

Association between low expression levels of interleukin-9 and colon cancer progression

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Abstract. Although interleukin (IL)-9 has been extensively studied in inflammation and autoimmune diseases, the expression level of IL-9 in colon cancer and its clinical significance are less well established. In total, 15 healthy donors (HDs) and 60 patients who had been diagnosed with colon cancer that had undergone a surgical resection were enrolled in the study. The plasma levels of IL-9 in the HDs and cancer patients were detected by the liquid chip technique, while the expression levels of IL-9 in the colon cancer tissues and normal tissues were analyzed using immunohistochemistry (IHC) and reverse transcription-quantitative polymerase chain reaction (RT-qPCR). Finally, the difference in the expression levels of IL-9 between the patients classified as tumor-node-metastasis stage I-II and stage III-IV was compared. The results demonstrated that the plasma levels of IL-9 in the patients with colon cancer were significantly lower when compared with the HDs (1.29 vs. 2.53 pg/ml, $P < 0.05$). Furthermore, according to the IHC and RT-qPCR results, low expression levels of IL-9 were observed in the colon cancer tissues when compared with the normal tissues ($P < 0.05$). With regard to the plasma and tumor tissue samples, patients diagnosed with stage III-IV colon cancer expressed lower levels of IL-9 compared with the stage I-II patients ($P < 0.05$). In conclusion, low expression levels of IL-9 were observed in the tissue and plasma samples collected from the colon cancer patients, and the decreased expression of IL-9 was shown to correlate with colon cancer progression.

Introduction

Colon cancer is one of the most commonly diagnosed cancers among men and women (1). Since the introduction and dissemination of early detection tests, in addition to improvements in treatment, an increased overall survival rate has been observed in patients with colon cancer; however, the disease remains the third leading cause of cancer-associated mortality in both men and women (2). Research into tumor immunology has developed rapidly in recent years, which has aided improvements in the prognosis of malignance (3).

Interleukin (IL)-9 was first described in the late 1980s as a member of a growing number of cytokines that exhibited pleiotropic functions in the immune system (4). IL-9 is a member of the common γ chain cytokine family, with other members including IL-2, IL-4, IL-7, IL-15 and IL-21 (5). IL-9 exerts its function by binding to the IL-9 receptor (IL-9R), a heterodimer complex consisting of the IL-9R α and the common γ chain (6). The cellular sources of IL-9 are diverse, and include multiple T helper cell subsets, regulatory T cells, mast cells and natural killer T cells (5). IL-9 has been extensively studied in lung inflammation (7-10), parasitic infection (11,12) and autoimmune disease (13-16); however, the function of IL-9 in tumor immunity remains unclear and controversial (17,18). In the current study, the expression level of IL-9 was investigated in the peripheral blood and tumor tissues of patients with colon cancer, and the association between the expression level of IL-9 with tumor stage was assessed.

Materials and methods

Ethics statements. All patients and healthy donors (HDs) enrolled in the study provided written informed consent. The study protocol conformed to the ethical guidelines of the Declaration of Helsinki (Fortaleza, Brazil, October 2013), and was approved by the Ethical Committees and Institutional Review Board of the First Affiliated Hospital of Guangxi Medical University (Nanning, China).

Research subjects and samples. Between June 2013 and June 2014, 60 patients who had been diagnosed with colon cancer and had undergone surgical treatment in the First Affiliated Hospital of Guangxi Medical University were

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enrolled in the study. None of patients had received radiotherapy or chemotherapy prior to sampling. Individuals with an autoimmune disease, an infectious disease or multiple primary cancers were excluded. An additional 15 HDs were enrolled in the study. Fresh peripheral blood samples were obtained from the 60 patients and 15 HDs in the morning. In addition, fresh tumor tissues and normal colon tissues (at least 5 cm distant from the tumor site) were obtained from the patients who underwent colorectal cancer resection surgery. The tissue specimens were collected with liquid nitrogen for polymerase chain reaction (PCR) analysis or fixed with 4% paraformaldehyde for immunohistochemistry (IHC).

IHC. Fresh tumor and normal colon tissues were fixed in 4% paraformaldehyde, embedded with paraffin and sectioned at 4- μ m thickness. IHC was performed as previously described (19). The sectioned slides were stained immunohistochemically for IL-9, which was purchased from Beijing Biosynthesis Co., Ltd. (Beijing, China).

Liquid chip technique. Peripheral blood samples were collected in heparinized tubes (Shenzhen Medrey Medical Technology Co., Ltd., Shenzhen, China). Subsequently, the plasma was obtained by centrifugation at 1,048 x g for 20 min, and stored at -80°C until required for analysis. Luminex analysis was performed using a ProcartaPlex™ Multiplex Immunoassay (eBioscience, Vienna, Austria) to determine the plasma level of IL-9, according to the manufacturer's instructions.

Reverse transcription-quantitative PCR (RT-qPCR). Fresh tumor and normal colon tissue samples, collected for the determination of IL-9 mRNA expression levels, were stored at -80°C until required for analysis. Total RNA was extracted using TRIzol reagent (Invitrogen Life Technologies, Carlsbad, CA, USA), according to the manufacturer's instructions. The extracted RNA was immediately reverse transcribed to form cDNA using a SuperScript III First-Strand Synthesis System (Invitrogen Life Technologies). Subsequently, RT-qPCR was performed using the SYBR Green PCR kit (Roche Diagnostics, Basel, Switzerland). Amplification was performed under standard conditions (20) and the expression levels of IL-9 were normalized against the transcripts of the housekeeping gene, β -actin. The following primers were used for RT-qPCR: IL-9 forward, 5'-CTC TGT TTG GGC ATT CCC TCT-3' and reverse, 5'-GGG TAT CTT GTT TGC ATG GTG G-3'; β -actin forward, 5'-TGA CGT GGA CAT CCG CAA AG-3' and reverse, 5'-CTG GAA GGT GGA CAG CGA GG-3'. Relative expression levels of mRNA were calculated using the $2^{-\Delta\Delta Ct}$ method, as described by Livak and Schmittgen (21), and adjusted according to the level of β -actin mRNA for each sample.

Statistical analysis. Data are expressed as the mean \pm standard error. Comparisons of the data between different groups were conducted using the Student's t-test, the paired t-test or one-way analysis of variance. Statistical analysis was completed using GraphPad Prism 5.0 software (GraphPad Software, Inc., San Diego, CA, USA), and $P < 0.05$ was considered to indicate a statistically significant difference.

Results

Low plasma levels of IL-9 in colon cancer patients. Plasma levels of IL-9 were determined by Luminex analysis. In four patients, the concentration of IL-9 was too low to be detected. Thus, the mean concentration of plasma IL-9 for 56 patients was 1.29 pg/ml (range, 0.11-4.31 pg/ml). Plasma IL-9 levels were detected in all the 15 HDs, and the average concentration was 2.53 pg/ml (range, 0.06-9.84 pg/ml), which was significantly higher when compared with the patients with colon cancer ($P < 0.05$; Fig. 1A).

Low expression levels of IL-9 in colon cancer tissues. With regard to the IHC results, IL-9 expression was observed in the colon cancer tissues and the normal colon tissues, although expression in the normal tissues appeared more evident (Fig. 2). In accordance, RT-qPCR was performed to investigate the mRNA expression levels of IL-9, which were adjusted according to the level of β -actin. As shown in Fig. 1B, the relative mRNA expression levels of IL-9 in the colon cancer tissues were significantly lower when compared with that in the normal tissues ($P < 0.05$).

Low expression levels of IL-9 are associated with tumor progression. The clinical significance of IL-9 expression levels in the plasma and colon tissues was analyzed. According to the tumor-node-metastasis (TNM) staging system, the plasma level of IL-9 in the patients classified as stage III-IV was significantly lower compared with that in the patients classified as stage I-II ($P < 0.05$; Fig. 3A). In addition, similar results were observed in the relative mRNA expression levels of IL-9 in the colon cancer tissues ($P < 0.05$; Fig. 3B).

Discussion

IL-9 is a member of the common γ chain cytokine family, which participates in a variety of inflammatory and autoimmune diseases (22). IL-9 promotes allergic responses in the lungs by stimulating mast cell expansion and the production of IL-13, which in turn induces the release of mucus that contributes to airway hyper-responsiveness (7,8). Therefore, targeting the IL-9 pathway may provide a novel therapeutic modality for asthma (9,10).

In addition to having a pathogenic role in the allergic response in the lungs, IL-9 is also associated with the development of autoimmune diseases (13-15). Using an animal model, an IL-9 blockade with anti-IL-9 monoclonal antibodies was shown to inhibit the development of experimental autoimmune encephalomyelitis (16). However, IL-9 has been shown to provide a protective role in immunity to intestinal parasites by promoting the clearance of worms (11,12). Furthermore, rather than T helper 9 (Th9) cells, regulatory T cells appear to be one of the major sources of IL-9, which have been hypothesized to be involved in the recruitment of mast cells that mediate the tolerance of the skin (23) and liver transplantation (24).

The roles of IL-9 in tumor immunity remain unclear and controversial. A large number of studies have confirmed that overexpression of IL-9 is associated with the progression of various forms of lymphoma and

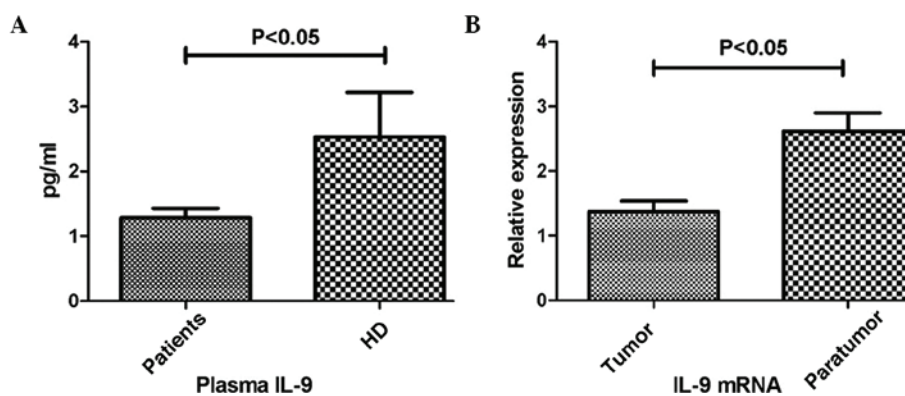


Figure 1. Expression levels of IL-9 in the plasma and tissue samples. (A) Plasma levels of IL-9 in the colon cancer patients and HDs. (B) Expression levels of IL-9 in the colon cancer tissues (tumor) and normal colon tissues (normal) were determined by reverse transcription-quantitative polymerase chain reaction. Relative expression was normalized against the level of β -actin mRNA for each sample. Each bar represents the mean \pm standard error. IL, interleukin; HD, healthy donors.

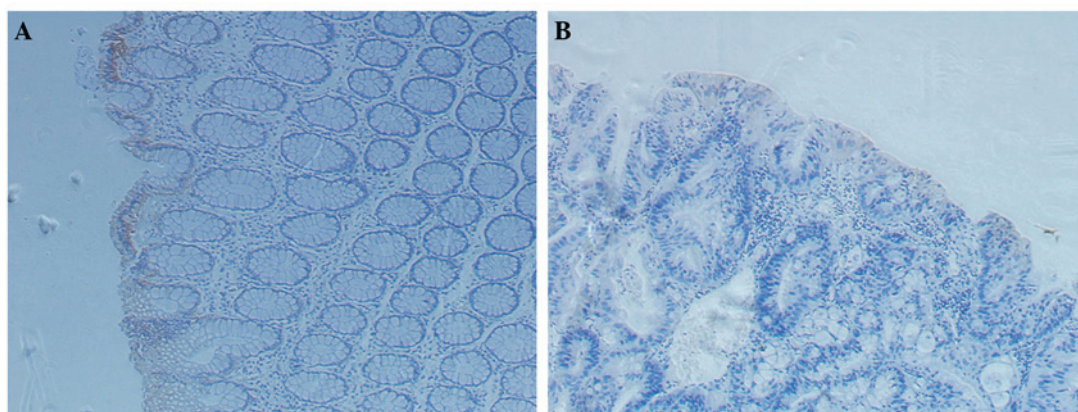


Figure 2. Immunohistochemistry (IHC) staining of the tissues (Magnification, x200). IHC staining for (A) paratumor tissues and (B) colon cancer tissues.

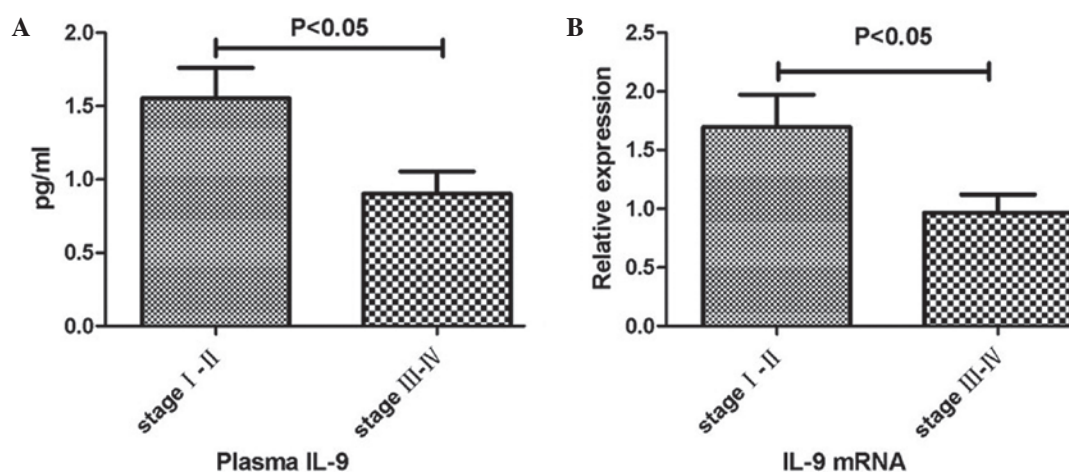


Figure 3. Differences in the expression levels of IL-9 between patients classified as tumor-node-metastasis (TNM) stage I-II and stage III-IV. Differences in the expression levels of IL-9 in the (A) plasma and (B) tumor tissues between patients classified as TNM stage I-II and stage III-IV. Each bar represents the mean \pm standard error. IL, interleukin.

leukemia (25-29), possibly through the activation of the Janus kinase/signal transducer and activator of transcription (STAT) pathway to promote cancer development (30-33). In addition, the blockade of IL-9 may serve as a novel strategy to modulate the function of regulatory T cells to subsequently enhance

the antitumor effect of tumor vaccines (18). Recruitment of IL-9 and Th9 cells has also been demonstrated in malignant pleural effusion by activating STAT3 signaling, where IL-9 has been shown to substantially promote the proliferation and migratory activity of lung cancer cells (34). Nevertheless, two

previous studies have reported that IL-9-producing T cells were associated with potent anticancer effects and favorable outcomes of cancer-bearing mice in an aggressive B16 melanoma model, which may be due to the effects of IL-9 on mast cells (17) or through eliciting a host antitumor CD8⁺ cytotoxic T lymphocyte response (35).

In the present study, the average concentration of the plasma IL-9 level was 1.29 pg/ml in the patients with colon cancer, which was significantly lower compared with the concentration of 2.53 pg/ml in the HDs ($P < 0.05$). This observation was contrary to a previous study investigating lymphoma (24), but similar to a study in patients with skin melanoma (17). In addition, the present study demonstrated a low expression level of IL-9 in the colon cancer tissues when compared with the paratumor tissues, according to the IHC and PCR results. Reduced levels of IL-9 have also been demonstrated in an ovarian cancer ascites environment (36). Collectively, these results indicate that the expression level of IL-9 varies between cancer types. The generation of IL-9 may be inhibited in a colon cancer microenvironment, but activated in a lymphoma or leukemia microenvironment.

The TNM classification of malignant tumors is widely used in clinical practice. In the present study, patients classified with stage III-IV colon cancer were demonstrated to express lower levels of IL-9 when compared with the stage I-II patients, both in the plasma and tumor tissue samples, indicating that IL-9 may be used as a marker to predict the prognosis of patients with colon cancer.

In conclusion, to the best of our knowledge, the present study is the first to describe the expression level of IL-9 in patients with colon cancer, and confirm the close association between IL-9 and the TNM stage. Low expression levels of IL-9 were observed in the tissue and plasma samples collected from the colon cancer patients. Furthermore, decreased expression levels of IL-9 were shown to correlate with colon cancer progression. Therefore, these observations indicate that low expression of IL-9 may be associated with colon cancer development and progression.

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