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MAPPING THE PROGRESSION OF ATROPHY IN EARLY AND LATE ONSET ALZHEIMER'S DISEASE

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Abstract

The term early age-of-onset Alzheimer's disease (EOAD) identifies patients who meet criteria for AD, but show onset of symptoms before the age of 65. We map progression of gray matter (GM) atrophy in EOAD patients compared to late onset AD (LOAD). T1-weighted MRI scans were obtained at diagnosis and one-year follow-up from 15 EOAD, 10 LOAD, and 38 age-matched controls. Voxel-based and tensor-based morphometry were used, respectively, to assess the baseline and progression of atrophy. At baseline, EOAD patients already showed a widespread atrophy in temporal, parietal, occipital and frontal cortices. After one year, EOAD had atrophy progression in medial temporal and medial parietal cortices. At baseline, LOAD patients showed atrophy in the medial temporal regions only, and, after one year, an extensive pattern of atrophy progression in the same neocortical cortices of EOAD. Although atrophy mainly involved different lateral neocortical or medial temporal hubs at baseline, it eventually progressed along the same brain default-network regions in both groups. The cortical region showing a significant progression in both groups was the medial precuneus/posterior cingulate.

Keywords

Voxel Based Morphometry; Tensor Based Morphometry; atrophy progression; Alzheimer's disease; age of onset; default mode network

1. INTRODUCTION

Alzheimer's disease (AD) is not a unitary syndrome. Patients with early onset (<65 years, EOAD) and late onset (>65 years, LOAD) have different cognitive [1–5], and neuroimaging

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profiles [6–10]. More recently, *in vivo* salient differences in anatomo-functional network involved in EO and LOAD have been detected [11, 12].

Clinically, episodic memory impairment is the central symptom in LOAD, even in the early, prodromal “mild cognitive impairment” (MCI) phase. As the disease progresses, and with the appearance of other cognitive deficits, memory impairment remains the central core of LOAD dementia. Conversely, EOAD patients present early with a multidomain cognitive impairment, performing poorly in visuo-spatial, language, executive, and attention tasks [13–15]. Focal, atypical presentations of EOAD comprise logopenic primary progressive aphasia and posterior cortical atrophy [16, 17]. Episodic memory deficits are frequently present in EOAD, but they are not predominant nor isolated, and can be difficult to be evaluated because of concomitant language and visuo-spatial difficulties [18].

Accordingly with its clinical profile, EOAD has been associated with a posterior pattern of cortical atrophy, centered on the parietal and lateral temporal lobes, with relatively less involvement of the medial temporal structures [8, 17], while the amnesic syndrome of typical LOAD has been associated with hippocampal atrophy.

In general, cognitive longitudinal studies have demonstrated more rapid decline in EOAD than LOAD [2, 19]. One of the first studies assessing the cognitive differences (using the Mini Mental State Examination, MMSE [20]) between EO- and LOAD showed greater decline in executive domains (attentional items of MMSE) in EOAD patients over a 2-year follow-up period [21].

Greater efforts have been devoted to the study of the anatomical progression of typical LOAD. In the early nineties, Braak and Braak conducted the first pathological studies to identify the trajectory of neurodegeneration in AD [22, 23]. In the last decades, imaging studies have investigated *in vivo* the progression of atrophy in LOAD, showing a spreading of the pathology through a widespread pattern including medial and lateral temporal, frontal, and parietal lobes bilaterally, with maximal differences found in the left medial temporal regions [24] (see for a review [25]). To our knowledge, only one study has assessed atrophy progression in EO relative to LOAD so far showing more rapid decline and more rapid cortical thinning in widespread association cortices in EOAD group [26]. Some studies, conducted between 80s and 90s, already demonstrated that heterogeneous nonmemory language and visuospatial impairments in early AD were related to and predicted by the earlier-appearing distribution of metabolic reductions in the association neocortex [27, 28].

Within this framework, we used tensor based morphometry (TBM) to map *in vivo* progression of regional gray matter (GM) atrophy in EOAD. We investigated the GM loss at the time of diagnosis and whether GM contraction during the follow-up period of one year. The pattern of atrophy progression of EOAD patients was compared with that of a group of LOAD cases.

2. METHODS

2.1 Subjects

We searched the University of California, San Francisco Memory and Aging Center (UCSF MAC) database for all patients with a diagnosis of probable AD [29].

Clinical diagnosis was based on a multi-disciplinary evaluation including a history and neurological examination by a neurologist, caregiver interview by a nurse, and a neuropsychological test battery. From this group, we selected patients with two structural MRIs one-year apart (at presentation and one-year follow-up) and clinical and cognitive evaluation at the same time of scan acquisitions. Fifteen EOAD patients (<65 years at disease onset) were included in the study. Ten LOAD (>65 years at onset) with similar symptom duration and global cognitive performance (MMSE) were included. No patients had family history suggestive of autosomal dominant disease or psychiatric illness. Table 1 shows main demographic and clinical features of the two groups of patients studied.

Age at onset and symptom duration were determined based on an interview with caregivers who lived with the patient or regularly saw the patient. We obtained the initial symptoms of cognitive decline, and the disease onset was defined as the first cognitive symptom reported. All the patients had memory deficits as first complaint. Also, we excluded patients with atypical variant of AD (posterior cortical atrophy, logopenic variant of primary progressive aphasia, or frontal-variant AD).

Thirty-eight healthy subjects matched separately to each group for age and sex, with no history of neurological or psychiatric disorders, were used as controls (Table 1). The study was approved by the UCSF committee on human research. All subjects or their caregivers provided written informed consent before participating.

2.2 Cognitive testing

EO-AD patients underwent a comparable neuropsychological screening battery testing at study entry and follow-up visit. The neuropsychological measures included in our bedside screening protocol have been described previously [30]. Briefly, general intellectual functioning was assessed using the MMSE [20]. The California Verbal Learning Test – Short Form (CVLT-SF) [31, 32] was used to evaluate verbal episodic memory; visual-nonverbal episodic memory was measured using the 10-minute free recall of the Benson Figure [33]. Language assessment included an abbreviated (15-item) Boston Naming Test (BNT) [34], and semantic fluency (animals in 1 minute). Tests of executive functioning included phonemic fluency (D-words in 1 minute), and backwards digit span. Copy of the Benson Figure was used to assess visuospatial functioning.

The same detailed cognitive evaluation was obtained in LOAD patients at study entry (supplementary table 1). The MMSE was used to assess cognitive status in LOAD, longitudinally.

2.3 Image acquisition

Baseline and follow-up MRI scans were obtained on a 1.5 Tesla Magnetom VISION system (Siemens, Iselin, NJ). Structural MRI sequences included the following: (1) double spin echo sequence (repetition time [TR]=5000 ms, echo time [TE]=20/80 ms, 51 contiguous axial slices, thickness=3 mm, $1.0 \times 1.25 \text{ mm}^2$ in-plane resolution); and (2) volumetric magnetization prepared rapid gradient echo (MP-RAGE) sequence (TR=10 ms, TE=4 ms, inversion time=300 ms, flip angle=15°, coronal orientation perpendicular to the double echo sequence, matrix size=256 × 192, voxel resolution=1.0 x 1.0 x 1.0 mm, slab thickness=1.5 mm).

2.4 Voxel-based morphometry analysis

VBM analysis [35, 36] includes two steps: spatial preprocessing (normalization, segmentation, Jacobian modulation, and smoothing) and statistical analysis. Both steps were implemented using the Statistical Parametric Mapping (SPM2) software package (Wellcome Department of Imaging Neuroscience, London; <http://www.fil.ion.ucl.ac.uk/spm>) running on Matlab 7.13 (Math-Works, Natick, MA). MRI images were preprocessed using an optimized method for the spatial normalization of GM [36]. *Ad hoc* template and *a priori* images were created by averaging both age- and sex-matched normal controls and patients' scans. This procedure involved spatial normalization of the original T1-weighted images to the Montreal Neurological Institute (MNI) stereotaxic space, segmentation into GM, WM, and cerebrospinal fluid (CSF), averaging of the images and smoothing with an 12-mm full-width half-maximum (FWHM) isotropic Gaussian kernel. An analysis of variance [ANOVA] model was performed, and age, gender, and total intracranial volume were entered into the design matrix as nuisance variables. Regionally specific differences in GM volumes were assessed using the general linear model and the significance of each effect was determined by using the theory of Gaussian fields. We created a study-specific template from all the scans of all the subjects, and then specific contrasts were performed comparing GM volumes in each AD group *vs.* the subset of age matched controls (EO or LOAD groups *vs.* younger or older age-matched controls). Moreover, an interaction analysis was applied in order to evaluate the differences in the pattern of atrophy at baseline between EO and LOAD patients (e.g., set contrast EOAD>LOAD: EOAD, LOAD, young controls, old controls, -1 1 1 -1). A conjunction analysis was performed to assess the common areas of atrophy across the AD groups, at baseline. A significance threshold of $p < 0.05$ corrected for multiple comparisons (Family Wise Error [FWE]) was accepted. Results were also tested at $p < 0.001$ uncorrected for multiple comparisons.

2.5 Tensor-based morphometry analysis

TBM, as implemented in SPM2, was used to map progression of regional GM atrophy over time in EO and LOAD patients. Details regarding TBM image pre-processing are described in previous studies [37–40]. We applied a bias correction to the follow-up T1-weighted scan, previously coregistered with the baseline image, to make it comparable to the early one. A high-dimensional deformation field was then used to warp the corrected late image to match the early one within subject. The amount of volume change was quantified by taking the determinant of the gradient of deformation at a single-voxel level (Jacobian determinants).

The following formula was applied to the segmented GM image obtained from the first scan and the Jacobian determinant map: $(\text{Jacobian value} - 1) \times \text{GM}$. The resulting product image represented a measure of the GM specific volume change between the first and the second scan. Study-specific template and *a priori* images were created by averaging each subject's early and late normalized images. The normalization parameters were estimated by matching the customized GM template with the segmented GM image from the first scan, and then applied to the product image. Normalized images were smoothed using a 12 mm isotropic Gaussian kernel. Smoothed images were multiplied by an inclusive binary mask identifying only GM tissue. Normalized, smoothed maps of GM loss over time for each subject were entered into the statistical analysis. Using SPM, an ANOVA model was performed, and gender, age, follow-up duration, and total intracranial volume were entered into the statistical model as confounding variables. Specific contrasts were performed comparing GM contraction in all AD patients *vs.* controls, and in EO and LOAD groups *vs.* age-matched controls. Interaction and conjunction analyses were also performed in order to evaluate differences and commonalities of GM atrophy progression across the groups (for details see VBM section). Finally, maps of the average percentage GM tissue loss in EOAD and LOAD patients *vs.* controls were created. A significance threshold of $p < 0.05$ corrected for multiple comparisons (FWE) was accepted. Results were also tested at $p < 0.001$ uncorrected for multiple comparisons.

3. RESULTS

3.1 Cognitive results

MMSE mean scores at baseline were 22.3 (SD=4.0) in the EOAD group and 22.9 (SD =6.9) in the LOAD group (table 1). Symptom duration was also similar in EO (mean = 2.1 years) and LOAD (1.7 years) ($p = .13$). At both baseline and follow up visits, EOAD patients showed abnormal neuropsychological test scores for all cognitive domains compared with healthy controls (table 2). After one year of follow up, EOAD patients showed significant decline on the MMSE with an average loss of 4.5 points (table 2). EOAD also showed significant decline on animal fluency, and calculation compared with baseline ($p < .01$ after Bonferroni correction) (table 2). The MMSE was administered to 7 of the 10 LOAD patients after 1 year and it was not significantly different compared with baseline score ($p = .32$; average loss of 3.5 points).

3.2 Neuroimaging results

Tables 3 and 4 and figures 1–4 summarize cross-sectional and longitudinal MRI results.

3.2.1 Cross-sectional neuroimaging analysis at baseline: voxel-based morphometry

EOAD vs. younger controls: In EOAD patients at presentation, extensive GM volume loss was observed within bilateral temporal and parietal lobes ($p < 0.05$, FWE) (figure 1 and table 3). GM atrophy was mainly found in the angular gyrus and middle temporal gyrus. GM loss extended posteriorly to occipital lobes, and anteriorly to bilateral frontal dorsal regions, including precentral and inferior frontal gyri (figure 1). Using a less stringent statistical threshold ($p < 0.001$ uncorrected), EOAD patients also showed GM atrophy in bilateral

anterior and posterior hippocampus, precuneus, posterior cingulate gyrus and anterior insula (table 3).

LOAD vs. older controls: In LOAD patients at presentation, GM volume loss was observed in left hippocampus compared to older controls ($p < 0.001$ uncorrected) (figure 2 and table 3).

Specific patterns of atrophy: At baseline, GM loss specific of EOAD included the lateral inferior and superior parietal regions, and occipital lobes bilaterally, as well as left posterior temporal and left fusiform areas. No specific areas of atrophy were found for LOAD ($p < 0.001$ uncorrected) (figure 3).

Common pattern of atrophy in EOAD and LOAD: The left hippocampus was the region of common GM loss in EO and LOAD at baseline ($p < 0.001$ uncorrected) (figure 3).

3.2.2 Longitudinal neuroimaging analysis: tensor-based morphometry

EOAD vs. younger controls: Over one year, EOAD patients showed GM contraction compared to younger controls in a large medial area including left precuneus and posterior cingulate ($p < 0.001$ uncorrected). GM contraction was also found within the temporal lobes in left hippocampus, amygdala, and posterior middle temporal and right inferior temporal gyri, and within the frontal lobes, in superior medial frontal gyrus and supplementary motor area ($p < 0.001$ uncorrected) (figure 1 and table 4). The greatest GM loss occurred in the medial parietal areas (5%).

LOAD vs. older controls: Over one year, LOAD patients showed GM contraction compared to older controls mainly in temporal and parietal lobes. Within the temporal lobes, GM contraction was observed in right parahippocampus, hippocampus tail, posterior middle and inferior temporal gyrus, and fusiform gyri ($p < 0.001$ uncorrected), as well as in left anterior middle temporal ($p < 0.05$ FWE). Within the parietal lobes LOAD showed GM atrophy progression in the left precuneus and posterior cingulate, and inferior parietal lobule. Smaller regions of GM contraction were also found in left medial orbito-frontal, inferior frontal, and middle occipital gyri, and right rectus gyrus ($p < 0.001$ uncorrected) (figure 2 and table 4). The percentage of tissue loss was of 14.5%, higher than EOAD group.

Specific patterns of atrophy progression: Comparing the pattern of atrophy progression between EO and LOAD groups each other, we found that EOAD patients accumulated greater atrophy in lateral and medial frontal areas, cingulate gyrus, lateral temporal regions as well as in peri-central regions, such the post-central gyrus, and the supplementary motor areas relative to LOAD patients (figure 4). LOAD patients showed greater atrophy in ventral frontal and temporal regions, included parahippocampal and fusiform gyri, but also in lateral frontal and temporal, and occipital regions ($p < 0.001$ uncorrected) (figure 3).

Common pattern of atrophy progression in EOAD and LOAD: The conjunction analyses showed a common area of atrophy progression in the two AD groups relative to controls in precuneus (MNI coordinates $-4, -60, 18$; T value 4.34) and posterior cingulate ($-2, -40, 32$; T value 3.81) ($p < 0.001$ uncorrected) (figure 4).

4. DISCUSSION

In this study we aimed at tracking the progression of structural MRI changes in the first year of disease in EOAD patients compared with LOAD. We found that EOAD were much more atrophic than LOAD at first anatomical evaluation, and that the atrophy progression over one year was less severe in EOAD (maximum 5.9%) compared with LOAD. LOAD patients showed widespread atrophy progression with a maximum percentage of GM loss of 14.5%. We also found that atrophy in both groups, although mainly involving different lateral neocortical or medial temporal hubs at baseline, eventually progressed along the same brain default-network regions. The cortical region that showed a significant progression in both groups was the medial precuneus/posterior cingulate. We will discuss our results taking into account the current knowledge on lesion burden and atrophy progression, as well as the theory of network vulnerability, in AD according to age at onset.

To date, only one study has explored atrophy progression in EOAD relative to LOAD patients [26]. Cho and collaborators analyzed cognitive and anatomical progression, after three years of follow up, in the two AD populations, and concluded that EOAD group showed more rapid decline in attention, language, and frontal-executive, along with greater cortical thickness reduction in widespread association cortices, compared with LOAD cases. Their findings are in agreement with the cognitive reserve theory suggesting that patients who develop AD at a younger age have greater cognitive/brain reserve than older patients and thus require more extensive atrophy relative to the severity of cognitive impairment [41–43]. Our results provide further evidence in favor of this differential cognitive reserve.

In line with this consideration, pathological studies have shown that EOAD patients had greater pathologic burden [44], higher neurofibrillary tangles density [45] and greater synapses loss [46] than LOAD, at autopsy. A recent study, comparing metabolic dysfunction and amyloid burden in EO and LOAD patients, has shown a greater hypometabolism and pathological burden in the parietal lobe of very young AD patients (median: 56 years) [47].

In the present study, EO and LOAD patients initially show differential patterns of atrophy, but, as disease progresses, gray matter volume changes occur in regions that are, in both cases, part of the so-called default mode network. This network has been identified using resting state functional MRI (fMRI) [48, 49]. Resting state functional connectivity changes within the default mode network have been observed all across the spectrum from healthy aging [50], to mild cognitive impairment [51, 52] to AD [53–55]. This network encompasses several cortical regions, including the posterior cingulate cortex/precuneus, lateral temporal and parietal cortex, as well as the hippocampus and medial frontal cortex. Recently, Damoiseaux and collaborators [56] conducted a longitudinal study to assess connectivity changes in the default mode network over time in a group of AD patients with a mean of age of 64.2 (SD= 8.7). They have shown that, earlier in the disease, regions of the posterior default mode network started to disengage, whereas regions within the anterior and ventral networks enhanced their connectivity [56]. However, as the disease progresses, the authors found a global deterioration of connectivity, including all default mode network regions [56]. The functional changes seemed to follow a posterior-to-anterior axis. The patterns of structural damage we observed in EOAD at study entry and after one year closely involve

these regions, quite mirroring the functional changes. In agreement with functional data [56], we found atrophy progression mainly in temporal and frontal regions included in default mode network.

The precuneus and posterior cingulate cortex were the areas that showed clear progression in both EO and LOAD. Neuroimaging cross-sectional studies have shown that the precuneus and posterior cingulate cortex are among the most severely involved regions in AD patients, especially EOAD [17, 57, 58]. Resting state fMRI studies have shown that medial parietal signal changes occur in the early stages of disease in AD [55]. In addition, Rabinovici *et al.* [58] have found the precuneus as one of the most metabolically vulnerable regions in EOAD patients. The precuneus/posterior cingulate is a key node in the default mode network and shows increased activity during the ‘rest’ condition in many fMRI activation studies [59]. In AD, the posterior cingulate has an abnormal metabolism in turn associated with amyloid deposition and brain atrophy [60]. One possible explanation is that a high metabolic activity in brain network hubs, such as the posterior cingulate, predisposes to the neuropathological cascade that leads to AD [61]. The involvement of medial parietal areas is considered an element of peculiarity of EOAD, distinguishing from other early non-AD neurodegenerative diseases, for example semantic dementia [62], or cortico-basal degeneration [63]. The results of the present study emphasize the role of the medial parietal regions in particular during the progression of the disease in both EO and LOAD.

Recent studies suggested that the damage of the white matter pathways is greater in EO than in LOAD patients. We demonstrated that white matter atrophy in EOAD (and its focal variants) is mainly centered on the posterior and medial parietal areas, including the connections of posterior cingulate region [64]. Using a less stringent statistical threshold, we found a similar but less severe result in the LOAD [64]. A recent diffusion tensor MRI study showed that, compared with LOAD, EOAD patients had a more severe and distributed pattern of white matter tract damage, in particular in the posterior fibers of cingulum and corpus callosum [65]. These data provide the anatomical substrate for the spread of misfolded protein aggregates over time in AD. In typical LOAD patients, the clinical progression will follow the cortical connectivity structure, in a Braak and Braak-like sequence [22] such as “1-temporal medial, 2-parietal, 3-frontal medial, 4-occipital secondary, 5-occipital primary” (for details see [66]). Most likely, EOAD patients develop stages 1 and 2 very rapidly or even at the same time, as shown by the greater white matter atrophy observed [64, 67]. This could explain why EOAD patients are already very impaired at first clinical and cognitive evaluation. An alternative explanation is that younger patients have a completely different distribution of neurofibrillary tangles. Recent anatomopathological studies suggest that in 11% of AD patients the hippocampi were spared from neurofibrillary pathology, and the mean age of those patients at disease onset was 63 (+/-10) years [68].

The main limitations of the present study are the relatively small number of patients included and the lack of an extensive neuropsychological evaluation for LOAD patients at follow up. In particular, the low number of LOAD studied is due to the recruitment of “Memory and Aging center”, which is mostly dedicated to younger and rare dementia patients. However, since many previous studies have investigated clinical and cognitive

progression in LOAD, we do not consider this as a major shortcoming. Present findings on medial temporal lobe atrophy in LOAD are in agreement with previous MRI studies [5, 7, 8, 10, 26, 57, 69, 70] and recent updated pathologic evidence [71], which have highlighted the anatomical differences between EOAD and LOAD. Previous and present MRI findings support the view that medial temporal damage is a key structural substrate in LOAD.

Further longitudinal studies, coupling structural and functional neuroimaging explorations in a larger population of EO and LOAD will provide additional knowledge on the way AD pathology not only begins but also progresses.

In conclusion, the present study demonstrated that despite the baseline differences, EO and LOAD patients seemed to converge to a similar pattern of atrophy matching the brain areas that are included in the so-called default mode network.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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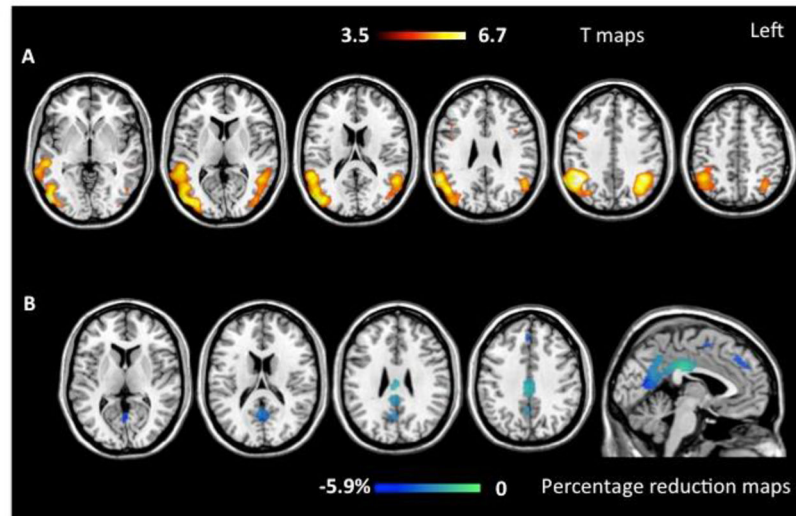


Figure 1.

The figure shows grey matter (GM) atrophy at baseline (on the top; $p < 0.05$ FWE) and atrophy progression after one year (at the bottom) in early onset (EOAD) Alzheimer's disease patients compared with matched healthy controls. Results are displayed on the Montreal Neurological Institute (MNI) template available on MRICron software (<http://www.mccauslandcenter.sc.edu/mricro/mricron/>). Color bars denote T values (on the top) and percentage of GM reduction during follow up (at the bottom).

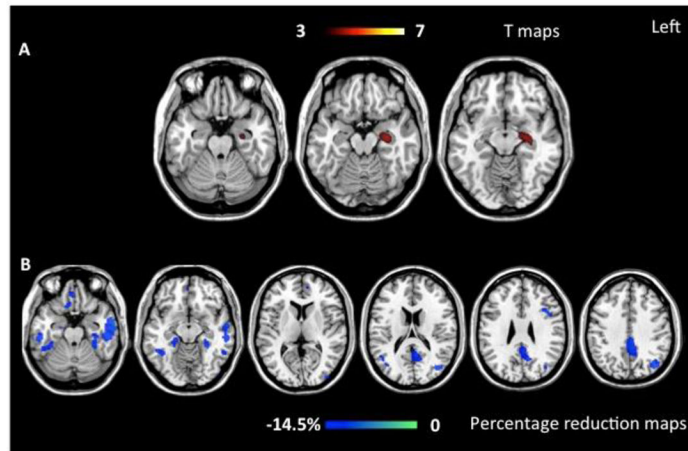


Figure 2.

The figure shows grey matter (WM) atrophy at baseline (on the top; $p < 0.001$ uncorrected) and atrophy progression after one year (at the bottom) in late onset (LOAD) Alzheimer's disease patients compared with matched healthy controls. Results are displayed on the Montreal Neurological Institute (MNI) template available on MRICron software (<http://www.mccauslandcenter.sc.edu/mricro/mricron/>). Color bars denote T values (on the top) and percentage of GM reduction during follow up (at the bottom).

**Specific and common areas of atrophy for EOAD and LOAD
baseline**

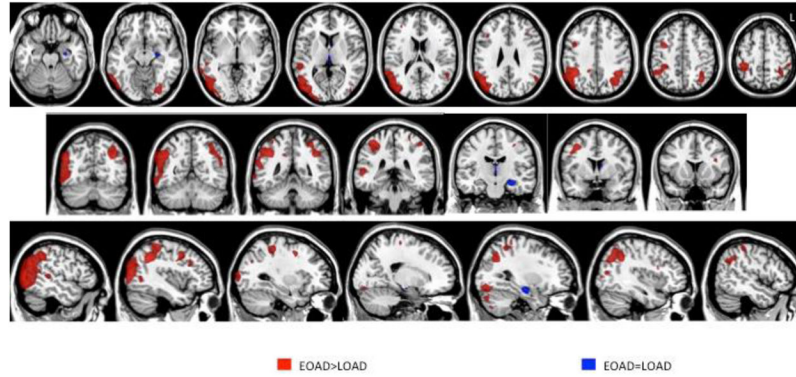


Figure 3.

Common and specific patterns of atrophy at baseline in EO and LOAD patients. Common area (blue) is centered on left hippocampus (conjunction analysis). More severe atrophy in EOAD (red) vs. LOAD were found in the lateral inferior and superior parietal regions, and occipital lobes bilaterally, as well as left posterior temporal and left fusiform areas. No specific areas of atrophy were found for LOAD.

**Specific and common areas of atrophy progression for EOAD and LOAD
Over 1 year**

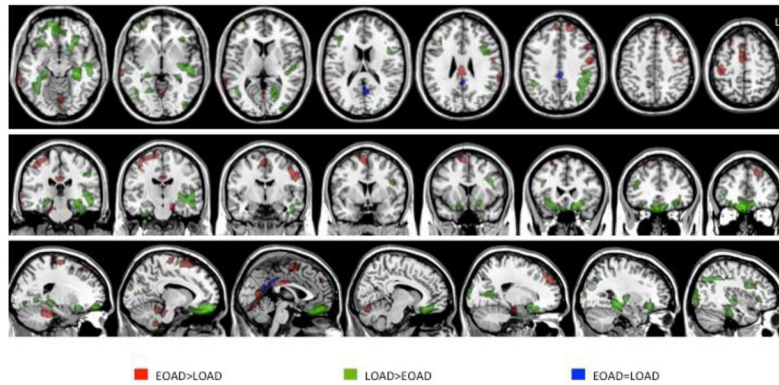


Figure 4.

Common and specific patterns of atrophy progression in EO and LOAD patients. Common area (blue) is centered on precuneus and posterior cingulum (conjunction analysis). More severe atrophy progression in EOAD (red) vs. LOAD were found in lateral and medial frontal areas, cingulate gyrus, lateral temporal regions as well as in peri-central regions, such the post-central gyrus, and the supplementary motor areas. LOAD patients (green) showed a greater atrophy progression in ventral frontal and temporal regions, included parahippocampal and fusiform gyri, as well as in lateral frontal and temporal, and occipital regions.

Table 1

Mean demographic and clinical characteristics of EO and LOAD patients and of groups of normal controls.

	EOAD	LOAD	Young controls	Old controls
Number of subjects	15	10	17	21
Men/Women	11/4	5/5	6/11*	8/13
Mean age (SD) [years]	56 (5)	76 (4)	60 (4)	74 (2.5)
Education (SD) [years]	15.9 (2.9)	15.8 (2.9)	17.2 (2.4)	16.7 (2.8)
Symptom duration (SD) [years between symptom onset and time 1st scan]	2.1 (0.7)	1.7 (0.5)	-	-
Months between MRI scans (SD) [months]	14 (3)	15 (4)	13 (4)	13 (3.5)
MMSE at baseline	22.3 (4.0)	22.9 (6.9)	29.8 (0.4)	29.7 (0.4)
MMSE at follow up	17.8 (5.6)**	19.4 (6.6)	29.4 (0.8)	29.3 (0.8)

* EOAD vs. young controls; $p=0.03$

** baseline vs. follow up MMSE in EOAD; $p<.01$

Abbreviations: EOAD=early onset Alzheimer Disease, LOAD=late onset Alzheimer Disease, MMSE= mini-mental state examination; SD= standard deviation.

Table 2

EOAD and controls cognitive progression.

Group	Controls		EOAD	
	T1	T2	T1	T2
Mini-Mental State Examination score (0–30)	29.8 (0.4)	29.4 (0.8)	22.3 (4.0)	17.8 (5.6)*
Memory				
CVLT-SF 4 trials			5.2 (1.4)	3.9 (1.7)
CVLT-SF LDFR			1.8 (1.8)	1.1 (1.4)
Modified Rey 10-minute recall (0–17)	12.6 (2.7)	13.1 (2.5)	2.2 (2.3)	1.6 (2.5)
Visuospatial function				
Modified Rey copy (0–17)	16.1 (1.1)	15.9 (1.0)	9.5 (4.8)	6.1 (4.5)
Language				
Boston Naming Test (0–15)	14.7 (0.6)	14.6 (0.6)	12.4 (3.1)	11.3 (3.6)
Animal Fluency (1 min)	24.1 (5.4)	24.6 (5.9)	10.4 (4.0)	7.1 (2.6)*
Executive Function				
Backwards Digit Span	5.9 (1.2)	5.7 (1.2)	3.3 (0.6)	2.8 (1.1)
D-word generation (1 min)	17.0 (5.2)	17.4 (4.7)	11.1 (5.4)	7.2 (4.7)
Calculations				
Calculation Screen (0–5)	4.7 (0.5)	4.8 (0.5)	3.0 (1.2)	1.9 (1.2)*

For each test mean and standard deviation are reported.

Significant EOAD patients vs. healthy controls differences were found for all tests both at T1 and T2 (after Bonferroni correction).

* $p < .01$: T1 vs. T2 in EOAD patients (after Bonferroni correction).

Abbreviations: CVLT-SF LDFR= California verbal learning test-short form long delay free recall; EO-AD= early age of onset Alzheimer's disease.

Table 3

VBM results: regions showing gray matter (GM) loss in all AD patients vs. controls, and in EOAD and LOAD vs. age-matched controls.

Anatomical region	SPM coordinates			All vs. controls		EOAD vs. age-matched controls		LOAD vs. age-matched controls	
	X	Y	Z	T value	T value	T value	T value		
L anterior hippocampus	-29	-14	-16	5.92*	4.07° (-32,-16,-18)	4.15° (-30,-14,-15)	-		
R anterior hippocampus	27	-15	-17	5.25*	4.49° (28,-17,-19)	-	-		
L hippocampus tail	-32	-36	-4	5.00°	3.94° (-32,-36,-4)	-	-		
R hippocampus tail	26	-31	-8	3.73°	3.82° (26,-31,-8)	-	-		
L angular gyrus	-41	-54	36	5.65*	6.71* (-40,-52,37)	-	-		
R angular gyrus	46	-55	42	5.82*	7.20* (44,-53,40)	-	-		
R precuneus	20	-58	20	3.50°	3.5° (16,-60,17)	-	-		
L precuneus	-14	-68	18	3.73°	4.28° (-15,-69,18)	-	-		
R PCC	6	-37	29	5.47*	3.48° (6,-37,29)	-	-		
L PCC	-1	-44	27	5.29*	3.42° (-1,-44,27)	-	-		
L posterior middle temporal gyrus	-47	-56	5	5.63*	5.72* (-49,-53,7)	-	-		
R posterior middle temporal gyrus	57	-47	14	5.47*	6.28* (48,-63,1)	-	-		
R middle temporal gyrus	54	-29	-4	5.04*	6.25* (55,-35,5)	-	-		
L middle occipital	-32	-86	5	5.04*	5.49* (-36,-86,4)	-	-		
R middle occipital	35	-84	7	5.32*	6.14* (47,-80,14)	-	-		
L precentral gyrus	-27	-11	47	4.03°	4.78° (-30,-12,48)	-	-		
R precentral gyrus	42 31	-2 -13	30 49	4.99° 4.14°	5.82* (45,-1,32) 4.48°	-	-		
L IFG	-37	9	26	4.52°	5.13* (-38,11,25)	-	-		
R IFG	45	14	30	4.28°	4.97* (43,18,29)	-	-		
L anterior insula	-34	-3	13	3.49°	3.28° (-36,12,16)	-	-		
R anterior insula	39	6	11	3.42°	3.68° (39,18,11)	-	-		

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* $p < 0.05$ (FWE),

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p < 0.001 uncorrected.

Abbreviations: EO-AD= early onset Alzheimer Disease, IFG= inferior frontal gyrus, LO-AD= late onset Alzheimer Disease, SPM= Statistical Parametric Mapping, PCC= posterior cingulate cortex.

Table 4

TBM results: regions showing gray matter (GM) loss progression in all AD patients vs. controls, and in EOAD and LOAD vs. age-matched controls.

Anatomical region	SPM coordinates			All vs. controls		EOAD vs. age-matched controls		LOAD vs. age-matched controls	
	X	Y	Z	T value	T value	T value	T value		
L anterior hippocampus/parahippocampal gyrus	-14	2	-20	4.86°	4.21° (-14,-16,-20)	-	-		
R parahippocampus	20	-14	-28	5.39*	-	-	4.84°		
R hippocampus tail	16	-36	6	3.59°	-	-	4.26° (20,-32,8)		
L amygdala	-34	2	-22	4.49°	3.57° (-32,2,-20)	-	-		
L precuneus	-2	-60	18	6.29*	4.74° (0,-62,18)	4.49° (-6,-60,20)	-		
L PCC	-2	-40	34	5.61*	3.89° (2,-42,30)	4.35° (-4,-42,34)	-		
L inferior parietal lobule	-54	-48	46	3.95°	-	3.51° (-54,-34,42)	-		
L posterior middle temporal gyrus	-64	-30	-10	4.47°	3.69° (-68,-40,0)	-	-		
R posterior middle temporal gyrus	48	-58	20	-	-	3.49°	-		
L anterior middle temporal gyrus	-58	-10	-20	5.46*	-	5.29* (-56,-12,-20)	-		
R inferior temporal gyrus	-56	-26	-22	4.60°	3.86° (68,-34,-22)	4.05° (50,-24,-30)	-		
L fusiform gyrus	-38	-12	-32	3.97°	-	3.99° (-36,-14,-32)	-		
L middle occipital	-38	-76	20	3.25°	-	3.90° (-38,-70,36)	-		
R rectus gyrus	8	24	-22	-	-	3.44°	-		
L superior medial frontal gyrus	2	36	40	4.64°	3.69°	-	-		
R SMA	2	4	58	-	3.34°	-	-		
L medial orbito-frontal gyrus	-2	52	-2	4.67°	-	3.73° (0,50,-6)	-		
L IFG	-36	16	26	-	-	3.60°	-		

* p <0.05 (FWE),

° p <0.001 uncorrected.

Abbreviations: EOAD= early onset Alzheimer Disease, IFG= inferior frontal gyrus, LOAD= late onset Alzheimer Disease, PCC= posterior cingulate cortex, SMA= supplementary motor area, SPM= Statistical Parametric Mapping.