

## REVIEW

# Phosphodiesterase 4D: an enzyme to remember

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### Received

6 May 2015

### Revised

25 June 2015

### Accepted

13 July 2015

Cyclic adenosine monophosphate (cAMP) is one of the second messengers critically involved in the molecular mechanisms underlying memory formation. In the CNS, the availability of cAMP is tightly controlled by phosphodiesterase 4 (PDE4), a family of enzymes that degrades the cyclic nucleotide to inactive AMP. Among the different PDE4 isoforms, in the last few years PDE4D has been hogging the limelight due to accumulating evidence for its crucial role in cognitive processes, which makes this enzyme a promising target for therapeutic interventions in a variety of pathological conditions characterized by memory impairment, such as Alzheimer's disease. In this article, we review the role of the cAMP signal transduction pathway in memory formation with a particular focus on the recent progress in PDE4D research.

### Abbreviations

CNG, cyclic nucleotide gated; CREB, cAMP responsive element binding protein; Epac, exchange protein directly activated by cAMP; LTP, long-term potentiation; MWM, Morris water maze; NAMs, negative allosteric modulators; ORT, object recognition task; Rap, Ras-related protein; Ras, rat sarcoma; Rho, Ras homologue gene family; LTM, long-term memory

### Tables of Links

TARGETS		
<b>Ion channels<sup>a</sup></b>	<b>Enzymes<sup>b</sup></b>	
CNG channels	ACs	PDE4D
<b>Other protein targets</b>	Epac1	PI3K
CREB	Epac2	PKA
	PDEs	PKB (Akt)

LIGANDS	
AMP	cAMP
Amyloid-β	cGMP
Apremilast	Roflumilast
ATP	Rolipram
BDNF	

These Tables list key protein targets and ligands in this article which are hyperlinked to corresponding entries in <http://www.guidetopharmacology.org>, the common portal for data from the IUPHAR/BPS Guide to PHARMACOLOGY (Pawson *et al.*, 2014) and are permanently archived in the Concise Guide to PHARMACOLOGY 2013/14 (<sup>a,b</sup>Alexander *et al.*, 2013a,b).

### Introduction

Memory formation is one of the most fascinating processes of the brain, and understanding the molecular mechanisms involved in this phenomenon has been, and still is, a very challenging task for neuroscientists.

Although no single molecule can be regarded as the sole trigger, during the last 30 years, a large amount of evidence has demonstrated beyond any doubt that cAMP has a prominent

role in memory. In the CNS, cAMP is synthesized by adenylyl cyclases (ACs), a family of membrane-bound enzymes (AC1–AC9) structurally composed of six hydrophobic transmembrane helices and three cytoplasmic domains termed N, C1 and C2 (Chern, 2000), whose function is regulated by  $\alpha$  subunits of either stimulatory or inhibitory G proteins (Gs and Gi/o, respectively), although each AC isoform can be controlled by way of

distinct molecular mechanisms. Moreover, the G $\beta\gamma$  subunits of the trimeric G proteins are able to regulate the activity of some AC isoforms to integrate G $\alpha$ -mediated signals. Several studies have also shown that the function of the distinct AC isoenzymes can be positively or negatively modulated by calmodulin- and calcineurin-dependent mechanisms, various protein kinases and phosphatases. In addition to transmembrane ACs, cAMP can also be synthesized by a soluble form of the cyclase enzyme (AC10) that is directly activated by calcium (Steebhorn, 2014). As for their localization, while the majority of AC isoenzymes show a widespread distribution in the CNS, some of them are expressed in discrete brain regions where they regulate specific functions, as mentioned below.

Almost 10 years after the discovery of cAMP, PKA was identified as the downstream effector of the cyclic nucleotide (Corbin and Krebs, 1969), which binds to the two regulatory subunits of the enzyme, thus causing a conformational change that releases the two catalytic subunits and allows the phosphorylation of their substrates.

Later in the 1980s, it was found that cAMP modulates gene expression via PKA-mediated phosphorylation of the cAMP responsive element binding protein (CREB), a nuclear factor that binds to the cAMP response element, a conserved sequence found in the promoter region of several genes (Montminy *et al.*, 1986; Gonzalez *et al.*, 1989).

In addition to PKA, cAMP can also transduce signals by directly activating cyclic nucleotide gated (CNG) channels or by stimulating the exchange protein directly activated by cAMP (Epac). CNG channels are a heterogeneous superfamily of ion channels with a binding domain for 3',5'-monophosphate cyclic nucleotides in their carboxy terminal region and are, therefore, activated by both cAMP and cGMP. Besides their localization in rod and cone photoreceptors and in olfactory sensory neurons, CNG channels are also present in other neurons (e.g. hippocampal neurons), both at the pre- and postsynaptic level, as well as in non-neuronal tissues (Kaupp and Seifert, 2002; Podda and Grassi, 2014). The two Epac isoforms, Epac1 and Epac2, the latter predominantly expressed in the brain (De Rooij *et al.*, 1998; Kawasaki *et al.*, 1998), are characterized by a regulatory region that interacts with cAMP and a catalytic domain able to activate different effectors, such as Rap, Ras and Rho GTPases, MAPKs, PLC, PKB (Akt), PI3Ks (Roscioni *et al.*, 2008).

cAMP signalling is then terminated by its degradation to AMP operated by phosphodiesterases, a superfamily of 11 different enzymes (PDE1–PDE11) encoded by 21 genes, most of which are expressed in multiple variants, thus leading to the production of up to 100 individual proteins. Of the 11 families, three are specific for cGMP (PDE5, PDE6 and PDE9), three are specific for cAMP (PDE4, PDE7 and PDE8) and five hydrolyze both cAMP and cGMP (PDE1, PDE2, PDE3, PDE10 and PDE11) although to a different extent (Conti and Beavo, 2007).

## cAMP pathways, LTP and memory

The first demonstrations for the involvement of cAMP in learning and memory date back to the 1970s, when this feature began to be investigated in the simple learned behaviour model of Aplysia (Lee *et al.*, 2008; Kandel 2012). Since then, an enormous

body of evidence has accumulated demonstrating that the cAMP transduction pathway is also critically involved in the mechanisms underlying memory formation in mammals.

Undoubtedly, the most important milestone in memory formation mechanisms was the discovery of long-term potentiation (LTP) in the hippocampus, a form of synaptic plasticity that was first hypothesised to serve for memory storage by Bliss and Lømo in 1973. Today, we know that all forms of LTP recorded in the three major glutamatergic synaptic pathways of the hippocampus (perforant pathway-granule cells, granule cell mossy fibers-CA3 pyramidal neurons, CA3 Schaffer Collateral-CA1 pyramidal neurons) consist of two temporally distinct phases: early LTP (E-LTP) that lasts 1–3 h and does not require gene expression and protein synthesis, and a transcription- and translation-dependent late LTP (L-LTP), which can be recorded for 6–8 h *in vitro* (actually, as long as the preparation is vital) and can last from days to weeks *in vivo* (Krug *et al.*, 1984; Frey *et al.*, 1988; Matthies *et al.*, 1990; Bliss and Collingridge, 1993; Huang and Kandel, 1994; Huang, 1998). In addition, E-LTP can switch into L-LTP possibly via an intermediate, protein synthesis-dependent procedure (Reymann and Frey, 2007).

In mammals, cAMP and its downstream effectors seem to be critical especially for the expression of hippocampal L-LTP and hippocampal-dependent long-term memory (LTM; Poser and Storm, 2001). In fact, the late phase of CA1 LTP does not occur in hippocampal slices of AC1 and AC8 double knock-out mice, an effect that is paralleled by significant deficits of LTM in passive avoidance and contextual learning, but not in cued learning and memory, which are amygdala-dependent processes (Wong *et al.*, 1999). In contrast, the overexpression of AC1 facilitates and potentiates hippocampal CA1 LTP, and improves recognition and spatial memory without affecting the ability to extinguish old memories (Wang *et al.*, 2004; Zhang and Wang, 2013).

In addition, pharmacological and genetic manipulations of the cAMP-activated PKA pathway do result in the alteration of L-LTP (but not of E-LTP) and behavioural deficits in LTM (Frey *et al.*, 1993; Huang and Kandel, 1994; Abel *et al.*, 1997; Koh *et al.*, 2002; Young *et al.*, 2006; Bollen *et al.*, 2014).

Similarly, gain or loss of function of CREB, the protein generally accepted as the molecular switch between short-term and long-term forms of synaptic plasticity, facilitates or disrupts L-LTP and LTM respectively (Barco *et al.*, 2002; Pittenger *et al.*, 2002; Suzuki *et al.*, 2011; Kida, 2012).

More recently, the cAMP-Epac pathway has also been shown to participate in hippocampal synaptic plasticity and in memory formation and retrieval (Gelinias *et al.*, 2008; Ma *et al.*, 2009).

## Type 4 phosphodiesterases, LTP and memory: spotlight on PDE4D

Some of the most compelling evidence for the involvement of cAMP in LTP and memory comes from studies on PDE4 enzymes, as, after the discovery of rolipram as a selective pan PDE4 inhibitor (PDE4-I), a vast number of investigations has demonstrated that increasing cAMP, by blocking its PDE-mediated breakdown, represents the molecular trigger

to boost LTP and to improve memory formation and consolidation in rodents and non-human primates (Figure 1).

Using a variety of behavioural tasks, these effects have been consistently proven under physiological conditions and in different models of pharmacologically-induced cognitive deficits or in animal models of human pathologies, including Alzheimer's disease (Richter *et al.*, 2013; Hansen III and Zhang, 2015; Heckman *et al.*, 2015). Interestingly, it has been recently reported that the promnesic effects of PDE4-I need several hours to manifest, again indicating the role of cAMP in switching a transient form of memory into a more stable one (Akkerman *et al.*, 2014; Bollen *et al.*, 2014).

Since the discovery that the PDE4 family consists of four isoforms (PDE4A to PDE4D) and 25 splice variants, neuroscientists have tried to unravel their functions in the brain, especially PDE4D in cognition, given its predominant expression in the hippocampus and its important role in hydrolyzing cAMP (Pérez-Torres *et al.*, 2000; Zhang *et al.*, 2002).

To this purpose, given the lack of isoform selective inhibitors, the first studies took advantage of knock-out (KO) strategies, thus demonstrating that PDE4D KO induces an enhancement of CA1 LTP in the hippocampus (Rutten *et al.*, 2008). Surprisingly enough, it was found that PDE4D KO mice exhibited memory impairment, and not enhancement, when cued fear conditioned responses were assessed to examine

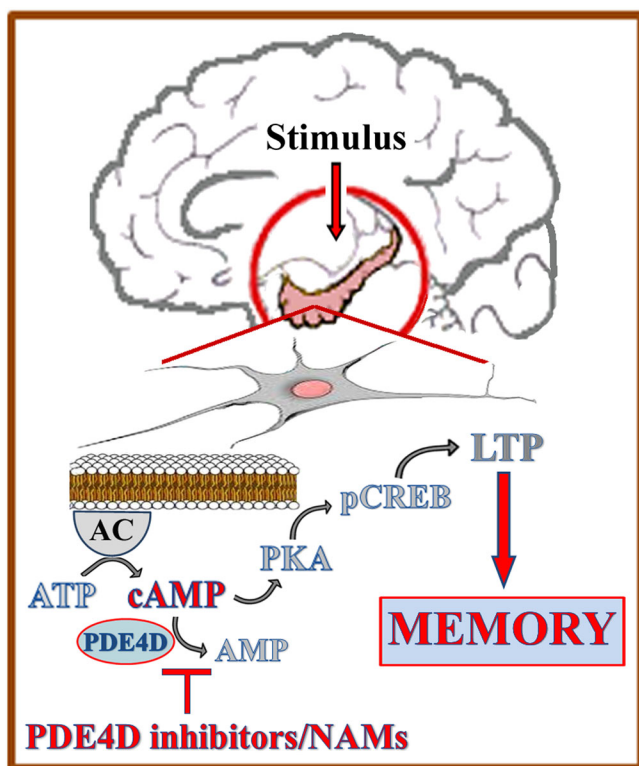
associative learning and memory. However, the possibility that knocking out PDE4D might have caused developmental alterations in memory circuits should also be taken into account.

In fact, when in 2010 selective PDE4D negative allosteric modulators (NAMs; D158681, D159153, D159404, D159687) became available, their positive effects on recognition and spatial memory performance, assessed in the object recognition task (ORT) and in the Y-maze task, respectively, clearly indicated a key role for this enzyme isoform in hippocampus-dependent cognition (Burgin *et al.*, 2010). Such important results were confirmed one year later, when it was shown that selective inhibition of PDE4D by the full inhibitor GEBR-7b was indeed able to enhance both recognition and spatial memory in the ORT and in the object location test (OLT), respectively (Bruno *et al.*, 2011). Notably, in the behavioural tasks, both allosteric modulators and GEBR-7b were 3 to 10 times more potent than the pan PDE4 inhibitor rolipram. More recently, chronic administration of GEBR-7b was also found to ameliorate spatial memory in a murine model of Alzheimer's disease (Sierksma *et al.*, 2014) and NAMs proved to have significant pro-cognitive effects in the object retrieval task in non-human primates (Sutcliffe *et al.*, 2014), a test that analyses multiple cognitive components (e.g. attention, response inhibition, planning) involving the prefrontal corticostriatal neuronal circuits rather than the hippocampus.

Furthermore, mice with genetic deletion or miRNA-mediated downregulation of PDE4D displayed an improvement in spatial and recognition memory in the radial arm maze, in the Morris water maze (MWM) and in the ORT (Li *et al.*, 2011). In addition, administration of rolipram to these PDE4D-deficient mice did not further improve memory, definitely demonstrating that, among the PDE4 isoforms, PDE4D is the most important in cognitive processes. Similar results have been obtained by knocking down PDE4D selectively in the prefrontal cortex, indicating that the lack of activity of this enzyme isoform is also beneficial for memory in that brain region (Wang *et al.*, 2013).

Most importantly from a translational point of view, PDE4D silencing in the hippocampus was able to counteract amyloid  $\beta$ 42-induced cAMP decrease and memory deficit in the MWM and in the ORT; in addition, it also largely prevented the reduction of BDNF concentration and the increase of TNF $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B levels, suggesting that PDE4D loss of function might attenuate neuroinflammation and confer neuroprotection in Alzheimer's disease (Zhang *et al.*, 2014).

However, all that glitters is not gold. In fact, PDE4D is also considered the isoform responsible for the emetic effects induced by pan PDE4 inhibitors such as rolipram, which have precluded their clinical use. Indeed, this enzyme isoform is localized in brain regions associated with emesis (e.g. area postrema and nucleus of the solitary tract; Cherry and Davis, 1999; Lamontagne *et al.*, 2001; Mori *et al.*, 2010) and its deletion in transgenic mice reduced the xylazine/ketamine-induced anaesthesia, a test used to measure emetic potential in non-vomiting species (Robichaud *et al.*, 2002). Nevertheless, PDE4D NAMs and GEBR-7b proved to possess a therapeutic index much higher than rolipram, improving memory at doses devoid of undesired emetic effects. In fact, D159404 and D159687 did not reduce the duration of the xylazine/ketamine-induced anaesthesia in mice at doses 1000 times higher than those beneficial for cognition and were also 100 to 3000



**Figure 1**

The cAMP pathway to memory. At the hippocampal level, salient stimuli to be stored in long-term memory, trigger the cAMP/PKA/CREB-dependent phase of late long-term potentiation (LTP). Memory deficits can be prevented by enhancing cAMP intracellular levels using PDE4D inhibitors or negative allosteric modulators (NAMs).

less potent as an emetic than rolipram in vomiting species (Burgin *et al.*, 2010). The absence of emetic adverse effects at pro-cognitive doses was also confirmed in non-human primates (Sutcliffe *et al.*, 2014). Similarly, GEBR-7b did not show emetic-like effects in mice and rats at doses up to 100–300 times higher than the pro-cognitive ones, as evaluated using two different tests, the xylazine/ketamine test in mice and the taste reactivity test in rats (Bruno *et al.*, 2011).

Thus, it emerges that a tailored inhibition of PDE4D activity can be achieved with selective modulators/inhibitors, which could, therefore, represent successful therapeutic agents without unwanted side effects. As a proof of concept, second generation PDE4 inhibitors, possessing selectivity for different isoforms, are much better tolerated than rolipram in humans, as indicated by clinical studies regarding asthma, inflammation and chronic obstructive pulmonary disease (COPD; Bruno *et al.*, 2014; Gurney *et al.*, 2015). Indeed, a more favourable therapeutic index has recently led to the approval of the first orally active PDE4 inhibitors roflumilast and apremilast for the treatment of COPD and psoriatic arthritis respectively.

Taken together, these results demonstrate the strategic role of PDE4D in the modulation of cognitive processes and indicate this enzyme isoform as a suitable molecular target to counteract memory deficits in a variety of pathological conditions, such as Alzheimer's disease. Will this be enough to remember? Of course, only controlled clinical trials on selective PDE4D inhibitors can answer this question, and it is hoped that such drugs will soon be available for human studies.

## Acknowledgement

We thank the University of Genoa for financial support.

## Conflict of interest

Authors declare patent application EP 14425015.6–1452 for selective PDE4D inhibitors.

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