [39]. An intriguing

question is why cancers occur more frequently in elderly, compared to young populations. For example, 40-50% of Americans who lives to age 65 will have skin cancer at least once [39,40]. Development of skin cancer is associated with chronic exposure to solar UV radiation and age. It is possible that alterations in the dermis caused by UV irradiation may create a microenvironment that fosters development of epithelial skin cancer. Indeed, it has been suggested that alterations in dermal ECM/stroma that occur during skin aging process provide a microenvironment that supports the development of skin cancers [41].

Emerging evidence indicates that young tissue microenvironment (healthy architecture and normal tissue homeostasis) provides tumor-suppressive signals [42]. However, as tissue homeostasis becomes disrupted with aging, for example due to emergence of AADM in elderly, the tissue microenvironment can promote tumor formation [43]. Recent studies demonstrate that alterations in the stromal microenvironment, such as disruption of Notch [44] or TGF- $\beta$ signaling [45] in dermal fibroblast, can induce epithelial tumorigenesis. Furthermore, elevated WNT (Wingless-Type MMTV Integration Site Family) [46] and HGF (Hepatocyte growth factor) [41] signaling in stromal fibroblasts can promote cancer drug resistance and control drug sensitivity. Although the influence of the stromal microenvironment on tumor progression is well recognized, little is known about the role of age-related aberrant dermal microenvironment, like AADM, in skin cancer development. It is conceivable that CCN1induced AADM contributes to epithelial skin cancer development, in the aged.

CCN1-induced AADM may also have significant impact on delayed wound healing in elderly. We have found that  $CO_2$  laser ablation, which causes partial thickness wound, rapidly and markedly induces CCN1 in human skin dermis *in vivo* (Figure 3). CCN1 is induced within 1

day (22-fold), reaches maximum at 3 days (31-fold), and returns to basal level at 3 weeks postwounding. It is important to note that the timing of elevated CCN1 levels corresponds to the inflammatory phase (ECM breakdown) and the timing of CCN1 diminution corresponds to the ECM remodeling phase (collagen production) of wound healing response in human skin *in vivo*. Also of note is that CCN1-regulated AADM factors such as proinflammatory cytokine IL-1 $\beta$ , collagen-degrading MMPs (MMP-1, MMP-3, and MMP-9), and type I collagen are key components of the wound healing response.

These data suggest that CCN1 may play a critical role in regulating wound repair in human skin. Further support comes from mouse studies, which have reported that CCN1 is induced by cutaneous wounding and participates in both the inflammatory and remodeling phases of repair [47]. These findings suggest that constitutive elevation CCN1 in aged human skin may delay wound healing process by exaggerated/extended inflammatory phase and delayed/defective remodeling phase.

#### **FUTURE DIRECTIONS**

This mini-review emphasizes the importance of alterations of the protein composition and organization of the dermal ECM as a driving force for human skin aging. The term "core matrisome" has recently been coined to describe the group of collagens, proteoglycans, and glycoproteins that comprise the ECM in mammalian tissues [48]. This group of proteins contains 43 collagen subunits, 35 proteoglycans, and 200 glycoproteins. CCN1, as well as all other members of the CCN family, is included in the glycoproteins. . Proteoglycans, a family of glycosaminoglycan (GAG) conjugated proteins, are important constituents of human skin connective tissue and are essential for maintaining dermal homeostasis. We reported that

quantitative gene expression of 20 known interstitial proteoglycans in human skin revealed that decorin was the most highly expressed followed by biglycan and versican [49]. Interestingly, the amount of total sulfated GAGs was significantly reduced by approximately 40% in aged skin compared to young skin, suggesting that age-related alteration of GAGs may also contribute to skin aging. In addition to the core matrisome, the human matrisome includes core matrisome-associated proteins, such as ECM-bound secreted factors (e.g TGF- $\beta$  and cytokines) and ECM regulators (e.g. MMPs and ADAMs).

Therefore, examples presented above of age-related alterations of specific dermal ECM proteins, and their roles in human skin aging, can be viewed in the context of the matrisome. Comprehensive understanding of age-related alterations of the composition of the human dermal matrisome, and mechanisms that bring about these alterations, will likely yield important novel insights into the molecular basis of skin aging and age-related skin diseases.

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#### **Figure Legends**

**Fig.1.** Alterations of dermal connective tissue collagen are characteristic features of human skin aging. Nanoscale human skin dermal collagen fibrils were analyzed by atomic force microscopy (AFM). Representative AFM images of dermal collagen fibrils in young (25 years) and aged (84 years) sun-protected underarm skin. Bars=100nm. All procedures involving human subjects were conducted in accord with the regulations set forth by the University of Michigan Institutional Review Board, and all subjects provided written informed consent.

**Fig. 2. Model for human skin connective tissue aging.** Human skin is a primary target of ROS generated from both extrinsic and intrinsic sources, such as ultraviolet irradiation from the sun and metabolically-generated pro-oxidants. The passage of time and chronic exposure to ROS increases AP-1 complex, which in turn up-regulates CCN1 expression. Elevated CCN1 alters dermal fibroblast function leading to development of age-associated dermal microenvironment (AADM). AADM encompasses reduced production of collagens (thin skin dermis); 2) increased production of multiple MMPs (collagen fibril fragmentation); 3) and creation of a proinflammatory microenvironment (inflammaging), and thus AADM promotes skin connective tissue aging. AADM impairs dermal structural integrity and mechanical properties, and creates a tissue microenvironment that contributes to age-related decline of skin function, such as reduced strength and delayed wound healing, and promotes epithelial skin cancer.

**Fig. 3. Wounding rapidly induces CCN1 in human skin** *in vivo.* Partial thickness wounds were made in sun-protected buttock skin of healthy adult individuals by CO<sub>2</sub> laser. Skin samples were obtained at indicated times, and mRNA levels were quantified by real-time RT-PCR and normalized to mRNA internal control housekeeping 36B4. All procedures involving human subjects were conducted in accord with the regulations set forth by the University of Michigan Institutional Review Board, and all subjects provided written informed consent. Mean±SEM, N=6.

# Figure 1









