Atrophy Patterns in Early Clinical Stages Across Distinct Phenotypes of Alzheimer's Disease

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Abstract: Alzheimer's disease (AD) can present with distinct clinical variants. Identifying the earliest neurodegenerative changes associated with each variant has implications for early diagnosis, and for understanding the mechanisms that underlie regional vulnerability and disease progression in AD. We performed voxel-based morphometry to detect atrophy patterns in early clinical stages of four AD phenotypes: Posterior cortical atrophy (PCA, "visual variant," n = 93), logopenic variant primary progressive aphasia (lvPPA, "language variant," n = 74), and memory-predominant AD categorized as early age-of-onset (EOAD, <65 years, n = 114) and late age-of-onset (LOAD, >65 years, n = 114). Patients with each syndrome were stratified based on: (1) degree of functional impairment, as measured by the

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clinical dementia rating (CDR) scale, and (2) overall extent of brain atrophy, as measured by a neuroimaging approach that sums the number of brain voxels showing significantly lower gray matter volume than cognitively normal controls (n = 80). Even at the earliest clinical stage (CDR = 0.5 or bottom quartile of overall atrophy), patients with each syndrome showed both common and variant-specific atrophy. Common atrophy across variants was found in temporoparietal regions that comprise the posterior default mode network (DMN). Early syndrome-specific atrophy mirrored functional brain networks underlying functions that are uniquely affected in each variant: Language network in lvPPA, posterior cingulate cortex-hippocampal circuit in amnestic EOAD and LOAD, and visual networks in PCA. At more advanced stages, atrophy patterns largely converged across AD variants. These findings support a model in which neurodegeneration selectively targets both the DMN and syndrome-specific vulnerable networks at the earliest clinical stages of AD. *Hum Brain Mapp 36:4421–4437*, 2015. © 2015 Wiley Periodicals, Inc.

Key words: Alzheimer's disease; magnetic resonance imaging (MRI); posterior cortical atrophy; logopenic variant primary progressive aphasia; early-onset dementia; default mode network; language; memory; vision; atrophy; voxel-based morphometry

INTRODUCTION

Although amnesia is the most common presenting symptom in Alzheimer's disease (AD), posterior cortical atrophy (PCA, "visual variant") and logopenic variant primary progressive aphasia (lvPPA, "language variant") are testament to the great clinical variability of the disease. Both PCA and lvPPA usually manifest at a relatively young age and are strongly associated with underlying AD pathology (i.e. aggregated amyloid-beta (AB) plaques and neurofibrillary tangles) [Grossman 2010; Renner et al., 2004]. Furthermore, while patients with late-onset AD (LOAD, age-at-onset \geq 65 years) are more likely to exhibit an amnestic-predominant presentation, early-onset AD (EOAD, <65 years) manifests with relatively greater impairment in other cognitive domains at clinical presentation [Koedam et al., 2010; Koss et al., 1996; Mendez et al., 2012; Smits et al., 2012; Stopford et al., 2008]. The remarkable diversity of these phenotypes provides an intriguing model to study clinico-anatomical heterogeneity in AD.

MRI and [¹⁸F]FDG-PET studies have consistently highlighted distinct neurodegenerative patterns, including those involving visual association areas in PCA [Koedam

Abbreviations

Aβ CDR	Amyloid-beta; Clinical dementia rating
CSF	Cerebrospinal fluid
DMN	Default mode network
EOAD	Early-onset Alzheimer's disease
LOAD	Late-onset Alzheimer's disease
lvPPA	Logopenic variant primary progressive aphasia
MRI	Magnetic resonance imaging
PCA	Posterior Cortical Atrophy
PET	Positron emission tomography
UCSF	University of California San Francisco
VUMC	VU University Medical Center

et al., 2011; Lehmann et al., 2013a; Migliaccio et al., 2009], the language-dominant left hemisphere in lvPPA [Madhavan et al., 2013; Rabinovici et al., 2008; Rogalski et al., 2014; Teichmann et al., 2013], bilateral temporoparietal cortex in EOAD and medial temporal lobes in LOAD [Frisoni et al., 2007; Moller et al., 2013]. The mechanisms that lead to this anatomic variability are not well understood. The network-based neurodegeneration theory postulates that neurodegenerative diseases target large-scale brain networks, with spread of disease following structural and functional connectivity patterns [Seeley et al., 2009; Zhou et al., 2012]. Functional connectivity (resting-state fMRI) studies, performed primarily in "typical" late-onset amnestic AD patients, have consistently implicated the default mode network (DMN) as the most vulnerable network in AD [Buckner et al., 2005; Greicius et al., 2004]. The posterior (temporoparietal-predominant) subdivision may be particularly susceptible in early-stage AD [Damoiseaux et al., 2012]. Functional connectivity studies in nonamnestic AD have revealed involvement of both syndrome-specific networks that correlate with clinical symptoms (visual network in PCA, language network in lvPPA) and shared posterior DMN involvement across AD phenotypes [Lehmann et al., 2013b]. Not yet understood is whether neurodegeneration in non-amnestic AD originates in the posterior DMN and spreads to more clinically apparent "off-DMN" networks, or whether the disease begins in peripheral networks in distinct variants, with later convergence in proximal cortical hubs of the posterior DMN. A better understanding of early patterns of spread has important clinical implications, particularly with the push towards early detection and incorporation of topographical markers into diagnostic criteria [Albert et al., 2011; McKhann et al., 2011]. However, measuring brain changes in early clinical stages of non-amnestic AD has proven challenging due to the low prevalence and the majority of current literature is based on clinically advanced patients.

In this cross-sectional voxel-based morphometry study we aimed to investigate the origin and progression of atrophy patterns in four different AD variants at the earliest clinical stages using both a clinical and a neuroimaging proxy of disease severity. Based on the disparate clinical symptoms in each variant, we hypothesized that atrophy would start in syndrome-specific peripheral regions and would converge across AD variants in posterior DMN regions with advancing disease.

MATERIALS AND METHODS

Participants

A total of 475 subjects were recruited from research cohorts at the University of California San Francisco (UCSF, n = 187) Memory and Aging Center and from the VU University Medical Center (VUMC, n = 288) Amsterdam Dementia Cohort. All patients underwent standard dementia screening that included a medical history and physical examination, a structured caregiver interview, brain MRI and neuropsychological testing. Clinical diagnosis was established by consensus in a multidisciplinary team. All patients fulfilled National Institute on Aging-Alzheimer's Association criteria for probable AD [McKhann et al., 2011] or mild cognitive impairment due to AD [Albert et al., 2011]. Patients with PCA (n = 93) and lvPPA (n = 74) additionally met specific diagnostic criteria for PCA [Mendez et al., 2002] or lvPPA [Gorno-Tempini et al., 2011]. EOAD patients (n = 114, <65 years at time of diagnosis) were matched for age, sex, disease severity (CDR and MMSE), MRI scanner type and center to PCA and lvPPA patients. Similar matching criteria-except for age—were applied to LOAD patients (n = 114, ≥ 65 years). EOAD and LOAD did not meet criteria for PCA or lvPPA and had memory-predominant presentations. Of all patients, 268 (68%) had biomarker (n = 253, positron emission tomography (PET) or cerebrospinal fluid (CSF) analyses) and/or neuropathological confirmation (n = 22) of amyloid pathology. Amyloid status was unknown for 127 patients (32%), and known amyloid-negative patients were excluded. Assessment of amyloid status was performed according to previously published procedures [Ossenkoppele et al., 2013a; Rabinovici et al., 2007, 2010; Zwan et al., 2014]. For PET, parametric images of [¹¹C]Pittsburgh compound-B (PIB) were visually assessed by experienced raters and interpreted as positive if there was cortical binding in one or more brain regions and negative in case of predominant binding in the white matter [Ossenkoppele et al., 2013a; Rabinovici et al., 2010]. For CSF A β_{42} , we used a threshold of <640 ng/L that previously showed excellent correspondence with global [¹¹C]PIB PET binding [Zwan et al., 2014]. Controls were recruited through advertisements in newspapers and underwent the same diagnostic procedures [Lehmann et al., 2013b; Ossenkoppele et al., 2012]. Because controls were age-matched to the

early-onset variants (i.e. PCA, lvPPA, and EOAD), we additionally included an older control group (n = 45, mean age: 81 ± 5 , available at UCSF only) that was matched with a subset of LOAD patients from UCSF. APOE genotyping was performed in 415 (87%) subjects. Informed consent was obtained from all subjects or their assigned surrogate decision-makers, and the UCSF and VUMC institutional review boards for human research approved the study.

Neuropsychological Testing

A total of 171 of 187 subjects from UCSF and 215 of 288 subjects from VUMC completed a neuropsychological test battery covering five major cognitive domains [Lehmann et al., 2013a; Ossenkoppele et al., 2014b]: memory (UCSF: delayed recall of the California Verbal Learning Test (nineitem version) and the modified Rey; VUMC: delayed recall of a Dutch version of the Rey Auditory Verbal Learning Test and the Visual Association Test), language (Category fluency (animals, 1 min) at both sites; UCSF: Boston naming test; VUMC: Visual Association Test Picture Naming), visuospatial function (UCSF: Modified Rey copy and number location from the Visual Object Space and Perception battery; VUMC: Rey Complex Figure copy test), and attention/executive function (Digit span backward and Trailmaking test part B at both sites; UCSF: Letter fluency (Dwords, 1 min); VUMC: Trailmaking Test A and digit span forward).

Image Data Acquisition

At UCSF, T1-weighted images were acquired on a 1.5 T (Magnetom Avanto System/Magnetom VISION system, Siemens, n = 107) or 3 T (Tim Trio, Siemens n = 80) unit. At VUMC, MRI scans were performed on a 1T (Magnetom Impact, Siemens, n = 52), 1.5 T (Sonata, Siemens, n = 75) or 3 T (SignaHDxt, GE Healthcare, n = 161) unit. The voxel size was 1 mm × 1 mm × 1.5 mm for all scanners. Other acquisition parameters have been published previously [Lehmann et al., 2013a; Moller et al., 2013; Ossenkoppele et al., 2012; Sluimer et al., 2008]. The proportions of subjects studied on each scanner were balanced across the groups, except for UCSF LOAD patients who were predominantly (85%) studied on a 1.5 T scanner. All imaging statistical models included field strength and acquisition site as nuisance variables.

Imaging Data Processing

MRI data were segmented using the New Segment toolbox implemented in the Statistical Parametric Mapping (SPM) 8 software (Wellcome Trust Centre for Neuroimaging, Institute of Neurology at University College London). Diffeomorphic Anatomical Registration Through Exponentiated Lie Algebra (DARTEL) was used to generate a study-specific template by aligning the gray matter images nonlinearly to a common space. Native gray and white matter images were spatially normalized to the DARTEL template using individual flow fields (modulation was applied to preserve the total amount of signal). Images were smoothed using a 8 mm full width at half maximum (FWHM) isotropic Gaussian kernel. Images were inspected visually after each step in the processing pipeline and the final smoothed-modulated-warped gray matter images were checked for sample homogeneity using the VBM8 toolbox to identify potential outliers.

CDR-Based Approach

Clinical dementia rating

Similar to previous studies [Seeley et al., 2008; Thomas et al., 2014], we used the (global) clinical dementia rating (CDR) [Morris, 1993] as a proxy of disease severity. CDR is a standardized scale that indicates the stage of dementia (ranging from 0 = "none" to 3 = "severe") based on patient and caregiver information about function of memory, orientation, judgment and problem solving, community affairs, home and hobbies, and personal care. The main objective of this study was to investigate atrophy patterns in the earliest clinical stages, thus we included patients with CDR = 0.5 ("very mild dementia," n = 172) or CDR = 1 ("mild dementia," n = 223) in this study.

Analysis

We performed voxelwise contrasts between the four different AD variants (both for CDR 0.5 and 1) and the control group. The model included age, sex, total intracranial volume (TIV), field strength, and acquisition site as nuisance variables. Results are displayed at P < 0.05 (following family wise error correction for multiple comparisons).

W-Score Neuroimaging Approach

Generation of W-score maps

The CDR was developed and validated in memorypredominant AD patients, and due to its emphasis on memory function, it may not be the optimal staging method for nonamnestic AD patients. We therefore additionally applied a neuroimaging method that enables rank ordering of patients based on the extent of whole-brain atrophy (Fig. 1). First, we performed voxelwise regressions in SPM8 on a set of nuisance factors (age, sex, TIV, field strength and center) to estimate their effect on smoothedmodulated-warped gray matter probability images (resulting from VBM processing) in our group of healthy controls. This resulted in beta maps for the nuisance variables as well as a residual map for each healthy control. Next, we used these values to compute a voxelwise map of *W*scores for each patient using the formula: *W*-score = (actual - expected)/SD, where actual is the smoothedmodulated-warped gray matter probability for a given patient at a given voxel, expected is the predicted gray matter probability for that voxel applying the nuisance factors and beta weights from the regression in healthy controls, and SD is the standard deviation of the residuals for that voxel among the controls. Thus, W-scores (mean = 0, SD = 1 in the control group, similar to z-scores) show, at each voxel, where a patient's gray matter probability would fall on the normal distribution of gray matter probabilities in healthy controls, after taking nuisance factors into account [Jack et al., 1997; La Joie et al., 2012]. Our last steps were to binarize the W-score map for each patient at W < -1.5, and to sum the total number of suprathreshold voxels for every patient. This was used to rank-order patients within each AD variant, ranging from the lowest 25% (quartile 1) to the highest 25% (quartile 4).

Analysis

Within each AD variant, averaged W-score maps were generated to allow comparison of atrophy patterns for every quartile. In addition, based on [Lehmann et al., 2013b] we selected seven network templates relevant to this study (language, higher-visual, ventral DMN, posterior dorsal DMN, anterior dorsal DMN, and left and right executive control network) from a set of 15 previously published functional connectivity networks [Damoiseaux et al., 2012; Shirer et al., 2012]. The sensorimotor network, which is typically spared across AD variants, served as control network. Within these functional networks, mean W-scores were computed and displayed for comparison across quartiles and AD variants.

Statistical Analyses

Differences between groups for demographic, clinical and neuropsychological characteristics were assessed using ANOVA with post hoc Bonferroni tests for continuous variables and χ^2 tests for dichotomous data. Differences in mean *W*-scores within each network across AD variants at quartile 1 and 4 were assessed using ANOVA's with post hoc Bonferroni tests. Differences in mean *W*-scores between networks in quartile 1 of each AD variant were assessed using independent samples t-tests. Changes in mean *W*-scores within networks with advancing quartiles were assessed using general linear models with *W*-score atrophy score within a functional network as the dependent variable and quartile (Q1-Q4) as fixed factor. Statistical significance was set at *P* < 0.05.

RESULTS

Participants and Neuropsychological Scores

114 EOAD, 74 lvPPA, 93 PCA, 114 LOAD, and 80 control subjects were included in the present study (Table I).





A neuroimaging approach for staging of disease severity. Smoothed, warped, and modulated gray matter images of healthy controls were used to estimate the effect of nuisance variables on voxel intensities (1). Using multiple regressions in SPM, the beta's and residuals were used to determine the predicted value for each patient given their specific covariate (i.e. age, sex, total intracranial volume, MRI field strength, and cen-

As expected, cognitive profiles differed across variants with PCA patients showing most prominent visuospatial deficits, lvPPA patients being most impaired in the language domain and LOAD and EOAD patients exhibiting a memory-predominant neuropsychological profile (Tables II and III). Furthermore, within AD variants most neuropsychological scores were lower for patients with CDR 1 than patients with CDR 0.5.

Voxel Based Morphometry: AD Variants Versus Controls

First, we performed voxelwise contrasts between the different AD variants (separately for CDR 0.5 and 1) and the

ter). Based on individual raw values in Alzheimer's disease patients, W-scores can be calculated using the formula shown in (2). Finally, W-scores maps were binarized at W < -1.5 and the number of voxels below this threshold were calculated for each patient (3). These numbers were rank-ordered separately for each Alzheimer's disease variant and patients were grouped into quartiles.

control group, applying a statistical threshold of P < 0.05 family wise error corrected. At CDR stage 0.5, atrophy patterns in EOAD, PCA, and lvPPA overlapped in several posterior DMN regions in the left hemisphere, including middle temporal gyrus, inferior parietal lobule and posterior cingulate cortex (PCC, Figs. 2 and 3). lvPPA and PCA patients additionally showed syndrome-specific atrophy in "off-DMN" regions such as bilateral visual association cortex (PCA), and left superior and inferior temporal cortex implicated in language function (lvPPA). LOAD patients showed relatively focal medial temporal lobe (MTL) atrophy in this early clinical stage, while EOAD patients showed more cortical involvement in the PCC-hippocampal circuit as well as in lateral temporoparietal

	Early Alzheime	-onset r's disease	Logopen primary p aph	ic variant progressive nasia	Posterio atro	r cortical ophy	Late- Alzheime	onset r's disease	Controls
CDR	0.5	1	0.5	1	0.5	1	0.5	1	0
N	50	64	41	33	31	62	50	64	80
Age	62.0 ± 4.5	60.7 ± 4.5	66.1 ± 7.8	65.1 ± 8.3	64.1 ± 8.2	60.7 ± 5.9	79.0 ± 4.2	78.2 ± 4.5	$64.4\pm7.0^{\rm a}$
Sex (% male)	44.0	48.4	56.1	48.5	48.4	47.5	54.0	48.4	51.3
Education	16.1 ± 2.4	15.6 ± 2.1	16.7 ± 2.8	16.6 ± 2.5	15.4 ± 3.1	15.2 ± 2.3	15.4 ± 2.6	15.1 ± 2.7	17.1 ± 2.0^{b}
MMSE	24.2 ± 3.6	$19.9\pm3.7^{\rm f}$	23.8 ± 4.0	$17.0\pm4.5^{\rm f}$	24.7 ± 3.3	$20.0\pm4.2^{\rm f}$	24.6 ± 2.6	$20.5\pm4.4^{\rm f}$	$29.4\pm0.8^{\rm c}$
% APOE e 4 carriers	64.3	77.6	35.5	56.0	70.0	54.5	62.2	69.6	20.0 ^d
Amyloid status (% POS/ unknown/NEG)	62/38/0	72/28/0	81/19/0	79/21/0	94/6/0	80/20/0	34/66/0**	56/44/0	0/65/35 ^e
Total intracranial volume (L)	1.60 ± 0.15	1.58 ± 0.15	1.56 ± 0.14	1.56 ± 0.16	1.58 ± 0.12	1.55 ± 0.16	1.58 ± 0.12	1.59 ± 0.15	1.56 ± 0.15

 TABLE I. Patient characteristics

Data are presented as mean \pm standard deviation unless indicated otherwise. Differences between controls and Alzheimer's disease variants and differences within Alzheimer's disease variants (Clinical dementia rating 0.5 vs. 1) were assessed using ANOVA with post hoc Bonferroni tests (age, education, MMSE, and total intracranial volume) and χ^2 (sex and APOE genotype).

^aControls < LOAD 0.5/1: P < 0.001; Controls > EOAD 1, PCA 1: P < 0.05.

^bControls > EOAD 1, LOAD 0.5/1, PCA 0.5/1: P < 0.05.

^cControls < all AD variants: P < 0.001.

^dControls < all (except lvPPA \pm PA CDR 0.5): P < 0.01.

^eControls < all: P < 0.001.

 $^{\rm f}{\rm CDR}$ 1 < CDR 0.5: P < 0.05, **CDR 0.5 < CDR 1: P < 0.05.

CDR = Clinical dementia rating; MMSE = Mini-mental state examination; POS = positive; NEG = Negative.

cortex. At CDR 1, there was widespread overlap across EOAD, PCA and lvPPA in the lateral temporoparietal cortex, covering large parts of the posterior DMN (Figs. 2 and 3). In addition, syndrome-specific atrophy further extended into bilateral visual association cortex for PCA and into the PCC-hippocampal circuit for EOAD, and crossover from language regions in the left hemisphere into the right lateral temporal cortex was appreciated in lvPPA patients. Atrophy in LOAD was restricted to the MTL and medial prefrontal cortex, showing relative sparing of posterior DMN regions. Since the LOAD group was older than the control group, we performed an additional analysis comparing LOAD with an older age-matched control group, which revealed a comparable atrophy pattern (data not shown). Reversed contrasts showed no areas of increased volume in controls versus patients.

W-Score Approach

An alternative approach to explore the origin and progression of atrophy patterns is to use a neuroimaging rather than a clinical—staging method. Such a method could help overcome the potential bias inherent in CDR to emphasize memory performance over other cognitive functions. The individual number of suprathreshold voxels (reflecting significant atrophy versus controls) was used to divide patients into quartiles following a rank-order approach (Fig. 1). This resulted in different groups com-

pared with the CDR-based approach (Tables III and IV). The mean number of suprathreshold voxels did not differ across AD variants: EOAD 38,999 \pm 18,063; lvPPA 37,068 \pm 15,876; PCA: 42,847 \pm 20,213; LOAD: 38,781 \pm 23,778 (P = 0.28). Next, mean W-scores within each quartile were computed and displayed to illustrate changes across quartiles (Fig. 4). In this approach, the first quartiles (Q1) identify those voxels that exceeded the statistical atrophy threshold in the 25% of patients with lowest overall brain atrophy in each variant, thus representing the earliest degenerating regions in each syndrome. Q1 showed overlapping atrophy patterns across AD variants in multiple posterior DMN regions such as PCC, angular gyrus, supramarginal gyrus and middle temporal gyrus (Fig. 4). PCA and lvPPA patients showed additional involvement of syndromespecific off-DMN regions (i.e. lateral occipital cortex in PCA, asymmetric temporoparietal cortex (left > right) in lvPPA), EOAD patients showed marked PCC-hippocampal atrophy and LOAD patients showed predominantly MTL and medial frontal cortex involvement. There was thus early overlap in posterior DMN regions across AD phenotypes, and even when looking at the 10 patients with the least atrophied brains, both posterior DMN and off-DMN regions were involved across variants (data not shown). With ascending quartiles (greater extent of whole-brain atrophy), atrophy progressed along both DMN and off-DMN regions across phenotypes. An additional analysis comparing LOAD patients with an older age-matched control group using the W-score staging method showed

		TABLE	II. Neurops	ychological te	st scores (U	CSF)			
	Early-onset dise	Alzheimer's ease	Logopen primary F aph	iic variant progressive nasia	Posterior cor	tical atrophy	Late-onset A dise	Mzheimer's ase	- Contractor
UCSF CDR	0.5	1	0.5	1	0.5	1	0.5	1	
Episodic memory CVLT-9 delayed recall (9) Modified Rev recall (17)	1.8 ± 1.2 2.9 ± 2.8	1.3 ± 2.0 2.0 ± 2.3	$3.5 \pm 3.3^{\rm a}$ $6.4 \pm 3.7^{\rm c}$	1.7 ± 1.6 5.3 ± 3.7	4.3 ± 3.3 5.5 ± 5.2	1.4 ± 1.4 0.8 ± 1.6	1.6 ± 2.4 3.6 ± 3.6	0.1 ± 0.3 1.1 ± 1.4	$7.4 \pm 1.3^{\rm b}$ $12.4 \pm 3.3^{ m d}$
Language Boston Naming Test (15) Animal fluency (1 min) Repetitions (3)	$\begin{array}{c} 12.2 \pm 2.4 \\ 10.7 \pm 5.0 \\ 2.7 \pm 0.6 \end{array}$	$\begin{array}{c} 11.9 \pm 3.2 \\ 10.0 \pm 5.7 \\ 2.3 \pm 0.8 \end{array}$	9.3 ± 4.8 10.2 ± 6.5 1.5 ± 0.9^{g}	6.1 ± 4.1^{e} 4.5 ± 3.0 1.2 ± 0.8^{g}	$\begin{array}{c} 12.2 \pm 3.5 \\ 11.9 \pm 6.1 \\ 2.4 \pm 0.6 \end{array}$	9.3 ± 4.3 6.9 ± 3.6 2.4 ± 0.7	$11.6 \pm 2.6 \\ 11.7 \pm 4.9 \\ 2.5 \pm 0.8$	9.9 ± 4.1 8.9 ± 5.4 2.4 ± 0.8	$\begin{array}{c} 14.6 \pm 0.9^{\rm f} \\ 24.7 \pm 5.1^{\rm d} \\ 2.9 \pm 0.3^{\rm d} \end{array}$
Visuospatial Modified Rey copy (17) VOSP number localization (10) Calculations (5)	9.7 ± 6.5 5.3 ± 3.2 3.2 ± 1.5	$10.1 \pm 5.2 \\ 6.8 \pm 2.4 \\ 3.1 \pm 1.5$	$\begin{array}{c} 15.1 \pm 1.5^{\rm h} \\ 8.6 \pm 1.3^{\rm k} \\ 3.0 \pm 1.3 \end{array}$	$11.5 \pm 4.7 \\ 6.0 \pm 2.4 \\ 2.4 \pm 1.4$	9.1 ± 6.3 7.1 ± 2.5 3.0 ± 1.7	$\begin{array}{c} 2.4 \pm 3.2^{\rm i} \\ 3.8 \pm 2.6^{\rm l} \\ 1.2 \pm 0.8^{\rm n} \end{array}$	15.1 ± 1.5^{h} 8.6 ± 1.4 4.3 ± 0.8^{o}	14.5 ± 1.6^{j} 8.1 ± 2.5 3.9 ± 1.3^{q}	$\begin{array}{c} 15.7 \pm 1.2^{\rm h} \\ 9.2 \pm 1.2^{\rm m} \\ 4.9 \pm 0.4^{\rm d} \end{array}$
Executive function/ attention Digit span backward (8) Letter fluency (D words, 1 min) Modified Trails B (120 s)	3.3 ± 1.5 10.3 ± 4.9 89.1 ± 35.8	3.3 ± 1.0 10.2 ± 4.8 90.7 ± 38.7	2.9 ± 0.8 8.1 ± 4.9^{t} 76.8 ± 34.8	2.5 ± 1.1 3.3 ± 2.9^{r} 117.5 ± 5.7^{t}	2.7 ± 0.7 11.0 ± 3.7 97.8 ± 17.8	$\begin{array}{c} 2.7 \pm 1.1 \\ 7.6 \pm 3.3 \\ 119.5 \pm 1.4^{\rm u} \end{array}$	$\begin{array}{c} 4.6 \pm 1.2^{\rm P} \\ 13.2 \pm 5.0 \\ 78.2 \pm 39.7 \end{array}$	3.8 ± 0.9 9.7 ± 4.1 93.4 ± 34.6	5.5 ± 1.3^{q} 17.1 ± 5.8^{s} 25.7 ± 10.8^{v}
Data are presented as mean \pm SD z univariate ANOVA with adjustmenn "lyPPA 0.5 > LOAD 1: P < 0.01 bControls > All (except PCA 0.5): P "lyPPA 0.5 > EOAD 0.5/1, PCA 1 and MCOntrols > All: P < 0.001. "elvPPA 1 > PCA 1 and LOAD 1: P < dControls > MPPA 0.5/1, PCA 0.5 and f'Controls > lyPPA 0.5/1, PCA 0.5 and f'Controls > lyPPA 0.5/1, PCA 1 and slyPPA 0.5/1 < All: P < 0.001. hlyPPA 0.5/1 < All: P < 0.001. hlyPPA 0.5, LOAD 0.5 and Controls iPCA 1 < All: P < 0.001. hlyPPA 0.5, LOAD 0.5; P < 0.002. hlyPPA 0.5, LOAD 0.5; P < 0.001. hlyPPA 0.5, LOAD 0.5; P < 0.001. hlyPPA 0.5 = EOAD 0.5; P < 0.001. hlyPPA 0.5 = All: (except LOAD 1): 1 PCA 1 < All: P < 0.001. hPCA 1 < All (except LOAD 0.5): 1 rVPPA 1 > lwPPA 0.5 and LOAD 0.5): 1 rVPPA 1 > lwPPA 0.5 an	nund maximum (ts for age, sex < 0.001. nd LOAD 1: P. 0.05. nd LOAD 0.5: 1 1 LOAD 0.5/1: i > EOAD 0.5/1: i > P < 0.05. P < 0.001; ^q LO/ nd Controls): P P < 0.01; ^q LO/ nd CON1; lvPF d PCA 1): P < 0. P < 0.05. P < 0.05. P < 0.05.	attainable neu and education P < 0.05. P < 0.01. P < 0.05. 1 and PCA 0.5 MD 1 > PCA 0.5 AD 1 > PCA 0.5 AD 1 > PCA 0.5 O.05.	ropsychologica and post hoc E 1: P < 0.01.	l test scores are 3onferroni tests. 5/1: $P < 0.05$.	e presented in	parentheses. D	fferences betw	een groups we	sre assessed using

	Early-onset dis	Alzheimer's ease	Logopenic va progressiv	riant primary 'e aphasia	Posterior co	rtical atrophy	Late-onset / dise	Alzheimer's ase	Controls
VUMC CDR	0.5	1	0.5	1	0.5	1	0.5	1	0
Memory RAVLT—delayed recall (15) Visual association test A (12)	3.2 ± 2.5 9.1 ± 3.1	1.9 ± 2.7 5.5 ± 2.7	4.4 ± 3.7 10.1 ± 2.4	3.2 ± 2.9 8.2 ± 2.9	2.6 ± 2.5 6.7 ± 3.7	2.2 ± 2.7 7.3 ± 3.1	2.1 ± 3.1 8.9 ± 4.2	0.6 ± 0.8^{a} 6.4 ± 2.4^{d}	$8.1 \pm 2.5^{\rm b}$ 11.9 ± 0.4 ^e
Language VAT naming (12) Animal fluency (1 min) Vieneency (1 min)	11.9 ± 0.4 16.8 ± 4.5	11.6 ± 1.0 12.5 ± 5.4	10.6 ± 1.9 12.8 ± 5.5	$\begin{array}{c} 9.4\pm2.3^{\rm f}\\ 9.3\pm4.2^{\rm h} \end{array}$	11.6 ± 0.8 13.9 ± 3.0	10.7 ± 2.2^8 12.7 ± 5.4	$12.0\pm0\\16.6\pm6.8$	11.2 ± 0.6 12.9 ± 4.8	$\begin{array}{c} 12 \pm 0\\ 21.8 \pm 6.1 \end{array}$
Rey complex figure copy (36)	30.8 ± 5.8	30.8 ± 4.0	33.2 ± 4.0	27.7 ± 2.5	$23.7 \pm 7.1^{\mathrm{i}}$	$22.3 \pm 6.7^{\mathrm{i}}$	33.2 ± 2.6	33.2 ± 2.6	34.3 ± 2.6
Attention TMT-A (360 s) Digit span forward (21) Eventive function	53.4 ± 22.6 12.1 ± 2.6	$92.3 \pm 68.5^{\circ}$ 10.3 ± 2.3	62.6 ± 31.3 9.3 ± 2.1^{1}	$90.5 \pm 36.0^{\rm j}$ $9.1 \pm 2.4^{\rm l}$	69.0 ± 25.3 11.5 ± 3.5	129.0 ± 77.5^{k} 11.3 ± 3.0	65.4 ± 48.0 13.2 ± 3.2	66.0 ± 37.3 11.1 ± 3.5	40.3 ± 15.6 12.9 ± 3.1
TMT-B (500 s) Digit span backward (21)	130.7 ± 74.7 7.3 ± 2.9	231.2 ± 127.8 6.2 ± 1.9	188.2 ± 116.9 6.7 ± 2.2	265.4 ± 95.6 5.5 ± 1.4	231.6 ± 135.4 6.3 ± 2.6	$\begin{array}{c} 296.2 \pm 171.2^m \\ 5.8 \pm 2.4 \end{array}$	157.5 ± 86.4 8.9 ± 3.1	202.8 ± 79.9 7.0 ± 3.2	75.6 ± 23.8^{n} 9.4 ± 2.9^{o}
Data are presented as mean \pm SI univariate ANOVA with adjustrr ^a LOAD 1 < All (except EOAD 1 i ^b Controls> All: P<0.001. ^c EOAD 1 < EOAD 0.5, lvPPA 0.5 ^d LOAD 1 < EOAD 0.5 and lvPPA 0.5 ^d LOAD 1 < EOAD 0.5 J, PCA 0.5 ^d rvPPA 1 < EOAD 0.5/1, PCA 0.5 ^f vPPA 1 < EOAD 0.5 and LOAD ⁱ PCA 0.5/1 < All (except for lvPP ⁱ PCA 1 > EOAD 0.5, lvPPA 0.5, l ⁱ PCA 1 > EOAD 0.5, lvPPA 0.5, l ⁱ VPPA 0.5/1 < LOAD 0.5 and Co ^m PCA 1 > EOAD 0.5 ill (except for EOAD ^o Controls > All (except for EOAD ^o Controls > All (except for EOAD	D and maximur tents for age, se and PCA 1): $P <$ and LOAD 0.5: and LVPA): P 5 and lvPPA): P 5 and LOAD 0.5: and LOAD 0.5: 2 A 1): $P < 0.01$. 2 A 1): $P < 0.05$. 2 CA 0.5 and LOAD ontrols: $P < 0.05$. 0 0.5 and LOAD 0 0.5 and LOAD 0 0.5 and LOAD	n attainable neu x and education (0.05) P < 0.05 (0.05) P < 0.05 AD $0.5/1$; $P < 0.05$ (0.5); $P < 0.05(0.5)$; $P < 0.05$	uropsychological and post hoc B .05.	test scores are onferroni tests.	presented in p	urentheses. Differe	ances between	groups were a	ssessed using

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Figure 2.

Atrophy maps of Alzheimer's disease variants compared with controls. Regional differences between healthy controls and EOAD (A), IvPPA (B), PCA (C) and LOAD (D) patients at CDR 0.5 and I. Voxelwise contrasts were adjusted for age, sex, total intracranial volume, MRI field strength and center, and thresholded at P < 0.05 with family-wise error correction. Results are superimposed on the SPM8 new single-subject template (left) and the study-specific DARTEL template (right).

comparable MTL involvement but frontal atrophy was less pronounced (data not shown).

Structural Changes in Functional Networks

To explore the hypothesis that neurodegeneration spreads through interconnected networks, we calculated mean *W*-scores of brain atrophy within eight predefined functional network regions-of-interest, based on template connectivity maps [Shirer et al., 2012], across variants and quartiles (Fig. 5). In Q1, most differences in *W*-scores found across AD variants involved syndrome-specific off-DMN networks: lvPPA patients had lower *W*-scores in the left language network than EOAD, LOAD and PCA patients (P < 0.01) and in the left executive control net-

work compared with LOAD (P < 0.01), PCA patients were more affected in the higher visual network and ventral DMN compared with LOAD and lvPPA patients (P < 0.05), and LOAD patients showed lower W-scores in the anterior DMN compared with PCA patients (P < 0.05). Wscores in the posterior DMN did not differ across EOAD, lvPPA and PCA patients in Q1, though this network was relatively preserved in the LOAD group (P < 0.05). Compared with Q1, W-scores were reduced in the majority of networks in Q4 and there were no longer significant group differences in the syndrome-specific off-DMN networks or in the posterior DMN, demonstrating convergence across AD variants. The only difference at this stage was that the anterior DMN was more affected in LOAD compared with all other groups (P < 0.001). The sensorimotor network, which is typically spared in AD variants and thus served as a control network, did not differ across groups in any of the quartiles. Table V shows the significance of differences in mean W-scores across functional networks in Q1 for each AD variant. Supporting Information Table I indicates changes in W-scores within networks as a function of advancing quartiles for each AD variant.

DISCUSSION

In the present cross-sectional voxel-based morphometry study we investigated the origin and spread of brain atrophy in four distinct early-stage AD variants. In the earliest clinical stages, we found both shared vulnerability in posterior DMN regions across patients and marked syndrome-specific atrophy patterns in off-DMN networks that anatomically overlapped with brain networks responsible for critical cognitive functions uniquely affected in each AD variant (language network in lvPPA, PCChippocampal circuit in amnestic-predominant EOAD and LOAD, and visual network in PCA). Whole-brain analyses as well as atrophy measurements within distinct functional networks suggested that, with increasing disease severity, atrophy spreads through both posterior DMN and peripheral networks. This supports a network-based model of neurodegeneration in which vulnerable brain regions are selectively targeted through both syndrome-specific and common networks across AD variants.

Start and Spread of Brain Atrophy Across AD Variants

Imaging studies have shown that clinical variants of AD are characterized by both common (posterior DMN) and syndrome-specific ("off-DMN") patterns of brain atrophy and functional network disruptions [Adriaanse et al., 2014; Frisoni et al., 2007; Lehmann et al., 2013a,b; Madhavan et al., 2013; Ridgway et al., 2012; Teichmann et al., 2013]. It is unknown, however, whether these clinical phenotypes arise from initial structural alterations in posterior DMN or in off-DMN regions, and how the disease spreads with • Ossenkoppele et al. •





The intersection of distinct Alzheimer's disease phenotypes. Binarized maps of significant voxelwise differences between Alzheimer's disease variants and healthy controls (at P < 0.05 family-wise error corrected) are overlaid on the MRIcron ch2better template for EOAD (red), IvPPA (blue), PCA (green),

advancing severity. Based on the disparate clinical symptoms in each variant, we hypothesized that brain atrophy would (1) start in syndrome-specific off-DMN regions in the earliest clinical stage, and (2) converge in posterior DMN regions across AD variants as the disease progresses.

Contrary to our first hypothesis, both posterior DMN and syndrome-specific off-DMN regions were affected in the earliest clinically detectable disease stage across AD variants. This may suggest a multifocal onset of disease that targets posterior DMN and peripheral networks simultaneously. Alternatively, the neurodegenerative process may already be too advanced in a clinical population to investigate the sites of earliest atrophy, even at the prodromal stage, and requires subjects in preclinical stages of AD. For example, [Chan et al., 2015] described a cognitively normal research volunteer who developed a PCA syndrome and showed isolated atrophy in the visual association cortex at baseline. This and the present finding of greater extent of atrophy in language and visual areas in PCA and lvPPA compared with posterior DMN regions hints towards earlier involvement of syndrome-specific off-DMN regions, but does not rule out initial posterior DMN onset or neurodegenerative processes occurring in parallel.

In line with our second hypothesis, patterns of brain atrophy converged across wide regions of the temporopar-

and LOAD (yellow) for both CDR 0.5 and I (A). (B) Represents a coronal view that displays the overlap between AD variants (blue = only I AD variant, green = 2 AD variants, yellow = 3 AD variants and 4 = all AD variants), most prominent in the medial temporal lobe.

ietal cortex, including both posterior DMN and off-DMN regions. Despite significant overlap, there were also uniquely atrophied regions in later stages of the disease that showed strong anatomical correspondence with functional networks closely matching the clinical phenotypes of each AD variant [Lehmann et al., 2012; Rohrer et al., 2013]. This suggests that spread of neurodegeneration follows differential trajectories for each AD variant, and that the functional architecture of the brain, rather than just spatial proximity, is a key determinant for future atrophy [Raj et al., 2012; Seeley et al., 2009; Zhou et al., 2012]. One possibility is that brain atrophy starts in off-DMN regions and progresses to neighboring networks, rapidly involving the posterior DMN due to its centrality and long-distance connections [van den Heuvel et al., 2012]. Alternatively, the posterior DMN may serve as a portal for spread of neurodegeneration into highly interconnected regions, thus spreading into posterior functional networks subserving language functions and visual integration.

Posterior DMN as the Common Denominator

The common denominator across AD variants involved reduced gray matter density in wide regions of the posterior DMN, supporting the central role of the DMN in AD [Buckner et al., 2005]. Due to its prominent role in a broad • Origin and Spread of Atrophy in AD Variants •



Figure 4.

Mean W-score maps across quartiles for distinct Alzheimer's disease variants. Mean W-score maps show changes of atrophy patterns with increasing quartiles for each of the Alzheimer's disease variants. W-score maps are superimposed on the study-specific template obtained with VBM. Q = quartile (I = lowest extent of whole-brain atrophy, 4 = highest).

spectrum of brain diseases [Zhang and Raichle, 2010] and relative insusceptibility to lesions in key nodes [Cavanna and Trimble, 2006; Leech and Sharp, 2014], there is no

clear consensus about functional consequences of DMN disruptions. Several studies have proposed to fractionate the DMN into distinct subcomponents (i.e. anterior versus



Figure 5.

Mean W-score atrophy values within distinct intrinsic connectivity networks. The y-axis represents mean W-scores for brain atrophy extracted within eight functional connectivity network maps for each quartile in EOAD (A), lvPPA (B), PCA (C), and LOAD (D) patients. Statistical comparisons between networks in quartile I and within networks across quartiles are shown in Table III and Supporting Information Table I.

		cach quai th		
	EOAD (n = 50) (%)	LOAD (n = 50) (%)	PCA (n = 31) (%)	lvPPA (n = 41) (%)
Quartile 1	53	52	38	61
Quartile 2	34	34	30	53
Quartile 3 Quartile 4	46 39	39 50	26 35	58 50

TABLE IV. Proportions of clinical dementia rating 0.5 in

each quartile

Percentages represent the proportion of patients with clinical dementia rating 0.5 within each quartile for all Alzheimer's disease variants.

EOAD = early-onset Alzheimer's disease; LOAD = late-onset Alzheimer's disease; PCA = Posterior cortical atrophy; lvPPA = logopenic variant primary progressive aphasia.

posterior or ventral versus dorsal) that potentially better reflect clinical function [Andrews-Hanna et al., 2010; Damoiseaux et al., 2012; Leech et al., 2011]. It is conceivable, however, that clinico-anatomical correlates are even more fine-grained and depend on specific brain structures within subcomponents of the overarching DMN [Nelson et al., 2010]. For example, [Margulies et al., 2009] showed that four small seed regions within the precuneus of both human and monkey brains yielded distinct functional networks (sensorimotor, limbic, cognitive, and visual), suggesting that highly proximate regions within the DMN may engage in different cognitive processes. Remarkably, the precuneus seed that evoked a visual network in Margulies et al. [2009] shows striking overlap with the precuneus cluster that was uniquely atrophied in PCA patients (Fig. 3), while the cognitive and limbic networks show resemblance with the atrophy patterns observed in EOAD and LOAD patients. The diversity of function within small DMN regions may suggest that the role of the DMN is to integrate input from diverse cognitive networks, with different portals subserving each network. Selective vulnerability of DMN subcomponents may thus partially account for clinico-anatomical heterogeneity in AD.

Neuropsychological Features and Atrophy Patterns

In general, the distinct variants of AD largely showed cerebral atrophy and neuropsychological deficits in the expected brain regions and cognitive domains, respectively. Early syndrome-specific atrophy patterns mirrored functional brain networks underlying neuropsychological functions that are uniquely affected in each variant, i.e. language for lvPPA, memory for EOAD and LOAD, and visuospatial function for PCA. The convergence in tempor-oparietal brain regions (involved in a variety of cognitive functions) at CDR 1 corresponded to greater overlap of neuropsychological deficits across AD variants, i.e. relatively greater memory impairment in PCA and lvPPA and decline in non-memory functions in EOAD and to a lesser

extent LOAD. Figure 5 illustrates the increased overlap of atrophy within functional networks across all AD variants, which showed a resemblance with neuropsychological decline with advancing disease. For example, in line with the decline in language scores (Tables II and III) and the commonly observed signs of anomia or aphasia as dementia progresses, the left language network was among the most affected networks in all AD variants in later disease stages (Fig. 5).

Clinical Application

Autopsy and biomarker studies have indicated that the clinical diagnosis, even in the hands of experts, shows only moderate accuracy for predicting the histopathological cause of AD [Beach et al., 2012; Ossenkoppele et al., 2013a]. Possibly due to the young age and atypical presentation, diagnostic accuracy is particularly low in earlyonset and nonamnestic variants of AD [Alladi et al., 2007; Beach et al., 2012], and the diagnosis is often delayed or entirely missed during life [Crutch et al., 2012; van Vliet et al., 2011]. Recent National Institute on Aging-Alzheimer's Association [McKhann et al., 2011] and International Working Group [Dubois et al., 2014] diagnostic criteria for AD included lvPPA and PCA syndromes, and encourage use of biomarkers to facilitate the diagnostic process. The shared selective vulnerability of posterior DMN regions highlights the potential of posterior DMN atrophy as an MRI marker to support the early clinical diagnosis of nonamnestic AD, as it appeared sensitive to early neurodegeneration in lvPPA, PCA and EOAD. More traditional measures such as hippocampal volumes may lack sensitivity in early stages of non-amnestic AD variants, but show good performance in LOAD with prominent MTL atrophy.

The W-Score Method Versus the CDR Approach

The CDR relies heavily on memory function and may not be an ideal marker of disease severity in non-amnestic AD patients. In the current study, we present an alternative staging method that uses the extent of whole-brain atrophy as a measure of disease severity. The rationale of the CDR and neuroimaging approaches was to utilize cross-sectional data to infer where brain atrophy starts and how it may spread as the disease progresses. Tables II and III indicates that there was only partial agreement between the CDR and W-score method, as substantial proportions of patients with CDR 1 were found in the lowest quartiles for whole-brain atrophy and patients with a CDR of 0.5 showed top 25% brain atrophy. This discrepancy between neurodegeneration and disease severity may be mediated by cognitive reserve factors, comorbid conditions like vascular disease or depression, or more focal atrophy in highly strategic brain regions. Alternatively, this discrepancy may represent misclassification of disease severity by

	Language	Visual	vDMN	pdDMN	adDMN	LECN	RECN	SM
A. EOAD								
Left language								
Higher visual	ns							
Ventral DMN	ns	ns						
Posterior dorsal DMN	ns	ns	0.003					
Anterior dorsal DMN	< 0.001	0.002	0.001	< 0.001				
Left executive-control	ns	ns	ns	ns	< 0.001			
Right executive-control	0.003	0.018	0.012	0.001	ns	< 0.001		
Sensori-motor	0.015	0.028	0.025	0.001	ns	0.001	ns	
B. lvPPA								
Left language								
Higher visual	0.003							
Ventral DMN	< 0.001	ns						
Posterior dorsal DMN	< 0.001	ns	0.002					
Anterior dorsal DMN	0.001	ns	ns	0.049				
Left executive-control	ns	0.041	< 0.001	0.011	0.007			
Right executive-control	< 0.001	ns	ns	0.001	ns	< 0.001		
Sensori-motor	0.001	ns	ns	ns	ns	0.008	ns	
C. PCA								
Left language								
Higher visual	0.031							
Ventral DMN	ns	ns						
Posterior dorsal DMN	0.002	ns	0.012					
Anterior dorsal DMN	< 0.001	< 0.001	< 0.001	< 0.001				
Left executive-control	ns	ns	ns	0.005	0.001			
Right executive-control	ns	0.006	0.004	< 0.001	0.001	ns		
Sensori-motor	ns	0.003	0.006	0.001	0.029	0.043	ns	
D. LOAD								
Left language								
Higher visual	ns							
Ventral DMN	0.018	ns						
Posterior dorsal DMN	ns	ns	0.020					
Anterior dorsal DMN	ns	ns	0.008	ns				
Left executive-control	0.011	0.018	< 0.001	0.003	ns			
Right executive-control	ns	ns	ns	ns	ns	0.003		
Sensori-motor	ns	ns	ns	ns	ns	ns	ns	

TABLE V. Differences in atrophy W-scores between intrinsic connectivity networks in quartile I

P values for comparisons of mean W-scores between intrinsic connectivity networks in EOAD (A), lvPPA (B), PCA (C), and LOAD (D) patients in quartile 1 (see Fig. 5). Quartile 1 represents 25% of patients with the lowest number of suprathreshold voxels throughout the brain within each AD variant. P values resulted from independent samples t-tests.

DMN = default mode network; v = ventral; pd = posterior dorsal; ad = anterior dorsal; LECN = left executive-control network; RECN = right executive-control network; ns = nonsignificant.

the CDR given the bias to more heavily weigh memoryrelated symptoms. Contrary to most previous studies which showed a right hemisphere predilection in PCA [Crutch et al., 2012; Migliaccio et al., 2009], visual inspection shows a slight preponderance of left hemisphere brain atrophy in PCA patients (Fig. 2C) using the CDR approach, which was less visible using the *W*-score method (Fig. 4D). Conversely, prefrontal cortex atrophy in LOAD was more prominent using the *W*-score (Fig. 4B) than the CDR approach (Fig. 2D). It is beyond the scope of this study to perform head-to-head statistical comparisons between the two methods but despite the differences, both approaches yielded largely congruent results indicating a certain robustness and reliability.

Strengths and Limitations

A strength of this study is the large sample of AD variants that uniquely cover the earliest clinically detectable stages. A limitation is that, due to low prevalence of some AD variants and scarcity of longitudinal data, we attempted to make inferences about disease progression based on cross-sectional data. Our findings are in line, however, with small longitudinal series [Lehmann et al., 2012; Rohrer et al., 2013] but need to be confirmed in larger longitudinal studies. Second, data were acquired on different MRI scanners with different field strengths. We have optimized data quality by thorough visual inspection after each step in the pre-processing pipeline. Additionally, a homogeneity test implemented in the SPM software was used to detect potential outliers, and all analyses were performed using an extensive set of covariates including MRI field strength. Also, a stringent statistical threshold was applied to the data (P < 0.05 family wise error corrected) to minimize false positive findings. Third, while underlying AD pathology was confirmed by autopsy or supported by biomarkers in 68% of patients, the possibility that some of the subjects may harbor non-AD pathologies that are driving the atrophy patterns cannot be excluded. Finally, the control group was matched with the early-onset AD variants thus age (though included as a covariate) may have influenced comparisons against significantly older LOAD patients. We therefore additionally included an older control group and voxelwise contrasts indicated that atrophy patterns were independent of the control group, except for brain atrophy in the frontal cortex when applying the W-score method. This finding should thus to be interpreted with caution.

Future Directions

Future studies should focus on *why* (in addition to *how*) heterogeneity occurs in AD, evaluating for potential genetic modifiers, environmental exposures and developmental vulnerabilities that drive neurodegeneration into specific brain regions. For example, individuals with developmental language disabilities such as dyslexia are overrepresented in lvPPA populations [Miller et al., 2013; Rogalski et al., 2008], while Apolipoprotein E e4-carriers are more prone to exhibit an amnestic-predominant phenotype of AD [Lehmann et al., 2014; Ossenkoppele et al., 2013b; van der Flier et al., 2011]. Also, the introduction of novel tau PET tracers [Chien et al., 2013; Maruyama et al., 2013; Okamura et al., 2014] will allow in vivo investigation of the regional distribution of tangle pathology across AD variants, and of its relationships with AB, hypometabolism, brain atrophy and cognition in each clinical phenotype. Preliminary findings suggest that neurodegeneration and symptomatology better correspond to the regional distribution of tau than that of Aβ pathology [Ossenkoppele et al., 2015], but further investigation is warranted.

CONCLUSION

In the earliest clinically detectable stages of four distinct AD variants, we found both shared vulnerability in posterior DMN regions across patients and marked syndromespecific atrophy patterns in off-DMN networks that anatomically overlapped with brain networks responsible for critical cognitive functions uniquely affected in each AD variant (language network in lvPPA, PCC-hippocampal circuit in amnestic-predominant EOAD and LOAD, and visual network in PCA). This supports a network-based model of neurodegeneration in which vulnerable brain regions are selectively targeted through both syndromespecific and common networks across AD variants.

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