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## Effects of Postnatal Estrogen Manipulations on Juvenile Alloparental Behavior

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### Abstract

Sex- and species-specific patterns of estrogen receptor (ER)- $\alpha$  expression are established early in development, which may contribute to sexual differentiation of behavior and determine male social organization. The current study investigated the effects of ER $\alpha$  and ER $\beta$  activation during the second postnatal week on subsequent alloparental behavior and ER $\alpha$  expression in juvenile prairie voles. Male and female pups were treated daily with 17 $\beta$ -estradiol (E2, ER $\alpha$ /ER $\beta$  agonist), PPT (selective ER $\alpha$  agonist), DPN (selective ER $\beta$  agonist), or the oil vehicle on postnatal days (PD) 8-14. Alloparental behavior and ER $\alpha$  expression were examined at PD21. PPT treatment inhibited prosocial motivation in males and increased pup-directed aggression in both sexes. E2 and DPN had no apparent effect on behavior in either sex. PPT-treated males had increased ER $\alpha$  expression in the medial preoptic area (MPN), medial amygdala (MEApd) and bed nucleus of the stria terminalis (BSTpr). DPN treatment also increased ER $\alpha$  expression in males, but only in the BSTpr. Female ER $\alpha$  expression was unaffected by treatment. These results support the hypothesis that ER $\alpha$  activation in early life is associated with less prosocial patterns of central ER $\alpha$  expression and alloparental behavior in males. The lack of an effect of E2 on behavior suggests that ER $\beta$  may antagonize the effects of ER $\alpha$  on alloparental behavior. The results in DPN-treated males suggest that ER $\alpha$  in the MEApd, and not the BSTpr, may be a primary determinant of alloparental behavior in males.

### Keywords

estradiol; PPT; DPN; alloparental behavior; prairie vole; estrogen receptor alpha

### INTRODUCTION

Prosocial behaviors consist of “positive” social interactions that benefit other individuals (Penner et al., 2005). Reproductive strategies often involve a trade-off between mating

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potential and prosocial behavior. Thus, highly prosocial strategies are characterized by delayed maturation, the formation of long-term social bonds and higher levels of caring for young, whereas less prosocial strategies involve rapid maturation, a focus on short-term mating opportunities and reduced care for young. Aggression and prosocial behavior, while not mutually exclusive, are typically considered to be opposite ends of social behavior, with high levels of aggression being considered to limit the expression of prosocial behavior—especially caring for young (Trivers, 1972; Wingfield et al., 1990).

Steroid hormones have been associated with both prosocial behavior and aggression (Del Giudice, 2009; Fernandez-Duque et al., 2009; Rilling and Young, 2014; Soma et al., 2008; Trainor et al., 2006; Yildirim and Derksen, 2012). However, studies on the role of estrogen in regulating these behaviors have produced mixed findings, which may reflect a number of factors including timing of treatment, sex, species, and/or the study design. Adding to this complexity, the two primary estrogen receptors (ER $\alpha$  and ER $\beta$ ) can have opposing, synergistic or sequentially coordinated influences over behavior (Rissman, 2008). In general, ER $\alpha$  is associated with increased aggression, anxiety and emotionality—traits that should inhibit prosocial behavior—whereas ER $\beta$  is associated with reduced aggression and anxiety and enhanced cognition—traits that should facilitate prosocial behavior (Nomura et al., 2002; Ogawa et al., 1998; Oyola et al., 2012; Scordalakes and Rissman, 2004; Walf et al., 2009; Walf and Frye, 2005). Therefore, we hypothesized that ER $\alpha$  activation would reduce prosocial behavior in naïve males and females, whereas ER $\beta$  activation would enhance prosocial behavior.

Alloparental care in the prairie vole (*Microtus ochrogaster*) provides an excellent opportunity to study the role of estrogen receptors in regulating prosocial behavior and aggression in naïve males and females. As juveniles, both sexes are highly alloparental and rarely attack pups (Bales et al., 2004; Lonstein and De Vries, 2001). Reproductively-naïve adult males remain highly alloparental, whereas naïve adult females are more likely to show pup-directed aggression (Bales et al., 2004; Lonstein and De Vries, 1999; Lonstein and De Vries, 2000a). Thus, adolescence involves the reduction in prosocial behavior in females only, unlike most other rodent species in which both sexes show a developmental decline in alloparental behavior (Lonstein and De Vries, 2000b). The majority of adult female prairie voles will only revert to displaying high levels of alloparental behavior once they have given birth to pups (Hayes and De Vries, 2007). Estrogen and ER are thought to contribute to the reorganization of female prosocial behavior during motherhood (Olazábal et al., 2013), the mechanisms underlying its reorganization in naïve individuals during adolescence are less clear.

In part because social monogamy is distinguished by increased prosocial behavior by males, we have a greater understanding of the mechanisms regulating male prosocial behavior. While many factors contribute to male prosocial behavior, low levels of ER $\alpha$  expression in the medial amygdala (MEApd) and bed nucleus of the stria terminalis (BSTpm) appears to be a critical determinant (Cushing et al., 2008; Cushing and Wynne-Edwards, 2006; Lei et al., 2010). ER $\alpha$  expression in the MEApd and BSTpm is relatively limited during the first postnatal week and increases dramatically between the second and third postnatal weeks in both sexes, but with an attenuated rise in males that produces a significant sex difference

(Yamamoto et al., 2006). Males show a further reduction in ER $\alpha$  expression in the MEApd and BSTpm between weaning and adulthood (Cushing et al., 2004; Kramer et al., 2006; Yamamoto et al., 2006), which renders these brain regions less sensitive to ER $\alpha$  activation. Several studies have shown that over-riding the reduced ER $\alpha$  expression in these regions with viral vectors containing ER $\alpha$  cDNA (Cushing et al., 2008; Lei et al., 2010) or neonatal castration (Cushing and Kramer, 2005; Lonstein et al., 2002) reduces male prosocial behavior.

Therefore, to test the hypothesis that ER $\alpha$  activation reduces prosocial behavior in naïve males and females, we treated voles with estradiol (E2) or ER-selective agonists during the second postnatal week and examined their alloparental behavior one week later at weaning. We predicted that selective ER $\alpha$  activation would increase pup-directed aggression and reduce prosocial motivation in both sexes, and increase ER $\alpha$  expression in the MEApd and BSTpm of males only (i.e., reorganize the brain into a less prosocial configuration). We predicted that ER $\beta$  activation would increase prosocial behavior, decrease aggression and reduce ER $\alpha$  expression in the MEApd and BSTpm of males; however, as control juveniles were expected to be highly prosocial, these behavioral effects might be obscured by an apparent “ceiling effect”.

## MATERIALS AND METHODS

### Husbandry

Prairie voles were maintained on a 14:10 hour light:dark cycle (lights on at 06:00) and provided with high fiber rabbit chow and water *ad libitum*. On the day of birth, animals were sexed and marked for identification with a single toe clip- a standard and approved technique for Microtines, as they lack extensive pinnae and there is no other way to reliably mark individuals for later identification across treatment and testing phases. Subjects remained with the dam, sire, and litter mates until testing at postnatal day (PD) 21, the typical age for weaning. In no case were subjects exposed to their mother's subsequent litter. Thus, the alloparental test was the first experience with pups for all subjects. All experimental procedures were carried out in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals and were preapproved by the University of Illinois Committee on the Use and Care of Animals.

### Treatments

Animals were randomly assigned within each litter to receive one of four daily treatments between PD8-14: 5  $\mu$ g of 17- $\beta$ -estradiol (E2; Sigma; (Kuiper et al., 1997)), 5  $\mu$ g of the ER $\alpha$ -selective agonist 4,4',4''-(4-Propyl-[1H]-pyrazole-1,3,5-triyl)trisphenol (PPT; Tocris Bioscience; (Stauffer et al., 2000)), 5  $\mu$ g of the ER $\beta$ -selective agonist diarylpropionitrile (DPN; Tocris Bioscience; (Meyers et al., 2001)), or sesame oil vehicle (Sigma). All injections were 25  $\mu$ l in volume and given subcutaneously. Doses were based on average weight of PD8 vole (~8 g) and are within the range of doses used in other studies (Clipperton-Allen et al., 2011; Landau et al., 1978; Uban et al., 2011). The treatment period (PD8-14) was selected because it has been shown to be a sensitive period for estrogenic manipulations in voles, unlike the first postnatal week (Kramer et al., 2009; Lonstein and De

Vries, 2000a; Sullivan et al., 2014), and corresponds to the developmental stage in which ER $\alpha$  expression begins to increase and become sexually dimorphic (Yamamoto et al., 2006). It also precedes the period during which males presumably become less sensitive to ER $\alpha$  activation due to their reduction in ER $\alpha$  expression in the MEApd and BSTpm. Additional non-treated controls were obtained from breeders that were left undisturbed outside of routine cage changes to control for potential effects of the handling procedure required for PD8-14 injections. As there were no differences between oil and non-treated controls, they were combined into a single control group.

### Alloparental behavior

At PD21, subjects were removed from the home cage and allowed to acclimate to the testing apparatus for at least 45 minutes, during which time food and water were freely available. The testing apparatus consisted of two standard size mouse cages (29 cm  $\times$  19 cm  $\times$  13 cm) connected by an 8 cm long clear acrylic tube. After the acclimation period, food and water were removed and an unrelated pup (PD1-3) was introduced into the center of the unoccupied chamber. The 10-minute test began when the experimental subject placed both forepaws into the cage containing the pup and was terminated if this failed to happen within 30 minutes. The test was stopped immediately if at any time a pup was attacked and its wounds treated, or euthanized if necessary. The primary variables of interest were the percentage of attackers in each group and the total duration of pup contact, which included huddling over the pup and licking and grooming the pup. Retrieval and pup carrying were relatively rare in all groups and were not included in the measure of total pup contact. Non-attacking individuals were further divided into two alloparental categories based on their total duration of pup contact, with individuals displaying 103 seconds or more of pup contact designated “high alloparental” and those with less than 103 seconds designated “low alloparental.” The 103-second threshold was empirically derived from the lower quartile of the combined male and female controls in the present experiment (n= 71).

### Immunohistochemistry and Image Analysis

Immediately after testing, experimental subjects were deeply anesthetized and their brains were removed following transcardiac perfusion with 4% paraformaldehyde and 2.5% acrolein (pH 7.4). Brains were post-fixed for 24 hours in 4% paraformaldehyde and equilibrated in 25% sucrose. 30- $\mu$ m sections were cut on a freezing sliding microtome and stored in cryoprotectant at  $-20^{\circ}$  C. Standard avidin:biotinylated enzyme complex (ABC) immunohistochemistry was conducted on free-floating sections using anti-ER $\alpha$  IgG (Santa Cruz Biotechnology, MC-20, diluted 1:7,500) generated in rabbit. Briefly, sections were treated with 1% sodium borohydride and 0.014% phenylhydrazine to quench unreacted aldehydes from the perfusion and inactivate endogenous peroxidases, respectively. Sections were incubated in the primary antibody solution for 1 hour at room temperature, and then for an additional ~60 hours at  $4^{\circ}$  C. Sections were incubated in anti-rabbit IgG (Vector Laboratories, BA-1000, diluted 1:600) for 1 hour at room temperature, followed by incubation in ABC solution (Vector Laboratories, Vectastain Elite PK-6100, prepared according to manufacturer's instructions) for 1 hour at room temperature. ER $\alpha$  was visualized by incubation in nickel-enhanced diaminobenzadine (Ni-DAB) solution for 15 min at room temperature. Sections were mounted on slides, air-dried, dehydrated through an

ascending ethanol series, cleared with xylene and coverslipped using Enetellan rapid mounting medium. ER $\alpha$ -immunoreactivity(-ir) was quantified with NIH ImageJ (Schneider et al., 2012). The number of ER $\alpha$ -ir cells was determined in the regions of interest using a 40 $\times$  objective, according to procedures described previously by our laboratory (Perry et al., 2009).

## Statistics

Only data from non-attacking individuals were used in the analyses of total pup contact duration. Durations were rank transformed and aligned for sex, treatment and their interaction for nonparametric factorial analyses using ANOVA procedures (Wobbrock et al., 2011). Separate Q' tests employing the Wilson variance were used to analyze differences in the proportion of individuals in each alloparental category (high alloparental, low alloparental and attack) due to the relatively small sample sizes and occurrence of cells with expected counts < 5 in some groups (Michael, 2007). ER $\alpha$ -ir was analyzed by ANOVA with sex and treatment as independent factors. Pair-wise comparisons were only made between each treatment and the control within each sex and between males and females within each treatment using Fisher's test of least significant differences and results were considered significant where  $p < 0.05$ . Eta-squared values ( $\eta^2$ ), Kramer's Phi ( $\phi_c$ ) or Cohen's d values are provided as indicators of effect size. ANOVA procedures were conducted in SPSS (v. 20.0), whereas the Q' tests were performed in Excel (template downloaded from <http://www.tqmp.org>).

## RESULTS

### Effects of treatments on alloparental behavior

There was a significant interaction between sex and treatment on pup contact duration (Fig. 1;  $F_{3,150} = 3.22$ ,  $p = 0.024$ ,  $\eta^2 = 0.06$ ). PPT treatment reduced pup contact in males ( $p = 0.017$ , Cohen's  $d = 0.98$ ) and tended to increase the duration of pup contact in females ( $p = 0.054$ , Cohen's  $d = 0.42$ ) compared to their controls, which resulted in a significant sex difference within the PPT group ( $p = 0.015$ , Cohen's  $d = 1.64$ ). In contrast, there were no apparent differences between males and females in the other groups (Control:  $p = 0.054$ , Cohen's  $d = 0.09$ ; E2:  $p = 0.663$ , Cohen's  $d = 0.06$ ; DPN:  $p = 0.473$ , Cohen's  $d = 0.03$ ). Contact durations for the other treatments were not different from controls in either males (E2:  $p = 0.491$ , Cohen's  $d = 0.07$ ; DPN:  $p = 0.473$ , Cohen's  $d = 0.17$ ) or females (E2:  $p = 0.75$ , Cohen's  $d = 0.08$ ; DPN:  $p = 0.915$ , Cohen's  $d = 0.04$ ).

There was a significant treatment effect (Fig. 2;  $Q' = 8.23$ ,  $d.f. = 3$ ,  $p = 0.042$ ,  $\phi_c = 0.20$ ) and interaction between sex and treatment in the high alloparental category ( $Q' = 10.28$ ,  $d.f. = 3$ ,  $p = 0.016$ ,  $\phi_c = 0.22$ ). The percentage of PPT-treated males in this category was significantly less than their controls ( $p < 0.001$ , Cohen's  $d = 0.95$ ) and PPT-treated females ( $p = 0.024$ , Cohen's  $d = 0.86$ ). The other treatments did not differ from controls in either males (E2:  $p = 0.917$ , Cohen's  $d = 0.17$ ; DPN:  $p = 1.00$ , Cohen's  $d = 0.03$ ) or females (E2:  $p = 0.998$ , Cohen's  $d = 0.04$ ; PPT:  $p = 0.983$ , Cohen's  $d = 0.09$ ; DPN:  $p = 0.985$ , Cohen's  $d = 0.09$ ), and there were no other significant sex differences (Control:  $p = 0.997$ , Cohen's  $d = 0.05$ ; E2:  $p = 0.823$ , Cohen's  $d = 0.28$ ; DPN:  $p = 0.951$ , Cohen's  $d = 0.18$ ).

There was also a significant interaction between sex and treatment in the low alloparental category (Fig. 2;  $Q' = 9.99$ , d.f. = 3,  $p = 0.019$ ,  $\phi_c = 0.22$ ). PPT treatment reduced the percentage of females in this category compared to their controls ( $p = 0.036$ , Cohen's  $d = 0.59$ ) and PPT-treated males ( $p = 0.017$ , Cohen's  $d = 0.98$ ). The other treatments did not differ from controls in either males (E2:  $p = 0.967$ , Cohen's  $d = 0.12$ ; PPT:  $p = 0.535$ , Cohen's  $d = 0.37$ ; DPN:  $p = 0.865$ , Cohen's  $d = 0.22$ ) or females (E2:  $p = 0.997$ , Cohen's  $d = 0.05$ ; DPN:  $p = 0.985$ , Cohen's  $d = 0.10$ ), and there were no other significant sex differences (Control:  $p = 0.957$ , Cohen's  $d = 0.12$ ; E2:  $p = 0.937$ , Cohen's  $d = 0.20$ ; DPN:  $p = 1.00$ , Cohen's  $d = 0.00$ ).

There was a main effect of treatment (Fig. 2;  $Q' = 12.07$ , d.f. = 3,  $p = 0.007$ ,  $\phi_c = 0.24$ ) on the proportion of voles that attacked the pup. Voles treated with PPT were significantly more likely to attack the pup compared to controls ( $p = 0.012$ , Cohen's  $d = 0.60$ ), whereas the other treatments were similar to controls (E2:  $p = 1.00$ , Cohen's  $d = 0.02$ ; DPN:  $p = 0.90$ , Cohen's  $d = 0.13$ ). There were no significant sex differences in any group (Control:  $p = 0.995$ , Cohen's  $d = 0.06$ ; E2:  $p = 0.968$ , Cohen's  $d = 0.15$ ; PPT:  $p = 0.973$ , Cohen's  $d = 0.13$ ; DPN:  $p = 0.904$ , Cohen's  $d = 0.25$ ).

### Effects of selective estrogen receptor agonists on ER $\alpha$ -ir

There was a significant main effect of sex on ER $\alpha$ -ir in the MPN ( $F_{1,36} = 15.35$ ,  $p < 0.001$ ,  $\eta^2 = 0.22$ ) and interaction between sex and treatment ( $F_{2,36} = 3.80$ ,  $p = 0.032$ ,  $\eta^2 = 0.11$ ). Females had overall greater ER $\alpha$ -ir in the MPN than males; however, this sex difference was only present in controls ( $p < 0.001$ , Cohen's  $d = 2.95$ ) and DPN-treated voles ( $p = 0.013$ , Cohen's  $d = 1.45$ ), as PPT-treated males and females were not significantly different ( $p = 0.916$ , Cohen's  $d = 0.07$ ). PPT treatment increased ER $\alpha$ -ir in the MPN of males relative to controls ( $p = 0.013$ , Cohen's  $d = 2.39$ ), whereas DPN-treated and control males were not significantly different ( $p = 0.377$ , Cohen's  $d = 0.64$ ). There were no differences between the controls and either treatment in females (PPT:  $p = 0.247$ , Cohen's  $d = 0.60$ ; DPN:  $p = 0.899$ , Cohen's  $d = 0.07$ ).

There was a significant main effect of sex on ER $\alpha$ -ir in the MEApd ( $F_{1,37} = 8.25$ ,  $p = 0.007$ ,  $\eta^2 = 0.13$ ) and an interaction between sex and treatment ( $F_{2,37} = 3.75$ ,  $p = 0.033$ ,  $\eta^2 = 0.12$ ). Females had significantly more ER $\alpha$ -ir in the MEApd than males; however, this sex difference was only present in controls ( $p = 0.001$ , Cohen's  $d = 1.35$ ) and DPN-treated voles ( $p = 0.007$ , Cohen's  $d = 3.34$ ), as there was no significant difference between PPT-treated males and females ( $p = 0.527$ , Cohen's  $d = 0.49$ ). PPT treatment increased ER $\alpha$ -ir in the MEApd of males compared to controls ( $p = 0.003$ , Cohen's  $d = 2.34$ ), whereas there was no effect of DPN ( $p = 0.971$ , Cohen's  $d = 0.03$ ). There were also no significant differences between the controls and either treatment in females (PPT:  $p = 0.986$ , Cohen's  $d = 0.01$ ; DPN:  $p = 0.504$ , Cohen's  $d = 0.33$ ).

There was a significant effect of treatment on ER $\alpha$ -ir in the BSTpr ( $F_{2,38} = 5.00$ ,  $p = 0.012$ ,  $\eta^2 = 0.16$ ) and an interaction between sex and treatment ( $F_{2,38} = 4.35$ ,  $p = 0.02$ ,  $\eta^2 = 0.14$ ). The controls were the only group in which there was a significant sex difference, with females having greater ER $\alpha$ -ir than males ( $p = 0.001$ , Cohen's  $d = 2.03$ ), whereas ER $\alpha$ -ir was similar between the sexes in both the PPT ( $p = 0.775$ , Cohen's  $d = 0.19$ ) and DPN groups ( $p = 0.71$ , Cohen's  $d = 0.20$ ). In males, both PPT ( $p = 0.01$ , Cohen's  $d = 3.60$ ) and DPN ( $p = 0.001$ ,

Cohen's  $d=2.50$ ) increased ER $\alpha$ -ir compared to controls, whereas these treatments were not significantly different from controls in females (PPT:  $p=0.701$ , Cohen's  $d=0.18$ ; DPN:  $p=0.68$ , Cohen's  $d=0.21$ ).

## DISCUSSION

The results supported our hypothesis that ER $\alpha$  activation reduces prosocial behavior, as PPT treatment increased aggression in both sexes and reduced prosocial motivation in males. Selective activation of ER $\beta$  with DPN had no effect on alloparental behavior in males or females- consistent with our expectation of a “ceiling effect”, which is also supported by the fact that control males and females were highly prosocial and displayed low levels of aggression. Combined ER $\alpha$ /ER $\beta$  activation with E2 also had no apparent effect on alloparental behavior, which suggests that concurrent ER $\beta$  activation may counteract the effects of ER $\alpha$  on prosocial behavior and aggression. In males, PPT treatment increased ER $\alpha$  expression in the MPN, MEApd and BSTpr, which is generally consistent with the central pattern of ER $\alpha$  expression associated with low levels of prosocial behavior. Counter to our prediction, DPN treatment also increased ER $\alpha$  expression in males- but only in the BSTpr.

### Treatment Effects on Alloparental Behavior

Our data demonstrate that ER $\alpha$  activation reduced alloparental behavior in both males and females, but more specifically it enhanced pup-directed aggression in both sexes and reduced prosocial motivation selectively in males. These findings demonstrate that ER $\alpha$  can regulate multiple dimensions of alloparental behavior, and that aggression and prosocial motivation can be independently regulated in a sex-specific fashion.

All criteria for alloparental behavior require the absence of pup-directed aggression, but the amount of prosocial motivation an individual must display in order to be considered alloparental is more varied and subjective (published studies have used minimal contact thresholds ranging from 30-180 seconds for tests lasting 10-15 minutes (Ahern and Young, 2009; Cushing et al., 2008; Lonstein and De Vries, 2000a)). Furthermore, “non-alloparental” individuals are typically lumped together irrespective of whether they attacked the pup or displayed low levels of prosocial motivation. Thus, it is presently difficult to discern whether aggression and prosocial motivation represent a single continuum or separate dimensions of alloparental behavior.

Our findings suggest that aggression and prosocial motivation represent separate dimensions of alloparental behavior, as PPT treatment differentially regulated these behaviors in males and females (i.e., increased aggression in both sexes and reduced prosocial motivation selectively in males). While ER $\alpha$  activation increased aggression in both sexes, it is presently unknown whether this reflects a conserved mechanism in males and females, or whether activation of ER $\alpha$  in sex-specific pathways converges on similar increases in aggression. Therefore, additional studies are needed to elucidate how ER $\alpha$  activation translates into increased pup-directed aggression in males and females.

In contrast, prosocial motivation appeared to be selectively affected by ER $\alpha$  activation in males. While the decrease in the number of “low alloparental” females seems to suggest that ER $\alpha$  activation altered their prosocial motivation, a closer inspection of the data suggests that PPT likely transformed potentially “low alloparental” females into “attackers” without affecting prosocial motivation in the “high alloparental” females (i.e., the bottom of the distribution dropped out to become attackers leaving the upper distribution unaffected). A similar phenomenon might occur in PPT-treated males, such that individuals with the lowest prosocial motivation might also be more vulnerable and rendered more likely to attack the stimulus pup. However, as prosocial motivation is also sensitive to ER $\alpha$  activation in males, the potentially “high alloparental” individuals would have been transformed into “low alloparental” males and ended up in the bottom of the distribution.

The majority of our findings support the hypothesis that ER $\alpha$  activation reduces prosocial behavior and/or increases aggression in naïve males and females. However, there is evidence that estradiol can also increase prosocial behavior in naïve individuals, as estradiol increased alloparental behavior in adult female voles (Lonstein and De Vries, 1999) and blocking estradiol production with an aromatase inhibitor during PD8-14 decreased alloparental behavior in male voles (Kramer et al., 2009). We hypothesize that these examples reflect the actions of estradiol through ER $\beta$ . While our findings from the current study do not directly support the hypothesis that ER $\beta$  activation promotes prosocial behavior, our negative findings in E2-treated voles might suggest that ER $\beta$  activation can counteract the negative effects of ER $\alpha$  activation on prosocial behavior and aggression—consistent with numerous other studies demonstrating an antagonistic relationship between ER $\alpha$  and ER $\beta$  (Mazzucco et al., 2008; Sá et al., 2013; Song and Pan, 2012). However, future studies will need to directly address this possibility by treating subjects with combinations of PPT and DPN, or with E2 in conjunction with selective antagonists (Santollo et al., 2010). It would also be worthwhile to examine the effects of ER $\beta$  activation on alloparental behavior under conditions in which it is naturally low (e.g., adult naïve females), which would clarify whether ER $\beta$  directly increases prosocial motivation, reduces aggression and/or simply antagonizes the function of ER $\alpha$ .

### Treatment Effects on Estrogen Receptor $\alpha$ Expression

The increases in ER $\alpha$  expression in the MPN, MEApd and BSTpm of males following PPT treatment and in the BSTpm following DPN treatment are consistent with the ability of sex steroids to modulate the expression of their receptors. Many studies have shown relatively acute effects of hormone exposure that primarily involve down-regulation of ER $\alpha$  expression, which is thought to reflect a negative feedback loop that can be mediated by activation of either ER $\alpha$  or ER $\beta$  (Kelly et al., 2013; Leite et al., 2014; Matsuda et al., 2013). However, the increases in ER $\alpha$  expression following PPT and DPN treatment in our study were present a full week after the final injection, suggesting a more permanent up-regulation and reorganization. Additional studies will be required to see if the increases in ER $\alpha$  are maintained or undergo additional modifications during adolescence and adulthood (Kramer et al., 2007; Yamamoto et al., 2006).



Future studies will also be required to determine whether the changes in ER $\alpha$  expression following PPT and DPN treatment are mediated directly by agonist activation of their respective receptors, or indirectly via other mechanisms and feedback loops, including those in the periphery and/or inter-connected brain regions. In this regard, examining the effects of E2 on subsequent ER $\alpha$  expression, both on its own and in conjunction with selective antagonists, as well as the use of site-specific infusions within discrete brain regions, would shed further light on how different patterns of ER $\alpha$  and ER $\beta$  activation affect the brain and prosocial behavior.

### **Potential Contributions of Altered ER $\alpha$ Expression to Alloparental Behavior**

The reorganization of ER $\alpha$  expression following PPT treatment in males likely contributed to their increased aggression and reduced prosocial motivation. Numerous studies have implicated ER $\alpha$  expression in the MEApd and BSTpm as a critical factor determining male prosocial behavior (Cushing et al., 2004; 2001; Cushing and Wynne-Edwards, 2006; Roberts and Carter, 1997). Increasing ER $\alpha$  specifically in the MEApd or BSTpm reduces prosocial behavior in male prairie voles, with the former being particularly detrimental to alloparental care (Cushing et al., 2008; Lei et al., 2010). Thus, our results with PPT- and DPN-treated males support the hypothesis and numerous empirical studies suggesting that low levels of ER $\alpha$  in the MEApd, but not BSTpm, are essential for male alloparental behavior. While ER $\alpha$  expression was not altered in PPT-treated females, it is probable that some of the downstream effects of ER $\alpha$  activation persisted even after the cessation of treatment and contributed to their increased aggression. Therefore, identifying these mechanisms will be important for gaining a better understanding of the regulation of prosocial behavior in females.

It is presently unknown how high levels of ER $\alpha$  expression in the MEApd might translate into increased aggression and reduced prosocial motivation. However, E2 influences several aspects of MEApd structure and function in rodents, including increased soma size, regional volume, spine density, astrocytic markers and excitatory neurotransmission (Castilhos et al., 2008; Cooke et al., 2003; Gomez and Newman, 1991; Martinez et al., 2006; Morris et al., 2008; Schiess et al., 1988). Therefore, we hypothesize that increased ER $\alpha$  expression in the MEApd would enhance the propagation of pup-related sensory information through circuits leading to aggression (Kirkpatrick et al., 1994; Olazábal et al., 2013; Tachikawa et al., 2013). Consistent with this hypothesis, the transition from attacking pups to paternal behavior is associated with attenuated activation of neural circuits downstream of the MEApd in male mice (Tachikawa et al., 2013).

### **Summary/Conclusion**

Alloparental behavior was disrupted by PPT treatment in both male and female prairie voles, which is consistent with our hypothesis that ER $\alpha$  activation reduces prosocial behavior in naïve individuals. In males, ER $\alpha$  activation was associated with both increased aggression and reduced prosocial motivation, whereas in females ER $\alpha$  activation was only associated with increased aggression. Thus, the neural substrates of prosocial behavior and/or the involvement of ER $\alpha$  therein might be quite different in naïve males and females. In this regard, it is noteworthy that one of the prime examples of female prosocial behavior (i.e.,

maternal care) is highly dependent upon ER $\alpha$  (Ribeiro et al., 2012). Thus, while ER $\alpha$  may reduce prosocial behavior and/or increase aggression in naïve females, it may take on new roles and actually promote prosocial behavior in reproductive females. Such “plasticity” in the role of ER $\alpha$  in female prosocial behavior might explain why only aggression, and not prosocial motivation, was sensitive to ER $\alpha$  activation- unlike the situation in males in which both were affected.

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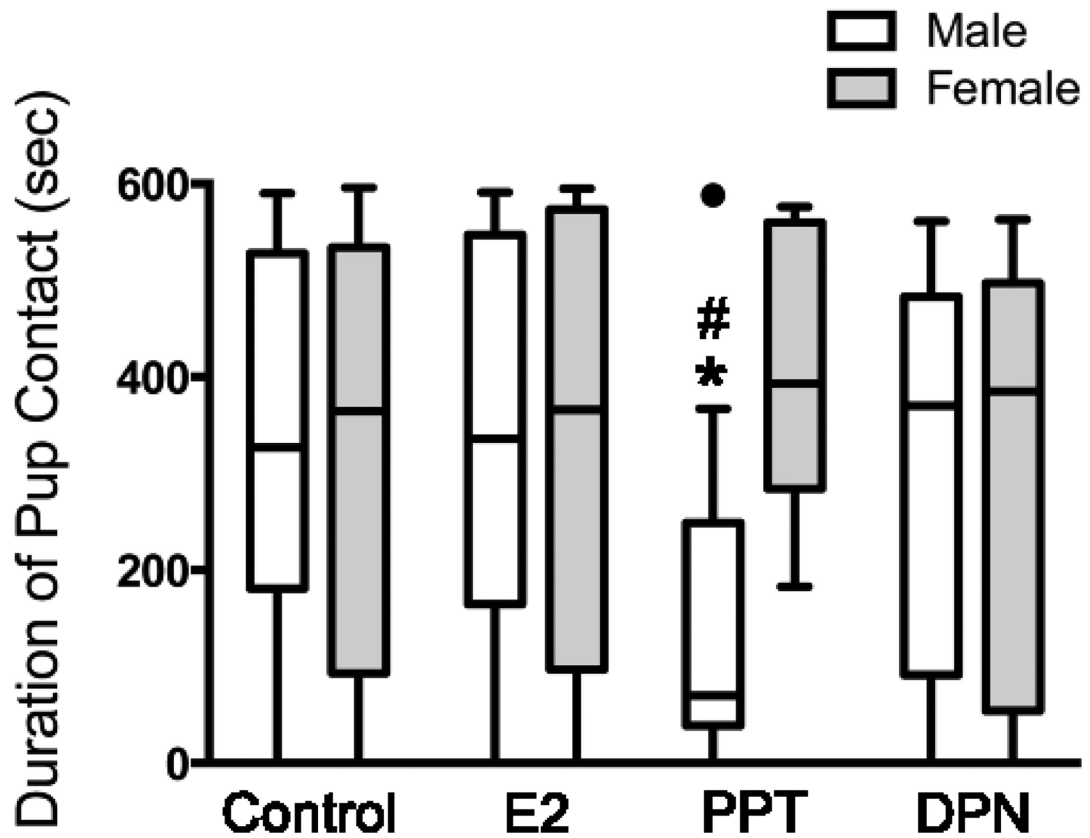
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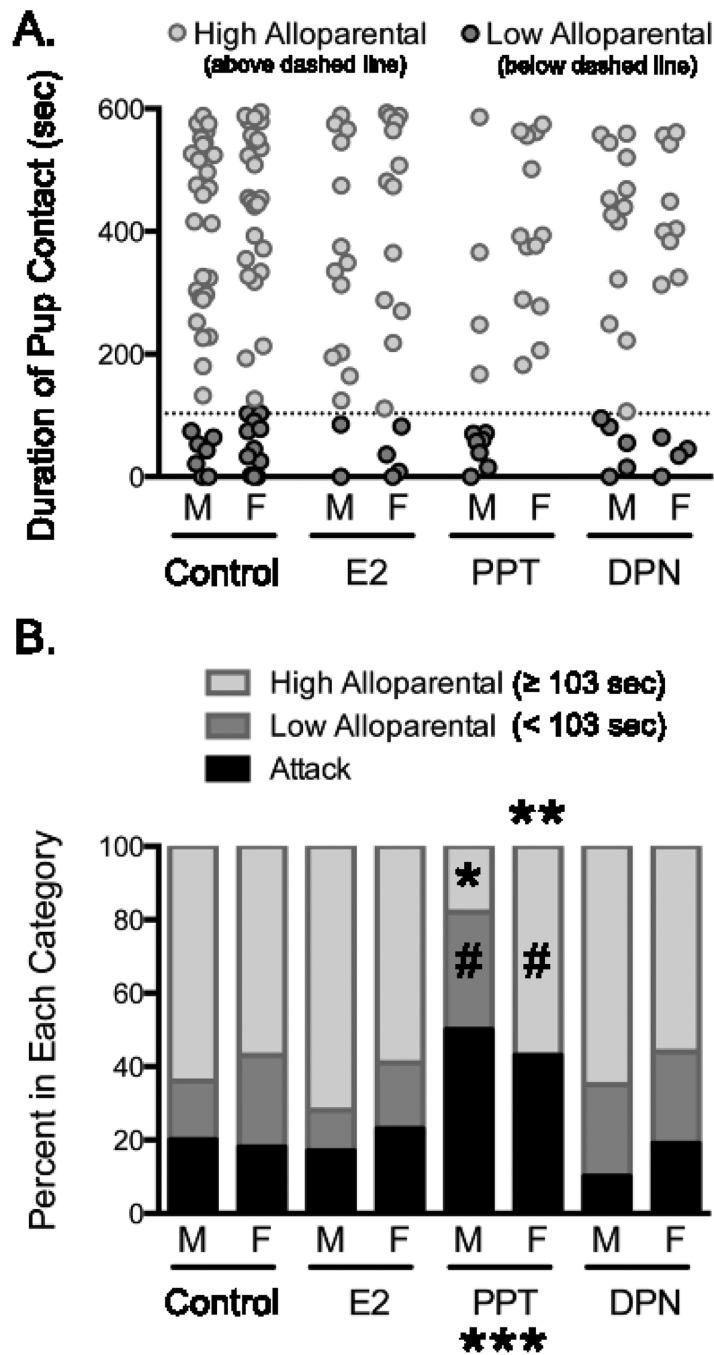
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### Highlights

- Postnatal ER $\alpha$  activation increased pup-directed aggression in males and females.
- Postnatal ER $\alpha$  activation reduced pup contact duration in males.
- Postnatal ER $\alpha$  activation reduced the number of “low alloparental” females.
- Postnatal ER $\alpha$  activation increased ER $\alpha$  expression in several brain regions in males.
- ER $\alpha$  expression was unaffected by any treatment in females.



**Figure 1. ER $\alpha$  activation reduces subsequent alloparental behavior in juvenile males**  
Treatments were administered between PD8-14 and behavior was tested on PD21. Tukey box-and-whisker plot of the data for total duration of contact with the pup (e.g., huddling, licking and grooming) displaying medians and inter-quartiles ranges for each group (● = an outlier in the male PPT group). \*,  $p < 0.05$  compared to controls within the same sex and #,  $p < 0.05$  compared to females within the same treatment. Controls (n= 35 males, 36 females), E2= 17 $\beta$ -estradiol (ER $\alpha$  and ER $\beta$  agonist, 5 $\mu$ g, n= 15 males, 17 females), PPT= 4,4',4''-(4-Propyl-[1H]-pyrazole-1,3,5-triyl)trisphenol (ER $\alpha$  agonist, 5 $\mu$ g, n= 11 males, 13 females) and DPN= diarylpropionitrile (ER $\beta$  agonist, 5 $\mu$ g, n= 18 males, 13 females).

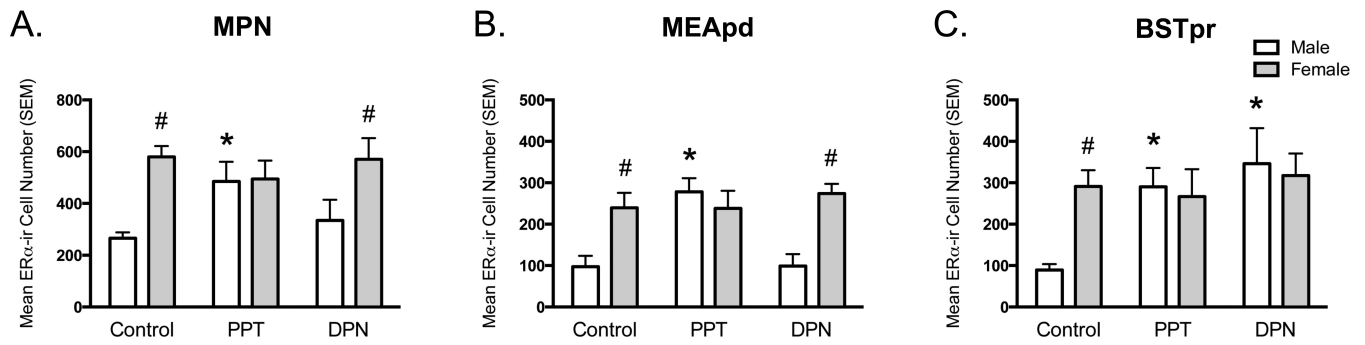


**Figure 2. ER $\alpha$  activation increases attacks and differentially affects alloparental classifications in males and females**

A. Individual variation in alloparental behavior in juvenile male (M) and female (F) prairie voles. Each point represents a single non-attacking individual. The dashed line represents the lower quartile for the combined male and female controls (103 sec), which was used to identify individuals with high ( $\geq 103$  sec, light grey) and low ( $< 103$  sec, dark grey) levels of alloparental behavior (refer to Figure 1 legend for numbers of non-attacking individuals). B. PPT reduced the percentage of high alloparental males (\* p < 0.05) and low alloparental females (\*\*, p < 0.05) compared to their respective controls, and increased the proportion of

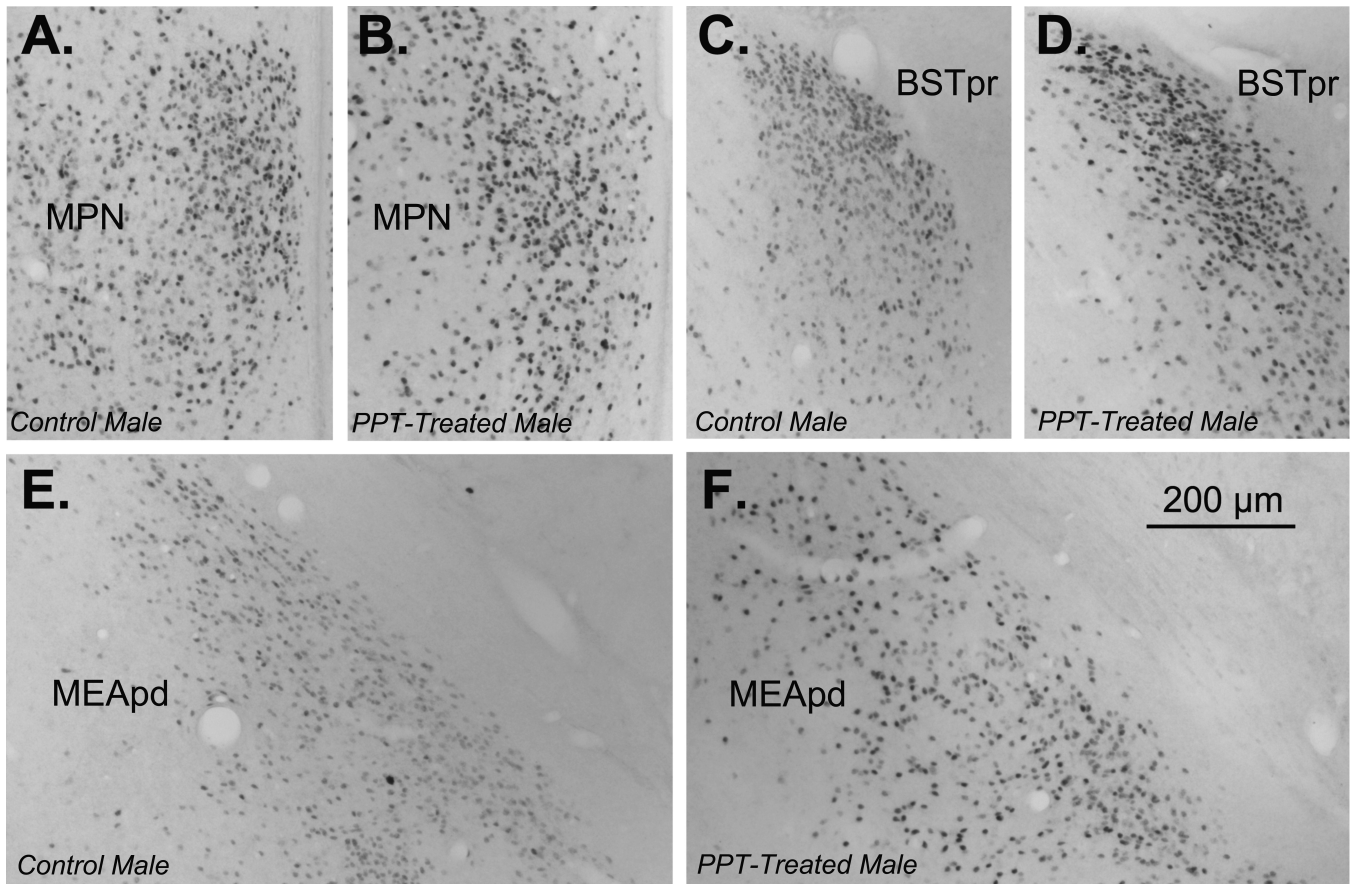


attackers in both sexes (\*\*\*,  $p < 0.05$ ). #,  $p < 0.05$  compared to the other sex within a given treatment and category. Controls (n= 44 males, 44 females), E2= 17 $\beta$ -estradiol (ER $\alpha$  and ER $\beta$  agonist, 5 $\mu$ g, n= 18 males, 22 females), PPT= 4,4',4''-(4-Propyl-[1H]-pyrazole-1,3,5-triyl)trisphenol (ER $\alpha$  agonist, 5 $\mu$ g, n= 22 males, 23 females) and DPN= diarylpropionitrile (ER $\beta$  agonist, 5 $\mu$ g, n= 20 males, 16 females).



**Figure 3. PPT increases ER $\alpha$ -ir in the MPN (A), MEApd (B) and BSTpr (C) of male prairie voles, whereas DPN only increases ER $\alpha$ -ir in the BSTpr**

Significant difference from controls within the same sex (\*  $p < 0.05$ ). Significant difference from males within the same treatment (#  $p < 0.05$ ). Controls ( $n = 11$  males, 11-12 females per region), PPT = 4,4',4''-(4-Propyl-[1H]-pyrazole-1,3,5-triyl)trisphenol (ER $\alpha$  agonist, 5 $\mu$ g,  $n = 4$  males, 6 females per region) and DPN = diarylpropionitrile (ER $\beta$  agonist, 5 $\mu$ g,  $n = 5$  males, 5-6 females per region).



**Figure 4. Representative ER $\alpha$ -ir in control males (A: MPN, C: BSTpr, E: MEApd) and PPT-treated males (B: MPN, D: BSTpr, F: MEApd)**  
Images were taken with a 10 $\times$  objective and the scale bar represents 200 $\mu$ m.