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## GPER/GPR30 knockout mice: effects of GPER on metabolism

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### i. Summary

Endogenous estrogens, predominantly 17 $\beta$ -estradiol (E2), mediate various very diverse effects throughout the body in both normal physiology and disease. Actions include development (including puberty) and reproduction as well as additional effects throughout life in the metabolic, endocrine, musculoskeletal, nervous, cardiovascular and immune systems. The actions of E2 have traditionally been attributed to the classical nuclear estrogen receptors (ER $\alpha$  and ER $\beta$ ) that largely mediate transcriptional/genomic activities. However, more recently the G protein-coupled estrogen receptor GPER/GPR30 has become recognized as an essential mediator of certain, and particularly rapid, signaling events in response to E2. Murine genetic knockout (KO) models represent an important approach to understand the mechanisms of E2 action in physiology and disease. Studies of GPER KO mice over the last years have revealed functions for GPER in the regulation of obesity, insulin resistance and glucose intolerance, among other areas of (patho)physiology. This chapter focuses on methods for the evaluation of metabolic parameters *in vivo* and *ex vivo* with an emphasis on glucose homeostasis and metabolism through the use of glucose and insulin tolerance tests, pancreatic islet and adipocyte isolation and characterization.

### Keywords

Estrogen; GPER; GPR30; Metabolism; Obesity; Adipose; Adipocyte; Insulin Resistance; Insulin Sensitivity; Glucose Tolerance; Type 2 diabetes

## 1. Introduction

Obesity and its pathophysiological consequences, including diabetes and cardiovascular diseases, are becoming ever more prevalent, leading to their designation as epidemics (1–3). In mouse models as in humans, there is a clear sex difference with respect to metabolism (4–8). In women and female mice, estrogen (E2) is protective against obesity, diabetes and cardiovascular disease (9, 10). This protection is less evident in males, and is lost in females after menopause or following oophorectomy/ovariectomy. Thus, the function of estrogen and its receptors in regulating metabolism has been of great interest (11); however, with the recent identification of a 7-transmembrane estrogen receptor (GPR30/GPER) (12–14),

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### Disclosures

E.R.P. is an inventor on US patents assigned to the University of New Mexico for GPER-selective ligands and imaging agents.

unrelated to the classical estrogen receptors (ER $\alpha$  and ER $\beta$ ), many questions arose as to the role of this newest estrogen receptor in the regulation of metabolism (15–18). In addition to selective pharmacological agents (19–21), knockout mice represent an important tool to examine GPER function *in vivo*. GPER KO mice exhibit increased adiposity and impaired insulin secretion from pancreatic islets (22, 23); however, only female mice are glucose intolerant at six months of age (24), whereas males become progressively glucose intolerant with age (22). These phenotypes suggest that GPER plays an important role in metabolism and merits further investigation.

Obesity not only results in increased overall fat but also remodeling of existing adipose tissue. In addition, adipose tissue is not an inert storage tissue, as long thought, but rather an active endocrine gland (25, 26). Furthermore, adipose tissue in the obese exhibits increased leukocyte infiltration that in turn alters the cytokine profiles of the macrophages/adipocytes giving rise to a pro-inflammatory phenotype (27). Increased pro-inflammatory cytokines and circulating lipids (arising from dyslipidemia) result in metabolic dysfunction due to multiple effects on various tissues (Figure 1) (28). In prediabetes, insulin resistance sets in and the insulin responsive tissues, adipose, skeletal muscle and liver, become less responsive to insulin; with adipose and skeletal muscle displaying diminished insulin-stimulated glucose uptake along with increased glucose production from liver. Since the body fails to respond to insulin, in order to maintain normal blood glucose, insulin production and secretion increase. This leads to the compensatory formation of new pancreatic islets but eventually, when the islets are exhausted due to continued overload, normoglycemia cannot be maintained and fasting blood glucose levels rise. To further compound these problems, lipotoxicity interferes with hepatic function and fails to control gluconeogenesis in spite of already high blood glucose levels (29). Usually in a healthy animal, blood glucose changes are highly dynamic and can be measured using very simple and effective methods, such as intraperitoneal glucose tolerance tests (IPGTT) and insulin tolerance tests (IPITT). These tests can reveal the dynamics of blood glucose homeostasis and are important tools to investigate glucose metabolism. As estrogen and its receptors play important roles in glucose and lipid metabolism as well as metabolic dysfunction, employing knockout mice with a deficiency in a single estrogen receptor has been highly informative regarding the roles of individual estrogen receptors. The procedures and assays described in this chapter (Table 1) provide important information regarding normal metabolic function as well as dysfunction under both fasting and non-fasting conditions in the mouse.

## 2. Materials

### 2.1 Isolation of adipocytes and stromal vascular fraction

1. Mouse perigonadal fat pads.
2. Growth medium: DMEM/F12, 10% fetal bovine serum, penicillin/streptomycin/ glutamine (100 U/mL; 100  $\mu$ g/mL and 0.292 mg/mL, respectively).
3. Krebs Ringer solution, HEPES buffered (KRH buffer): 25 mM HEPES, pH 7.4, 120 mM NaCl, 5 mM KCl, 1.2 mM MgSO<sub>4</sub>, 1.3 mM CaCl<sub>2</sub>, 1.3 mM KH<sub>2</sub>PO<sub>4</sub>.
4. Collagenase solution (100 mg/mL): 100 mg collagenase per mL KRH buffer.

5. RBC lysis buffer: 155 mM NH<sub>4</sub>Cl, 12 mM NaHCO<sub>3</sub>, 0.1 mM EDTA.
6. Cell Strainers (40/100/400 µm).
7. Sterile petri plates.
8. Sterile 50 mL conical tubes.
9. Water bath shaker.
10. Centrifuge and microfuge.
11. Pentobarbital.

## 2.2 Differentiation of preadipocytes

1. 3T3-L1 preadipocytes or primary preadipocytes.
2. Insulin, 10 mg/mL stock (1000X).
3. 3-isobutyl-1-methylxanthine (IBMX), 50 mM stock (100X).
4. Dexamethasone, 1 mM stock (1000X).
5. Differentiation medium: DMEM, 10% FBS, Pen/Strep/Glutamine (100 U/mL; 100 µg/mL and 0.292 mg/mL, respectively), 10 µg/mL Insulin, 500 µM IBMX, 1 µM dexamethasone.

## 2.3 Glucose uptake

1. Differentiated adipocytes as in 2.2 or minced adipose tissue pieces (*ex vivo*).
2. 2-deoxy-D-[2,6-<sup>3</sup>H]-glucose.
3. 2-deoxy-D-[2,6]-glucose.
4. KRH buffer containing radioactive glucose: KRH buffer, 2-deoxy-D-[2,6-<sup>3</sup>H]-glucose in 200 µM non-radioactive 2-deoxy-D-[2,6]-glucose.
5. RIPA buffer: 10 mM TrisHCl, pH 8.0, 1 mM EDTA, 1% Triton X-100, 0.1% sodium deoxycholate, 0.1% SDS, 140 mM NaCl.
6. Reagents for standard protein assay.
7. Perchloric acid.
8. Hydrogen peroxide.

## 2.4 Glucose and insulin testing

1. Animal scale.
2. Mouse restrainer.
3. Timer
4. Blood glucose meter (ReliOn Confirm Micro, or similar) and glucose strips (ReliOn, or similar).

5. Insulin Syringes (½ cc or 1 cc) with 30½ G needle.
6. Glucose stock (20% w/v in saline).
7. Insulin (Humulin R, Eli Lilly & Co).
8. Fine scissors.
9. Mercodia Ultrasensitive Mouse Insulin Elisa kit (Calibrators, standards, 96-well plate coated with capture antibody, Antibody-enzyme conjugate, Substrate TMB, Stop solution, Wash buffer).
10. Plasma samples of interest.
11. Plate reader with capacity to read at absorbance 450 nm.

## 2.5 Islet isolation

1. Hank's Balanced Salt Solution (HBSS).
2. Collagenase (Fraction V) in HBSS.
3. DMEM with 3 mM or 11 mM glucose, 10% FBS, Pen/Strep/Glutamine (100 U/mL; 100 µg/mL and 0.292 mg/mL, respectively).
4. Sodium diatrizoate (such as Histopaque).

## 3. Methods

### 3.1 Adipocyte and stromal vascular fraction isolation from adipose tissue

Adipose tissue consists of a variety of cells such as preadipocytes, adipocytes, macrophages, and endothelial cells, etc. To understand the differentiation process of preadipocytes or physiological function of adipocytes, such as cytokine secretion (without the input from macrophages), in response to a specific stimulus or condition, isolation of individual cell types is essential. Ensure that all procedures are carried out in accordance with local institutional policies and the National Institutes of Health Guide for the Care and Use of Laboratory Animals.

1. Sacrifice mice by injecting pentobarbital or by cervical dislocation.
2. Isolate the desired fat pads (perigonadal/subcutaneous/brown) in sterile DMEM/F12 medium.
3. Mince the tissue in a sterile petri plate and add sterile collagenase solution (~5 mL/g tissue) and transfer to a sterile 50 mL conical tube.
4. Incubate for 1 h at 37 °C in a shaking water bath at 150 rpm.
5. After digestion, add an equal volume of cold DMEM/F12 to stop digestion.
6. Pass the digested fat slurry through a sterile cell strainer (100–400 µm) attached on top of a 50 ml tube by gravity. The undigested tissue on the filter can be discarded.
7. To the flow through, add 20 mL DMEM/F12.
8. Centrifuge at 50 × g (or 500 rpm) for 5 min to remove any debris.

9. After centrifugation, adipocytes will float.
10. The adipocytes can be collected from the top and transferred to a new tube containing in DMEM/F12 medium supplemented with 10% FBS, Pen/Strep/ Glutamine (100 U/mL; 100 µg/mL and 0.292 mg/mL, respectively).
11. The adipocytes remain floating but can be cultured further for 48–72 hours for various experimental procedures (*see* Note 1).
12. Transfer the medium below the floating adipocytes to a new 50 mL tube and centrifuge at  $500 \times g$  for 15 min to pellet the stromal vascular (SV) cells.
13. Remove most of the supernatant.
14. Resuspend the cells in 10 mL RBC lysis buffer.
15. Incubate at room temperature for 5 min.
16. Add an equal volume of growth medium.
17. Filter the cell suspension through a 40 µm cell strainer into a new tube to remove endothelial cell clumps.
18. Centrifuge the sample at  $500 \times g$  for 5 min.
19. Remove most of the supernatant and resuspend the pellet in 10 mL growth medium.
20. Dispense the appropriate number of cells into the desired plate, dish or flask.

### 3.2 Differentiation of Preadipocytes (3T3-L1 or primary cells)

Preadipocytes can either be cultured from a cell line such as the murine fibroblasts, 3T3-L1 cells committed to an adipocytic fate, or can be isolated from adipose tissue *ex vivo* as discussed above (in 3.1).

- 1 After the preadipocytes reach confluence (day 0), replace the growth medium and let cells grow for another two days (day 2).
- 2 Induce differentiation by adding differentiation medium for 48 hours (days 3–4).
- 4 Following differentiation, adipocyte maturation is induced in growth medium supplemented with only insulin for another 3 days with medium changes every other day (days 5–7).
- 5 By day 7–10, lipid droplets will be visible in the adipocytes (*see* Note 2).
- 6 Adipocytes can be used for various assays at any time between 5–10 days following the initiation of differentiation.

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<sup>1</sup>The adipocytes isolated from the adipose tissue *ex vivo* should be used for experiments as soon as possible as they may start producing increased pro-inflammatory cytokines following collagenase treatment and that may induce experimental artifacts.

<sup>2</sup>After adipogenesis, fat in the adipocytes can cause them to come off the plate so assays should be performed as soon as possible after differentiation and maturation. Data should be normalized to the protein or DNA content of the well.

### 3.3 Glucose uptake in adipocytes/adipose tissue

Once preadipocytes are committed to an adipocytic fate, they upregulate and express glucose transporter 4 (GLUT4). This renders them responsive to insulin, which results in the stimulation of glucose uptake and conversion to fat in the presence of insulin and excess glucose. However, under conditions of cellular insulin resistance, adipocytes fail to respond to insulin and exhibit diminished glucose uptake in response to insulin. Glucose uptake is measured in the adipose tissue *ex vivo* to assess insulin responsiveness.

1. Once preadipocytes (3T3-L1 or primary cells) are differentiated into adipocytes in 24-well plates, serum starve the cells in KRH buffer for 3 h with appropriate treatments or controls (*see* Note 3).
2. Wash the cells with KRH buffer and incubate with 1 mL of KRH supplemented with 100 nM insulin for 15 min (*see* Note 4).
3. To the solution above, add 1  $\mu$ Ci 2-deoxy-D-[2,6-<sup>3</sup>H]-glucose (in non-radioactive 2-deoxy-D-[2,6]-glucose (200  $\mu$ M, 50  $\mu$ l total volume) to each well for 10 min.
4. Wash the cells with KRH buffer 3 times to remove excess tritiated glucose.
5. Lyse the cells in 1 mL of RIPA buffer and mix an aliquot (800  $\mu$ L) with scintillation fluid in a vial and leave overnight (*see* Note 5). Read in a scintillation counter the next day.
6. Measure the protein content in the RIPA lysate using a standard protein assay.
7. Normalize the values obtained from the radioactive counts to the protein concentration in the wells.
8. For glucose uptake in *ex vivo* adipose tissue, mince the tissue into small pieces and weigh.
9. Incubate the tissue fragments in KRH buffer for 2 h followed by steps 2 to 4 as above.
10. After washing, solubilize the tissues in 400  $\mu$ L perchloric acid and 200  $\mu$ L H<sub>2</sub>O<sub>2</sub> at 60°C overnight.
11. After dissolution, place an aliquot in scintillation fluid overnight, then count as in step 3.3.5. Normalize the values to the tissue weight.

### 3.4 Intraperitoneal glucose (IPGTT) and insulin tolerance test (IPITT)

One of the earliest hallmarks of metabolic dysfunction is impaired glucose tolerance. In the glucose tolerance test, impaired glucose clearance in response to a bolus of glucose reflects either a defect in insulin secretion or ineffective insulin function in peripheral tissues. In

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<sup>3</sup>In glucose uptake assays, starvation times and conditions can play a key role. Unlike other cells, adipocytes enter senescence when starved overnight in low glucose medium. Thus, we starve cells for three hours in KRH buffer directly and bypass the low glucose medium step.

<sup>4</sup>Insulin responses in adipocytes peak within 30 min so it is advisable to plan the treatment time such that the reaction is stopped at 30 min after the insulin stimulation to achieve a good positive control.

<sup>5</sup>In glucose uptake experiments, the final lysate should be left in the scintillation fluid overnight to disperse evenly before placing in the scintillation counter.

contrast, the insulin tolerance test determines whether the metabolic dysfunction is primarily the result of a defect in the pancreatic  $\beta$ -cell function (insulin secretion) or due to insulin resistance in peripheral tissues (insulin responsiveness) (*see* Notes 6 and 7).

1. Fast the mice for 4 h prior to the assay. Weigh each mouse and place it in an individual fresh cage with only water (without food) for the 4 h period. Care should be taken to keep the mice calm (*see* Note 8).
2. Prior to the assay, calibrate the glucometer as per the manufacturer's instructions. Although we use a ReliOn glucometer, any other commercial glucometer for human use, such as Accu-Check Active (Roche Diagnostics), One Touch Ultra (LifeScan), etc., will be adequate.
3. At the start of the experiment, place the mouse in a restrainer and gently nick the tail 1–2 cm from the tip. Discard the first drop of blood and record the basal blood glucose (0 min reading) by inserting the test strip in the glucometer and directly touching it to the drop of blood on the tail (test strip uses about 3–5  $\mu$ L of blood).
4. Immediately after the basal glucose recording, inject the mouse intraperitoneally with the glucose solution (2 g/kg body weight).
5. Proceed with subsequent mice, keeping the gap between mice constant. Take the readings at regular intervals (15, 30, 60 and 120 min) after the injection. The blood glucose first rises rapidly, and then decreases over time due to clearance from the blood (*see* Notes 9 and 10).
6. For the insulin tolerance test, mice are similarly prepared as for the GTT, except that instead of injecting glucose, insulin is injected (0.5 U/kg body weight). Subsequently, mice display an initial decrease in the blood glucose that rises back to basal levels over time.
7. Graph blood glucose readings as a function of time and analyze the area under the curve (AUC) to reveal the nature of any metabolic dysfunction/differences between groups of mice (*see* Notes 11 and 12).

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<sup>6</sup>Since mice display significant variation, care should be taken to perform experiments with adequate numbers of animals to achieve statistical significance. A minimum of 6–8 animals should be used for each of the *in vivo* experiments. If large variations are observed, outlier analysis using statistical software such as Graphpad Prism can be performed.

<sup>7</sup>Reference values for metabolite and hormone levels in a number of mouse strains are available at the Jackson Laboratories website (<http://www.jacksonlaboratory.com>).

<sup>8</sup>A very important prerequisite for the mice that will undergo GTT/ITT is that they should be kept as calm as possible (no extraneous noises, smells, personnel, etc.). Also, trained personnel should handle the animals. Care should be taken to ensure that mice are not stressed between readings. Only a limited number of mice should be planned for this experiment that can be handled effectively given the constraints of the assay time points.

<sup>9</sup>For GTT assay, we sometimes also take a 7.5 min glucose measurement post- glucose challenge. This reading is a good measure of the first phase of the pancreatic response. However, if employing a 7.5 min time point, care should be taken to use a small group of animals as handling larger numbers of animals in such a short time span can lead to missing time points.

<sup>10</sup>For GTT or ITT experiments, determining the area under the curve (AUC) may provide statistically significant differences between groups, where effects at individual time points may not. In GTT, glucose levels first peak, then recover over time. Early time points reveal the dynamics of the first phase of insulin response from the pancreas and later time points provide information about the combined effect of insulin secretion from pancreas and insulin responsiveness in peripheral tissues. This combined effect can be further delineated by analyzing the ITT graph, which provides information regarding insulin responsiveness.

<sup>11</sup>In the ITT AUC graph, two phases are evident: the first when glucose levels decrease in response to insulin, and the second when the glucose levels return to normal levels in response to glucagon and other liver enzymes. Plotting these two phases separately can provide information regarding responsiveness of these two contributing pathways.

### 3.5 Fasting plasma glucose & insulin levels and calculation of insulin resistance index

Fasting levels of glucose reveal whether or not mice are normoglycemic in the resting or basal state. In some instances however, even though mice exhibit normal fasting glucose levels, their fasting insulin levels might be higher due to insulin resistance, where the body requires higher insulin levels to maintain normal blood glucose levels.

1. For measuring fasting blood glucose, mice are prepared exactly as in 3.4 and fasting blood glucose is measured directly from a blood drop at the tail tip using the glucometer.
2. For fasting insulin measurements, plasma is separated from the fasting blood (either obtained from terminal sacrifice or tail bleed) and insulin is measured using a mouse ultrasensitive insulin ELISA kit following the manufacturer's instructions. The assay is typically based on a sandwich ELISA where two antibodies against different epitopes are utilized. The assay range for such a kit is typically 0.025 µg/L to 1.5 µg/L.
3. Pipet calibration standards, controls and plasma (25 µL each) into microtiter plate wells coated with capture antibody.
4. Add 100 µL antibody-enzyme conjugate to each well and incubate on a shaker at room temperature (18–25 °C) for 2 h. This antibody is the detection antibody and is conjugated to horseradish peroxidase (HRP).
5. Wash 3 times with 350 µL wash buffer and add 200 µL substrate 3,3',5,5'-tetramethylbenzidine (TMB) and incubate at room temperature for 15 min. Stop the reaction by adding 50 µL of stop solution. Mix the plate contents on a shaker for few seconds and place in a plate reader set to measure absorbance at 450 nm.
6. If samples fall out of range and are saturated, dilute and read again. However, linearity may be compromised through dilution of off-scale samples.
7. Plot the graph on a log-log scale and calculate the insulin concentration in the unknown samples using a cubic spline regression analysis.
8. Paired glucose and insulin readings can be used to assess the insulin resistance index using the Homeostatic Model Assessment (HOMA-IR). The formula for calculating HOMA-IR = (Glucose X Insulin)/405 (glucose in mg/dL and insulin in mU/L). If glucose is expressed in molar units (mmol/L), then the formula for calculating HOMA-IR= (Glucose X Insulin)/22.5 (insulin in mU/L).

### 3.6 Islet isolation

Islets play an important role in the pathophysiology of metabolic dysfunction during obesity and diabetes. Islet isolation is an important technique to generate islets for *ex vivo* studies, such as addressing endocrine function, the viability of cells, or *in vivo* transplantation. The

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<sup>12</sup>Insulin sensitivity may vary between the strains or sex of mice used for the study. The insulin dose recommended above may be too high and may lead to hypoglycemia or even death in certain cases. Thus, performing a small pilot experiment to determine the appropriate dose of insulin for the animals under study is helpful. A hypoglycemic mouse approaching death can be “rescued” by injecting glucose, avoiding the loss of an animal from an experimental cohort, and allowing further studies at later times.



method is based on collagenase infusion into the common bile duct of the euthanized animal; enzymatic degradation of the pancreatic architecture, separation of islets from other tissues and culturing viable islets. Although the procedure appears simple, it can be very challenging to obtain a pure and viable islet preparation.

1. Euthanize the mouse and surgically expose the abdomen (*see* Note 13).
2. Carefully locate the entry of bile duct into the duodenum and block the common bile duct opening by clamping it. To isolate islets, slowly inject the collagenase solution into the common bile duct opening to maximize solution entry into the pancreas. Since the opening into the small intestine is blocked, this will force the collagenase solution to enter the pancreas and it will expand like a balloon (*see* Note 14).
3. Perfusion of the pancreas from the inside through the common bile duct in this manner provides efficient access to collagenase compared to other methods such as dissection of pancreas, cutting small pieces and incubating in the collagenase solution (*see* Note 15).
4. The type of Collagenase used for digesting the pancreas affects the yield of islets. We routinely use collagenase fraction V from Sigma, which provides good yield as well as good viability.
5. Carefully remove the pancreas and incubate in collagenase solution in a 50 mL conical tube for 8–11 min. It is important to incubate for the optimum time as longer incubation in collagenase solution will increase the yield of smaller islets and may also decrease the viability of islets.
6. Apply the digested slurry on a discontinuous gradient of Histopaque (sodium diatrizoate; 1.109, 1.096, 1.070, and 0.570 g/mL) and isolate the islets from the interface of the 1.070/1.096 and 1.096/1.109 g/mL layers.
7. Further clean the fractions obtained from the Histopaque interfaces by individually handpicking the islets from a petri plate under a dissecting microscope. Pool islets of similar size. For experiments, islets are mixed from each group in similar numbers (typically ~10).
8. Islets can be cultured in DMEM with 11 mM glucose and 10% FBS overnight to let them recover from the isolation procedure.
9. To measure insulin secretion, first wash the islets and incubate in DMEM with 3 mM glucose for 90 min and subsequently incubate in DMEM with 3 mM or 16 mM glucose (+/- treatments) for 60 min.

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<sup>13</sup>For islet isolation, the procedure should be performed as soon as possible after euthanasia as the pancreas is prone to autolysis.

<sup>14</sup>To obtain a pure and viable islet preparation, it is important to perfuse the pancreas with collagenase solution through the common bile duct. This procedure is challenging and should be performed by trained and experienced personnel.

<sup>15</sup>During the islet isolation procedure, the incubation time of the perfused pancreas in the collagenase solution is critical. Too much or too little time will lead to an over-digested or under-digested slurry that will eventually affect the quantity and quality of the islets. It is advisable to standardize the incubation time with each new lot of Collagenase V and also the animal model.

10. Recover the medium and measure insulin using the Ultrasensitive Mouse Insulin Elisa kit (as in 3.5) (*see* Note 16).

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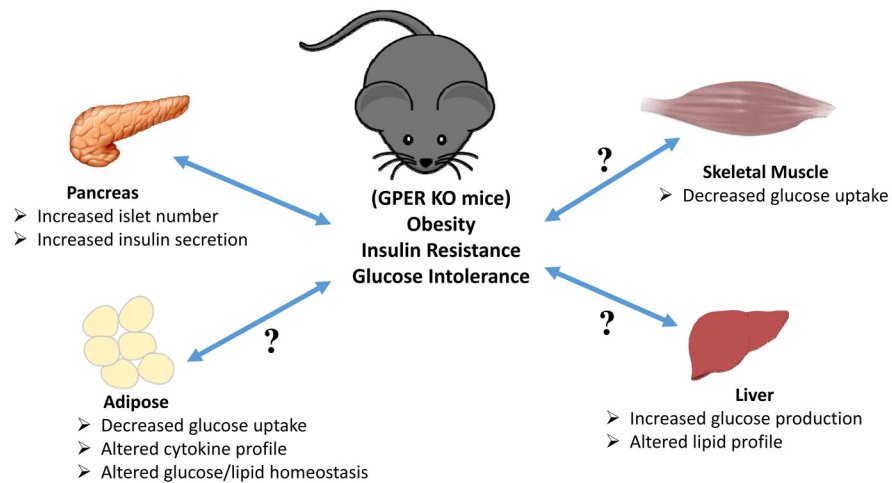
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<sup>16</sup>The number of islets in the insulin secretion assays should typically be ~10–12. If small islets are obtained (e.g., in insulin-resistant obese mice where new islets form resulting in hyperinsulinemia), then the number of islets can be increased accordingly.

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**Figure 1. Schematic representation of the possible metabolic dysfunctions leading to or resulting from obesity in GPER-deficient mice**

Increased adiposity results in insulin resistance with ensuing glucose intolerance. Obesity may also result in multiple defects in metabolically active tissues such as the pancreas, adipose, liver and muscle. In the pancreas, insulin resistance leads to increased insulin secretion and a compensatory increase in the number of islets, resulting in hyperinsulinemia. In adipose and muscle, insulin resistance may lead to decreased insulin-stimulated glucose uptake, which along with concomitantly increasing hepatic glucose production, leads to hyperglycemia. In addition, altered lipid homeostasis in the adipose and liver lead to hyperlipidemia. Together with hypertension, these pathophysiological metabolic effects (abdominal obesity, elevated fasting plasma glucose, high serum triglycerides, and low high-density cholesterol levels) comprise the condition referred to as metabolic syndrome. Whereas GPER is known to stimulate insulin secretion and survival of pancreatic beta cells, little is known regarding the role(s) of GPER in other insulin-responsive peripheral organs/tissues (as indicated by question marks (?)).

**Table 1**

Procedures and assays to study functions of GPER in metabolism.

Assay	Tissue/Cells	Function
Adipocyte isolation	Adipose tissue	Metabolic assays/adipokine secretion
Adipogenesis	Preadipocytes	Triglyceride accumulation
Fasting glucose/insulin	Fasting mouse blood	Insulin resistance
Glucose tolerance/insulin tolerance	Fasted mouse blood	Glucose homeostasis
Glucose uptake	Adipocytes/adipose tissue	Insulin sensitivity
Islet isolation	Pancreas	Insulin secretion