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Author manuscript *Langmuir*. Author manuscript; available in PMC 2016 June 09.

Published in final edited form as:

Langmuir. 2015 June 9; 31(22): 6122-6129. doi:10.1021/acs.langmuir.5b00196.

## 3D Cell Entrapment as a Function of the Weight Percent of Peptide-Amphiphile Hydrogels

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## Abstract

The design of scaffolds which mimic the stiffness, nanofiber structure, and biochemistry of the native extra-cellular matrix (ECM) has been a major objective for the tissue engineering field. Furthermore, mimicking the innate three dimensional (3D) environment of the ECM has been shown to significantly alter cellular response compared to traditional two dimensional (2D) culture. We report the development of a self-assembling, fibronectin-mimetic, peptide-amphiphile nanofiber scaffold for 3D cell culture. To form such a scaffold, 5 mol% of a bioactive PR\_g fibronectin-mimetic peptide-amphiphile was mixed with 95 mol% of a diluent peptide-amphiphile (E2) whose purpose was to neutralize electrostatic interactions, increase the gelation kinetics and promote cell survival. Atomic force microscopy verified the fibrilar structure of the gels and the mechanical properties were characterized for various weight percent (wt%) formulations of the 5 mol% PR g - 95 mol% E2 peptide-amphiphile mixture. The 0.5 wt% formulations had an elastic modulus of  $429.0 \pm 21.3$  Pa while the 1.0 wt% peptide-amphiphile hydrogels had an elastic modulus of  $808.6 \pm 38.1$  Pa. The presence of entrapped cells in the gels decreased the elastic modulus and the decrease was a function of the cell loading. While both formulations supported cell proliferation, the 0.5 wt% gels supported significantly greater NIH3T3/GFP fibroblast cell proliferation throughout the gels than the 1.0 wt% gels. However, compared to the 0.5 wt% formulations, the 1.0 wt% hydrogels promoted greater increase in mRNA expression and production of fibronectin and type IV collagen ECM proteins. This study suggests that this

**Author Contributions** 

#### ASSOCIATED CONTENT

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The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

Supporting Information. Movies of rotating 3D representations of z-stack confocal images from entrapped NIH3T3/GFP cells in PR\_g/E2 gels, ANOVA analysis p-values of fluorescent signal from entrapped NIH3T3/GFP cells in PR\_g/E2 gels, rheology of PR\_g/E2 gels as a function of cell load and time, higher magnification confocal images of NIH3T3/GFP cells entrapped in the PR\_g/E2 gels, GFP fluorescence of NIH3T3/GFP dead cells, Live/Dead cell viability assay for NIH3T3 cells entrapped in the PR\_g/E2 gels. This material is available free of charge via the Internet at http://pubs.acs.org.

fibronectin-mimetic scaffold holds great promise in the advance of 3D culture applications and cell therapies.

## INTRODUCTION

The importance of the mechanical, structural, and biochemical properties of the native ECM has been recognized and has led to the development of new techniques and chemistries to form and functionalize scaffolds for cell culture. In addition to designing scaffolds which mimic the nanofibrous structure, stiffness and biochemical signals of the ECM, mimicking the innate 3D environment of the ECM have been shown to be critically important for tissue engineering applications.<sup>1–4</sup> Traditional 2D cell culture introduces an artificial polarity between cells' upper and lower surfaces resulting in non-native cell morphologies and receptor and protein expression profiles. <sup>5</sup> Additionally, significant differences in the expression of integrins and other cell surface receptors between 2D and 3D environments have been reported.<sup>6,7</sup>

Encapsulation of cells within a 3D scaffold is most effectively accomplished by introducing cells during gelation in order to ensure uniform cell distribution. Many of the common hydrogel systems currently used for 3D cell entrapment require low pH, as with PuraMatrix:<sup>8</sup> low temperature, as with collagen and Matrigel;<sup>9</sup> or exposure to UV light to initiate gelation, as with polyethylene glycol (PEG),<sup>10,11</sup> which can damage cells and lead to cell death. Peptide-amphiphiles are an attractive material for the design of cell scaffolds which mimic the ECM due to their ability to self-assemble into nanofibrous hydrogels and incorporate relevant bioactive, biomimetic peptide sequences.<sup>12</sup> Peptide-amphiphiles have been shown to form hydrogels in cell culture media and have been used as 3D scaffolds for a variety of applications, including the culture and differentiation of dental stem cells, <sup>13,14</sup> mesenchymal stem cells,<sup>15–17</sup> neural progenitor cells,<sup>18–20</sup> cartilage, <sup>21</sup> and pancreatic islets.<sup>22,23</sup> It has been demonstrated that RGD-containing peptide-amphiphile scaffolds support enhanced proliferation and osteogenic differentiation of mesenchymal stem cells compared to peptide-amphiphile scaffolds without the RGD peptide.<sup>16</sup> Peptide-amphiphiles containing the laminin mimetic peptide, IKVAV, have been shown to support neuron differentiation of neural progenitor cells.<sup>18</sup> Peptide-amphiphiles gels have also been shown to be biocompatible in vivo, with significant degradation within the first 30 days of implantation, followed by complete degradation after 60 days with no signs of acute or chronic inflammation.<sup>24</sup> Other work has shown that entrapped cells internalize the peptideamphiphile nanofibers and possibly utilize peptide-amphiphiles in their metabolic pathways.<sup>25</sup>

We have previously developed a fibronectin-mimetic peptide-amphiphile, called PR\_g, which self-assembles in water to form nanofibrous hydrogels.<sup>26</sup> The PR\_g peptide contains both the primary cell binding site, RGD, as well as the PHSRN synergy site. These two sites are separated by a linker which accurately mimics the distance and the overall hydrophobicity/hydrophilicity between these binding domains in fibronectin.<sup>27,28</sup> We have previously demonstrated that the PR\_g peptide specifically binds the  $\alpha_5\beta_1$  integrin<sup>27</sup> with a dissociation constant of 76.3 ± 6.3 nM.<sup>29</sup> PR\_g peptide-amphiphile hydrogels have been

shown to support increased cell adhesion, proliferation, and ECM secretion as 2D substrates compared to PEG hydrogels functionalized with fibronectin and PuraMatrix hydrogels.<sup>30</sup>

Electrolytes or diluent peptide-amphiphiles of opposite charge have been used before in the literature to screen charges and enable faster gelation.<sup>25,31</sup> In the absence of any electrolytes or other amphiphiles, PR\_g peptide-amphiphiles were prepared in Milli-Q water and aged for 48 h at room temperature before use for our 2D studies.<sup>30</sup> In order to translate our PR\_g hydrogels from 2D to 3D, a diluent peptide-amphiphile, E2 (C<sub>16</sub>-GGGSSSESE), was designed to screen charges on the PR\_g peptide-amphiphile (C<sub>16</sub>-GGGSSSPHSRN(SG)<sub>5</sub>RGDSP) and facilitate faster gelation (30 min to 1 h at room temperature or 37 °C in Milli-Q water with CaCl<sub>2</sub> or in cell culture media).

The goal of this study is to investigate cell responses to changes in weight percentages (wt %) of a hydrogel composed of a mixture of PR\_g and E2 peptide-amphiphiles. Given the amount of evidence in the literature which shows that 5 mol% of an RGD-containing peptide is optimal, or at least sufficient, to facilitate cell adhesion and survival,<sup>32–38</sup> a hydrogel formulation containing 5 mol% PR\_g peptide-amphiphile and 95 mol% E2 peptide-amphiphile (PR\_g/E2) was chosen for this study. Here we characterize the hydrogel microstructure and mechanical properties of 0.5 and 1.0 wt% PR\_g/E2 peptide-amphiphile hydrogels in the presence or absence of entrapped cells, as well as their ability to support cell survival, proliferation and ECM production in a 3D environment.

## EXPERIMENTAL

#### **Materials**

All chemicals were purchased from Thermo Fisher Scientific except otherwise stated. Atomic force microscopy contact mode rectangular Si cantilevers with an Al-coated backside (NSC36/Al BS) were acquired from MikroMasch (Lady's Island, SC). Ruby mica sheets, V2 quality, were purchased from S&J Trading Inc. (Glen Oaks, NY). Reagents for histology and immunohistochemistry were purchased from Biocare Medical (Concord, CA) unless stated otherwise. Water, purified to a resistivity of 18.2 M $\Omega$ /cm, was obtained from a Milli-Q water system (EMD Millipore, Billerica, MA) and sterilized by autoclaving before using it to prepare hydrogels. NIH3T3/GFP fibroblasts were purchased from Cell Biolabs Inc. (San Diego, CA) and Dulbecco's modified Eagle medium (DMEM) from Life Technologies (Grand Island, NY).

#### Synthesis of peptide-amphiphiles

The protected PR\_g peptide (GGGSSSPHSRN(SG)<sub>5</sub>RGDSP) and E2 diluent peptide (GGGSSESE) were synthesized by the Oligo-nucleotide and Peptide Synthesis Facility at the University of Minnesota using standard Fmoc solid phase synthesis on peptide amide linker resin. The Fmoc protecting group was removed using a solution of 20% piperidine in dimethylformamide (DMF). A palmitic acid,  $C_{16}$ , tail was coupled to the N-terminus of the peptide with 4.5 molar equivalents of N,N,N',N'-tetramethyl-O-(1H-benzotriazol -1-yl)uronium hexafluorophosphate (HBTU), 4.5 molar equivalents of palmitic acid, and 6 molar equivalents of diisopropylethylamine in DMF for 4 h. The Kaiser test was used to verify complete coupling of the tails to the peptide amide. The resin beads were washed

twice in DMF, dichloromethane, and methanol and dried overnight under vacuum. Peptideamphiphiles were cleaved from resin in a cleavage cocktail of 90% trifluoroacetic acid (TFA), 5% thioanisole, 3% 1,2-ethandithiol, and 2% anisole for 2 h. The solution was collected and precipitated in 20X excess cold isopropyl ether. The precipitate was collected by centrifugation (10 min at 7,000 RCF), redissolved in Milli- Q water and purified using reversed phase high performance liquid chromatography (HPLC) on an Agilent 1100 Series system with a Waters Xterra Prep MS C18 column, using a water/methanol gradient with 0.1% TFA for PR\_g or 0.1% ammonium hydroxide for E2. The pure peptide-amphiphile product was analyzed with the Bruker Bio- TOF II to verify that the product had the expected mass. Peptide-amphiphiles were stored as lyophilized powder at -20 °C. Stock solutions of peptide-amphiphiles were prepared in Milli-Q water from the lyophilized peptide-amphiphiles and aliquots were stored at -20 °C to avoid freeze-thaw. All peptideamphiphile gels in this study contained 5 mol% PR\_g and 95 mol% E2. Specifically, gels contained 0.24 mM PR\_g and 4.4 mM E2 or 0.48 mM PR\_g and 8.8 mM E2 for the 0.5 wt% and 1.0 wt% gels respectively.

#### Atomic force microscopy (AFM)

2X concentrations of peptide-amphiphile solutions containing 5 mol% PR\_g and 95 mol% E2 were mixed with an equal volume of DMEM media supplemented with 10 mM CaCl<sub>2</sub> on 15 mm mica discs. Gels were allowed to dry for 5 days at room temperature in a laminar flow hood or at 37 °C. AFM imaging of the dehydrated samples was performed with a Nanoscope V Multimode 8 SPM (Bruker, Santa Barbara, CA) in contact mode in air using rectangular Si cantilevers with a typical probe tip radius of 8 nm.

## Rheology

The mechanical properties of peptide-amphiphile hydrogels with and without cells were characterized using an AR-G2 rheometer from TA Instruments. 2X concentrations of peptide-amphiphile solutions containing 5 mol% PR\_g and 95 mol% E2 were loaded onto the peltier plate and mixed with an equal volume of DMEM media supplemented with 10 mM CaCl<sub>2</sub>. For the gel characterization with the entrapped cells, 2X concentrations of peptide-amphiphile solutions containing 5 mol% PR g and 95 mol% E2 were loaded onto the peltier plate and mixed with an equal volume of DMEM media supplemented with 10 mM CaCl<sub>2</sub> containing 2.7 x 10<sup>6</sup> or 1.35 x 10<sup>6</sup> NIH3T3/GFP cells/mL. Therefore, the final concentration of the entrapped cells in the gel was  $1.35 \times 10^6$  or  $6.75 \times 10^5$  cells/mL respectively. Immediately after mixing, the 8 mm parallel plate was lowered to a gap of 500  $\mu$ m for the gels without the cells, or to a gap of 1,000  $\mu$ m for the gels with the cells, and the peltier plate was heated to 37 °C. The gels were allowed to mature in a hydrated chamber for 2 h before frequency sweep measurements were made from 0.1 to 10 rad/s at 1% strain. Strain sweeps performed prior to frequency sweeps showed that 1% strain fell within the linear viscoelastic regime. For time sweep experiments, gels were prepared with and without cells as described above and coated with low viscosity oil (dimethylpolysiloxane) to prevent dehydration.

## Cell culture

NIH3T3 fibroblasts expressing green fluorescent protein (GFP), NIH3T3/GFP, were cultured in DMEM supplemented with 0.1 mM non-essential amino acids, 100 units/mL penicillin, 100 µg/mL streptomycin, 10 µg/mL blasticidin (Life Technologies, Grand Island, NY), and 10% fetal bovine serum (FBS) (Atlas Biologicals, Fort Collins, CO). NIH3T3 fibroblasts were cultured in DMEM supplemented with 100 units/mL penicillin, 100 µg/mL streptomycin and 10% FBS. Media was changed every 2–3 days until cells reached confluency and were passaged. Cells were used between passage 3 and 7.

#### Cell viability and proliferation assays

0.5 wt% and 1.0 wt% gels were prepared from peptide-amphiphile stock solutions in Milli-Q water. 2X concentrated peptide- amphiphile solutions were mixed with an equal volume of cell (NIH3T3/GFP or NIH3T3) suspension containing 2.7 x 10<sup>6</sup> cells/mL in complete DMEM media supplemented with 10 mM CaCl<sub>2</sub>. The final concentration of the entrapped cells in the gel was 1.35 x 10<sup>6</sup> cells/mL. The peptide- amphiphile gels were allowed to mature at 37 °C for 1 h before DMEM media without CaCl<sub>2</sub> was added to the top of the gels. Media was replenished every 2 days. For the Live/Dead assay, viability was examined at 24 h and 5 day time points using the Live/DeadR Viability/Cytoxicity Kit (Invitrogen, Grand Island, NY) following the manufacturer's instructions. Imaging was done on a Ziess Cell Observer SD Spinning Disk Confocal at the University Imaging Center at the University of Minnesota and cells were maintained at 37 °C with 5% CO<sub>2</sub>. GFP cell fluorescence was quantified using a Biotek Synergy H1 plate reader (Winooski, VT) with a 485/528 filter. Background from gels without cells was subtracted from all measurements and fluorescence was normalized to the 3 h time point. The persistence of GFP fluorescence in dead cells was examined using fluorescence microscopy. NIH3T3/GFP fibroblasts were plated in 96-well plates at a density of 250 cells/mm<sup>2</sup> and were allowed to adhere overnight. Attached fibroblasts were imaged using transmitted light and the GFP cube (Ex: 470 nm, Em: 525 nm) on an EVOS FL microscope (Life Technologies, Grand Island, NY). 30% ethanol was added to wells and cells were imaged again after 5 min.

#### Real-time reverse transcription polymerase chain reaction (RT-PCR) for ECM mRNA

RNA was extracted from the  $1.35 \times 10^6$  NIH3T3/GFP cells/mL, 3 h after gel encapsulation on day 0 and on day 5 of culture using the E.Z.N.A.R Total RNA Kit I (Omega Biotek, Norcross, GA). The reverse transcription to cDNA was done with qScript cDNA SuperMix (Quanta Biosciences, Gaithersburg, MD) following the manufacturer's instructions. Primers for fibronectin (FN1), collagen IV (Col4 $\alpha$ 1, Col4 $\alpha$ 2, Col4 $\alpha$ 3), and housekeeping gene glyceraldehyde 3-phosphate dehydrogenase (GAPDH) were designed using the NCBI primer blast tool (Table 1). Real-time RT-PCR was done in 25 µL reactions following manufacturer's instructions using PerfeCTa SYBR Green, Low ROX (Quanta Biosciences, Gaithersburg, MD) and a Stratagene Mx3000P system.

#### Histology and immunohistochemistry

1.35 x 10<sup>6</sup> NIH3T3/GFP cells/mL entrapped for 5 days in 0.5 wt% and 1.0 wt% gels were fixed for 15 min in 4% paraformaldehyde in tris-buffered saline (TBS), and then washed 3

times in TBS. Fixed gels were submitted to the histology and immunohistochemistry lab at the University of Minnesota in TBS. HistoGel (Richard-Allan Scientific, Kalamazoo, MI) was used according to the manufacturer's protocol to protect the gel samples during processing. Unstained cell block sections (4 µm) were de-paraffinized and rehydrated using standard methods. For antigen retrieval, slides were incubated in Reveal Decloaker reagent, pH 6.0, in a steamer at 95–98°C for 30 min, and then cooled for 20 min. Slides were rinsed in tap water and immersed in TBS/0.1% triton (TBST). Slides were placed in the Nemesis 7200 (Biocare Medical, Concord, CA) and endogenous peroxidase activity was quenched by immersing slides in Peroxidazed 1, a 3% hydrogen peroxide solution, for 10 min followed by a TBST rinse. Sections were blocked for 30 min in Background Sniper, a serum-free blocking solution, before application of diluted primary antibodies in 10% blocking solution/90% TBST for 1 h at room temperature. Anti-fibronectin (1:200, Abcam, Cambridge, MA) or anti-collagen IV (1:200, Millipore, Temecula, CA) stained slides were rinsed in TBST and Novolink post primary (Leica Microsystems, Buffalo Grove, IL) was applied for 30 min at room temperature. Slides were rinsed in TBST followed by Novolink polymer (Leica Microsystems, Buffalo Grove, IL) for 30 min at room temperature, rinsed again in TBST, and incubated in CAT Hematoxylin for 5 min. Slides were rinsed in Milli-Q water, de- hydrated using standard methods, cover slipped, and imaged using a Leica DME light microscope.

## **RESULTS AND DISCUSSION**

#### Hydrogel microstructure

Pure PR\_g hydrogels result from the self-assembly of the amphiphiles in water to form nanofibers and further aggregation of the nanofibers into a network of bundles as shown by cryogenic transmission electron microscopy (cryo-TEM) evaluation of PR\_g samples.<sup>24</sup> The nanoscale surface morphology of the pure PR\_g peptide-amphiphile hydrogels was investigated with scanning electron microscopy (SEM) and cryo-SEM and verified the nanofibrous network structure of the PR\_g hydrogels and the presence of fiber bundles.<sup>28</sup> In this work AFM was used to evaluate the surface morphology of PR\_g/E2 gels for the 0.5 wt % and 1.0 wt% hydrogels (Figure 1). Gels were left to dry at room temperature or at 37 °C and AFM images were collected in air. Results showed that the method of dehydration had no effect on the surface topography. Figure 1 verified the nanofibrous structure of the PR\_g/E2 gels and the presence of bundles of nanofibers that varied in diameter between 50–130 nm for both wt%, in agreement with our previous PR\_g cryo- TEM images.<sup>24</sup>

#### Rheology

The mechanical properties of 0.5 wt% and 1.0 wt% PR\_g/E2 hydrogels were measured using oscillatory rheology (Figure 2). Both gel formulations have a storage modulus (G') greater than the loss modulus (G'), indicating that they do in fact form gels. Frequency sweeps in Figure 2 show that both hydrogels have minimal frequency dependence, indicating that there is a high degree of physical crosslinking. Because the measurement of storage and loss moduli were obtained in the linear viscoelastic regime, the elastic modulus, E, can be calculated by the following equation:

$$E=3*\sqrt{{G'}^2+{G''}^2}$$

The elastic modulus of the 0.5 wt% gels was  $429.0 \pm 21.3$  Pa and the elastic modulus of the 1.0 wt% gels was almost twice the modulus of 0.5 wt% gels, at  $808.6 \pm 38.1$  Pa.

Rheological characterization of peptide-amphiphile hydrogels with entrapped cells (Figure S1, Supporting Information) revealed that the presence of cells decreased the elastic modulus, and the decrease was a function of the cell loading (Figure 3). As Figure 3 shows, the presence of 1.35 x 10<sup>6</sup> NIH3T3/GFP cells/mL entrapped in the gels decreased the elastic modulus by approximately 40%, to  $256.8 \pm 8.7$  Pa and  $491.9 \pm 35.2$  Pa for the 0.5 wt% and 1.0 wt% hydrogels respectively. The modulus of adherent cells has been reported to be between 30 Pa and 150 Pa when measured with magnetic twisting cytometry and optical tweezers.<sup>39,40</sup> Much higher cell moduli have been reported from AFM measurements, although there is evidence to suggest that the substrate on which the cells are adhered and the state of adherence can significantly alter these measurements.<sup>41</sup> The observed decrease in hydrogel modulus after cell encapsulation may be a result of encapsulating cells that are softer than the gel, however it is more likely due to the disruption of physical interactions between nanofibers and nanofiber bundles. This is the first evidence in the peptideamphiphile literature showing the drastic changes in mechanical properties of the gel as a result of cell entrapment. While others have reported a dependence of the modulus on the concentration of the hydrogel solution for physical hydrogels used for cell culture,<sup>42–44</sup> these measurements were typically made in the absence of cells. Our results indicate that the effect of cell encapsulation on the elastic modulus of a physical hydrogel is more significant than previously thought.

Time sweep experiments were performed to determine how the elastic modulus of the hydrogels changes over time in the presence and absence of cells. Technical challenges, including sample dehydration (even though the samples were coated with low viscosity oil to prevent dehydration) and loss of contact between the hydrogel and parallel plate, prevented measurement for 5 days. For the 42 to 65 h for which data could be collected, no changes in hydrogel modulus were observed (Figure S2, Supporting Information). These results indicate that the hydrogels do not lose mechanical integrity during the time examined.

Both the 0.5 wt% and 1.0 wt% gels, with and without cells, have appropriate moduli to be used as scaffolds for tissue engineering applications, falling within the range of elastic moduli of soft tissue, 100 and 10,000 Pa.<sup>45,46</sup> In particular, hepatic and pancreatic applications would be appropriate for our hydrogel system, with moduli between 400-600 Pa<sup>47</sup> and between 640–1160 Pa<sup>48</sup> respectively.

#### Cell viability and proliferation within peptide-amphiphile hydrogels

NIH3T3/GFP fibroblasts were selected in order to easily visualize cells within our hydrogel constructs and to avoid other methods of measuring cell viability and proliferation which can be complicated by limited diffusion through the gels and high background signals from

the gels themselves. Live cells expressing GFP could be readily observed within the PR\_g/E2 gels using confocal microscopy, and z-stacks were collected at 3, 24, 48, 72 h and 5 days. Movies showing rotating 3D representations of sequential z-stacked confocal images from the samples shown in Figure 4 are provided in Supporting Information (Movie S1-S10). After 3 and 24 h cells appeared to be rounded with little spreading apparent in both the 0.5 wt% and the 1.0 wt% PR\_g/E2 gels (Figure 4 and Movie S1-S2, S6-S7, Supporting Information). This observation differs from previously reported behavior of cell attachment and spreading on 2D PR\_g hydrogels, where cells were able to attach and spread within the first 24 h.<sup>30</sup> In a 3D environment, cells appear to require more time to attach and spread. This is consistent with reports that cells embedded in a 3D matrix must first remodel their ECM before spreading, migrating, or depositing their own ECM.<sup>49–52</sup> After 48 h an increase in cell number was observed (Figure 5) as well as cell clusters or aggregates, with larger clusters observed in the 0.5 wt% versus the 1.0 wt% gel (Figure 4 and Movie S3 and S8, Supporting Information). We hypothesize that the clustering is likely a result of cell proliferation. At both 72 h and 5 days cell number continues to increase (Figure 5) along with the size of the cell clusters (Figure 4 and Movie S4–S5 and S9–S10, Supporting Information), with more and larger cell clusters observed in the 0.5 wt% gels. Higher magnification images of cells at 24 h and 5 days in the 0.5 wt% and the 1.0 wt% PR g/E2 gels are shown in Figure S3, Supporting Information.

The quantification of GFP fluorescence in Figure 5 from the 0.5 wt% gels was statistically significantly higher than the fluorescence from the 1.0 wt% gels at 48 h, 72 h and 5 days (pvalues from ANOVA analysis of all the fluorescent data can be found in Table S1–S2, Supporting Information). Confocal images combined with the fluorescence quantification indicate that cells within the 0.5 wt% gels proliferate more compared to cells within the 1.0 wt% gels. The observed increase in proliferation in the lower wt% gel formulation is consistent with observations of fibroblasts encapsulated in protein 3D scaffolds and polymer hydrogels.<sup>53,54</sup> For example, lower protein wt% resulted in bigger pore sizes and porosities due to lower protein mass per unit volume in the preparation solution, and bigger pore sizes led to better cell proliferation.<sup>53</sup> Increased porosity and interconnectivity within scaffolds has also been associated with cell migration within porous 3D scaffolds, allowing more cells to proliferate thus reducing cell death due to overcrowding.<sup>53</sup> These results are also consistent with the suggestion that highly cross-linked hydrogels and gels with higher elastic modulus make it more difficult for cells to spread and proliferate in 3D.<sup>54,55</sup> In particular, it has been shown that the proliferation and spreading of fibroblasts encapsulated in PEG hydrogels functionalized with RGD-containing peptides increased with decreasing material stiffness.<sup>54</sup> It was suggested that gels with higher stiffness pose an increased physical barrier and confinement, thus impairing cell proliferation in 3D environments. The higher the storage modulus G', the denser the gel scaffold surrounding the cells, and the smaller the space for the cells to proliferate, spread and migrate.<sup>54</sup>

Quantification of cell viability via GFP fluorescence has been demonstrated in the literature previously. The half-life of GFP in NIH3T3 fibroblasts is 2.8 h,<sup>56</sup> and decrease in fluorescence intensity has been shown to correlate well with traditional apoptosis and necrosis assays.<sup>57</sup> GFP fluorescence in dead cells returned to background levels and was indistinguishable from the autofluorescence of the live cells.<sup>58</sup> Thus, it has been

demonstrated that the loss of GFP fluorescence parallels the loss of cell viability in NIH3T3 fibroblast cells.<sup>58</sup> We examined cell viability via other ways too. First the GFP fluorescence of dead cells was evaluated and was shown to decrease rapidly (Figure S4, Supporting Information), in agreement with literature findings,<sup>58</sup> demonstrating that the GFP fluorescence of the entrapped cells in Figure 4 and 5 comes from live cells. The Live/Dead cell viability assay was also used on NIH3T3 cells (without the GFP plasmid) encapsulated in 0.5 wt% and 1.0 wt% PR\_g/E2 gels after 24 h and 5 days (Figure S5, Supporting Information). After 24 h, there was some cell death following the initial cell entrapment, as both green and red cells were observed. However, after 5 days only green cells were observed the initial entrapment.

## Real-time RT-PCR for ECM mRNA

Real-time RTPCR was used to measure the expression of ECM mRNA produced by the NIH3T3/GFP cells entrapped in the 0.5 and 1.0 wt% PR g/E2 hydrogels. After 5 days of culture, an increase in the expression of fibronectin and type VI collagen was observed for both gel concentrations (Figure 6). A previous study has also shown an increase in collagen ECM expression over time after osteogenic differentiation of dental pulp stem cells encapsulated in a matrix metal-loproteinase- sensitive, RGD-functionalized peptideamphiphile scaffold.<sup>13</sup> The mechanical properties of polymeric hydrogels have been shown before to influence ECM production in different ways, and increased cell proliferation has been frequently correlated with decreased ECM synthesis, as seen in our study.<sup>59–61</sup> This is the first study though that shows that cells within the 1.0 wt% peptide-amphiphile hydrogel had significantly higher expression of fibronectin and type IV collagen ( $\alpha 1, \alpha 2, \alpha 1 \alpha 3$ isoforms) compared to the 0.5 wt% peptide-amphiphile gels. It has previously been shown that the  $\alpha$ 3 isoform of type IV collagen plays a critical role in the assembly of stable collagen IV molecules and that increased expression of the  $\alpha$ 3 occurs simultaneously with collagen IV protein deposition.<sup>62,63</sup> The significant increase in the  $\alpha$ 3 isoform of collagen IV in the 1.0 wt% gels over time and compared to the 0.5 wt% samples is likely indicative of more fibril collagen IV protein in the ECM of the cells entrapped in the 1.0 wt% gels.

#### Histology and immunohistochemistry

Hematoxylin and eosin (H&E) staining revealed that the NIH3T3/GFP fibroblasts in both the 0.5 wt% and 1.0 wt% gels were still associated with the PR\_g/E2 peptide-amphiphile hydrogel after 5 days of culture (Figures 7A,B). Cell clusters were visible in both 0.5 wt% and 1.0 wt% gel, with larger clusters and higher density of cell clusters in the 0.5 wt% gels, consistent with the results of Figure 4. Immunohistochemistry revealed the presence of fibronectin (Figure 7C,D) and collagen IV (Figure 7E,F) ECM proteins. A negative control without primary antibodies (Figure 7G,H) showed that the fibronectin and collagen IV staining were specific. The 1.0 wt% gels appeared to have more collagen IV and fibronectin ECM proteins compared to the 0.5 wt% gels, consistent with the observed increase in mRNA expression shown in Figure 6.

## CONCLUSIONS

A peptide-amphiphile hydrogel was designed using the fibronectin-mimetic PR\_g peptideamphiphile and the E2 diluent peptide-amphiphile to support 3D cell culture. The hydrogel microstructure and mechanical properties of 0.5 wt% and 1.0 wt% gels were studied and it was found that the elastic modulus increased with higher wt% gels. Even though the presence of entrapped cells decreased the elastic modulus of the gels, the values still fall within the range reported for soft tissue, supporting the potential relevance of these hydrogels as tissue engineering scaffolds. Both 0.5 and 1.0 wt% hydrogels were able to support 3D culture and proliferation of NIH3T3/GFP fibroblasts over a period of five days. While the 0.5 wt% gels supported significantly higher rates of proliferation after 5 days of culture, the 1.0 wt% gels supported significantly higher mRNA expression and production of ECM proteins. These results show that the PR\_g/E2 peptideamphiphile hydrogels are an effective scaffold for 3D cell culture which has the potential to improve the design of ECM mimetic scaffolds for tissue engineering.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

This work was supported by NSF/CBET-1253913. CMS was partially supported by a biotechnology training grant 5T32 GM08347.

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## Figure 1.

AFM images (5  $\mu$ m x 5  $\mu$ m) in air of 5 mol% PR\_g – 95 mol% E2 peptide-amphiphile hydrogels at (A) 0.5 wt% and (B) 1.0 wt%.



## Figure 2.

Rheology of 5 mol% PR\_g - 95 mol% E2 peptide-amphiphile hydrogels. Data are shown as the mean  $\pm$  standard error from 3 independent experiments (n=3). Filled symbols represent the storage modulus (G') and open symbols represent the loss modulus (G'').



## Figure 3.

Elastic modulus of 5 mol% PR\_g - 95 mol% E2 peptide-amphiphile hydrogels as a function of NIH3T3/GFP cell loading. Data are shown as the mean  $\pm$  standard error from 3 independent experiments (n=3). ANOVA analysis was performed and statistical significance noted for the bracketed data (\* p < 0.05, \*\* p < 0.005, † p > 0.05).



## Figure 4.

Representative confocal images of NIH3T3/GFP fibroblasts in 5 mol% PR\_g - 95 mol% E2 peptide-amphiphile hydrogels over time. Images shown are 100  $\mu$ m above the bottom of the well and 900  $\mu$ m below the surface of (A-E) 0.5 wt% gels and (F-J) 1.0 wt% gels. NIH3T3/GFP cells are shown in green. The scale bar is 100  $\mu$ m for all images.



## Figure 5.

Fluorescence quantification from NIH3T3/GFP fibroblasts entrapped in 5 mol% PR\_g - 95 mol% E2 gels over time. Data described are the relative fluorescence units (RFU) detected from the GFP-expressing cells normalized to the 3 h time point. Data shown as mean  $\pm$  standard error from four independent experiments (n=4) done in triplicates. ANOVA analysis was performed and p-values are reported in Tables S1–S2, Supporting Information.



## Figure 6.

Real-time PCR results of ECM mRNA expression from the NIH3T3/GFP cells entrapped in 5 mol% PR\_g - 95 mol% E2 gels. Fold increase in expression compares 3 h and day 5 expression of fibronectin (FN1) and collagen IV (Col4 $\alpha$ 1, Col4 $\alpha$ 2, Col4 $\alpha$ 3). Data are shown as mean  $\pm$  standard error from four independent experiments (n=4) done in triplicates. Statistical analysis was performed using a one-sided t-test and significance is noted for bracketed data (\* p < 0.05; \*\* p < 0.01).



## Figure 7.

Histological and immunohistochemical evaluation of  $1.35 \times 10^6$  NIH3T3/GFP cells/mL entrapped for 5 days in 0.5 wt% and 1.0 wt% hydrogels of 5 mol% PR\_g - 95 mol% E2 peptide-amphiphiles. H&E stain (A,B), fibronectin stain (C,D), collagen IV stain (E,F), and a negative control without primary antibodies (G, H). The scale bar is 50 µm for all images.

## Table 1

Forward (F) and reverse (R) primer sequences for fibronectin (FN1), collagen IV (Col4 $\alpha$ 1, Col4 $\alpha$ 2, Col4 $\alpha$ 3), and housekeeping gene GAPDH.

Gene	Primer	Sequence
FN1	F	GCCACCATTACTGGTCTGGA
	R	GGTTGGTGATGAAGGGGGGTC
Col4a1	F	TTAGCAGGTGTGCGGTTTGT
	R	GGCGAGCCAAAAGCTGTAAG
Col4a2	F	CGGCGTAATCTCAAAAGGCG
	R	GGCCTCTGCTTCCTTTCTGT
Col4a3	F	GAGAACCATCCGTAGGCAGG
	R	CTTCGACCTGGTTGCCCTTT
GAPDH	F	GAAACCTGCCAAGTATGATGACA
	R	CTTGCTCAGTGTCCTTGCTG