

The Microbiome in Populations with a Low and High Prevalence of Caries

I. Johansson¹, E. Witkowska^{1*}, B. Kaveh^{1*}, P. Lif Holgerson², and A.C.R. Tanner³

Abstract

The oral microbiota was compared between Romanian adolescents with a high prevalence of caries and no dental care and Swedish caries-active and caries-free adolescents in caries prevention programs and with a low prevalence of caries. Biofilm samples were analyzed by FLX+ pyrosequencing of the V1 to V4 hypervariable regions of the 16S rRNA gene and polymerase chain reaction (PCR)/quantitative PCR (qPCR) for *Streptococcus mutans* and *Streptococcus sobrinus*. Sequences obtained blasted to 9 phyla, 66 genera, and 401 human oral taxa (HOT) in the 16S rRNA Human Oral Microbiome Database, of which 295 were represented by ≥20 sequences. The Romanian adolescents had more sequences in *Firmicutes* and fewer in *Actinobacteria* phyla and more sequences in the genera *Bacteroidetes* [G-3], *Porphyromonas*, *Abiotrophia*, *Filifactor*, *Peptostreptococcaceae* [I1][G-4], *Pseudoramibacter*, *Streptococcus*, and *Neisseria* and fewer in *Actinomyces*, *Selenomonas*, *Veillonella*, *Campylobacter*, and TM7 [G-1] than the Swedish groups. Multivariate modeling employing HOT, *S. sobrinus* and *S. mutans* (PCR/qPCR), and sugar snacks separated Romanian from Swedish adolescents. The Romanian adolescents' microbiota was characterized by a panel of streptococci, including *S. mutans*, *S. sobrinus*, and *Streptococcus australis*, and *Alloprevotella*, *Leptotrichia*, *Neisseria*, *Porphyromonas*, and *Prevotella*. The Swedish adolescents were characterized by sweet snacks, and those with caries activity were also characterized by *Prevotella*, *Actinomyces*, and *Capnocytophaga* species and those free of caries by *Actinomyces*, *Prevotella*, *Selenomonas*, *Streptococcus*, and *Mycoplasma*. Eight species including *Streptococcus mitis* and *Streptococcus* species HOT070 were prevalent in Romanian and Swedish caries-active subjects but not caries-free subjects. In conclusion, *S. mutans* and *S. sobrinus* correlated with Romanian adolescents with caries and with limited access to dental care, whereas *S. mutans* and *S. sobrinus* were detected infrequently in Swedish adolescents in dental care programs. Swedish caries-active adolescents were typically colonized by *Actinomyces*, *Selenomonas*, *Prevotella*, and *Capnocytophaga*. Hence, the role of mutans streptococci as a primary caries pathogen appears less pronounced in populations with prevention programs compared to populations lacking caries treatment and prevention strategies.

Keywords: oral microbiota, pyrosequencing, adolescents, Sweden, Romania, mutans streptococci

Introduction

The oral cavity harbors one of the most complex microbiomes in the body (Dewhirst et al. 2010). The oral microbiota is stable and in harmony with the host, unless disturbed by medication, disease, low pH (Marsh 2003), or significant changes in diet (David et al. 2014). Dental caries, one of the most prevalent diseases worldwide (Petersen et al. 2005), is associated with dysbiosis of the tooth-colonizing microbiota, characterized by the accumulation of aciduric and acidophilic bacteria (Takahashi and Nyvad 2011).

Dental caries results from the demineralization of tooth tissues by acids produced from the bacterial fermentation of dietary carbohydrates. The net outcome is modified by inherent host resistance and susceptibility and lifestyle factors, such as oral hygiene practices, diet, and fluoride exposure. The prevalence of dental caries, oral hygiene, use of fluoride, snacking habits, and access to dental care differ greatly between different parts of the world (www.who.int). In some countries, such as the Scandinavian countries, long-standing population and individual caries preventive measures have resulted in a low mean incidence of caries (Hugoson and Koch 2008), whereas other countries have an increased or

maintained high incidence of caries. Romania is a European country with the latter caries trend (Funieru et al. 2014). Even in communities with a low incidence of caries, however, approximately 15% to 20% of the population is caries active in spite of preventive efforts (Hugoson and Koch 2008).

Individual bacterial species have been associated with dental caries in several studies, including mutans streptococci, aciduric non-mutans streptococci, lactobacilli, actinomyces, bifidobacteria, and *Scardovia* (Ruoff 1991; Mantzourani et al.

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2009; Takahashi and Nyvad 2011; Tanner et al. 2011). A number of studies have also evaluated the complexity of the oral microbiota in dental caries (Kanasi et al. 2010; Crielaard et al. 2011; Ma et al. 2015), but results differ between studies, suggesting that the composition of the caries-associated microbiota has not been definitively identified. DNA-based methods, such as the next-generation FLX+ and Illumina pyrosequencing methods combined with curated gene databases, such as the Human Oral Microbiome Database (HOMD; www.HOMD.org) (Chen et al. 2010), are comprehensive methods to analyze the microbiota and provide data to clarify the composition of the caries-associated microbiome.

The aim of the present study was to evaluate the tooth microbiota in adolescents with a high prevalence of caries and who never had access to dental care and the microbiota of another population who had systematic dental care and preventive measures from early childhood and who remained caries free or had a low prevalence of caries. This study used microbial data from FLX+ pyrosequencing with the long read option with species/taxa identifications from the 16S rRNA HOMD. To optimize detection sensitivity of the key caries pathogens *Streptococcus mutans* and *Streptococcus sobrinus*, these taxa were also assayed directly by polymerase chain reaction (PCR).

Materials and Methods

Ethics

The study was approved by the Regional Ethical Review Board in Umeå, Sweden (Dnr 2012-111-31M) and regional authorities in Romania. All participants and their caregivers gave informed consent to participate.

Participant Recruitment

In Sweden, 17-y-old adolescents ($n = 64$) who were caries free with no signs of the disease ($n = 28$) or had high caries risk and activity ($n = 36$) (Söderström et al. 2014) were recruited from a Public Dental Health Care Clinic in Umeå, Sweden. These adolescents had access to dental care and preventive measures since early childhood (<http://www.socialstyrelsen.se/nationalguidelines>). Twelve caries-free and 12 caries-active Swedish adolescents were randomly selected for microbial analysis.

In Romania, schoolchildren who lived in a rural village in the northwestern part of the country with only permanent teeth (aged 14–15 y; $n = 14$) were selected for microbial analysis. The Romanian population had limited access to dental care, and any treatment was directed only to relieve pain. Information was collected during 2012 and 2013 for both groups.

Caries Scoring and Questionnaire

Initial and cavitated carious lesions were measured in dental clinics using standard equipment by 1 Swedish dentist and 1 Swedish-trained final-year dental student. Radiographs were

taken only in the Swedish cohort. The sum of decayed, missing, and filled surfaces (DMFS) was calculated. Information on general health status, oral hygiene habits, and dietary habits was obtained by a questionnaire.

Sample Collection, DNA Isolation, PCR, and Counts of Mutans Streptococci

Biofilm samples were collected from all supragingival tooth surfaces using sterilized toothpicks. Pooled plaque samples were stored in TE buffer (10 mM Tris, 1 mM EDTA, pH 7.6) at -80°C . Tooth biofilm DNA was extracted using the Gen Elute Bacterial Genomic DNA kit (Sigma-Aldrich, St. Louis, MO, USA) with the addition of lysozyme and mutanolysin as described (Lif Holgerson et al. 2011). The quality and quantity of DNA were evaluated using a Nanodrop 1000 spectrophotometer (Thermo Scientific, Wilmington, DE, USA) to meet the standard set by the sequencing facility, namely, an OD 260/280 ratio of approximately 1.8 and an OD 260/230 ratio of approximately 2.0. PCR and qPCR of *S. mutans* and *S. sobrinus* were performed (Yano et al. 2002) using the KAPA2G Robust HotStart PCR Ready Mix (2') kit (Kapa Biosystems, Boston, MA, USA).

Pyrosequencing and Sequence Analyses

Sequencing of DNA from the biofilm samples was performed using the Lib-L kit on an FLX+ Titanium platform (Roche Applied Science, Indianapolis, IN, USA) at GATC Biotech AG (Konstanze, Germany). The V1 to V4 hypervariable regions of the 16S rRNA gene were amplified using the forward primer 27F with an adaptor sequence and sample-specific barcode oligonucleotide tags and the reverse primer 805R. Sequences obtained were processed using QIIME (version 1.8.0, QIIME.org), and HOMD human oral taxa (HOT) at a $\geq 98.5\%$ similarity level were determined (Appendix).

Statistical Analyses

Normally distributed variables were presented as means with 95% confidence intervals (CIs) and differences between means tested with analysis of variance or an unpaired t test. For non-normally distributed variables, medians with ranges were calculated, and the Kruskal-Wallis analysis of variance by rank and the Jonckheere trend test with the order Sweden caries free < Sweden caries active < Romania high caries prevalence were used. HOT prevalences were highly skewed, with >50% of the subjects lacking detection. Therefore, the mean prevalence and detection frequency of taxa in the 3 caries groups are presented, together with median prevalences among those with detected taxa. The χ^2 test was used to test differences in group frequency distributions. For comparisons between HOT, $P \leq 0.008$ (accounting for multiple testing by the false discovery rate) was considered statistically significant, and for other variables, $P < 0.05$ was considered statistically significant.

Table. Characteristics of the 3 Study Groups.

	Romanian Group	Swedish Groups		P Value among Groups
	High Prevalence of Caries (n=14)	Caries Active (n = 12)	Caries Free ^c (n = 11)	
Male gender, ^a %	43	50	54	0.840
Age, ^b mean (95% CI), y	14.4 (14.1–14.6)	17	17	<0.001
Teeth, ^b mean (95% CI), n	27 (26–28)	28 (27–28)	28 (28–29)	0.018
Caries status				
DMFS, ^b mean (95% CI)	20.1 (13.3–26.8)	7.5 (5.7–9.3)	0	<0.001
<i>Streptococcus mutans</i>				
PCR positive, ^a %	85.7	50.0	45.5	0.069 ^d
DNA, ^b mean (95% CI), pg/μL	96 (60–252)	41 (26–108)	65 (35–165)	0.774
<i>Streptococcus sobrinus</i>				
PCR positive, ^a %	50.0	0	0	0.001
DNA, ^b mean (95% CI), pg/μL	10 (1–20)	0	0	0.024
<i>S. mutans</i> and <i>S. sobrinus</i>				
PCR positive, ^a %	50.0	0	0	0.001

CI, confidence interval; DMFS, decayed, missing, and filled surfaces; PCR, polymerase chain reaction.

^aDifferences in subject distributions were tested with the χ^2 test among groups.

^bDifferences between group means were tested with analysis of variance. Adjusting for the number of teeth did not alter the relation between groups.

^cFLX+ Titanium sequencing failed for 1 sample in the Swedish caries-free group.

^dThe prevalence in the merged Swedish groups was 48%, and testing of the Romanian group versus the merged Swedish groups resulted in $P = 0.021$.

Rarefaction curves were calculated to compare microbial richness among the samples, and principal coordinates analysis (PCoA) was performed to compare the phylogenetic diversity (β diversity) using QIIME. Multivariate principal component analysis (PCA) and partial least squares (PLS) regression (SIMCA P+, version 12.0; Umetrics AB, Umeå, Sweden) were used to explore the clustering of subjects and taxa associated with caries status, respectively.

Results

Characteristics of the Romanian and Swedish adolescents studied are presented in the Table. Children in the Romanian group were approximately 2.5 y younger than in the Swedish cohort and had, on average, 1 tooth less than the Swedish adolescents. Other characteristics of the Romanian participants were a markedly higher prevalence of caries, even compared with the Swedish caries-active group, and a higher prevalence of *S. sobrinus* ($P < 0.001$) and *S. mutans* ($P = 0.021$) by PCR (Table). *S. mutans* was detected in 86% of the Romanian group, and 50% of Romanian adolescents had *S. mutans* with *S. sobrinus* by PCR compared to 48% with *S. mutans* and 0% with *S. mutans* with *S. sobrinus* in the Swedish groups.

Pyrosequencing of Oral Samples

Blasting of 942,788 quality-filtered sequences from 37 adolescents (1 sample failed) at $\geq 98.5\%$ threshold identified 401 HOT (species/phylotypes) in the HOMD. Of these, 295 taxa were represented by ≥ 20 sequences. Using the latter cutoff, the mean number of species/phylotypes by subject was 170 (95% CI, 160–180; range, 111–230), of phyla was 9 (mean, 8; range, 5–9), and of genera was 66 (mean, 44; range, 28–60) (Appendix Table 1). The dominant phyla (*Firmicutes*, *Bacteroidetes*,

Fusobacteria, and *Actinobacteria*) accounted for 95.2% of all sequences, *Proteobacteria* for 4.2%, and the remaining phyla or divisions (*Spirochaetes*, TM7, *Tenericutes*, and SR1) for <1% of the sequences.

The majority of all sequences (83.9%) were classified into 9 genera (*Streptococcus*, *Prevotella*, *Leptotrichia*, *Actinomyces*, *Fusobacterium*, *Capnocytophaga*, *Corynebacterium*, *Campylobacter*, and *Porphyromonas*), each of which comprised >1% of all sequences. The remaining taxa were in 57 genera that each represented <1% of all sequences. The group median prevalences for phyla and genera are presented in Appendix Table 1. The top 15 ranked species by prevalence were *Streptococcus mitis*, *Corynebacterium matruchotii*, *Prevotella nigrescens*, *S. mitis* bv2, *Alloprevotella tanneriae*, *Leptotrichia wadei*, *Streptococcus cristatus*, *Leptotrichia hofstadii*, *Actinomyces gerencseriae*, *Prevotella oris*, *Streptococcus* sp. HOT071, *Fusobacterium nucleatum* subsp. *polymorphum*, *Prevotella* sp. HOT317, *Actinomyces* sp. HOT448, and *Streptococcus sanguinis* (all $\geq 2\%$ of all sequences) (Appendix Table 2).

Core Microbiome

Twenty-four species were detected in all adolescents (5 in *Actinomyces*, 5 in *Streptococcus*, 3 in *Prevotella*, 3 in *Fusobacterium*, and 1 each in *Alloprevotella*, *Campylobacter*, *Capnocytophaga*, *Corynebacterium*, *Eikenella*, *Granulicatella*, *Lachnoanaerobaculum*, and *Veillonella*), and 78 species were found in 90% of the adolescents (Appendix Table 3).

Microbiome Profile by Caries Group

The species richness differed 2.7 times between the samples (Fig. 1A) and was higher in Romanian adolescents with a high

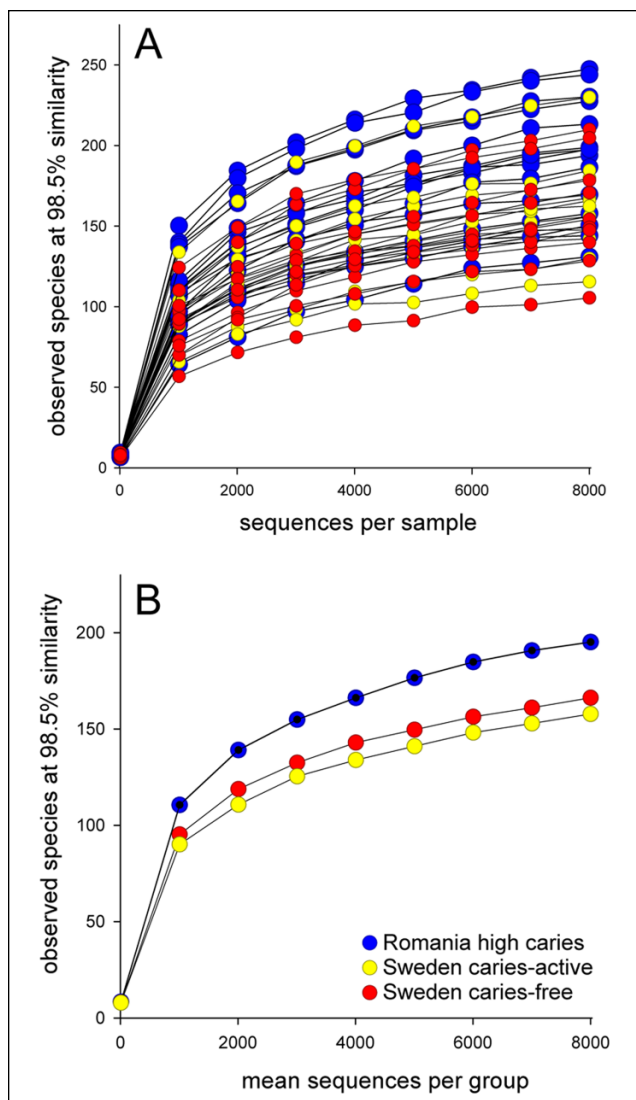


Figure 1. Rarefaction curves. **(A)** Species richness, the number of types of sequences in a sample, in individual Romanian adolescents (blue lines) with a high prevalence of caries ($n = 14$), Swedish adolescents with caries activity (yellow lines, $n = 12$), and caries-free Swedish adolescents (red lines, $n = 11$). **(B)** Mean number of types of sequences in the 3 groups.

prevalence of caries than either the caries-active or caries-free Swedish groups (Fig. 1B). Univariate analyses confirmed that a significantly higher number of the 295 HOT were in the Romanian high caries group than in the caries-active and caries-free Swedish groups (median, 188, 166, and 154, respectively; $P_{\text{GROUP}} = 0.027$; $P_{\text{TREND}} = 0.009$).

PCoA modeling of all HOT separated Romanian adolescents from most of the Swedish adolescents (Fig. 2A). Group separation was more distinct in the PCA score plot using the 295 HOT represented by ≥ 20 sequences, *S. sobrinus* and *S. mutans* detected by PCR/qPCR, and intake of sugar snacks (Fig. 2B).

The number of phyla or genera detected did not differ between the 3 caries groups ($P_{\text{GROUP}} = 0.233$ and 0.121 , respectively), but the distribution of sequences among phyla and

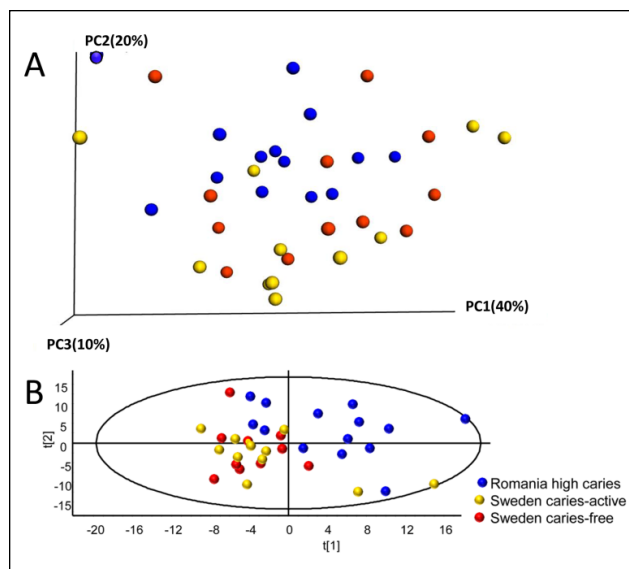


Figure 2. Caries group separation by principal coordinates analysis (PCoA) and principal component analysis (PCA). **(A)** PCoA plot displaying the distribution among the 37 samples based on USEARCH clustering of the 942,774 sequences at 98.5% similarity against the Human Oral Microbiome Database (β diversity). **(B)** PCA modeling displaying subject clustering using the 295 human oral taxa (HOT) with ≥ 20 cluster sequences, *Streptococcus sobrinus* and *Streptococcus mutans* by polymerase chain reaction (PCR), and intake of sweet snacks. Blue dots for Romanian adolescents with a high prevalence of caries ($n = 14$), yellow dots for Swedish adolescents with caries activity ($n = 12$), and red dots for caries-free Swedish adolescents ($n = 11$). The scores t_1 and t_2 are the new partial least squares (PLS) regression-created variables summarizing the x-variables. The oval circle illustrates the tolerance ellipse based on the Hotelling T^2 distribution; any observation located outside of the ellipse would be an outlier.

genera did. Romanian adolescents had, compared to Swedish caries-active and caries-free adolescents, a significantly higher proportion of sequences in *Firmicutes* (median, 36.5%, 18.1%, and 22.6%, respectively; $P_{\text{TREND}} = 0.015$) and tended to have a lower proportion in *Actinobacteria* (median, 5.8%, 26.6%, and 19.1%, respectively; $P_{\text{TREND}} = 0.015$) (Appendix Table 1). At the genus level, Romanian adolescents had, compared to the Swedish groups, significantly ($P_{\text{GROUP}} \leq 0.008$) more sequences in the genera *Porphyromonas* ($P_{\text{TREND}} = 0.001$), *Abiotrophia* ($P_{\text{TREND}} = 0.002$), *Peptostreptococcaceae* [11] [G-7] ($P_{\text{TREND}} = 0.011$), *Pseudoramibacter* ($P_{\text{TREND}} = 0.003$), *Streptococcus* ($P_{\text{TREND}} = 0.027$), and *Neisseria* ($P_{\text{TREND}} = 0.004$) but significantly fewer in *Actinomyces* ($P_{\text{TREND}} = 0.005$), *Selenomonas* ($P_{\text{TREND}} < 0.001$), and *Campylobacter* ($P_{\text{TREND}} = 0.001$) (Appendix Table 1). Significant increasing trends ($P_{\text{TREND}} \leq 0.008$)—but group differences did not reach significance—were found for *Bacteroidetes* [G-3] ($P_{\text{GROUP}} = 0.022$), *Filifactor* ($P_{\text{GROUP}} = 0.027$), and *Peptostreptococcaceae* [11] [G-4] ($P_{\text{GROUP}} = 0.020$), and decreasing trends were found for *Veillonella* ($P_{\text{GROUP}} = 0.015$) and TM7 [G-1] ($P_{\text{GROUP}} = 0.013$).

Multivariate PLS modeling with the 295 HOT, *S. sobrinus* and *S. mutans* by PCR, and intake of sweet snacks as the block of independent variables, and caries groups as the block of dependent variables, separated the subjects into 3 distinct

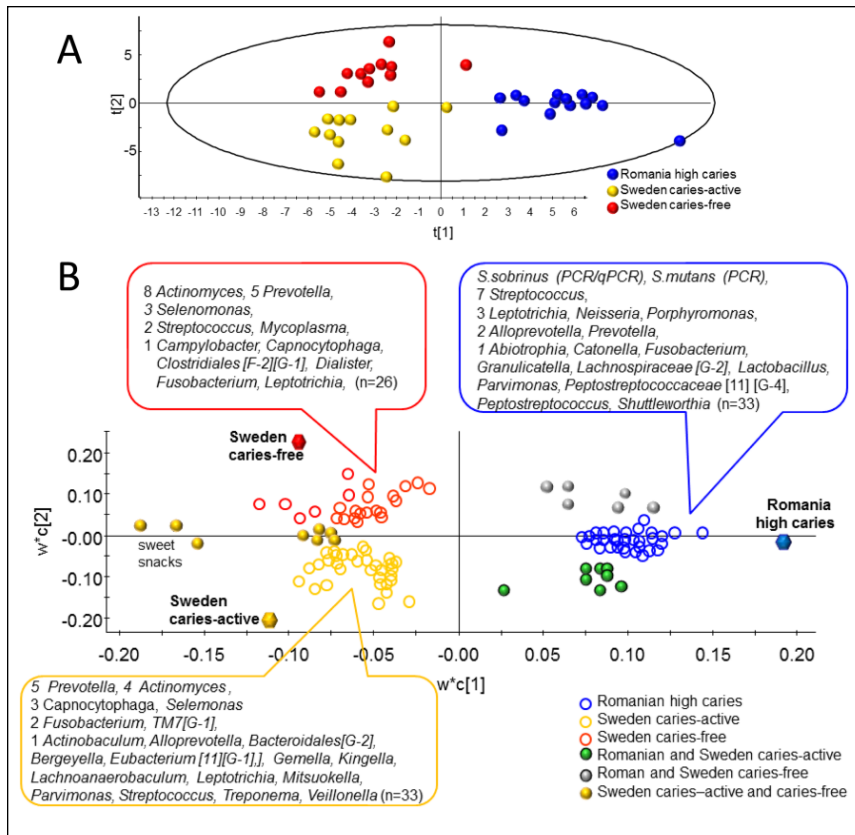


Figure 3. Partial least squares (PLS) regression of the microbiota associated with the caries groups. The PLS model used caries grouping as the y-variable and the 295 human oral taxa (HOT) with ≥ 20 cluster sequences, *Streptococcus sobrinus* and *Streptococcus mutans* by polymerase chain reaction (PCR)/quantitative PCR (qPCR), and intake of sweet snacks (3 variables) as the independent variable block. (A) The PLS scatter loading plot illustrating the clustering of Romanian adolescents with a high prevalence of caries (blue dots, $n = 14$) versus Swedish caries-active (yellow dots, $n = 12$) and caries-free (red dots, $n = 11$) adolescents. The scores t_1 and t_2 are the new PLS-created variables summarizing the x-variables. The oval circle illustrates the tolerance ellipse based on the Hotelling T^2 distribution; any observation located outside of the ellipse would be an outlier. (B) The PLS loading plot illustrating variables associated with each of the 3 caries groups. $w^*c[1]$ and $w^*c[2]$ represent loading for the 2 first components. The HOT with Variable Importance in Projection (VIP) values are shown in Appendix Table 4.

clusters corresponding to the 3 caries categories (Fig. 3A). This model had an explanatory power (R^2) of 43.0% and a predictive power (Q^2) of 29.5%. The PLS loading plot identified *S. sobrinus* by PCR/qPCR and *S. mutans* by PCR and 30 HOT uniquely associated with Romanian adolescents with a high prevalence of caries, that is, streptococci (*Streptococcus australis*, *S. cristatus*, *S. sanguinis*, *Streptococcus sinensis*, *S. sobrinus*, *Streptococcus* sp. HOT074, and *Streptococcus* sp. HOT431) and a few species/phylotypes in *Alloprevotella*, *Leptotrichia*, *Neisseria*, *Porphyromonas*, and *Prevotella* (Fig. 3B, Appendix Table 4). Further, 8 taxa that were associated with the Romanian high caries group were also associated with the Swedish caries-active, but not the caries-free, group. These were *Dialister pneumosintes*, *Gemellahaemolysans*, *Leptotrichia* sp. HOT091, *Porphyromonas catoniae*, *Prevotella* sp. HOT301, *S. mitis*, and *Streptococcus* sp. HOT070. Swedish adolescents, with no difference between

caries-free and caries-active subjects, were characterized by the intake of sweet products (chocolate, sweets, and ice cream) and *Actinomyces* sp. HOT525, *Capnocytophaga* sp. HOT336, *F. nucleatum* subsp. *animalis*, *Prevotella maculosa*, and *P. nigrescens*. The tooth microbiota of Swedish caries-active adolescents was characterized by 5 species in *Prevotella*, 4 in *Actinomyces*, 3 in *Capnocytophaga* and *Selenomonas*, and a few in *Fusobacterium* and TM7 [G-1], while that of Swedish caries-free adolescents was characterized by 8 species in *Actinomyces*, 5 in *Prevotella*, 3 in *Selenomonas*, and a few in *Streptococcus* and *Mycoplasma*. While *S. mutans* and *S. sobrinus* were detected by PCR (Table) and by pyrosequencing (Appendix Table 2), the sensitivity of detection was higher by PCR and disease associations greater with the PCR data.

Discussion

This study compared the dental biofilm composition of Romanian adolescents with a high prevalence of caries with that of Swedish adolescents with or without caries. *S. sobrinus* and *S. mutans* were strongly associated with increasing caries status as reported earlier (Takahashi and Nyvad 2011), and although a major difference in microbial composition was associated with the study population, a core microbiome of 24 taxa was identified. A significant feature of this study is that the Romanian adolescents had minimal dental care and thus could be considered to represent the microbiota of dental caries unaltered by oral hygiene practices or fluoride exposure. Most Swedish adolescents brushed their teeth daily with a fluoride-containing toothpaste and had dietary and oral hygiene counseling, topical fluoride treatments, and regular visits to a dental clinic since early childhood. Thus, the conditions of developing countries transforming to a Westernized lifestyle and countries that have practiced caries prevention for decades are mirrored in the study populations. Factors that could influence the oral microbiota of the Romanian adolescents were more severe caries and cavities involving dentin (Jiang et al. 2014) and generally no tooth brushing, suggesting that their biofilms were more mature. The increased caries and infrequent tooth brushing are consistent with their living in a village of lower socioeconomic status (Do 2012). The Romanian adolescents were younger and had, on average, 1 fewer tooth than the

Swedish adolescents, although it is unclear whether these characteristics would have impacted results as much as the differences in caries, oral hygiene, and socioeconomic status between the populations.

Culture-independent methods have contributed to the understanding of the complex microbiota in oral diseases (Paster et al. 2001; Kanasi et al. 2010; Zaura 2012). Most such studies target the 16S rRNA gene, and those employing multiplex sequencing techniques target the V1 to V2, V3 to V4, or V5 to V6 hypervariable regions in 400- to 450-bp stretches, which can limit the taxonomic resolution to the genus level. The present study used sequences in 16S rRNA spanning over 4 variable regions (V1–V4), which can improve the taxonomic resolution significantly and allow species- and phylotype (HOT)-level identifications. While speciation is also possible using microarrays or cloning and sequencing techniques, these approaches are limited by the panel of primers used in microarrays and the number of colonies selected for sequencing in clonal analyses.

In the present study, the greatest species diversity was in the Romanian adolescents with the highest prevalence of caries, as observed in some studies (Luo et al. 2012; Thomas et al. 2012) but not others (Gross et al. 2010; Simón-Soro et al. 2013). While the increased microbial diversity may be due to a caries-associated ecological shift, it may also reflect the children's environment including the age and size of biofilm samples since the Romanian subjects were generally untreated and had abundant dental plaque.

Firmicutes, *Bacteroidetes*, *Actinobacteria*, *Proteobacteria*, and *Fusobacteria* are the most abundant phyla, and *Streptococcus*, *Actinomyces*, *Prevotella*, *Fusobacterium*, *Leptotrichia*, and *Corynebacterium* are the dominant genera in dental biofilm or saliva (Wade 2013). These phyla and genera were also abundant in the present study but with similar proportions of *Bacteroidetes* and *Firmicutes*. Notably, 24 species were found in all 37 subjects (core microbiome), namely, species in the *Streptococcus* group (*S. cristatus*, *S. mitis*, *S. mitis* bv2, and *S. sanguinis*) and *Actinomyces* (*A. gerenceriae*, *Actinomyces naeslundii*, and *Actinomyces oris*), some *Prevotella* and *Fusobacterium*, and single species of *Alloprevotella*, *Campylobacter*, *Capnocytophaga*, *Corynebacterium*, *Eikenella*, *Granulicatella*, *Lachnoanaerobaculum*, and *Veillonella*). The concept of a core microbiome was recently questioned (Li et al. 2013), but the present and other studies (Nasidze et al. 2009; Zaura et al. 2009) support the hypothesis of a core microbiome at least in populations with a common ancestry (Mason et al. 2013).

Most caries studies using pyrosequencing targeted young children with a primary dentition (Gross et al. 2010; Ling et al. 2010). Thus, the current study expands the knowledge to adolescents with permanent teeth. Comparisons between the present and published studies should bear in mind that the structure of the tooth-coating protein pellicle (Sønju Clasen et al. 1997) and colonizing bacteria (Crielaard et al. 2011) differ between primary and permanent dentitions. Still, several of the genera, particularly *Actinomyces*, *Prevotella*, *Leptotrichia*, and *Granulicatella*, that were associated with caries in the present study cohort are reported to be overrepresented in dental caries

in young children (Gross et al. 2010; Ling et al. 2010; Jiang et al. 2013). The presence of *Capnocytophaga* sp. HOT335, *F. nucleatum* subsp. *nucleatum*, and selected *Streptococcus* species in caries-free adolescents is consistent with previous reports (Gross et al. 2010; Ling et al. 2010; Jiang et al. 2013; Simón-Soro et al. 2013). However, 3 *Neisseria* (including *Neisseria flavescens*) and 3 *Porphyromonas* (including *P. catoniae*) species were prevalent in the Romanian caries group, which is in contrast to findings by Crielaard et al. (2011).

The detection of *S. mutans* and *S. sobrinus* was higher using PCR than pyrosequencing, as had been expected due to the use of species-specific primers for PCR rather than the more inclusive primers targeting the V1 to V4 regions of 16S rRNA used for pyrosequencing. Both *S. mutans* and *S. sobrinus* were highly associated with caries, with a strikingly high prevalence of *S. sobrinus* alone and *S. mutans* with *S. sobrinus* in the Romanian adolescents. However, 15% of the Romanian and 30% of the Swedish caries-active adolescents had no detectable mutans streptococci despite having active caries, which is consistent with the ecological plaque hypothesis that suggests that acid for caries initiation may come from any or all of several acidogenic species, including the lactobacilli, bifidobacteria, and species with weaker acid production, such as non-mutans streptococci and *Actinomyces* species (Takahashi and Nyvad 2011).

We conclude that *S. sobrinus*, *S. mutans*, and other *Streptococcus* species, particularly *Streptococcus* sp. HOT074 and *Streptococcus* sp. HOT431, characterized the microbiota of Romanian adolescents with limited access to dental care, whereas *L. shahii*, *P. catoniae*, and *Streptococcus* sp. HOT070 were present in both the Romanian and Swedish caries groups. In contrast, *S. mutans* was less frequent and *S. sobrinus* was rarely detected among Swedish adolescents who had regular dental care and individual anticaries regimens since early childhood. The Swedish participants were typically colonized with species in the *Actinomyces*, *Selenomonas*, *Prevotella*, and *Capnocytophaga* genera. These findings suggest that the role of mutans streptococci as a primary caries pathogen is less pronounced in populations exposed to preventive programs, whereas both *S. mutans* and *S. sobrinus* are prevalent in populations without routine caries treatment and prevention strategies. The latter populations are generally characterized by lower socioeconomic status, lack of oral hygiene and fluoride exposure from toothpaste, and restoration of cavities, which likely explain the differences seen between the Romanian and Swedish groups. Nonetheless, systematic, long-term dental care appears to affect the microbiota in a population over time.

Author Contributions

I. Johansson, E. Witkowska, B. Kaveh, contributed to conception, design, and data analysis, drafted and critically revised the manuscript; P. Lif Holgersson, contributed to data acquisition and analysis, drafted and critically revised the manuscript; A.C.R. Tanner, contributed to data analysis, drafted and critically revised the manuscript. All authors gave final approval and agree to be accountable for all aspects of the work.

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