



REVIEW

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# Integrating resource defence theory with a neural nonapeptide pathway to explain territory-based mating systems

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## Abstract

The ultimate-level factors that drive the evolution of mating systems have been well studied, but an evolutionarily conserved neural mechanism involved in shaping behaviour and social organization across species has remained elusive. Here, we review studies that have investigated the role of neural arginine vasopressin (AVP), vasotocin (AVT), and their receptor V1a in mediating variation in territorial behaviour. First, we discuss how aggression and territoriality are a function of population density in an inverted-U relationship according to resource defence theory, and how territoriality influences some mating systems. Next, we find that neural AVP, AVT, and V1a expression, especially in one particular neural circuit involving the lateral septum of the forebrain, are associated with territorial behaviour in males of diverse species, most likely due to their role in enhancing social cognition. Then we review studies that examined multiple species and find that neural AVP, AVT, and V1a expression is associated with territory size in mammals and fishes. Because territoriality plays an important role in shaping mating systems in many species, we present the idea that neural AVP, AVT, and V1a expression that is selected to mediate territory size may also influence the evolution of different mating systems. Future research that interprets proximate-level neuro-molecular mechanisms in the context of ultimate-level ecological theory may provide deep insight into the brain-behaviour relationships that underlie the diversity of social organization and mating systems seen across the animal kingdom.

## Introduction

Understanding the causes and consequences of animal behaviour is a fundamental goal in biology [1]. Advances in behavioural ecology, especially during the last three decades of the 20<sup>th</sup> century, provide an ultimate-level understanding of how ecological and evolutionary forces shape behaviour and social organization (e.g., [2]). At a more proximate level, advances in neuroendocrinology have increased our understanding of the physiological and molecular mechanisms that mediate changes in behaviour in response to ecological and social stimuli [3-6]. However, a conceptual integration of ultimate- and

proximate-level perspectives is yet lacking but may provide a more complete understanding of how neuroendocrine mechanisms mediate variation in behaviour and social organisation [7].

In this review we explore the thesis that neural expression of the nonapeptides arginine vasopressin (AVP), vasotocin (AVT) and their receptor V1a may facilitate territoriality, which in turn may shape mating systems in diverse taxa. First, we provide a framework rooted in resource defence theory to illustrate the relationships among aggression, territoriality, and mating system. Next, we consider the relationship between neural AVP, AVT, and V1a and aggression and territoriality and then gather and assess published studies that have examined AVP, AVT, and V1a variation within particular species. We find that neural vasopressinergic and vasotocinergic action is more closely associated with territoriality than it

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is with outright aggression. Then, we argue that resource defence theory could explain evolution in a neural vasopressinergic or vasotocinergic circuit at the species level, and we review studies that have compared neural AVP, AVT, and V1a between species that differ in territorial behaviour. Because territoriality is a component of the amalgamation of behaviour that we call mating system, we conclude that selection for up-regulation of a neural vasopressinergic or vasotocinergic circuit could mediate territorial behaviour and therefore play a role in the evolution of different resource-based mating systems.

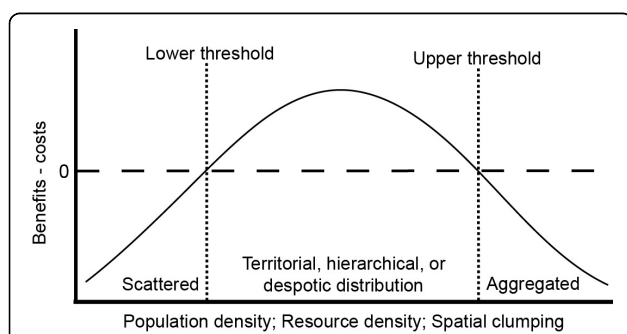
### Aggression, territoriality, mating systems

There are many reasons why animals may behave aggressively, and one of the most common reasons is to defend resources [8] such as food [9], shelter [10], and mates and offspring [11]. In contrast, costs of defence might include injury, vulnerability to predators, time spent not exploiting the resource, and energy expended [12]. The decision to defend a resource depends on benefits - costs, which depends on the resource's distribution in space and time [9], on the individual's motivation and its body condition, and on other ecological factors such as number of competitors, available space, habitat complexity, and predation threat [13-16].

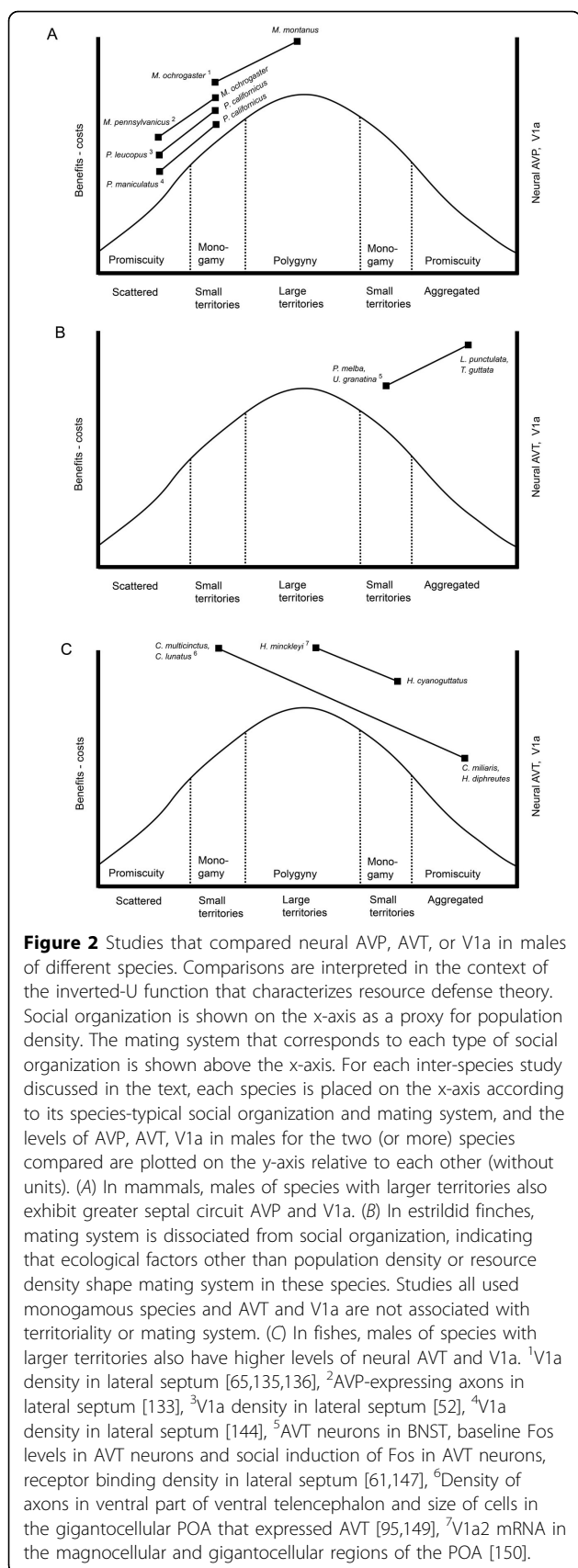
If an individual is attached to a particular site while it is defending a resource, then the space defended is a territory. When resource density is low, the small benefit gained from defending a small amount of resource is not worth the costs incurred from driving away competitors, and individuals may be scattered as they travel long distances seeking resources (Fig.1, far left). As resource density increases, the benefits of maintaining exclusive use of the resource outweigh the costs of defending it, and an individual may behave aggressively,

resulting in territoriality (Fig.1, lower threshold). As resources become so plentiful that they can be easily exploited by many, aggressive defence provides no benefit so it is no longer performed (Fig.1, upper threshold). The reaction to competitor density follows a similar pattern: At low competitor densities, individuals are scattered and most of the time there are no competitors nearby to guard against, so aggression is low (Fig.1, far left). When competitor density is higher, an individual may aggressively drive away competitors from a resource in order to maintain exclusive access to it (Fig.1, lower threshold). If space is limited and competitors are forced to remain within the territory as subordinates, then territoriality may take the form of a linear dominance hierarchy [17] or a despotic distribution in which all subordinates are of equal rank [18,19]. When competitors are very abundant, the costs of defence may exceed the benefits (Fig.1, upper threshold), so an individual may cease behaving aggressively [14] and may abandon a territory and join a group [20,21]. Such intra-individual plasticity in behaviour predicted from theory has been demonstrated empirically in diverse taxa [15]. Interestingly, territorial relationships may form without outright aggressive acts in many species, due to undisputed differences in competitive ability between individuals, ritualized behaviour, or prior social experience [8].

In many species, territorial behaviour has a strong influence on mating system, defined here as the time of, place of, and partner(s) mated, during mating [2,22]. Spatial and temporal distribution of resources and competitors may influence territorial behaviour, which then in turn influences mating system. From the male perspective during mating, females are resources and males are competitors. When population density is low, females are scarce or distributed broadly, and individuals may be scattered. Under such conditions, males may use a roaming tactic to find females and promiscuously maximize reproduction (e.g., African striped mouse, *Rhabdomys pumilio* [23]; Fig. 2, far left). If population density is higher and more competitor males are present, a male may establish a relationship with one female and defend a small territory, resulting in social monogamy (*sensu* [24]). This seems to be the case in several species of marine fishes ([25,26]; Fig. 2, center-left). At even higher population density, more females are available. Under these conditions, a male may be able to maintain a larger territory that includes more than one female, resulting in a polygynous mating system, as in the blue head wrasse, *Thalassoma bifasciatum* ([11]; Fig. 2, center). If population density is yet higher, the number of competing males and the costs of defending are high. A male may only be able to defend a small territory that includes only one female, resulting in monogamy



**Figure 1** Resource defence theory. Ecological factors such as number and distribution of resources and competitors determine whether an individual guards a resource. Above the lower threshold, individuals aggressively defend space around a resource. Above the upper threshold, they cease to defend a resource. Graph based on [14] with the social structure that emerges under each condition added by the current authors. See text for detailed description.



(in some Central American cichlids competition for brood sites is so intense that cooperative defence between the male and female is required to successfully reproduce [27]; Fig. 2, center-right). If mating occurs in a population that is extremely dense, then there are abundant females with which to mate. Under these conditions, the costs of defending one female against the large number of male competitors may not be economical. A territorial male may not be able to exclude male competitors from a territory, and an aggregation may form (Fig. 2, far right). Aggregation is a second type of social organization within which individuals may mate promiscuously. In externally fertilizing species such as butterfly fishes, aggregated individuals may broadcast their gametes simultaneously to maximize fertilisation success [28].

It is important to note that other ecological factors can also influence social organization and mating system. Habitat use may influence distribution (animals aggregating in certain areas of the habitat due to unspecific physical factors like thermal environment, humidity, etc.; like bats in caves). The presence of hetero specific competitors or brood predators may restrict territory size or necessitate parental care [27,29], and high predation threat may cause individuals to aggregate [30]. For example, zebra finches, *Taeniopygia guttata*, form dense aggregations but are strongly monogamous [31]; most likely as a result of additional ecological factors that are beyond the scope of resource defence.

Here we present a perspective that extends the concept of intra- and inter-individual plasticity and reaction norm to and beyond the species level. Resource defence theory predicts intra-individual plasticity in behaviour. However, the same ecological factors that may lead to plastic behavioural responses in individuals may also lead to evolution in the tendency to behave territorially. This idea is consistent with recent conceptual arguments that suggest that behaviour may evolve by genetic accommodation, in which the degree of plasticity may not change, but the reaction norm of behavior may change in both effect size and in slope [32,33]. Population size fluctuates in many species [34], and likely attenuates selection for particular patterns of territorial behaviour. However, within a population, individuals vary both in their ability to plastically adjust behaviour according to local ecological conditions experienced at any given time and in their overall tendencies to behave territorially [35]. Therefore, long term changes in both the stability of ecological conditions and the overall typical state of those conditions could select individuals genetically predisposed to more or less readily adjust their behaviour to local conditions and also to tend to behave either less or more territorially in general. This would result in the evolution of differences in the typical patterns of social organization (e.g., scattered, small

territories, large territories, aggregations) exhibited by different species [36]. Indeed, interspecies differences in territoriality are well documented [23]. Furthermore, studies that have found that differences between species in territorial behaviour and mating system may remain after ecological manipulation [37] indicate that in at least some species these differences are genetically selected and not simply plastic responses to local ecological conditions (see also [38]).

### AVP, AVT, V1A and behaviour

A substantial amount of research has sought to understand how certain neurochemicals (neurotransmitters or neuromodulators) influence behaviour. One family of neurochemicals, nonapeptides are nine-amino acid molecules that carry out numerous physiological functions, including the regulation of behaviour ([39,40]; Table 1). Oxytocin and its anamniote and avian/reptilian homologs (isotocin and mesotocin, respectively; [3,41] have numerous physiological roles, particularly in reproduction in females (e.g., inducing parturition and lactation in mammals), and have been shown to modulate social affiliation behaviour [42]. Another nonapeptide, arginine vasopressin (AVP), and its non-mammalian homolog arginine vasotocin (AVT), have many physiological functions and also influence social behaviour, primarily in males [3,41]. Associations of AVP (or AVT) and its V1a receptor subtype with a variety of social behaviour patterns including courtship, gregariousness, reproduction, aggression, and territoriality, have been established in diverse vertebrate classes [43,44].

One of the best studied functions of AVP and V1a has involved a particular circuit in the brain that originates in the bed nucleus of the stria terminalis (BNST) and the medial amygdala and projects to the lateral septum (Table 2; [45-47]). AVP is produced in the cell bodies of neurons in the BNST and the medial amygdala. The axons of these neurons extend to the lateral septum where V1a receptors are found on their postsynaptic targets (Fig. 3A). In males of the monogamous prairie vole, *Microtus ochrogaster*, experiments using pharmacological

methods and transgenic animals have demonstrated a causal relationship between AVP and V1a in these brain regions and behaviour patterns generally considered characteristic of monogamy, such as mate affiliation, nest defence, and paternal care for offspring [48-51]. The lateral septum also receives AVP from adjacent regions in a paracrine fashion. However, the simultaneous elevation of AVP in the BNST and V1a in the lateral septum when comparing sexes or species with different mating systems [52,53] suggest that this circuit plays an important role in all of these different behaviour patterns. An important question is how AVP and V1a expression can be associated with both affiliative behaviour and with aggressive defence of a territory, which appear to be very different forms of behaviour [54].

One possible explanation for the septal AVP-V1a circuit's stimulatory effect on both affiliation and aggression could be that it more generally enhances social cognition and in doing so stimulates the formation all types of social relationships [55]. Here we define social cognition specifically as the acquisition and retention of social information [56]. Territoriality would seem to require establishing relationships with other individuals (albeit a confrontational context) and the recognition of individuals upon a subsequent encounter. Social cognition may thus be necessary to form and maintain relationships with both mates and offspring and with competitors (such as familiar neighbours or "dear enemies") when maintaining a territory, compared with simply roaming over a broad home range [44,57-59]. Additionally, holders of large territories are probably continually establishing new relationships as neighbouring individuals change, compared to holders of small territories who have fewer neighbours, or compared to roamers who may encounter many individuals but never form a relationship. Therefore, up-regulation of a neural circuit that stimulates social cognition, specifically the establishment and maintenance of social relationships in specific surroundings, could facilitate both affiliative and aggressive behaviour, depending on social context.

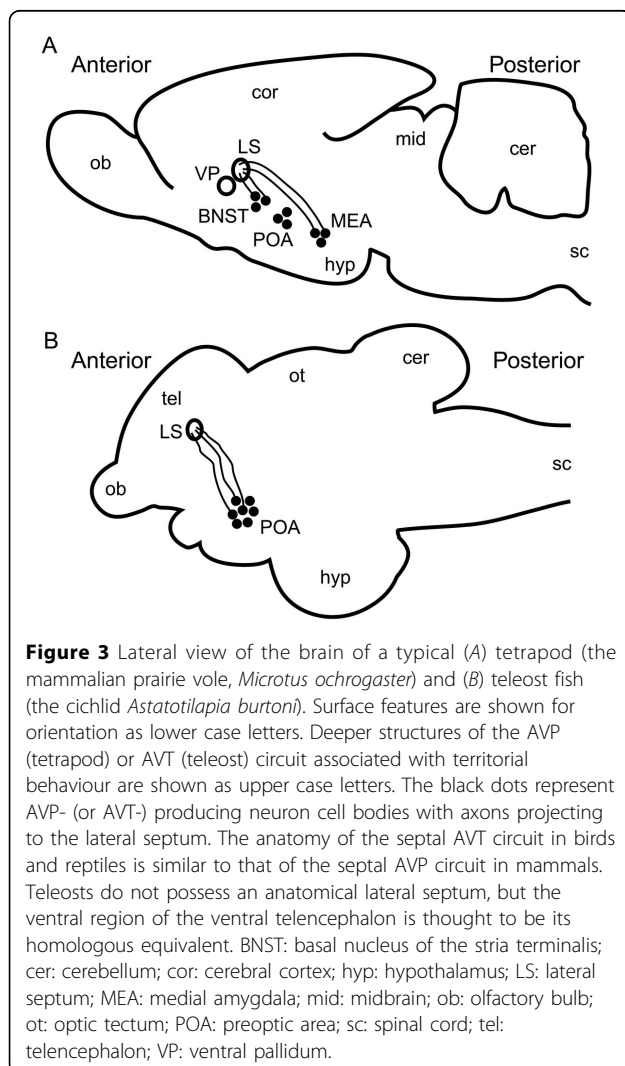
**Table 1. Nonapeptides and receptors that play a role in reproductive behaviour**

Molecule or structure	Description
Oxytocin	A nonapeptide associated with reproduction and social bonding. Thought to be most important in females.
Mesotocin	The bird/reptile homolog of oxytocin.
Isotocin	The anamniote homolog of oxytocin.
Arginine Vasopressin (AVP)	A nonapeptide associated with aggression, space use, and reproduction. Thought to be most important in males.
Arginine Vasotocin (AVT)	The non-mammalian homolog of AVP.
V1a	A cell membrane receptor for AVT and AVP that is commonly associated with social behaviour.
AVP circuit	A collection of neurons that project axons and deliver AVP or AVT to another set of neurons in a different region in the brain.

Note: Each nonapeptide is pleiotropic and has various physiological functions in other organ systems.

**Table 2. Mammalian brain regions associated with mating system and their putative homologs in teleost fishes (see [80] for a detailed discussion)**

Brain region	Description
Bed Nucleus of the Stria Terminalis (BNST)	Contains cell bodies of AVP- or AVT-producing neurons in tetrapods.
Medial amygdala	Contains cell bodies of AVP- or AVT-producing neurons in tetrapods.
Supracommissural nucleus of the ventral telencephalon (Vs)	Putative teleost homolog of the medial amygdala and BNST, but possesses no AVT-producing cell bodies.
Preoptic Area (POA)	A neuroendocrine integration centre located at the interface of the hypothalamus and telencephalon. Contains groups of AVP- or AVT-producing neuron cell bodies that project axons throughout the brain.
Paraventricular nucleus (parvocellular subdivision in teleosts)	Associated with stress and subordinate behaviour. In teleosts, part of the POA.
Supraoptic nucleus (magno-/gigantocellular subdivision in teleosts)	Associated with aggression and reproductive behaviour. In teleosts, part of the POA.
Lateral septum (LS)	In tetrapods, a collection of neurons in the medial forebrain lying generally anterior to the anterior commissure. Receives axons of AVP- or AVT-producing neurons. Associated with several types of social behaviour.
Ventral nucleus of the ventral telencephalon (Vv)	Putative teleost homolog of the lateral septum.
Ventral pallidum (VP)	A brain region immediately ventral to the lateral septum in tetrapods. Receives axons of AVP- or AVT-producing neurons. Implicated in social pair-bonding in rodents.



In the sections below, we review studies that have measured aspects of neural AVP, AVT, and/or V1a. The studies are of two general designs: they either measure and compare neural AVP, AVT, and/or V1a between different behavioural phenotypes or they manipulate neural AVP, AVT, and/or V1a and measure the resulting behaviour. Studies that measured neural AVP, AVT, and/or V1a have done so using a variety of different methods. Many studies used immunohistochemistry (e.g., [60]), a laboratory technique used to anatomically visualize the location of a specific protein by using a specific antibody that binds to it. The antibody is visible with a fluorescence microscope when it is bound to a special light-emitting molecule. These studies typically then compare the sizes or numbers of AVP or AVT-immune-reactive (AVP-ir) cells or density of staining within the cells. Some studies measure *c-Fos* expression in a similar way in addition to the AVP- or AVT-ir (e.g., [61]). Immediate early genes, such as *c-Fos*, are rapidly and transiently upregulated following an external stimulus. Therefore, increased expression of both AVP or AVT and *c-Fos* suggest that an AVP- or AVT-expressing neuron is increasing activity in response to a stimulus. Other studies have measured AVP or AVT mRNA. *In situ* hybridization binds mRNA using a radioactively labelled complementary strand of DNA or RNA (e.g., [62]). Quantitative PCR measures AVP or AVT mRNA by binding it with a light-emitting molecule (e.g., [63]). Finally, a few studies have measured AVT directly using high-performance liquid chromatography; a new application of this method (e.g., [64]). V1a receptors have been identified using autoradiography: binding to a radioactively labelled ligand (e.g., [65]). Many studies that have manipulated neural AVP, AVT, and/or V1a have directly

applied AVP, AVT, or V1a antagonist. This has been done by either infusing AVP or V1a antagonist into one of the brain ventricles, (e.g., [66]) or directly injecting AVP or AVT into a specific brain region or into the intraperitoneal cavity (e.g., [67]). A few studies have “knocked down” AVT production in a particular brain region by injecting antisense oligonucleotides that bind to the target mRNA and prevent it from being translated [68].

### **Intra-species variation in AVP, AVT, V1a and territoriality**

A substantial number of studies have examined neural AVP, AVT, and V1a within and among individuals of a particular species. In this section, we review those studies to assess if neural AVP, AVT, or V1a is closely associated with either aggression or territoriality. An association with aggression would indicate a direct relationship between the molecular pathway and aggression. An association with territoriality would suggest that the pathway has a cognitive function, which would better explain the perplexing diversity of behaviours that have been associated with AVP, AVT, and V1a in previous studies. Furthermore, if neural AVP, AVT, or V1a is associated with territoriality within species, then it may also be possible for neural AVP, AVT, and V1a to also be associated with territoriality between species.

#### **Intra-species variation in mammals**

Many studies have demonstrated a relationship between neural AVP and V1a and aggression in rodents [44,69,70]. Most studies that have investigated the role of AVP or V1a in aggression have relied on resident-intruder tests, which alone are not sufficient to distinguish increases in pure aggressive behaviour from aggression performed specifically as a form of territory defence. However, one study specifically found that in one particular species, the aggression stimulated by neural AVP and V1a is performed not simply to injure or drive away another individual, but to establish a social relationship in the context of a particular place (territory). Bester-Meredith et al. [66] cleverly examined the effects of intracerebroventricularly (ICV) infused AVP and V1a antagonist on aggression in both a resident-intruder test and a neutral arena test. In the monogamous, territorial California mouse, *Peromyscus californicus*, the antagonist lengthened attack latencies in the resident-intruder test, but had no effect in the neutral arena test. In the promiscuous white-footed mouse, *P. leucopus*, which does not typically maintain exclusive territories (see Inter-Species Variation in Mammals section below) the antagonist did not alter attack latencies in either test. These results indicate that neural V1a functions specifically in territorial behaviour

in California mice but is not a mechanism that strictly increases aggression in either of these species [66].

Additional evidence that the function of neural AVP and V1a extends beyond simply increasing aggression and instead functions specifically to establish social relationships in the context of territoriality can be found in Syrian hamsters, *Mesocricetus auratus*. Males of this species rub secretions of special glands onto objects in their territories in response to cues from other male hamsters, an activity known as flank marking. AVP injection into the medial preoptic area / anterior hypothalamus, BNST, medial amygdala, and lateral septum of males stimulates flank marking in the absence of other hamsters, and is mediated by V1a in the lateral septum [71-74].

One study has examined the role of septal V1a in natural intra-species variation in space use in male prairie voles. Prairie vole males are typically considered monogamous and territorial, but they may also exhibit a wandering tactic in which they are not site attached but roam and mate opportunistically with females they encounter [75-78]. Within-species comparisons among individual males failed to find a significant difference in septal V1a between territorial males and wandering males [79].

#### **Intra-species variation in birds**

The anatomy of the septal AVT circuit in birds is similar to the septal AVP circuit in mammals (see Figure 3 in [80]). In birds, some studies have supported a relationship between neural AVT and V1a and aggression and territoriality and some have not. In a well-studied polymorphism in white-throated sparrows, *Zonotrichia albicollis*, white-striped males defend their territories more vigorously and intrude into other territories for extra-pair copulations more often than do tan-striped males, and they have more AVT-ir (immune-reactive) expression in the medial portion of the BNST and in the ventrolateral subdivision of the caudal lateral septum [60]. In this species, neural AVT and aggression are clearly associated with a situation in which increased social cognition would benefit a territory-holding male in identifying and remembering nearby males and females.

The relationship between neural AVT and V1a and behaviour is more complex in estrildid finches. In the highly social and monogamous zebra finch, aggression decreases with time when individuals are group-housed, but is higher in paired compared with unpaired males. Intracerebroventricular AVT injection increases, and V1a antagonist decreases, aggression during competition to court [81,82]. Furthermore, increases in AVT-Fos are observed in a mate competition paradigm if subjects are allowed to court, but not if they are aggressively subjugated [61]. Kabelik et al. [83] injected a mixture of V1 antagonists into the lateral ventricle and observed a

decrease in aggression in unpaired males on the first day of group formation, when aggression was performed as competition over mates. However, paired males increased aggression after the same treatment. In territorial species, the field sparrow, *Spizella pusilla* [84] and the violet-eared waxbill, *Uraeginthus granatina* [85] intraseptal AVT infusions inhibit resident-intruder aggression. On the other hand, bilateral knockdown of AVT production in the BNST using antisense oligonucleotides and intraseptal infusions of V1a antagonist in male zebra finches reduced gregariousness: the tendency to associate with a large group (n=10) over a small group (n=2) [68]. The antisense oligonucleotides also decreased exploration behavior in a novel environment [68]. In the moderately gregarious Angolan blue waxbill (*Uraeginthus angolensis*), bilateral antisense knockdown of AVT production in the BNST reduced social contact, but not gregariousness, especially in males [86]. Thus, in estrildid finches, AVT and V1a of the septal circuit variously promotes aggression, social contact, or gregariousness, suggesting a general social cognition function that varies depending on social context and on species.

#### **Intra-species variation in reptiles and amphibians**

The septal AVT circuit in reptiles and amphibians is anatomically similar to the septal AVP circuit in mammals (see Figure 3 in [80]). Neural AVT influences reproductive and aggressive behaviour in reptiles and amphibians [87,88], and many species in these taxa exhibit territorial behaviour and diverse mating systems [89-91]. Neural AVT is well known to stimulate mate calling in frogs, but two studies specifically observed results pertinent to the role of AVT in territorial behaviour. In staged encounters involving the gray tree frog, *Hyla versicolor*, intraperitoneal (IP) AVT injection increased an intruder male's ability to acquire calling sites from resident males without physical aggression [67]. Similarly, after IP injection of AVT in the common coquí, *Eleutherodactylus coqui*, satellite males left the territories of other males and formed their own new territory and began calling [92]. In contrast to this pattern of association between AVT and territoriality, Marler et al. [93] found that satellite males possessed significantly more AVT-ir, in terms of both density of staining within cells and in cell size, in the nucleus accumbens of the brain than did calling males. These studies suggest a role for neural AVT in territoriality in amphibians, but the specific brain regions involved remain unclear.

#### **Intra-species variation in teleost fishes**

In teleost fishes, neural AVT and V1a expression have often been associated with aggression and territoriality, although several studies have found an inverse relationship (reviewed by [94]). Some studies in teleosts have

observed an association between territorial behaviour and measures of AVT and V1a in distinct forebrain regions that have putative mammalian homologs (Fig. 3B; Table 2; [6]). In teleosts, AVT-expressing neuron cell bodies are located only in the parvocellular, magnocellular, and gigantocellular portions of the preoptic area (POA) and (to a lesser extent) the lateral tuberal nucleus of the hypothalamus [95-98]. Several studies [96,98-101] have found that aggressive males of a particular species have larger or more numerous AVT-ir cell bodies than do non-aggressive males in the gigantocellular portion of the POA, and sometimes non-aggressive males have more in the parvocellular portion, the putative teleost-homolog of the paraventricular nucleus [3]. In many of these studies, the males compared were specifically identified as being either associated with a specific site or not, so the aggression performed comprised territoriality [96,98,100,101]. One study found larger parvocellular and magnocellular AVT-ir neurons in males of a less aggressive population, but the large size may have been due to greater function in osmoregulation [102]. Another study found fewer AVT neurons in the magnocellular layer of the POA in territorial individuals after controlling for body size [103], although the pattern was observed in juveniles of a species that undergoes a natural social status-based male to female sex change (clown anemonefish, *Amphiprion ocellaris*), so reduced AVT might have been indicative of impending female differentiation. Other studies measured AVT mRNA or AVT directly. These have often found higher levels of AVT in the brains of territorial individuals (e.g., [64,96,104-106]) although at least one study found no relationship [107].

Manipulations of neural AVT and V1a have also often produced results consistent with a role in territoriality. Intraperitoneal injection with a nonapeptide receptor antagonist delayed the initiation of both aggressive and affiliative behaviour in male convict cichlids, *Amatitlania nigrofasciata*, when introduced to a potential mate and competitors [108]. In territorial male Beaugregory damselfish, *Stegastes leucostictus*, IP-AVT injection resulted in an increase in aggressive behaviour toward intruders in a dose-dependent manner, and injection with a V1a receptor antagonist reduced aggressive behaviour [109]. In other species, neural AVT enhancement inhibited aggression and dominance. Juvenile rainbow trout, *Oncorhynchus mykiss*, receiving AVT injected into the 3<sup>rd</sup> ventricle became subordinate, and those that received V1a antagonist tended to become dominant [110]. In the weakly electric brown ghost knife fish, *Apteronotus leptorhynchus*, IP-AVT injections increased courtship chirps but inhibited agonistic chirps in males [111]. Intraperitoneal injection of AVT has also been found to reduce rates of aggression in Amargosa River

pupfish, *Cyprinodon nevadensis amargosae* [112]. In one study, such a negative relationship was observed in the zebrafish, *Danio rerio* [106], and was in contrast to the positive association between magnocellular AVT neuron size and aggression previously observed in the same species [99].

Studies of fish species with alternative male mating tactics have provided opportunities to examine intra-species variation in the role of neural AVT and V1a in territoriality, and have produced contrasting results. In male bluehead wrasses, *Thalassoma bifasciatum*, territorial males did not have more numerous AVT-ir neurons, but AVT mRNA within magnocellular neurons in territorial males tended to be greater than in the smaller, reproductive but non-territorial male phenotype [113]. Furthermore, qPCR revealed in both whole-brain and hypothalamus samples that V1a2 (one of the two V1a paralogs present in teleosts [114]) was also higher in territorial males [63]. After IP injection with AVT or a V1a receptor antagonist in males, AVT generally increased territorial behaviour and V1a antagonist decreased territorial behaviour, which was not limited to aggression, but also involved remaining at one site instead of roaming, refraining from feeding, and increasing inspections of conspecifics [115]. Furthermore, AVT was necessary to assume territorial status in both non-territorial males and sex-changing females [116]. In contrast, in the plainfin midshipman, *Porichthys notatus*, dominant, territorial males have AVT-ir neurons in the entire POA that are larger than in smaller, non-territorial sneaking males, which has been interpreted to be an insignificant effect of larger body size. However,

non-territorial males have more AVT-ir neurons per body mass [117]. Similarly, if corrected for body mass, the smaller non-nesting males of the Azorean rock-pool blenny, *Parablennius parvicornis*, have significantly more AVT-ir cells in the entire POA than do the large nesting males [118]. One study was able to distinguish whether neural AVT was more strongly associated with territoriality or courtship toward females [62]. In the peacock blenny, *Salaria pavo*, territorial males do not perform courtship behaviour [119]. In the entire POA, immunocytochemistry found that there were no differences in body size-corrected AVT-ir cell size or numbers between territorial morphs and sneaking morphs. However, AVT mRNA expression on a per-cell basis using *in situ* hybridization was higher in sneaker males than in nest-holders, indicating that AVT in this species is associated with courtship behaviour more than it is with territoriality. This is consistent with another study in which IP injections of AVT induced the expression of courtship behaviour in sneakers but not in territorial males [120]. Therefore, in some species, neural AVT and V1a are associated with territoriality, but in others they are more strongly associated with courtship.

#### Intra-species variation in invertebrates

Little is known about the mechanisms that might underlie aggression and territoriality in invertebrates. In arthropods in particular, many species are territorial [121,122], and aggressive defence of resources is at least partially mediated by a known molecular mechanism (juvenile hormone) in some species [123]. Distinct non-peptides are found in different invertebrate taxa [41],

**Table 3. A general classification of mating system variation with an emphasis on territory defence if it sometimes occurs in a particular mating system [2]**

Mating system	Description
Promiscuity	Individuals mate with multiple members of the opposite sex, sometimes indiscriminately. Typically there is no pair bonding. Individual home ranges overlap with those of same sex and those of the opposite sex [171,172].
Polygamy	Ongoing mating with a group of multiple mates. Can be subdivided into polygyny and polyandry, depending on which sex is polygamous [2,131,171,172].
Polygyny	A type of polygamy in which one male mates with multiple females. In territorial polygynous systems, each male holds a territory from which other breeding males are typically excluded, and which contains the territories or home ranges of females. The males' territories do not overlap with the territories of other males, and the female territories only overlap with the territory of a single male. Males may mate with the same females in successive mating attempts [171]. Social relationships apparently exist between a territorial male and each female, but they do not spend as much time in coordinated activities as do monogamous pairs. Relatively common [2,172].
Polyandry	A type of polygamy in which one female mates with multiple males for successive breeding attempts. Relatively rare compared to polygyny [2,171].
Polygynandry	Members of each sex mate with multiple partners. Not tied to resource defence. Often used instead of "Promiscuity" to distinguish species that do not mate indiscriminately, but may or may not involve ongoing relationships (see "Lek," below).
Lek	A type of polygyny or polygynandry [173] in which males form aggregations of small display territories and compete for dominant status during breeding season and females choose among them. Males do not contribute resources or parental care; females visit briefly only to have their eggs fertilized. There are no social bonds [171,174].
Monogamy	A female and a male form a social bond, often mutually defend a territory, and often cooperate to care for their offspring. Environmental constraints prevent either sex from monopolizing more than one member of the opposite sex. Adults remain in close proximity to each other. May be serial, with partners changing with each breeding attempt, or long-term [171,172].



including some arthropods such as ants [124,125], although no such molecules have been found in eusocial honeybees [126]. Oxytocin/vasopressin homologs induce reproductive movements in leeches, worms, and snails [127,128] and affect learning and memory in cuttlefish [129], but there is at this time no evidence that nonapeptides play a role in territoriality in invertebrates. Research into the neuromolecular mechanisms regulating territoriality in invertebrates is a promising avenue for understanding the evolution of social behaviour.

### **Interspecies variation in AVP, AVT, V1a and territoriality**

Below we review studies that have compared aspects of neural AVP, AVT, or V1a in two or more species that differ in aggression, territoriality, and mating systems and interpret them in the context of resource defence theory. On an inverted-U resource defence function we plot relative expression of neural AVP, AVT, and V1a, using social organization (e.g. scattered, large territories, aggregations) as a proxy for resource density and competitor density, then we evaluate congruency between patterns of neural expression and the species-typical level of territorial behavior (no territories, small territories, large territories) (Fig. 2). Just as our analysis assumes that species-typical patterns of social organization are selected in response to species-typical ecological conditions and population densities, it also assumes that neural AVP, AVT, and V1a are consistent enough within species to persist under the artificial social conditions elicited by a laboratory environment. Indeed, the statistically significant differences between species reported in numerous published studies (see below) suggest that neural expression within a species is consistent enough to persist under artificial socio-ecological conditions (*sensu* [61]). Many of the studies discussed below are two-species comparisons, which are limited in their ability to allow conclusions about the evolution of traits [130]. However, multiple observations of a particular pattern more strongly indicate that the pattern is a result of evolutionary change and not merely a random difference between species [130].

#### **Inter-species variation in mammals**

In studies that compared males of two mammal species, expression patterns in the septal vasopressinergic circuit mirrors territory size. Prairie voles are typically socially monogamous (but see discussion above in the section Intra-Species Variation in Mammals), and male-female pairs usually share a common nest and home range, from which males exclude other males, i.e., a territory [131]. Meadow voles, *M. pennsylvanicus*, in contrast, are promiscuous and the males are not territorial. Females have small home ranges and distinct territories, but

males' home ranges are large and overlap considerably, and males frequently enter the territories of estrous females [132]. The number of male home ranges that overlap with female home ranges is similar to the number of female home ranges that overlap with male home ranges. Wang [133] found that male prairie voles had a higher density of AVP-expressing axons in the lateral septum than did male meadow voles (Fig. 2A). Interestingly, male montane voles, *M. montanus*, which are polygynous and maintain exclusive, long-term territories that are even larger than those of male prairie voles and which encompass several smaller female territories [134], show even greater expression in the septal vasopressinergic circuit: Comparisons of receptor V1a densities in the lateral septum between prairie voles and montane voles have found higher levels in *M. montanus* [65,135,136]. Therefore, expression of both AVP and V1a in the lateral septum is associated with male territory size in *Microtus* voles (Fig. 2A).

The vasopressinergic circuit is also associated with territoriality in mice of the genus *Peromyscus*. These species show variation in territorial behaviour similar to that found in *Microtus* voles. Mated pairs of the monogamous California mice are strongly territorial, maintaining exclusive home ranges [137]. Males spend more time providing parental care and attack opponents more rapidly than do males of the promiscuous white footed mice [52], which cease to nest with females after the litters are born and provide no paternal care [138]. White footed mice may sometimes aggressively defend their home range as a territory, but only at high densities, and even then there is some overlap among the males' home ranges [139,140]. In fact, females' home ranges are more strictly exclusive of same-sex individuals than are males' home ranges [139]. Low densities are more common [141], and although under these conditions males' home ranges are exclusive of each other, resident males frequently leave their home ranges to roam in search of females [142], and contact between males is frequent but usually does not involve aggression [141]. Importantly, male California mice show a larger area of neuron cell bodies and axons stained for AVP in the BNST and more V1a receptors in the lateral septum than do male white footed mice ([52]; Fig. 2A). Similarly, home ranges of adult deer mice, *P. maniculatus*, overlap broadly with those of members of the same and opposite sexes, and both males and females are promiscuous [143]. Insel et al. [144] found that male California mice have more V1a receptors in the lateral septum than do male deer mice. In sum, in comparative studies of both *Microtus* voles and *Peromyscus* mice, the species that exhibits the greatest exclusive use of space also shows the highest expression in the septal vasopressinergic circuit (Fig. 2A).

Three comparative studies that did not find a positive relationship between neural AVP or V1a and territorial behaviour should be mentioned. First, Wang et al. [145] found that males of the monogamous pine vole, *M. pinetorum*, had larger areas covered by AVP-expressing axons in the lateral septum than did prairie voles, meadow voles, or montane voles. However, for unknown reasons this study also failed to observe any of the other species differences in expression that had repeatedly been reported in previous studies. Next, Insel et al. [65] found that pine voles had less V1a in the lateral septum compared to the promiscuous meadow voles. However, that study did not analyse males and females separately, which likely obscured any relationship between V1a and territory size that might exist only in males. Finally, Turner et al. [146] failed to find an association between V1a density in the lateral septum and mating system in males of *Peromyscus* spp. However, their analysis likely suffered from a lack of power due to small sample sizes (only two males of each of five species).

#### Inter-species variation in birds

In birds, studies have compared neural AVT and V1a in gregarious (aggregating) vs. territorial estrildid finch species. All species of this group are monogamous, so mating system is dissociated from social organisation [3]. Although the septal vasotocinergic circuit has been associated with aggression in some contexts in some species (see Intra-Species Variation in Birds section, above), across species it is more strongly associated with grouping behaviour [3]. Specifically, the gregarious zebra finch and spice finch (*Lonchura punctulata*) show more AVT-expressing neurons in the BNST, and higher baseline Fos levels and greater social induction of Fos in those AVT neurons than do the territorial species, the Melba finch (*Pytilia melba*) and the violet-eared waxbill (*Uraeginthus granatina*). The moderately gregarious species, the “Angolan” blue waxbill (*U. angolensis*), typically exhibits intermediate values [61]. Similarly, an antagonist known to bind to mammalian V1a was found to bind in several septal areas typically in higher densities in the zebra finch and spice finch than in the Melba finch and the violet-eared waxbill [147]. This pattern seemingly contrasts with the association of septal AVP and V1a and territoriality described above for cricetid rodents (Fig. 2B). However, Goodson & Wang [61] introduced the idea of social valence to explain their findings: septal-circuit AVT and V1a across species is associated with positive interactions and inversely associated with negative interactions. From this perspective, a competitive social interaction and social attraction may both be positive, whereas experiencing aggressive subjugation would be a negative interaction (see also [43,148] for further discussion of the “social valence” concept).

#### Inter-species variation in teleost fishes

Similar to the situation described above for cricetid rodents, expression in neural AVT and V1a in the brains of males varies across fish species with characteristically different male territory sizes (in the brain region homologous to the mammalian lateral septum: the ventral nucleus of the ventral telencephalon [area Vv]; see [80]). The coral reef-dwelling butterflyfishes, Chaetodontidae, provide a compelling example. The multiband butterflyfish, *Chaetodon multicinctus*, is a monogamous species in which the male and female work together to defend feeding territories against competitors [28]. This species does not use the territories for breeding, but the male provides territory defence and thus food to the female, and the female provides reproductive opportunity to the male [26]. The milletseed butterflyfish, *C. miliaris*, in contrast, is a pelagic species that schools and breeds promiscuously in groups [28]. Dewan et al. [95] found that males of the territorial multiband butterflyfish had larger AVT-expressing neuron cell bodies (in the gigantocellular and magnocellular regions of the POA) and higher AVT-expressing axon densities (in area Vv) than did the non-territorial milletseed butterflyfish (Fig. 2C). Dewan et al. later [149] compared males of seven butterflyfish species and confirmed quantitatively that the number and size of AVT-ir cells in the gigantocellular preoptic cell group and the density of AVT-ir varicosities in the Vv were generally greater in those species with mating systems characterised by male territories.

A recent study by Oldfield et al. [150] compared males of two heroine cichlid species with different mating systems: the Cuatro Ciénegas cichlid, *Herichthys minckleyi*, in which males are polygynous and maintain large territories, and the Rio Grande cichlid, *H. cyanoguttatus*, in which males form monogamous pair-bonds with females and defend small, temporary nesting territories [38]. These authors found that neural expression of V1a2 in males was associated with territory size. Specifically, in gross-dissected tissue containing the gigantocellular and magnocellular regions of the POA, V1a2 mRNA in territorial male Cuatro Ciénegas cichlids was higher than in territorial male Rio Grande cichlids and non-reproductive males of either species [150]. Even though anatomical resolution was limited in this study, the pattern of higher neural V1a2 expression in males in species in which males have larger territories is similar to that observed by Dewan et al. [95,149], and suggests a similar, and possibly conserved, mechanism in different teleost families (Fig. 2C). Furthermore, this neural mechanism underlying variation in territory size is at least in part conserved between mammals and teleost fishes even though patterns of territoriality have clearly evolved independently [6,38].

## Conclusion

The results of our analysis indicate that neural vasopressinergic and vasotocinergic action facilitates territoriality, which in turn may shape mating systems. We found that, within species, neural AVP, AVT, and V1a are often associated with territorial behaviour. Similarly, among species, we found that neural AVP, AVT, and V1a are associated with territorial behaviour in a pattern consistent with resource defence theory. This suggests that ecological pressures may, through natural selection, drive up- or down-regulation of expression in a particular neural circuit that stimulates territorial behaviour, resulting in the evolution of differences in reaction norms between species. Because territorial behaviour can influence the acquisition of mates, then such a neural circuit may also influence the evolution of mating systems.

One possible reason that neural AVP, AVT, or V1a expression might be higher in territorial individuals may be because it directly stimulates outright aggressive behaviour (reviewed by [70]). However, several studies indicate that AVP, AVT, and V1a do not necessarily stimulate aggressive behaviour but instead initiate an aggressive disposition, which might be beneficial during the establishment of a social relationship. Although male prairie voles ICV-infused with a V1a antagonist failed to develop a typical increase in aggressive behaviour after co-habitation with a female, aggression was not reduced in males that had previously-established pair-bonds with females [48]. Decreases in aggression caused by nonapeptide antagonists in birds and fishes were also restricted to occurring during establishment of a relationship but not after a relationship had formed [83,108]. Furthermore, although Oldfield et al. [150] found neural V1a2 expression to be associated with territory size in two species of cichlid fishes, raw numbers of aggressive acts compared between territorial males of each species were negatively associated with V1a2 [38]. Therefore, although neural AVP, AVT, and V1a may stimulate aggression in mammals, birds, and fishes, it seems to do so primarily during the formation of social relationships and not necessarily in other contexts.

The role of neural AVP, AVT, and V1a in the formation of social relationships could be related to its known role in general social cognition. AVP and V1a in the lateral septum are well known to facilitate social memory [55]. For example, in rats, V1a agonists injected into the lateral septum facilitate, but V1a antagonists and AVP anti-sense DNA inhibit, the memory of same-sex conspecifics and familiar juveniles [151]. The association described above between AVT and V1a in the septal circuit and gregariousness in finches is consistent with this idea – the tendency of gregarious animals to approach other individuals and to choose to associate with large

groups over small groups is similar to the tendency of animals with large territories (compared to animals with small territories or roaming-tactic species) to establish social relationships [152]. Thompson & Walton [153] found that AVT ICV-administered to highly social individual male goldfish, *Carassius auratus*, inhibited social approach toward same-sex conspecifics, but treatment with an AVT receptor antagonist stimulated social approach [153], but this mechanism was later found to be mediated by a different circuit in the hindbrain [154]. Therefore, neural AVP, AVT, and V1a, at least in one circuit in the forebrain, seems to be responsible for generally positive-valence behaviour important for establishing social relationships, which may include aggression, but also territoriality (independent of aggression), and gregariousness.

Ophir [5] proposed a two-axis interaction between social bonding and social spacing that determines overall social behaviour, such that seemingly contradictory aspects of social behaviour may in fact arise from the coordinated action of multiple vasopressinergic circuits in the brain (see also [3,96]). The finding that V1a receptors are widely distributed throughout the vertebrate brain [155-158] and that this expression pattern is highly conserved across vertebrates [159], is consistent with the notion that AVP (or AVT) and V1a expression in different brain regions likely mediates different behavioural processes such as social bonding and territoriality in a manner that is similar across lineages [3,6,94,96,148,160]. The septal vasopressinergic or vasotocinergic circuit could variably stimulate additional downstream circuits, each of which are more directly responsible for either affiliative or aggressive behaviour. Alternatively, there may be subdivisions within the septal vasopressinergic or vasotocinergic circuit that are differentially responsible for stimulating different forms of social behaviour [161].

We also found that, at least in mammals and fishes, differences between species' mating systems are consistent with differences in neural AVP, AVT, and V1a expression. Despite the apparent connection with monogamy in prairie voles [48], across different vole species the association between the septal vasopressinergic circuit and monogamy has not appeared to be very robust: the higher abundance of V1a in the lateral septum in *M. montanus* than in *M. ochrogaster* [65,135,136] had previously been interpreted to be inconsistent with the idea that the septal vasopressinergic circuit was associated with mating system across species [3,5]. To reconcile these disparate results, Goodson and Bass [162] proposed the idea that V1a expression in the lateral septum of cricetid rodents is consistent with the patterns of space use observed in different mating

systems (i.e., home range size and overlap), but not with pair bonding. The current work expands this idea by showing how stimulation of a neural vasopressinergic or vasotocinergic circuit could enhance social cognition and the formation of social relationships, thereby facilitating territorial ownership and influencing mating systems in those species in which males may defend resources in order to mate. It is important to note, however, that these factors do not necessarily interact in this way to determine mating system in all species. In some species, other ecological factors (such as high predation threat or need for parental care) may play a key role in shaping social organization and mating system. In estrildid finches, overall social organization is dissociated from mating system. Species may exhibit territorial or aggregating social organizations, but all are monogamous. Thus it is not surprising that septal circuit AVT and V1a do not predict territoriality or mating system in these species.

Although the septal vasopressinergic or vasotocinergic circuit has clearly been found to be responsible for stimulating affiliative and gregarious behaviour, pair bonding in male *Microtus* spp. is likely mediated not by the lateral septum but by the ventral pallidum, a region immediately ventral to the lateral septum [163]. Although males of the polygynous *M. montanus* have higher V1a densities in the lateral septum than do monogamous male *M. ochrogaster*, the latter have higher densities of V1a in the ventral pallidum [164]. Blocking the binding sites of V1a in the ventral pallidum prevented mating-induced preference for a particular female partner in male *M. ochrogaster* [163], and experimental induction of V1a receptor expression in the ventral pallidum of *M. pennsylvanicus* dramatically increased partner-preference in this normally promiscuous species [164]. Young & Wang [163] proposed that pair bonding in *M. ochrogaster* is caused by an interaction between AVP in the ventral pallidum that causes partner preference and AVP in the lateral septum that causes partner recognition (in combination with dopamine in the nucleus accumbens). A teleost fish homolog of the mammalian ventral pallidum has not yet been conclusively identified [80], but a recent developmental and neurochemical study suggests that it may be the caudal portion of area Vv [165]. Additionally, recent evidence has found that monogamous male prairie voles expressed higher OT receptor density in the nucleus accumbens than did non-monogamous males [166], a pattern proposed previously to be important to elicit mating-induced partner preference in females [163]. It will thus be fruitful to examine whether a similar pair-bonding circuit may be present in other vertebrate taxa, and whether it involves AVP, AVT, or OT or isotocin [167].

To fully understand the mechanisms underlying different mating systems, more data are needed from females.

Female behaviour plays an important role in shaping mating systems. In many species females maintain territories that may or may not be congruent with male territories (see examples provided above for cricetid rodents), and mating systems emerge from conflict between male and female interests [168]. Unfortunately, we have not found published data on the relationship between nonapeptides and territorial behaviour in females. It seems likely that a neural mechanism underlying space use in females might involve OT, which has been found to vary with social structure in tuco-tucos [169]. In fact, OT has recently been found to activate V1a receptor and weakly stimulate flank marking in male Syrian hamsters, so it may play a role in shaping mating systems in males as well [170].

In sum, we have identified an association between a proximate-level neuro-endocrine mechanism and an ultimate-level behaviour pattern that has a direct effect on the social organization of populations. Specifically, neural AVP, AVT, and V1a are associated with territorial behaviour in males, and the most parsimonious explanation for the role of AVP, AVT, and V1a in territorial behaviour is to stimulate social cognition, not necessarily aggression. Furthermore, we have applied the concept of intra- and inter-individual plasticity and reaction norm to evolutionary patterns at and above the species level. Because mating in some species involves territorial behaviour, neural AVP, AVT, and V1a also seem to mediate mating system in both mammals and teleost fishes, but not in the bird species studied to date. Territorial behaviour is most likely one key trait driving resource defence-based mating systems, whereas mating systems are emergent properties arising from the presence or absence of territorial behaviour, pair bonding behaviour, parental behaviour, and perhaps other, less obvious, types of social behaviour. Each one of these types of behaviour is most likely stimulated by one particular (nonapeptide) neural circuit. We expect that interdisciplinary integration of ultimate- and proximate-level perspectives will continue to improve our understanding of social behaviour in the future [7]. Additional comparative studies that include a detailed understanding of social organisation, isolate a single aspect of behaviour, such as pair bonding, and employ a fine resolution of brain anatomy have a promising outlook for identifying discrete nonapeptide circuits and characterising their particular contributions to larger, emergent forms of social behaviour.

#### Competing interests

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#### Authors' contributions

RGO, RMH, and HAH wrote and approved the manuscript.

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