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## Comparison of multiple enzyme activatable near infrared fluorescent molecular probes for detection and quantification of inflammation in murine colitis models

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### Abstract

**Background**—Activatable near-infrared fluorescent (NIRF) probes have been used for *ex vivo* and *in vivo* detection of intestinal tumors in animal models. We hypothesized that NIRF probes activatable by cathepsins or MMPs will detect and quantify dextran sulphate sodium (DSS) induced acute colonic inflammation in wild type (WT) mice or chronic colitis in IL-10 null mice *ex vivo* or *in vivo*.

**Methods**—WT mice given DSS, water controls and IL-10 null mice with chronic colitis were administered probes by retro-orbital injection. FMT2500 LX system imaged fresh and fixed intestine *ex vivo* and mice *in vivo*. Inflammation detected by probes was verified by histology and colitis scoring. NIRF signal intensity was quantified using 2D region of interest (ROI) *ex vivo* or 3D ROI-analysis *in vivo*.

**Results**—*Ex vivo*, seven probes tested yielded significant higher NIRF signals in colon of DSS treated mice versus controls. A subset of probes was tested in IL-10 null mice and yielded strong *ex vivo* signals. *Ex vivo* fluorescence signal with 680 series probes was preserved after formalin fixation. In DSS and IL-10 null models, *ex vivo* NIRF signal strongly and significantly correlated with colitis scores. *In vivo*, ProSense680, CatK680FAST and MMPsense680 yielded significantly higher NIRF signals in DSS treated mice than controls but background was high in controls.

**Conclusion**—Both cathepsin or MMP-activated NIRF-probes can detect and quantify colonic inflammation *ex vivo*. ProSense680 yielded the strongest signals in DSS colitis *ex vivo* and *in vivo*, but background remains a problem for *in vivo* quantification of colitis.

### Keywords

molecular imaging; near-infrared; colonic inflammation

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## Introduction

Inflammatory disorders of the small bowel and colon span a clinical spectrum from acute mucosal injury and transient inflammation to chronic inflammatory bowel diseases (IBD), such as ulcerative colitis (UC) and Crohn's disease (1). Clinical presentation combined with conventional endoscopy/ileocolonoscopy and histopathology represent the mainstays of diagnosis and detection of intestinal inflammatory diseases (1, 2). Additional imaging methods are desirable to improve detection and diagnosis of inflammation in the small or large intestines (3–5).

There is expanding interest in the application of optical imaging with near infrared fluorescent (NIRF) probes to detect inflammation. Imaging in the near infrared (NIR) region has potential advantages for deep tissue imaging, and can minimize light scattering and problems associated with non-specific tissue autofluorescence at low wavelengths (6–8). NIRF probes activated by cathepsins and matrix metalloproteinases (MMPs) have been used for *in vivo* imaging of inflammation in several organs in rodent models although emphasis to date has been on superficial organs rather than more deeply situated organs such as colon (6).

Cathepsins and MMPs are known to be up-regulated in human IBD and preclinical models such as acute intestinal injury and inflammation induced by dextran sulfate sodium (DSS) or chronic colitis in the interleukin-10 (IL-10) null mouse (9–14). A majority of studies in IBD or animal models have evaluated cathepsins and MMPs at the level of expression of mRNA or protein (9, 15–18) and multiple isoforms of these enzymes are expressed in normal or inflamed intestine (9, 16, 18). The ability to detect and quantify activated cathepsins or MMPs *ex vivo* or *in vivo* may provide advantages for detection and localization of intestinal inflammation and evaluation of disease severity in high throughput preclinical studies. In the present study, a series of commercially available near infrared fluorescence (NIRF) probes activated by cathepsins or MMPs were compared for *ex vivo* or *in vivo* detection of inflammation in the colon of mice with DSS induced acute colonic injury and inflammation. A subset of probes was also tested in the IL-10 null model of chronic colitis. The probes are summarized in Table 1 and comprise polymer-based substrates that are internally quenched by the near infrared fluorophores loaded onto the backbone structure, but are activated to emit NIRF when cleaved by cathepsins or MMPs (19). ProSense and MMPsense probes have been successfully used to detect inflammation in preclinical models of asthma (20) and atherosclerosis (21) and have been widely used to detect tumors, including intestinal tumors (22, 23). However, their utility for detection and quantification of colonic inflammation has not been quantitatively evaluated or compared. A probe with high specificity for cathepsin K was also tested in this study because immunohistochemical studies suggest that cathepsin K may have diagnostic potential in Crohn's disease (17). Our specific goals in this study were to define if one or more probes reliably detects and quantifies experimental inflammation *ex vivo* or *in vivo* and to compare cathepsins and MMP-based probes activated at 680 or 750 wavelengths as well as new FAST probes which permit more rapid imaging.

Several fluorescence-based imaging techniques are available. Macroscopic fluorescence reflectance imaging (FRI) is a useful technique when probing superficial structures (<5mm deep). In this study, FRI was tested for ability to detect and quantify inflammation *ex vivo* in the colon of DSS and IL-10 null models. Ability to detect inflammation based on activated probe was evaluated in both freshly dissected and fixed tissues. The ability to detect and quantify inflammation in fixed tissue offers potential advantages for studies in large numbers of animals. Fluorescence molecular tomography (FMT) potentially permits three-dimensional (3D) and deep localization and quantification of fluorescent probes *in vivo*. FMT was used for *in vivo* live imaging in the DSS model to assess whether FMT could reliably detect colonic inflammation.

Signals obtained with the most promising probes were tested for correlations with histologic scoring of disease severity. Our study demonstrates that both cathepsin and MMP-activated probes detect and quantify colonic inflammation *ex vivo* with 680 activated probes providing stronger signals than 750 or FAST probes. Probes show promise for *in vivo* monitoring but improved background and ROI imaging specifically targeted to the colon is desirable.

## Materials and Methods

### Mouse models

All animal studies were approved by the Institutional Animal Care and Use Committee (IACUC) of the University of North Carolina at Chapel Hill (Protocol number: 13-162).

WT C57BL6 mice were used for DSS induced acute mucosal injury and inflammation studies. Adult (8–12 weeks) mice were given 3% DSS (TdB consultancy AB, Sweden) in drinking water for 5 days, then switched to water for the following 4 days. Mice were studied four days after cessation of DSS since prior studies demonstrated that acute DSS-induced inflammation is maximal at 3–4 days after DSS (24). Mice given free access to water served as H<sub>2</sub>O controls. Control imaging experiments revealed autofluorescence of chow diet and fecal pellets from chow fed mice at NIR wavelengths which could be minimized by feeding a liquid diet (see supplemental figure 1 and details of control imaging experiments below). Therefore, both DSS-treated mice and water controls were given liquid diet (Nestle Nutrition, Minnetonka, MN) (Nutren 1.0 Fiber : dH<sub>2</sub>O=1:1) instead of normal, solid chow for 4 days before *in vivo* imaging to clear the bowel of solid fecal matter and minimize autofluorescence. Liquid diet was prepared fresh daily and given *ad libitum* in mouse feeding bottles (Cat. 9019 and 9015, Bio-serv, Frenchtown, NJ). The mice were housed in cages with wire mesh bottoms to prevent coprophagia. Water was provided *ad lib* throughout the period of liquid diet feeding.

Germ-free IL-10 null and WT mice on 129 *SvEv* background were obtained from the Gnotobiotic rodent models core facility at UNC-CH and were transferred to a specific pathogen free (SPF) facility for 4 months before imaging experiments to allow spontaneous chronic colitis to develop in the genetically susceptible IL-10 null mice. As with DSS, IL-10 null and WT mice were given liquid diet prior to imaging.

## Molecular imaging methodology

The commercially available enzyme activatable NIRF imaging probes (PerkinElmer) listed in Table 1. were given via retro orbital injection. All probes are optically silent until cleaved and activated by proteases. The fluorophore on 680 series probes is excited by light at  $680\pm 10$  nm and emits light at  $700\pm 10$ nm. The fluorophore on 750 series probes is excited at 750nm and emits at 770nm. ProSense 680, ProSense 750 and MMPSense 680 were given to animals 24 hours before imaging according to manufacture instructions (PerkinElmer). FAST (Fluorescent Activatable Sensor Technology) imaging agents designed to permit earlier imaging were given 6 hours before imaging as per manufacture instructions (PerkinElmer). Each probe was diluted in 1X phosphate buffered saline (1X PBS) before injection and at doses recommended by the manufacturer. Published reports indicate up-regulation of both cathepsins and MMPs in damaged and acutely inflamed colon of DSS treated mice (12, 13). The peptide substrate of ProSense 680 is activated by proteases such as cathepsin B, L, S and plasmin with reportedly highest specificity for cathepsin B (21). MMPSense substrate is cleaved by key MMPs including MMP-2, -3, -9 and -13 with reportedly highest specificity for MMP-9 (according to manufacturer).

**Control *ex vivo* imaging experiments**—Prior to large scale experiments, with multiple activatable NIRF probes in DSS or IL-10 null mice, control experiments were performed to ensure minimal background autofluorescence. Imaging of fecal pellets from chow fed WT mice reveal autofluorescence (Supplemental Figure 1A). Imaging of chow diet alone also revealed autofluorescence whereas a liquid diet had minimal autofluorescence (Supplemental Figure 1B). Imaging of fecal pellets from water controls or DSS treated mice given no probe injection revealed higher autofluorescence of fecal pellets from water controls versus DSS treated mice (Supplemental Figure 1C). This autofluorescence and difference between water controls was eliminated by liquid diet feeding for 4 days before imaging (Supplemental Figure 1D). Together, these pilot studies led us to use liquid diet feeding prior to probe injection and imaging as a standard protocol. *Ex vivo* imaging of small intestine and colon from water controls or DSS treated mice given the liquid diet protocol but no probe injection, then subject to FRI imaging at the 680 or 750 wavelength demonstrated minimal background and no difference between water controls and DSS treated mice (Supplemental Figures 1E and 1F). Together the findings from these experiments suggested that pre-imaging liquid diet and inclusion of no probe controls, and disease-free controls given probe represent important controls to minimize background autofluorescence and validate specificity of signals in diseased animals. Even with liquid diet, we note that is essential to carefully flush luminal contents from colon because remnant luminal contents in folds of the proximal colon can represent a source of non-specific fluorescence.

***Ex vivo* tissue FRI imaging in colitis models and controls**—Animals were euthanized by intraperitoneal (i.p.) injection of Nembutal (100mg/kg body weight/per animal) 24 hours or 6 hours (FAST probes) after probe injection. Ileum and colon were dissected and gently flushed with ice cold 1X PBS and imaged *ex vivo* by FRI (fluorescence reflectance imaging) (FMT 2500™ LX System, PerkinElmer). Light source energy level, exposure time and the distance from specimen to camera are kept the same across animal in

each experiment. To quantify fluorescence signals, region of interests (ROIs) were set manually to cover entire distal colon and the entire distal half of the proximal colon because these are regions typically involved in DSS-induced disease. The size of ROIs across animals is similar and examples of ROIs are shown in Figure 1A. The goal was to calculate the total counts due to activated probe in the entire ROI (distal colon and distal half of proximal colon) for each animal. The unit (counts/energy) in *ex vivo* FRI represents the counts per pixel, normalized to laser energy level. The total counts reflect the total amount of fluorescence in the entire ROI for each animal, treatment group or probe. During FRI imaging with each probe, the imaging system automatically adjusts the scale to encompass the minimum-maximum of the signal for optimal visualization with that particular probe. A higher scale reflects a stronger signal. Diseased and control animals (DSS and water controls or IL-10 null and WT) were always imaged in the same experiment. With each probe, mean of total count per ROI in controls was subtracted from the total counts per ROI for each diseased animal or water control as a measure of specific probe activation.

We note that the calculation of total counts per ROI was used in this study instead of ‘target to background ratio’ which is commonly used in other applications as a measure of difference in signal intensity between tumor versus normal tissue (20, 21, 25). This is because a major goal was to test if the NIRF signal in the entire colon ROI can estimate disease severity. A second goal was to test which of the different probes tested yielded significantly higher NIRF signal in colitis models than the background observed in non-diseased controls.

### **Intestinal tissue fixation and re-imaging**

Immediately after *ex vivo* imaging of freshly dissected small intestine or colon, tissues were fixed in 10% zinc formalin for 24 hours, then kept in 1 X PBS at 4°C before re-imaging to test if fluorescent signal was preserved. Tissue was kept in the dark during both fixation and storage. Our pilot studies (Supplemental Figure 2) indicated that 10% zinc formalin fixation preserved activated ProSense 680 probe better than 4% paraformaldehyde (PFA) fixation. The impact of formalin fixation was therefore evaluated on the signal obtained with each of the other probes tested.

### **Co-localization of ProSense680 activation with Cathepsin B immunofluorescence staining**

Cathepsin B was stained by immunofluorescence on formalin fixed, paraffin embedded sections of colon from DSS treated mice. Sections were deparaffinized in xylene, rehydrated in graded ethanol solutions, pretreated with 0.05M Tris Triton (TT) epitope retrieval solution at room temperature (RT) for 30 minutes and blocked in 5% normal goat serum (NGS) diluted in TT buffer for 1 hr. Cathepsin B antibody (Abcam, Cat# ab33538) was diluted in 5% NGS/TT buffer and sections were incubated with primary antibody overnight at 4°C in a humidity chamber. After washing 3 times in 0.05M Tris buffer, the sections were incubated with secondary antibodies for 1 hour at room temperature. Following three washes with 0.05M Tris, coverslips were mounted in gel-mount with DAPI (Electron Microscopy Sciences, Hatfield, PA). Activated ProSense 680 probe and cathepsin B immunofluorescence were both imaged in the same sections using a Leica TCF SPE

confocal microscope (Leica, Bannockburn, IL) and an excitation wavelength of 680nm and emission wavelength of 710nm.

### **Histological scoring and comparison with quantitative data for NIRF probe activation**

The distal half of the colon of DSS-treated mice or IL-10 null mice was divided into 8–9 segments, paraffin embedded, and hematoxylin and eosin (H&E) stained sections prepared from each segment. H&E stained sections were scored for inflammation and injury according to previously published methods (24). Histological scoring on each segment was performed by three independent investigators blinded to treatment group and averaged for inflammation severity, inflammation infiltration and crypt loss. Colon from 129 *SvEv* IL-10 null mice was scored as previously described (26). Probe activation in each segment was quantified by *ex vivo* FRI imaging. Linear regression analysis compared histological scores and 2D FRI quantification data for each colon segment.

***In vivo* imaging**—For *in vivo* imaging, mice were anesthetized with Nembutal (50mg/kg body weight) via i.p. injection and abdominal and torso hair was removed using Nair lotion (Ovation Pharmaceuticals Inc. Deerfield, US) to permit light transmission. Anesthetized mice were then carefully positioned into the imaging cassette and placed into the imaging chamber of the FMT 2500™ LX system. This system uses an NIR laser diode to transilluminate (passed light through) the body of the mouse and a thermoelectrically cooled CCD camera placed on the opposite side of the imaged animal detects NIRF signal. Optical filters collect both excitation and emission fluorescence datasets. The multiple emitted fluorescence datasets were normalized to the default laser excitation data (set by manufacturer) to calculate signals. The entire image acquisition sequence took approximately 3–5 min per mouse.

3D ROI analysis quantified fluorochrome in the entire abdominal area of each mouse. Images were displayed as rotatable reconstructed datasets, allowing views in transverse, sagittal and coronal planes. A threshold was applied to all animals equal to 30% of the mean signal intensity in ROIs of water control mice. Total amount of fluorochrome in the target ROI was then automatically calculated from the reconstructed images using FMT's TrueQuant Imaging Software (Ver. 2.0.0.19) and pre-acquired calibrations for each specific probe. Data are expressed as absolute total pmol of activated fluorescent probe per animal based on comparison with fluorescence of a phantom containing known amounts of activated probe imaged with FMT 2500LX. To calculate the extent of probe activation in DSS treated mice versus water controls, the mean signal in water controls was subtracted from the signal observed in each individual DSS treated animal.

### **Statistical Analysis**

Total NIRF signal per colon ROI was calculated for each DSS or H<sub>2</sub>O treated animal injected with each probe. The mean value in probe injected water controls run in the same experiment was subtracted from each individual value to normalize for background. Data for each treatment group and probe were then expressed as mean ± SE. Students test for significant difference in the mean signal obtained in DSS versus water controls injected with the same probe. ANOVA tested for significant differences in mean signals in DSS treated

animals injected with each of the different probes. Tukey's post hoc test was then used for comparisons between probes.

## Results

### **Ex vivo imaging reveals strong and significant activation of all probes in distal colon of DSS treated mice**

*Ex vivo* FRI imaging and 2D quantification were performed on dissected ileum, proximal colon and distal colon of DSS-treated mice and water controls. Ileum from DSS treated mice is a useful negative control as it is well established that DSS induces disease in colon and not small intestine, with disease most severe in distal colon (27). Representative 2D FRI images from probe injected H<sub>2</sub>O controls and DSS treated animals are shown in Figure 1. Figure 1 demonstrates that all probes yielded intense signals in distal colon of DSS-treated mice with little or no detectable signal in ileum of DSS treated mice. Signals were undetectable or very low in colon and ileum of water controls (Figure 1). Note that the pseudocolor scale for each probe is different. For each probe, the scale is auto-adjusted to minimum-maximum of the signal for optimal visualization, but with each individual probe the same scale is used for DSS and water controls. A lower maximum value for each probe reflects a weaker signal. Total counts in the distal colon and distal half of the proximal colon from 4–9 animals in each group (treatment or particular probe) were quantified to assess the absolute increase in signal in colon of DSS-treated mice vs. mean signal in water controls. Mean and SEM of signals obtained with each of the tested probes are illustrated in Figure 1H. Each probe tested yielded signals in colon ROI of DSS treated mice that were significantly above background in water controls. Of the probes tested in DSS-treated mice, ProSense 680 yielded the highest signals compared with signals obtained with other probes and ProSense 680, CatK fast and Prosense 750 yielded signals that were significantly higher than other probes tested ( $p < 0.05$ ) (Figure 1H).

Activation of ProSense 680 in distal colon of DSS treated animals was further confirmed by confocal microscopy using excitation light at 680 nm while signal was virtually undetectable in water controls (Figure 2A). Overlap between immunofluorescence staining observed with a cathepsin B antibody and activated ProSense 680 on the same section from DSS-treated mice (Figure 2B) provided additional evidence that cathepsin B enzyme activation was validly detected by the ProSense 680 activatable probe.

### **NIRF imaging signal correlates with histological scores for colitis severity**

Histologic scoring of colitis was performed on H&E stained sections from different segments of colon from DSS-treated mice as illustrated in Figure 3A and 3B. *Ex vivo* FRI quantified NIRF signal for each of the segments (total counts). Linear regression revealed a very strong and significant correlation between *ex vivo* FRI signals obtained for ProSense 680 and histologic colitis scores. Regression analyses on histologic colitis scores and FRI data on colon segments from animals injected with MMP680 or Cat B680 FAST also revealed strong and highly significant correlations (MMPSense680  $R = 0.854$ ,  $p < 0.001$ ; and CatB 680 FAST  $R = 0.938$ ,  $p < 0.0001$ )

To investigate if FRI signals obtained with activated probes across individual animals treated with DSS also correlated with individual colitis scores, five animals were given MMP680 and regression analysis performed on FRI data on entire distal colon and distal half of proximal colon and histological colitis scores on tissue sections. A strong and significant correlation across individual DSS-treated mice ( $R=0.829$ ;  $p<0.05$ ) provides evidence that NIRF imaging validly detects differences in inflammation severity across animals.

### **Multi-channel imaging of activated MMP or ProSense probes in a single animal detect similar patterns of probe activation**

One potential advantage of fluorescence optical imaging over other imaging modalities is the ability to use multiple imaging channels to quantify activation of multiple probes in a single animal (6). To test this in models of colon inflammation, the same DSS-treated mice were injected with both cathepsin activatable and MMP activatable probes. *Ex vivo* images obtained by FRI at 680 and 750 excitation wavelengths in the same DSS-treated mouse injected with either ProSense 680 and MMPSense 750 FAST or MMPSense 680 + ProSense 750 are shown in Figure 4. Cathepsin and MMP probe activation detected by individual NIRF probes in the colon from the same DSS-treated animal, revealed similar location of activation (Figure 4).

### **10% zinc formalin fixation preserved fluorescence signals from 680 fluorophore conjugated probes, but not signals from 750 fluorophore conjugated probes**

One potentially useful application of the activatable imaging probes is to offer a rapid and objective measure of colitis severity, especially in experiments involving large numbers of animals. In such applications, preservation of signal after fixation would offer the opportunity to archive samples over the course of large experiments and subsequently quantify signals by FRI. Initial studies in tissues from mice injected with ProSense 680 suggested that 10% zinc formalin preserved the fluorescence signal but 4% PFA did not (Supplemental Figure 2). We therefore fixed ileum and colon in 10% zinc formalin in the dark for 24 hours and then stored in 1X PBS for at least 3 days. Representative FRI images on fresh and fixed tissues are shown in Figure 5. In animals injected with 680 fluorophore conjugated probes, FRI imaging of fresh and fixed tissue demonstrated that the strong signals in inflamed colon from DSS treated animals were preserved after fixation (ProSense 680, Cat K 680 FAST, MMPSense 680 and Cat B 680 FAST) (Figure 5A–5D). With 680 series probes, signals were qualitatively stronger in fixed versus fresh tissue although the general pattern of activation was preserved (Figure 5A–D). This was not the case with 750 series probes. As shown in Figure 5E–5G, signal intensity in the colon from animals injected with 750 probes was greatly reduced or absent after fixation. The increased signal after fixation observed with 680 probes may be caused by a general background increase since FRI on colon of water controls injected with ProSense 680 probe also revealed a qualitatively stronger signal in fixed tissue compared with fresh tissue although this is still clearly much less than in DSS treated mice (Figure 5H, compare with 5A). However, this does emphasize that imaging of fixed tissue from models of inflammation requires parallel analyses of appropriate uninflamed controls to account for quantitative changes in background with fixation.



### **Ex vivo FRI imaging in colon tissue of 129 SvEv IL-10 null mice injected with activatable NIRF probes detects inflammation in cecum and colon**

Mice on 129 *SvEv* background with targeted deletion of IL-10 gene spontaneously develop microbiota-driven chronic enterocolitis with massive infiltration of lymphocytes, activated macrophages, neutrophils and T cells (27, 28). To define whether NIRF probes have the ability to detect inflammation in a model of chronic inflammation with some features in common with IBD, *ex vivo* FRI imaging was performed on a group of 129 *SvEv* IL-10 null mice and WT 129 *SvEv* controls injected with Cat K 680 or MMPsense 680 probes. As shown in Figures 6A and 6C, both Cat K 680 FAST and MMP Sense 680 detected strong signals in proximal and distal colon and cecum (only MMP Sense 680 shown) of IL-10<sup>-/-</sup> 129 *SvEv* mice while signals were undetectable in ileum of IL-10<sup>-/-</sup> 129 *SvEv* or WT 129 *SvEv* controls (Figure 6A, 6B). Regression analyses on FRI signals obtained with each probe and histologic colitis scores revealed strong and significant correlations (Cat K 680 FAST, R=0.724; p<0.05; MMP Sense 680 R=0.757; p<0.05). Thus in a model of chronic colitis, activatable cathepsin-based NIRF probes detect inflammation in the regions of intestine known to be diseased in the IL-10 null model (cecum and colon but not ileum) and NIRF signal correlates with histologic disease severity.

### **Detection of activatable probes *in vivo* requires strategies to minimize background autofluorescence**

As well as testing the utility of enzyme activatable probes for *ex vivo* detection and quantification of injury or inflammation, it is highly desirable to identify probes and imaging modalities for *in vivo* monitoring of acute or chronic intestinal inflammation. A major issue for successful *in vivo* imaging is the elimination of potential GI tract auto-fluorescence generated mainly by fecal contents. We performed pilot *in vivo* studies to attempt to optimize the GI tract preparation methods before live imaging. Given our findings that liquid diet reduced *ex vivo* autofluorescence, a series of *in vivo* studies was performed on disease-free WT C57BL6 mice to test whether that liquid diet feeding could significantly reduce abdominal auto-fluorescence or background for *in vivo* FMT imaging. Mice were either fed with liquid diet for 4 days, or fed with 10% trilyte (PEG-3350, Cat# NDC0091-0447-23, Seymour, IN) in water and fasted for 24 hours. The latter prep was tested to model bowel preparation used in colonoscopy in humans. Probes (MMPSense 680 or ProSense 750) were given to a subset of animals fed liquid diet. 3D quantification of total fluorescence (pmol) in abdominal ROI was performed in each animal. As shown in Figure 7A and 7B when imaged at 680nm excitation, the strongest signal was observed in the animals that received trilyte and fasting but no probe injection (1199.7±33.4 pmol in ROI). Much less signal was detected in mice given 4 days of liquid diet feeding and no probe injection (14.9±6.0 pmol), although, we observed a significantly higher signal in the abdomen of animals given liquid diet and injected with probes (Figure 7B) indicating significant background fluorescence with probes even in animals without disease. Since *ex vivo* imaging had demonstrated minimal fluorescence in small intestine or colon of animals given probe after liquid diet in the absence of DSS treatment (Figure 1), we conclude that the abdominal signals in animals given MMPSense 680 represent non-specific background. Nonetheless these findings demonstrate that fasting overnight combining with 10% trilyte

feeding cannot effectively eliminate auto-fluorescence background in GI tract for *in vivo* imaging using NIRF probes, and that 4 days on liquid diet reduced non-specific abdominal auto-fluorescence.

The same groups of mice were imaged at 750nm excitation wavelength. Figure 7C shows there were no detectable abdominal signals in mice that were not injected with probes, regardless of whether the mice were fed with liquid diet or not. Imaging of disease free mice after ProSense 750 probe injection revealed strong signals in abdominal area even after 4 days of liquid diet feeding (Figure 7D). Thus, both MMPSense 680 and ProSense 750 probes yielded some background fluorescence in the abdominal region of disease free mice even when mice were given liquid diet.

To investigate if inflamed bowel can cause more background fluorescence than normal bowel in live imaging, we did *in vivo* imaging on H<sub>2</sub>O controls and DSS treated mice given no probe (Figure 7E, 7F). Imaging at 680nm excitation revealed low fluorescence signals in water from both groups of animals and no significant higher fluorescence background was observed on DSS controls or DSS treated animals even in the absence of probe but background values did not differ between H<sub>2</sub>O controls ( $46.4 \pm 11.7$  pmol in H<sub>2</sub>O controls vs.  $48.6 \pm 13.6$  pmol in DSS mice) (Figure 7E). The same groups of mice were imaged at 750nm excitation wavelength, and there were no detectable abdominal signals in both groups of mice (Figure 7F) indicating that background is lower with 750nm imaging.

### ***In vivo* imaging of activatable NIRF probes in water controls versus DSS treated mice**

To assess whether activatable probes could detect DSS-induced colonic inflammation *in vivo*, FMT imaging was performed on DSS treated mice and water controls that received probe injections. All the animals were given liquid diet feeding for 4 days before imaging. Seven probes were tested for *in vivo* imaging, as tested *ex vivo* (MMPSense 680, MMPSense 750 FAST, ProSense 680, ProSense 750, ProSense 750 FAST, Cat B 680 FAST, Cat K 680 FAST). After FMT imaging, total fluorescence (pmol) was quantified in ROIs over the abdomen (see ROIs in Figure 8). Representative images of coronal (Figure 8A) and sagittal (Figure 8B) views from mice injected with ProSense 680 or Cat K 680 FAST probes are also presented in Figure 8.

Mean FMT data for DSS treated mice injected with each of the seven probes tested is shown in Figure 8C. After subtracting the mean fluorescence observed in water controls, only ProSense 680, Cat K 680 FAST and MMPSense 680 yielded significantly higher signals in DSS treated mice than background observed in water controls. *In vivo* imaging with probes conjugated with 750 fluorophores and particularly FAST probes (PS750, PS750 FAST, MMPSense 750 FAST) did not yield signals significantly higher signals than the background observed in water controls. Even though the strongest signals were observed in abdomen of DSS treated mice with ProSense 680 probe and Cat K 680 FAST probes, we did not observe intense and localized activation signal in the region of the colon of DSS treated mice. The non specific signals observed in both diseased animals and water control animals could be generated by various sources including fecal contents, activation by skin or due to probe being metabolized or concentrated in liver and bladder. Software available with

FMT2500 does not currently permit selection of ROI to specifically image the colon *in vivo* and so the background reflects the entire abdominal region.

## Discussion

This study tested a series of cathepsin or MMP activatable NIRF probes for utility in *ex vivo* or *in vivo* detection and quantification of inflammation in two widely used murine models, DSS-induced acute injury in WT mice and chronic colitis in mice with targeted disruption of both IL-10 alleles. *Ex vivo* imaging demonstrated that all probes tested yielded strong signals in distal colon of DSS treated mice and cecum and colon of IL-10 null mice with low-level activation in other non-inflamed regions of intestine or in non-diseased controls. Strong and significant correlations between quantitative data for probe activation based on FRI *ex vivo* imaging in colon and colitis scores obtained from histologic sections suggest utility of *ex vivo* imaging with these probes for quantification of inflammation in both acute injury/inflammation and chronic colitis models. Some of these probes showed promise for *in vivo* imaging to detect colonic inflammation, but there are still some challenges to be overcome, particularly non-specific background and ability to validly localize signal to the colon.

The ProSense 680 probe was originally developed based on gene microarray data, which demonstrated that cathepsin B is dramatically up-regulated in lung cancer (29). Our prior studies and other published studies demonstrated that this probe is useful for *ex vivo* detection of intestinal adenomas in the *Apc<sup>Min+</sup>* model (22, 23) and gastric tumors in a *SMAD4<sup>+/-</sup>* mice (30). Cathepsin activatable NIRF probes have been used successfully to detect inflammation *in vivo* and *ex vivo* in preclinical models of asthma (31), arthritis (8) and atherosclerosis (21) and one study used a different cathepsin-activatable probe in the piroxicam-activated IL-10 null colitis model (35). MMP-activatable probes have been used to detect tumors in azoxymethane (AOM) and AOM-DSS models of spontaneous and colitis-associated tumors (32). To our knowledge however, MMP probes have not been tested previously in acute inflammation or colitis models. Our data demonstrated that both cathepsin-based and MMP-based probes successfully detected colonic inflammation in DSS and IL-10 null models and therefore could potentially be used in preclinical studies monitoring incidence, location or severity of disease.

### Use of activatable NIRF probes for detection of colitis *ex vivo* in mouse models of acute injury induced by DSS and chronic colitis due to IL-10 gene disruption

We first tested cathepsin- or MMP-activatable probes in the DSS model of acute colitis, which is mediated by DSS-induced injury to the colon epithelium and acute macrophage and neutrophil-mediated inflammation. Although not a model of T cell-mediated chronic inflammation, the DSS model is widely used to assess mediators of acute inflammation and interventions that may impact severity of DSS-induced injury.

*Ex vivo*, all cathepsin- and MMP-based probes, yielded signals in colon of DSS-treated mice that were significantly higher than water controls. Thus both cathepsin- or MMP-activated probes appear useful for detecting acute inflammation. FAST probes also showed promise but signals were not as strong, possibly because these probes were designed to be quickly

biodistributed and metabolized/excreted. It is possible that increasing probe dose could enhance signal with FAST probe types. *Ex vivo* all probes yielded strong signals but the 680 series probes had the advantage of stronger signal and signal preservation after fixation. This could be particularly useful for assays of colitis severity in experiments including large number of animals.

Cathepsin B is a cysteine protease produced by macrophages and neutrophils that plays a role in promoting colitis in human IBD or DSS induced colitis mouse models (9, 18). Significant overlap between NIR fluorescence signal observed with ProSense 680 in sections of inflamed colon from DSS treated mice and cathepsin B immunofluorescence support the specificity of ProSense 680 in the detection of DSS-induced colitis.

The MMP-based probe MMPsense 680 and cathepsin K based probe Cat K 680 FAST were tested in IL-10 null mice, a model of chronic, T cell inflammation with features in common with human IBD. Findings that *ex vivo* imaging detects probe activation in regions known to exhibit chronic colitis in the IL-10 null model further support the potential utility of use of these probes to monitor and quantify colitis in preclinical IBD models.

### **The signal intensity of the activated probes correlates with histologic colitis scores**

Conventional histology enabled confirmation of colitis disease activity in DSS or IL-10 null models versus controls. Data from both DSS induced acute colitis model and IL-10 null chronic colitis model suggested that the quantification of activated NIRF probe by FRI yielded signals that strongly and significantly correlated with severity of histologic colitis score within and across animals tested. These results support the potential utility of NIRF probes for use in studies assessing impact of an intervention on colitis severity.

### **ProSense 680 yields the highest signals in the DSS colitis model *ex vivo* or *in vivo***

In a prior study we reported data that ProSense 680 was activated to a much greater degree by a tumor in the IL-10 null mouse model than by colitis (23). Our current study suggests that ProSense 680 is significantly activated by acute and chronic colon inflammation. For clinical GI disease screening and diagnosis, there is a need for more specific probes to effectively distinguish inflammation from tumor because proteases are up-regulated in both colitis and tumors. Prior studies using microarray-based gene expression profiling on mouse colon tumors suggested that MMP-9 is a dramatically up-regulated gene (33). In the present study, although MMP-activated probes detected inflammation *ex vivo* in both DSS and IL-10 null models, the strongest signals in *ex vivo* imaging were observed with ProSense 680. Similarly, *in vivo* imaging in DSS treated animals revealed the strongest signals with ProSense 680 probe. Thus, both *ex vivo* and *in vivo* results indicate that ProSense 680 probe is the most effective of commercially available probes for detection of acute DSS-induced inflammation of colon. A prior study (34) using a different cathepsin activatable NIRF probe reported promising *in vivo* and *ex vivo* detection of colitis in the piroxicam-inducible IL-10 null model. In this study, significantly higher signals than background were obtained with FMT-*in vivo* imaging. Co-registration with MR localized signals to the colon. However, as found here, background fluorescence was observed in the colitis model outside of the region of the colon, which may reflect secretion of activated cathepsins (34). Background in non-

diseased controls was somewhat lower in the prior report (34) than in the present study, and this may reflect probe-specific differences. Together, the prior and current study suggests that *in vivo* imaging of colitis with NIRF probes will still require some refinements for optimal application.

We found that feeding with liquid diet for 4 days reduced but did not eliminate non-specific abdominal fluorescence signals and was better than other pretreatments such as Trilyte or fasting. Liquid diet even for *ex vivo* imaging, reduced background fluorescence. This mild GI tract preparation was well tolerated by animals treated with DSS or IL-10 null mice with colitis. In probe injected control animals, the background signals detected in abdomen ROI during *in vivo* imaging likely derive from probe distribution and activation in liver, bladder, skin and joints. Compared with signals detected in water controls, consistently higher *in vivo* fluorescent signals, anatomically localized to the abdominal region, were observed in DSS treated animals injected with three different probes (ProSense 680, Cat K 680 FAST and MMPsense 680). However, *in vivo* signals were lowest with probes excited at the 750 nm wavelength, and their signal intensity was not higher than that in control animals. The probes that yielded the weakest signals during *in vivo* imaging were also the ones that yielded weaker signals *ex vivo*. More analyses will be needed to establish why particular probes are more sensitive for *in vivo* imaging. It is also note worthy that our *in vivo* analyses probably underestimate the increase in signal in DSS-treated animals as we used a region of interest encompassing entire abdomen in both water controls and DSS treated mice to ensure we fully detected background signal.

One strategy to improve *in vivo* imaging is to limit the ROI specifically to the colon. We have attempted this and obtained higher signals above background in DSS colitis versus water controls. However, specific location of ROI to the colon needs to be better validated by comparisons with other methods such as MRI and in multiple mice to account for inter-animal variability in colon location.

### Potential advantages in clinic

There is increasing interest in use of molecular imaging to improve detection and diagnosis of IBD (35–37). The current data demonstrating ability to detect and quantify inflammation by imaging the surface of colon *ex vivo* indicates the potential that activatable NIRF probes might be combined with colonoscopy to improve disease detection. Recent studies have successfully used NIR endoscopy systems in preclinical cancer models to detect esophageal adenocarcinoma (38) and colonic adenomas (39, 40). The potential advantages of NIR combined with endoscopy include higher sensitivity or lower miss rates. NIR detection on medical endoscopes for clinical application has been pioneered for targeting flat and depressed colonic neoplasms in clinical imaging (41). Combination of probes with capsule endoscopy as we have tested experimentally in preclinical cancer models (23) could also offer improved ability to detect small bowel disease. However, there remain significant challenges to overcome before activatable NIRF probes might be applied in the clinic with conventional colonoscopy or capsule endoscopy. First, the probes must be injected and this will require FDA approval and clinical data regarding safety. Secondly, the existing cathepsin and MMP probes appear to be activated by both inflammation and precancerous/

cancerous lesions. Ultimately it would be desirable to identify probes specific to inflammation vs. cancer or to different types of inflammation such as acute, infectious or chronic. Despite these limitations and challenges, the current findings provide evidence and proof of principle that activatable NIRF probes have utility for *ex vivo* and potentially *in vivo* detection and quantification of colonic inflammation in mouse models and may yield significant benefits in terms of time, labor and number of animals needed to monitor disease in existing or new rodent models of intestinal inflammation, and for testing of therapies.

Moreover, because one advantage of working in the optical imaging is the ability to image multiple fluorochromes, this technique can be expanded to allow the measurement of multiple molecular signals. In this study, we demonstrate that both cathepsin- and MMP-based probes alone or combined successfully detected colitis. Characterizing inflammation lesions for activation of multiple molecular mediators even in preclinical studies holds promise for better understanding of biologic pathways activated in lesions or response to therapies.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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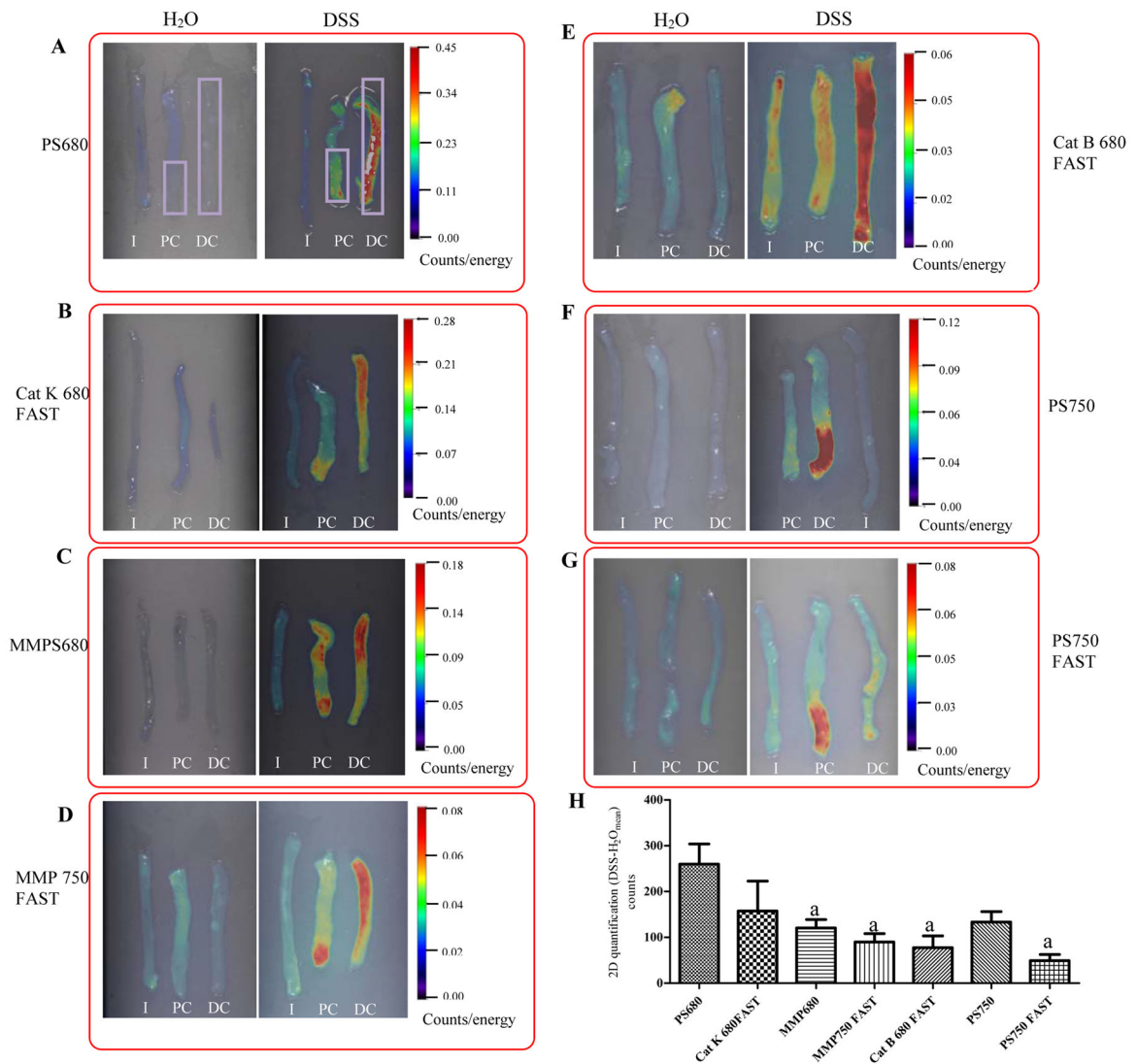
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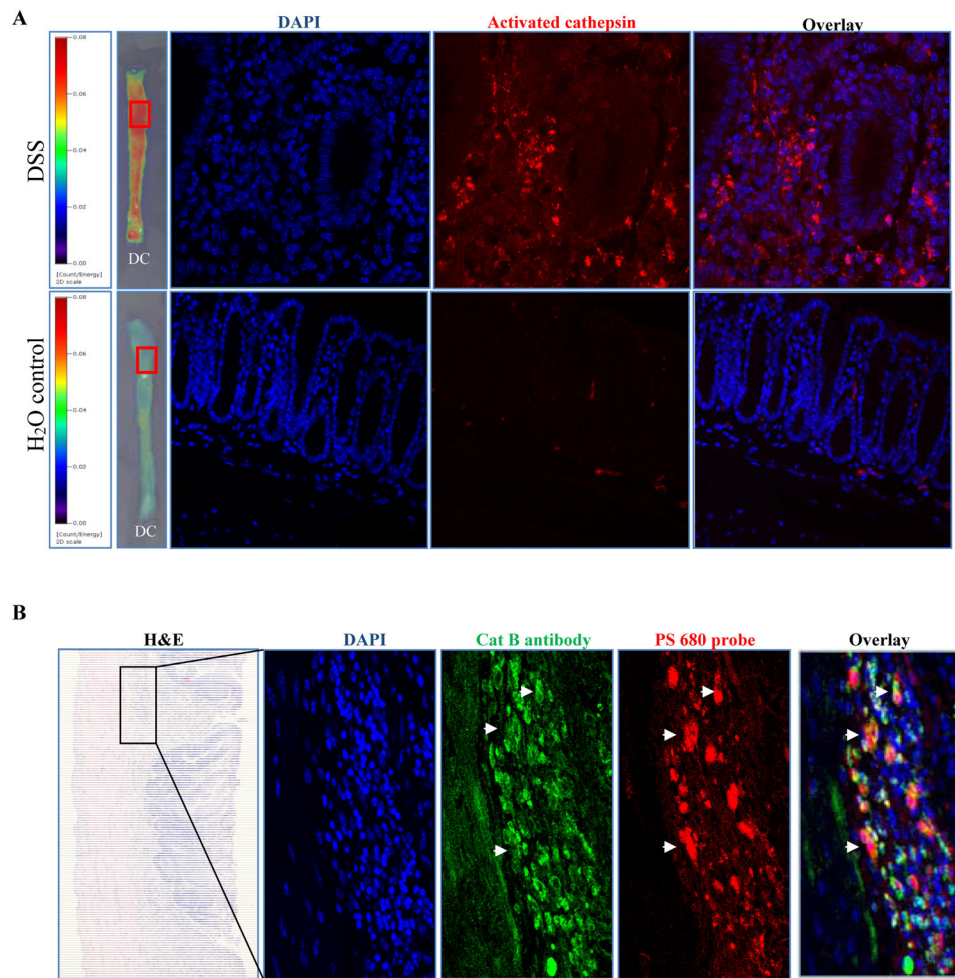
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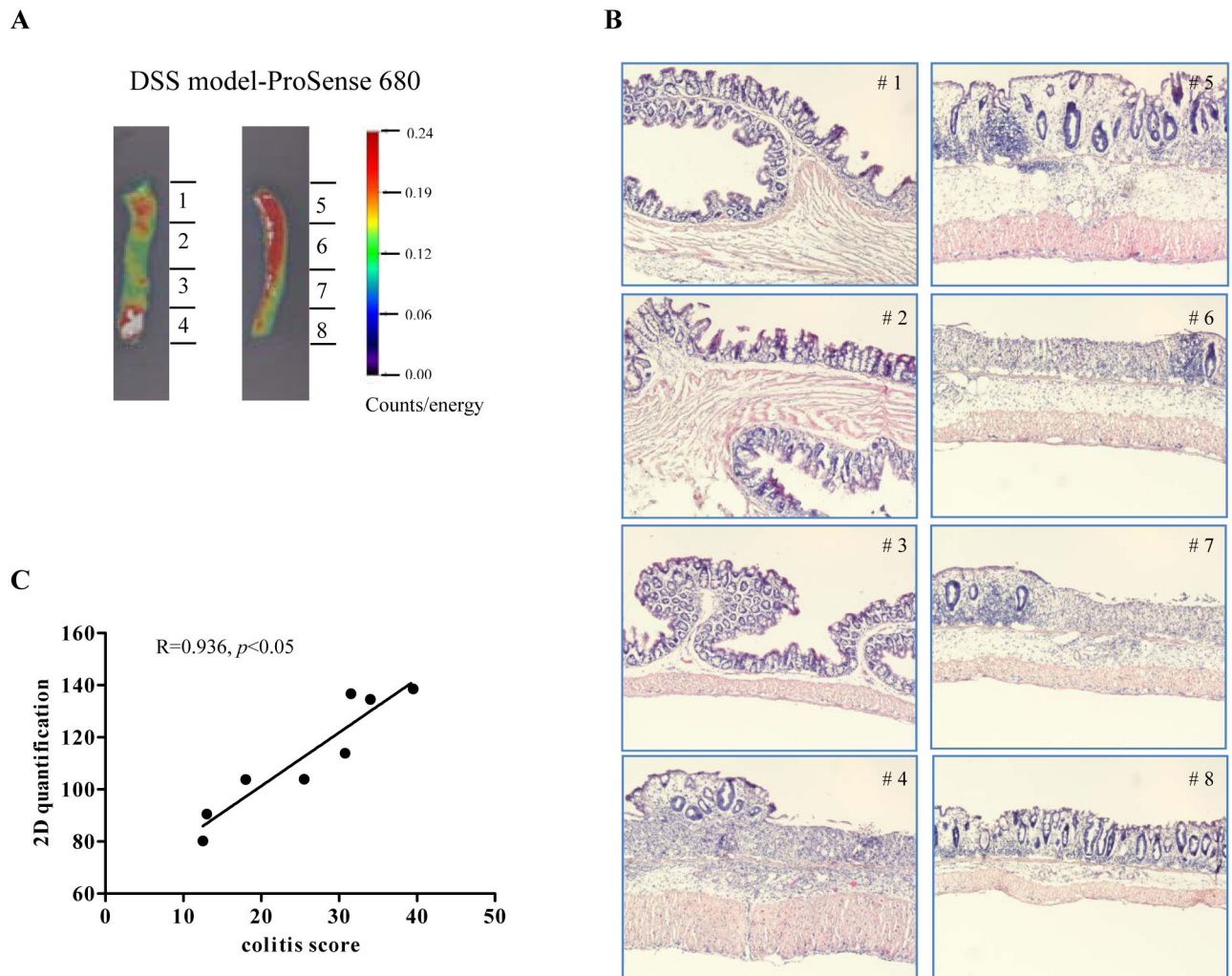




**Figure 2. ProSense 680 probe activation co-localized with cathepsin B antibody immunofluorescence staining**

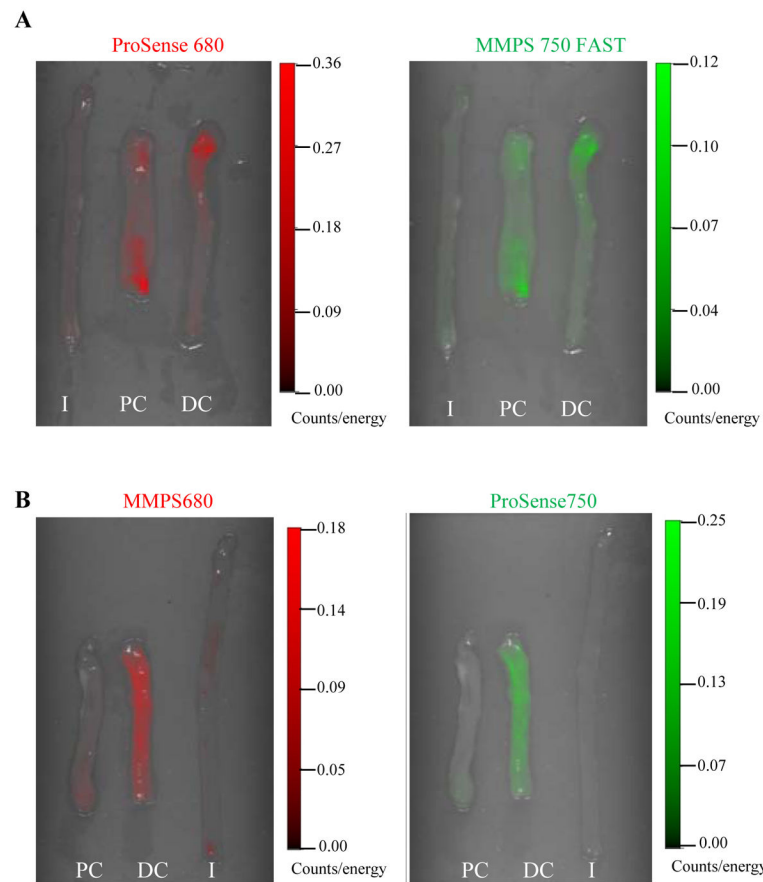
(A) Cathepsin enzyme activation was detected only in colon from DSS treated animal, but not in colon from water control animal. (B) Co-localization of ProSense 680 probe activation and cathepsin B antibody by immunostaining. White arrows indicate the overlap of enzyme activation and cathepsin B antibody staining.

DC: Distal colon



**Figure 3. NIRF imaging signal correlates with histological scores for DSS-induced acute colonic inflammation severity**

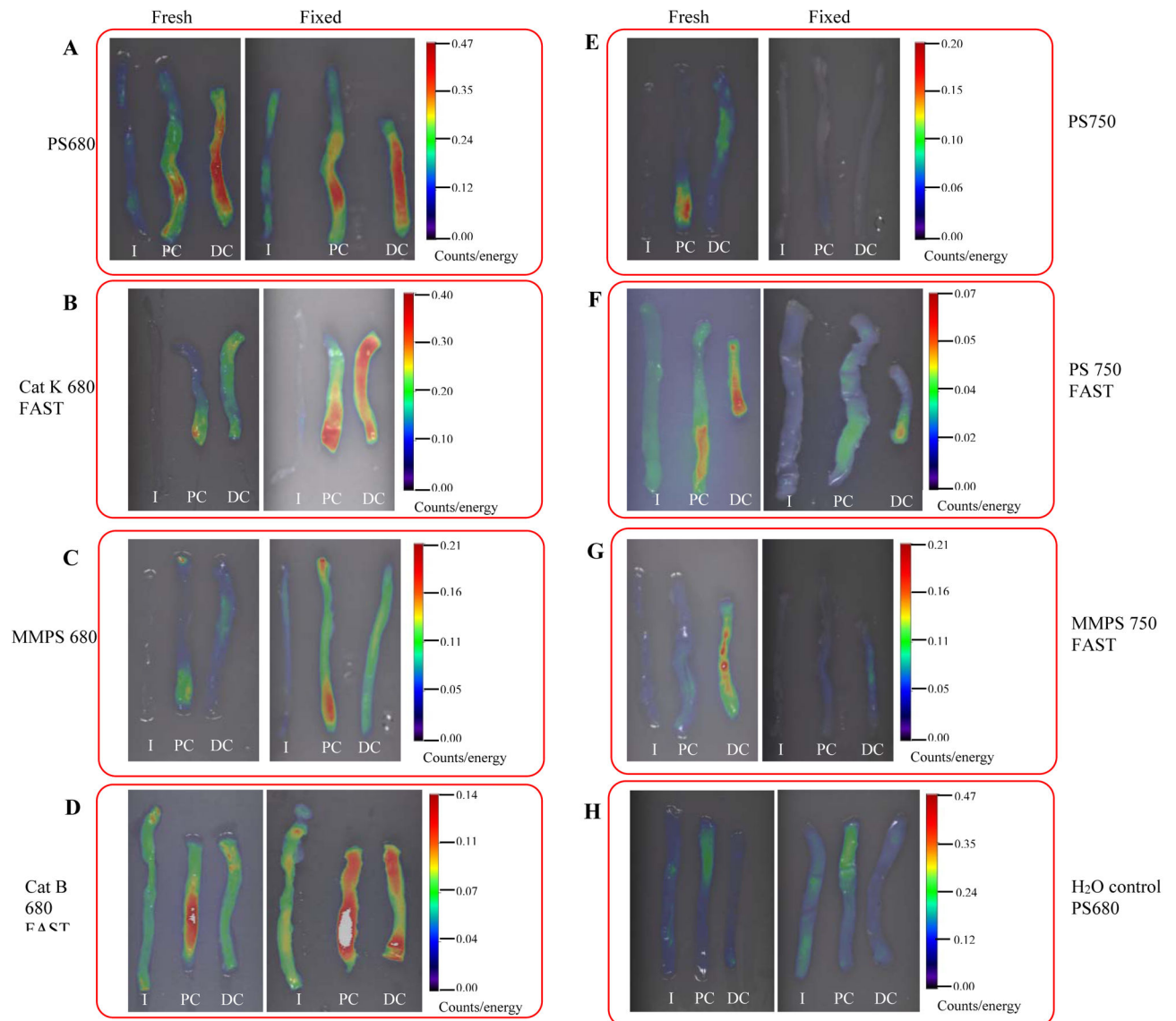
(A) Illustrative photograph of colon segments processed for histologic colitis scoring and 2D FRI quantification of NIRF signal obtained with ProSense 680. (B) H&E-stained picture on each segment from the same animal. (C) Linear regression analysis on NIRF signal versus colitis score from each segment.



**Figure 4. Dual-channel imaging of activated MMPsense or ProSense probes in a single animal detects similar patterns of probe activation**

(A) Activation of ProSense 680 and MMPsense 750 FAST probes in the same DSS-treated animal was detected by *ex vivo* 2D dual-channel FRI imaging. (B) Activation of MMPsense 680 and ProSense 750 probes in the same DSS-treated animal was detected by *ex vivo* 2D dual-channel FRI imaging.

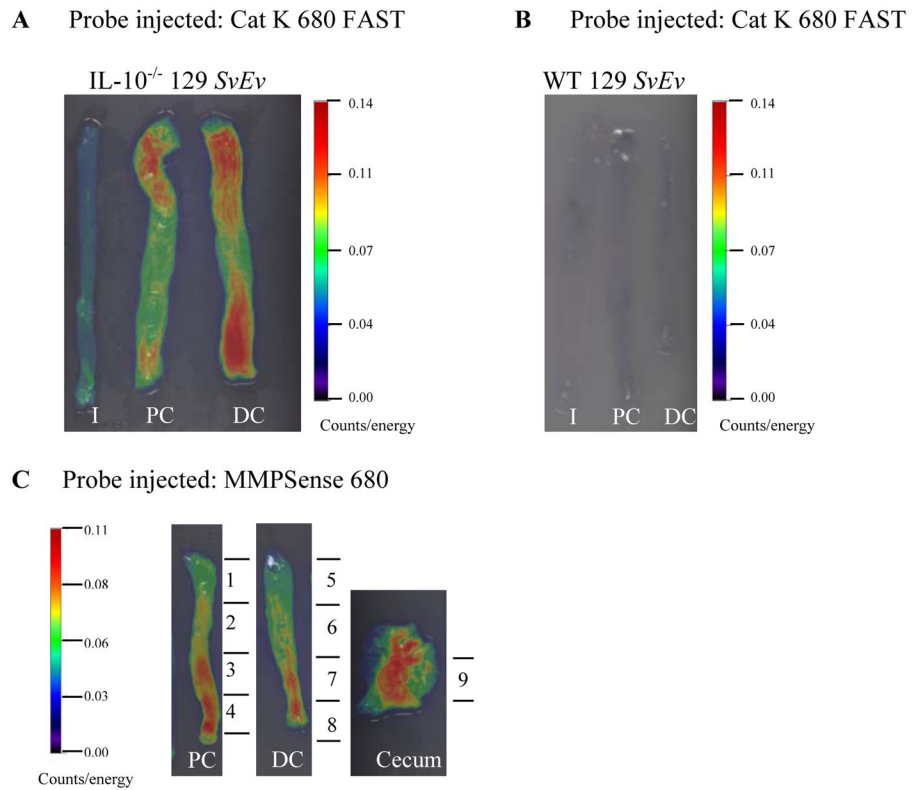
I: ileum; PC: Proximal colon; DC: Distal colon



**Figure 5. 10% zinc formalin fixation preserved fluorescence signals from 680 fluorophore conjugated probes, but not signals from 750 fluorophore conjugated probes**

Fresh ileum and colon from both DSS-treated and water control animals were fixed in 10% zinc formalin for overnight and kept in 1XPBS in the dark before re-imaging. Activation pattern of 680 fluorophore conjugated probes was preserved after 10% zinc formalin fixation (A–D), however, Activation of 750 fluorophore conjugated probes were not retained after fixation (E–G). (H) Activation of ProSense 680 is enhanced on fixed versus fresh tissue in intestine tissue from water control animal.

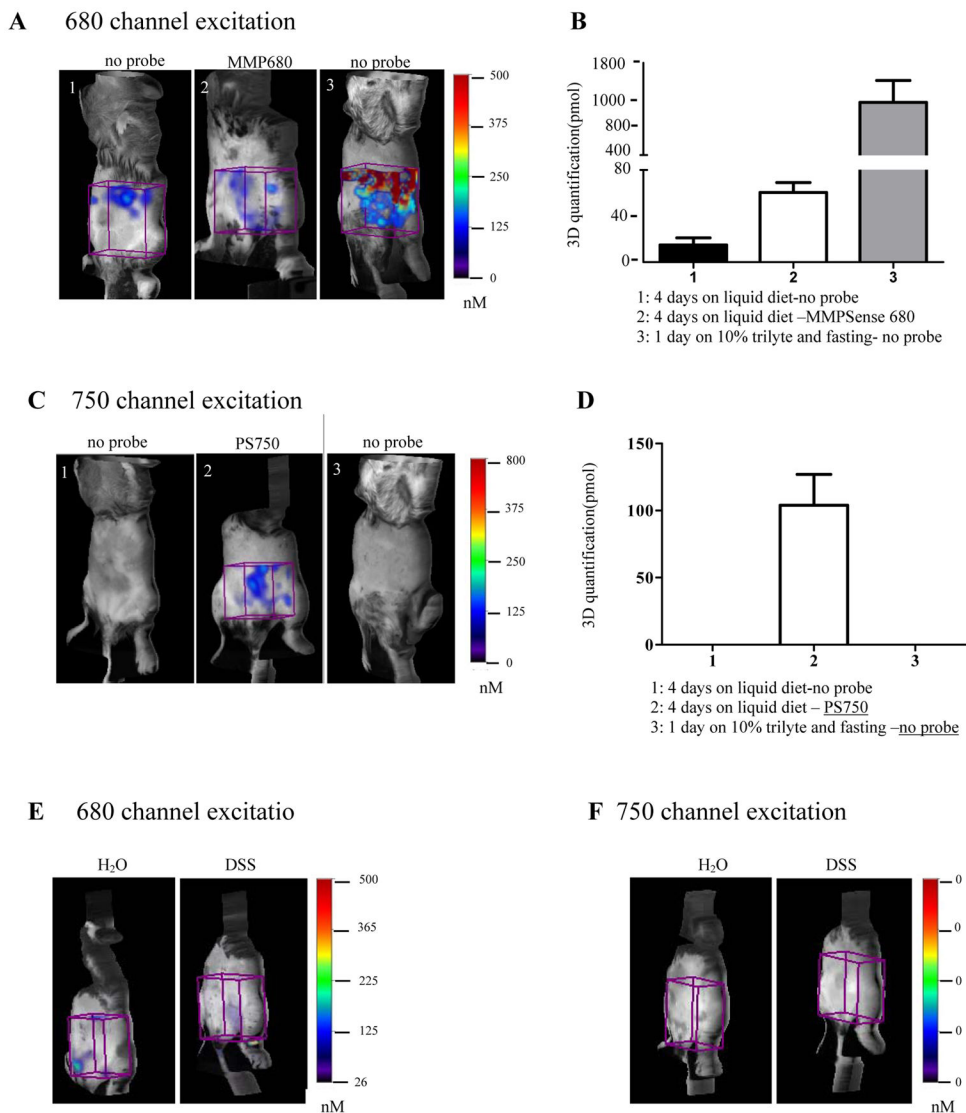
I:ileum; PC: Proximal colon; DC: Distal colon



**Figure 6. *Ex vivo* FRI imaging in colon tissue of 129 SvEv IL-10 null mice injected with activatable NIRF probes detects inflammation in cecum and colon**

(A) Strong Cat K 680 FAST probe activation was detected in 129 SvEv IL-10 null mouse colon. (B) No fluorescence signal was detected in intestine tissue from 129 SvEv WT mouse. (C) Illustrative photograph of colon and cecum segments processed for colitis scoring and 2D quantification.

I: ileum; PC: Proximal colon; DC: Distal colon



**Figure 7. Liquid diet feeding significantly reduced gastrointestinal auto-fluorescence background during *in vivo* FMT imaging of mice**

(A) Representative 3D FMT imaging of mouse abdomen from WT, un-diseased control animals that received liquid diet minus or plus MMPSense 680 probe injection or Trilyte and fasting but not probe. Images were acquired at excitation of 680 nm. Cube ROIs (in purple color) were placed on abdomen to quantify the absolute fluorescence signal (pmol). (B) Quantification of signal intensity in abdomen demonstrated lower auto-fluorescence with liquid diet feeding (no probe or probes versus Trilyte and fasting). Data are presented as mean $\pm$ SEM, n=4–6/group. (C) Representative 3D FMT imaging of mouse abdomen from animals that received liquid diet minus or plus ProSense 750 probe injection or Trilyte and fasting but no probe (n=4–6). Images were acquired at excitation of 750 nm. (D) Quantification of signal intensity in abdomen demonstrates that ProSense 750 probe yielded background fluorescence signal in probe injected mice but not animals minus probe. (E) 3D FMT imaging at 680nm excitation wavelength in H<sub>2</sub>O control and DSS treated animals given no probe injections reveals some background but no difference between H<sub>2</sub>O and

DSS. (F) 3D FMT imaging at 750 nm excitation wavelength in H<sub>2</sub>O control and DSS treated animals given no probe injections reveals no background.

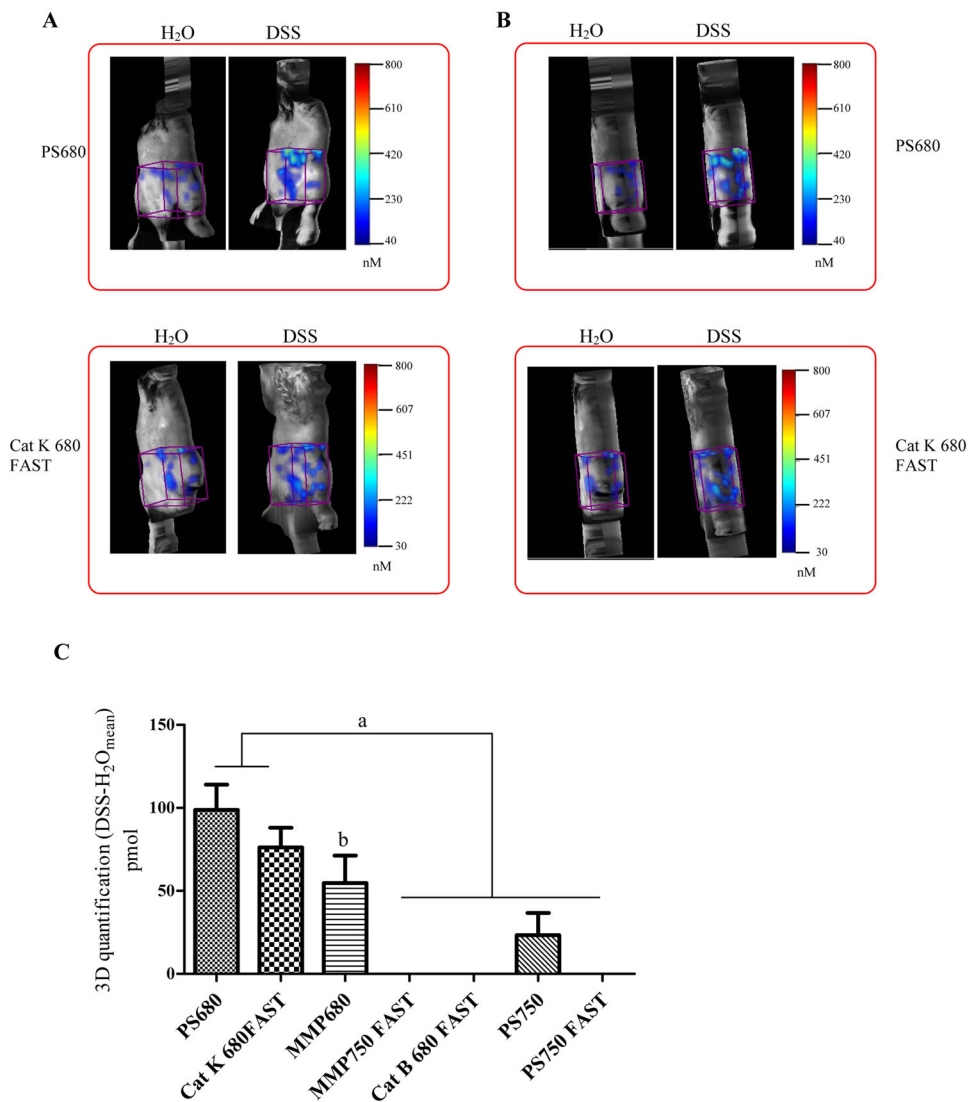
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**Figure 8. *In vivo* imaging of activatable NIRF probes in DSS treated animals versus water controls**

(A) Representative 3D FMT images of abdomen on coronal plane from DSS-treated mice and water controls injected with ProSense 680 or Cat 680 FAST probes. (B) Representative 3D FMT images of abdomen on sagittal plane from DSS-treated mice and water controls injected with ProSense 680 or Cat 680 FAST probes. Cube ROIs (in purple color) were placed on the abdomen to quantify the absolute fluorescence signal. (C) 3D Quantification of fluorescence signal intensity increase in abdomen from DSS-treated animals ( $n=4-9$  animal/group). Data were presented as mean $\pm$ SEM. A threshold was applied to all animals in each group equal to 30% of the mean signal intensity in ROIs of water control mice given the same probe injections.

a:  $p<0.05$  ProSense 680 and CatK 680 fast vs. other probes; b:  $p<0.05$  vs. MMP750 FAST vs. other probes

**Table 1**

Activatable NIRF probes used to detect intestinal inflammation

<b>Probes</b>	<b>Target</b>	<b>Dosage/mouse</b>	<b>Injection before imaging</b>
PS 680	Cathepsins	2 nmols/150ul	24 hours
PS 750	Cathepsins	2 nmols/150ul	24 hours
MMPS 680	MMPs	2 nmols/150ul	24 hours
Cat B 680 FAST	Cathepsin B	2 nmols/100ul	6 hours
Cat K 680 FAST	Cathepsin K	2 nmols/100ul	6 hours
PS 750 FAST	Cathepsins	4 nmols/100ul	6 hours
MMPS 750 FAST	MMPs	2 nmols/100ul	6 hours

Abbreviation: PS: ProSense; MMPS: MMPSense

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