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# Synthesis and characterization of ZnFe<sub>2</sub>O<sub>4</sub> nanoparticles and its biomedical applications

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# Abstract

Biomedical applications of ZnFe<sub>2</sub>O<sub>4</sub> nanoparticle are preferable among all kinds of ferrites due to the compatibility of Zn<sup>2+</sup> ions for human bodies. We have followed the soft chemical route to synthesize chitosan and PEG coated ZnFe<sub>2</sub>O<sub>4</sub> nanoparticles and also the chitosan-coated-nanoparticles encapsulated with liposome. X-ray diffraction studies by the Mo K<sub>a</sub> target, showed the formation of single phase spinel structure. The lattice parameter turned out to be 8.48Å and grain size ~ 4.8 nm (± 0.1 nm). Similar particle size was observed by transmission electron microscope analysis. HRTEM studies showed the distinct lattice fringes thus confirming the good crystallinity of the synthesized nanoparticles. M-H curve at room temperature showed the prepared sample was superparamagnetic in nature, which is also confirmed by the doublets of Mössbauer spectroscopy. Relaxivity values (r<sub>2</sub>) of Chitosan and PEG coated ZnFe<sub>2</sub>O<sub>4</sub> nanoparticles are 68 and 76 mM<sup>-1</sup>s<sup>-1</sup> respectively. In order to achieve further biocompatibility the chitosan-coated-nanoparticles were encapsulated with liposome. The r<sub>2</sub> relaxivity was found as 54mM<sup>-1</sup>s<sup>-1</sup>. MR images obtained from the in vitro experiments based on phantoms demonstrated good contrast enhancement. Induction heating of bare and coated particles was investigated to reveal the self heating temperature rising properties of ZnFe<sub>2</sub>O<sub>4</sub> nanoparticles.

# Keywords

Zinc Ferrite nanoparticle; Nuclear Magnetic Resonance; Hypethermia; Magnetization; Mossbauer spectroscopy

# 1. Introduction

Potential applications of ferrite nanoparticles as MRI contrast agent and hyperthermia led vibrant research activities in biomedical applications[1–9]. In recent time, ferrites containing

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divalent cations other than Zn such as Co, Ni, Fe, Mn, and Mg are under intense investigations[10] for its possible applications as MRI contrast agent as an attempt to find out newer contrast agents with optimum magnetic and structural properties[11,12]. Nuclear magnetic resonance is used to characterize the particles for its application in Magnetic Resonance Imaging with the variation of factors like size, shape, monodispersity and magnetization. NMR phenomenon is based on the fact that when nuclei of atoms are excited through an external pulse at Larmor frequency of particular nucleus (such as <sup>1</sup>H) under static dc magnetic field the alignment of magnetic moment of the nucleus with external dc magnetic field is perturbed. The nucleus returns to its thermodynamic equilibrium state through processes of transverse relaxation (spin-spin) or R<sub>2</sub> relaxation. Observed variation in signal in the presence of contrast agents is directly related to the above factors of the agents in different tissue.

Zinc ferrite nanoparticles earned a great deal of attention in nanomedicine due to the smaller toxicity of  $Zn^{2+}$ . It is a long quest for biocompatible MRI contrast agents in the field of medical science because present contrast agents are toxic in nature.  $ZnFe_2O_4$  nanoparticles has been known as good candidate for MRI contrast agents since its permissible RDI (Reference Daily Intake) doses for Fe and Zn are 18 and 15 mg/day, respectively, which is much higher than any other biocompatible material[9].

In this paper, we have synthesized  $ZnFe_2O_4$  nanoparticles by the chemical co-precipitation method and coated with biocompatible chitosan and PEG. Chitosan coated nanoparticle was also encapsulated with liposome in order to investigate their possibility for biomedical applications. Possibility of obtaining good MR image was studied by using water phantoms. The extent of self-heating temperature rising properties was also studied by radio frequency field.

# 1. Materials and Methods

Analytical grade of  $Zn(NO_3)_2 \cdot 6H_2O$  and FeCl<sub>3</sub> were mixed in the required molar ratio which is 1:2 under continuous stirring. As-synthesized  $ZnFe_2O_4$  was coated with chitosan and PEG at room temperature. The chitosan-coated ferrites were encapsulated by liposome following the technique presented in [13]. The size of the encapsulated nanoparticles with liposome was <200nm which was achieved through extrusion. Extruder was preheated at 60–65°C with the heat plate. Samples were loaded into the gas-tight syringes and carefully placed into the end of the Mini-Extruder. After several passes through 3 pieces of 200 nm filter membrane, the sizes of nanoparticle loaded liposome were estimated to be less than 200 nm.

# 2. Results and discussion

#### **2.1 Structural Properties**

The XRD pattern for prepared  $ZnFe_2O_4$  nanoparticles in the as prepared condition is shown in Fig 1(a). The prominent planes of the spinel structure (220), (311), (400), (422), (511) and (440) matched well [14]. The crystallite size was determined from the FWHM of (311) peak

In order to observe the physical size and shape of the  $ZnFe_2O_4$  nanoparticle TEM bright field image and HRTEM image (inset) are presented in Fig. 1(b). From the Fig. 1(b) the physical size and shape of the nanoparticle is observed close to the value obtained from X-ray diffraction. From the HRTEM image, the lattice fringes clearly indicate the good crystallinity of the nanoparticles.

#### 3.2 Magnetic Properties and Mössbauer analysis

The M-H loops with  $H_{max}$  of  $\pm 20$ kOe of as dried samples of ZnFe<sub>2</sub>O<sub>4</sub> nanoparticles is presented in Fig 2(a). At the nano level there is a large change in the magnetic state due to the change in cation distribution and particle size which is reported in[15,16]. Introduction of large magnetization compared to paramagnetic bulk ZnFe<sub>2</sub>O<sub>4</sub> is possible since at the nano dimension some of the Zn<sup>2+</sup> ion is transferred to the octahedral position, which leads to the imbalance in spin configuration. Thus, zinc ferrite nanoparticles become a mixed spinel type due to change in cation distribution. It might be observed from Fig. 2 (a) that the nature of the hysteresis loop of ZnFe<sub>2</sub>O<sub>4</sub> nanoparticles also indicates slightly S-shape rather than the straight line passing through the origin. Thus at the nano-dimension the synthesized ZnFe<sub>2</sub>O<sub>4</sub> has attained superparamagnetic nature rather than paramagnetic. The maximum magnetization at 20kOe (M<sub>max</sub>) was found to be 13.4emu/g with negligible coercivity (H<sub>c</sub>) and remanence.

Mössbauer analysis at room temperature shows a doublet pattern which is shown in Fig 2 (b), which indicates faster relaxation. We found the chi^2 value as 0.828 which shows excellent fitting between experimental and theoretical curves. Required numbers of  $Fe^{3+}$  species were two which demonstrated 66% occupancy of  $Fe^{3+}$  on the octahedral site and 29.8% occupancy at the tetrahedral site. The isomer shift and the quadrupole splitting of the B site are 0.276 and 0.652 mm/s and the A site are 0.0633 and 0.13 mm/s respectively while Zeeman splitting are zero for both the sub-spectra.

#### 3.3 NMR Analysis and MR images of Coated ZnFe<sub>2</sub>O<sub>4</sub>

The contrast enhancing efficacy of the synthesized ferrites as contrast agents may be expressed by the following equation[17]:

$$\frac{1}{T_2} = \frac{1}{T_{2,0}} + r_2 C$$

where, C is the concentration of the contrast agent,  $T_2$  is the observed relaxation time in the presence of contrast agent, and  $T_{2,0}$  is the relaxation time in the absence of contrast agent and  $r_2$  is the corresponding relaxivity. A contrast agent with a large relaxivity value  $r_2$  shortens relaxation time  $T_2$  drastically with a smaller concentration increment. It can be found in the literature that the value of  $r_2$  does not only depend on maximum magnetization but also depends on coating agents, particle size and shape[18]. In our present study, we have found a tangible difference between the  $r_2$  values of  $ZnFe_2O_4$  nanoparticles coated

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with chitosan and PEG and with liposome encapsulation presented in Fig. 3(a), (b), and (c). The values of  $r_2$  for chitosan and PEG coated particles are about 76 (±6)mM<sup>-1</sup>s<sup>-1</sup>and 68 (±3)mM<sup>-1</sup>s<sup>-1</sup> respectively which seems to be very close. In this case, surface coating didn't have much effect on the  $r_2$  relaxivity. While the chitosan-coated ZnFe<sub>2</sub>O<sub>4</sub> nanoparticles encapsulated with liposome exhibited slightly small value of about 54 (±10) mM<sup>-1</sup>s<sup>-1</sup>. The reason behind the lesser value of relaxivity might be associated with lesser particle-particle interaction due to encapsulation of the chitosan coated particles by the double layered wall of liposome.

The MR images are presented in Fig 3(d). The image was obtained in-vitro using phantom which was designed by filling chitosan coated  $ZnFe_2O_4$  nanoparticle solution of 0.66mM inside the small NMR tubes inserted inside the large Falcon tube of 50 ml containing water. In Fig. 3(d) the light background is water and the dark circles represent nanoparticle solution. The degree of darkening demonstrated that the chitosan coated  $ZnFe_2O_4$  nanoparticle solution is suitable as  $T_2$  contrast agent. In Fig. 3(e) the value of relaxation time  $T_2$  or the (Relaxation)  $R_2 = 1/T_2$  has been determined by the MATLAB programme and presented in the figure with the scale bar. The average value of  $r_2$  has been obtained as  $70ms^{-1}$  which is more or less close to the NMR results. The slight difference might be related to the difference in the value of  $B_0$  of 9.4 and 11.7 T respectively.

# 3. Induction heating of ZnFe<sub>2</sub>O<sub>4</sub> nanoparticles

It is known that through hyperthermia therapy, cancer cells can be destroyed by rising the temperature of a lesion selectively to around 42–45°C while the healthy cells would remain unaffected.  $ZnFe_2O_4$  ought to be inefficient for hyperthermia applications because of lower  $M_{max}$ . Fig 4 (a), (b) and (c) represent time dependence of temperature profile for three conditions uncoated (a) coated with chitosan with the concentration of 16 mg/ml (b) and 8 mg/ml (c) respectively. From the figures it is observed that the maximum temperature rise of all the conditions the 16mg/ml solutions attains 41°C before saturation but it takes long exposure time of 10 minutes. This self-heating temperature rising properties might be used for various temperature sensitized applications.

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# Highlights

- Chitosan, PEG coated and liposome encapsulated ZnFe<sub>2</sub>O<sub>4</sub> nanoparticles were developed.
- $T_2$  relaxivity of three solutions of  $ZnFe_2O_4$  are 68, 76 and 59 mM<sup>-1</sup>sec<sup>1</sup>.
- MR images of phantoms demonstrated contrast enhancement of the coated particles.
- Particles were investigated for thermo therapeutic treatment of cancer.



# Fig 1.

(a)X-ray diffraction patterns of  $ZnFe_2O_4$  in the as dried condition. (b) TEM and HRTEM (inset) images of the  $ZnFe_2O_4$  nanoparticles in the as dried condition. TEM image shows the agglomeration of particles and HRTEM image shows the particle size is about 5nm.





(a)Hysteresis loop of zinc ferrite nanoparticles in the as dried condition at room temperature (b) Mössbauer analysis of the  $ZnFe_2O_4$  nanoparticles in the as dried condition at the room temperature



# Fig 3.

 $T_2$  Relaxivity by NMR spectroscopy of  $ZnFe_2O_4$  nanoparticles with the coating of (a) Chitosan (b) PEG and (c) Encapsulated with Liposome. (d) MRI contrast of  $ZnFe_2O_4$  coated with chitosan with respect to water (d) Respective relaxation measured from these images are quoted in the figure.



#### Fig 4.

Hyperthermia effect of  $ZnFe_2O_4$  nanoparticles at different concentrations (a) 16mg/mL (b) 16mg/mL with PVA and (c) 8mg/mL

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