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## Beyond neurovascular coupling, role of astrocytes in the regulation of vascular tone

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### Abstract

The brain possesses two intricate mechanisms that fulfill its continuous metabolic needs: cerebral autoregulation, which ensures constant cerebral blood flow over a wide range of arterial pressures and functional hyperemia, which ensures rapid delivery of oxygen and glucose to active neurons. Over the past decade, a number of important studies have identified astrocytes as key intermediaries in neurovascular coupling (NVC), the mechanism by which active neurons signal blood vessels to change their diameter. Activity-dependent increases in astrocytic Ca<sup>2+</sup> activity are thought to contribute to the release of vasoactive substances that facilitate arteriole vasodilation. A number of vasoactive signals have been identified and their role on vessel caliber assessed both *in vitro* and *in vivo*. In this review, we discuss mechanisms implicating astrocytes in NVC-mediated vascular responses, limitations encountered as a result of the challenges in maintaining all the constituents of the neurovascular unit intact and deliberate current controversial findings disputing a main role for astrocytes in NVC. Finally, we briefly discuss the potential role of pericytes and microglia in NVC-mediated processes.

### INTRODUCTION

Given limited energy reserves, the brain possesses two intricate mechanisms that fulfill its continuous metabolic needs: cerebral autoregulation (CA) which ensures constant cerebral blood flow (CBF) over a wide range of arterial pressures (60–150 mmHg) and functional hyperemia (FH) which ensures rapid delivery of oxygen and glucose to active neurons (Iadecola and Nedergaard, 2007). Both of these signaling pathways are orchestrated by mechanisms intrinsic to the cerebral vasculature (e.g. myogenic responses and endothelial-mediated signaling) as well as via cell-to-cell communication modalities among vascular and non-vascular cells. The cellular processes underlying cell-to-cell communication leading to changes in vascular diameter are referred to as neurovascular coupling (NVC). The focus on this review is to highlight the role of astrocytes in NVC-mediated signaling, without de-

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emphasizing the importance of direct neuronal-to-vessel communication (Yang et al., 2000, Hamel, 2004, Drake and Iadecola, 2007, Attwell et al., 2010). In addition, we also discuss current controversies in the field addressing a relevant role for astrocytes during *in vivo* neuronal stimulation.

According to our current understanding of brain microanatomy, the neurovascular unit (NVU) is comprised of vascular cells (endothelial cells, pericytes and vascular smooth muscle cells (VSMCs)), neuronal terminals or varicosities and astrocytes. Additionally, we include microglia cells in the NVU as these cells play an important role in surveilling neuronal function and blood vessels thereby contributing to brain homeostasis. The orchestrated communication between these various cell types contributes to vascular-related processes such as angiogenesis and blood brain barrier (BBB) formation/maintenance as well as the regulation of CBF. A number of structural components facilitate cell-to-cell interactions within the NVU including, gap junctions (Simard et al., 2003, Figueroa and Duling, 2009), anchoring proteins (e.g. integrins (del Zoppo and Milner)) and specialized ion channels [e.g. aquaporin 4, K<sup>+</sup> channels, transient receptor potential (TRP) channels (Brayden et al., 2008)] expressed on cell-cell interface membranes.

It is of critical importance to emphasize that brain perfusion takes place through the integration of information at various control points. A simplified illustration of these control points, represented as levels 1–3, is shown in Fig 1. Since a major goal in the field is to understand how neuronal activity initiates the delivery of oxygen and glucose to the neuropil, we will start our description at level 1, the capillary level. At this site, the main constituents of the NVU include the capillary constituents (endothelial cells and pericytes) as well as astrocytes and neurons. Given that neurons lie in close proximity to capillaries (8–20 μm) (Schlageter et al., 1999), level 1 could be considered the initiation site for NVC-mediated responses. While the endothelium continues throughout all levels, other constituents of the NVU change upstream of level 1. At level 2, a single layer of VSMCs now forms parenchymal arterioles, which are surrounded by some pericytes and processes from both astrocytes and neurons. Moving upstream to level 3, the endothelium is surrounded by multiple layers of VSMCs making up pial arterioles; a layer of specialized astrocyte processes termed the glia limitans and perivascular nerve endings are also evident. From this illustration, it is clear that the components of the NVU are not homogeneous across the cerebrovascular tree. At various levels, not only are the neurovascular innervations different but the cellular constituents (e.g. ion channel expression) are also region specific. For example, small and intermediate conductance Ca<sup>2+</sup> activated K<sup>+</sup> channels are differentially expressed in pial vs. parenchymal arterioles (Cipolla et al., 2009). Consequently, studying the function of these levels in isolation requires careful consideration because experiments conducted in different levels often yield confounding results.

As shown in Fig 1, both extracerebral and intracerebral arteries/arterioles constitute the cerebral circulation. Branches of large extracerebral arteries give rise to pial arterioles which surround the surface of the brain. As these vessels divide further, they give rise to *penetrating* or *parenchymal arterioles* which enter the brain parenchyma and continue to divide giving rise to capillary networks and then venules (Edvinsson and MacKenzie, 2002).

Neurovascular control of extracerebral arteries is well characterized, as described in these noted reviews (Bleys and Cowen, 2001, Gulbenkian et al., 2001, Hamel, 2006). On the other hand, the neurovascular control of parenchymal arterioles is primarily mediated by local interneurons and neuronal terminals from subcortical origins (e.g. basal forebrain, raphe and locus coeruleus) (Iadecola, 1998, Gulbenkian et al., 2001, Hamel, 2006) as well as glial cells (Goadsby and Edvinson, 2002). In the following sections we discuss current evidence for NVC-mediated responses and, whenever possible, define whether the observations were made *in vitro* or *in vivo* depending on the approach used.

### Neurovascular coupling and astrocytes

A number of studies support the idea, but not without controversy, that astrocytes participate in the regulation of cerebrovascular tone (Gordon et al., 2007, Iadecola and Nedergaard, 2007, Jakovcevic and Harder, 2007, Attwell et al., 2010, Carmignoto and Gomez-Gonzalo, 2010). While it is well established that astrocytes contribute to cerebrovascular vasodilation during NVC, astrocytic signaling has also been associated with cerebrovascular vasoconstriction raising additional questions about the complex communication modalities within the neurovascular unit (NVU) and the precise pathways defining NVC-mediated vasodilatory vs. vasoconstrictive responses. In the next section, we discuss known astrocyte-mediated NVC signaling pathways and highlight current data disputing a major role for astrocytes in FH.

From an anatomical perspective, astrocytes are ideally positioned to conduct information in a bidirectional manner between neurons and blood vessels. A single astrocyte contacts thousands of synapses (Bushong et al., 2002), and specialized astrocyte processes, termed “endfeet”, cover about 99% of the abluminal surface of cerebral vessels (Kacem et al., 1998, Simard and Nedergaard, 2004, Mathiisen et al., 2010, McCaslin et al., 2011). The fact that astrocytes form non-overlapping domains (Bushong et al., 2002, Ogata and Kosaka, 2002) also suggests that a single astrocyte may be capable of executing multiple functions such as modulating synaptic transmission, mediating NVC, and regulating ionic homeostasis to name a few (Zorec et al., 2012). Astrocytes are also coupled via gap junctions (Giaume and Liu, 2012) which establish an electrical syncytium that allows localized signals to be spread across broad regions. This structural coupling provides an efficient means to spread and amplify signals across neural networks (Theis et al., 2005, Giaume et al.). Moreover, gap junctions also provide a route for information to be conducted to the upstream pial circulation (Figuroa and Duling, 2009). To this end, Xu et al., (2008) demonstrated that astrocytes mediate upstream vasodilation of pial arterioles following sciatic nerve stimulation via a purinergic signaling mechanism.

These unique astrocytic properties raise the question as to whether specialized astrocytic subpopulations exist (e.g. astrocytes involved in detecting signals/information around the synapse/blood vessel vs. those spreading information across neuronal networks). If this were the case, astrocytes involved in NVC may comprise a small subpopulation of cells, thus representing a potential challenge when detecting their activation and addressing their role in NVC-mediated vascular responses. To date, the few studies reporting the percentage of responding astrocytes during NVC-mediated responses have discrepancies with regards to

the onset of the  $\text{Ca}^{2+}$  response relative to that of the stimulus or vasodilatory response. Winship et al., 2007 reported that ~5% of astrocytes respond to limb stimulation with a corresponding time to peak response of 0.5 seconds. While a similar percentage of responding astrocytes was reported by Nizar et al., 2013 (~7%) following electrical forepaw stimulation, the  $\text{Ca}^{2+}$  response onset was significantly delayed from that of the vasodilation onset ( $3.6 \pm 1.2$  seconds vs.  $0.7 \pm 0.4$  sec, respectively). Using thalamocortical stimulation, Lind et al., 2013 reported both a rapid (98 msec)  $\text{Ca}^{2+}$  response onset in ~66% of astrocytic somas and a slower response (~ 5 sec after stimulation) in ~8% of astrocytes. Finally, using brain slices, Otsu et al., 2015 reported that the percentage of responsive astrocytes was dependent upon stimulation intensity with ~14% of astrocytes responding to single-pulse stimulation of olfactory sensory neuron axons and 70% of astrocytes responding to single-pulse stimulation in the presence of glutamate transporter antagonists to increase glutamate spillover. Indeed, these studies highlight the necessity of further research dedicated to elucidating whether functionally distinct astrocytic subpopulations do, in fact, exist.

### Mechanisms underlying astrocyte-mediated vascular responses

During FH, increases in neuronal activity stimulate multiple pathways, some which involve direct neuronal signaling to vessels (Cauli and Hamel, 2010) and others that involve astrocytes as intermediaries (Attwell et al., 2010). Regardless of the specific pathway triggered, increased neuronal activity results in a rapid vasodilatory response and the spatiotemporally restricted delivery of glucose and oxygen to areas with increased metabolic demands *in vivo* (Fig. 2). However, *in vitro* studies have been notorious for failing to demonstrate that astrocytes respond within the same temporal constraints as those expected during the *in vivo* hyperemic response. While this may result from some of the limitations encountered with *in vitro* approaches (e.g. lack of pressurized vessels, subphysiological temperatures and differing  $\text{O}_2$  gradients (for review see (Filosa, 2010)), the fact that some *in vivo* studies observe significantly delayed astrocyte responses relative to the onset of the vasodilatory response raises the concern as to whether astrocytes are indeed intermediaries in NVC.

*In vitro* studies from cortical and hippocampal brain slices suggest glutamate as the main signal activating neurovascular responses (Fergus and Lee, 1997, Zonta et al., 2003a). The seminal work of Carmignoto's group showed that neuronal stimulation triggers a metabotropic glutamate receptor (mGluR) dependent parenchymal arteriole vasodilatory response that is preceded by astrocytic  $\text{Ca}^{2+}$  activation (Zonta et al., 2003a). At the mechanistic level, the authors proposed prostaglandin  $\text{E}_2$  ( $\text{PGE}_2$ ), a downstream metabolite of arachidonic acid (AA), as the glial-derived vasodilatory signal (Zonta et al., 2003a). These results were supported by *in vivo* and *in vitro* data demonstrating that changes in intracellular  $\text{Ca}^{2+}$  in astrocytes resulted in the release of AA metabolites (Zonta et al., 2003a, Zonta et al., 2003b, Davis et al., 2004, Takano et al., 2006, Koehler et al., 2009, Carmignoto and Gomez-Gonzalo, 2010, Dabertrand et al., 2013). Additionally, astrocytic  $\text{Ca}^{2+}$  increases (Cornell-Bell et al., 1990, Aguado et al., 2002) contribute to the generation of other vasoactive signals including nitric oxide (NO) (Wiencken and Casagrande, 1999, Li et al., 2003, Chisari et al., 2004, Metea and Newman, 2006, de Labra et al., 2009, Carmignoto and Gomez-Gonzalo, 2010), epoxyeicosatrienoic acids (EETs) (Alkayed et al., 1996, Harder et

al., 2002, Peng et al., 2002, Metea and Newman, 2006, Blanco et al., 2008, Koehler et al., 2009, Carmignoto and Gomez-Gonzalo, 2010, Liu et al., 2011b), glutamate, adenosine and ATP (Simard et al., 2003, Anderson et al., 2004, Shi et al., 2008, Koehler et al., 2009, Carmignoto and Gomez-Gonzalo, 2010, Kusano et al., 2010, Vetri et al., 2011), all of which are capable of modulating parenchymal arteriole vascular tone (Zonta et al., 2003a, Fellin and Carmignoto, 2004, Filosa et al., 2004).

While it was reasonable to appreciate astrocyte contributions to NVC-mediated vasodilations, the field was later confounded with evidence that increases in intracellular  $\text{Ca}^{2+}$  in astrocytes evoked parenchymal arteriole constriction (Mulligan and MacVicar, 2004). The physiological meaning of this response was challenged, as neuronal activity-evoked increases in astrocyte  $\text{Ca}^{2+}$  should favor vasodilation rather than vasoconstriction (Fig. 2). The same group, however, later reported that the polarity of the vascular response to astrocytic stimulation could be altered by the  $\text{O}_2$  concentration of the perfusate, which in turn alters the metabolic state of the tissue (i.e. extracellular lactate and adenosine) (Gordon et al., 2008). It was demonstrated that neuronal stimulation increased lactate, which inhibits  $\text{PGE}_2$  transporters at low  $\text{PO}_2$  levels; the resulting  $\text{PGE}_2$  buildup would subsequently favor vasodilation (Chan et al., 2002). On the other hand, when using supraphysiological  $\text{PO}_2$  levels (95%  $\text{O}_2$ ) (a common practice in the *in vitro* brain slice preparation), the resulting low lactate levels decreased extracellular  $\text{PGE}_2$  availability thus favoring vasoconstriction (Gordon et al., 2008). A number of additional *in vitro* studies provided further evidence for alternative mechanisms underlying astrocyte-evoked vasoconstrictions (Girouard et al., 2010, (Metea and Newman, 2006, Blanco et al., 2008). Interestingly, *in vivo* electrical forepaw stimulation or cortical spreading depression in the presence of hyperbaric conditions failed to show an  $\text{O}_2$ -dependent vascular response (Lindauer et al., 2010). Consistent with these observations, *in vitro* studies performed in the retina also showed  $\text{O}_2$ -dependent vascular responses, but, again, these responses were not observed *in vivo* (Mishra et al., 2011). These data suggest  $\text{O}_2$ -dependent mechanisms may have a strong effect on the neurovascular response in isolated preparations, which investigate levels 1 & 2 from our working model (Fig 1). However, when the entire cerebral circulatory network (levels 1–3) is engaged, as occurs *in vivo*, the predominant response to neuronal stimulation is a vasodilation independent of  $\text{O}_2$  levels. It is possible, however, that the polarity of the vascular response could be altered by the direct effect of  $\text{O}_2$  on vasoactive signals and/or channels and receptors expressed on other cells within the NVU and not solely on the vascular network.

Likewise, the polarity of the vascular response to neuronal stimulation is also affected upon alterations in NO availability. In pial arterioles, NO induces arteriole dilation via guanylyl cyclase activation and cGMP formation (Sobey and Faraci, 1997, Faraci and Sobey, 1999). In addition, NO can inhibit  $\omega$ -hydroxylase activity reducing 20-HETE formation (Alonso-Galicia et al., 1999, Sun et al., 2000). In contrast to the vasodilatory effects of NO, Metea and Newman, 2006 showed that modification of NO availability elicits opposing vascular responses with vasoconstrictions being favored in the presences of increased NO availability (Metea and Newman, 2006). Similar observations were reported by a Rancillac et al., 2006 study that showed glutamate-mediated nNOS-derived NO evoked cerebellar microvessel vasoconstriction (Rancillac et al., 2006). Increased NO could favor vasoconstriction via

inhibition of cytochrome P450 inhibition (Udosen et al., 2003) thus preventing formation of the vasodilatory metabolite EET (Metea and Newman, 2006). NO could also exert its effects by altering baseline vascular tone. Along these lines, NO synthase (NOS) inhibition has been shown to constrict parenchymal arterioles from hippocampal brain slices (Fergus et al., 1996). Alternatively, upon NO-induced decreases in vascular tone, mGluR-mediated responses will favor vasoconstriction as previously demonstrated by our lab (Blanco et al., 2008). The role of NO in NVC is further complicated by its heterogeneous function and production among various brain regions and cell types (Laranjinha et al., 2012). In the cerebellum, NO is suggested as the primary signal mediating NVC (Yang et al., 1999, Yang et al., 2000); this, however, is not the case in the cortex where NO is mainly regarded as a modulatory signal (Lindauer et al., 1999). In addition to brain region specificity and interactions with other vasoactive signals/pathways, complex NO mediated NVC responses could depend on the intensity of the neuronal stimulus. Following stimulation of the lateral geniculate nucleus in the visual thalamus of the cat de Labra et al. 2009 demonstrated that low intensity (contrast) stimulation evoked a rise in blood flow measured by oxyhaemoglobin (OxyHb) attributed to a small increase in NO likely derived from an eNOS source (vascular or astrocyte). On the other hand, heightened neuronal activation induced by increasing the intensity of the stimulus (high contrast) evoked greater changes in OxyHb associated with neuronal-derived NO (de Labra et al., 2009). The complex nature of NO actions in addition to its profound effect on the different cell types of the NVU cannot be overstated as it can significantly alter the responsiveness of VSMCs to vasoactive signals.

In addition to NO, the gaseous molecule carbon monoxide (CO) has also been shown to contribute to NVC-mediated vascular responses. Both astrocytes (Leffler et al., 2006, Parfenova et al., 2012) and vascular cells (Fiumana et al., 2003, Leffler et al., 2003) are sources of CO production. Studies conducted in pial arterioles have shown that glutamate-evoked signaling mediates CO release from astrocytes resulting in arteriole dilation (Fiumana et al., 2003). Multiple astrocytic glutamate receptors have been implicated in this process including NMDA and AMPA/kainite ionotropic glutamate receptors (Parfenova et al., 2012). The mechanism underlying CO-mediated vasodilation involves increased  $Ca^{2+}$  sparks in VSMCs and subsequent activation of large conductance  $Ca^{2+}$  activated  $K^+$  channels (BK), which evokes VSMC membrane hyperpolarization and vasodilation (Jaggar et al., 2002, Xi et al., 2011). To our knowledge, the role of CO on parenchymal arteriole tone has not been directly addressed; moreover, parenchymal arteriole VSMCs do not seem to have  $Ca^{2+}$  sparks suggesting that this vasodilatory mechanism may be unique to pial arterioles. Pial arterioles thus respond to astrocyte-derived CO following increases in neuronal activation, denoting yet another signal involved in astrocyte-to-vessel communication and an alternative mechanism (as opposed to gap junctions) by which information from deeper layers of the neuropil (e.g. level 1, Fig. 1) are relayed to upstream extracerebral/pial arterioles (e.g. level 3, Fig. 1). Pointing to the complexity of the mechanisms underlying NVC, it was demonstrated that CO and NO signaling mechanisms interact with each other. While NO stimulates CO production (Leffler et al., 2011), prolonged increases in CO augment vascular tone via NOS inhibition (Ishikawa et al., 2005). CO signaling may constitute an important mechanism bridging information from levels 1 & 2 (Fig. 1) to the pial circulation (level 3, Fig 1) and NO/CO interactions may provide a

negative feedback control for the upstream regulation of CBF (e.g. rapid CO-mediated vasodilation followed by constriction) (Leffler et al., 2011).

K<sup>+</sup> signaling from astrocytes is a key mechanism contributing to NVC (Filosa et al., 2006). Astrocytic endfeet express, in a polarized manner, a number of ion channels including BK channels (Price et al., 2002, Higashimori et al., 2010). The polarized expression of these channels makes them ideally suited for participation in NVC signaling pathways given that K<sup>+</sup> release at the gliovascular interface acts as a potent vasodilatory signal. The original hypothesis for K<sup>+</sup>-mediated vasodilation suggested that K<sup>+</sup> released during neuronal activation was taken up by astrocyte processes at the synapse and released at endfeet processes surrounding blood vessels (Newman, 1986, Paulson and Newman, 1987). This mechanism was thought to be part of the K<sup>+</sup> siphoning mechanism. However, it was later demonstrated that K<sup>+</sup> siphoning does not contribute to NVC-mediated responses, at least in the retina (Metea et al., 2007). Yet, K<sup>+</sup>, at modest concentrations, acts as a powerful vasodilatory signal of both pial (Eckman and Nelson, 2001) and parenchymal arterioles (Dunn and Nelson, 2010). Modest extracellular K<sup>+</sup> elevations lead to the activation of inward rectifier potassium channels (K<sub>ir</sub>) in VSMCs, subsequent VSMC hyperpolarization and vasodilation. Importantly, K<sup>+</sup> concentration could have opposing effects on the vascular response. While mild to moderate (<20 mM) extracellular K<sup>+</sup> levels elicit cerebrovascular dilation (Kuschinsky et al., 1972, McCarron and Halpern, 1990, Knot et al., 1996, Horiuchi et al., 2002, Filosa et al., 2006, Girouard et al., 2010), high extracellular K<sup>+</sup> concentrations trigger vasoconstriction (Knot et al., 1996, Horiuchi et al., 2002). Girouard et al. (2010) furthered this concept showing that astrocytic intracellular Ca<sup>2+</sup> levels >700 nM induced BK channel dependent cerebral arteriole vasoconstriction in cortical brain slices.

### Overall considerations when studying NVC-mediated responses

The above studies clearly suggest that the conditions in which NVC is studied may significantly interfere with the polarity and magnitude of the vascular response. While much effort has been dedicated to maintaining the NVU in conditions similar to normal brain physiology during experimentation, the diversity of the observed vascular and astrocyte responses calls for attention to the inherent limitations of experimental methodologies. From a technical perspective, a number of non-physiological stimulation modalities have been used including: Ca<sup>2+</sup> uncaging, electrical field stimulation and pharmacological stimulation (Zonta et al., 2003a, Filosa et al., 2004, Mulligan and MacVicar, 2004, Filosa et al., 2006, Straub et al., 2006, Blanco et al., 2008, Gordon et al., 2008, Girouard et al., 2010). Additionally, the use of genetic approaches, such as the IP<sub>3</sub>R2 knockout (KO) mouse, have added additional complexity to our elucidation of the role of astrocytes in the control of cerebrovascular tone. NVC clearly constitutes a mechanism involving a redundancy of signals and targets, as removal of a single signal/pathway does not completely abolish the vascular response. Further, stimulation-induced vascular responses of opposing polarities could be also accounted for by the species of animal used or its developmental stage. Sun et al., 2013 demonstrated that astrocytic expression of mGluR5 is developmentally regulated in mice (Sun et al., 2013). It must be also noted that many of the original *in vitro* brain slice studies were performed in neonatal rats with ages ranging between 9–21 days postnatal. Given that such young animals likely possess an underdeveloped NVU, developmental

differences in astrocytic and vascular cell  $\text{Ca}^{2+}$  homeostasis may contribute to non-physiological vascular responses (e.g. vasoconstriction) upon neuronal stimulation. For *in vitro* studies, temperature is another important factor as it can affect the kinetics of transporters and various enzymes involved in the generation of vasoactive molecules as well as the ability of the microcirculation to develop tone and respond to vasoactive signals. Further, our group demonstrated that the basal level of vascular tone is an important factor determining the magnitude and polarity of astrocyte evoked-vascular responses (Blanco et al., 2008); the lesser the arteriole tone, the lesser the response. Moreover, vasoconstriction was favored in parenchymal arterioles with minimal or no tone (Blanco et al., 2008). Lastly, for *in vivo* studies, anesthesia has been shown to significantly alter astrocyte activity (Thrane et al., 2012) as well as cerebrovascular function (Ayata et al., 2004, Kuga et al., 2009, Wang et al., 2010). Thus, careful considerations of these two parameters must be made when interpreting *in vivo* observations.

It is generally accepted that  $\text{IP}_3\text{R2}$  activation is a major source of  $\text{Ca}^{2+}$  following astrocytic stimulation (Petraevicz et al., 2008); this signaling pathway is also considered the putative mechanism contributing to the rise in  $\text{Ca}^{2+}$  during NVC. Thus, the role of astrocytes in FH was tested in  $\text{IP}_3\text{R2}$  KO mice in a series of recent *in vivo* studies (Nizar et al., 2013, Bonder and McCarthy, 2014, Jego et al., 2014). Intriguingly, results failed to elucidate a role for astrocytes in FH; thus, the notion that astrocytes participate in NVC is currently under debate. While these data clearly place astrocytes in a questionable position, a few considerations must be taken into account. Of note is the fact that while both wild type (WT) and  $\text{IP}_3\text{R2}$ KO mice were tested, in essence, no differences were observed between these two groups. In the study by Nizar 2013, results showed normal hyperemic responses in  $\text{IP}_3\text{R2}$ KO mice albeit no  $\text{Ca}^{2+}$  increases in astrocytes. In addition, the small percentage (~13%) of responding astrocytes from WT mice did so with a significant (>2sec) delay compared to the onset of the vascular response. Using the hM3Dq DREADD (designer receptor exclusively activated by designer drugs) (Armbruster et al., 2007) system to activate Gq-GPCR *in vivo* along with genetically encoded  $\text{Ca}^{2+}$  sensors [cyto-GCaMP3 (Chen et al., 2013) and Lck-GCaMP6 (Shigetomi et al., 2013a)], (Bonder and McCarthy, 2014) recently demonstrated that neither astrocytic Gq-GPCR nor  $\text{IP}_3\text{R2}$  signaling altered astrocytic  $\text{Ca}^{2+}$  in response to visual stimulation in lightly sedated mice (Bonder and McCarthy, 2014). These results again call in question the relevance of astrocyte-mediated vasodilation and their participation in NVC. However, contrary to these data, Winship et al. (2007) demonstrated rapid astrocytic  $\text{Ca}^{2+}$  responses to contralateral hindlimb stimulation. The authors reported that about 5% of responding sulforhodamine 101-labeled astrocytes reached a peak amplitude ~0.5 sec from the onset of the neuronal stimulation consistent with the idea that astrocytes initiate the hyperemic response (Winship et al., 2007). Further supporting a role for astrocytes in the initiation of FH, Lind et al. (2013) reported rapid astrocytic  $\text{Ca}^{2+}$  responses to increases in neuronal activity and correlation of astrocyte activation with the onset of the vasodilatory response. Lind et al. (2013) demonstrated stimulus-evoked  $\text{Ca}^{2+}$  increases in astrocytic soma, endfeet and processes using signal-enhancing analysis (Lind et al., 2013). Recently, Otsu et al., (2015) reported using a genetically encoded  $\text{Ca}^{2+}$  reporter (GCaMP3) mouse that *in vivo*, odor stimulation evoked  $\text{Ca}^{2+}$  increases in astrocytic processes. These  $\text{Ca}^{2+}$  changes preceded changes in blood flow by 1–2 seconds supporting a role for astrocytes in functional



hyperemia (Otsu et al., 2015). Together, these studies confirm a role for astrocytes in FH and emphasize the need for improved image resolution techniques to detect  $\text{Ca}^{2+}$  signals in fine astrocytic processes.

Among important limitations arising from *in vivo* studies are that: 1)  $\text{IP}_3\text{R}_2$  signaling stands as an important source of astrocytic  $\text{Ca}^{2+}$ , yet other  $\text{Ca}^{2+}$  sources cannot be ruled out; 2) compensatory mechanisms in the  $\text{IP}_3\text{R}_2$  KO mice may also account for a lack of response; 3) the temporal  $\text{Ca}^{2+}$  dynamics in astrocytic processes are independent of those in the soma, questioning the resolution of available tools and 4) it is possible that the delay in the astrocytic  $\text{Ca}^{2+}$  response may result from an earlier undetectable rise in  $\text{Ca}^{2+}$  which evokes the secondary “detectable” change, such as  $\text{Ca}^{2+}$ -induced  $\text{Ca}^{2+}$  release (DiNuzzo, 2014). These questions remain, and the controversial issues raised by studies conducted in  $\text{IP}_3\text{R}_2$  KO mice should be taken into full consideration. However, limited supporting evidence for astrocytes in FH was obtained from WT mice suggesting that, either as claimed by these investigators, normal FH and NVC can occur in the absence of detectable astrocytic  $\text{Ca}^{2+}$  changes or that, as mentioned earlier, alternative  $\text{Ca}^{2+}$  sources and better image resolution are needed to fully address the role of astrocytes in NVC *in vivo*. For now, we suggest that conscious effort must be dedicated towards the development of better approaches including genetically engineered animals (e.g. GCaMP) that would aid in resolving the issue of differential  $\text{Ca}^{2+}$  dynamics between the soma and fine astrocytic processes. Regardless of whether astrocytes directly control or are modulators of vascular tone, the complex interplay between neuro-glial signaling and vascular responses would likely be altered if astrocytes were to be completely removed from the working model. Thus, it is possible that a more accurate picture lies in the fact that astrocytes are indeed key participants of NVC by either: restoring tone, providing an additional modulatory pathway, prolonging the signals that regulate vascular responses and/or maintaining ionic homeostasis, to name a few.

### **Functional significance for astrocyte-mediated vasodilation vs. vasoconstriction: relevance to activity-dependent and resting CBF regulation**

Given the importance of astrocytes in modulating synaptic activity (the tripartite synapse (Araque et al., 1999)), one could envision an extension of this model in which vascular hemodynamics are incorporated. In such a paradigm, astrocytes would also monitor brain perfusion via mechanosensitive channels expressed preferentially on astrocytic endfeet and subsequently adjust synaptic activity and CBF accordingly. Under these conditions, astrocytes would not only constitute part of the now debated NVC response but also adjust baseline or resting CBF according to metabolic demands. Thus, we propose that astrocytes act as *bidirectional* signalers in the NVU, participating in the sensation of cerebral hemodynamics and modulation of synaptic activity (vessel-to-astrocyte-to-neuron signaling) as well as NVC (neuron-to-astrocyte-to-vessel signaling) thereby fine-tuning activity-dependent and resting CBF. Clearly, the field of glial physiology has been focused on the mechanisms underlying astrocyte-induced dilations whereas considerably less attention has been dedicated to the capability of astrocytes to elicit constrictions. This experimental emphasis on dilatory mechanisms is likely due to the fact that the physiological significance of astrocyte-induced dilations is clear - to facilitate FH – whereas the physiological relevance of astrocyte-induced constrictions remains elusive. Because astrocytes produce

and release both vasodilatory and vasoconstrictive agents, the *balance* of these astrocyte-derived vasoactive compounds may contribute to the fine-tune regulation of cerebral vascular tone and CBF. We predict that under resting conditions, astrocytes tonically release vasoconstrictors, which ensure that cerebral artery tone is great enough to elicit optimal cerebral arteriole dilation upon exposure to vasodilatory agents. During NVC, physiological changes within the brain parenchyma may concurrently suppress vasoconstrictor production and increase vasodilator production thus favoring vasodilation at the site of increased neuronal activity (Fig. 2). At sites distant from neuronal stimulation (Devor et al., 2007), where vasodilatory signal release is diminished, tonic astrocytic release of vasoconstrictors in combination with myogenic constriction will be favored. This proposed spatial regulation of astrocyte-induced dilations and constrictions may contribute to the center-surround pattern of CBF observed during fMRI recordings of brain activity as suggested by Metea and Newman, (2006).

Cerebral resistance arterioles respond to hemodynamic changes (e.g. blood pressure and flow) in order to maintain constant CBF, thus protecting the brain from sudden changes in intracranial pressure and/or blood volume, which may induce edema. While numerous studies have addressed the mechanisms by which arterioles outside the brain parenchyma regulate CBF (Harder et al., 2011, Koller and Toth, 2012), little is known about whether parenchymal arterioles also contribute to the process of CA and to what extent the responses of these two vascular beds are integrated and coordinated to optimize resting CBF. However, like extracerebral arterioles, parenchymal arterioles constrict in response to increases in luminal pressure/flow (Bryan et al., 2001, Toth et al., 2011, Kim and Filosa, 2012) suggesting that this subpopulation of the cerebral vasculature (level 2, Fig. 1) also contributes to CA.

Given that parenchymal arterioles lose peripheral innervations past the Virchow Robin space (Iadecola, 2004, Hamel, 2006), parenchymal arteriole diameter is dependent upon intrinsic vascular signaling and signals originating from neurons and astrocytes. Although the pressure/flow-induced constrictions observed in isolated parenchymal arterioles are due to intrinsic vascular mechanisms (Bryan et al., 2001, Toth et al., 2011), the anatomical properties of perivascular astrocytes (specifically astrocytic endfeet encasement of blood vessels (Iadecola and Nedergaard, 2007)) along with the characteristic expression of specialized ion channels and receptors suggests that astrocytes may be key regulators/modulators of steady-state CBF and participants in CA (Iddings et al., 2015). Of note, astrocytes express mechanosensitive channels, including members of the transient receptor potential (TRP) family of ion channels, which may be capable of sensing arteriole strain/tension induced by hemodynamic stimuli.

Beginning with Pizzo et al. (2001), a number of studies have characterized the expression and function of multiple TRP channels in astrocytes. To date, members of the ankyrin (TRPA1 (Lee et al., 2012, Shigetomi et al., 2012, Shigetomi et al., 2013b)), canonical (TRPC1 (Golovina, 2005, Malarkey et al., 2008, Miyano et al., 2010, Shirakawa et al., 2010, Reyes et al., 2013), 2 (Miyano et al., 2010), 3 (Grimaldi et al., 2003, Miyano et al., 2010, Shirakawa et al., 2010), 4 (Golovina, 2005, Malarkey et al., 2008, Miyano et al., 2010), 5 (Malarkey et al., 2008), 6 (Beskina et al., 2007, Miyano et al., 2010, Shirakawa et al.,

2010)), and vanilloid (TRPV4 (Benfenati et al., 2007, Benfenati et al., 2011, Dunn et al., 2013)) TRP subfamilies have been identified in astrocytes. Given that TRP channels can be activated by mechanical stimuli (Clapham, 2003) and are known to contribute to astrocytic intracellular  $\text{Ca}^{2+}$  regulation (Grimaldi et al., 2003, Ayata et al., 2004, Golovina, 2005, Benfenati et al., 2007, Beskina et al., 2007, Malarkey et al., 2008, Miyano et al., 2010, Shirakawa et al., 2010, Benfenati et al., 2011, Shigetomi et al., 2012, Dunn et al., 2013, Reyes et al., 2013, Shigetomi et al., 2013b), this family of non-selective cation channels may function to sense and subsequently modulate vascular tone. In addition, TRP channels may constitute an alternative route for astrocytic  $\text{Ca}^{2+}$  increases in addition to the proposed  $\text{IP}_3\text{R}_2$  pathway and/or may be coupled to  $\text{IP}_3\text{Rs}$  thus providing a mechanism for  $\text{Ca}^{2+}$  amplification as previously demonstrated (Fernandes et al., 2008, Garcia-Elias et al., 2008, Dunn et al., 2013). Modulation of intracellular  $\text{Ca}^{2+}$  levels by astrocytic TRP activation could facilitate astrocyte-induced vascular responses via a number of mechanisms including 20-HETE and EET production, ATP release and/or  $\text{K}^+$  efflux ( $>20$  mM) all of which are  $\text{Ca}^{2+}$ -dependent processes.

Of the TRP channels expressed in astrocytes, TRPV4 channels are the most attractive candidates for monitoring vascular tone given that they are expressed primarily in astrocytic endfeet (Benfenati et al., 2007, Benfenati et al., 2011). In support of this idea, a recent study by (Shibasaki et al., 2014) showed that a subpopulation of astrocytes release ATP in response to TRPV4 channel activation via a gap junction dependent mechanism. These findings are of interest as they go along with the idea that activation of TRPV4 channels expressed in astrocyte endfeet may trigger the release of vasoactive signals (e.g. ATP) thus contributing to the regulation of vascular tone. The anatomical properties of perivascular astrocytes along with the characteristic expression of specialized ion channels, particularly TRPV4 channels, calls for future studies addressing the ability of astrocytes to sense and transduce hemodynamic stimuli and participate in CA.

### **Evidence for pericytes in NVC-mediated signaling**

In addition to the confounding data on the role of astrocytes in NVC-mediated responses, pericytes have recently taken center stage. Although pericytes are found along all vessel types (arteriole, venule and capillary), they are primarily associated with capillaries (Fig. 1). Compared to other vascular beds, the brain has the highest ratio of pericytes to endothelial cells - 3:1 (Shepro and Morel, 1993). In brain capillaries, pericytes are sandwiched between endothelial cells and astrocytes by a thin basal membrane (Peppiatt et al., 2006). While pericyte function has been well characterized with regards to its role in the establishment and maintenance of the BBB (Hellstrom et al., 2001, Armulik Al Ahmad et al., 2009, Armulik et al., 2010, Daneman et al., 2010), an important role for pericytes in the regulation of capillary blood flow has also been proposed (Kawamura et al., 2003, Peppiatt et al., 2006, Hall et al., 2014). Pericytes express contractile proteins (Hirschi and D'Amore, 1996) and a number of ion channels and receptors which modulate intracellular  $\text{Ca}^{2+}$  changes and subsequently alter the contractile state of these cells. To this end, pericytes have been known to respond to vasoconstrictor signals such as ATP (Kawamura et al., 2003), dopamine (Wu et al., 2001), Ang II (Kawamura et al., 2004), noradrenaline (Peppiatt et al., 2006) and 20-

HETE (Hall et al., 2014). Additionally, pericytes are known to relax to signals such as NO/cGMP (Sakagami et al., 2001), adenosine (Li and Puro, 2001) and PGE<sub>2</sub> (Hall et al., 2014).

In the isolated rat retinal preparation, bath applied ATP leads to pericyte-mediated capillary constriction (Kawamura et al., 2003). Such capillary responses were confirmed in the whole retina and cerebellar slices (Peppiatt et al., 2006), where pericyte-mediated capillary constriction induced by ATP or noradrenaline was observed. Consistent with *in vitro* observations, *in vivo* work further confirmed the role of pericytes as contractile cells (Fernández-Klett et al., 2010). However, a recent study by Hall et al. (2014) proposed pericytes as the *initiators* of the FH response. Using an *in vitro* and *in vivo* approach, the authors showed glutamate- and sensory-evoked pericyte-mediated capillary dilation (Hall et al., 2014). While the evidence confirmed the ability of pericytes to induce capillary dilation in response to neuronal stimulation, their relative contribution vs. VSMCs to CBF regulation remains unclear. Because both cell types can be stimulated by a number of overlapping vasoactive factors, the only current way to dissociate capillary vs. arteriole vascular responses is by measuring vessel caliber. Due to the thin properties of the capillary wall, which makes their membrane distensible and compressible, pericyte-evoked capillary dilation will be likely evoked earlier than the diameter change observed in arterioles. Thus, the increased flow and pressure within this site (level 1, Fig. 1) of the microcirculation will immediately result in wall distention. On the other hand, even if parenchymal arterioles VSMCs were to *sense* neuronal activity first or simultaneously with pericytes, their VSMCs may initially resist the increased flow/pressure (due to their intrinsic myogenic properties) resulting in a putative “delayed” response (i.e. change in vessel caliber). However, if pericytes were indeed the main drivers for the FH response, absence of pericyte-mediated vasodilatory signaling would prevent the pericyte-initiated capillary dilation, significantly delaying and/or compromising the kinetics of FH. Evidence for the latter is currently lacking. Thus, it is of critical importance to understand the exact sequence of events as well as the mechanisms underlying upstream vasodilation (e.g. from level 1 to level 3, Fig 1). For example, following sensory-evoked pericyte-initiated capillary dilation, does the endothelium conduct these events to the upstream circulation? If so, how is pericyte-to-endothelial cell signaling mediated? Are vasodilatory mechanisms (e.g. conduction of hyperpolarizing currents and/or amplification of vasodilatory signals) conducted to the upstream circulation via astrocytic gap junctions (Xu et al., 2008)? Do pericytes around parenchymal arterioles conduct information to parenchymal arteriole VSMCs? Future studies that incorporate pericytes are needed to better understand the hierarchy of cell-to-cell communication modalities underlying the orchestrated increase in CBF during the FH response.

### **Are microglia cells also components of the NVC response?**

As the second most populous glial cell in the brain, it is important to consider the structural and functional role of microglia within the NVU and toward NVC. While microglial density varies by brain region, their presence is consistent throughout the brain. When compared to all macrophages (circulating, pulmonary, liver), microglia possess the largest surface area due to their highly ramified morphology (Lawson et al., 1990). The combination of this consentient distribution and ramified morphology allows for their continuous surveillance of

vascular and cellular activity (Masuda et al., 2011). Unlike astrocytes, microglial processes are highly active under healthy conditions allowing for the complete and ongoing assessment of the brain parenchyma; this process becomes enhanced/focused and eventually blunted during microglial response to injury or pathogens (Petersen and Dailey, 2004, Davalos et al., 2005, Morrison and Filosa, 2013). It is well understood that microglia offer a diversity of responses that may or may not be attributed to a heterogeneous microglial population. However, it is difficult to elucidate whether diverse microglial responses arise from developmental programming (Rezaie et al., 2005, Nayak et al., 2012, Arnold and Betsholtz, 2013) or a dynamic environment of active astrocytes, neurons and vasculature present during health and disease states across diverse brain regions. Nevertheless, it remains that due to their dynamic and diverse capacity, microglia are prime candidates to sense and contribute to NVC mechanisms during health and disease.

Although a growing body of literature includes this notion of microglia as a vital component of the NVU, methodologies to assess microglia's direct contribution toward NVC during physiologic and pathologic conditions have been limited. A small population of microglia—termed juxtavascular microglia—overlay the vasculature, a positioning that would facilitate immediate responses to vascular and blood born signaling (Grossmann et al., 2002, Nayak et al., 2012). Detailed cellular and molecular differences, if they exist, between microglial subpopulations remain understudied. However, *in vivo* imaging nicely illustrates that morphologic and locomotive responses differ between juxtavascular and non-juxtavascular microglia (Grossmann et al., 2002). Despite the presence of juxtavascular microglia and the ability of non-juxtavascular microglial processes to span greater than 30  $\mu\text{m}$  to contact the vasculature or glia limitans (Lassmann et al., 1991), it is not yet clear whether these cells provide direct input to the vasculature and/or modify vascular responses during health and disease.

Independent of this small population of juxtavascular cells and different than astrocytes, microglia do not maintain prolonged physical contact with other components of the NVU nor do microglia form a syncytium. Thus, we suspect that their contribution toward NVC occurs via the release of small molecular messengers and ligand-receptor interactions. To support this notion, we will review microglial interactions with the other two primary constituents of the NVU—neurons and astrocytes. It is important to consider, then, that microglial function within the NVU and response to pathology is an integration of input and resulting cell signaling events from surrounding neurons, astrocytes and other microglia.

An emerging story surrounds microglia-neuron interactions in the development and maintenance of synaptic function. Microglia utilizes targeted phagocytosis for synapse organization during development and for re-organization after injury (Stevens et al., 2007, Wake et al., 2009, Tremblay et al., 2010). Microglia also modulate neuronal activity via small molecular messengers such as ATP, BDNF and CX3CL1 (Coull et al., 2005, Hayashi et al., 2006, Scianni et al., 2013, Siskova and Tremblay, 2013) thus placing microglia in the midst of an expanded paradigm—the “quad-partite” synapse (Schafer et al., 2013). In addition, microglia depend on continuous microglial-neuronal crosstalk which is mediated by neuronal ligand-microglia receptor interactions such as CX3CL1/CX3CR1, CD47/CD177, and CD22/CD45 to maintain their surveillance activities; the absence of this

communication constitutes an initial “signal” to escalate/alter microglial function (Hanisch and Kettenmann, 2007, Saijo and Glass, 2011). However, not well understood is how microglia modulate, augment, or repress neuronal signaling during NVC; these data are confounded by astrocyte input as both cell types possess the capacity to monitor the synaptic cleft (Schafer et al., 2013).

A small but growing body of literature summarizes microglia-astrocyte communication. Methodologically, the assessment of astrocyte and microglia contributions to health and disease in independent cell populations and *in situ* remain challenging, as specific functional and morphologic assessment tools are limited (Wolf and Kirchhoff, 2008, Nimmerjahn, 2009, Sofroniew and Vinters, 2010). Current evidence proposes multiple mechanisms of microglia-astrocyte communication of which the mechanism may depend on contextual stimuli (Liu et al., 2011a). In an elegant set of experiments, (Pascual et al., 2012) support a paradigm where microglia immediately respond to lipopolysaccharide (LPS; within 5 minutes) to nudge astrocytes into a robust feed forward response via microglial ATP release binding to astrocytic P2Y1 receptors. Downstream responses of this microglia to astrocyte communication results in an excitatory neuronal network which may be applicable to an epileptic scenario (Pascual et al., 2012). Further evidence of microglia to astrocyte communication was reported by Abudara et al. (2015). In this experimental paradigm, lower dosage LPS incubations were extended to 3 hours and resulted in microglia TNF- $\alpha$  and IL-1 $\beta$  release. These microglial cytokines were necessary for astrocytic connexin43 hemichannel opening, thus increased astrocytic intracellular calcium concentrations facilitating glutamate release. However, in this paradigm, microglia to astrocyte communication resulted in decreased excitatory synaptic activity (Abudara et al., 2015). In addition, compelling evidence of astrocyte to microglia communication to quench microglia inflammatory responses after LPS induced activation is an important mechanism to provide checks and balances between these two inflammatory cells (Orellana et al., 2013). Unraveling the complexities of glial communication and these effects on NVC during health and disease is a story that holds great potential as both cells contribute to the dichotomous inflammatory response.

## Conclusion and Perspectives

While the role of astrocytes in NVC is currently debated, in recent years a substantial amount of research has been published supporting the ability of astrocytes to modulate vascular tone. Astrocytes, via a Ca<sup>2+</sup>-dependent mechanism, engage numerous signaling pathways which lead to the release of vasoactive signals capable of both dilating and constricting arterioles. The kinetics and effectiveness of these signals is in turn determined by the metabolic state of the tissue, the level of basal arteriole tone and/or the magnitude and type of stimulus evoked. Future studies however are needed to better address current discrepancies and open questions in the field. To this end, improved image resolution is needed to better define dynamic Ca<sup>2+</sup> events in astrocyte processes vs. somas. Moreover, while *in vitro* studies can provide important clues regarding the cellular signaling mechanisms controlling vascular tone, clear limitations (e.g. lack of flow and pressure in arterioles, temperature, O<sub>2</sub> gradients) must be taken into consideration when interpreting *in vitro* results. Likewise, while *in vivo* studies provide meaningful information on the

communication modalities contributing to activity-dependent changes in cerebral blood flow, the conditions of these studies (e.g. anesthesia, stimulus strength, acquisition parameters) must be also considered. The emerging availability of genetically encoded  $\text{Ca}^{2+}$  sensors along with improved two-photon imaging technology are key towards the re-evaluation of whether and how astrocytes participate in the regulation of vascular tone.

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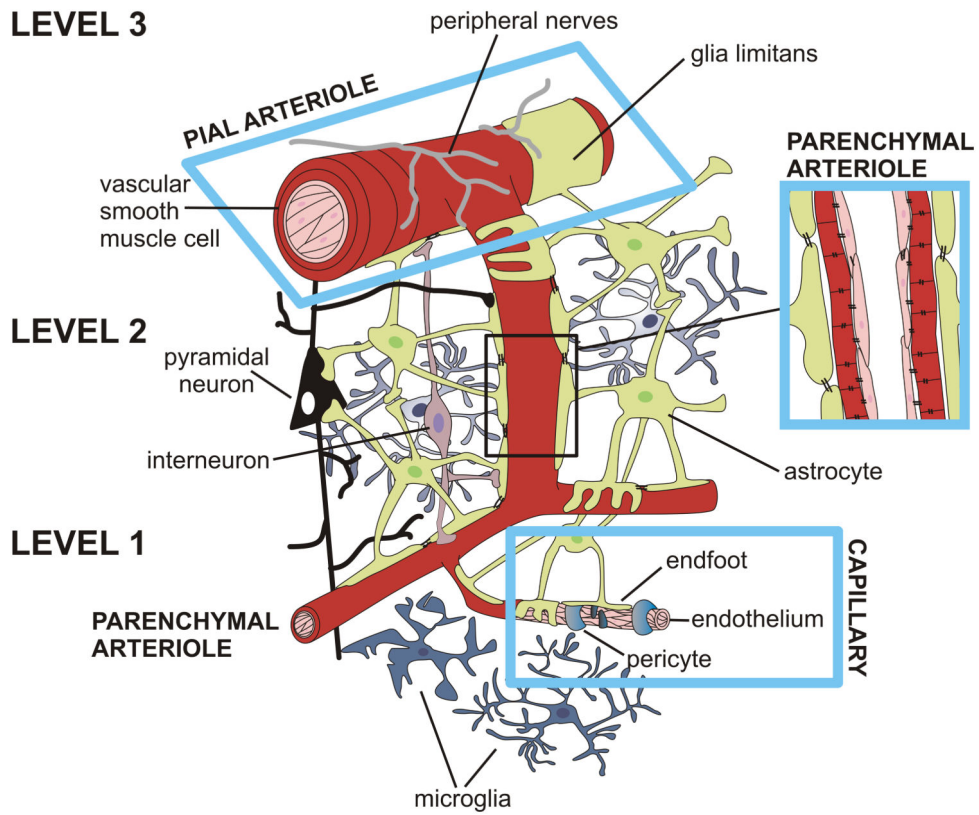
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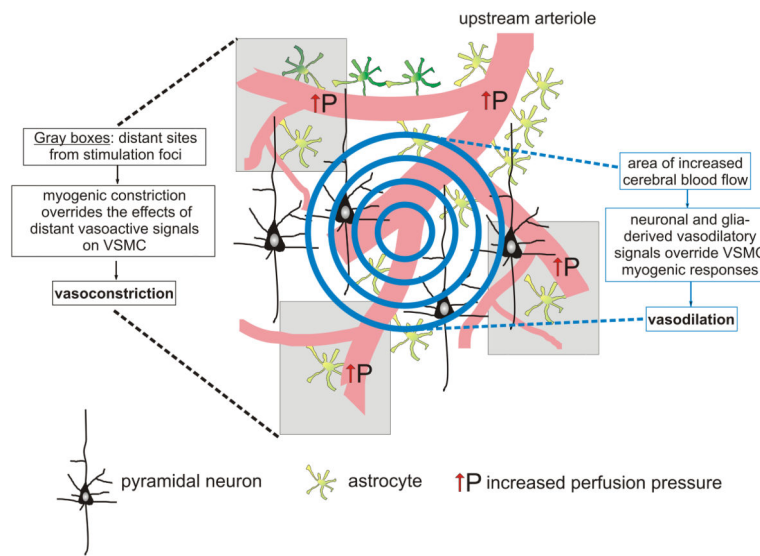


### Highlights for review

- Constituents of the neurovascular unit
- Role of astrocytes in the regulation of vascular tone
- Functional significance for astrocyte-mediated vasodilation vs. vasoconstriction
- Evidence for pericytes-evoked capillary dilation
- Microglia a missing component of the neurovascular unit



**Figure 1.** Representative illustration of the constituents of the neurovascular unit (NVU) from the capillary level to upstream pial arterioles. The diagram illustrates various control points across the cerebrovascular tree, involved in the integration of information that results in the coordinated delivery of oxygen and glucose to the brain under basal conditions and in response to increased metabolic demands. A simplified illustration of these control points, represented as levels 1–3, is shown in Fig 1. At the capillary level (*level 1*), the main constituents of the NVU include: endothelial cells, pericytes, astrocytes and neurons; *level 1* represents the initiation site for neurovascular coupling-mediated responses. Of note, the endothelium continues throughout all levels (1–3). At *level 2*, the main constituents of the NVU include: a single layer of vascular smooth muscle cells (VSMCs) making up parenchymal arterioles, pericytes (not illustrated) and processes from both astrocytes and neurons. At *level 3*, the endothelium is surrounded by multiple layers of VSMCs making up pial arterioles, specialized astrocyte processes making up the glia limitans, and perivascular nerve endings originating from peripheral ganglia.



**Figure 2.** Hypothetical working model for the significance of astrocyte-mediated vasoconstriction. 1) Under resting conditions, basal vascular tone is set by the myogenic properties of the vascular smooth muscle cells (VSMCs) as well as a tonic vasoconstrictor influence from astrocytes (e.g. 20-HETE). 2) Increased neuronal activity (graded circles) causes the release of vasodilatory signals from both neurons and astrocytes resulting in a localized vasodilation, which rapidly overrides the myogenic constriction of the VSMC. 3) The rise in flow and pressure in distant arterioles however, favors vasoconstriction as the action of vasodilatory signals is now significantly diminished. We propose that the action of these opposing forces (vasodilation vs. vasoconstriction) contributes to the center surround phenomenon observed during functional hyperemia.