

Metabolomic Profiling of Plasma from Patients with Tuberculosis by Use of Untargeted Mass Spectrometry Reveals Novel Biomarkers for Diagnosis

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Although tuberculosis (TB) is a reemerging disease that affects people in developing countries and immunocompromised populations in developed countries, the current diagnostic methods are far from optimal. Metabolomics is increasingly being used for studies on infectious diseases. We performed metabolome profiling of plasma samples to identify potential biomarkers for diagnosing TB. We compared the plasma metabolome profiles of TB patients (n = 46) with those of community-acquired pneumonia (CAP) patients (n = 30) and controls without active infection (n = 30) using ultrahigh-performance liquid chromatographyelectrospray ionization-quadrupole time of flight mass spectrometry (UHPLC-ESI-QTOFMS). Using multivariate and univariate analyses, four metabolites, 12R-hydroxy-5Z,8Z,10E,14Z-eicosatetraenoic acid [12(R)-HETE], ceramide (d18:1/16:0), cholesterol sulfate, and 4α -formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol, were identified and found to have significantly higher levels in TB patients than those in CAP patients and controls. In a comparison of TB patients and controls, the four metabolites demonstrated area under the receiver operating characteristic curve (AUC) values of 0.914, 0.912, 0.905, and 0.856, sensitivities of 84.8%, 84.8%, 87.0%, and 89.1%, specificities of 90.0%, 86.7%, 86.7%, and 80.0%, and fold changes of 4.19, 26.15, 6.09, and 1.83, respectively. In a comparison of TB and CAP patients, the four metabolites demonstrated AUC values of 0.793, 0.717, 0.802, and 0.894, sensitivities of 89.1%, 71.7%, 80.4%, and 84.8%, specificities of 63.3%, 66.7%, 70.0%, and 83.3%, and fold changes of 4.69, 3.82, 3.75, and 2.16, respectively. 4α -Formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol combined with 12(R)-HETE or cholesterol sulfate offered \geq 70% sensitivity and \geq 90% specificity for differentiating TB patients from controls or CAP patients. These novel plasma biomarkers, especially 12(R)-HETE and 4α-formyl-4β-methyl-5α-cholesta-8-en-3β-ol, alone or in combination, are potentially useful for rapid and noninvasive diagnosis of TB. The present findings may offer insights into the pathogenesis and host response in TB.

uberculosis (TB) is a disease caused by the bacterium Mycobacterium tuberculosis. Although it is a well-known disease that has been around for much of human history, there are still millions of new TB cases occurring per year worldwide, and TB remains a leading cause of deaths worldwide, especially in developing countries. Since the 1980s, TB has reemerged as a result of the AIDS epidemic and increasing use of immunosuppressants. In recent years, a higher incidence of extrapulmonary disease in immunocompromised hosts and the emergence of multidrug-resistant strains have further complicated diagnosis and treatment (1-3). Despite the medical importance of TB, diagnosis is still associated with many unresolved problems. The traditional gold standard methods are smear and culture for acid-fast bacilli from clinical specimens. Although culture offers higher sensitivity and specificity than those of smears, it is not useful for culture-negative cases, especially in early, disseminated, or extrapulmonary disease (4, 5). Moreover, it often takes 2 to 6 weeks before culture is positive and even longer for definitive species identification. While newer diagnostic modalities, such as adenosine deaminase levels in pleural fluid, lipoarabinomannan levels in urine, PCR, and Xpert MTB/RIF assays, have been developed (6-12), there are still limitations in terms of their sensitivity and/or specificity.

Metabolomics is an emerging platform for studies of infectious diseases or pathogens (13-19). For TB, the technique has been

applied on cultured isolates for differentiation from other *Mycobacterium* species and studies on the biology and virulence of tuberculosis (14, 15, 20–22). For example, lipidomics studies have revealed novel metabolites potentially associated with growth and virulence of *M. tuberculosis* (23, 24). We also recently identified extracellular metabolites specific to *M. tuberculosis* (25), supporting the potential of metabolomics in exploring novel biomarkers to better understand its biology and pathogenesis. On the other

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hand, metabolomics applied on direct patient samples may reveal specific diagnostic markers or be used to monitor treatment response (26–29). It has been shown that volatile organic compounds (VOCs) in the urine of TB patients can be distinguished from those of healthy subjects (26). A study using nuclear magnetic resonance spectroscopy-based metabolomics on serum samples from TB patients demonstrated discrimination between patients and healthy controls (27). In another metabolomics study, several abundant metabolites were identified, including two mycobacterium-derived cell wall glycolipids, in EDTA-plasma from TB patients that were not identified in household contacts (28). However, patients with other bacterial infections were not included as controls in these studies, and thus, the potential of such a metabolic profile for use in the diagnosis of TB remains to be determined.

To identify potential biomarkers for noninvasive diagnosis of TB, we applied state-of-the-art technology for metabolomics profiling of plasma samples from TB patients, using ultrahigh-performance liquid chromatography–electrospray ionization-quadrupole time of flight mass spectrometry (UHPLC-ESI-QTOFMS). Multi- and univariate statistical analyses were used to identify metabolites with significantly higher levels in plasma from TB patients than in plasma from patients with community-acquired pneumonia (CAP) or controls without active infection. The diagnostic performance of the identified biomarkers was assessed using whole-metabolome receiver operating characteristic curve (ROC) analysis.

MATERIALS AND METHODS

Patient and control samples. Clinical samples were collected from hospitalized adult patients (\geq 18 years of age) at Queen Mary Hospital, Hong Kong. A total of 46 plasma samples from 37 patients with newly diagnosed TB, and 60 plasma samples from 30 patients with CAP and 30 controls without active infection were recruited for UHPLC-QTOFMS analysis. Plasma samples from TB patients were collected before the commencement of antimycobacterial treatment. The plasma samples from CAP patients were collected at admission. This study was approved by the institutional review board of the University of Hong Kong/Hospital Authority of Hong Kong West Cluster (reference no. UW 13-265).

Diagnostic criteria. A diagnosis of TB was based on compatible clinical features, together with the presence of the following microbiological evidence: (i) positive stain for acid-fast bacilli, (ii) positive culture for *M. tuberculosis*, and/or (iii) positive PCR for *M. tuberculosis* from clinical samples. The diagnosis of CAP was based on compatible clinical features and radiological evidence of lung infiltrates, with disease onset occurring within 48 h of hospital admission. The causative agents of CAP included *Acinetobacter baumannii* (n = 1), *Escherichia coli* (n = 2), *Haemophilus influenzae* (n = 2), *Klebsiella pneumoniae* (n = 1), *Moraxella catarrhalis* (n = 1), *Pseudomonas aeruginosa* (n = 1), *Streptococcus pneumoniae* (n =4), and influenza B virus (n = 1), while the etiological agent was unknown for the remaining cases. The controls consisted of patients without any clinical evidence of active infection.

Chemicals and reagents. Liquid chromatography-mass spectrometry (LC-MS)-grade water, methanol, and acetonitrile were purchased from J.T. Baker (Center Valley, PA, USA). HPLC-grade ethanol and acetone were purchased from Merck (Darmstadt, Germany). Formic acid was of American Chemical Society (ACS) reagent grade and obtained from Sigma-Aldrich, (St. Louis, MO, USA). Ceramide (d18:1/16:0) was purchased from Avanti Polar Lipid (Alabaster, AL, USA). 12R-Hydroxy-5Z,8Z,10E,14Z-eicosatetraenoic acid [12(R)-HETE] and cholesterol sulfate standards were purchased from Cayman Chemical (Ann Arbor, MI, USA).

Sample preparation. Blood samples were collected in heparin bottles, transferred immediately to the laboratory, and centrifuged at 3,000 rpm and 4°C for 10 min to obtain the plasma fractions. For metabolomics analysis, 100 μ l of plasma was thawed at 4°C, and plasma proteins were precipitated with 400 μ l of a methanol-ethanol-acetone mixture at a ratio of 1:1:1 (vol/vol/vol). The sample extract was vigorously vortexed for 1 min and centrifuged at 14,000 rpm and 4°C for 10 min. The supernatant was collected for UHPLC-ESI-QTOFMS analysis. All specimens were immediately kept at -80° C until analysis and stored within 1 week. The thawed specimens were analyzed within 48 h in a random manner to prevent the batch effect.

Untargeted metabolomics profiling of patient plasma using UHPLC-ESI-QTOFMS. The metabolomic profiling of plasma supernatants was performed using Agilent 1290 Infinity UHPLC (Agilent Technologies, Waldbronn, Germany) coupled with the Agilent 6540 UHD accurate-mass QTOF system (Agilent Technologies, Santa Clara, CA, USA) accompanied by the MassHunter Workstation software for QTOF (version B.03.01 for data acquisition; Agilent Technologies, USA). A Waters Acquity UPLC BEH C_{18} column (2.1 by 100 mm, 1.7 $\mu m)$ (Waters, Milford, MA, USA) was used for the separation, with an injection volume of 5 µl. The column and autosampler temperatures were maintained at 45°C and 10°C, respectively. The separation was performed at a flow rate of 0.4 ml/min under a gradient program in which mobile phase A was composed of LC-MS-grade water containing 0.1% formic acid (vol/vol), and mobile phase B was composed of acetonitrile. The gradient program was applied as follows: $t = 0 \min, 5\%$ B; $t = 0.5 \min, 5\%$ B; $t = 7 \min, 48\%$ B; *t* = 20 min, 78% B; *t* = 27 min, 80% B; *t* = 31 min, 99.5% B; *t* = 36.5 min, 99.5% B; and t = 36.51 min, 5% B. The stop time was 40 min. The ESI mass spectra were acquired in both positive and negative ion modes using Agilent Jet Stream ESI source, with capillary voltages of +3,800 V and -3,500 V, respectively. Other source conditions were kept constant in all experiments: the gas temperature was kept constant at 300°C, drying gas (nitrogen) was set at the rate of 7 liters/min, and the pressure of nebulizer gas (nitrogen) was 40 lb/in². The sheath gas was kept at a flow rate of 10 liters/min at a temperature of 350°C. The voltages of the Fragmentor, Skimmer 1, and Octopole RF peak were 135 V, 50 V, and 500 V, respectively. The mass data were collected between *m/z* 80 and 1,700 at an acquisition rate of 2 scans/s. Two reference masses at m/z 121.0509 (protonated molecular ion of C5H4N4) and m/z 922.0098 (protonated molecular ion of C₁₈H₁₈O₆N₃P₃F₂₄) for positive mode, and *m/z* 119.0363 (deprotonated molecular ion of $C_5H_4N_4$) and m/z 966.0007 (formate adduct of C18H18O6N3P3F24) for negative mode, were used as constant mass corrections during the LC-MS run. Product ion scanning (PIS) experiments were performed with the Acquity UPLC I-class system coupled with the Waters Synapt G2-Si QTOF system (Waters) operating in both positive and negative electrospray ionization modes. The mass data were collected between m/z 50 and 1,000 at an acquisition rate of 3 scans/s. The voltages of the capillary, sampling cone, and source offset were 3 kV, 30 V, and 80 V, respectively. Other source conditions were kept as follows: source temperature, 120°C; desolvation temperature, 380°C; cone gas, 10 liters/h; desolvation gas, 800 liters/h; and nebulizer gas, 6.5×10^5 Pa. Intermittent injections of leucine enkephalin with lock masses of m/z 556.2771 at positive mode and m/z 554.2615 at negative mode at a concentration of 400 pg/µl in 50% acetonitrile at a flow rate of 6 µl/min were used for accurate mass measurements. Tandem mass spectrometry (MS/MS) analysis was performed using ultrahigh-purity argon at a collision energy at 10, 20, or 40 eV to generate the best-quality MS/MS spectra for putative identification and structural elucidation of the significant metabolites.

Data processing and statistical analysis. Multivariate and univariate analyses were performed to identify molecular features that discriminate TB patients from CAP patients and controls. The multivariate analysis was applied to a total of 106 LC-MS data for plasma samples collected from three groups (46, 30, and 30 samples from newly diagnosed TB patients, CAP patients, and controls without active infection, respectively). The raw LC-MS data were converted into mzXML format using msConvert



FIG 1 PLS-DA score plot based on human plasma from 46 TB patients, 30 CAP patients, and 30 controls without active infection. (A) PLS-DA score plot of positive mode data, with accuracy of 99%, multiple correlation coefficient (R^2) of 92.5%, and cross-validated R^2 (Q^2) of 82.7%. (B) PLS-DA score plot of negative mode data, with accuracy of 97.2%, multiple correlation coefficient (R^2) of 88.6%, and cross-validated R^2 (Q^2) of 77.4%.

(ProteoWizard) and subsequently processed using the open-source XCMS package (http://www.bioconductor.org/packages/2.8/bioc/html /xcms.html) operating in R (http://www.r-project.org/), which adopted different peak detection and alignment, as well as data filtering with centWave algorithms. The data were further processed with normalization, scaling, filtering, and statistical analysis using MetaboAnalyst



FIG 2 Significance analysis of microarray (SAM) plots in positive (A) and negative (B) ionization modes. The false discovery rate (FDR) was determined when running multiple tests on high-dimensional data that distinguish between TB and non-TB groups. An FDR of <0.05 was considered significant. d(i) indicates the SAM score. The middle diagonal line indicates equal observed d(i) and expected d(i) values, and the lines parallel to this line are drawn at delta d(i) distances of 2.85 (A) and 2.25 (B).

3.0 (www.metaboanalyst.ca). The data were mean centered, square root scaled, and normalized, such that the sum of squares for each chromatogram equaled on statistical analysis (30). Insignificant features between TB patients and CAP patients or controls were filtered out using both univariate and multivariate analyses. For multivariate analysis, principal component analysis (PCA) was performed for unsupervised analysis, while partial-least-squares discrimination analysis

Compound	Experimental mass (<i>m/z</i>)	Retention time (min)	Ion	MS/MS fragment masses (<i>m/z</i>)	VIP score ^a	Elemental composition	Putative identity
1	538.5190	33.02	M+H	252.2672, 264.2682, 282.2794, 502.4987, 520.5095, 538.5193	1.37	C ₃₄ H ₆₇ NO ₃	Ceramide (d18:1/16:0)
2	429.3738	32.22	M+H	149.0976, 165.0924, 177.0935, 191.1083, 205.1228, 219.1382, 303.2339, 401.3434, 411.3598, 429.3733	4.54	$C_{29}H_{48}O_2$	4α-Formyl-4β-methyl-5α- cholesta-8-en-3β-ol
3	319.2276	12.73	M-H	135.1145, 179.1069, 257.2274, 301.2181, 319.2274	1.02	$C_{20}H_{32}O_3$	12(R)-HETE
4	465.3039	33	M-H	79.9580, 96.9594, 465.3059	1.29	$C_{27}H_{46}O_4S$	Cholesterol sulfate

TABLE 1 Plasma metabolites with higher levels in TB patients than those in CAP patients and controls without active infection

VIP, variable importance in projection score in PLS-DA analyses. A VIP score of >1 is considered to be statistically significant.

(PLS-DA) was performed for supervised analysis to identify features with discriminative power. A score plot was applied to reduce the dimensionality of the data for grouping of the samples, in which each point in the score plot represented the individual sample, and similar data sets exhibited clustering, while different sets separated farther apart. PLS-DA models were validated based on accuracy, the multiplecorrelation coefficient (R^2), and cross-validated R^2 (Q^2) in cross-validation. The significance of the biomarkers was ranked using the variable importance in projection (VIP) score (>1) from the PLS-DA model that was responsible for the separation of TB patients from non-TB groups, i.e., CAP patients and controls. Significant features were further identified by a significance analysis of microarray (SAM), in which the false discovery rate (FDR) was determined by running multiple tests on high-dimensional data that distinguish between TB and non-TB groups, with an FDR of ${<}0.05$ considered to be significant (31, 32).

For univariate analysis, the statistical significance of features was determined among TB patients, CAP patients, and controls without active infection using one-way analysis of variance (ANOVA) with Fisher's post hoc test by MetaboAnalyst 3.0. A P value of <0.05 was considered to be statistically significant. Common significant features from PLS-DA, SAM, and one-way ANOVA were included for univariate ROC analysis using Web-based ROCEET (33). The classical ROC curve analysis was performed, and the area under the ROC curve (AUC) was calculated with the predefined model. In addition, the optimal cutoffs for the given metabolite were computed to obtain the sensitivity, specificity, and confidence intervals at different cutoffs for an evaluation of the recognition and prediction abilities with respect to each variable. Protonated ions $([M+H]^+)$ for ceramide (d18:1/16:0) and 4α-formyl-4β-methyl-5α-cholesta-8-en-3β-ol and deprotonated ions ([M-H]⁻) for 12(R)-HETE and cholesterol sulfate were used for AUC and abundance calculations, respectively. Significant features with an AUC of >0.85 for a comparison between TB patients and controls without active infection were identified, and ROC curve analysis for the identified metabolites was further performed to compare TB and CAP patients. Box-and-whisker plots were generated, and P values were calculated by the Student t test using the Analyse-it software (Leeds, United Kingdom).

Metabolite identification. Features with significant differences were selected for PIS experiments. The MS/MS spectra of the potential biomarkers and commercially available reference standards, including ceramide (d18:1/16:0), 12(R)-HETE, and cholesterol sulfate, were processed using the Waters MassLynx version 4.1 software (Waters Corp., Milford, MA). A potential molecular formula based on the accurate mass and isotopic pattern recognitions of parent and fragment ions were generated. All putative identities were confirmed by matching with entries in the METLIN (http://metlin.scripps.edu/), Human Metabolome Database (HMDB) (http://www.hmdb.ca/), MassBank (http://www .massbank.jp/), LipidMaps (http://www.lipidmaps.org/), Mtb Lipid,

KEGG (http://www.genome.jp/kegg), MycoMass, and MycoMap databases (http://www.brighamandwomens.org/research/depts/medicine/rh eumatology/Labs/Moody/default.aspx) using exact molecular weights, nitrogen rule, or MS/MS fragmentation pattern data and a literature search. Efforts were made to distinguish metabolites from the other isobaric compounds whenever possible by its elution order and degree of difference in fragmentation pattern corresponding to its structural characteristics. The putative identities of the biomarkers were confirmed by comparing their chromatographic retention times (RTs) and MS/MS spectra with those obtained from commercially available standards of ceramide (d18:1/16:0), 12(R)-HETE, and cholesterol sulfate.

RESULTS

Metabolomic profiling of plasma samples and omics-based statistical and bioinformatic analysis. The metabolomes of 106 plasma samples from the three groups (46 samples from newly diagnosed TB patients, 30 samples from CAP patients, and 30 samples from controls without active infection) were characterized and compared. A total of 1,626 and 1,598 molecular features in positive and negative modes, respectively, were obtained and subjected to statistical analysis using MetaboAnalyst 3.0 (see Tables S1 and S2 in the supplemental material). For multivariate analysis, PCA revealed that samples from TB patients and CAP patients clustered separately. However, using this unsupervised method, ambiguous separation was observed between TB patients and controls. Therefore, a supervised method using PLS-DA was performed, which showed that the TB group can be distinguished from the non-TB group (CAP patients and controls) in both positive and negative mode data (Fig. 1A and B), with accuracies of 99% and 97.2%, multiple-correlation coefficients of 92.5% and 88.6%, and cross-validated R^2 values of 82.7% and 77.4%, respectively. Significant features for the separation between TB and non-TB groups were ranked, yielding 242 and 243 features with a VIP score of >1 in positive and negative ionization modes, respectively. SAM methods were also used to select the most discriminative features responsible for the separation between TB and non-TB groups, yielding 233 and 324 significant features with an FDR of <0.05 in positive and negative ionization modes, respectively (Fig. 2A and B).

Univariate analysis using one-way ANOVA identified 434 and 577 statistically significant molecular features (P < 0.05) in positive and negative mode, respectively. A total of 76 and 84 common significant features in positive and negative ionization modes, respectively, with a VIP score of >1 by PLS-DA, SAM, and one-way ANOVA were manually inspected. Those features not due to in-



FIG 3 MS/MS mass spectra and predicted structures with expected fragmentation profiles of the four biomarkers in TB patient plasma and standards: ceramide (d18:1/16:0) (A), 4α -formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol (B), 12(R)-HETE (C), and cholesterol sulfate (D).

Significant metabolite by comparison group	AUC ^a	95% CI ^b	Sensitivity (%)	Specificity (%)	P value ^c	Fold change
TB vs controls						
Ceramide (d18:1/16:0)	0.912	0.850-0.974	84.8	86.7	3.90E-08	26.15
4α-Formyl-4β-methyl-5α-cholesta-8-en-3β-ol	0.856	0.758-0.853	89.1	80.0	5.55E-07	1.83
12(R)-HETE	0.914	0.846-0.981	84.8	90.0	5.63E-03	4.19
Cholesterol sulfate	0.905	0.829–0.981	87.0	86.7	4.73E-10	6.09
TB vs CAP						
Ceramide (d18:1/16:0)	0.717	0.595-0.840	71.7	66.7	5.24E-03	3.82
4α-Formyl-4β-methyl-5α-cholesta-8-en-3β-ol	0.894	0.816-0.972	84.8	83.3	9.78E-10	2.16
12(R)-HETE	0.793	0.683-0.904	89.1	63.3	2.32E-02	4.69
Cholesterol sulfate	0.802	0.693-0.911	80.4	70.0	6.46E-05	3.75

TABLE 2 AUC, sensitivity, and specificity for ROC curves calculated at optimal cutoff for ceramide (d18:1/16:0), 4α -formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol, 12(R)-HETE, and cholesterol sulfate

^a AUC, area under the receiving operating characteristic curve.

^b CI, confidence interval.

^c All P values were calculated using Student's t test.

terference were included for univariate ROC analysis to select the most discriminant biomarkers. Four metabolites with an AUC of >0.85, two each in positive and negative modes, were identified, which exhibited upregulation in TB patients compared to controls (Table 1).

The first metabolite, with m/z 538.5190 and retention time (RT) of 33.02 min in positive mode, was identified as ceramide (d18:1/16:0) by the molecular formula and MS/MS fragmentation pattern corresponding to its structural characteristics in the Human Metabolome Database (HMDB), and this was confirmed by matching the RT and MS/MS spectrum with a commercially available authentic chemical standard of ceramide (d18:1/16:0) (Fig. 3A). The peaks at m/z 520.5091 and 502.4996 corresponded to fragments after the neutral loss of one water molecule and two water molecules from the parent ion, respectively. The peak at m/z 264.2676 referred to the fragment after a combined loss of two water molecules and a hexadecanoyl group.

The second metabolite, with m/z 429.3733 at an RT of 32.22 min in positive mode, was identified as 4α -formyl- 4β -methyl- 5α cholesta-8-en- 3β -ol by the molecular formula and MS/MS fragmentation pattern corresponding to its characteristics in HMDB (Fig. 3B). The peak at m/z 411.3598 was the fragment after the neutral loss of a water molecule at C-3, while the peak at m/z303.2339 represented the fragment after cleavage of the bond between C-17 and C-20 and the loss of a 4- β -methyl group. The peak at m/z 205.1228 was the fragment resulting from the cleavage of bonds between C-9 and C-11 and between C-8 and C-14, while the peak at m/z 165.0924 was the fragment resulting from the cleavage of bonds between C-9 and C-10 and between C-7 and C-8 and the loss of 4- β -methyl group. However, an authentic chemical standard of 4α -formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol was not commercially available for comparison.

The third metabolite, with m/z 319.2274 at an RT of 12.73 min in negative mode, was identified as 12R-hydroxy-5Z,8Z,10E,14Zeicosatetraenoic acid [12(R)-HETE] [12(R)-HETE] by matching the molecular formula and MS/MS spectra provided in METLIN and LipidMaps, and it was confirmed by matching the RT and MS/MS spectra using a commercially available authentic chemical standard of 12(R)-HETE (Fig. 3C). The peaks at m/z 301.2181 and 257.2274 were fragments after the neutral loss of one water molecule and a combined loss of a water molecule at C-12 and formate group, respectively. The peak at m/z 179.1069 was the fragment resulting from cleavage of the aliphatic group and the neutral loss of a water molecule at C-12.

The fourth metabolite, with m/z 465.3059 at an RT of 33.0 min in negative mode, was identified as cholesterol sulfate by matching the molecular formula in HMDB, and it was confirmed by matching RT and MS/MS spectra using commercially available authentic cholesterol sulfate (Fig. 3D). Two fragments, at m/z 79.9580 and 96.9594, referred to SO₃⁻ and HSO₄⁻ ions, respectively.

Diagnostic performance of metabolites. The AUC, sensitivity, and specificity for ROC curves calculated at optimal cutoffs for the four metabolites are summarized in Table 2. Box-and-whisker plots were generated for the three groups (Fig. 4). In a comparison of TB patients and controls, three metabolites, ceramide (d18:1/ 16:0), 12(R)-HETE, and cholesterol sulfate, demonstrated an AUC of >0.9. In a comparison of TB patients and controls, 12(R)-HETE showed the largest AUC, at 0.914, with 84.8% sensitivity and 90.0% specificity, but in a comparison of TB and CAP patients, it showed a relatively lower AUC, at 0.793, with 89.1% sensitivity and 63.3% specificity. Ceramide (d18:1/16:0) and cholesterol sulfate demonstrated AUC values of 0.912 and 0.905 in a comparison of TB patients and controls, respectively, but they also showed relatively lower AUC values of 0.717 and 0.802 in a comparison of TB and CAP patients, respectively. In contrast, 4αformyl-4β-methyl-5α-cholesta-8-en-3β-ol demonstrated better discrimination between TB and CAP patients, with a higher AUC of 0.894, 84.8% sensitivity, and 83.3% specificity compared to that between TB patients and controls.

Using the same optimal cutoffs for each metabolite, we calculated the sensitivities and specificities of different combinations of two or three of the four metabolites for diagnosing TB (Table 3). The specificities of combined metabolites were generally higher than those of individual metabolites, while the sensitivities of combined metabolites were generally lower than those of individual metabolites for differentiating TB patients and controls or CAP patients. Two combinations, 4α -formyl- 4β -methyl- 5α cholesta-8-en- 3β -ol plus 12(R)-HETE, and 4α -formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol plus cholesterol sulfate, offered $\geq 70\%$ sensitivity and $\geq 90\%$ specificity for differentiating TB patients from controls and CAP patients.



FIG 4 Box-and-whisker plots representing relative abundance of ceramide (d18:1/16:0) (A), 4α -formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol (B), 12(R)-HETE (C), and cholesterol sulfate (D) in the plasma from TB patients, CAP patients, and controls without active infections. The relative abundance of each metabolite in the plasma from TB patients was significantly higher than that of the other two groups using Student's *t* test. The horizontal line represents the median, the bottom and the top of the box represent the 25th and the 75th percentiles, and the whiskers represent the 5th and 95th percentiles.

DISCUSSION

Using a metabolomics approach, we identified four novel biomarkers with significantly higher levels in plasma from TB patients than those in CAP patients and controls. Of the four metabolites, 12(R)-HETE showed the largest AUC, at 0.914, with 84.8% sensitivity, 90.0% specificity, and a fold change of 4.19 compared to controls. However, compared to CAP patients, the AUC dropped to 0.793, with only 63.3% specificity. The diagnostic performance of ceramide (d18:1/16:0) was also promising, with an AUC of 0.912, 84.8% sensitivity, 86.7% specificity, and a fold change of 26.15 compared to controls. However, the AUC dropped to 0.717, with 71.7% sensitivity, 66.7% specificity, and a fold change of 3.82 compared to CAP patients. Similarly, cholesterol sulfate showed a relatively high AUC of 0.905, 87.0% sensitivity, 86.7% specificity, and a fold change of 6.09 compared to controls. However, the AUC dropped to 0.802, with 80.4% sensitivity, 70% specificity, and a fold change of 3.75 compared to CAP patients. In contrast, 4a-formyl-4B-methyl-5a-cholesta-8-en-3β-ol showed good diagnostic performance in distinguishing TB

patients from both CAP patients and controls, with an AUC of >0.85 and >80% sensitivity/specificity, although the fold changes were only 2.16 and 1.83, respectively. Therefore, 12(R)-HETE, ceramide (d18:1/16:0), and cholesterol sulfate should offer better diagnostic performance than that of 4α -formyl- 4β -methyl- 5α cholesta-8-en-3β-ol in differentiating between TB patients and controls. In particular, the >20-fold change of ceramide (d18:1/ 16:0) suggests that it may be a promising candidate for use in the diagnosis of TB. However, these biomarkers may also be elevated in CAP patients, although not to levels as high as those in TB patients. On the other hand, 4α -formyl- 4β -methyl- 5α -cholesta-8-en-3β-ol may offer better discrimination between TB and CAP patients. When 4α -formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol is combined with 12(R)-HETE or cholesterol sulfate, the specificities were \geq 90% for differentiating TB patients from both controls and CAP patients, although the sensitivities were <80%. If these biomarkers or their combinations are adopted for the diagnosis of TB, the results should be interpreted and correlated with clinical findings. For example, in patients with clinical features compati-

TABLE 3 Sensitivities and sp	pecificities of combinations of	two or three metabolites for	r differentiation between	TB and controls or CAP
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	TB vs contro	ls	TB vs CAP	
Metabolites	Sensitivity (%)	Specificity (%)	Sensitivity (%)	Specificity (%)
Ceramide (d18:1/16:0) + 4α -formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol	76.1	90.0	65.2	90.0
Ceramide $(d18:1/16:0) + 12(R)$ -HETE	69.6	100.0	60.9	76.7
Ceramide $(d18:1/16:0)$ + cholesterol sulfate	84.8	86.7	67.4	73.3
4α -Formyl- 4β -methyl- 5α -cholesta- 8 -en- 3β -ol + $12(R)$ -HETE	73.9 ^{<i>a</i>}	100.0	73.9	96.7
4α -Formyl- 4β -methyl- 5α -cholesta- 8 -en- 3β -ol + cholesterol sulfate	78.3	90.0	71.7	96.7
12(R)-HETE + cholesterol sulfate	71.7	100.0	67.4	80.0
Ceramide $(d18:1/16:0) + 12(R)$ -HETE + cholesterol sulfate	69.6	100.0	56.5	80.0
4α -Formyl- 4β -methyl- 5α -cholesta- 8 -en- 3β -ol + $12(R)$ -HETE + cholesterol sulfate	63.0	100.0	60.9	100.0
Ceramide (d18:1/16:0) + 4α -formyl- 4β -methyl- 5α -cholesta- 8 -en- 3β -ol + 12(R)-HETE	60.1	100.0	54.4	96.7
$Ceramide~(d18:1/16:0)~+~4\alpha-formyl-4\beta-methyl-5\alpha-cholesta-8-en-3\beta-ol~+~cholesterol~sulfate$	76.1	90.0	63.0	96.7

^{*a*} Combinations with sensitivity of \geq 70% and specificity of \geq 90% for both comparisons (TB versus controls and TB versus CAP) are in bold.

ble with TB while CAP is considered unlikely, elevated plasma ceramide (d18:1/16:0) levels are highly suggestive of TB. However, in situations in which CAP cannot be excluded, 4α -formyl-4 β -methyl-5 α -cholesta-8-en-3 β -ol alone or combined with 12(R)-HETE or cholesterol sulfate may be a more specific indicator for empirical treatment while waiting for culture results. Although the present biomarkers exhibit only modest discriminatory power between TB and CAP patients or controls, they may represent promising biomarkers to assist in the diagnosis of TB, especially in disseminated infections for which culture and PCR are often negative. One limitation of these biomarkers is that they do not offer value for drug resistance profiles, unlike traditional culture and genotypic diagnostic methods. Nevertheless, further studies involving larger patient sets should be performed to better assess their diagnostic accuracy and potential prognostic value.

The present results support that ceramides are involved in the host response to pathogens, including TB. Ceramides are produced from the hydrolysis of sphingomyelin or are synthesized from serine and palmitate (34). A ceramide-rich membrane has diverse functions during bacterial infections, including phagocytosis, apoptosis, phagosome trafficking, and macrophage maturation (35–41). However, the roles of different ceramides during infections caused by different pathogens are poorly understood. We showed here that the level of ceramide (d18:1/16:0) in plasma samples from TB and CAP patients was higher than that in controls. Furthermore, the level of ceramide (d18:1/16:0) in TB patients was higher than that in CAP patients, which may reflect the more robust innate immune response in TB. Interestingly, in a recent metabolomic profiling study (42), ceramide (d18:1/16:0) has also been found in the pleural fluid from TB patients at higher levels than those in lung cancer patients. Further studies are required to determine if ceramide (d18:1/16:0) is a promising biomarker for the diagnosis of TB, which may be applied to plasma and pleural fluid samples.

The elevated levels of plasma 4α -formyl- 4β -methyl- 5α cholesta-8-en- 3β -ol in TB patients may suggest enhanced cholesterol biosynthesis during TB infections. 4α -Formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol is an intermediate during cholesterol biosynthesis II. Cholesterol plays key roles in the pathogenesis of TB, such as phagocytosis and macrophage and phagosome maturation (43–45). However, increased plasma 4α -formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol levels have not been reported in TB or other infections. It would be interesting to investigate if the intermediate, 4α -formyl- 4β -methyl- 5α -cholesta-8-en- 3β -ol, during cholesterol biosynthesis activation in TB serves a specific function in pathogenesis or the innate immune response.

The elevated levels of plasma 12(R)-HETE may reflect induced arachidonic acid metabolism during TB. 12(R)-HETE is an arachidonic acid metabolite produced by arachidonate 12-lipoxygenase (12-LOX), which is expressed in human macrophages and induced by interleukin 4 (IL-4) (46). Increased IL-4 production by human CD8⁺ T cells and bronchoalveolar cells has been observed in TB patients (47, 48). The present study represents the first to report increased plasma 12(R)-HETE levels in TB patients, which may be related to IL-4 induction of 12-LOX in macrophages or other cells. In M. tuberculosis-infected mice, high serum levels of lipoxin A4, another arachidonic acid metabolite produced by 5-lipoxygenase (5-LOX), have been observed (49). Moreover, mice deficient in 5-LOX were more resistant to TB and harbored fewer bacteria in the lungs (49). Since arachidonic acid has been shown to enhance mycobacteria killing via activation of NF-κB (50), further studies are warranted to elucidate the role of arachidonic acid metabolism, especially 12(R)-HETE or 12-LOX, in host defense against M. tuberculosis.

Cholesterol sulfate, a component of low-density lipoproteins (51), may represent a less specific biomarker than the other three metabolites for the diagnosis of TB, since plasma cholesterol sulfate may be increased in other pathological conditions, such as cirrhosis of the liver, hypercholesterolemia, and hypothyroidism (52–54). During skin invasion by pathogens, cholesterol sulfate has been shown to facilitate keratinocyte differentiation (55). Our findings of increased plasma cholesterol sulfate levels in TB patients may also suggest a role in the host response to *M. tuberculosis*. However, given that cholesterol sulfate may be elevated in other disease conditions, it may be a less promising candidate as a diagnostic biomarker for TB.

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