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Mangiferin attenuates the symptoms of dextran sulfate sodium-induced colitis in mice via NF- κ B and MAPK signaling inactivation

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Abstract

Inflammatory bowel disease (IBD) is a chronic and relapsing inflammatory disorder of the gastrointestinal (GI) tract, and currently no curative treatment available. Mangiferin, a natural glucosylxanthone mainly from the fruit, leaves and stem bark of the mango tree, has strong anti-inflammatory activity. We sought to investigate whether mangiferin attenuates inflammation in a mouse model of chemically induced IBD. Pre-administration of mangiferin significantly attenuated dextran sulfate sodium (DSS)-induced body weight loss, diarrhea, colon shortening and histological injury, which correlated with the decline in the activity of myeloperoxidase (MPO) and the level of tumor necrosis factor- α (TNF- α) in the colon. DSS-induced degradation of inhibitory κ B α (I κ B α) and the phosphorylation of nuclear factor-kappa B (NF- κ B) p65 as well as the mRNA expression of pro-inflammatory mediators (inducible NO synthase (iNOS), intercellular adhesion molecule-1 (ICAM-1), TNF- α , interleukin-1 β (IL-1 β) and IL-6) in the colon were also downregulated by mangiferin treatment. Additionally, the phosphorylation/activation of DSS-induced mitogen-activated protein kinase (MAPK) proteins was also inhibited by mangiferin treatment. In accordance with the *in vivo* results, mangiferin exposure blocked TNF- α -stimulated nuclear translocation of NF- κ B in RAW264.7 mouse macrophage cells. Transient transfection gene reporter assay performed in TNF- α -stimulated HT-29 human colorectal adenocarcinoma cells indicated that mangiferin inhibits NF- κ B transcriptional activity in a dose-dependent manner. The current study clearly demonstrates a protective role for mangiferin in experimental IBD through NF- κ B and MAPK signaling inhibition. Since mangiferin is a natural compound with little toxicity, the results may contribute to the effective utilization of mangiferin in the treatment of human IBD.

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Conflict of Interest

The authors declare that there are no conflicts of interest.

Keywords

Inflammatory bowel disease; dextran sulfate sodium; NF- κ B; MAPK; Mangiferin

1. Introduction

Inflammatory bowel disease (IBD), which primarily manifests as ulcerative colitis (UC) and Crohn's disease (CD), is a chronic and relapsing inflammatory condition of the gastrointestinal (GI) tract [1]. It is associated with a considerable reduction in the quality of life and an increased risk of colorectal cancer [2,3]. Although many advances have been made in the management of IBD, it is still incurable [4]. Glucocorticoid, sulfasalazine and immunosuppressive drugs have been mainly used for the treatment of IBD; however, their side effects and toxicity remain a major clinical concern [5,6]. As a result, there is an increasing interest in using herbal medicines as an alternative and adjunct treatment in addition to the conventional therapies [7,8].

Although the exact etiologies of IBD remain elusive, it has been generally accepted that the excessive production of pro-inflammatory cytokines and mediators, such as interleukin-1 (IL-1), IL-6, IL-12 and tumor necrosis factor- α (TNF- α), plays an important role in the pathogenesis of IBD [9,10]. Recently, anti-TNF agents have dramatically influenced the clinical management of IBD [11,12]. However, not all patients respond to treatment, and some become intolerant over time. Nuclear factor-kappa B (NF- κ B) is a critical mediator of immune and inflammatory responses that controls the transcription of inflammatory cytokine and downstream mediator genes. Increased NF- κ B activation has been detected in the mucosa of IBD patients and in murine IBD models [13–15]. Inhibition of NF- κ B with a specific p65 antisense oligonucleotide was shown to be an effective approach for preventing IBD symptoms in IBD experimental mouse models and blocking the production of pro-inflammatory cytokines in CD patients [16–18]. We and others have demonstrated that specifically inhibiting NF- κ B activity in IBD animal models repressed a subset of pro-inflammatory mediators, such as inducible NO synthase (iNOS), intercellular adhesion molecule-1 (ICAM-1), monocyte chemoattractant protein-1 (MCP-1), cyclooxygenase 2 (COX2), interferon-gamma (IFN- γ), TNF- α , IL-1 β , IL-6 and IL-17 [19–21]. For this reason, inhibiting NF- κ B activation is thought to be an effective strategy for UC therapy.

Mangiferin (2-C- β -D-glucopyranosyl-1,3,6,7-tetrahydroxyxanthone) is a natural glucosylxanthone present in many plant species, while it is primarily found in the fruit, leaves and stem bark of the mango tree (*Mangifera indica*) [22]. Mangiferin has multiple pharmacological activities, including the inhibition of inflammatory mediators, induction of antioxidation and apoptosis in cancer cells, protection against liver and lung injury, improvement of glucose intolerance, prevention of gene mutation and photoaging, and amelioration of memory deficit [22–25]. Recent studies have demonstrated that mangiferin is a potent inhibitor of NF- κ B and MAPK pathways [24,26]. However, the direct effect of mangiferin on intestinal inflammation remains unknown. Thus, we hypothesized that mangiferin may block NF- κ B and MAPK signaling pathways and thereby attenuate experimental IBD in mice.

2. Materials and Methods

2.1. Cell lines and reagents

The HT-29 human colorectal adenocarcinoma cell line and RAW264.7 mouse macrophage cell line were obtained from the American Type Culture Collection (ATCC) and cultured according to ATCC recommendations. The human HT-29 human colorectal adenocarcinoma cell line, as an *in vitro* model, is usually used to investigate the anti-colitis effects of drugs [27]. The murine RAW 264.7 macrophage cell line is a well-established model system for many inflammatory studies [28]. Mangiferin (Lot No. 05–1020, HPLC purity 98%) was kindly provided by the Shanghai R&D Center for Standardization of Chinese Medicine, Shanghai, China. DSS (MW 36–50 KDa) was acquired from MP Biochemical LLC, Solon, OH. Donkey serum, paraformaldehyde, methylcellulose, formalin, Tween-20, ethanol and DMSO were obtained from Sigma-Aldrich, St. Louis, MO. SYBR Premix ExTaq Mix was obtained from TAKARA Bio, Otsu, Japan. The SuperScript III first-strand synthesis system, Fluor 488-conjugated anti-rabbit IgG (A-21206), lipofectamine 2000 transfection reagent, Triton X-100, Trizol, and DAPI reagents were obtained from Invitrogen, Carlsbad, CA. Bovine serum albumin and protease inhibitor cocktail tablets were obtained from Roche Diagnostics, Mannheim, Germany. 1× passive lysis buffer and luciferase assay system were from Promega, Madison, WI. TNF- α reagent and mouse antibodies to the following proteins: NF- κ B p65 (#8242), phospho-p65 (#3033), phospho-I κ B α (#2859), I κ B α (#4812), phospho-ERK1/2 (#4377), ERK1/2 (#4348), phospho-JNK (#9255), JNK (#9252), phospho-p38 (#9215), p38 (#9212) and β -actin (#4970) were obtained from Cell Signaling Technology Inc., Danvers, MA. TNF- α ELISA kit was from R&D Systems, Minneapolis, MN. Anti-phospho-NF- κ B p65-NLS (RIPA 523170) was from Thermo Scientific Inc., Waltham, MA. Envision-HRP reagent and diaminobenzidine were purchased from DakoCytomation, Carpinteria, CA.

2.2. Mice

Healthy 8-week-old female C57BL/6 mice (20 ± 2 g) were obtained from the Shanghai Laboratory Animal Center, and the subsequent studies were performed in accordance with the guidelines approved by the Animal Ethics Committee of Shanghai University of TCM (SHUTCM). Standard mouse chow pellets and water were supplied *ad libitum*. All mice were housed under a specific pathogen-free facility at SHUTCM and kept under the same temperature ($25 \pm 2^\circ\text{C}$) and lighting (12-h light-dark cycle) conditions.

2.3. Experimental design

Colitis was induced in mice by administering DSS in the drinking water as described previously [29]. The experiment lasted for 10 days. A mangiferin stock solution was prepared in 0.5% methylcellulose and administered to mice at a dose of 50 mg/kg/day by oral gavage. Mangiferin dosing (50 mg/kg per body weight) was based on previous report and our preliminary studies [30]. Mice were randomly distributed into the following four groups ($n = 10$ – 15 mice per group): Group 1 comprised the vehicle controls, which were administered 100 μ l of 0.5% methylcellulose by oral gavage once per day; Group 2 comprised mangiferin treated mice at a dose of 50 mg/kg of body weight via oral gavage once per day; Group 3 comprised mice administered 100 μ l of 0.5% methylcellulose by oral

gavage once per day and 4% DSS in the drinking water from d 3 to d 10; and Group 4 received mangiferin by oral gavage 3 days prior to DSS treatment and maintained until the end of DSS treatment. The total gavage volume was identical for each group.

2.4. Clinical and histological scores of colitis

Mice were monitored daily for body weight, diarrhea and bloody stool changes. The mice were sacrificed under anesthesia 4 h after receiving the last gavage. The entire colon was removed and the total length was measured. The distal colons were taken and fixed in 10% buffered formalin for 24 h at room temperature, embedded in paraffin and stained with hematoxylin-eosin (H&E) for histological evaluation. Histological damage was assessed as a combined score of inflammatory cell infiltration (score 0–3) and mucosal damage (score 0–3) using a previously described method [20].

2.5. Western blot

Colon tissues were disrupted by homogenization on ice and centrifuged at 4°C (12,000 g, 15 min), and the supernatants were collected. Equal amounts of protein (40 µg) were separated by 10% SDS-PAGE and transferred to a nitrocellulose membrane. Membranes were blocked in 5% (w/v) skim milk and incubated with antibodies against mouse phospho-p65 (1:1000), phospho-IκBα (1:1000), IκBα (1:1000), phospho-ERK1/2 (1:1000), ERK1/2 (1:1000), phospho-JNK (1:2000), JNK (1:1000), phospho-p38 (1:1000), p38 (1:1000) and β-actin (1:2000), respectively. Blots were incubated with horseradish peroxidase conjugated secondary antibodies (Santa Cruz Biotechnology, Dallas, TX) and developed by enhanced chemiluminescence (ECL) western blotting detection reagents (Thermo Scientific, Waltham, MA). Protein expression quantification was performed by densitometric analysis of the blots.

2.6. RNA analysis

RNA was extracted from colon samples using TRIzol reagent. Quantitative real-time polymerase chain reaction (qPCR) was performed using cDNA generated from 3 µg of total RNA with the SuperScript II Reverse Transcriptase kit. The following PCR primer sequences were used: 5' -GGGAATCTTGGAGCGAGTTG-3'/5' -GTGAGGGCTTGGCTGAGTGA-3' for iNOS, 5'-CGCTGTGCTTTGAGAACTGT-3'/5'-AGGTCCTTGCTACTTGCTG-3' for ICAM-1, 5' -GAAGTCTTTGGTCTGGTGCCT-3'/5' -GCTCCTGCTTGAGTATGTCG-3' for COX2, 5' -GGCTGGACTGTTTCTAATGC-3'/5' -ATGGTTTCTTGTGACCCTGA-3' for IL-1 β, 5' -ACCACGGCCTTCCCTACTTC-3'/5' -CATTTCACGATTTCCAGA-3' for IL-6, 5' -CGTGGAAGTGGCAGAAGAGG-3'/5' -AGACAGAAGAGCGTGGTGGC-3' for TNF-α, and 5' -C AGCCTTCCTTCTGGGTAT-3' /5' -TGGCATAGAGGTCTTTACGG-3' for β-actin. PCR reactions were carried out using SYBR Premix ExTaq Mix and quantitatively measured with an ABI Prism 7900HT Sequence Detection System (Life Technologies, Carlsbad, CA). The following thermal cyclers parameters were used: 1 cycle of 95°C for 30 s and 40 cycles of denaturation (95°C, 5 s) and combined annealing/extension (60°C, 30 s). Gene expression changes were calculated by the comparative Ct method, and the values were normalized to the β-actin endogenous reference.

2.7. NF- κ B immunohistochemistry

The paraffin-embedded colon tissue slides were incubated with rabbit polyclonal antibody against mouse phospho-NF- κ B p65-NLS (1:50) in a humid chamber at 4°C overnight. After further washing, the slides were incubated with Envision/HRP at 37°C for 30 min. Finally, immune complexes were visualized by incubating with diaminobenzidine for 10 min and counterstained with hematoxylin.

2.8. NF- κ B immunofluorescence

RAW264.7 cells were seeded in 8-chamber slides (BD Biosciences, Bedford, MA) at a density of 5×10^4 cells per well. Cells were incubated with or without mangiferin (25 μ M) for 2 hours and then treated with TNF- α (20 ng/ml) for an additional 12 hours. Cells were fixed with a 4% paraformaldehyde solution at 20°C for 10 min. After washing in PBS, cells were permeabilized with 0.3% Triton X-100 in PBS at room temperature for 20 min. After incubation in 0.1% Triton X-100 blocking buffer, 1% BSA, and 3% donkey serum, cells were incubated with a rabbit NF- κ B p65 antibody (1:50) at 4°C overnight and then incubated with an Alexa Fluor 488-conjugated anti-rabbit IgG secondary antibody (1:500) at room temperature for 45 min. DAPI at a concentration of 1 μ g/ml in PBS was added to stain the nuclei. Fluorescence photographs were obtained using a CKX41 inverted fluorescence microscope (Olympus, Shanghai, China).

2.9. Determination of TNF- α level

Colon segments were homogenized in ice-cold PBS. The homogenates were centrifuged at 3,000 g for 10 min, and the supernatants were assayed for TNF- α level using ELISA kit as described previously [20]. The results were expressed as pg/mg of protein in each sample.

2.10. Myeloperoxidase (MPO) assay

Tissue MPO activity, which is linearly related to neutrophil infiltration in inflamed tissue, was assayed to monitor the degree of inflammation. MPO activity was measured in pieces of the colon according to the manufacturer's instruction (CytoStore, Alberta, Canada) and our report [21]. The results were expressed as units/mg of protein.

2.11. NF- κ B luciferase reporter assay

HT-29 cells were seeded in a 24-well plate at a density of 1.5×10^5 cells/well one day before transfection. The cells were transfected with 0.8 μ g of pGL4.32 [luc2P/NF- κ B-RE/Hygro] vector (Promega, Madison, WI) using the lipofectamine 2000 reagent as previously described [31]. The pGL4.32 plasmid is a NF- κ B reporter vector that contains NF- κ B response elements and the firefly luciferase gene. Twelve hours after the transient transfection, cells were incubated with or without mangiferin (1, 10, and 25 μ mol/L) for 2 hours and then treated with TNF- α (20 ng/ml) for an additional 12 hours. Cells were washed once with PBS and lysed in 100 μ l of 1 \times passive lysis buffer. Cell-free lysates were obtained by centrifugation at 10,000 g for 2 minutes at 4°C. Luciferase activity from cell lysates was quantified using a luciferase assay system and a Glomax 20/20 luminometer (Promega). Results are expressed as fold induction of control cells.

2.12. Statistics

All data are expressed as the mean \pm SD. The differences between groups were analyzed by one-way analysis of variance (ANOVA) followed by the least significant difference (LSD) for post-hoc test. Statistical analysis was performed by the SPSS 16.0 software package. A value of $p < 0.05$ was considered statistically significant.

3. Results

3.1. Mangiferin treatment attenuated DSS-induced colitis

Oral administration of DSS in mice induces colitis that resembles human UC, and the inflammation is mainly localized to the colon [32]. In mice receiving DSS from day 3 onward, we observed a significant body weight loss and bloody diarrhea incidence. Administration of mangiferin significantly ameliorated the weight loss and bloody diarrhea symptoms (Fig. 1A and 1B). Colon shortening is an indication of colitis and is therefore measured as an inflammatory marker [33]. After 7 days of treatment with DSS in the drinking water, there was a significant shortening of the colon length compared with the healthy control mice, and this parameter was reversed by mangiferin treatment (Fig. 1C and 1D). The colon histologic sections from mice exposed to DSS exhibited a discontinuous disruption of the epithelial layer and marked inflammatory cell infiltration (predominantly neutrophils) within the mucosa and sub-mucosa. These parameters were attenuated in mice administered mangiferin (Fig. 1E and 1F). In addition, there was no weight loss, diarrhea, colon shortening or mucosal disruption observed in control mice receiving vehicle or mangiferin alone during the study.

3.2. Mangiferin decreased the activity of MPO and the level of TNF- α in the colon

MPO is an enzyme produced mainly by neutrophils. It is a marker of inflammation, tissue injury and neutrophil infiltration in a given tissue [34]. Histological images and enhanced MPO activity in colon tissues showed an increase in neutrophil infiltration in tissues receiving DSS administration, which were improved by mangiferin treatment (Fig. 1E and Table 1). Moreover, TNF- α is indicated to play a vital role in the UC inflammatory process [9]. A significant increase in the content of TNF- α was observed in mice exposed to DSS and treatment with mangiferin reduced the level of TNF- α in the inflamed colon (Table 1). These data suggest that mangiferin might exert anti-inflammatory effect by reducing neutrophil infiltration and the production of pro-inflammatory cytokines in the colonic mucosa.

3.3. Mangiferin downregulated the mRNAs expression of pro-inflammatory mediators in the colon

To determine the effect of mangiferin on pro-inflammatory mediator genes expression, real-time quantitative reverse transcription PCR (qRT-PCR) analysis of iNOS, ICAM-1, TNF- α , COX2, IL-1 β and IL-6 genes in the colon was carried out. The relative increase in mRNA expression of iNOS, ICAM-1, TNF- α , IL-1 β and IL-6 after DSS treatment was significantly downregulated in mice pretreated with mangiferin (Fig. 2A-2E), whereas no downregulation of COX2 mRNA expression was observed in DSS-induced colitic mice after mangiferin

treatment (Fig. 2F). Thus, suppression of the pro-inflammatory genes may be related to the attenuated effect of mangiferin on experimental IBD.

3.4. Mangiferin blocked the activation of NF- κ B in the colon

NF- κ B is a key transcription factor that regulates the expression of genes encoding pro-inflammatory mediators. To determine whether the inhibitory effect of mangiferin on the expression of pro-inflammatory mediator genes was due to NF- κ B activation inhibition, we examined phospho-p65, phospho-I κ B α and I κ B α protein levels by western blotting. The results showed that the DSS-induced phosphorylation/degradation of I κ B α and the phosphorylation of NF- κ B p65 were blocked by mangiferin treatment (Fig. 3A and 3B). Next, we examined the effects of mangiferin on colonic NF- κ B activity in different point of time. As shown in Fig. 3C, the DSS-induced phosphorylation/degradation of I κ B α and the phosphorylation of NF- κ B p65 were up-regulated from d 4 to d 7. Mangiferin treatment had little effects on the phosphorylation of I κ B α and NF- κ B p65 at d 4 compared to DSS alone treatment group, while significantly inhibited the DSS-induced phosphorylation/degradation of I κ B α and the phosphorylation of NF- κ B p65 at d 7. To provide further insight into the effects of mangiferin on colonic NF- κ B inhibition, we performed immunohistochemical analysis on paraffin-embedded colon tissue using anti-phospho-NF- κ B p65 antibody. As expected, after 7 days of DSS exposure, a pronounced phosphorylation of NF- κ B p65 in the colonic tissue was observed (Fig. 4A). Mangiferin treatment markedly reduced the NF- κ B p65 activation in the colon.

3.5. Mangiferin inhibited the nuclear translocation of NF- κ B p65 in mouse macrophage cells

To investigate the cellular mechanism by which mangiferin attenuated chemically induced IBD, we evaluated the activation state of NF- κ B after mangiferin treatment in RAW264.7 mouse macrophage cells. Consistent with the *in vivo* results, TNF- α -stimulated nuclear translocation of NF- κ B p65 was blocked by mangiferin treatment (Fig. 4B).

3.6. Mangiferin decreased NF- κ B-luciferase activity

Using a luciferase reporter assay, we confirmed the effect of mangiferin on the transcriptional activity of NF- κ B. HT-29 human colorectal adenocarcinoma cells were transiently transfected with NF- κ B reporter construct pretreated with mangiferin and stimulated with TNF- α overnight. TNF- α caused a significant increase in NF- κ B reporter activity, which was reduced in a dose dependent manner by pretreatment with mangiferin (Fig. 5).

3.7. Mangiferin suppressed MAPK phosphorylation/activation in the colon

The activation of MAPK pathway has been implicated in the pathogenesis of IBD [35]. Finally, we assessed the effects of mangiferin on the activation of MAPK signaling molecules, including ERK1/2, JNK and p38. As shown in Fig. 6, DSS induced strong phosphorylation (activation) of ERK1/2, JNK and p38 in the inflamed colon. Interestingly, mangiferin treatment pronouncely inhibited the DSS-induced increase of phosphorylation of

ERK1/2, JNK and p38. The results suggest that MAPK signaling suppression may also contribute to the anti-inflammatory effect of mangiferin.

4. Discussion

DSS-induced colitis is a well-established experimental model in which the inflammation is mainly localized to the colon with features resembling human ulcerative colitis (UC), such as ulceration, epithelial damage, mucosal inflammatory cellular infiltration, and lymphoid hyperplasia [32]. UC reportedly affects 24 per 10,000 people in the United States, and the prevalence in northern Europe ranges from 4 to 24 per 100,000 people [36]. A recent report on the incidence of IBD indicated that the prevalence of UC is rapidly growing in Asian countries [37]. Lifestyle changes may contribute to this increased incidence. Dietary habits in Asian countries have changed, resulting in a western-style diet with fewer plant-based and more processed food. A recent systematic review reported a negative correlation between UC risk and vegetable intake and a positive correlation between UC risk and the intake of total fat, omega-6 fatty acids and meat [38,39]. Notably, the increased incidence of UC may be closely related to an increase in the prevalence of colorectal cancer [39]. Therapeutic options currently available for the management of UC are numerous and generally include the administration of 5-aminosalicylates or sulfasalazine, antibiotics, glucocorticoids, immunosuppressive agents (e.g., 6-mercaptopurine, azathioprine, methotrexate, cyclosporine and tacrolimus) and biological therapies, such as anti-TNF agents (e.g., infliximab, adalimumab and certolizumab). However, despite their efficacy, some patients do not respond to treatment or suffer from significant side effects or complications. Therefore, there is an unmet need for new therapeutics with fewer potential adverse reactions [40].

Although the etiology of UC is currently unknown, increasing evidence suggests that UC results from aberrant innate immune responses to the enteric microbiota in a genetically susceptible host [41]. The intestinal lumen contains a vast array of different substances that may interact with the host, such as dietary factors, microbial components (e.g., bacteria and viruses), and environmental pollutants. Many of these substances interact with NF- κ B, a key transcription factor involved in the pathogenesis of IBD [15]. Upon activation, NF- κ B regulates the expression of pro-inflammatory cytokines, adhesion molecules, growth factors, and proliferation and survival genes, which impact both the extent and duration of intestinal inflammation. In the current study, we showed that mangiferin inhibited I κ B α degradation and NF- κ B p65 phosphorylation in mice colon mucosa, blocked NF- κ B nuclear translocation in TNF- α -stimulated RAW264.7 mouse macrophage cells, and decreased NF- κ B-luciferase expression in HT-29 human colon adenocarcinoma cells. Furthermore, mangiferin pretreatment alleviated the symptoms of DSS-induced colitis and improved the disease histopathology by reducing the activity of MPO, the level of TNF- α , and the mRNA expression of various inflammatory mediators, such as iNOS, ICAM-1, TNF- α , IL-1 β and IL-6 in the colon. These data clearly demonstrates a protective role for mangiferin in DSS-induced colitis. Moreover, the data indicate that NF- κ B inactivation is, at least in part, the possible mechanism by which mangiferin decreased the susceptibility of mice to DSS-induced colitis. Notably, none of the mice receiving mangiferin alone exhibited apparent

COX2	cyclooxygenase 2
DSS	dextran sodium sulfate
ELISA	enzyme linked immunosorbent assay
ERK	extracellular signal-regulated kinase
GC	glucocorticoid
HPLC	high pressure liquid chromatography
IBD	inflammatory bowel disease
ICAM-1	intercellular adhesion molecule-1
IFN-γ	interferon-gamma
IL-1β/IL-2/IL-6/IL-12/ IL-17	interleukin-1 β /2/6/12/17
IκBα	inhibitory κ B- α
iNOS	inducible NO synthase
JNK	c-Jun N-terminal kinase
LPS	lipopolysaccharide; monocyte chemotactic protein-1
Mangi	Mangiferin
MAPK	mitogen-activated protein kinase
MCP-1	monocyte chemotactic protein-1
MPO	myeloperoxidase
NF-κB	nuclear transcription factor-kappa B
qRT-PCR	real-time quantitative reverse transcription-polymerase chain reaction
TNF-α	tumor necrosis factor- α
UC	ulcerative colitis

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Highlights

► Mangiferin inhibited MPO activity, TNF- α level and the expressions of iNOS, ICAM-1, TNF- α , IL-1 β and IL-6 in the colon. ► Mangiferin inhibited I κ B α degradation and NF- κ B/p65 phosphorylation in mice colon mucosa. ► Mangiferin blocked NF- κ B nuclear translocation in RAW264.7 cells and decreased NF- κ B-luciferase expression in HT-29 cells. ► Mangiferin inhibited the activation of MAPK signaling molecules, including ERK1/2, JNK and p38. ► Mangiferin MAPK significantly ameliorated DSS-induced colitis possibly via NF- κ B and MAPK signaling inactivation.

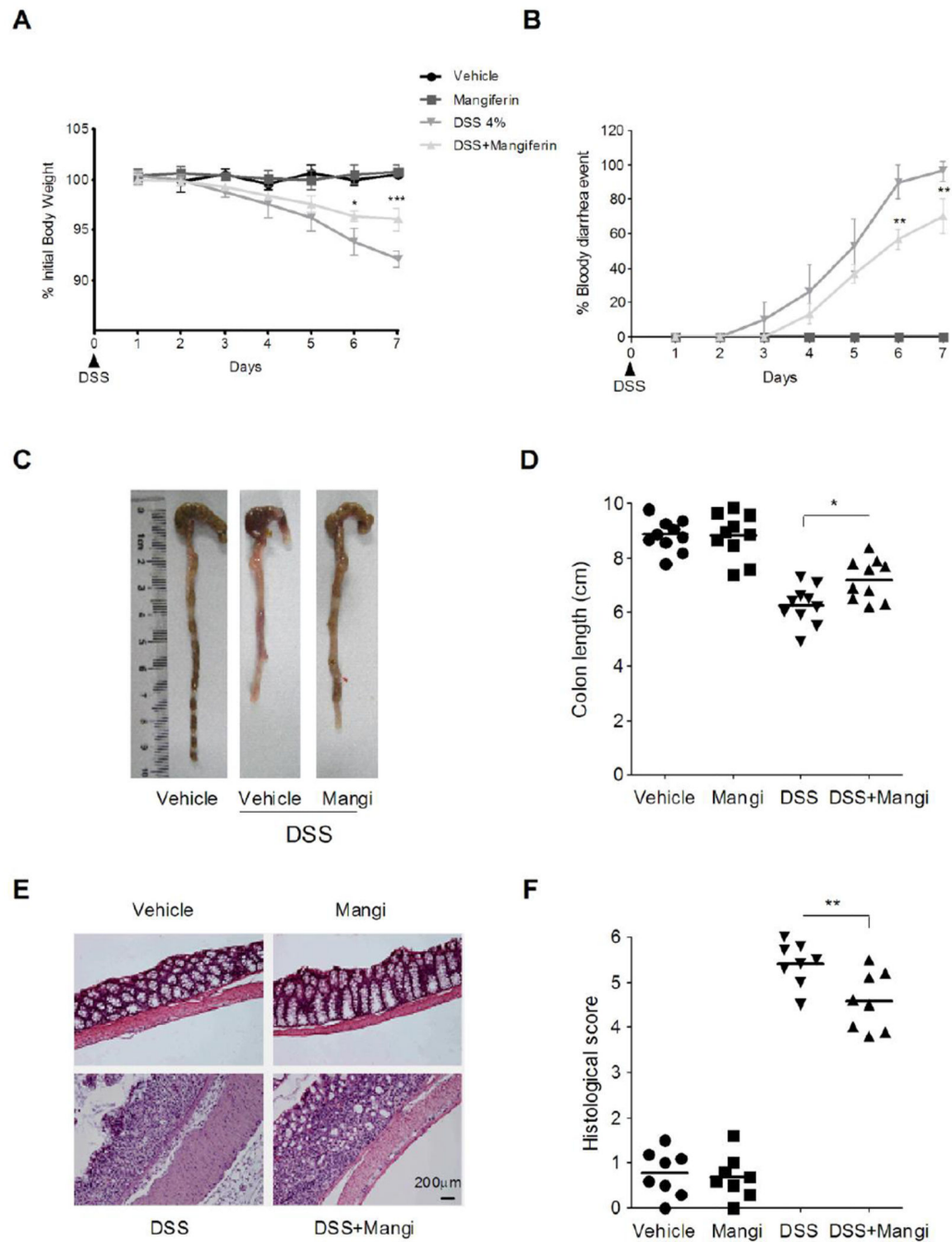


Fig. 1. Mangiferin attenuated DSS-induced colitis in mice. (A) Body weight changes following DSS induction of colitis. Data are plotted as the percentage of basal body weight. (B) The occurrence of bloody diarrhea. Data plotted as percentage of total mice that had bloody diarrhea at different time points of DSS treatment. (C) and (D) Macroscopic observation and assessment of colon shortening. (E) Representative H&E-stained colon sections and histology score. Scale bar corresponds to 200 μ m and applies throughout. (F). Values were

expressed as the mean \pm SD of n = 10 mice in each group. * p<0.05, ** P< 0.01, *** p<0.001 vs. DSS-treated group.

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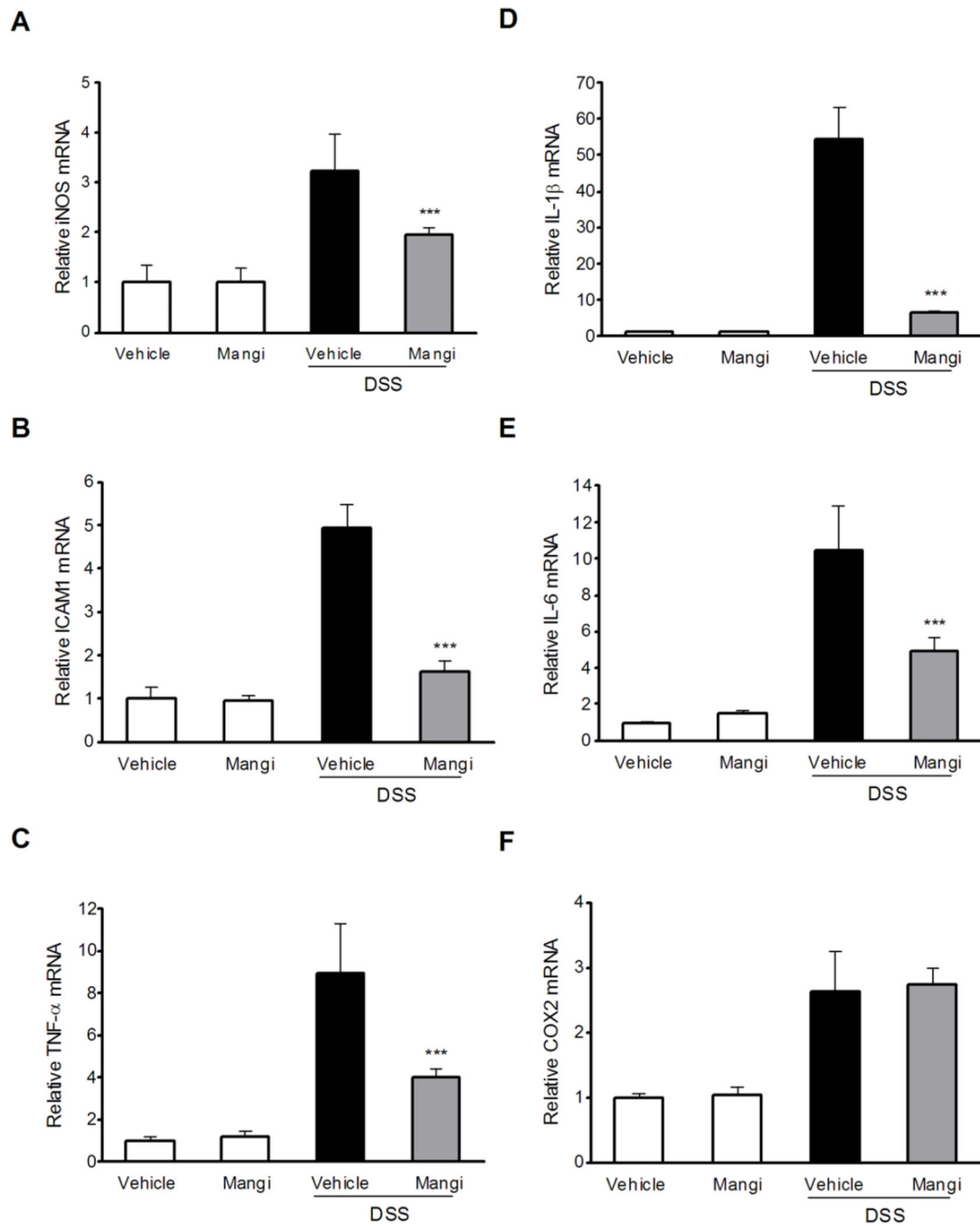


Fig. 2. The effects of mangiferin on NF- κ B target genes expression in the colon. mRNA expression of iNOS (A), ICAM-1 (B), TNF- α (C), IL-1 β (D), IL-6 (E) and COX2 (F) was determined by qRT-PCR in colon samples isolated from mice (n = 6 per group). Expression was normalized to β -actin, and each bar represents the mean \pm SD of two independent experiments with samples in triplicate. * p < 0.05, ** p < 0.01, ***P < 0.001 vs. DSS-treated group.

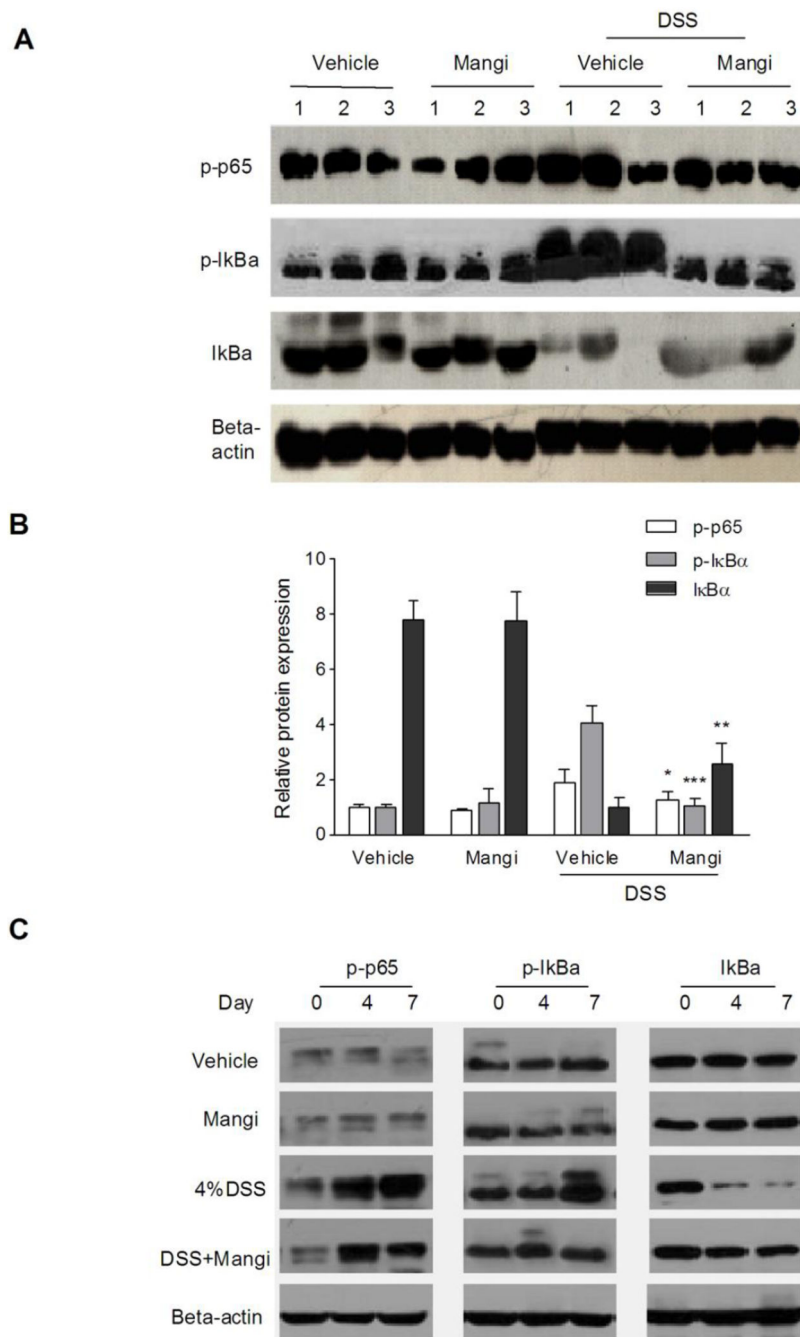


Fig. 3. Mangiferin blocked the activation of NF-κB in the colon. (A) Mice (n = 6 per group) were sacrificed after 7 days of 4% DSS exposure, and total protein (40 μg) from colon samples was loaded. Western blot protein levels were detected with phospho-p65 (1:1000), phospho-IκBα (1:1000) and IκBα (1:1000) antibodies. One representative experiment is shown. (B) Quantification of the protein expression was performed by densitometric analysis of the blots. (C) Mice (n = 6 per group) were sacrificed on day 0, 4 and 7, and total protein (40 μg) from colon samples was loaded. Western blot protein levels were detected. One

representative experiment is shown. Data were expressed as the mean \pm SD of two independent experiments with samples in triplicate. * $p < 0.05$, ** $p < 0.01$, *** $P < 0.001$ vs. DSS-treated group.

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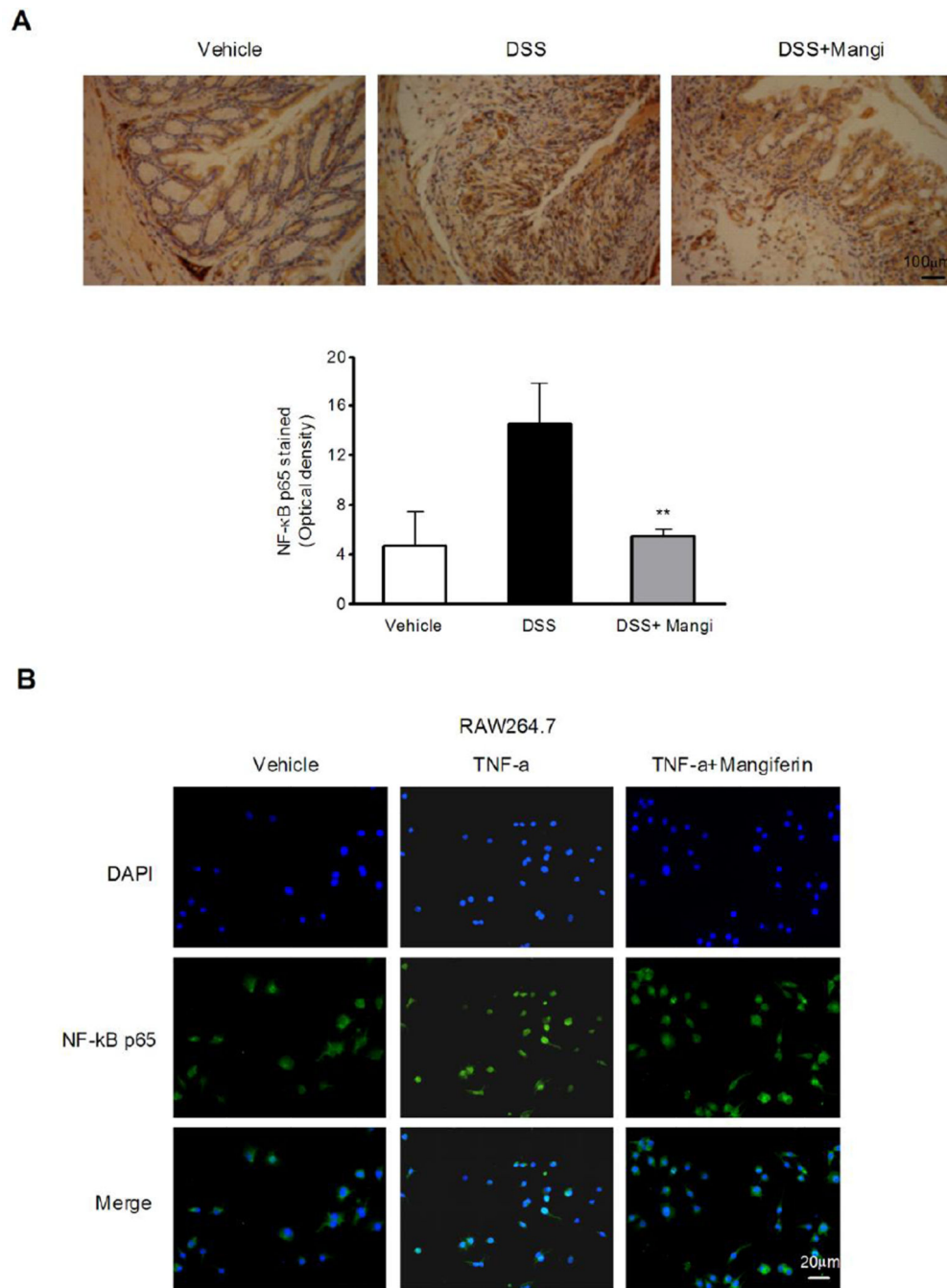


Fig. 4. Mangiferin attenuated NF-κB activation in the colon tissue and inhibited the nuclear translocation of NF-κB p65 in RAW264.7 cells. (A) Representative images of phospho-NF-κB p65 immunostaining in colon tissue (upper panel). Scale bar corresponds to 100 μm and applies throughout. Graphical representation of the expression for phospho-NF-κB p65 in colon tissue (lower panel). The mean intensity of phospho-NF-κB p65 staining was determined by image analysis and are represented as optical density. Each column represents the mean ± SD of two independent experiments (n=6 per group). ** p < 0.01 vs. DSS-

treated group. (B) RAW264.7 cells were pretreated with or without mangiferin (25 μ M) for 2 h followed by an additional treatment with TNF- α (20 ng/ml) for 12 h. NF- κ B p65 localization was observed under a fluorescence microscope (magnification 200 \times) using an NF- κ B p65 antibody (1:50) followed by an Alexa 488-conjugated secondary antibody (1:500). Scale bar corresponds to 20 μ m and applies throughout.

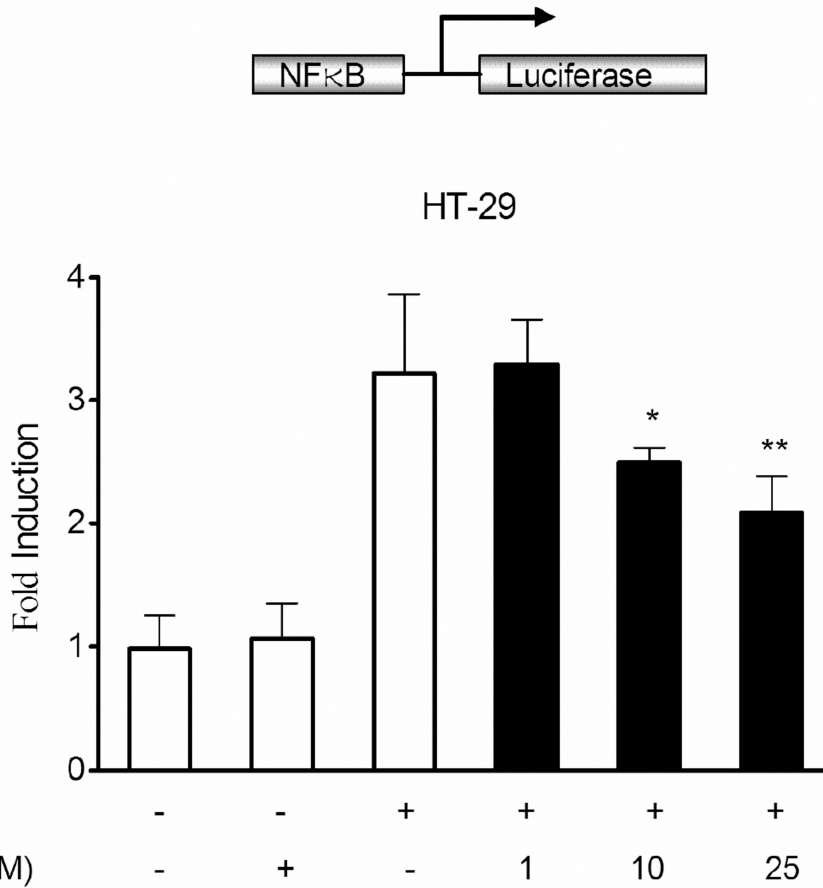


Fig. 5. Mangiferin reduced NF-κB-luciferase activity. HT-29 cells were transiently transfected with pGL4.32 [luc2P/NF-κB-RE/Hygro] construct. 12 h after transfection, cells were incubated with or without mangiferin (1, 10, and 25 μmol/l) for 2 hours and then treated with TNF-α (20 ng/ml) for an additional 12 hours. Cell lysates were analyzed for the NF-κB promoter-driven luciferase activity, which was expressed as the fold change in values compared with the control cells (designated as 1). Data are expressed as the mean ± SD of quadruplicates from two independent experiments. *P < 0.05, **P < 0.01 vs. TNF-α alone treatment group.

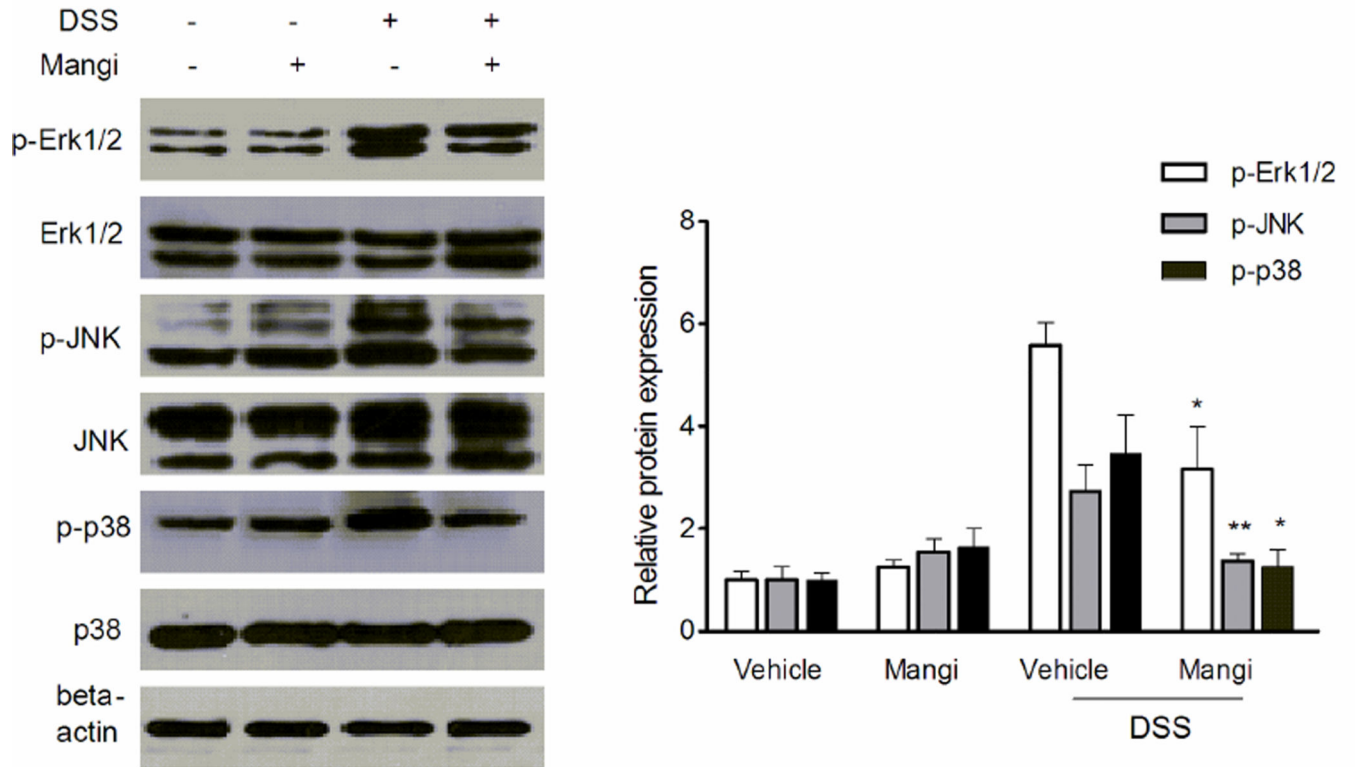


Fig. 6. Mangiferin inhibited MAPK phosphorylation/activation. Expression of the phospho-ERK1/2 (1:1000), ERK1/2 (1:1000), phospho-JNK (1:2000), JNK (1:1000), phospho-p38 (1:1000), p38 (1:1000) and β -actin (1:2000) in the colon tissue was analysed by western blot (n=4). Quantification of the protein expression was performed by densitometric analysis of the blots. *p < 0.05, **P < 0.01 vs. DSS-treated group.

Table 1

Effects of mangiferin on the activity of MPO and the level of TNF- α in DSS-induced colitis mice.

Group	TNF- α (pg/mg pr.)	MPO (U/mg pr.)
Vehicle	23.9 \pm 1.8	5.7 \pm 0.3
DSS	198.1 \pm 8.3 ^{###}	20.3 \pm 1.8 ^{###}
DSS+Mangiferin	134.8 \pm 11.6*	14.1 \pm 0.5**

Colon segments from mice (n = 6 per group) were excised and homogenized. The supernatants were assayed for the determination of the activity of MPO and the level of TNF- α as described in the Methods. Values are expressed as the mean \pm SD (n = 6).

^{###} p < 0.001 vs. vehicle-treated group;

** p < 0.05, ** P < 0.01 vs. DSS-treated group.