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Disparities in the Use of Breast-Conserving Therapy Among Patients With Early-Stage Breast Cancer

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Abstract

IMPORTANCE—Although breast-conserving therapy (BCT) is an accepted modality for treatment of early-stage breast cancer, many women continue to undergo mastectomy. Detailing the factors associated with choice of BCT may assist with overcoming barriers in the use of this treatment modality.

OBJECTIVE—To conduct a population-based examination of the factors that influence the use of BCT.

DESIGN, SETTING, AND PARTICIPANTS—Using the National Cancer Data Base, we examined the surgical choices of women with stage T1 or T2 breast cancer treated between 1998 and 2011. Logistic regression analysis conducted between September 19, 2013, and August 26, 2014, was used to assess the multivariate association between patient and facility variables and the probability of undergoing BCT.

MAIN OUTCOMES AND MEASURES—Factors associated with the use of BCT.

RESULTS—A cohort of 727 927 women was identified in the National Cancer Data Base. Use of BCT, determined using odds ratio (OR) and 95% CI, was greater in patients aged 52 to 61 years compared with younger patients (1.14; 1.12–1.15) and in those with the highest educational level (1.16; 1.14–1.19). Rates of BCT were lower in patients without insurance compared with those with private insurance (0.75; 0.72–0.78) and in those with the lowest median income (0.92; 0.90–0.94). Academic cancer programs, US Northeast location, and residence within 27.8 km of a treatment facility were associated with greater BCT rates than were community cancer programs (1.13; 1.11–1.15), Southern location (1.50; 1.48–1.52), and residence farther from a treatment facility (1.25; 1.23–1.27). When comparing BCT use in 1998 with use in 2011, increases were seen across age groups (from 48.2% to 59.7%), in community cancer programs (48.4% in 1998 vs 58.8% in 2011), and in facilities located in the South (45.1% in 1998 vs 55.3% in 2011).

CONCLUSIONS AND RELEVANCE—Although the use of BCT has increased during the past 14 years, nonclinical factors, including socioeconomic demographics, insurance, and travel distance to the treatment facility, persist as key barriers to receipt of BCT. Interventions that address these barriers may facilitate further uptake of BCT.

With several randomized prospective trials^{1,2} confirming the efficacy of breast-conserving therapy (BCT), the National Institutes of Health (NIH)³ issued a consensus statement in 1990 in support of this treatment modality. These trials and the NIH consensus statement led to a substantial decline in the rates of mastectomy and the widespread acceptance of BCT as an appropriate treatment modality for early-stage breast cancer.⁴ However, during the past decade, technical advances and changes in societal norms may have created new incentives other than BCT, even among patients who remain good candidates for this treatment. These incentives include genetic testing for *BRCA1* and *BRCA2* mutation, advances in reconstruction techniques, breast magnetic resonance imaging, and increased patient interest in contralateral prophylactic mastectomy.

Several studies have sought to address the contemporary rates of BCT in the United States. Single-institution studies from the Mayo Clinic⁴ and Moffitt Cancer Center⁵ have reported an increase in mastectomy rates in the early 2000s after the sharp decrease in the 1990s.

Patient age and higher tumor stage were predictors of mastectomy in both retrospective reviews. The use of preoperative breast magnetic resonance imaging was also found to be a predictor of mastectomy in the Mayo Clinic review.⁴ In contrast, evaluation of national mastectomy trends using the Surveillance, Epidemiology, and End Results (SEER) database⁶ showed an overall decrease in mastectomy rates for ductal carcinoma in situ and stage I to III breast cancers. The factors that were associated with decreased mastectomy rates included age older than 40 years, non-Hispanic white race, small tumor size, low tumor grade, nonlobular histologic characteristics, positive estrogen receptor status, and negative lymph node findings. The difference in mastectomy rates between the single-institution Moffitt Cancer⁵ Center and Mayo Clinic⁴ studies and the SEER database was thought to be the result of differences in referral patterns and patient selection bias.^{5,6}

The SEER report by Habermann and colleagues⁶ suggested practice-based disparities in the use of BCT. However, because practice-based variables are unavailable in the SEER database, this hypothesis could not be directly tested. We sought to investigate this question using the National Cancer Data Base (NCDB) (<https://www.facs.org/quality%20programs/cancer/ncdb>), which codes for facility-level data, such as type of practice, in addition to clinical variables and patient demographics. Furthermore, the NCDB provides socioeconomic factors, such as educational level, income, insurance, and travel distance, which we hypothesized could also influence the type of surgical treatment received.

Methods

Patient Cohort

We identified a cohort of 727 927 women from the 2 720 347 patients with breast cancer in the NCDB who had clinical T1 or T2 tumors treated between 1998 and 2011. The NCDB, a joint program of the Commission on Cancer of the American College of Surgeons and the American Cancer Society, is a nationwide oncology outcomes database for more than 1500 commission-accredited cancer programs in the United States and Puerto Rico. Approximately 70% of all newly diagnosed cases of cancer in the United States are captured at the institutional level and reported to the NCDB.⁵ The patients included in the analysis cohort met the following criteria: (1) had clinical T1 or T2, N0 to N3, or Nx breast cancer; (2) had surgery codes for mastectomy or breast-conserving surgery plus radiotherapy (ie, BCT); and (3) did not receive their therapy at an “other specified type of cancer program.”⁷ Because patient-level identifiers are not available to NCDB users, this study was exempted from institutional review board evaluation and approval by The University of Texas MD Anderson Cancer Center institutional review board.

Statistical Analysis

Data analysis was performed between September 19, 2013, and August 26, 2014. Univariate analyses were performed to evaluate the association between each variable and the delivery of BCT, using χ^2 tests for categorical variables and *t* test, analysis of variance or the counterparts of the nonparametric approaches (Wilcoxon rank sum test or Kruskal-Wallis test) for continuous variables.⁸ Logistic regression analysis was used to assess the multivariate relationship between patient demographics, clinical characteristics, and the

probability of a woman receiving BCT.⁹ A logistic regression model was obtained by first including an initial set of candidate predictor variables with a significance level of $P < .05$ in the univariate analysis. A backward stepwise elimination was then performed, using .05 for the significance level for an effect to stay in the model. Once the list of variables to be used in the final model was selected, the functional form of each variable and multicollinearity between the variables were examined. The race/ethnicity indicator was not included in the multivariate logistic regression model owing to its strong colinear correlations with other important factors, such as insurance, educational level, and facility location. In addition, breast cancer patient volume of a facility and facility type were not included in the multivariate model simultaneously because they were strongly correlated. Breast cancer patient volume of a facility is defined by the quartiles of the range of breast cancer cases reported across all the facilities in the study cohort for this analysis. To evaluate the differential influence that various factors had on the receipt of BCT during the study period, we used a multivariate logistic regression model on data from patients with breast cancer diagnosed only during 1998 and 2011. We also included interaction terms between each factor with year of diagnosis (1998 vs 2011) to assess statistically significant differences in the ability of these predictive factors between the 2 years. In addition, annual rates of BCT by insurance status, facility type, facility location, travel distance to the treatment facility, clinical T stage, and clinical N stage were calculated, with adjustment of all other factors in the multivariate logistic model. Computations for all analyses were performed using SAS, version 9.2 (SAS Institute Inc), and S-Plus, version 8.04 (TIBCO Software Inc).

Results

A cohort of 727 927 women met the inclusion criteria for this study. The trend of BCT during the study period is shown in Figure 1. The percentage of patients with early-stage breast cancer undergoing BCT increased from 54.3% in 1998 to 59.7% in 2006. The rate of BCT then remained relatively constant at approximately 59% thereafter.

By univariate analysis, patients of white race and those aged 52 to 70 years were more likely to receive BCT compared with patients of other races and those younger (18–51 years) or older (>70 years) (all $P < .01$). The rates of BCT decreased from 61% to 43% in patients with more comorbidities than other patients ($P < .01$). Comorbidities were measured by the Charlson-Deyo score, with 0 indicating no comorbidities and 2 representing multiple comorbidities. The rate of BCT also decreased with decreasing levels of education measured ($P < .01$). Insurance status was significantly associated with the receipt of BCT, with patients who had private insurance most likely to undergo BCT (62.3%) compared with Medicare patients 65 years or older (53.9%), Medicare patients younger than 65 years (54.8%), women receiving Medicaid (51.5%), and those with no insurance (49.3%) ($P < .01$). Likewise, BCT rates were associated with income. Patients with an annual median income of \$46 000 per year or more had the highest rates of BCT (61.6%), and those who made less than \$30 000 per year had the lowest BCT rates (51.1%) ($P < .01$) (Table 1).

In addition to patient demographics, the rates of BCT varied based on treating facility variables, such as facility type, facility location, and travel distance to the treatment facility (Table 1). The highest percentage of BCT was performed at facilities with academic/

research programs (59.8%) followed by comprehensive community cancer programs (58.1%), and the lowest percent-age of BCT was seen in community cancer programs (55.4%) ($P < .01$). Facilities located in the South had the lowest rate of BCT (52.0%) and those in the Northeast had the highest rate (64.5%) ($P < .01$). Patients who had a travel distance of more than 27.8 km to the treatment facility had the lowest BCT rate (54.0%) compared with women who lived closer to a treatment facility (59.0%–60.1%) ($P < .01$). The South had the largest percentage of patients with a travel distance to a treatment facility greater than 27.2 km (eTable 1 in the Supplement).

In multivariate analysis, year of diagnosis, clinical T and N stage, age, insurance status, median annual income, educational level, facility type, facility location, and distance from the treatment facility remained significantly associated with receipt of BCT (Table 2). Race/ethnicity was not included in the multivariate model owing to its strong colinear correlations with insurance status, educational level, and facility location. Similarly, breast cancer volume was not included in the multivariate model owing to its association with facility type. Nodal status was also associated with socioeconomic variables; specifically, higher nodal stage was more likely among women with lower median income, lower educational level, and those uninsured or insured by Medicaid (eTable 2 in the Supplement). However, after adjusting for these socioeconomic variables, higher nodal status remained associated with a lower likelihood of undergoing BCT.

We next evaluated the change over time for the variables associated with BCT use (Table 3). There were several notable interactions between year of diagnosis and risk factors of BCT use. At the beginning of the study period in 1998, a large gap existed with most BCT being performed at academic/research programs (Figure 2A; unadjusted data available in eFigure in the Supplement). Rates of BCT use increased significantly at nonacademic programs during the study period, such that by 2011, the association between facility type and BCT was no longer statistically significant ($P = .17$ for association between BCT and facility type in 2011) (Table 3). This change over time was statistically significant ($P < .01$).

Significant gains were also seen in the use of BCT in the South, thereby narrowing the disparity in BCT rates across geographic regions of the United States (Figure 2B). When adjusting for other variables, in 1998 patients in the Midwest, Northeast, and West had 30% to 80% higher odds of BCT use compared with patients in the South. However, by 2011 these odds decreased to 19% to 40%, which is a significant change over time in the association between geographic location of the facility and use of BCT ($P < .01$) (Table 3).

Compared with 1998, age remained significantly associated with BCT in 2011. However, the BCT rates increased in the older cohorts, especially among the 62- to 70-year age group (odds ratio [OR], 0.99; 95% CI, 0.92–1.07 in 1998 vs 1.22; 1.17–1.29 in 2011), resulting in significantly smaller age-based disparities over time ($P < .01$) (Figure 2C and Table 3).

In contrast, associations between insurance type, income, and travel distance to the treatment facility in 1998 remained unchanged or showed greater disparity compared with the 2011 associations. Throughout the entire study period, private insurance was consistently associated with higher BCT use (Figure 2D). Although trends were seen toward greater use

of BCT in the Medicaid, Medicare, and uninsured groups resulting in significant decrease in insurance-based disparities over time ($P = .03$), overall, patients with private insurance remained the most likely to undergo BCT and those with other government insurance saw a relative decrease in 2011 compared with 1998 (Table 3).

Travel distance to a treatment facility retained a constant negative association with use of BCT across the study period (Figure 2E and Table 3). In both 1998 and 2011, travel distance greater than 27.7 km resulted in significantly less BCT use, with little improvement during the years studied ($P = .10$). As reported in Table 3 (with data given as OR; 95% CI), patients with a travel distance of less than 6.4 km to a treatment facility were much more likely to undergo BCT compared with those for whom the travel distance was more than 27.7 km in 1998 (1.11; 1.04–1.18); this finding persisted in 2011 (1.21; 1.16–1.26).

A median annual income of at least \$46 000 was associated with more BCT use across the study period (Figure 2F). However, in the adjusted analysis presented in Table 3, no association was seen in 1998 between BCT and annual median income. In 2011, however, a substantial disparity had developed, with patients who earned less than \$30 000 per year much less likely to undergo BCT than were those who earned at least \$46 000 annually (OR, 0.86; 95% CI, 0.81–0.92; $P < .01$). However, the overall change between 1998 and 2011 did not reach significance ($P = .28$) (Table 3).

Discussion

To our knowledge, this comprehensive population-based review is one of the largest studies of BCT use for early-stage breast cancer in the past 15 years. Comparison between the beginnings of the study period in 1998 with the end of the study period in 2011 highlights the important dynamic nature of the demographic factors that affect the use of BCT. We found significant declines in disparities in age-, facility type-, and facility location-based factors and receipt of BCT. However, we identified several socioeconomic factors that appear to represent new and/or persistent barriers to use of BCT, and we showed that the proximity to a treatment facility remains a significant consideration for receipt of BCT.

Our findings align with several prior observations^{10,11} showing significantly less BCT performed in the southern regions of the United States. Using the national Medicare data set of patients who underwent surgical treatment of early-stage breast cancer in 2009, Smith et al¹³ found a significant variation in treatment type based on geographic location. Similar to our results, they found that the highest percentage of 29 828 patients undergoing breast-conserving surgery lived in the Northeast (78%) and Pacific West (71%) compared with the South (57%).¹³ Likewise, in a multi-institutional review by Chagpar et al¹¹ of patients with early-stage breast cancer treated from 1998 to 2004, the Northeast had the highest rate of BCT independent of patient age, tumor factors, and surgeon practice. Although our study continues to show a lower rate of BCT in the South compared with other US regions, it appears that the gap has been closing between 1998 and 2011. Furthermore, our data suggest that one of the reasons for the lower rates of BCT in the South is that women in this region have disproportionately greater travel distance to treatment facilities.

Our findings suggest that travel distance may represent a surrogate for ability or willingness to access radiotherapy, a hypothesis that is supported by reports from a number of other authors.^{13,14} Jacobs et al¹⁵ analyzed the likelihood of an urban vs a rural patient to undergo mastectomy, which included access to radiotherapy as a variable. Using the SEER database, Jacobs and colleagues reviewed the records on women with stage I to III breast cancer and saw a significant difference in the percentage of mastectomies between 124 143 women in the urban population (44% underwent mastectomies) and 13 160 in the rural population (59% underwent mastectomies). The density of radiotherapy oncologists was found to be much higher in the urban population, with a mean of 10 radiation oncologists per county. This density was contrasted with 2 radiotherapy oncologists per county for the rural population. Similarly, in a review of the national Medicare data set performed by Smith et al,¹³ the median density of radiotherapy oncologists (1 per 10 000 persons) was a significant predictor of use of BCT. Therefore, our data agree with those in the literature indicating that the availability of radiotherapy is a key consideration for access to BCT and underscore the need to comprehensively consider the availability of all elements of multidisciplinary care when reviewing geographic variation in the rates of BCT vs mastectomy.

Access to health care has been a concern in this country for some time, and many reports have highlighted the disparities in care that exist between insured patients and those without health insurance.^{12,16} Using single-institutional data, Voti et al,¹⁷ found that privately insured women were 49% more likely to undergo BCT compared with women without health insurance, a finding similar to ours. Data from the Kentucky Cancer Registry¹⁸ showed that lack of insurance was significantly associated with the omission of adjuvant radiotherapy after breast-conserving surgery, and Ayanian et al¹² demonstrated that women with breast cancer who did not have health insurance had worse overall outcomes, including decreased survival, compared with women with private health insurance. Although we demonstrated improvement in access to BCT across most groups who do not have private insurance, overall the absolute rate of BCT use remains disparate between individuals with private insurance and those with other forms of coverage.

It remains uncertain what effect the Affordable Care Act and increased patient insurance coverage will have on BCT trends. A lack of health insurance has been correlated^{15,19} with unemployment and, therefore, lower income status, and socioeconomic factors may contribute to patient choice of surgical treatment. A woman in a low-income family may be unwilling and unable to take the length of time off work needed for the weeks of radiotherapy required to appropriately complete BCT. In the present study, we found that low median household income was associated with less BCT use and that this disparity increased during the study period. A review²⁰ of Medicare Part A claims in 1990 showed similar results, with a greater proportion of people living below the poverty line having a reduced chance of undergoing BCT. In addition, women from low-income families often have less education, and we showed that level of education also correlates with use of BCT.²¹ These data demonstrate the breadth of the socioeconomic factors that need to be considered to adequately address the disparate use of BCT across demographic groups.

Among the most encouraging findings from our analysis is the considerable improvement of disparities based on facility type and the options afforded to older populations. This

improvement suggests that national guidelines on breast cancer care are effectively meeting the goal of standardizing care across the United States. However, within age groups, there remains room for improvement. Our data show that women older than 70 years continue to undergo mastectomy at higher rates than their younger counterparts. Although this higher rate may reflect a desire to simplify care by omitting the need for radiotherapy following lumpectomy, clinical trial data²² support the use of lumpectomy alone in women older than 70 years with T1N0, estrogen receptor–positive cancers—a cohort that likely constitutes a significant proportion of elderly women with breast cancer. A limitation of our study is that we did not examine rates of breast-conserving surgery alone (ie, without radiotherapy) in this cohort.

Conclusions

This comprehensive national review demonstrates that BCT rates have increased during the past 2 decades. Disparities in the use of BCT based on age, geographic location, and type of cancer program have improved since 1998. However, insurance, income, and travel distance to treatment facilities persist as key barriers to BCT use. These socioeconomic barriers are unlikely to be erased without health policy changes.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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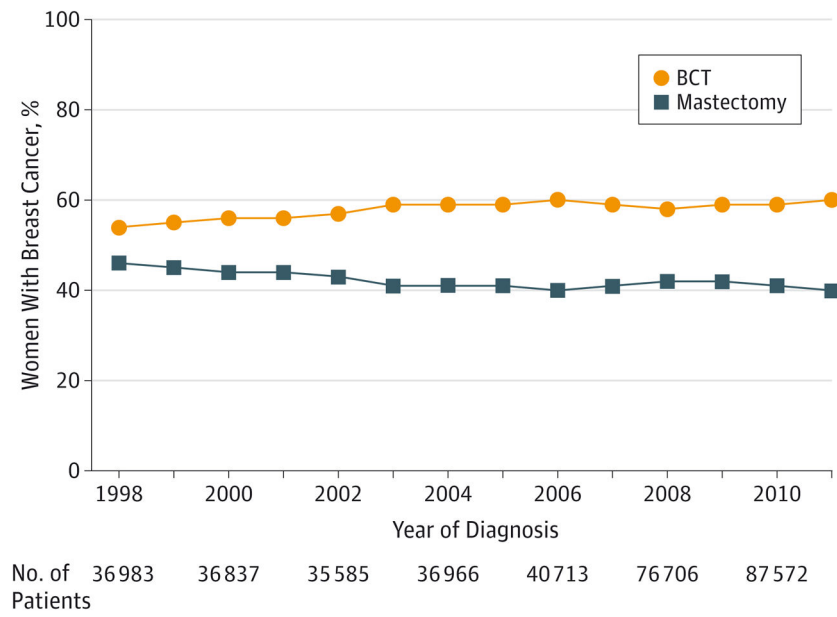


Figure 1. Trends in Surgical Treatment Between 1998 and 2011
 BCT indicates breast-conserving therapy.

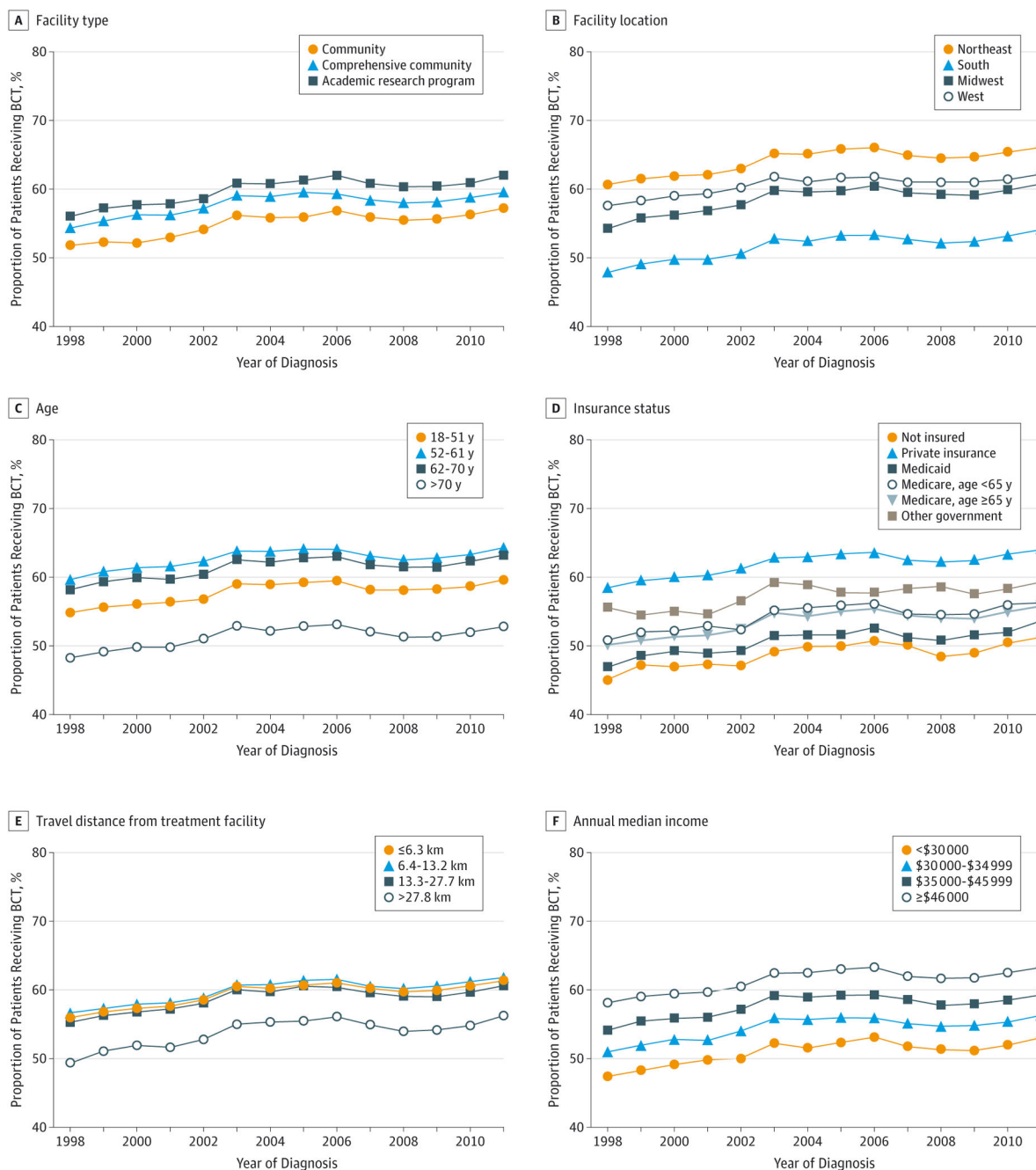


Figure 2. Breast-Conserving Therapy Use Over Time

Data were adjusted for all variables: age, insurance status, median income, facility type, travel distance, facility location, and tumor (T) and nodal (N) stage.

Table 1

Association Between Treatment Type and Patient Characteristics

Characteristic	No. (%) ^a	
	BCT	Mastectomy
Year of breast cancer diagnosis		
1998	20 097 (54.3)	16 886 (45.7)
1999	20 494 (55.3)	16 558 (44.7)
2000	20 613 (56.0)	16 224 (44.0)
2001	20 425 (56.1)	16 015 (43.9)
2002	20 260 (56.9)	15 325 (43.1)
2003	24 581 (59.2)	16 955 (40.8)
2004	21 745 (58.8)	15 221 (41.2)
2005	22 509 (59.3)	15 425 (40.7)
2006	24 325 (59.7)	16 388 (40.3)
2007	28 422 (58.6)	20 050 (41.4)
2008	44 745 (58.3)	31 961 (41.7)
2009	51 207 (58.5)	36 341 (41.5)
2010	51 806 (59.2)	35 766 (40.8)
2011	52 654 (60.1)	34 929 (39.9)
Age, y		
18–51	110 736 (57.8)	80 812 (42.2)
52–61	115 078 (62.8)	68 175 (37.2)
62–70	99 165 (61.6)	61 713 (38.4)
>70	98 904 (51.4)	93 344 (48.6)
Race/ethnicity		
Black	39 251 (54.9)	32 285 (45.1)
White	366 767 (58.8)	256 687 (41.2)
Other	13 662 (52.9)	12 188 (47.1)
Charlson/Deyo score		
0	282 342 (60.7)	182 444 (39.3)
1	33 710 (50.8)	32 642 (49.2)
2	5942 (42.8)	7950 (57.2)
Insurance status		
Medicaid	18 099 (51.5)	17 033 (48.5)
Medicare, age <65 y	12 976 (54.8)	10 723 (45.2)
Medicare, age ≥65 y	131 112 (53.9)	112 024 (46.1)
Not insured	6956 (49.3)	7141 (50.7)
Other government	3152 (57.8)	2301 (42.2)
Private	243 843 (62.3)	147 553 (37.7)

Characteristic	No. (%) ^a	
	BCT	Mastectomy
Median income, \$		
<30 000	41 830 (51.1)	40 068 (48.9)
30 000–34 999	62 061 (54.5)	51 783 (45.5)
35 000–45 999	110 402 (57.9)	80 407 (42.1)
46 000	188 255 (61.6)	117 211 (38.4)
Population without high school diploma, %		
<14.0	172 200 (61.7)	106 734 (38.3)
14.0–19.9	97 137 (59.0)	67 623 (41.0)
20.0–28.9	81 910 (55.6)	65 356 (44.4)
29.0	51 266 (50.8)	49 732 (49.2)
Facility type		
Academic/research program	122 347 (59.8)	82 366 (40.2)
Community cancer program	47 920 (55.4)	38 624 (44.6)
Comprehensive community cancer program	253 616 (58.1)	183 054 (41.9)
Facility location		
Midwest	112 945 (58.9)	78 761 (41.1)
Northeast	106 350 (64.5)	58 515 (35.5)
South	124 394 (52.0)	114 761 (48.0)
West	80 194 (60.7)	52 007 (39.3)
Distance from treatment facility, km		
6.4–13.2	105 952 (60.1)	70 407 (39.9)
13.3–27.7	100 019 (59.0)	69 485 (41.0)
>27.8	92 420 (54.0)	78 830 (46.0)
6.3	108 893 (59.5)	74 128 (40.5)
Clinical T stage		
T1	330 209 (65.3)	175 143 (34.7)
T2	93 674 (42.1)	128 901 (57.9)
Clinical N stage		
N0	357 640 (61.8)	220 871 (38.2)
N1	32 523 (42.3)	44 385 (57.7)
N2	4241 (32.5)	8803 (67.5)
N3	1398 (30.9)	3121 (69.1)
NX	28 081 (51.1)	26 864 (48.9)
Hormone receptor status		
Negative	49 297 (55.3)	39 770 (44.7)
Positive	242 086 (60.5)	158 229 (39.5)

Abbreviation: BCT, breast-conserving therapy.

^a All differences were significant at $P < .01$.

Table 2

Multivariate Logistic Regression Model for Receipt of BCT as a Function of Patients' Demographic and Clinical Characteristics

Characteristic	OR (95% CI)
Year of diagnosis	
1998	1 [Reference]
1999	1.04 (1.01–1.07)
2000	1.07 (1.03–1.10)
2001	1.07 (1.04–1.11)
2002	1.13 (1.09–1.16)
2003	1.24 (1.20–1.27)
2004	1.24 (1.20–1.28)
2005	1.29 (1.25–1.33)
2006	1.30 (1.26–1.34)
2007	1.24 (1.20–1.27)
2008	1.18 (1.15–1.21)
2009	1.18 (1.15–1.21)
2010	1.22 (1.18–1.25)
2011	1.25 (1.21–1.28)
Age, y	
18–51	1 [Reference]
52–61	1.14 (1.12–1.15)
62–70	1.09 (1.07–1.11)
>70	0.73 (0.72–0.75)
Insurance status	
Private	1 [Reference]
Medicaid	0.77 (0.75–0.79)
Medicare, age <65 y	0.75 (0.73–0.77)
Medicare, age ≥65 y	0.84 (0.83–0.86)
Not insured	0.75 (0.72–0.78)
Other government	0.96 (0.91–1.02)
Median income, \$	
46 000	1 [Reference]
<30 000	0.92 (0.90–0.94)
30 000–34 999	0.96 (0.94–0.97)
35 000–45 999	0.99 (0.97–1.00)
Population without a high school diploma, %	
29.0	1 [Reference]
<14.0	1.16 (1.14–1.19)
14.0–19.9	1.13 (1.11–1.15)

Characteristic	OR (95% CI)
20.0–28.9	1.09 (1.07–1.11)
Facility type	
Community cancer program	1 [Reference]
Academic/research program	1.13 (1.11–1.15)
Comprehensive community cancer program	1.08 (1.06–1.10)
Facility location	
South	1 [Reference]
Midwest	1.24 (1.22–1.25)
Northeast	1.50 (1.48–1.52)
West	1.33 (1.31–1.35)
Distance from treatment facility, km	
>27.8	1 [Reference]
13.3–27.7	1.15 (1.14–1.17)
6.4–13.2	1.25 (1.23–1.27)
6.3	1.25 (1.23–1.27)
Clinical T stage	
T2	1 [Reference]
T1	2.30 (2.28–2.3)
Clinical N stage	
N0	1 [Reference]
N1	0.58 (0.57–0.59)
N2	0.42 (0.41–0.44)
N3	0.40 (0.37–0.42)
NX	0.71 (0.70–0.72)

Abbreviations: BCT, breast-conserving therapy; OR, odds ratio.

Table 3

Comparison of Factors Related to Receipt of BCT in 1998 and 2011

Variable	1998		2011		P Value vs Overall Effect	P Value for Interaction
	OR (95% CI)	P Value vs Reference Group	OR (95% CI)	P Value vs Reference Group		
Age, y						
18-51	1 [Reference]		1 [Reference]			
52-61	1.00 (0.94-1.07)	>.99	1.26 (1.21-1.32)	<.01	<.01	<.01
62-70	0.99 (0.92-1.07)	.82	1.22 (1.17-1.29)	<.01	<.01	<.01
>70	0.78 (0.72-0.86)	<.01	0.79 (0.75-0.84)	<.01	<.01	<.01
Insurance status						
Private	1 [Reference]		1 [Reference]			
Medicaid	0.65 (0.56-0.76)	<.01	0.80 (0.76-0.86)	<.01	<.01	<.01
Medicare, age <65 y	0.82 (0.71-0.94)	<.01	0.78 (0.72-0.85)	<.01	<.01	.03
Medicare 65 y	0.86 (0.80-0.93)	<.01	0.90 (0.85-0.94)	<.01	<.01	<.01
Not insured	0.70 (0.60-0.81)	<.01	0.83 (0.75-0.92)	<.01	<.01	<.01
Other government	1.19 (0.87-1.63)	.28	0.92 (0.79-1.07)	.28		
Median income, \$						
46 000	1 [Reference]		1 [Reference]			
<30 000	0.94 (0.85-1.03)	.19	0.86 (0.81-0.92)	<.01	<.01	.28
30 000-34 999	1.00 (0.93-1.09)	.91	0.93 (0.88-0.98)	.01	<.01	
35 000-45 999	1.01 (0.95-1.08)	.69	1.00 (0.96-1.04)	.93		
Population without high school diploma, %						

Variable	1998				2011			
	OR (95% CI)	P Value vs Reference Group	P Value for Overall Effect	OR (95% CI)	P Value vs Reference Group	P Value for Overall Effect	P Value for Interaction	
29.0	1 [Reference]			1 [Reference]				
<14.0	1.37 (1.26–1.50)	<.01		1.16 (1.09–1.23)	<.01			
14.0–19.9	1.24 (1.13–1.35)	<.01	<.01	1.11 (1.04–1.17)	<.01	<.01	.03	
20.0–28.9	1.20 (1.11–1.30)	<.01		1.08 (1.03–1.14)	<.01			
Facility type								
Community cancer program	1 [Reference]			1 [Reference]				
Academic/research program	1.51 (1.39–1.64)	<.01	<.01	1.01 (0.96–1.06)	.76	.17	<.01	
Comprehensive community cancer program	1.18 (1.01–1.27)	<.01		1.04 (0.99–1.09)	.15			
Facility location								
South	1 [Reference]			1 [Reference]				
Midwest	1.31 (1.23–1.39)	<.01		1.19 (1.14–1.23)	<.01		<.01	
Northeast	1.82 (1.71–1.94)	<.01	<.01	1.42 (1.36–1.48)	<.01	<.01	<.01	
West	1.56 (1.45–1.67)	<.01		1.17 (1.12–1.22)	<.01			
Distance from treatment facility, km								
>27.8	1 [Reference]			1 [Reference]				
6.3	1.11 (1.04–1.18)	<.01		1.21 (1.16–1.26)	<.01			
6.4–13.2	1.15 (1.07–1.23)	<.01	<.01	1.16 (1.11–1.21)	<.01	<.01	.10	
13.3–27.7	1.08 (1.01–1.16)	.03		1.09 (1.05–1.14)	<.01			
Clinical T stage								

Variable	1998		2011		P Value vs Reference Group	P Value for Overall Effect	P Value for Overall Effect	P Value for Interaction
	OR (95% CI)	P Value vs Reference Group	OR (95% CI)	P Value vs Reference Group				
T2	1 [Reference]		1 [Reference]					
T1	2.62 (2.49–2.75)	<.01	2.22 (2.15–2.29)	<.01	<.01	<.01	<.01	<.01
Clinical N stage								
N0	1 [Reference]		1 [Reference]					
N1	0.55 (0.50–0.59)	<.01	0.56 (0.54–0.59)	<.01	<.01	<.01	<.01	<.01
N2	0.44 (0.33–0.57)	<.01	0.40 (0.35–0.45)	<.01	<.01	<.01	<.01	<.01
N3	1.73 (0.65–4.61)	.27	0.34 (0.28–0.41)	<.01	<.01	<.01	<.01	<.01
NX	0.72 (0.67–0.77)	<.01	0.64 (0.58–0.70)	<.01	<.01	<.01	<.01	<.01

Abbreviations: BCT, breast-conserving therapy; OR, odds ratio.