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## Simultaneous Determinations of 17 marker compounds in Xiao-Chai-Hu-Tang by LC-MS/MS: Application to its Pharmacokinetic Studies in Mice

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### Abstract

The purpose of this study is to develop and validate an UPLC-MS/MS method to quantify different marker compounds from Xiao-Chai-Hu-Tang (XCHT, a Chinese traditional herbal) in biological samples and apply the method to pharmacokinetic study. A Waters BEH C<sub>18</sub>UPLC column was used with acetonitrile/0.1% formic acid mobile phases. The mass analysis was performed in a triple quadrupole mass spectrometer using multiple reaction monitoring (MRM) with positive scan mode. A one-step protein precipitation by methanol was used to extract the analytes from blood. Seventeen commercially available compounds from the different compositing herbals were selected as markers. The results revealed that all of the calibration curves showed good linear regression ( $r^2 > 0.9918$ ). The intra-day and inter-day precisions (RSD) of all of these markers at three different levels were less than 15.0% and the bias of the accuracies ranged from -13.5% to 16.6%. The extraction recoveries of all of these 17 markers were from 70.8% to 113.7% and the matrix effects ranged from 71.8% to 114.8%. The stabilities of these compounds in blood were evaluated by analyzing three replicates of QC samples at three different concentrations following storage at 25°C for 6 h, 4°C for 24 h, and -80°C for 30 days. All the samples displayed 85–15% precision and accuracy after various stability tests. The validated method was successfully applied to pharmacokinetic study in A/J mouse with oral administration of XCHT. All of these markers were detected and the pharmacokinetic parameters of 8 compounds were able to be calculated. This method is sensitive and reproducible that can be used for XCHT's *in vivo* study.

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## Keywords

Xiao-Chai-Hu-Tang; UPLC-MS/MS; Pharmacokinetics

## 1. Introduction

Xiao Chai Hu Tang (XCHT), a well-known Chinese Traditional Medicine, is made from seven herbals including *Bupleurum falcatum*, *Panax ginseng*, *Glycyrrhiza glabra*, *Zingiber officinale*, *Scutellaria baicalensis*, *Zizyphus jujube*, and *Pinellia ternate* [1, 2]. This famous formula was initially recorded in the ancient medicinal book named *Shanghanlun* 2000 years ago [3]. XCHT is an approved drug by the China Food and Drug Administration (CFDA) primarily used for the treatment of liver diseases and is sold as different type of formulations (e.g., pills, pellets, oral liquid). In addition, XCHT, (Sho-saiko-to in Japanese), was introduced into Japan as an oriental classical medicine from China approximately 1500 years ago, and it is manufactured in Japan as an ethical drug on a modern industrial scale in which the quality of ingredients is standardized with Good Manufacturing Practices (GMP) regulation [4].

*In vitro* studies in cell lines and *in vivo* studies in animal models suggested that XCHT has multiple pharmacological functions including inhibition of hepatitis virus [5, 6], anti-inflammatory [7–10], immune-modulating [7, 11], liver protective effect [12, 13], anti-cancer [2, 14, 15], and renal protective effect [16]. Clinical trials demonstrated that XCHT improved liver pathology in patients with chronic viral hepatitis [2, 11, 17, 18]. It is reported that XCHT has been used to treat approximately one million patients with chronic viral liver diseases, liver dysfunction, liver fibrosis, and liver carcinogenesis [19].

However, it is also reported that XCHT has non-neglectable adverse effects. For example, Hsu *et al* reported that XCHT induced acute hepatitis in patients with chronic liver disorder [20]. Another example is that Itoh *et al* reported that XCHT induced liver injuries in clinical trials [12]. XCHT could also induce hypokalemia and hypertension after long term of treatments [21]. The mechanisms of these biological effects, including both therapeutic and adverse effects, are not well-studied. It is very important to quantify the *in vivo* concentrations of the phytochemical components of XCHT to help doctors to establish quality standards for proper clinical utility.

Different class of compounds have been reported from XCHT including flavonoids (e.g., wogonoside, baicalin), saponins, (e.g., ginsenosides, saikosaponin), phenol compounds (e.g., zingerone, 6-gingerol) [4]. In addition, there are a few publications reported the phytochemical and quality control studies of XCHT [22–24]. However, the components that are responsible for the efficacy have not been well identified. Multiple pharmacokinetic studies have been performed with administration of XCHT in human or animal models (e.g., rats, mice), only a couple of marker compounds, such as baicalin and wogonoside, were quantified in these studies [25, 26]. Since the active compounds have not been identified from XCHT, it is very important to monitor different types of compounds in the *in vivo* study for the purpose of good clinical practice. In the previously studies, quite a few efficacy experiments were performed using mice, but there is no analytical method available to

quantify different components from XCHT in biological samples in mice blood samples. Therefore, in this paper, we establish a sensitive LC-MS method to quantify 17 components from XCHT and apply the method to a pharmacokinetic study in mice.

## 2. Experimental

### 2.1. Chemicals and reagents

The herbals were bought from Taihe Hospital (Shiyan, Hubei Province, China). Liquiritin, glycyrrhetic acid, wogonoside, wogonin, baicalin, baicalein, saikosaponin a (SSa), saikosaponin d (SSd), zingerone, 6-gingernol, rutin and quecertin were purchased from the National Institute for the Control of Pharmaceutical and Biological Products (Beijing, China). Ginsenoside Rd (Rd), ginsenoside Rg1 (Rg1), ginsenoside Rg3 (Rg3), ginsenoside Re (Re), formononetin, and daidzein were purchased from LKT Laboratories (St. Paul, MN). The chemical structures of these standard were shown in Fig. 1. The purity of all standards was 95.0% or above. Acetonitrile and methanol were purchased from Merck (Darmstadt, Germany). Other chemicals (analytical grade or better) were used as received.

### 2.2. Preparation of XCHT

The powdered herbal materials, including *Bupleuri Radix* (12 g), *Scutellariae Radix* (9 g), *Ginseng Radix* (9 g), *Glycyrrhizae Radix* (6 g), *Pinelliae Tuber* (9 g), *Zingiberis Rhizoma* (9 g), and *Jujubae Fructus* (12 g), were extract twice with 8-fold volumes of water under reflux for 1 h. The combined filtrate was concentrated and abrown sticky extract (2 g/mL) was afforded. The sample for quality control was prepared by diluting the original extract for 1000-folds in 50% methanol. Before injection, the quality control samples were centrifuged for 15 min at 15,000 rpm, then, 100  $\mu$ L of the supernatant was filtered through a 0.22  $\mu$ m membrane and 20  $\mu$ L of internal standard (daidzein 0.5  $\mu$ M) was added for LC-MS analysis.

### 2.3. Instruments and conditions

**2.3.1 UPLC**—The UPLC conditions were: Waters Acquity™ with diode array detector (DAD); column, Acquity UPLC BEH C<sub>18</sub> column (50 mm  $\times$  2.1 mm I.D., 1.7  $\mu$ m, Waters, Milford, MA, USA); mobile phase A (MPA), 0.1% formic acid in water; mobile phase B (MPB), acetonitrile; gradient, 0–2 min, 5% B; 2.0–3.0 min, 10% B; 3.0–5.0 min, 10–15% B; 5.0–9.0 min, 15–20% B; 9.0–11.0 min, 20–40% B; 11.0–14.0 min, 40–45% B; 14.0–14.5 min, 45–60% B; 14.5–15.0 min, 60–100% B; 15.0–15.2 min, 100%; 15.2–16.0 min, 100–5% B; 16.0–17.0 5% B; column temperature, 45°C; sample temperature, 20°C; and injection volume, 10  $\mu$ L.

**2.3.2 MS**—The MS analysis was performed on an API 5500 Qtrap triple quadrupole mass spectrometer (Applied Biosystem/MDS SCIEX, Foster City, CA, USA) equipped with a TurboIonSpray™ source. The compounds were determined by using MRM (multiple reaction monitoring) scan type in positive mode. The instrument dependent parameters for mass spectrum were set as follows: ion-spray voltage, 5.5 kV; ion source temperature, 500°C; nebulizer gas (gas 1), nitrogen, 40 psi; turbo gas (gas 2), nitrogen 40 psi; curtain gas, nitrogen 10 psi. Unit mass resolution was set in both mass-resolving quadruples Q1 and Q3. Compound-dependent parameters were listed in Table 1.

## 2.4. Preparation of standard and quality control samples

The stock solutions of the 17 compounds were prepared in ethanol/DMSO (4:1) at a final concentration of 10 mM, respectively. To prepare standard curve samples in blood, the stock solution was serially diluted in 50% methanol to make a working solution at 0.6, 1.2, 2.4, 4.8, 9.77, 19.5, 39.1, 78.1, 156.0, 313.0, 625.0, 1,250.0, 2,500.0, 5,000.0, and 10,000.0 nM for baicalin, baicalein, wogonoside, formononetin, zingerone, 6-gingerol, rutin, quercetin, liquiritin, glycyrrhetic acid, Rd, Rg1, Rg3, Re and 0.061, 0.122, 0.244, 0.488, 0.977, 1.95, 3.91, 7.81, 15.6, 31.3, 62.5, 125.0, 250.0, 500.0, 1,000.0 nM for rutin, SSa, SSd. The working solution samples (10  $\mu$ L) were then spiked into 10  $\mu$ L bland mouse blood, add 2  $\mu$ L of Vitamin C (20%), then the samples were extracted with 200  $\mu$ L internal standard solution (0.5  $\mu$ M daidzein in methanol) by vortex-mixing for 1 min. After centrifugation at 20,000  $\times$  g for 15 min, the supernatant was transferred to a new tube and evaporated to dryness under a stream of air. The residue was reconstituted in 80  $\mu$ L of 50% acetonitrile and centrifuged at 20,000  $\times$  g for 15 min. IS working solution (0.5  $\mu$ M) was prepared by diluting the stock solution in acetonitrile. The final concentrations of these analytes were 0.006, 0.012, 0.024, 0.048, 0.098, 0.195, 0.391, 0.781, 1.563, 3.13, 6.25, 12.5, 25, 50, 100 nM for rutin, SSa, SSd; 0.061, 0.122, 0.244, 0.488, 0.977, 1.95, 3.91, 7.81, 15.6, 31.3, 62.5, 125.0, 250.0, 500.0, 1,000.0 nM for baicalin, baicalein, wogonoside, wogonin, formononetin, zingerone, 6-gingerol, rutin, quercetin, liquiritin, glycyrrhetic acid, Rd, Rg1, Rg3, Re. The quality control (QC) samples were prepared at three different concentrations in the same way.

## 2.5. Method validation

**2.5.1. Specificity and LLOD**—The specificity of the method was determined by analyzing different blood samples for interference at the retention times of the analytes. Specificity was assessed by comparing the peak of an analyte in blank blood sample to that in a blank blood sample spiked with analyte at 0.024 nM for rutin, SSa, SSd and others at 0.24 nM.

**2.5.2. Linearity and LLOD**—Calibration curves were prepared the same way as described in section 2.4. The linearity of each calibration curves were determined by plotting the peak area ratio of the 17 analytes to I.S. in mice blood. Least-squares linear regression method ( $1/x^2$  weight) was used to determine the slope, intercept and correlation coefficient of linear regression equation. The lower limit of detection (LLOD) was defined based on a signal-to-noise ratio of 10:1.

**2.5.3. Precision and accuracy**—The intra/inter-day precision and accuracy were determined by injecting three different concentration of QC samples on the same day or on three different days. The precision was evaluated by relative standard deviation (RSD), and accuracy was expressed as relative error (RE).

**2.5.4. Extraction recovery and matrix effect**—The extraction recoveries of the 17 analytes, together with the I.S., were evaluated by comparing the relative peak areas obtained from blank blood spiked with analytes and those obtained from water spiked with the same amount of analytes. The matrix effect was determined by comparing the relative peak areas obtained from blank blood extract spiked with these analytes to those from

mobile phase extract spiked with the same amount of the analytes. These evaluations were performed according to the recommended validation procedures reported by Matuszewski [27].

**2.5.5. Stability**—The stabilities of these compounds were tested by analyzing 3 replicate QC samples at three different concentrations. The freeze and thaw stability were determined after three freeze-thaw cycles (from  $-20^{\circ}\text{C}$  to  $25^{\circ}\text{C}$  on consecutive days. Long-term stability was studied by storing QC samples at  $-80^{\circ}\text{C}$  for 30 days. Short-term stability was assessed by analyzing QC samples kept at room temperature for 6 h. The post-preparation stability was tested by determining the extracted QC samples kept in the auto-sampler at  $4^{\circ}\text{C}$  for 24 h.

## 2.6. Application in pharmacokinetic study

**2.6.1. Animals**—The animal protocol used in this study was approved by the University of Houston's Institutional Animal Care and Uses Committee. Male A/J mice (22–25 g, 8–10 weeks old) were from Harlan Laboratory (Indianapolis, IN) and kept in an environmentally controlled room (temperature:  $25\pm 2^{\circ}\text{C}$ , humidity:  $50\pm 5\%$ , 12 h dark-light cycle) for at least 1 week before the experiments.

**2.6.2. Experimental design**—Mice were fasted for 12 h with free access of water prior to the pharmacokinetic experiment. The crude XCHT extract was suspended in the oral suspension vehicle and administered by oral gavage at a dose of 500 mg/kg. Blood samples (about 20  $\mu\text{L}$ ) were collected in heparinized tubes at 0, 5 min, 15 min, 30 min, 1, 2, 3, 4, 6, 8, 12, and 24 h by snipping the tail and stored at  $-20^{\circ}\text{C}$  until analysis.

**2.6.3. Sample preparation**—The blood (10  $\mu\text{L}$ ) was spiked with 10  $\mu\text{L}$  of 50% methanol, add 2  $\mu\text{L}$  Vitamin C (20%). The sample other prepared steps the same way as described in section 2.4.

**2.6.4. Data Analysis**—WinNonlin 3.3 (Pharsight, Mountain View, CA) was used for the pharmacokinetic data analysis and the non-compartmental model was applied.

**2.6.5. Statistical Analysis**—The data in this study were presented as means $\pm$ S.D., if not specified otherwise. Significance differences were assessed by using Student's t test or one-way analysis of variance. A  $p < 0.05$  was considered as statistically significant.

## 3. Results and discussion

### 3.1. Method development

The chromatographic conditions were optimized to improve the peak shape, sensitivity and through-put. Different mobile phases including different concentration of formic acid (pH from 2, 2.5, 3 and 4), ammonium acetate (2.5 mM, strong ammonia adjusted pH 6.5, 7.4, 8.0 and 9.0), methanol, and acetonitrile were tested as the mobile phase. The 0.1% of formic acid and acetonitrile were selected as mobile phases. A representative chromatogram is shown in Fig. 2.

To improve the specificity, MRM (multiple reaction monitoring) scan type was used in this analysis. To improve the sensitivity, the compound dependent parameters and the instrument dependent parameters were optimized by tuning the 17 standard analytes with infusion. Both negative and positive mode were tested. The optimized MS/MS transitions and the compound dependent parameters of all the analyte and IS were showed in Table 1.

### 3.2. Method validation

**3.2.1. Specificity**—There is no significant interference with the 17 analytes in the chromatogram. The retention times of liquiritin, rutin, zingerone, baicalin, quercetin, Rg1, Re, wogonoside, baicalein, formononetin, wogonin, 6-gingerol, SSa, Rd, SSd, Rg3, GA were 3.85, 3.88, 4.28, 5.78, 6.05, 6.69, 6.73, 7.13, 7.81, 8.15, 8.93, 9.34, 9.36, 9.36, 9.84, 11.55, and 13.87, respectively. A representative MRM chromatograms of blank plasma; blank plasma spiked with the analytes at LLOQs, and plasma samples after oral administration of XCHT extract for 0.25 h (for GA at 4 h) was shown in Fig 4.

**3.2.2. Linearity of calibration curves and LLOQs (low limit of quantification)**—The calibration curves and LLOQs of the seventeen analytes were summarized in Table 2. All calibration curves exhibited good linearity with correlation coefficient (r) within the range of 0.9918–0.9984. The LLOQs were appropriate for quantitative detection of analytes in the pharmacokinetic studies.

**3.2.3. Precision and accuracy**—The intra-day and inter-day precisions (RSD) at three different levels were both less than 15.0% and the accuracies (RE) ranged from –13.7% to 14.8% (Table 3)

**3.2.4. Recovery and matrix effect**—The recoveries of these 17 analytes ranged from 70.8 to 115% (Table 4). The matrix effects were between 71.8% and 114.6% suggesting that there was no significant ion suppression in this method.

**3.2.5. Stability**—The results of the stability studies showed that all of the 17 analytes were stable in mouse blood samples for 1 month at –80degree (RE: –12.6% to 14.8%, RSD <14.5%), within three freeze-thaw cycles (RE: –13.7% to 14.7%, RSD < 15%), 4°C for 24 h (RE: –14% to 14.8%, RSD < 15%) and for 6 h at room temperature (RE: –14.6% to 14.8%, RSD < 14.9%).

### 3.3 Selection of the marker compounds

Totally 17 commercially available compounds were selected as markers in the analysis. These markers are identified from different herbs: SSd, SSa, rutin, and quercetin are from *Bupleurum falcatum*, Rd, Re, Rg1, and Rg3 are from *Panax ginseng*, liquiritin, and GA are from *glycyrrhiza glabra*, zingerone, and 6-gingerol are from *zingiber officinale*, baicalin, quercetin, wogonoside, baicalein, formononetin, and wogonin are from *scutellaria baicalensis*. We selected different compounds from the five herbs in this method to quantify these components in the pharmacokinetic study.

### 3.4 Contents of the 17 marker compounds in the XCHT

The contents of the 17 marker compounds in XCHT extract were determined by LC-MS method. The results showed that the contents per gram of XCHT extract were liquiritin 17.6 mg, rutin, 0.30 mg, zingerone, 0.13 mg, baicalin, 58.9 mg, quecertin, 0.02 mg, Rg1, 1.29 mg, Re, 30.9 mg, wogonoside, 15.8 mg, baicalein, 8.8 mg, formononetin, 0.05 mg, wogonin, 13.5 mg, 6-gingerol, 0.96 mg, SSa, 0.39 mg, Rd, 2.35 mg, SSd, 8.96 mg, Rg3, 0.60 mg, and GA, 0.03 mg.

### 3.5 Pharmacokinetic study

The validated method was applied to determine the blood concentrations of 17 components in mice after oral administration of XCHT extract at a dose of 0.5 g/kg (equivalent to 8.8 mg/kg of liquiritin, 0.15 mg/kg of rutin, 0.07 mg/kg of zingerone, 29.5 mg/kg of baicalin, 0.01 mg/kg of quecertin, 0.65 mg/kg of Rg1, 15.5 mg/kg of Re, 7.9 mg/kg of wogonoside, 4.4 mg/kg of baicalein, 0.03 mg/kg of formononetin, 6.8 mg/kg of wogonin, 0.48 mg/kg of 6-gingerol, 0.19 mg/kg of SSa, 1.17 mg/kg of Rd, 4.48 mg/kg of SSd, 0.30 mg/kg of Rg3, 0.02 mg/kg of GA). The result showed that at this dose, only liquiritin, baicalin, Re, wogonoside, baicalein, wogonin, SSd, and GA were detected in the blood. The other compounds were not detected due to low dose. The mean blood concentration-time profiles of these detected compounds are shown in Fig. 3. The estimated pharmacokinetic parameters are listed in Table 5.

These detected compounds belong to two classes: saponins and flavonoid. Re, SSd, GA are saponins, while baicalin, wogonoside, baicalein, and wogonin are flavonoids. The  $T_{max}$  of baicalein, and wogonin were  $0.083 \pm 0$  h (5 min), and  $0.17 \pm 0.09$  h (10 min) respectively suggesting that these two compounds were absorbed rapidly after administration. The  $T_{max}$  of baicalin and wogonoside, which is glucuronide of baicalein or wogonin (Fig. 1), is significantly slower ( $2.13 \pm 1.18$  hour for baicalin,  $1.58 \pm 1.63$  hour for wogonoside) than that of baicalein, and wogonin. This observation is understandable because usually the absorption of glucuronide is slower than its aglycone [28]. The content of GA in the XCHT extract is 0.03 mg/g, however, the  $C_{max}$  of GA is  $263.25 \pm 87.31$ , which is higher than the other compounds. Moreover, the  $T_{max}$  of GA is  $7.25 \pm 5.50$ , which is significantly slower than the other compounds. One of the possible reasons for this observation is that GA is a metabolite of other saponins in *Glycyrrhiza Radix* by microflora [29]. More experiment is needed to explain the PK profiles of these components in XCHT.

In the PK study, we successfully detected most of these compounds in the blood using a dose of 0.5 g/kg, which is translated from the dose used for human study. We calculated the PK parameters for 8 compounds (table 5) as these compounds were detected at all of the time points. However, we couldn't get the PK parameters for the other compounds as these compounds can be only detected at certain time point(s) (table 6). Since the contents of the marker compounds are highly different in XCHT, for example, baicalin 58.9 mg/g vs formononetin 0.05 mg/gram, a super-high dose may be needed in order to calculate the PK parameters for all of these 17 markers. The purpose of this paper is to report an LC-MS method to quantify different class of markers from XCHT in biological samples, PK studies at different dose is actually out of the scope of this study.

## 4. Conclusion

A rapid, specific, and sensitive LC-MS method to quantify 17 components in XCHT was developed and validated. The main advantages of this method are (1) only 10  $\mu$ L of blood is needed; (2) 17 marker compounds belong to different compound class in XCHT are simultaneously quantified; (3) the sample preparation procedure is simple; (4) recovery is good and matrix effect is minor. This method was successfully used in the pharmacokinetics study. This method is also valuable for human clinical study because it should allow even higher sensitivity than reported here since a large blood volume is usually available and thereby may be used to concentrate the analyte before analysis.

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## Abbreviations

<b>UPLC</b>	ultra-performance liquid chromatography
<b>IS</b>	internal standard
<b>DP</b>	declustering potential
<b>CE</b>	collision energy
<b>CXP</b>	collision cell exit potential
<b>AUC</b>	area under the curve
<b>QC</b>	quality control
<b>LLOD</b>	lower limit of detection
<b>LLOQ</b>	lower limit of quantification
<b>XCHT</b>	Xiao-Chai-Hu-Tang
<b>MPA</b>	mobile phase A
<b>MPB</b>	mobile phase B

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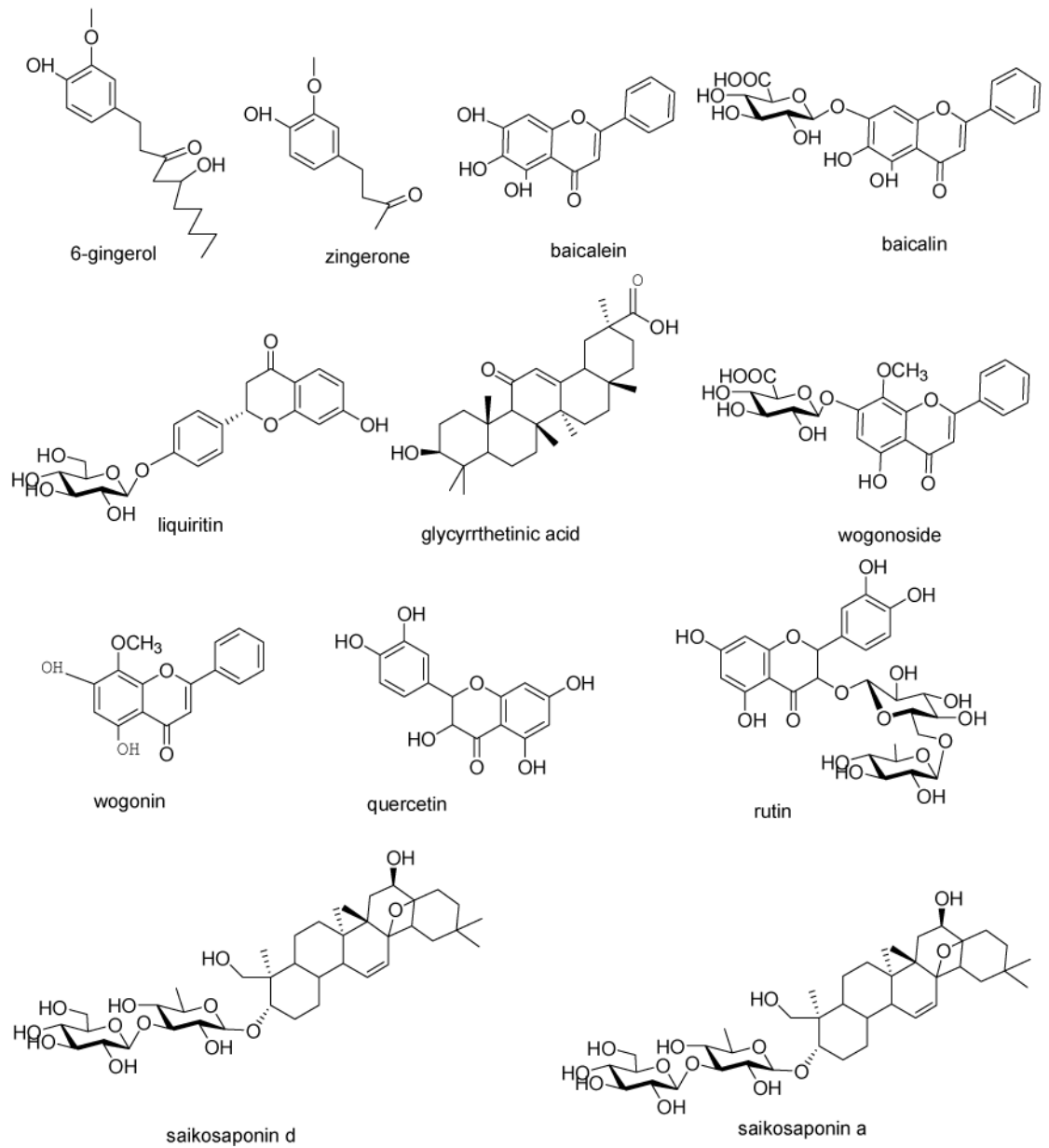


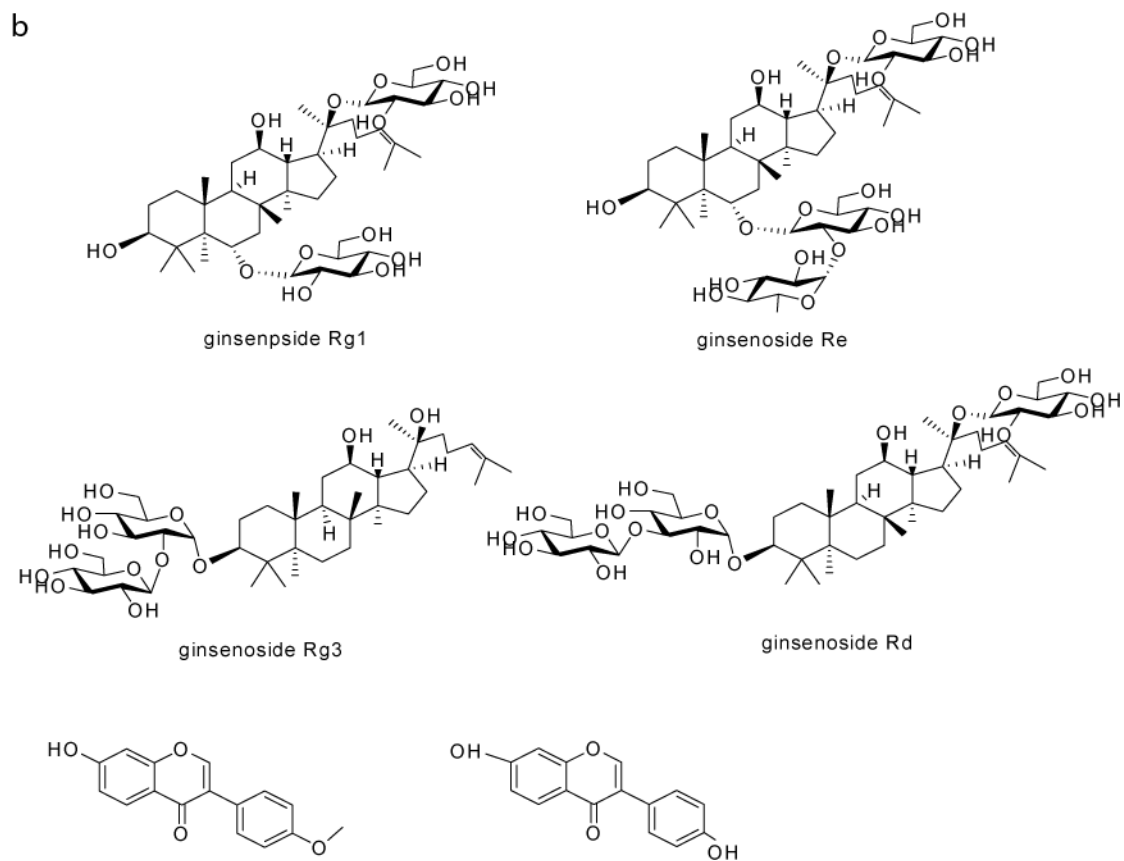
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### Highlights

1. An UPLC-MS/MS method to quantify 17 compounds in Xiao-Chai-Hu-Tangin blood was developed
2. The sensitivity and robust method was validated.
3. The sensitivity and robust method was applied for pharmacokinetic study in mice.

a





**Figure 1.**  
Chemical structures of the 17 marker compounds and daidzein (I.S.)

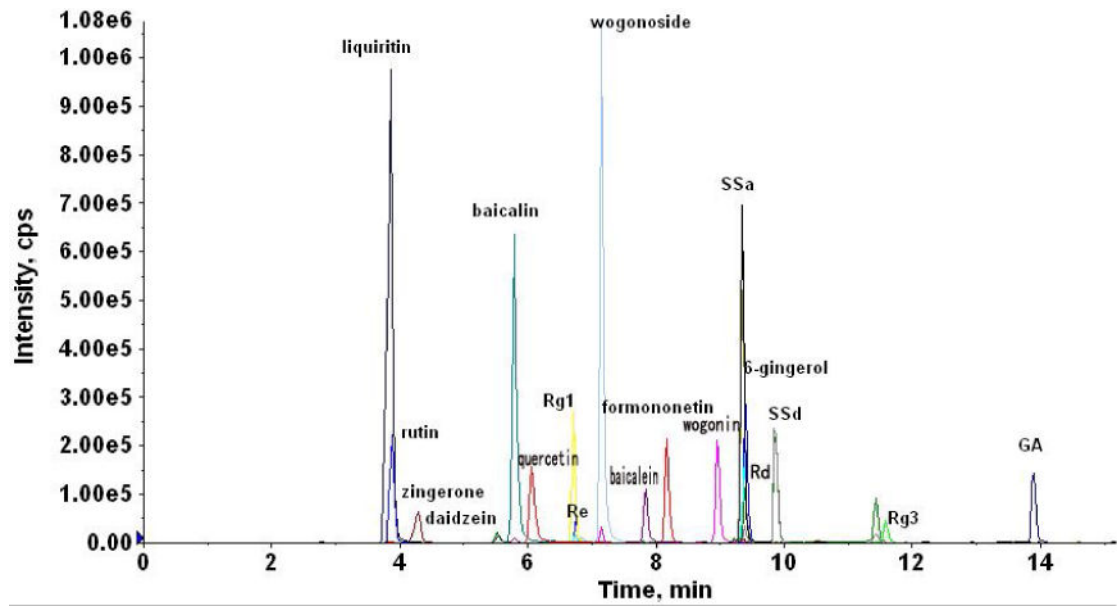
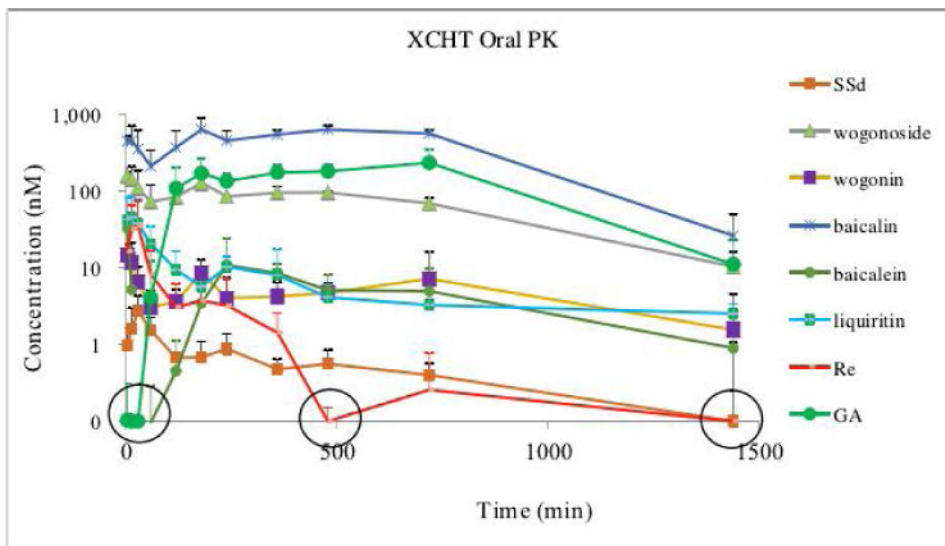


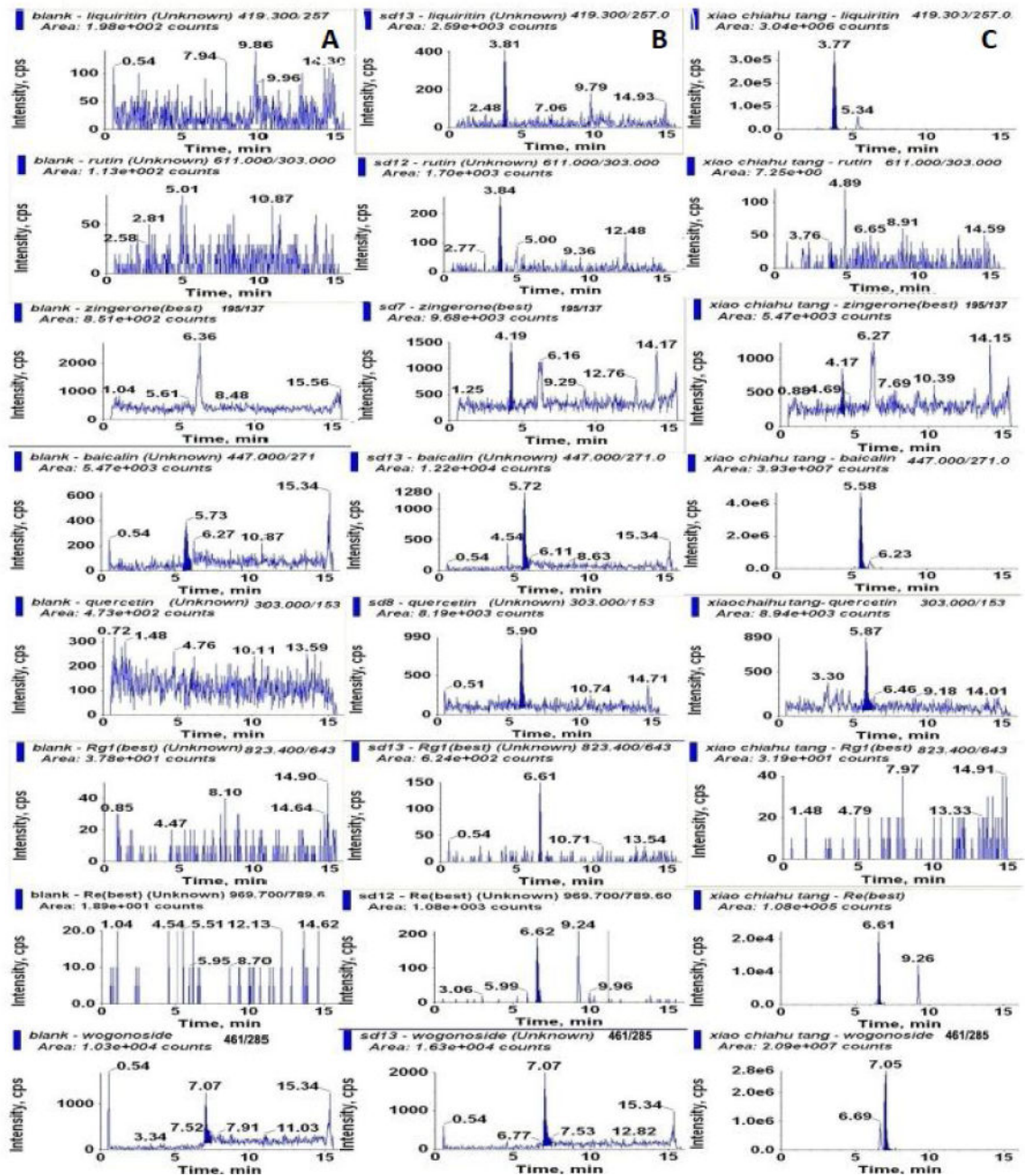
Figure 2.  
A representative MRM chromatogram of the 17 marker compounds and daidzein (I.S.).



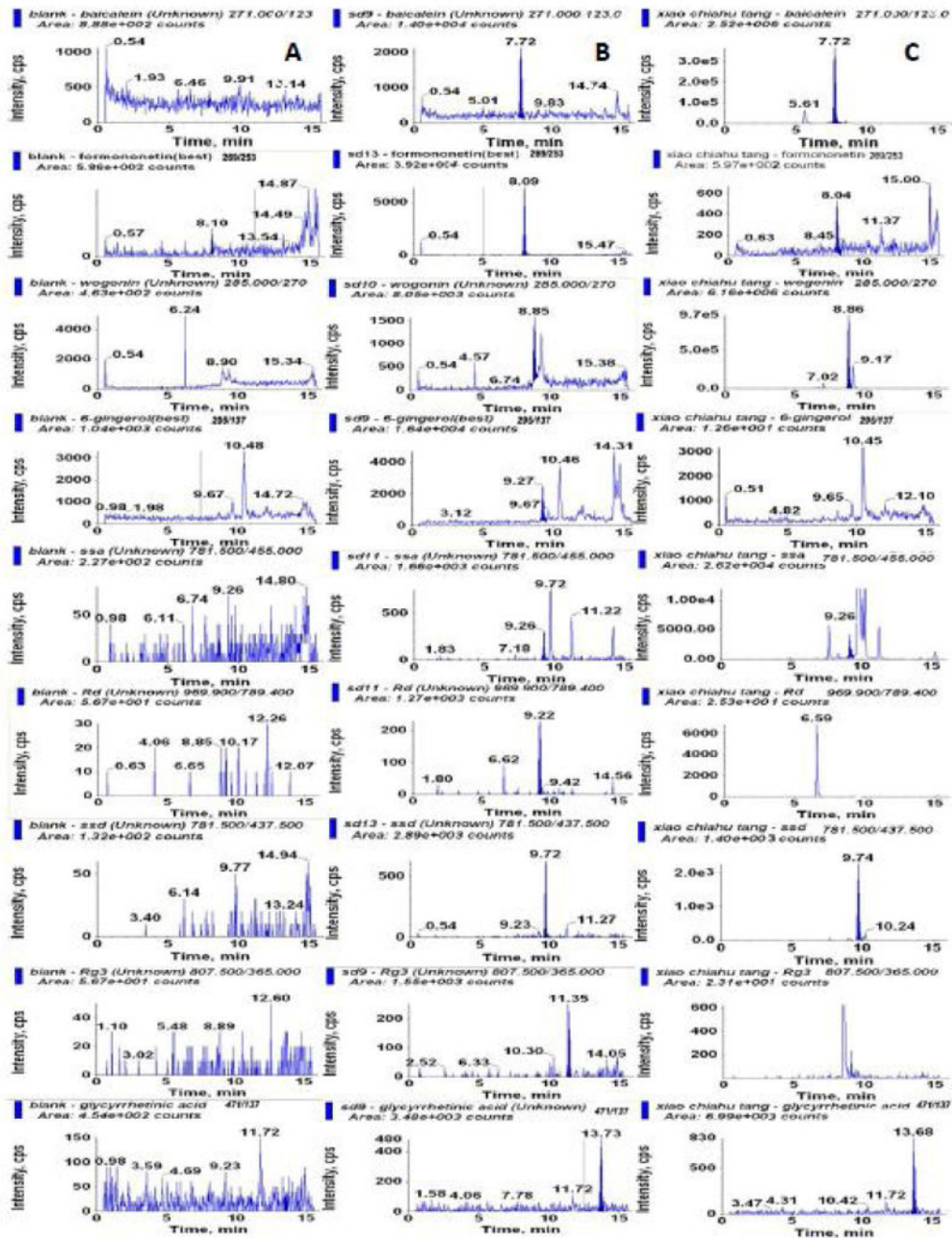
**Figure 3.**

Plasma concentrations of the detected compounds after p.o. administration of XCHT in A/J mice. Blood sample (10  $\mu$ L) was spiked with 10  $\mu$ L of 50% methanol, add 2  $\mu$ L Vitamin C (20%), which was further extracted by 200  $\mu$ L internal standard solution (0.5  $\mu$ M daizein in methanol) by vortex-mixing for 1 min. After centrifugation at  $20,000 \times g$  for 15 min, the supernatant was transferred to a new tube and evaporated to dryness under a stream of air. The residue was reconstituted in 80  $\mu$ L of 50% acetonitrile and centrifuged at  $20,000 \times g$  for 15 min for LC-MS injection. The circled concentrations were out of the linear range.

a



b



**Figure 4.** Representative MRM chromatograms of (A) blank plasma; (B) blank plasma spiked with the analytes at LLOQs; (C) plasma samples after administration of XCHT extract for 0.25 h (for GA at 4 h).



Compound-dependent parameters and Monitored ion pairs for 17 index compounds and daidzein (I.S.) in MRM mode for UPLC-MS/MS analysis.

**Table 1**

Analyte	Precursor ion (m/z) Q1	Product ion (m/z) Q3	Dwell Time (ms)	DP (V)	CE (V)	CXP (V)
Liquiritin	419.3	257	100	29	14	12
Rutin	611	303	100	42	28	13
Zingerone	195	137	100	35	27	36
Baicalin	447	271	100	15	30	9
Quercetin	303	279	100	62	41	19
Rg1	823	643.6	100	44	51	34
Re	969.7	789.6	100	23	59	13
Wogonoside	461	285	100	36	10	24
Baicalin	271	123	100	16	43	11
Formononetin	269	253	100	46	38	17
Wogonin	285	270	100	15	38	11
(6)-Gingerol	295	137	100	16	28	12
SSa	781.5	455	100	41	21	25
Rd	969.6	789.4	100	34	65	18
SSd	781.3	455	100	16	24	17
Rg3	807.5	365	100	23	59	13
GA	471	137	100	24	43	13
Daidzein	255	153	100	26	42	13

DP: declustering potential; CE: collision energy; CXP: collision cell potential

**Table 2**  
The regression equations, linear range, LLOD and LLOQs of the seventeen analytes in blood

Components	Range (nM)	Calibration curves	Correlation coefficient (r)	LLOQ (nM)	LLOD (nM)
Liquiritin	0.122~1000	$Y=0.125X+0.00005$	0.9984	0.122	0.061
Rutin	0.0488~100	$Y=0.183X+0.00054$	0.9937	0.0488	0.0488
Zingerone	1.95~1000	$Y=0.0063X+0.0113$	0.9942	1.95	0.244
Baicalin	1.95~1000	$Y=0.00242X+0.00390$	0.9918	1.95	0.122
Quercetin	0.244~1000	$Y=0.0151X+0.004$	0.9951	0.244	0.244
Rg1	0.122~1000	$Y=0.0327X+0.00262$	0.9946	0.122	0.061
Re	0.488~1000	$Y=0.00561X+0.0003$	0.9977	0.488	0.488
Wogonoside	0.977~1000	$Y=0.519X+0.87$	0.9939	0.977	0.244
Baicalin	0.488~1000	$Y=0.114X+0.688$	0.9933	0.488	0.061
Formononetin	0.977~1000	$Y=0.129X+0.968$	0.9935	0.977	0.061
Wogonin	0.488~1000	$Y=0.601X+1.43$	0.9947	0.488	0.061
(6)-Gingerol	1.95~1000	$Y=0.0508X+2.04$	0.9960	1.95	0.977
SSa	0.0488~100	$Y=0.0851X+0.0003$	0.9930	0.0488	0.0488
Rd	0.977~1000	$Y=0.0157X+0.003$	0.9943	0.977	0.122
SSd	0.0488~100	$Y=0.133X+0.0066$	0.9966	0.0488	0.0244
Rg3	0.488~1000	$Y=0.00549X+0.00115$	0.9937	0.488	0.244
GA	0.488~1000	$Y=0.0552X+0.0275$	0.9965	0.488	0.244

Table 3

Intra-day and inter-day precisions and accuracies for the determination of seventeen compounds from the assay samples (mean $\pm$ SD, n = 3)

components	C (nM)	Inter-day			Intra-day		
		Observed C (nM)	Precise (RSD, %)	Accuracy (Re, %)	Observed C (nM)	Precise (RSD, %)	Accuracy (Re, %)
Liquiritin	0.488	0.571 $\pm$ 0.079	13.9	11	0.5 $\pm$ 0.027	5.4	2.5
	62.5	57.93 $\pm$ 0.42	4.1	-7.3	62.4 $\pm$ 6.44	10.3	-0.1
	500	470.3 $\pm$ 34.9	7.4	-5.9	521.7 $\pm$ 19.3	3.7	4.3
rutin	0.0488	0.0536 $\pm$ 0.006	11.2	13	0.0485 $\pm$ 0.004	8.7	-0.5
	6.25	6.29 $\pm$ 0.609	9.7	0.6	6.25 $\pm$ 0.63	10.1	0
	50	45.6 $\pm$ 3.3	7.2	-8.7	49.1 $\pm$ 6.9	14.1	-1.8
zingerone	3.9	3.34 $\pm$ 0.452	13.47	12.7	3.37 $\pm$ 0.46	13.6	-13.5
	62.5	56.03 $\pm$ 6.5	11.6	-10.3	62 $\pm$ 6.4	10.3	-0.8
	500	489 $\pm$ 12.4	12.4	-2.2	522.33 $\pm$ 56.72	10.9	4.5
baicalin	3.9	0.369 $\pm$ 0.0313	8.46	8.46	3.87 $\pm$ 0.47	12.1	-0.8
	62.5	1.793 $\pm$ 0.298	16.6	16.6	54.5 $\pm$ 4.9	8.9	-12.8
	500	52.56 $\pm$ 1.401	2.67	2.67	513 $\pm$ 67	13.1	2.6
quercetin	3.9	4.13 $\pm$ 0.298	7.22	7.22	4.36 $\pm$ 0.395	9.1	11.7
	62.5	60.2 $\pm$ 7.3	12.2	-3.6	60.4 $\pm$ 7.4	12.3	-3.3
	500	438.7 $\pm$ 21.22	4.8	-12.3	470 $\pm$ 44.9	9.6	-6
Rg1	0.488	0.466 $\pm$ 0.065	13.9	-4.5	0.448 $\pm$ 0.017	3.7	-8.2
	62.5	59.13 $\pm$ 7.22	12.2	-5.4	71.7 $\pm$ 5.76	8	14.8
	500	468 $\pm$ 22.91	4.9	-6.4	474 $\pm$ 13.5	2.9	-5.2
Re	3.9	3.63 $\pm$ 0.467	12.9	-6.9	3.52 $\pm$ 0.274	7.8	-9.7
	62.5	66.6 $\pm$ 3.86	5.8	6.6	68.7 $\pm$ 3.1	4.5	9.9
	500	497.33 $\pm$ 6.65	1.3	-0.5	472 $\pm$ 27.1	5.7	-5.6
wogonoside	0.488	0.463 $\pm$ 0.03	6.5	-5.1	0.469 $\pm$ 0.001	0.86	-4
	62.5	58.7 $\pm$ 4.1	7	-4.1	63.8 $\pm$ 0.69	1.1	2.1
	500	472.3 $\pm$ 28.3	6	-5.5	488 $\pm$ 41.7	8.5	-2.4
baicalein	3.9	3.84 $\pm$ 0.344	8.95	-0.03	3.90 $\pm$ 0.21	5.5	0.2
	62.5	62.1 $\pm$ 7.1	11.4	-0.6	64.97 $\pm$ 4.5	7	3.9

components	C (nM)	Inter-day			Intra-day		
		Observed C (nM)	Precise (RSD, %)	Accuracy (Re, %)	Observed C (nM)	Precise (RSD, %)	Accuracy (Re, %)
Formononetin	500	423.3±20.5	4.8	-15.3	453.3±11.84	2.6	-9.3
	3.9	4.1±0.28	4.8	5.1	3.47±0.129	3.7	-10.9
	62.5	63.56±2.9	4.6	1.7	72.4±6.05	8.3	15.9
wogonin	500	491±13.2	2.7	-1.8	475.3±26.9	5.7	-4.9
	0.488	0.461±0.014	3	-6.5	0.421±0.0456	10.9	-13.7
	62.5	57.3±3.38	5.9	-8.4	62.9±3.91	6.2	0.6
(6)-Gingerol	500	471±36.3	7.7	-5.8	486.3±23.5	4.8	-2.7
	3.9	3.93±0.19	4.83	0	4.08±0.145	3.6	4.7
	62.5	54.06±6.38	11.8	-12.6	65.6±6.4	9.7	5
SSa	500	443.7±67.7	15.3	-11.3	514.3±33.5	6.5	2.9
	0.39	0.367±0.05	13.8	-5.8	0.043±0.006	12.1	0.7
	6.25	5.84±0.517	8.9	-6.5	6.04±0.262	4.3	-3.4
Rd	50	48.96±6.14	12.5	-2.1	52.6±1.97	3.7	5.2
	0.488	0.504±0.071	14.16	3.3	0.479±0.047	9.9	-1.7
	62.5	63.5±7.0	11	1.6	60.86±3.9	6.5	-2.6
SSd	500	527±33.45	6.3	5.4	477.7±23.54	4.9	-4.5
	0.0488	0.050±0.006	12	1	0.0398±0.0	0	-18
	6.25	6.16±0.44	7.2	-1.4	6.59±0.113	1.7	5.4
Rg3	50	49±3.16	6.4	-1.9	50.16±2.35	4.7	0.3
	0.488	0.482±0.074	15.1	-1.1	0.466±0.0056	1.2	-4.5
	62.5	59.7±1.31	2.2	-4.5	63.5±2.54	4	1.7
GA	500	461.7±36.5	7.9	-7.7	494.3±27.31	5.5	-1.1
	0.488	0.462±0.038	10.8	-5.4	0.489±0.0356	7.3	0.3
	62.5	58.7±6.17	10.5	-6.1	63.46±5.61	8.8	1.5
500	485.3±33	6.8	-2.9	529.33±25	4.7	5.9	

Table 4

The Matrix effects, extraction recoveries and stability of seventeen analytes in mice plasma under different storage conditions

Component	Spiked concentration	Matrix effect (%), mean±SD, n = 3)	Recovery (%), mean±SD, n = 3)	25°C for 6 h		4°C for 24 h		freeze-thaw		Frozen for 30 days	
				Precision (RSD, %)	Accuracy (RE, %)	Precision (RSD, %)	Accuracy (RE, %)	Precision (RSD, %)	Accuracy (RE, %)	Precision (RSD, %)	Accuracy (RE, %)
Liquiritin	0.488	103±16.7	87.7±14.8	14.5	7.3	9.4	14.4	14.4	13.6	9.4	13.9
	62.5	97.8±5.8	99.1±1.6	14.4	5.5	3.8	4.0	12.5	3.3	3.3	13.8
	500	103.3±4.6	92.8±6.6	4.9	12.7	4.4	5.6	14.0	1.6	1.6	10.9
rutin	0.049	71.8±10.4	98.7±6.39	10.9	13.2	12.3	14.7	11.7	12.3	12.3	8.3
	6.25	101.6±2.5	82.5±3.3	7.2	3.1	1.1	13.6	11.9	1.1	1.1	8.5
	50	94.8±3.2	79.9±5.3	9.3	6.3	9.9	11.1	16.7	9.9	9.9	7.9
zinggerone	3.9	75.9±12.9	70.8±12.9	5.3	7.5	13.8	8.9	5.8	11.8	11.8	-5.9
	62.5	93.1±10.4	101.2±15.4	8.7	-8.6	9.2	0.5	-13.2	9	9	-0.9
	500	105.7±2.6	86.7±8.4	8.1	-14.6	11.5	14.1	7.9	5.1	5.1	12.7
baicalin	3.9	72.2±6.7	75.4±1.1	6.7	-5.7	15.9	15.0	14.7	14.9	14.9	6.7
	62.5	80.3±8.3	76.8±1.1	10.8	-5.3	6	12.5	-1.1	6	6	14.1
	500	91.7±6.9	72.8±4.2	14.3	1.1	7.9	4.7	9.6	7.9	7.9	4.9
quercetin	3.9	116.7±16.7	85.3±8.1	12.9	-4.8	12.8	8.7	-10.5	8.2	8.2	-2.6
	62.5	101.7±12.4	85.4±3.5	11.5	-12.9	11.1	13.1	-13.0	11.1	11.1	4.8
	500	96.5±5.2	86.2±6.1	3.3	10.1	3.3	6.2	12.9	3.3	3.3	14.7
Rg1	0.488	114.6±15.3	110.6±15.6	12.4	14.8	7.1	9.3	-6.9	10.5	10.5	7.2
	62.5	107±13.2	109.1±9.0	6.3	7.4	2.1	0.9	10.2	2.1	2.1	9.2
	500	104±7.8	104.5±12.4	11.2	8.5	0.9	12.3	12.1	0.9	0.9	12.5
Re	3.9	99.9±17.4	106.4±5.4	14.6	10.1	11.82	10.3	7.1	8	8	10.4
	62.5	101±12.8	112.1±7.9	9.9	8.8	2.4	9.2	14.3	2.4	2.4	9.7
	500	106.5±5.5	105.3±9.6	14.3	-0.3	6.8	13.3	4.5	6.8	6.8	8.9
wogonoside	0.488	110.2±12.9	81.2±6.2	10.2	14.1	0.86	-14.1	-12.7	13.7	13.7	-10.9
	62.5	111.8±9.6	83.4±1.7	9.4	8.5	12.7	13.0	11.9	12.7	12.7	10.1
	500	99.2±3.2	87.8±7	6.8	1.4	14.9	13.7	12.4	14.9	14.9	11.2
baicalin	3.9	89.5±14.9	84±13.6	14.0	10.3	10.1	10.3	-8.9	8.4	8.4	-11.4

Component	Spiked concentration	Matrix effect (% mean±SD, n = 3)	Recovery (% mean±SD, n = 3)	25°C for 6 h		4°C for 24 h		freeze-thaw		Frozen for 30 days	
				Precision (RSD, %)	Accuracy (RE, %)	Precision (RSD, %)	Accuracy (RE, %)	Precision (RSD, %)	Accuracy (RE, %)	Precision (RSD, %)	Accuracy (RE, %)
	62.5	88.9±12	82.3±2.6	7.3	9.9	5	-14	10.3	-13.7	5	-14.5
	500	96.6±0.9	83.6±8.4	8.3	0.7	10.3	13.1	16.1	3.5	10.3	9
	3.9	112.7±14.5	95.2±12.2	10.7	8.0	14.7	-8.9	8.4	8.6	14.7	13.5
Formononetin	62.5	115±17	97±10.6	10.7	11.8	8.6	13.6	5.1	15.3	8.6	13
	500	93.3±10.2	93.5±9.1	11.5	-10.9	6.7	5	10.9	1.4	6.7	4.9
	3.9	100.9±10.3	91.6±6.3	9.3	11.4	15.2	9.2	7.3	13.1	15.2	8.4
wogonin	62.5	96.7±11.6	96±13.5	13.6	9.5	11	14.8	15.2	13.4	11	15
	500	105.7±9.8	89.7±6.1	12.8	3.1	9.9	13.5	14.8	14.0	9.9	10.3
	3.9	111.7±10.3	109.1±11.7	9.9	2.8	10.2	2.6	10.9	3.7	10.8	4.4
(6)-Gingerol	62.5	86.8±8.6	81.1±10.9	6.0	-2.3	9.8	-8.4	5.6	-3.8	9.2	-12.1
	500	99.4±6.6	81.7±6.7	10.9	-1.0	11.5	2	12.2	2.4	11.5	1.2
	0.39	105.1±15.4	91±8.5	10.7	0.7	12	-7.4	10.4	0.8	12	-6.7
SSa	6.25	101.8±12.1	100.4±9.6	12.4	-1.5	8.3	12	13.2	8.2	8.3	10.8
	50	97.6±5.1	103±8.5	14.9	7.4	7.5	10.6	7.9	16.9	7.5	12.1
	0.488	85.3±17.2	98.2±11.2	9.3	13.3	13.8	-4	8.9	9.5	11.9	11.6
Rd	62.5	113.3±12.4	107±12.9	14.1	-3.7	2.7	12.8	10.6	4.5	2.7	11.4
	500	102±4.5	98.8±8.9	12.6	-7.1	10.9	12.3	16.0	9.6	10.9	12.2
	0.049	108.3±15.2	98.06±16.6	2.7	6.8	10.4	-19	3.4	8.6	10.4	8.7
SSd	6.25	86.7±13.6	115±10.3	9.2	-13.0	1.7	13.1	12.3	12.7	1.7	12.5
	50	105.9±11.9	102.6±13.1	12.4	2.4	6.6	14.5	11.5	12.3	6.6	15.0
	0.488	112.7±3.6	113.7±14.9	12.8	9.2	5.5	1.57	5.7	7.4	5.5	8.0
Rg3	6.25	114.8±13.6	104±3.6	6.2	9.2	2.4	8.64	3.3	7.4	2.4	8.0
	500	103.9±4.3	99.2±9.2	9.3	-4.3	7.3	0.4	5.0	3.3	7.3	0.4
	3.9	113±8.9	92.8±10	9.4	2.1	11.8	5.4	7.8	0.7	3.7	6.9
GA	62.5	106.4±5.7	92.2±9.4	11.1	1.6	2.6	12	12.6	6.4	2.6	14.0
	500	92.6±5.4	89.9±9.1	5.8	8.1	6.2	14.6	9.2	11.9	6.2	13.5

Pharmacokinetic parameters of the 8 analytes in male A/J mouse after oral administration of XCHT (mean±SD, n=6); Tmax:median (min~max)

**Table 5**

Compounds	Cmax (nmol/L)	Tmax (h)	t1/2 (h)	AUC0-t (nmol·h/L)	AUC0-∞ (nmol·h/L)
Liquiritin	48.68±38.17	0.026 (0.083~0.5)	9.33±3.42	137.47±41.73	137.47±41.73
Baicalin	787.0±123.16	2.57 (0.5~3)	3.11±0.95	8957.38±2077.4	9711.88±709.27
Re	50.17±40.07	0.25 (0.083~0.5)	2.72±2.15	42.29±26.5	45.01±28.9
Wogonoside	174.25±42.12	1.625 (0.083~3)	4.77±1.24	1446.54±330.91	1555.74±120.91
Baicalin	32.73±15.02	0.083 (0.083~0.083)	6.85±4.32	85.36±25.98	119.10±33.82
Wogonin	18.78±6.27	0.167 (0.083~0.25)	6.16±4.85	109.97±87.80	116.49±82.20
SSd	3.42±0.74	0.50 (0.125~0.5)	12.18±5.32	25.84±18.5	25.84±18.5
GA	263.25±87.31	3.00 (2~12)	4.77±1.93	3297.32±1178.49	3297.32±1178.49

**Table 6**  
The concentrations of those compounds only detected at certain time points in the PK study.

Time (min)	Compounds									
	rutin	zingeron	quercetin	Rg1	6-gingerol	SSa	Rd	Rg3		
5	ND	ND	ND	ND	ND	0.69±0.26	ND	1.33±0.48		
15	ND	ND	ND	0.80±0.50	ND	1.17±0.88	ND	ND		
30	ND	ND	ND	ND	ND	1.02±0.75	ND	3.74±3.73		
60	ND	ND	ND	ND	ND	1.15±0.77	ND	ND		
120	ND	ND	ND	ND	ND	0.85±0.51	ND	ND		
360	ND	ND	ND	ND	ND	ND	5.07±6.67	1.61±0.53		
480	ND	ND	ND	1.16±0.29	ND	ND	ND	ND		
720	ND	ND	ND	ND	ND	ND	6.23±7.96	ND		
1440	ND	ND	ND	ND	ND	ND	5.20±7.64	ND		

ND not detected