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Granulomatous amebic encephalitis following hematopoietic stem cell transplantation

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Abstract

Background: Granulomatous amebic encephalitis (GAE) is rare, but often fatal. The infection has been documented predominantly among the immunocompromised population or among those with chronic disease. To date, however, there have only been eight cases regarding the infection following hematopoietic stem cell transplantation (HSCT).

Case Description: A 62-year-old female with a history of relapsed diffuse large B-cell lymphoma, recently underwent peripheral blood autologous stem cell transplant after BEAM conditioning (day 0). On day +15, she began to exhibit worsening fatigue, generalized weakness, and fever. Symptoms progressed to nausea, emesis, somnolence, confusion, and frontal headaches over the next few days. Imaging demonstrated multifocal ill-defined vasogenic edema with patchy enhancement. The patient was started on broad antibiotics, antifungals, and seizure prophylaxis. Evaluation for bacterial, fungal, mycobacterial, and viral etiologies was fruitless. Her mental status progressively deteriorated. On day +22, she exhibited severe lethargy and went into pulseless electrical activity arrest, requiring chest compressions. The episode lasted <2 min and her pulse was restored. She was taken to the operating room for a brain biopsy. Postoperatively, her right pupil began to dilate compared to the left; she demonstrated extensor posturing in her upper extremities and withdrawal in her lower extremities. Repeat computed tomography demonstrated progressive edema. Given poor prognosis and poor neurological examination, the family opted for withdrawal of care. Final pathology was consistent with Acanthamoeba GAE.

Conclusion: The authors report the third case of GAE after autologous stem cell transplant, and the ninth case overall after HSCT. This case is unusual due to its rapid clinical presentation after HSCT compared to prior literature. The case highlights the need for high suspicion of *Acanthamoeba* infection in this patient population.

Key Words: Acanthamoeba, encephalitis, stem cell transplantation

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INTRODUCTION

Encephalitis is defined by acute inflammation of the brain, which may be attributed to an immunological or infectious process.[17,18] In particular, virus and bacteria predominantly constitute the infectious etiologies, being the culprit for up to 90% of cases; on the other hand, ameba rarely causes infectious encephalitis.^[7] Free-living ameba may induce 2 different forms of encephalitis: Primary amebic meningoencephalitis and granulomatous encephalitis amebic (GAE).[19] former. The characteristically caused by Naegleria fowleri, follows an acute, severe, and rapid clinical deterioration to coma, and death in several days. [19] The latter, generally with Acanthamoeba spp., Balamuthia associated mandrillaris, or Sappinia pedata, exhibits a subacute or chronic decline, ultimately also leading to death.[12] Accurate diagnosis demands high clinical vigilance and proper laboratory testing.[12] Radiology studies tend to produce nonspecific findings such as necrosis, multifocal lesions, pseudotumoral masses, hemorrhagic infarcts, and variable enhancement.[16]

GAE has been documented predominantly among the immunocompromised population or among those with chronic disease. [5] On the other hand, there have only been eight cases regarding the infection following hematopoietic stem cell transplantation (HSCT). [11-5,9,13] We report another patient who succumbed to the infection following peripheral blood autologous stem cell transplantation. The symptoms began 15 days after transplantation, which was significantly earlier compared to prior literature (69–215 days); [11-5,9,13] this short time frame after transplantation highlights the need for high clinical suspicion of this pathology in this patient population for accurate diagnosis and timely treatment.

CASE PRESENTATION

Patient is a 62-year-old female with history of relapsed diffuse large B-cell lymphoma (initially diagnosed 4 years ago s/p 6 cycles of R-CHOP followed by remission, with relapse 4 months ago s/p 3 cycles of RICE) who had recently underwent peripheral blood autologous stem cell transplant after BEAM conditioning (BiCNU, etoposide, Ara-c, melphalan). This was complicated by a neutropenic fever and hypotension, requiring Intensive Care Unit observation. An infectious work-up was negative, and the patient was discharged on day +11 with evidence of peripheral count engraftment.

On day +15, she began to exhibit worsening fatigue, generalized weakness, and fever up to 100.9F. She was evaluated in the emergency department (ED), where subsequent chest X-ray, blood cultures, and urinalysis did not show any evidence of infection. Symptoms progressed to nausea, emesis, somnolence, confusion, and frontal

headaches over the next few days. On day +18, the patient returned to the ED. The patient denied changes with vision, slurred speech, focal weakness, paresthesias, photo/phonophobia, or neck stiffness. A computed tomography (CT) head showed ill-defined hypodense areas with surrounding vasogenic edema in the right frontal lobe with subtle mass effect and effacement of the right frontal horn with similar ill-defined hypoattenuation in the left peri-atrial region and right temporal horn [Figure 1a]. Magnetic resonance imaging of the brain with or without contrast was performed revealing multiple ill-defined lesions concerning for infectious etiology, inflammatory reaction, fungal disease, or neoplasm [Figure 2a-d]. Cerebrospinal fluid was remarkable for the markedly elevated white blood cell count with neutrophil predominance, high protein, and normal glucose.

The patient was started on broad antibiotics, antifungals, and seizure prophylaxis. Evaluation for bacterial, fungal, mycobacterial, and viral etiologies was fruitless. Her mental status progressively deteriorated, but she was able to follow simple commands with effort. On day +22, she exhibited severe lethargy followed by pulseless electrical activity arrest, requiring chest compressions. The episode lasted <2 min and her pulse was restored. Two hours later, she exhibited seizure-like activity, which ultimately required emergent intubation for airway protection. A repeat CT head was stable [Figure 1b]. Given the dramatic clinical decline and the possibility of elevated intracranial pressures, an external ventricular drain was placed and the opening pressure was 7 cm of water. Subsequently, she was taken to the operating room for brain biopsy, where a postoperative CT head demonstrates persistent edema [Figure 1c]. Postoperatively, her right pupil began to dilate compared to the left; she demonstrated extensor posturing in her upper extremities and withdrawal in her lower extremities. Repeat CT

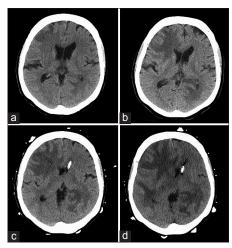


Figure 1: (a-d) Serial computed tomography demonstrates progressive cerebral edema

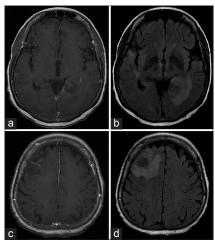


Figure 2: Magnetic resonance imaging brain T1 with contrast (a and c) and fluid-attenuated inversion recovery (b and d) demonstrates multifocal, patchy enhancing lesions at right frontal and left periatrial regions

head revealed increased edema from the right frontal and temporal lesions [Figure 1d]. Given poor prognosis and poor neurological exam, the family opted for withdrawal of care. Final pathology revealed a damaged vessel within necrotic brain parenchyma with occasional amebic organisms identified among polymorphonuclear leukocytes [Figure 3a and b] consistent with GAE. Samples submitted to Centers for Disease Control and Prevention were positive for *Acanthamoeba* on indirect immunofluorescence and real-time polymerase chain reaction.

DISCUSSION

Acanthamoeba is a type of free-living ameba that often resides in soil, air, or water environments.[10] Most people have encountered this ameba through daily living, as many asymptomatic, healthy people possess against Acanthamoeba.[10] For antibodies immunocompetent individuals, Acanthamoeba is typically associated with keratitis after contact lens use or after minor corneal trauma.[11] For immunocompromised individuals, the ameba can impose a disseminated infection, spreading to the skin, sinuses, and lungs.[11] Furthermore, Acanthamoeba may involve the central nervous system, manifesting as GAE, which proceeds along a subacute or chronic timeline.[11] Prior reported patients had various associated conditions, including AIDS, systemic lupus erythematous disease, steroid use, malnutrition, liver disease, renal disease, connective tissue disorder, tuberculosis, history of radiation therapy, and history of chemotherapy.^[5] Despite its subtle onset, GAE is predominantly lethal and frequently diagnosed postmortem.[14] For rare occasions with premortem diagnosis, early treatments have resulted in good outcomes. [6,8,11,15]

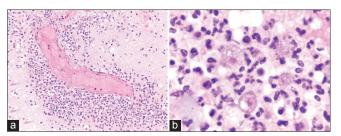


Figure 3: (a) A damaged vessel within necrotic brain parenchyma with occasional amebic trophozoites identified among polymorphonuclear leukocytes (b) high magnification demonstrates amebic trophozoites

Including this case, there have been nine reported patients with GAE following HSCT, six allogeneic HSCT recipients, and three autologous HSCT recipients.[1-5,9,13] Such a quantity is too small for significant analysis. In general, allogeneic recipients are more susceptible to infection; the higher number may partly be explained by this reasoning. In their extensive review of the eight prior patients, Akpek et al.[2] noted that seven out of eight patients underwent a prolonged course of steroids, while seven out of eight patients exhibited prior respiratory tract infections (including sinusitis, chronic rhinitis, and pneumonia); consequently, the authors believed that the nasal mucosa may be the most common route for infection. Onset of symptoms has ranged between 69 and 215 days while time to death after the most recent admission has ranged between 7 days and 6 weeks.^[2] Our patient exhibited general fatigue and fever, but did not have any respiratory complaints. More dramatically, she exhibited symptoms only 15 days after HSCT and died after 8 days of hospitalization. Given the short time frame from transplantation to infection, significantly compared to prior cases, there is a possibility that she may have harbored the organism at the time of transplantation.

CONCLUSION

The authors reported the third case of GAE after autologous stem cell transplant, and the ninth case overall after HSCT. This case is unusual due to its rapid clinical presentation after HSCT compared to prior literature. The case highlights the need for high suspicion of Acanthamoeba infection in this patient population, especially with the common prevalence of the organism in the environment.

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Conflicts of interest

There are no conflicts of interest.

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