

# Efficacy of Humanized High-Dose Meropenem, Cefepime, and Levofloxacin against *Enterobacteriaceae* Isolates Producing Verona Integron-Encoded Metallo- $\beta$ -Lactamase (VIM) in a Murine Thigh Infection Model

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**We aimed to describe the *in vivo* activity of humanized pharmacokinetic exposures of meropenem and comparators against Verona integron-encoded metallo- $\beta$ -lactamase (MBL) (VIM)-producing *Enterobacteriaceae* in a murine model. Levofloxacin activity was predicted by its MIC, and cefepime activity displayed variability, whereas meropenem produced a >1 log CFU reduction against all isolates despite high MICs indicative of resistance. Our results suggest that despite *in vitro* resistance, high-dose meropenem may be a possible option against infections caused by *Enterobacteriaceae* producing MBL-type carbapenemases.**

The substantial increase in carbapenem resistance secondary to carbapenemase production continues to exhaust the current repository of antibacterial agents (1, 2). Verona integron-encoded metallo- $\beta$ -lactamase (MBL) (VIM) is one of the emergent MBL carbapenemases. Our group has conducted several studies to characterize the efficacy of carbapenems and other agents against bacteria expressing various carbapenemases, including KPC, NDM, and OXA (3–5). In this study, we aimed to extend these previous observations and assess the efficacy of humanized doses of meropenem, levofloxacin, and cefepime against VIM-producing *Enterobacteriaceae* using the neutropenic-thigh infection model.

Commercially available levofloxacin (Akorn Inc., Lake Forest, IL), meropenem (Hospira Inc., Lake Forest, IL), and cefepime (Sagent, Schaumburg, IL) were acquired from the Hartford Hospital Pharmacy Department (Hartford, CT). All were reconstituted according to the manufacturer's recommendations and further diluted with normal saline solution.

Nine isolates were tested, including a wild-type strain, *Klebsiella pneumoniae* 454 (KP454), and its corresponding isogenic VIM-producing variant, *K. pneumoniae* 460, constructed as described previously (6), as well as seven VIM-producing clinical isolates (Table 1). Isolates were frozen at  $-80^{\circ}\text{C}$  in double-strength skim milk (Remel, Lenexa, KS) and cultured twice on Trypticase soy agar with 5% sheep blood (BAP; BD Biosciences, Sparks, MD) prior to experimentation. Determinations of the MIC values of levofloxacin, meropenem, and cefepime (Sigma-Aldrich, St. Louis, MO) were performed in triplicate by broth microdilution, and the median MIC values were recorded (7).

Subsequent animal experiments or models were approved by the Institutional Animal Care and Use Committee at Hartford Hospital, Hartford, CT. ICR mice were obtained from Harlan Laboratories (Indianapolis, IN) and prepared by intraperitoneal injection with cyclophosphamide at 150 and 100 mg/kg of body weight at day 4 and day 1, respectively, prior to inoculation (8); uranyl nitrate was administered at 5 mg/kg 3 days prior to inoculation to produce a controlled degree of renal impairment. Animals were inoculated in each thigh with 0.1 ml of bacterial suspension containing  $10^7$  CFU/ml to target a thigh bacterial density of  $10^5$  to  $10^6$  cells, and treatment was started 2 h later. Humanized

TABLE 1 Listing of test isolates with their respective genotypes and MICs<sup>a</sup>

Isolate	Genotype	MIC (mg/liter)		
		LEV	FEP	MER
KP454 WT	CIP 53153 WT	0.06	0.06	0.06
KP460 isogenic	CIP 53153, VIM-1	0.125	>512	16
KP451 clinical	VIM-1	>64	>512	>512
KP466 clinical	VIM-1	16	>512	>512
KP467 clinical	VIM-1, SHV-12	>64	>512	>512
KP470 clinical	VIM-1, SHV-31, DHA, <i>ampC</i>	16	32	64
CF36 <sup>b</sup> clinical	VIM-4, CTX-M-39, SHV-12, CMY-48	16	512	4
CF37 clinical	VIM-4, CMY-48, TEM-1B	32	4	4
ECL85 <sup>c</sup> clinical	VIM-1, SHV-12, OXA-1, CTX-M-9, OXA-1, CTX-M-9, ACT-16	32	>512	16

<sup>a</sup> KP, *Klebsiella pneumoniae*; CF, *Citrobacter freundii*; ECL, *Enterobacter cloacae*; LEV, levofloxacin; FEP, cefepime; MER, meropenem; DHA, 2,8-dihydroxyadenine.

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doses of levofloxacin at 500 mg every 24 h (q24h) designed to achieve area under the concentration-time curve (AUC) values of 42 to 53 mg · h/liter (9), meropenem at 2 g q8h as a 30-min infusion (10), and cefepime at 2 g q8h as a 30-min infusion (11), as previously developed and validated by our group, were administered as 0.2-ml subcutaneous injections to groups of three animals

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TABLE 2 Expected free drug time above the MIC at different values of MIC for cefepime and meropenem<sup>a</sup>

MIC (μg/ml)	% fT>MIC <sup>a</sup>	
	Cefepime	Meropenem
4	100	58
8	83	45
16	65	30
32	38	18
64	20	5
128	1	0

<sup>a</sup> Table adapted from references 10 and 11.

over 24 h to simulate the pharmacodynamic profile observed in humans (Table 2). Three mice were harvested as a group at the beginning of dosing (0 h), and another control group was given 0.2 ml subcutaneous normal saline solution. After the 24-h study period, animals were euthanized by CO<sub>2</sub> exposure followed by cervical dislocation; next, thighs were excised and homogenized and serial dilutions were plated on BAP for bacterial enumeration. Antibiotic efficacy was calculated as the change in bacterial density relative to the 0-h controls.

To ensure enzyme production across experiments, thigh homogenates from 0-h and 24-h control animals as well as from meropenem-treated mice were plated on agar containing meropenem concentrations equivalent to the MIC of the test strain.

The genotypic profiles and *in vitro* susceptibilities of the study isolates are listed in Table 1. The values for mean bacterial density ± standard deviation (SD) for 0-h control animals were 5.79 ± 0.26 log CFU, which increased in the 24-h controls to 7.92 ± 0.94 log CFU (Fig. 1). As expected from its phenotypic profile, humanized levofloxacin exhibited activity against the wild-type and isogenic strains but not against the clinical strains. Cefepime manifested mean reductions in CFU against all strains except KP467 and KP466, both of which showed drug MICs of >512 mg/liter. Meropenem was effective against all strains irrespective of MIC. Each isolate showed growth on meropenem-containing agar, confirming VIM expression during experimentation.

While levofloxacin efficacy was predictable based on MIC, this was not true of the β-lactams. Cefepime manifested efficacy against KP454, KP470, and CF37 which was pharmacodynamically predictable, namely, MIC values of ≤32 μg/ml and free drug time above the MIC (fT>MIC) values of ≥35% (12). However, efficacy also was apparent for 4 isolates with MIC values of >512 μg/ml (0% fT>MIC). Evaluating these isolates genetically, it is apparent that the β-lactam MIC of each is driven almost entirely by VIM; such is the case of isogenic strain KP460 and clinical strain KP451, which produce only VIM, while *Citrobacter freundii* 36 (CF36) and *Enterobacter cloacae* 85 (ECL85) produce VIM and a wide array of β-lactamases that poorly hydrolyze cefepime (13, 14). There were, however, two strains against which cefepime had little activity (KP466 and KP467). While it is not clear why these strains differ from the other VIM producers, it is possible that nonenzymatic resistance mechanisms are contributing to the cefepime MIC (15). As a collective, these findings suggest that although VIM is highly active *in vitro*, it does not confer *in vivo* resistance to cefepime. In a previous neutropenic-thigh study, similar activity was observed for ceftazidime against an isogenically created NDM-producing strain, despite an MIC of >128

mg/liter; however, unlike cefepime, ceftazidime was minimally active against clinical NDM-producing strains, likely due to coexpression of an extended-spectrum β-lactamase, against which ceftazidime is readily hydrolyzed. Interestingly, the addition of avibactam to ceftazidime, through inhibition of non-MBL enzymes, restored the activity of ceftazidime against the clinical NDM producers (16).

In the current study, meropenem, secondary to its stability against ESBL enzymes, was active against all isolates irrespective of their MIC, further substantiating the diminished role of VIM *in vivo*, as noted above. Similar observations were also made for ertapenem and doripenem against NDM-producing *K. pneumoniae* whereby efficacy was observed despite established pharmacodynamic (40% fT>MIC) exposures not being achieved (17). While this phenomenon seems to hold across the MBL enzyme class, experiments with other classes of carbapenemases yielded differing results. Previous work by our group using ertapenem against OXA-48-producing *K. pneumoniae* in the neutropenic-thigh model found MIC to be predictive of *in vivo* activity (4). Similarly, when KPC-producing *K. pneumoniae* strains were studied, results showed that carbapenems were active only when the MIC was ≤4 μg/ml (i.e., when the pharmacodynamic targets were met) (5).

While the majority of the literature on the treatment of VIM-producing organisms is based on murine infection models, some clinical data are available. One such study was a prospective observational study of bloodstream infections caused by *K. pneumoniae* strains, 41% of which produced VIM-1. Although it is unclear what treatment the patients with VIM-related infections received, that study found that VIM production had no effect on mortality compared to the results seen with non-VIM-producing strains (18). A case series of patients infected with VIM-producing

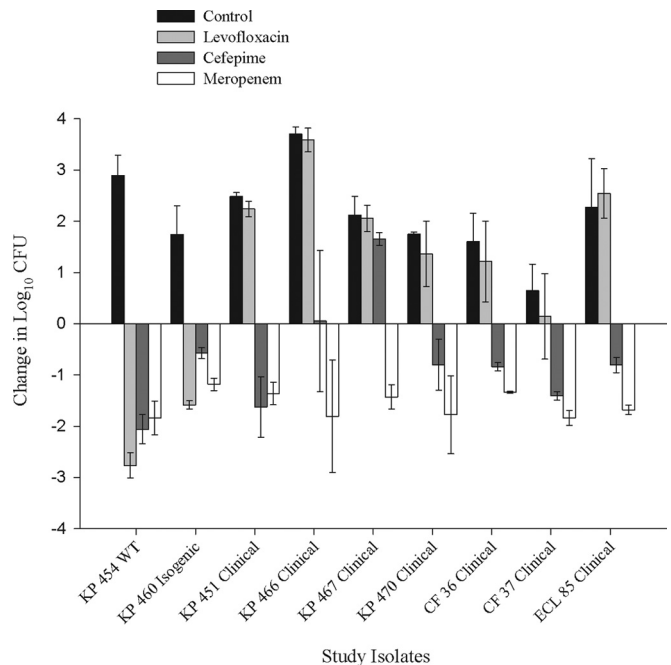


FIG 1 Efficacy of humanized levofloxacin administered at 500 mg q24h and of cefepime administered at 2 g q8h (30-min infusion) and meropenem administered at 2 g q8h (30-min infusion) against *Enterobacteriaceae* isolates producing VIM in a neutropenic murine thigh model. WT, wild type.

*Enterobacteriaceae* found that 12 of 17 were successfully treated with carbapenem-containing combinations, regardless of the carbapenem MIC (19). Clearly, additional data are required to validate our *in vivo* model-derived findings with respect to applicability to clinical practice.

In our study, we characterized the efficacy of meropenem, levofloxacin, and cefepime against VIM-producing *K. pneumoniae*. Levofloxacin efficacy paralleled the MIC phenotype, although this was not true of the beta-lactams. Regardless of the MIC, meropenem was effective against all 8 VIM-producing strains and cefepime was active against 5 of these isolates. Our data corroborate the findings of previous studies showing that genotype should be considered in the choice of effective antibiotics and suggest that carbapenems may still be a therapeutic consideration for *Enterobacteriaceae* producing MBL-type carbapenemases.

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