

CASE REPORT

Gliosarcoma with neuroaxis metastases

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SUMMARY

Gliosarcomas are rare tumours of the central nervous system, with a well-known capacity for metastasis. When they metastasise, the dissemination occurs more frequently via the haematogenous route to extraneural sites. Metastasis-spread through the cerebrospinal fluid is extremely rare. We present the case of a 58-year-old man who underwent a gross total resection of a lesion in the left temporal lobe. The histological findings revealed a gliosarcoma and the patient received radiotherapy followed by chemotherapy. Seven months after surgery, while the patient remained neurologically intact, brain and spinal cord MRI revealed tumour recurrence and neuroaxis metastases through the traffic routes of the cerebrospinal fluid. The patient died 8 months after the diagnosis. A PubMed search regarding metastatic gliosarcoma up to June 2015 was also carried out. To the best of our knowledge, this is the first case report of gliosarcoma metastases to the brain and spinal cord leptomeninges.

BACKGROUND

Gliosarcomas were first described in 1895 as glioblastomas with a sarcomatous component.¹ The current definition is based on the 2007 WHO classification, which considers them well-defined brain lesions with a clearly identifiable biphasic pattern of glial and mesenchymal components.² Gliosarcomas comprise 0.48% of all intracranial

tumours and 2–8% of glioblastomas.³ They preferentially affect individuals between the sixth and seventh decades of life, with a male:female ratio of 1.4–1.8:1.^{4 5} The most frequent locations, in descending order, are the temporal, frontal, parietal and occipital lobes.⁶

Clinical features depend on the location of the tumour and are similar to those of glioblastomas. The most common symptoms are headache, vomiting, seizures, hemiparesis, cognitive decline and other symptoms associated with intracranial hypertension.⁴ The imaging features are variable. They may present with central necrotic areas and heterogeneous contrast uptake similar to a glioblastoma, or with homogeneous contrast enhancement and well-defined margins similar to a meningioma.^{4 5} Histologically, two distinct cell populations can be identified, one composed of neoplastic astrocytes meeting the criteria for glioblastoma and the other consisting of a spindle cell sarcomatous component.⁷ The glial component exhibits strong staining for glial fibrillar acidic protein (GFAP), unlike the GFAP-negative sarcoma-like component.

The metastatic capacity of gliosarcomas is well known with an incidence that can reach 11%, which is much higher than that for glioblastomas (0.2–1.2%).⁸ As far back as 1958, some authors have reported cases of metastasis with mixed elements, namely glial and sarcomatous.⁵ Subsequently, Smith *et al* observed two cases of

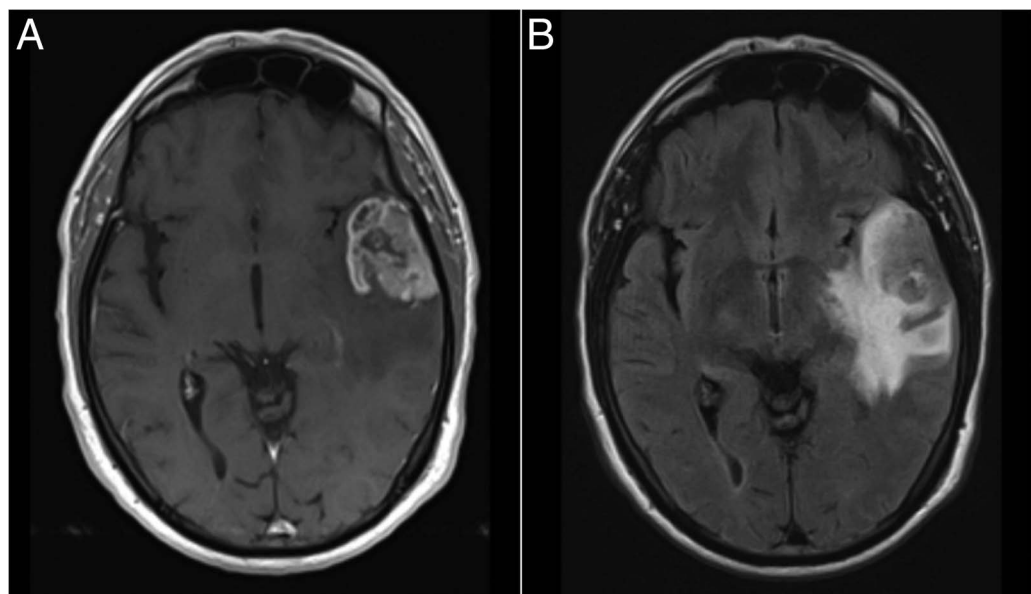


Figure 1 Preoperative brain MRIs. (A) Gadolinium-enhanced T1-weighted axial image showing a lesion in the left temporal lobe with heterogeneous contrast uptake. (B) Fluid-attenuated inversion recovery axial image showing tumoural infiltration/oedema in the surrounding brain parenchyma.



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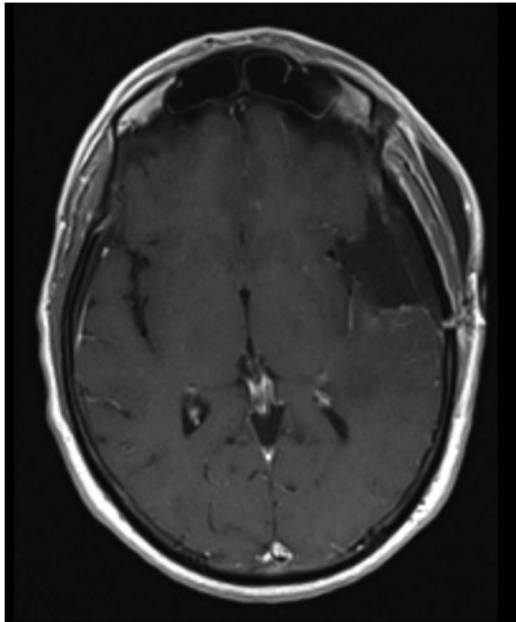


Figure 2 Postoperative brain MRI. Gadolinium-enhanced T1-weighted axial image demonstrating radical tumour excision.

metastasis that were composed only of sarcomatous cells, raising the possibility that the metastatic potential of gliosarcoma is linked to its sarcomatous component.⁵ The greater propensity of gliosarcoma for metastasis could also be related to its

frequent temporal location, near the dura and venous sinuses.¹ The major sites of metastasis are lungs, liver and lymph nodes.⁸ Other reported sites are the spleen, adrenal glands, kidneys, oral mucosa, skin, bone marrow, skull, ribs and spine.⁵ Metastatic disease is more common in young male individuals who have undergone adjuvant radiotherapy.⁹

Beaumont *et al* reported a case involving a gliosarcoma with multiple extracranial metastases and intravascular tumour emboli revealed in the postmortem examination. This is consistent with a greater propensity for haematogenous dissemination.⁹ The increased capacity for haematogenous metastasis is also related to the fact that sarcomatous tumours have a higher tendency to spread using this pathway.¹ However, there are other routes of spread, such as metastasis through the cerebrospinal fluid, where the tumour cells reach the subarachnoid space or ventricular cavities through the leptomeninges or transependymally.¹⁰ In these cases, ventricular, cranial nerve, spinal cord and leptomeningeal invasion can occur.¹

Regarding the therapeutic approach to gliosarcoma, there are no specific protocols. The first review published in the literature considered a number of clinical and biological similarities with glioblastomas, and since then they have been treated using the same protocols; these involve maximum surgical removal followed by radiotherapy and chemotherapy.^{11 12} In the presence of metastasis, the ideal treatment remains unknown but the common chemotherapy regimens for soft tissue sarcomas seem to offer no benefit.⁸ Even with treatment, the survival times of patients with gliosarcoma are short and range from 6 to 14.8 months.¹

Figure 3 Histological tissue sections. (A) H&E showing a biphasic tumour with glial (left) and fusiform (right) cells ($\times 40$ original magnification). (B) Glial fibrillar acidic protein with strong immunoreactivity in the glial component (left) and virtually no staining in the mesenchymal tissue (right; $\times 40$ original magnification).

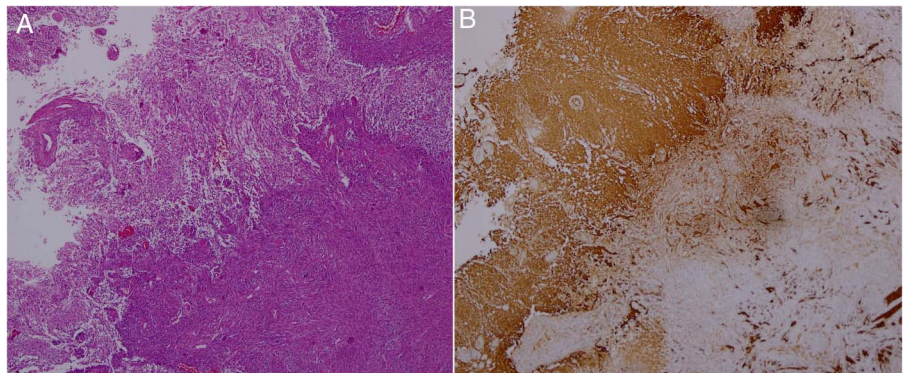


Figure 4 MRIs of the control brain at 7 months after craniotomy. Gadolinium-enhanced T1-weighted coronal images showing: (A) leptomeningeal spread with multiple parenchyma and meningeal deposits, (B) one of which involves the right trigeminal nerve.

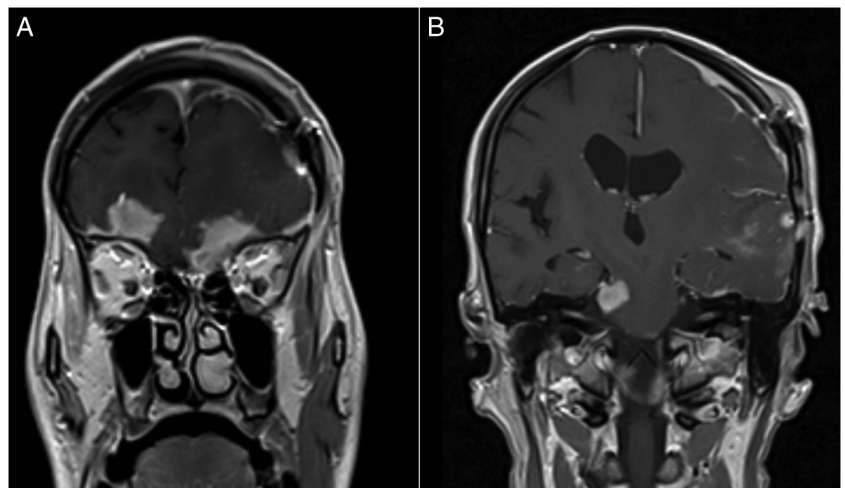


Figure 5 Vertebrospinal MRI at 7 months after craniotomy. Gadolinium-enhanced T1-weighted sagittal images revealing: (A) retroclival enhancement, diffuse meningeal spread, and nodular lesions in the C5 and (B) along the cauda equina nerve roots, indicative of 'drop' metastases.

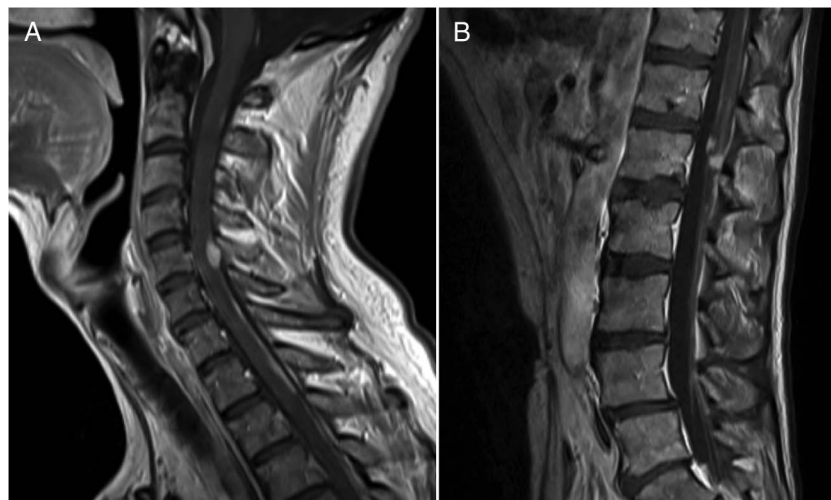


Table 1 Reports on metastatic gliosarcomas published until June 2015

Author	Year	Sex	Age (years)	Localisation	Type	Resection	Adjuvant treatment	Metastasis location	Metastasis histology	Survival (months)
Ehrenreich ¹³	1958	M	44	Parietal	P	Unknown	RT	Lung	Mixed	8
Feigin ¹⁴	1958	M	6	Temporal	P	Unknown	Unknown	Lung	Mixed	15
Garret ¹⁵	1958	F	55	Temporal	P	Radical	RT	Lymph nodes	Mixed	9
Smith ¹⁶	1969	M	49	Frontal	P	Partial	RT+CT	Liver	Sarcomatous	8
Smith ¹⁶	1969	M	44	Temporal	P	Partial	RT	Liver	Mixed	8
Smith ¹⁶	1969	M	58	Temporal	P	Biopsy	RT	Liver, lung	Sarcomatous	8
Smith ¹⁶	1969	M	63	Temporal	P	Partial	Unknown	Lung, liver, adrenal gland	Mixed	8
Smith ¹⁶	1969	M	64	Temporal	P	Partial	Unknown	Liver, lung	Mixed	11
Smith ¹⁶	1969	M	6	Temporal	P	Biopsy	RT	Lung	Mixed	13
Smith ¹⁶	1969	F	63	Frontal	P	Partial	Unknown	Vertebrae, lung	Mixed	11
Slowik ¹⁷	1980	F	46	Parietal	S	Unknown	RT	Lung, liver, kidney, lymph nodes	Mixed	19
Ojeda ¹⁸	1984	F	83	Frontal	P	Not operated	None	Lung	Sarcomatous	3
Weaver ¹⁹	1984	M	63	Parietal	S	Biopsy	RT	Lung, omentum	Sarcomatous	7
Cerame ²⁰	1985	F	11	Temporal	P	Unknown	RT+CT	Lung	Mixed	1
Yokoyama ²¹	1985	F	22	Occipital	P	Radical	RT+CT	Lung, pleura, lymph nodes, bone marrow, liver	Mixed	4
Matsuyama ²²	1989	M	68	Temporal	P	Radical	RT+CT	Liver, spleen, spinal cord, scalp	Mixed	5
Gjerdrum ²³	1999	M	61	Temporo-parietal	P	Unknown	RT	Oral mucosa, palpebra, lung	Sarcomatous	6
Witwer ¹⁰	2000	M	48	Temporal	P	Radical	RT+CT	Spinal cord	Unknown	3
Wharton ²⁴	2001	M	53	Temporal	P	Unknown	RT	Liver, ileum, vertebrae, skull, ribs	Gliosarcoma with primitive neuroepithelial differentiation	5
Beaumont ⁹	2007	M	47	Temporal	S	Radical	RT+CT+G	Thyroid, chest wall, pleura, lung, pericardium, myocardium, diaphragm, pancreas, liver, scalp, spleen, kidney, stomach, lip mucosa	Sarcomatous	20
Fischer ²⁵	2007	M	50	Multifocal	P	Biopsy	RT+CT	Spinal cord	Mixed	5
Demirci ¹	2008	F	68	Frontal	P	Radical	RT	Spinal cord	Sarcomatous	10
Maeda ²⁶	2010	F	51	Temporal	P	Radical	RT+CT	Lung	Unknown	5
Mesfin ²⁷	2010	F	51	Temporal	P	Radical	RT+CT+G	Lung	Mixed	17
Rapp ²⁸	2011	M	67	Temporooccipital	P	Unknown	RT+CT	Lung, skeletal system	Mixed	12
Chen ²⁹	2012	F	31	Temporal	P	Unknown	RT+CT	Liver, lymph nodes, spinal cord, lung, scalp, neck soft tissue, ileum, humeri, collarbone	Mixed	92
Dawar ⁸	2013	F	57	Temporal	S	Radical	RT+CT	Lung, pleura, lymph nodes	Mixed	64
Mansour ³⁰	2013	M	62	Frontal	P	Radical	RT+CT	Brain leptomeninges and dura	Mixed	Unknown
Oberndorfer ³¹	2013	M	37	Temporal	S	Radical	RT+CT	Diaphragm	Sarcomatous	11
Asencio-Cortés ³²	2014	F	48	Frontotemporal	P	Radical	RT+CT	Spinal cord	Unknown	15
Schindler ³³	2014	F	64	Frontal	S	Radical	RT+CT	Spinal cord	Sarcomatous	23

Resection refers to the first surgery. Adjuvant treatment and survival refers to patients with secondary gliosarcomas after initial diagnosis of the primary tumour as glioblastoma. CT, chemotherapy; F, female; G, Gliadel; M, male; P, primary; RT, radiotherapy; S, secondary.

CASE PRESENTATION

A 58-year-old man with no relevant clinical history presented with bilateral tinnitus, which had developed over a 2-week period. Neurological examination on admission revealed no abnormalities.

INVESTIGATIONS

The patient's symptoms encouraged investigation using brain CT, and a lesion in the left temporal lobe was detected. In MRI, the lesion measured 32×30 mm, and had ill-defined contrast enhancement, central necrotic areas and marked vasogenic oedema; it caused a small uncal herniation (figure 1).

TREATMENT

The patient underwent pterional craniotomy with radical tumour excision (figure 2). The surgery was performed without complications and the patient remained neurologically intact. Histological examination revealed a gliosarcoma, according to the WHO criteria (figure 3). Adjuvant treatments were carried out. Radiotherapy was given in 30 fractions, five times a week, to a total dose of 60 Gy, and a chemotherapy regimen consisting of temozolomide (Stupp protocol) was instituted.

OUTCOME AND FOLLOW-UP

At 7 months after surgery, the patient's neurological status remained unchanged; MRI examination was performed on the control brain. The study revealed tumour recurrence and meningeal, parenchymal and perineural spread (figure 4). As a result of these findings, an MRI scan of the spinal cord and a thoracoabdominopelvic CT scan were carried out. The MRI revealed meningeal spread and 'drop' metastases in the C5 and the cauda equina nerve roots (figure 5), consistent with dissemination through the traffic routes of the cerebrospinal fluid. The thoracoabdominopelvic CT scan revealed no suspect tumoural lesions. It was decided to interrupt chemotherapy because of the leptomeningeal dissemination and a gradual deterioration in the neurological status of the patient. The patient died at 8 months after surgery.

DISCUSSION

A PubMed search of studies published up until June 2015, using the term 'gliosarcoma', revealed 31 cases of metastatic gliosarcoma (table 1). Three additional case reports have been published but we were unable to access the full-text articles. Of the cases, the vast majority reported on haematogenous spread and subsequent visceral metastasis. Nevertheless, in eight patients, there may have been spread through the traffic routes of the

cerebrospinal fluid to the spinal cord or leptomeninges. The present case might be the ninth to report cerebrospinal fluid dissemination, the second with metastasis to the leptomeninges, and the first with simultaneous spread to the leptomeninges of the brain and spinal cord.

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Learning points

- ▶ Although the route of gliosarcoma metastasis is preferentially haematogenous, its capacity to metastasise through the cerebrospinal fluid routes should not be underestimated.
- ▶ Owing to the metastatic capacity of gliosarcomas, a whole-body CT and neuroaxis MRI should be performed after diagnosis.
- ▶ Although they appear normal on neurological examination, patients can present with extensive metastatic spread through the cerebrospinal fluid routes.
- ▶ Because of the rarity of these tumours, further studies will be needed to establish well-defined examination protocols.

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