

Characterization of focal hepatic lesions with SPIO-enhanced MRI

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Abstract

AIM: To evaluate the value of superparamagnetic iron oxide (SPIO) enhanced MRI in characterizing focal hepatic lesions.

METHODS: Forty-three patients (32 men, 11 women, mean age 51 years, age range 25-74 years) with previously identified focal hepatic lesions were enrolled into this study. All the patients underwent plain, Gd-DTPA enhanced MRI and the SPIO enhanced MRI 1-7 d later. The surgico-pathologic diagnosis was established in 31 cases and the diagnosis in other 12 cases was made on the basis of clinical findings and biochemical tests. The signal changes of lesions were analyzed and the CNRs of lesion-to-liver were measured before and after SPIO enhancement. The data were analyzed by paired *t* test.

RESULTS: Focal hepatic lesions included primary hepatocellular carcinoma (HCC, *n*=22), hemangioma (*n*=5), cyst (*n*=4), metastases (*n*=5), cirrhotic nodule (*n*=4), focal nodular hyperplasia (FNH, *n*=5) and other miscellaneous lesions (*n*=6). After SPIO enhancement HCC demonstrated iso- or slight hyperintensity on T1WI and moderate hyperintensity on T2WI, hemangioma showed moderate hyperintensity on T1WI and obvious hyperintensity on T2WI, the SI of cyst had no change either on T1WI or on T2WI, cirrhotic nodules revealed iso-intensity on T2WI, and the SI of FNH decreased significantly on T2WI. No specific manifestations were found in the other 6 miscellaneous lesions after SPIO enhancement.

CONCLUSION: SPIO enhanced-MRI can improve the characterization confidence for diagnosis of focal hepatic lesions.

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INTRODUCTION

Superparamagnetic iron oxide (SPIO) is a newly developed tissue-specific contrast material. Intravenously administered SPIO particles can be specifically taken up by reticulo-endothelial system, and the signal intensities of normal hepatic and splenic parenchyma are significantly decreased on MR images. Therefore, it has been widely applied for lesion detection in the liver^[1-6]. After SPIO-enhancement the detectability of focal hepatic lesions smaller than

1cm could be increased from 65.9% to 97.5%. However, to our knowledge, the previously reported studies were mainly concerned about the detection of hepatic metastatic lesions and only a few studies focused on the characterization of focal hepatic lesions^[4-13]. Thus, the purpose of this study is to evaluate the diagnostic value of superparamagnetic iron oxide in demonstrating benign and malignant focal hepatic lesions.

MATERIAL AND METHODS

Patients

Forty-three patients (32 men, 11 women, mean age 51 years, age range 25-74 years) with previously identified focal hepatic lesions were enrolled into this study. The pathologically proven diagnosis was achieved in 31 cases and the other 12 cases were diagnosed on the basis of clinical findings and biochemical tests. Most lesions were smaller than 3cm. Three cases previously suspected of having focal hepatic lesion were finally confirmed as cirrhotic nodules after SPIO-enhancement. In the remaining 40 patients showed multiple hepatic lesions were found in 22 and solitary in 18, including malignant lesions in 29 cases and benign lesions in 11 cases. The malignant lesions included: primary hepatocellular carcinoma (HCC, *n*=22) associated with hemangioma or cyst in 4, cholangiocarcinoma with cysts (*n*=1), and cholangiohepatocarcinoma (*n*=1), metastases (*n*=5). The benign lesions included: multiple hemangiomas (*n*=2), focal nodular hyperplasia (FNH, *n*=5), angiolipoleiomyoma (*n*=1), inflammatory pseudotumor with hemangioma and cysts (*n*=1), multiple abscess (*n*=1) and focal inflammation with hemangioma (*n*=1).

Contrast agent

Gadopentetate dimeglumine (Magnevist; Schering, Berlin, Germany) was manually administered through antecubital intravenous bolus of 0.1mmol/kg. Feridex (Advanced Magnetics, USA) is an iron oxide preparation coated with low-molecular-weight dextran available in 5mL vial containing 11.2mg iron and 61.3mg mannitol/mL. Feridex at a dose of 0.05mL·kg⁻¹ (0.56mg Fe·kg⁻¹) was diluted with 100mL of 5g·L⁻¹ glucose and infused intravenously at a rate of 3mL·min⁻¹.

Imaging procedure

The GE Signa 1.5T MR imaging system was used. The whole procedure including: ① non-enhanced images: SE T1-weighted (TR/TE=540ms/15ms), FSE T2-weighted with fat suppression (TR/TE=3000-4000ms/98ms); ② Gd-DTPA enhanced images: FMPSPGR with dynamic enhancement; and ③ SPIO-enhanced images: 1-7 d later, SE T1-weighted, FSE T2-weighted, FSE T2-weighted with fat suppressed sequences, were performed after SPIO administration. Transverse images were obtained with a slice thickness of 8mm, a section gap of 1-2mm, a field of view of 360mm and matrix size of 256×160.

Imaging analysis

The images were reviewed by 3 experienced radiologists. The signal intensities (SI) of normal hepatic parenchyma, hepatic lesions and

signal change of lesion-to-liver were measured before and after administration of SPIO. Regions of interest (ROI) with at least 50 pixels on homogeneous background free of artifacts. ROI were chosen to be representative of the tissue being evaluated. Measurements were made at the same anatomic level for unenhanced and enhanced images in each patient. If patient had multiple lesions with the homogeneous character, the typical one was selected, otherwise the lesions were analyzed individually.

RESULTS

Totally 12 kinds of benign and malignant diseases were observed in 43 patients. The CNR of lesion-to-liver was evaluated on each sequence (Tables 1 and 2). After SPIO-enhancement the ratios of lesion-to-liver were significantly raised on T₁-weighed images except that of cyst, while on T₂-weighed images the hepatic cirrhotic nodules and FNH's ratios of lesion-to-liver showed no significant difference before and after SPIO-enhancement.

Table 1 The CNR of lesion-to-liver on T₁WI

Lesion (cases)	T ₁ WI	SPIO-enhanced T ₁ WI	P
HCC (22)	-10.2±8.3	19.9±23.8	<0.001
Hemangioma (5)	-16.4±8.6	71±33	<0.05
Cyst (4)	-457±12.1	-33.7±17.9	>0.05
Metastases (5)	-15.4±9.3	6.8±28.1	<0.05
Cirrhosis nodules (4)	2.3±9.3	21.3±17	<0.05
FNH (5)	-4.3±14.1	18.8±18.6	<0.05
Cholangiocarcinoma (1)	-32	0	-
inflammatory pseudotumor (1)	-15	47	-
Hepatic abscess (1)	-19	1	-
Focal inflammatory lesion (1)	-17	12	-
Angiolipoleiomyoma (1)	16	85	-
Cholangiohepatocarcinoma (1)	-5	34	-

Table 2 The CNR of lesion-to-liver on T₂WI

Lesion (cases)	T ₂ WI	SPIO-enhanced T ₂ WI	P
HCC (22)	98.39±58.59	465.77±272.73	<0.001
Hemangioma (5)	354.57±119.78	1452.63±205.68	<0.001
Cyst (4)	509.48±145.02	1256.33±333.39	<0.001
Metastases (5)	104.36±52.02	416.11±324.94	<0.05
Cirrhosis nodules (4)	16.34±15.76	13.77±12.54	>0.05
FNH (5)	65.78±68.4	77.5±104.7	>0.05
Cholangiocarcinoma (1)	63.33	766.95	-
inflammatory pseudotumor (1)	45.58	618.01	-
Hepatic abscess (1)	114.97	587.55	-
Focal inflammatory lesion (1)	89.33	575.53	-
Angiolipoleiomyoma (1)	145.26	523.91	-
Cholangiohepatocarcinoma (1)	106.09	1390.6	-

HCC was found in 22 patients. The lesions were iso- or hypointense on T₁-weighed images and slightly hyperintense on T₂-weighed images before enhancement. After SPIO administration, 11 cases of the lesions became slightly hyperintense, 10 were isointense and 1 was hypointense on T₁WI, while on T₂WI all lesions appeared hyperintense. The mean CNRs of lesion-to-liver on T₁WI and T₂WI were greatly improved from -10.2±8.3, 98.4±58.6 to 19.9±23.8, 465.8±272.7 respectively after SPIO administration. The difference had statistical significance ($P<0.001$). After Gd-DTPA administration, 17 cases showed obvious enhancement while the other 5 cases enhanced mildly in early phase. Characteristically, the signal

intensity or enhancement of the lesions decreased significantly in portal and delayed phases (Figure 1A-C).

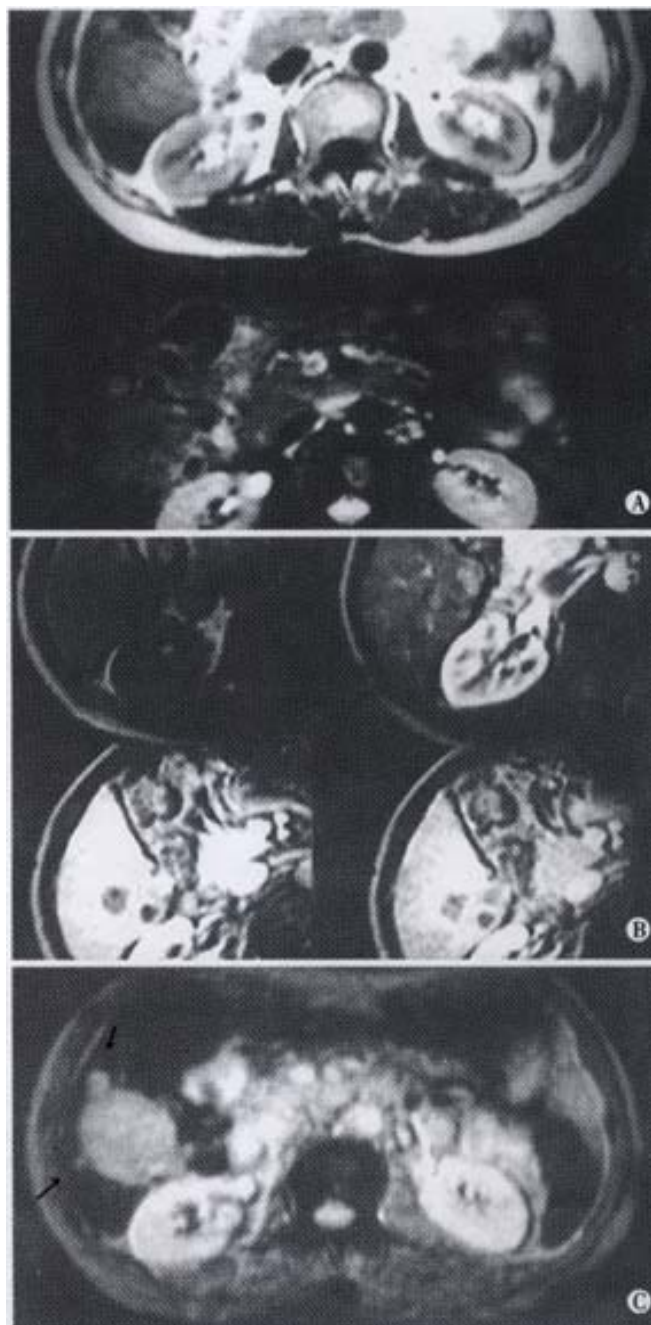


Figure 1 Primary hepatocellular carcinoma in posterior right lobe. The lesions appear hypointensity on T₁WI and mildly hyperintensity on T₂WI (A). On Gd-DTPA enhanced images, early enhancement can be seen in arterial phase and appear relatively hypointensity in portal phase. (B) On SPIO-enhanced image, the conspicuity is clearer than pre-contrasted and Gd-DTPA enhanced images. Two micro-lesions (arrow) are obviously showed (C).

Hepatic hemangioma was revealed in 5 cases. The lesions were iso- or hypointense on T₁WI and markedly hyperintense on T₂WI in pre-contrast images. After SPIO-enhancement distinct SI increase was noted and the CNR of lesion-to-liver increased from -16.4±8.6 to 71±33 ($P<0.05$) on T₁WI. The signal intensity showed no perceivable change on T₂WI, but the CNR of lesion-to-liver was greatly increased because of the signal loss of the background after SPIO administration (Figure 2A, B). After Gd-DTPA enhancement, the lesions were gradually filled by the contrast from peripheral to central area and were kept hyperintense in portal and delayed phases.

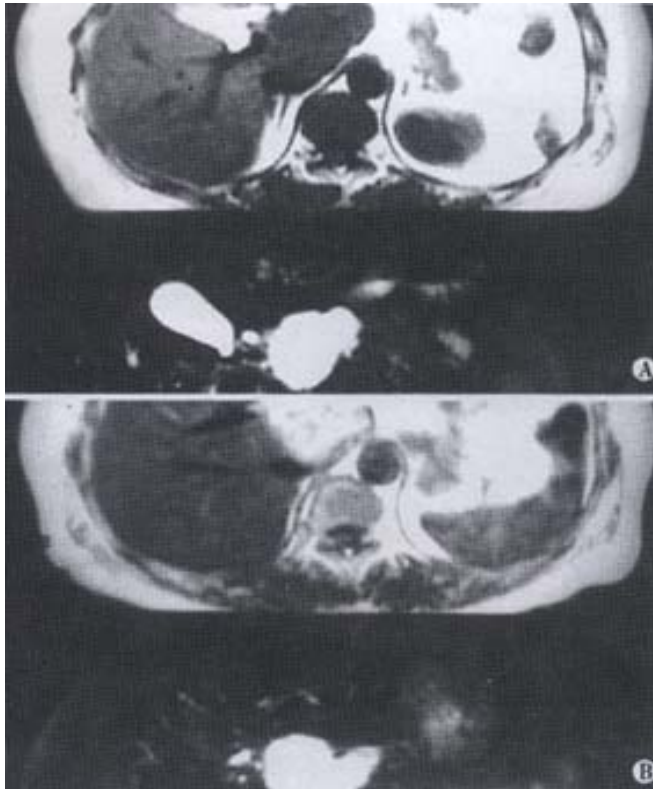


Figure 2 Hepatic hemangioma. (A) The lesion shows hypointensity on T₁WI and hyperintensity on T₂WI on pre-contrast images. (B) After SPIO administration, the lesion become hyperintense on both T₁WI and T₂WI (arrow).

Hepatic cyst was found in 4 patients. The SI of the cyst had no change after SPIO-enhancement. The hypointensity of cystic lesions on T₁WI after SPIO-enhancement was characteristic, thus it could be distinguished from other focal hepatic lesions. The hepatic cyst showed no enhancement after Gd-DTPA administration.

Metastasis was observed in 5 cases. The lesions were hypointense on T₁WI pre-enhancement and iso- or hypointense during post-enhancement. On T₂WI they were mildly hyperintense before enhancement and relatively hyperintense after enhancement because of obvious signal decrease of adjacent normal liver parenchyma. Such change of SI had no diagnostic value because many other focal hepatic lesions could have the similar appearance after SPIO enhancement. The appearance of lesions varied after Gd-DTPA administration, most of them showed peripheral enhancement, or with “bull eyes” sign, or only slightly enhanced.

Cirrhotic nodule was found in 4 patients, which was associated with HCC in one patient. On pre-contrast T₁WI cirrhotic nodules appeared slightly hyperintense differing from other focal hepatic lesions. That the cirrhotic nodule contained Kupffer cells which could take up SPIO particles made it have the same SI as that of the surrounding liver parenchyma after SPIO administration. The cirrhotic nodules showed no early enhancement after Gd-DTPA administration and pertained iso- or hypo-intense in portal and delayed phases.

Focal nodular hyperplasia (FNH) was observed in 5 cases. The lesions were slightly hypointense on unenhanced T₁WI. The appearances of FNH on T₂WI were variable and could be hyperintense ($n=2$), heterogeneously intense ($n=2$) and iso-intense ($n=1$) which was unable to be detected. After SPIO-enhancement, SI of the lesion decreased markedly and appeared iso- or slightly hyper-intense on T₂WI, which was characteristic for FNH. On Gd-DTPA enhanced image, the manifestation was also characteristic: it was obviously enhanced in early phase and continuously kept hyperintense in portal and delayed phases (Figure 3A-C).

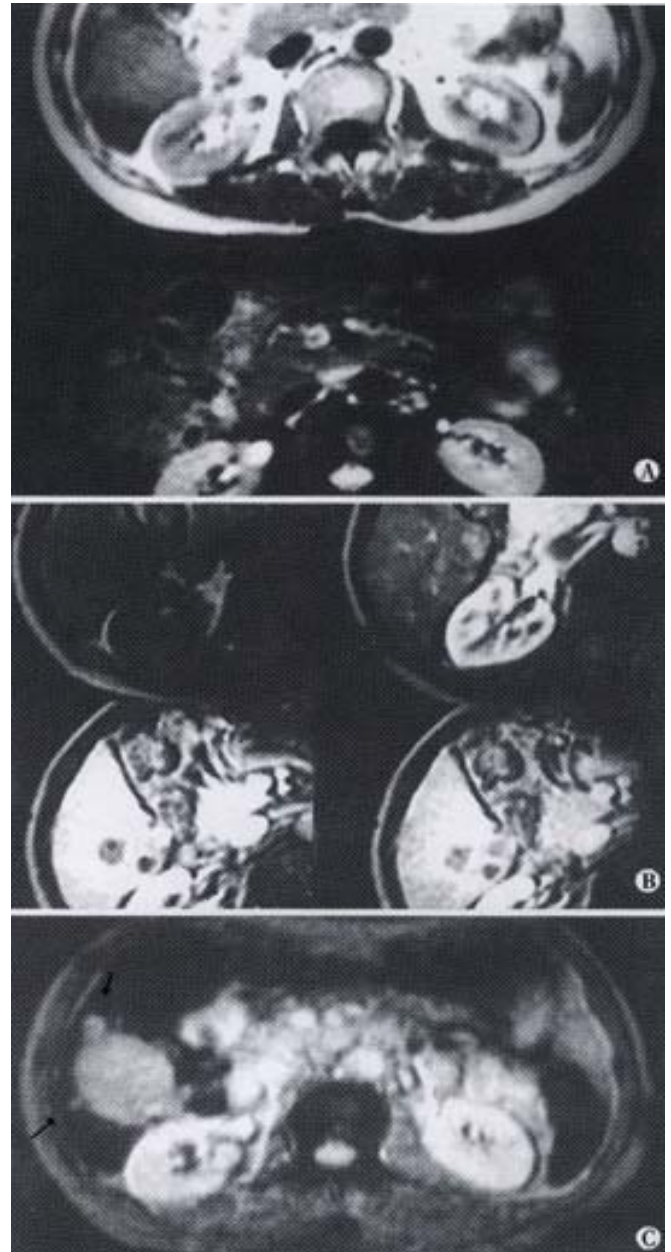


Figure 3 Focal nodular hyperplasia (FNH). Before enhancement, the lesion (arrow) presents hypointensity on T₁WI and heterogeneous hyperintensity on T₂WI (A). After Gd-DTPA administration, the lesion is obviously enhanced in arterial phase and remains hyperintense in portal and delayed phase (B). On T₂WI after SPIO enhancement, the lesion (arrow) has focal signal loss compared with the un-enhanced image (C).

Other focal hepatic lesions were found in 6 cases including cholangiocarcinoma ($n=1$), inflammatory pseudotumor ($n=1$), hepatic abscess ($n=1$), focal inflammatory lesion ($n=1$), angiolipoleiomyoma ($n=1$), and cholangiohepatocarcinoma ($n=1$). These lesions were hypointense on T₁WI and slightly or moderately hyperintense on T₂WI before enhancement. The appearances were non-specific after SPIO-enhancement although the contour of lesions was clear and the CNR of lesion-to-liver increased, which was helpful in improving the detectability or conspicuity. The appearances of these lesions on Gd-DTPA enhanced images were also diversified.

DISCUSSION

As a non-specific extracellular contrast material, Gd-DTPA has been widely used in MR imaging of the liver. Dynamic Gd-DTPA-

enhanced MR images can provide much useful information of the blood supply of lesions and thus highly improving the accuracy of diagnose of focal hepatic lesions. However, Gd-DTPA has several disadvantages such as non-specific distribution, quickly reaching equilibrium throughout extracellular compartment and having slightly nephrotic toxicity. As a negative contrast material, namely reticulo-endothelial system specific contrast agent, the particles of SPIO can be taken up primarily by the hepato-splenic Kupffer cells. The collection of SPIO particles can produce a focal heterogeneous magnetic field which shortens T₂ relaxation time predominantly, leading to a significant decrease of SI of normal hepatic parenchyma and remarkable improvement for the focal lesion detection. The prolonged half-life time and widened scanning time-window are also helpful in making examination more convenient^[1,4,5,13-15,17].

The signal intensity of normal hepatic parenchyma decreased both on T₁WI and T₂WI after SPIO-enhancement, especially on T₂WI. The SI of HCC changed a little due to lack of Kupffer cells, but the signal loss of background inversely makes the HCC appear hyperintense. As a result, the CNR of lesion-to-liver increased and the detection of HCC after SPIO-enhancement being improved. There are a few of reports dealing with the appearance of HCC on SPIO-enhanced MR images^[9,14,17-22]. Grangier described HCC's feature in 10 cases after SPIO enhancement and concluded that the HCC presenting iso-intensity on TIWI was the key point for differentiating HCC from hemangioma and cyst^[11]. However, we believe that it might be inappropriate because the appearances of HCC in our 22 cases on enhanced-T₁WI were slightly hyperintense, isointense and hypointense which were 50% (11/22), 45.5% (10/22) and 4.5% (1/22) respectively. This might be attributed to more examples in our study or the difference of HCC's differentiation between the two studies. The non-characteristic appearances of HCC on pre- and post-SPIO-enhanced T₂WI made it difficult to distinguish from other malignant lesions. Moreover, the signal changes on pre- and post-enhanced T₁WI can exclude the possibility of hemangioma and cyst. Accordingly, the accurate diagnosis of HCC must not merely rely on the appearance of lesion on SPIO-enhanced MRI but on the combination with the clinical findings and biochemical tests. After Gd-DTPA administration, the precise diagnosis in most cases can be made according to the enhancement pattern of the lesion. Typically, HCC is enhanced rapidly in arterial phase and the contrast agent is soon washed out in portal phase. So we believe that, only for those the diagnoses are indefinite or the appearances of lesion are untypical on Gd-DTPA-enhanced images, SPIO-enhanced MRI could be a method of choice to make further diagnosis^[17-21].

The hemangioma had high SI on unenhanced T₂WI and showed no change on SPIO-enhanced T₂WI. The hemangioma presenting moderate hyper-intensity on T₁WI after SPIO-enhancement is a key point to distinguish it from cyst and other focal hepatic lesions. However, such typical appearance did not present, owing to the partial volume effect in tiny hemangioma in our study, manifesting iso- or slight hyper-intensity on post-enhanced T₁WI which might make the diagnosis confused. Grangier and Hahn *et al* reported that on SPIO-enhanced T₂WI, the SI of hemangioma could decrease significantly and its enhancement pattern was as the same as that on Gd-DTPA enhanced T₁WI (the lesion was filled with contrast agent gradually)^[10,11]. Although the signal of lesion decreased a little, 11 lesions of 5 patients in our study had no such appearance and remained hyper-intensitive namely "Bright Bulb" on SPIO-enhanced T₂WI. Whether such difference is attributed to the different dosage of contrast agent used in studies (10(mol Fe·kg⁻¹ in our group vs 15(mol Fe·kg⁻¹ in others) needs further investigations.

SPIO has unique advantages in diagnosing liver cirrhotic nodules and FNH. Both contain Kupffer cells which can take up the SPIO particles. Accordingly, on post-contrast T₂WI, the former showed identical intensity to that of adjacent normal hepatic parenchyma and the latter had signal loss of different degree. Hepatic cirrhotic nodule

and FNH were the only two diseases that had signal loss in our study. As hepatic cirrhotic nodules usually have a cirrhosis background, the lesion presented the SI similar to that of surrounding liver parenchyma after SPIO-administration and no early enhancement after Gd-DTPA administration is the key factor to make the accurate diagnosis. In our study there were 3 liver cirrhotic nodules, which had difficulty in characterization on pre- and Gd-DTPA enhanced MR images, accurate diagnoses were made after SPIO-administration. Thus, SPIO-enhanced MRI is supposed to be the first choice when the cirrhotic nodule is suspected to be associated with early stage of canceration and has no obvious early enhancement after Gd-DTPA administration^[15]. FNH has no cirrhotic background with abnormally arrayed lobuli hepatis. The various appearances on pre-contrast T₂WI might be corresponding to its different cellular components. Most lesions were iso- or slightly hyperintense on T₂WI and had signal loss on SPIO-enhanced image. The CNR of lesion-to-liver had no statistical significance between pre- and post-contrast images in our study. This can exactly demonstrate that Kupffer cell in FNH uptake the contrast media and decrease the SI while the background has signal loss at the same time (the mean SI of lesion and liver decreased from 138.6 to 43 and 85.3 to 23.6 respectively on pre- and post-contrast images). The change of SI was different from other diseases and had statistical significance ($P < 0.05$). The central scar was reported to present as mildly hyperintense and 2 cases in our study had this appearance. The characterized appearance of FNH on Gd-DTPA enhanced MR image demonstrated markedly early enhancement as homogeneous hyperintense and iso- to slightly hyperintense in portal or delayed phase. Central scar in 3 lesions enhanced in delayed phase. The results in our study were consistent with other report^[24-29].

Cyst had no signal change on both pre- and post-contrast T₁W, and T₂W images. There were 4 inflammatory cases and 1 case of abscess in our study which had no visible difference on pre- and post- SPIO enhanced images. Diagnoses were made only by Gd-DTPA enhanced images and confirmed after clinical antibiotics treatment and follow-up. One case of inflammatory pseudotumor was pathologically proven^[30]. One case of cholangiocarcinoma was diagnosed mainly on Gd-DTPA enhanced images which provided more information of the blood supply of lesions. Another case of angiolipoleiomyoma was misdiagnosed as HCC before surgery on both Gd-DTPA and SPIO-enhanced images because it had early enhancement and no SPIO uptake. When retrospectively reviewed, the patchy hyperintensity on T₁W and T₂W images corresponding to fatty component might suggest the diagnosis. Since there was no obvious difference of SI, SPIO-contrasted image had little specificity in diagnosing such hepatic inflammation, cholangiocarcinoma and angiolipoleiomyoma^[30-33]. To characterize these lesions, SPIO-enhanced image was inferior to Gd-DTPA image although the lesions showed better circumscription.

As a specific MR contrast media, there is no doubt that SPIO has superiority in detection of hepatic micro-lesions. It is also useful in characterization of some lesions and is superior to unenhanced MR with Gd-DTPA enhanced image when differential diagnosis of HCC, FNH and cirrhotic nodule is needed. As most hepatic lesions could be precisely diagnosed by conventional MR combined with Gd-DTPA dynamic contrast enhancement, SPIO-enhanced image would be a supplementary modality to those which are difficult to be defined.

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