

# Single-molecule spectroscopy reveals how calmodulin activates NO synthase by controlling its conformational fluctuation dynamics

Yufan He<sup>a,1</sup>, Mohammad Mahfuzul Haque<sup>b,1</sup>, Dennis J. Stuehr<sup>b,2</sup>, and H. Peter Lu<sup>a,2</sup>

<sup>a</sup>Center for Photochemical Sciences, Department of Chemistry, Bowling Green State University, Bowling Green, OH 43403; and <sup>b</sup>Department of Pathobiology, Lerner Research Institute, Cleveland Clinic, Cleveland, OH 44195

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**Mechanisms that regulate the nitric oxide synthase enzymes (NOS) are of interest in biology and medicine. Although NOS catalysis relies on domain motions, and is activated by calmodulin binding, the relationships are unclear. We used single-molecule fluorescence resonance energy transfer (FRET) spectroscopy to elucidate the conformational states distribution and associated conformational fluctuation dynamics of the two electron transfer domains in a FRET dye-labeled neuronal NOS reductase domain, and to understand how calmodulin affects the dynamics to regulate catalysis. We found that calmodulin alters NOS conformational behaviors in several ways: It changes the distance distribution between the NOS domains, shortens the lifetimes of the individual conformational states, and instills conformational discipline by greatly narrowing the distributions of the conformational states and fluctuation rates. This information was specifically obtainable only by single-molecule spectroscopic measurements, and reveals how calmodulin promotes catalysis by shaping the physical and temporal conformational behaviors of NOS.**

conformational motion | flavoprotein | domain–domain interaction | FRET | electron transfer

**A**lthough proteins adopt structures determined by their amino acid sequences, they are not static objects and fluctuate among ensembles of conformations (1). Transitions between these states can occur on a variety of length scales (Å to nm) and time scales (ps to s) and have been linked to functionally relevant phenomena such as allosteric signaling, enzyme catalysis, and protein–protein interactions (2–4). Indeed, protein conformational fluctuations and dynamics, often associated with static and dynamic inhomogeneity, are thought to play a crucial role in biomolecular functions (5–11). It is difficult to characterize such spatially and temporally inhomogeneous dynamics in bulk solution by an ensemble-averaged measurement, especially in proteins that undergo multiple-conformation transformations. In such cases, single-molecule spectroscopy is a powerful approach to analyze protein conformational states and dynamics under physiological conditions, and can provide a molecular-level perspective on how a protein's structural dynamics link to its functional mechanisms (12–21).

A case in point is the nitric oxide synthase (NOS) enzymes (22–24), whose nitric oxide (NO) biosynthesis involves electron transfer reactions that are associated with relatively large-scale movement (tens of Å) of the enzyme domains (Fig. 1*A*). During catalysis, NADPH-derived electrons first transfer into an FAD domain and an FMN domain in NOS that together comprise the NOS reductase domain (NOSr), and then transfer from the FMN domain to a heme group that is bound in a separate attached “oxygenase” domain, which then enables NO synthesis to begin (22, 25–27). The electron transfers into and out of the FMN domain are the key steps for catalysis, and they appear to rely on the FMN domain cycling between electron-accepting and electron-donating conformational states (28, 29) (Fig. 1*B*). In

this model, the FMN domain is suggested to be highly dynamic and flexible due to a connecting hinge that allows it to alternate between its electron-accepting (FAD→FMN) or closed conformation and electron-donating (FMN→heme) or open conformation (Fig. 1*A* and *B*) (28, 30–36). In the electron-accepting closed conformation, the FMN domain interacts with the NADPH/FAD domain (FNR domain) to receive electrons, whereas in the electron donating open conformation the FMN domain has moved away to expose the bound FMN cofactor so that it may transfer electrons to a protein acceptor like the NOS oxygenase domain, or to a generic protein acceptor like cytochrome *c*. In this way, the reductase domain structure cycles between closed and open conformations to deliver electrons, according to a conformational equilibrium that determines the movements and thus the electron flux capacity of the FMN domain (25, 28, 32, 34, 35, 37). A similar conformational switching mechanism is thought to enable electron transfer through the FMN domain in the related flavoproteins NADPH-cytochrome P450 reductase and methionine synthase reductase (38–42).

NOS enzymes also contain a calmodulin (CaM) binding domain that is located just before the N terminus of the FMN domain (Fig. 1*B*), and this provides an important layer of regulation (25, 27). CaM binding to NOS enzymes increases electron transfer from NADPH through the reductase domain and also triggers electron transfer from the FMN domain to the NOS heme as is required for NO synthesis (31, 32). The ability of CaM, or similar signaling proteins, to regulate electron transfer reactions in enzymes is unusual, and the mechanism is a topic of interest and intensive study. It has long been known that CaM binding alters NOSr structure such that, on average, it populates a more open conformation (43, 44). Recent equilibrium studies have detected a buildup of between

## Significance

**Electron transfer is a fundamental process in biology that can be coupled to catalysis within redox enzymes through a careful control of protein conformational movements. Using single-molecule fluorescence resonance energy transfer (FRET) spectroscopy, we find that calmodulin binding to neuronal NO synthase reductase domain (nNOSr) both alters and restricts the distributions of NOSr conformational states and the conformational lifetimes, thereby revealing a physical means by which calmodulin may control electron transfer for catalysis.**

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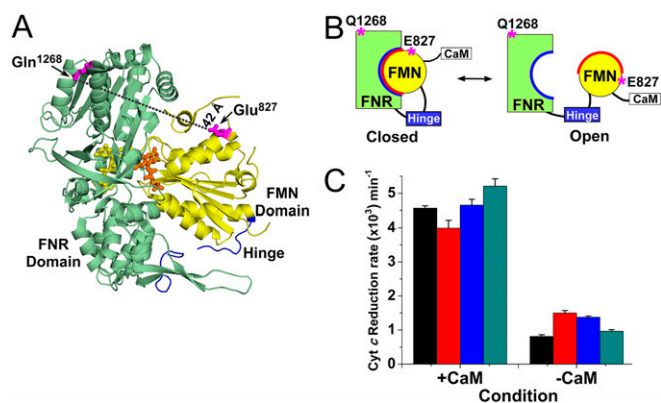
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<sup>1</sup>Y.H. and M.M.H. contributed equally to this work.

<sup>2</sup>To whom correspondence may be addressed. Email: stuehrd@ccf.org or hplu@bgsu.edu.

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**Fig. 1.** (A) The nNOSr ribbon structure (from PDB: 1TLL) showing bound FAD (yellow) in FNR domain (green), FMN (orange) in FMN domain (yellow), connecting hinge (blue), and the Cy3–Cy5 label positions (pink) and distance (42 Å, dashed line). (B) Cartoon of an equilibrium between the FMN-closed and FMN-open states, with Cy dye label positions indicated. (C) Cytochrome c reductase activity of nNOSr proteins in their CaM-bound and CaM-free states. Color scheme of bar graphs: Black, WT nNOSr unlabeled; Red, Cys-lite (CL) nNOSr unlabeled; Blue, E827C/Q1268C CL nNOSr unlabeled; and Dark cyan, E827C/Q1268C CL nNOSr labeled.

two to four discreet conformational populations in NOS enzymes and in related flavoproteins, and in some cases, have also estimated the distances between the bound FAD and FMN cofactors in the different species (26, 36, 37, 39, 40), and furthermore, have confirmed that CaM shifts the NOS population distribution toward more open conformations (34, 36, 45). Although valuable, such ensemble-averaged results about conformational states cannot explain how electrons transfer through these enzymes, or how CaM increases the electron flux in NOS, because answering these questions requires a coordinate understanding of the dynamics of the conformational fluctuations. Indeed, computer modeling has indicated that a shift toward more open conformations as is induced by CaM binding to nNOS should, on its own, actually diminish electron flux through nNOS and through certain related flavoproteins (38). Despite its importance, measuring enzyme conformational fluctuation dynamics is highly challenging, and as far as we know, there have been no direct measures on the NOS enzymes or on related flavoproteins, nor studies on how CaM binding might influence the conformational fluctuation dynamics in NOS.

To address this gap, we used single-molecule fluorescence energy resonance transfer (FRET) spectroscopy to characterize individual molecules of nNOSr that had been labeled at two specific positions with Cyanine 3 (Cy3) donor and Cyanine 5 (Cy5) acceptor dye molecules, regarding their conformational states distribution and the associated conformational fluctuation dynamics, which in turn enabled us to determine how CaM binding impacts both parameters. This work provides a unique perspective and a novel study of the NOS enzymes and within the broader flavoprotein family, which includes the mammalian enzymes methionine synthase reductase (MSR) and cytochrome P450 reductase (CPR), and reveals how CaM's control of the conformational behaviors may regulate the electron transfer reactions of NOS catalysis.

## Results

Cys residues in nNOSr that were found to be reactive toward our Cy FRET dyes were changed to Ser using site-directed mutagenesis, to generate a “Cys-lite” version of the enzyme (CLnNOSr) that displayed only residual reactivity toward the FRET dyes (Fig. S1). We then incorporated Cys residues at two surface sites on the enzyme's FNR and FMN domains (Q1268C and E827C, respectively) (Fig. 1) that are: (i) located outside of the FNR-FMN

domain interface, and (ii) expected to fluctuate within a distance range of  $\sim 40\text{--}60$  Å for the closed and maximally open states, respectively (Fig. 1 A and B), which allows for monitoring of conformational changes by FRET of the Cy3–Cy5 pair, using a corrected Forster radius of  $R_o$ , 45 Å that we determined for the dyes when bound to the nNOSr protein. The E827C/Q1268C variant could be labeled with the Cy3 and Cy5 maleimide dyes to near stoichiometry (1.1 and 0.9 mol dye per mol enzyme, respectively) (Fig. S1), and the Cy3–Cy5-labeled enzyme displayed a normal catalytic activity and CaM response compared with native nNOSr enzyme or to the CLnNOSr precursor enzyme (Fig. 1C).

For the FRET spectroscopic experiments, single molecules of dye-labeled nNOSr were entrapped in chambers formed within a buffered 1% agarose gel, then the single-molecule FRET fluctuation time trajectories were recorded under a home-modified single-molecule spectroscopic imaging microscope. A detailed description of the experimental set up and approaches has been published (14, 15).

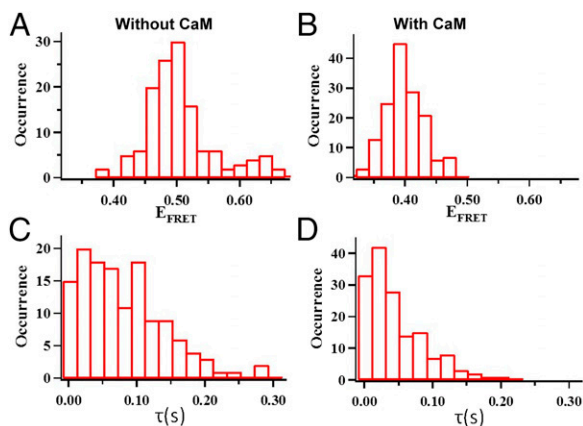
Fig. 2 A and B shows typical donor–acceptor (D–A) two-channel fluorescence images collected for single molecules of Cy3–Cy5 labeled nNOSr within a  $10 \mu\text{m} \times 10 \mu\text{m}$  laser confocal scanning area in the agarose gel. Each feature in the images is attributed to a single nNOSr molecule; the intensity variation between the molecules is due to FRET and the different longitudinal positions in the light focal depths. Protein conformational changes that cause changes in FRET D–A distance result in coincident and opposite, anti-correlated donor and acceptor fluorescence signal fluctuations (donor decreases, acceptor increases, and vice versa). Fig. 2 C shows the intensity vs. time trajectories of the Cy3 donor [ $I_d(t)$ , green]- and Cy5 acceptor [ $I_a(t)$ , red]-labeled nNOSr under the CaM-free condition. Typically, single-molecule D–A signal fluctuation involves not only FRET-related fluctuation, which shows the anti-correlated relation between the D–A signal fluctuations; but also noncorrelated thermal-related random fluctuation, and measurement noise. To extract the conformational dynamics information from the intensity vs. time trajectories of the Cy3 donor [ $I_d(t)$ , green]- and Cy5 acceptor [ $I_a(t)$ , red]-labeled nNOSr, we applied autocorrelation and cross-correlation function analysis to characterize the fluctuations due to the FRET energy transfer process. Fig. 2 D shows the autocorrelation functions of the donor and acceptor signals, and Fig. 2 E shows the cross-correlation function between donor and acceptor signals, all of the correlation functions can be fit with the same decay rate constant within a SD, which confirms that both the donor and acceptor signal fluctuations arise from the same origin, namely the single molecule protein conformational fluctuations.

Fig. 2 F shows the FRET efficiency vs. time ( $E_{\text{FRET}} \sim t$ ) trajectory, calculated as  $E_{\text{FRET}} = I_a / (I_d + I_a)$  from Fig. 2 C. The  $E_{\text{FRET}} \sim t$  trajectory reflects the protein conformational motion dynamics, indicating that the Cy3–Cy5 labeled domains of nNOSr fluctuate at certain rate, which provides a statistic result of the protein conformational states. A histogram (Fig. 2 G) deduced from the  $E_{\text{FRET}} \sim t$  data of a single nNOSr molecule reflects the distribution of molecular conformations it adopted over the  $\sim 3$  s recording period, and shows that they arrange according to a normal distribution, with the most populated conformational states for this molecule corresponding to a  $E_{\text{FRET}}$  of 0.54.

We then studied how CaM binding impacts the conformational distribution of nNOSr. We analyzed single molecules of CaM-free or CaM-bound nNOSr as described in Fig. 2, determined each molecule's mean  $E_{\text{FRET}}$  value (as in Fig. 2 F and G), and then plotted the distributions of these means. The histograms (Fig. 3 A and B) show that the CaM-free and the CaM-bound nNOSr molecules both populate many conformations that have a range of  $E_{\text{FRET}}$  values. Notably, the CaM-bound molecules populate a tighter distribution of conformational states, which have lower mean FRET efficiency. The mean  $E_{\text{FRET}}$  value decreased from 0.49 to 0.38 due to CaM binding to nNOSr. Based on the Forster radius of Cy3 and Cy5 and related considerations





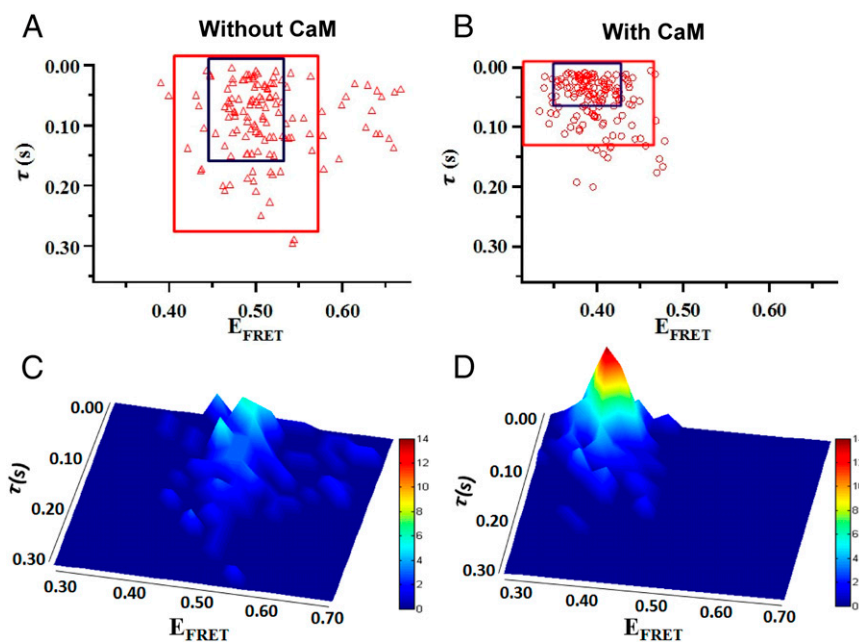


**Fig. 3.** (Upper) Histograms of the of FRET efficiency distribution from the  $E_{\text{FRET}}$  vs. time trajectories (each occurrence is the mean value from histograms as in Fig. 2G) without (A) or with (B) CaM. (Lower) Histograms of the of delay time ( $\tau$ ) distribution from autocorrelation of the intensity vs. time trajectories without (C) or with (D) CaM.

correlation times within the 5–120 ms time window, with most having times less than 50 ms (Fig. 3D). This observation is consistent with CaM binding causing a structural change in nNOSr from a more flexible to a more rigid conformation. More rigid conformational states would have a faster and narrower fluctuation rate distribution than do the CaM-free, more flexible conformational states. An ability of CaM to diminish longer-lived conformational states of nNOSr has not been previously reported, and it likely reveals a mechanism by which CaM binding can increase electron flux through nNOSr during catalysis.

To further illustrate how CaM binding impacts the conformational behaviors of nNOSr, we plotted the pairs of conformational fluctuation correlation times  $\tau$  and  $E_{\text{FRET}}$  values that we observed for many individual nNOSr molecules, without and

with bound CaM (Fig. 4A and B). The same data distributions are also plotted as 3D topographical illustrations (Fig. 4C and D). Several interesting and fundamental concepts emerge from the graphic analysis: First, along with CaM inducing a shift to more open conformations with shorter dwell times, CaM caused a remarkable tightening in the molecular distributions of both parameters. For example, in the absence of CaM (Fig. 4A and C), the nNOSr molecules distribute broadly in both their conformational space and time dimensions to create a rugged conformational landscape, such that only 83% of the molecules lie within 2 SDs of the mean pair value (the points contained within the red box in Fig. 4A are within 2 SDs). CaM binding caused the nNOSr molecules to distribute much more tightly in both dimensions to create a simpler conformational landscape, such that 91% of the molecules now lie within two SDs of the mean (Fig. 4B and D). The tighter clustering of paired conformational states and dwell times induced by CaM is such that the rectangles enclosing all CaM-bound nNOSr molecules that lie within 1 or 2 SDs of the mean pair (the blue and red boxes are for 1 and 2 SDs, respectively, Fig. 4B) are each 2.5 times smaller in area than the corresponding boxes enclosing the CaM-free nNOSr molecules that lie within 1 or 2 SDs of the mean pair. This tightening of the distribution is also indicated by the higher central topographic peak in Fig. 4D. Secondly, CaM binding reduced or eliminated the most long-lived and the most closed conformations of nNOSr that are otherwise populated under the CaM-free condition, and whose presence may be expected to retard steady-state electron transfer during catalysis by nNOSr. This effect is manifested by the disappearance of paired points lying beyond  $\tau$  values of 0.2 and beyond  $E_{\text{FRET}}$  values of 0.5 in Fig. 4B and D compared with Fig. 4A and C. Third, the graphs show that there is no strong correlation apparent between a nNOSr molecule's conformational state ( $E_{\text{FRET}}$ ) and its conformational dwell time  $\tau$  in either the CaM-free or CaM-bound condition. This result indicates that longer-lived states of nNOSr do not preferentially populate more closed or more open conformational states, and



**Fig. 4.** Impact of CaM binding on the distribution of single nNOSr molecules regarding their conformational fluctuation correlation times ( $t$ ) and their associated FRET efficiencies ( $E_{\text{FRET}}$ ). (A and B) Blue and red boxes contain all molecules that lie within 1 and 2 SD from the mean value pair, respectively. (C and D) 3D histograms plotting the molecular pair distributions in A and B. The heights of the peaks and their colors are proportional to the number of molecules, as indicated by the bars.

instead are distributed fairly evenly across the entire range of conformations.

## Discussion

Our single-molecule approach afforded a novel and fundamental study of the conformational dynamics of individual nNOSr molecules, and paired this information with their associated molecular conformational states ( $E_{\text{FRET}}$ ). Because previous ensemble studies could only report on the averaged protein conformational distributions, and could not provide insight into the conformational dynamics (34, 37, 38, 40), our study represents a significant advance and provides an interesting perspective on how CaM may regulate nNOSr electron transfer reactions through its control of protein conformational behavior.

Our data reveal that CaM alters nNOSr conformational behaviors in three ways: (i) It supports faster conformational fluctuations (i.e., shorter dwell times) across the entire conformational landscape. (ii) It tightens the distributions of nNOSr conformational states and dwell times, and diminishes the most closed states and the longest-lived species. (iii) It causes nNOSr to favor more open conformational states. Each of these three CaM effects, on their own, could increase electron flux through a dual-flavin reductase enzyme like nNOSr. However, in the context of nNOSr, the first two CaM effects are likely to be the most important. For example, modeling shows that the surest way to increase electron flux through nNOSr, or through any related dual-flavin reductase enzyme, is to increase the extent of interconversion among the enzyme's different conformational states (i.e., shortening their dwell times, effect i) (27, 36, 37, 46). CaM's additional effect of tightening the conformational state and dwell time distributions (effect ii) should also help, particularly because it minimizes populations of closed species which are unable to transfer electrons to an acceptor protein like cytochrome *c* (or to the nNOS oxygenase domain), and because it minimizes the formation of longer-lived conformational species which may retard the enzyme cycling to support electron flux. These effects are exactly what CaM appears to be doing when it binds to nNOSr. In comparison, CaM's shifting of the nNOSr conformational equilibrium to favor more open states (effect iii) may not always be useful for improving the electron flux to cytochrome *c*. This effect is because shifting the conformational equilibrium too far away from unity, or creating extremely open forms of nNOSr (as appears to occur in some cytochrome P450 reductase hinge mutants; refs. 47 and 48) could retard electron flux through the enzyme by making it more difficult for the open nNOSr molecules to close up as is required to continue cycling during catalysis (46). As noted, CaM's demonstrated ability to increase the interconversion rates among nNOSr conformational species (effect i) could actually make up for, or even overcome, any deleterious shift that CaM may cause in the nNOSr open-closed conformational equilibrium. Thus, our finding that CaM speeds nNOSr conformational dynamics helps to resolve a paradox that kinetic models had uncovered as early as 2009 (27), regarding how CaM's impact on the open-closed conformational equilibrium could actually increase electron flux through nNOSr.

Our current findings can also inform on how CaM activates heme reduction for NO synthesis in full-length nNOS. Interestingly, CaM's ability to increase the conformational interconversion rates (effect i) may not be as important in the case of nNOS heme reduction, because the available data and modeling show that the interconversion rates in CaM-free nNOSr are already faster than is the nNOS heme reduction rate, and so should already be sufficient (27, 46). In contrast, CaM's tightening of the nNOSr conformational distribution (effect ii) may be the more important effect regarding nNOS heme reduction. Consider that cytochrome *c* is an electron acceptor floating freely in solution, whereas the nNOS oxygenase domain is tethered covalently to nNOSr through the CaM binding site. Thus, restricting the degrees of freedom for FMN domain motion, once it is freed from the FNR domain, could

greatly increase the probability of a productive contact between the FMN domain and the nNOS oxygenase domain in unit time, by simply minimizing formation of different open conformational states, most of which are unproductive for nNOS heme reduction but are perfectly fine to achieve cytochrome *c* reduction. In this context, CaM's promoting more open conformational states (effect iii) could particularly help to enable nNOS heme reduction, because maintaining a conformational equilibrium setpoint near unity that supports maximal electron flux through nNOSr (as is measured by cytochrome *c* reduction) is not necessary in the circumstance of NOS heme reduction, nor is it even desired (49).

Although our current study focused on nNOSr, we suspect that similar conformational behavior occurs in other NOS enzymes and in related dual-flavin enzymes like CPR and MSR. In the case of endothelial NOS, previous studies and modeling (34, 38) would predict that it may exhibit significant differences in its conformational states distribution (favoring more closed states relative to nNOSr) and in its conformational dwell times (favoring longer-lived states relative to nNOSr). These differences and related aspects can now be addressed using our single molecule approach.

To conclude, obtaining coordinate information on conformational states and dwell times in a multidomain redox enzyme, at a single molecule level, is a powerful means to define the enzyme's conformational behavior and to investigate how its conformational behavior relates to catalysis, and in the case of NOS how these facets are regulated by external players such as CaM. Our current results shed new light on how CaM and nNOS function in signal cascades by revealing how their interaction directs the conformational behavior of nNOS, which in turn enables the electron transfer reactions required to support NO synthesis.

## Materials and Methods

**Expression and Purification of nNOSr Proteins.** nNOSr protein expression was induced at room temperature over 1 or 2 d in *E. coli* BL21(DE3) that harbored the pACYC-CaM plasmid as described (34). The nNOSr proteins were purified by sequential chromatography on a 2',5'-ADP Sepharose affinity column and CaM-Sepharose resin as reported (34). Purity of each protein was assessed by SDS/PAGE and spectral analysis. For the nNOSr proteins, concentration was determined by using an extinction coefficient of  $22,900 \text{ M}^{-1} \text{ cm}^{-1}$  at 457 nm for the fully oxidized form (34).

**Preparation of the Cy3 + Cy5-Labeled nNOSr.** We used mass spectrometry to identify maleimide dye-reactive Cys residues present in nNOSr, and then used site-directed mutagenesis to convert these to Ser, thus generating a "Cys-lite" version (CLnNOSr). Based on crystal structures, we mutated two cysteine residues at the surface of the FMN and FNR domains (E827C and Q1268C) (28, 47, 50) and labeled them with Cy3 and Cy5 maleimide dyes. Detail has been described in *SI Materials and Methods*.

**Steady-State Cytochrome *c* Reduction Assay.** The cytochrome *c* reductase activity was determined at room temperature by monitoring the absorbance increase at 550 nm and using an extinction coefficient  $\epsilon_{550} = 21 \text{ mM}^{-1} \text{ cm}^{-1}$  as described (34, 38). To overcome a dilution-based dissociation of FMN from the nNOSr, we added 6-OH-FMN, which has much less fluorescence than FMN but still binds within nNOSr and supports its catalysis. 6-OH-FAD was a gift from David Ballou (University of Michigan). 6-OH FMN was generated from 6-OH-FAD using snake venom phosphodiesterase I and then purified as described (51) and the conversion and purity was checked in HPLC. Detail has been described in *SI Materials and Methods*.

**Preparation of Samples for FRET Measurement.** In our experiments, 1 nM nNOSr with oxygen scavenger solution were sandwiched between two clean glass coverslips in 1% agarose gel (in 99% water). In the 1% agarose gel, single nNOSr enzyme molecules can rotate freely (14, 17, 52–54). Detail of sample preparation has been described in *SI Materials and Methods*.

**Single-Molecule Imaging and FRET Measurements.** We used the single-molecule photon stamping approach (16, 17, 52) to record the single-molecule FRET fluctuation time trajectories photon-by-photon for both the donor and acceptor simultaneously. A detailed description of the experimental set up has been published (16, 52). A brief description of measurement has been described in

supporting information. Briefly, the fluorescence images and photon-counting trajectories were acquired with an inverted confocal microscope (Axiovert 200, Zeiss). The excitation laser (532 nm CW, Crystalaser) confocal beam was reflected by a dichroic beam splitter (Z532Rdc, Chroma Technology) and was focused by a high-numerical-aperture objective (1.3 NA, 100 $\times$ , Zeiss) on the sample at a diffraction limited spot of  $\sim$ 300 nm diameter. To obtain the fluorescence images and intensity trajectories, the emission signal was split by using a dichroic beam splitter (640dxc) into two color beams centered at 570 nm and 670 nm representing Cy3 and Cy5 emissions, respectively. The two channels of signal were detected by a pair of Si avalanche photodiode single photon counting modules (SPCM-AQR-16, Perkin-Elmer Optoelectronics). Typical images (10  $\mu$ m  $\times$  10  $\mu$ m)

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