

# Induction of apoptosis by arsenic trioxide and hydroxy camptothecin in gastric cancer cells in vitro

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**Subject headings** gastric cancer; apoptosis; arsenic trioxide; hydroxycamptothecin

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## Abstract

**AIM** To study the effects of arsenic trioxide and HCPT on different degrees of differentiated gastric cancer cells (SGC-7901, MKN-45, MKN-28) with respect to both cytotoxicity and induction of apoptosis *in vitro*.

**METHODS** The cytotoxicity of As<sub>2</sub>O<sub>3</sub> and HCPT on gastric cancer cells was determined by MTT assay. Morphologic changes of apoptosis of gastric cancer cells were observed by light microscopy and transmission electron microscopy. Apoptosis and cell cycle changes of gastric cancer cells induced by HCPT and As<sub>2</sub>O<sub>3</sub> were investigated by TUNEL method and flow cytometry.

**RESULTS** As<sub>2</sub>O<sub>3</sub> and HCPT had remarkable cytotoxic effects on different degrees of differentiated gastric cancer cells. The IC<sub>50</sub> of As<sub>2</sub>O<sub>3</sub> on well differentiated gastric cancer cell MKN-28, moderately differentiated gastric cancer cell SGC-7901, and poorly differentiated gastric cancer cell MKN-28 were 8.91 μmol/L, 10.57 μmol/L, and 11.65 μmol/L, respectively. The IC<sub>50</sub> of HCPT on MKN-28, SGC-7901, and MKN-45 were 9.35 mg/L, 10.21 mg/L, and 12.63 mg/L respectively after 48 h treatment. After 12 h of exposure to both drugs, gastric cancer cells exhibited morphologic features of apoptosis, including cell shrinkage, nuclear condensation,

and formation of apoptotic bodies. A typical subdiploid peak before G<sub>0</sub>/G<sub>1</sub> phase was observed by flow cytometry. The apoptotic rates of SGC-7901, MKN-45, and MKN-28 were 13.84%, 22.52%, and 9.68%, respectively after 48 h exposure to 10 μmol/L As<sub>2</sub>O<sub>3</sub>. The apoptotic rates of SGC-7901, MKN-45, and MKN-28 were 21.88%, 12.35%, and 30.26%, respectively after 48 h exposure to 10 mg/L HCPT. The apoptotic indices were 7%-15% as assessed by TUNEL method. The effect of As<sub>2</sub>O<sub>3</sub> on SGC-7901 showed remarkable cell cycle specificity, which induced cell death in G<sub>1</sub> phase, and blocked G<sub>2</sub>/M phase. HCPT also showed a remarkable cell cycle specificity, by inducing cell death and apoptosis in G<sub>1</sub> phase and arrest of proliferation at S phase.

**CONCLUSION** As<sub>2</sub>O<sub>3</sub> and HCPT exhibit significant cytotoxicity on gastric cancer cells by induction of apoptosis. As<sub>2</sub>O<sub>3</sub> and HCPT might have a promising prospect in the treatment of gastric cancer, which needs to be further studied.

## INTRODUCTION

Gastric cancer is one of the most common malignant tumors in China. Evidences have demonstrated that stomach cancer is a disease caused not only by excessive cellular proliferation and poor differentiation, but also by decrease in apoptosis of the gastric cells<sup>[1]</sup>. Though the disease in its early stage can be treated by surgical resection, in advanced stage its response to conventional chemotherapy or radiotherapy is usually not satisfactory. Therefore, we think, that induction of apoptosis of gastric cancer cells might be a new means in the treatment of gastric cancer. Arsenic trioxide (As<sub>2</sub>O<sub>3</sub>) and hydroxycamptothecin (HCPT) have long been used in China. The former was first reported by investigators in Harbin and Shanghai to be an effective drug in the treatment of patients with a cute promyelocytic leukemia (APL)<sup>[2,3]</sup>. It induces apoptosis of the leukemic cells at a concentration achieved in the plasma of treated patients (0.5 × 10<sup>-6</sup> mol/L-1 × 10<sup>-6</sup> mol/L), as demonstrated by studies on all -trans-retinoic acid (ATRA)-susceptible or resistant APL cell lines, on primary APL cell culture, and on patients' blood samples

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obtained during treatment with arsenic<sup>[4]</sup>. It is not known whether As<sub>2</sub>O<sub>3</sub> is effective in the treatment of solid tumors such as gastric cancer or not.

HCPT is a unique antitumor drug that has been extracted and synthesized by Chinese scientists from *Camptotheca acuminate* which is a native plant in China<sup>[5]</sup>. HCPT can act directly on topoisomerase I inhibiting its activity. HCPT possesses stronger cytotoxicity to tumor cells with less side effects, as compared to camptothecin<sup>[6]</sup>. More recent studies have shown that camptothecin have strong apoptosis induction effects in human leukemia cell lines<sup>[7]</sup>. However, there is yet no report about HCPT-induced apoptosis in stomach cells. Therefore, we studied the effects of HCPT and As<sub>2</sub>O<sub>3</sub> on induction of apoptosis in gastric cancer cells.

## MATERIALS AND METHODS

### Cell culture and chemicals

Human moderately differentiated gastric adenocarcinoma cell line SGC-7901 was obtained from Shanghai Sixth People's Hospital, human poorly differentiated stomach adenocarcinoma cells line MKN-45 and well differentiated stomach adenocarcinoma cell line MKN-28 were kindly provided by Japanese Cancer Research Resources Bank Corp (Tokyo, Japan). SGC-7901, MKN-45 and MKN-28 were maintained in a humidified, 5% CO<sub>2</sub> atmosphere and cultured in RPMI 1640 (GIBCO) supplemented with 10% FCS, 2 μmol/L L-glutamine, 100 units/mL penicillin, and streptomycin. HCPT 1 g/L and 0.1% As<sub>2</sub>O<sub>3</sub> preparation for iv administration were kindly provided by Hubei Huangshi Second Pharmaceutical Company, and Shanghai Institute of Hematology, respectively.

### MTT method and cytotoxicity

One hundred μL cancer cells in exponential growth at 1 × 10<sup>4</sup>/mL were added into flat-bottomed 96-well plates (NUNC) 24 h prior to drug treatment. Cells were treated with 1 mg/L-100 mg/L HCPT, (0.5-10) μmol/L As<sub>2</sub>O<sub>3</sub> and with no drugs (control) in triplicate for 24 h and 48 h, respectively. After washing the medium was replaced by 100 μL RPMI 1640 (GIBCO) medium containing 1 g/L 3-(4,5-dimethylthiazol)-2,5-diphenyltetrazolium (MTT, MERCK). After 4 h, plates were centrifuged at 800 × g for 5 min, the MTT medium was removed, and the blue dye was dissolved in 200 μL of warm dimethylsulfoxide (DMSO). Absorbance was measured at 570 nm. The cytotoxicity rates were measured by the formula:

$$\text{The cytotoxicity rate} = \left(1 - \frac{\text{OD}_{570 \text{ test}}}{\text{OD}_{570 \text{ control}}}\right) \times 100\%$$

The IC<sub>50</sub> was evaluated from the cytotoxicity curve.

### Apoptosis cell morphology

One hundred μL cancer cells at concentration of 5 × 10<sup>6</sup>/

mL were incubated into 6-well plates with previously placed glass slides. After 24 h, the medium was replaced with the drug containing medium. After incubation with drugs for 12 h, 24 h, 48 h, and 72 h, glass slides with cancer cell growth were fixed with 4% polyformalin, and stained with hematoxylin-eosin. Cell morphology was examined under light microscopy.

### Transmission electron microscopy

Culture cells were fixed in 2% glutaraldehyde in 0.1 mol/L, pH 7.4 PBS at 4 °C and postfixed with 1% osmium tetroxide for 2 h, then the cells were embedded with Epon 812 and ultrathin sections were cut. Cells were observed under transmission electron microscope (H-500, Japan).

### TUNEL assay

Apoptosis was assessed by dUTP labeling of DNA nicks with terminal deoxynucleotidyl transferase (TUNEL). One hundred μL cancer cells at concentration of 5 × 10<sup>6</sup>/mL were inoculated into 6-well plates with previously placed glass slides. After 24 h, the medium was replaced with the drug containing medium. After incubation with drugs for 24 h and 48 h, glass slides with cancer cells growth were fixed with 4% polyformalin. The TUNEL assay was performed according to the instructions in the *In Situ* Cell Death Detection Kit (Boehringer-Mannheim, Germany). Briefly, after washing twice with pH 7.4 PBS, 50 μL TUNEL reaction solution was added to the well, then incubated at 37 °C for 2 h. After substrate reaction, stained cells were examined under light microscopy. Apoptotic cells were scored and expressed as the number of positively stained cells per 500 cells (*n* = 4-5).

### Flow cytometry

Apoptotic cells were also detected by flow cytometry which was performed as described previously. About 1 × 10<sup>6</sup> cells were treated with drugs for 24 h and 48 h. After trypsin digestion, the cells were collected by centrifugation, then fixed in 70% ethanol /phosphate buffered saline for at least 12 h at 4 °C. After 100 μL (1 g/L) RNase treatment, cells were stained with 50 mg/L propidium iodide. Cells were examined by flow cytometry using a FACScan (Becton-Dickinson, USA). The results were analyzed with Lysis II software (Becton-Dickinson).

## RESULTS

### As<sub>2</sub>O<sub>3</sub> and HCPT cytotoxicity

HCPT and As<sub>2</sub>O<sub>3</sub> had strong cytotoxic effect on gastric cancer cells (Figure 1). The IC<sub>50</sub> of As<sub>2</sub>O<sub>3</sub> on MKN-28, SGC-7901, and MKN-45 was 8.91 μmol/L, 10.57 μmol/L, and 11.65 μmol/L, respectively. The IC<sub>50</sub> of HCPT on MKN-28, SGC-7901, MKN-45 was 9.35 mg/L, 10.21 mg/L, and 12.63 mg/L, respectively.

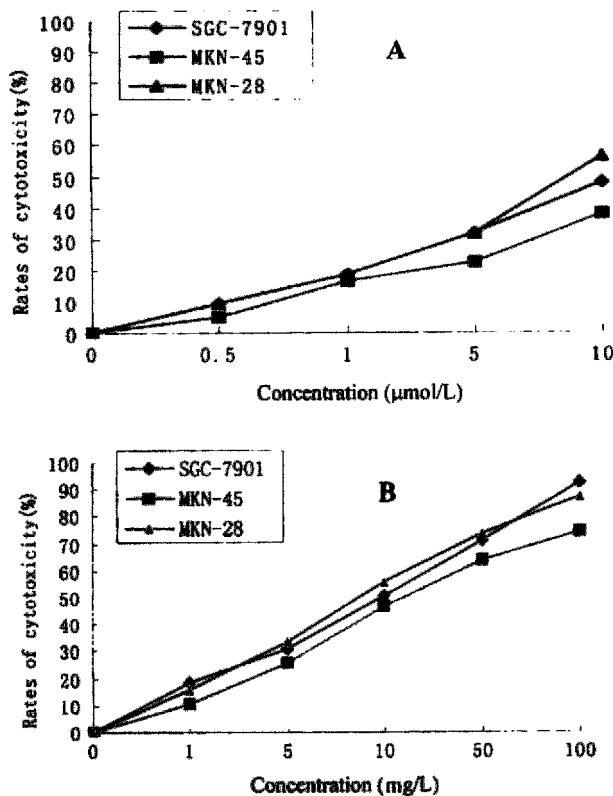


Figure 1 Cytotoxicity of As<sub>2</sub>O<sub>3</sub> (A), and HCPT (B), on gastric cancer cells.

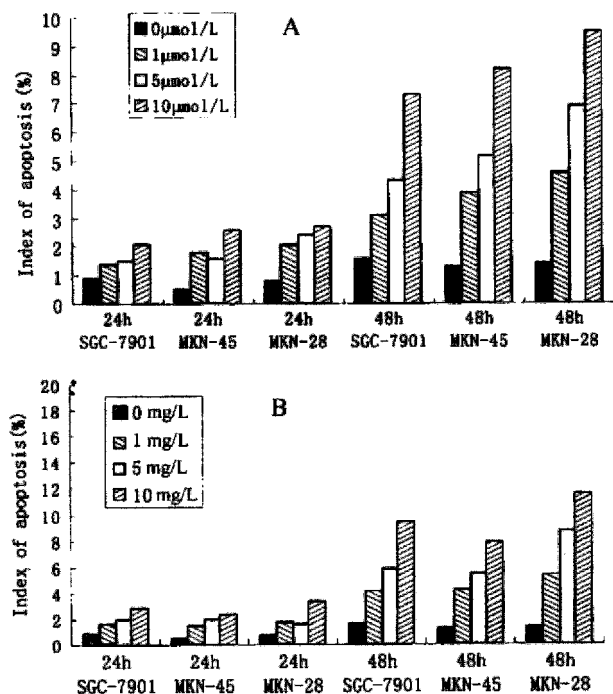


Figure 3 The index of apoptosis of gastric cancer cells induced by As<sub>2</sub>O<sub>3</sub> (A) and by HCPT (B).

#### Induction of apoptosis by As<sub>2</sub>O<sub>3</sub> and HCPT

After 12 h of exposure to As<sub>2</sub>O<sub>3</sub> and HCPT, gastric cancer cells MKN-28 and SGC-7901, began to show morphologic features of apoptosis. The apoptotic cells increased on

prolongation of exposure time to drugs. The ultrastructural features of apoptosis was observed in MKN-45 and SGC-7901 by transmission electron microscopy, including cell shrinkage, cytoplasmic blebs, condensation of chromatin, nuclear condensation, fragmentation of nucleus, and formation of apoptotic bodies, and so on. The results are presented in Figure 2.

As<sub>2</sub>O<sub>3</sub> and HCPT induced time- and dose-dependent apoptosis in three strains of gastric cancer cells. The indices of apoptosis were measured by TUNEL. The results are presented in Figure 3A and 3B.

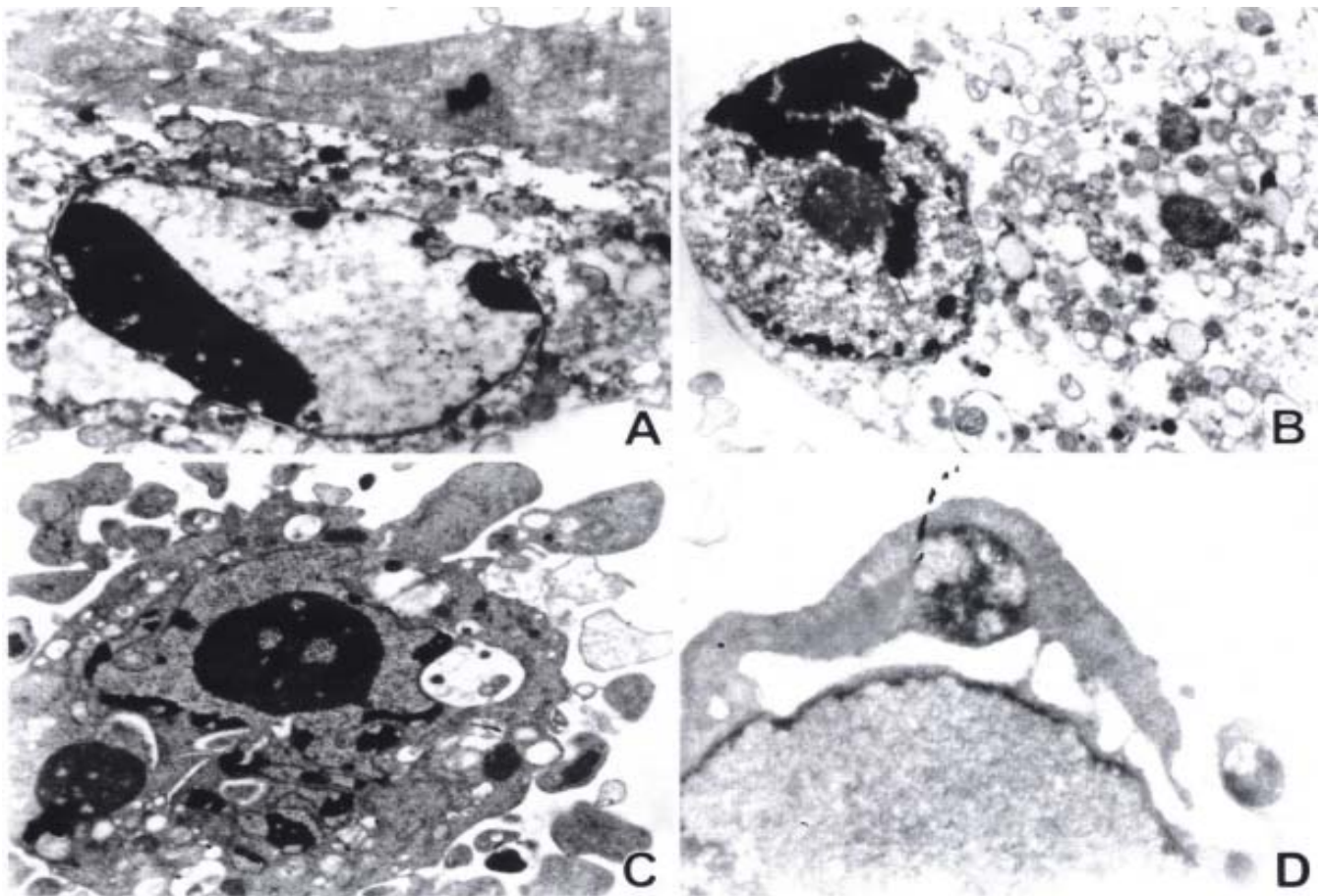
To further study the inducing effect of As<sub>2</sub>O<sub>3</sub> and HCPT on gastric cancer cells, we analysed the DNA fragment reflecting the endonuclease activity during apoptosis. (Figure 4). Examination of histogram related nuclear DNA contents on FACS showed a distinct region below G<sub>1</sub> phase, which is the typical profile of apoptotic cells in which DNA stainability is reduced due to degradation and subsequent leakage of DNA from cells. After 48 h exposure to 10 mg/L HCPT, the apoptotic rates of SGC-7901, MKN-45, and MKN-28 were 21.88%, 12.35%, and 30.26%, respectively. After 48 h of exposure to 10 µmol/L As<sub>2</sub>O<sub>3</sub>, the apoptotic rates of SGC-7901, MKN-45, and MKN-28 were 13.84%, 22.52%, and 9.68%, respectively (Figure 4).

#### Effect of As<sub>2</sub>O<sub>3</sub> and HCPT on cell cycle of SGC-7901 cells

The effect of As<sub>2</sub>O<sub>3</sub> and HCPT on SGC-7901 cells show remarkable cell cycle specificity. There was no significant change in cell cycle after 10 µmol/L As<sub>2</sub>O<sub>3</sub> treatment for 24 h. The fraction of G<sub>0</sub>/G<sub>1</sub> was decreased from 54.2% to 17.7%, while the fraction of G<sub>2</sub>/M was significantly increased from 20.2% to 63.4% with 10 µmol/L As<sub>2</sub>O<sub>3</sub> treatment in SGC-7901 cells for 48 h. The results showed that As<sub>2</sub>O<sub>3</sub> induced gastric cancer cell death was in G<sub>1</sub> phase, blocked at G<sub>2</sub>/M phase. The fraction of G<sub>0</sub>/G<sub>1</sub> phase was decreased from 54.2% to 37.6%, while the fraction of S phase was increased from 25.6% to 38.6% with 10 mg/L HCPT treatment in SGC-7901 cells for 48 h. The results showed that HCPT-induced apoptosis was at G<sub>1</sub> phase, and arrested at S phase.

#### DISCUSSION

Since the first observation of the relationship between arsenic and skin cancer in 1820s, arsenic compounds have been generally recognized as potent environmental carcinogens, more likely as a co-mutagen and co-carcinogen for human skin and lungs<sup>[8]</sup>, although no animal model had been established<sup>[9]</sup>. Biochemically, it is documented that arsenic can inactivate some important enzymes by binding their sulfhydryl groups. Arsenic can also interfere with the phosphorylation-dephosphorylation process by replacing the phosphorylation reaction. It has

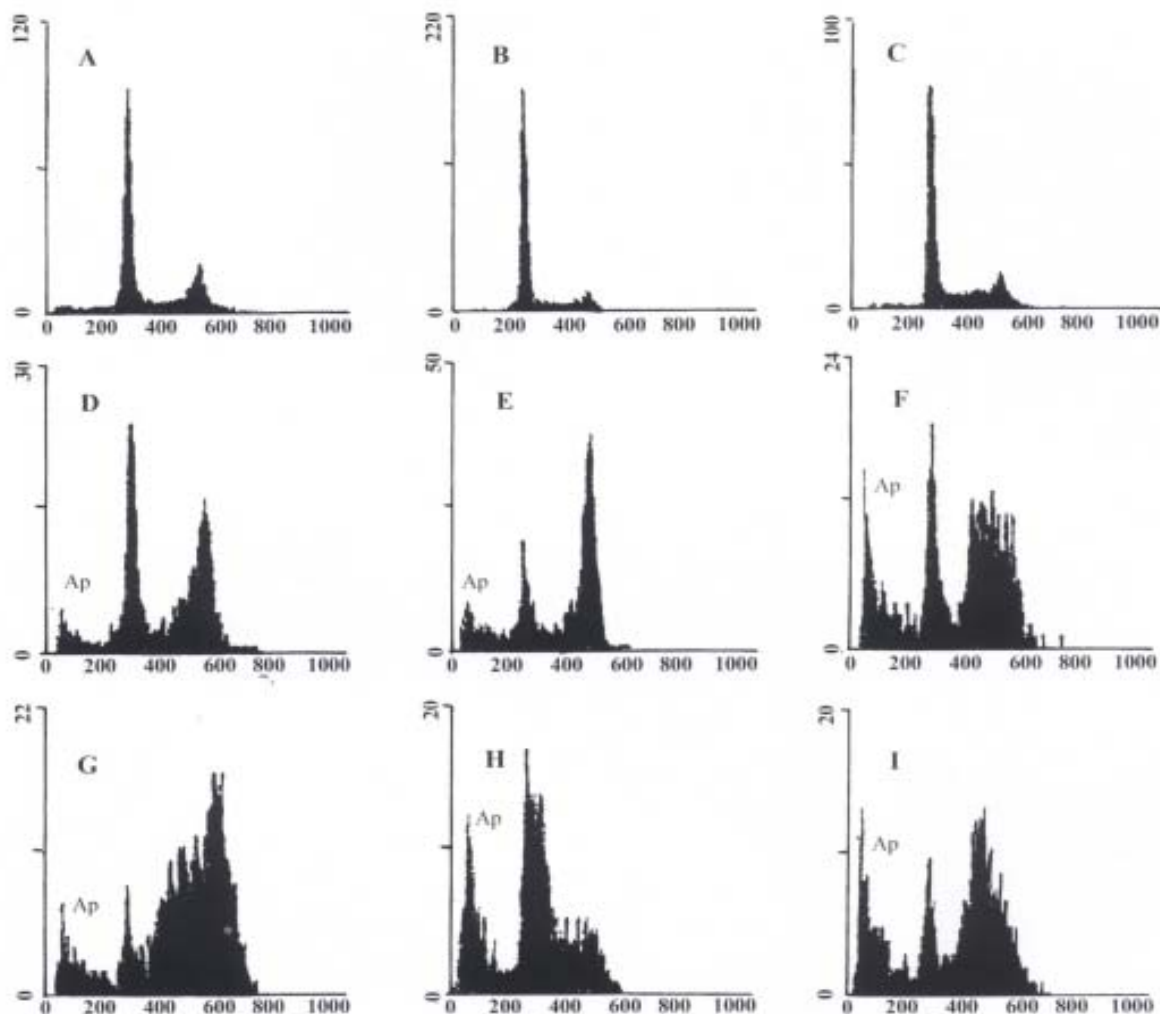


**Figure 2** Electron microscopic observation of ultrastructural changes in gastric cancer cells treated with 10  $\mu\text{mol/L}$   $\text{As}_2\text{O}_3$  for 48 h. The early change of apoptosis, nuclear chromatin condensation, looks like a new moon subjacent to the nuclear membranes (A). The intermediate stage of apoptosis presents cytoplasmic blebs, nuclear condensation, overflow of nuclear chromatin, and like-sprout (B). The late stage of apoptosis is characterized by splitting of nuclear membrane, nuclear chromatin condensation, overflow of some parts of nuclear chromatin, and fragmentation of nucleus (C), and formation of apoptotic bodies (C) (D).

also been shown that arsenic can induce chromosome aberrations, sister-chromatin exchanges, DNA-protein cross links and protein-associated DNA-strand breaks in mammalian cells<sup>[10,11]</sup>. However, low concentration of some arsenic compounds also had some benefits to human physiologically, such as stimulation of human hematopoiesis. The use of arsenic compounds as drugs has a long history in Chinese traditional medicine. For example, it was recorded that arsenic had therapeutic effects on some human diseases such as psoriasis, syphilis, and rheumatism. Recently, it has been shown that two arsenic compounds  $\text{As}_2\text{O}_3$ <sup>[2]</sup> and arsenic disulfide<sup>[12]</sup>, which were used in some traditional Chinese prescriptions, are very effective in APL treatment. For instance, a report from the northeastern region of China showed that  $\text{As}_2\text{O}_3$  (10 g/L via intravenous infusion for 28 to 60 days) induced clinical complete remission (CR) in 65.6% of APL patients. More interestingly, 28.2% (9/32) of patients survived more than 10 years. A more recent clinical trial with  $\text{As}_2\text{O}_3$  treatment also demonstrated that

CR was achieved in 15 of 16 APL patients who relapsed after ATRA-induced and chemotherapy-maintained CR<sup>[4]</sup>.

It has been suggested that  $\text{As}_2\text{O}_3$  might induce apoptosis selectively in APL cells<sup>[13]</sup>. Furthermore, at pharmacological concentrations, it has no effect on the growth and survival of the leukemia myeloid cells U937 and HL60<sup>[3]</sup>. However, preliminary reports suggest that the apoptotic effect of  $\text{As}_2\text{O}_3$  is not specific for APL cells but can be observed in various lines of either myeloid or lymphoid origin<sup>[14-18]</sup> and in blast cells from patients with non-M3 acute myeloid leukemia<sup>[19]</sup>. Another arsenic-containing compound, the melaminyl-phenyl-arsenoxide melarsoprol, which is used in the treatment of human African trypanosomiasis, has a broad efficacy against leukemia cells of both lymphoid and myeloid lineage<sup>[20]</sup>. Both  $\text{As}_2\text{O}_3$  and melarsoprol also markedly induce apoptosis in plasma cell lines and in plasma cells from multiple myeloma<sup>[21]</sup>. Recent reports have demonstrated that  $\text{As}_2\text{O}_3$  can induce apoptosis in various cell lines of solid tumor.  $\text{As}_2\text{O}_3$  inhibited the growth and survival of solid tumor cell



**Figure 4** Nuclear DNA contents measured by flow cytometry in  $As_2O_3$  and HCPT-induced apoptosis in gastric cancer cells at 48 h. Ap represents apoptotic cells. A: Untreated MKN-45 cells; B: Untreated SGC-7901 cells; C: Untreated MKN-28 cells; D: MKN-45 cells treated with  $10 \mu\text{mol/L } As_2O_3$ ; E: SGC-7901 cells treated with  $10 \mu\text{mol/L } As_2O_3$ ; F: MKN-28 cells treated with  $10 \mu\text{mol/L } As_2O_3$ ; G: MKN-45 cells treated with  $10 \text{ mg/L HCPT}$ ; H: SGC-7901 cells treated with  $10 \text{ mg/L HCPT}$ ; I: MKN-28 cells treated with  $10 \text{ mg/L HCPT}$ .

lines in gastric<sup>[22]</sup>, esophageal<sup>[23,24]</sup>, lung<sup>[24]</sup>, cervix<sup>[25]</sup>, liver<sup>[26]</sup> tumor and neuroblastoma<sup>[27]</sup> by triggering programmed cell death. These results suggest that  $As_2O_3$  may be an effective drug in treatment of solid tumors.  $As_2O_3$  has been intensively investigated for the treatment of cancer.

There is growing evidence indicating that apoptosis plays a crucial role in both carcinogenesis and development of stomach tumors<sup>[1,28-30]</sup>. Induction of apoptosis in gastric cancer cells might be a new means in the treatment of gastric cancer. It was reported that both radiation and chemotherapy (5-fluorouracil, cisplatin, mitomycin and trichostatin) can induce apoptosis in gastric cancer<sup>[31-33]</sup>. Our previous study showed that  $As_2O_3$  had an effect on inhibiting proliferation and inducing apoptosis in gastric cancer cell SGC-7901<sup>[22]</sup>. In this study, we found that  $As_2O_3$  exhibited a dose- and time-dependent cytotoxicity on gastric cancer cells at different

degrees of differentiation. The  $IC_{50}$  of  $As_2O_3$  on MKN-28, SGC-7901, and MKN-45 were  $8.9 \mu\text{mol/L}$ ,  $10.5 \mu\text{mol/L}$ , and  $11.6 \mu\text{mol/L}$ , respectively. Toxicity of  $As_2O_3$  was not significantly different among gastric cancer cells at different degrees of differentiation.  $As_2O_3$ -treated gastric cancer cells presented characteristic morphological changes of apoptotic cells. Results showed DNA degradation into oligonucleosomal fragments and these changes occurred in a time- and dose-dependent manner. The apoptotic index was 7%-15% as assessed by TUNEL. A typical subdiploid peak before  $G_0/G_1$  phase was observed by flow cytometry. After 48 h of exposure to  $As_2O_3$ , the apoptotic rates of SGC-7901, MKN-45, and MKN-28 were 13.8%, 22.5%, and 9.68%, respectively. We concluded that one of the main effects of  $As_2O_3$  on gastric cancer cells at the concentrations used is to induce cell death by apoptosis.

It was recently shown<sup>[45]</sup> that the cell cycle time was prolonged in  $As_2O_3$  treated malignant lymphocytes



Namalwa and Raji cells, and that no substantial increase in cell cycle time was found in Jurkat cells treated with  $As_2O_3$ , as compared with untreated cells. This result suggests that  $As_2O_3$  can inhibit proliferation of some malignant lymphocyte cell lines by prolonging the cell cycle instead of arresting cells in a specific phase. In the present study, we demonstrated that the effect of  $As_2O_3$  on SGC-7901 showed remarkable cell cycle specificity in inducing cell death at  $G_1$  phase, and blocking proliferation at  $G_2/M$  phase. This result is consistent with the report of Deng *et al.*<sup>[46]</sup>, in which  $As_2O_3$  induced apoptosis in HeLa cells by arresting  $G_2/M$  phase of the cell cycle.

Camptothecin and its analogues are agents with a unique spectrum of antitumor activity mediated by a selective inhibition of eukaryotic DNA topoisomerase I (Topo I). The cytotoxicity of these compounds is predominantly exerted during S phase, and is associated with an inhibition of DNA replication. This inhibition is generally thought to be mediated by stabilization of the CPT-Topo I-DNA cleavable complex<sup>[34]</sup>. Recent studies have shown that camptothecin and its analogues can strongly induce apoptosis in human leukemic cells<sup>[35-36]</sup>, prostate<sup>[36-37]</sup>, colon<sup>[38]</sup> and breast<sup>[39-40]</sup> cancer cells as well as glioma cells<sup>[41]</sup>.

HCPT has been used in the treatment of gastrointestinal tumor<sup>[42,43]</sup>, but its mechanism of anticancer action is still not completely understood. Recently, there were reports that HCPT can induce apoptosis of cancer cells of colon<sup>[47]</sup>, pancreas<sup>[48]</sup>, and bladder<sup>[49]</sup>. Our previous study showed HCPT can induce apoptosis in gastric cancer cell SGC-701<sup>[44]</sup>. In this study, we found that HCPT had a strong dose- and time-dependent cytotoxicity to gastric cancer cells at different degrees of differentiation. The  $IC_{50}$  of HCPT on MKN-28, SGC-7901, and MKN-45 was 9.35 mg/L, 10.21 mg/L, and 12.62 mg/L, respectively. There was no significant difference in toxicity of HCPT on gastric cancer cells at different degrees of differentiation. Gastric cancer cells treated with HCPT presented characteristic morphological changes of apoptosis. The effects of inducing apoptosis in gastric cancer cells could be correlated with time and dosage of HCPT treatment. A typical subdiploid peak before  $G_0/G_1$  phase was observed by flow cytometry. After 48 h of exposure to 10 mg/L HCPT, the apoptotic rates of SGC-7901, MKN-45, and MKN-28 were 13.8%, 22.5%, and 9.68%, respectively. In this study, the fraction of  $G_0/G_1$  phase was decreased from 54.2% to 37.6%, while the fraction of S phase was increased from 25.6% to 38.6% with 10 mg/L HCPT treatment of SGC-7901 cells for 48 h. The result suggested that HCPT also showed a remarkable cell cycle specificity, induced cell death and apoptosis at  $G_1$  phase, and arrested proliferation at S phase.

The molecular mechanism of  $As_2O_3$  on APL cells

showed that the inhibition of cell proliferation was due to a direct induction of apoptosis through downregulation of bcl-2 expression and modulation of PML/RAR $\alpha$ /PML protein *in vitro* studies<sup>[3]</sup>. Furthermore, the activation of caspases was also involved in  $As_2O_3$ -induced apoptosis in APL cells<sup>[50]</sup>. Akao *et al.* also reported that  $As_2O_3$  induced apoptosis through the down-regulation of Bcl-2 protein and activation of caspases in B-cell leukemia cell lines<sup>[51]</sup>. It was also reported that  $As_2O_3$  induced apoptosis in neuroblastoma cell lines through the activation of caspase-3<sup>[27]</sup>. Litvak *et al.* reported that inhibition of gastric cancer by camptothecin involves apoptosis and multiple cellular pathways, and induction of apoptosis of gastric cancer cell was mediated by up-regulation of p53, p21Waf1/Cip1, and p27Kip1 and the down-regulation of Bcl-2 and Bcl-XL<sup>[52]</sup>. Camptothecin induced apoptosis through activation of caspase in U-937 cells<sup>[53]</sup>. Our results showed that HCPT and  $As_2O_3$  exerted significant cytotoxicity on gastric cancer cells and induction of apoptosis *in vitro*. The molecular mechanism of apoptotic effect of HCPT and  $As_2O_3$  on gastric cancer cells remains to be further investigated, and the effect of apoptosis must be confirmed by *in vivo* studies. However, the results of the present study suggest that HCPT and  $As_2O_3$  might be candidate drugs to be used in the treatment of gastric cancer, thus needing further studies.

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