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# **Imaging Chronic Tuberculous Lesions Using Sodium [ <sup>18</sup>F]Fluoride Positron Emission Tomography in Mice**

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# **Abstract**

**Purpose—**Calcification is a hallmark of chronic tuberculosis (TB) in humans, often noted years to decades (after the initial infection) on chest radiography, but not visualized well with traditional positron emission tomography (PET). We hypothesized that sodium [<sup>18</sup>F]fluoride (Na<sup>[18</sup>F]F) PET could be used to detect microcalcifications in a chronically *Mycobacterium tuberculosis*-infected murine model.

**Procedures—**C3HeB/FeJ mice, which develop necrotic and hypoxic TB lesions, were aerosolinfected with *M. tuberculosis* and imaged with Na<sup>[18</sup>F]F PET.

**Results—**Pulmonary TB lesions from chronically infected mice demonstrated significantly higher Na<sup>[18</sup>F]F uptake compared with acutely infected or uninfected animals (*P*<0.01), while no differences were noted in the blood or bone compartments (*P*>0.08). *Ex vivo* biodistribution studies confirmed the imaging findings, and tissue histology demonstrated microcalcifications in TB lesions from chronically infected mice, which has not been demonstrated previously in a murine model.

**Conclusion—Na<sup>[18</sup>F**]F PET can be used for the detection of chronic TB lesions and could prove to be a useful noninvasive biomarker for TB studies.

# **Keywords**

Tuberculosis; Chronic; Na[18F]F; Microcalcification; PET

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Electronic Supplementary Material: Below is the link to the electronic supplementary material.ESM 1(PDF 66 kb) ESM 2(MOV 639 kb) ESM 3(MOV 1118 kb)ESM 4 (MOV 625 kb)

M*ycobacterium tuberculosis* continues to rage globally and was responsible for an estimated 9 million new cases of active tuberculosis (TB) and 1.5 million deaths in 2013 [1]. It is estimated that one third of the world's population has latent TB infection. These individuals are asymptomatic and harbor dormant *M. tuberculosis*, which can reactivate and cause active TB decades after the initial infection.

TB in humans is characterized by a complex spectrum of disease with multiple pathologies including pneumonias, discrete granulomatous lesions with caseous necrosis and cavitation, as well as more quiescent chronic lesions with calcification [2, 3]. Positron emission tomography (PET) can add functional molecular information to traditional anatomic methods and has provided novel insights into TB pathology [4–6]. Since calcification is a hallmark of chronic TB that is difficult to visualize using traditional PET techniques [7], we assessed the ability of sodium  $[18F]$ fluoride (Na $[18F]$ F) PET to visualize microcalcifications in chronic TB lesions in the C3HeB/FeJ mouse model, which develops necrotic and hypoxic TB lesions [8, 9].

# **Materials and Methods**

All protocols were approved by the Johns Hopkins Biosafety, Radiation Safety, and Animal Care and Use Committees.

Four- to six-week-old female C3HeB/FeJ (Jackson Laboratory) mice were aerosol-infected with *M. tuberculosis* H37Rv using the Middlebrook Inhalation Exposure System (Glas-Col) with frozen titrated bacterial stocks. Mice were sacrificed to determine the pulmonary bacillary burden as colony-forming units (CFU) 1 day after infection and at each imaging time point (8 weeks postinfection for acute, and 28–36 weeks post-infection for the chronically infected, animals) as described previously [10, 11]. At least three mice were used for each group per time point.

A separate cohort of similarly infected (live) mice were imaged within sealed biocontainment devices using methods described previously [10, 12]. Each mouse was weighed, injected with 8.5 MBq of Na<sup>[18</sup>F]F (IBA Molecular) *via* the tail vein, and imaged 10 min post-injection using the Mosaic HP (Philips) small-animal PET with a 55-min dynamic acquisition protocol (11 5-min frames). A computed tomography (CT) scan was also performed subsequently using the NanoSPECT/CT (Bioscan) animal imager. Image analyses were performed as described previously [11, 13–15]. Briefly, PET images were reconstructed (3D-RAMLA) and coregistered with CT images using VivoQuant 1.23 (inviCRO). Using the CT images as a reference, spherical regions of interest (ROI 3 mm diameter) were drawn around pulmonary lesions, heart—left ventricle (blood), and thoracic vertebrae (bone) and applied to the PET images with correction for partial volume effect. Standardized uptake values (SUV) were computed using Amide version 1.0.4 [\(www.amide.sourceforge.net](http://www.amide.sourceforge.net)). After imaging, mice were sacrificed to collect tissues for direct gamma counting (biodistribution) and data is presented as percent injected dose per gram of tissue ( $\mathcal{W}(\mathbb{D}/g)$ ). At least three mice were used for each group and time point.

Hematoxylin & eosin (H&E) and acid-fast (AFB) stains were performed to visualize tissue histology and bacteria, respectively. Von Kossa and Alizarin Red stains were used to detect microcalcification in lung tissues [16, 17].

Statistical comparisons were performed using a two-tailed Student's *t* test (GraphPad Software, Inc.).

# **Results**

Pulmonary implantation 1 day post-infection was  $1.94 \pm 0.33 \log_{10}$  CFU. Mice were evaluated at 8 (acute) and 28–36 weeks (chronic) post-infection with corresponding pulmonary bacterial burdens of  $7.38\pm0.94$  and  $6.51\pm2.72$  log<sub>10</sub> CFU.

Na[18F]F PET/CT imaging of *M. tuberculosis*-infected (acute and chronic) and uninfected mice are shown in Fig. 1. While radio-densities demonstrating TB lesions were clearly visible in the lungs of infected mice (Fig. 1a, b),  $\text{Na}[^{18}F]FPET$  signal was only noted in the chronically infected mice and co-localized well with the TB lesions visualized on CT (Fig. 1a). As expected, there was a high Na<sup>[18</sup>F]F uptake in bone. Three-dimensional Na<sup>[18</sup>F]F PET/CT images of chronically infected, acutely infected, and uninfected mice are shown in supplementary movies 1–3 respectively.

Dynamic Na<sup>[18</sup>F]F PET imaging suggested a state of equilibrium from 40 to 60 min (Fig. 2) with significantly higher PET signal intensities in the pulmonary lesions of chronically infected mice compared with acutely infected or uninfected animals (Fig. 2a; *P*<0.01). However, there was no difference amongst chronically infected, acutely infected, and uninfected mice in the blood (Fig. 2b; *P*>0.21) or bone (Fig. 2c; *P*>0.08) compartments. *Ex vivo* biodistribution studies confirmed the imaging results (Fig. 3).

We next investigated the presence of calcium in postmortem pulmonary tissues of chronic and acutely infected mice as well as uninfected controls (Fig. 4). As expected, well-defined necrotic granulomatous lesions were noted on H&E staining in the *M. tuberculosis*-infected (acute and chronic) tissues (Fig. 4a). Von Kossa staining for calcium phosphate demonstrated black deposits only in the chronically infected TB lesions (Fig. 4b, c). Alizarin Red forms a complex with calcium resulting in birefringent deposits (red), which were also only visualized in the chronically infected tissues (Fig. 4d). AFB staining demonstrated large numbers of *M. tuberculosis* bacilli in both the acutely and chronically infected tissues (Fig. 4e). Figure 5 shows the chronic TB lesion and the corresponding calcium stains in greater detail.

# **Discussion**

Na[18F]F was introduced in 1962 by Blau *et al*. [18]. After chemisorption onto hydroxyapatite, F-18 is exchanged rapidly for the hydroxyl groups on the surface of the hydroxyapatite matrix  $[Ca_{10}(PO_4)_6OH_2]$  to form fluoroapatite  $[Ca_{10}(PO_4)_6Fe_2]$  [19]. Due to its high affinity for bone, low plasma protein binding, and rapid blood and renal clearance, Na<sup>[18</sup>F]F PET has excellent diagnostic accuracy for the detection of bone metastases [20].

More recently,  $\text{Na}^{18}\text{F}$  F PET imaging has also been used to detect microcalcifications in atherosclerotic plaques [21] and breast cancer tissues [22].

Calcification is a hallmark of chronic TB lesions, and it is often visualized radiologically years to decades after infection [7]. Intracellular calcium in macrophages can rise due to *M. tuberculosis* infection [23], and discrete deposition of calcium salts, predominantly tricalcium phosphate, has been identified in chronic TB lesions [24]. We demonstrate that  $Na[^{18}F]F PET$  imaging can be utilized to visualize chronic TB lesions with microcalcifications and differentiate them from acute TB lesions (without calcification). Of note, no calcium deposits were apparent on the CT images. However, Na $[18F]$ F PET is more sensitive than CT for the detection of microcalcifications, and positive Na $[18$ F]F PET without microcalcifications evidenced on CT has been previously reported in breast cancer and coronary artery calcification models [22, 25]. The Na<sup>[18</sup>F]F PET data was confirmed by the *ex vivo* biodistribution studies. Von Kossa staining for calcium phosphate was utilized initially and demonstrated black deposits only in the TB lesions from chronically infected mice. However, since von Kossa staining alone is not sufficient to determine that mineralization represents calcification [16], we also performed Alizarin Red staining which confirmed these findings. Collectively, these data suggest that chronically infected pulmonary TB lesions in C3HeB/FeJ mice develop microcalcification, and can be visualized and differentiated from acute TB lesions using  $\text{Na}^{18}\text{F}$  [F PET imaging.

While Na<sup>[18</sup>F]F PET has not yet been tested in humans to detect or monitor TB lesions, it could provide novel insights into TB pathology, which in humans (and recapitulated by the mouse model used in the current study) is manifest by a wide range of (acute and chronic) lesions that respond differently to TB drugs and other interventions.

# **Conclusion**

 $\text{Na}^{18}\text{F}$ F PET can be used as a noninvasive biomarker for the detection of chronic TB lesions. While microcalcifications have been reported previously in chronic TB lesions in large animals [26], they have never been reported in a murine model. C3HeB/FeJ mice represent a pathologically relevant mouse model of TB that develops a spectrum of TB lesions, including chronic lesions with microcalcification, similar to human disease.

#### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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# **Fig. 1.**

Transverse, coronal, and sagittal sections from Na[18F]F PET/CT imaging performed on **a**  chronically *M. tuberculosis*-infected, **b** acutely *M. tuberculosis*-infected, and **c** uninfected mice, 40 min post tracer injection. Radio-densities demonstrating TB lesions are clearly visible in the lungs of infected mice (**a** and **b**), but Na[18F]F PET signal is only noted in the chronically infected mice (*arrows*). Na[18F]F PET signal is also noted in bones and the urinary bladder (*Bl*). *H* heart.



#### **Fig. 2.**

Dynamic Na[18F]F PET imaging demonstrates significantly higher signal in a pulmonary lesions from chronically infected mice (*blue*) compared with acutely infected (*red*) or uninfected (*dotted black*) animals. No difference is evident in **b** the blood or **c** bone compartments amongst the three different groups. Three animals were imaged for each group. Data is represented as median and interquartile range.



#### **Fig. 3.**

*Ex vivo* biodistribution studies performed after completion of imaging. Na[18F]F uptake is significantly higher in the chronically infected lung tissues, while uptake is similar amongst the three different groups in other tissue compartments. Three animals were used for each group. Data is represented as median and interquartile range.



#### **Fig. 4.**

Histology sections from chronic (*left panels*) and acutely infected (*middle panels*) mice and uninfected (*right panels*) controls are shown. H&E staining (**a**), von Kossa staining for calcium phosphate deposits in *black* (**b** and **c**), Alizarin Red with calcium deposits visualized in red (**d**), and acid-fast staining for *M. tuberculosis bacilli* (**e**). Well-defined necrotic granulomas are noted on H&E staining in the *M. tuberculosis*-infected (acute and chronic) tissues. Von Kossa and Alizarin Red staining demonstrate deposits only in TB lesions from chronically infected tissues (**b–d**). AFB staining demonstrates large numbers of bacilli in infected (acute and chronic) tissues (**e**).



#### **Fig. 5.**

**a** Histology demonstrating pulmonary lesions in a *M. tuberculosis*-infected mouse with chronic infection. Higher magnification of a TB lesion (*inset*) demonstrates a classic granulomatous lesion with central necrosis (**b**) and a large number of *M. tuberculosis* bacilli seen with AFB staining (**c**). Microcalcifications represented as *black* and *red* deposits are evident on von Kossa (**d**) and Alizarin Red staining (**e**), respectively.