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## From Sequence and Forces to Structure, Function and Evolution of Intrinsically Disordered Proteins

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### Abstract

Intrinsically disordered proteins (IDPs), which lack persistent structure, are a challenge to structural biology due to the inapplicability of standard methods for characterization of folded proteins as well as their deviation from the dominant structure/function paradigm. Their widespread presence and involvement in biological function, however, has spurred the growing acceptance of the importance of IDPs and the development of new tools for studying their structure, dynamics and function. The interplay of folded and disordered domains or regions for function and the existence of a continuum of protein states with respect to conformational energetics, motional timescales and compactness is shaping a unified understanding of structure-dynamics-disorder/function relationships. On the 20th anniversary of this journal, Structure, we provide a historical perspective on the investigation of IDPs and summarize the sequence features and physical forces that underlie their unique structural, functional and evolutionary properties.

### Keywords

Conformational ensemble; continuum; energy landscape; dynamics; responsiveness

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One view of the overall goal of structural biology is to provide insights into the physical chemistry of biological function. This entails descriptions of the free energy landscapes of all relevant macromolecules in isolation and in their interactions so as to be able to predict the kinetics and thermodynamics underlying conformational states, catalytic reactions and binding properties. Such a goal is extremely challenging and many structural biologists have been satisfied by characterizations of the low energy wells on the energy landscapes of macromolecules and some limited numbers of combinations of macromolecules. This less ambitious scope has provided powerful correlations between structural properties of folded macromolecules and complexes and their biological functions. Thus, the broader goal has been thought by many to be superseded. However, it is becoming increasingly apparent that

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biological function utilizes higher energy states of folded macromolecules (Baldwin and Kay, 2009; Clore, 2011; Osawa et al., 2012) as well as macromolecules that do not predominantly sample low energy states (Dyson and Wright, 2005; Fink, 2005; Tompa, 2005; Meszaros et al., 2011). Proteins with this latter nature have been called intrinsically disordered as they do not adopt unique, well-folded three-dimensional structures but rather populate ensembles of diverse, interconverting conformations. Note that these ensembles, while lacking persistent structure, are “stable” in the thermodynamic sense. This means that the dynamic equilibrium of distinct conformations (i.e. disorder), with its significant conformational entropy, is lower in free energy under the prevailing conditions than a single conformation or narrow distribution of conformations. Intrinsically disordered proteins represent a significant challenge to the previously described body of structure/function correlations. However, from the standpoint of physical chemistry, it should not be surprising that all available energetic possibilities and all accessible conformations can be exploited for various functional purposes. In this regard, a powerful view that includes the entire continuum of dynamic and energetic properties of proteins as well as monomer, oligomer and higher order assemblies is emerging.

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Interestingly, prior to the 1957 pioneering work on the binding of the S-protein and S-peptide of cleaved RNase A (Richards, 1997), and shortly thereafter the first crystal structures of ordered proteins (Kendrew et al., 1960), both demonstrating that proteins can be ordered in three dimensions with tight intra-molecular interactions, all proteins were thought of as highly malleable. The notion of proteins having similar structural and dynamic properties as small molecule crystals took some time to be established, with the application of the newly developed tool of protein crystallography having a significant role. To better understand this transition and the more recent change in view regarding the continuum of relevant protein states including disordered proteins, it is worth considering the nature of scientific paradigms and their roles in guiding scientific progress (Kuhn, 1962). In this conception, scientific progress is seen not as a linear enhancement of knowledge but as steady growth of understanding within certain defining and limiting theories or paradigms interrupted by dramatic changes in these paradigms to enable rapid development of knowledge. Thus, the paradigm of structure/function correlations, while facilitating significant biological insight, slowed the acceptance of the biological role of highly dynamic and disordered protein states. Dramatic shifts are often enabled by the application of new methods, with NMR and computational approaches driving the more recent appreciation for the full dynamic continuum of relevant protein states. Regardless of these philosophical considerations, the increasing body of evidence for the presence and functional importance of dynamic and disordered protein states has now led to a general acknowledgment of the structural biological significance of characterizing these states. After all, if these proteins have biological functions, such functions must be enabled by their conformations and dynamics, and structural biology should be able to enlighten us with respect to their structure-dynamics-disorder/function relationships.

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Reviews of the history of the field of disordered proteins have been published with references to disorder from at least as far back as 1986 (Hernandez et al., 1986; Sigler, 1988; Spolar and Record, 1994). Within the past 20 years, significant milestones include the description as intrinsically disordered proteins of p21, which is required for the biologically

critical function of inhibition of cyclin dependent kinases (Kriwacki et al., 1996), and of alpha-synuclein, which is involved in synaptic activity and a fragment of which is found in Alzheimer's amyloid deposits (Weinreb et al., 1996). The observation that FlgM is required to be disordered for export but then folds upon binding to sigma factor (Daughdrill et al., 1997) highlighted the potential for disorder-to-order transitions and the advantages of being able to interconvert between states. The developing sparse data on protein disorder was used to train computational predictors, leading to the realization that disorder is not a property of a small subset of proteins but that it is an extremely common feature (Romero et al., 1998). Current predictions on multiple sequenced genomes suggest that up to 50% of amino acids in eukaryotic proteins are disordered, with about 35% of proteins containing stretches of greater than 30 residues of intrinsic disorder and potentially 15% being fully disordered, a not insignificant fraction of the proteome (Ward et al., 2004; Oates et al., 2013; Peng et al., 2013).

Based on these and many other important contributions over the past 20 years, a set of characteristics of intrinsically disordered proteins and regions (IDPs/IDRs) has been established that provide a context for functional correlations to augment those described for folded protein structures. (Note that for the remainder of the article, IDP will be used for both IDP and IDR.) These characteristics may be considered as an inter-related set beginning with their sequence features and physical forces dominating their interactions through their structural, functional and evolutionary properties (Figure 1).

## Sequence

As has been exploited within computational algorithms for predicting protein disorder, IDPs are highly enriched in charged and polar residues, as well as glycine and proline, with fewer hydrophobic residues (Uversky et al., 2000; Williams et al., 2001). IDPs have an overall tendency towards lower complexity sequences including the presence of sequence repeats (Romero et al., 2001; Jorda et al., 2010). Some IDPs can have high net charge, either positive or negative, with others having a mixture of charges with "blocks" or clusters of the same charge. These sequence features do not favor hydrophobic burial in the context of persistent secondary structural elements, precluding formation of folded protein structure. The few instances of large hydrophobic residues, such as tryptophan, tyrosine, phenylalanine and leucine, found in IDPs are almost always part of motifs that recognize binding partners (Fuxreiter et al., 2007; Brown et al., 2010). IDPs also contain sequence motifs for recognition by enzymes carrying out posttranslational modification (PTM) (Iakoucheva et al., 2004). The accessibility of disordered chains facilitates both PTM and binding, leading to enrichment of PTM sites in IDPs and their preponderance as hub proteins (those having >10 binding partners) (Dunker et al., 2005; Higurashi et al., 2008).

## Forces

Obviously, the same physical forces apply to a disordered as to an ordered protein, but their relative importance in shaping structure and dynamics is different. The large degree of conformational sampling for IDPs gives them significant conformational entropy, which can be restricted by intra- and intermolecular interactions that lead to structure and limit

sampling. It has been suggested that loss of conformational entropy upon binding results in significantly weaker binding for IDPs undergoing dramatic disorder-to-order transitions upon binding, facilitating high specificity but fast off-rates for regulatory interactions (Dunker et al., 1998). However, fine-tuning of enthalpically favorable interactions has been shown to lead to high affinities in some interactions involving significant disorder-to-order transitions (Kriwacki et al., 1996; Lacy et al., 2004; Ferreon et al., 2013; Follis et al., 2013). Given the significant numbers of charged residues and the presence of specific charge distributions in IDPs, electrostatic interactions, including cation-pi (Gallivan and Dougherty, 1999), must play prominent roles. Attractive or repulsive electrostatic interactions have thus been suggested to be critical for hydrodynamic properties (Mao et al., 2010; Marsh and Forman-Kay, 2010; Muller-Spath et al., 2010), as elaborated in the following section. The other forces, including van der Waals interactions and the hydrophobic effect, which are dominant for folded proteins, appear to be less important in general but specific cases of hydrophobic interactions and clustering in disordered proteins have been reported (Klein-Seetharaman et al., 2002; Mittag et al., 2008; Meng et al., 2013). Disordered protein energetics may be characterized by multiple weak interactions showing minimal cooperativity. The transient sampling of a large number of relatively weak intra-molecular interactions within an IDP can enable the protein to act as its own solvent, leading to self-association as intramolecular contacts become indistinguishable from inter-molecular contacts involving the same residues (Rauscher and Pomès, 2012).

## Structure

The impact of these physical forces on IDPs leads to structural properties highly distinct from those of folded proteins. The dominant feature is lack of persistent secondary and tertiary structure, with a highly flexible chain transiently sampling fractional secondary structure and tertiary contacts (Daughdrill et al., 1998; Choy and Forman-Kay, 2001; Dunker et al., 2001). This flexibility enables motifs for PTM and binding to be accessible. Dynamic sampling of conformations can also facilitate averaging of electrostatic fields, leading to a dependence of structural (such as  $R_h$ ) and binding properties on net charge or charge distributions (Borg et al., 2007; Serber and Ferrell, 2007). The fraction and linear patterning of charged residues significantly impacts IDP conformations (Das and Pappu, 2013). PTMs can in many cases change the net charge and charge distribution (Seet et al., 2006; Arif et al., 2010; Deribe et al., 2010; Sasaki, 2012; Bicker and Thompson, 2013), including phosphorylation of Ser, Thr and Tyr (changing charge from 0 to  $-2$ ), sulfation of Tyr (0 to  $-1$ ), deamination of Arg ( $+1$  to 0) and acetylation of Lys ( $+1$  to 0). These changes can dramatically affect structural and binding properties of IDPs, such as interactions of a phosphate with the helix dipole of a fluctuating helical element either stabilizing or destroying helical propensity depending on the phosphate position relative to the helix termini (Andrew et al., 2002). While the lack of persistent folded structure and fewer hydrophobic residues mean that there is no hydrophobic core, transient secondary structure and tertiary contacts, electrostatic interactions and backbone torsion angle propensities, particularly for proline, translate into different degrees of compactness for IDPs. These range from quite compact and only slightly expanded relative to a folded domain to

extended beyond that expected for a fully denatured domain of the same number of residues (Mao et al., 2013).

One way of understanding the structural properties of disordered proteins is viewing them as the “polymer” state of proteins, capable of occupying many different parts of the phase diagram of accessible protein states (Mao et al., 2010). Many IDPs are monomeric or participate in defined oligomers upon binding protein partners, either folded or disordered. IDPs can undergo disorder-to-order transitions upon binding, stabilizing isolated helical or extended regions or even a small ordered domain (Wright and Dyson, 2009); other interactions result in only transient local ordering within a dynamic or “fuzzy” complex (Tompa and Fuxreiter, 2008; Mittag et al., 2010). The self-association of IDPs or dynamic multi-valent interaction of modular binding domains with motifs within IDPs can drive phase separation under certain conditions (Tompa, 2013), facilitating formation of micron-sized liquid protein-dense droplets (Li et al., 2012) that can function as non-membrane-bound organelles (Kato et al., 2012; Weber and Brangwynne, 2012; Malinowska et al., 2013) or precede gelation or fiber formation (see below). Liquid droplet formation is arguably one of the most important new roles for IDPs identified in the last decade. While cases of folding upon binding result in a straightforward extension of the structure/function paradigm, the retention of significant disorder in dynamic complexes and liquid droplets underscores the functional relevance of the full continuum of protein states.

Due to the dynamic nature of isolated IDPs and many of their complexes, standard biophysical tools are not easily applied for characterization of specific structural properties beyond polymer chain descriptors such as hydrodynamic radius ( $R_h$ ), radius of gyration ( $R_g$ ) and end-to-end distance distributions. NMR and SAXS data have been exploited within computational approaches for describing disordered state ensembles (Fisher and Stultz, 2011; Bernado and Svergun, 2012; Marsh and Forman-Kay, 2012; Schneider et al., 2012). Single molecule fluorescence has also been applied to obtain information on these states (Ferreon et al., 2010; Schuler et al., 2012). While for folded proteins, significant homology to an available structure (or sequence similarity for multiple shorter segments as for ROSETTA) (Das and Baker, 2008) is often required for successful structural prediction, recent success in predicting hydrodynamic properties from sequence composition and charge distribution (Hofmann et al., 2012; Das and Pappu, 2013) suggests that we may be able to reasonably predict the gross structural properties of ensembles of disordered states utilizing polymer models without the need to characterize many examples of IDP ensembles. However, combining experimental and computational methods will be required in order to describe more detailed structural properties of the many IDPs and dynamic complexes involving IDPs that underpin biological function.

## Function

IDPs have a very large diversity in functional, as well as pathological, roles, in part due to their ability to sample various structural and oligomeric states in the continuum of accessible protein states. One perhaps surprising function involves the modulation of protein solubility. The high proportion of charged and polar residues often enhances solubility of IDPs and proteins containing IDRs (Santner et al., 2012) and, in fact, some IDPs can act as

proteinaceous detergents due to unique sequence distributions (Bailey et al., 2001). In contrast, the exposure of hydrophobic residues and possible propensity for extended and turn structures can lead to risk for aggregation and formation of amyloid-type  $\beta$ -structure, with a number of IDPs being involved in aggregation-based diseases (Huang and Stultz, 2009; Uversky, 2010). The levels of IDPs in cells are therefore tightly controlled (Gspöner et al., 2008). IDPs can function to bridge distances, such as between enzyme active sites and substrate binding sites within large catalytic complexes (Mittag et al., 2010). The presence of IDRs as linkers between ordered domains enables control of orientation of and distances between the domains (Chong et al., 2010), as well as more complex mechanisms including roles as entropic springs (Lange et al., 2005; Smagghe et al., 2010) and timers (Wissmann et al., 1999; Bentrup et al., 2001). The length of linkers and their flexibility may, for example, determine how long it takes for two domains to encounter each other stochastically and may therefore time a subsequent signaling event.

A major function of IDPs is in mediating protein recognition due to the many favorable binding properties of IDPs. The complex energy landscape of IDPs and their potentially dynamic complexes facilitates allostery and allosteric regulation (Hilser and Thompson, 2007; Ferreon et al., 2013). The flexibility within dynamic bound states enables ease of regulation by PTM due to accessibility to modifying enzymes. PTM can have dramatic effects on binding due to structural, steric and/or electrostatic effects. Importantly, interactions can be dynamically turned on or off by PTM (Mittag et al., 2010). Many IDPs interact with extended structure across a folded partner with a large interface, providing high specificity and the potential for significant affinity; this can be modulated, however, by the loss of conformational entropy upon binding enabling tuning of binding affinity (Dunker et al., 1998). The larger hydrodynamic radii of some IDPs, but not of collapsed states, lead to higher capture radii (Shoemaker et al., 2000) but may also slow down diffusion (Huang and Liu, 2009), modulating the kinetics of binding and release, effects which may be more significant in the context of proteins containing folded domains and IDRs. Even if bound states of IDPs are ordered, the kinetics and thermodynamics of binding can hence be significantly different compared to folded proteins. An interesting observation is that the same region of an IDP can sometimes interact with different target proteins in distinct conformations, enabling multi-specificity due to the conformational plasticity of the chain (Oldfield et al., 2008; Hsu et al., 2013). Disordered regions of certain chaperones have been demonstrated to mediate the direct interactions with client proteins, highlighting another important function of disorder (Kovacs and Tompa, 2012; Foit et al., 2013).

Here the focus has been on the molecular functions of IDPs, but it is important to note the unique contributions of disorder to particular biological processes, based on these molecular functions. Many IDPs contain multiple binding motifs for interactions with target proteins. In cases where these motifs are distinct, IDPs can act as organizing scaffolds or as hubs in interaction networks facilitating signal integration and localization. Multi-valent interactions involving similar motifs, in contrast, can lead to dynamic exchange of these sites on and off of a single target (Mittag et al., 2008). Such dynamic complexes can generate ultra-sensitive, switch-like (Tang et al., 2012) or graded, rheostat-like (Lee et al., 2010; Mittag et al., 2010) responses, depending on the nature of the interactions. Under certain conditions, multi-valent interactions lead to phase separation behavior, as noted above (Li et al., 2012). This

phase separation can generate non-membrane bound organelles involved in subcellular organization or elastic materials, gels and fibers performing various biological roles (Kato et al., 2012; Malinovska et al., 2013). For example, elastin and other elastic proteins are produced from association of disordered monomers in a dynamic, elastic matrix with covalent or  $\beta$ -sheet crosslinking (Muiznieks and Keeley, 2013), and the molecular sieve function of the nuclear pore is due to self-association of disordered nucleoporins (Frey and Gorlich, 2007; Milles and Lemke, 2011). Overall, disorder is significantly enriched in proteins associated with transcription, signaling, phosphorylation, RNA processing, ubiquitination, ion transport, cytoskeletal organization, cell cycle and other highly regulated biological processes (Ward et al., 2004; Lobley et al., 2007).

The correlation of disorder with these critical processes underlies the involvement of disordered proteins in a large number of diseases, including those characterized by loss of biological regulation such as cancer. Examples are the master tumor regulator proteins p53 and c-Myc, which are both transcription factors with folded DNA-binding domains and long disordered regions that mediate complex regulatory interactions (Oldfield et al., 2008; Andresen et al., 2012). The pathological association of disordered proteins into toxic aggregates contributes to another class of diseases, of which neurodegenerative diseases are representative. Alpha-synuclein and tau are examples of IDPs found in cellular aggregates in Parkinson's and Alzheimer's diseases (Huang and Stultz, 2009). Pathological effects can arise as consequences of different perturbations. Missense mutations may lead to disorder-to-order transitions (Vacic et al., 2012), changes in post-translational modifications and differences in binding affinities and competition among targets. Perhaps more importantly, changes in expression levels or availability of protein recognition elements can re-wire signaling networks (Gsponer et al., 2008; Babu et al., 2011) and differences in oligomerization or physical state can have dramatic loss- or gain-of-function consequences. The important role of IDPs in disease has led to recent drug development efforts targeting disordered proteins directly or their interactions with folded partners (Metallo, 2010; Uversky, 2010; Rezaei-Ghaleh et al., 2012).

## Evolution

Understanding the evolutionary correlations of IDPs has been challenging due to the use of tools developed for folded protein domains. Thus, conflicting conclusions have been drawn, at once suggesting that disordered regions are conserved as befits their functional significance and that they are much less conserved than folded regions. In different ways, both appear to be true. While folded proteins are usually more strictly positionally conserved than disordered proteins (Xia et al., 2009; Brown et al., 2010), IDPs can demonstrate high conservation of overall composition (Moesa et al., 2012) and of specific motifs for PTM and binding (Nguyen Ba et al., 2012). Importantly, the presence of specific segments of disorder of particular lengths is often highly conserved (Schlessinger et al., 2011). The looser positional conservation of IDPs explains why driver mutations in cancer, while they often involve signaling proteins with long disordered regions, occur more frequently in their folded than in their disordered domains because single amino acid substitutions are more likely to disrupt function in folded domains (Pajkos et al., 2012). This behavior allows high mutation rates in IDPs, increased rates of insertions and deletions (Nido et al., 2012), ease of

domain swapping and duplication (Buljan et al., 2010) as well as ease of splicing (Buljan et al., 2013). In addition, the lack of strict constraints for maintaining folded structure facilitates overprinting, which is the use of multiple reading frames for protein translation, observed in a number of viruses (Rancurel et al., 2009). Since binding motifs within IDPs are usually relatively short primary sequence elements rather than full folded domains, protein interactions can be driven with significantly smaller protein lengths (Gunasekaran et al., 2003). This mechanism, together with the potential for overprinting, keeps genome sizes and cell sizes to a minimum.

Outside of constraints on composition, length and specific motifs, the robustness of disordered proteins to sequence variability has been suggested to facilitate rapid evolution of regulatory complexity, making disorder a major evolutionary tool for progressing from simple prokaryotes to complex multi-cellular eukaryotes (Schlessinger et al., 2011). Together with the role of IDPs in mediating regulatory interactions, this helps explain the preponderance of disorder in signaling networks within higher eukaryotes relative to their lower presence in constitutive metabolic proteins and in many bacteria (Xue et al., 2012). Interestingly, selective prokaryotes found in unusual environments (i.e. low temperature, acid, high radiation) and viruses known to undergo rapid selection (Tokuriki et al., 2009) also contain significant disorder. These observations argue for the utility of disorder for evolution.

## Concluding remarks

These layers of IDP characteristics shown in Figure 1 demonstrate the large number of unique properties and advantages of IDPs. In assessing the relative roles of ordered and disordered proteins in function and pathology, it is interesting to consider the overall preponderance and expectation of order and disorder in biology, given the requirement for dynamic responsiveness as the primary feature of life. Cells are organized by membrane boundaries, both external and internal, with organelles and other localized features, yet there is considerable dynamics with fusion and fission events at these boundaries. The lipid bilayers that define these boundaries perform phase transitions in order to facilitate fusion and fission, as well as changes in composition and thickness (Furt and Moreau, 2009). While the core DNA structure is primarily ordered helix, the super-structure of DNA is in a state of flux depending on protein interactions and overall elastic properties of the long chain (Benham and Mielke, 2005; Vafabakhsh and Ha, 2012). RNA can have significant although not usually fully populated secondary structure as well as dynamic fluctuating tertiary contacts (Li et al., 2008; Lee et al., 2010). Sugars that are covalently linked to lipids and proteins are often highly dynamic, providing a disordered solubilizing coating (Hricovini, 2004). The primary solvent for all biological macromolecules, water, is significantly disordered at physiological temperatures yet can become partially ordered around various solute molecules (Yamaguchi et al., 2004). Thus, it should not be surprising that proteins occupy a continuum from folded to highly disordered, including protein interactions that may lead to ordered structure or retain significant dynamics.

Knowledge of the variety of conformational and dynamic states exploited by biology is currently developing within the structural biology community, particularly as more proteins



containing significant disordered regions are being crystallized (Marsh et al., 2010). This paradigm shift is underway, with increasing appreciation for the extent and importance of disorder and dynamics in biology and the full continuum of protein states and their roles. Future progress towards understanding the complex relationship between energetic and structural features of biomolecules and biological function will require that all of these states be studied. Importantly, the more dynamic end of the continuum of protein states, including isolated intrinsically disordered proteins and their dynamic complexes and large-scale associated states, needs to be a focus. New methods for better characterizing IDPs and their dynamic complexes are required and more studies to demonstrate the functional link to advantages of disorder. Given the organization of many proteins with combinations of folded and disordered regions, as well as intra- and intermolecular interactions of folded and disordered regions (Babu et al., 2012; Tompa, 2012), the complex interplay between structure and disorder must also be understood to augment isolated structure/function and disorder/function relationships. Due to IDPs having multiple sites of PTMs, conformational states, functions, and binding partners, they are likely to be exploited to provide dynamic responsiveness and complex regulation in biology. Thus, future studies of IDPs and correlations between their biophysical properties and function are sure to provide critical insights into the structural basis of biological regulation, cellular organization and disease.

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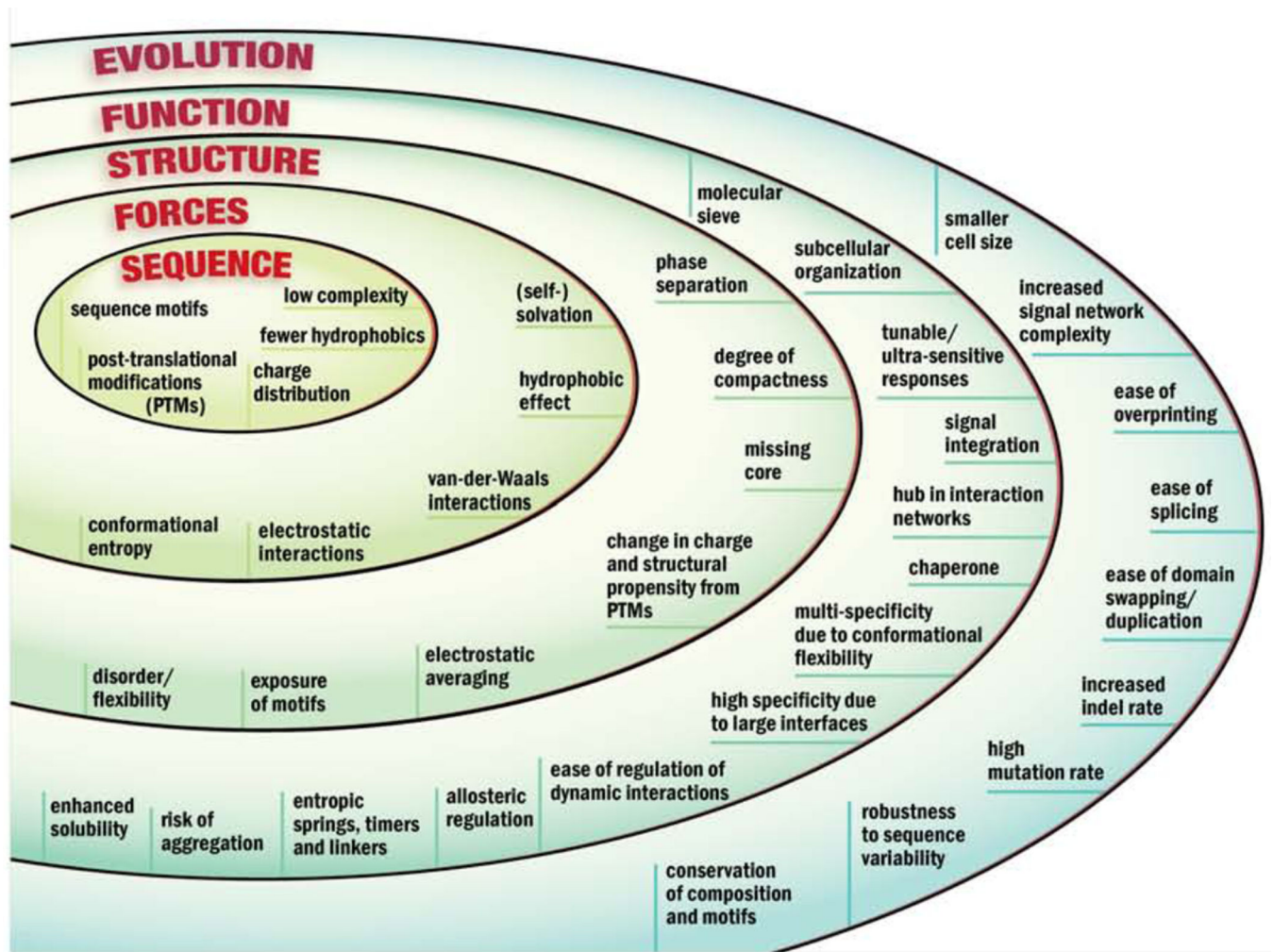
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**Figure 1.** Summary of characteristics of intrinsically disordered proteins and regions (IDPs/IDRs) as an inter-related set rooted in their sequence features and physical forces dominating their interactions and continuing through their structural, functional and evolutionary properties. Posttranslational modifications; PTMs.