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Multigene predictors of tacrolimus exposure in kidney transplant recipients

Aim: Determine the effect of the genetic variants beyond CYP3A5*3 on tacrolimus disposition. **Patients & methods:** We studied genetic correlates of tacrolimus trough concentrations with POR*28, CYP3A4*22 and ABCC2 haplotypes in a large, ethnically diverse kidney transplant cohort (n = 2008). **Results:** Subjects carrying one or more CYP3A5*1 alleles had lower tacrolimus trough concentrations ($p = 9.2 \times 10^{-75}$). The presence of one or two POR*28 alleles was associated with a 4.63% reduction in tacrolimus trough concentrations after adjusting for CYP3A5*1 and clinical factors ($p = 0.037$). In subset analyses, POR*28 was significant only in CYP3A5*3/*3 carriers (p = 0.03). The CYP3A4*22 variant and the ABBC2 haplotypes were not associated. **Conclusion:** This study confirmed that CYP3A5*1 was associated with lower tacrolimus trough concentrations. POR*28 was associated with decreased tacrolimus trough concentrations although the effect was small possibly through enhanced CYP3A4 enzyme activity. CYP3A4*22 and ABCC2 haplotypes did not influence tacrolimus trough concentrations.

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Tacrolimus is the most commonly used calcineurin inhibitor. More than 90% of kidney transplants are performed with tacrolimus as the cornerstone immunosuppressive agent. Tacrolimus has a narrow therapeutic range where transplant recipients with tacrolimus concentrations above the therapeutic range are at greater risk for toxicity and those below the range at greater risk of acute rejection (AR), which is a major risk factor for graft loss. Tacrolimus displays wide interpatient pharmacokinetic variability necessitating therapeutic drug monitoring with dose adjustments to achieve the therapeutic trough range (typically 6–12 ng/ml although this varies with time post-transplant and center). Although therapeutic monitoring of blood concentrations ultimately achieves desired concentrations, many patients spend time out of range in the critical early transplant period increasing their risk for AR. One of the drawbacks to using therapeutic drug monitoring as a method to determine dose is that it cannot be used to select the initial dose. Therefore all patients are started on a dose optimal for the average individual and then modified when drug concentration data are available. However substantial number of patients fall outside the average dose requirements. Defining variables to personalize the first dose of tacrolimus may reduce the number of days spent out of range and reduce the amount of needed therapeutic drug monitoring.

There are many clinical variables that affect tacrolimus pharmacokinetics and blood concentrations. Tacrolimus is metabolized by CYP3A4 and CYP3A5 enzymes to active and inactive metabolites [1]. However, CYP3A5 has twice the intrinsic clearance for tacrolimus 13-demethylation and

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12-hydroxylation than CYP3A4 [2]. Therefore, in carriers of the CYP3A5*1 allele (3A5 expressors), 60% of the estimated hepatic oxidative metabolism of tacrolimus is through CYP3A5 [2]. The CYP3A5*3 variant is therefore an important determinant of tacrolimus pharmacokinetic variability. The formation rates of the primary tacrolimus metabolites are significantly higher in human liver microsomes from individuals with the CYP3A5*1/*3 or $*1/*1$ genotypes [2].

Genotype guided dosing of tacrolimus has been studied in a randomized controlled trial of kidney transplant recipients [3]. CYP3A5 genotype directed dosing was compared with a control group where the dose was based on body weight alone. A greater proportion of patients in the genotype dosed arm achieved blood concentrations in the therapeutic range (10–15 ng/ml after 3 days) compared with the control arm (43.2 vs 29.1%; $p = 0.03$). The therapeutic target was achieved by 75% of subjects in the genotype dosed arm by day 8 and by 25% in the control group. The genotype guided subjects had fewer dose changes than control group (281 vs 420 ; p = 0.004). Genotype guided dosing improved care in 43.2% of individuals but had no positive or negative effects in the remaining. Genotype guided dosing may have been improved in this study with the inclusion of additional influential genotypes into dosing algorithm. We previously developed (n = 681) and validated (n = 795) a tacrolimus dosing algorithm in a multicenter kidney transplant consortium study that incorporated clinical factors and CYP3A5*3 genotype [4,5]. The dosing algorithm represented an improvement over standard weight-based dosing protocols, although it did not fully explain all the variability in tacrolimus pharmacokinetics. The dosing algorithm was tested retrospectively in 255 kidney transplant recipients. The algorithm predicted a higher tacrolimus clearance at day 7 post-transplant than the observed clearance [6]. This may be due to differences in calcium channel blocker or steroid use, or the presence of important clinical factors and/or additional genetic variants present in their cohort and not accounted for in our algorithm. Our algorithm was also retrospectively studied in 185 subjects enrolled on the mycophenolate fixed dose versus concentration controlled trial [7]. The algorithm was predictive with a slight, but not significant, overestimation of the trough concentrations. The authors suggested that the algorithm may have overestimated the concentrations because the low activity CYP3A4*22 variant was not accounted for in our algorithm. We hypothesized that missing pharmacokinetic variability may be explained by additional genetic variants. Therefore our objective was to test additional variants toward tacrolimus trough concentrations in our large multicenter population. Variants with a significant association could in the future be incorporated into a refined tacrolimus dosing algorithm.

Patients & methods

Study design & population

Data for this analysis were obtained from subjects enrolled in the Deterioration of Kidney Allograft Function (DeKAF) Genomics study. This is a sevencenter prospective, observational study of 2008 recipients undergoing kidney or simultaneous kidneypancreas transplantation. Subjects were selected for this analysis if they were 18 years and older, received tacrolimus and had tacrolimus trough concentrations available in the first 6 months post-transplant. This study is registered [8]. Subjects were enrolled at time of transplant. Signed informed consent was obtained from each subject. The study protocol and consent form was approved by the Institutional Review Boards each of the enrolling centers.

Participants received tacrolimus and mycophenolate maintenance with standard dose prednisone or a steroid sparing course. Induction therapy was per transplant center preference. Donor and recipient characteristics, race, serum creatinine (SCr) and estimated creatinine clearance (CrCl), concomitant medications at time of each trough measurement were obtained from the medical record. Tacrolimus trough concentrations $(n = 35,043)$ were measured from whole blood and were obtained as part of clinical care. Two measurements, if available, were obtained in each of weeks 1–8 and in each of months 3, 4, 5 and 6 post-transplant, for a maximum of 24 measurements per patient. Tacrolimus doses were adjusted based on trough concentrations to reach institution specific trough goals based on time post-transplant (generally 8–12 ng/ml in months 0 to 3 and 6–10 ng/ml in months 4 to 6). Trough values were normalized for dose (ng/ml per total daily dose in mg) prior to statistical analysis. Whole blood tacrolimus concentrations were measured by each institutions preferred analytical technique. Liquid chromatography-mass spectrometry was used to measure 32,402 (92.5%) of the 35,043 concentrations.

Genotyping

Pretransplant recipient DNA was isolated at time of transplant from peripheral blood lymphocytes. Lymphocytes were isolated by centrifugation after red blood cell lysis and the DNA isolated. DNA was quantified by measuring the absorbance at 260 nm. DNA was genotyped for POR*28 (rs1057868), CYP3A4*22 (rs35599367), CYP3A5*3 (rs776746) and three ABCC2 (rs717620, rs2273697 and rs3740066) variants. The POR*28 and CYP3A4*22 genotypes were

determined using Taqman methods using a Prism 7500 (Life Technologies, NY, USA). Data quality was assessed by negative controls and duplicate samples. For POR*28, 19 of the 1458 samples did not pass quality control and were excluded from analysis for a 98.49% success rate. For CYP3A4*22, 42 of 1458 samples did not pass quality control and were excluded from analysis for a 96.91% success rate. Genotyping for CYP3A5*3 and the ABCC2 variants was previously performed on these subjects on an Affymetrix Gene Chip (CA, USA) and the Illumina VeraCode (CA, USA) platforms and was previously described [9,10]. None of the genotypes showed strong evidence of being out of Hardy-Weinberg equilibrium. Allele frequencies in all subjects and by race are shown in Table 1.

Statistical analysis ABCC2 haplotype formation

The ABCC2 haplotypes were determined based on three variants within the ABCC2 gene locus. Haplotype inference was carried out with the PHASE program for non-African–Americans and African–Americans separately [11]. Haplotypes were then categorized as high, wild-type/average, low or unknown ABCC2 expression groups (Table 2) [12,13].

Association testing of variants toward trough concentrations

Simple time-trend and multivariable linear mixed effects regression models were used to test for associations between natural log (ln) transformed dose normalized tacrolimus trough concentrations and genotypes. We used the multivariable model that was developed by Jacobson *et al.* [9] which adjusted for CYP3A5*3 genotype, recipient race (African–American vs non-African–American) and weight, enrolling center, recipient and donor age, gender, donor type (living or deceased), diabetes at transplant, antibody induction and concomitant medications (antiviral, calcium channel blocker and steroid use at time of measurement) as time varying covariates. The correlation structure consisted of random slopes and intercept per individual and a model correlation between trough concentrations within each individual. Visual inspection showed that dose normalized trough concentrations initially started low, rose and then plateaued at day 9 post-transplant. Therefore, a simple spline method was used to model the effect of time on trough concentrations, with the change in slope occurring at day 9. POR*28 and CYP3A4*22 genotypes and the ABBC2 diplotypes were tested separately for association. The association analyses for ABCC2,

Haplotypes were assembled using PHASE software. All identified haplotypes are shown. Haplotype identification numbers H1, H2, H9, H10 and H12 were assigned according to previous reports in the literature [12,13]. HX and HY designations were assigned in this study.

POR*28 and CYP3A4*22 genotypes were conducted in 2008, 1429 and 1407 subjects, respectively, since not all

genotypes and phenotypes were available for each subject. SNPs were modeled with an additive genetic model except for POR*28 which was modeled by a dominant genetic model after visual inspection of the tacrolimus trough concentration versus days post-transplant plots by POR*28 genotypes. For the ABCC2 analysis, high expression diplotypes (H2/H2 and H1/H2) were tested versus all other diplotypes as described by Ogasawara *et al.* [12] Finally, subset analyses were conducted in CYP3A5*3 genotype groups and by race groups. Analyses were conducted with SAS version 9.2 software (SAS Institute, NC, USA).

Results

Population characteristics

A total of 2008 adult recipients of living or deceased donor kidneys were studied. Demographic and clinical characteristics of the patient population are shown in Table 3. Tacrolimus doses, trough concentrations and concomitant medications at time of trough are shown in Table 4.

Association between variants & tacrolimus trough concentrations

There was no association between POR*28 and ln transformed dose normalized trough concentrations in simple time-trend analysis adjusting only for CYP3A5*1 status $(p = 0.0502, data not shown)$. However, in the multivariable model adjusting for CYP3A5*1 status and clinical factors, one or two POR*28 alleles were associated with a 4.63% ($p = 0.037$) reduction in trough concentrations (Table 5 & Figure 1A). The CYP3A5*1 genotype had a large and highly significant effect on ln transformed dose normalized trough concentrations (one *1 allele reduced trough concentrations by 34.8% and two *1 alleles were associated with 57.5% reduction $p = 9.2 \times 10^{-75}$. On average, trough concentrations increased in the first 9

days post-transplant and then became mostly unchanged after day 9. Younger recipient age and increasing weight were also associated with lower trough concentrations, whereas diabetes at time of transplant, calcium channel blocker use and antiviral drug use were associated with higher trough concentrations. The median (IQR) tacrolimus trough concentrations over the first 6 months in recipients carrying zero, one or two POR*28 alleles was 8.0 (6.1–10.2), 8.2 (6.2–10.3) and 8.1 (6.0–10.2) ng/ ml, respectively. A plot of mean dose normalized trough concentrations over time by POR*28 and CYP3A5*1 genotypes is shown in Figure 1A. In a subset of CYP3A5 nonexpressors ($*3/*3$; n = 997 subjects) with one or two POR*28 alleles, dose normalized tacrolimus trough concentrations were reduced by 5.6% after adjustment for clinical factors ($p = 0.03$). In the subset of CYP3A5 expressors $({*}1/{*}3$ or $*1/{*}1$; n = 432), with adjustment for clinical factors the POR*28 alleles were not associated with trough concentrations ($p = 0.68$). The minor allele frequency of POR*28 was 26.2% in all subjects and was similar between African–American and non-African–Americans (Table 1).

No associations were observed between CYP3A4*22 genotype or ABCC2 diplotypes and tacrolimus trough concentrations in simple time-trend analyses after adjustment for CYP3A5*1 status or after multivariable analysis adjusting for CYP3A5*1 status and clinical factors (Table 5 & Figure 1B & C). The CYP3A4*22 variant was infrequent with a minor allele frequency of 3.9% and was similar between African–American and non-African–Americans (Table 1). ABCC2 haplotype and diplotype frequencies results are shown in Table 1. The estimated haplotype frequencies in our study population are similar to those described by Ogasawara *et al.* [12]

Table 5. Multivariable models for the association of POR*28, CYP3A4*22 and ABCC2 diplotypes with ln transformed dose-normalized tacrolimus trough concentrations.

Data are adjusted for enrolling center.

† Carrying one or two POR*28 alleles was associated with a 4.63% reduction in ln dose normalized tacrolimus trough concentrations.

‡For each day post-transplant (day 1 to 180) there is a daily increase in ln transformed dose-normalized tacrolimus troughs. There is an additional effect for each day after day 9 (day 10–180) where troughs are reduced.
§Concomitant drug use at the time trough was measured.

Table 5. Multivariable models for the association of POR*28, CYP3A4*22 and ABCC2 diplotypes with ln transformed dose-normalized tacrolimus trough concentrations (co

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Discussion

This is the largest pharmacogenomic study of tacrolimus pharmacokinetics in kidney transplantation published and includes 2008 patients from seven centers with 35,043 tacrolimus trough concentrations.

Because of the large sample size the effect of genetic variants which are infrequent or have small effect sizes can be characterized with greater certainty. We previously described a tacrolimus dosing algorithm incorporating clinical factors and CYP3A5*3

Figure 1. Mean tacrolimus trough concentrations by genotypes in 15 day intervals. For the rest of the figure and the footnote, please see facing page.

Figure 1. Mean tacrolimus trough concentrations by genotypes in 15 day intervals (cont.). (A) Tacrolimus trough concentrations by CYP3A5*3 (rs776746) and POR*28 (rs1057868) genotype. POR*28 represents *1/*28 or *28/*28. **(B)** Tacrolimus trough concentrations by CYP3A4*22 (rs35599367 C > T genotype). **(C)** Tacrolimus trough concentrations by ABCC2 activity diplotypes. High activity ABCC2 diplotypes are H1/H2 and H2/H2. Low + ref are all other diplotypes.

genotype status which showed an improvement in predicting trough concentrations over weight based dosing [4,5]. However, there remained individuals for which the algorithm was of modest benefit. We hypothesized that there are individuals with genetic variation in transporters or drug metabolizing enzymes which contribute additive or opposing effects of the CYP3A5*3 variant. Other candidate variants have been tested; however, there is conflicting data as to their association with tacrolimus. Therefore we tested these variants in our large multicenter cohort. We found that POR*28 reduced tacrolimus trough concentrations, although the effect was small, accounting for a 4.63% reduction in trough values. We did not find a significant associations between the CYP3A4*22 variant or the ABCC2 diplotypes with tacrolimus trough concentrations.

P450 oxidoreductase (POR) is a membrane-bound co-enzyme that is essential to the oxidative activation of cytochrome P450 enzymes. POR supplies microsomal P450 enzymes with electrons from reduced nicotinamide adenine dinucleotide phosphate (NADPH) for catalytic functions critical to the oxidative metabolism of drugs, and biosynthe-

sis of steroids, fatty acids and bile salts and variants result in complex human disorders [14–17]. There are significant associations between several nonsynonymous coding region mutations in the POR gene and altered cytochrome P450 activity particularly for the CYP3A4/5, 2E1, 2C9 and 2C8 enzymes [18]. Although POR works primarily through activation of cytochrome P450, it may directly induce transformation of some anticancer substrates [19]. The POR gene is highly polymorphic with over 45 variants and may increase or decrease the metabolism of drugs [20]. *In vitro*, catalytic activities of different P450 enzymes with POR genetic variants appear to be enzyme and substrate specific [21]. The POR*28 is a common variant on chromosome 7 (rs1057868, c.1508 $C > T$, p.A503V) which when reconstituted *in vitro* with cytochrome P450 enzymes along with phospholipids results in either increased or decreased substrate oxidation activity [22–25]. The POR*28 variant was associated with an increased risk of new onset diabetes after transplantation possibly due to the effects of altered cytochrome P450 activity on glucocorticoid and/or steroids [26]. Homozygous carriers of POR*28 display a 1.6-fold increase in midazolam

metabolic rate – a marker for CYP3A4/5 activity [27]. The initial analysis of POR*28 in kidney transplant recipients reported that it was associated with lower tacrolimus dose-normalized trough concentrations in patients who expressed CYP3A5*1 [28]. The effect was unstable and was observed only on days 1, 2 and 3 but at no other times out to one year posttransplant. The authors hypothesized that POR*28 affected tacrolimus metabolism primarily through an increase in CYP3A5 enzyme activity which would explain the lack of effect in the CYP3A5 nonexpressors. This hypothesis was supported by a subsequent association study in healthy Chinese volunteers [29]. However, both of these studies had limited numbers of CYP3A5 expressors. Other groups also reported that POR*28 lowers dose normalized tacrolimus trough concentrations, though subset analysis by CYP3A5 status was either not performed or not significant [30–32]. Recently POR*28 was associated with reduced tacrolimus trough concentrations but only in CYP3A5 nonexpressors which is consistent with our findings [33]. In our population, we found POR*28 to be significant but only after adjusting for CYP3A5 status and clinical factors. In subset analyses, the effect was present only in CYP3A5 nonexpressors who carried one or two POR*28 alleles (Figure 1A). Therefore, we speculate that the POR*28 variant may effect tacrolimus metabolism possibly through enhanced CYP3A4 enzyme activity.

CYP3A4*22 (rs35599367, c522-191 C > T) is an infrequent single nucleotide polymorphism located in intron 6 of the CYP3A4 gene on chromosome 7. Carriers of the T allele have decreased CYP3A4 mRNA hepatic expression and reduced CYP3A4 enzymatic activity, and require lower statin doses for optimal lipid control [34]. In a small bank of Caucasians liver microsomes, microsomal samples that were CYP3A4*1/*22, CYP3A5*3/*3 (n = 4) showed significantly lower midazolam 1'-hydroxylation and testosterone 6-betahydroxylation activity and lower CYP3A4 protein content [35]. Presence of one CYP3A4*22 allele was found to be a risk factor for delayed graft function and lower creatinine clearance in cyclosporine treated patients after kidney transplant [36]. This polymorphism has been most extensively evaluated toward tacrolimus pharmacokinetics in adults by the Rotterdam group in The Netherlands where they have reported that CYP3A4*22 is associated with higher tacrolimus concentrations [7,37–40]. In 60 pediatric heart recipients, CYP3A4*22 was also associated with reduced tacrolimus dose requirements compared with noncarriers although the effect was only found at day 3 post-transplant [41]. A subsequent report in a Brazilian cohort did not demonstrate an effect of CYP3A4*22

on tacrolimus metabolism [42]. This difference may be due to genetic differences between the primarily Caucasian cohorts from The Netherlands compared with the Brazilian cohort which has strong African ancestry. The Brazilian cohort likely has other important low activity or nonfunctional CYP3A5 variants not present in Caucasians which may confound the analysis [43]. Recently, another group in The Netherlands reported CYP3A4*22 in 101 kidney transplant recipients receiving tacrolimus and found a trend toward reduced tacrolimus clearance but considered the effect too small to be clinically important [44]. However, they found a significant association with cyclosporine clearance. We did not identify an association between CYP3A4*22 and tacrolimus trough concentrations. Our study includes about 19% African–American and 5% non-European non-African–American subjects which may result in population stratification differences relative to other studies. Additionally, differences in standard post-transplant drug protocols such as calcium channel blockers, steroids and anti-infectives resulting in drug–drug interactions that may obscure the genetic effect.

Tacrolimus is a substrate for P-glycoprotein transporter which is encoded by the ABCB1 gene. P-glycoprotein has been studied extensively for its association with tacrolimus pharmacokinetics since it affects absorption from the gut, distribution in the body compartments and excretion. The P-glycoprotein associations are controversial and data are conflicting [45,46]. Data suggest that other transporters may be important to the disposition of tacrolimus [47,48]. Therefore, the multidrug resistance-associated protein 2 (MRP2) encoded by the *ABCC2* gene and its variants have also been evaluated for their association with calcineurin inhibitor and mycophenolic acid pharmacokinetics [12,13,49]. Previous data showed a haplotypedependent influence on protein expression and transport capacity of ABCC2 variants. Three well-studied variants of ABCC2 (rs717620, -24 C > T; rs2273697, 1249 G > A and rs3740066, 3972 C > T) create haplotypes conveying high, low and reference expression and transport activity. Four ABCC2 haplotypes were studied in 102 kidney transplant recipients [12]. Individuals with at least one high activity haplotype (H2/ H2 or H1/H2) who were also CYP3A5 expressors had significantly lower tacrolimus trough concentrations. We were unable to confirm this finding in our population. This may be due to differences in the size of the populations (we had 2008 subjects compared with their 102) and the number who were CYP3A5 expressors. Because of our larger population we identified seven ABCC2 haplotypes relative to their four and we controlled for a large number of clinical factors all of which may contribute to the differences in findings. Interestingly, cyclosporine is an inhibitor of MRP2 which may obscure or reduce the activity of the high expression/activity ABCC2 haplotypes [50]. Therefore, observations between cyclosporine trough concentrations and ABCC2 variants may be different than what we have observed here with tacrolimus.

Conclusion

We could not identify the previously observed associations between CYP3A4*22 and ABCC2 haplotypes but did confirm that POR*28 is associated with lower tacrolimus concentrations possibly through enhanced cytochrome CYP3A4 activity. The large size of our cohort allows us to evaluate genetic associations for the infrequent variants such as CYP3A4*22 with greater confidence. Although we cannot rule out that differences in post-transplant drug protocols and/or population specific variants not present in our population may account for positive association in other studies [51]. These data demonstrate that tacrolimus disposition is influenced by variation beyond CYP3A5*3 namely POR*28; however, the effect is small and alone this effect does not justify genotyping but may in combined panels. In the future developing models that incorporate multiple variants including those with small effects along with clinical factors may accurately explain tacrolimus trough concentrations. Large samples sizes though are needed to accurately identify these small effects. Future efforts should be placed on conducting large, multicenter studies such that variants with small effects or infrequent variants can be identified. There are also other clinical factors that are likely important including hematocrit and antifungal therapies that we were unable to evaluate and future trials must include these effects too. Identifying all factors even those with small effect sizes and infrequent are critical if we are to develop robust pharmacogenomic tools for individualizing therapy.

Future perspective

Clinical application of pharmacogenomic information has the potential to enhance patient outcomes by improving efficacy, reducing toxicity or both. Specifically the application of genotype information in transplantation may reduce the risk of donor allograft rejection and/or decrease the frequency of the many adverse effects associated with immune suppressant drugs. Initial immunosuppressant doses are given as a one size fits all however knowing an individual's capacity for metabolism through pretransplant genotyping could lead to personalized dosing. This may reduce the amount of time an individual is out of the therapeutic range, reduce the number of dose

changes and reduce the frequency of therapeutic drug monitoring.

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Participating centers

Participating transplant centers were University of Alberta, Edmonton, Canada; University of Manitoba, Winnipeg, Canada; University of Minnesota, Minneapolis, MN, USA; Hennepin County Medical Center, Minneapolis, MN, USA; Mayo Clinic, Rochester, MN, USA; University of Iowa, Iowa City, IA, USA and University of Alabama, Birmingham, AL, USA.

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Disclaimer

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Ethical conduct of research

The authors state that they have obtained appropriate institutional review board approval or have followed the principles outlined in the Declaration of Helsinki for all human or animal experimental investigations. In addition, for investigations involving human subjects, informed consent has been obtained from the participants involved.

Executive summary

- CYP3A5*3 genotype is associated with lower tacrolimus clearance.
- Individuals may have other variants that influence tacrolimus metabolism.
- • Accounting for these additional variants may improve the precision of genotype guided dosing.
- • We evaluated the effect of CYP3A4*22, POR*28 and ABCC2 haplotypes on tacrolimus trough concentrations while controlling for CYP3A5*3 in a large ethnically diverse cohort of kidney transplant recipients.
- POR*28 decreased tacrolimus trough concentrations by approximately 5% but only in CYP3A5 nonexpressors
- (CYP3A5*3/*3). POR*28 is common with a minor allele frequency of 26.3%.
- CYP3A4*22 and ABCC2 haplotype did not influence trough concentrations.

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