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#### TOXICOKINETICS OF CHIRAL POLYCHLORINATED BIPHENYLS ACROSS DIFFERENT SPECIES—A REVIEW

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#### Abstract

Nineteen PCBs (chiral or C-PCBs) exist as two stable rotational isomers (atropisomers) that are non-superimposable mirror images of each other. C-PCBs are released into the environment as racemic (i.e., equal) mixtures of both atropisomers and undergo atropisomeric enrichment due to biological, but not abiotic processes. In particular toxicokinetic studies provide important, initial insights into atropselective processes involved in the disposition (i.e., absorption, distribution, biotransformation and excretion) of C-PCBs. The toxicokinetic of C-PCBs is highly congener and species dependent. In particular at lower trophic levels, abiotic processes play a predominant role in C-PCB toxicokinetics. Biotransformation plays an important role in the elimination of C-PCBs in mammals. The elimination of C-PCB follows the approximate order mammals > birds > amphibians > fish, mostly due to a corresponding decrease in metabolic capacity. A few studies have shown differences in the toxicokinetics of C-PCBs and the underlying biological processes. Such studies will not only contribute to our understanding of the fate of C-PCBs in aquatic and terrestrial food webs, but also facilitate our understanding of human exposures to C-PCBs.

#### Keywords

Chirality; persistent organic pollutant; pharmacokinetics; enantioselective; invertebrate; vertebrate; fish; bird; mammals; humans; disposition; absorption; metabolism; excretion

#### Introduction

Polychlorinated biphenyls (PCBs) are a group of legacy chemicals that are still relevant for human and environmental health. They were manufactured by batch chlorination of biphenyl, resulting in complex chemical mixtures containing 140 to 150 of the 209 possible PCB congeners (Frame et al. 1996). PCBs are chemically and thermally stable and, therefore, persist in the environment. Like other persistent organic pollutants (POPs), PCBs bioconcentrate in living organisms and biomagnify in terrestrial and aquatic food chains due

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to their lipophilicity. Their industrial production was banned in the late 1970s due to raising environmental and human health concerns. However, recent studies demonstrate that PCBs are inadvertently generated as part of certain industrial processes, such as the production of paint pigments and adhesives (Anezaki et al. 2014, Anezaki and Nakano 2014, 2015, Hu and Hornbuckle 2010). As a result, PCBs are still present in the environment, resulting in ongoing human exposure through the air (Hu et al. 2010, Thomas et al. 2012) and/or diet (Schecter et al. 2010, Su et al. 2012). Laboratory and epidemiological studies have implicated exposure to PCBs in a range of adverse health effects in humans, including cancer as well as neurological, reproductive, endocrine and other non-cancer effects (Agency for Toxic Substances and Disease Registry 2000, Robertson and Hansen 2001).

A group of nineteen PCB congeners contain a chiral axis and, due to the presence of three or four bulky ortho chlorine substituents, exist as two stable rotational isomers (or atropisomers) that are non-superimposable mirror images of each other (C-PCBs, Table 1) (Kaiser 1974, Lehmler and Robertson 2001). C-PCBs are major constituents of technical PCB mixtures and, depending on the chlorine content, can represent 6 to 30% by weight of a PCB mixture (Kania-Korwel et al. 2008b). The manufacturing process of PCBs results in the formation of racemic mixtures (Robson and Harrad 2004). Consequently, racemic C-PCBs are released into the environment. Physico-chemical (abiotic) processes, like diffusion, partition or evaporation, do not result in an atropisomeric enrichment of C-PCBs. Indeed, air samples typically do not show any atropisomeric enrichment (Asher et al. 2012, Asher et al. 2007, Jamshidi et al. 2007). On the other hand, biological processes, such as biotransformation, transport processes and protein binding (Muller and Kohler 2004), can result in an atropisomeric enrichment of C-PCBs in soils, sediments and wildlife (Lehmler et al. 2009). In particular cytochrome P450 (P450) enzymes contribute to the congener and species dependent atropisomeric enrichment of C-PCBs in wildlife, laboratory animals and humans (Lehmler et al. 2009).

Chiral signatures (i.e., the direction and extend of the atropisomeric enrichment of C-PCBs) are a powerful tool to study the movement of PCBs through aquatic and terrestrial food chains (Lehmler et al. 2009). Moreover, a growing number of studies suggest that the atropisomeric enrichment of C-PCBs is toxicologically relevant (Lehmler et al. 2005, Pessah et al. 2009, Yang et al. 2014). However, most environmental and, to some extent, laboratory studies report only a snapshot of chiral signatures (i.e., at the time of sample or specimen collection) in aquatic and terrestrial food webs (Asher et al. 2007, Dang et al. 2010, Lu et al. 2014, Wong et al. 2004). Therefore, many fundamental questions about atropselective processes involved in absorption, distribution, biotransformation and excretion of C-PCB remain unanswered. Inferences about the atropselectivity of biological processes (e.g., biotransformation) involved in C-PCB disposition can be derived from toxicokinetic studies, especially for non-mammalian species where suitable in vitro models (e.g., recombinant enzymes) are not available. The objective of the present review is to summarize our current knowledge of the toxicokinetics of PCB atropisomers in different species and to assess human exposure to atropisomerically enriched C-PCBs. Because of the limited number of studies investigating the toxicokinetics of PCB atropisomers, general toxicokinetics studies

that include C-PCBs are also discussed to provide an overall context and identify future research needs.

#### Species of lower trophic levels (e.g., invertebrate)

Opossum shrimp (*Mysis relicta*) is an important food source for fish in temperate lakes in North American and Europe (Wong et al. 2004). The total estimated biomass of *Mysis relicta* in the southern basin of Lake Michigan was approximately  $1.16-1.74 \times 10^3$  t dry weight in 2000 (Pothoven et al. 2004). As shown in Fig. 1, the elimination of PCBs in mysids (*Mysis relicta*) depends, at least in part, on the chlorine substitution pattern (Warner and Wong 2006). For example, the uptake and elimination profiles of the pentachlorinated PCBs 91 and 95 are dissimilar, which suggests that factors other than simple physicochemical-processes (i.e., passive diffusion) contribute to their uptake and elimination. A statistically significant atropiomeric enrichment of PCBs 91, 95 and 149, but not PCBs 136 and 183 is observed in *Mysis relicta* (Fig. 1). It is likely that the atropisomeric enrichment of PCBs 91, 95 and 149 is due to currently uncharacterized biotransformation processes, which provides evidence that even species at lower trophic levels may alter chiral signatures of PCBs in aquatic food webs.

The marine worm species *Nereis diversicolor* and *Nereis virens* are used as biomonitors for PCB contamination in the sediment compartment of aquatic ecosystems (Bennett et al. 2011, Durou et al. 2007). Nereis diversicolor is capable of metabolizing some PCB congeners, such as PCB 52, to polar biotransformation products (Goerke and Weber 2001). However, it is currently unclear if Nereis diversicolor can metabolize C-PCB congeners, such as PCB 95. In fact, PCB 95 is relatively persistent in this species (elimination half-lives from 6.9 to 11.5 weeks), especially compared to other, lower-to-medium chlorinated PCBs 44, 52, 87 and 101 (elimination half-lives from 0.58 to 5.7 weeks) (Goerke and Weber 1990, Goerke and Weber 2001). This difference in elimination half-lives is potentially due to differences in the biotransformation of the PCB congeners under investigation and suggests that PCB 95 undergoes no or only slow biotransformation in Nereis diverisolor. Another worm species, Nereis virens, exhibits total body elimination rate constants an order of magnitude higher than Nereis diverisolor, effectively eliminating more than 90% of PCB body burden (Bennett et al. 2011). The whole body elimination rate constants for PCBs 95 and 149 are 0.10 and 0.09 d<sup>-1</sup>, respectively. Similarly rapid C-PCB elimination is observed in Lumbriculus variegatus and Hexagenia spp. (Van Geest et al. 2011). Specifically, PCBs 95 and 149 have elimination rates ranging from 0.301 to 0.367  $d^{-1}$  in both species. In both studies, the PCB depuration strongly depends on the experimental conditions, including the duration of the uptake and depuration phases, the temperature and the lipid composition of the organism (Bennett et al. 2011, Van Geest et al. 2011), and likely does not involve PCB metabolism.

Bivalves, such as the freshwater mussel, *Elliptio complanata*, and the green-lipped mussel, *Perna viridis*, are filter-feeders and consume particle-bound PCBs in aquatic systems. They rapidly reflect changing PCB levels in the water and, therefore, are used to monitor aquatic PCB pollution (O'Rourke et al. 2004, Takabe et al. 2011, Tanabe et al. 1987, Wang et al. 2010a). The rapid change in PCB levels in mussels is due to the large gill surface to volume

ratio (Morrison et al. 1995). The comparatively large gill surface area also allows mussels to eliminate PCB faster compared to fish. Typically the elimination rate constants of selected C-PCB congeners range from <0.005 to 0.22 day<sup>-1</sup> in different bivalves (Table 2). The elimination rate constants for PCBs inversely depend on the octanol-water partition coefficient  $K_{OW}$  (O'Rourke et al. 2004, Wang et al. 2010a) and, thus, are not driven by biological processes. For example, PCBs 91 and 95 have the highest elimination rate constants in *Elliptio complanata*, whereas PCB 174 has the lowest rate constants (O'Rourke et al. 2004). Similarly, the clearance of higher chlorinated C-PCB, such as PCB 149, is much slower in green-lipped mussels (*Perna viridis*) (Tanabe et al. 1987). Although bivalves have relatively poor biotransformation capacities (O'Rourke et al. 2004), limited experimental evidence indicates that some C-PCBs undergo atropisomeric enrichment in bivalves (Dang et al. 2010, Hühnerfuss et al. 1995, Morrissey et al. 2007, Wong et al. 2001). It is therefore possible that there are differences in the toxicokinetics of C-PCBs in bivalves due to yet uncharacterized biotransformation processes.

#### Fish

Fish represents an important source of human PCB exposure (Darnerud et al. 2006, Kostyniak et al. 2005, Schecter et al. 2010, Voorspoels et al. 2008), thus resulting in significant PCB exposures of certain human subpopulations (see section on C-PCBs levels in human blood and tissue below). Because the atropisomeric enrichment of C-PCBs in fish is highly variable across species and between different studies (Lehmler et al. 2009), human C-PCB exposure via fish likely varies in the direction and extent of the atropisomeric enrichment; however, this hypothesis has not been investigate to date. Fish are exposed to PCBs through the water and their diet (see also Invertebrae section above), which may result in the uptake of non-racemic C-PCBs from their prey (Dang et al. 2010, Lu et al. 2014, Wong et al. 2004) (Table 3). Once exposed, gill ventilation, fecal egestion, biotransformation, growth dilution and mother-to-young transfer are important and well investigated elimination processes in fish. In addition, the duration of the experiment, fish species and fish weights are factors that need to be considered in depuration studies in fish (de Boer et al. 1994, Paterson et al. 2010). Typically, larger fish appear to have longer depuration half-lives (Sijm et al. 1992, Wong et al. 2002a). In some fish species, such has rainbow trout (Oncorhynchus mykiss), the toxicokinetics of PCBs appears to be dose dependent (Brambilla et al. 2007, Buckman et al. 2004), whereas in other species, like Japanese Koi (Cyprinus carpio), the toxicokinetics can be independent of the dose (Paterson et al. 2010). All of these factors need to be taken into account when determining elimination half-lives for PCBs from combined bioconcentration/elimination laboratory studies.

Water temperature is another, well-known factor influencing elimination rates in fish. In yellow perch (*Perca flavescens*), the temperature-dependent half-lives of C-PCBs range from 4 to 14 months during the spring, which is comparable to the half-lives reported for rainbow trout (Paterson et al. 2007). In contrast, essentially no PCB elimination is detected during the winter and the highest elimination rate constants are observed during the summer temperature cycle. Since body temperature is not regulated in fish, water temperature can influence elimination rates in fish by altering the activity of P450 enzymes, with the biotransformation rate being inversely proportional to the temperature (Buckman et al. 2004,

Buckman et al. 2007, Paterson et al. 2007). While this has not been investigated previously, water temperature may therefore be a determinant of chiral signatures of C-PCBs in fish.

PCB elimination from fish is typically a physicochemical process and, therefore, does not result in differences in the elimination of PCB atropisomers. Briefly, it occurs primarily by partitioning from the gill membranes into the surrounding water, with 80–95% of PCB eliminated by this route in freshwater fish (Paterson et al. 2010). In some fish species, such as Japanese Koi (Cyprinus carpio), fecal egestion is limited and accounts for less than 20 % of the body burden (Paterson et al. 2010). In the absence of biotransformation, PCB elimination is a function of Kow values (Buckman et al. 2004, Buckman et al. 2006, Paterson et al. 2010, Thomann 1989) and the degree of chlorination (Niimi and Oliver 1988). Specifically, the half-life of persistent PCB congeners is expected to increase linearly with Kow. Interestingly, regression of the log of the PCB half-life and log Kow shows a curvilinear relationship, with a shorter half-life for PCBs with a log  $K_{ow} > 7$  (Fisk et al. 1998, Konwick et al. 2006) <ref.>. Possible explanation for this trend are that: K<sub>ow</sub> is not a good surrogate of the biological lipids; Kow's for super hydrophobic compounds are inaccurate; and an increasing resistance of PCBs with a  $\log K_{ow} > 7$  to mass transfer to storage compartments, thus resulting in an apparently faster clearance of super-hydrophobic PCBs and other persistent organic pollutants. Deviations from this curvilinear relationship between half-life and the Kow are used to indirectly assess if a compound, such as PCB 84 atropisomers, is subject to biotransformation processes (Konwick et al. 2006).

Half-lives of C-PCBs have been extensively investigated in rainbow trout (Brambilla et al. 2007, Buckman et al. 2004, Buckman et al. 2007, Buckman et al. 2006) (Table 3). The depletion half-lives of PCBs 95 and 149 were determined in rainbow trout fed a diet containing different levels of Aroclor 1254 as well as six polychlorinated dibenzodioxins and dibenzofurans (Brambilla et al. 2007). Estimated half-lives, adjusted for clearance and growth dilution, range from 2.5–5.2 months for PCB 95 and from 1.7–3.0 months for PCB 149. Similarly, depuration half-lives of eight C-PCBs in juvenile (Buckman et al. 2004) and immature (Buckman et al. 2007, Buckman et al. 2006) rainbow trout range from 2 to 8 months after administration of a mixture containing Aroclors 1242, 1254 and 1260, with the smaller fish displaying overall longer half-lives. In comparison, the elimination half-life of PCB 136 in guppy is 3.5 months (Sijm et al. 1992), but approximately 10 years for PCB 149 in eel (*Anguilla anguilla*) (de Boer et al. 1994).

Fish in general have a limited biotransformation capacity (Paterson et al. 2010). However, PCB biotransformation can make a contribution to PCB elimination in some fish species (Buckman et al. 2007, Buckman et al. 2006, White et al. 1997) and represent a dominant elimination process for these highly hydrophobic compounds (de Boer et al. 1994, Sijm et al. 1992). For example, PCBs 91, 132, 136 and 174 are subject to biotransformation in rainbow trout in some studies (Buckman et al. 2007, Buckman et al. 2006), with the biotransformation rate being higher in trout treated with a mixture of Aroclors fortified with PCB congeners known to induce the expression of CYP2B enzymes in rodents (Buckman et al. 2007). In contrast, zebrafish (*Brachydanio rerio*) does not appear to metabolize PCBs and, in the case of PCB 136, biotransformation does not contribute to the clearance rate constant of 0.0161 day<sup>-1</sup> in zebrafish (Fox et al. 1994).

Biotransformation requires the interaction of PCB congeners with chiral biomacromolecules and, unlike physicochemical processes (e.g. passive diffusion), can result in an atropisomeric enrichment. In addition to a deviation from the above mentioned curvilinear relationship between half-life and the  $K_{ow}$ , such an atropisomeric enrichment provides evidence of biotransformation processes in an aquatic ecosystem. In particular rainbow trout has been used as a model system to investigate atropselective biotransformation processes. As shown by Wong and co-authors, (+)-PCB 136 has a shorter half-life compared to (–)-PCB 136 in rainbow trout (8.7 vs. 16.9 months, respectively) (Wong et al. 2002a). In contrast, PCB 95 is not eliminated atropselectively and has a half-life of 8.7 months.

Several other studies also show an atropisomeric enrichment of PCBs in rainbow trout. Treatment of rainbow trout with a mixture containing PCBs 84, 132 and 174 plus several current use and legacy pesticides results in an atropisomeric enrichment of (–)-PCB 84 and (+)-PCB 132, whereas no enrichment is observed for PCB 174 (Konwick et al. 2006). Buckman et al. report no atropisomeric enrichment for PCBs 95, 132, 149, 174 and 183 after administration of a complex PCB mixture containing Aroclors 1242, 1254 and 1260 to rainbow trout (Buckman et al. 2006). However, PCB 136 and PCB 91 display atropisomeric enrichment in rainbow trout.

Although atropselective biotransformation is a logical explanation for the atropisomeric enrichment of C-PCBs observed in various fish species, atropselective uptake processes may also contribute to the atropisomeric enrichment. However, studies by Wong et al. (Wong et al. 2002b) (PCB 136) and Konwick et al. (Konwick et al. 2006) (PCBs 84 and 132) report an atropisomeric enrichment only during the depuration but not the uptake phase (Figs. 2 and 3). These findings provide a good indication that biotransformation is the cause of the atropisomeric enrichment in rainbow trout because PCB uptake from the gastrointestinal tract occurs by passive diffusion (Gobas et al. 1993) and, therefore, is not enantioselective. This interpretation is further supported by the fact that (+)-PCB 84 and (-)-PCB 132 fall slightly below the curvilinear relationship of the half-life and  $K_{ow}$  (Fig. 2), which also is thought to indicate biotransformation of a compound (i.e., PCB atropisomer). Consistent with this explanation, (-)-PCB 84 and (+)-PCB 132 are enriched in juvenile rainbow trout in the study by Konwick et al. (2006).

An atropisomeric enrichment of PCBs was also observed in arctic char (*Salvelinus alpinus*), where (+)-PCB 136 is slightly enriched after intraperitoneal administration of a mixture of containing PCBs 95, 132, 136, 149 and 174 plus -hexachlorocyclohexane, *cis*-chlordane and heptachlor (Wiberg et al. 2006). (–)-PCB 132 is slightly enriched in the muscle, but not the liver, whereas (+)-PCB 136 is enriched in the liver and muscle (5 week time point only). All other PCB congeners do not display any significant atropisomeric enrichment. Similarly intraperitoneal administration of racemic PCB 136 results in near-racemic chiral signatures of PCB 136 in different mouse tissues (Kania-Korwel et al. 2007). Consequently, the lack of atropisomeric enrichment in arctic char in the study by Wiberg *et al.* may be the result of the route of administration. The elimination half-lives of C-PCB in arctic char are approximately 10 days, which is significantly shorter than the half-lives in rainbow trout and yellow perch. Unfortunately, the half-lives of individual PCB atropisomers are not reported in the study by Wiberg *et al.* (2006).

The fact that C-PCBs undergo atropisomeric enrichment due to atropselective biotransformation can be used to assess the movement of PCBs through food webs and to identify species with biotransformation capacity. Wong and co-workers report near racemic PCB signatures at most low trophic level organisms in the aquatic food web of Lake Superior, indicative of a negligible capability of PCB biotransformation by these organisms (Wong et al. 2004). In contrast, some forage fish, such as slimy sculpins (Cottus cognatus) and lake herring (Coregonus artedii), display a change in atropisomeric enrichment relative to its prey, suggesting some ability of these fish species to biotransform C-PCBs. The estimated half-lives of these congeners range from 2 to 7 years. Lake trout (Salvelinus namaycush), a salmonoid closely related to the rainbow trout, displays nonracemic signatures of PCBs 91, 95, 149 and 179. These chiral signatures are not significantly different from the chiral signatures in the various major prev species, which suggests that these congeners do not undergo atropselective biotransformation in lake trout. However, as in rainbow trout, a significant enrichment of (-)-PCB 136 is observed, suggesting the preferential metabolism of (+)-PCB 136 in lake trout. The estimated half-live of PCB 136 in lake trout is comparatively long with 8 year.

Overall, growing evidence suggests that C-PCBs can undergo atropselective biotransformation in fish (reviewed in (Lehmler et al. 2009). However, the enzymes involved in C-PCB biotransformation in fish are largely unknown. Some P450 enzyme isoforms are likely involved in the metabolism of PCB in fish analogous to higher organisms. A number of studies demonstrate the presence of CYP2B-like enzymes in fish using pentoxyresorufin O-depentylase (PROD) activity (Koenig et al. 2012, Machala et al. 1997, Stegeman et al. 1997) and/or mammalian antibodies for CYP2B enzymes (Stegeman et al. 1997). Moreover, functional CYP2B-like enzymes have been isolate from fish liver microsomes (Bozcaarmutlu and Arinc 2008). However, these CYP2B-like enzymes are not inhibited by mammalian CYP2B inhibitors (Koenig et al. 2012, Machala et al. 1997) and their gene expression is not induced by classical, mammalian CYP2B-inducers, such as phenobarbital. Moreover, no genes encoding for CYP2B enzymes have been identified in fish (Goldstone et al. 2010, Uno et al. 2012). Instead, other members of the fish CYP2 family fish are immunoreactive with rat CYP2B antibodies (Yang et al. 1998) and, therefore, may account for CYP2B-like metabolism of PCBs in fish. Thus, additional work is needed to identify which P450 isoform(s) in fish are involved in the metabolism of PCBs in general and C-PCBs in particular.

#### Amphibians

Although amphibians represent a large proportion of the biomass in some ecosystem and are an important food source for fish, birds, and mammals from higher trophic levels, surprisingly little is known about the toxicokinetics of PCBs in general and C-PCBs in particular. Elimination by passive diffusion via the feces plays a major role in the elimination and, thus, the persistence of PCBs in amphibians. In addition, recent evidence suggests that at least some amphibians, such as green frogs (*Rana clamitans*) and leopard frogs (*Rana pipiens*), have limited biotransformation capacity for PCB congeners with vicinal H-atoms in *meta* and *para* position and, to a lesser extent, *ortho* and *meta* position (Leney et al. 2006a).

The elimination rate constants of C-PCBs 84, 91, 95, 132, 136, 149, 132, 174, 176 and 183 range from 0.0036 to  $0.37 d^{-1}$  in frogs. They are highly dependent on the season, with elimination rate constants typically lowest in hibernating frogs in winter, and increases by approximaletly an order of magnitude in adults in warmer seasons. Also, the life stage is an important factor, with the elimination rate constants lower in tadpoles compared to metamorphs (Angell and Haffner 2010, Leney et al. 2006c, b). More persistent PCB congeners can have elimination rate constants in amphibians that are at least one order of magnitude smaller compared to C-PCBs. It is currently unclear which specific enzymes are responsible for the biotransformation of PCBs in frogs and other amphibians; if the underlying biotransformation processes are atropselective; and which metabolites are formed. Therefore, amphibians may represent a currently unrecognized source of atropisomerically enriched PCBs and PCB metabolites in the environment.

#### Birds

Eggs, in particular free-range eggs, may represent a source of human exposure to C-PCBs (Kijlstra et al. 2007, Van Overmeire et al. 2009, Voorspoels et al. 2008, Windal et al. 2009). For example, PCB levels in eggs are the second highest contributor after fish to PCB intake based on a food market-basket study representative for the general Belgian population (Voorspoels et al. 2008). Despite the importance of eggs as a potential dietary source of PCBs in some populations, neither the toxicokinetics of C-PCBs nor the extent of their atropisomeric enrichment has been reported in chicken and, ultimately, eggs. In fact, little is known about the toxicokinetics of C-PCBs in birds in general and systematic toxicokinetic studies have only been reported ring doves (*Streptotpelia risoria*) (Drouillard and Norstrom 2003) and American kestrels (*Falco sparverius*) (Drouillard et al. 2007, Drouillard et al. 2001). In contrast to fish and amphibians, birds readily metabolize PCBs to hydroxylated (Borlakoglu and Wilkins 1993) and methylsulfonylated metabolites (Jorundsdottir et al. 2010, Karasek et al. 2007). In the case of methylsulfonyl PCBs, this metabolism appears to be atropselective (Karasek et al. 2007).

Oral administration of a mixture containing Aroclor 1242 : 1254 : 1260 (1:1:1) to ring doves results in rapid PCB absorption. The maximum concentrations ( $C_{max}$ ) for twelve PCB congeners, including C-PCBs 95 and 149, occurs within 5.3 to 7.6 h after feeding (Fig. 4) (Drouillard and Norstrom 2000). Plasma lipids achieve  $C_{max}$  in the same time period, which suggests PCBs uptake through the same mechanisms as dietary lipids. The plasma clearance rate constants for PCBs 95 and 149 are  $0.19 h^{-1}$  and  $0.24 h^{-1}$ , respectively. For comparison, the persistent congener PCB 153 has a slower clearance rate of  $0.14 h^{-1}$ in ring doves. A similar study from the same group also reports a rapid elimination of C-PCB 149, with a whole body elimination rate constant of  $0.021 to 0.025 day^{-1}$  (Drouillard and Norstrom 2003). The clearance of this PCB congener appears to be independent of the dietary fat content. Overall, clearance of PCB congeners with open *meta-para* position is faster compared to congeners with a 4,4'-dichloro substitution pattern, which indicates that PCB undergo biotransformation in ring doves.

Toxicokinetic parameters have also been determined in juvenile and adult male American kestrels (*Falco sparverius*) receiving a diet containing Aroclor 1242 : 1254 : 1260 in a 1:1:1

ratio (Drouillard et al. 2007, Drouillard et al. 2001). PCBs 95 and 149 are completely cleared from the whole body of adult birds after 348 days, with plasma clearance constants of 0.41 and 0.19, respectively. In contrast, only 65 % of the persistent congener PCB 183 is cleared from the whole body, with a clearance rate of only 0.04. The whole body elimination is more than 10 fold faster in the young than in adult kestrels. The extent of the biomagnifications in American kestrels is controlled by the elimination kinetics and not the uptake rate constants (Drouillard et al. 2001). Based on this study, metabolic biotransformation and fecal egestion of the parent PCB are likely major factors controlling the elimination of PCBs, including C-PCBs 95 and 149.

#### Toxicokinetics and disposition of C-PCBs in mammalian animal models

In mammals, such as rats, dogs and monkeys, the liver and muscle are the most important tissues for the initial distribution of PCBs because they are highly perfused, have a large mass and a high intrinsic ability to extract xenobiotics from blood (Kania-Korwel et al. 2010, Matthews and Anderson 1975, Sipes et al. 1982). This results in a rapid initial clearance of PCBs from the blood (Kania-Korwel et al. 2010, Matthews and Anderson 1975, Matthews and Tuey 1980, Sipes et al. 1982). After the initial clearance phase, PCBs are redistributed from highly into poorly perfused tissues with high affinity for PCBs (such as adipose tissue), metabolized and/or eliminated into the feces. Differences in the initial clearance phase are small for different PCB congeners, whereas the half-lives differ drastically depending on the degree of chlorination and the substitution pattern of the PCB congeners (Matthews and Tuey 1980). For example, the half-life of PCB 136 is 10-times smaller compared to PCB 153 in rats (3.6 days versus 37.2 days, respectively) (Matthews and Tuey 1980). In addition to liver and muscle, the fat compartment is another important factor in the distribution of PCBs (e.g., see: (Hansen and Welborn 1977, Kania-Korwel et al. 2010, Schnellmann et al. 1983, Wyss et al. 1982). In all species, the fat compartment is the storage tissue for PCBs and always has the highest PCB tissue-to-blood partition coefficient due to the high lipophilicity of PCBs (Schnellmann et al. 1983). For example, the human adipose tissue-to-blood partition coefficient for PCB 95 ranges from 45 to 62 (Parham et al. 1997, Wolff et al. 1982).

The estimated half-lives of C-PCBs in different mammalian species range from 0.13 to 7.9 years (Table 4). Ultimately, the rate of metabolism determines whether a PCB congener will accumulate in the body tissue of a particular species (Lutz et al. 1984, Matthews and Tuey 1980, Sipes et al. 1982). In particular rats (Luotamo et al. 1991a, Lutz et al. 1984) and dogs (Lutz et al. 1984, Zimmer et al. 1980) metabolize PCB rapidly compared to other mammalian species. For example, PCB 136 is more rapidly eliminated from the body in dogs and rats (Lutz et al. 1984, Matthews and Tuey 1980, Sipes et al. 1982). As a result of the slower metabolism, monkeys have higher PCB 136-to-PCB 136 metabolite ratios and an overall higher percentage of the total PCB 136 dose in the adipose tissue compare to dogs (Sipes et al. 1982). In rats, PCB 136 is primarily eliminated as metabolites, independent of the age (Birnbaum 1983).

The atropselective disposition of PCB 136 has been investigated in C56Bl/6 mice. In all studies, (+)-PCB 136 is enriched in all tissues and excreta, which is consistent with an

atropselective metabolism of PCB 136 by P450 enzymes. The disposition of PCB 136 atropisomers is independent of gender (Kania-Korwel et al. 2007) and dietary fat content (Kania-Korwel et al. 2008a), but depends on the dose (Kania-Korwel et al. 2008b) and route of exposure (Kania-Korwel et al. 2007). Induction of P450 enzymes with classical inducers, such as phenobarbital, dexamethasone and -naphthoflavone, prior to PCB administration consistently resulted in a slight increase in the atropisomeric enrichment (Kania-Korwel et al. 2008d). This effect is not a result of the induction of certain P450 enzymes, but most likely due to a dilution of the dose in the liver resulting from the increased liver weight after treatment with any of the above mentioned inducers. The atropisomeric enrichment of PCB 136 also depends on the mammalian species. For example, (–)-PCB 136 undergoes a slight atropisomeric enrichment in male and female Sprague–Dawley rats following intraperitoneal administration of PCB 136 (Kania-Korwel et al. 2008c). In agreement with this observation, a number of *in vitro* studies also reports an enrichment of (–)-PCB 136 due to a slower, P450 enzyme mediated metabolism (Kania-Korwel et al. 2011, Kania-Korwel and Lehmler 2013, Wu et al. 2013b, Wu et al. 2011).

A likely explanation for the atropisomeric enrichment of C-PCBs in mice is a difference in the toxicokinetics of the two PCB atropisomers. A recent study by Kania-Korwel et al. investigated toxicokinetic parameters of PCB atropisomers after oral administration of a mixture containing several C-PCBs (Table 4; Fig. 5) (Kania-Korwel et al. 2010). In this study, the maximum PCB concentration in blood and selected tissues is typically higher for the second compared to the first eluting atropisomer. No clear rank order is observed for the terminal half-lives of the atropisomers. The longest and shortest terminal half-lives are observed for (–)-PCB 132 and (–)-PCB 176, respectively. Only the half-lives of the atropisomers of PCBs 95, 132 and 149 are distinctively different. For these three congeners, the half-lives of the first eluting, (–)-atropisomer are shorter compared to the second eluting (+)-atropisomer. For example, the (–)- and (+)-PCB 132 half-lives differ by a factor of three.

The bioavailability adjusted clearances (CL/F) in the study by Kania-Korwel et al. shows a clear difference between the first and second eluting atropisomer, with the CL/F of the second eluting atropisomer being smaller for all PCB congeners (Fig. 5) (Kania-Korwel et al. 2010). This observation is consistent with the direction of the atropisomeric enrichment of C-PCBs reported in *in vitro* metabolism studies in mouse liver microsomes or tissue slices (Wu et al. 2013a, Wu et al. 2014). The accumulation factors, a measure of the relative persistence of a xenobiotic in an organism (Fig. 5), suggest a generally higher tendency of the second eluting PCB atropisomer to accumulate in mice, which is in agreement with the slower clearance of the second eluting atropisomer. The estimated blood-to-tissue distribution coefficients are the highest for adipose tissue and decreased in the order adipose tissue > liver > brain. Overall, no significant differences in the blood-to-tissue distribution coefficients are observed for the first versus the second atropisomers, which indicates that the blood-to-tissue partitioning is primarily a result of passive diffusion in mice.

Monkeys appear to have relatively long half-lives compared to other mammalian species (Table 4). This is consistent with the relatively slow metabolism of PCB 136 by liver microsomes (Wu et al. 2014). The half-life of several PCB congeners, including chiral PCB 183, was determined in the blood of female Rhesus monkeys (*Macaca mulatta*) treated for

six years with Aroclor 1254, followed by a depletion period of three years (Mes et al. 1995). The half-lives of selected PCB congeners are independent of the Aroclor 1254 doses employed (5 to 80  $\mu$ g/kg body weight/day). The half-life of PCB 183 is 0.63 years (0.33 to 1.00 years, n = 8). In comparison, the highly persistent PCB 153 has a comparable half-life of 0.67 years (0.27 to 0.96 years) in this study, which suggests that PCB 183 is not subject to detectable levels of metabolism in monkeys. This observation is not surprising because PCB 183 does not have any vicinal hydrogen atoms and, based on established structure-activity relationships for PCB metabolism, is poorly metabolized by P450 enzymes (Kania-Korwel and Lehmler 2013).

#### C-PCBs in humans: Toxicokinetics, levels and chiral signatures

#### **Toxicokinetics of C-PCBs in humans**

Understanding the toxicokinetics of PCBs in humans is important for assessing the risk of PCB exposed populations (Lipscomb and Ohanian 2006). Unfortunately, only few studies have reported the half-lives of PCB congeners in humans (Table 4), and published half-life estimates are limited to relatively few congeners (Broding et al. 2007, Grandjean et al. 2008, Ritter et al. 2011, Seegal et al. 2011, Shirai and Kissel 1996) or are Aroclor-based (Hopf et al. 2013). The reported half-lives display great disparities and range from 0.02 years to infinity, with 2-6 years being the most reliable estimates to date (Agency for Toxic Substances and Disease Registry 2000, Shirai and Kissel 1996). The human metabolic elimination rates for C-PCBs are 1.4 (PCBs 149/139), 1.5 (PCBs 84/92), 2 (PCBs 132/161), 2.4 (PCBs 174/181), 6 (PCB 91 and PCBs 98/95/93/102) and 7 years (PCB 136), respectively (Brown 1994). These human half-lives are relatively long and, overall, consistent with metabolism studies using human liver microsomes (Schnellmann et al. 1983, Wu et al. 2014) as well as animal (Matthews and Anderson 1975, Matthews and Tuey 1980, Tanabe S. 1981) and human studies of the elimination of structurally related, but non-chiral PCB congeners (Brown 1994, Chen et al. 1982). These half-life estimates need to be interpreted carefully because they are based on body burden measurements at only a few time points in the same individual. Moreover, half-life determinations assume negligible PCB intake between sample collections and first order elimination kinetics. Additional limitations of any study used for the estimation of human half-lives include analytical issues (e.g., co-elution of congener, lack of authentic PCB standards, and quantification using nonspecific electron capture detection; small sample size; short sampling intervals; and low initial body burdens).

#### C-PCBs levels in human blood and tissues

The lack of toxicokinetic data for C-PCBs in humans raises the questions whether C-PCBs are detected in the human population. Most studies measure blood PCB levels in humans, with the underlying assumption that the serum PCB levels are in an equilibrium with tissue PCB levels (Brown and Lawton 1984). This assumption is problematic for several reasons. Serum lipids differ between males and females (Phillips et al. 1989) and fluctuate with time, for example between fasting to non-fasting states (Phillips et al. 1989, Schisterman et al. 2005). Moreover, not all studies analyze PCBs in serum, but determine PCB levels in whole blood or plasma, which makes it difficult to translate blood PCB levels into body burden and

compare PCB levels from different studies. A summary of representative studies reporting C-PCB levels in human blood (depending on the study, whole blood, serum or plasma) is presented in Table 5A (see Table S1, Supplementary Material for a comprehensive summary). To facilitate a comparison between studies, all blood levels are expressed in ng/g wet weight, if necessary by applying appropriate conversions.

Unfortunately, many large human biomonitoring studies focus on highly persistent and/or dioxin-like PCB congeners and do not assess levels of C-PCBs. For example, Japanese (Ueda et al. 1999) and Australian (Harden et al. 2004) biomonitoring studies focus exclusively on dioxin-like PCBs. These congeners are frequently measured in human studies to facilitate risk assessment using Toxic Equivalency Factors (Ahlborg et al. 1994, Van den Berg et al. 2006). Analogous Neurotoxic Equivalents have been proposed by Simon for PCBs, including several C-PCBs (Simon, 2007); however, there is still limited need to measure C-PCB levels from a regulatory perspective because Neurotoxic Equivalency Factors are not widely accepted for risk assessment. Several large European biomonitoring studies, such as the German Environmental Survey (Becker et al. 1998) and the two Belgian studies (Colles et al. 2008, Verhulst et al. 2009), analyzed only a handful of "marker" congeners (PCBs 118, 138, 153, 170 and 180), but no C-PCBs. One notable exception is the National Health and Nutrition Evaluation Survey (NHANES) in the United States, which includes PCB 149 and 183 in its analyses of environmental contaminants in the general US population. Blood concentrations of PCB 149 and 183 of up to 0.004 and 0.01 ng/g wet weight, respectively, are reported by NHANES (Table 5) (Patterson et al. 2009). Several C-PCB congers, in particular PCB 183, are measured by a few biomonitoring studies, such as New Zealand's Organochlorine Programme (Buckland et al. 2001) and the Norwegian Arctic Monitoring and Assessment Programme (AMAP; www.amap.no). PCB 196 and PCB 183 (measured by AMAP only) are below the detection limit in human serum samples in both studies.

A number of smaller studies report C-PCB levels in human blood. PCB 183 is a persistent PCB congener (Hansen 2001) and, unlike other C-PCBs, is commonly found in human blood. High levels of PCB 183 are present in blood from non-Hodgkings lymphoma patients in British Columbia, Canada, with concentrations up to 0.5 ng/g plasma (Spinelli et al. 2007) (Table 5A). However, there is no apparent correlation between PCB 183 levels and cancer outcomes (Aronson et al. 2010, Spinelli et al. 2007). Populations eating wild-caught fish, including native tribes consuming a traditional diet, also display increased C-PCB levels. For example, PCB 91 levels as high as 0.19 ng/g are found in Mohawks from Akwesasne Reserve at the United States/Canadian border (Table 5A) (DeCaprio et al. 2005). PCB 95, 132, 136, 149 and 183 levels are also reported by this study, with maximum levels of 0.29, 0.17, 0.16, 00.24 and 0.55 ng/g. PCB 149 and 183 levels as high as 8.6 ng/g and 5.0 ng/g serum, respectively, are detected in Native Americans from the Great Lakes (Schaeffer et al. 2006). The highest concentration of PCB 183 is reported in consumers of Great Lakes fish, where the mean is 8.5 ng/g serum (Turyk et al. 2006).

Occupation and accidental PCB exposures can result in C-PCB levels that are higher than levels in the general population; however, the C-PCB levels in these populations are lower than levels in populations eating wild-caught fish. For example, the highest PCB 95 levels

reported in the literature are found in capacitor manufacturing workers, with a maximum of 93 ng/g in 1976 and 19 ng/g in 1979 (Wolff et al. 1992) (Table 5A). Similarly, PCBs 149 and 183 are reported in concentrations of up to 11 and 7 ng/g, respectively, in transformer repair workers (Fait et al. 1989). Levels of both C-PCB congeners are at least 2-times lower in the control population from the same study.

Elevated levels of C-PCBs can sometimes be found in general populations. Oftentimes, such elevated levels can be linked to known manufacturing site, like in Slovakia (reported PCBs 95, 132, 136, 149 and 183 at maximum 0.31, 0.5, 0.32, 1.2 and 5.3 ng/g, respectively (Jursa et al. 2006). Occasionally, elevated levels of C-PCBs are detected in populations without identifying the source(s) of PCB exposure. For example, PCB 149 levels in the Timisoara province of Romania reach 2.9 ng/g. In the same study, PCB 183 levels are on the low side with 0.64 ng/g (Covaci et al. 2001). Also, a study of young American women reports maximum concentrations of PCBs 132, 136 and 183 of 0.06, 0.2 and 0.05 ng/g, respectively (Whitcomb et al. 2005).

Only a limited number of C-PCB levels in postmortem tissue samples are reported in the literature (Table 5B). Different units (e.g., lipid vs. wet weight adjusted PCB levels) and large variability between individuals make comparisons of these data challenging. In some studies, C-PCB tissue levels are one or two orders of magnitude lower compared to PCB 153 levels, a PCB congeners frequently detected in human samples. In other studies, levels of C-PCBs are comparable to levels of PCB 153. For example, Mitchell et al. (2012) report PCB 95 levels ranging from not detectable to 67 ng/g lipid in postmortem brain samples. PCB 153 levels appear to be only slightly higher and ranged from 1.9 to 67 ng/g lipid. Interestingly, this study also observes higher PCB 95 levels in brain samples from individuals with a genetic neurodevelopmental disorder compared to neurotypical controls, which suggest a possible link between PCB 95 exposure and some autism spectrum disorders.

#### Chiral signatures in humans

A non-racemic composition of C-PCBs is likely an indicator of differences in the toxicokinetics of PCB atropisomers; however, only a handful of studies report the atropisomeric enrichment of C-PCBs in humans (Table 7). Typically, these studies report the atropisomeric enrichment as an enantiomeric fraction (EF), i.e. the concentration of one PCB atropisomer divided by the sum of the concentration of both atropisomers [i.e.,  $EF = C_1/(C_1+C_2)$ . EF values can range from 0 to 1 for pure atropisomers, with 0.5 representing a racemic mixture (De Geus et al. 2000, Harner et al. 2000). Similar to environmental and laboratory studies (Lehmler et al. 2009) atropselective metabolism by P450 enzymes is the most likely explanation for an atropisomeric enrichment of C-PCBs in humans. However, surprisingly little is known about the atropselective metabolism of C-PCBs in humans. Atropselective formation of hydroxylated C-PCB metabolites occurs in *in vitro* studies with pooled human microsomes (Wu et al. 2014); unfortunately, the cytochrome P450 isoforms responsible for the atropselective formation of hydroxylated C-PCB metabolites remain unknown. There is some evidence that human CYP2B6 is involved in formation of hydroxylated metabolites from *ortho*-substituted PCBs, like PCB 153 (Ariyoshi et al. 1995).

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Also, C-PCBs 45, 91 and 132 are atropselectively biotransformed by CYP2B6; however, the metabolism is not as extensive as by rat CY2B1 (Warner et al. 2009).

The atropisomeric enrichment of C-PCBs has been studies in a number of human breast milk samples from Europe (Ariyoshi et al. 1995, Blanch et al. 1999, Bordajandi et al. 2008, Bucheli and Brandli 2006, Glausch et al. 1995). (+)-PCB 132 is enriched in most breast milk samples (EF = 0.52 to 0.82), whereas PCB 149 is typically near racemic (EF = 0.49 to 0.63). PCB 95 is atropisometrically enriched in breast milk from Switzerland (EF = 0.64-0.76), but near racemic in breast milk from Germany and Spain (EF = 0.45-0.60). Several other C-PCBs also show some atropisomeric enrichment in breast milk from Spain (Bordajandi et al. 2008). Additionally, EF values of PCBs 95, 132 and 149 are published for a small number of human tissue and feces samples. A significant atropisomeric enrichment of PCBs 95, 132 and 149 is observed in livers samples from Belgium (Chu et al. 2003). Enrichment of (+)-PCB 183 is observed in a single human adipose tissue sample from Japan (Toda et al. 2012). In contrast, chiral signatures in muscle, brain and kidney are essentially racemic (Chu et al. 2003). Moreover, PCBs 95 and 149 in the diet and PCB 95 in the feces of healthy volunteers from the UK are near racemic, while PCB 149 is only detected in two feces samples with a slight atropisomeric enrichment (Harrad et al. 2006). PCBs 95 and 132 are found to be near racemic in human hair in China (Zheng et al. 2013); unfortunately, it is unclear if PCBs present in the hair samples represent an internal PCB exposure.

#### Conclusion

C-PCBs are an important group of environmentally and toxicologically relevant PCBs congeners. Because they atropselectively interact with biological but not abiotic systems, C-PCBs represent a powerful, but underutilized tool to study absorption, distribution, biotransformation and excretion processes in wildlife and, ultimately, humans. In general, toxicokinetics studies provide some evidence that C-PCBs undergo biotransformation in species at different trophic levels; however, further studies as needed to determine if these biotransformation processes are atropselective and, thus, make a contribution to non-racemic signatures observed in wildlife. Moreover, the enzymes involved in atropselective PCB biotransformation in species at all trophic levels, including humans, need to be further characterized. A better understanding of the biological processes responsible for the atropisomeric enrichment of C-PCBs will ultimately enhance our understanding of the environmental fate of PCBs and their adverse health effects.

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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#### Fig. 1.

Concentrations (ng/g wet weight) and EFs for PCBs 91, 95, 136 and 149 in *Mysis relicta* as a function of time. Mysids were maintained in aquaria containing sediment spiked with an organohalogen compound mixture for 10 days, followed by a 50 day depuration period. Dashed line with squares represents PCB concentrations; solid line with triangles represents the enantiomeric fractions (EF); solid and dashed lines around the racemic EF of 0.500 indicate the 95% confidence interval of the EF determination of the racemate. Reprinted with permission from (Warner and Wong 2006). Copyright 2006, American Chemical Society.



#### Fig. 2.

Regression of the log of the half-life of 16 persistent PCBs and log  $K_{ow}$  in juvenile rainbow trout displays a curvilinear relationship. Compounds falling below this relationship (open circles), for example (+)-PCB 84 and (–)-PCB 132, are thought to be biotransformed. The solid line represents the quadratic regression line and the dashed lines represent the 95% confidence intervals. Reprinted with permission from (Konwick et al. 2006). Copyright 2006, American Chemical Society.



#### Fig. 3.

Time-dependent changes in concentration ( $\bullet$ ) and enantiomeric fractions ( $\diamondsuit$ ) of PCB 95 and 136 in rainbow trout carcasses. PCB concentrations are lipid and growth normalized. Each time point represents the mean  $\pm$  one standard deviation. Reprinted with permission from (Wong et al. 2002a). Copyright 2002, American Chemical Society.



#### Fig. 4.

Toxicokinetics of selected PCB congeners in blood plasma of ring doves after dietary administration of a PCB mixture containing Aroclor 1242: 1254: 1260 (1:1:1). The graphics show the trends in PCB concentrations of penta- (left) and hexachlorobiphenyls (right) in replicate birds over a 25 hour blood sampling period. Maximum plasma concentrations of C-PCBs 95 and 149 are lower compared to the plasma concentrations of more persistent PCB congeners but occur in a similar time period. Error bars indicate the standard mean of error. Reprinted with permission from (Drouillard and Norstrom 2000). Copyright 2000, SETAC.



#### Fig. 5.

The first eluting atropisomer (blue) is typically cleared faster and accumulates less than the second atropisomer (red) in female mice as indicated by (A) terminal half-live, (B) bioavailability normalized clearance and (C) accumulation factors. Reprinted with permission from (Kania-Korwel et al. 2010). Copyright 2010, American Chemical Society.

#### Table 1

Structures of all nineteen chiral PCBs that exist as stable atropisomers.



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## Table 2

Elimination (depuration) rate constants for selected C-PCBs and the persistent PCB 153 in selected invertebrae species.

		E	limination (	(depuration)	rate consta	nt [10 <sup>-2</sup> day	-1] <i>a</i>		
Species	PCB 84	PCB 91	PCB 95	PCB 132	PCB 136	PCB 149	PCB 153	PCB 174	Reference
Earthworms (Eisenia foetida)		8					4		(Wagman et al. 2001)
Freshwater mussel (Elliptio complanata)	2.1b	2.8	2.9	$0.9^{c}$	1.8	1.2	p6.0	< 0.5	(O'Rourke et al. 2004)
Freshwater mussel (Elliptio complanata) <sup>e</sup>		3.1	2.6		2.2	1.3			(Wang et al. 2010a)
Green-lipped mussel (Perna viridis)				8.0	12	9.7	7.9		(Tanabe et al. 1987)
Manila clam (Tapes philippinarum) $f$			21			22	24		(Raccanelli et al. 2008)
Opossum shrimp ( $Mysis \ relicta)^g$		1.4	7.4			0.3			(Warner and Wong 2006)
Sandworm (Nereis diversicolor) <sup>f</sup>			0.8 - 1.4				0.2-0.8		(Goerke and Weber 1990, Goerke and Weber 2001)
Earthworms (Eisenia foetida)		8					4		(Wagman et al. 2001)
Mayfly nymph ( <i>Hexagenia</i> spp)			27			NS			(Wagman et al. 2001)
Zebra mussel (Dreissena polymorpha)			<i>4</i> 6.8				4.7	5.2	(Morrison et al. 1995)
<sup>a</sup> Elimination/depuration rate constants were	determined	for whole a	nimals if no	t noted other	wise (please	see the respe	ctive referen	ces for addit	onal details);
b co-eluting with PCB101;									
co-eluting with PCB 153;									
d co-eluting with PCB 132;									

 $^{e}$  elimination rate constants were estimated using a quantitative structure-activity relationship;

 $f_{\rm elimination}$  rate constants were calculated from t1/2 using the equation k = ln 2/t1/2;

h co-eluting with PCB 66. NS – regression analysis not significant.

 $^{g}$  minimum elimination rates;

### Table 3

Elimination (depuration) rate constants for selected C-PCBs and the persistent PCB 153 in selected fish species.

Crossico	Eliminati	on (depura	tion) rate co	nstant [10 <sup>-2</sup>	day <sup>-1</sup> ] <sup>d</sup>				Defension
operes	PCB 84	PCB 91	PCB 95	PCB 132	PCB 136	PCB 149	PCB 153	PCB 174	
Arctic char $(Salvelinus alpinus)^b$			6.9	T.T	8.7	7.7		<i>T.T</i>	(Wiberg et al. 2006)
Eel (Anguilla anguilla)						0.02	NA		(de Boer et al. 1994)
Flounder (Platichthys flesus)			3.8				1.0		(Goerke and Weber 2001)
Guppy (Poecilia reticulata)					0.34		0.41		(Sijm et al. 1992)
Rainbow trout ( <i>Oncorhynchus mykiss</i> )			0.3 <sup>c</sup>		(-)-PCB 136: 0.14 (±)-PCB 136: 0.19 (+)-PCB 136: 0.27				(Wong et al. 2002a)
Rainbow trout (Oncorhynchus mykiss) <sup>d</sup>	$0.5^{e}$	0.4	$0.4^{f}$	0.5	0.5	0.48	0.4	0.4	(Buckman et al. 2004)
Rainbow trout (Oncorhynchus mykiss) <sup>h</sup>	$0.5^{e}$	0.3	$0.3^{f}$	0.5	0.5	$0.3^{g}$	0.3	0.4	(Buckman et al. 2004)
Rainbow trout ( $Oncorhynchus\ mykiss)^b$		0.8	$0.5^{C}$	0.9	0.8	0.6d	0.5	0.5	(Buckman et al. 2006)
Rainbow trout (Oncorhynchus mykiss)	1.7			1.2				0.9	(Konwick et al. 2006)
Rainbow trout (Oncorhynchus mykiss) <sup>e</sup>	$0.4-0.5^{f}$	0.4-0.5	$0.3-0.4^{c}$	0.4–0.6	0.4-0.6	0.3-0.5d	0.3-0.4	0.4-0.5	(Buckman et al. 2007)
Rainbow trout (Oncorhynchus mykiss) <sup>8</sup>			0.9 - 1.6			1.2–2.0	1.3-1.9		(Brambilla et al. 2007)
White prawn (Palaemon longirostris)			29				1.7		(Goerke and Weber 2001)
Yellow perch ( <i>Perca flavescens</i> ) $^h$	NA-1.4	NA-1.4	NA-1.3	NA-1.1 <sup><i>i</i></sup>	NA-1.0	NA-1.0	NA-1.1 <sup>j</sup>	NA-1.0	(Paterson et al. 2007)
Zebrafish (Brachydanio rerio)					1.6		1.0		(Fox et al. 1994)
Fathead minnow (Pimephales promelas)			2.2			NS			(Van Geest et al. 2011)
Japanese koi ( <i>Cyprinus carpio</i> )k			0.06-0.51			0.76–1.1	0.34-0.66	0.36-0.69	(Paterson et al. 2010)
<sup>d</sup> Elimination/depuration rate constants were	determined	l for whole a	animals if no	t noted other	wise (please see the re-	spective refer	ences for add	litional details	(1
b rainbow trout was fed a diet containing Ar	oclor 1242,	1254 and 12	260 (10 μg/g	each) plus PC	CBs 202 and 209 (0.5	ug/g each);			

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 $f_{\rm co-eluting with PCB 92;}$ 

co-eluting with PCB 66; d co-eluting with PCB 133; <sup>e</sup> rainbow trout was either treated with a PCB mixture containing Aroclor 1242, 1254 and 1260 (10 µg/g each) plus PCBs 202 and 209 (0.5 µg/g each) or this PCB mixture supplemented with (A) CYP 1A-inducing PCB congeners 77, 126 and 169 (10 ng/g each) or (B) CYP 2B-inducing PCB congeners 87, 99, 101, 153, 180 and 194 (10 ng/g each);

 $\frac{g}{g}$ rainbow trout was fed a diet containing different levels of PCBs (Aroclor 1254) as well as six polychlorinated dibenzodioxins and dibenzofurans;

h elimination rate constants summarize the range of elimination rate constants determined during summer, fall, winter, spring and annual temperature cycles;

*i* co-eluting with PCB 153;

j co-eluting with PCB 132,

k elimination rate constants summarize the range of elimination rate constants determined at three different doses; NA = no apparent elimination. NS – regression analysis not significant.

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## Table 4

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Half-life of C-PCBs in laboratory animals and humans.

		i		Half-life		
PCB congener	Species	Gender	Route of administration	t <sub>1</sub> [days]	t <sub>2</sub> [days]	Reference
E1-PCB 91 <sup>1</sup>	Mice	Female	Oral		1.9	(Kania-Korwel et al. 2010)
E1-PCB $91^I$	Mice	Female	Oral		2.7	(Kania-Korwel et al. 2010)
E1-PCB $95^{I}$	Mice	Female	Oral		12.9	(Kania-Korwel et al. 2010)
E1-PCB $95^{I}$	Mice	Female	Oral		6.9	(Kania-Korwel et al. 2010)
PCB 95 <sup>2</sup>	Wister rats	Male	Oral	$1.4^{3}$	163	(Tanabe S. 1981)
PCB 95	Humans				0.4 years <sup>4</sup>	(Agency for Toxic Substances and Disease Registry 2000, Wolff and Schecter 1991)
PCB 95	Humans				3 years <sup>4</sup>	(Agency for Toxic Substances and Disease Registry 2000, Wolff et al. 1992)
(-)-PCB 132 <sup>1</sup>	Mice	Female	Oral		15.8	(Kania-Korwel et al. 2010)
(+)-PCB 132 <sup>1</sup>	Mice	Female	Oral		5.1	(Kania-Korwel et al. 2010)
PCB 136	Mice	Female	Oral with diet		3.2 (2.1–6.9)	(Mizutani et al. 1980)
(-)-PCB 136 <sup>I</sup>	Mice	Female	Oral		8.3	(Kania-Korwel et al. 2010)
(+)-PCB $136^{I}$	Mice	Female	Oral		7.1	(Kania-Korwel et al. 2010)
PCB 136 <sup>2</sup>	Wister rats	Male	Oral		2.63	(Tanabe S. 1981)
PCB 136	Beagles (dog)	Male	i.v.	0.05	3.05	(Sipes et al. 1982)
PCB 136	Sprague-Dawley rats		i.v.	0.24	3.6	(Matthews and Tuey 1980)
PCB 136	Sprague- Dawley rats	Male	i.v.		0.44	(Birnbaum 1983)
PCB 136	Cynomolgus monkey	Male	i.v.	0.16	4.57	(Sipes et al. 1982)
(-)-PCB 149 <sup>1</sup>	Mice	Female	Oral		11.7	(Kania-Korwel et al. 2010)
(+)-PCB 149 $^{I}$	Mice	Female	Oral		7.5	(Kania-Korwel et al. 2010)
(-)-PCB 174 $^{I}$	Mice	Female	Oral		11.2	(Kania-Korwel et al. 2010)
(+)-PCB 174 $^{I}$	Mice	Female	Oral		11.4	(Kania-Korwel et al. 2010)
(-)-PCB 176 <sup>I</sup>	Mice	Female	Oral		0.54	(Kania-Korwel et al. 2010)
(+)-PCB 176 <sup>1</sup>	Mice	Female	Oral		1.2	(Kania-Korwel et al. 2010)

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				Half-life		
PCB congener	Species	Gender	Route of administration	t <sub>1</sub> [days]	t2 [days]	Reference
PCB 176 <sup>2</sup>	Wister rats	Male	Oral	3.1 <sup>3</sup>	>90 <sup>3</sup>	(Tanabe S. 1981)
PCB 183 <sup>1</sup>	Mice	Female	Oral		6.9	(Kania-Korwel et al. 2010)
PCB 183 <sup>2</sup>	Wister rats	Male	Oral	9.33,5	>903,5	(Tanabe S. 1981)
PCB 183 <sup>6</sup>	Rhesus monkey (Macaca mulatta)	Female	Oral		0.63 years (0.33–1.00 years)	(Mes et al. 1995)
PCB 183	Humans				$0.13 \text{ years}^7$	(Agency for Toxic Substances and Disease Registry 2000, Luotamo et al. 1991b)
PCB 183	Humans				7.9 years <sup>8</sup>	(Agency for Toxic Substances and Disease Registry 2000, Wolff et al. 1992)
<sup>I</sup> Female C57B1/6 weight), PCB 149 2010).	mice received 50 mg/kg body weigh (30.5% by weight), PCB 174 (13.49	tt of a PCB 1 6 by weight)	nixture containing racemic P , PCB 176 (1.6% by weight)	CB 91 (6.1% and PCB 18	6 by weight), PCB 95 (24.5 33 (6.5% by weight) in corr	% by weight), PCB 132 (12.7% by weight), PCB 136 (4.7% by oil (5.0 mg PCB/ml com oil) by oral gavage (Kania-Korwel et al.

<sup>2</sup> A equivalent mixture of Kanechlor-300, -400, -500 and -600 (3 mg in 1 mL corn oil) was orally administered each day for 5 days (Tanabe S. 1981);

 ${}^{\mathcal{J}}$  half-life of the total PCB content in the animals;

<sup>4</sup> co-eluting PCBs 95, 56 and 60;

5 co-eluting PCBs 174 and 183;

 $^{6}$  Aroclor 1254 was administered daily for six years, followed by a deplete period of three years. For additional experimental details see (Mes et al. 1995);

7 adipose tissue;

 $^{8}$  co-eluting PCBs 128 and 183; E1 = first eluting PCB atropisomer; E2 = second eluting PCB atropisomer.

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Matrix	Country/population	Number of samples	PCB 91	PCB 95	PCB 132	PCB 136	PCB 149	PCB 153	PCB 183	Reference Year of sampling
Serum <sup>a</sup>	US/gen. pop. (NHANES)	1873					$0.004^{d}$	0.14	$0.01^d$	(Patterson et al. 2009) 2009
$Plasma^b$	Canada/gen. pop. and non-H lymp	422						4.4	nd - 0.5	(Spinelli et al. 2007) 2007
Serumb	US/natives	753	nd-0.19	nd-0.32	nd-0.23	nd-0.16	nd-0.25 <sup>c</sup>	6.7	nd-0.75	(DeCaprio et al. 2005) 2005
Serum <sup>a</sup>	US/natives	314					0.8-8.6	26–32	1.8-4.2	(Schaeffer et al. 2006) 2006
Serum <sup>b</sup>	US/sport fishermen	66						0.8c	0.06d	(Turyk et al. 2006) 2006
Serumb	US/occup. exp.	165		0.4–93 <sup>c</sup>				0.2–90c	0.06–26c	(Wolff et al. 1992) 1992
40 5	US/occup. exp.	52			0.05-4.2		0.16-11	0.32-23	0.14–6.9 <sup>c</sup>	(Fait et al. 1989)
Serum	US/gen. pop.	56			0.07-7.8		0.15-5.5	0.17-6.1	$0.05-2.4^{c}$	1989
Serum <sup>a</sup>	Slovakia/gen. pop.	315		nd-0.3	0.0003-0.5	лд-0.9 <i>с</i>	nd-1.2	0.4–65	0.3-5.3	(Jursa et al. 2006) 2006
Serum <sup>a,b</sup>	Romania/gen. pop.	2					0.13-2.9	0.7–3.8	0.02-0.6	(Covaci et al. 2001) 2001
Serumb	US/women gen. pop.	15			nd-0.06	0.004-0.2			0.01-0.05	(Whitcomb et al. 2005) 2005
Analytical te	chniques:									
<sup>a</sup> GC/MS or ]	HRMS,									
<sup>b</sup> GC-ECD,										
c co-eluting v	vith another congener(s).									

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exposure; data reexpression for the table: a) according to published data (Ward et al. 2000), the density of serum used was 1.026 g/ml, and the following units were assumed to be equivalent: ppb = ng'g,  $ng/ml = \mu g/L$ . The same assumption was made for blood plasma. b) The serum lipids content was calculated as 7 mg/g according to (Phillips et al. 1989) (factor x 0.007), and plasma lipids were calculated Abbreviations: US - United States, nd - MDL or otherwise defined detection limit, where available; non-H. Lymph. - non-Hodginks lymphoma; gen. pop. - general population; occup. exp. - occupational as 6 mg/ml according to (Michaels et al. 1960). The whole blood lipids were assumed to be same as plasma.

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Tissue	Country	Subjects	PCB 95	PCB 132	PCB 149	PCB 153	PCB 183	Reference
[ng/g tiss	ue]							
Brain	$nS^{a}$	72			0.52-0.64	1.2–2.6		(Hatcher-Martin et al. 2012)
Adipose	China <sup>a</sup>	303	pu			nd-31		(Wang et al. 2010b)
Adipose					0.27-5.2	27–215		
Brain	-	ų			pu	0.25-1.8		1-:
Liver	Poland	n			nd-2.4	2.5-22		(Szairan-Urdaniak 2008)
Kidney					pu	0.64-2.0		
Brain		1	pu	0.36	pu	3.1	0.19	
Liver		11	pu	0.54 - 1.6	nd-0.15	0.69–23	0.11 - 2.0	(Chr. at al 2003)
Kidney	Belgium",	3	pu	nd-0.78	pu	0.62-6.3	nd-0.36	(CUU ET AL. 2003)
Muscle		3	pu	nd-0.79	pu	1.7–14	0.14 - 1.1	
[ng/g lipid	d]							
Brain	$\Omega S_{c}$	107	10-67			1.9–86		(Mitchell et al. 2012)
Adipose						10-227	0.4–27	
Liver		c				20–34	0.5–22	
Kidney	SU	<i>y</i>				6-117	0.5–17	(Schecter et al. 1989)
Muscle						23-30	0.3–39	
Adipose		30				131	11	
Liver	Belgium"	9				100	8	(Covaci et al. 2008)
Adipose	Netherlands	245				22–25d	280–310d	(Bräuner et al. 2010)
Adipose	Finland	420				17–958	1.4–65	(Kiviranta et al. 2005)
Brain						135	5.3	
Liver	Common	30				703	39	(Bookone et al. 1008)
Lung	Germany	3				1027	50	(Dachoul et al. 1990)
Muscle						405	29	
Adipose	Greenland <sup>c</sup>	67				280–5580	14-413	(Dewailly et al. 1999)

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Reference			
PCB 183	0.5-29	11–241	
PCB 153	53-397	242–3770	
PCB 149			
PCB 132			
PCB 95			
Subjects	17	26	
Country			
Tissue	Brain	Liver	

<sup>a</sup>GC-MS or GC-HRMS;

b range of means,

°GC-ECD,

 $\frac{d}{r}$  range of medians; nd – not detected/below detection limit.

Table 6

Atropisomeric enrichment of C-PCBs in human tissues

Tissue n of samples	PCB 91	PCB 95	PCB 132	PCB 149	PCB 174	PCB 176	PCB 183	Reference
Milk/Spain n=11	0.53–0.65	0.45 - 0.60	0.52–0.65	0.50-0.63	0.50–066	0.54–0.65	0.26-0.40	(Bordajandi et al. 2008)
Milk/Swiss n=4	na	0.64–0.76	0.67–0.82	0.52-055	0.59–0.62 (n=2)	na	na	(Bucheli and Brandli 2006)
Milk/Germany n=10	na	0.51–0.54	0.54-0.71	0.49–0.51	na	na	na	(Blanch et al. 1999, Glausch et al. 1995)
Feces/UK n=2	na	0.42-0.50	na	0.49–0.55	na	na	na	(Harrad et al. 2006)
Liver/Belgium n=11	na	0.51-0.75	0.51-0.68	0.42-0.50	na	na	na	(Chu et al. 2003)
Brain/Belgium n=1	na	0.50	0.48	0.49	na	na	na	(Chu et al. 2003)
Kidney/Belgium n=3	na	0.50-0.57	0.48-0.50	0.46-0.50	na	na	na	(Chu et al. 2003)
Muscle/Belgium n=3	na	0.51-0.53	0.50-0.53	0.49–0.50	na	na	na	(Chu et al. 2003)
Hair/China n=97	na	0.50 <sup>a</sup>	0.48 <sup>a</sup>	na	na	na	pu	(Zheng et al. 2013)
na – not analyzed, r	nd – not detect	ted.						

 $a = 100 a_{1101} y_{200}$ , IN a mean.