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Riluzole Rescues Glutamate Alterations, Cognitive Deficits, and Tau Pathology Associated with P301L Tau Expression

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Abstract

In the years preceding a diagnosis of Alzheimer's disease (AD), hyperexcitability of the hippocampus is a commonly observed phenomenon in those at risk for AD. Our previous work suggests a dysregulation in glutamate neurotransmission may mediate this hyperexcitability, and glutamate dysregulation correlates with cognitive deficits in the rTg(TauP301L)4510 mouse model of AD. To determine whether improving glutamate regulation would attenuate cognitive deficits and AD-related pathology, TauP301L mice were treated with riluzole (~ 12.5 mg/kg/day p.o.), an FDA-approved drug for ALS that lowers extracellular glutamate levels. Riluzole-treated TauP301L mice exhibited improved memory performance that was associated with a decrease in glutamate release and an increase in glutamate uptake in the dentate gyrus (DG), cornu ammonis 3(CA3), and cornu ammonis 1(CA1) regions of the hippocampus. Riluzole treatment also attenuated the TauP301L-mediated increase in hippocampal vesicular glutamate transporter (vGLUT1), and the TauP301L-mediated decrease in hippocampal glutamate transporter 1 (GLT-1) and PSD-95 expression. Riluzole treatment also reduced tau pathology. These findings further elucidate the changes in glutamate regulation associated with tau pathology and open new opportunities for the development of clinically applicable therapeutic approaches to regulate glutamate in vulnerable circuits for those at risk for the development of AD.

Keywords

Alzheimer; tau; glutamate clearance; in vivo electrochemistry; synaptic release; hippocampus; riluzole; memory; cognition

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Introduction

Alzheimer's disease (AD) is a neurodegenerative disorder that targets vulnerable neural networks, particularly those involved in learning and memory (Brier *et al.* 2012, Palop *et al.* 2006). In the years preceding AD diagnosis, a hyperactivity of the distributed memory network is often observed in those at risk for AD (Sperling *et al.* 2010, Bookheimer *et al.* 2000, Quiroz *et al.* 2010, Bondi *et al.* 2005, Bassett *et al.* 2006, Filippini *et al.* 2009). Though originally this hyperactivity was believed to serve a compensatory function for deteriorating circuitry (Bondi *et al.* 2005), more recent evidence suggests this hyperactivity may be indicative of excitotoxicity, could directly contribute to cognitive impairment, and may even be permissive for the development of AD (Vossel *et al.* 2013, Koh *et al.* 2010, Bakker *et al.* 2012b, Kamenetz *et al.* 2003, Busche *et al.* 2008, Mackenzie & Miller 1994, Yamada *et al.* 2014).

Using a tau mouse model of AD (rTg(TauP301L)⁴⁵¹⁰), we recently showed (Hunsberger *et al.* 2014a) that P301L tau expression is associated with increased hippocampal glutamate release and decreased glutamate uptake, and these alterations in glutamate signaling correlated with cognitive deficits in the hippocampal-dependent Barnes maze task. The dysregulation of glutamate in mice expressing P301L tau was observed at a time when tau pathology was subtle and before readily detectable neuron loss. Here, we sought to determine whether reducing extracellular glutamate levels would alleviate cognitive deficits associated with P301L tau expression. To test this hypothesis, TauP301L mice were given riluzole, an FDA-approved disease-modifying drug for amyotrophic lateral sclerosis (ALS), that modulates glutamatergic signaling. At physiologically relevant drug concentrations, riluzole's *in vivo* mechanisms of action include a stabilization of the inactivate state of the voltage-gated sodium channel, leading to a decrease in glutamate release, and a potentiation of glutamate uptake via an increase in glutamate transporter expression (Gourley *et al.* 2012, Azbill *et al.* 2000, Frizzo *et al.* 2004, Fumagalli *et al.* 2008). Though other effects have been noted in *in vitro* studies, these effects only occur at unrealistically high concentrations, which are unlikely to be achieved in animals or patients (see (Pittenger *et al.* 2008) for review).

We assessed the effects of riluzole administration on hippocampal-dependent learning and memory, glutamate regulation in the hippocampus (DG, CA3, and CA1), and tau pathology in the hippocampus of TauP301L mice. Focus was given to the hippocampus due to its role in cognitive functions such as learning and memory, and because it is one of the first structures affected in AD (Braak & Braak 1998, Du *et al.* 2004, van de Pol *et al.* 2007). This increased vulnerability may be due to the high concentration of glutamate receptors that mediate communication of the trisynaptic circuit (DG, CA1, CA3) of the hippocampus (Greenamyre & Young 1989). Though the sub-regions of this circuit are connected, they differ in terms of synaptic connectivity, surface expression of glutamate receptors, gene expression profiles, and levels of glutamate release and clearance following evoked release (Gegelashvili & Schousboe 1998, Wilson *et al.* 2005b, Greene *et al.* 2009, Talauliker 2010). For these reasons, we examined the sub-regions of the trisynaptic circuit separately. Riluzole's effects on glutamate regulation in these sub-regions were compared *in vivo* using MEAs coupled with amperometry. This is the first time riluzole's effects on glutamate have

been examined using this approach, which allows for a high-resolution spatio-temporal study of the complex connections of the trisynaptic loop of the hippocampus *in vivo* without disrupting extrinsic and intrinsic connections. Results from our work suggest targeting excess hippocampal activity using riluzole may have therapeutic potential for the prevention of AD.

Materials & Methods

Mice

Mice expressing P301L mutant human tau linked to a hereditary tauopathy were created by crossing mice harboring a responder transgene with mice harboring an activator transgene, as previously described (Paulson *et al.* 2008, SantaCruz *et al.* 2005). Briefly, activator mice (129s6 background strain) were crossed with responder mice (FVB/N background strain) to create regulatable transgenic mice expressing human four-repeat tau lacking the N-terminal sequences (4R0N) with the P301L mutation. The necessary mice to maintain activator and responder lines were generously donated by Dr. Karen Ashe at the University of Minnesota. Because previously published work suggests developmental P301L tau expression produces alterations not observed following adult-onset tau expression (Caouette *et al.* 2013), possibly due to the important role of tau in brain development (Wang & Liu 2008), P301L tau expression was suppressed during brain development (Hunsberger *et al.* 2014b, Hunsberger *et al.* 2014a). To avoid mutant tau expression during the perinatal and early postnatal stages, 40 ppm doxycycline hyclate (DOX) was administered via water bottles to breeder dams for three weeks prior to mating and to all experimental mice from birth until 2.5 months of age (Hölscher 1999). All mice were housed, between two and five per cage, in a temperature and humidity-controlled colony room with a 12:12 light/dark cycle. All experimental procedures were conducted in accordance with the standards of International Animal Care and Use Committee, and the West Virginia University Animal Care and Use Committee approved all experimental procedures used in the study.

Experimental design

At 2.5 months of age, while still on DOX to suppress tau expression, mice underwent behavioral testing in the water radial arm maze (WRAM) to establish that cognitive deficits were dependent upon tau expression as previously described (Hunsberger *et al.* 2014b) and to pseudo-randomly assign TauP301L mice to treatment groups (vehicle or riluzole) based on pre-tau behavioral performance (Figure 1). After pre-tau behavioral testing, DOX was removed from the drinking water, and three groups of mice were established: Vehicle-Controls (N = 21; n = 10 female, n = 11 males), Vehicle-TauP301L (N = 24; n = 9 female, n = 15 males), and Riluzole-TauP301L (N = 19; n = 11 female, n = 8 males).

At 5 and 7.5 months of age, after 2.5 and 5 months of tau expression, respectively, mice underwent post-tau cognitive testing in the WRAM and Morris water maze (MWM). One male Vehicle-TauP301L male died during the course of the experiment, thus reducing the total sample size for the final round of behavioral testing at 7.5 months of age. WRAM and MWM testing were separated by one day. Mice underwent visible platform training approximately 30 minutes after the last MWM probe trial at 7.5 months of age. Following

behavioral testing, mice underwent *in vivo* anesthetized glutamate recordings and were euthanized immediately afterwards.

Riluzole administration

Riluzole-TauP301L mice received riluzole (Sigma Aldrich, St. Louis, MO) + 1% w/v saccharin (vehicle) in the drinking water. Riluzole was dissolved by stirring the compound in room temperature tap water, and solutions were changed every 72 h. Light-protectant water bottles were weighed daily, and the concentration of riluzole adjusted every 72 h such that intake remained at ~ 12.5 mg/kg/day (per os) for each cage, a dose previously tested in mice (e.g., Ishiyama *et al.* 2004, Gourley *et al.* 2012). The benefit of dissolving riluzole in the drinking water, rather than administering daily injections, is that this is a more robust and easily-replicable administration protocol, administration via drinking water minimizes the stress associated with daily drug injections, and oral administration is the route riluzole is administered in humans. Vehicle-Controls and Vehicle-TauP301L mice consumed saccharin (vehicle) alone. All animals received food ad libitum.

Riluzole has an ideal pharmacokinetic profile (Wagner & Landis 1997), including an absorption of 90% following oral administration, a bioavailability of 60%, peak concentrations within 1-1.5 hours, a 12 hour half-life, and minor side effects. The most commonly reported adverse effects in humans include nausea and asthenia (Miller *et al.* 2003). The dose used here (12.5 mg/kg/day) was chosen because previous research using mice administered riluzole via their drinking water suggests this dose increases glutamate glial transporter 1 (GLT-1) expression without significantly affecting baseline locomotor activity, thymus and adrenal gland weights, or blood serum corticosterone (Gourley *et al.* 2012). Similarly, we observed no differences in water consumption or bodyweight among the treatment Groups at 5 or 7.5 months of age ($p > 0.1$), and swim speeds in the MWM did not differ at 5 or 7.5 months of age ($p > 0.1$), suggesting this dose of riluzole was not toxic and did not produce nausea or asthenia.

Water radial arm maze (WRAM)

The WRAM was performed as previously described (Bimonte-Nelson *et al.* 2003). The maze was filled with room temperature water (22 °C) and made opaque with nontoxic white paint. The distance from the water level to the top of the maze was approximately 5 cm. Four of the eight arms contained hidden platforms (8 cm × 8 cm) with wire mesh tops located 1 cm below the surface of the water. The location of the platforms were counterbalanced across the groups, but remained fixed for a particular mouse for the duration of testing at a particular age. A platform was never in more than two adjacent arms or in the “start arm” from which a mouse was released. Salient extra-maze cues remained constant for the duration of testing at a particular age. However, both the location of the platform arms and the cues were changed at subsequent ages.

Once released from the start arm, the mouse had 2 minutes to locate a hidden platform. If the allotted time expired, the mouse was guided to the nearest platform. Once a platform was found, the mouse remained on the platform for 15 seconds. At that point, the mouse was removed and placed in the holding cage lined with paper towels and warmed to ~31 °C by a

heating pad and heat lamp for 30 seconds to prevent hypothermia. During the interval, the just-chosen platform was removed. The mouse was then placed in the start arm again and allowed to locate another platform. Each mouse was given 4 trials per session and one session per day. One platform was removed after each trial until only one platform remained in trial 4. Thus, each subsequent trial resulted in an increase in memory load, as the mice had to remember not only the locations of the remaining platforms, but also the platforms that had already been found (Bimonte-Nelson et al. 2003).

Each mouse was given 1 session a day for 11 consecutive days. Day 1 was considered a training session because the mice did not have previous experience in the maze, whereas days 2-11 were considered testing sessions for acquisition (Bimonte-Nelson et al. 2003). On day 12, a four-hour delay was inserted between trials 2 and 3. On day 13, a six-hour delay was inserted between trials 2 and 3. Delays were inserted to increase memory demand for the trials following the delay (Engler-Chiurazzi *et al.* 2011).

An arm entry was defined as all four paws entering into an arm of the maze. Reference memory (REF) errors were defined as the number of first entries into any arm that never contained a platform. Working memory incorrect (WMI) errors were defined as the number of repeat entries into an arm that never contained a platform (i.e., repeat entries into a reference memory arm). Working memory correct (WMC) errors were defined as the number of first and repeat entries into any arm where a platform had been during a previous trial. Errors were analyzed for each daily session for days 2-11. For days 12 and 13, the average number of errors on trials after the delay (trials 3 and 4) was analyzed.

Morris water maze (MWM)

The MWM was performed as previously described (Zhang *et al.* 2008). Briefly, at 5 months of age, each mouse received 4 days of total testing (6 trials \times 2 days + 4 trials \times 1 day + 1 probe \times 1 day). During hidden platform training, the pool was filled with water room temperature water (22 °C). A platform was hidden 1 cm under the opaque water in one of four quadrants. During hidden platform training (Days 1-3), the mouse was released from pre-determined, semi-random starting locations, and swam for either 60 seconds, or until it reached a hidden platform. Once on the platform for 15 seconds, the mouse was removed and placed in the holding cage lined with paper towels and warmed to ~31 °C by a heating pad and heat lamp. The intertrial interval was 20 minutes. For hidden platform training, pathlength (i.e., distance to the platform) was compared. On Day 4, a probe trial, where the platform was removed, was conducted, and the platform crossing index (PCI) and percent time in the target quadrant were recorded during the 60-second test. A second probe trial was conducted 24 hours later. Salient extra-maze cues remained constant for the duration of testing at a particular age. However, both the location of the platform and the cues were changed at 7.5 months of age.

The initial training at 7.5 months of age was the same as that at 5 months of age (6 trials \times 2 days + 4 trials \times 1 day), but additional training and probe trials were conducted to determine if further training might reveal greater differences among the Groups. After the probe trial on Day 4, four additional training trials occurred. On Days 5 and 6, a probe trial was conducted followed by four training trials. On Day 7, each mouse underwent four training

was used to calculate the calibration slope to a known concentration of glutamate (Burmeister, et al., 2002). Ascorbic acid (250 μ M) and dopamine (2 μ M) were added to the solution to determine selectivity for glutamate (Hinzman *et al.* 2012). To determine the limit of detection (LOD), the smallest concentration of glutamate that can be measured by the device, the slope of the standard curve was used, as well as the noise or relative standard deviation of the baseline signal (Hinzman *et al.* 2012).

MEA/Micropipette assembly

A glass micropipette with an inner diameter tip of 10-15 μ m (Quanteon) was attached to the MEA for intracranial drug deliveries. The micropipette was centered between the dorsal and ventral platinum recording pairs and positioned 80-100 μ m away from the MEA surface. Location of the micropipette to the MEA was verified post-surgery to ensure that the pipette did not move. The micropipette was back-filled with sterile-filtered isotonic 70 mM KCl solution or 200 μ M glutamate solution. The micropipette was attached to a Picospritzer III (Parker-Hannifin, Cleveland, OH) and set to consistently deliver volumes of 50-100 nL. Pressure was applied from 0.138 – 1.38 bar for .30 - 2.5 sec. A stereomicroscope fitted with a reticule was used to monitor volume displacement (Friedemann & Gerhardt 1992).

In vivo anesthetized recordings

Mice were anesthetized with isoflurane (1-4% inhalation; continuous) and placed into a stereotaxic apparatus. Isoflurane was chosen because other anesthetics have been shown to alter resting glutamate levels, whereas isoflurane does not (Mattinson *et al.* 2011). Though initial reports suggested isoflurane increases tau phosphorylation (Planel *et al.* 2004), more recent reports suggest that when anesthesia-induced hypothermia is controlled for, isoflurane does not increase tau phosphorylation (Tan *et al.* 2010). To ensure our mice did not become hypothermic while under anesthesia, body temperature was continuously measured using a rectal probe and maintained at 37°C with a water pad connected to a recirculating water bath (Gaymar Industries Inc., Orchard Park, NY).

The MEA/micropipette array was placed into the DG, CA3, and CA1 of the hippocampus. Stereotaxic coordinates for the different sub-regions of the hippocampus were calculated using the mouse brain atlas (Paxinos & Watson 2004) [DG (AP: -2.3mm, ML: +/-1.5mm, DV: 2.1mm), CA3 (AP: -2.3mm, ML: +/-2.7mm, DV: 2.25mm), CA1 (AP: -2.3mm, ML: +/-1.7mm, DV: 1.4mm)].

Prior studies have shown that the MEAs produce minimal effects both acutely and chronically (Hascup *et al.* 2009). To confirm the stereotaxic coordinates targeted the regions of interest, an MEA with an attached micropipette was used to locally apply Fluoro-Ruby (Millipore), and MEA placement following brain sectioning was confirmed, as previously shown (Hunsberger *et al.* 2014a). However, because brain tissue was used for immunoblotting, the MEA placement was not confirmed for each mouse. All MEA recordings were performed at 10 Hz using constant potential amperometry recordings with the FAST-16. After the MEA reached a stable baseline (10-20min), tonic glutamate levels (μ M) were calculated by averaging extracellular glutamate levels over 10 seconds prior to any application of solutions. In all three sub-regions of one hemisphere, evoked release (i.e.,

amplitude) was measured by local application of KCl delivered every 2-3 minutes. KCl-evoked release of glutamate is highly reproducible and indicative of the intact glutamate neuronal system that is detected by the MEAs (Day *et al.* 2006). After 10 reproducible signals, the results were averaged for each group and the average amplitude compared (Hinzman *et al.* 2010, Hinzman *et al.* 2012, Nickell *et al.* 2007). KCl-evoked release of glutamate was measured to determine the “capacity” of the nerve terminals to release glutamate (Hinzman *et al.* 2010).

To examine glutamate uptake, exogenous glutamate was applied in the opposite hemisphere. After the MEA reached a stable baseline (10-20 min), varying volumes of 200 μ M sterile-filtered glutamate solution were applied into the extracellular space every 2-3 minutes. The net area under the curve (AUC) was used as a measure of glutamate uptake. The hemispheres used for KCl and glutamate application were counterbalanced, as was the order of sub-regions within a hemisphere. Data from some hippocampal regions were excluded for reasons including death during surgery, failure of the MEA, or clogging of the micropipette. For each glutamate-related measure, the number of mice per treatment group is indicated in the corresponding figure caption.

Immunoblotting

Immunoblotting steps have been described in detail previously (Hunsberger *et al.* 2014a). Briefly, hippocampal tissue was prepared for immunoblotting using 500 μ l extraction buffer with protease inhibitors. Protein concentrations were determined with a BCA protein assay using BSA as a standard. Hippocampal tissue samples were thawed and 10 μ g aliquots were mixed with loading buffer. Before loading, samples were either heated to 70°C (vGLUT1 and synaptophysin) or 95°C (for all other proteins) for 5 min and then separated on 10% criterion gels (Biorad), and transferred onto .45 μ m PVDF membranes (Millipore, Bedford, MA). Membrane blots were blocked for 1 h at RT in 5% BSA in 0.1% TTBS or 5% milk in TTBS. After blocking, membranes were incubated with an antibody directed against the protein of interest overnight at 4°C. The next day, membranes were incubated with Streptactin-HRP (Biorad) and the appropriate biotinylated or HRP-conjugated secondary antibody for 1.5 h at RT. Blots were then incubated with SuperSignal West Pico chemiluminescent substrate (Thermo Scientific) or Novex AP chemiluminescent substrate (Invitrogen) for 5 minutes, and visualized using Fluorchem E imager (Cell Biosciences). Membranes were stripped for 15 minutes with Restore PLUS western blot stripping buffer (Peirce Chemical) and re-probed and normalized to synaptophysin or actin. Band density was measured using AlphaView software (Proteinsimple, Santa Clara, California, USA).

Data analysis

Amperometric data were analyzed using a custom Microsoft excel software program (MatLab). To determine concentrations of glutamate in the hippocampus, the background current from the sentinel sites was subtracted from the signal obtained from the GluOx recording sites. The resting current (pA) was divided by the slope (μ M/pA) obtained during calibration and reported as a concentration of glutamate.

All statistical analyses were performed using JMP (SAS, Cary, NC 27513). Statistical analysis consisted of ANOVA and repeated-measures ANOVA (RMANOVA). For all measures, the main effects of Group (Veh-Controls, Veh-P301L, Ril-P301L) and Sex (male, female), as well as the interaction between the two (Group*Sex) were assessed. For the RMANOVA of behavioral data, Trial or Probe served as the within-subject variables. All significant omnibus tests were followed by Tukey post hoc comparisons. Using Pearson r correlations, KCI-evoked glutamate release (amplitude) and glutamate uptake (net AUC) in the DG, CA3, and CA1 were correlated separately with performance in the MWM. Correlations were run only for those mice in which data for both behavior and glutamate were analyzed.

The critical alpha level was set to 0.05, and all values in the text and figures represent means \pm SEM. Unless otherwise noted, there were no differences between the sexes and no Group*Sex interactions, and thus, focus is given to the effect of Group. Due to limitation of space, only significant results are graphed.

Results

Riluzole rescues cognitive deficits in TauP301L Mice

Pre-Tau WRAM performance—At 2.5 months of age, prior to the onset of tau expression, mice underwent WRAM testing to ensure no pre-tau differences in behavior and to assign TauP301L mice to treatment (riluzole or vehicle) groups. For acquisition, there was a within-subject effect of Trial for all 3 dependent measures, i.e., reference memory errors (REF), working memory incorrect (WMI), or working memory correct (WMC), but no main effects of Group, Sex, or Group*Sex interactions, nor any interactions with Trial ($ps > 0.1$), suggesting similar acquisition across the groups. Similarly, during delay trials, there were no main effects of Group, Sex, or Group*Sex interactions for REF, WMI, or WMC ($ps > 0.1$), indicating similar performance prior to tau expression.

Post-tau WRAM acquisition—At 5 and 7.5 months of age, after assignment to either vehicle or riluzole treatment and 2.5 and 5 months of tau expression, respectively, mice were again tested in the WRAM with new extra-maze cues and a reassignment of arms containing platforms at each age. During acquisition at 5 months of age, there was a main effect of Sex for REF [$F(1,58) = 5.86, p = .02$], WMI [$F(1,58) = 5.10, p = .03$], and WMC [$F(1,58) = 4.21, p = .04$], such that females performed significantly better than males. However, there was not a main effect of Group or a Group*Sex interaction, or any interactions with Trial, for any measure ($ps > 0.1$), suggesting similar acquisition. When mice underwent testing again at 7.5 months of age, acquisition was similar across the groups, including the sexes, for all measures ($ps > 0.1$).

Post-tau WRAM delay trials—To increase memory demand, a 4-hour or 6-hour delay was inserted between Trials 2 and 3 on Day 12 and Day 13, respectively. Memory retention for the post-delay trials (Trials 3 and 4) within that day was assessed, as previously described (Engler-Chiurazzi et al. 2011, Braden *et al.* 2010). We observed no impairing effects of the 4-hour delay among the groups for any error measure at either age ($ps > 0.1$). However, insertion of a longer delay (6-hours) between Trials 2 and 3 on Day 13 revealed

impaired performance for WMI in Veh-TauP301L mice at 5 [$F(2,58) = 4.18, p = .02$] and 7.5 [$F(2,57) = 3.19, p = .05$] months of age, an effect rescued by riluzole treatment (Figure 2).

Morris water maze—Swim speed did not differ among the groups at any age tested ($ps > 0.1$), suggesting similar motoric functioning. At 5 months of age, Veh-TauP301L mice exhibited significantly longer pathlengths to the hidden platform [Group: $F(2,56) = 3.72, p = .03$; Figure 3A]. For the two probe trials employed at 5 months, there were no differences among the groups for the percent time in the target quadrant [$F(2,56) = 0.84, p = .44$] or the platform crossing index [$F(2,56) = .66, p = .52$].

At 7.5 months of age, comparison of the pathlength to the hidden platform revealed a between-subject effect of Group; the average hidden pathlength for Veh-TauP301L mice was significantly longer than that of Veh-Controls and Ril-TauP301L mice [$F(2,55) = 5.48, p = .007$; Figure 3B]. Analysis of spatial reference memory during the 4 probe trials employed at 7.5 months of age revealed a significant main effect of Group for the percent time in the target quadrant [$F(2,55) = 3.33, p = .04$; Figure 3C], as well as the platform crossing index [$F(2,55) = 3.54, p = .04$; Figure 3D]; riluzole improved probe trial performance in TauP301L mice.

Visible platform—To determine whether visual or motor deficits were present in any mice, thus affecting the results and interpretations of behavioral testing, visible platform training was performed at the conclusion of WRAM and MWM behavioral testing. The average time to locate the visible platform did not differ among groups [Group: $F(2,55) = 1.92, p = .16$; Sex: $F(1,55) = 1.33, p = .25$; Group*Sex: $F(2,55) = 2.45, p = .10$], suggesting similar orientation, visual, and motoric functioning.

Riluzole rescues glutamate alterations in TauP301L mice

Tonic glutamate levels were not significantly different in the DG [$F(2,44) = 1.53; p = .23$] among the groups. However, in the CA3 [$F(2,47) = 3.42; p = .04$] and CA1 [$F(2,47) = .8.29; p < .001$] regions, Veh-TauP301L mice exhibited increased tonic glutamate levels, an effect rescued by riluzole treatment (Figure 4A). To examine the capacity for glutamate release, KCl was delivered via a micropipette. Local application of 50-100 nL of 70 mM KCl produced reproducible glutamate release in all regions of the hippocampus (Figure 4B). The amplitudes of KCl-evoked-glutamate release were significantly increased in Veh-TauP301L mice in the DG [$F(2,44) = 5.60; p = .007$], CA3 [$F(2,46) = 13.49; p < .0001$] and CA1 [$F(2,44) = 5.64, p = .007$]. Riluzole treatment rescued the P301L-mediated increase in KCl-evoked glutamate release in all 3 sub-regions (Figure 4C).

Rapid application of glutamate into the extracellular space allowed us to mimic endogenous glutamate release and to examine glutamate uptake *in vivo*. To ensure differences in net area under the curve (AUC) among the groups following application of endogenous glutamate were due to alterations in uptake and not differences in the amount of endogenous glutamate applied, we first compared the amplitude of glutamate signals following administration of exogenous glutamate; no differences in amplitude were observed among the mice in the DG [$F(2,37) = 2.57; p = .09$], CA3 [$F(2,40) = 0.55; p = .58$], and CA1 [$F(2,41) = 2.77; p = .08$]

(Figure 5A), suggesting similar applications of exogenous glutamate. We next examined Trise, the time for the signal to reach maximum amplitude, to ensure no differences in the diffusion of glutamate in the extracellular space; Trise was not significantly different among the groups in the DG [$F(2,37) = 1.21$; $p = .31$], CA3 [$F(2,40) = 1.55$; $p = .23$], and CA1 [$F(2,41) = 1.54$; $p = .23$] (Figure 5B), suggesting any reductions in glutamate uptake were not due to diffusion from the point source (micropipette) to the MEA (Sykova *et al.* 1998). Because neither amplitude nor Trise differed among the groups, any differences in net AUC likely results from decreases in glutamate uptake. Following exogenous application of glutamate, Veh-TauP301L mice exhibited an increased net AUC in the DG [$F(2,37) = 6.49$, $p = .004$], CA3 [$F(2,40) = 7.63$; $p = .0016$], and CA1 [$F(2,41) = 4.23$; $p = .02$], suggesting reduced glutamate uptake in all 3 sub-regions of the hippocampus. Riluzole treatment improved glutamate uptake in all 3 regions (Figure 5C,D).

Glutamate alterations correlate with cognitive deficits in TauP301L mice

To determine whether glutamate (baseline, evoked release, and clearance) correlated with cognitive performance at 7.5 months of age, we first identified the behavioral outcome most sensitive to P301L tau expression. Calculating the effect size, we determined that the average hidden pathlength in the MWM was the most sensitive measure ($\eta^2 = 0.16$) compared to other MWM measures, including percent time in the target quadrant ($\eta^2 = 0.11$) and PCI ($\eta^2 = 0.15$), as well as working memory incorrect errors in the WRAM ($\eta^2 = 0.09$).

The average hidden pathlength was significantly correlated with tonic glutamate levels in the CA3 ($p = .0025$) and CA1 ($p = .023$) but not the DG ($p = .08$) of TauP301L mice. As previously reported (Hunsberger *et al.* 2014a), performance was significantly correlated with glutamate uptake (net AUC) in the DG ($p = .028$) and CA1 ($p = .0056$) but not the CA3 ($p = .22$), while the opposite pattern was observed for amplitude of evoked glutamate release. KCl-evoked release in the CA3 was significantly correlated with MWM performance ($p = .0116$), whereas for the DG and CA1 regions, there was no relationship between release and performance ($p = .68$ and $p = .22$, respectively).

Riluzole rectifies alterations of the tripartite synapse

As previously reported (Hunsberger *et al.* 2014a), hippocampal vGLUT1 expression was significantly increased in Veh-TauP301L mice [$F(2,35) = 9.09$; $p = .0007$], an effect rescued by riluzole treatment (Figure 6A). This difference in vGLUT1 expression was not due to a widespread increase in pre-synaptic terminals, as indicated by similar synaptophysin expression among the groups [$F(2,35) = 0.19$; $p = .82$]. Riluzole treatment also increased the P301L-mediated decrease in GLT-1 expression previously observed in TauP301L mice [$F(2,35) = 8.37$, $p = .0011$; Figure 6B]. There were no differences among the groups for the loading control, beta-actin [$F(2,35) = 2.29$, $p = .12$]. PSD-95, a major postsynaptic scaffold protein at excitatory synapses, was used as a marker of excitatory synapses in the hippocampus. Riluzole treatment rescued the reduction in PSD-95 expression observed in Veh-TauP301L mice ($[F(2,35) = 5.32$, $p = .01$]; Figure 6C).

Riluzole attenuates tau pathology

We next determined whether riluzole treatment could attenuate tau pathology. Early changes in tau were examined using CP-13 and MC-1, which detect phosphorylation (pSer202) and conformation-specific changes, respectively. Both hippocampal CP-13 [$F(2,34) = 25.72$, $p < .0001$] and MC-1 [$F(2,35) = 113.95$, $p < .0001$] were increased in Veh-TauP301L mice. Riluzole treatment significantly decreased the immunoreactive signal for tau hyperphosphorylated at residue S202 (CP-13) and the conformational epitope (7–9 and 326–330 aa) recognized by MC-1 (Figure 7A, B). In addition, detection of total tau (human and mouse) with the Tau-5 antibody revealed a significant reduction in total tau levels in the hippocampus following riluzole treatment [$F(2,35) = 42.37$, $p < .0001$; Figure 7C].

Discussion

Recent work suggests tau may mediate hyperexcitability. For example, deletion of tau in models of epilepsy reduces hyperexcitability, seizure frequency, and duration (Holth *et al.* 2013, DeVos *et al.* 2013). Seizure severity is also reduced in tau knockout mice following convulsant administration (Ittner *et al.* 2010, Roberson *et al.* 2007). Though the exact mechanism remains to be determined, our current findings add to a body of literature suggesting that tau influences hyperexcitability through its effects on glutamate neurotransmission (Roberson *et al.*, 2011; Roberson *et al.*, 2007 (Hunsberger *et al.* 2014a). Here, we also present evidence that rectifying alterations in glutamatergic circuits can rescue cognitive deficits and tau pathology associated with P301L tau expression.

Though the effects of riluzole on extracellular glutamate have been examined *in vivo* using microdialysis (e.g., Kwon *et al.* 1998), this is the first report of riluzole's effects on the rapid time dynamics of extracellular glutamate as measured by *in vivo* amperometry, which has many benefits over other *in vivo* or *ex vivo* methods. For example, with studies employing microdialysis to measure glutamate, there are often spatial and temporal limitations that restrict the ability to sample dynamic changes in glutamate near the synapse (Hillered *et al.* 2005, Obrenovitch *et al.* 2000). Damage caused by the large sampling area (1–4 mm in length) limits the detection of calcium and sodium dependent neuronal release (Borland *et al.* 2005, Jaquins-Gerstl & Michael 2009), and the low temporal resolution (1–20 min) is inadequate to measure the fast dynamics of transient release and uptake of glutamate (Diamond 2005). The MEAs allow for such measures due to their high temporal resolution (2 Hz), low limit of detection ($<0.5 \mu\text{M}$), and high spatial resolution, allowing for selective measurement of extracellular glutamate closer to synapses (Burmeister & Gerhardt 2001, Burmeister *et al.* 2002, Hascup *et al.* 2010, Rutherford *et al.* 2007). Another benefit of MEAs over other *ex vivo* methods is the ability to study brain regions *in vivo* without disrupting their extrinsic and intrinsic connections, a particularly important consideration when examining the complex neural networks of the hippocampus.

Using this technique, we observed increases in both tonic and evoked glutamate release and decreases in glutamate uptake in TauP301L mice. Riluzole treatment appeared to return these shifts in glutamate regulation to control levels. *In vitro* studies support that a major portion of tonic glutamate is mediated by glia-dependent release of glutamate, and not vesicular glutamate release (Jabaudon *et al.* 1999; Cavelier and Attwell 2005; Le Meur *et al.*

2007). However, our MEAs appear to measure resting glutamate levels that are diminished by ~50% by inhibitors of calcium and sodium channels (Hascup et al. 2010), supporting that resting glutamate has a major neuronal component. Similarly, local application of TBOA to inhibit glutamate transporters leads to an increase in tonic glutamate levels, suggesting transporters also help maintain normal tonic glutamate levels (Day et al. 2006, Hascup et al. 2010). Delineation of the possible mechanisms mediating the increase tonic levels in TauP301L mice will be carried out in future studies. Interestingly, in our previous work (Hunsberger et al. 2014a), we did not observe differences in tonic (resting) glutamate levels between Controls and TauP301L mice. However, in the present study, TauP301L mice exhibited increased levels of tonic glutamate, particularly in the CA3 and CA1 regions. This difference in findings between studies may be due to the duration of tau expression at the time of testing. In the original study (Hunsberger et al. 2014a), mice expressed tau for approximately 3 months, whereas in the current study, mice expressed tau for approximately 5 months. Thus, with longer durations of tau expression, tonic glutamate may also become deregulated by P301L tau expression, a hypothesis that warrants further testing.

An interesting phenomenon, observed in both our previous study (Hunsberger et al. 2014a) and the current study, is the sub-regional relationships between extracellular glutamate alterations and behavioral deficits. In both studies, glutamate release in the CA3, but not the DG or CA1, was correlated with cognitive performance in TauP301L mice, whereas glutamate uptake in the DG and CA1, but not the CA3, was associated with cognitive deficits. At this time, we can only speculate as to the reason for these sub-regional relationships with cognitive performance, though the circuitry of the hippocampus may offer some clues, particularly for the negative correlation between glutamate release in the CA3 and cognitive performance. In the trisynaptic loop of the hippocampus, flow is mainly unidirectional with information entering the loop via the entorhinal cortex with projections running from the DG to the CA3 to the CA1 and back again to the EC. CA3 neurons also receive more than 95% of their input from recurrent CA3 collaterals, referred to as “auto-associative” tracts. It is these recurrent CA3 collaterals that may make the CA3 particularly susceptible to increases in glutamate release. Support for this comes from studies examining hippocampal activity in cognitively impaired, aged rodents and humans; the CA3 is notably the most hyperexcitable region and this hyperexcitability correlates with cognitive performance (Wilson *et al.* 2005a, Bakker *et al.* 2012a, Yassa *et al.* 2010). Reducing CA3 hyperactivity improves memory in aged rats (Koh et al. 2010). Examination of the effects of sub-regional manipulations of glutamatergic activity on cognitive performance will help address these issues, as will studies examining the temporal relations of these circuits with aging and longer durations of P301L tau expression.

Increased hippocampal activation in MCI is predictive of the degree and rate of cognitive decline, as well as the conversion to AD (Mackenzie & Miller 1994). Recent work sheds light on one way in which hyperactivity might be permissive for the development of AD. In AD, tau - typically an intracellular protein - is released into the extracellular space and endocytosed by neighboring neurons (Liu *et al.* 2012). This spread occurs along synaptically connected circuits, resulting in a prion-like cell-to-cell transmission of tau pathology. Relevant to the current paper is the finding that glutamate release and stimulation of

glutamate receptors induces tau release from neurons into the extracellular space (Yamada et al. 2014, Pooler *et al.* 2013). Thus, glutamate-mediated exocytosis of tau may indicate one mechanism for the trans-synaptic spread of tau pathology associated with synaptic activity. This could also result in a vicious feed-forward cycle whereby tau pathology increases glutamate signaling, which then propagates the spread of tau pathology. Prevention of this spread may be one means by which riluzole-treatment reduced total tau levels. Further studies are needed to establish the relevance of increased glutamate signaling to the spread of tau pathology.

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Abbreviations

AD	Alzheimer's Disease
DG	Dentate gyrus
CA3	Cornu Ammonis 3
CA1	Cornu Ammonis 1
vGLUT-1	vesicular glutamate transporter 1
GLT-1	glutamate transporter 1
MEA	microelectrode array
ALS	amyotrophic lateral sclerosis
tTA	Tetracycline-Controlled Transcriptional Activation
CaMKII	calcium/calmodulin kinase II
DOX	doxycycline
WRAM	water radial arm maze
MWM	Morris water maze
WMC	working memory correct
REF	reference
WMI	working memory incorrect
PCI	platform crossing index
GluOx	glutamate-oxidase
KCl	potassium chloride
AUC	area under the curve
Aβ	beta-amyloid

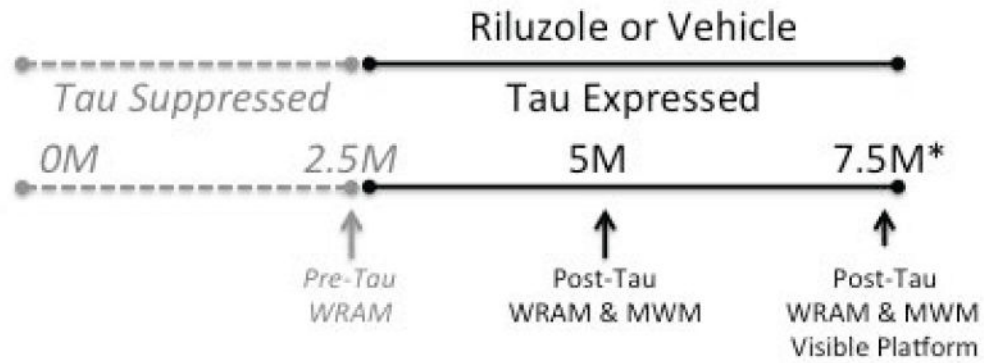


Figure 1. Experimental design

Tau expression was suppressed from conception until 2.5 months (M) of age. Mice underwent testing in the water radial arm maze (WRAM) at 2.5M of age, prior to the onset of tau expression. After WRAM testing at 2.5M, tau expression began, and riluzole or vehicle were administered via the drinking water. Mice underwent behavioral testing at 5M and 7.5M of age, after 2.5M and 5M of tau expression, in the WRAM and Morris water maze (MWM). At the end of MWM testing at 7.5 months of age, the visible platform test was conducted to ensure no differences in visual or motoric function. At the end of visible platform testing, mice underwent anesthetized glutamate recordings (*).

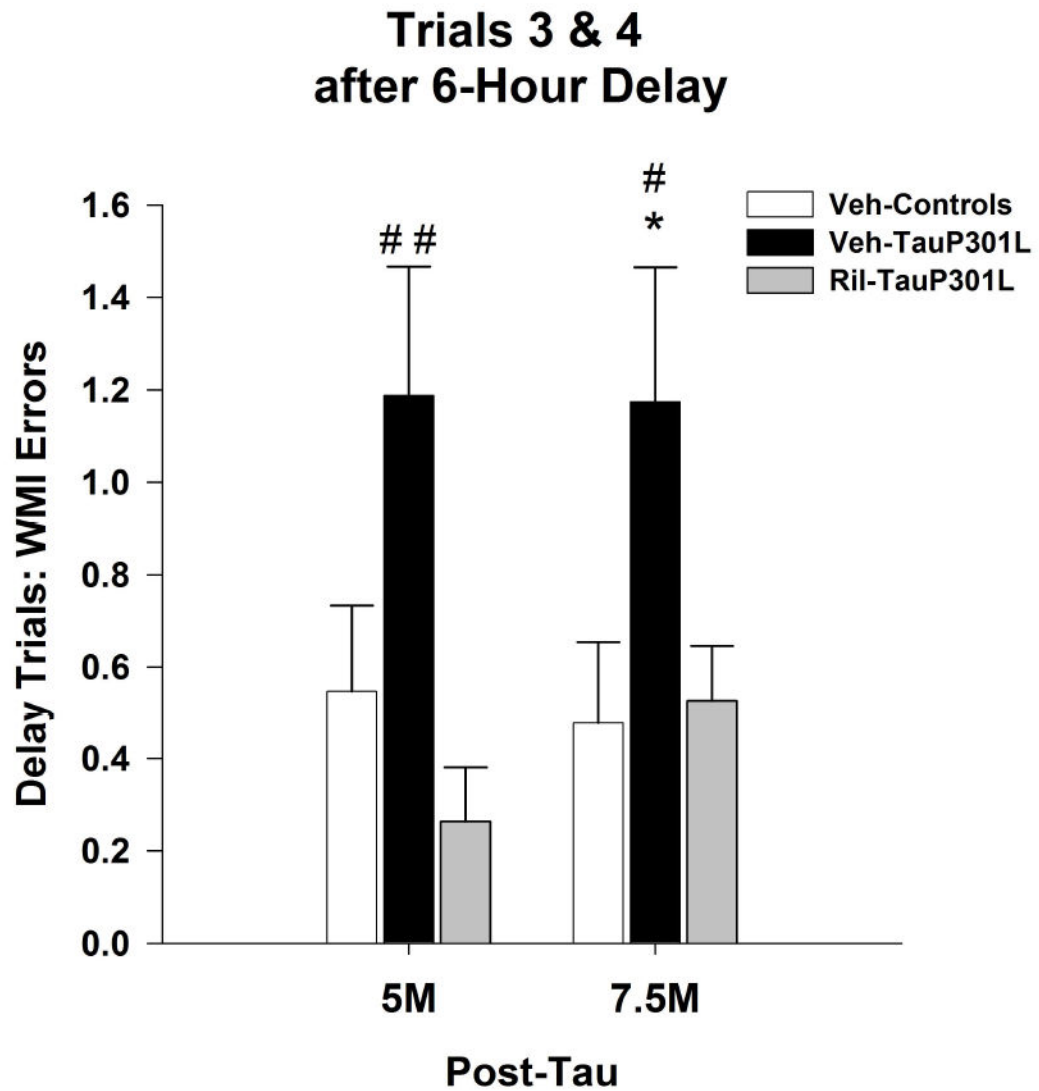


Figure 2. Riluzole rescues cognitive deficits associated with P301L tau expression in the water radial arm maze

Following the insertion of a 6-hour delay between trials 2 and 3, TauP301L mice exhibited significantly more working memory incorrect (WMI) errors at 5 and 7.5M of age, an effect attenuated by riluzole treatment. (Mean \pm SEM; * $p < .05$ Veh-Control vs. Veh-TauP301L, # $p < .05$ Ril-Tau-301L vs. Veh-TauP301L, ## $p < .01$ Ril-Tau-301L vs. Veh-TauP301L).

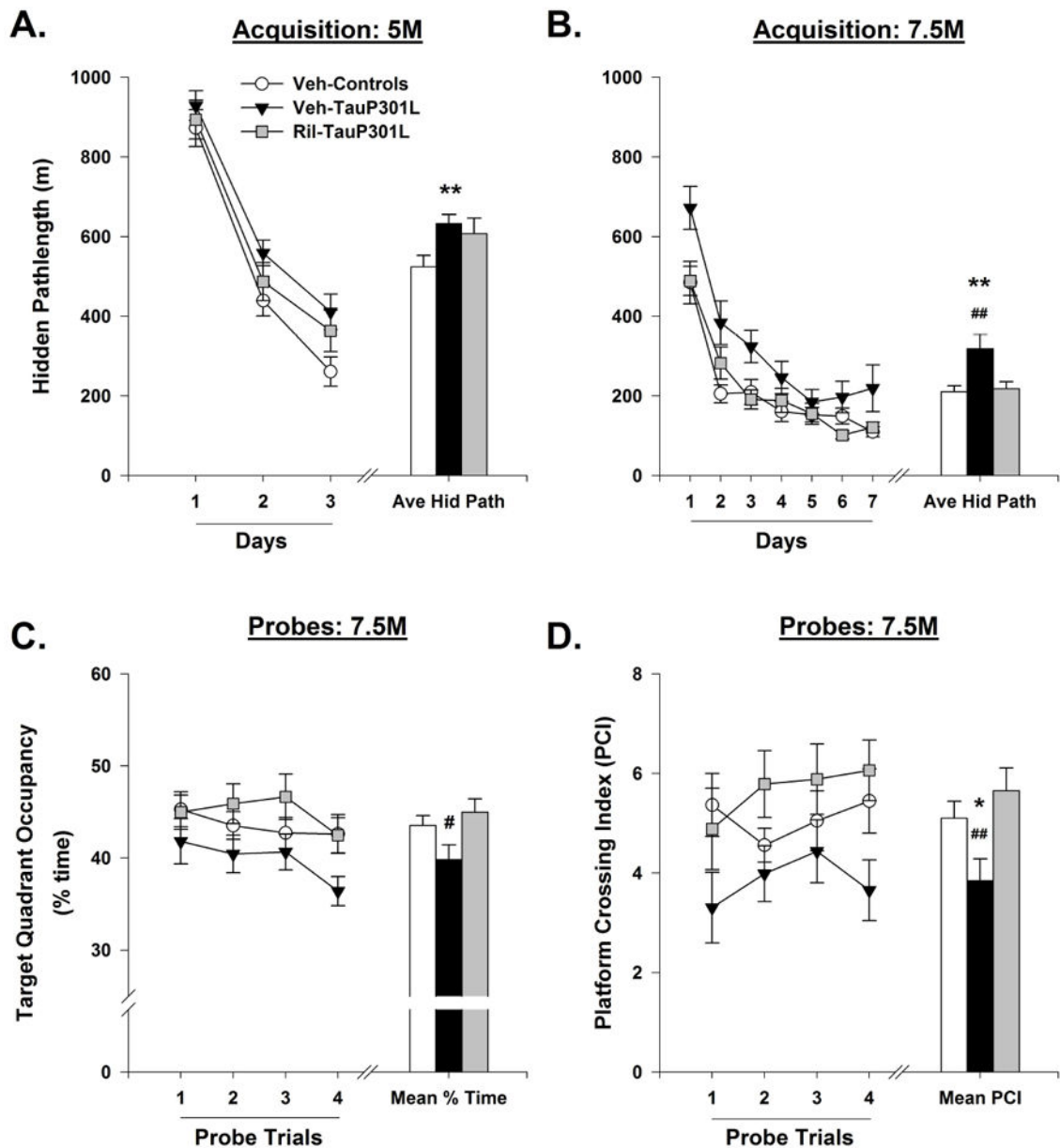


Figure 3. Riluzole improves performance of TauP301L mice in the Morris water maze (MWM) Veh-TauP301L mice exhibited longer pathlengths during hidden platform training at 5 (A) and 7.5 (B) months of age. At 7.5 months of age, riluzole treatment rescued the deficits in spatial reference memory, as indicated by an increase in time spent in the target quadrant (C) and the platform crossing index (D). Average hidden pathlength; Ave Hid Path; Months, M; Platform crossing index, PIC. (Mean \pm SEM; * $p < .05$ Veh-Control vs. Veh-TauP301L, ** $p < .01$ Veh-Control vs. Veh-TauP301L, # $p < .05$ Ril-Tau-301L vs. Veh-TauP301L, ## $p < .01$ Ril-Tau-301L vs. Veh-TauP301L).

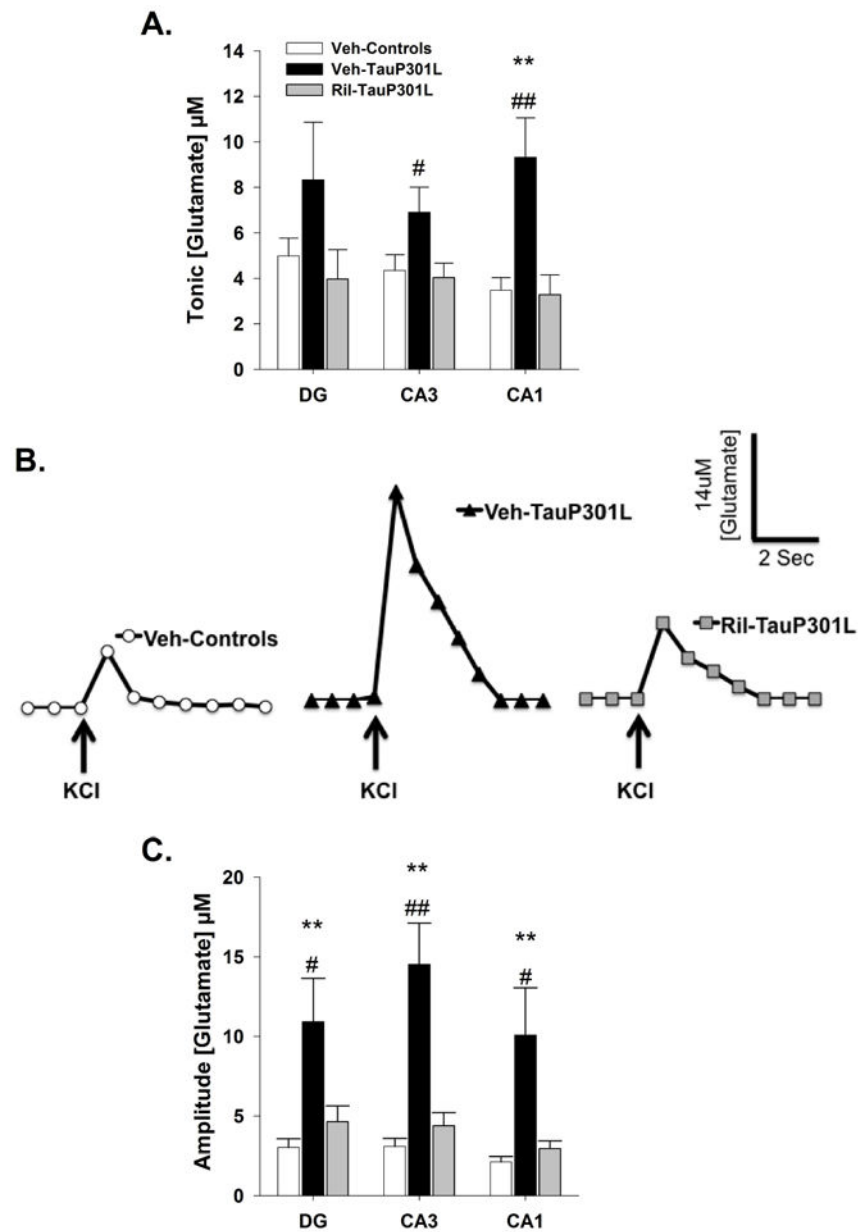


Figure 4. Extracellular tonic and potassium chloride (KCl)-evoked release of glutamate in the DG, CA3, and CA1 regions of the hippocampus

(A) In the CA3 and CA1 regions of the hippocampus, tonic glutamate levels were significantly increased in Veh-TauP301L mice, an effect attenuated by riluzole treatment. (B) Baseline-matched representative recordings of KCl-evoked glutamate release in the CA3 showed riluzole-treatment attenuated the significant increase in the amplitude of glutamate release observed in Veh-TauP301L mice. Local application of KCl (\uparrow) produced a robust increase in extracellular glutamate that rapidly returned to tonic levels. (C) The significantly increased KCl-evoked glutamate release observed in Veh-TauP301L mice in the DG, CA3, and CA1 after local application of KCl was attenuated with riluzole treatment. (Mean \pm

SEM; ** $p < .01$ Veh-Control vs. Veh-TauP301L, # $p < .05$ Ril-Tau-301L vs. Veh-TauP301L, ## $p < .01$ Ril-Tau-301L vs. Veh-TauP301L; $n = 14-19/\text{group}$).

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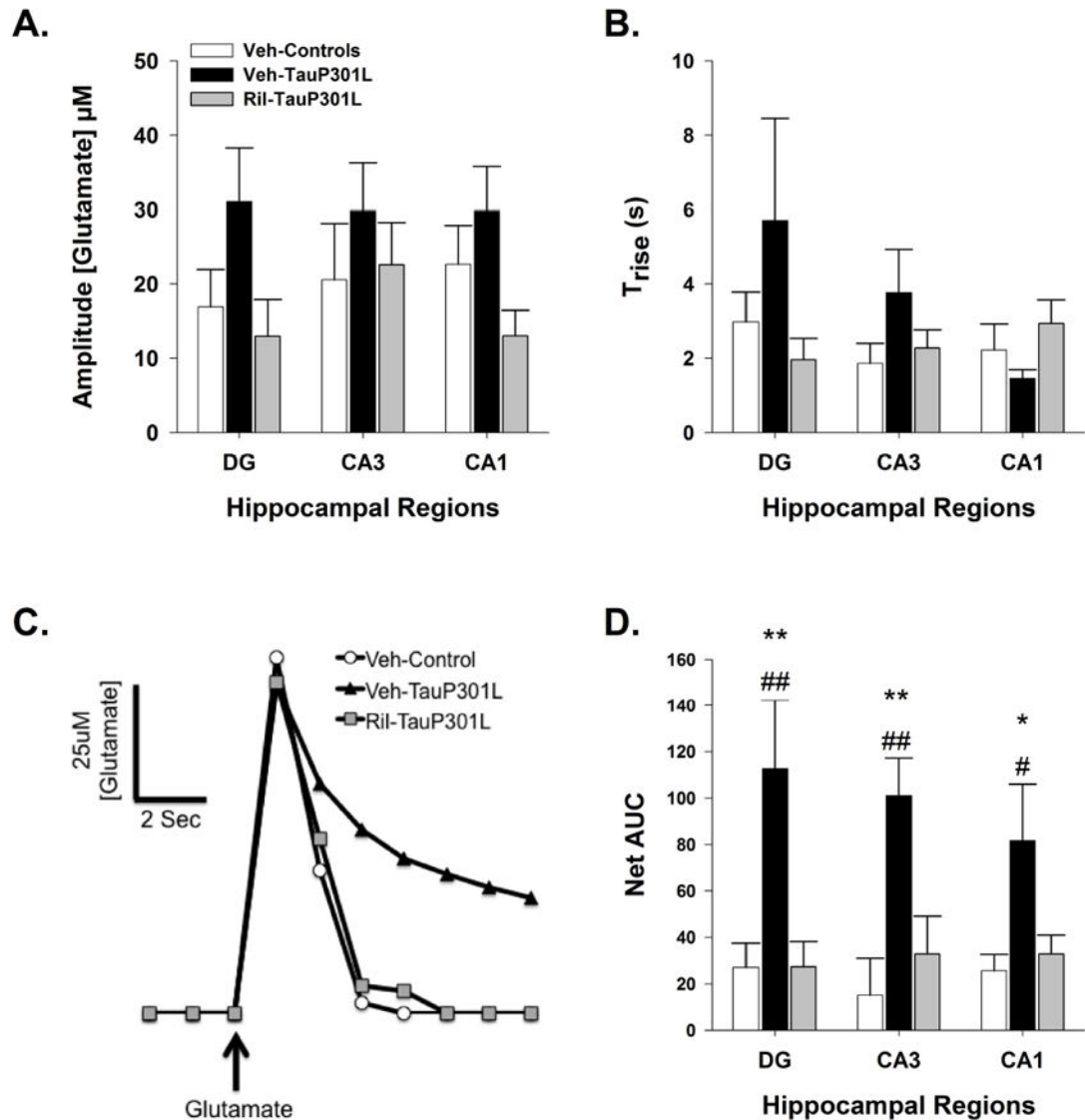


Figure 5. Glutamate uptake following exogenous glutamate application in the DG, CA3, and CA1 regions of the hippocampus

(A) The amplitude of glutamate signal was similar among groups in each region. (B) Trise, an indicator of glutamate diffusion, was similar among the groups in each region. (C) Representative glutamate signals in the CA3 from local application of glutamate in Veh-Controls, Veh-TauP301L, and Ril-TauP301L mice. (D) Riluzole treatment reduced the significant increases in the net area under the curve (AUC) observed in Veh-TauP301L mice in all 3 regions of the hippocampus, indicating improved glutamate uptake in riluzole-treated TauP301L mice. (Mean \pm SEM; * $p < .05$ Veh-Control vs. Veh-TauP301L, ** $p < .01$ Veh-Control vs. Veh-TauP301L, # $p < .05$ Ril-Tau-301L vs. Veh-TauP301L, ## $p < .01$ Ril-Tau-301L vs. Veh-TauP301L; $n = 13-15$ /group).

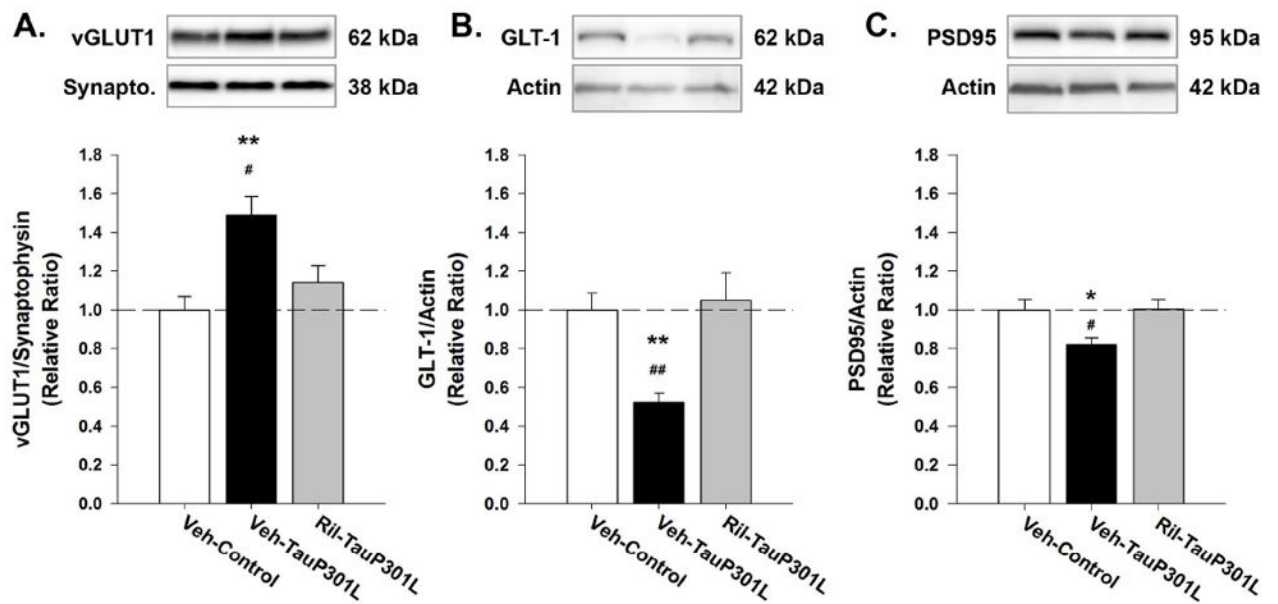


Figure 6. Riluzole rectifies alterations in tripartite synapse associated with P301L tau expression

(A) Riluzole treatment rescued the P301L-mediated increase in vGLUT1 expression observed in TauP301L mice. (B) Riluzole increased GLT-1 expression in TauP301L mice. (C) PSD-95 expression was increased in riluzole-treated TauP301L mice. (Mean \pm SEM; * $p < .05$ Veh-Control vs. Veh-TauP301L, ** $p < .01$ Veh-Control vs. Veh-TauP301L, # $p < .05$ Ril-TauP301L vs. Veh-TauP301L, ## $p < .01$ Ril-Tau-301L vs. Veh-TauP301L; $n = 12-14$ /group).

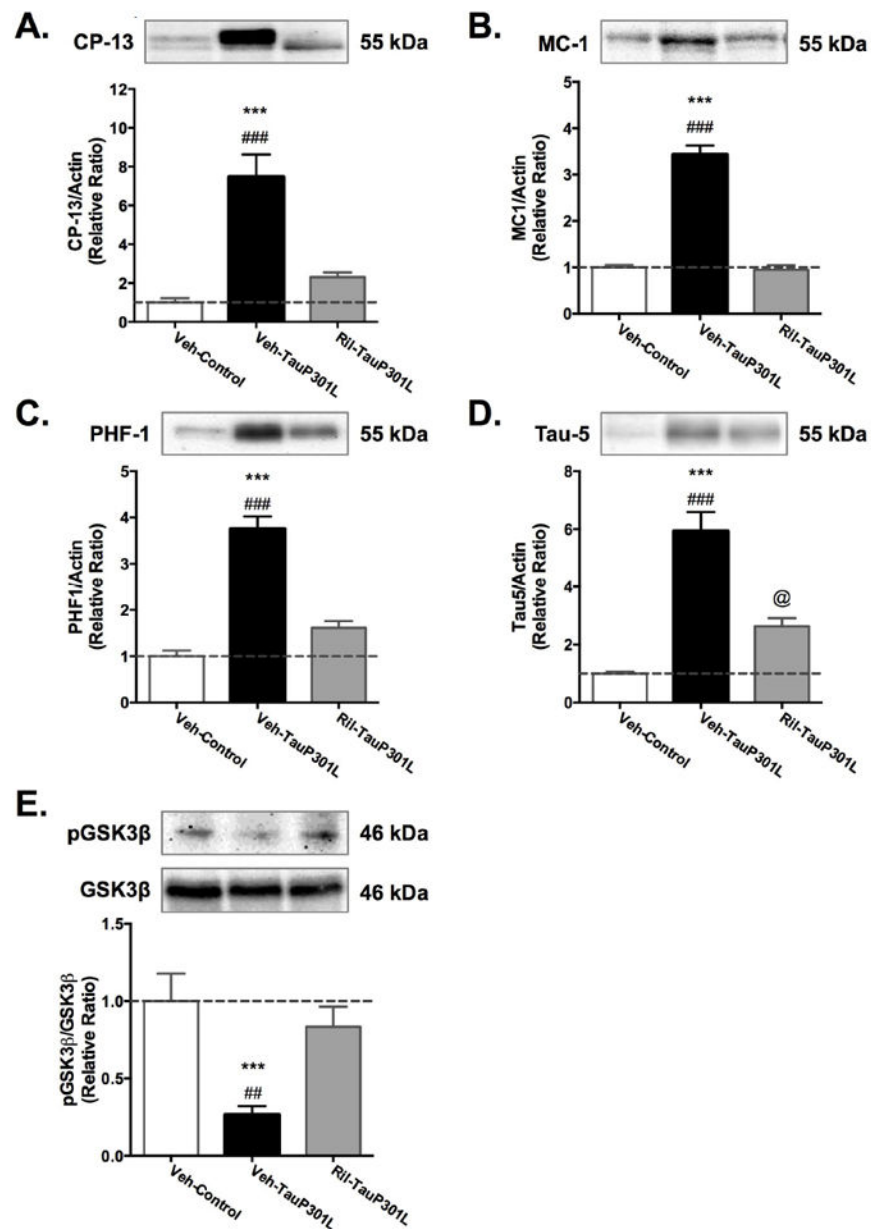


Figure 7. Riluzole rescues tau pathology

Treating mice with riluzole reduced tau phosphorylation (A) and conformational changes (B) to control levels. Total tau levels were also significantly reduced by riluzole (C). (Mean \pm SEM; * $p < .05$ Veh-Control vs. Veh-TauP301L, ** $p < .01$ Veh-Control vs. Veh-TauP301L, *** $p < .001$ Veh-Control vs. Veh-TauP301L, # $p < .05$ Ril-Tau-301L vs. Veh-TauP301L, ## $p < .01$ Ril-Tau-301L vs. Veh-TauP301L, ### $p < .01$ Ril-Tau-301L vs. Veh-TauP301L; @ $p < 0.5$ Veh-Control vs. Ril-TauP301L; $n = 12-14$ /group).

Table 1

Correlations between glutamate dysregulation & average hidden pathlength in the Morris water maze for Veh-TauP301L mice (significant p-values in bold).

	<u>DG</u>	<u>CA3</u>	<u>CA1</u>
Tonic vs. Pathlength	Path=278+3.4*Base $r^2(19) = .17, p = .08$	Path=237+4.7*Base $r^2(19) = .43, p = .0025$	Path=237+6.7*Base $r^2(19) = .27, p = .0231$
KCl-evoked Release vs. Pathlength	Path=315+1.3*Amp $r^2(18) = .01, p = .68$	Path=253+3.1*Amp $r^2(18) = .64, p = .0116$	Path=263+4.1*Amp $r^2(17) = .10, p = .22$
Clearance vs. Pathlength	Path=248+.37*AUC $r^2(14) = .34, p = .028$	Path=259+.27*AUC $r^2(14) = .12, p = .22$	Path=231+.43*AUC $r^2(14) = .49, p = .0056$