

## Original Article

# The association of TGFB1 genetic polymorphisms with high myopia: a systematic review and meta-analysis

Bo Meng<sup>1,2\*</sup>, Shi-Ming Li<sup>2\*</sup>, Yu Yang<sup>1</sup>, Zhi-Rong Yang<sup>1</sup>, Feng Sun<sup>1</sup>, Meng-Tian Kang<sup>2</sup>, Yun-Yun Sun<sup>2</sup>, An-Ran Ran<sup>2</sup>, Jia-Nan Wang<sup>2</sup>, Ran Yan<sup>2</sup>, Ya-Wen Bai<sup>2</sup>, Ning-Li Wang<sup>2</sup>, Si-Yan Zhan<sup>1</sup>

<sup>1</sup>Department of Epidemiology and Biostatistics, School of Public Health, Peking University Health Science Centre, Beijing 100191, China; <sup>2</sup>Beijing Tongren Eye Center, Beijing Tongren Hospital, Capital Medical University, Beijing 100005, China. \*Equal contributors.

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**Abstract:** Objective: The TGFB1 gene is among the most studied genes in high myopia due to its role in scleral remodeling. But reported findings of association on TGFB1 and high myopia are inconsistent. This present study is to evaluate the association of TGFB1 polymorphisms and high myopia. Methods: A comprehensive literature search was conducted on studies published up to April 5, 2015. Summary odds ratios (ORs) and 95% confidence intervals were analyzed. Heterogeneity across studies was evaluated by Cochran Q statistic test and the I<sup>2</sup> index. Sensitivity analyses were conducted by the approach of one-study remove to assess the influence of single study on the combined effect. Results: Eight studies were included in this study for meta-analysis. Rs1982073 was associated with high myopia in dominant model (OR=1.64; 95% CI=1.04~2.58; P<0.05), heterozygous model (OR=1.54; 95% CI=1.02~2.33; P<0.05), homozygous model (OR=1.90; 95% CI=1.01~3.55; P=0.05) and allelic model (OR=1.36; 95% CI=1.01~1.84; P=0.05). However, there was no statistical significance when Bonferroni correction was considered. Rs4803455 was associated with high myopia in recessive model (OR=0.40; 95% CI=0.25~0.64; P<0.01) and homozygous model (OR=0.42; 95% CI=0.26~0.68; P<0.01). Rs1800469 was associated with high myopia in allelic model (OR=0.78; 95% CI=0.64~0.96; P<0.05). And the associations can withstand Bonferroni correction in models mentioned above when referring to rs4803455 (P<0.01) and rs1800469 (P<0.05). Conclusions: Meta-analysis of existing data revealed a suggestive association of TGFB1 rs1982073 and rs4803455 with high myopia.

**Keywords:** Transforming growth factor beta1, single nucleotide polymorphism, high myopia

## Introduction

Myopia is a refractive status which focuses image in front of the retina and results in blurred distant vision. Although myopia is often regarded as a benign disorder that can be corrected with optical modalities, the advanced form of myopia, that is high myopia, can greatly affect life quality because of its vision-threatening complications such as glaucoma, macular degeneration, retinal detachment, myopic foveoschisis, choroidal neovascularization and so on [1-3]. Myopia has emerged as a major public health concern worldwide in recent years. In China, Singapore, Taiwan, the prevalence of myopic subjects aged 13-39 years has rapidly increased up to 71-96% in these years [4, 5]. Among myopic children, 10-20% have high myopia when they complete high school [6].

Many researches suggest that genetic factors play important roles in myopia [7, 8]. As of April 5, 2015, the Online Mendelian Inheritance in Man (OMIM) database has listed 341 genetic factors associated with myopia. Among 24 MYP (MYP1-24) gene regions, MYP1-5, MYP11-13 and MYP15-16 were reported to be associated with high myopia [9-14] and MYP6-10 and MYP14 were associated with common myopia [15-17].

In 2009, Nakanishi et al. [16] reported the first genome-wide association study (GWAS) related with myopia, in which SNP rs577948 was proven to have association with high myopia and the BLID gene 44 kb downstream of this SNP was speculated to play some roles in myopia progression. Since then, GWAS led to the identification of many susceptibility and causative genes for myopia. In Europe, teams of

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Rotterdam and Twins UK found chromosomal regions 15q14 and 15q25 were myopia related gene mutations [18, 19]. Genes GJD2 and RASGRF1 nearby were reported to be associated with myopia [20]. In 2013, the CREAM consortium conducted multicenter genome-wide meta-analyses and identified susceptibility genes of diverse biological pathways [20]. These genes were enriched for certain functional annotations such as neurotransmitter functions (GRIA4), ion channel activity (KCNQ5, CD55, CACNA1D), retinoic acid metabolism (RDH5, CYP26A1, RORB), extracellular matrix remodeling (LAMA2, BMP2) and ocular development (SIX4, CHD7, PRSS56) [21].

The TGFB1 gene locates in 19q13.1-q13.3 of human genome and contains seven exons [22]. This gene encodes a multi-functional peptide that regulates proliferation, differentiation, migration, adhesion, and other functions in many cell types [23, 24]. Cloned TGFB1 from a genomic library derived from human term placenta mRNA [25]. TGFB1 was expressed in scleral tissue and can increase collagen production in scleral fibroblasts in a dose-dependent manner [26, 27]. Changes in TGFB1 expression has been observed during the development of experimental myopia in animals [28, 29]. Besides, Mucida et al. [30] identified the myopia related factor vitamin A metabolite retinoic acid as a key regulator of TGFB dependent immune responses. These evidences suggest that TGFB1 may play an important role in the process of myopia development.

There were also epidemiological evidences supporting the point of view. Lin et al. [31] reported that rs1982073 was the risk of Taiwan Han population susceptible to myopia through restriction fragment length polymorphism (RFLP). Later, Zha et al. [32] found that rs1800469, rs1982070, rs2241716 and rs4803455 were associated with high myopia. In 2010, Khor et al. [33] found that rs4803455 was risk factors of myopia in Singapore Chinese children. However, most SNPs of TGFB1 reported to be associated with high myopia were heterogeneous in different study populations, which might be due to variations in small sample sizes and diversities in ethnic backgrounds. For example, the study by Zhou et al. [34] did not support the association of high myopia with allele of rs4803455 in TGFB1, which was

inconsistent with the studies by Khor et al. [33] and Zha et al. [32]. Thus, the association of these SNPs in TGFB1 with high myopia remains uncertain.

In the present study, we present a systematic review and meta-analysis of all association studies on TGFB1 and high myopia to evaluate the effects of TGFB1 polymorphisms on high myopia.

### Methods

#### *Literature and search strategy*

We searched in PubMed, EMBASE, Cochrane Library and some Chinese databases such as Chinese biomedical literature database (CBM), China National Knowledge Infrastructure (CNKI), WANFANG DATA and VIP database from their inception to April 5, 2015. The following keywords were used as free words, truncation as well as MeSH terms, "TGF-B", "transforming growth factor-B", "polymorphism", "variant", "mutation", "myopia", "nearsighted", "refractive error", "near sight", "short sight", "shortsighted". Detailed search strategy was shown in supplementary data file. Corresponding Chinese terms were used to search in Chinese databases. The reference lists from the retrieved articles were manually screened for potential articles, if any, that had not been captured by electronic search. No language restrictions were applied during the searching process.

#### *Inclusion and exclusion criteria*

Inclusion criteria were as follows: (1) Original case-control or family-based studies evaluating the association between polymorphisms of TGFB1 and high myopia; (2) Numbers or frequencies in case and control groups reported for each genotype or allele; (3) If the study was reported in duplicate, the version having comprehensive contents was included. (4) Studies including normal individuals with spherical equivalent refraction ranged from -2.0 to 2.0 diopters (D) and free from any complications. High myopia was defined as having the axial length of not less than 26 mm or having a refractive error of -6 D or less.

Exclusion criteria were as follows: (1) Animal studies, reviews, conference proceedings, case reports, editorials; (2) Articles providing incomplete data.

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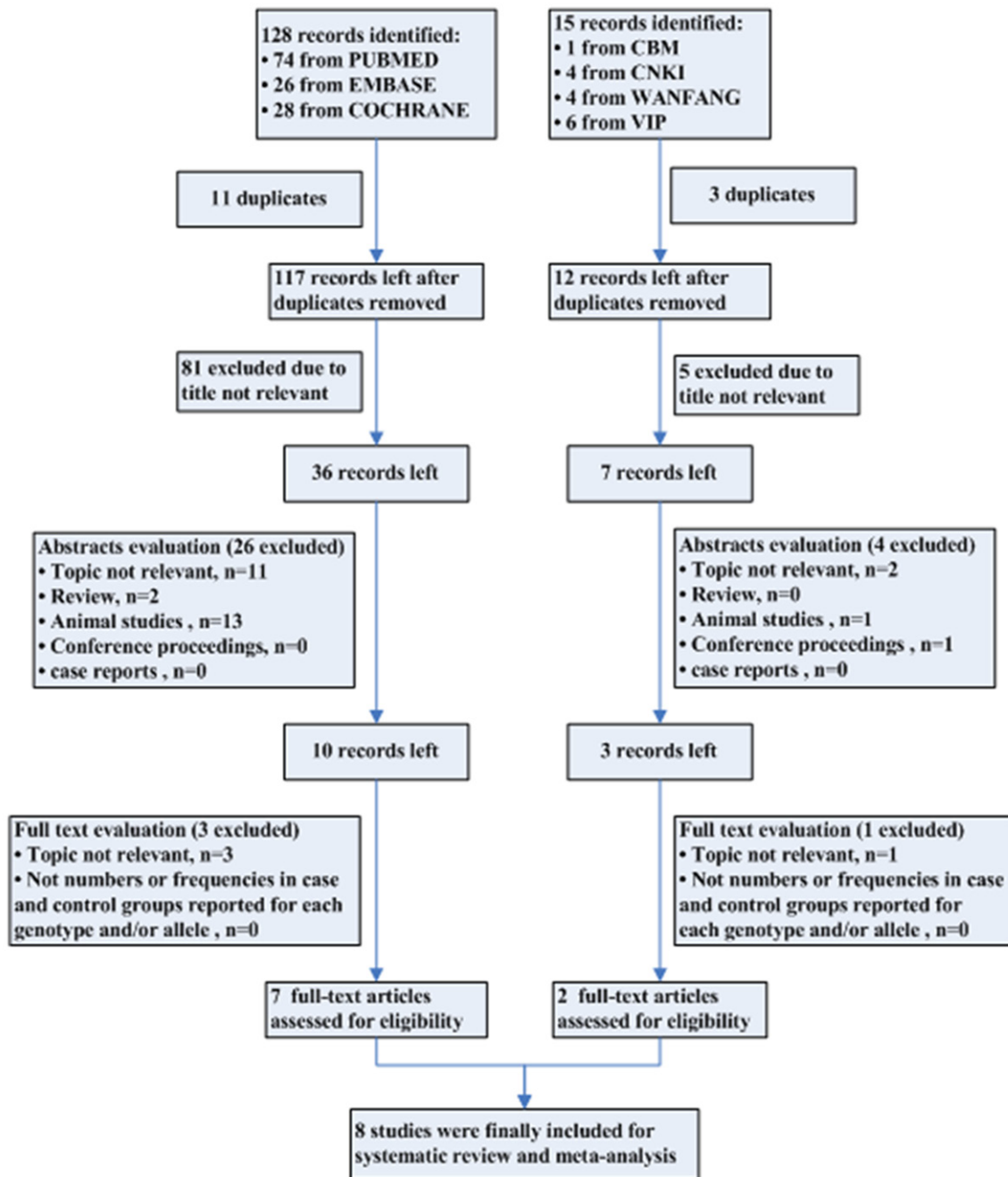


Figure 1. Flowchart of study inclusion.

### Data extraction

Two independent authors (M.B. and Y.Y.) screened all retrieved records. Data were extracted with customized data form. Disagreements were resolved by discussion. Further, uncertainties were resolved by consensus with a third author (SYZ). The information of first author, year of publication, ethnicity, sample size, polymorphisms studied, allelic and

genotypic counts, minor allele and conclusions on high myopia association were collected. If allele or genotypic data were not available in the original reports, we would calculate the corresponding one based on another.

### Assessment of study quality

Study quality was assessed by the following revised criteria according to Little's recommen-

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**Table 1.** Characteristics of all studies included in the meta-analysis

First author	Year	Quality score	Ethnicity	SNP ID	Sample size		Minor allele	Conclusion on high myopia association
					Cases	Controls		
Ahmed	2014	4	India	rs2229333	212	239	T	Associated
				rs4468717	212	239	T	Associated
Rasool	2012	3	India	rs1982073	247	176	C	Associated
				rs1800471	247	176	C	NS
				novel	247	176	A	NS
				rs4803455	107	348	T	Associated
Wang	2009	4	Chinese	rs1982073	288	208	T	NS
Zha	2009	5	Chinese	rs1800469	300	300	C	Associated
				rs1800470	300	300	T	Associated
				rs2241716	300	300	A	Associated
				rs4803455	300	300	T	Associated
				rs11466345	300	300	G	NS
				rs12983047	300	300	C	NS
				rs10417924	300	300	C	NS
				rs12981053	300	300	T	NS
				rs1982073	300	300	T	Associated
				Hayashi	2007	3	Japanese	rs1800469
rs2241715	330	330	T					NS
rs41717	330	330	T					NS
rs2278422	330	330	G					NS
rs1800820	330	330	T					NS
rs1054797	330	330	T					NS
rs1800468	330	330	T					NS
rs11466324	330	330	A					NS
rs11672143	330	330	T					NS
rs11466334	330	330	A					NS
Zhou	2007	2	Chinese	rs4803455	9	100	A	NS
Lin	2006	4	Chinese	rs1982073	201	86	T	Associated

NS: Nonassociated.

dations [35] for gene-disease associations, aiming at investigating potential bias and effect on summary results. These criteria included: (1) genotyping method used; (2) definition of cases and method of ascertainment; (3) socio-demographic characteristics of subjects; (4) confounding mentioned in articles; (5) confidence intervals of genotype frequency. An overall quality scoring was generated, and studies with score  $\geq 3$  were considered to have high quality. Disagreement was settled as mentioned above.

### Statistical analysis

Meta-analysis was performed for SNPs evaluated in at least two studies. Five genetic models, i.e. dominant, recessive, homozygous, het-

erozygous and allelic model were applied in the investigation of the disease association. Association of each SNP with high myopia in pooled samples, along with the pooled odds ratios (ORs) and 95% confidence intervals (95% CIs) were evaluated using both fixed-effect and random-effect models. Heterogeneity across studies was evaluated by Cochran Q statistic test and the  $I^2$  index. The Q statistic was considered significant if  $P < 0.1$  and  $I^2$  above 50% indicated large heterogeneity. The regression test was used to assess the potential publication bias. If significant heterogeneity was detected, results from the random-effects model should be adopted, if not, the fixed-effects model. Review Manager software (RevMan, version 5.2) was used for data analysis. Sensitivity

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**Table 2.** Pooled measures for the associations between TGFB1 SNPs and high myopia

SNPs	Models Tested	Number of. study	Location	Events		Pooled OR (95% CI)		P		Heterogeneity		
				Cases	Controls	FEM	REM	FEM	REM	Q	P <sub>q</sub>	I <sup>2</sup>
rs4803455	TT+TG vs. GG	2	Intron	226/407	378/648	0.89 (0.68-1.15)		0.36	0.92	6.26	0.01	84%
	TT vs. TG+GG	2		26/407	96/648	0.40 (0.25-0.64)		0.0001	0.0001	0.19	0.66	0%
	TG vs. GG	2		201/381	282/552	1.06 (0.81-1.39)		0.67	0.69	7.16	0.007	86%
	TT vs. GG	2		26/206	96/366	0.42 (0.26-0.68)		0.0004	0.007	1.51	0.22	34%
	T vs. G	3		254/819	495/1364	0.78 (0.65-0.95)		0.01	0.27	4.54	0.1	56%
rs1800469	C vs. T	2	Promoter region	326/790	372/788	0.78 (0.64-0.96)		0.02	0.02	0.59	0.44	0%
rs1982073	CC+CT vs. TT	4	exon	819/1035	546/770	1.56 (1.26-1.95)		<0.0001	0.03	12.07	0.007	75%
	CC vs. CT+TT	4		299/1035	190/770	1.31 (1.05-1.63)		0.01	0.12	9.15	0.03	67%
	CT vs. TT	4		520/736	356/580	1.48 (1.17-1.86)		0.001	0.04	8.9	0.03	66%
	CC vs. TT	4		299/515	190/414	1.71 (1.30-2.24)		0.0001	0.05	14.11	0.003	79%
	C vs. T	4		1118/2070	736/1540	1.31 (1.15-1.50)		<0.0001	0.05	14.21	0.003	79%

FEM, fixed-effects model; REM, random-effects model.



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analyses were conducted by the approach of one-study remove to assess the influence of single study on the combined effect. The Bonferroni correction was used to account for multiple testing in association analyses. When five genetic models were tested for each SNP, a  $P < 0.01$  was considered statistically significant.

### Results

A total of 128 articles in English databases and 15 publications in Chinese databases referring to TGFB1 and myopia were identified. Among them, 14 articles (11 in English and 3 in Chinese) were duplicates and 85 had irrelevant titles (81 in English and 5 in Chinese). In the process of abstract evaluation, 26 in English were excluded, including 2 reviews, 13 animal studies and 11 irrelevant articles. Four in Chinese were excluded, including 2 conference proceedings and 2 irrelevant articles. Further, 4 irrelevant articles (3 in English and 1 in Chinese) were excluded after detailed full-text evaluation. Eventually, eight studies in nine articles that met all the criteria were included for meta-analysis. **Figure 1** denotes the workflow of study selection.

Overall, 28 SNPs associated with TGFB1 gene were investigated at least once in eight studies. Of these SNPs, three were tested in at least two studies and then were included in the data synthesis: rs4803455, rs1800469 and rs1982073. All study subjects were Asians (Chinese, India and Japanese) with sample size ranging from 109 to 660. The total sample size was 3481 (1694 with high myopia and 1787 controls).

The methods of gene analysis included restriction fragment length polymorphism (RFLP) [31, 32, 36, 37], gene-chip [33], RT-PCR (TaqMan probe) [34, 38] and conformation sensitive gel Electrophoresis (CSGE) [39]. One study used three methods for different SNPs, including RFLP, denaturing high performance liquid chromatography (DHPLC) and allele-specific PCR using SYBR Green I [32]. The quality scores of included studies were greater than 3 except one, which indicating a favorable methodological quality [34]. **Table 1** summarizes the characteristics of included studies.

Meta-analysis under five genetic models is shown in **Table 2**. Rs1982073 was tested in 4

studies with 1036 cases and 770 controls. The dominant model (CC+CT vs. TT; OR=1.64; 95% CI=1.04~2.58;  $P=0.03$ ; **Figure 2A**), the heterozygous model (CT vs. TT; OR=1.54; 95% CI=1.02~2.33;  $P=0.04$ ; **Figure 2B**), the homozygous model (CC vs. TT; OR=1.90; 95% CI=1.01~3.55;  $P=0.05$ ; **Figure 2C**) and the allelic model (C vs. T; OR=1.36; 95% CI=1.01~1.84;  $P=0.05$ ; **Figure 3A**) best explained its effects and indicated a significant association with high myopia.

Rs1800469 was tested in 2 studies with 630 cases and 630 controls. In the allelic model (C vs. T), rs1800469 was associated with high myopia risk (OR=0.78; 95% CI=0.64~0.96;  $P=0.02$ ; **Figure 3C**).

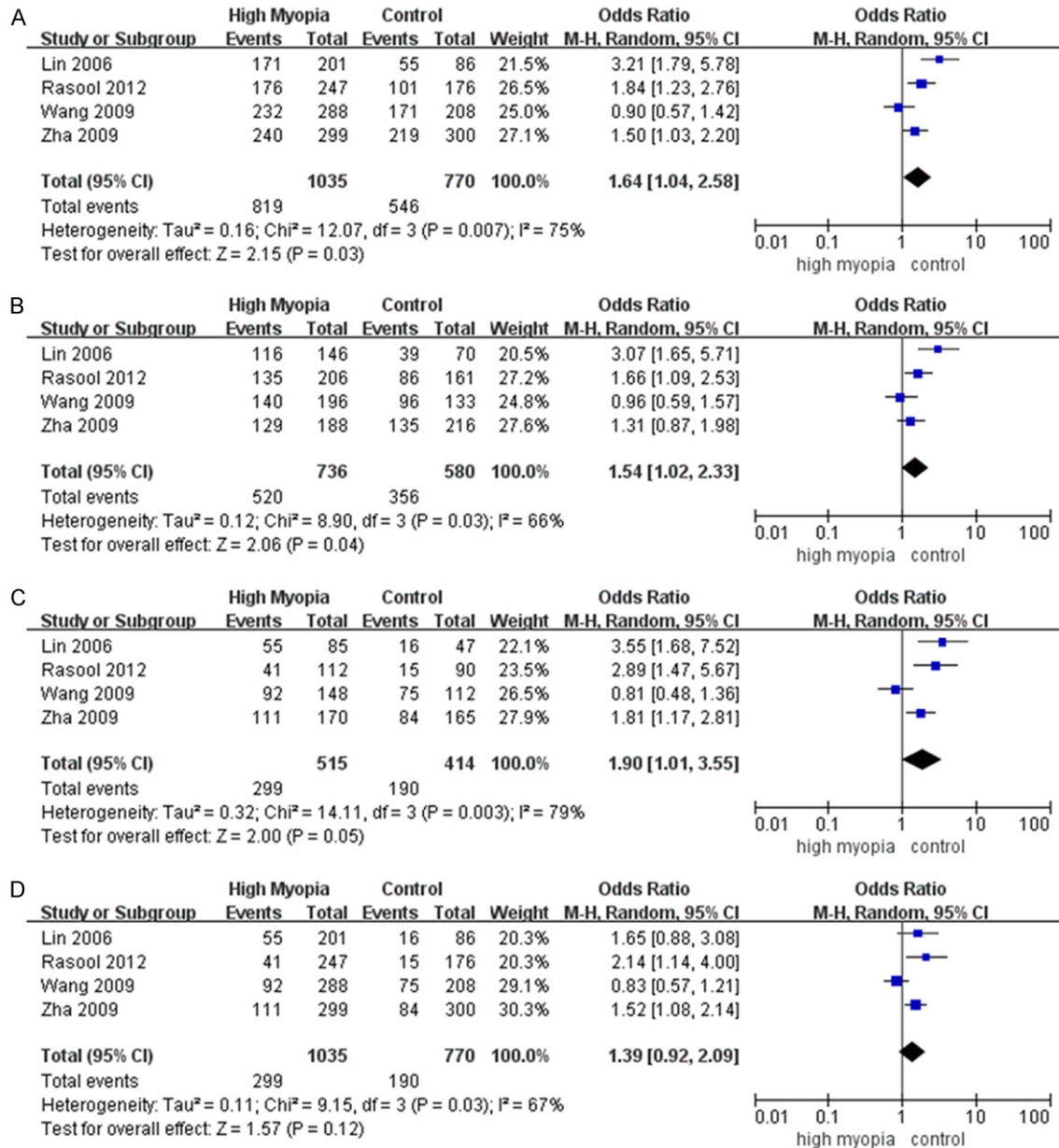
SNP rs4803455 was investigated in 3 studies with 416 cases and 748 controls. The recessive model (TT vs. TG+GG) and the homozygous model (TT vs. GG) showed significant associations with high myopia in a fixed-effects model respectively (OR=0.40; 95% CI=0.25~0.64;  $P=0.0001$ ; **Figure 4A**; OR=0.42; 95% CI=0.26~0.68;  $P=0.0004$ ; **Figure 4B**). The allelic model (T vs. G) showed a significant association with high myopia (OR=0.78; 95% CI=0.65~0.95;  $P=0.01$ ; **Table 2**) in a fixed-effects model. However, as it met the criteria for heterogeneity, the random-effects model was adopted (OR=0.81; 95% CI=0.56~1.17;  $P=0.27$ ; **Figure 3B**). The pooled ORs in other genetic models from both fixed-effects model and random-effects model were not significant ( $P > 0.30$ ) (**Figure 4C, 4D**).

In our sensitivity analysis of rs1982073 in high myopia, the heterogeneity was significantly diminished after excluding the study of Wang et al. In this condition, we found evidences supporting the association of rs1982073 with high myopia in all genetic models. However, due to the small number of studies (<10) included in each analysis, publication bias was not assessed.

### Discussion

In this meta-analysis involving eight studies, rs4803455 in the intron of the TGFB1 gene was found to have association with high myopia in both recessive and homozygous models. Besides, rs1982073 in the exon of the TGFB1 gene was found to have association with high

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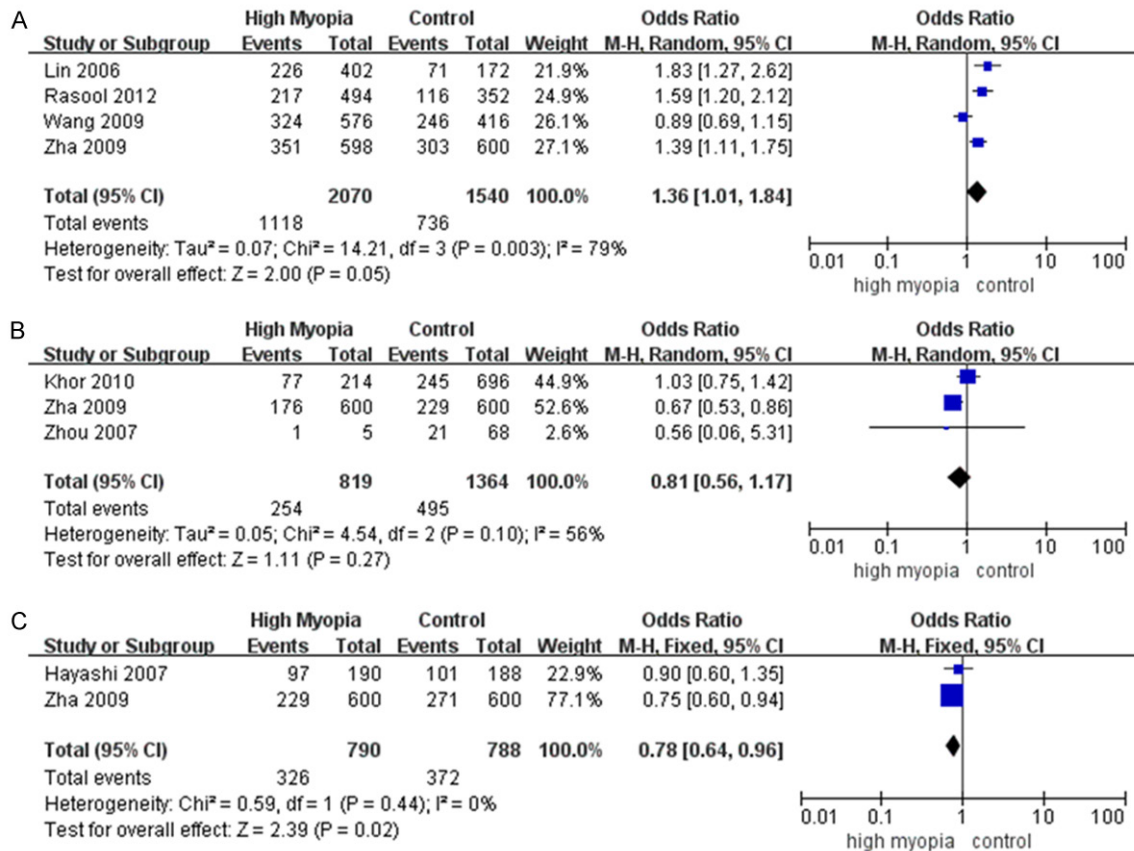
**Figure 2.** Meta-analysis of the association of TGFB1 rs1982073 with high myopia. The bars with squares in the middle represent 95% confidence intervals (95% CIs) and odds ratios (ORs). The central vertical solid line indicates the ORs for the null hypothesis. Diamond indicates summary OR with its corresponding 95% CI. A. Dominant model (CC+CT vs. TT). B. Heterozygous model (CT vs. TT). C. Homozygous model (CC vs. TT). D. Recessive model (CC vs. CT+TT).

myopia in all models except the recessive one. In the allelic model, there was association between rs1800469 and high myopia. After Bonferroni correction, the association between rs1982073 and high myopia could not withstand  $P < 0.01$ .

It has been well-known that some complex diseases such as tumor, diabetes and myopia are

due to subtle changes in multiple genes caused by environmental factors [5, 40-42]. However, investigating the genetics of complex disorders such as myopia remains to be one great challenge. Myopia involves several overlapping signaling pathways which are mediated by groups of genetic profiles. Studies on the relations between genetic polymorphisms and myopia can provide evidence of etiology and help us to

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**Figure 3.** Meta-analysis of the associations of SNPs with high myopia in the allelic model. The bars with squares in the middle represent 95% confidence intervals (95% CIs) and odds ratios (ORs). The central vertical solid line indicates the ORs for the null hypothesis. Diamond indicates summary OR with its corresponding 95% CI. A. rs1982073. B. rs4803455. C. rs1800469.

treat myopia. In addition, extended axial length is one important characteristic of high myopia, which is associated with scleral remodeling [43-45]. So it is important to keep eyes on the genes in the pathway of scleral remodeling.

There are three conserved TGFB isoforms found in Homo sapiens: TGFB1, TGFB2 and TGFB3. Shehata et al. [46] found that TGFB1 was directly involved in the pathogenesis of bone marrow reticulin fibrosis in hairy cell leukemia. Besides, Zeisberg et al. [47] considered that cardiac fibrosis was associated with fibroblasts originating from endothelial cells, which suggested an endothelial-mesenchymal transition similar to events that occurred during the formation of the atrio-ventricular cushion in the embryonic heart. In addition, TGFB1 induced endothelial cells to undergo endothelial-mesenchymal transition. It has been well-known that proliferative vitreoretinopathy is character-

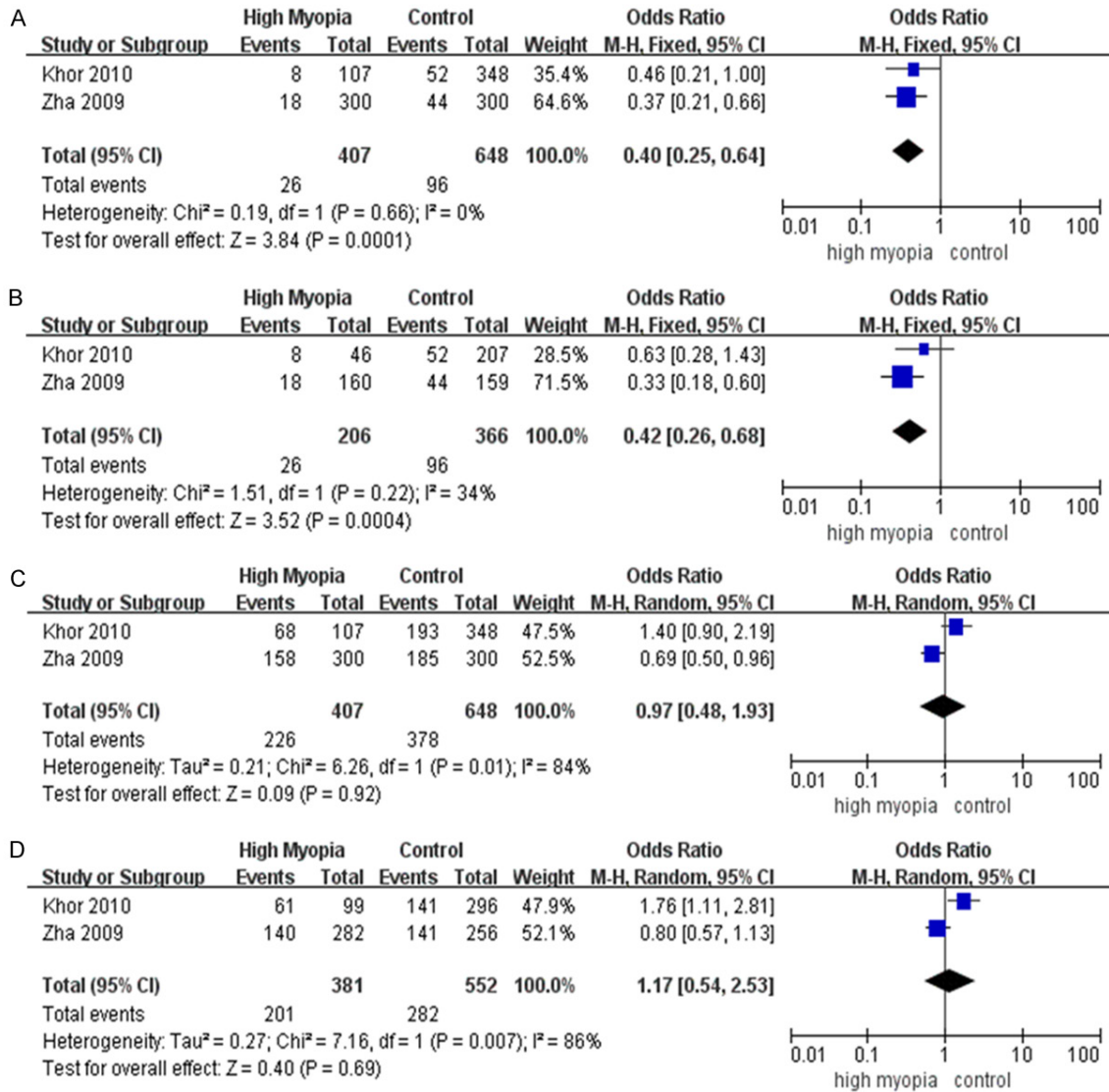
ized by development of epiretinal and subretinal fibrocellular membranes which contain modified retinal pigment epithelial (RPE) cells.

Moreover, Jobling et al. [26] concluded that TGFB1, TGFB2 and TGFB3 were expressed in scleral tissue and scleral fibroblasts of tree shrew pups. All three isoforms increased collagen production in scleral fibroblasts in a dose-dependent manner. Changes in TGFB1 expression had been observed during development of experimental myopia in these animals. In addition, Awad et al. [48] described a polymorphism of the TGFB1 gene that increased the production of TGFB1 and is associated with the development of fibrotic lung disease, which suggests that SNPs of TGFB1 may also play some roles in myopia.

Rs1982073, which has merged into rs1800470, locates within the exon of TGFB1.



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**Figure 4.** Meta-analysis of the association of TGFB1 rs4803455 with high myopia. The bars with squares in the middle represent 95% confidence intervals (95% CIs) and odds ratios (ORs). The central vertical solid line indicates the ORs for the null hypothesis. Diamond indicates summary OR with its corresponding 95% CI. A. Recessive model (TT vs. TG+GG). B. Homozygous model (TT vs. GG). C. Dominant model (TT+TG vs. GG). D. Heterozygous model (TG vs. GG).

Early in 2006, Lin et al. [31] analyzed the association between rs1982073 and high myopia in a Chinese population living in Taiwan. They found that the frequency of the CC homozygote in the high myopia group was much higher than in the control group. Later, the association of the coding SNP rs1800470 with high myopia was successfully replicated by Zha et al. [32]. In this study, six hundred adults were recruited, including 300 subjects with high myopia ( $-8.0$  diopters or worse) and 300 control subjects (within  $\pm 1.0$  diopters). In 2012, Rasool et al.

[39] confirmed the association above in an ethnic population from Kashmir, India. Our data suggest an association between rs1982073 and high myopia in most models. To eliminate false-positive findings, the Bonferroni corrections were used. After correction, the association could not withstand  $P > 0.01$ . While Wang et al. [36] provided a view contrary to those in previous reports. Besides, we found evidences supporting the association of rs1982073 with high myopia in all genetic models after excluding the study of Wang et al. [36] in the process

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of sensitivity analysis. We speculate that the sample recruitment scheme difference may contribute to this. Therefore, further studies are needed to confirm the role of rs1982073.

Rs4803455 locates in the intron 2 of TGFB1. In 2009, Zha et al. [32] found The minor allele T of rs4803455 was protective against high myopia with an odds ratio of 0.67 (95% confidence interval, 0.53-0.86;  $P=0.001$ ). In addition, Khor et al. [33] observed the association at TGFB1 rs4803455 when children with high myopia vs. non-myopic children were compared ( $n=348$  controls, 107 cases;  $P=0.007$ ). In our study, we did not include the data of Zhou et al. in models except allelic model due to low study quality and data missing. After Bonferroni corrections, associations between rs4803455 and high myopia in recessive and homogenous model were found. And our results are consistent with the findings of Khor base on the data of a genomewide association study using the Illumina HumanHap 550 Beadchips.

With respect to rs1800469, it resides in the promoter region of TGFB1, which may be the binding site of transcriptional factor. In our study, we included only the data of allelic because of data missing. Our data suggest an association between rs1800469 and high myopia in the allelic model. As there were multiple SNPs associated with TGFB1 gene being investigated, a LD map for this gene region would be very useful so as to see more clearly the relationship between the different associations. The LD map based on 1000 genome data provides potential evidence of haplotypic effect between SNP rs1982073 and rs1800469 ( $r^2>0.8$ ).

Additionally, there were a group of other SNPs that had been studied and three of them showed a significant association with high myopia. For example, rs2229333 and rs4468717 were found to be related with high myopia in one study. This study was conducted by Ahmed et al. [37] in cases with high myopia with a spherical equivalent of  $\geq 6$  diopters and emmetropic controls with spherical equivalent within  $\pm 0.5$  D in one or both eyes of 212 ethnic Kashmiri subjects and 239 controls. Besides, Zha et al. [32] had detected the association between rs2241716 and high myopia. However, meta-analysis of these SNPs was impossible due to the limited numbers of studies.

Therefore, whether they are high myopia associated SNPs has yet to be further investigated.

There are several limitations in the current meta-analysis. First, the results were pooled from a small number of studies. It is necessary to validate the association of TGFB1 with high myopia in more study cohorts. Second, only SNPs investigated in  $\geq 2$  studies were included. However, SNPs that were studied in one study may also be associated with high myopia. Thirdly, heterogeneity in some models was detected and the random-effect model was used, yielding more conservative ORs. Finally, the existing studies were based on Asians. The ethnic background may effect the extrapolation of our results. In conclusion, this meta-analysis suggested an association of TGFB1 SNPs (rs1982073, rs4803455) with high myopia in Asians. Therefore, TGFB1 gene may have some effect on myopia development according to the existing evidence.

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### Disclosure of conflict of interest

None.

**Address correspondence to:** Dr. Si-Yan Zhan, School of Public Health, Peking University Health Science Centre, Beijing 100191, China. E-mail: siyan-zhan@bjmu.edu.cn

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