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Contribution of maternal oxygenic state to the effects of chronic postnatal hypoxia on mouse body and brain development

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Abstract

1–2% of live births are to very low birth weight, premature infants that often show a developmental trajectory plagued with neurological sequelae including ventriculomegaly and significant decreases in cortical volume. We are able to recapitulate these sequelae using a mouse model of hypoxia where early postnatal pups are exposed to chronic hypoxia for one week. However, because the timing of hypoxic exposure is so early in development, dams and pups are housed together in the hypoxic chamber, and therefore dams are also subjected to the same hypoxic conditions as the pups. To understand the relative contribution of hypoxia directly on the pups as opposed to the indirect contribution mediated by the effects of hypoxia and potential alterations in the dam's care of the pups, we examined whether reducing the dams exposure to hypoxia may significantly increase pup outcomes on measures that we have found consistently changed immediately following chronic hypoxia exposure. To achieve this, we rotated dams between normoxic and hypoxic conditions, leaving the litters untouched in their respective

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conditions and compared gross anatomical measures of normoxic and hypoxic pups with non-rotating or rotating mothers. As we expected, hypoxic-rearing decreased pup body weight, brain weight and cortical volume. Reducing the dam's exposure to hypoxic conditions actually amplified the effects of hypoxia on body weight, such that hypoxic pups with rotating mothers showed significantly less growth. Interestingly, rotation of hypoxic mothers did not have the same deleterious effect on brain weight, suggesting the presence of compensatory mechanisms conserving brain weight and development even under extremely low body weight conditions. The factors that potentially contribute to these compensatory changes remain to be determined, however, nutrition, pup feeding/metabolism, or changes in maternal care are important candidates, acting either together or independently to change pup body and brain development.

Keywords

hypoxia; brain development; mouse; maternal care

Introduction

1–2% of all live births are to very low birth weight (VLBW), premature infants, typically less than 32 weeks gestational age and weighing under 1kg. VLBW infants face a difficult developmental trajectory, plagued with psychological and neurological sequelae, including decreased cortical volume, ventriculomegaly, significant developmental delays and an increased incidence of psychiatric disorders such as schizophrenia, autism and anxiety disorders [1, 3, 17, 18, 21, 24–27, 38–40]. It is thought that the pathophysiology of these sequelae is, at least in part, due to chronic hypoxia experienced in VLBW infants during the early neonatal period as a consequence of poor oxygen exchange due to immature lung development [41]. There is also a documented deleterious effect of chronic hypoxia or simulated high altitude conditions on fetal and perinatal growth [10, 34, 35]. This strengthens the importance of oxygenation in achieving optimal fetal and perinatal growth and highlights the importance of chronic metabolic adaptations. Several rodent models have been developed that induce postnatal hypoxia to mimic both the neurological and psychological findings of children exposed to sub-optimal oxygenation conditions, documenting effects on the brain that include decreased brain weight, cortical volume and ventriculomegaly [33]. Using a model in which mice are reared in 10% oxygen during the early postnatal period, we have examined recovery from chronic hypoxic injury and the factors that may mediate recovery, including environmental enrichment and growth factor signaling [7, 12–14, 16, 19, 30]. We have demonstrated that, similar to the findings in VLBW children, there is heterogeneity in recovery among brain regions and cell types. In this model, cortical volume and excitatory neuron number recover by adulthood, whereas cortical interneurons fail to achieve complete maturation of their protein markers by adulthood. Indeed, we believe there is a delay in cortical maturation following chronic postnatal hypoxia, perhaps linked to an extended period of plasticity [29, 31]. While delayed maturation may increase the potential for recovery, it may also increase the likelihood of missing critical developmental windows. Despite the considerable evidence generated from the use of chronic postnatal hypoxia, a potential difficulty in the mechanistic interpretation of these studies is the inseparable interaction between the pups and dam during the period of

low oxygen exposure (i.e., from postnatal day 3 (P3) to P11). During hypoxic exposure, dams and pups (typically in a C57/B6 genetic background) are housed together in the hypoxic chamber and therefore the dams are also subjected to the same hypoxic conditions as the pups. In order to minimize the adverse effects of maternal stress due to hypoxic exposure on the pups, we include a CD1 foster dam along with each C57 dam and her pups. These litters are culled to eight – ten pups to achieve homogeneity of total “maternal workload”. Nevertheless, the question remains as to the relative contribution of hypoxia directly on the pups as opposed to the indirect contribution mediated by the effects of hypoxia and potential alterations in the dam’s care of the pups. To disentangle these effects, we examined whether reducing the dams exposure to hypoxia may significantly increase pup outcomes on measures that we have found consistently changed immediately following chronic hypoxia exposure (i.e., body weight, brain weight, cortical volume and cortical neuronal number). In order to achieve this, we rotated dams between normoxic and hypoxic conditions, leaving the litters untouched in their respective conditions and compared gross anatomical measures of normoxic and hypoxic pups with non-rotating or rotating mothers.

Methods

Mice

Ten C57/B6 mice pregnant dams and ten CD1 pregnant fosters were ordered from Charles River and housed in single cages until birth. All litters were fostered to CD1 mothers, culling litters to a total of 8 pups for all dams on Postnatal Day 2 (P2). Dams and litters were housed in hypoxic (approx. 10% O₂) or normoxic control conditions from P3–P11 as previously described [17–18, 20–21]. The mean O₂ level during a typical 8 day hypoxic exposure period was 10%, with a range from 10.2 to 9.9% and a standard error of 0.0. Two litters remained with their dams in normoxic conditions for the entire period (P3–P11), while two litters remained with their dams in hypoxia for this period. In addition, two cohorts of three litters (2 normoxic and 1 hypoxic litter in each cohort) had the dams rotated every 12 hours among the normoxic litters and one hypoxic litter. We choose 12 hours based upon pilot experiments using rotation periods of 8 and 12 hours. The 12 hour period allowed each dam to appropriately acclimate to each new litter ensuring that the majority of time with each litter was spent in appropriate nursing behavior and care of the pups. For example, a dam for one of the normoxic litters would be with its normoxic litter for 12 hours, then be rotated to the second normoxic litter for 12 hours and then to a hypoxic litter for 12 hours after which it would start again with the original litter. Each dam during this cycle was exposed to 24 hours in normoxia and 12 hours in hypoxia. All experimental groups were comprised of pups from at least 2 different litters in order to control for any litter effects.

Body and Brain weights

Body weights for all pups were recorded just prior to placement of the hypoxia litters in the hypoxia chamber on P1. All pups were again weighed on P7 and on removal from the hypoxia chamber on P11. The day following removal from the chamber (P12) mice were perfused as described below. The spinal cord was removed and the brain weights were recorded.

Histology

Mice were overdosed using xylazine/ketamine and transcardially perfused with phosphate buffered saline and 4% paraformaldehyde. Brains were removed and post-fixed in 4% paraformaldehyde for 24 hours and then cryoprotected in 30% sucrose for 48 hours before storing at -80°C . $20\ \mu\text{m}$ sagittal sections were collected using a cryostat, placed on Superfrost+ slides and stored at -80°C until staining. Sister sections (1 in 30) were pre-blocked at room temperature for one hour in 10% Normal Donkey Serum diluted in 0.3% Triton in 1XPBS (NDS-PBST) and subsequently stained for NeuN (mouse anti-Neuronal Nuclei, Chemicon) at a dilution of 1:500 in NDS-PBST overnight at room temperature. Sections were washed 3×10 minutes with PBS and then incubated in anti-mouse 488 (Jackson Laboratories) at 1:1000 for 1.5 hours at room temperature. Slides were coverslipped with Vectashield Hard Set (Vector Laboratories) containing DAPI counterstain and images taken using Zeiss ApoTome and cortical volume and cell number were assessed using Microbrightfield StereoInvestigator software as in our previous studies [7, 19]. The number of mice in each group that were used for statistical analyses are shown in Table 1.

Statistical analysis

All dependent variables were analyzed by factorial analysis of variance, with oxygenic state, maternal status, and age (for body weights only) included as independent variables, where appropriate. Simple analysis and comparisons were conducted only when a significant interaction or main effect was observed ($p < 0.05$) and non-orthogonal comparisons were controlled for by Bonferroni correction.

Results

Two litters of C57/B6 normoxic control pups were weighed at P3, P7 and P11, and compared to two litters of pups weighed prior to starting hypoxic exposure on P3, during exposure on P7 and immediately after being removed from hypoxia on P11. In order to understand the additional impact, if any, of maternal exposure to hypoxic conditions on pup outcome, we examined two additional cohorts of 3 litters (6 litters total) in which 3 dams were sequentially rotated every 12 hours between two normoxic cages (litters of pups) and a hypoxically exposed cage of pups. Thus in each 36 hour period, each dam would be exposed to 12 hours of hypoxia while with the hypoxic litter of pups, and 24 hours of normoxia while rotating between the two normoxic litters of pups. Each litter had equal time with all three dams. Four groups were examined in total: (1) normoxic, non-rotating controls (Norm-NR), (2) hypoxic, non-rotating (Hyp-NR), (3) normoxic, rotating mothers (Norm-Rot), and (4) hypoxic, rotating mothers (Hyp-Rot). Differences in body weights (Figure 1, top panel) were analyzed by a mixed 3-way ANOVA with normoxia/hypoxia, rotating/non-rotating, and time as variables/levels. An overall, significant, 3-way interaction was found ($p < 0.01$). Post-hoc analysis revealed no significant differences in body weight between all groups prior to treatment at P3, a significant decrease in body weight in all hypoxic groups as compared to normoxic controls at P7 and P11, irrespective of rotation status, and that rotating, hypoxic pups weighed significantly less than all other groups at P7 and P11. No effect of rotation was seen on body weight of normoxic pups (see Figure 1, top panel).

Although body weight can be related to and predictive of brain weight, there are conditions under which the two may dissociate, particularly when body weight is challenged; in addition, we have also noted that brain weight is highly predictive of outcome following chronic hypoxic injury, therefore, we also measured brain weights of all mice following sacrifice, one day after the cessation of hypoxia, at P12. Results showed a significant interaction between hypoxic status and rotation ($p=0.01$), such that the brains of hypoxic pups weighed less than their normoxic counterparts overall. Rotation of dams increased brain weights of normoxic pups ($p<0.01$), however no effects of rotation were seen on the brain weights of hypoxic pups (Figure 1, bottom panel).

We next assessed the volume of the neocortex, a structure consistently and robustly affected by chronic postnatal hypoxia, by unbiased stereological analyses. The results (Figure 2, C) showed a significant interaction ($p=0.01$) of hypoxia with total neocortical volume, such that hypoxic mice showed the expected decrease in cortical volume ($p=0.047$), however there were no additional significant effects of rotation in hypoxic mice. Interestingly, there were statistical trends suggesting opposite effects of rotation on neocortical volume of normoxic (decreased volume, $p=0.055$) and hypoxic (increased volume, $p=0.10$) mice. While hypoxic rotating mice were not significantly different from the hypoxic non-rotating group ($p=0.10$), the hypoxic rotating group also did not show a significant decrease from normoxic control mice, suggesting that rotation causes a mild attenuation of the effects of hypoxia on cortical volume. Finally, we also assessed the total number of neurons stereological analysis using NeuN+ immunostaining and found no main effects of hypoxia or rotation nor overall significant interactions, although there was a non-significant 21% decrease in the number of NeuN+ cells in non-rotating, hypoxic mice as compared to normoxic controls, which is comparable to the decrease we have observed in previous studies [13] (Figure 2, D). Qualitative analysis of cortical lamination in these sections suggested that despite this decrease in NeuN+ cells (albeit non-significant), this seems to reflect an overall decrease in cortical volume rather than a layer specific effect per se. However, further studies that quantify layer specific markers and markers for elements of the neuropil would be needed in order to fully ascertain layer integrity following hypoxia and changes in maternal care states.

Discussion

In the current analyses we find that, corresponding with our previous studies, hypoxic-rearing decreased pup body weight, brain weight and cortical volume [7, 9, 14, 19]. However, no significant decrease was seen in the total number of NeuN+ cortical neurons. Importantly, rotating mothers to reduce the dam's exposure to hypoxic conditions not only did not reverse the effects of hypoxia on body and brain weight, but actually amplified the effects of hypoxia on body weight, such that hypoxic pups with rotating mothers showed significantly less growth as the hypoxic period continued. Together these data suggest that postnatal chronic hypoxic injury induces an important effect on body and brain weight, regardless of maternal hypoxic status.

Interestingly, rotation of hypoxic mothers did not have the same deleterious effect on brain weight, suggesting the presence of compensatory mechanisms conserving brain weight and development even under extremely low body weight conditions. Overall, the additive effect

of hypoxia and rotation on body weight may be explained by 1) a decreased nutritional output to the pups due to rotation, 2) stress induced by changes in feeding behavior and/or metabolism and 3) changes in maternal care due to stressful effects of rotation on the mother, none of which are mutually exclusive and may all contribute partially or completely to decreased pup body weight. Certainly, handling, removing dams from pups (albeit typically for extended periods of time), changes in nutrition and maternal care, have all been shown to individually and collectively influence pup growth and brain development [4, 6, 8, 11, 15, 28, 32, 36, 42]. However, the relative contribution of these factors to changes observed in body and brain weight remains to be determined.

Although no additional effects of maternal rotation were observed on brain weights in hypoxic-reared pups, paradoxical effects on neocortical volume were observed between rotating normoxic and rotating hypoxic groups, such that maternal rotation decreased brain volume in normoxic pups whereas maternal rotation caused a mild non-significant increase in the neocortical volume of hypoxic pups. Because no overall significant differences were observed in total numbers of neurons in the cortex, the decrease in neocortical volume observed in normoxic pups as well as the increase observed in hypoxic pups with rotating mothers may represent a change in synaptic connectivity and arborization or a change in non-neuronal elements such as glial cells. Indeed, changes in synaptic connectivity are amongst the most significant changes observed in very premature infants [2, 20, 22]. Furthermore, maternal care, early life stress and nutritional conditions during early postnatal development have all been shown to influence cortical synaptic connectivity of the rodent brain [5, 23, 37, 43], any and all of which may be changed in rotating mother conditions. It is also possible that the mother's rotation has distinct cellular consequences in normoxic and hypoxic pups, perhaps underlying the opposite effect on volume in the two conditions. Further studies that characterize cortical connectivity following hypoxia and in response to changes in maternal care during hypoxia are needed.

Taken together, these results suggest that exposure of dams to hypoxic conditions influences both the brain and body development of pups reared under normoxic conditions. However, decreasing the dam's exposure to hypoxic conditions is not sufficient to uniformly improve the outcome of hypoxic-reared pups, suggesting chronic postnatal hypoxia is the critical factor for deleterious growth, at least on these gross anatomical measures employed in the current studies.

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Highlights

- Perinatal hypoxia models the effects of bioenergetics deficiency on brain development
- Rotating dams between normoxia and hypoxia further decreased pups' body weight
- Dam's rotation did not significantly impact the brain weight loss due to hypoxia
- Dam's rotation caused a paradoxical mild increase in cortical volume

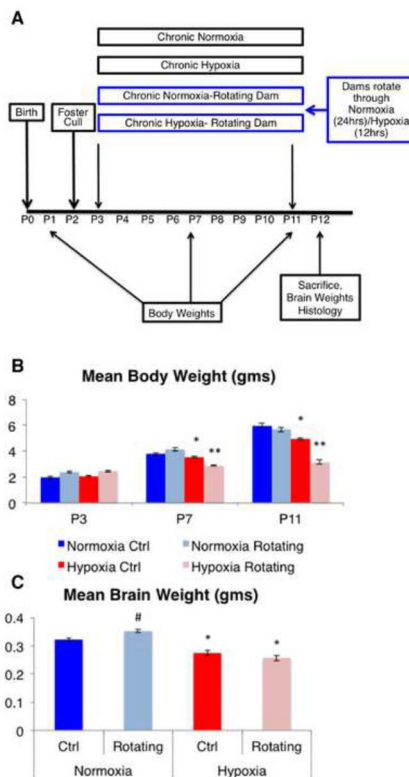


Figure 1. A, schematic drawing of the experimental protocol. B, mean body weight in grams of pups weighed prior to (P3), during (P7) and at the end of chronic hypoxic condition (P11). C, mean brain weight in grams at P12, one day following hypoxia (# indicates a significant increase from all other groups; * denotes a significant decrease from normoxic groups; **denotes a significant decrease from all other groups). Error bars represent SEM.

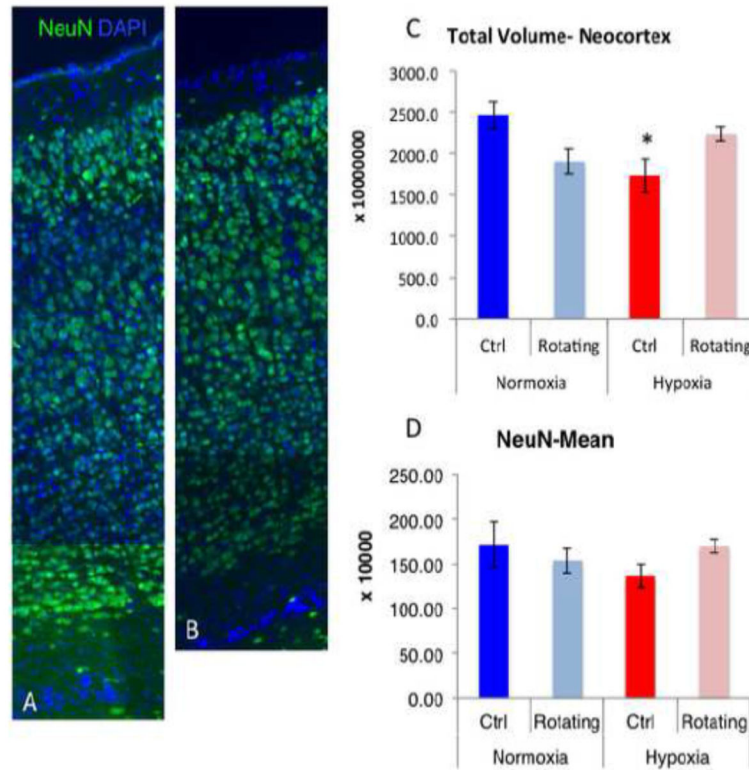


Figure 2.

Panel A and B show a representative composite of immunostaining for NeuN and Dapi counterstain in the cerebral cortex of normoxic controls (A) and hypoxic controls (B). Panel C shows the total column of the neocortex and panel D shows the mean of the total number of NeuN+ cells in the neocortex of all groups (* denotes a significant decrease from the normoxic control group). Error bars represent SEM.

Table 1

Number of mice in each experimental group that were used for statistical analyses

	Norm-NR	Norm-Rot	Hyp-NR	Hyp-Rot
Body weight	n=9	n=31	n=8	n=25
Brain Weight	n=9	n=24	n=8	n=12
Histology	n=3	n=4	n=4	n=3

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