

HHS Public Access

Author manuscript *Magn Reson Med*. Author manuscript; available in PMC 2016 November 01.

Published in final edited form as:

Magn Reson Med. 2015 November ; 74(5): 1227–1235. doi:10.1002/mrm.25984.

Incorporation of Non-zero Echo Times in the SPGR and bSSFP Signal Models used in mcDESPOT

Mustapha Bouhrara and **Richard G. Spencer***

Laboratory of Clinical Investigation, National Institute on Aging, National Institutes of Health, Baltimore, MD 21224, USA

Abstract

Purpose—To analyze the effect of neglecting non-zero echo times (TEs) in the conventional model of multicomponent driven equilibrium single pulse observation of T_I and T_2 (mcDESPOT).

Theory and Methods—Formulations of the two-component spoiled gradient recalled echo (SPGR) and balanced steady state free precession (bSSFP) models that incorporate non-zero TE effects are presented in the context of mcDESPOT and compared to the conventionally-used SPGR and bSSFP models which ignore non-zero TEs. Relative errors in derived parameter estimates from conventional mcDESPOT, omitting TE effects, are assessed using simulations over a wide range of experimental and sample parameters.

Results—The neglect of non-zero TE leads to an overestimate of the SPGR signal and an underestimate of the bSSFP signal. These effects can introduce large errors in parameter estimates derived from conventional mcDESPOT under realistic imaging conditions.

Conclusion—SPGR and bSSFP signal models accounting for non-zero TE effects should be incorporated into quantitative mcDESPOT analyses.

Keywords

mcDESPOT; SPGR; bSSFP; Quantitative MRI

INTRODUCTION

Combining spoiled gradient recalled echo (SPGR) and balanced steady state free precession (bSSFP) imaging sequences, as in multicomponent driven equilibrium single pulse observation of T_I and T_2 (mcDESPOT) (1–2), results in relatively high signal-to-noise ratio (SNR) and rapid image acquisitions in studies of multicomponent systems. This facilitates, in principle, bicomponent, high-resolution, maps of component fractions and corresponding relaxation times across the entire human brain or knee (3–6), overcoming the main limitations of conventional multi-spin-echo pulse sequences (7–9).

Although it is often restricted to a two-pool model $(1-2, 9)$, mcDESPOT has been extended to include a third pool to account for either partial volume effects (10) or magnetization

^{*}Address correspondence to: Richard G. Spencer, M.D., Ph.D., NIH/National Institute on Aging, Intramural Research Program, BRC 04B-116, 251 Bayview Boulevard, Baltimore, MD 21224, USA. Tel: 410-558-8226, spencer@helix.nih.gov.

transfer (11). However, in all variants of mcDESPOT, the magnetization relaxation that occurs between the pulse preceding signal acquisition and the acquisition itself is neglected; that is, non-zero TE effects are neglected in analysis of both the SPGR and bSSFP signals. In a recent study (12), it was shown that the neglect of non-zero TE in the two-component SPGR signal model introduces considerable errors into derived parameter estimates from mcDESPOT. However, neglect of nonzero TE effects in the bSSFP model, and the resulting errors in mcDESPOT parameter estimates, were not investigated.

mcDESPOT is a multicomponent extension of the well established $DESPOT₁$ and DESPOT₂ methods used for accurate and rapid whole-brain T_I and T_2 mapping (13–15). It is clear that, given the long mean relaxation times in brain or other soft tissues, the neglect of non-zero TE effects in DESPOT₁ and DESPOT₂ signal models will have negligible impact on the derived parameter estimates. However, it remains unclear if this assumption still holds for multicomponent studies, since underlying signal components will exhibit differential amplitude weighting during relaxation.

Here, we evaluate formulations of the SPGR and bSSFP signal models that account for nonzero TE in the context of mcDESPOT analysis. Next, numerical simulations are presented to determine the impact of neglecting non-zero TEs on derived parameter estimates from conventional two-pool mcDESPOT $(1-2, 5-6, 9, 12)$. Since our focus is on the effect of underlying signal models, we restricted our analyses to the case of infinite SNR.

THEORY

Under conditions of chemical equilibrium and in the presence of two-pool exchange between a slowly relaxing species S and a fast-relaxing species F, the steady-state (SS) bSSFP magnetization, **M***SS*, immediately preceding each radio-frequency (RF) pulse is given by (1–2, 10, 16)

$$
\mathbf{M}^{SS} = \left(\mathbf{I} - e^{\mathbf{A} \cdot TR_{bSSFP}} \mathbf{R}(\alpha)\right)^{-1} \left(e^{\mathbf{A} \cdot TR_{bSSFP}} - \mathbf{I}\right) \mathbf{A}^{-1} \mathbf{C} \quad [1]
$$

 $N_{x, S} = \sum_{i=1}^{N} M_{x, S}^{SS} M_{y, S}^{SS} M_{y, F}^{SS} M_{z, S}^{SS} M_{z, F}^{SS}$, $\mathbf{C} = M_0[0\ 0\ 0\ 0\ f_S/T_{1, S}f_F/T_{1, F}]^T$,

$$
\mathbf{A} = \begin{bmatrix} -\frac{1}{T_{2,S}} - k_{SF} & k_{FS} & \frac{\theta_{RF}}{TR_{bSSFP}} + \Delta \omega & 0 & 0 & 0 \\ k_{SF} & -\frac{1}{T_{2,F}} - k_{FS} & 0 & \frac{\theta_{RF}}{TR_{bSSFP}} + \Delta \omega & 0 & 0 \\ -\frac{\theta_{RF}}{TR_{bSSFP}} - \Delta \omega & 0 & -\frac{1}{T_{2,S}} - k_{SF} & k_{FS} & 0 & 0 \\ 0 & -\frac{\theta_{RF}}{TR_{bSSFP}} - \Delta \omega & k_{SF} & -\frac{1}{T_{2,F}} - k_{FS} & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{1}{T_{1,S}} - k_{SF} & k_{FS} \\ 0 & 0 & 0 & 0 & k_{SF} & -\frac{1}{T_{1,F}} - k_{FS} \end{bmatrix},
$$

and

$$
\mathbf{R}(\alpha)\!\!=\!\!\left[\begin{array}{cccccc} 1 & 0 & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & 0 & \cos\alpha & 0 & \sin\alpha & 0 \\ 0 & 0 & 0 & \cos\alpha & 0 & \sin\alpha \\ 0 & 0 & -\sin\alpha & 0 & \cos\alpha & 0 \\ 0 & 0 & 0 & -\sin\alpha & 0 & \cos\alpha \end{array}\right],
$$

where M_0 represents the signal amplitude at TE = 0 ms and incorporates proton density and various machine factors, **I** is the 6×6 identity matrix, TR_{bSSFP} is the repetition time that corresponds to the time between two successive RF pulses, θ_{RF} is the phase increment of the RF excitation pulse, f_F and f_S are the fractions of the fast and slow T_2 components, respectively, with $f_F = 1 - f_S$, T_2 and T_1 are the transverse and longitudinal relaxation times, respectively, k_{FS} is the exchange rate from F to S, k_{SF} is the exchange rate from S to F, ω is the off-resonance frequency, with the assumption that both components exhibit the same chemical shift, and α represents flip angle (FA) with pulse phase taken arbitrarily as *x*.

In the conventional implementation of mcDESPOT $(1-2, 10)$, the theoretical twocomponent bSSFP signal is taken as

$$
S^{SS}\!\!=\!\! |(M^{SS}_{x,S}\!+\!M^{SS}_{x,F})\!+\!i(M^{SS}_{y,S}\!+\!M^{SS}_{y,F})|\quad{\rm [2]}
$$

or, in the absence of chemical exchange, by the following summation (17)

$$
S_{no-exchange}^{SS} = \left| M_0 \left(f_s(M_{a,s}^{SS} + iM_{b,s}^{SS}) + (1 - f_s)(M_{a,F}^{SS} + iM_{b,F}^{SS}) \right) \right| \tag{3}
$$

where

$$
M_{a,j}^{SS}\!=\!\frac{E_{2,j}(1-E_{1,j}){{\rm sin}\theta_n{{\rm sin}}\varphi_j}}{(1\!-\!E_{1,j}{\rm cos}\theta_n)(1\!-\!E_{2,j}{\rm cos}\varphi_j)\!-\!E_{2,j}(E_{1,j}\!-\!{\rm cos}\theta_n)(E_{2,j}\!-\!{\rm cos}\varphi_j)}
$$

and

$$
M_{b,j}^{SS}\!=\!\frac{E_{2,j}(1\!-\!E_{1,j})({\rm cos}\varphi_j\!-\!E_{2,j}){\rm sin}\theta_n}{(1\!-\!E_{1,j}{\rm cos}\theta_n)(1\!-\!E_{2,j}{\rm cos}\varphi_j)\!-\!E_{2,j}(E_{1,j}\!-\!{\rm cos}\theta_n)(E_{2,j}\!-\!{\rm cos}\varphi_j)}
$$

where $\varphi_j = \theta_{RF} + TR \omega_j$, $E_{2,j} = exp(-TR_{bSSFP}/T_2)$ and $E_{1,j} = exp(-TR_{bSSFP}/T_1)$, and *j* stands for the *j*th component (*i.e.* S or F). The equivalence of Eqs. 2 and 3 is shown in Fig. 1a, upper row. However, Eqs. 1–3 do not account for the relaxation occurring between a bSSFP excitation pulse and the subsequent acquisition that occurs at $TE_{bSSFP} = TR_{bSSFP}/2$ (18–19). The corrected bSSFP magnetization, $\mathbf{M}_{\text{Corr}}^{bSSFP}$, is described by application of Eq. 1 to the magnetization **M***SS* prior to the pulse that precedes echo acquisition

$$
\mathbf{M}^{bSSFP}_{\text{Corr}}{=}e^{\mathbf{A}^*{\cdot}\frac{TR_{bSSFP}}{2}}\mathbf{R}(\alpha)\,\mathbf{M}^{SS}+ \left(e^{\mathbf{A}^*{\cdot}\frac{TR_{bSSFP}}{2}}- \mathbf{I}\right)\,\mathbf{A}^{*-1}\,\mathbf{C} \quad \text{[4]}
$$

where the matrix A^* is identical to the matrix A as defined above, but with TR_{bSSFP} replaced by TE_{bSSFP} throughout. Then the corrected theoretical two-component bSSFP signal is given by

$$
S_{\textit{Corr}}^{\textit{bSSFP}}\!=\! |(M_{\textit{Corr},x,S}^{\textit{bSSFP}}\!+\!M_{\textit{Corr},x,F}^{\textit{bSSFP}})\!+\!i(M_{\textit{Corr},y,S}^{\textit{bSSFP}}\!+\!M_{\textit{Corr},y,F}^{\textit{bSSFP}})|\quad \text{[5]}
$$

where the *x*- and *y*-components of the transverse magnetization are indicated by subscripts, or, in the absence of chemical exchange, by the following summation

$$
S_{Corr, no-exchange}^{bSSFP} = \left| M_0 \left(f_s \left(M_{Corr,a,S}^{bSSFP} + i M_{Corr,b,S}^{bSSFP} \right) + (1 - f_s) \left(M_{Corr,a,F}^{bSSFP} + i M_{Corr,b,F}^{bSSFP} \right) \right) \right| \tag{6}
$$

where

$$
M_{Corr,a,j}^{bSSFP} \! =\! \! \frac{\sqrt{E_{2,j}}(1\!-\!E_{1,j})\mathrm{sin}\theta_n\mathrm{sin}\varphi_j}{(1\!-\!E_{1,j}\mathrm{cos}\,\theta_n)(1\!-\!E_{2,j}\mathrm{cos}\,\varphi_j)\!-\!E_{2,j}(E_{1,j}\!-\!\mathrm{cos}\theta_n)(E_{2,j}\!-\!\mathrm{cos}\varphi_j)}
$$

and

$$
M_{Corr,b,j}^{bSSFP} \!=\! \frac{\sqrt{E_{2,j}}(1\!-\!E_{1,j}) (\cos\!\varphi_j \!-\! E_{2,j})\!\sin\!\theta_n}{(1\!-\!E_{1,j}\!\cos\theta_n)(1\!-\!E_{2,j}\!\cos\varphi_j)\!-\!E_{2,j}(E_{1,j}\!-\!\cos\!\theta_n)(E_{2,j}\!-\!\cos\!\varphi_j)}
$$

This form of the numerator, in which $\sqrt{E_{2,j}}$ appears instead of $E_{2,j}$, reflects the fact that relaxation prior to echo formation occurs over a time period $TE_{bSSFP} = TR_{bSSFP}/2$ (18–19), rather than over the time period TR_{bSSFP} . The equivalence of Eqs. 5 and 6 is shown in Fig. 1b, upper row.

Similarly, for spoiled steady state (SSS) transverse magnetization prior to each RF pulse as in the case of SPGR, the magnetization **M***SSS* immediately following each RF pulse is given by (1–2, 16)

$$
\mathbf{M}^{SSS} = (\mathbf{I} - e^{\mathbf{B} \cdot TR_{SPGR}} \cos \alpha)^{-1} (\mathbf{I} - e^{\mathbf{B} \cdot TR_{SPGR}}) \mathbf{D} \sin \alpha \quad [7]
$$

where **I** is the 2 \times 2 identity matrix, **D** = $M_0[f_S f_F]^T$ and

$$
\mathbf{B}\!\!=\!\!\left[\begin{array}{cc} -\frac{1}{T_{1,S}}\!\!-\!k_{\scriptscriptstyle SF} & k_{\scriptscriptstyle FS} \\ k_{\scriptscriptstyle SF} & -\frac{1}{T_{1,F}}\!\!-\!k_{\scriptscriptstyle FS} \end{array}\right].
$$

In the conventional implementation of mcDESPOT $(1-2, 10)$, the theoretical twocomponent SPGR signal is taken as

 $S^{SSS}\!\!=\!\left\vert M_{z,S}^{SSS}\!+\!M_{z,F}^{SSS}\right\vert \ \ \, \mathrm{[8]}$

which, in the absence of chemical exchange, reduces to the following summation (Fig. 1a, second row) (20)

$$
S_{no-exchange}^{SSS} = M_0 \sin \alpha \left(f_S \frac{1 - E_{1,S}}{1 - E_{1,S} \cos \alpha} + (1 - f_S) \frac{1 - E_{1,F}}{1 - E_{1,F} \cos \alpha} \right) \tag{9}
$$

Eqs. 7–9 do not account for the relaxation occurring between an excitation pulse and the subsequent acquisition (12). The corrected two-component SPGR magnetization, \mathbf{M}_{Corr}^{SPGR} , is described by (21)

$$
\mathbf{M}^{SPGR}_{\textit{Corr}}\!=\!\!e^{\mathbf{A}_{SPGR}\cdot TE_{SPGR}}\mathbf{R}(\alpha)\,\mathbf{S}\,\mathbf{M}^{SSS}_{\textit{Corr}}+\mathbf{S}\left(e^{\mathbf{A}_{SPGR}\cdot TE_{SPGR}}-\mathbf{I}\right)\mathbf{A}_{SPGR}^{\qquad -1}\,\mathbf{C}\quad\text{[10]}
$$

where the matrix **A***SPGR* is given by

$$
\mathbf{A}_{SPGR} = \begin{bmatrix} -\frac{1}{T_{2,S}} - k_{SF} & k_{FS} & 0 & 0 & 0 & 0 \\ k_{SF} & -\frac{1}{T_{2,F}} - k_{FS} & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{1}{T_{2,S}} - k_{SF} & k_{FS} & 0 & 0 \\ 0 & 0 & k_{SF} & -\frac{1}{T_{2,F}} - k_{FS} & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{1}{T_{1,S}} - k_{SF} & k_{FS} \\ 0 & 0 & 0 & 0 & k_{SF} & -\frac{1}{T_{1,F}} - k_{FS} \end{bmatrix},
$$

and $\mathbf{M}^{SSS}_{\scriptscriptstyle Corr}$ = $\left(\mathbf{I}-\mathbf{R}(\alpha)\,e^{\mathbf{A}_{SPGR}\cdot TR_{SPGR}}\,\mathbf{S}\right)^{-1}\,\mathbf{S}\,\left(\left(e^{\mathbf{A}_{SPGR}\cdot TR_{SPGR}}-\mathbf{I}\right)\mathbf{A}_{SPGR}^{}\right)^{-1}\,\mathbf{C}\right)$, **I** is the 6 \times 6 identity matrix, and **S** is the spoiler matrix given by

$$
\mathbf{S} = \left[\begin{array}{cccccc} 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 0 & 0 & 1 \end{array} \right],
$$

from which the corrected theoretical two-component SPGR signal is given by

$$
S^{SPGR}_{\scriptscriptstyle Corr} {=} |(M^{SPGR}_{\scriptscriptstyle Corr,x,S} {+} M^{SPGR}_{\scriptscriptstyle Corr,x,F}) {+} i(M^{SPGR}_{\scriptscriptstyle Corr,y,S} {+} M^{SPGR}_{\scriptscriptstyle Corr,y,F})| \quad {\rm [11]}
$$

or, in the absence of chemical exchange, by the following simple summation (Fig. 1b, second row)

$$
S_{Corr, no-exchange}^{SPGR} = S_0 \sin \alpha \left(f_s \frac{E_{2,S}^{\dagger} (1 - E_{1,S})}{1 - E_{1,S} \cos \alpha} + (1 - f_s) \frac{E_{2,F}^{\dagger} (1 - E_{1,F})}{1 - E_{1,F} \cos \alpha} \right) \tag{12}
$$

where $S_0=M_0 exp(-TE_{SPGR}/T_2')$ and $E_{2,j}^{\dagger}=exp(-TE_{SPGR}/T_{2,j})$, and where T_2' describes mesoscopic or macroscopic field inhomogeneities common to both relaxation components (12).

METHODS

Effect of non-zero TESPGR on SPGR and non-zero TEbSSFP on bSSFP signals

Corrected SPGR and bSSFP signals generated using Eq. 11 and Eq.5, respectively, explicitly accounting for transverse relaxation during non-zero TE_{SPGR} and TE_{bSSFP} were compared to conventional SPGR and bSSFP signals generated using Eq. 8 and Eq. 2, respectively, which neglect non-zero TE_{SPGR} and TE_{bSSFP} effects. Signal differences were calculated as $100 * (S_{Conv} - S_{Corr})/S_{Corr}$, where S_{Conv} and S_{Corr} are conventional and corrected signals, respectively, as a function of FA. Analyses were performed for corrected SPGR signals generated with $TR_{SPGR} = 7$ ms, and over a range of TE_{SPGR} from 0.5 to 6 ms in 0.25 ms increments and for FAs ranging from 1° to 100° in increments of 1° . The signal difference between conventional and corrected bSSFP signals was likewise calculated for values of TE_{bSSFP} (= TR_{bSSFP}/2) ranging from 0.5 to 6 ms in 0.25 ms increments for FAs ranging from 1° to 100° in increments of 1° . To correspond to actual practice (2–6, 9–12), two corrected bSSFP signals were generated with θ_{RF} of 0 or π (bSSFP₀ or bSSFP_{π}), respectively. All simulations used input parameters $f_F = 0.2$, $T_{2,F} = 10$ ms, $T_{2,S} = 90$ ms, $T_{I,F}$ $= 450$ ms, $T_{1,S} = 2000$, $k_{FS} = k_{SF} = 0$ ms⁻¹ and $\omega = 0$ Hz; these are based on reported values from human brain imaging (1–4, 8–10).

Effects of non-modeled non-zero TESPGR and TEbSSFP on mcDESPOT-derived parameter estimates

Effects of non-zero TE_{SPGR}—Corrected SPGR signals were simulated using Eq. 11 for values of TESPGR ranging from 0.5 to 6 ms in 0.25 ms increments and corrected bSSFP signals were generated using Eq. 5 with fixed TE_{bSSFP} value of 3.5 ms and for θ_{RF} of 0 or π . Corrected SPGR and bSSFP were generated for values of f_F ranging from 0.025 to 0.5 in increments of 0.025. For each TE_{SPGR} and f_F combination, corrected SPGR and bSSFP signals were then fitted simultaneously to Eqs. 11 and 5, explicitly accounting for non-zero TESPGR and TEbSSFP (TE-Corrected mcDESPOT; TEC-mcDESPOT), or to Eqs. 8 and 2, neglecting non-zero TE_{SPGR} and TE_{bSSFP} (Conventional mcDESPOT). Using typical values of experimental parameters $(1-6, 9-12, 22-28)$, SPGR signals were generated for $a^0 = \{2, 4, 6, 6, 7, 8, 9, 12, 22-28\}$ 6, 8, 10, 12, 14, 16, 18, 20}, while, bSSFP signals were generated for $a^0 = \{2, 6, 14, 22, 30,$ 38, 46, 54, 62, 70}. The other experimental and input parameters were identical to those noted above. Relative parameter errors were calculated according to $100 * |P \cap P|/P$, where *P* and *P* are the estimated and true parameter values, respectively.

Parameter estimates were derived using the stochastic region contraction (SRC) algorithm $(1-2, 9, 12, 29)$. For each iteration of the SRC algorithm, 20000 random samples were generated within specified parameter bounds. The 50 solutions with the smallest least squares residual were used to construct bounds for the next iteration. Iterations were terminated after convergence was achieved, defined as a difference between the minimum and maximum values for all parameters of less than 1%, or after 30 iterations. The initial parameter bounds were: $0 \text{ } f_F$ 0.8 , 1 ms $T_{2,F}$ 40 ms , 40 ms $T_{2,S}$ 200 ms , 100 ms $T_{I,F}$ 700 ms and 700 ms $T_{I,S}$ 3000 ms. To avoid the need to explicitly fit for M_0 , each dataset was normalized with respect to its mean value over the full range of FA $(1-2, 9, 12)$.

Effects of non-zero TE_{bSSFP}—Corrected SPGR signals were simulated using Eq. 11 with a fixed TE_{SPGR} value of 2 ms. Corrected bSSFP signals were generated using Eq. 5 for values of TE_{bSSFP} (= TR_{bSSFP}/2) ranging from 1.5 to 6 ms in 0.25 ms increments and for ^θ*RF* of 0 or π. Corrected SPGR and bSSFP were generated for values of *fF* ranging from 0.025 to 0.5 in increments of 0.025. For each TE_{bSSFP} and f_F combination, corrected SPGR and bSSFP signals were then fitted simultaneously to Eqs. 11 and 5, explicitly accounting for non-zero TE_{SPGR} and TE_{bSSFP} (TEC-mcDESPOT), or to Eqs. 8 and 2, neglecting nonzero TE_{SPGR} and TE_{bSSFP} (Conventional mcDESPOT). The other experimental and underlying input parameters were identical to those used in the previous analyses. Parameter estimates were derived using the SRC algorithm with relative parameter errors calculated as described above.

RESULTS

Figure 2 shows the relative differences between conventional (Eqs. 8 and 2) and corrected (Eqs. 11 and 5) two-component SPGR and bSSFP signals for different values of TE_{SPGR} and TE_{bSSFP} as a function of FA. As seen, conventional SPGR signals are overestimated to an extent that increases with increasing TE_{SPGR} or FA. In contrast, conventional bSSFP₀ and bSSFP $_{\pi}$ are underestimated to an extent increasing with increasing TE_{bSSFP} and with increasing FAs for bSSFP₀, and decreasing with respect to increasing FA for bSSFP_{π}.

Parameter estimate errors resulting from conventional mcDESPOT are shown in Figs. 3 and 4. When data were simulated with non-zero TEs (*i.e.* TE_{SPGR} or TE_{bSSFP}) using Eqs. 11 and 5 and fit with the correct models (TEC-mcDESPOT), Eqs. 11 and 5, true input values were obtained for all parameters, shown as zero errors in derived parameter estimates. This indicates the ability of the SRC fitting procedure to determine the correct least-squares minima for these multiparametric signal models at infinite SNR. Figures 3 and 4 also show parameter estimates and the corresponding relative error maps for conventional mcDESPOT-derived parameter estimates obtained by fitting data generated from Eqs. 11 and 5, correctly incorporating non-zero TE effects, with Eqs. 8 and 2, which do not include appropriate correction for TEs. Results are shown for different combinations of *fF* and TEs. For all TEs and f_F combinations, estimated parameter values of f_F , $T_{2,S}$, $T_{I,F}$ and $T_{I,S}$ were clearly overestimated, while estimated parameter values of $T_{2,F}$ showed more complex patterns. In all cases, conventional mcDESPOT led to substantial errors in derived parameter estimates over the entire ranges of TEs and *fF*. Relative error was seen to increase with increasing TE_{SPGR} or TE_{bSSFP} for all parameters, while error increased for $T_{2,S}$ and $T_{1,S}$ and

decreased for f_F and $T_{I,F}$ as a function of f_F . However, the relative error in the estimated values of $T_{2,F}$ showed more complex patterns as a function of TEs and f_F .

DISCUSSION

The introduction of mcDESPOT in 2008 (1) permitted for the first time high-resolution whole-brain analysis of myelin water fraction in human brain (1–4, 10, 22–28), and proteoglycan associated water fraction in human knee cartilage (5–6, 11). In light of the importance of this method, we have re-examined the signal models used in mcDESPOT and noted that the approximations used in single-component analyses, that is in $DESPOT₁$ and $DESPOT₂$, may not hold for the multicomponent mcDESPOT analysis. For DESPOT₁ and DESPOT₂, non-zero TE effects may be neglected due to the long mean relaxation times in brain and other soft tissues. However, while the resulting errors in signal amplitudes may appear to be negligible for mcDESPOT as well (Figs. 1–2), our detailed analysis has indicated that in fact these small deviations may result in large errors in parameter estimates under realistic imaging conditions (Figs. 3–4). This is likely due to the inherent and unavoidable sloppiness of this high dimensional signal model (12, 30–31), and to the fact that differential relaxation between the two components can introduce substantial errors.

Our simulation analyses showed that, as expected, neglect of non-zero TE_{SPGR} in the SPGR model leads to overestimates of signal values (Figs. $1-2$), due to the omission of the signal decay between the RF pulse and the read-out gradient (12, 21, 32). In contrast, neglect of non-zero TE in the bSSFP model leads to signal underestimates (Figs. 1–2) since, in effect, this neglect incorporates transverse relaxation over a period of TRbSSFP rather than $TR_{bSSFP}/2$ prior to echo acquisition (18–19, 33). That is, the incorrect signal model evaluates the signal after an echo time of TR, rather than after the shorter echo time of TR/2. Thus, in this case, incorrect modeling of transverse relaxation results in an underestimate of signal intensity. More importantly, neglect of non-zero TEs in mcDESPOT leads to significant errors in derived parameter estimates (Figs. 3–4).

The impact of noise on the accuracy and precision of derived parameter estimates has been the subject of extensive previous investigations. It was demonstrated that high quality parameter estimates may be obtainable from mcDESPOT with SNR that is clinically achievable (12, 34). However, the errors in parameter estimation described herein and due to the neglect of TE effects were considerably larger than those introduced due to noise (12, 34). In fact, the relative error calculated over 1000 noise realizations in the estimation of *f^F* was ~10% with the above underlying and experimental parameters and SNR = M_0/σ = 1000; achievable in clinical setting (12, 34), where σ represents the standard deviation of zeromean Gaussian noise. The error due to neglect of TEs under comparable circumstances with TE_{SPGR} = 2 ms and TE_{bSSFP} = 3.5 ms was however ~60% (Figs. 3–4). Since our focus is on the effect of underlying signal models, we restricted our analyses to the case of infinite SNR and evaluated simulation results to explicitly determine the magnitude of the effects, without the manifold additional complications inherent in analysis of experimental data.

We assumed no exchange in the mcDESPOT signal model for several reasons. First, a recent study suggests that the incorporation of two-site exchange has a minimal effect on the

estimated values of the rapidly-relaxing fraction of a two-component model (9), which is the main parameter of interest for characterization of cartilage and brain (3–11). In addition, we have found (data not shown) that the inclusion of exchange as an additional unknown parameter requires further constraints on the initial parameter bounds of the SRC algorithm for reliable parameter estimates, even at infinite SNR. This is likely due to the increased complexity of the local minima structure or the further flatness of the parameter energy surfaces as compared to the five unknown parameters model adopted in our analysis and analyzed elsewhere (12). In addition, we neglected finite RF pulse length effects in the current study in order to correspond to the conventional analysis of mcDESPOT. However, it has been shown that the neglect of relaxation during RF pulses can lead to further deviations of the measured signals from the theoretical SPGR and bSSFP models (21, 35– 38). Moreover, again as with the conventional mcDESPOT approach, we assumed perfect spoiling of transverse magnetization prior to each RF pulse in the SPGR sequence. However, it has been shown that there may be a degree of preservation of transverse coherence in fast RF spoiled sequences with concomitant deviation of the signal behavior from the idealized model (32, 39). In the experimental setting, all of these additional effects would presumably be additive to those discussed here, which are based on considerations of the underlying signal models used in mcDESPOT analysis. Finally, we note that our results are equally applicable to other steady-state approaches such as mcRISE (11).

CONCLUSIONS

Neglect of non-zero TE_{SPGR} and TE_{bSSFP} leads to signal models that overestimate SPGR signal intensity and underestimate bSSFP signal intensity. We have shown that this can result in substantial errors in mcDESPOT-derived parameter estimates and propose the use of the SPGR and bSSFP signal models described herein for quantitative analyses using mcDESPOT.

Acknowledgments

We gratefully acknowledge the comments of an anonymous reviewer of a previous publication, which led to this analysis. This work was supported by the Intramural Research Program of the NIH, National Institute on Aging.

References

- 1. Deoni SCL, Rutt BK, Arun T, Pierpaoli C, Jones DK. Gleaning multicomponent T1 and T2 information from steady-state imaging data. Magn Reson Med. 2008; 60:1372–1387. [PubMed: 19025904]
- 2. Deoni SCL. Correction of Main and Transmit Magnetic Field (B0 And B1) Inhomogeneity Effects in Multicomponent-driven Equilibrium Single-pulse Observation of T1 And T2. Magn Reson Med. 2011; 65:1021–1035. [PubMed: 21413066]
- 3. Deoni SCL, Dean DC, O'Muircheartaigh J, Dirks H, Jerskey BA. Investigating white matter development in infancy and early childhood using myelin water faction and relaxation time mapping. Neuroimage. 2012; 63:1038–1053. [PubMed: 22884937]
- 4. Dean DC, O'Muircheartaigh J, Dirks H, Waskiewicz N, Lehman K, Walker L, Piryatinsky I, Deoni SCL. Estimating the Age of Healthy Infants From Quantitative Myelin Water Fraction Maps. Hum Brain Mapp. 2015; 36:1233–1244. [PubMed: 25640476]

- 5. Liu F, Choi K, Samsonov A, Spencer RG, Wilson JJ, Block WF, Kijowski R. In-Vivo Multi-Component T2 Relaxation Time Analysis of the Articular Cartilage of the Human Knee Joint at 3.0T. Radiology. 2015 In Press.
- 6. Liu F, Chaudhary R, Hurley SA, Munoz Del Rio A, Alexander AL, Samsonov A, Block WF, Kijowski R. Rapid multicomponent T2 analysis of the articular cartilage of the human knee joint at 3. 0 T. J Magn Reson Imaging. 2014; 39:1191–1197. [PubMed: 24115518]
- 7. Prasloski T, Rauscher A, Mackay AL, Hodgson M, Vavasour IM, Laule C, Madler B. Rapid whole cerebrum myelin water imaging using a 3D GRASE sequence. Neuroimage. 2012; 63:533–539. [PubMed: 22776448]
- 8. MacKay A, Whittall K, Adler J, Li D, Paty D, Graeb D. In vivo visualization of myelin water in brain by magnetic resonance. Magn Reson Med. 1994; 31:673–677. [PubMed: 8057820]
- 9. Zhang J, Kolind SH, Laule C, MacKay AL. Comparison of myelin water fraction from multiecho T2 decay curve and steady-state methods. Magn Reson Med. 2015; 73:223–232.
- 10. Deoni SCL, Matthews L, Kolind SH. One Component? Two Components? Three? The Effect of Including a Non-Exchanging 'Free" Water Component in Multicomponent Driven Equilibrium Single Pulse Observation of T1 & T2 (mcDESPOT). Magn Reson Med. 201(70):147–154.
- 11. Liu F, Block WF, Kijowski R, Samsonov A. Rapid multicomponent relaxometry in steady state with correction of magnetization transfer effects. Magn Reson Med. 10.1002/mrm.25672
- 12. Bouhrara M, Reiter DA, Celik H, Fishbein KW, Kijowski R, Spencer RG. Analysis of mcDESPOT- and CPMG-derived Parameter Estimates for Two-component Non-exchanging Systems. Magn Reson Med. 10.1002/mrm.25801
- 13. Deoni SCL, Peters TM, Rutt BK. High-resolution T1 and T2 mapping of the brain in a clinically acceptable time with DESPOT1 and DESPOT2. Magn Reson Med. 2005; 53:237–241. [PubMed: 15690526]
- 14. Deoni SCL, Rutt BK, Peters TM. Rapid Combined T1 and T2 Mapping Using Gradient Recalled Acquisition in the Steady State. Magn Reson Med. 2003; 49:515, 526. [PubMed: 12594755]
- 15. Deoni SCL, Catani M. Visualization of the deep cerebellar nuclei using quantitative T1 and ρ magnetic resonance imaging at 3 Tesla. Neuroimage. 2007; 37:1260–1266. [PubMed: 17702607]
- 16. Spencer RGS, Fishbein KW. Measurement of spin-lattice relaxation times and concentrations in systems with chemical exchange using the one-pulse sequence: breakdown of the Ernst model for partial saturation in nuclear magnetic resonance spectroscopy. J Magn Reson. 2000; 142:120–135. [PubMed: 10617442]
- 17. Deoni SCL, Rutt BK, Jones DK. Investigating exchange and multicomponent relaxation in fullybalanced steady-state free precession imaging. J Magn Reson Imaging. 2008; 27:1421–1429. [PubMed: 18504765]
- 18. Scheffler K, Lehnhardt S. Principles and applications of balanced SSFP techniques. Eur Radiol. 2003; 13:2409–2418. [PubMed: 12928954]
- 19. Scheffler K, Hennig J. Is TrueFISP a gradient-echo or a spin-echo sequence? Magn Reson Med. 2003; 49:395–397. [PubMed: 12541263]
- 20. Deoni SCL, Rutt BK, Jones DK. Investigating the effect of exchange and multicomponent T1 relaxation on the short repetition time spoiled steady-state signal and the DESPOT1 T1 quantification method. J Magn Reson Imaging. 2007; 25:570–578. [PubMed: 17326090]
- 21. Murase K. Generalized equation for describing the magnetization in spoiled gradient-echo imaging. Magn Reson Imaging. 2011; 29:723–730. [PubMed: 21524871]
- 22. Deoni SCL, Dean DC, Remer J, Dirks H, O'Muircheartaigh J. Cortical maturation and myelination in healthy toddlers and young children. Neuroimage. 2015; 115:147–161. [PubMed: 25944614]
- 23. Deoni SCL, Zinkstok JR, Daly E, Ecker C, Williams SCR, Murphy DGM. White-matter relaxation time and myelin water fraction differences in young adults with autism. Psych Med. 2015; 45:795– 805.
- 24. Deoni SCL, O'Muircheartaigh J, Elison JT, Walker L, Doernberg E, Waskiewicz N, Dirks H, Piryatinsky I, Dean DC, Jumbe NL. White matter maturation profiles through early childhood predict general cognitive ability. Brain Struct Funct. 201410.1007/s00429-014-0947-x

- 25. O'Muircheartaigh J, Dean DC, Ginestet CE, Walker L, Waskiewicz N, Lehman K, Dirks H, Piryatinsky I, Deoni SCL. White matter development and early cognition in babies and toddlers. Hum Brain Mapp. 2014; 35:4475–4487. [PubMed: 24578096]
- 26. Dean DC, O'Muircheartaigh J, Dirks H, Waskiewicz N, Walker L, Doernberg E, Piryatinsky I, Deoni SCL. Characterizing longitudinal white matter development during early childhood. Brain Struct Funct. 201410.1007/s00429-014-0763-3
- 27. Deoni SCL, Dean DC, Piryatinsky I, O'Muircheartaigh J, Waskiewicz N, Lehman K, Han M, Dirks H. Breastfeeding and early white matter development: A cross-sectional study. Neuroimage. 2013; 82:77–86. [PubMed: 23721722]
- 28. Kolind S, Matthews L, Johansen-Berg H, Leite MI, Williams SCR, Deoni SCL, Palace J. Myelin water imaging reflects clinical variability in multiple sclerosis. Neuroimage. 2012; 60:263–270. [PubMed: 22155325]
- 29. Berger MF, Silverman HF. Microphone array optimization by stochastic region contraction. IEEE Trans Signal Process. 1991; 39:2377–2386.
- 30. Gutenkunst RN, Waterfall JJ, Casey FP, Brown KS, Myers CR, Sethna JP. Universally sloppy parameter sensitivities in systems biology models. PLOS Comput Biol. 2007; 3:1871–1878. [PubMed: 17922568]
- 31. Waterfall JJ, Casey FP, Gutenkunst RN, Brown KS, Myers CR, Brouwer PW, Elser V, Sethna JP. Sloppy model universality class and the Vandermonde matrix. Phys Rev Letters. 2006; 97:150601.
- 32. Yarnykh VL. Optimal Radiofrequency and Gradient Spoiling for Improved Accuracy of T1 and B1 Measurements Using Fast Steady-State Techniques. Magn Reson Med. 2010; 63:1610–1626. [PubMed: 20512865]
- 33. Scheffler K. On the Transient Phase of Balanced SSFP Sequences. Magn Reson Med. 2003; 49:781–783. [PubMed: 12652552]
- 34. Deoni SCL, Kolind SH. Investigating the stability of mcDESPOT myelin water fraction values derived using a stochastic region contraction approach. Magn Reson Med. 2015; 73:161–169.
- 35. Bieri O, Scheffler K. SSFP Signal With Finite RF Pulses. Magn Reson Med. 2009; 62:1232–1241. [PubMed: 19780160]
- 36. Bieri O. An Analytical Description of Balanced Steady-State Free Precession With Finite Radio-Frequency Excitation. Magn Reson Med. 2011; 65:422–431. [PubMed: 20859995]
- 37. Boulant N. T1 and T2 effects during radio-frequency pulses in spoiled gradient echo sequences. J Magn Reson. 2009; 197:213–218. [PubMed: 19171495]
- 38. Lenz C, Klarhöfer M, Scheffler K. Limitations of rapid myelin water quantification using 3D bSSFP. MAGMA. 2010; 23:139–151. [PubMed: 20424884]
- 39. Preibisch C, Deichmann R. Influence of RF Spoiling on the Stability and Accuracy of T1 Mapping Based on Spoiled FLASH With Varying Flip Angles. Magn Reson Med. 2009; 61:125–135. [PubMed: 19097220]

Fig. 1.

Comparison of the matrix (left column) and summation (right column) forms of the twocomponent bSSFP and SPGR signals in the absence of chemical exchange as a function of flip angle (FA) when non-zero TE effects were (a) omitted or (b) incorporated in the signal models. The modeled equations are indicated in the figure panels. Signals were generated using the following underlying input and experimental parameters: $f_F = 0.2$, $T_{2,F} = 10$ ms, $T_{2,S}$ = 90 ms, $T_{I,F}$ = 450 ms, $T_{I,S}$ = 2000, $k_{FS} = k_{SF} = 0$ ms⁻¹, $\omega = 0$ Hz, TE_{SPGR} = 2.5 ms, and $TR_{bSSFP} = TR_{SPGR} = 7$ ms. Note the increase in the corrected bSSFP and the decrease in the corrected SPGR signal when these non-zero TE effects were incorporated as compared to the conventional bSSFP and SPGR signal forms used in mcDESPOT that neglect TEs.

Fig. 2.

Relative difference between corrected and conventional SPGR and bSSFP signals. The corrected signals incorporate non-zero TE_{SPGR} and TE_{bSSFP} as discussed in the text, while the conventional signals omit these. Results are shown for different values of TE and as a function of flip angle (FA). Signals were generated using the following underlying input and experimental parameters: $f_F = 0.2$, $T_{2,F} = 10$ ms, $T_{2,S} = 90$ ms, $T_{I,F} = 450$ ms, $T_{I,S} = 2000$, $k_{FS} = k_{SF} = 0 \text{ ms}^{-1}$, $\omega = 0$ Hz, and TR_{bSSFP} = TR_{SPGR} = 7 ms. As shown, for all TEs and FA combinations, the conventional SPGR signal was overestimated while the conventional bSSFP signal was underestimated.

Fig. 3.

Parameter value and relative error maps obtained from fitting simulated data with TECmcDESPOT (Eqs. 5 and 11) or conventional mcDESPOT (Eqs. 2 and 8) signal models for different combinations of TESPGR and *fF*. Analyses were performed at infinite SNR with, in all cases, corrected bSSFP signals generated using Eq. 5 for a fixed TE_{bSSFP} value of 3.5 ms. Note that the color bars were set to correspond to the dynamic range of each parameter, and therefore differ between parameters.

Fig. 4.

Parameter and relative error maps obtained from fitting simulated data with TECmcDESPOT (Eqs. 5 and 11) or conventional mcDESPOT (Eqs. 2 and 8) signal models for different combinations of TE_{bSSFP} and *f_F*. Analyses were performed at infinite SNR with, in all cases, corrected SPGR signals were generated using Eq. 11 for a fixed TE_{SPGR} value of 2 ms. Note that the color bars were set to correspond to the dynamic range of each parameter, and therefore differ between parameters.