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Chronic Kidney Disease and End Stage Renal Disease are Risk Factors for Poor Outcomes of Clostridium Difficile Infection: A Systematic Review and Meta-analysis

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Abstract

BACKGROUND—The objective of this systematic review and meta-analysis was to assess the clinical outcomes of Clostridium *difficile* infection (CDI) in patients with chronic kidney diseases (CKD) and end stage renal disease (ESRD).

METHODS—A literature search was performed from inception through February 2015. Studies that reported relative risks, odds ratios, or hazard ratios comparing the clinical outcomes of CDI in patients with CKD or ESRD and those without CKD or ESRD were included. Pooled risk ratios (RRs) and 95% confidence intervals (CIs) were calculated using a random-effect, generic inverse variance method.

RESULTS—19 studies (a case-control and 18 cohort studies) with 116,875 patients assessing clinical outcomes of CDI were included in the meta-analysis. Pooled RR of severe or complicated CDI in CKD patients was 1.51 (95% CI 1.00–2.28). The risk of recurrent CDI is significant higher in patients with a pooled RR of 2.73 (95% CI, 1.36–5.47). The pooled RR of mortality risk of CDI in patients with CKD, ESRD, and CKD or ESRD were 1.76 (95% CI, 1.26–2.47), 1.58 (1.37–1.83) and 1.76 (1.32–2.34), respectively.

CONCLUSION—This meta-analysis demonstrates poor outcomes of CDI including severe and recurrent CDI in CKD patients. History of CKD and ESRD are both associated with increased mortality risk in patients with CDI.

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Conflict of interest statement for all authors:

We do not have any financial or non-financial potential conflicts of interest.

Authors' contributions

All authors had access to the data and a role in writing the manuscript.

Keywords

Clostridium; *Clostridium difficile*; *c difficile*; *Clostridium difficile*-associated colitis; *c. diff* infection; chronic kidney disease; diarrhea; dialysis; end stage kidney disease; Infection; Infectious disease; Meta-analysis; outcome; severity

INTRODUCTION

Clostridium difficile infection (CDI) or *Clostridium difficile* associated diarrhea (CDAD) is the most identifiable pathogen accountable for 12% of health care-associated infection in the United States [1]. During the last decade, its incidence and severity have been markedly increasing worldwide [2–7]. When patients develop CDI, they encounter increased risk of mortality, morbidity, prolonged hospitalization and hospital readmission [8, 9]. Therefore, previous studies have attempted to identify risk factors for poor outcomes including recurrence, complications, and mortality in CDI.

Recently, Abou Chakra *et al* [8] performed a comprehensive review of risk factors for CDI outcomes (recurrent, treatment failure, complicated infection and mortality). Among several risk factors, co-morbidities were identified as a risk of complicated CDI and increased mortality. Chronic kidney disease (CKD) is a common disease estimated to effect 8–16% worldwide [10–12]. However, the correlation of CDI outcome and CKD and end-stage renal disease (ESRD) are still inconclusive. Several studies have shown significant increased mortality risk in CKD or ESRD patients with CDI [13–18]. Conversely, a number of studies have shown no significant increased risk of incident and recurrent CDI in patients with CKD or ESRD [19–23]. A study even found that with CDI, CKD patients had lower mortality risk compared with patients without CKD [24].

Thus the objective of this systematic review and meta-analysis was to assess the risks of poor clinical outcomes including recurrence, complications, and mortality in CKD or ESRD patients with CDI.

MATERIALS AND METHODS

Search Strategy

Two investigators (CT and WC) independently searched published studies and conference abstracts indexed in EMBASE, MEDLINE and the Cochrane database from inception to February, 2015 using the search strategy described in online supplementary data. A manual search for additional relevant studies using references from retrieved articles was also performed.

Inclusion Criteria

The inclusion criteria were as follows: (1) randomized controlled trials (RCTs) or observational studies (case-control, cross-sectional or cohort studies) published as original studies or conference abstracts that evaluated the clinical outcomes of CDI in patients with CKD and ESRD, (2) studies that provided data to calculate odds ratios (ORs), relative risks,

hazard ratios or standardized incidence ratios with 95% confidence intervals (CIs), and (3) a reference group composed of patients without CKD or ESRD.

Study eligibility was independently determined by the 2 investigators noted previously. Differing decisions were resolved by mutual consensus. The quality of each study was evaluated by using the Jadad quality-assessment scale [25] for RCTs and the Newcastle-Ottawa quality assessment scale [26] for observational studies. No limits were applied for language and foreign papers were translated.

Data Extraction

A standardized data collection form was used to extract the following information: last name of first author, country of origin, study design, year of publication, sample size, definition of CDI, definition of severe/complicated CDI, definition of CKD and ESRD, confounder adjustment, and adjusted effect estimate with 95% CI.

Statistical Analysis

Review Manager 5.2 software (The Cochrane Collaboration, Oxford, UK) was used for data analysis. Point estimates and standard errors were extracted from individual studies and were combined by the generic inverse variance method of DerSimonian and Laird [27]. Given the high likelihood of between study variances, a random-effect model was used rather than a fixed-effect model. Statistical heterogeneity was assessed using Cochran's Q test. This statistic was complemented with the I^2 statistic, which quantifies the proportion of the total variation across studies that is due to heterogeneity rather than chance. An I^2 of 0%–25% represents insignificant heterogeneity, 26%–50% low heterogeneity, 51%–75% moderate heterogeneity and >75% high heterogeneity [28]. The presence of publication bias was assessed by funnel plots of the logarithm of odds ratios vs their standard errors [29]. Forest plots were demonstrated in order by weight of each study.

RESULTS

The search strategy yielded 1674 potentially relevant articles: 1477 were excluded based on the title and abstract indicating that they clearly did not fulfill inclusion criteria on the basis of article type, study design, population, or outcome of interest (Online supplement data). The remaining 197 articles underwent full-length review, with 178 excluded because they did not report outcomes of interest (n=143) or were not RCTs or observational studies (n=35). 19 studies (a case-control [30] and 18 cohort studies [13–24, 31–36]) with 116,875 patients assessing clinical outcomes of CDI were identified. No RCT met our inclusion criteria. Of 19 studies, 12 studies [13–24] with 115,113 patients were included in the meta-analysis of mortality risk of CDI in patients with CKD or ESRD. Four studies [14, 31, 32, 34] with 1,283 patients and five studies [13, 21, 30, 35, 36] with 1,512 patients were included in the meta-analyses assessing the risks of severe CDI and recurrent CDI in patients with CKD, respectively. The data on the risk of severe CDI and recurrent CDI in patients with ESRD were limited. Tables 1 contains detailed characteristics and quality assessment of all included studies.

The Risk of Severe or Complicated *Clostridium Difficile* Infection in patients with CKD or ESRD

The pooled risk ratio (RR) of severe or complicated CDI in patients with CKD was 1.51 (95% CI 1.00–2.28). There was no significant statistical heterogeneity with an I^2 of 0% (Figure 1). The data on the risk of severe CDI in patients with ESRD were limited. A study by Bauer et al [33] found no significant increased risk of severe or complicated CDI in patients with ESRD with OR of 0.29 (95% CI 0.04–2.35) (Table 1).

The Risk of Recurrent *Clostridium Difficile* Infection in patients with CKD

The pooled RR of recurrent CDI in patients with CKD was 2.73 (95% CI, 1.36–5.47, I^2 =45%) (Figure 2). The data on the risk of recurrent CDI in patients with ESRD was limited. Bauer et al [33] found no significant increased risk of recurrent CDI in patients with ESRD with OR of 2.23 (95% CI 0.59–8.37).

The Mortality Risk of *Clostridium Difficile* Infection and CKD/ESRD

The pooled RRs of mortality of CDI in patients with a history of CKD, ESRD and CKD or ESRD were 1.76 (95% CI 1.26–2.47, I^2 =97%), 1.58 (95% CI 1.37–1.83, I^2 =5%) and 1.76 (95% CI 1.32–2.34, I^2 =97%), respectively (Figure 3).

Evaluation for Publication Bias

Funnel plots to evaluate publication bias for the risks of complicated CDI, recurrent CDI and mortality of CDI in CKD (Figure S1, Figure S2 and Figure S3) and ESRD patients (Figure S3) are fairly symmetric and suggest no significant publication bias.

DISCUSSIONS

In this current meta-analysis, we demonstrated significant increased risks of poor clinical outcomes of CDI including complicated CDI and recurrent CDI in patients with CKD, with 1.51-fold and 2.73-fold increased risks, respectively. CKD and ESRD are both associated with 1.76-fold and 1.58-fold increased risks of mortality in CDI.

The findings of increased risks of poor clinical outcomes in patients with CKD and mortality risk in both CKD and ESRD is likely explained by impaired immune system function to fight against infection [37–39]. A reduction in the number and function of lymphoid cells has been described in patients with reduced kidney function and uremia [38]. When CKD and ESRD patients develop CDI, therefore, they may have higher risk of developing complications from CDI such as toxic megacolon requiring colectomy [40]. Studies have also found higher morbidities and lengths of hospital stay in CKD and ESRD patients with CDI resulting in increased long-term mortality [18].

Interestingly, despite increased risk of mortality in both patient with CKD and ESRD, those with ESRD have a lower risk than CKD. Our finding is also consistent with the finding in a recent study by Keddiss *et al.* [40] which found lower rate of colectomy and mortality in patients with ESRD requiring dialysis compared with patients with less severe stages of

CKD. It was speculated that the lower mortality risk in ESRD with CDI could be due to more frequent admissions, regular nephrology care, and close monitoring.

There are some limitations in our current meta-analysis. First, all included studies were observational studies. Therefore, our meta-analysis can best demonstrate an association but not a causal relationship. Second, there are statistical heterogeneities in the complete analysis in CKD patients with CDI. The potential sources of these heterogeneities include the differences in the definitions of CKD, diagnostic methodology of CDI, and the differences in confounder adjustment methods. The available data in included studies was limited. Therefore, it prevented us from further investigation for these potential sources of heterogeneities.

In summary, this meta-analysis shows significant increased risk of poor clinical outcomes of CDI in patients with CKD. Patients with CKD and ESRD, who develop CDI, have a significant mortality risk. Patients with CKD and ESRD need careful monitoring to prevent CDI. In addition, these patients may require more aggressive management since they carry poorer clinical outcomes of CDI.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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What's already known about this topic?

- Clostridium difficile infection (CDI) or Clostridium difficile associated diarrhea (CDAD) is the most identifiable pathogen accountable for 12% of health care-associated infection in the United States.
- Its incidence and severity have been markedly increasing worldwide.
- Chronic kidney disease (CKD) is a common disease estimated to effect 8–16% worldwide.
- However, the correlation of CDI outcome and CKD and end-stage renal disease (ESRD) are still inconclusive.

What does this article add?

- This meta-analysis demonstrates poor outcomes of CDI including severe and recurrent CDI in CKD patients.
- History of CKD and ESRD are both associated with increased mortality risk in patients with CDI.

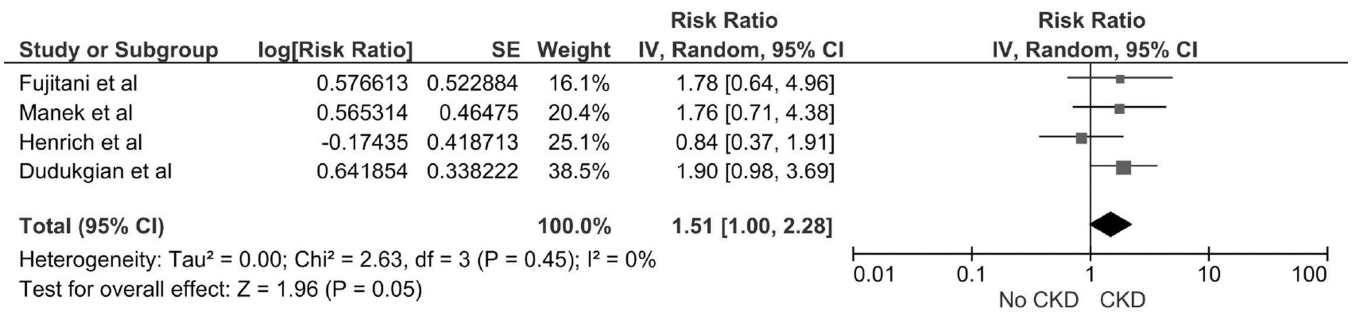


Figure 1.

Forest plot of the all included studies comparing the risk of severe or complicated CDI in patients in CKD vs. without CKD; square data markers represent risk ratios (RRs); horizontal lines, the 95% CIs with marker size reflecting the statistical weight of the study using random-effects meta-analysis. A diamond data marker represents the overall RR and 95% CI for the outcome of interest. IV, inverse variance; SE, standard error.

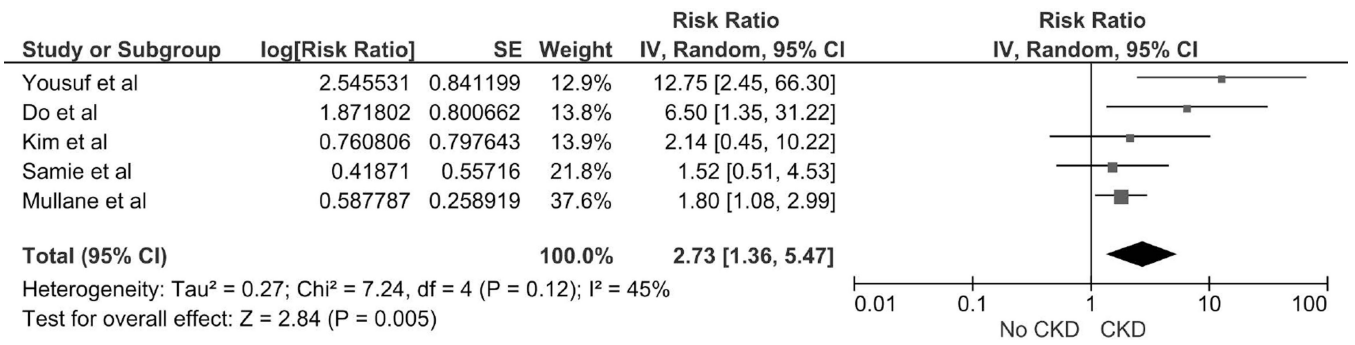


Figure 2.

Forest plot of the all included studies comparing the risk of recurrent CDI in patients in CKD vs. without CKD; square data markers represent risk ratios (RRs); horizontal lines, the 95% CIs with marker size reflecting the statistical weight of the study using random-effects meta-analysis. A diamond data marker represents the overall RR and 95% CI for the outcome of interest. IV, inverse variance; SE, standard error.

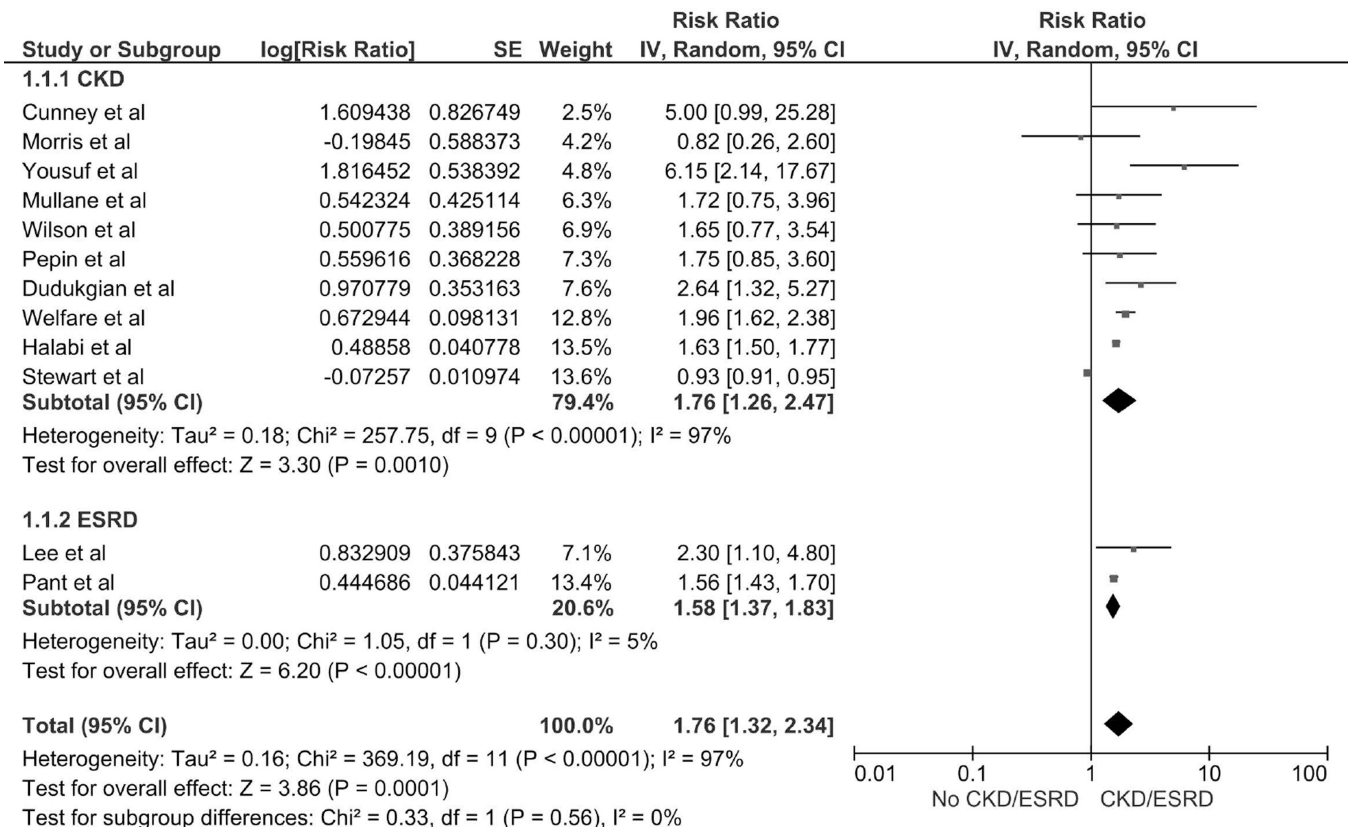


Figure 3.

Forest plot of the all included studies comparing the mortality risk of CDI in patients in CKD or ESRD vs. without CKD or ESRD; square data markers represent risk ratios (RRs); horizontal lines, the 95% CIs with marker size reflecting the statistical weight of the study using random-effects meta-analysis. A diamond data marker represents the overall RR and 95% CI for the outcome of interest. IV, inverse variance; SE, standard error.

Table 1

Main characteristics of the studies included in this meta-analysis

	Cunney et al [19]	Do et al [30]	Morris et al [20]	Yousuf et al [13]	Henrich et al [31]
Country	Ireland	Canada	USA	USA	USA
Study design	Cohort study	Case-control study	Cohort study	Cohort study	Cohort study
Year	1998	1998	2002	2002	2009
Total number	32	59	147	77	336
Study sample	Hospital-based; inpatients with CDI admitted in a nephrology unit	Hospital-based; inpatients with CDI	Hospital-based; inpatients with CDI	Hospital-based; inpatients and outpatients with CDI	Hospital-based; inpatients with CDI
CDI detection	C. difficile toxin A in stool using EIA, stool culture of C. difficile, histologic examination of colonic biopsies and diarrhea	C. Difficile-positive stool culture and diarrhea	Positive stool test for toxin A and/or B using EIA and hospital discharge code for CDI	C. difficile toxin A in stool using EIA and diarrhea	Positive stool test for C. difficile toxin using Cytotoxic assay or toxin A and B ELISA
Chronic kidney disease definition and ascertainment	Chronic renal failure (not defined); medical record review	Chronic renal insufficiency, defined as baseline SCr of 1.5 mg/dL	Renal disease and/or diabetes mellitus; medical record review	Chronic renal insufficiency, defined as persistently elevated SCr of 1.5 mg/dL for 3 months	Renal disease; physician-documented medical condition
Definition of severe/complicated CDI	N/A	N/A	N/A	N/A	CDI that resulted in death within 30 days after diagnosis, required ICU admission, colectomy or other surgery or led to intestinal perforation
OR for severe/complicated CDI	N/A	N/A	N/A	N/A	Renal disease 0.84 (0.37–1.91)
OR for mortality	5 (0.99–25.3)	N/A	0.82 (0.26–2.61)	6.15 (2.14–17.66)	N/A
OR for recurrence	N/A	6.5 (1.4–32.3)	N/A	12.75 (2.45–66.26)	N/A
Confounder adjusted	None	None	none	None	Renal disease: none Hemodialysis: Age, sex, antimicrobial use, malignancy, chemotherapy, steroid use, WBC, glucose, ALT, albumin, SCr
Quality assessment (Newcastle-Ottawa scale)	Selection: 2 Comparability: 0 Outcome: 2	Selection: 2 Comparability: 0 Exposure: 2	Selection: 3 Comparability: 0 Outcome: 3	Selection: 3 Comparability: 0 Outcome: 3	Selection: 3 Comparability: 2 Outcome: 3
	Dudukgian et al [14]	Pepin et al [23]	Wilson et al [22]	Fujitani et al [32]	Bauer et al [33]
Country	USA	Canada	UK	USA	Europe
Study design	Cohort study	Cohort study	Cohort study	Cohort study	Cohort study

Year	2009	2009	2009	2010	2011	2011
Total number	398	130	128	184	496	496
Study sample	Hospital-based; inpatients with CDC	Multi-center; inpatients with fulminant CDI requiring an emergency colectomy	Hospital-based; inpatients with CDI	Multi-center; inpatients with CDI	Multi-center; outpatient and inpatients with CDI	Multi-center; outpatient and inpatients with CDI
CDI detection	Discharge diagnosis of CDC (ICD-9 008.45) and positive toxin ELISA or biopsy consistent with pseudomembranous colitis	Positive C. difficile cytotoxin assay, endoscopic or histopathologic evidence of pseudomembranous colitis	Positive stool test for toxin A or B using ELISA and diarrhea	Positive stool test for C. difficile toxin A and B and diarrhea	Positive stool test for toxin A, B or both using EIA, cytotoxicity test or PCR or stool culture for toxin-producing C. difficile and diarrhea	Positive stool test for toxin A, B or both using EIA, cytotoxicity test or PCR or stool culture for toxin-producing C. difficile and diarrhea
Chronic kidney disease definition and ascertainment	Renal insufficiency (not defined); medical record review	Chronic renal failure, defined as baseline SCr 1.5 mg/dL	Renal failure (not clearly defined); medical record review	Chronic renal insufficiency/end-stage renal disease (not defined); medical record review	Chronic dialysis; APACHE II	Chronic dialysis; APACHE II
Definition of severe/complicated CDI	CDI requiring surgery or resulting in death	N/A	N/A	CDI that required ICU admission, surgery for toxic megacolon, large-bowel perforation or refractory colitis or resulted in death within 30 days after diagnosis	CDI that contributed or caused ICU admission or death or led to colectomy	CDI that contributed or caused ICU admission or death or led to colectomy
OR for severe/complicated CDI	1.90 (0.98–3.69)	N/A	N/A	1.78 (0.64–4.97)	0.29 (0.04–2.35)	0.29 (0.04–2.35)
OR for mortality	2.64 (1.32–5.27)	1.75 (0.85–3.60)	1.65 (0.77–3.54)	N/A	N/A	N/A
OR for recurrence	N/A	N/A	N/A	N/A	N/A	2.23 (0.59–8.37)
Confounder adjusted	None	None	None	None	None	Complicated: none Recurrence: Age, health-care association, pulmonary disease, previous antibiotics use, recent CDI, C. difficile strain
Quality assessment (Newcastle-Ottawa scale)	Selection: 3 Comparability: 0 Outcome: 3	Selection: 3 Comparability: 0 Outcome: 3	Selection: 3 Comparability: 0 Outcome: 3	Selection: 3 Comparability: 0 Outcome: 3	Selection: 4 Comparability: 2 Outcome: 3	Selection: 4 Comparability: 2 Outcome: 3
Country	Manek et al [34] Canada	Stewart et al [24] USA	Welfare et al [15] UK	Kim et al [36] Korea	Pant et al [18] USA	Pant et al [18] USA
Study design	Cohort study	Cohort study	Cohort study	Cohort study	Cohort study	Cohort study
Year	2011	2011	2011	2012	2012	2012
Total number	365	41207	2761	198	64944	64944

Study sample	Hospital-based; inpatients with CDI	Nationwide Inpatient Sample (NIS) 2007 database; inpatients with CDC in US hospitals	Hospital-based; inpatients with CDI	Hospital-based; inpatients who recovered from CDI	Nationwide Inpatient Sample (NIS) 2009 database; inpatients with CDC in US hospitals
CDI detection	Positive stool test for C. difficile toxin A and B using EIA and diarrhea, visualization of pseudomembrane on endoscopy or histopathology	ICD-9 code of 008.45	Positive stool test for C. difficile toxin A and B immunoassay and diarrhea	Positive stool test for C. difficile toxin A and B and diarrhea	ICD-9 code of 008.45
Chronic kidney disease definition and ascertainment	Renal disease (not defined); medical record review	Renal failure (not defined); AHRQ comorbidity indicators	Renal disease; ICD-10 code of N00–N28	Renal disease (not defined); medical record review	End-stage renal disease; discharge diagnosis based on ICD-9 code of 585.6
Definition of severe/complicated CDI	CDI that caused severe hypokalemia, toxic megacolon, bowel perforation, lower GI bleeding requiring blood transfusion, ICU transfer or death before treatment completion	N/A	N/A	-	N/A
OR for severe/complicated CDI	1.76 (0.71–4.39)	N/A	N/A	-	N/A
OR for mortality	N/A	0.93 (0.91–0.95)	1.96 (1.62–2.38)	-	1.56 (1.43–1.70)
OR for recurrence	N/A	N/A	N/A	2.14 (0.45–10.26)	N/A
Confounder adjusted	none	Yes but not clearly specified	Age and comorbidities	Age, sex, treatment, additional use of antibiotics, underlying disease	None
Quality assessment (Newcastle-Ottawa scale)	Selection: 3 Comparability: 0 Outcome: 3	Selection: 4 Comparability: 1 Outcome: 3	Selection: 3 Comparability: 2 Outcome: 3	Selection: 4 Comparability: 2 Outcome: 3	Selection: 4 Comparability: 0 Outcome: 3

	Halabi et al [16]	Mullane et al [21]	Samie et al [35]	Lee et al [17]
Country	USA	United, Canada and Europe	Germany	USA
Study design	Cohort study	Cohort study	Cohort study	Cohort study
Year	2013	2013	2013	2014
Total number	3900	1054	124	335
Study sample	Nationwide Inpatient Sample (NIS) 2001–2010 database; inpatients with CDC who underwent total or subtotal colectomy for CDC in US hospitals	Multi-center; patients with CDI enrolled in randomized controlled trial	Hospital-based; inpatients with CDI	ACS-NSQIP database 2005–2010; inpatients underwent emergent open colectomy for CDC
CDI detection	ICD-9 code of 008.45	Positive stool test for C. difficile toxin A and/or B and diarrhea	positive stool test for C. difficile toxin A, B or positive stool culture for C. difficile and diarrhea	ICD-9 code of 008.45

Chronic kidney disease definition and ascertainment	Chronic kidney disease (not defined); NIS dataset	Chronic kidney disease stage 3-4, defined as CrCl < 60 ml/min/1.73 m ² ; Estimated CrCl was calculated using Cockcroft-Gault formula	Chronic kidney disease stage 3-4 defined as a GFR < 60 ml/min; GFR was calculated using Cockcroft-Gault formula	Dialysis dependence, defined as acute or chronic within 2 weeks before surgery; ACS-NSQIP database
Definition of severe/complicated CDI	N/A	N/A	N/A	N/A
OR for severe/complicated CDI	N/A	N/A	N/A	N/A
OR for mortality	1.63 (1.50-1.76)	1.72 (0.75-3.97)	N/A	2.3 (1.1-4.8)
OR for recurrence	N/A	1.80 (1.08-2.98)	1.52 (0.51-4.53)	N/A
Confounder adjusted	none	Age, treatment, fever WBCs, albumin, concomitant antibiotics	C-reactive protein, leukocytosis, PPI use, DM, glucocorticoid therapy, cerebral insult, cirrhosis	Age, preoperative septic shock, severe COPD, postoperative cardiac arrest, wound classification, preoperative platelet, INR and BUN
Quality assessment (Newcastle-Ottawa scale)	Selection: 4 Comparability: 0 Outcome: 3	Selection: 4 Comparability: 2 Outcome: 3	Selection: 3 Comparability: 2 Outcome: 3	Selection: 4 Comparability: 2 Outcome: 3

Abbreviations: ALT, alanine transaminase; EIA, enzyme immunoassay; ELISA, enzyme-linked immunosorbent assay; CDI, Clostridium difficile infection; ICU, intensive care unit; N/A, not available; SCr, serum creatinine; WBC, white blood cell.

Abbreviations: CDC, Clostridium difficile colitis; AHRQ, Agency for Health Care Research and Quality

Abbreviations: ICU, intensive care unit; ACS-NSQIP, American College of Surgeons – National Surgical Quality Improvement Program.

Abbreviations: BUN, blood urea nitrogen; COPD, chronic obstructive pulmonary disease; DM, diabetes mellitus; INR, international normalized ratio; K, Potassium; PPI, proton pump inhibitor; WBC, white blood cell.