

RESEARCH PAPER

Endothelin ET_A receptor/lipid peroxides/COX-2/TGF-β1 signalling underlies aggravated nephrotoxicity caused by cyclosporine plus indomethacin in rats

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BACKGROUND AND PURPOSE

Cyclosporine (CSA) and non-steroidal anti-inflammatory drugs (NSAIDs) are co-prescribed for some arthritic conditions. We tested the hypothesis that this combined regimen elicits exaggerated nephrotoxicity in rats via the up-regulation of endothelin (ET) receptor signalling.

EXPERIMENTAL APPROACH

The effects of a 10 day treatment with CSA (20 mg·kg⁻¹·day⁻¹), indomethacin (5 mg·kg⁻¹·day⁻¹) or their combination on renal biochemical, inflammatory, oxidative and structural profiles were assessed. The roles of ET_A receptor and COX-2 pathways in the interaction were evaluated.

KEY RESULTS

Oral treatment with CSA or indomethacin elevated serum urea and creatinine, caused renal tubular atrophy and interstitial fibrosis, increased renal TGF- β 1, and reduced immunohistochemical expressions of ET_A receptors and COX-2. CSA, but not indomethacin, increased renal ET-1, the lipid peroxidation product malondialdehyde (MDA) and GSH activity. Compared with individual treatments, simultaneous CSA/indomethacin exposure caused: (i) greater elevations in serum creatinine and renal MDA; (ii) loss of the compensatory increase in GSH; (iii) renal infiltration of inflammatory cells and worsening of fibrotic and necrotic profiles; and (iv) increased renal ET-1 and decreased ET_A receptor and COX-2 expressions. Blockade of ET_A receptors by atrasentan ameliorated the biochemical, structural, inflammatory and oxidative abnormalities caused by the CSA/indomethacin regimen. Furthermore, atrasentan partly reversed the CSA/indomethacin-evoked reductions in the expression of ET_A receptor and COX-2 protein.

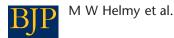
CONCLUSIONS AND IMPLICATIONS

The exaggerated oxidative insult and associated dysregulation of the ET_A receptor/COX-2/TGF- β 1 signalling might account for the aggravated nephrotoxicity caused by the CSA/indomethacin regimen. The potential renoprotective effect of ET_A receptor antagonism might be exploited therapeutically.

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Abbreviations

BUN, blood urea nitrogen; CSA, cyclosporine; DAB, diaminobenzidine; ET-1, endothelin-1; Indo, indomethacin; MDA, malondialdehyde; NSAIDs, non-steroidal anti-inflammatory drugs; SOD, superoxide dismutase.

Tables of Links

TARGETS		LIGANDS	
GPCRs ^a	Enzymes ^b	Cyclosporine	Indomethacin
ET _A receptor	COX-2	ET-1	TGF-β1
		GSH	Urea

These Tables list key protein targets and ligands in this article which are hyperlinked to corresponding entries in http:// www.guidetopharmacology.org, the common portal for data from the IUPHAR/BPS Guide to PHARMACOLOGY (Pawson *et al.*, 2014) and are permanently archived in the Concise Guide to PHARMACOLOGY 2013/14 (^{*ab*}Alexander *et al.*, 2013a,b).

Introduction

The clinical immunosuppressant effect of cyclosporine (CSA) is often limited by the concomitant deterioration in kidney function. Manifestations of acute and chronic nephrotoxicity have been reported with CSA therapy. The acute reversible form of nephrotoxicity is due to renal vasoconstriction (Tedesco and Haragsim, 2012), whereas the chronic toxicity is triggered by vasoconstriction plus the development of irreversible arteriolopathy and tubulointerstitial fibrosis (Musson et al., 2012). Although the mechanisms of the vasoconstrictor effect of CSA are not precisely known, a role for renal vasoconstrictor/vasodilator imbalances has been proposed. These imbalances include increases in vasoconstrictor factors, such as endothelin-1 (ET-1) (Cauduro et al., 2005; Nasser et al., 2014) and thromboxane A₂ (Hardy et al., 2000), and decreases in vasodilator factors, such as prostacyclin (Miller, 2002), nitric oxide (El-Mas et al., 2004a; 2007) and hyperpolarizing factor (El-Mas et al., 2004b). Other factors involved include altered arachidonic acid metabolism and increased oxidative stress and free radical production (Amudha et al., 2007). Reported findings also implicate the ET-1/TGF-β1 signalling in renal dysfunction caused by CSA. CSA enhances the generation of ET-1 (Papachristou et al., 2009), which accentuates vascular derangements and promotes the synthesis and activation of profibrotic molecules such as TGF-B1 and adhesion molecules (Lüscher and Barton, 2000; Leask, 2009).

Clinically, CSA is commonly used with non-steroidal antiinflammatory drugs (NSAIDs) for the management of several arthritic conditions such as rheumatoid arthritis, juvenile systemic lupus erythematosus and psoriatic arthritis (Gerloni *et al.*, 2001). Like CSA, nephrotoxicity is one of the main side effects caused by NSAIDs and is manifested as salt retention and reduced glomerular filtration rate (Perazella and Tray, 2001). However, little information is available regarding whether additive or synergistic renal damage could emerge upon the concurrent CSA/NSAID exposure. Earlier studies showed that the use of CSA together with naproxen, sulindac or diclofenac causes additive deterioration in renal function (Deray *et al.*, 1987; Altman *et al.*, 1992). In addition, experimental studies demonstrated enhanced mortality upon concurrent use of CSA and indomethacin (Indo) (Williamson, 1988). The mechanisms of these interactions have not been explored.

In the current study, the hypothesis was tested that the deteriorated oxidative state that follows the dysregulation of ET_A receptor-coupled COX-2/TGF- β 1 signalling accounts for the exaggerated nephrotoxicity caused by the concomitant exposure to CSA and Indo in rats. We evaluated the biochemical, inflammatory, oxidative, and structural renal profiles in rats treated chronically with CSA, Indo or their combination. Immunohistochemical protein expression and receptor pharmacological studies were also employed to verify the role of downstream effectors of ET_A receptors in the interaction.

Methods

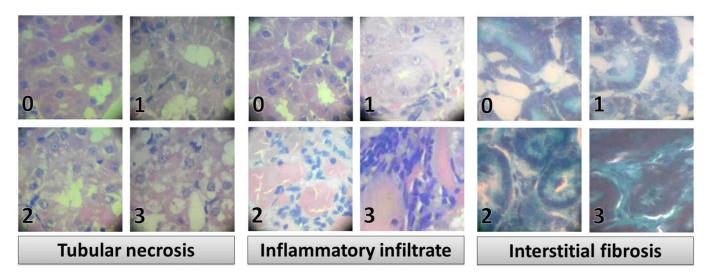
Animals

Male Sprague-Dawley rats (Faculty of Pharmacy, Pharos University, Alexandria, Egypt) weighing 180–200 g were used in this study. All experiments were performed in strict accordance with institutional animal care and use guidelines. All studies involving animals are reported in accordance with the ARRIVE guidelines for reporting experiments involving animals (Kilkenny *et al.*, 2010; McGrath *et al.*, 2010).

Experimental protocols

A total of eight groups of rats (n = 6 each) were used in the current study. Rats were treated for 10 days (Yılmaz *et al.*, 2011; El-Mas *et al.*, 2015) with one of the following drug regimens via oral gavage: (i) vehicle (cremophor, 1 mL·kg⁻¹·day⁻¹); (ii) CSA (20 mg·kg⁻¹·day⁻¹; El-Mas *et al.*, 2011); (iii)–(v) Indo (1, 3 or 5 mg·kg⁻¹·day⁻¹; Wong *et al.*, 2008); (vi) CSA + Indo (1 mg·kg⁻¹·day⁻¹), (vii) CSA + Indo (5 mg·kg⁻¹·day⁻¹); and (viii) atrasentan (5 mg·kg⁻¹·day⁻¹) + CSA + Indo (5 mg·kg⁻¹·day⁻¹). Drugs were administered individually via separate oral gavages. Afterwards, overnight-fasted rats were anaesthetized with thiopental sodium (50 mg·kg⁻¹, i.p.; El-Mas *et al.*, 2003) and blood samples were collected





Photomicrographs (400×) showing progressive stages and scores for tubular necrosis, inflammatory cells infiltration (haematoxylin and eosin stain) and interstitial fibrosis (Masson's trichrome stain).

from the orbital plexus and spun at $1200 \times g$ for 10 min. The serum was aspirated, divided into aliquots and stored at -70°C until used for biochemical analyses. Rats were then killed with an overdose of thiopental, the abdomen was opened, the internal viscera pulled aside, and the right kidney was quickly removed, weighed and homogenized in ice-cold PBS (pH = 7.4) to give 40% homogenate. The homogenate was divided into aliquots and stored at -70°C until used for the measurement of renal ET-1, TGF-β1, malondialdehyde (MDA) (Mihara and Uchiyama, 1978; Nasr et al., 2010), GSH (Richardson and Murphy, 1975) and superoxide dismutase (SOD) activity (Marklund and Marklund, 1974) in the renal tissues. Total protein was determined by using the Bradford assay (Compton and Jones, 1985). For histopathological or immunohistochemical studies, the left kidney was fixed in 10% formaldehyde for 18 h at 4°C and then embedded in paraffin blocks.

Biochemical analysis

Serum urea and creatinine levels were determined by the Randox® assay kit (Randox Laboratories Ltd., Crumlin, UK). The blood urea nitrogen (BUN) was computed from the urea levels. The ELISA was used for measuring renal TGF- β 1 (Invitrogen Incorporations, Carlsbad, CA, USA) and ET-1 (Antibodies online®, Aachen, Germany) as instructed by the manufacturer.

Histopathological studies

Renal histopathological changes were assessed in kidney sections using the haematoxylin and eosin (H&E) stain. Masson's trichrome staining was used for detection of renal fibrosis (Drury and Wallington, 1980). Total histological damage in the kidney was assessed semi-quantitatively as described in previous studies including ours (Chatterjee *et al.*, 2000; Helmy and El-Gowelli, 2012; Koca *et al.*, 2013) by examining 10 random sections (×400) from each kidney and scoring tubular necrosis, inflammatory cell infiltration and interstitial fibrosis on a scale from 0 to 3 for each criterion (Figure 1). The mean value of all 10 scores was computed for each kidney. For tubular necrosis, the tubular profile was assessed according to the arbitrary scale, where (0) denoted normal histology, (1) denoted tubular cell swelling, brush border loss with up to one-third of the tubular profile showing nuclear loss, (2) denoted from one-third to twothirds of the tubular profile showing nuclear loss, and (3) denoted more than two-thirds of the tubular profile showing nuclear loss (Figure 1). Similarly, inflammatory cell infiltration and interstitial fibrosis were assessed in H&E and Masson's trichrome-stained slides, respectively, and each was scored as absent (0), minimal (1), moderate (2) and severe (3). The total histology score for these three criteria ranged from 0 (normal) to 9 (severely damaged) (Koca et al., 2013).

Immunostaining

The technique described in our previous studies and others (Abassi et al., 2001; Chen and Sun, 2006; El-Mas et al., 2006) was employed for immunohistochemical determination of the protein expression of ET_A receptors and COX-2 in the renal tissues. Kidney sections (5 µm) were placed on positively charged adhesion microscope slides (Thermo Scientific®, Berlin, Germany), deparaffinized in xylene and rehydrated in a series of decreasing ethanol concentration (100, 95 and 70%). Slides were rinsed gently with PBS and drained. The antigenic determinants in the cells were unblocked by incubating the sections at (95–98°C) for 20 min in citrate buffer (pH 6, Thermo Scientific) for heat-induced epitope retrieval. The sections were then rinsed with 1× TBST (50 mM Tris/HCl, pH 7.4, 150 mM NaCl, 0.1% Tween 20, Thermo Scientific). Endogenous peroxidases were blocked by adding 3% hydrogen peroxide and then washed with $1\times$ TBST. A universal protein block was applied for 20 min. The appropriate primary monoclonal antibodies, rabbit anti-ET_A and rabbit anti-COX-2 (Bioss Inc., Woburn, MA, USA), were



diluted (1:200) as instructed by the manufacturer and applied to the slides for 45 min at 37°C. Negative controls were processed without applying the primary antibodies. The slides were then washed with 1× TBST, rinsed and incubated for 30 min with the secondary antibody (polyvalent HRP detection kit, Spring Bioscience®, Pleasanton, CA, USA). The chromogen 3,3'-diaminobenzidine (DAB) was prepared and applied as instructed by the manufacturer for protein visualization. Each slide was counterstained with haematoxylin and dipped in ascending concentrations of alcohol and then xylene. The immunohistochemical signals of ET_A receptors and COX-2 were quantified by the Image J software (version 1.45s), and computer-assisted microscopy was employed for this purpose using the greyscale thresholding as described previously (Kaczmarek *et al.*, 2004).

Data analysis and statistics

Data are expressed as means \pm SEM. Multiple comparisons were analysed by one-way ANOVA followed by Tukey's *post hoc* test. The analysis was performed using GraphPad Prism, software release 3.02 (La Jolla, CA, USA). Probability levels less than 0.05 were considered significant.

Materials

CSA (Novartis Pharma, AG, Basel, Switzerland), Indo (European Egyptian Pharmaceutical Industries, Alexandria, Egypt), cremophor EL (Sigma-Aldrich, MO, USA) and thiopental sodium (Biochemie GmbH, Vienna, Austria) were purchased from commercial vendors. Atrasentan was generously supplied by Abbott Laboratories (Abbott Park, IL, USA). Cremophor (vehicle for CSA) was mixed with saline to a final dilution of 40%. CSA was freshly dissolved in 40% cremophor. Indo, atrasentan and thiopental sodium were dissolved/ dispersed in saline. The drug/molecular target nomenclature employed in this study follows Alexander *et al.* (2013a,b).

Results

Indo aggravates biochemical and structural indices of CSA nephrotoxicity

The effects of CSA, Indo or their combination on indices of renal function (serum creatinine and BUN) are shown in Figure 2. Compared with control (vehicle-treated) values, oral treatment of rats with CSA (20 mg·kg⁻¹·day⁻¹, 10 days) produced significant increases in serum creatinine and BUN. Similarly, Indo (1, 3 and 5 mg·kg⁻¹·day⁻¹) caused dose-related increases in serum creatinine and BUN levels. The co-administration of CSA and the lower dose of Indo (1 mg·kg⁻¹·day⁻¹) increased creatinine and BUN to levels that were not statistically different from the effect of each drug when used alone (Figure 2). On the other hand, the combined treatment with CSA and Indo (5 mg·kg⁻¹·day⁻¹) elevated serum creatinine, but not BUN, to levels that were slightly but significantly higher than those seen in rats receiving individual treatments (Figure 2). The rises in serum creatinine and BUN seen in CSA/Indo-treated rats were significantly reduced after selective blockade of ET_A receptors by atrasentan (5 mg·kg⁻¹·day⁻¹).

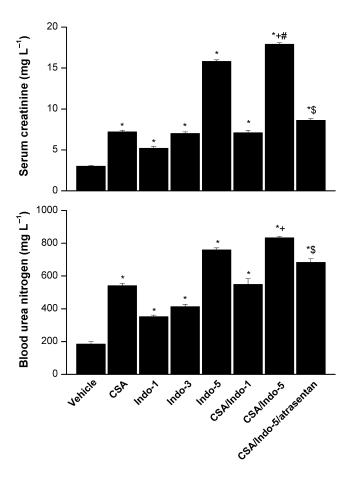
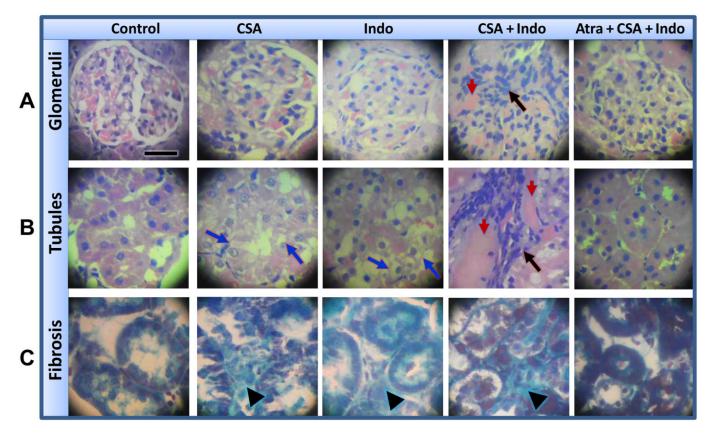


Figure 2

Effects of the 10 day treatment with CSA (20 mg·kg⁻¹·day⁻¹), Indo (1, 3 or 5 mg·kg⁻¹·day⁻¹) or their combination on serum creatinine and BUN in Sprague-Dawley rats. The effect of endothelin ET_A receptor blockade by atrasentan (5 mg·kg⁻¹·day⁻¹) on the CSA–Indo combination is also shown. Values are means \pm SEM of six observations. **P* < 0.05 versus vehicle; ⁺*P* < 0.05 versus CSA; [#]*P* < 0.05 versus Indo-5; ^{\$}*P* < 0.05 versus CSA/Indo-5.

Histopathological changes caused by individual or combined treatments with CSA and Indo in the absence and presence of atrasentan are illustrated in Figures 3 and 4. Kidneys obtained from rats treated with CSA showed tubular atrophy and vacuolization (Figure 3B). The glomeruli exhibited slight to moderate mesangial matrix expansion with partial obliteration of Bowman's space (Figure 3A). Staining with the Masson's trichrome demonstrated interstitial fibrosis in kidneys of CSA-treated rats (Figure 3C). Renal tissues of Indo (5 mg·kg⁻¹·day⁻¹)-treated rats showed moderate obliteration of Bowman's space and vacuolated tubules (Figure 3A and B) and slight interstitial fibrosis (Figure 3C). Combined administration of CSA plus Indo induced more intense renal damage manifested as patchy cortical necrosis, tubular atrophy, focal infiltration of inflammatory cells (visual determination) and interstitial fibrosis (Figure 3A-C). The treatment with CSA or Indo caused significant increases in tubular necrosis and interstitial fibrosis scores compared with cremophor-treated rats (Figure 4). Individual scores as well as the total histology severity score showed further increases in





Photomicrographs (400×, haematoxylin and eosin) of renal cortical glomeruli (panel A) and tubules (panel B) obtained from Sprague-Dawley rats treated for 10 days with vehicle, CSA (20 mg·kg⁻¹·day⁻¹), Indo (5 mg·kg⁻¹·day⁻¹), CSA + Indo-5 and atrasentan + CSA + Indo-5. Panel (C) shows photomicrographs (400×) of renal cortex stained with Masson's trichrome. Blue arrows point to tubular vacuolization, black arrows point to interstitial infiltration of inflammatory cells and red arrows point to necrotic areas. Black arrow heads point to deposition of collagen in the interstitial spaces. The scale bar in panel (A) (control image) corresponds to 10 μ m.

rats receiving the combined CSA/Indo regimen compared with either drug when used alone (Figure 4). The glomerular and tubular structural damage and the increases in all histology scores caused by the CSA/Indo regimen were dramatically reduced in rats treated concomitantly with the ET_A receptor antagonist atrasentan (Figures 3 and 4).

Effect of CSA/Indo regimen on inflammatory and oxidative renal profiles

As shown in Figures 5 and $\hat{6}$, CSA significantly increased renal ET-1, TGF- β 1 and lipid peroxidation (MDA). Renal GSH level was also increased by CSA, whereas SOD activity remained unchanged. Compared with CSA alone, the simultaneous treatment with CSA and Indo elicited similar increases in renal ET-1 and TGF- β 1, and significantly higher renal MDA levels. The compensatory increase in renal GSH disappeared in CSA/ Indo-treated rats. The co-administration of atrasentan abolished almost completely the increases in TGF- β 1 and MDA evoked by the CSA/ Indo regimen, whereas the concomitant increases in ET-1 were preserved (Figures 5 and 6). Except for significant increases in renal TGF- β 1, none of the measured inflammatory or oxidative markers was affected by the single use of Indo.

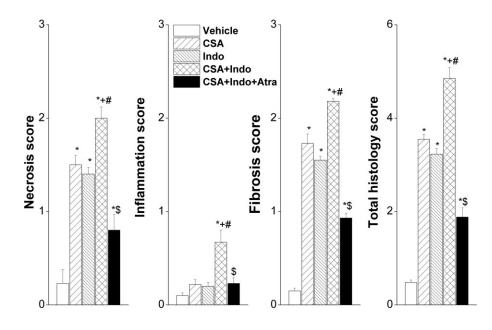
Effect of CSA/Indo regimen on renal ET_A receptors and COX-2 expressions

The immunohistochemical data are shown in Figures 7 and 8. Compared with the vehicle-treated group, CSA caused significant decreases in the protein expression of glomerular ET_A receptors, whereas the medullary tubular ET_A receptor expression remained unaffected (Figure 7). By contrast, Indo given alone or combined with CSA caused significant and similar reductions in the ET_A receptor expression in both glomerular and tubular sites (Figure 7). The CSA/Indo-evoked decreases in glomerular ET_A receptor were increased after ET_A receptor blockade by atrasentan, but its levels remained significantly lower than the respective vehicle-treated values (Figure 7). On the other hand, COX-2 expression in glomerular and tubular tissues was comparably reduced by CSA, Indo or their combination and these effects were significantly alleviated in the presence of atrasentan (Figure 8).

Discussion

The current study is the first to report on the potential molecular mechanism of the exacerbated nephrotoxicity





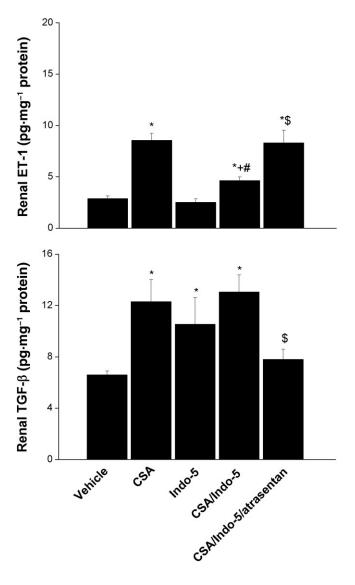
Effects of the 10 day treatment with CSA (20 mg·kg⁻¹·day⁻¹), Indo (5 mg·kg⁻¹·day⁻¹) or their combination on renal necrosis, inflammation, fibrosis and total histology scores. The effect of endothelin ET_A receptor blockade by atrasentan (5 mg·kg⁻¹·day⁻¹) on the CSA–Indo combination is also shown. Values are means ± SEM of 6 observations. **P* < 0.05 versus vehicle; +*P* < 0.05 versus CSA; #*P* < 0.05 versus Indo; **P* < 0.05 versus CSA/Indo values.

evoked by simultaneous exposure to CSA and Indo in rats. The most important observations can be summarized as follows. First, compared with individual treatments, the combined CSA/Indo regimen caused more deterioration in the renal profile as indicated by functional (increases in serum creatinine and BUN) and structural indices (renal cortical necrosis, tubular atrophy and interstitial fibrosis). Second, these effects were associated with exacerbated redox state as suggested by the excessive increases in the renal content of the lipid peroxidation product, MDA, and loss of the counterregulatory elevation in GSH. Third, the oxidative damage caused by CSA/Indo seems to be facilitated by the concomitant elevations in TGF-β1 and decreases in COX-2 expression. Fourth, the blockade of ET_A receptors by atrasentan significantly mitigated functional, structural and inflammatory derangements caused by the CSA/Indo regimen. Together, it is likely that the oxidative insult and associated dysregulation of the ET_A receptor/COX-2/TGF- β 1 signalling accounts, at least partly, for the exaggerated nephrotoxicity evoked by concurrent CSA/Indo administration.

Earlier studies demonstrated more prominent renal dysfunction in rats treated with the combined CSA/Indo regimen compared with each drug when used alone (Whiting *et al.*, 1987; Williamson, 1988). Nonetheless, the latter studies were limited in scope and their conclusions were based solely on the ability of the combined regimen to elicit greater reductions in creatinine clearance (Williamson, 1988) and elevations in serum urea and creatinine (Whiting *et al.*, 1987). In the current study, in addition to the elevated serum creatinine, biochemical markers of renal function, in rats treated with the same drug regimen, our histopathological data showed intensified renal structural damage in CSA/Indotreated rats. The latter comprised more intense cortical necrosis, tubular atrophy, interstitial fibrosis and inflammatory cell infiltration. Nonetheless, the type of inflammatory cells (macrophages, CD4⁺ helper or CD8⁺ cytotoxic) that might be contributing to the inflammatory response elicited by the CSA/Indo treatment cannot be ascertained from the current data. Immunohistochemical studies will be undertaken in our laboratory to address this important issue.

Obviously, the morphological changes in the renal architecture caused by the combined CSA/Indo regimen may explain the associated rises in serum creatinine observed in the current study and the reduced creatinine clearance caused by the same treatment in earlier studies (Williamson, 1988). Notwithstanding, unlike our current histopathological data, Whiting et al. (1987) found no exaggeration of the renal structural damage on concurrent administration of CSA and Indo. Although the exact reasons for these discrepancies are not clear, one possible explanation might relate to the differences in the dose of Indo employed in the two studies $(5 \text{ mg}\cdot\text{kg}^{-1}\cdot\text{day}^{-1})$ in the current study vs. 2 mg $\cdot\text{kg}^{-1}\cdot\text{day}^{-1}$ in the study by Whiting et al., 1987). In fact, our data showed that Indo at a dose of 1 mg·kg⁻¹·day⁻¹ failed to accentuate the CSA-evoked rises in blood creatinine or BUN (see Figure 2). Therefore, the strength (dose) of Indo seems critical for its capacity to exacerbate of CSA nephrotoxicity.

Oxidative stress is a key contributor to the pathogenesis of CSA-induced organ damage and dysfunction (El-Mas *et al.*, 2011; 2012; de Arriba *et al.*, 2013). The current observation that CSA caused significant elevations in the renal content of MDA, the lipid peroxidation product of oxidative destruction of polyunsaturated fatty acids of biological membranes, is in line with the established role of oxidative stress caused by lipid peroxides in CSA-induced nephrotoxicity (Ishikawa and Homma, 2012). Alternatively, the concomitant increase in



Effects of the 10 day treatment with CSA (20 mg·kg⁻¹·day⁻¹), Indo (5 mg·kg⁻¹·day⁻¹) or their combination on renal ET-1 and TGF- β 1 in Sprague-Dawley rats. The effect of endothelin ET_A receptor blockade by atrasentan (5 mg·kg⁻¹·day⁻¹) on the CSA–Indo combination is also shown. Values are means ± SEM of six observations. **P* < 0.05 versus vehicle; ⁺*P* < 0.05 versus CSA; [#]*P* < 0.05 versus Indo-5; ^{\$}*P* < 0.05 versus CSA/Indo-5.

renal GSH might presumably constitute a feedback mechanism to offset the progression in oxidative damage caused by CSA (Helmy and El-Gowelli, 2012). This assumption gains support from the observation that *N*-acetyl cysteine, the precursor of GSH, protected against oxidative stress induced by CSA and reversed the CSA-evoked decreases in SOD activity (Duru *et al.*, 2008). In another study (Gökçe *et al.*, 2009), the increases in renal MDA caused by CSA were counterbalanced by elevations in the SOD activity. Notably, while the current study revealed no influence for CSA on renal SOD, the reported effects of CSA on renal SOD were variable and depended upon the CSA regimen. For example, while renal

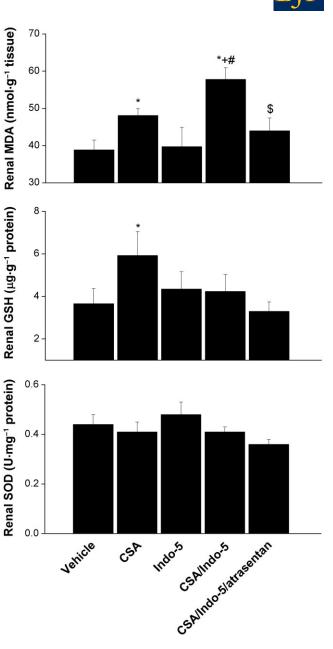


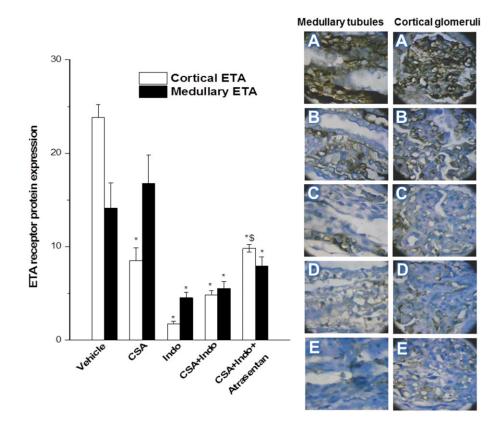
Figure 6

Effects of the 10 day treatment with CSA (20 mg·kg⁻¹·day⁻¹), Indo (5 mg·kg⁻¹·day⁻¹) or their combination on the renal MDA, GSH and SOD in Sprague-Dawley rats. The effect of endothelin ET_A receptor blockade by atrasentan (5 mg·kg⁻¹·day⁻¹) on the CSA–Indo combination is also shown. Values are means ± SEM of six observations. *P < 0.05 versus vehicle; $^+P < 0.05$ versus CSA; $^#P < 0.05$ versus Indo-5; $^{s}P < 0.05$ versus CSA/Indo-5.

MDA and SOD were elevated by a CSA regimen of 15 mg·kg⁻¹·day⁻¹ for 10 days (Gökçe *et al.*, 2009), the SOD activity was reduced by CSA at a dose of 20 mg·kg⁻¹·day⁻¹ given for 21 days (Anjaneyulu *et al.*, 2003).

Evidently, the worsened renal profile in CSA/Indo-treated rats infers additive effects for the two drugs on cellular events predisposing to renal dysfunction. In the present study, we





Immunohistochemical ET_A receptor expression in renal cortical glomeruli and medullary tubules of Sprague-Dawley rats treated for 10 days with CSA (20 mg·kg⁻¹·day⁻¹), Indo (5 mg·kg⁻¹·day⁻¹) or their combination. The effect of endothelin ET_A receptor blockade by atrasentan (5 mg·kg⁻¹·day⁻¹) with the CSA–Indo combination on ET_A expression is also shown. Values are means \pm SEM of six observations. **P* < 0.05 versus vehicle; ⁵*P* < 0.05 versus CSA/Indo-5. Representative images of immunostained tissues are also shown (400×, A: vehicle; B: CSA; C: Indo; D: CSA + Indo, E: atrasentan + CSA + Indo).

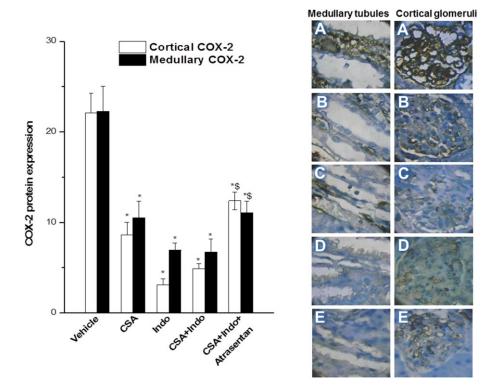
investigated the postulate that such exacerbated nephrotoxicity is mediated via the development of more deterioration in the redox state. Consistent with this view, two important findings are reported here. First, while Indo had no effect on renal MDA when used alone, the concurrent administration of CSA and Indo increased renal MDA to levels that were significantly higher than those caused by CSA alone (see Figure 6). The generation of excessive amounts of MDA denotes the ability of Indo to prime renal tissues to the lipid-peroxidating effect of CSA. Another factor that might have incited the renal oxidative damage of the CSA/Indo regimen was its ability to block the compensatory elevation in renal GSH induced by CSA, thus depriving renal tissues of one fundamental antioxidant (defence) mechanism against oxidative damage.

The renal oxidative damage directly correlates with increased renal arteriolar tone (Gao *et al.*, 2015), which is a primary event that could subsequently lead, if not corrected, to irreversible arteriolopathy and tubulointerstitial fibrosis (Musson *et al.*, 2012; Tedesco and Haragsim, 2012). The present data also suggest that several other cellular events might have intervened to intensify renal damage caused by oxidative stress. One potential mechanism relates perhaps to the divergent actions of the CSA/Indo regimen on the renal

COX-2 expression (decreases) and TGF-B1 (increases). COX-2 inhibition is believed to reduce renal blood flow, up-regulate TGF-B1 gene and enhance fibrosis as a consequence of diminished generation of prostaglandins and related vasodilator and antifibrotic properties (Harris and Breyer, 2001; Rosenberger et al., 2003; Liu et al., 2010). Further, the improvement of the renal profile of CSA-treated rats after concomitant administration of dimethyl PGE₂ suggests an important role for COX-derived PG deficiency in CSA nephrotoxicity (Whiting *et al.*, 1987). The increased TGF-β1 promotes interstitial fibrosis by decreasing the degradation and increasing the production of extracellular matrix proteins (Wolf, 2006). Others also showed that the renal fibrotic response elicited by TGF-β1 is enhanced by lipid peroxidation in hyperlipidaemic rats (Dai et al., 2014). It is noteworthy, however, that contradictory data of positive and negative regulatory actions for TGF-B1 on COX-2 expression are available (Matsumura et al., 2009; Warner et al., 2011; Singh et al., 2012). Together, our data suggest that the lipid peroxidescoupled COX-2/TGF-B1 signalling might account for the exaggerated nephrotoxicity caused by the combined CSA/ Indo regimen.

Since endothelin ET_{A} receptors enhance vascular and mesangial cell proliferation, renal fibrosis and extracellular





Immunohistochemical COX-2 expression in renal cortical glomeruli and medullary tubules of Sprague-Dawley rats treated for 10 days with CSA (20 mg·kg⁻¹·day⁻¹), Indo (5 mg·kg⁻¹·day⁻¹) or their combination. The effect of endothelin ET_A receptor blockade by atrasentan (5 mg·kg⁻¹·day⁻¹) with the CSA – Indo combination on COX-2 expression is also shown. Values are means \pm SEM of six observations. **P* < 0.05 versus vehicle; ^{\$}*P* < 0.05 versus CSA/Indo-5. Representative images of immunostained tissues are also shown (400×, A: vehicle; B: CSA; C: Indo; D: CSA + Indo, E: atrasentan + CSA + Indo).

matrix production (Leask, 2009; Neuhofer and Pittrow, 2009), we asked if these receptors mediate the renal CSA-Indo interaction. Pharmacological data showed that selective blockade of ET_A receptors by atrasentan alleviated most of nephrotoxic manifestations caused by CSA/Indo administration, including biochemical and structural indices of renal dysfunction, lipid peroxidation and reciprocal changes in COX-2 (decreases) and TGF-β1 levels (increases). Conceivably, these findings favour a pivotal role for the ET_A receptor as an upstream effector whose activation would trigger a cascade of molecular and cellular changes that incite the CSA/Indoevoked renal abnormalities. In a similar paradigm, selective ET_A receptor antagonism has been shown to protect against diabetic glomerulopathy by reducing mRNA levels of extracellular matrix components and growth factors including TGF-β1 (Nakamura *et al.*, 1995).

The presumption that ET_A receptors positively correlate with the exaggerated nephrotoxicity in CSA/Indo-treated rats might be challenged by the observation that the immunohistochemical signal of ET_A receptors was significantly reduced in glomerular and tubular tissues of these rats. While these findings might apparently argue against a causal relationship between ET_A receptors and the deteriorated renal profile in this rat model, it is possible that the reduced abundance of renal ET_A receptors might constitute an adaptive mechanism to counterbalance the expected rises in renovascular tone caused by concurrent increases in renal ET-1 and lipid peroxidation, on the one hand, and decreases in COX-2 expression and vasodilator prostaglandin production, on the other hand. The paradigm of a compensatory ET_A receptor downregulation in the face of elevated levels of vasoconstrictors and oxidative stress has been documented by others (Rajagopalan et al., 1997; Hink and Münzel, 2006). More importantly, we have recently shown that unlike its current effect in renal glomerular and tubular tissues, the combined CSA/Indo regimen significantly increased the renal arteriolar ET_A receptor expression (El-Mas et al., 2015). Although the reason for the contrasting, region-dependent effect of the CSA/Indo regimen on ET_A receptor density in vascular (increases, El-Mas et al., 2015) and non-vascular renal tissues (decreases, this study) is not clear, the contribution of arteriolar ET_A receptor up-regulation to the exaggerated nephrotoxicity in CSA/Indo-treated rats cannot be ruled out.

It is imperative to comment on the role of renal ET-1 in the developed nephrotoxicity. Examination of the individual and combined effects of CSA and Indo showed that changes in renal ET-1 (Figure 5) were not consistently related to ET_A receptor expression (Figure 7) or biochemical (Figure 1) or structural indices of nephrotoxicity (Figures 3 and 4). Specifically, smaller rises in renal ET-1 were demonstrated in CSA/ Indo-treated rats compared with rats receiving CSA alone. These findings do not favour a role for renal ET-1 as such in



the aggravated nephrotoxicity in CSA/Indo-treated rats and might infer a more prominent role for ET_A receptors or downstream inflammatory and oxidative pathways in the evoked nephrotoxicity. With that in mind, a potential contribution of ET-1 in this context cannot be overlooked. Indeed, evidence suggests that even with low concentrations of ET-1, which produce either no or minimal vasoconstriction on their own, substantial increases in responses to other vaso-constrictor agents might occur (Henrion and Laher, 1993; Millette *et al.*, 2003).

In summary, the current functional and histopathological data provide the first experimental evidence that implicate the enhanced renal oxidative damage due to excessive generation of lipid peroxides in the worsened renal profile in rats co-treated with CSA and Indo. The detrimental renal effect of lipid peroxidation seems to be exacerbated by the concomitant directional opposite changes in ET-1/TGF-β1 signalling (facilitation) and COX-2 expression (suppression). Despite the reduced ET_A receptor expression in kidneys of CSA/Indotreated rats, pharmacological antagonist studies showed that the residual ET_A receptor sites remain conducive to the developed nephrotoxicity and predisposing cellular mechanisms. Clinically, the study emphasizes the additive nephrotoxic consequences of the CSA/Indo regimen and highlights a potential renoprotective effect for selective ET_A receptor antagonism against renal dysfunction caused by this particular regimen or probably by other similar insults.

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Author contributions

M. W. H. was responsible for the experimental design, data analysis and presentation, and manuscript preparation. H. M. E.-G. was responsible for the experimental design, data analysis and presentation, and manuscript preparation. R. M. A. performed the experiments and data analysis. M. M. E.-M. was responsible for research idea, experimental design, data analysis and presentation, manuscript preparation, and work overseeing.

Conflict of interest

There is no conflict of interest to declare.

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