

Hepatic FOXO1 Target Genes Are Co-regulated by Thyroid Hormone via RICTOR Protein Deacetylation and MTORC2-AKT Protein Inhibition*

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Background: Thyroid hormone (TH) and FOXO1 share similar transcriptional networks. However, TH regulation of FOXO1 activity is not well understood.

Results: TH decreased RICTOR acetylation and MTORC2/AKT activity by SIRT1 activation and reduced FOXO1 phosphorylation.

Conclusion: TH co-regulated transcription of FOXO1 target genes via RICTOR deacetylation.

Significance: Downstream metabolic effects by TH can post-translationally activate other transcription factors.

MTORC2-AKT is a key regulator of carbohydrate metabolism and insulin signaling due to its effects on FOXO1 phosphorylation. Interestingly, both FOXO1 and thyroid hormone (TH) have similar effects on carbohydrate and energy metabolism as well as overlapping transcriptional regulation of many target genes. Currently, little is known about the regulation of MTORC2-AKT or FOXO1 by TH. Accordingly, we performed hepatic transcriptome profiling in mice after FOXO1 knock-down in the absence or presence of TH, and we compared these results with hepatic FOXO1 and THR1 (TRβ1) ChIP-Seq data. We identified a subset of TH-stimulated FOXO1 target genes that required co-regulation by FOXO1 and TH. TH activation of FOXO1 was directly linked to an increase in SIRT1-MTORC2 interaction and RICTOR deacetylation. This, in turn, led to decreased AKT and FOXO1 phosphorylation. Moreover, TH increased FOXO1 nuclear localization, DNA binding, and target gene transcription by reducing AKT-dependent FOXO1 phosphorylation in a THR1-dependent manner. These events were associated with TH-mediated oxidative phosphorylation and NAD⁺ production and suggested that downstream metabolic effects by TH can post-translationally activate other transcrip-

tion factors. Our results showed that RICTOR/MTORC2-AKT can integrate convergent hormonal and metabolic signals to provide coordinated and sensitive regulation of hepatic FOXO1-target gene expression.

FOXO1 has been identified to be an important downstream target of the insulin/IGF-1/PI3K signaling pathway that modulates various metabolic pathways, including carbohydrate and insulin signaling (1–5). FOXO transcription factors have wide, but variable, expression in tissues throughout the body. In particular, FOXO1 is highly expressed in insulin-responsive tissues such as adipose tissue, muscle, and liver (5, 6). Furthermore, FOXO1 is localized in different subcellular compartments and is sequestered in the cytoplasm in its inactive state. Its nuclear localization and transcriptional activity are regulated by a complex set of post-translational modifications involving dephosphorylation and deacetylation that are controlled by AKT/PKB and SIRT1 activities, respectively (5, 7), whereas mechanistic target of rapamycin complex 2 (MTORC2) regulates the action of insulin on AKT through RICTOR (8). FOXOs also can associate with a variety of unrelated transcription factors/co-regulators (such as HNF4A, CEBP, ESR1, and ESRRA, etc.) to regulate transcription of its target genes (9). Thus, the particular complement of transcription factors expressed in a particular cell type may potentially influence FOXO1 activity. Moreover, FOXO1-mediated transcription can be regulated by other signaling pathways and/or transcription factors. Although the regulation of FOXO1 phosphorylation by insulin during normal carbohydrate metabolism and diabetes is well characterized (1, 5); currently, little is known about FOXO1 regulation by nuclear hormones.

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Thyroid hormones (THs,² active form- T_3 , and prohormone- T_4) are master regulators of energy metabolism in vertebrates (10–12). TH controls carbohydrate metabolism, energy expenditure, and body lipid content (13, 14). Excess TH leads to a hypermetabolic state that is characterized by increased resting energy expenditure, weight loss, lipolysis, gluconeogenesis, decreased cholesterol, and hepatic insulin resistance. Additionally, thyroid dysfunction results in altered intrahepatic as well as systemic lipid and carbohydrate metabolism of nutrients (11). The actions of TH are mainly mediated through TH receptors (THRs) that belong to the nuclear receptor superfamily (15). THRs are intracellular DNA-binding proteins that function as hormone-responsive transcription factors by binding to thyroid hormone-response elements (TREs) located in the promoter regions of target genes (15). Hormone-bound THRs then activate transcription through recruitment of co-activators and RNA polymerase II. There are two major isoforms of THR, THRA1 (TR α 1) and THRB1, that are differentially expressed. Although THRA1 and THRB1 are ubiquitously expressed, *THRA1* mRNA is predominantly found in the cardiac and skeletal muscles, whereas *THRB1* mRNA is more highly expressed in brain, kidney, and liver (16, 17). TH directly, and via other co-regulators such as PPARGC1A and FOXO1, increases the transcription of genes involved in various metabolic pathways such as gluconeogenesis, β -oxidation, and fatty acid synthesis (11).

Although the physiological effects of TH on metabolism have been known for decades, mechanistic studies on the molecular mechanisms of TH-mediated metabolism have been limited (11, 12, 18). In this connection, it is interesting to note that FOXO1 and TH both regulate several of the same key genes involved in gluconeogenesis (19, 20). Currently, little is known about how TH interacts with other cell signaling pathways to activate transcription factors such as FOXO1. This issue is particularly germane because TH regulates the transcription of a large number of genes; however, only a subset of these genes have *bona fide* TREs suggesting that these genes may be co-regulated by other transcription factors that are modulated by TH (21–24). Therefore, we hypothesized that TH and FOXO1 worked in concert or TH activated FOXO1 to direct its action on metabolic target genes.

Here, we show that TH regulates transcription of a subset of hepatic FOXO1 target genes by SIRT1-MTORC2-AKT signaling to activate the FOXO1 transcription factor. Our findings demonstrate a novel transcriptional pathway mediated by TH to integrate cell metabolic status with the regulation of FOXO1 transcription factor activity.

Experimental Procedures

Reagents—Triiodothyronine (T_3), LY-294002 hydrochloride, Ex527 (6-chloro-2,3,4,9-tetrahydro-1*H*-carbazole-1-carboxamide), insulin, fetal bovine serum, and DAPI were purchased

from Sigma. Phenol red-free cell culture media were purchased from Invitrogen. FLAG[®] immunoprecipitation kit (FLAGIPT1) was from Sigma. For Western blotting, antibodies recognizing p-AKT (4060), AKT (4691), p-FOXO1 (9261), FOXO1 (2880), RICTOR (2114), MTOR (2983), and GAPDH (5174) were purchased from Cell Signaling Technologies, and antibodies recognizing THRB1 (sc-737x and 738x), histone H3 (sc-8654), β -actin (sc-8432), as well as HRP-conjugated secondary antibodies recognizing mouse (sc-2954) and rabbit (sc-2955) IgG were from Santa Cruz Biotechnology. Antibody recognizing SIRT1 (6137-100) was from BioVision. For immunofluorescence and immunoprecipitation, antibodies recognizing FOXO1 (sc-11350 X) were from Santa Cruz Biotechnology, and for immunoprecipitation, IgG (I5006), and acetyl-lysine (ab21623) were from Abcam.

Cell Culture and Maintenance—In this study we used HepG2 cells, a well characterized cell line derived from a human hepatocellular carcinoma that retains many liver-specific functions. HepG2 cells display a detectable response to thyroid hormone confirming that the necessary auxiliary machinery exists in these cells (21). We used isogenic HepG2 cell lines that ectopically express *THRB1* (*THRB1*-HepG2 cells) or empty expression plasmid that contains no receptor (NR-HepG2 cells) (a kind gift from Prof. Martin L. Privalsky, University of California at Davis). These HepG2 cells were previously characterized and used to study TH action on its target genes (19, 21, 25). Stable ectopic expression of *THRB1* in HepG2 cells resulted in enhanced T_3 response on gene activation when compared with empty (no receptor; NR) expression plasmids (21). All HepG2 cell lines were cultured and maintained as described earlier (19). For T_3 treatments, all cells were grown for at least 3 days in DMEM containing 10% Dowex-stripped FBS and $1 \times$ penicillin/streptomycin (normal T_3 -depleted DMEM) before adding T_3 (100 nM; unless mentioned otherwise) with or without other compounds (LY292004, 5 μ M) at indicated durations in the respective figures. Primary mouse hepatocytes were isolated from male C57BL/6 mice (8–10 weeks old) using standard two-step collagenase perfusion method, as mentioned previously (26), and cultured in normal T_3 -depleted DMEM as mentioned above.

Animals—Male C57BL/6 mice (6–8 weeks old) were purchased and housed in hanging polycarbonate cages under a 12-h light/12-h dark cycle at 23 °C with food and water available *ad libitum*. All cages contained shelters and nesting material. Hyperthyroidism was induced and confirmed as described earlier (19). During the course of treatment, animals were monitored daily for their general health and weight. The *THRB* null (*Thrb*^{-/-}) mice, which lack both *THRB1* and *THRB2* isoforms, were in a C57BL/6:129sv mixed background (27). *Thrb*^{-/-} mice and wild type (*Thrb*^{+/+}) mice of the same strain were treated with TH (a mix of T_3 = 6.5 μ g per mouse and thyroxine = 7.8 μ g per mouse) for 5 days (28). Liver-specific *Thrb*^{-/-} mouse liver samples were generated as described elsewhere (29, 30) and used in co-immunoprecipitation experiments.

All mice were maintained according to the Guide for the Care and Use of Laboratory Animals (National Institutes of Health publication 1.0.0; revised 2011), and experiments were approved by the IACUCs at the University of Pennsylvania, the

² The abbreviations used are: TH, thyroid hormone; T_3 , triiodothyronine; EuTH, euthyroid; hyper-TH, hyperthyroid; THR, thyroid hormone receptor; TRE, thyroid hormone response element; qPCR, quantitative PCR; IP, immunoprecipitation; WB, Western blot; OCR, oxygen consumption rate; NR, no receptor; FDR, false discovery rate; FCCP, carbonyl cyanide 4-(trifluoromethoxy)phenylhydrazone.

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Immunofluorescence Staining and Confocal Imaging—Prior to treatment, cells were seeded on chambered slides. Following treatment, cells were washed in PBS, fixed for 15 min in 4% formaldehyde, washed, and blocked in PBST containing 1% normal goat serum for 1 h. Cells were then incubated with FOXO1 antibody overnight at 4 °C, washed three times with PBS, and then incubated for 2 h at room temperature with Alexa Fluor® 594 secondary antibody (Molecular Probes, Invitrogen). Cells were washed once and then treated with DAPI at 1:3000 dilution in PBS for 15 min. Coverslips were mounted using Vectashield mounting media (Invitrogen) and visualized and captured using an LSM710 Carl Zeiss confocal microscope. After acquisition, pseudo colors were given to the pictures to get better overlay visualization in ZEN 2012 SP1 (black edition) (Carl Zeiss) software.

Genetic Knockdown in Vivo and in Vitro Using siRNA—SiStable *in vivo* siRNA for mouse FOXO1 (GAGCGUGCCCCUACU-CAAGUU) or siGenome non-targeting siRNA (Dharmacon; Thermo Scientific) was used to knock down FOXO1 preferentially in the liver as described earlier (11). Stealth siRNA duplex oligoribonucleotides (a set of three siRNAs) targeting *FOXO1*, *SIRT1*, and *RICTOR* were procured from Invitrogen (Life Technologies, Inc.) and used per the manufacturer's instructions. Transfections were carried out in HepG2 cells in a 6-well plate using 10 nM of the above indicated siRNAs and negative control siRNA with Lipofectamine RNAiMAX (Invitrogen, Life Technologies, Inc.) following the reverse transfection protocol as provided by the manufacturer. For immunoprecipitation analysis in siRNA knockdown conditions, HepG2 cells expressing *THRB1* were transfected in 100-mm culture dishes, using Lipofectamine RNAiMAX with the above-mentioned siRNAs according to the manufacturer's protocol. After 48 h of transfection, cells were subjected to T₃ (100 nM) treatment in normal T₃-depleted medium. After 24 h of treatment, total RNA or protein was isolated for further analysis.

Gene Overexpression Studies in Vitro—To overexpress FOXO1, SIRT1, RICTOR, and myrAKT in HepG2 cells expressing *THRB1*, we used FLAG-FKHR, FLAG-FKHR AAA (gift from Kunliang Guan, Addgene plasmids 13507 and 13508), FLAG-SIRT1 (gift from Michael Greenberg; Addgene plasmid 1791), myc-RICTOR corrected (gift from David Sabatini; Addgene plasmid 11367), and 1036 pcDNA3 Myr HA Akt1 (gift from William Sellers; Addgene plasmid 9008), respectively. All overexpression constructs were described previously (31–34) and purchased from Addgene (non-profit repository). Transfections were carried out in HepG2 cells in a 12-well plate using 1 µg of the above indicated plasmids or empty vector along with Lipofectamine 3000 (Invitrogen; Life Technologies, Inc.) following the reverse transfection protocol as provided by the manufacturer. After 48 h of transfection, cells were subjected to T₃ (100 nM) treatment in normal T₃-depleted medium as described above. After 24 h of treatment, total RNA or protein was isolated for further analysis. For co-immunoprecipitation of FLAG-SIRT1, transfection was done in 100-mm culture dishes using the above-mentioned protocol.

Pharmacological Inhibition of SIRT1 and AKT—Ex527 (intraperitoneal 0.8 mg/day/100 g body weight, for 3 days) was used to inhibit SIRT1 activity *in vivo* (35). After the first injection of Ex527, mice were injected subcutaneously with T₃ (10 µg/kg body weight/day for 2 days) along with Ex527. After 3 days, animals were euthanized, and the liver tissues were subjected to Western blot analysis. LY-294,002 hydrochloride was used (5 mM) for 24 h to inhibit AKT in *THRB1*-HepG2 cells with or without T₃ (100 nM).

Western Blotting—Cultured cells or 50 mg of liver tissues were lysed using CelLytic™ mammalian cell lysis/extraction reagent (C2978; Sigma). An aliquot was removed, and protein concentrations were measured using the BCA kit (Bio-Rad). Western blotting was performed using standard protocol. Laemmli sample buffer (1×; Bio-Rad) added to the protein samples was then heated to 100 °C for 5 min. These denatured samples were separated by SDS-PAGE and transferred immediately onto polyvinylidene difluoride membranes (Bio-Rad) using 1× Towbin buffer (25 mmol/liter Tris, pH 8.8, 192 mmol/liter glycine, 15% v/v methanol) using Trans-Blot® Turbo™ transfer system (Bio-Rad). Membranes were blocked in 5% milk and subsequently were incubated in 1% w/v bovine serum albumin in TBST (1× TBS with 0.1% Tween 20) with specific antibodies overnight at 4 °C. After overnight incubation in primary antibodies, membranes were washed three times in TBST and subsequently incubated with species-appropriate, peroxidase-conjugated secondary antibodies (Santa Cruz Biotechnology) for 1 h. Blots were washed three times with TBST and once with TBS without Tween and developed using an enhanced chemiluminescence system (GE Healthcare). Images were captured on the Gel-Doc system (Bio-Rad), and densitometry analysis was performed using ImageJ software (National Institutes of Health). Integrated density of phospho-modification of target proteins was normalized with its total protein levels, and the target protein was normalized with the indicated internal controls (β -actin or GAPDH); the mean was plotted in graphs.

Co-immunoprecipitation (Co-IP) Analysis—Immunoprecipitation was performed using the immunoprecipitation starter pack (GE Healthcare) as per the manufacturer's protocol. 100 nM trichostatin A was added in non-denaturing lysis buffer to inhibit histone deacetylase activity other than the SIRTs in lysate. Antibodies against IgG, and acetyl-lysine were used for pulldown assay. For co-immunoprecipitation, FLAG-SIRT1 was overexpressed in HepG2 cells expressing *THRB1*, and Co-IP was performed using FLAG® immunoprecipitation kit (FLAGIPT1, Sigma) as per the manufacturer's protocol. Western blot analysis was performed as described above. In acetyl-lysine pulldown assays, Western blot for IgG only was used for normalization.

RNA Isolation and RT-qPCR Analysis for Transcript Expression—Total RNA isolation and RT-qPCR were performed as described previously (19). *ACTB* expression was taken for normalization, and fold change was calculated using $2^{-\Delta\Delta Ct}$. SYBR Green-optimized primers from Sigma (KiCqStart™ SYBR® Green primer, KSPQ12012) were used for the target gene analysis unless mentioned otherwise.

Transcriptome Analysis, FOXO1-ChIP-Seq, and THRBI-ChIP-Seq Data Generation—Gene expression microarray profiling was performed using MouseWG-6 version 2.0 Expression BeadChip kit (Illumina) by hybridizing RNA from liver tissues of wild type (euthyroid), wild type + T₃ (hyperthyroid), and FOXO1 knockdown + T₃ (Foxo1 KD hyperthyroid) mouse ($n = 3$). cRNA generation, labeling, and hybridization were performed at Duke-NUS Genome Biology Facility, Duke-NUS Graduate Medical School, Singapore. Gene expression signals were quantile normalized, and differentially expressed genes were identified via analysis of variance, using treatment-specific contrasts (Partek Genomics Suite software, version 6.6). Statistical significance of differentially expressed genes was ascertained in terms of the false discovery rate (36). Complete dataset was submitted to the GEO repository (GSE68803). Principal components analysis based on gene expression demonstrated a clear separation between the three experimental groups and no outliers. Microarray-derived transcript expression was validated by RT-qPCR of top hit genes. A list of putative FOXO1 target genes was extracted from the FOXO1-ChIP-Seq data reported by Shin *et al.* (37) and compared with gene expression data from euthyroid, hyperthyroid, and FOXO1 knockdown + hyperthyroid groups of mice. Pathway enrichment analysis was conducted via the Gene Set Enrichment Analysis tool (38) using a list of KEGG pathways extracted from the Molecular Signatures Database (39) and a custom pathway constructed from the list of FOXO1 target genes (37). Pathways with greater than 260 genes or less than 10 genes were excluded from the analysis. All analyses were conducted using mouse gene symbols. Significance of pathway enrichment was ascertained by permutation testing of gene sets and calculation of the false discovery rate (FDR q value < 0.050). THRBI-ChIP-Seq data set was generated and used as described previously (37, 40).

Analysis of NAD⁺/NADH Ratio—NAD⁺/NADH cell-based assay kit (Cayman chemicals) was used to measure the NAD⁺/NADH ratio in cultured cells in a 96-well plate format according to the manufacturer's protocol.

Oxygen Consumption Rate (OCR) Measurement—To determine cellular oxygen consumption in HepG2 cells, the Seahorse Extracellular Flux Analyzer XF24 (Seahorse Bioscience, Billerica, MA), which measures the OCR, was used. To analyze mitochondrial ATP turnover, XF Cell Mito Stress test kit was used as per the manufacturer's protocol. In brief, prior to assay, T₃-depleted medium was removed and replaced by 500 μ l of assay medium at 37 °C in air with 5% CO₂. Oligomycin (1 μ M), which inhibits the F₀ proton channel of the F₀F₁-ATP synthase, was employed to determine the oligomycin-independent leak of the OCR. The mitochondrial uncoupler carbonyl cyanide 4-(trifluoromethoxy)phenylhydrazone (FCCP; 1 μ M) was added to determine the total respiratory capacity of the mitochondrial electron transport chain. Rotenone (1 μ M) and antimycin A (1 μ M) was added to block complex I and complex III of electron transport chain. The following mitochondrial functional parameters were calculated as follows: (i) basal O₂ consumption = baseline oxygen consumption reading per well, before compounds are injected; (ii) ATP turnover = baseline oxygen consumption reading per well (before compounds are

injected) subtracted from oxygen consumption reading per well after oligomycin injection; (iii) maximum respiratory capacity = oxygen consumption reading per well (after FCCP injection) subtracted from oxygen consumption reading per well after oligomycin injection. Computed data were plotted as bar graphs.

Statistical Analysis—Individual culture experiments were performed in duplicate or triplicate and repeated at least three times independently using matched controls; the data were pooled. Results were expressed as mean \pm S.D. for all *in vitro* experiments and expressed as mean \pm S.E. for all *in vivo* experiments. The statistical significance of differences ($p < 0.05$) was assessed by two-tailed Student's t test or analysis of variance.

Results

Thyroid Hormone (T₃)-regulated Expression of a Subset of FOXO1 Target Genes—TH and FOXO1 regulate overlapping genes, particularly those involved in glucose metabolism. To better understand the extent of this overlapping transcriptional regulation, and their potential cross-talk at the genomic level, we performed gene expression microarrays in livers from euthyroid, hyperthyroid, and Foxo1 siRNA knockdown hyperthyroid mice (Fig. 1A) to observe global changes in gene expression regulated by both T₃ and FOXO1. Additionally, we determined the identities and number of FOXO1 target genes containing FOXO1 binding in their promoters that also were regulated by T₃. Accordingly, we compared the microarray data set from Foxo1 knockdown mice (\pm T₃) with a Foxo1-ChIP-Seq genomic data set from hepatic chromatin as reported previously by Shin *et al.* (37). Based on their results, we created a group of 222 genes containing Foxo1 binding as a “custom Foxo1 ChIP-Seq gene pathway” and subjected it to gene-set enrichment analysis together with the standard set of KEGG pathways downloaded from MSigDB (Fig. 1B). The custom pathway was the third most enriched pathway based upon the normalized pathway enrichment scores (false discovery rate; FDR q value = 0.000) when hepatic gene expression from hyperthyroid mice was compared with hyperthyroid Foxo1 knockdown mice. These results show that Foxo1 knockdown affected target gene expression in hyperthyroid mice. This custom Foxo1 ChIP-Seq gene pathway also was significantly enriched (FDR q value = 0.045) when hepatic gene expressions from hyperthyroid mice were compared with euthyroid mice, suggesting that T₃ regulated the expression of genes containing Foxo1-binding sites.

Upon inspection, we found that a total of 75 genes within the custom Foxo1 ChIP-seq gene pathway were core-enriched (*i.e.* up-regulated) in hyperthyroid mice *versus* hyperthyroid Foxo1 knockdown mice (*green circle*, Fig. 1C), whereas 37 genes were core-enriched in hyperthyroid *versus* euthyroid mice (*red circle*). These latter genes were either directly or indirectly activated by T₃, and they contained one or more Foxo1-binding sites in their promoter region. When we compared the two data sets of 75 and 37 genes, we found 27 overlapping genes that were co-regulated by both Foxo1 and T₃ (based on their common occurrence in both data sets) (Fig. 1C). Upon examining the non-overlapping genes, 48 out of 75 genes (64.0%) in the Foxo1 knockdown hyperthyroid mice were regulated primarily

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by Foxo1 in the presence of T₃, and 10 out of 37 genes in the T₃-dependent hyperthyroid group (27.0%) were regulated by T₃ alone despite having Foxo1-binding sites.

We further examined the 37 genes that either were regulated by T₃ alone (subset of 10 genes) or co-regulated by both T₃ as well as Foxo1 (subset of 27 genes) by analyzing a database containing hepatic Thrb1-binding sites generated by our previous

ChIP-seq study (Fig. 1D; Table 1) (40). Among the 10 genes regulated by T₃ alone, only two genes had Thrb1 binding within the proximal promoter or in the gene body (500 bp upstream of the transcription start site to the transcription end site) (Table 2) suggesting that other T₃-regulated transcription factors/co-regulators may indirectly activate transcription of those genes. Of note, our previous study showed that

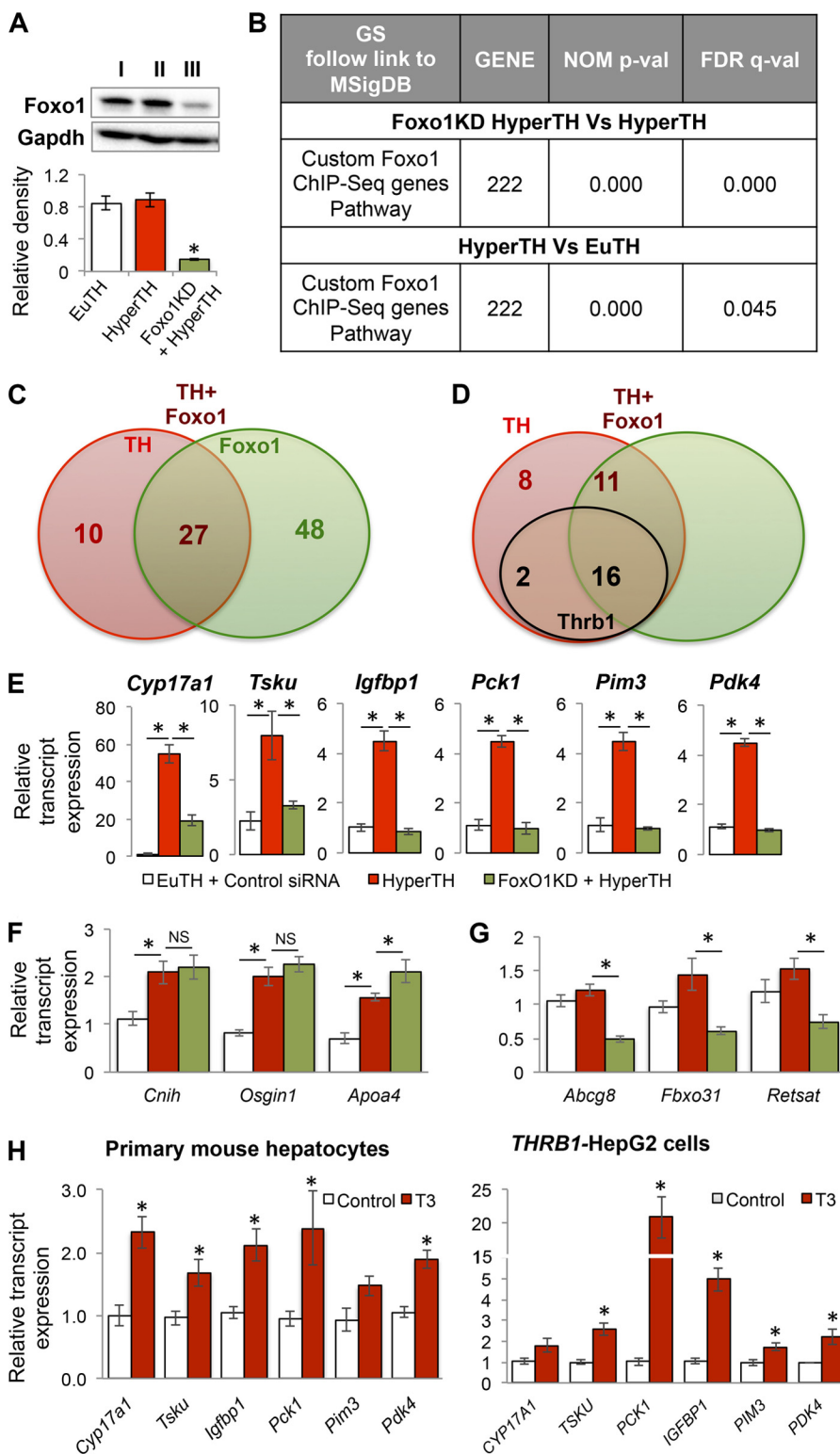


TABLE 1

Thrb1-ChIP-Seq analysis in FOXO1-TH up-regulated genes (27 co-regulated genes)

Thrb1-ChIP-Seq analysis in previously known Foxo1 target genes (37) and co-regulated by TH showed two distinct groups of genes. One has Thrb1 binding in the proximal promoter region, and the other does not, yet both gene groups are co-regulated by TH and Foxo1. NA means not applicable.

Serial no.	Gene	Thrb1 binding	No. of peaks
1	<i>Cyp17a1</i>	+	2
2	<i>Tsku</i>	+	16
3	<i>Igfbp1</i>	–	NA
4	<i>Ela2a</i>	–	NA
5	<i>Pck1</i>	+	2
6	<i>Eif4ebp3</i>	+	2
7	<i>Dhcr7</i>	+	1
8	<i>Pim3</i>	–	NA
9	<i>Rab43</i>	+	8
10	<i>Sc5d</i>	–	NA
11	<i>Gys2</i>	+	1
12	<i>Mgll</i>	+	91
13	<i>Pak4</i>	+	2
14	<i>Tomm40l</i>	–	NA
15	<i>Acacb</i>	+	4
16	<i>Gdf9</i>	–	NA
17	<i>Ctcf1</i>	–	NA
18	<i>Elmod3</i>	+	4
19	<i>Slc25a33</i>	–	NA
20	<i>Abcg5</i>	+	2
21	<i>Lgals6</i>	–	NA
22	<i>Slc24a6</i>	+	111
23	<i>Dusp28</i>	–	NA
24	<i>Sult1a1</i>	+	2
25	<i>Klf15</i>	+	1
26	<i>Als2cl</i>	+	78
27	<i>Map1lc3b</i>	–	NA

TABLE 2

Thrb1-ChIP-Seq analysis in Foxo1-TH up-regulated genes that were regulated by TH but did not require Foxo1 binding

Thrb1-ChIP-Seq analysis in previously known Foxo1 target genes (37) that were only regulated by TH showed two distinct groups of genes. One has Thrb1 binding in the proximal promoter region, and the other does not, and both gene groups are regulated by TH. NA means not applicable.

Serial no.	Gene	Thrb1 binding	No. of peaks
1	<i>Cnih</i>	–	NA
2	<i>Itpa</i>	–	NA
3	<i>Ankrd27</i>	+	2
4	<i>Tdg</i>	–	NA
5	<i>Osgin1</i>	+	4
6	<i>Apoa4</i>	–	NA
7	<i>Sqstm1</i>	–	NA
8	<i>Rnf215</i>	–	NA
9	<i>Cnpy3</i>	–	NA
10	<i>Nodal</i>	–	NA

almost all functional binding sites of T₃-regulated target genes occurred in this proximal region of the promoter (40). Interestingly, among the 27 genes that were co-regulated by

both T₃ and Foxo1, we observed that 16 (60%) of these co-regulated genes had Thrb1-binding sites, and the remaining 11 (40%) genes appeared to be independent of Thrb1 binding in their proximal promoters and gene bodies. These target genes could be regulated by T₃ effects on Foxo1 without Thrb1 binding or by T₃-dependent activation of other co-regulators or transcription factors that act in concert with Foxo1 to regulate target gene transcription.

We next employed RT-qPCR analysis to validate the gene expression of several genes that were regulated by both T₃ and Foxo1 and were top hits in the common data set. They included *Cyp17a1*, *Tsku*, *Igfbp1*, *Pck1*, *Pim3*, and *Pdk4* (Fig. 1E). T₃ significantly induced the mRNA expression of these genes when compared with euthyroid mice. Foxo1 knockdown in mouse liver completely inhibited T₃-induced mRNA expression of these genes. Furthermore, we also analyzed top hit genes from the T₃-only regulated set (*i.e.* *Cnih*, *Osgin1*, and *Apoa4*) as well as Foxo1-only regulated set (*i.e.* *Abcg8*, *Fbxo31*, and *Retsat*) (Fig. 1, F and G). Moreover, these Foxo1 target genes also were validated in primary mouse hepatocytes as well as in a HepG2 cell line that overexpressed THRB1, which retained many liver-specific metabolic functions (41) and also has been shown to have enhanced T₃ response *in vitro* (Fig. 1H) (25).

We then examined the gene expression of *PCK1* and *IGFBP1*, two of the 27 genes co-regulated by FOXO1 and T₃. *PCK1* had both THRB1- and FOXO1-binding sites in the proximal promoter and gene body, whereas *IGFBP1* only had FOXO1 binding (Table 1) (37). These two genes thus are representative of the two classes of target genes that are co-regulated by both FOXO1 and T₃. We then knocked down FOXO1 in HepG2 cells (either expressing no receptor control vector, NR-HepG2; or expressing THRB1, THRB1-HepG2) using siRNA as well as overexpressed wild type FOXO1 and phospho-mutant FOXO1 (AAA) (T24A/S256A/S319A) (Fig. 2, A and B). Knockdown of FOXO1 decreased induction of *PCK1* and *IGFBP1* gene expression by T₃ (Fig. 2, C and D), whereas FOXO1 overexpression further increased T₃ induction of *PCK1* and *IGFBP1* gene expression (Fig. 1, E and F). Overexpression of mutant FOXO1 (AAA) produced a large induction of transcription that was only slightly enhanced by T₃ treatment. These data showed that T₃ regulated FOXO1-mediated transcription of these two genes and further confirmed the proposed co-regulation of the overlapping group of 27 genes by T₃ and FOXO1.

FIGURE 1. **Thyroid hormone (T₃)-regulated gene expression of a subset of Foxo1 target genes.** A, Western blot analysis to confirm Foxo1 knockdown in mouse liver tissue. Lane I, control siRNA injected euthyroid (*EuTH*) mice; lane II, control siRNA injected hyperthyroid (*HyperTH*) mice; lane III, Foxo1 siRNA injected *HyperTH* mice. B, gene ontology-KEGG Pathway analysis of the genes obtained by custom Foxo1-ChIP-Seq genes (as described under "Experimental Procedures") indicating nominal significance and false discovery rate. C, Venn diagram for overlap analysis of core-enriched significantly differentially expressed genes under custom Foxo1-ChIP-Seq gene pathway data set in *HyperTH versus EuTH* (TH); *HyperTH versus Foxo1 knockdown + HyperTH* (Foxo1). Venn diagram was formed as described under "Experimental Procedures" by integrating the data from core-enriched genes from gene expression microarray data. Green circle shows Foxo1 up-regulated genes (75 genes). Red circle shows TH up-regulated genes (37). Brown circle shows TH-Foxo1 co-regulated genes (27). D, overlap analysis of TH-only regulated (10) and TH-Foxo1 co-regulated genes (27) in the liver tissues from *HyperTH versus EuTH* (TH) and *HyperTH versus Foxo1 knockdown + HyperTH* mice (Foxo1); and the genes have THRB1 binding to their locus (Thrb1, black circle). The data were obtained by comparisons from transcriptome analysis, Foxo1-ChIP-Seq, and THRB1-ChIP-seq analysis. Venn diagram was formed as described under "Experimental Procedures" by integrating the data from core-enriched genes from gene expression microarray data. Brown circle shows TH-Foxo1 co-regulated genes (16 + 11 = 27). Red circle shows TH regulated genes (8 + 2 = 10). Black circle shows THRB1 binding in the genes (2 + 16 = 18). E, transcript expression validation by RT-qPCR for T₃ as well as Foxo1 target genes in the liver tissues of mice as described in A. Statistical significance was calculated as *, *p* < 0.05, and error bars represent mean ± S.E. F and G, transcript expression validation by RT-qPCR for T₃ alone (G) or Foxo1 alone (H) regulated genes in the liver tissues of mice as described in A. Statistical significance was calculated as *, *p* < 0.05, and error bars represent mean ± S.E. H, transcript expression by RT-qPCR for T₃ and Foxo1 target genes in the primary mouse hepatocytes and human hepatic cell line HepG2 expressing THRB1. Statistical significance was calculated as *, *p* < 0.05, and error bars represent ± S.D. NS, not significant.

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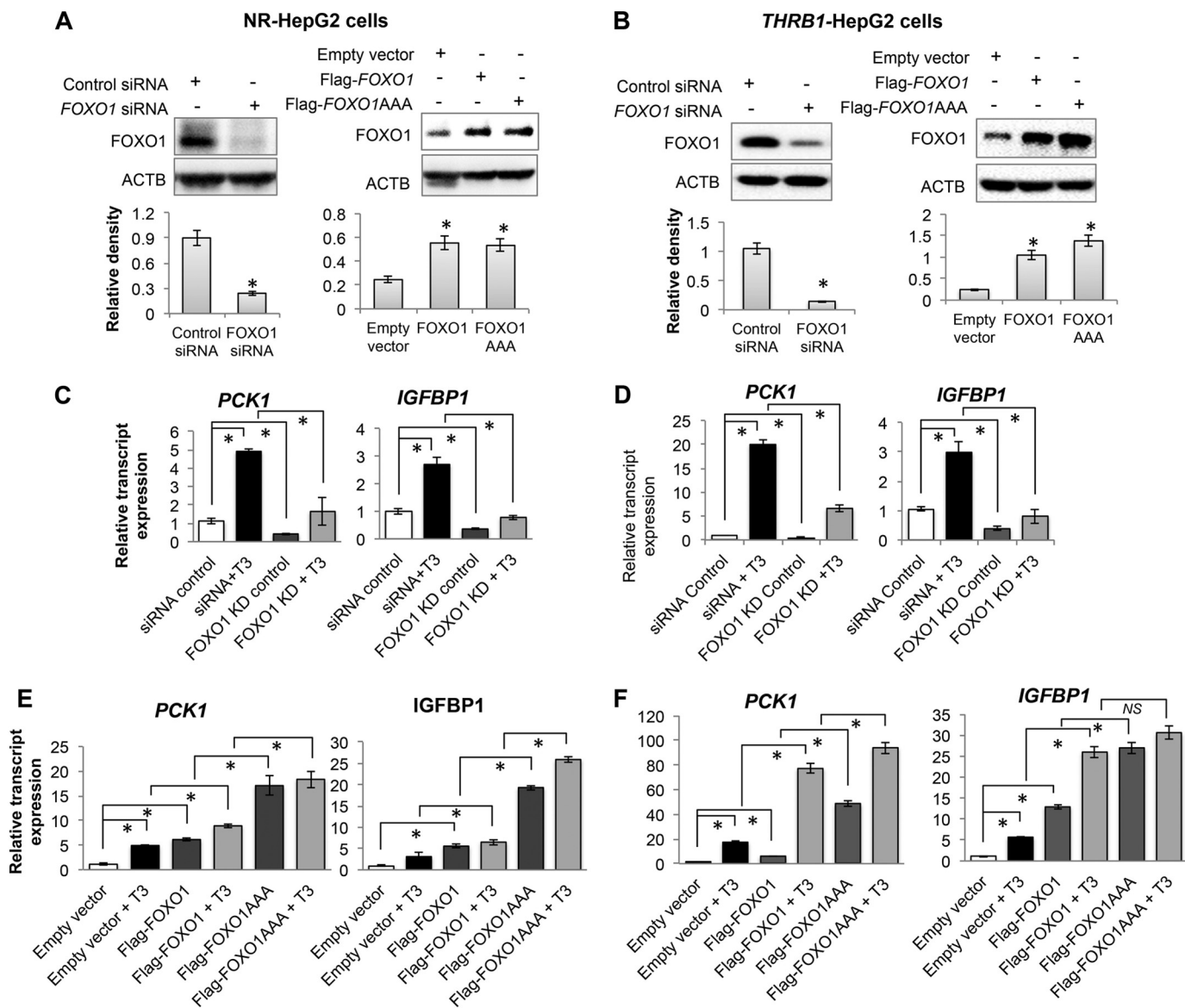


FIGURE 2. Thyroid hormone (T₃)-regulated gene expression of PCK1 and IGFBP1 in a FOXO1-dependent manner. A and B, FOXO1 knockdown and overexpression in HepG2 cells expressing control vector containing no receptor (NR-HepG2) or THR1 (THR1-HepG2) confirmed by Western blotting. ACTB, β -actin. Overexpression of wild type FOXO1 (FLAG-FOXO1) as well as phosphorylation mutant of FOXO1 (FLAG-FOXO1AAA) (T24A/S256A/S319A) in these HepG2 cells was performed. C and E show results for NR-HepG2 cells, and D and F show results for THR1-HepG2 cells. C and D show PCK1 and IGFBP1 transcripts expression by RT-qPCR in NR-HepG2 and THR1-HepG2, respectively, under FOXO1 knocked down conditions. Data were calculated by comparing with siRNA control in panels C and D. T₃ was used at 100 nm concentration. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. E and F, FOXO1 target genes PCK1 and IGFBP1 transcripts expression by RT-qPCR during FOXO1 overexpression in NR-HepG2 and THR1-HepG2, respectively. Data were calculated by comparing with empty vector in panels E and F. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. NS, not significant.

T₃ Increased Nuclear Localization and Inhibited AKT-dependent Phosphorylation of FOXO1—We next investigated the mechanism for T₃ activation of transcription of this group of genes that were co-regulated by T₃ and FOXO1. We considered whether FOXO1 nucleo-cytoplasmic localization might be regulated by T₃ treatment because phosphorylation of FOXO1 by insulin signaling retains it in the cytoplasm. Interestingly, we observed that T₃ markedly increased FOXO1 nuclear localization in HepG2 cells expressing THR1 when compared with untreated controls using double label immunocytochemistry (Fig. 3, A and B). We further confirmed these results by performing nuclear fractionation, and we found that FOXO1 was

significantly enriched in the nuclear fraction of T₃-treated HepG2 cells in a time-dependent manner (Fig. 3C).

We next analyzed AKT phosphorylation status because AKT-dependent phosphorylation of FOXO1 is necessary for its cytoplasmic localization (3), and T₃ significantly reduced both AKT and FOXO1 phosphorylation, which happened exclusively in the cytoplasm as we did not detect any phosphorylated AKT or FOXO1 in the nuclear fraction (Fig. 3C). We further confirmed that T₃ significantly reduced AKT and FOXO1 phosphorylation in mouse liver tissues from mice treated with or without T₃, primary mouse hepatocytes and HepG2 cells (Fig. 4, A–C). Furthermore, T₃ decreased phosphorylation of AKT

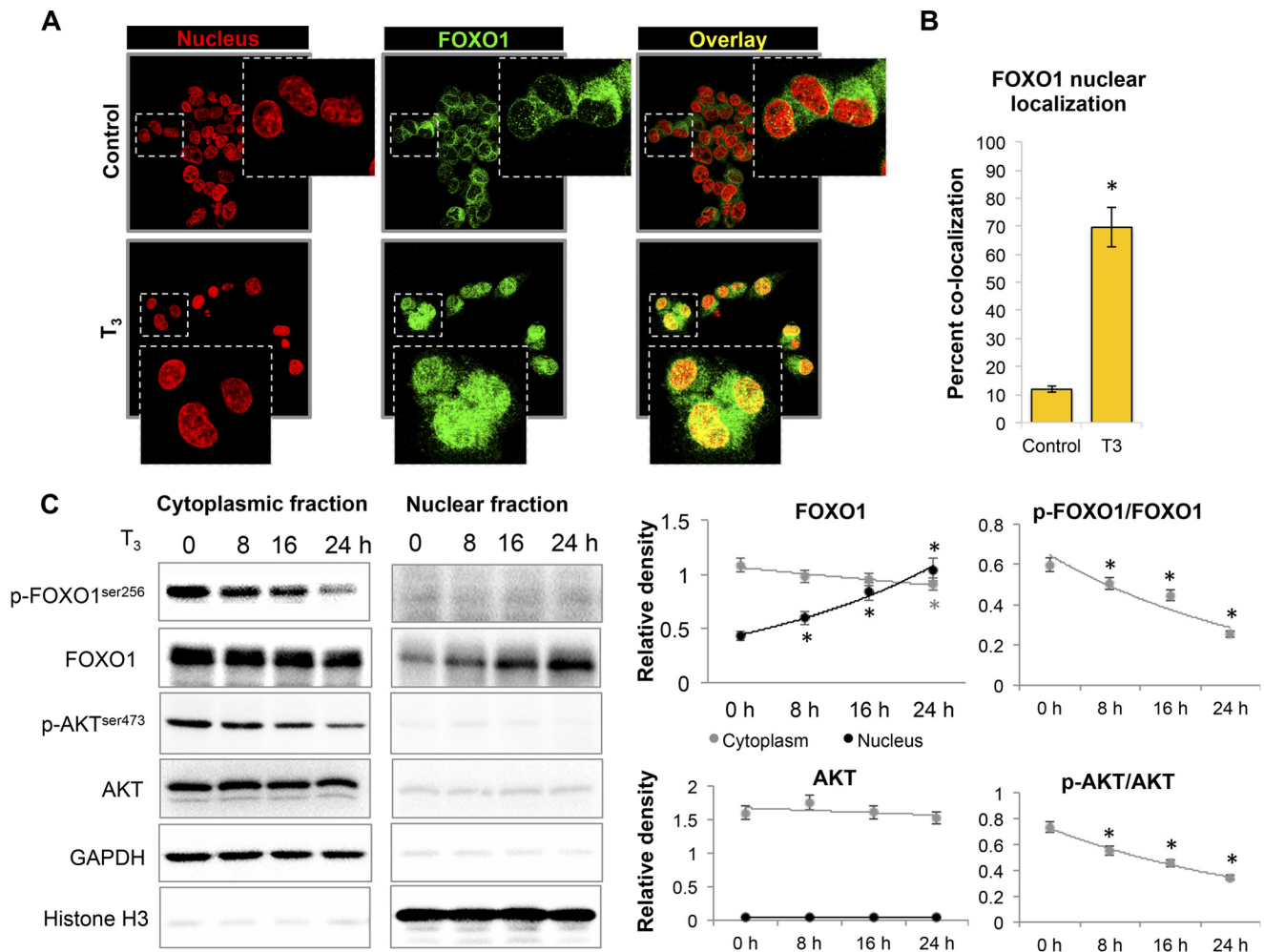


FIGURE 3. Thyroid hormone (T₃) increased FOXO1 nuclear localization and inhibited AKT phosphorylation. *A*, immunofluorescence confocal microscopy analysis of FOXO1 nuclear localization. FOXO1 was stained with Alexa Fluor® 594 secondary antibody (Molecular Probes, Invitrogen) and nucleus with DAPI and then given pseudo colors (red for nucleus and green for FOXO1) for better overlay visualization in ZEN 2012 SP1 (black edition; Carl Zeiss) software. Images were captured at $\times 40$ magnification. Image shown in *inset* is enlarged view of indicated parent image. *B*, quantification of confocal microscopy data for the ratio of nuclear FOXO1 to total FOXO1 in HepG2 cells by computing percent co-localization, with or without T₃ (100 nM) treatment. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. *C*, Western blot analysis of cytoplasmic and nuclear fractions to estimate FOXO1 nuclear localization and AKT/FOXO1 phosphorylation after T₃ treatment in THR_{B1}-HepG2 cells at given time points. GAPDH was used as loading control for cytosolic fraction and histone H3 for nuclear fraction. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D.

and FOXO1 in a dose- and time-dependent manner that corroborates very well with the increase in *PCK1* and *IGFBP1* transcription by T₃ (Fig. 4, D–G).

THR_{B1} Is Required for T₃-mediated Decrease in AKT Phosphorylation and Induction of FOXO1 Target Gene Expression—We then determined whether the decreased AKT phosphorylation by T₃ required THR_{B1} by examining phosphorylation of Akt and Foxo1 in livers from WT (*Thrb*^{+/+}) and *Thrb* null mice (*Thrb*^{-/-}) that were treated with T₃ or vehicle. We observed that phosphorylation of Akt as well as Foxo1 was decreased in hyperthyroid *Thrb*^{+/+} mouse liver when compared with hypothyroid *Thrb*^{+/+} mouse liver tissues (Fig. 5, A and B). However, there was no significant difference in Akt or Foxo1 phosphorylation in the livers from hypo- and hyperthyroid *Thrb*^{-/-} mice. This effect was further confirmed in control HepG2 cells that were stably transfected with a control vector that did not express receptor (NR-HepG2) versus stably transfected HepG2 cells expressing human THR_{B1} (THR_{B1}-HepG2) (Fig. 5, C and D). AKT and FOXO1 phosphorylation was significantly

reduced in THR_{B1}-expressing HepG2 cells treated with T₃ in NR-HepG2 cells but had little decrease after T₃ treatment. Furthermore, similarly we found that T₃ had a mild but significant increase in mRNA expression of FOXO1 target genes (*PCK1* and *IGFBP1*) in NR-HepG2 cells and that was much higher in THR_{B1}-expressing HepG2 cells (Fig. 5E). Taken together, these findings strongly suggest that THR_{B1} was required for reduction of AKT/FOXO1 phosphorylation and induction of FOXO1 target genes by T₃.

T₃ Increased FOXO1 Target Gene Expression in an AKT-dependent Manner—We next examined whether T₃-mediated induction of FOXO1 target genes was dependent upon AKT by inhibiting AKT activity using LY292004. As seen earlier, T₃ decreased AKT and FOXO1 phosphorylation. AKT inhibition by LY292004 further decreased AKT as well as FOXO1 phosphorylation by T₃ (Fig. 6A). These effects correlated well with the induction of endogenous FOXO1 target gene expression. LY294002 significantly increased *PCK1* and *IGFBP1* mRNA levels by 2.51- and 2.18-fold, respectively (Fig. 6B). In combina-

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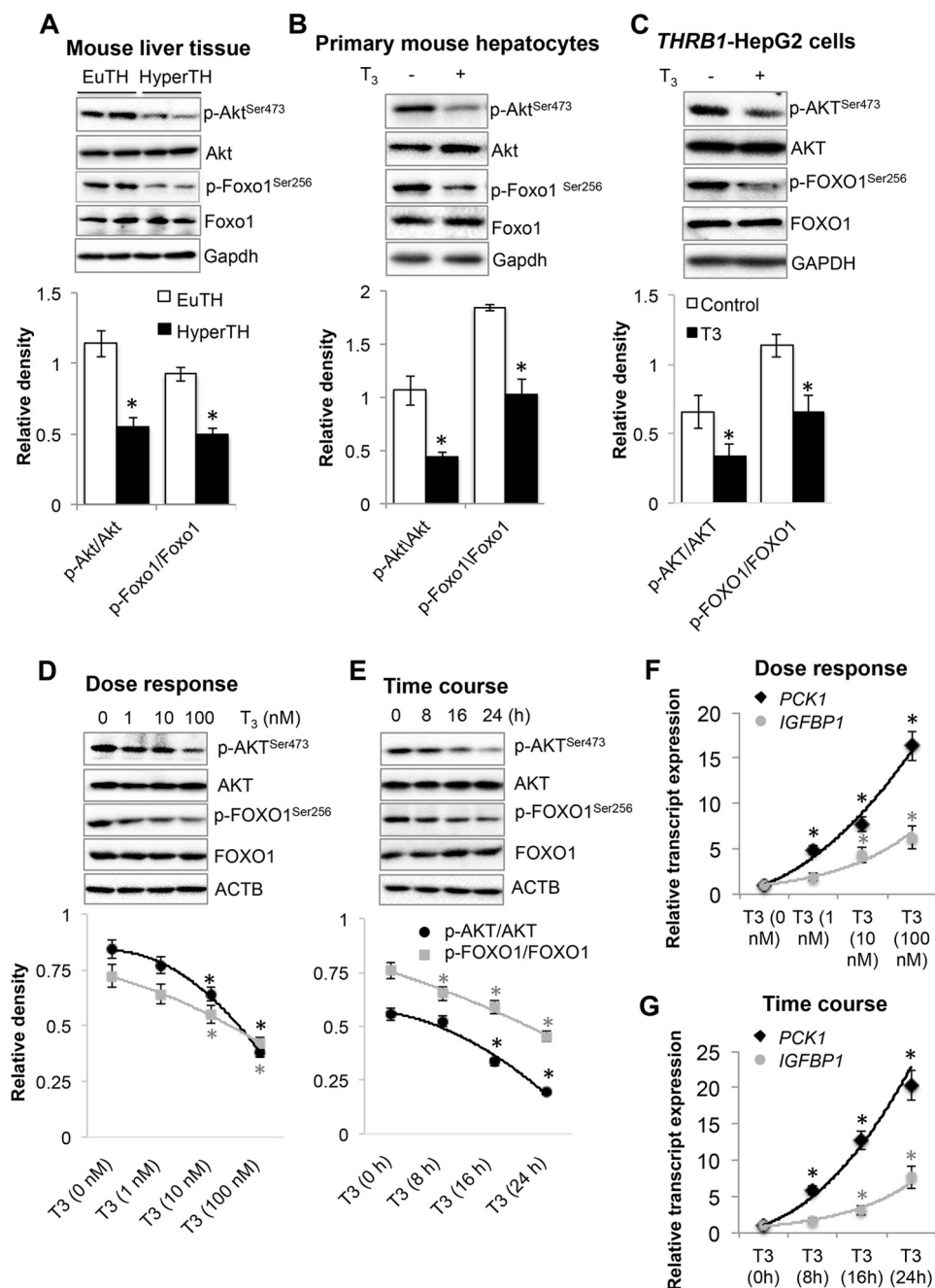


FIGURE 4. Thyroid hormone (T₃) inhibited AKT-dependent phosphorylation and increased FOXO1 target gene expression. A–C, Western blot analysis to analyze phosphorylated Akt and Foxo1 in liver tissues (A) from euthyroid (*EuTH*) and hyperthyroid (*HyperTH*) mice, primary mouse hepatocytes (B) and HepG2 cells expressing THR1 (C). Bar graphs below each Western blot data set represent relative densitometric measurements. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. D and E, Western blot analysis showing dose response (D) and time course (E) for T₃ treatment on phosphorylated AKT and FOXO1 in THR1-HepG2 cells. Line graphs below each Western blot data set represent relative densitometric measurements. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. ACTB, β -actin. F and G, graph showing dose response (F) and time course (G) of FOXO1 target genes *PCK1* and *IGFBP1* transcript expression by RT-qPCR in THR1-HepG2, respectively. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D.

tion with T₃, LY294002 further increased their gene expression by 19.43- and 21.69-fold, respectively. We next confirmed the critical role of AKT in T₃-induced activation of FOXO1-mediated transcription in cells overexpressing constitutively active AKT, *i.e.* myristoylated AKT (*myrAKT*). *myrAKT* overexpression significantly inhibited basal as well as T₃-induced *PCK1* and *IGFBP1* mRNA expression (Fig. 6, C and D).

T₃-induced FOXO1 Activation Required RICTOR (Regulatory Component of MTORC2) and Its Deacetylation in a SIRT1-

dependent Manner—RICTOR is a key component of MTOR complex-2 (MTORC2) that phosphorylates AKT at Ser-473 (42). Accordingly, we examined whether RICTOR was required for reduction of AKT phosphorylation and FOXO1 activation by T₃, and we performed *RICTOR* siRNA knockdown in THR1-HepG2 cells. We observed that RICTOR knockdown significantly decreased basal AKT and FOXO1 phosphorylation (Fig. 7A). However, RICTOR knockdown did not further augment T₃-mediated reduction in AKT or FOXO1 phosphor-

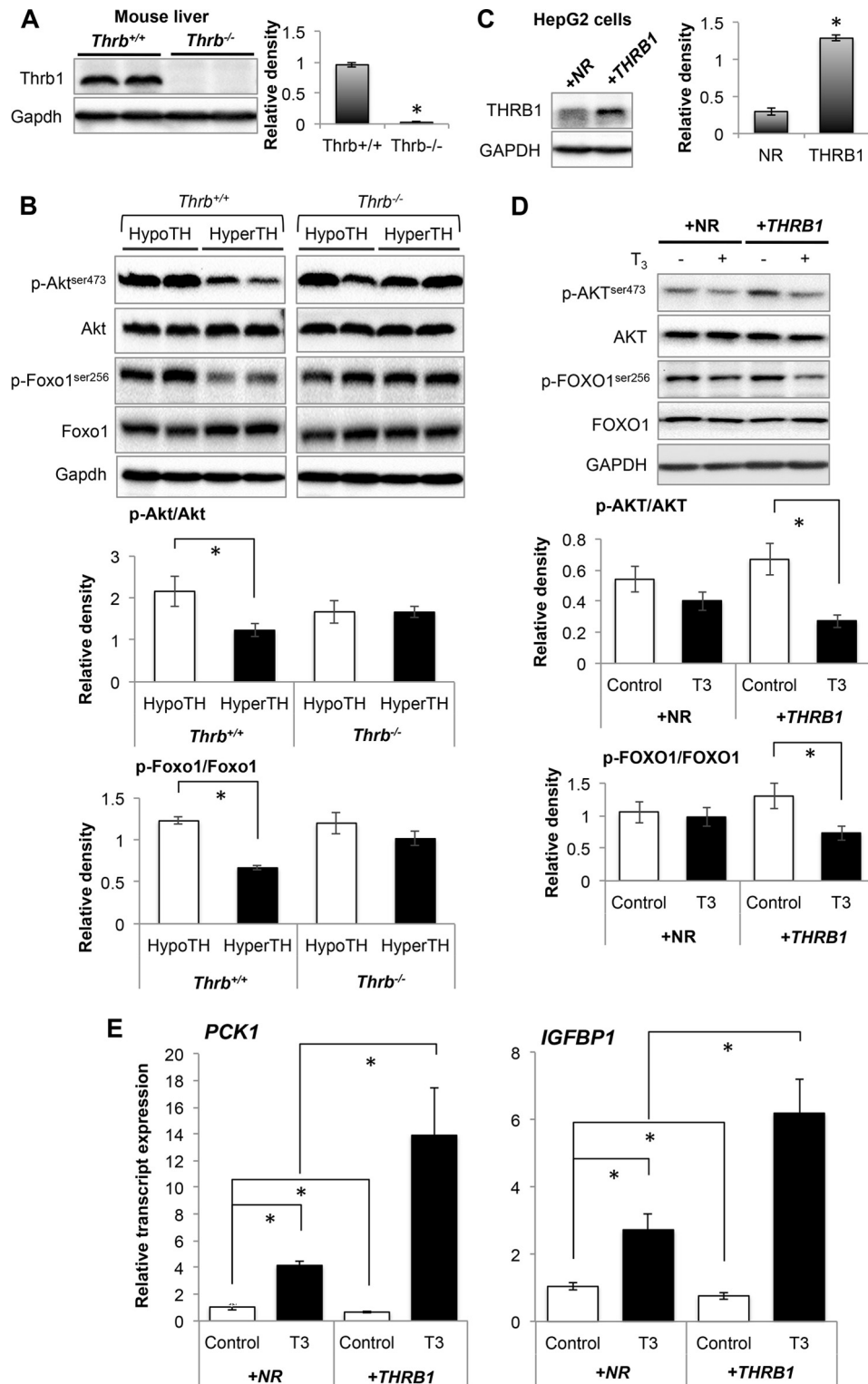


FIGURE 5. Thyroid hormone (T₃) decreased AKT/FOXO1 phosphorylation and increased FOXO1 target gene expression in THR1-dependent manner. A and B, Western blot analysis to confirm Thr1 knock-out (A) in mouse liver tissues and phosphorylated Akt/Foxo1 (B) in liver tissues from hypothyroid (*HypoTH*) and hyperthyroid (*HyperTH*) of *Thrb^{+/+}* and *Thrb^{-/-}* mice, respectively. Bar graphs below each Western blot data set represent relative densitometric measurements. Statistical significance was calculated as *, $p < 0.05$, and error bars represent \pm S.E. C and D, Western blot analysis to confirm stable overexpression of THR1 in HepG2 cells (C) and analysis of phosphorylated AKT/FOXO1 in NR-HepG2 and THR1-HepG2 cells (D). Bar graph represents relative densitometric measurements of phosphorylated AKT and FOXO1. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. E, transcript expression of FOXO1 target genes (*PCK1* and *IGFBP1*) by RT-qPCR analysis in NR-HepG2 Versus HepG2 cells expressing THR1. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D.

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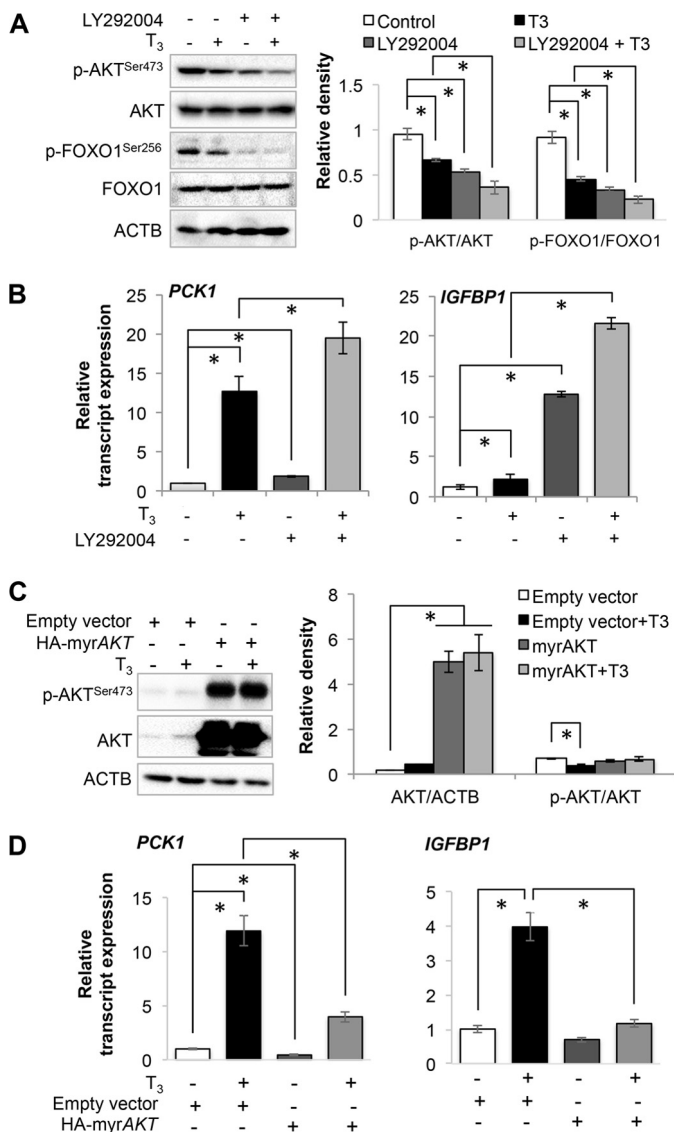


FIGURE 6. Thyroid hormone (T₃) induced FOXO1 target genes in an AKT-dependent manner. *A*, Western blot analysis for phosphorylated AKT and FOXO1 in HepG2 cells. LY292004 compound (5 μM) was used to inhibit AKT in HepG2 cells along with or without T₃ (100 nM). *Bar graph* represents relative densitometric measurements of phosphorylated AKT and FOXO1. Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D. *B*, transcript expression of *PCK1* and *IGFBP1* in HepG2 cells treated with LY292004 compound and/or T₃. Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D. *C*, Western blot analysis of myristoylated AKT (*myrAKT*), a constitutively active form of AKT, overexpression in THRB1-HepG2 cells. *Bar graph* represents relative densitometric measurements of total as well as phosphorylated AKT. Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D. *D*, transcript expression of *PCK1* and *IGFBP1* in HepG2 cells overexpressing *myrAKT* and treated with or without T₃. Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D. *ACTB*, β -actin.

ylation. Similar observations also were found in the mRNA expression of FOXO1 target genes. RICTOR knockdown increased mRNA expression of *PCK1* and *IGFBP1* by 14.77- and 3.35-fold, respectively (Fig. 7B), whereas T₃ was unable to stimulate the gene expression of these FOXO1 target genes in the absence of RICTOR. To better understand the role of RICTOR in T₃-induced deactivation of AKT, we overexpressed *RICTOR* in these HepG2 cells. RICTOR overexpression significantly increased AKT phosphorylation and partially blocked

T₃-induced reduction in AKT phosphorylation (Fig. 7C). We also confirmed that RICTOR overexpression inhibited basal (0.26- and 0.51-fold respectively) as well as T₃-induced mRNA expression of *PCK1* and *IGFBP1* (Fig. 7D). These results demonstrated that RICTOR was involved in T₃-mediated induction of these target genes.

Recently, RICTOR acetylation was shown to be necessary for MTORC2 activation and AKT phosphorylation (43); thus, we examined RICTOR acetylation after T₃ treatment *in vitro* and *in vivo*. Interestingly, T₃ decreased RICTOR acetylation in HepG2 cells as well as in mouse liver in a THRB1-dependent manner, (Fig. 7, E–G). These results suggest that T₃-induced RICTOR deacetylation likely decreased MTORC2 activity and AKT phosphorylation.

We recently showed that T₃ stimulated SIRT1-dependent FOXO1 deacetylation (19); thus, we considered whether SIRT1 was playing a role in T₃-dependent RICTOR deacetylation, so we used two-step IP-WB and found that T₃ decreased RICTOR acetylation in a SIRT1-dependent manner in THRB1-HepG2 cells (Fig. 8A). Furthermore, this effect was confirmed *in vivo* because the Sirt1 inhibitor, Ex527, blocked the T₃-mediated decrease in Rictor acetylation (Fig. 8B). Furthermore, to observe whether SIRT1 interacted with MTORC2 complex, we thus performed co-immunoprecipitation of FLAG-SIRT1 with the MTORC2 components, MTOR and RICTOR (Fig. 8C). We observed that T₃ increased the physical interaction of MTOR and RICTOR with SIRT1, thereby raising the possibility that the latter might deacetylate RICTOR. When taken together with the previous data, these data strongly support the notion that TH stimulates FOXO1 target gene transcription by activating FOXO1 through decreased phosphorylation by AKT that is mediated by SIRT1-RICTOR- (MTORC2)-AKT signaling.

NAD⁺/NADH, the Key Determinant of SIRT1 Activity, Was Increased After T₃ Treatment—SIRT1 is activated by NAD⁺ and inhibited by NADH, and the ratio of their concentration is a critical determinant of SIRT1 activity. Therefore, we next analyzed whether T₃ induced intracellular changes in the ratio of NAD⁺/NADH concentrations because SIRT1 is a NAD⁺/NADH-sensitive deacetylase (44, 45). Interestingly, T₃ significantly increased NAD⁺/NADH by 1.5-fold (Fig. 8D). Because ATP synthesis during mitochondrial oxidative phosphorylation is known to increase NAD⁺/NADH (46), we measured OCR by Seahorse Extracellular Flux Analyzer in THRB1-HepG2 cells (Fig. 8, E and F). T₃ significantly increased basal oxygen consumption, mitochondrial ATP turnover, as well as maximum respiratory capacity in a time-dependent manner. Collectively, our data strongly suggest that increased mitochondrial ATP turnover and increased NAD⁺/NADH ratio by T₃ led to SIRT1 activation.

T₃-mediated Decrease in AKT Phosphorylation was SIRT1-mediated—Given the effects of T₃ on the stimulation of SIRT1 activity and its deacetylation of RICTOR, we examined the effect of T₃ and SIRT1 on MTORC2-dependent AKT and FOXO1 phosphorylation. Accordingly, we treated mice with Ex527, a pharmacological compound used to specifically inhibit Sirt1 or knocked down *SIRT1* by siRNA in HepG2 cells in combination with T₃ treatment. As shown in Fig. 9A, phosphorylation of Akt and Foxo1 was significantly decreased in

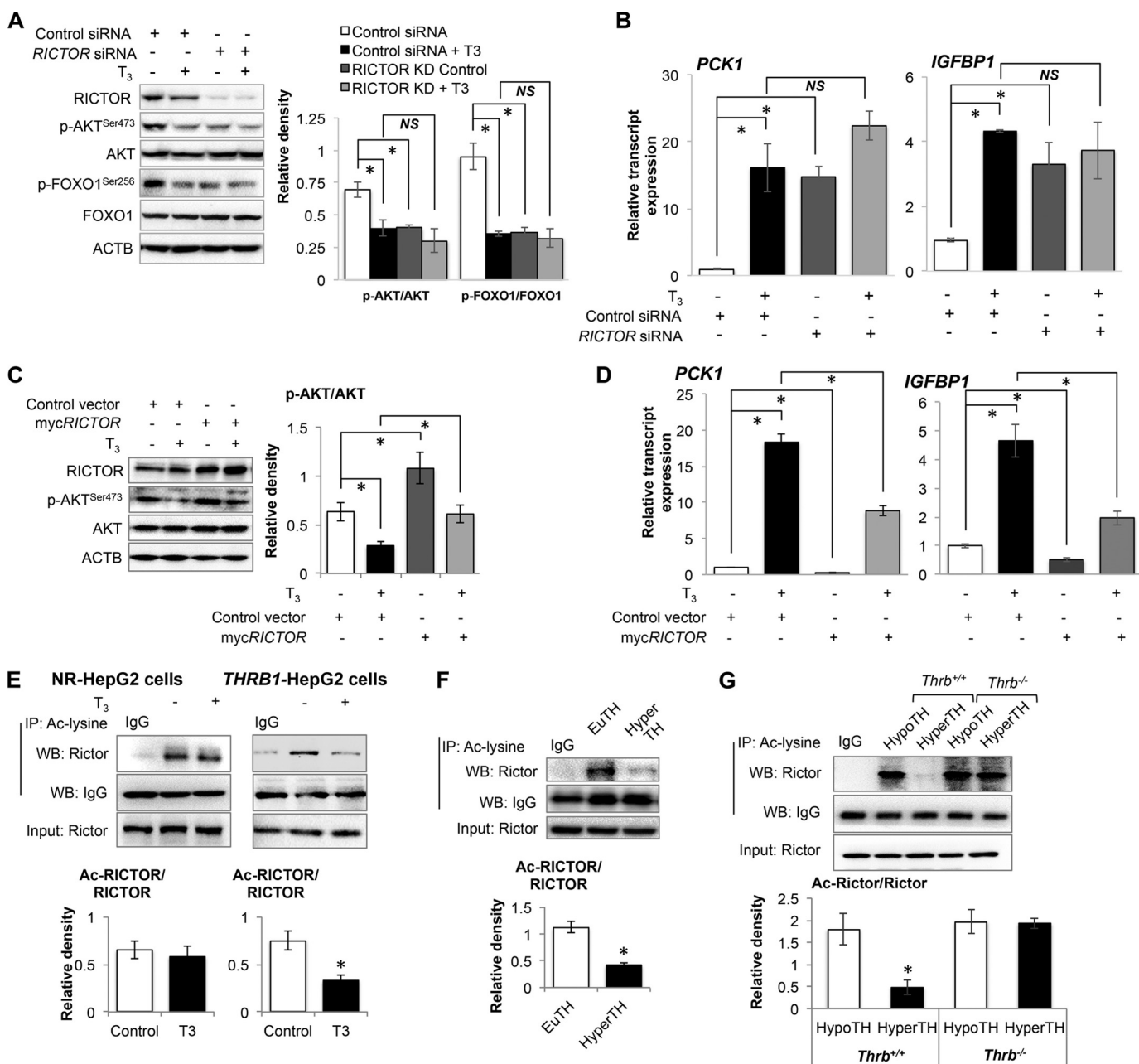


FIGURE 7. RICTOR was required for thyroid hormone (T₃)-induced FOXO1 target genes. A, Western blot analysis for RICTOR knockdown in THRB1-HepG2 cells and phosphorylation of AKT as well as FOXO1. Bar graph represents relative densitometric measurements of phosphorylated AKT and FOXO1. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. B, RT-qPCR analysis was performed to measure PCK1 and IGFBP1 transcript expression in RICTOR knockdown THRB1-HepG2 cells with/without T₃ (100 nM). Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. C, Western blot analysis for RICTOR overexpression in HepG2 cells and AKT phosphorylation. Bar graph represents relative densitometric measurements of phosphorylated AKT. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. D, PCK1 and IGFBP1 transcripts expression in THRB1-HepG2 cells overexpressing RICTOR and treated with or without T₃. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. E–G, immunoprecipitation-Western blot (IP-WB) analysis to observe RICTOR acetylation in NR-HepG2 versus THRB1-HepG2 cells (E), liver tissues (F) from euthyroid (EuTH) and hyperthyroid (HyperTH) mice and from Thrb^{+/+} and Thrb^{-/-} mice (G), respectively. IgG-heavy chain Western blot was used to normalize acetylated lysine pull-down in E–G. Bar graph represents relative densitometric measurements for acetylated RICTOR. Statistical significance was calculated as *, $p < 0.05$, and error bars represent mean \pm S.D. (E) or mean \pm S.E. (F and G). ACTB, β -actin; NS, not significant.

livers from hyperthyroid mice when compared with those from euthyroid mice. Interestingly, Ex527 treatment blocked this reduction in Akt and Foxo1 phosphorylation by T₃. Similar effects also were observed in THRB1-HepG2 cells as SIRT1 knockdown blocked the T₃-mediated decrease in AKT and FOXO1 phosphorylation (Fig. 9B). The mRNA expression of FOXO1 target genes PCK1 and IGFBP1 also was not significantly induced by T₃ under these conditions (Fig. 9C), suggest-

ing that SIRT1 is involved in both T₃-mediated induction of target gene expression as well as reduction of AKT and FOXO1 phosphorylation.

SIRT1 deacetylates FOXO1 to increase its DNA binding affinity, and AKT phosphorylates FOXO1 to retain FOXO1 in the cytoplasm (3). We thus considered whether T₃ stimulation of SIRT1 effects on FOXO1 transcription was upstream or downstream of AKT phosphorylation. Accordingly, we over-

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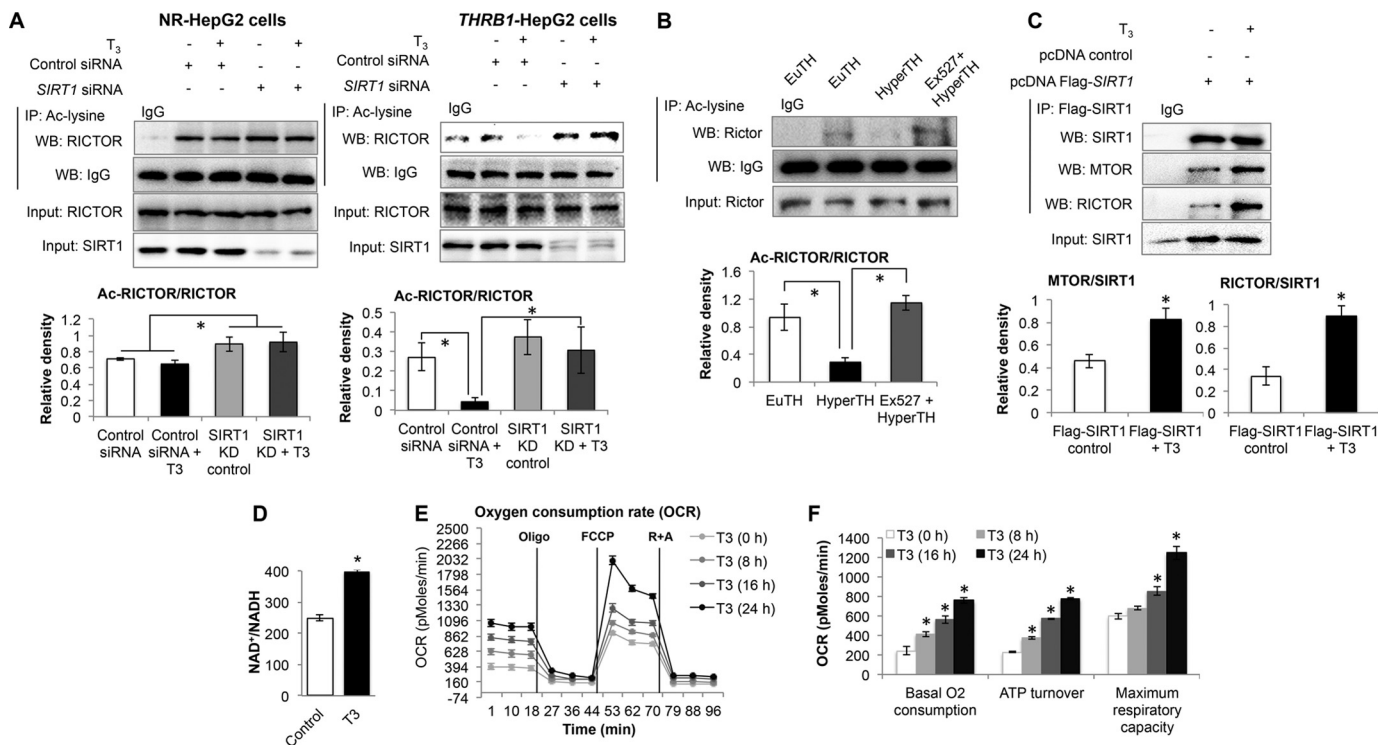


FIGURE 8. Thyroid hormone (T_3)-induced RICTOR deacetylation was SIRT1-dependent. *A*, IP-WB analysis to observe RICTOR acetylation in SIRT1 knock-down NR-HepG2 versus THR1-HepG2 cells treated with or without T_3 . *B*, IP-WB analysis to observe Rictor acetylation in liver tissues from euthyroid (*EuTH*), hyperthyroid (*HyperTH*), and Ex527-treated hyper-TH mice. IgG-heavy chain Western blot was used to normalize acetylated lysine pulldown in *A* and *B*. *Bar graph* represents relative densitometric measurements for acetylated RICTOR. Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D. (*A*) or mean \pm S.E. (*B*). *C*, co-IP-WB of FLAG-tagged SIRT1 to observe SIRT1 interaction with MTORC2 components (MTOR and RICTOR) in THR1-HepG2 cells treated with or without T_3 . *Bar graph* represents relative densitometric measurements for MTOR and RICTOR normalized to total SIRT1 pulled down. Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D. *D*, $NAD^+/NADH$ measurement in THR1-HepG2 cells treated with or without T_3 . Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D. *E*, measurement of OCR in THR1-HepG2 cells treated with or without T_3 for mentioned time points using Seahorse extracellular flux analyzer. Oligomycin (*Oligo*; 1 μM ; F_0F_1 -ATP synthase inhibitor), FCCP (1 μM ; mitochondrial uncoupler) and rotenone (*R*; 1 μM) + antimycin A (*A*; 1 μM) (complex I and complex III inhibitors in electron transport chain, respectively) was used to analyze various parameters of mitochondrial OCR. *F*, computational analysis of functional parameters of mitochondrial OCR as under "Experimental Procedures," and the data were plotted as a *bar graph*. Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.E.

expressed SIRT1 in THR1-HepG2 cells and found that SIRT1 significantly decreased both AKT and FOXO1 phosphorylation (Fig. 10A). T_3 treatment further enhanced this effect. We then co-transfected constitutively active AKT (myrAKT) and SIRT1 and measured the mRNA expression of FOXO1 target genes, *PCK1* and *IGFBP1*. SIRT1 overexpression significantly increased basal as well as T_3 -induced mRNA expression of these genes (Fig. 10B). As shown previously, overexpression of myrAKT significantly inhibited basal as well as T_3 -induced mRNA expression of *PCK1* and *IGFBP1*. Interestingly, co-overexpression of both myrAKT and SIRT1 inhibited the effect of SIRT1 overexpression alone. T_3 induced *PCK1* and *IGFBP1* mRNA expression by 48.95- and 6.3-fold, whereas during co-expression of myrAKT and SIRT1, T_3 only induced their expression by 15.64- and 2.15-fold. This indicates that AKT most likely functions downstream of SIRT1, although SIRT1-dependent FOXO1 deacetylation is also critical for TH-induced FOXO1 activation (19).

Discussion

FOXO1 is a metabolically regulated transcription factor that belongs to the mammalian forkhead box O (FOXO) family that is conserved throughout evolution. FOXO proteins regulate the expression of target genes involved in a variety of biological

processes, including cell cycle arrest, apoptosis, energy metabolism, and longevity (1, 37). Studies using genetically modified mouse models have documented the physiological role of FOXO1 in insulin-mediated suppression of hepatic glucose production (7, 37). FOXO1 is primarily regulated by phosphorylation of multiple residues by AKT (7, 34); however, no role for TH on AKT and FOXO1 phosphorylation has been described thus far. Additionally, although FOXO1 and TH may regulate a significant number of common target genes (3–5, 9, 11, 13), it is not known whether their transcriptional regulation occurs in parallel or by transcriptional co-regulation by TH and FOXO1.

To investigate potential TH co-regulation of FOXO1 target genes, we performed hepatic transcriptome profiling of livers from euthyroid, hyperthyroid, and *Foxo1* siRNA knockdown hyperthyroid mice, and we compared the results with a list of genes identified previously as having functional Foxo1-binding sites based on Foxo1-ChIP-Seq and transcriptome analysis (37). We observed that 7% (15 out of 213 genes) of the total genes were regulated by TH and FOXO1 together.³ Interestingly, among the genes previously identified as having functional FOXO1-binding sites, we identified a subset of target

³ B. K. Singh and P. M. Yen, unpublished results.

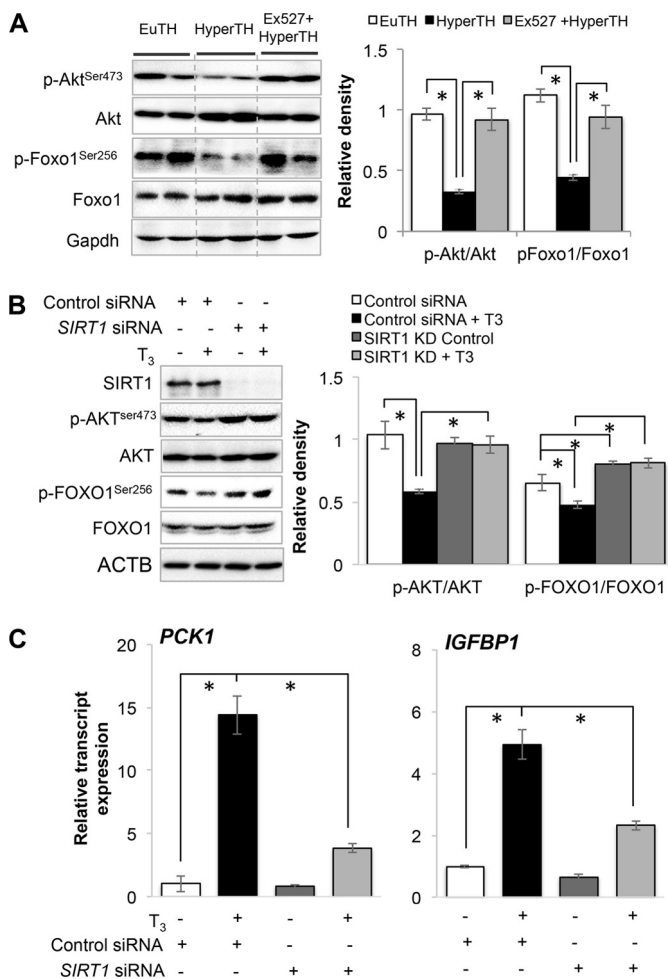


FIGURE 9. SIRT1 inhibition inversely affects thyroid hormone (T_3)-dependent decrease in AKT/FOXO1 phosphorylation and FOXO1 activation. *A*, Western blot analysis of Akt as well as Foxo1 phosphorylation in liver tissues from euthyroid (*EuTH*), hyperthyroid (*HyperTH*), and Ex527-treated *HyperTH* mouse. Ex527 compound was used to inhibit Sirt1 activity *in vivo*. *Bar graph* represents relative densitometric measurements of phosphorylated Akt and Foxo1. Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.E. *B*, Western blot analysis of SIRT1 knockdown in THRB1-HepG2 cells and phosphorylation of Akt and FOXO1 in SIRT1 knockdown cells treated with or without T_3 (100 nM). *Bar graph* represents relative densitometric measurements of phosphorylated Akt and FOXO1. Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D. *C*, transcripts expression of FOXO1 target genes *PCK1* and *IGFBP1* using RT-qPCR in SIRT1 knockdown cells treated with or without T_3 . Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D.

genes that were co-regulated by both TH and FOXO1 (31%; 27 out of 85 genes) (Fig. 1). Furthermore, comparison of these genes with Thrb1-ChIP-Seq data showed that 60% of the TH-FOXO1-co-regulated genes had THRB1 binding at thyroid hormone-response elements (TREs) within or in the proximal regions of their genomes in addition to FOXO1 binding. Surprisingly, however, ~40% of TH-FOXO1 co-regulated target genes did not have THRB1-binding sites in the proximal promoter regions. Although the possibility of long range interactions between FOXO1 and THRs binding to distal sites cannot be eliminated, it is possible that FOXOs also can regulate target genes by interacting with other specific co-regulators and transcription factors (including nuclear hormone receptors) that are regulated by TH (9, 47). Moreover, enrichment analysis of

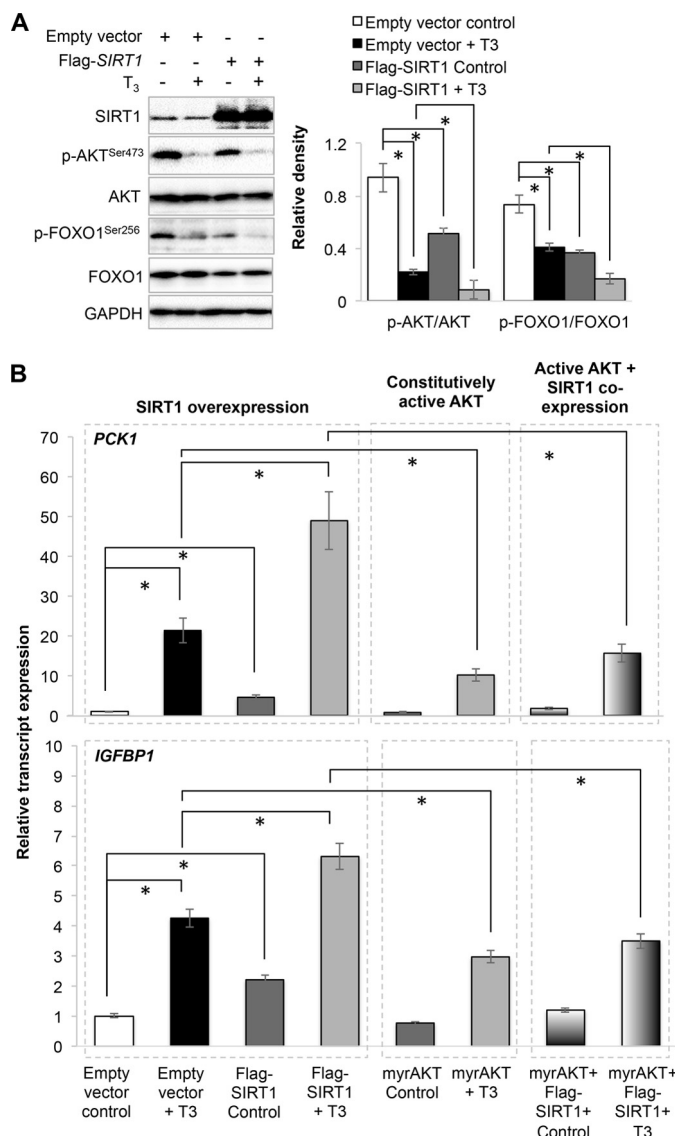


FIGURE 10. AKT activation inhibited SIRT1-mediated thyroid hormone (T_3)-induced dephosphorylation of AKT/FOXO1 and FOXO1 activation. *A*, Western blot analysis of FLAG-tagged SIRT1 overexpression and AKT/FOXO1 phosphorylation in THRB1-HepG2 cells treated with or without T_3 (100 nM). *Bar graph* represents relative densitometric measurements of phosphorylated Akt and FOXO1. Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D. *B*, *PCK1* and *IGFBP1* transcripts expression after co-overexpression of FLAG-SIRT1 and myrAKT in these HepG2 cells with or without T_3 . Statistical significance was calculated as *, $p < 0.05$, and *error bars* represent mean \pm S.D.

co-regulatory protein-binding sites near the Foxo1-binding sites that were identified by Foxo1-ChIP-Seq (37) showed that Hnf4a- and Cebpb-binding motifs mapped near the Foxo1-binding sites in 35% of target genes, whereas Esrra- and Nr3c1-binding motifs were enriched near the other Foxo1 target genes (65%). Of note, our TH-Foxo1 microarray also showed significant increases in *Hnf4a* and *Cebpb* mRNA expression by T_3 , whereas there was no significant change in *Esrra* or *Nr3c1* (Table 3). Additionally, it is possible that both FOXO1 and/or TH may activate signaling pathways that, in turn, regulate the expression of some of these genes. Identifying these pathways would further enhance our understanding of both FOXO1 and TH action. Interestingly, we also identified a subset of FOXO1

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TABLE 3

Change in gene expression of Foxo1 co-regulatory proteins in liver by TH

Microarray analysis of euthyroid (EuTH) and hyperthyroid (HyperTH) mouse liver tissues showed changes in gene expression of previously reported (37) Foxo1 co-regulators by TH.

Gene expression	Gene	Co-regulatory protein name	Log ratio (hyper-TH vs. EuTH)	Fold change (hyper-TH vs EuTH)	p value
↑	<i>Hnf4a</i>	Hnf4 α	0.5068667	1.41	0.0018231
↑	<i>Cebpb</i>	Cebp β	0.8745	1.74	0.0000948
-	<i>Esrra</i>	Err α	-0.30049	1.23	0.0629851
-	<i>Nr3c1</i>	Gr	0.01199	1.00	0.887947

target genes that were regulated by T₃ and did not depend upon FOXO1 for T₃-mediated transcription in our microarray analysis, strongly suggesting that TH can specifically regulate a subset of FOXO1 target genes in a manner that is independent of FOXO1 (Tables 1 and 2). Interestingly, the majority of these genes did not bind THRβ1 to TREs in the promoter region and likely are regulated indirectly by transcription factors that are stimulated by TH (Table 2).

FOXO1 is phosphorylated by AKT/PKB (3) and is retained in the cytoplasm and is transcriptionally inactive when it is in the phosphorylated state. We found that TH significantly decreased FOXO1 phosphorylation by AKT which, in turn, increased its nuclear localization. Previously Zhu *et al.* (48) showed that basal Akt phosphorylation was increased in *Thra1^{-/-}Thrb1^{-/-}* mice compared with *Thra1^{+/+}Thrb1^{+/+}* mice, and they showed that THRs can act as tumor suppressors in a mouse model of metastatic follicular thyroid carcinoma. Similarly, *Thra1^{-/-}Thrb1^{-/-}* deletion in murine epidermis showed increased ERK and Akt activity and increased expression of downstream targets, such as AP-1 components (49). Introduction of *Thra^{0/0}* deletion in the *ApoE^{-/-}* background in mice accelerated the appearance of plaques in aorta macrophages and correlated with an activation of the Akt/nuclear factor κB pathway in these cells (29). However, non-genomic effects of TH also have been reported in skin fibroblasts and endothelial cells in which T₃ rapidly increased AKT phosphorylation (10–30 min)³ (24, 50). We also observed similar acute results in HepG2 cells as T₃ acutely increased AKT phosphorylation within 30 min. However, AKT phosphorylation was reduced after 60 min of T₃ treatment and continued to decrease in a time-dependent manner (8–24 h) (Fig. 2H). Recently, Kalyanaraman *et al.* (51) have also shown similar results in primary osteoblasts in which they showed that T₃ rapidly stimulated the phosphorylation of Src, ERK1/2, and Akt within 2–30 min and then returned to its basal amounts after 30 min. The reduction of AKT phosphorylation by TH led to decreased FOXO1 phosphorylation and increased nuclear localization in HepG2 cells (Figs. 3 and 4). Moreover, we observed that TH reduction of AKT phosphorylation was THRβ1-dependent (Fig. 5).

To further understand TH regulation of AKT-dependent FOXO1 activation, we analyzed the upstream regulator of AKT, MTORC2 (42). MTORC2 is known to be a master regulator of AKT by virtue of its phosphorylation of the AKT activation site at Ser-473. Because MTORC2 is a multiprotein complex, we decided to analyze RICTOR, a regulatory protein of MTORC2 that activates AKT. RICTOR is expressed in a wide variety of tissues and has been implicated in growth and metabolism (52, 53). Conditional deletion of Rictor in skeletal myo-

cytes, hepatocytes, pancreatic β cells, and adipocytes impaired insulin signaling and led to systemic metabolic defects in glucose and lipid homeostasis (8, 52). RICTOR overexpression increased AKT phosphorylation and reduced TH stimulation of FOXO1 transcriptional activity. This demonstration that RICTOR expression levels altered TH regulation of FOXO1 transcriptional activity confirmed the critical role of RICTOR in mediating the TH effect on AKT phosphorylation (Fig. 7).

Protein modifications such as phosphorylation and acetylation of RICTOR have been associated with MTORC2 activity. Although the role of RICTOR phosphorylation in the regulation of MTORC2 has been known previously (33, 54), only recently has the effect of RICTOR acetylation on MTORC2 activity been appreciated (43). Because we previously reported that TH induced FOXO1 deacetylation by SIRT1 (19), we examined whether TH similarly could stimulate RICTOR deacetylation by SIRT1. Indeed, we found that TH decreased RICTOR acetylation in cultured hepatic cells and in mouse livers (Fig. 7, E–G) via activation of SIRT1 (Fig. 8, A–C). Furthermore, we demonstrated the critical role for SIRT1 itself in TH-mediated activation of FOXO1 target genes in hepatic cells, primary hepatocytes, and *in vivo* by pharmacologic blockade and siRNA knockdown. Additionally, we found that SIRT1/MTORC2 may form a complex because they could be co-immunoprecipitated from hepatic cell lysate.

SIRT1 is an NAD⁺/NADH-sensitive deacetylase that regulates acetylation of histones as well as cellular metabolic co-activators and transcription factors such as PPARGC1A and FOXO proteins (44, 45). During oxidative phosphorylation, mitochondrial ATP turnover is associated with an increase in NAD⁺/NADH that stimulates SIRT1 deacetylase activity (55, 56). We observed that TH increased both mitochondrial ATP turnover and NAD⁺/NADH (Fig. 8, D–F) which, in turn, most likely stimulated SIRT1 activity. Thus, TH-mediated changes in the energy and redox status of the cell may play a critical role in regulating the SIRT1/MTORC2/AKT pathway's effects on FOXO1 target gene transcription.

Because TH decreases FOXO1 phosphorylation and acetylation (57), it would be expected that all FOXO1 target genes should be activated; however, it is surprising that only a subset of genes that contained functional FOXO1 binding were activated by T₃ (Fig. 1). Currently, the reason(s) for this limited co-regulation of FOXO1 target genes by TH is not known. However, the presence of other tissue-specific or metabolically regulated repressors may limit the expression of FOXO1 target genes in the liver. Furthermore, TH has been reported to activate PPARGC1A-dependent gene transcription (20); thus, raising the possibility that TH co-regulates FOXO1 target genes

through its activation or repression of other transcriptional co-regulators. These issues notwithstanding, our results clearly show that metabolic effects mediated by a nuclear hormone receptor such as THR (e.g. oxidative phosphorylation and increased NAD⁺/NADH concentration) can activate intracellular signaling pathways that affect activities of other metabolic enzymes (e.g. SIRT1, AKT, and RICTOR) as well as other transcription factors such as FOXO1 to regulate FOXO1 target genes.

Our findings show that TH co-regulated FOXO1 target genes directly via THRb1 binding to TREs located in their promoter regions. TH also co-regulated some FOXO1 target genes indirectly without THRb1 binding because some target genes, such as *IGFBP1*, do not appear to have *bona fide* TREs. This latter group includes genes that require binding of other co-regulators/transcription factors to their promoters to stimulate their transcription. These co-regulators (e.g. HNF4A and CEBPB) may or may not be regulated by TH. For other target genes, FOXO1 binding alone was sufficient for TH-mediated transcription. In such cases, it is possible that TH may play a permissive role in the transcription of these target genes.

In summary, we showed that FOXO1 activity is regulated by TH-dependent activation of a SIRT1-RICTOR (MTORC2)-AKT signaling pathway that leads to decreased FOXO1 phosphorylation. This pathway can stimulate the expression of gluconeogenic genes such as *PCK1* and *IGFBP1*. Additionally, this regulation of FOXO1 phosphorylation occurs in parallel with TH stimulation of FOXO1 deacetylation by SIRT1 (19). Such a multistep regulation of FOXO1 transcriptional activity enables more complex, yet finer, control of glucose homeostasis within the cell. Finally, the convergence of TH and insulin signaling on AKT phosphorylation enables dual hormonal regulation of FOXO1 activity. In the future, we anticipate the discovery of similar types of cell signaling pathways that are metabolically regulated by nuclear hormone receptors, in addition to those that they regulate directly at the transcriptional level.

Author Contributions—B. K. S., R. A. S., J. Z., K. O., and M. W. performed the experiments. B. K. S., R. A. S., and P. M. Y. designed the study and wrote manuscript. M. T. and S. G. performed and analyzed the gene expression microarray data. I. A. and A. N. H. performed and analyzed the Thrb1-CHIP-seq data. K. G. shared *Thrb*^{-/-} mice and provided constructive suggestions on the manuscript.

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