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Genetic susceptibility loci, environmental exposures, and Parkinson's disease: a case-control study of gene-environment interactions

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Abstract

Background—Prior studies causally linked mutations in *SNCA*, *MAPT*, and *LRRK2* genes with familial parkinsonism. Genome-wide association studies have demonstrated association of single nucleotide polymorphisms (SNPs) in those three genes with sporadic Parkinson's disease (PD) susceptibility worldwide. Here we investigated the interactions between SNPs in those three susceptibility genes and environmental exposures (pesticides application, tobacco smoking, coffee drinking, and alcohol drinking) also associated with PD susceptibility.

Methods—Pairwise interactions between environmental exposures and 18 variants (16 SNPs and two variable number tandem repeats, or "VNTRs") in *SNCA*, *MAPT* and *LRRK2*, were investigated using data from 1,098 PD cases from the upper Midwest, USA and 1,098 matched controls. Environmental exposures were assessed using a validated telephone interview script.

Results—Five pairwise interactions had uncorrected *P*-values < 0.05. These included pairings of pesticides x *SNCA* rs3775423 or *MAPT* rs4792891, coffee drinking x *MAPT* H1/H2 haplotype or *MAPT* rs16940806, and alcohol drinking x *MAPT* rs2435211. None of these interactions remained significant after Bonferroni correction. Secondary analyses in strata defined by type of control

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(sibling or unrelated), sex, or age at onset of the case also did not identify significant interactions after Bonferroni correction.

Conclusions—This study documented limited pairwise interactions between established genetic and environmental risk factors for PD; however, the associations were not significant after correction for multiple testing.

Introduction

The causes of Parkinson's disease (PD) are largely unknown. Both genetic and environmental factors have been implicated. Genetic loci that have been causally linked with familial parkinsonism and reproducibly associated with PD susceptibility worldwide include α–synuclein (*SNCA*), microtubule associated protein tau (*MAPT*), and leucine rich repeat kinase 2 (*LRRK2*) [1–7]. Immunohistochemical studies demonstrated that Lewy bodies, the neuropathological hallmark of PD, contain not only α–synuclein, but also MAPT [8] and LRRK2 [9] proteins. However, as individual factors or combined, these genetic susceptibility loci account for only a small fraction of PD. Environmental exposures that have been reproducibly associated with PD include pesticides application ("pesticides"), tobacco smoking ("smoking"), coffee drinking ("coffee"), and in some studies alcohol drinking ("alcohol") [10–12]. However, as individual factors or combined, these environmental exposures also account for only a small fraction of PD.

Since genetic susceptibility loci and environmental exposures independently account for only a small fraction of PD, it has been postulated that interactions between genetic and environmental factors may be associated with much greater risk. For example, pesticides accelerate the rate of α–synuclein fibril formation in vitro and exacerbate the pathology associated with causal *SNCA* mutations in transgenic mice [13,14]. We previously reported that *SNCA* genotypes and herbicides had independent effects on PD risk, with no significant pairwise interactions [15]. However, in another study of interactions, while analyses of interactions were limited by small sample sizes, risk due to SNCA variations seemed to vary with pesticide exposure and smoking, especially in younger onset cases, suggesting an ageof-onset effect. [16]. Here we expand the scope of our previous studies of genetic susceptibility loci (main effects and gene-gene interactions analyses) [17,18], to also include environmental factors (gene-environment interaction analyses), focusing on the genetic and environmental factors that have been reproducibly associated with PD.

Methods

Study subjects

All subjects were recruited as part of a National Institutes of Health funded study of the molecular epidemiology of PD (2R01ES10751). The enrollment of matched cases and controls has been previously described [15,17]. PD cases were referred sequentially to the Department of Neurology of Mayo Clinic in Rochester, MN, from June 1, 1996 through June 30, 2007. Controls consisted of unaffected siblings of PD cases or matched unrelated controls. Cases were matched to a single participating sibling first by sex (when possible) and then by closest age. Cases without an available sibling were matched to unrelated

controls of the same sex, age (year of birth ± 2 years), and residential region (Minnesota, Wisconsin, Iowa, or North and South Dakota pooled together). Unrelated controls of ages 65 and older were randomly selected from the Centers for Medicare and Medicaid Services (CMS) lists. Unrelated controls younger than 65 years were selected using random digit dialing, according to standard techniques [19]. Initially 1,103 cases and 1,103 matched controls were enrolled in the study [15,17]. Genomic DNA was collected, extracted, and stored as previously described [15]. Five cases were excluded subsequently because of indeterminate diagnosis. Thus 1,098 cases and 1,098 matched controls were used in subsequent analyses. The Institutional Review Board of the Mayo Clinic approved the study, and all 2,196 subjects provided written informed consent.

Genotyping

Single nucleotide polymorphisms (SNPs) in species-conserved regions and tag SNPs for the *SNCA*, *MAPT*, and *LRRK2* loci were selected for genotyping as previously described [17,18]. In total, 19 SNPs in *SNCA*, 35 in *MAPT*, and 65 in *LRRK2* were successfully genotyped using a bead array platform (Illumina GoldenGate). In addition, two variable number tandem repeats (VNTRs; *SNCA* REP1 and *MAPT* H1/H2 haplotype) that have been shown to be associated with PD worldwide via regularly updated meta-analysis (www.pdgene.org), were genotyped using a sequencing platform (Applied Biosystems). In total, 121 variants in the three susceptibility gene loci were successfully genotyped.

Selection of SNPs for gene-environment interaction analyses

Variants with minor allele frequency < 0.05 or showing departures from Hardy-Weinberg equilibrium $(P < 0.001)$ were excluded from the analyses. We limited the gene-environment interaction analyses to SNPs with at least marginal evidence of association with PD ($P < 0.1$) in a univariate test of SNP main effect under the assumption of log-additive allele effects). We further applied a tag-SNP selection strategy to the resulting SNP list, using the pairwise Tagger algorithm with $r^2 = 0.9$ implemented in Haploview 4.2 [20]. This procedure resulted in the selection of 8 SNPs in *SNCA*, 6 SNPs in *MAPT*, and 2 SNPs in *LRRK2* that had *P*values < 0.1 in a trend test for association with PD. In addition, *SNCA* REP1 (coded based on the number of 259 bp alleles, the number of 263 bp alleles, or as the previously described REP1 score [15]) and the *MAPT* VNTR that distinguishes the H1/H2 haplotype were included in the analyses, as these variables also showed marginal evidence of association at the *P* < 0.1 level. The 18 SNPs and VNTRs used for the interaction analysis are listed in Table 1 [18].

Ascertainment of environmental exposures

All exposures were ascertained via telephone by direct or proxy (for subjects who had died or incapacitated subjects) interviews using a structured risk factors questionnaire administered by specifically trained study assistants. We previously described the ascertainment of pesticides exposures, the coding of types of pesticides (herbicides, insecticides, or fungicides), and the reliability of the exposures ascertainment [15, 21]. Subjects were also asked to provide information on smoking (ever or never) and number of cigarettes per day and number of years (with details about periods of life with different

amounts). Subjects were also queried about coffee drinking (ever or never), number of cups (quantified as "small cups", i.e., regular coffee cup of 6 ounces, or one shot of espresso; or as "medium or large cups", i.e., coffee mug of 12 ounces, or two shots of espresso) per day and number of years (with details about periods of life with different amounts) [22]. Subjects were also asked to provide information about alcohol drinking (ever or never), the number of drinks per day and number of years (with details about periods of life with different amounts) [23]. For this study, pesticide, alcohol, and tobacco use were coded as yes (ever) and no (never). Coffee consumption was coded as low (0–3 cups/day) and high (4+ cups/day) [10]. In addition, tobacco use was quantified as pack years.

Statistical analysis

Pairwise interactions between variants in three genes (*SNCA*, *MAPT,* and *LRRK2*) and environmental exposures (smoking, coffee, pesticides, and alcohol) were assessed using conditional logistic regression analyses. For SNPs, a log-additive genotype coding scheme was used, while for *SNCA* REP1 genotypes were converted to scores ranging from 0 to 4 as previously described [15]. REP1 genotypes coded as the number of 259 alleles and the number of 263 alleles were also used in the interaction analyses. A total of 20 pairwise interactions were tested for each environmental factor (primarily defined as ever/never for pesticides use, cigarette smoking, coffee drinking, or alcohol drinking). All analyses were adjusted for age at study and sex. For each genetic variant and environmental exposure we calculated the odds ratio (OR), 95% confidence interval (CI), and *P* value for the univariate effect in the conditional logistic regression model. In addition, the coefficient for the multiplicative interaction term and the associated *P* value were calculated.

We performed similar analyses of gene-environment interactions in subgroups, restricting either to case-unaffected sibling or case-unrelated control pairs, to men–men or women– women pairs, or to younger or older pairs as defined by median age at onset in the cases.

Although the expected effect sizes of the interaction terms were unknown, we used the assumed/observed marginal effects to estimate power for a range of values of the interaction term. The power calculations were performed using the software Quanto [\(http://](http://hydra.usc.edu/GxE) [hydra.usc.edu/GxE\)](http://hydra.usc.edu/GxE) [24], with an alpha level of 0.003, which takes into account the multiple genetic variants that were tested for interaction with each environmental factor. As an example, we estimated power to detect an interaction between coffee consumption and the genetic variants of primary interest (*SNCA* REP1 and *MAPT* H1/H2 variation). The observed allele frequencies were used in the power calculations, and dominant effects of genetic variants were assumed. We considered models with marginal effect sizes consistent with those observed in our data (with both the 259 REP1 allele and the *MAPT* H2 haplotype having protective effects, with marginal odds ratios of approximately 0.80 and 0.75, respectively, and with coffee having a protective effect with an odds ratio of 0.84). Under these assumptions the power was estimated to be 80% to detect an interaction odds ratio of 2.0 for the 259 REP1 allele-coffee interaction and 2.1 for the *MAPT* H1/H2-coffee interaction.

The statistical packages SAS (version 9.2; SAS Institute Inc., Cary, NC) and R were used for all analyses [25]. In addition to the uncorrected *P* values, a Bonferroni correction was applied to correct the *P* values for the number of tests performed.

Results

The demographic characteristics of the 1,098 cases and 1,098 matched controls are summarized in Table 2. Patients with PD were more often men (64.2%) than women (35.8%). The subjects were primarily Caucasian of European origin.

For the overall sample at the uncorrected significance level $(P < 0.05)$, five interaction pairs between the environmental exposures and *SNCA*, *MAPT*, and *LRRK2* gene variants were associated with PD susceptibility (Table 3). However, none of the pairwise interactions were significant after Bonferroni correction for multiple comparisons. The *MAPT* SNP rs2435200 that had a significant main effect on PD susceptibility in our previous study had no significant interaction with environmental exposures in this study [17]. Secondary analyses (in strata defined by type of control, sex, or age at onset of the case) showed several pairwise interactions (Supplementary Table 1), but none remained significant after accounting for multiple testing.

In the overall sample at the uncorrected level $(P < 0.05)$, pesticides use (ever/never) showed interactions with the genetic variants *SNCA* rs3775423 (coefficient_{interaction} = -0.51 ; *P* value = 0.034) and *MAPT* rs4792891 (coefficient_{interaction} = −0.31; *P* = 0.038) (Table 3). None of these pairwise interactions were significant after Bonferroni correction for multiple comparisons. Secondary analyses in strata defined by type of control, sex, or age at onset of the case (Supplementary Table 1) found no significant gene-pesticide interactions after accounting for multiple testing. Sub-analyses according to the types of pesticides (herbicides, insecticides, fungicides) also showed no significant pairwise interactions.

Coffee drinking (0–3 cups/day vs. 4+ cups/day) analyzed in the overall sample revealed interactions with the gene variants *MAPT* H1/H2 haplotype (coefficient_{interaction} = -0.41 ; *P* value = 0.04) and *MAPT* rs16940806 (coefficient_{interaction} = -0.41 ; $P = 0.043$) at the uncorrected significance level of $P < 0.05$ (Table 3). However, none of the pairwise interactions were significant after Bonferroni correction for multiple comparisons. Secondary analyses in strata (Supplementary Table 1) also showed no significant interactions after accounting for multiple testing.

At the uncorrected significance level $(P < 0.05)$, alcohol drinking (ever/never) showed interactions with *MAPT* rs2435211 (coefficient_{interaction} = 0.38; $P = 0.02$) in the overall sample. This interaction was not significant after Bonferroni correction for multiple comparisons. Similarly, secondary analyses in sub-strata (Supplementary Table 1) showed no significant interactions after accounting for multiple testing.

Finally, in the overall sample, tobacco smoking (ever/never) was strongly associated with PD (OR, 0.56; 95% CI, 0.45–0.68; *P* < 0.0001). However, none of the pairwise interaction analyses between smoking (ever/never) and the 20 *SNCA*, *MAPT*, and *LRRK2* variants were significantly associated with PD susceptibility (Table 3). Dose-effect was considered using

pack-years smoked; none of the pairwise interactions between pack-years and the 20 *SNCA*, *MAPT*, and *LRRK2* variants were significant. Secondary analyses (in strata defined by type of control, sex, or age at onset of the case) showed several pairwise interactions at an uncorrected significance level (Supplementary Table 1), but none remained significant after accounting for multiple testing.

Discussion

We observed limited evidence (nominal significance, $P < 0.05$) for pairwise interactions between common variants in the *SNCA*, *MAPT*, or *LRRK2* genes and four environmental exposures (pesticides, smoking, coffee, and alcohol) in PD. Our results are consistent with a recently published study that also did not find significant interactions of either smoking or caffeine intake with SNPs in *SNCA*, *MAPT*, *or LRRK2* genes [26]. Although in our study none of the pairwise interactions remained significant after Bonferroni correction, several interactions were suggestive and further investigation in larger samples is needed.

For pesticides we found limited evidence for interactions with *SNCA* and *MAPT* genes. Pesticide exposures were associated with PD in younger subjects in our previous study [15]. In this study there was a pairwise interaction of pesticides with *SNCA* SNP rs3775423; that SNP maps to a 3′ block of SNPs in linkage disequilibrium that has been consistently associated with PD in several studies [27–29]. The *SNCA* SNP rs3775423 had a nominally significant main effect on PD susceptibility in our previous study, but not after Bonferroni correction [17]. SNP variants in the 3′ region may increase alpha-synuclein expression, and pesticides may increase α–synuclein protein aggregation. In this study there was also a pairwise interaction of pesticides with *MAPT* SNP rs4792891. The *MAPT* SNP rs4792891 had a nominally significant main effect on PD susceptibility in our previous study, but not after Bonferroni correction [17]. It is unknown whether pesticides alter MAPT protein aggregation.

For coffee we found limited evidence for interactions with the *MAPT* gene (H1/H2 haplotype and rs16940806). The *MAPT* H1/H2 haplotype and SNP rs16940806 had nominally significant main effect on PD susceptibility in our previous study [17]. Coffee drinking has been reported to be inversely associated with PD [10]. Recently, a genomewide gene-environment study suggested that the *GRIN2A* gene influences the inverse association of coffee with the risk of PD [30]. However, that study did not highlight *MAPT* and coffee interactions. Independent studies are needed to replicate the reported interaction of coffee and *GRIN2A*, as well as our suggestive findings for the interaction of coffee and *MAPT*, in PD.

For alcohol we found limited evidence for interaction with the *MAPT* gene (SNP rs2435211). This SNP has no main effect on PD susceptibility in our previous study [17]. Alcohol drinking was not associated with PD in our previous study using part of this study sample [10]. There has been very limited prior study of the interaction between alcohol and genetic factors in PD [23,31]. For smoking we observed no evidence for interaction with neither of the three genes selected, and to date there have been no genome-wide studies that revealed significant interactions of smoking with genomic variants in PD.

The limited evidence for gene-environment interactions in our study may be due to a number of factors. Three of the exposures that we studied (smoking, coffee, alcohol), though inversely associated with PD, may not be neuroprotective factors but rather early premotor manifestations of PD ("reverse causation") [10]. If non-smoking is a PD trait (dependent variable) rather than a protective factor (independent variable), then it would not be expected to interact with genetic risk factors (other independent variables) in our analyses. The same could be true for coffee and alcohol.

Strengths of our study include the selection of three genes (*SNCA, MAPT,* and *LRRK2*) that have been causally linked to PD in families and in some ethnic groups, that are associated with PD susceptibility worldwide, and that encode proteins in Lewy bodies. We expanded the scope of our prior studies of main effects [17] and gene-gene interactions [18] to this study of gene-environment interactions. In aggregate, we have performed the most comprehensive analyses of the *SNCA*, *MAPT*, and *LRRK2* genes, their gene-gene and geneenvironment interactions, and PD.

Our study also has limitations. First, although our sample was large (1,098 PD cases and 1,098 controls), the study may have been underpowered to detect interactions for rare alleles, or smaller interaction effects for common alleles. Replication of our suggestive findings within a global genetics consortium may yield more robust evidence of interactions. Second, our exposure assessments were interview-based and we can't exclude recall bias. It is somewhat reassuring that we found good test-retest agreement in the recall of exposures, good agreement between direct and proxy interviews, and good agreement between interviews and medical records in our previous studies [15, 21–23, 32]. Third, we did not exclude cases with monogenic forms of PD. The frequency of *LRRK2* gene mutations in our sample was previously reported to be low $\left(\langle 1\% \right)$ [33]. Fourth, we note that our study only considered SNPs and VNTRs. Further studies of gene-environment interactions should also consider copy number variations and epigenetic variations. Fifth, we did not perform complex model building procedures. However, such methods tend to produce over-fitted models and are difficult to replicate.

Despite studying the most established genetic and environmental risk factors for PD, we found limited evidence for pairwise interactions. Additional genome-wide gene-environment studies, that include pesticides exposures specifically, may provide the long anticipated evidence for gene-environment interactions in PD.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Table 1

Genetic variants included in the interaction analyses

1 REP1-259 denotes the *SNCA* VNTR REP1 coded as the number of 259 bp alleles

2 REP1-263 denotes the *SNCA* VNTR REP1 coded as the number of 263 bp alleles

3 P-value for trend test for association with PD

Table 2

Demographic characteristics of Parkinson's disease (PD) cases, siblings, and unrelated controls Demographic characteristics of Parkinson's disease (PD) cases, siblings, and unrelated controls

*a*Age at blood draw

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b P-values are not corrected for multiple testing.