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The clinical characteristics of Werner syndrome: molecular and biochemical diagnosis

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Abstract

Werner syndrome (WS) is an adult onset segmental progeroid syndrome caused by mutations in the *WRN* gene. The *WRN* gene encodes a 180 kDa nuclear protein that possesses helicase and exonuclease activities. The absence of WRN protein leads to abnormalities in various DNA metabolic pathways such as DNA repair, replication and telomere maintenance. Individuals with WS generally develop normally until the third decade of life, when premature aging phenotypes and a series of age-related disorders begin to manifest. In Japan, where a founder effect has been described, the frequency of Werner heterozygotes appears to be as high as 1/180 in the general population. Due to the relatively non-specific nature of the symptoms and the lack of awareness of the condition, this disease may be under-diagnosed in other parts of the world. Genetic counseling of WS patients follows the path of other autosomal recessive disorders, with special attention needed for cancer surveillance in relatives. Molecular diagnosis of WS is made by nucleotide sequencing and, in some cases, protein analysis. It is also of potential interest to measure WRN activities in WS patients. More than 50 different disease-causing mutations in the *WRN* gene have been identified in WS patients from all over the world. All but one of these cases has mutations that result in the premature termination of the protein. Here we describe the clinical, molecular and biochemical characteristics of WS for use by medical professionals in a health care setting. Additional information is available through the International Registry of WS (<http://www.wernersyndrome.org>).

Introduction

Clinical characteristics of Werner syndrome

The clinical phenotype of Werner syndrome (WS) is best summarized as the early onset of an aged-appearance and age-related common disorders (Fig. 1) (Epstein et al. 1966; Goto 1997). WS patients usually develop normally until they reach the third decade of life. Generally, the first clinical sign is a lack of the pubertal growth spurt during the teen years. Patients frequently recall that they were of average height when they entered grade school, but were the shortest ones in their class when they graduated from high school. A clinical study of Japanese WS reported the median height of affected individuals was 142 cm (range 122–161 cm) which was 13 cm shorter than the general population (Goto 1997). Median body weight was 36 kg (range 19–52 kg) that was 20 kg less than the general population. In our study, 95% of the WS patients were reported to have short stature, assessed by the primary care physician taking the height of family members into consideration (Huang et al. 2006). In their 20s and 30s, patients begin to manifest skin atrophy, loss of hair and graying hair. Subcutaneous fat tends to deposit on the trunk and combined with osteoporosis of the limbs, patients exhibit a stocky appearance. Some patients may present with a high-pitched voice and flat feet.

Subsequently, WS patients develop common age-related disorders. Our recent survey of WS patients with a molecularly confirmed diagnosis revealed that the prevalence of cataracts was 100% (87/87) (Huang et al. 2006). The prevalence of osteoporosis at the time of diagnosis was 91%, hypogonadism 80%, diabetes mellitus 71%, neoplasms 43% and atherosclerosis 40% (Huang et al. 2006). These numbers depend on the age of the patient when clinical reports are made and how rigorously patients were examined. The chronological order of the onset of these complications is similar among Caucasian and Japanese WS patients (Epstein et al. 1966; Goto 1997).

Median age of death in the most recent study was 54 years (Huang et al. 2006). In previous studies, the most common cause of death was malignancy and myocardial infarction (Epstein et al. 1966; Goto 1997). Although these are also two common causes of death in the general population, unique characteristics of the cancers are observed in WS patients. Strikingly, the ratio of cancers of epithelial origin and sarcomas of mesenchymal origins is 1:1 in WS patients, whereas this ratio is approximately 10:1 in general population (Goto et al. 1996). Review of pathological studies of these malignancies revealed unusual primary sites for cancers in WS patients. For example, melanomas in WS patients are of the acral lentiginous type in the mucosae, and are unrelated to sun exposure (Goto et al. 1996). The primary sites of osteosarcomas in WS patients are more likely to be in the lower extremities, whereas these are more common in the upper extremities in the general population (Ishikawa et al. 2000).

There are other differences that have been noted between WS patients and normal elders. Atherosclerosis exhibits unique characteristics in WS patients. Atherosclerotic lesions are more extensive in arterioles. Skin ulcers around the ankles and elbows that are far more severe than those expected from diabetes mellitus are common in WS. The incidence of

dementia of Alzheimer type is believed to be not increased in WS subjects (Postiglione et al. 1996; Mori et al. 2003; Sumi 1985). While in the general population, osteoporosis has a more pronounced effect on vertebrae in the general population, long bones, particularly those of the legs, tend to be more affected by osteoporosis in WS patients (Epstein et al. 1966; Rubin et al. 1992) although more studies are needed to be conclusive.

***WRN* gene product and *WRN* mutations**

WS is caused by the mutations at the *WRN* locus on chromosome 8. The *WRN* gene spans more than 250 kb and consists of 35 exons, 34 of which are coding exons (Yu et al. 1997). *WRN* gene encodes one of the RecQ helicase family proteins, WRN, which has ATPase, helicase, exonuclease and single-stranded DNA annealing activities. WRN is ubiquitously expressed in tissues. Helicases separate complementary strands of nucleic acids in a reaction coupled to NTP hydrolysis. RecQ helicases have a common helicase domain with seven conserved motifs, which bind and hydrolyze ATP. WRN helicase activity is structure-specific and requires energy from ATP hydrolysis to unwind complementary strands of DNA with a 3'-5' polarity. Unlike other RecQ helicases, WRN also has intrinsic 3'-5' exonuclease activity. The preferred DNA substrates of WRN helicase activity, which resemble DNA metabolic intermediates include forked and Xap structures (intermediates in DNA replication and repair), bubble structures (intermediates in DNA repair and transcription), D-loop and Holliday junction structures (intermediates in DNA recombination) and G-quadruplex DNA and D-loop structures (associated with telomere DNA) (Opresko et al. 2003). Interestingly, the WRN helicase and exonuclease activities can also work in a coordinated manner on the same substrate. These two catalytic activities of WRN collectively provide access for proteins to the template during replication, recombination, and repair. Consistent with this notion, biochemical and genetic evidence suggest that WRN plays important roles in DNA repair, homologous recombination, replication, and in telomere maintenance (Bohr 2005).

A number of the interacting proteins of the WRN helicase have recently been identified. Considering the biochemical activities of WRN and of WRN-associated proteins, it is conceivable that in vivo WRN participates in many aspects of DNA metabolism, including DNA replication, recombination, and repair pathways or in a combination of these pathways, such as recombination during replication (Bohr 2005).

More than 50 different WRN disease mutations have been reported thus far (Goto et al. 1997; Oshima et al. 1996; Uhrhammer et al. 2006; Yu et al. 1997). The types of mutations observed in WRN patients are; (a) nonsense mutations that change an amino acid codon to a stop codon and cause the termination of protein translation; (b) insertions and/or deletions, which lead to reading frameshift and subsequent termination of protein translation; (c) substitutions at splice junctions that cause the skipping of exons and a subsequent frameshift; (d) missense mutations that cause the amino acid change in the protein (Huang et al. 2006). The mutations found in WS patients are summarized in Fig. 2. The truncation of WRN due to the nonsense mutations, insertions and/or deletions and splice mutations described above, cause the elimination of the nuclear localization signal (NLS) at the C-terminal end of the protein (Suzuki et al. 2001; Yamabe et al. 1997). Although almost all

mutations reported so far in WS patients have generated a truncated protein, recently, two missense mutations (double missense mutations in a single subject) have been identified in exonuclease domain (Huang et al. 2006) (Fig. 2). These mutations appear to affect the stability of the protein rather than enzymatic activities.

Disease mutations are found across the *WRN* gene. The most frequent mutation is the nonsense mutation at amino acid 369 in exon 9, Arg (CGA)-to-stop codon (TGA). This change accounts for approximately 25% of the mutations in non-Japanese and in Japanese WS cases (Goto et al. 1997; Huang et al. 2006). The most frequent Japanese *WRN* mutation is c.3139-1G>C that causes the skipping of exon 26. This change accounts for approximately 67% of the Japanese *WRN* mutations and is thought to be due to a founder effect (Goto et al. 1997; Satoh et al. 1999).

Genetic counseling

WS is an autosomal recessive genetic disease. Therefore patients with an established diagnosis of WS, along with their parents and siblings, should be referred for genetic counseling to ensure early identification and treatment of syndrome-associated manifestations. Construction and evaluation of a pedigree will allow the identification of family members who may be affected or at risk of being carriers of a *WRN* mutation.

Clinical assessment and diagnostic criteria

Diagnostic criteria for WS were originally proposed in 1994 (Nakura et al. 1994) to establish a “definite,” “probable,” or “possible” diagnosis of WS (Table 1). With the advent and increased availability of molecular diagnosis, sequencing of the *WRN* gene has replaced urinary hyaluronic acid testing for diagnostic purposes. Parental consanguinity or affected siblings are no longer used for diagnosis. Clinical diagnosis is currently based on the remaining four cardinal signs (cataracts, skin change, short stature, and graying or loss of hair) and additional signs. These cardinal signs are seen in more than 95% of the molecularly diagnosed cases (Huang et al. 2006). Additional signs are seen in 90% (osteoporosis, voice change) to 40% (atherosclerosis).

Differential diagnosis—The differential diagnosis of WS includes other progeroid syndromes with and without increased cancer susceptibility. It should be emphasized that WS is an adult onset disease and, except for the short stature, the aged appearance and age-related common disorders start after sexual maturity.

Laminopathies are a group of disorders caused by mutations of the type V nuclear intermediate filaments, lamin A/C, encoded by the *LMNA* gene (Broers et al. 2006). Increasing numbers of *LMNA* mutations have been reported in various types of muscular dystrophies, cardiomyopathies, lipodystrophies and progeroid syndromes. Overlapping phenotypes of these conditions are not uncommon. A subset of WS patients do not show mutations at the *WRN* locus, but show heterozygous amino acid substitutions in the heptad repeat region of *LMNA* that is called atypical WS. In the International Registry of WS, (<http://www.wernersyndrome.org>; it is established at the Department of Pathology, University of Washington, Seattle, WA in 1988, and has been providing diagnostic criteria

for WRN and contact information for a central repository of WS data, research and materials), approximately 15% of clinically diagnosed WS with no *WRN* mutation (patients with “atypical WS”) carried heterozygous missense *LMNA* mutations that have dominant effect (Chen et al. 2003). Patients affected with atypical WS seem to have early onset (early 20s) of aging phenotypes and show an accelerated rate of progression than those who are affected by classic WS (*WRN* gene mutant). Absence of bilateral ocular cataracts and diabetes is also common.

Mandibuloacral dysplasia (MAD) is a rare autosomal recessive disorder characterized by short stature, beaked nose, small recessed chin, short fingers, thin, slanted shoulders and hyperpigmented skin. MAD is part of the differential diagnosis of WS as some cases of MAD are caused by *LMNA* mutations (Novelli et al. 2002). Characteristic facial features and the absence of bilateral cataracts would differentiate MAD from WS.

Hutchinson–Gilford progeria syndrome (HGPS) is a childhood onset progeria caused by a unique splicing mutation of the *LMNA* gene (Eriksson et al. 2003). HGPS patients develop an aged appearance (characteristic facial features, alopecia, loss of subcutaneous fat, and short stature) by their second to third year of life. Motor and mental development is normal. Individuals with HGPS develop severe generalized atherosclerosis. Complications of cardiovascular disease usually lead to death between the first and second decade of life with the median age of death being 13 years. Progeria patients generally do not develop cancers by the time of their death. HGPS can be distinguished from WS by the age of onset, characteristic facial features and general appearance.

Rothmund–Thomson syndrome (RTS) is another cancer predisposition syndrome caused by *RecQ* helicase genes, *RECQL4* (Mohaghegh and Hickson 2002). Although RTS patients may display progeroid features, it is a childhood onset disorder. Additionally, RTS patients may display distinctive cutaneous features such as telangiectasias, scaling and dyschromia.

Finally, type 2 diabetes mellitus with vascular complications may resemble WS. Scleroderma and mixed connective tissue disorders may present skin features similar to WS. Scleroderma does not seem to involve other accelerated aging features, and has specific gastrointestinal, pulmonary, renal and cardiac manifestations. Isolated juvenile cataracts and myotonic dystrophy do not have other features of WS.

Counseling

Since WS is inherited in an autosomal recessive manner, the proband's parents are obligate heterozygotes for a disease-causing mutation. As with all recessive conditions, the siblings of an affected individual have a 25% chance of being affected, a 50% chance of being asymptomatic carriers, and a 25% chance of being non-carriers. Heterozygotes of a *WRN* mutation are asymptomatic and do not appear to be at increased risk for WS-specific symptoms.

The risk for the offspring of an individual with WS to develop the disease is negligible unless the affected individual and his/her reproductive partner are consanguineous. In Japan, where the frequency of heterozygotes may be as high as 1/150, the risk of WS in the

offspring of an affected patient is still lower than 1/500. Siblings of individuals with WS may be affected and may wish to be tested. Siblings old enough to be clearly asymptomatic may also choose to be tested for carrier status.

We have not been able to quantitatively assess the degree of hypogonadism of WS. There is a pedigree in which compound heterozygous status of a deceased female subject was inferred from the analysis of 2 apparently normal children (PCH pedigree in Huang et al. 2006), suggesting that some WS patients could have a near-normal level of reproduction.

Clinical management and surveillance

Patients should be managed by a multidisciplinary team, as symptoms of WS span several disciplines. All practitioners should encourage lifestyles that include smoking avoidance, regular exercise, and weight control to reduce the risk of atherosclerosis.

Initial diagnosis—Recommendations for the clinical diagnosis of WS include screening for type 2 diabetes mellitus, lipid profiles, a physical examination for cancers common in WS, an ophthalmologic examination (including slit lamp examination), and an extensive skin examination for typical skin findings, especially early ulcerations of the feet (with careful attention to nail beds and soles of feet for acral lentiginous melanoma). Additional screening includes an MRI if neurologic symptoms, such as chronic headaches suggesting meningioma, are present. Finally, an assessment of coping and psychological fitness in light of prognosis and reproductive advice regarding the rapid decline of fertility is suggested.

Treatment of manifestations—There is no cure for WS, only treatment of symptoms as they occur. Primary recommendations include aggressive treatment of skin ulcers with standard or novel techniques and strict control of type 2 diabetes mellitus. With regards to diabetes, favorable results have been reported with the use of pioglitazone (Yeong and Yang 2004; Yokote et al. 2004). The use of cholesterol-lowering drugs may be considered if the patient's lipid profile is abnormal, but muscle atrophy may complicate this treatment. Other recommendations include surgical treatment of ocular cataracts and treatment of malignancies in a standard fashion.

Surveillance—Annual screening for type 2 diabetes mellitus, an annual lipid profile, and regular physical exams for malignancies common in WS and other skin manifestations are recommended for Werner patients. Also recommended are annual ophthalmologic examinations for cataracts and the monitor for the cardiovascular diseases with particular attention to signs of angina.

Molecular diagnosis

The molecular diagnosis of WS combines nucleotide sequencing with Western blot (WB) analysis (Huang et al. 2006). RT-PCR sequencing is used for the initial screening as it detects splicing and other unique mutations common in WS. We identified a homozygous mutation in intron 18 that creates a new exon, resulting in a 105 bp insertion between exons 18 and 19 at the mRNA level, which would not have been detected by standard genomic PCR sequencing (Oshima et al. 1996). There is also an extensive deletion that spans from

exon 19 to 23 identified in 3 European cases which would be easily missed if it were to present as a heterozygous mutation (Oshima et al. 1996). The mutations identified by RT-PCR are confirmed with genomic PCR sequencing. Thus, it is useful to use both RT-PCR and genomic PCR sequencing methods, which have previously been described along with the primer sequencing and PCR conditions, for molecular diagnosis of WS (Oshima et al. 1996; Yu et al. 1997). These methods are currently used by the International Registry of WS.

The absence of normal WRN protein is further confirmed by WB analysis. This method examines the *WRN* gene at the protein level. Conditions for the WB analysis methods have been described before (Gray et al. 1998; Wang et al. 1999). Since mutant mRNAs coding for the truncated proteins usually undergo rapid degradation, the normal WRN protein is not detectable in the samples from the WS patients by WB analysis (Goto et al. 1999) (Fig. 3). To date, 58 patient cell samples that carry *WRN* mutations were also examined for WRN protein, using the antibody against C-terminal region of the protein. In all cases, WRN proteins were not detectable. Depending on the site of mutations and location of the epitope of the antibody, the mutant WRN protein may be detected with a different size. In Japan, where WS is relatively common and one type of mutation predominates, WB analysis were reported to have been employed as an effective screening methods (Goto et al. 1999). RT-PCR, and WB analysis require live cell materials from patients, typically fibroblasts or lymphoblastoid cell lines, which may not be practical in some cases. When only DNA is available, genomic PCR sequencing is employed as a sole method, with the caution that it is not as sensitive as the other methodologies.

At the present time, it may be possible for highly skilled researchers to demonstrate the feasibility of enzyme assays in Werner LCLs with known mutations, using, for example, immunoprecipitated lysates (Moser et al. 2000). However, unlike lysosomal enzymes, there are no substrates that are specific only to the WRN helicase or exonuclease. There are no commercially available anti-WRN antibodies known to be specific enough for this purpose. Moreover, WRN protein is highly unstable outside of the nuclei. We therefore do not recommend using enzyme assays of LCLs for diagnostic purposes without extensive validation.

On the other hand, enzyme activities can be reliably measured in vitro using recombinant proteins (Fig. 4a, b). This requires recombinant protein production in eukaryotic cells followed by affinity purification and radiolabeled biochemical assays. There also are a number of polymorphisms in the coding region whose significance is not yet understood. Therefore it may not be suited for the routine clinical molecular diagnosis at this time. When we identify an alteration with unknown significance, however, recombinant protein assays become necessary to conclude whether the changes are pathogenic. The International Registry of WS has been conducting these studies as reflex tests on a research basis. The approach depends on the location and type of the mutation. Computational structural analysis, although not diagnostic, has been helpful to guide us to the most likely mechanism of missense mutations (Huang et al. 2006).

Development of enzyme assays is particularly important because the possibility exists that a single amino acid substitution in *WRN* may cause the disease without a change in the WB analysis. While missense disease mutations that abolish enzymatic activities mutations have not yet been reported, there are experimentally generated mutations that abolish helicase or exonuclease activities (Gray et al. 1998; Wang et al. 1999). Double missense mutations identified in one case did alter *WRN* protein stability, but not enzymatic activity. Reasons why we have not identified such diseases mutations could be because (1) WS is rare and we simply have not come across them yet, (2) missense mutations that abolish enzyme activities may be more toxic than null mutations and the patients may not survive beyond childhood, or (3) such mutations may cause phenotypes different from the WS and therefore those cases are not screened for the *WRN* gene. We recently showed that site directed mutation of lysine at codon 1016 in the RQC motif significantly reduces helicase activity and the binding activities of various DNA substrates (Lee et al. 2005). Therefore, single mutations in genes encoding *WRN* itself or its interacting partners such as replication protein A, PCNA, Ku, and DNA topoisomerase I could be responsible for some of the patients who meet the clinical and diagnostic criteria for *WRN* or those who present with atypical features. Analysis of helicase and exonuclease activities in recombinant proteins will continue to be instrumental to confirm the clinical diagnosis of WS (Fig. 4a, b). As such, developing reliable biochemical analyses using white blood cells appears to be an interesting approach of clinical potential.

WS and cancer

WS is also characterized by a high predisposition to various cancer types, in particular mesenchymal sarcomas, such as soft tissue sarcoma and malignant melanoma, and epithelial tumors (Futami et al. 2008). To our knowledge, the specific somatic mutation in the *WRN* gene, which causes the specific cancer type, has not yet been identified. Several epidemiologic studies have been done searching the single nucleotide polymorphisms (SNPs) of *WRN*. It was shown that *WRN* Cys1367Arg SNP is associated with increased breast cancer risk in German familial breast cancer patients (Wirtenberger et al. 2006). However, this SNP did not contribute to the breast cancer development in Taiwanese population, indicating the racial differences in SNPs in different populations (Ding et al. 2007). The finding of both *WRN* Cys1367Arg and p53 Pro72 in individuals increased the breast cancer risk compared to the single polymorphisms (Wirtenberger et al. 2006). *WRN* Cys1367Arg is located near the NLS in the C-terminal of *WRN* gene, which is also p53 binding site. Wirtenberger et al. (2006) suggested that *WRN* Cys1367Arg might affect the binding of p53 to *WRN* and that interferes with the apoptotic function of p53 and that might the cause of the increased breast cancer phenotype.

WRN Cys1367Arg SNP is previously described as a protective factor of some diseases associated with WS like myocardial infarction and type2 diabetes mellitus (Ye et al. 1997; Hirai et al. 2005). Recently, *WRN* Cys1367Arg has been shown to be a protective in soft tissue sarcomas, sarcomas with reciprocal chromosomal translocations and malignant fibrous histiocytoma (Nakayama et al. 2008). In addition, 1367Arg showed a significant protective affect against non-Hodgkin lymphoma in two patients (Shen et al. 2006). The location of *WRN* Cys1367Arg does not affect the localization of *WRN* to the nucleus

although it finds near the NLS (Bohr et al. 2004). It has also been shown that the presence of this SNP exhibits little or no effect in the helicase and exonuclease activities of WRN (Bohr et al. 2004; Kamath-Loeb et al. 2004).

In various tumor types, the *WRN* gene is inactivated by CpG island promoter methylation (Agrelo et al. 2006). Promotor methylation and gene silencing of *WRN* have been shown in colon cancer, breast cancer, non-small cell lung, gastric tumors, and leukemia. The epigenetic inactivation of the *WRN* gene has important clinical relevance. Cancer cells where *WRN* is epigenetically silenced are very sensitive towards topoisomerase inhibitors and DNA-damaging agents. Importantly, this observation has been translated to colon cancer patients treated with the chemotherapeutic drug irinotecan (CPT-11), which has topoisomerase-inhibitor activity (Agrelo et al. 2006). The comparative survival results from *WRN*-hypermethylated ($n = 45$) versus unmethylated ($n = 43$) colorectal tumor samples, indicated that the median time for death of patients was 39.4 months for *WRN* methylated colon tumors (no expression of WRN) in contrast to 20.7 months for *WRN* unmethylated samples (Agrelo et al. 2006). Thus, *WRN* promoter methylation represents a predictor of increased survival in colon cancer patients treated with the topoisomerase inhibitor irinotecan. WS cells are also hypersensitive to camptothecin (CPT), an analog of irinotecan (Harrigan et al. 2007). The correlation between *WRN* methylation status and irinotecan response clearly needs to be independently confirmed by other investigators, as numerous genes undergo methylation-associated changes in the tumors (Esteller 2007). Future studies with different tumors types and different DNA damaging agents in epigenetically silenced *WRN* cells would be necessary to support these findings.

Conclusion

WS is a rare autosomal recessive disorder, characterized by early onset of numerous aging symptoms, including atherosclerosis, osteoporosis, type 2 diabetes mellitus and enhanced risk of rare cancers. Because of the relatively non-specific nature of the symptoms and several clinical features of the disease, understanding the clinical, molecular and biochemical characteristics of WS thoroughly, as we discussed in this review, will help to diagnose WS accurately. In addition, rather than using one technique for the diagnosis of WS, combining different methods mentioned in this review is also important for its diagnosis.

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Fig. 1. Werner syndrome patients. Japanese-American WS patient at ages 15 (*top left*) and 48 (*top right*) was originally reported in Epstein et al. (1966) showed early graying and thinning of hair, skin atrophy, loss of cutaneous fat and general aged feature. She carried a common Japanese WRN mutation that skips exon 26. A Caucasian WS patients, at age 8 (*bottom left*) and 36 (*bottom right*) developed bilateral cataracts, thinning of hair, atrophic skin and thin limbs (Hisama et al. 2006). She carried a homozygous deletion mutation in the helicase domain of WRN gene



Mutation types	Exonuclease	Helicase	RQC	HRDC
Missense	p.K125N (c.375A>T) p.K135E (c.403A>G)			
Nonsense		p.R732X (c.2194C>T) p.Q748X (c.2242C>T) p.Q861X (c.2581C>T)	p.R889X (c.2665C>T) p.Q962X (c.2884C>T) p.R987X (c.2959C>T)	p.Q1165X (c.3493C>T)
Insertion		p.M696fsX709 (c.2088_2089ins105) p.T726fsX731 (c.2179dupT)	p.L1043fsX1048 (c.3130dupA)	
Deletion	p.S118fsX125 (c.356_366del11) p.K167fsX177 (c.502_503delAA)	p.I557fsX560 (c.1674_1677delTTCA) p.I599fsX609 (c.1799_1800delCT) p.M696fsX705 (c.2089_2825del) p.V700fsX730 (c.2102_2103delCA)	p.K924fsX973 (c.2773delG) p.D1009fsX1021 (c.3028_3031delCAAA) p.Q1010fsX1024 (c.3033_3034delAG) p.T1011fsX1024 (c.3034_3035delGA)	p.V1195fsX1198 (c.3587delA)
Splice junction	p.Y218fsX227 (c.655-1G>A r.655_724del70)	p.T757fsX760 (c.2448+1G>T r.2274_2448del)	p.S941fsX975 (c.2826-1G>C r.2826_2967del142)	p.Q1153fsX1158 (c.3460-2A>G) (c.3572+2T>A r.3460_3572del113)

Fig. 2.

Summary of *WRN* mutations found in WS patients. *WRN* protein is shown schematically. RQC, RecQ helicase conserved region; HRDC, helicase, RNaseD, C-terminal conserved region; NLS, nuclear localization signal. The amino acid notations of the mutations are located throughout the functional motifs of the *WRN* gene. Nucleotide notations are given in the parentheses. *fs* frame shift, *del* deletion, *ins* insertion, *X* stop codon

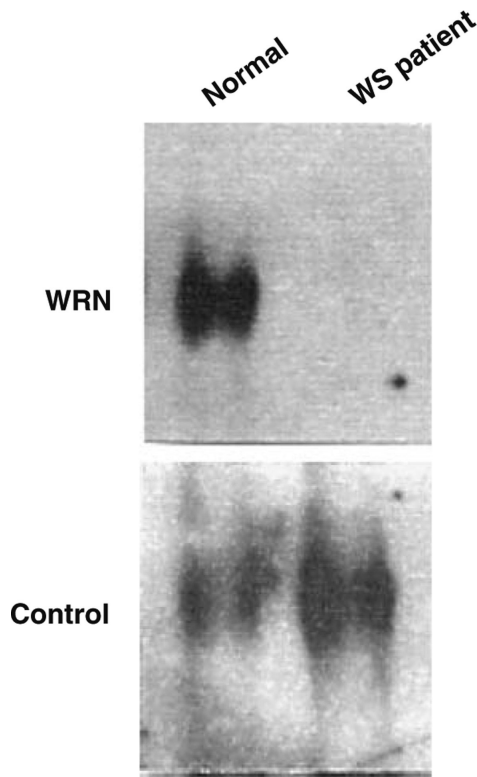


Fig. 3. Western blot analysis of WRN protein. Cells derived from the WS patient expressed no detectable WRN protein of the correct size observed in the cells from the normal individual. Control bands are shown here to ensure the equal loading of the protein

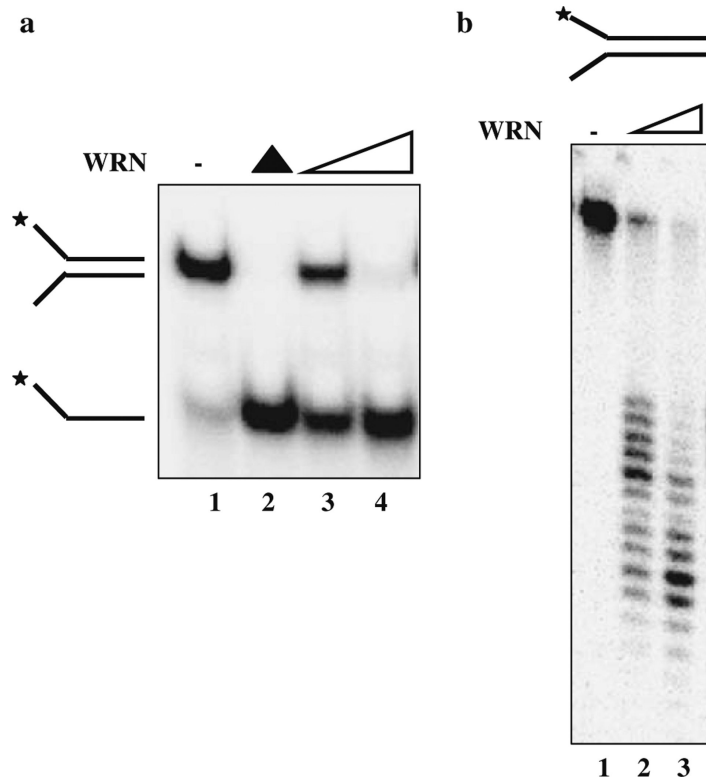


Fig. 4.
a WRN helicase activity. WRN protein (3 nM, *lane 2* and 6 nM, *lane 3*) was incubated with a forked DNA substrate for 15 min at 37°C. Reaction products were analyzed on a 12% native polyacrylamide gel. *Lane 1* forked DNA substrate, *lane 4* heat-denatured substrate. **b** WRN exonuclease activity on a 34 bp forked substrate. Reactions contained 4 or 8 nM WRN (*lanes 2* or *3*, respectively) and were incubated with 0.5 nM DNA substrate for 15 min at 37°C. *Lane 1* DNA substrate. Products were heat-denatured for 5 min at 95°C, analyzed on a 14% denaturing polyacrylamide gel and visualized using a PhosphorImager

Table 1

Clinical diagnostic criteria for Werner syndrome

Major signs and symptoms (onset over 10 years old)

- Cataracts (bilateral)
- Characteristic dermatological pathology (tight skin, atrophic skin, pigmentary alterations, ulceration, hyperkeratosis, regional subcutaneous atrophy) and characteristic facies ('bird-like' face)
- Short stature
- Premature greying and/or thinning of scalp hair
- [Parental consanguinity (third cousin or closer) or affected sibling]
- [Positive 24-h urinary hyaluronic acid test when available]

Additional signs and symptoms

- Type 2 diabetes mellitus
- Hypogonadism (secondary sexual underdevelopment, diminished fertility, testicular or ovarian atrophy)
- Osteoporosis
- Osteosclerosis of distal phalanges of fingers and/or toes (x-ray diagnosis)
- Soft tissue calcification
- Evidence of premature atherosclerosis (e.g., history of myocardial infarction)
- Neoplasms: mesenchymal (i.e. sarcomas), rare (unusual), or multiple
- Abnormal voice (high-pitched, squeaky, or hoarse)
- Flat feet

Definite diagnosis

- All the major signs and two additional signs

Probable diagnosis

- The first three major signs and any two others

Possible diagnosis

- Either cataracts or dermatological alterations and any four others

Exclusion of diagnosis

- Onset of signs and symptoms before adolescence (except short stature)
