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# Dysregulation and restoration of translational homeostasis in fragile X syndrome

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#### Abstract

Fragile X syndrome (FXS), the most-frequently inherited form of intellectual disability and the most-prevalent single-gene cause of autism, results from a lack of fragile X mental retardation protein (FMRP), an RNA-binding protein that acts, in most cases, to repress translation. Multiple pharmacological and genetic manipulations that target receptors, scaffolding proteins, kinases and translational control proteins can rescue neuronal morphology, synaptic function and behavioural phenotypes in FXS model mice, presumably by reducing excessive neuronal translation to normal levels. Such rescue strategies might also be explored in the future to identify the mRNAs that are critical for FXS pathophysiology.

Since its initial description as an X-linked heritable form of mental insufficiency<sup>1</sup> and the subsequent demonstration that patients exhibit a constriction at the tip of the X chromosome (indicating a region of chromosomal fragility)<sup>2</sup>, fragile X syndrome (FXS) has become recognized as the most-prevalent form of inherited cognitive impairment. Moreover, as the diagnosis of autism spectrum disorder (ASD) has become more sophisticated, it has become evident that individuals with ASD and FXS have several characteristics in common, such as avoidance of eye contact, repetitive behaviours and reduced social interactions<sup>3</sup>. Indeed, FXS is now considered to lie within the autism spectrum and to be the most-common singlegene cause of ASD.

The cause of both FXS and the X-chromosome restriction noted above is an expansion of 200 or more CGG repeats in the fragile X mental retardation 1 (*FMR1*) gene, which causes its methylation and inactivation<sup>4</sup>. The loss of FMR protein (FMRP), the product of *FMR1*, alters synapse function and morphology, with profound effects on higher brain function. FMRP is thought to be ubiquitous in cells; in neurons, it is found in dendrites, at the base of synapses, in axons and in the soma, and it shuttles in and out of the nucleus<sup>5</sup>. In the absence of FMRP, global protein synthesis in the hippocampus is elevated by ~15–20%<sup>6–8</sup>. It is

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Competing interests statement

almost certain that this excessive protein synthesis is a major contributor to the pathophysiology in FXS. In addition, the elevation of protein synthesis in the absence of FMRP means that synaptic activation is unable to further increase protein production, and it is likely that this absence of stimulus-induced protein synthesis plays an important part in disease pathophysiology<sup>9–11</sup>.

It seems axiomatic that the key to understanding the molecular basis of FXS will be to identify the mRNAs under the control of FMRP and to define the mechanism (or mechanisms) by which it represses their translation. These tasks have been made daunting by the fact that the brain contains a highly complex population of mRNAs, which in many cases are the products of alternative splicing and/or RNA editing<sup>12,13</sup>. Moreover, various mRNAs are over-represented in certain cell types (for example, in neurons versus glia) and even in certain locations within cells (such as in the cell soma versus the dendrites). This compartmentalization of mRNAs adds to the difficulty in determining which mRNA targets of FMRP are important for any given biological phenomenon. Parsing these and other biological variables is certainly a formidable challenge, but their importance for understanding FXS is reflected in the continuous appearance of essential new information in the literature, reflecting the intense research interest in this area.

Although both pharmacological and genetic approaches have been successful in mitigating several pathophysiological features of FXS in animal models of the disorder, emergent genetic rescue experiments (those in which FXS is corrected when both *Fmr1* and a second gene are lacking) in mice have been particularly important for dissecting key facets of the disease. Ten studies have reported such genetic rescues of *Fmr1*-knockout (KO) mice<sup>6,8,14–21</sup> (TABLE 1), eight of which investigated protein synthesis and found that it was restored to wild-type levels<sup>6,8,14,15,17–19</sup>. If resetting translational homeostasis is central to these and perhaps all rescue mechanisms, then it follows that there must be specific mRNAs whose translation is both elevated in FXS and restored to wild-type levels in the genetic rescue experiments. Identifying these mRNAs and understanding their functional roles is likely to have profound implications for the understanding and treatment of FXS.

In this Review, we discuss recent advances in FXS research, with a particular focus on the underlying mechanisms by which FMRP controls mRNA translation. In support of the idea that FXS is a disease of translation gone awry, we describe evidence that alteration of the translational landscape can reverse pathophysiologies associated with the syndrome. Finally, we provide a roadmap for future investigations into how restoration of translational homeostasis in the FXS brain can be leveraged into new therapies for treating the disease.

#### Translational control by FMRP

Nearly two decades ago, data suggested that FMRP was most likely to be a repressor of translation<sup>22</sup>, a conclusion that was supported by the findings of many subsequent studies in humans<sup>7</sup>, mice<sup>11,23,24</sup> and *Drosophila melanogaster*<sup>25</sup> (although it is important to note that some studies suggest that FMRP can also activate translation; discussed below). Translation involves three broad steps: initiation, elongation and termination<sup>26</sup>. Initiation of translation begins with the association of eukaryotic initiation factor 4F (eIF4F) — a complex of eIF4E,

eIF4G and eIF4A — with the 7-methyl-guanosine residue that 'caps' the 5' ends of mRNAs. The eIF4F complex helps to position the 40S ribosomal subunit on the 5' end of the mRNA. This promotes 40S subunit 'scanning' of the 5' untranslated region (UTR) until the initiation codon (which usually is the first AUG) is recognized, after which the 40S subunit is joined by the 60S ribosomal subunit to form an 80S monosome that is capable of elongating the nascent polypeptide chain. Finally, termination of translation occurs when the 80S monosome dissociates from the mRNA at the termination codon, thereby releasing the completed polypeptide.

Initiation is by far the most complex step of translation and is generally considered to be the rate-liming step; hence, it is subject to many forms of regulation<sup>27</sup>. However, it is worth noting that microRNAs (miRNAs), which have an important role in regulating translation and act primarily at initiation, also regulate elongation<sup>28</sup>. Similarly, emerging evidence indicates that FMRP acts at both initiation and elongation, and also works in conjunction with miRNAs.

#### **Regulation of translation initiation**

Studies have suggested that FMRP may regulate translation initiation through its interactions with the cap-binding translation factor eIF4E and cytoplasmic FMRP-interacting protein 1 (CYFIP1). Repression of the cap-dependent translation process described above takes place when eIF4E-binding proteins (4E-BPs) bind to eIF4E. Derepression (and initiation of translation) occurs when the 4E-BPs are phosphorylated by mammalian target of rapamycin complex 1 (mTORC1; see FIG. 1), which permits eIF4E to associate with eIF4G<sup>29</sup>. eIF4G, in turn, indirectly recruits the 40S ribosomal subunit to the 5' end of the mRNA. When bound to eIF4G, eIF4E can be phosphorylated by MAP kinase-interacting serine/threonineprotein kinase 1 (MNK1; also known as MKNK1) and/ or MNK2 (also known as MKNK2), which can modulate translation<sup>30</sup> (FIG. 1). FMRP binds to CYFIP1 (REFS <sup>31</sup>, <sup>32</sup>), which is both a component of the WAVE (Wiskott-Aldrich syndrome protein family verprolin homologue) regulatory complex, which promotes actin remodelling, and a non-canonical 4E-BP<sup>33</sup>. Thus, the activity of the FMRP-CYFIP1 complex, through an as-yet-unknown mechanism, can switch between translational control and actin remodelling<sup>34</sup>. It has been shown that activation of either brain-derived neurotrophic factor (BDNF) or group 1 metabotropic glutamate receptor (mGluR) signalling can release CYFIP1 from eIF4E (but not CYFIP1 from FMRP) to promote translation<sup>33,35</sup>. This activation is consistent with the observation that the involvement of the FMRP-CYFIP1 complex in long-lasting synaptic plasticity is controlled by MNK1 and/or MNK2 (REF. <sup>36</sup>). In Fmr1-KO mice, interactions between eIF4E and eIF4G are increased<sup>17,37</sup>, as is eIF4E phosphorylation<sup>16</sup>. Finally, FMRP can also regulate initiation indirectly by suppressing the translation of components of the mTORC1 signalling pathway (see below). Thus, FMRP can directly and indirectly regulate translation initiation.

#### Cooperation with miRNAs and other factors

FMRP has also been suggested to regulate translation through its interaction with miRNAs. Several studies have revealed both biochemical and functional interactions among FMRP, miRNAs, the Argonaute (also known as eIF2C) protein of the RNA-induced silencing

complex (RISC)<sup>38–43</sup>, Dicer and miRNA precursors<sup>44</sup>. In *D. melanogaster*, *Fmr1* is physically associated with miRNAs, and loss-of-function mutations suggest that *Fmr1* modulates miRNA expression to control neuronal development<sup>40,42</sup>. For example, steady-state levels of miR-124a were reduced in *Fmr1*-mutant flies, and the effects of miR-124a on dendritic arborization were shown to be dependent on *Fmr1* (REF. <sup>42</sup>). In mice, FMRP is associated with the RISC and/or miRNAs — such as miR-125a, miR-125b and miR-132 — that cooperate to regulate the protein synthesis that is important for determining dendritic spine morphology<sup>38,41</sup>. It is possible that FMRP may co-opt the RISC and/or miRNAs to repress synthesis of GluN2A (an NMDA receptor subunit), as interactions between the GluN2A mRNA 3' UTR and miR-125b have been reported<sup>38</sup>. However, the extent to which the binding site of FMRP and those for miRNAs in this region overlap is not known.

Surprisingly, recent work has shown that FMRP is not only a negative regulator of translation but can also enhance translation, depending on the proximity of the FMRPbinding sites within the mRNA to the RNA helicase Moloney leukaemia virus 10 (MOV10) and the presence or absence of GC-rich secondary structures in the mRNA<sup>45</sup>. FMRP binds directly to G-quartet structures<sup>46–49</sup>, which provide a motif that drives mRNA localization to dendrites<sup>50</sup>, although the role of these interactions in translation is not known. G-rich sequences in the 3' UTR of the mRNA of the important synapse component postsynaptic density protein 95 (PSD95; also known as DLG4)<sup>51</sup> occur within regions that are binding sites for miR-125a and FMRP<sup>41,52</sup>. Thus, it is possible that FMRP and associated factors may cooperate to regulate the accessibility of miRNA target sequences that are embedded within the secondary structure of the mRNA<sup>53</sup>. The presence of such interactions between FMRP and miRNAs would predict dysregulation of miRNAs in FXS: indeed, this has been recently reported in *Fmr1*-KO mice<sup>54</sup> and human FXS induced pluripotent stem cell (iPSC)-derived neurons<sup>55</sup>.

FMRP phosphorylation also plays an important part in the bidirectional regulation of mRNA translation in neurons<sup>41,56–59</sup>. Phosphorylated FMRP can repress translation via recruitment of the RISC, whereas mGluR-induced dephosphorylation of FMRP by protein phosphatase 2A (PP2A) stimulates translation and concomitant release of the RISC<sup>41</sup>. A second study has also reported that phosphorylated FMRP is necessary for miRNA-mediated repression of translation<sup>60</sup>. Translational repression can also be removed by mGluR-induced ubiquitylation and degradation of FMRP locally within dendrites and at synapses<sup>9,57</sup>, and the dephosphorylation of FMRP can enhance its ubiquitylation<sup>57</sup>.

#### Stalling polyribosomes to regulate elongation

Experiments from several laboratories have demonstrated that most FMRP co-sediments with polyribosomes when analysed by sucrose gradient ultracentrifugation<sup>61–63</sup>. Such co-sedimentation suggests, but does not prove, that FMRP is directly associated with the translational apparatus (although it is important to note that some laboratories found that FMRP sediments to the translating ribonucleoprotein (RNP) part of a sucrose gradient, which suggests an altogether different mode of FMRP activity (see below)<sup>61,62</sup>). This polysome co-sedimentation suggests that FMRP might inhibit translation at the level of polypeptide elongation (also called ribosome transit)<sup>63</sup>. A subsequent *in vivo* study gave

strong credence to this hypothesis. Using crosslinking and immunoprecipitation (CLIP) — a technique in which ultraviolet (UV) light is used to induce covalent crosslinking between proteins and the mRNAs to which they are bound followed by RNP immunoprecipitation and high-throughput sequencing<sup>64,65</sup> — it was shown that FMRP binds most frequently to the coding regions of mRNAs, with fewer binding sites within the 5' and 3' UTRs (the sites most-often bound by other RNA-binding proteins). Thus, in contrast to the findings of *in vitro* RNA–protein binding studies<sup>46,66</sup>, the *in vivo* CLIP study of FMRP<sup>67</sup> suggests that FMRP binds to specific mRNAs in a *cis*-element-independent manner (although another study did detect some *cis*-element-specific binding sites for FMRP<sup>68</sup>). These data suggest that, by binding to the coding regions of target mRNAs, FMRP could act as a roadblock to impede ribosome transit and thus slow polypeptide elongation (FIG. 2). Further corroborating evidence from structural analysis of *D. melanogaster* Fmrp showed that it interacts with the ribosome via Ribosomal protein L5 (REF. <sup>69</sup>), which again implies that it could alter ribosome function to limit its ability to elongate polypeptides.

A recent study directly measured ribosome transit in the presence or absence of FMRP<sup>8</sup>. The investigators prepared forebrain lysates from wild-type and *Fmr1*-KO mice. These were supplemented with hippuristanol, a drug that inhibits the initiation-factor helicase eIF4A<sup>70</sup> and blocks new rounds of translation initiation, allowing ribosomes that are already associated with mRNAs to continue translation. When the incorporation of radioactive amino acids into elongating polypeptides was determined over time, *Fmr1*-KO brain lysates were found to elongate polypeptides approximately 40–50% faster than wild-type lysates, demonstrating that FMRP does indeed slow or stall ribosomes.

#### Rescue of phenotypes in FXS model mice

The observations described above not only demonstrate the complexity of FMRP function but also suggest that there are multiple ways by which FMRP activity might be either modulated or mimicked, thereby providing a potentially rich source of therapies to treat FXS. Animal models of FXS, particularly those that use genetically altered mice, have been especially important for assessing such possible interventions.

#### Targeting mGluR5

FMRP acts downstream of mGluRs, including mGluR5 (also known as GRM5), a G proteincoupled receptor that populates the postsynaptic membrane<sup>71</sup>. Activation of mGluR5 triggers kinase signalling cascades that lead to long-term depression (LTD), a long-lasting form of synaptic plasticity. mGluR-induced LTD requires both protein synthesis and FMRP expression; in the absence of FMRP, LTD is exaggerated, resulting in weaker synaptic connections between pre- and postsynaptic regions<sup>72</sup>. These weak synaptic connections probably contribute to the reduced cognitive function observed in individuals with FXS<sup>71</sup>.

The observations of exaggerated mGluR-induced LTD in hippocampal slices of *Fmr1*-KO mice led to the mGluR theory of FXS, which posits that many syndrome-associated phenotypes could be attributable to increased signalling through these receptors<sup>72</sup>. Thus, downregulation of mGluR signalling would be predicted to mitigate many of the brain abnormalities that characterize this disease. Initial studies to test this hypothesis relied on

drugs such as MPEP (2-methyl-6-(phenylethynyl)-pyridine), which inhibit mGluR5 activation and do indeed suppress some FXS-like seizure phenotypes in mice<sup>73,74</sup>. However, the most compelling evidence for the importance of mGluR5 in FXS comes from a mouse model in which one allele of the gene encoding mGluR5 is disrupted. When mated with *Fmr1*-KO mice, the resulting offspring, which exhibit a 50% reduction in levels of mGluR5 expression, display a remarkably robust rescue of several FXS-associated phenotypes<sup>6</sup>. Subsequent studies have confirmed various aspects of these initial observations<sup>75–77</sup>.

Although the work described above implies that an excess of mGluR5-mediated LTD at excitatory synapses may contribute to FXS, other studies have shown that stimulating inhibitory GABA-regulated synapses with GABA receptor agonists, such as benzodiazepine or arbaclofen, also ameliorates several FXS-associated phenotypes in mice<sup>78–81</sup> and *D. melanogaster*<sup>75,82</sup>. Arbaclofen has been reported to have some success in treating individuals with FXS<sup>83</sup>. It is important to emphasize that many human trials of FXS suffer from numerous confounding factors, including difficulties in selecting appropriate outcome measures, strong placebo effects and drug tolerance<sup>84,85</sup>. These studies do not invalidate the mGluR theory, but they do illustrate the difficulty in translating results from animal models into the clinic. To confirm the mGluR hypothesis, it will be essential to identify other molecules in the mGluR signalling pathway that, when either depleted or overexpressed, reduce pathophysiologies associated with FXS.

In *Fmr1*-KO mice, mGluR-induced LTD is independent of protein synthesis, presumably because the levels of proteins required for LTD are already elevated. Thus, a resetting of translation in the brain — that is, restoration of translational homeostasis — might correct the abnormal mGluR5-mediated synaptic plasticity (and related aberrant behavioural phenotypes) in FXS model mice. Indeed, although there is likely to be more to FXS pathophysiology than altered protein synthesis (BOX 1), studies based on restoring balanced protein synthesis have been remarkably successful and may portend new classes of drugs to treat individuals with FXS (BOX 1; see also BOX 2 for unexpected results on the involvement of tuberous sclerosis complex (TSC) in FXS).

#### **Targeting translational control molecules**

p70 S6 kinase 1 (S6K1; also known as RPS6KB1) is a substrate for mTORC1 that phosphorylates a diverse set of substrates, including the initiation factor eIF4B (FIG. 1), which stimulates the helicase activity of eIF4A<sup>86</sup>. In addition, S6K1 phosphorylates and inactivates eukaryotic elongation factor 2 (eEF2) kinase, which normally phosphorylates and inactivates eEF2 to inhibit translation elongation. Thus, activation of S6K1 can promote translation through its effects on both initiation and elongation. *Fmr1*-KO mice exhibit increased S6K1 signalling, as evidenced by elevated phosphorylation of the mTORC1 site on S6K1 (REF. <sup>37</sup>), increased phosphorylation of ribosome protein S6 and eIF4B, and increased levels of eEF2 (REF. <sup>15</sup>). Genetic reduction of S6K1 in *Fmr1*-KO mice prevents the increased phosphorylation of S6 and eIF4B and the increased levels of eEF2, and this correlates with the resetting of protein synthesis to levels comparable to those in wild-type mice<sup>15</sup>. In addition, reducing S6K1 levels in *Fmr1*-KO mice prevents the immature dendritic spine morphology, enhanced mGluR-induced LTD and multiple behavioural phenotypes

seen in these mice<sup>15</sup>. These results support the idea that dysregulated protein synthesis is the key causal factor in FXS and suggest that S6K1 can be targeted to reset translational homeostasis to stabilize neurological function in the disease.

As described above, eIF4E is a substrate for MNK1 and/or MNK2 (FIG. 1) and, when phosphorylated, can increase translation<sup>30</sup>. Recently, it was shown that haploinsufficiency for either MNK1 or MNK2 prevents increased eIF4E phosphorylation, excessive protein synthesis, immature dendritic spine morphology, enhanced mGluR-induced LTD and several aberrant behaviours in *Fmr1*-KO mice<sup>16</sup>. These findings were mimicked when the Fmr1-KO mice were crossed with mice in which Ser209 of eIF4E (the residue that is phosphorylated by MNK1 and MNK2) is mutated to alanine, rendering it incapable of being phosphorylated by these kinases<sup>16</sup>. These findings also support the idea that targeting molecules that regulate translation can prevent multiple phenotypes in FXS model mice. Notably, MNK1 and/or MNK2 activation and eIF4E phosphorylation are regulated by extracellular signal-regulated kinase 1 (ERK1) and/or ERK2 (REF. 87), which are key components of the signalling pathway downstream of mGluRs and other receptors that mediate protein synthesis-dependent synaptic plasticity. Inhibitors of ERK1 and/or ERK2 signalling corrected the excess basal protein synthesis and reduced the susceptibility of Fmr1-KO mice to audiogenic seizures<sup>88</sup>, as did lovastatin, a cholesterol-lowering drug that decreases RAS-ERK signalling<sup>88</sup>. Interestingly, lovasta-tin has also been used to correct impairments in plasticity and behaviour in a mouse model of neurofibromatosis type 1 (NF1), a developmental disorder that is associated with intellectual disability<sup>89</sup>.

Cytoplasmic polyadenylation element-binding protein (CPEB) associates with the CPE in the 3' UTR of its target mRNAs and stimulates translation by promoting poly(A)-tail lengthening<sup>90</sup>. CPEB controls translation in many biological systems, including neurons and the brain<sup>91,92</sup>. Although global translation is not altered in the brains of mice that lack CPEB, excessive translation as well as enhanced mGluR-induced LTD, dendrite spine morphology and numerous behavioural phenotypes are rescued in *Fmr1*-KO mice with a genetic reduction of CPEB (FIG. 3). CPEB often promotes cytoplasmic polyadenylation, and it is possible that this mRNA-processing event might be involved in controlling the elevated protein synthesis in the brains of FMRP-deficient mice<sup>8</sup>. Once again, these results indicate that rebalancing protein synthesis can rescue FXS-associated pathophysiologies.

#### Targeting molecules upstream and downstream of translation

FMRP controls the synaptic synthesis of two key components of the phosphoinositide 3kinase (PI3K) signalling complex: the catalytic subunit, p110 $\beta$  (also known as PIK3CB), and PI3K enhancer (PIKE)<sup>23</sup>. PIKE<sup>67</sup> and p110 $\beta^{68,93}$  mRNAs are targets of FMRP, and the translation and expression of both are elevated in the brains of *Fmr1*-KO mice<sup>23,37</sup>. Enhanced basal PI3K activity and the absence of mGluR-dependent activation of p110 $\beta$ associated PI3K have been observed in both *Fmr1*-KO mice and human FXS cells<sup>23,94</sup>. Treatment of cultured neurons and synaptic fractions from *Fmr1*-KO mice<sup>23</sup>, as well as cultured cells from patients with FXS<sup>94,95</sup>, with either class 1a PI3K inhibitors or p110 $\beta$ subunit-selective inhibitors ameliorates excess protein synthesis and other FXS-associated cellular phenotypes. More-recent work has shown that diverse FXS-associated phenotypes,

including impaired signalling and protein synthesis, abnormal spine morphology, impaired synaptic plasticity and behavioural abnormalities, can be rescued by genetic knockdown of either p110β or PIKE in the mouse model<sup>18,19</sup>. Genetic reduction of the *D. melanogaster* orthologue of PIKE, Centaurin 1A (CenG1A), abolished the excessive PI3K signalling and impairments in neuronal development and short-term memory that are seen in the fly model of FXS<sup>18</sup>. Importantly, acute silencing of p110β-associated PI3K activity in adult FXS model mice rescued FXS-associated phenotypes, including higher-order cognitive impairments<sup>19</sup>. These studies suggest that targeting the PI3K signalling and restore translational homeostasis. Because FMRP directly represses the synthesis of the PI3K signalling complex, which is overactive in FXS, targeting PI3K signalling would be predicted to correct the excess protein synthesis that is downstream of the mGluR–PI3K signalling complex.

Metabotropic receptors are linked to PI3K signalling by a long isoform of the postsynaptic scaffold protein Homer. In Fmr1-KO mice, co-immunoprecipitation between long Homer and mGluR5 is reduced<sup>96</sup>, suggesting that there may be an altered balance between the levels of the long isoform of Homer, which promotes PI3K signalling, and of the short isoform of Homer, which disrupts PI3K signalling. Interestingly, in mice in which *Fmr1* is knocked out and there is also a genetic reduction of short Homer, mGluR-Homer scaffolds are restored and the impaired mGluR signalling and excessive protein synthesis seen in Fmr1-KO mice are rescued (FIG. 1). Moreover, rescue of altered network hyper-excitability, sensitivity to acoustic stimulation and behavioural anomalies was also observed in mice in which both *Fmr1* and *Homer1a* were knocked out<sup>17</sup> (TABLE 1). However, the exaggerated mGluR-induced LTD phenotype present in Fmr1-KO mice was not rescued, nor was the translational dysregulation of FMRP target mRNAs. This study suggests that restoration of Homer scaffolds can rescue many but not all FXS-associated phenotypes. More work is needed to understand the mechanism by which Homer scaffolds are disrupted in FXS and the possible inter-relationship with the exaggerated PI3K signalling. It is possible that elevated PI3K signalling leads to disruption of Homer scaffolds and the uncoupling of mGluR5 to PI3K.

Elevated expression and activity of the extracellular protein matrix metalloproteinase 9 (MMP9) contributes to impairments in dendritic spine morphology and altered neuronal signalling in FXS. FXS-associated phenotypes can be rescued in *Fmr1*-KO mice either through the genetic reduction of MMP9 (REF.  $^{20}$ ) or by treatment with minocycline, which lowers MMP9 activity<sup>97</sup>. Minocycline has also been reported to have success in ameliorating symptoms in individuals with FXS<sup>98</sup>. *MMP9* mRNA is a target of FMRP, which regulates its translation at synapses<sup>99</sup>, and increased translation of MMP9 in *Fmr1*-KO mice is prevented by inhibiting MNK1 and/or MNK2 and phosphorylation of eIF4E<sup>16</sup>. In the absence of FMRP, excessive MMP9 activity may contribute to exaggerated PI3K–mTORC1 signalling: indeed, in *Fmr1*-KO mice, several defects, including dendritic spine defects, exaggerated mGluR-induced LTD, behavioural impairments, macroorchidism and increased basal phosphorylation of PI3K–mTORC1 pathway components, were abolished by genetic deletion of MMP9 (REF. <sup>20</sup>). That elevated MMP9 activity exacerbates PI3K

signalling suggests that loss of FMRP exerts indirect effects on PI3K signalling beyond the translational dysregulation of FMRP target mRNAs that directly regulate PI3K, such as PIKE and p110 $\beta$ . Altered function of the endocannabinoid system may also play a part in FXS. For example, cannabinoid 1 receptor (CB1R)-dependent regulation of synaptic strength due to mGluR5 activation is altered in *Fmr1*-KO mice<sup>100</sup>. Moreover, it was shown that both genetic reduction of CB1R and treatment with CB1R antagonists normalize behavioural impairments, susceptibility to audiogenic seizures and upregulation of the mTORC1 signalling pathway in *Fmr1*-KO mice<sup>21</sup>. Thus, MMP9 and CB1R are linked to altered translational control and may be viable therapeutic targets for resetting translational homeostasis in FXS.

Other therapeutic targets have been examined, and interventions affecting several of these have rescued FXS-associated phenotypes in mouse models, although it remains unclear whether excessive protein synthesis due to loss of FMRP is rescued in these animals. These targets include p21-activated kinase (PAK)<sup>101</sup>, striatum-enriched protein-tyrosine phosphatase (STEP; also known as PTPN5)<sup>102</sup>, glycogen synthase kinase 3 (REFS <sup>103</sup>–<sup>105</sup>) and amyloid precursor protein (APP)<sup>106</sup>. Each of these approaches is thought to restore function by targeting distal mechanisms that may not directly result from loss of FMRP-mediated regulation of protein synthesis.

#### Key FMRP target mRNAs

Several different approaches, including both in vitro and in vivo analyses, have been used to identify FMRP target mRNAs. The three canonical RNA-binding motifs present in FMRP, an RGG (Arg-Gly-Gly) box and two KH (heterogeneous nuclear RNP K homology) domains, have been the focus of these studies. One study<sup>46</sup> used in vitro RNA selection (also known as SELEX (selected evolution of ligands by exponential enrichment)) to demonstrate that the RGG box of FMRP binds to a G-quartet structure. Several RNAs harbour such a G-quartet, including those encoding the structural protein microtubuleassociated pro-tein 1B (MAP1B), the axon-guidance molecule semaphorin 3F and the voltage-gated potassium channel Kv3.1 (also known as KCNC1). To get a better sense of the range of RNAs bound by FMRP (irrespective of whether they contain a G-quartet), another study<sup>107</sup> performed RIP-ChIP (co-immunoprecipitation of RNA followed by microarray analysis) with an FMRP antibody using mouse brain lysates. This revealed that 432 mRNAs were co-precipitated with FMRP and that more than half of them were aberrantly translated in Fmr1-KO mice. Interestingly, approximately 70% of these RNAs contained G-quartets, which would seem to strongly validate the findings of the in vitro selection experiments. However, RNA immunoprecipitation can result in re-association of RNA-protein interactions in lysed cells<sup>108</sup>, suggesting that methods to directly analyse RNA-protein interactions in vivo would provide more-accurate information.

To circumvent this potential problem, a more-recent study<sup>67</sup> used UV–CLIP and RNA sequencing, which is a rigorous method that avoids nonspecific interactions because the RNAs and proteins are covalently linked before cell lysis and immunoprecipitation<sup>64</sup>. In this experiment, the FMRP-associated RNAs showed little overlap with those of the previous study<sup>107</sup>. Moreover, FMRP crosslinked to coding regions of RNA in a *cis*-element-

independent manner and thus did not bind to G-quartets even in RNAs that contained them. Of course, it is possible that G-quartets are not efficiently UV-crosslinked to proteins, and thus may indeed be bona fide sites of FMRP interaction. In this study, FMRP crosslinked to 842 distinct brain mRNAs<sup>67</sup>, several of which encode cell-scaffolding proteins (including MAP1B, tau and myosin)<sup>26</sup>. FMRP was also shown to bind to mRNAs encoding proteins that mediate synaptic function and cell signalling, such as calcium/ calmodulin-dependent protein kinase II (CaMKII), GluRs and many RHO GTPases, guanine nucleotide exchange factors (GEFs) and other GTPases. Other signalling factor mRNAs, such as tyrosine kinases and protein tyrosine phosphatases, were also found to be bound by FMRP. In addition, FMRP was shown to associate with mRNAs encoding translation initiation factors (including Argonaute and eIF4G), translation elongation factors (such as eEF2), several potassium-gated channels and even some presynaptic components, such as Piccolo and Bassoon. Interestingly, 117 of the mRNAs that FMRP was shown to associate with have been linked to autism, including phosphatase and tensin homologue (PTEN), TSC2 and SH3 and multiple ankyrin repeat domains 3 (SHANK3)<sup>67</sup>.

These studies have therefore revealed that there are many potential targets of FMRP that might be affected by loss of the protein in FXS. Comparisons of tissue or cultured neurons from wild-type and *Fmr1*-KO mouse brains have revealed many mRNAs that seem to be regulated at the translational level, and these have been investigated extensively by western blotting<sup>8,23,37,109</sup>, polysome sucrose gradient ultracentrifugation<sup>41,67</sup> and mass spectrometry<sup>110</sup>. However, although significant changes in the levels of several of these mRNAs are associated with various diseases, such as cancer, autism and schizophrenia<sup>111</sup>, the increase in their levels in either cells or tissues that lack FMRP is relatively small (overall, the levels of most proteins increase by approximately 15–20%). Thus, it is reasonable to ask how such a small increase can cause such a dramatic disease. Could it be that the amalgamation of the effects of all of the dysregulated mRNAs causes FXS, or are there a few key mRNAs whose translation changes in a more-dramatic way, thus making them more-directly responsible for the disease state<sup>5</sup>? Investigation of this issue is paramount because it has important implications for understanding FXS aetiology and may also provide a focus for the development of new treatments for the disease.

#### Perspective

One of the most vexing questions in FXS research is why normal brain function is so dependent on FMRP-regulated translation. Similarly, it is important to understand how resetting translational homeostasis in *Fmr1*-KO mice by genetic deletion or pharmacological inhibition of receptors, scaffolding proteins, protein kinases and translational control proteins reverses such a range of morphological, synaptic and behavioural phenotypes (TABLE 1). To address these issues, we must not only determine the identities of the mRNAs whose translation is altered in FXS model mice but also identify the mRNAs whose translational homeostasis (FIG. 4). It will then be important to determine the importance of these mRNAs and to decipher the molecular mechanism (or mechanisms) by which their translation is rescued. Upregulation of PI3K<sup>18,19,23,94</sup> and mTORC1–S6K1 (REFS <sup>95</sup>,<sup>112</sup>) signalling, as well as excessive protein synthesis, has been reported in non-neuronal cells,

human blood cells and post-mortem brain tissue from individuals with FXS<sup>94,95</sup>. To determine their relevance to human disease, these findings (and those made in the *Fmr1*-KO mice) must be confirmed by analysing neurons derived from patients with FXS. iPSC-derived neurons from individuals with FXS have been generated<sup>113,114</sup> and used to screen for compounds that increase FMRP expression<sup>115</sup>. Similar approaches should be used to screen for compounds that reset translational homeostasis in iPSC-derived neurons from individuals with FXS.

As discussed above, multiple genetic manipulations and pharmacological treatments targeting molecules such as mGluR5, HOMER1A, PI3K, S6K1, RAS, MAPK/ERK kinase 1 (MEK1; also known as MAP2K1), ERK, MNK1 and/or MNK2, and CPEB can rescue FXS model mice. Because all of these molecules converge on the translational apparatus (FIGS 1,3), it seems likely that the translation of a common set of mRNAs is rescued in these various paradigms and that these mRNAs almost certainly have a profound impact on FXS pathophysiology (FIG. 4). It is likely that the identification of these mRNAs will build on results showing that FMRP represses translation at the level of ribosome transit (polypeptide elongation)<sup>8,67</sup>. For example, determination of ribosome transit times for all mRNAs in an unbiased, whole-genome manner in FXS model mice and in genetic rescue conditions will reveal transcripts that are centrally important for the disease. This approach should not only permit the identification of the mRNA targets of FMRP whose translation is essential for normal brain function but also suggest new therapies to treat the syndrome based on alteration of the translational landscape.

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#### Glossary

Alternative splicing	A form of nuclear pre-mRNA splicing in which different exons can be included into the mature mRNA
RNA editing	A post-transcriptional event in which ribonucleotides are modified
for example	from adenosine to inosine or from cytosine to uridine
RNA-induced silencing complex	(RISC) A complex of a microRNA and Argonaute (plus associated factors, such as GW182) that silences mRNA expression by inhibiting translation and/or causing mRNA instability
G-quartet	A guanosine-containing quadruplex structure in RNA that is thought to be a binding site for fragile X mental retardation protein
Induced pluripotent stem cell	(iPSC) A type of stem cell that is produced by transducing a differentiated cell with certain transcription factors. iPSCs have the potential to be converted into any terminally differentiated cell type
Polyribosomes	Functional units of protein synthesis made of several ribosomes attached along the length of an mRNA molecule

Cis	A chemical term denoting a structure in which, for example, two atoms reside on the same side of a particular structure (in contrast to trans, which refers to stoms on different sides of a structure). In
	molecular biology, <i>cis</i> refers to a sequence of DNA or RNA that often serves as a binding site for a <i>trans</i> -acting factor, such as a protein
Long-term depression	(LTD) A form of synaptic plasticity that results in a long-lasting decrease in the strength of synaptic transmission. LTD is
	exaggerated in tragile X mental retardation 1-knockout mice

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#### Box 1

#### Non-canonical actions of FMRP: regulation of ion channels

Fragile X mental retardation protein (FMRP) has been shown to regulate the translation, expression and activity of the voltage-gated potassium channels Kv4.2 (also known as KCND2)<sup>116-118</sup> and Kv3.1b<sup>119</sup>, as well as potassium/sodium hyper-polarizationactivated cyclic nucleotide-gated ion channel 1 (HCN1)<sup>120</sup>. Interestingly, FMRP also interacts directly with and regulates several ion channels in a manner that is independent of its canonical function in translation. For example, FMRP binds to the sodium-activated potassium channel Slack (also known as KCNT1), and this interaction causes opening of the channel<sup>121</sup>. FMRP also interacts with the  $\beta$ 4 subunit of BK (big potassium) channels, which results in excessive action potential broadening during repetitive neuronal activity, enhanced presynaptic calcium influx and increased release of neurotransmitters<sup>122</sup>. Recently, a missense mutation in the amino terminus of FMRP in a human patient with intellectual disability and seizures was shown to impair the interaction between FMRP and BK channels as well as other aspects of presynaptic function<sup>123</sup>. Finally, FMRP was reported to directly interact with the calcium channel Cav2.2 (also known as CACNA1B) carboxy-terminal domain, the region that not only targets the channel for proteasomemediated destruction but also controls synaptic exocytosis<sup>124</sup>. Thus, it is possible that the lack of FMRP in fragile X syndrome could result in abnormalities in neuronal excitability, firing and homeostatic plasticity that are independent of its role in regulating translation.

#### Box 2

#### TSC and FXS: two wrongs make a right

Tuberous sclerosis complex (TSC) is a neurodevelopmental disorder caused by mutations in TSC1 (encodes hamartin) and TSC2 (REF. 125). Inactivation of TSC1 and/ or TSC2 is known to activate mammalian target of rapamycin complex 1 (mTORC1) signalling via the small G protein RAS homologue enhanced in brain (RHEB)<sup>126</sup>; thus, one would predict that TSC model mice, like fragile X mental retardation 1 (Fmr1)-knockout (KO) mice, would exhibit excessive translation. However, Tsc2 heterozygous KO mice were shown to exhibit depressed translation in the hippocampus. Astonishingly, when TSC model mice were crossed with Fmr1-KO mice, several of the phenotypes that were present in both Fmr1-KO mice and Tsc2 heterozygous KO mice, including altered levels of protein synthesis, were returned to normal<sup>14</sup>. Although the precise molecular mechanisms responsible for the rescue of excessive translation and fragile X syndrome (FXS)-associated phenotypes by genetically reducing levels of TSC2 are unknown, it is tempting to speculate that the levels of TSC2, the mRNA of which is a target of FMR protein (FMRP)<sup>67</sup>, are elevated in the neurons of *Fmr1*-KO mice. Regardless of the mechanism (or mechanisms), the rescue of phenotypes displayed by Fmr1-KO mice by the genetic reduction of TSC2 is consistent with the idea that resetting translational homeostasis is critical for amelioration of FXS pathophysiologies.



#### Figure 1. Translational control pathways that are dysregulated in FXS

Normally, stimulation of cell surface receptors, including NMDA receptors (NMDARs) and group 1 metabotropic glutamate receptors (mGluRs; such as mGluR5), results in the activation of the phosphoinositide 3-kinase (PI3K)<sup>23,94</sup>, mammalian target of rapamycin complex 1 (mTORC1; which comprises mTOR bound to regulatory-associated protein of mTOR (RAPTOR))<sup>37</sup> and extracellular signal-regulated kinase (ERK)<sup>77</sup> signalling pathways in neurons. mTORC1 phosphorylates eukaryotic initiation factor 4E (eIF4E) binding proteins (4E-BPs), including 4E-BP2, the predominant 4E-BP isoform in the mouse brain, which derepresses eIF4E to promote 'cap'-dependent translation. mTORC1 also phosphorylates and activates p70 S6 kinase 1 (S6K1), which phosphorylates ribosomal protein S6 and eIF4B. Phosphorylation of eIF4B by S6K1 stimulates the helicase activity of eIF4A to promote cap-dependent translation. mTORC1-dependent translation is triggered upstream by a signalling pathway involving PI3K, 3-phosphoinositide-dependent protein kinase 1 (PDK1) and/or PDK2, AKT, tuberous sclerosis 1 (TSC1) and/ or TSC2 and RAS homologue enhanced in brain (RHEB). ERK phosphorylates and activates MAP kinaseinteracting serine/threonine-protein kinases (MNKs), which phosphorylate eIF4E to promote translation. This ERK-dependent translation is triggered upstream by a pathway involving RAS, RAF and MAPK/ERK kinase 1 (MEK1). mGluR5 signals to the PI3K-AKT-

mTORC1 pathway via HOMER1A, SH3 and multiple ankyrin repeat domains (SHANK) proteins and PI3K enhancer (PIKE), and NMDARs signal to ERK via postsynaptic density protein 95 (PSD95). The protein levels of several targets of the RNA-binding protein fragile X mental retardation protein (FMRP)<sup>67,68</sup> are increased in fragile X syndrome (FXS). The increased expression of these proteins results in basally elevated PI3K, mTORC1 and ERK signalling and thus increased translation. m<sup>7</sup>G, 7-methyl-guanosine; PtdIns(4,5)P<sub>2</sub>, phosphatidylinositol-4,5-bisphosphate; PtdIns(3,4,5)P<sub>3</sub>, phosphatidylinositol-3,4,5-trisphosphate; UTR, untranslated region. Adapted from REF. <sup>5</sup>, Nature Publishing Group.

#### a Normal polyribosome stalling by phosphorylated FMRP



## **b** Faster-translating polyribosomes when FMRP is dephosphorylated and/or ubiquitylated



#### **c** Faster-translating polyribosomes in the absence of FMRP



#### Figure 2. FMRP may stall polyribosomes to reduce the rate of translation elongation

**a** | It is hypothesized that phosphorylated fragile X mental retardation protein (FMRP) associates with actively translating ribosomes and causes them to stall and accumulate on the mRNA molecule, slowing elongation (AUG and UAG are the initiation and termination codons, respectively). **b** | FMRP-regulated translation increases when FMRP is dephosphorylated<sup>56,57</sup>, ubiquitylated<sup>9,57</sup> and eventually destroyed via proteasomal degradation. **c** | In fragile X syndrome, the absence of FMRP results in faster translation of FMRP target mRNAs<sup>8</sup>. Adapted from REF. <sup>5</sup>, Nature Publishing Group.



#### Figure 3. Involvement of CPEB in mediating FMRP activity

Cytoplasmic polyadenylation element-binding protein (CPEB) associates with CPEs in the 3' untranslated region (UTR) of target mRNAs and stimulates translation by promoting lengthening of the poly(A) tail. Neuroguidin is a eukaryotic initiation factor 4E (eIF4E)binding protein (4E-BP) that binds to CPEB to prevent this CPE-dependent translation. It is known that excessive translation in fragile X syndrome (FXS) model mice is normalized by genetic reduction of CPEB, although the mechanisms through which the two proteins interact are currently unclear. In the left panel, CPEB is shown associated with fragile X mental retardation protein (FMRP) and neuroguidin, which in turn interacts with the 'cap'binding factor eIF4E. This configuration of factors would be hypothesized to silence mRNAs that are bound by both FMRP and CPEB. As shown in the right panel, group 1 metabotropic glutamate receptor (mGluR; not shown) activation could lead to poly(A)-tail elongation and dissociation of neuroguidin from eIF4E, thereby allowing for the assembly of the eIF4F complex (which consists of eIF4E, eIF4G and eIF4A) on the cap and the initiation of translation. In this scenario, FMRP remains bound to the mRNA and S6K1 phosphorylates the initiation factors and ribosomal protein S6 on the 40S subunit to stimulate translation<sup>8</sup>. m<sup>7</sup>G, 7-methyl-guanosine.



### Figure 4. Identification of dysregulated mRNAs that are rescued by pharmacological or genetic manipulations in FXS model mice

Venn diagram in which the circles represent populations of mRNAs (currently unknown) whose aberrant translation in fragile X mental retardation 1 (*Fmr1*)-knockout mice is rescued when the following are either inhibited with pharmacological agents or genetically ablated: HOMER1A; metabotropic glutamate receptor 5 (mGluR5); phosphoinositide 3-kinase (PI3K) and/ or PI3K enhancer (PIKE); p70 S6 kinase 1 (S6K1); cytoplasmic polyadenylation element-binding protein (CPEB); and MAP kinase-interacting serine/ threonine-protein kinase (MNK) and/or eukaryotic initiation factor 4E (eIF4E). It is proposed that there is a subset of mRNAs that are rescued under all conditions. These mRNAs are likely to be essential for normal neuronal function and have the potential to be novel therapeutic targets. FXS, fragile X syndrome.

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# Table 1

Manipulations that reset translational homeostasis and rescue phenotypes in FXS mice

Target	Rescue strategy	Normalization of excessive protein synthesis?	Normalization of mGluR-induced LTD?	Behavioural phenotypes normalized	Refs
mGluR5	Genetic reduction and mGluR5 antagonist	Yes	Yes	Extinction memory, startle response, locomotor activity and audiogenic seizures	6,76
GABA <sub>B</sub> receptor	receptor GABA <sub>B</sub> antagonist	Yes	ND	Audiogenic seizures, repetitive behaviour, locomotor activity and motor learning	80
PIKE	Genetic reduction	Yes	Yes	Repetitive behaviours and nest building	18
p110ß subunit of PI3K	Genetic reduction	Yes	ND	Goal-directed decision making, behavioural flexibility, nest building and repetitive behaviour	19
HOMERIA	Genetic reduction	Yes	No	Audiogenic seizures and anxiety behaviour	17
TSC2	Genetic reduction	Yes	Yes	Context discrimination	14
S6K1	Genetic reduction	Yes	Yes	Recognition memory, behavioural flexibility, social novelty and motor learning	15
CPEB	Genetic reduction	Yes	Yes	Audiogenic seizures, anxiety behaviour, nest building and spontaneous alteration	8
RAS	Farnesyltransferase inhibitor	Yes	Yes	Audiogenic seizures	88
MEK1	MEK1 inhibitor	Yes	ND	Audiogenic seizures	77
MNK1, MNK2 and p- eIF4E	Genetic reduction of MNK1 and/or MNK2, MNK inhibitor, and genetic reduction of p-eIF4E	Yes	Yes	Social novelty, social interaction, anxiety behaviour and audiogenic seizures	16
MMP9	Genetic reduction and MMP9 inhibitor	ND	Yes	Anxiety behaviour, locomotor activity and social novelty	20
CB1R	Genetic reduction and CB1R antagonist	ND	ND	Recognition memory, anxiety behaviour, nociception and audiogenic seizures	21

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CB1R, cannabinoid 1 receptor; CPEB, cytoplasmic polyadenylation element binding protein; FXS, fragile X syndrome; LTD, long term depression; MEK1, MAPK/ERK kinase 1; mGluR, metabotropic glutamate receptor; MMP9, matrix metalloproteinase 9; MNK, MAP kinase-interacting serine/threonine-protein kinase; ND, not determined; P13K, phosphoinositide 3-kinase; p-eIF4E, phosphorylated eukaryotic initiation factor 4E; PIKE, PI3K enhancer; S6K1, p70 S6 kinase 1; TSC2, tuberous sclerosis complex 2.