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Author manuscript

*Bioconjug Chem.* Author manuscript; available in PMC 2015 October 30.

Published in final edited form as:

*Bioconjug Chem.* 2015 July 15; 26(7): 1314–1327. doi:10.1021/bc5005203.

## Magnetofection Mediated Transient NANOG Overexpression Enhances Proliferation and Myogenic Differentiation of Human Hair Follicle Derived Mesenchymal Stem Cells

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### Abstract

We used magnetofection (MF) to achieve high transfection efficiency into human mesenchymal stem cells (MSCs). A custom-made magnet array, matching well-to-well to a 24-well plate, was generated and characterized. Theoretical predictions of magnetic force distribution within each well demonstrated that there was no magnetic field interference among magnets in adjacent wells. An optimized protocol for efficient gene delivery to human hair follicle derived MSCs (hHF-MSCs) was established using an *egfp*-encoding plasmid, reaching approximately ~50% transfection efficiency without significant cytotoxicity. Then we applied the optimized MF protocol to express the pluripotency-associated transcription factor NANOG, which was previously shown to reverse the effects of organismal aging on MSC proliferation and myogenic differentiation capacity. Indeed, MF-mediated NANOG delivery increased proliferation and enhanced the differentiation of hHF-MSCs into smooth muscle cells (SMCs). Collectively, our results show that MF can achieve high levels of gene delivery to MSCs and, therefore, may be employed to moderate or reverse the effects of cellular senescence or reprogram cells to the pluripotent state without permanent genetic modification.

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#### Supporting Information

An image of our custom-made magnet array and the results of magnetofection optimization for 293T cells. This material is available free of charge via the Internet at <http://pubs.acs.org>.

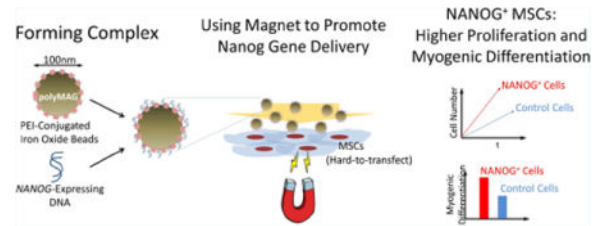
#### Author Contributions

Seoyoung Son and Mao-Shih Liang contributed to this work equally.

#### Notes

The authors declare no competing financial interest.

## Graphical abstract



## INTRODUCTION

Mesenchymal Stem Cells (MSCs) have the potential to differentiate into multiple lineages including osteocytes, chondrocytes, adipocytes, and myocytes. They can be isolated from various autologous sources such as bone marrow,<sup>1</sup> adipose tissue,<sup>2</sup> or hair follicle.<sup>3–6</sup> In addition, the immune-privilege and paracrine effects of MSCs are great advantages for many regenerative medicine applications.<sup>7–9</sup> However, donor aging and culture senescence reduce the proliferation and differentiation potential of MSCs significantly, limiting their culture time to about 8–10 passages and preventing their expandability to the large cell numbers required for cellular therapies.<sup>10–14</sup> This is a major concern, as the patients mostly in need for cellular therapies are elderly.

NANOG is a divergent homeodomain transcription factor that is necessary to maintain embryonic stem cell (ESC) pluripotency and self-renewal in synergy with OCT4 and SOX2.<sup>15,16</sup> Whereas ectopic expression of NANOG enhanced proliferation of NIH-3T3<sup>17,18</sup> or bone marrow derived (BM)-MSCs,<sup>19–21</sup> the effects of NANOG on differentiation are unclear and context-dependent. Terminal differentiation of myogenic progenitors into muscle was not affected by NANOG expression but transdifferentiation into osteocytes was impaired.<sup>22</sup> Interestingly, coexpressing NANOG and OCT4 lowered the efficacy of myoblast progenitor terminal differentiation.<sup>23</sup> On the other hand, in human BM-MSCs, ectopic expression of NANOG enhanced chondrogenesis and osteogenesis but inhibited adipogenesis.<sup>19,20</sup> Our group previously demonstrated that ectopic expression of NANOG in adult MSCs using lentivirus enhanced MSC proliferation and completely restored the diminished myogenic differentiation potential, as evidenced by expression of SMC marker proteins and contractile function.<sup>21</sup> These data suggest that ectopic expression of NANOG may be employed as a strategy to overcome the effects of cellular senescence, either due to aging or extensive in vitro culturing, thereby increasing the potential of MSCs for use in regenerative medicine.

Despite these promising results, using lentivirus has some drawbacks including permanent integration of lentiviral vector into the target cell genome, which increases the likelihood of activating oncogenes or inactivating tumor suppressor genes,<sup>24</sup> thereby hampering clinical applications. This prompted us to seek alternative strategies to overexpress NANOG in MSCs. Although nonviral delivery of plasmid DNA into cells is considered safer,<sup>25</sup> the efficiency of gene transfer into difficult-to-transfect cells such as MSCs is very low.<sup>26</sup> Several strategies have been proposed to enhance the transfection efficiency in primary cells including MSCs such as using cationic liposome based methods, e.g., Lipofectamine 2000,<sup>27</sup>

Fugene6, or PEI,<sup>28</sup> but some of them suffer from cytotoxic effects and their efficiency remains cell type dependent.

On the other hand, physical methods may be used to enhance gene transfer efficiency. In particular, magnetofection (MF) uses magnetic nanoparticles (MPs) to form complexes with DNA, and then shuffle the DNA toward the cells in the presence of magnetic force, thereby significantly increasing the transfection efficiency. This simple method has been shown to yield higher transfection efficiency both in vitro and in vivo.<sup>29,30</sup> Different MP surface modifications including cell penetrating peptide (CPPs)<sup>31</sup> or endosomal escaping reagents (e.g., PEI) have also been proposed for further enhancement of MF efficiency.<sup>32</sup> Although MF demonstrated dose-dependent toxicity on cells, using suitable MP:DNA ratios and proper magnetic field intensities/exposure times can decrease the detrimental impacts of MF on cells,<sup>33</sup> resulting in successful transfection to stem cells and other difficult-to-transfect cells such as human endothelial cells,<sup>29,34,35</sup> neural stem cells,<sup>36,37</sup> neurons,<sup>38,39</sup> and other primary cell types.<sup>40</sup>

In this study, we hypothesized that MF may be employed for efficient gene transfer to MSCs, enabling ectopic expression of NANOG to levels necessary to promote proliferation and enhance the differentiation potential into smooth muscle cells (SMCs). To this end, an effective MF protocol was established using an *egfp*-encoding plasmid for gene transfer to human hair follicle derived mesenchymal stem cells (hHF-MSCs), a relatively easily accessible source of stem cells. Unlike epidermal stem cells that originated from the epidermal compartment of the hair follicle, these cells were derived from the dermal papilla or dermal sheath and have been shown to be able to differentiate into bone, cartilage, fat, and SMCs under proper differentiation conditions.<sup>3-6,41-43</sup> The optimization parameters included the MP:DNA ratio, the duration of MP:DNA complex incubation with cells, and the number of MF applications. The optimal MF protocol was then employed to deliver *NANOG*-encoding plasmid and to investigate its effects on proliferation and myogenic differentiation of hHF-MSCs.

## RESULTS

### Magnetic Field and Force Analysis

To perform magnetofection (MF), cells were seeded in a 24-well tissue culture plate overnight, followed by addition of the transfection complex. Subsequently, the plate was aligned with a custom-designed magnetic plate containing an array of 24 cylindrical rare-earth magnets, which matched well-to-well to a 24-well plate (Figure S1). Each magnet produces a nonuniform magnetic field exerting an attractive force on magnetic nanoparticles within each respective cell culture well. Based on the dimensions and properties of the magnets (see Experimental Procedures), the magnetic field produced by these structures was characterized (Figure 1A). It is noteworthy that when using our theoretical model to back-calculate the intensity of the magnetic field,  $\mathbf{B}_r$ ,<sup>44-46</sup> it resulted in a value of 1.26 T, which was very close to the maximum remnant magnetization value of 1.28 T. This indicated that the magnets were essentially magnetized to saturation. The measured field components  $\mathbf{B}_x$ ,  $\mathbf{B}_y$ , and  $\mathbf{B}_z$  on different planes above the magnet are also shown (Figure 1A). The theoretical field predictions are in excellent agreement with the measured data as demonstrated in

Figure 1B, which shows both sets of data for  $\mathbf{B}_z$  over a 24 mm  $\times$  24 mm square area at distance  $z = 1$  mm above the magnet.

Next, the force experienced by the magnetic particles was determined by using eqs 1–3 (see Experimental Procedures). The radial and axial force components  $\mathbf{F}_{mr}$  and  $\mathbf{F}_{mz}$  on the particle were plotted along a line that spans the diameter of the magnet. It should be noted that these forces are axisymmetric due to the cylindrical symmetry of the magnet, and hence  $\mathbf{F}_{mr}$  and  $\mathbf{F}_{mz}$  (Figure 2A) were displayed here in a cross-sectional view as a function of normalized distance  $x/\mathbf{R}_m$  from the center of the magnet. Note that the magnetic force on the particle is on the order of femto-Newtons (fN). It is instructive to compare field-directed particle transport with Brownian motion. To this end, we compare the magnetic energy expended in moving a particle a distance equal to its diameter ( $\mathbf{D}_p$ ), i.e.,  $\mathbf{E}_{\text{mag}} = \mathbf{F}_{\text{mag}} \cdot \mathbf{D}_p$ , with the thermal energy,  $kT$ . For this analysis we use the average magnetic force 1 mm above the magnet (Figure 2A) and find that, near the magnet,  $\mathbf{E}_{\text{mag}}$  is on the same order as  $kT$ . Thus, particles close to the magnet will be captured and the concentration gradient that results will accelerate the downward diffusion of more distant particles, which will ultimately be captured as well. Moreover, the particles can aggregate into clusters during transport due to attractive dipole–dipole interactions. This would result in accelerated capture due to a stronger effective magnetic force on the particle cluster.

Finally, a surface plot of  $\mathbf{F}_{mz}$  at  $z = 1$  mm above the entire array of 24 magnets is shown in Figure 2B. This analysis shows that there is negligible overlap in the forces of neighboring magnets, i.e., the magnetic field of a given magnet does not impact particle motion in the neighboring wells.

### **MF<sub>293T</sub> Significantly Improved Gene Delivery Efficiency in 293T Cells but Had Detrimental Effects on MSCs**

First, we used 293T cells to develop an MF protocol for efficient gene transfer to target cells. After a series of optimization steps, we derived a protocol that resulted in almost 100% transfected cells and significant enhancement in transgene copies delivered to cells, as evidenced by increased green fluorescence intensity (GFI) (Figure S2). Briefly, 0.5:2 ( $\mu\text{g}$  of magnetic particles (MPs): $\mu\text{g}$  of DNA) were first mixed in serum free DMEM for 20 min to allow MP:DNA complex formation before applying on top of each well of 293T cells that were cultured in DMEM supplemented with 10% FBS. Subsequently, the magnetic field was applied under the cells for 20 min followed by 20 h of incubation at 37 °C before replenishing with fresh medium. One day later, the cells were ready for analysis (Figure 3A). Our data demonstrated that the optimized MF<sub>293T</sub> protocol significantly enhanced the percentage of transfected cells as well as the number of gene copies per cell as compared to the conventional calcium phosphate precipitation method (CP) (Figure 3B). The percentage of EGFP+ cells increased significantly from  $83.42 \pm 4.66\%$  with CP to  $99.60 \pm 0.64\%$  with MF<sub>293T</sub> ( $p < 0.05$ ,  $n = 3$ ) and the GFI was enhanced by  $9.47 \pm 2.0$ -fold ( $p < 0.05$ ,  $n = 3$ ) from  $53.63 \pm 9.0$  with CP to  $507.96 \pm 56.2$  with MF<sub>293T</sub>. Fluorescence images further supported these data (Figure 3C).

Next, we applied the same MF protocol to deliver the *egfp* gene into human hair follicle MSCs (hHF-MSCs). As shown in Figure 4, the percentage of EGFP+ cells was significantly

lower ( $36.66 \pm 1.25\%$ ) (Figure 4A) and cytotoxicity was high ( $74.36 \pm 3.96\%$  cell death among transfected cells,  $p < 0.05$  compared to nontreated cells,  $n = 3$ ; Figure 4B). Toxicity was the result of treatment with the MP:DNA complexes, as neither MP nor DNA treatment alone resulted in significant cell death (Figure 4B,C). These observations prompted us to seek ways to optimize the MF protocol for hHF-MSCs.

### Effects of MP:DNA Ratios on Transfection Efficiency and MSC Viability

Due to the toxicity and low transfection efficiency observed in hHF-MSCs, the MF protocol required further optimization. First, the medium used for MP:DNA complex formation was switched from serum-free DMEM to OPTI-MEM, a medium that was formulated for enhanced transfection. Consequently, we observed higher GFI (Figure 5A) and lower toxicity (Figure 5B). Then, we examined the effects of the MP:DNA ratio on transfection efficiency and toxicity of hHF-MSCs. We found that, for each amount of MP (0.3, 0.4, or 0.5  $\mu\text{g}$ ), increasing the amount of DNA in each well increased the transfection in a dose dependent manner (MP = 0.3  $\mu\text{g}$ :  $9.07 \pm 0.50$  to  $17.6 \pm 2.76\%$  EGFP+ cells; MP = 0.4  $\mu\text{g}$ :  $12.49 \pm 1.04$  to  $25.5 \pm 2.78\%$  EGFP+ cells; MP = 0.5  $\mu\text{g}$ :  $20.62 \pm 1.34$  to  $29.06 \pm 0.76\%$  EGFP+ cells; Figure 5C). However, for each amount of MP the cytotoxicity also increased with increasing DNA concentration, and it was highest at the highest MP and DNA amount (Figure 5D). Therefore, we selected the 0.3  $\mu\text{g}$ :0.3  $\mu\text{g}$  MP:DNA ratio for further optimization as it exhibited very low toxicity (cell viability:  $96.25 \pm 0.2\%$  as compared to  $96.02 \pm 0.4\%$  for nontreated cells), albeit at the expense of the transfection efficiency ( $9.07 \pm 0.50\%$ ).

### Multiple Magnetofection Significantly Increased MSC Transfection Efficiency

Multiple transfection treatments (termed by some as multifection) using Lipofectamine<sup>47</sup> and NeuroMAG<sup>36</sup> was shown to increase transfection efficiency. Since viability was not compromised at the 0.3  $\mu\text{g}$ :0.3  $\mu\text{g}$  MP:DNA ratio, we hypothesized that repeated transfection treatments might increase transfection efficiency without compromising cell viability. To address this hypothesis, hHF-MSCs were treated with MP:DNA complexes at a ratio of 0.3  $\mu\text{g}$ :0.3  $\mu\text{g}$  for one, two, or three times (1 $\times$ , 2 $\times$ , or 3 $\times$ ) as shown in Figure 6A. To eliminate the difference in fluorescence expression observed due to different culture times, cells were kept in culture for a total of 5 days and then analyzed (Figure 6A). Repeated MF administration increased transfection efficiency significantly (Figure 6B) without increasing toxicity (Figure 6C). Compared to single MF, two or three applications increased the %EGFP+ cells by  $1.25 \pm 0.04$ -fold and  $1.40 \pm 0.24$ -fold, respectively, while GFI increased by  $1.08 \pm 0.06$ -fold and  $1.11 \pm 0.06$ -fold, respectively. Therefore, three administrations were employed in all subsequent experiments.

### Effects of Incubation Time on MF Efficiency

Further, we examined the effect of MP:DNA complex incubation time with the cells after application of the magnetic force (Figure 7A). Increasing MP:DNA incubation from 4 to 20 h enhanced the MF efficiency by  $3.18 \pm 0.60$ -fold to  $48.86 \pm 1.79\%$  EGFP+ cells ( $p < 0.05$ ,  $n = 3$ ) and GFI by  $1.75 \pm 0.12$ -fold ( $p < 0.05$ ,  $n = 3$ ) (Figure 7B). Representative flow

cytometry histograms for hHF-MSCs are shown (Figure 7C). It is also noteworthy that no toxicity was observed when compared to nontreated cells (Figure 7D).

Lipofectamine 2000 is widely used for DNA delivery to a variety of cell types. It has been shown that Lipofectamine 2000-mediated transfection (lipofection, LF) leads to more effective gene delivery to MSCs than other commercially available reagents such as FuGENE HD, Effecten, Superfect, and Polyfect.<sup>48</sup> Therefore, we compared the optimal MF protocol for hHF-MSCs (MF<sub>hHF</sub>) with three LF administrations. Notably, LF resulted in significantly lower transfection efficiency ( $31.56 \pm 5.77\%$  EGFP<sup>+</sup> cells,  $p < 0.05$ ,  $n = 3$ ; Figure 7E) and higher cell death ( $17.40 \pm 2.74\%$  dead cells,  $p < 0.05$ ,  $n = 3$ ; Figure 7F), as compared to MF<sub>hHF</sub>.

### Magnetofection Can Effectively Overexpress NANOG in hHF-MSCs

Recently, our laboratory showed that ectopic expression of the *NANOG* gene, using recombinant lentivirus, increased the proliferation and myogenic differentiation potential of MSCs, especially senescent MSCs. Here, we examined whether MF could effectively replace lentiviral gene delivery into mesenchymal cells. To this end, we used a vector in which *NANOG* expression was driven by the CMV promoter and followed by IRE-*egfp* to enable quantitation of the gene transfer efficiency using flow cytometry (Figure 8A). A vector without *NANOG* was used as negative control.

Application of three rounds of MF<sub>hHF</sub> (optimal protocol) resulted in ~50% EGFP<sup>+</sup> cells (Figure 8B). In addition, qRT-PCR showed that *NANOG* transfected cells expressed  $5.73 \pm 1.86$ -fold higher levels of *NANOG* mRNA as compared to cells transfected with control plasmid ( $p < 0.05$ ,  $n = 3$ ) (Figure 8C). Gel electrophoresis of the PCR product is shown in Figure 8D. *NANOG* protein production also increased as evidenced by Western blot analysis (Figure 8E). Immunocytochemistry illustrated that the *NANOG* protein was localized in the cell nucleus (Figure 8F), as expected.

To examine whether *NANOG* was biologically active, we transduced cells with a dual-promoter lentivirus<sup>49</sup> that was modified to encode for the *luciferase* gene under the *NANOG* Response Element/CMV minimal promoter (LVDP-*NANOG*-RE-CMV<sub>min</sub>, *NANOG*-RE: *NANOG*-binding DNA motif) and for the puromycin N-acetyl transferase gene under the hPGK promoter. After selection, the cells were transfected by the *NANOG*-expressing plasmid using the optimal MF<sub>hHF</sub> protocol. Notably, the luciferase activity increased significantly in *NANOG*-overexpressing hHF-MSCs as compared to control cells, suggesting that the *NANOG* protein was biologically active (Figure 8G).

### MF Mediated *NANOG* Expression Enhanced hHF-MSC Proliferation and Decreased Senescence

We have previously shown that donor aging and culture senescence decreased the proliferation and myogenic differentiation potential of MSCs. In addition, we showed that ectopic expression of *NANOG* using recombinant lentivirus increased proliferation and completely reversed the differentiation potential of MSCs into contractile SMC.<sup>21</sup> Based on

these results, we hypothesized that nonviral and, therefore, transient delivery of *NANOG* using  $MF_{hHF}$  could have similar effects on MSC proliferation and differentiation potential.

To this end, we employed the optimal  $MF_{hHF}$  protocol to transduce hHF with the *NANOG*-encoding plasmid and measured cell proliferation as well as expression of *p16<sup>INK4a</sup>*, a well-known cell cycle suppressor that is upregulated in senescent cells.<sup>50</sup> Interestingly,  $MF_{hHF}$  of *NANOG*-expressing plasmid decreased *p16<sup>INK4a</sup>* mRNA significantly as evidenced by RT-PCR and qRT-PCR (Figure 9A and B). Concomitantly, the hHF-MS C proliferation rate was enhanced. Specifically, the doubling time of *NANOG*-expressing cells decreased by approximately 18 h for 7 consecutive passages (28 days) (Figure 9C), indicating that ectopic *NANOG* overexpression using the optimal  $MF_{hHF}$  protocol promoted hHF-MS C proliferation.

### MF Mediated *NANOG* Expression Enhanced hHF-MS C Differentiation into Contractile SMC

We also tested whether  $MF_{hHF}$  with the *NANOG*-expressing plasmid increased the differentiation potential of hHF-MS Cs into SMC. Indeed, *NANOG*  $MF_{hHF}$  increased expression by 1.5- to 3.1-fold (Figure 10A) and improved filamentous organization of the early SMC marker protein,  $\alpha$ SMA (Figure 10B).

In addition, we tested whether *NANOG*  $MF_{hHF}$  increased the ability of MS Cs to generate contractile force using a hydrogel compaction assay. To this end, MF-control or MF-*NANOG* transfected hHF-MS Cs were embedded in fibrin gels ( $10^6$  cells/mL), and 1 h after polymerization, the gels were released from the well walls and allowed to compact. At the indicated times the area of each gel was measured using *ImageJ* and normalized to its initial area.

As shown in Figure 10C,D, *NANOG*-expressing cells increased both the initial rate as well as the final extent of gel compaction. Specifically, the initial rate of compaction ( $t = 15$  h) increased significantly with *NANOG*-expressing cells, as the gel area decreased from  $84.5 \pm 2.2\%$  to  $53.77 \pm 7.1\%$  ( $n = 3$ ,  $p < 0.05$ ) of their original gel area. Similarly, the final extent of compaction ( $t = 4$  days) decreased from  $72.0 \pm 2.3\%$  to  $54.7 \pm 2.4\%$  of their original gel area ( $n = 3$ ,  $p < 0.05$ ). Collectively, our results clearly indicate that MF-mediated delivery of *NANOG* enhanced proliferation and myogenic differentiation potential of MS Cs similarly to lentiviral gene delivery.

## DISCUSSION

Adult stem cells, in particular, MS Cs provide a promising cell source for regenerative medicine, as they are multipotent, nontumorigenic and immune-privileged, and have been used successfully in clinical trials.<sup>51-53</sup> However, MS Cs undergo senescence in culture and lose their proliferation capacity and multipotency, limiting their expansion to the large numbers necessary for regenerative medicine applications. We and others demonstrated that MS Cs from older donors exhibited significantly decreased proliferation and diminished myogenic differentiation potential.<sup>5,13</sup> Notably, ectopic expression of *NANOG* using recombinant lentivirus improved the proliferation and completely restored the impaired differentiation potential of senescent MS Cs.<sup>21</sup> However, random integration of lentivirus

sequences into the genome of target cells hinders their application in regenerative medicine.<sup>24</sup> To overcome this concern, we employed MF to deliver genes into MSCs in a highly efficient yet nonviral means.

Nanoparticles have shown promising results in biomolecule delivery into cells or tissues. In particular, iron oxide magnetic particles (MPs), such as magnetite  $\text{Fe}_3\text{O}_4$ , show high potential for transfection applications because (1) they are biocompatible,<sup>54</sup> as shown by lack of toxicity after in vivo administration of iron oxide MPs into rats or dogs,<sup>55</sup> and (2) iron oxide MPs exhibit superparamagnetic behavior. MPs are magnetized only upon application of a magnetic field, thereby enabling local delivery to the site of interest. In addition, MF has shown improved transfection efficiency as compared to traditional nonviral transfection methods, such as Lipofectamine 2000 and calcium phosphate precipitation.<sup>56</sup> MF has been shown to be effective with some primary cells such as human endothelial cells,<sup>29,34,35</sup> neural stem cells,<sup>36,37</sup> neurons,<sup>38,39</sup> and fibroblasts,<sup>40</sup> suggesting that MF might be effective in delivering genes into MSCs as well.

To address this hypothesis, we employed a commercially available MP that comprises an iron oxide magnetite decorated with PEI-derivate (PolyMAG). PEI can bind negatively charged DNA and trigger endosomal escape, perhaps due to the proton sponge effect, thereby promoting efficient gene delivery.<sup>57,58</sup> After optimization, MF to 293T cells (MF<sub>293T</sub>) enhanced gene delivery by approximately 10-fold as compared to the traditional calcium phosphate precipitation method. Despite its effectiveness, MF<sub>293T</sub> had detrimental effects on hHF-MSC viability, in agreement with previous studies showing that different cell types may exhibit different levels of toxicity in response to MP.<sup>59</sup> Interestingly, it was the combination of MP with plasmid DNA that induced cellular toxicity, as neither the plasmid DNA nor the MP alone in the presence or absence of magnetic field caused cytotoxicity.

One possible explanation for high cytotoxic effects may be that higher levels of MP and DNA led to the formation of larger MP:DNA complexes. Upon application of the magnetic field these complexes might have caused cell death either by disrupting the cellular membranes or by leading to high levels of MP and DNA uptake in short times (high uptake rates). Interestingly, the “safe dose” of MP:DNA complexes that could be tolerated very well by MSCs was 0.3  $\mu\text{g}$ :0.3  $\mu\text{g}$ . At the time of the first magnetofection, there were  $\sim 1 \times 10^5$  cells. Hence, this corresponds to a “safe dose” of 3 pg MP:3 pg DNA per cell. With a concentration of  $1.375 \times 10^{14}$  particles/mL the optimal mixture contained  $\sim 4 \times 10^{10}$  MPs and  $\sim 2.5 \times 10^{10}$  DNA molecules (using 11 kb as plasmid length and average molecular weight per base of 650 Da). This is in contrast to the highly toxic mixture (0.5  $\mu\text{g}$  MP:2  $\mu\text{g}$  DNA), which contained  $\sim 6.9 \times 10^{10}$  MPs and  $\sim 1.68 \times 10^{11}$  DNA molecules. This calculation suggests that the source of toxicity might be the high amounts of MPs and especially DNA delivered to the target cells in short times.

On the other hand, multiple exposures of cells to the safe MP:DNA dose (multifection) increased transfection efficiency with no significant increase in cell death. However, after the first round of MF, hHF-MSCs became resistant to further gene delivery as shown by the small improvement in the number of transfected cells and GFI after each additional round of MF. This could be due to a large number of complexes that had accumulated on the cell



surface, preventing further accumulation of MP:DNA complexes. Indeed, when incubation of MP:DNA complexes with hHF-MSCs was prolonged from 4 to 20 h before the next application, transfection efficiency improved significantly without increasing cytotoxicity. This result suggested that, while the magnetic field might bring the MP:DNA complexes to the cells surface quickly, efficient uptake may require longer times. In the end, despite the additional time required to achieve maximum gene transfer, the optimized MF protocol yielded about 50% transfected hHF-MSCs with minimal toxicity, showing that, under optimal conditions, using MF for gene delivery is more effective and less toxic than the commercially available Lipofectamine 2000.

These results suggested that MF provides a promising alternative to deliver genes to MSCs without the safety concerns associated with viral-mediated gene delivery. In fact, we found that MF-mediated NANOG delivery had significant effects on the myogenic differentiation potential of MSCs similar to lentiviral gene transfer. Therefore, MF may provide a more clinically relevant approach to reverse MSC senescence without permanent genetic modification or reprogramming to the pluripotent state. On the other hand, efficient and nontoxic gene delivery strategies such as MF may also have applications in the field of cellular reprogramming without the long-term effects of lentiviral integration into the genome of induced pluripotent stem cells.

## CONCLUSION

In summary, this study demonstrated that magnetofection is a promising tool for efficient DNA delivery into hHF-MSCs without detrimental cytotoxic effects. Using our optimized protocol, NANOG was successfully overexpressed in hHF-MSCs, leading to enhanced proliferation, SMC gene expression, and contractility. Therefore, MF<sub>hHF</sub> has the potential to deliver therapeutic genes to MSCs for cellular reprogramming, regenerative medicine and gene therapy without the safety concerns associated with viral-based gene delivery strategies.

## EXPERIMENTAL PROCEDURES

### Plasmids and Cell Cultures

pcDNA3.1-*egfp* was generated for magnetofection (MF) optimization. First, the *egfp* sequence was extracted from pCS-6*Hegfp*-IRES-*puro* using PCR (Table 1). Subsequently, the PCR product was inserted into pcDNA3.1 (Invitrogen, Carlsbad, CA). pCS-*NANOG*-IRES-*egfp* plasmid was used for NANOG overexpression. The *NANOG* DNA sequence was taken from pSIN-EF2-*NANOG*-*puro* (Addgene, Cambridge, MA) using PCR (Table 1). A Kozak sequence was introduced right before the *NANOG* sequence for enhanced transcription. Subsequently, this PCR product was inserted between NheI and AgeI of the lentiviral vector pCS-mcs-IRES-*egfp* that was previously established in our laboratory.<sup>60</sup> Plasmid DNA was purified using the NucleoBond Xtra Midi Kit (Macherey-Nagel, Bethlehem, PA).

293T cells were cultured in Dulbecco's modified Eagle's medium (DMEM; Gibco, Grand Island, NY), supplemented with 10% (v/v) fetal bovine serum (FBS; Gibco). hHF-MSCs

were isolated as described previously<sup>3,4</sup> and were cultured in growth medium (DMEM containing 10% (v/v) MSC qualified FBS (GIBCO) supplemented with 1 ng/mL basic fibroblast growth factor (bFGF; BD Biosciences, San Jose, CA)). The culture medium was replenished every other day unless otherwise indicated.

### Magnetofection (MF) Optimization

One day before MF treatment,  $5 \times 10^5$  293T cells/well or  $6.5 \times 10^4$  hHF-MSCs/well were seeded in 24-well tissue culture treated plates. For 293T cells, the optimization factors include magnetic nano-particles (MP, polyMAG, 100 nm, weight per volume = 1 mg/mL, Chemicell, Berlin, Germany) -to-DNA ratio, serum supplement, magnet exposure time, and the time that MP:DNA complexes were allowed to incubate with the cells following the removal of the magnetic field. The magnet used in this study was a Neodymium–iron–boron (NdFeB) permanent magnet (13 200 G, CMS Magnetics, TX). For hHF-MSCs, the effects of medium, MP:DNA ratio, number of MF applications (multifection), and MP:DNA complex incubation time with cells were evaluated. Flow cytometry was used to determine the transfection efficiency (see below). Cellular toxicity was determined by counting the total cell number and the percentage of cells with compromised membrane (see Cell Count for details).

The optimized protocols were compared with conventional transfection methods. For the optimized MF protocol for 293T cells (MF<sub>293T</sub>), calcium phosphate precipitation (CP) was used for comparison. For the optimized magnetofection protocol for hHF-MSCs (MF<sub>hHF</sub>), the commercially available transfection agent Lipofectamine 2000 (Life Technologies, Grand Island, NY) was used for comparison. Briefly, cells were transfected using Lipofectamine 3 times for a fair comparison of gene transfer efficiency between Lipofectamine-mediated transfection and the optimized MF protocol. For each transfection, 0.3  $\mu$ L of Lipofectamine 2000 was mixed with 0.3  $\mu$ g of DNA and used to transfect cells according to the manufacturer's suggestion.

### Flow Cytometry

Transfected cells were trypsinized, resuspended in PBS, and analyzed for transfection efficiency (%EGFP+ cells) and fluorescence intensity (GFI) using flow cytometer (FACSCalibur; Becton Dickinson, San Jose, California) as described previously.<sup>61</sup>

### Cell Count

After MF treatment, cells were trypsinized and stained with 0.2% Trypan blue (Gibco). The number of membrane-compromised cells (Trypan blue positive cells) and the total number of cells were determined using a hemacytometer. The extent of cytotoxicity is reported as the percentage of Trypan blue positive cells. To examine the proliferation of cells after MF, 1 day after the optimal MF process, transfected hHF-MSCs were seeded (3000 cells/cm<sup>2</sup>) in triplicate wells and medium was replenished every other day. On the fourth day and every 4 days thereafter for a total of 28 days, cells were counted and replated at 3000 cells/cm<sup>2</sup>. The number of population doublings was calculated assuming geometric growth.

## RNA Isolation and cDNA Synthesis

Total RNA was isolated using RNeasy Mini kit (Qiagen, Germantown, MD) according to the manufacturer's instructions. The amount of RNA was quantified using a spectrophotometer (BIO-RAD Laboratories, Hercules, CA). First strand cDNA was synthesized using QuantiTect Reverse Transcription Kit (Qiagen) per manufacturer's protocol.

## Quantitative Real Time PCR

To determine the gene expression level after MF treatment, quantitative real time PCR was performed using iCycler (BIO-RAD) with the SYBR Green Kit (Bio-Rad) according to manufacturer's instructions (see Table 2 for primer sets). The expression level of each mRNA was normalized to the expression level of the housekeeping gene, *RPL32*. The normalized values were further normalized to the value of nontransfected (control) cells. The specificity of each product was verified by gel electrophoresis through a 1% (w/v) agarose gel.

## Immunostaining

Immunostaining was performed as described previously.<sup>5</sup> Briefly, 1 day post transfection, hHF-MSCs were trypsinized and split equally onto 4 glass slides. To verify for the presence of NANOG, cells were cultured under growth conditions for 2 days. For detection of  $\alpha$ SMA, cells were cultured in myogenic differentiation medium (DMEM + 10% (v/v) MSC qualified FBS + 2 ng/mL transforming growth factor- $\beta$ 1 (TGF- $\beta$ 1; BioLegend, San Diego, CA) for 4 days with medium changed every other day. Then, cells were fixed in 4% (v/v) paraformaldehyde and permeabilized with 0.1% (v/v) Triton X-100 in PBS. Subsequently, they were blocked with 10% (v/v) goat serum in PBS for at least 2 h and continuously incubated at 4 °C overnight with a mouse anti-human NANOG antibody (1:200 in blocking buffer, BD Biosciences Pharmingen, San Diego, CA) or a mouse anti-human smooth muscle  $\alpha$ SMA antibody (1:200 in blocking buffer, Sigma-Aldrich, St. Louis, MO). On the following day, the cells were incubated with Alexa Fluor 594-conjugated goat anti-mouse secondary antibody (1:200 in blocking buffer; 1 h at RT), and then counterstained with Hoechst nuclear dye (1:400 in PBS; 5 min at RT; Sigma-Aldrich). Samples were imaged with Zeiss Axio Observer.Z1 fluorescence microscope (Carl Zeiss, Thornwood, NY) equipped with a digital camera (ORCA-ERC4742-80; Hamamatsu, Bridgewater, NJ).

## Western Blot (WB)

Cell lysates were subjected to WB analysis as described previously<sup>61,62</sup> using the following antibodies that were diluted in 5% (w/v) BSA in TBST buffer: NANOG (1:1000; BD Biosciences, San Jose, CA) and  $\alpha$ SMA (1:1000, Serotec, Raleigh, NC). The intensity of the bands was quantified using *ImageJ* (v 1.48, National Institute of Health, Bethesda, MD).

## Luciferase Assay

HF-MSCs were transduced with a lentiviral dual-promoter reporter modified from our previously developed constructs (LVDP).<sup>49,63</sup> In this construct, the constitutive human PGK promoter drives the expression of the *pac* (puromycin N-acetyl transferase) gene and confers

the cells with puromycin resistance. The NANOG binding nucleotide sequence (NANOG response element: NANOG-RE) followed by the CMV<sub>min</sub> promoter controls expression of the firefly *luciferase* gene. After selection in 1 µg/mL puromycin for 4 days, cells were transfected with the NANOG-encoding or control plasmid using MF<sub>HF</sub>. At the end of MF<sub>HF</sub> the activity of luciferase was measured using a commercial kit (Dual-Luciferase Reporter Assay System, Promega, Madison, WI) according to the manufacturer's instructions. Luminescence was detected by Synergy HT microplate reader (Biotek, Winooski, VT).

### Fibrin Gel Compaction Assay

Fibrin gel compaction assay was previously described.<sup>3</sup> Briefly, 1 mL fibrin gel containing  $1 \times 10^6$  cells, 2.5 mL fibrinogen, and 2.5U/mL thrombin was polymerized in a BSA-coated well in a 24-well plate at 37 °C for 1 h. Subsequently, the gel was released from the wall of each well and 1 mL of medium was added. Thereafter, fresh medium was replenished daily. The culture medium was DMEM supplemented with 10% (v/v) FBS, and  $\epsilon$ -amino-*n*-caproic acid (2 mg/mL; Sigma–Aldrich). The gels were photographed by a digital camera (UVP, Upland, CA) at the indicated times. The gel area ( $A$ ) was determined using *ImageJ*, normalized to the initial gel area ( $A_0$ ), and the ratio ( $A/A_0$ ) was plotted as a function of time.

### Magnetic Force and Magnetic Field Analysis

The magnets used for MF are cylindrical rare-earth magnets of 0.625 in (15.88 mm) in diameter and 0.5 in (12.7 mm) in height. They were made from grade 42N neodymium iron boron (NdFeB), which has a maximum remnant magnetization of  $\mathbf{B}_r = 1.28$  T. The magnetic field produced by these structures was characterized using a 3D magnetic field mapping instrument, the MMS-1-R from SENIS GmbH ([www.senis.ch](http://www.senis.ch)). A three-dimensional probe was used to scan the magnetic field at  $z = 1$  mm above the upper surface of magnet with 1 mm resolution in the  $x$ - $y$  plane. In addition, the field and force provided by the magnets were predicted using computational models as described previously.<sup>44–46</sup> The operating point of the magnets, i.e., their residual magnetization, was determined by measuring the axial field  $\mathbf{B}_z$  at  $z = 1$  mm above the center of the magnet, which is in close proximity to the cells at the bottom of the culture well, and then using this in the computational models to back-calculate  $\mathbf{B}_r$ .

The force on the particles was predicted using an “effective” dipole moment approach in which a magnetized particle was replaced by an “equivalent” point dipole with a moment  $\mathbf{m}_{p,\text{eff}}$ , i.e.

$$\mathbf{F}_m = \mu_f (\mathbf{m}_{p,\text{eff}} \bullet \nabla) \mathbf{H}_a \quad (1)$$

where  $\mu_f$  is the permeability of the fluid and  $\mathbf{H}_a$  is the applied magnetic field intensity at the center of the particle. The moment is given by  $\mathbf{m}_{p,\text{eff}} = V_p M_p$  where  $V_p = 4/3 \pi R_p^3$  and  $M_p$  are the volume and magnetization of the particle, respectively. The moment can be determined using a magnetization model that takes into account self-demagnetization and magnetic saturation of the particles<sup>64,65</sup>

$$\mathbf{m}_{p,\text{eff}} = V_p f(H_a) \mathbf{H}_a \quad (2)$$

where

$$f(H_a) = \begin{cases} \frac{3(\chi_p - \chi_f)}{(\chi_p + 2\chi_f) + 3} & H_a < \left( \frac{(\chi_p + 2\chi_f) + 3}{3(\chi_p - \chi_f)} \right) M_{sp} \\ M_{sp}/H_a & H_a \geq \left( \frac{(\chi_p + 2\chi_f) + 3}{3(\chi_p - \chi_f)} \right) M_{sp} \end{cases} \quad (3)$$

In this expression,  $\chi_f$  is the susceptibility of the fluid,  $\chi_p$  is the intrinsic magnetic susceptibility of the particle, and  $M_{sp}$  is the saturation magnetization of the particle. The particles used in this study were the PolyMAG particles (100 nm in diameter) from Chemicell Corp.; however, the magnetic properties of these particles have not been reported in the literature. Based on data provided by the manufacturer (private communication), the magnetic core of a typical 100 nm PolyMAG particle is not an ideal sphere but rather an irregularly shaped spheroidal-like structure, which has an average diameter that ranges from 65 to 85 nm. The core contains a compact cluster of several single domain  $\text{Fe}_3\text{O}_4$  nanoparticles approximately 8 to 13 nm in diameter. According to the manufacturer, the magnetic properties of the particles are essentially the same as those of the fluidMAG-D (hydrodynamic diameter 100 nm). The weight per volume of the particles is 25 mg/mL and number of 100 nm particles per gram is  $1.8 \times 10^{15}/\text{g}$ . Thus, the number of such particles per volume is  $4.5 \times 10^{19}/\text{m}^3$ , which represents a volume fraction of  $\phi_p = 2.356\%$ . The saturation magnetization of fluidMAG-D is reported to be  $\mathbf{M}_{s,\text{fluid}} = 2.9 \times 10^3$  A/m. It follows that the saturation magnetization of an individual PolyMAG particle is  $\mathbf{M}_{sp} = \mathbf{M}_{s,\text{fluid}}/\phi_p = 1.23 \times 10^5$  A/m. The intrinsic susceptibility of the particles is  $\chi_p = (3\chi_a)/(3 - \chi_a) = 0.59$  where  $\chi_a$  is the apparent susceptibility of the particles, which was determined from the fluidMAG-D magnetization curve.

### Statistical Analysis

All experiments were performed three times with triplicate samples for each condition. Pairwise comparison was analyzed by two-tailed Student *t*-test and the data was considered statistically different when  $p < 0.05$ .

### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

### Acknowledgments

This work was supported by a grant from the National Institutes of Health (R01 HL086582) to S.T.A.

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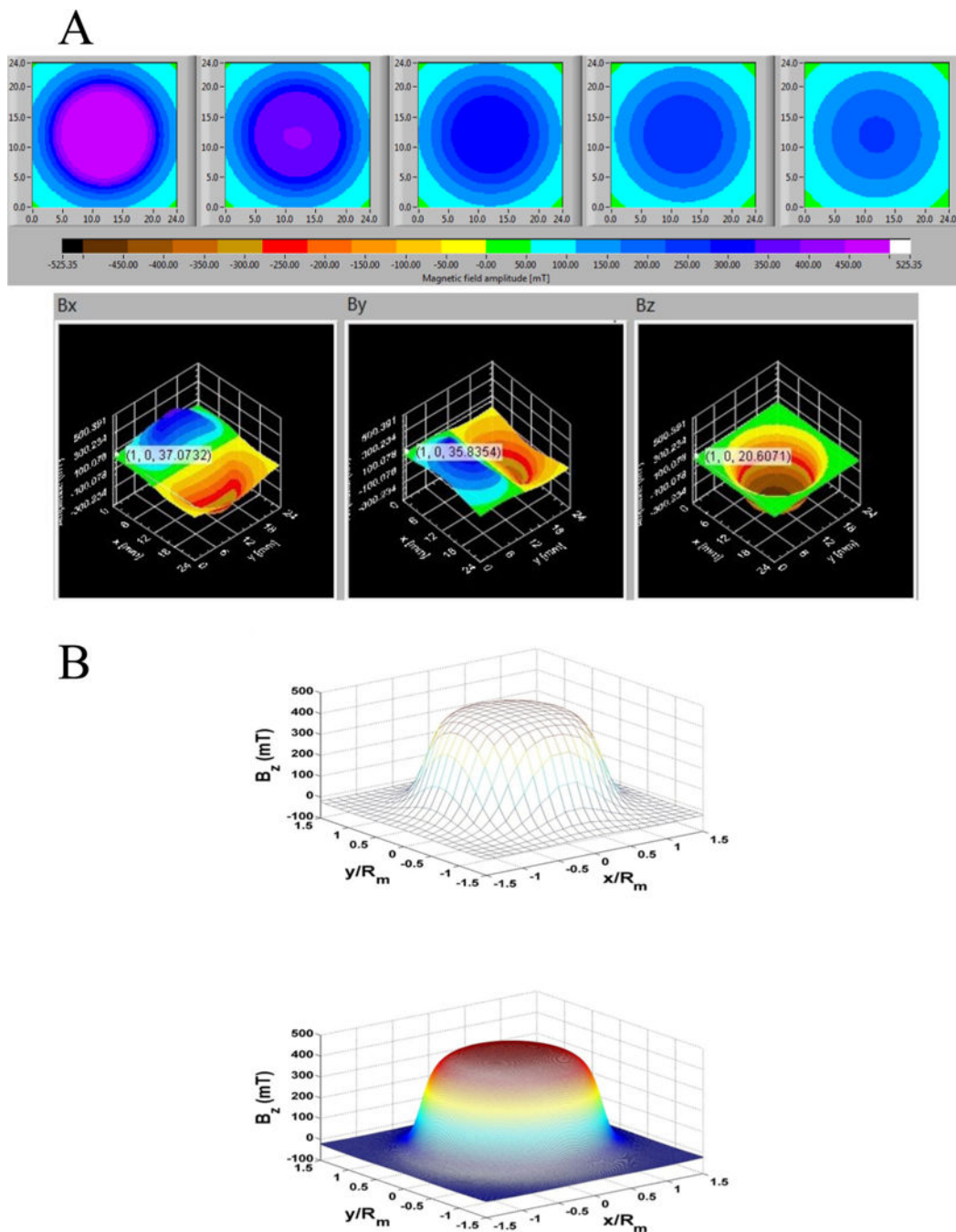
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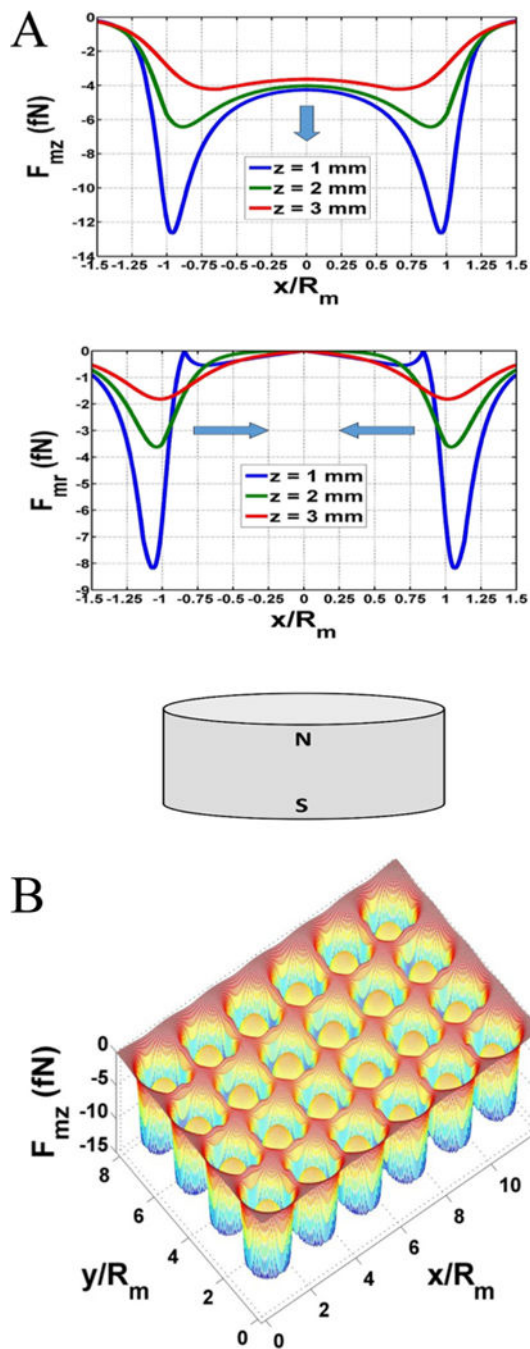
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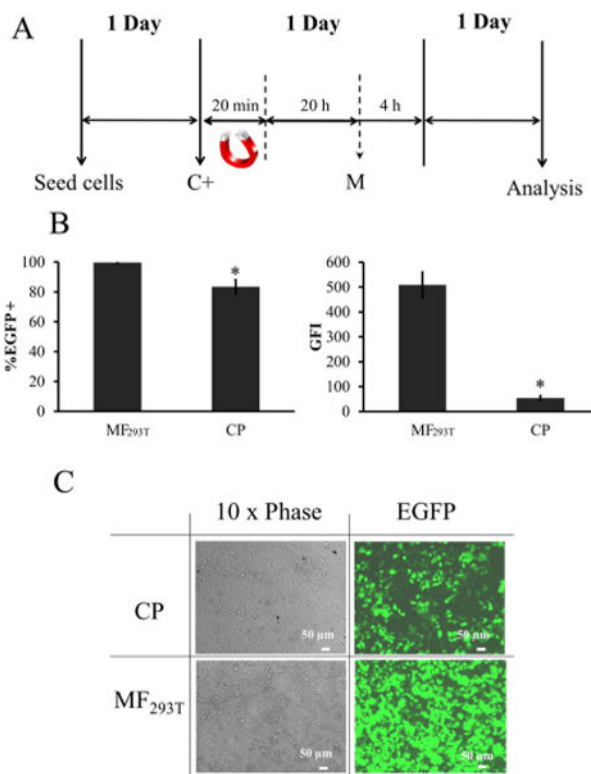
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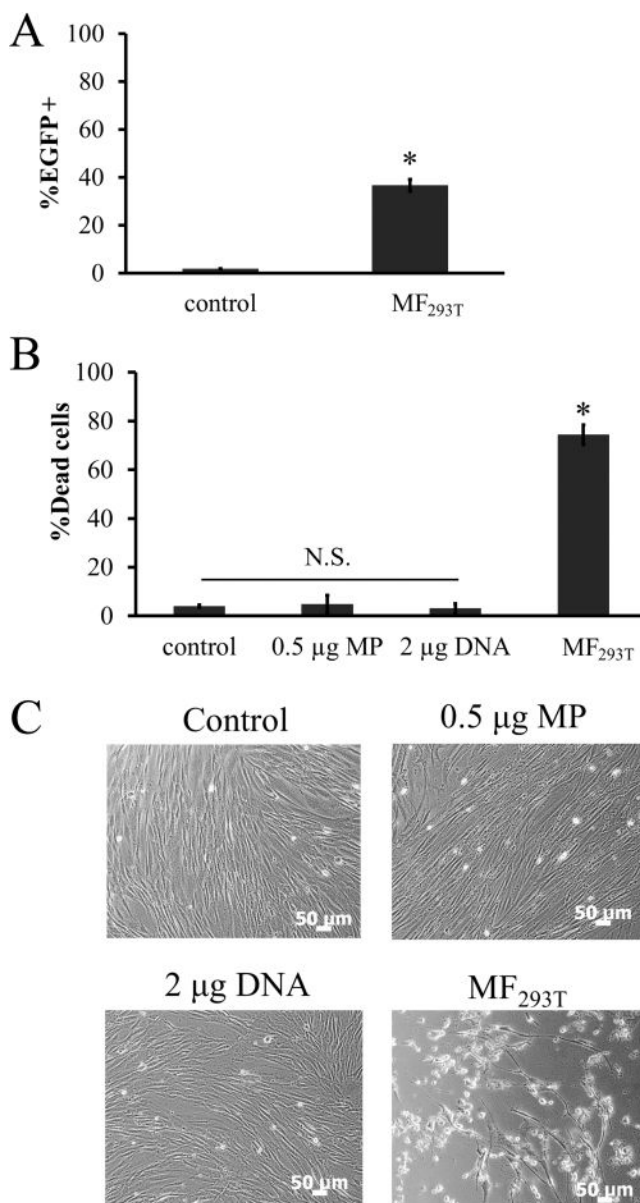
**Figure 1.** (A) Measured field data from the SENIS 3D magnetic field mapping system. The top panel (from left to right) contains plots of  $B_{total}$  over a  $24 \text{ mm} \times 24 \text{ mm}$  area at distance  $z = 1, 2, 3, 4,$  and  $5 \text{ mm}$ . The three plots in the bottom panel are (from left to right) the spatial distribution of the field components  $B_x$ ,  $B_y$ , and  $B_z$  over a  $24 \text{ mm} \times 24 \text{ mm}$  area at a distance  $z = 1 \text{ mm}$  above the magnet. (B) Analysis of  $B_z$  at  $z = 1 \text{ mm}$  above the magnet: (top) measured data, (bottom) theoretical predictions.



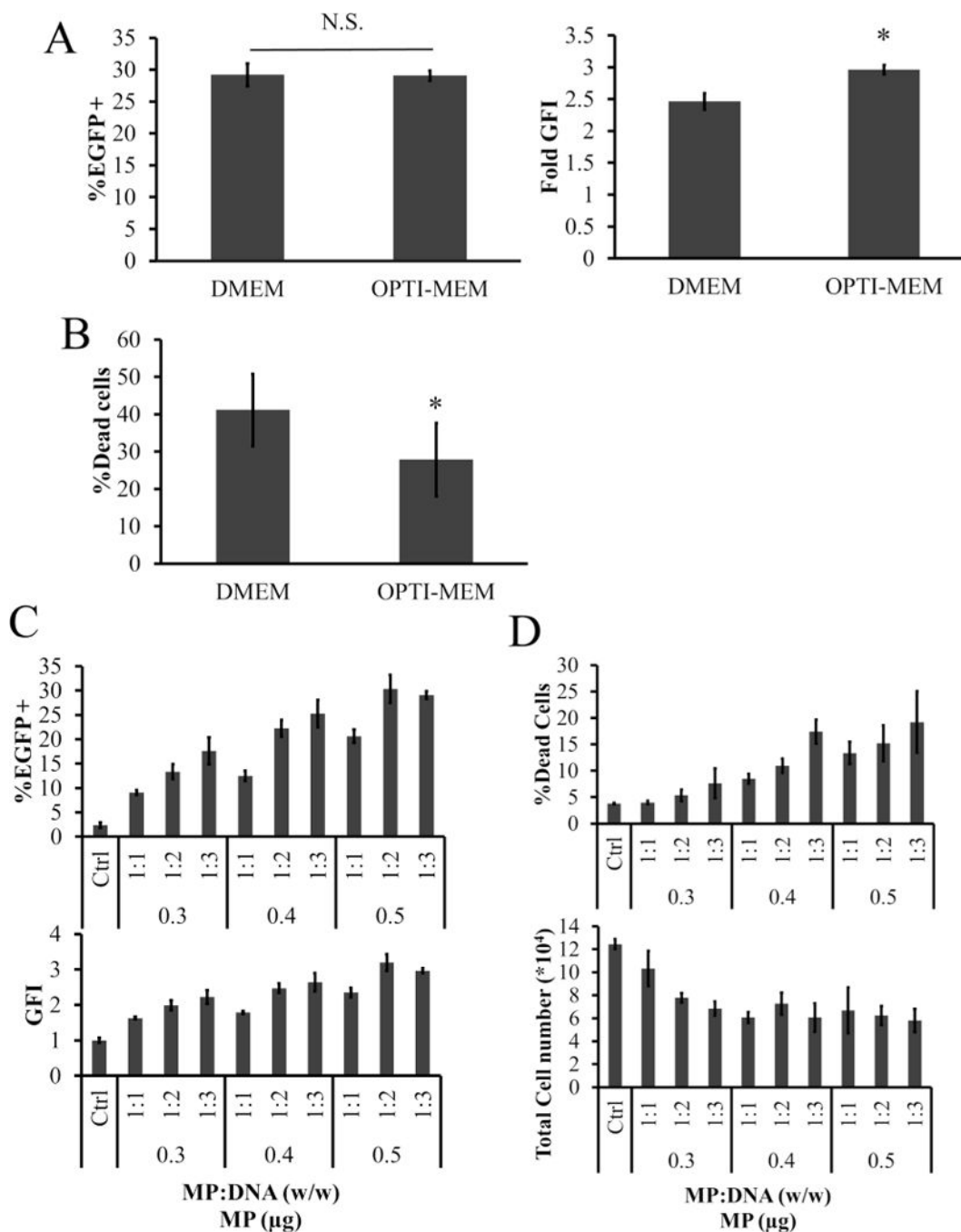
**Figure 2.** (A) Magnetic force at different distances above a magnet. Axial force =  $F_{mz}$  and radial force =  $F_{mr}$ . (B) Surface plot of axial force  $F_{mz}$  at  $z = 1$  mm above the array of magnets.



**Figure 3.** Comparison of MF<sub>293T</sub> to CP. (A) Schematic of the optimized protocol for 293T cells (MF<sub>293T</sub>). C+: addition of MP:DNA complexes and M: media change. (B) Transfection efficiency and mean GFI of 293T cells after transfection with MF<sub>293T</sub> or CP. (C) Representative images of 293T cells after transfection with MF<sub>293T</sub> or CP. All values are the mean  $\pm$  SD of triplicate samples in a representative experiment ( $n = 3$ ). The symbol \* denotes  $p < 0.05$  between MF<sub>293T</sub> and CP.



**Figure 4.** Transfection efficiency and cytotoxicity of MF are cell type dependent. (A) Transfection efficiency of hHF-MSCs using MF<sub>293T</sub>. (B–C) hHF-MSCs were incubated with 0.5 µg MP, 2 µg DNA, or 0.5 µg:2 µg DNA complexes (MF<sub>293T</sub>) followed by 20 min exposure to a magnetic field: (B) percentage of cell death, and (C) representative phase contrast images. hHF-MSCs exposed to magnetic field without MP served as control. All values are the mean ± SD of triplicate samples in a representative experiment ( $n = 3$ ). The symbol \* denotes  $p < 0.05$  between MF<sub>293T</sub> and control. N.S.: not significant ( $p \geq 0.05$ ).



**Figure 5.** Optimization of MP:DNA complex formation. (A,B) Effects of serum free medium on MF: (A) transfection efficiency and GFI in hHF-MSCs, and (B) percentage of dead cells following application of the MF<sub>293T</sub> protocol with two serum free media, DMEM or OPTI-MEM. (C,D) Effects of MP:DNA ratio on transfection efficiency and toxicity of hHF-MSC: (C) percentage of EGFP+ cells and GFI, and (D) percentage of dead cells and total cell count of hHF-MSCs after MF with different ratios of MP:DNA in OPTI-MEM. All values are the mean ± SD of triplicate samples in a representative experiment (*n* = 3). The symbol \*

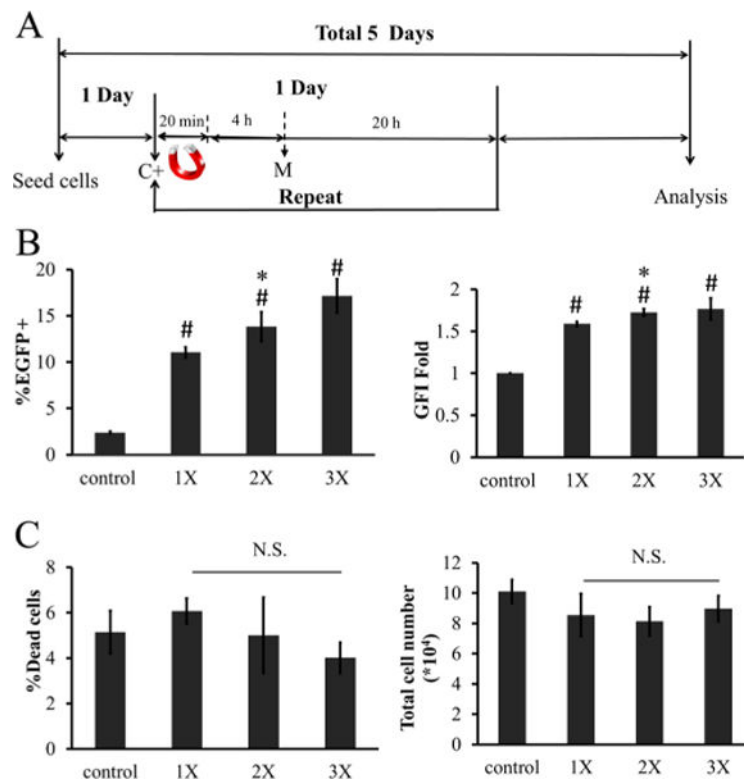
denotes  $p < 0.05$  between DMEM and OPTI-MEM serum free medium. N.S.: not significant ( $p \geq 0.05$ ).

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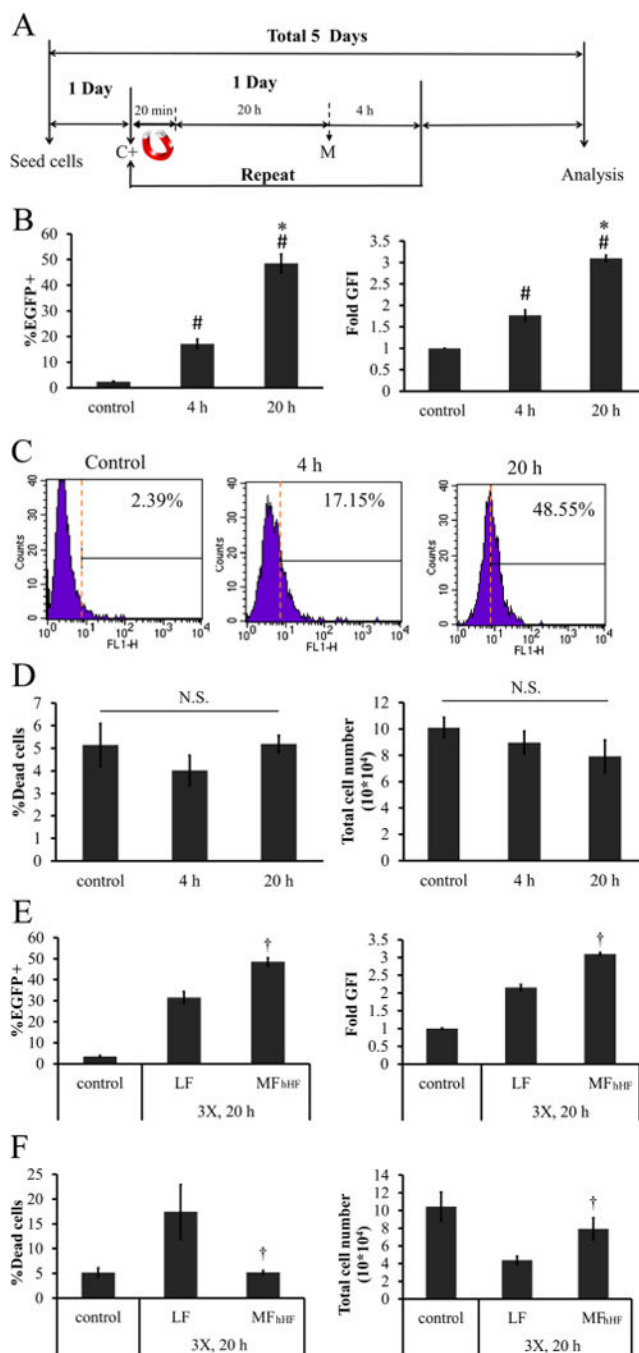
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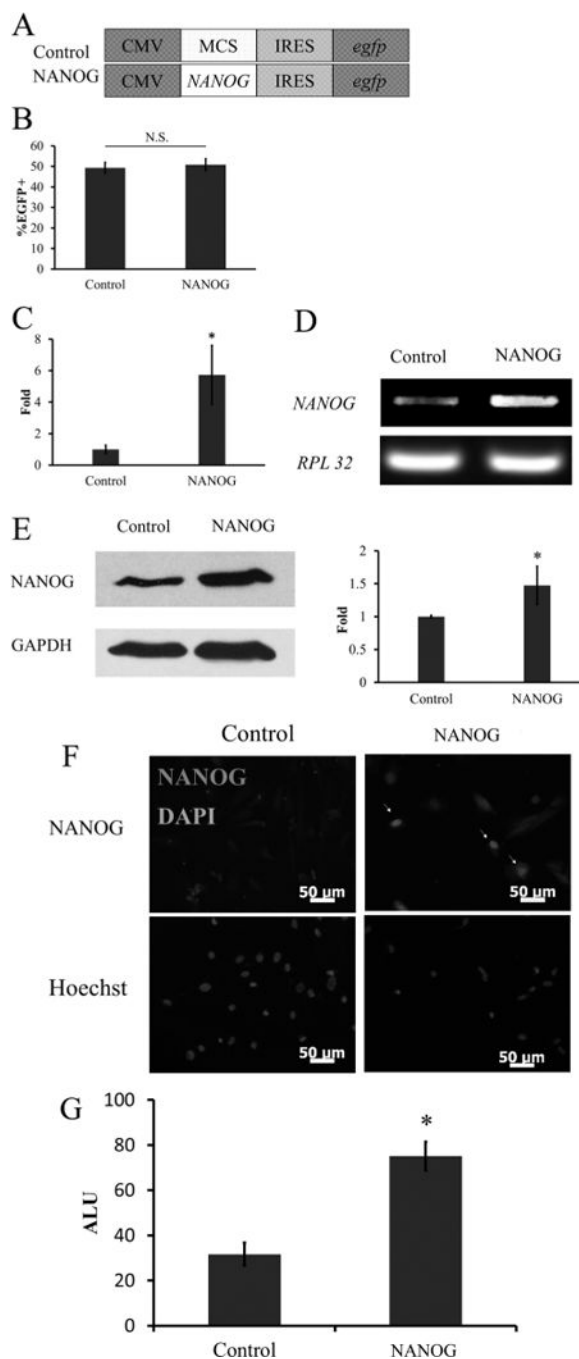
**Figure 6.** Effects of multifection on MF efficiency. (A) Timeline for multifection. C+: add MP:DNA complexes; M: media change. (B) Percentage of EGFP+ cells and GFI. 1×, 2×, or 3× refers to one, two, or three applications of MF. (C) Percentage of dead cells and total cell count after different multiple MF treatment on hHF-MSCs. The symbol # denotes  $p < 0.05$  between nontransfected cells (control) and 1×, 2×, or 3×. The symbol \* denotes  $p < 0.05$  between 1× and 2× or 3×. All values are the mean  $\pm$  SD of triplicate samples in a representative experiment ( $n = 3$ ). N.S.: not significant ( $p = 0.05$ ).





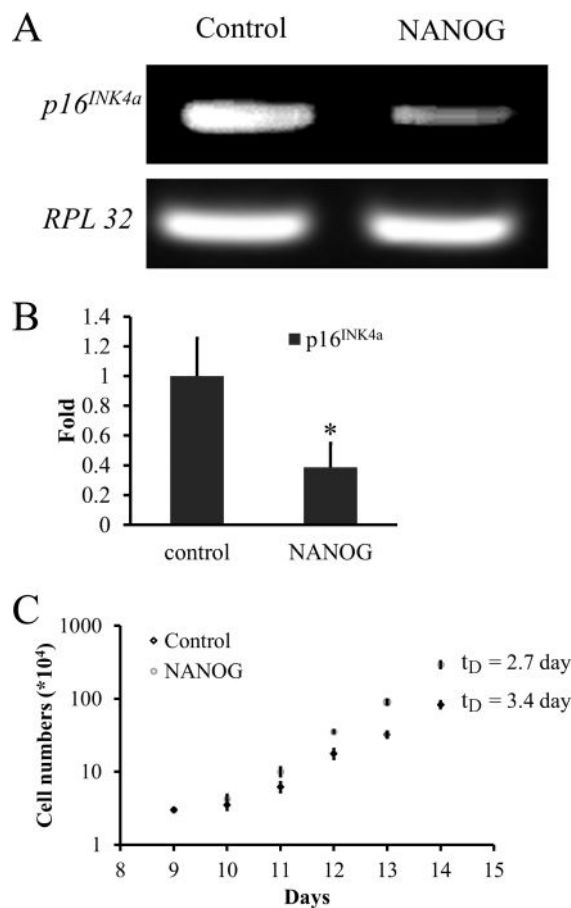
**Figure 7.** Effects of MP:DNA incubation time on MF efficiency. (A) Timeline for multifection. C+: add MP:DNA complexes M: media change. (B—D) hHF-MSCs were incubated with MP:DNA for 4 or 20 h following withdrawal of the magnetic field: (B) transfection efficiency and GFI, (C) representative flow cytometry histograms, and (D) percentage dead cells and total cell count. (E,F) Comparison of optimized MF for hHF-MSCs (MF<sub>hHF</sub>) with the commercially available transfection reagent, Lipofectamine 2000 (LF): (E) percentage of EGFP+ cells and GFI, (F) percentage of dead cells and total cell number. The symbol #

denotes  $p < 0.05$  between nontransfected cells (control) and 4 or 20 h of incubation. The symbol \* denotes  $p < 0.05$  between 4 and 20 h incubation. The symbol † denotes  $p < 0.05$  between LF and MF<sub>hHF</sub>. All values are the mean  $\pm$  SD of triplicate samples in a representative experiment ( $n = 3$ ). N.S.: not significant ( $p \geq 0.05$ ).

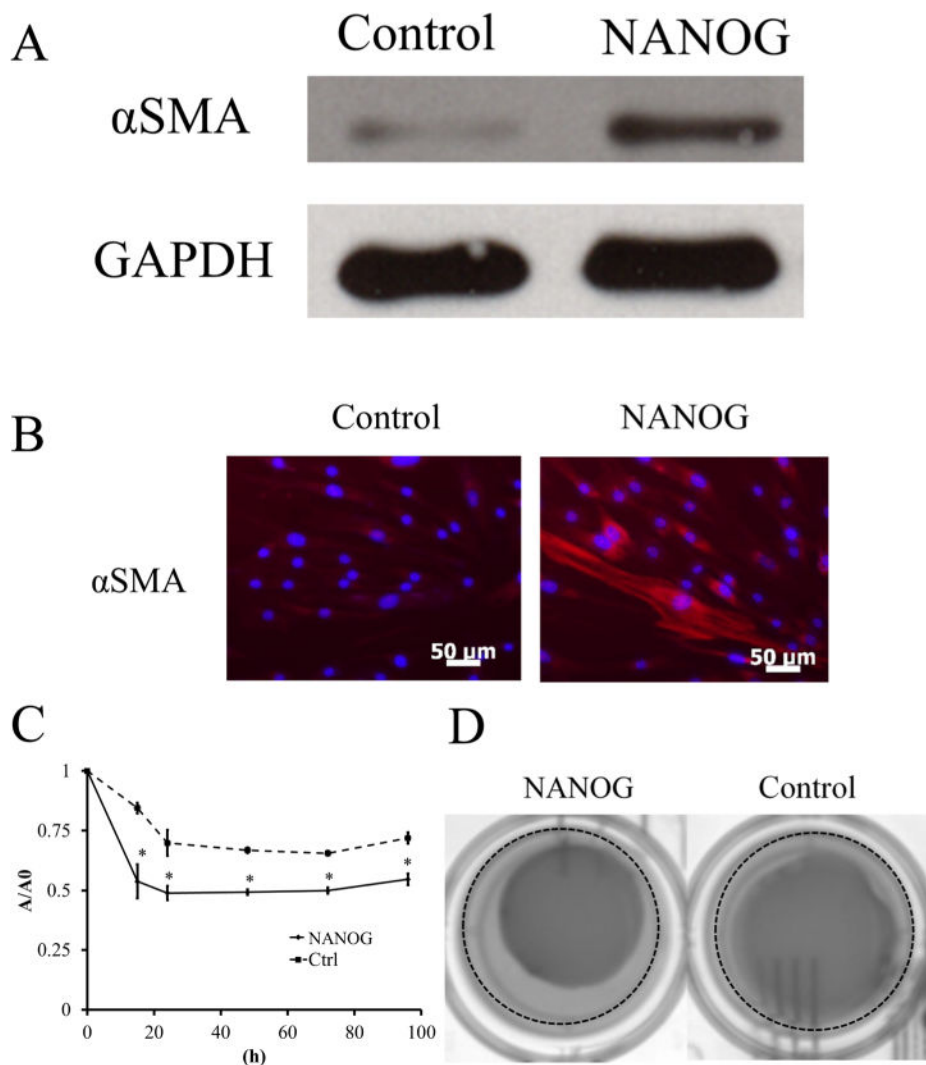


**Figure 8.** MF<sub>hHF</sub> mediated *NANOG* delivery to hHF-MSCs. (A) Schematics of plasmids used in the experiments. *NANOG* expression was driven by CMV promoter and followed by IRES–*egfp* to enable quantitation of the transfection efficiency. Empty vector without *NANOG* was used as control for comparison. (B) Gene delivery was confirmed by flow cytometry (%EGFP+ cells). *NANOG* overexpression was demonstrated by using (C) quantitative real-time PCR (qRT-PCR), (D) reverse transcription polymerase chain reaction (RT-PCR), (E) Western blot, (F) immunocytochemistry, and (G) luciferase reporter assay. For the latter,

hHF-MSCs were modified to express luciferase under the control of NANOG response element (NANOG-RE: NANOG-binding DNA motif). (D) RPL32 and (E) GAPDH served as a loading control for qRT-PCR and Western blot, respectively. The symbol \* denotes  $p < 0.05$  between control and NANOG-expressing cells. All values are the mean  $\pm$  SD of triplicate samples in a representative experiment ( $n = 3$ ).



**Figure 9.** NANOG overexpression enhances the proliferation potential of hHF-MSCs. (A) RT-PCR and (B) real-time quantitative PCR (qRT-PCR) for *p16<sup>INK4a</sup>* mRNA in NANOG-expressing and control hHF-MSCs. (C) Cells were seeded at constant density ( $3 \times 10^3/\text{cm}^2$ ) and every 4 days they were trypsinized and counted for a total of 28 days. The results were plotted as cumulative cell number over time for the NANOG-overexpressing cells or for the mock transfected cells (control). The symbol \* denotes  $p < 0.05$  between control and NANOG samples. All values are the mean  $\pm$  SD of triplicate samples in a representative experiment ( $n = 3$ ).



**Figure 10.** NANOG-overexpressing hHF-MSCs have higher myogenic differentiation potential. (A) Western blot for  $\alpha$ SMA; GAPDH served as the loading control. (B) Immunostaining of NANOG-overexpressing or mock transfected hHF-MSCs for  $\alpha$ SMA. (C) Kinetics of hydrogel compaction by NANOG-expressing or mock transfected hHF-MSCs. The symbol \* denotes  $p < 0.05$  between control and NANOG-expressing cells. (D) Representative pictures of hydrogels at  $t = 15$  h. The dotted line denotes the edge of the well. All values are the mean  $\pm$  SD of triplicate samples in a representative experiment ( $n = 3$ ).

**Table 1**

## Primers Used for Cloning

|           |   |
|-----------|---|
| For_HEGFP | AATCAGGATCCATGCACCATCACCATCACCACCACGGCGGTGGAAG ( <i>Bam</i> HI) |
| Rev_HEGFP | ATAGCGAATTCCTTGTACAGCTCGTCCATGCCGTGAGT ( <i>Eco</i> RI)         |
| For_NANOG | ATCGAGCTAGCGCCGCCACCATGAGTGTGGATCCAGCTTGTC ( <i>Nhe</i> I)      |
| Rev_NANOG | AGCGGACCGGTTTACACGTCTTCAGGTTGCATGTTC ( <i>Age</i> I)            |

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**Table 2**

## RT-PCR and qRT-PCR Primers

| target gene                            | forward primer (5' to 3') | reverse primer (5' to 3') |
|--|---------------------------|---------------------------|
| <i>NANOG</i>                           | GAGATGCCTCACACGGAGAC      | GGTCTGGTTGCTCCACATTG      |
| <i>P16<sup>ink4a</sup></i>             | CTTCCTGGACACGCTGGT        | GCATGGTTACTGCCTCTGGT      |
| Ribosomal Protein L32 ( <i>RPL32</i> ) | AGCGTAACTGGCGGAAAC        | CGTTGTGGACCAGGAACTTC      |

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