

## Original Article

# Is there any difference in survivorship of total hip arthroplasty with different bearing surfaces? A systematic review and network meta-analysis

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**Abstract:** Purpose: Although many total hip bearing implants are widely used all over the world, simultaneous comparisons across the numerous available bearing surfaces are rare. The purpose of this study was to compare the survivorship of total hip arthroplasty (THA) with six available bearing implants. Methods: We conducted a systematic review of randomized controlled trials (RCTs) reporting survivorship or revision of ceramic-on-ceramic (CoC), ceramic-on-conventional polyethylene (CoPc), ceramic-on-highly-crosslinked polyethylene (CoPxl), metal-on-conventional polyethylene (MoPc), metal-on-highly-crosslinked polyethylene (MoPxl), or metal-on-metal (MoM) bearing implants. The synthesis of present evidence was performed by both the traditional direct-comparison meta-analysis and network meta-analysis. Results: In total, 40 RCTs involving a total of 5321 THAs were identified. The pooled data of network meta-analysis showed no difference in relative risk (RR) of revision across CoC, CoPc, CoPxl and MoPxl bearings. However, the MoM bearing was demonstrated with a significant higher risk of revision compared with CoC (RR 5.10; 95% CI=1.62 to 16.81), CoPc (RR 4.80; 95% CI=1.29 to 17.09), or MoPxl (RR 3.85; 95% CI=1.16 to 14.29), and the MoPc bearing was indicated with a higher risk of revision compared with CoC (RR 2.83; 95% CI=1.20 to 6.63). The ranking probabilities of the effective interventions also revealed the inferiority of the MoM and MoPc implants in survivorship (both 0%, 95% CI=0% to 0%) compared with CoC (39%, 95% CI=0% to 100%), CoPc (33%, 95% CI=0% to 100%), CoPxl (7%, 95% CI=0% to 100%) or MoPxl (21%, 95% CI=0% to 100%). **Conclusions:** The present evidence indicated the similar performance in survivorship among CoC, CoPc, CoPxl and MoPxl bearing implants, and that all likely have superiority compared with the MoM and MoPc bearing implants in THA procedures. Long-term RCT data are required to confirm these conclusions and better inform clinical decisions.

**Keywords:** Total hip arthroplasty, bearing surface, survivorship, network meta-analysis, randomized controlled trial

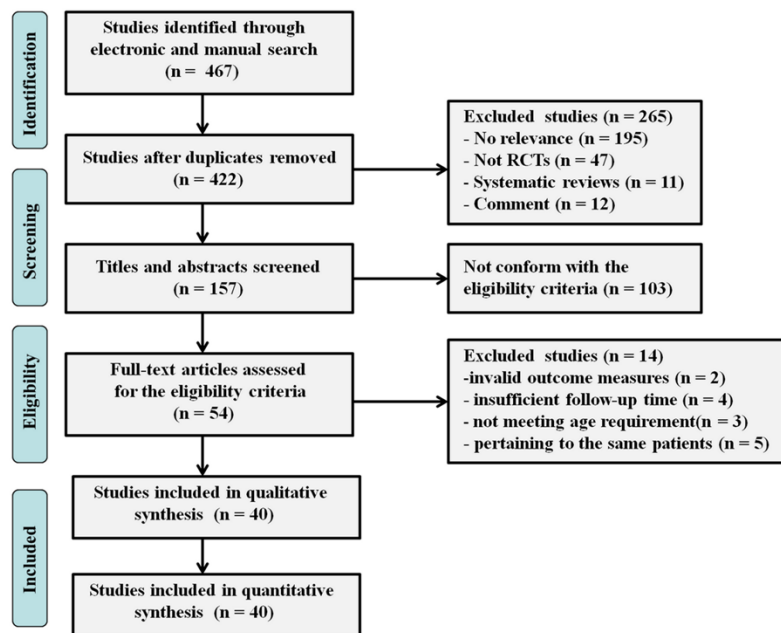
## Introduction

Total hip arthroplasty (THA) has proven to be one of the most successful procedures for surgical treatment of advanced degenerative hip diseases for last decades [1, 2]. Currently, a number of different total hip bearing components are available to orthopaedic surgeons worldwide [3]. Modern materials such as ceramics, highly cross-linked polyethylene, and metal-on-metal (MoM) articulations with excellent wear characteristics have been widely used to reduce the implants associated osteolysis and loosening, and increase the longevity of THA implants [4, 5]. For the last two decades, several systematic reviews and a number of clinical randomized controlled trials

(RCTs) comparing the survivorship of THA implants with different bearing surfaces have been reported [6-47]. However, the results of these studies are still much debated and inconsistent.

The objective of our study was to conduct a systematically review of literature and meta-analysis of RCTs to compare the survivorship or the risk of revision among commonly used THA bearing surfaces, including ceramic-on-ceramic (CoC), ceramic-on-conventional polyethylene (CoPc), ceramic-on-highly-crosslinked polyethylene (CoPxl), metal-on-conventional polyethylene (MoPc), metal-on-highly-crosslinked polyethylene (MoPxl), and metal-on-metal (MoM) articulations. We investigated whether there

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**Figure 1.** The flow chart shows the article selection process we performed. RCT = randomized controlled trials.

exists difference in survivorship of total hip arthroplasty with different bearing surfaces. The synthesis of present evidence on this issue was performed by both the traditional direct-comparison meta-analysis and network meta-analysis. Unlike the traditional meta-analysis, network meta-analysis permits simultaneous comparison of no less than 3 interventions. Using a Bayesian evidence analysis, all indirect comparison could be taken into account to arrive at a single, integrated estimate of effect of all included treatments based on all the available evidences [48]. Therefore, network meta-analysis seems to be optimal methodological tool for the above question.

### Materials and methods

#### Search strategy and eligibility criteria

Our systematic review was performed in accordance with PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) guidelines [49]. Updating to May 2015, all RCTs comparing survivorship or revision rates between THA bearing surfaces for the treatment of degenerative hip diseases in English were identified through an electronic search and manual research by two clinical librarians (S Yin and D Zhang) independently. The sources of electronic searching include MEDLINE (PubMed), EMBASE and The Cochrane Central Register of Controlled Trials. The following key

words were used for search: (total hip arthroplasty OR hip replacement OR hip prosthesis) AND (metal OR ceramic OR chromium OR cobalt OR alumina OR aluminum oxide OR polyethylene OR highly cross-linked). (Supplementary 1) In addition, bibliographies of all selected full text articles were reviewed to identify additional articles.

After applying the search strings, we identified 467 potentially eligible articles. Two reviewers (S Yin and D Zhang) independently checked the titles and abstracts of all articles. Of the 467 articles, 45 were duplicates (Figure 1). Two hundred and sixty-five articles were

excluded based on their titles and abstracts with apparent lack of relevance. This left 157 articles. The eligibility criteria of the included studies were: (1) patients younger than 75 years of age at the time of surgery, (2) use of random allocation of THA bearing surfaces, (3) inclusion of arms treated with THA procedures with different bearing surfaces, such as CoC, CoPc, CoPxl, MoPc, MoPxl or MoM bearings, (4) patients in included studies were followed up at least 2 year after operation, (5) included studies had to report valid data of survivorship or revision rates of bearing prostheses. Using these criteria, another 103 of the 157 manuscripts were excluded after the abstracts were reviewed.

The full texts of all 54 remaining articles were assessed by the same two reviewers. If no agreement could be reached, a third reviewer (Y Qiu) made the final decision. Of these, 14 were excluded for invalid outcome measures, insufficient follow-up times, not meeting age requirement, or pertained to the same patients. Forty eligible trials were eventually identified in present study.

#### Data extraction and assessment for risk of bias

Two investigator (S Yin and D Zhang) independently reviewed the full manuscripts of eligible

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**Table 1.** Summary of the included studies

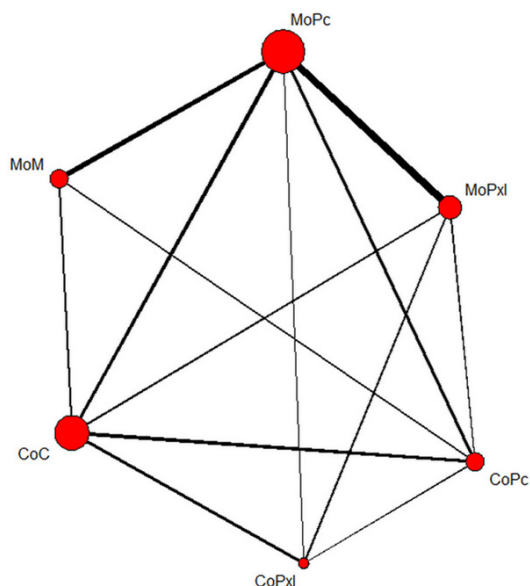
Study	Follow up (years)	Interventions	Group A		Group B		Group C		Group D	
			Number of hips	Number of revisions	Number of hips	Number of revisions	Number of hips	Number of revisions	Number of hips	Number of revisions
Morison 2014	6.8	MoPc VS MoPxl VS CoPc VS CoPxl	21	2	24	0	22	1	24	2
Nikolaou 2012	5	MoPc VS MoPxl VS CoC	36	2	32	0	34	0	NR	NR
Bjorgul 2013	7	MoPc VS MoM VS CoPc	137	3	129	8	131	1	NR	NR
Engl 2012	10	MoPc VS MoPxl	114	11	116	2	NR	NR	NR	NR
García-Rey 2013	10	MoPc VS MoPxl	45	0	45	1	NR	NR	NR	NR
Johanson 2012	10	MoPc VS MoPxl	30	1	31	2	NR	NR	NR	NR
Geerdink 2009	8	MoPc VS MoPxl	26	1	22	0	NR	NR	NR	NR
Thomas 2011	7	MoPc VS MoPxl	27	0	27	0	NR	NR	NR	NR
Mutimer 2010	5.5	MoPc VS MoPxl	61	3	61	0	NR	NR	NR	NR
Digas 2007	5	MoPc VS MoPxl	29	0	32	1	NR	NR	NR	NR
Geerdink 2006	5	MoPc VS MoPxl	67	2	66	0	NR	NR	NR	NR
Triclot 2007	4.9	MoPc VS MoPxl	53	1	49	1	NR	NR	NR	NR
Calvert 2009	3	MoPc VS MoPxl	60	0	59	0	NR	NR	NR	NR
Glyn-Jones 2008	3	MoPc VS MoPxl	27	0	27	0	NR	NR	NR	NR
Zijlstra 2010	10	MoPc VS MoM	98	2	102	4	NR	NR	NR	NR
Lombardi 2004	6	MoPc VS MoM	97	1	98	0	NR	NR	NR	NR
Hanna 2012	3	MoPc VS MoM	23	0	28	0	NR	NR	NR	NR
Zijlstra 2014	3	MoPc VS MoM	54	0	50	4	NR	NR	NR	NR
Malviya 2011	2	MoPc VS MoM	50	2	50	2	NR	NR	NR	NR
Lewis 2010	10	CoC VS CoPc	30	1	26	1	NR	NR	NR	NR
Ochs 2007	8.1	CoC VS CoPc	35	1	31	1	NR	NR	NR	NR
Amanatullah 2011	5	CoC VS CoPc	196	11	161	3	NR	NR	NR	NR
Cai 2012	3	CoC VS CoPc	51	2	62	3	NR	NR	NR	NR
Kim 2013	12.4	CoC VS CoPxl	100	1	100	1	NR	NR	NR	NR
Lombardi 2010	6	CoC VS CoPxl	65	3	45	3	NR	NR	NR	NR
Beaupre 2013	5	CoC VS CoPxl	48	0	44	2	NR	NR	NR	NR
Hamilton 2010	3	CoC VS CoPxl	177	4	87	2	NR	NR	NR	NR
Vendittoli 2013	12.3	CoC VS MoPc	71	1	69	8	NR	NR	NR	NR
D'Antonio 2012	10	CoC VS MoPc	194	6	95	10	NR	NR	NR	NR
Seyler 2006	7	CoC VS MoPc	158	6	52	3	NR	NR	NR	NR
Dahl 2013	10	MoPc VS CoPc	23	2	20	2	NR	NR	NR	NR
Kim 2005	7.1	MoPc VS CoPc	52	0	52	2	NR	NR	NR	NR

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Kraay 2006	4	MoPc VS CoPc	30	0	30	0	NR	NR	NR	NR
Nakahara 2010	6.7	MoPxl VS CoPxl	51	0	51	0	NR	NR	NR	NR
Kawate 2009	5	MoPxl VS CoPxl	30	0	32	0	NR	NR	NR	NR
Engh 2014	5	MoPxl VS MoM	37	1	63	1	NR	NR	NR	NR
Jacobs 2004	3.7	MoPxl VS MoM	76	1	95	1	NR	NR	NR	NR
Bascarevic 2010	4.2	CoC VS MoPxl	82	0	75	2	NR	NR	NR	NR
Pabinger 2003	2	CoPc VS MoM	29	0	32	1	NR	NR	NR	NR
Desmarchelier 2013	9	CoC VS MoM	125	1	125	3	NR	NR	NR	NR

Abbreviation: MoPc = metal-on-conventional polyethylene, MoPxl = metal-on-highly crosslinked polyethylene, CoPc = ceramic-on-conventional polyethylene, CoPxl = ceramic-on-highly crosslinked polyethylene, CoC = ceramic-on-ceramic, MoM = metal-on-metal, NR = no report.

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**Figure 2.** Network evidence of included studies. The size of red circles represent the total hips number of each invention. The thickness of solid lines represent the number of trials comparing the connected inventions. MoPc = metal-on-conventional polyethylene, MoPxl = metal-on-highly crosslinked polyethylene, CoPc = ceramic-on-conventional polyethylene, CoPxl = ceramic-on-highly crosslinked polyethylene, CoC = ceramic-on-ceramic, MoM = metal-on-metal.

studies, extracted the relevant data and reached consensus on each item. If no agreement could be reached, a third reviewer (Z Yin) made the final decision. Data included demographics, methodological characteristics, inclusion and exclusion criteria, implant types of bearing prostheses, implant revision events, length of follow-up period, and number of participants lost to follow-up. The implant survivorship or revision rate for any reason at last follow-up was considered to be ultimate outcome measure.

The risk of bias was independently assessed by two reviewers (S Yin and D Zhang) using the 12 criteria recommended by the Cochrane Back Review Group [50]. The reviewers tried to reach consensus on each criteria. Based on the recommendation by the Cochrane Back Review Group, studies were rated as having a “low risk of bias” when at least 6 of the 12 criteria were met without serious flaws. Studies with serious flaws, or those in which fewer than 6 of the criteria were met were rated as having “high risk of bias”.

### Statistical analysis

The numbers of implants with different bearing surfaces requiring revision at last follow-up were reported as events and compared with relative risks (RRs) with 95% confidence intervals (CIs). We first performed a traditional direct-comparison meta-analysis with Review Manager software (version 5.1.6) provided by the Cochrane Collaboration. The statistical method of Mantel-Haenszel with random effects method was used for dichotomous outcomes. The heterogeneity was assessed by using the chi-squared test. The value of  $I^2$  greater than 50% would be considered substantial heterogeneity [51].

For indirect comparisons, a network meta-analysis was conducted using WinBUGS software (version 1.4.3, MRC Biostatistics Unit, Cambridge, UK) and R software GeMTC package (version 2.15.2; <http://www.R-project.org>) with random effects chaimani models (Supplementary 2). The network meta-analysis could provide information about ranking of all evaluated bearing implants for outcome [52]. A sensitivity analysis was performed for the measured effects omitting the study which may largely influence the clinical findings. In order to evaluate the mid-long term effects among the implants with different bearing surfaces, a sub-analysis including only RCTs with a minimum 10-year follow-up was also performed.

### Results

#### Description of included studies

The process of identifying eligible studies is summarized in Figure 1. Forty eligible trials were eventually identified in our meta-analysis, with a total of 5321 hips randomized to receive any of 6 THA bearing implants mentioned above [8-47]. The average follow-up was 6.6 years (range, 2-12.4 years). Of all the included articles, nine reports no less than 10 years follow-up. The investigation included several comparisons: one MoPc versus MoPxl versus CoPc versus CoPxl [8], one MoPc versus MoPxl versus CoC [9], one MoPc versus MoM versus CoPc [10], eleven MoPc versus MoPxl [11-21], five MoPc versus MoM [22-26], four CoC versus CoPc [27-30], four CoC versus CoPxl [31-34], three CoC versus MoPc [35-37], three MoPc versus CoPc [38-40], two MoPxl versus CoPxl

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	Adequate allocation sequence generation?	Allocation concealment?	Patients blinded?	Care provider blinded?	Outcome assessor blinded?	Dropout rate described and acceptable?	Intention to treat analysis?	Free of selective reporting?	Similarity of baseline indicators?	Concomitant events avoided or similar?	Compliance acceptable?	Timing of the outcome assessment similar?
Amanatullah 2011	+	+	?	+	+	+	+	+	+	+	?	+
Bascarevic 2010	+	+	?	+	+	+	+	?	+	+	+	+
Beaupre 2013	+	+	?	+	+	+	+	+	+	+	+	+
Bjorgul 2013	+	+	?	+	+	+	+	+	+	+	+	+
Cai 2012	+	+	?	+	+	+	+	?	+	+	+	+
Calvert 2009	+	+	+	+	+	+	+	+	+	+	+	+
D'Antonio 2012	?	?	+	+	+	+	+	+	+	+	+	+
Dahl 2013	?	?	?	+	+	+	+	+	+	+	+	+
Desmarchelier 2013	?	?	?	+	+	+	+	+	+	+	+	+
Digas 2007	+	+	?	+	+	+	+	+	+	+	+	+
Engh 2012	?	?	?	+	+	+	+	+	+	+	+	+
Engh 2014	+	+	+	+	+	+	+	+	+	+	+	+
García-Rey 2013	+	+	?	+	+	+	+	+	+	+	+	+
Geerdink 2006	?	?	?	+	+	+	+	+	+	+	+	+
Geerdink 2009	?	?	?	+	+	+	+	+	+	+	+	+
Glyn-Jones 2008	+	+	+	+	+	+	+	+	+	+	+	+
Hamilton 2010	+	+	+	+	+	+	+	+	+	+	+	+
Hanna 2012	+	+	+	+	+	+	+	+	+	+	+	+
Jacobs 2004	?	?	?	+	+	+	+	+	+	+	+	+
Johanson 2012	?	?	?	+	+	+	+	+	+	+	+	+
Kawate 2009	+	+	?	+	+	+	+	+	+	+	+	+
Kim 2005	?	?	?	+	+	+	+	+	+	+	+	+
Kim 2013	+	+	?	+	+	+	+	+	+	+	+	+
Kraay 2006	?	?	?	+	+	+	+	+	+	+	+	+
Lewis 2010	?	?	?	+	+	+	+	+	+	+	+	+
Lombardi 2004	?	?	?	+	+	+	+	+	+	+	+	+
Lombardi 2010	+	+	?	+	+	+	+	+	+	+	+	+
Malviya 2011	?	?	?	+	+	+	+	+	+	+	+	+
Morison 2014	+	+	?	+	+	+	+	+	+	+	+	+
Mutimer 2010	+	+	+	+	+	+	+	+	+	+	+	+
Nakahara 2010	?	?	?	+	+	+	+	+	+	+	+	+
Nikolaou 2012	+	+	+	+	+	+	+	+	+	+	+	+
Ochs 2007	+	+	?	+	+	+	+	?	+	+	+	+
Pabinger 2003	+	+	?	+	+	+	+	?	+	+	+	+
Seyler 2006	?	?	?	+	+	+	+	+	+	+	+	+
Thomas 2011	+	+	+	+	+	+	+	+	+	+	+	+
Triclot 2007	+	+	?	+	+	+	+	+	+	+	+	+
Vendittoli 2013	+	+	+	+	+	+	+	+	+	+	+	+
Zijlstra 2010	+	+	?	+	+	+	+	+	+	+	+	+
Zijlstra 2014	?	?	?	+	+	+	+	+	+	+	+	+

**Figure 3.** The risk of bias for the included studies.

[41, 42], two MoPxl versus MoM [43, 44], one CoC versus MoPxl [45], one CoC versus MoM [46], and one CoPc versus MoM [47]. The characteristics of included studies are summarized in **Table 1** and the network evidence of these trials are summarized in **Figure 2**.

### Risk of bias in included studies

The risk of bias for the included studies was summarized in **Figure 3**. Twenty-four studies (60%) reported adequate allocation sequences and twenty-three (57.5%) reported adequate allocation concealments. Five studies (12.5%) described blinding of patients, surgeons, and outcome assessors. Although none of the included studies met fewer than 6 of the criteria, two studies Lombardi et al. [23] and Amanatullah et al. [29] with significant patient loss to follow-up (49.2% and 38.4%, respectively) were considered with serious flaws and rated as having “high risk of bias”.

### Direct-comparison meta-analysis

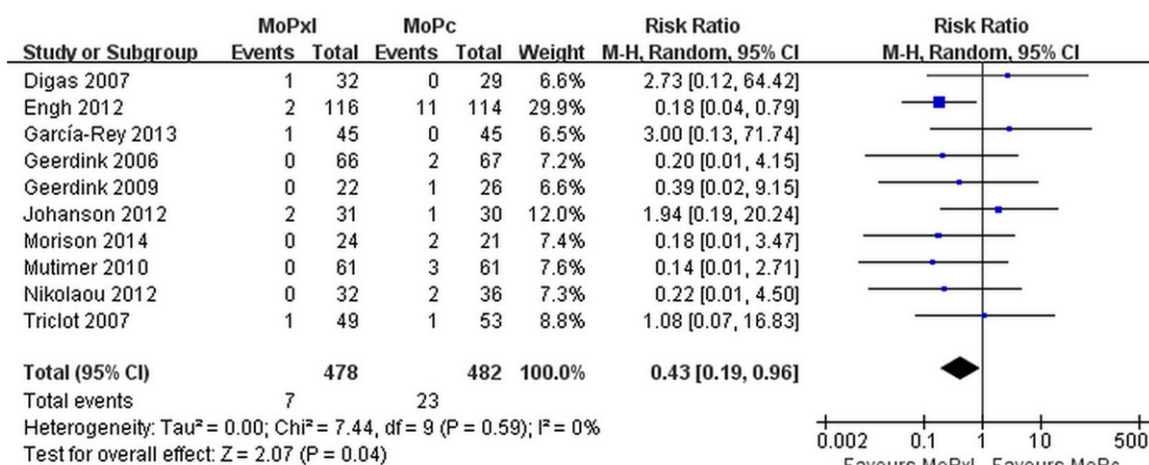
In the possible pair-wise comparison between the bearing types, fourteen had been studied directly in one or more trials. **Table 2** showed the relative risks of revision surgery for each of these direct comparisons. In all direct comparisons, there was no observed heterogeneity. A total of ten trials reported a direct comparison of MoPxl versus MoPc implants. Overall pair-wise meta-analysis found MoPc associated with a significant trend towards an increased risk of revision when compared with MoPxl implants (RR 0.43; 95% CI=0.19 to 0.96;  $P<0.05$ ) (**Figure 4**). Another pair-wise meta-analysis was performed for 4 RCTs comparing CoC versus MoPc implants. The pooled relative risk for revision showed a significant difference favoring CoC over MoPc implants (RR 0.33; 95% CI=0.16 to 0.67;  $P<0.01$ ) (**Figure 5**). The third direct-comparison meta-analysis was

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**Table 2.** Relative risk of revision surgery for direct-comparison meta-analysis and network meta-analysis including all RCTs

CoC	1.99 (0.64-7.42)	1.07 (0.42-3.05)	5.10 (1.62-16.81)	1.34 (0.41-4.34)	2.83 (1.20-6.63)
0.71 (0.26-1.92)	CoPxl	0.52 (0.13-2.33)	2.56 (0.51-12.16)	0.68 (0.14-3.06)	1.42 (0.35-5.46)
1.62 (0.66-4.00)	1.83 (0.18-18.84)	CoPc	4.80 (1.29-17.09)	1.26 (0.32-4.34)	2.64 (0.89-7.04)
0.33 (0.04-3.16)	-	0.17 (0.03-0.96)	MoM	0.26 (0.07-0.86)	0.55 (0.20-1.43)
0.45 (0.06-3.42)	1.57 (0.31-7.98)	3.26 (0.14-76.10)	0.68 (0.10-4.78)	MoPxl	2.10 (0.82-5.48)
0.33 (0.16-0.67)	0.88 (0.13-5.68)	0.85 (0.27-2.64)	2.02 (0.88-4.65)	0.43 (0.19-0.96)	MoPc

Relative risk (RR) of revision surgery lower than 1 favor the column-defining treatment. RRs in lower left of the table represented the results of direct-comparison meta-analysis, and the upper right of the table represented the results of network meta-analysis. Abbreviation: MoPc = metal-on-conventional polyethylene, MoPxl = metal-on-highly crosslinked polyethylene, CoPc = ceramic-on-conventional polyethylene, CoPxl = ceramic-on-highly crosslinked polyethylene, CoC = ceramic-on-ceramic, MoM = metal-on-metal, NR = no report.



**Figure 4.** The forest plot of pair-wised meta-analysis comparing survivorship between MoPxl and MoPc bearings. MoPc = metal-on-conventional polyethylene, MoPxl = metal-on-highly crosslinked polyethylene.

conducted pooling only two studies comparing CoPc versus MoM implants (RR 0.17; 95% CI=0.03 to 0.96;  $P < 0.05$ ) (Figure 6), revealing a significantly increased risk of revision in MoM bearing implants over CoPc. There were no differences in the risk of revision in other possible direct-comparison meta-analyses among bearing types.

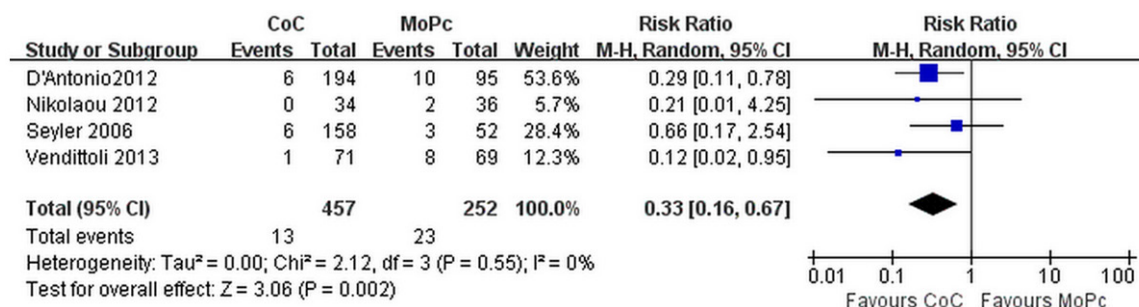
Table 3 showed the relative risks of revision surgery for direct-comparison meta-analysis including RCTs with at least 10 years follow-up. There was also no observed heterogeneity in all 6 possible pair-wise comparisons. With a minimum 10-year follow-up, only one pair-wise meta-analysis demonstrated a significant trend with 4-fold increased risk of revision to MoPc when compared with the CoC implants (RR 0.25; 95% CI=0.10 to 0.60;  $P < 0.01$ ) (Figure 7). For the other five pair-wise meta-analyses, no

differences in the risk of revision across bearing types were observed any more.

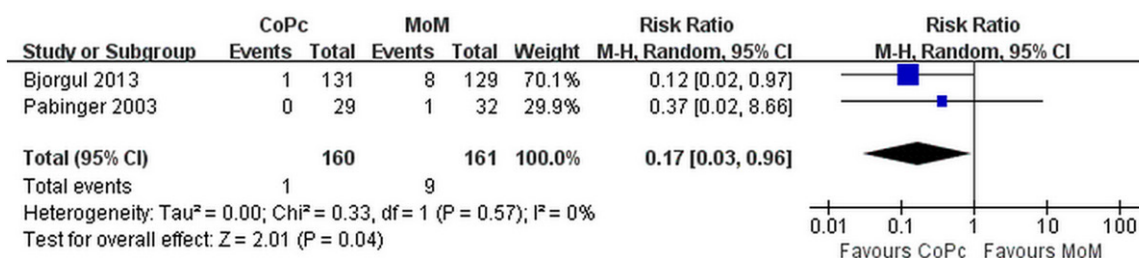
### Network meta-analysis

A network meta-analysis was performed for all 40 included studies (Table 2). The pooled data of network meta-analysis showed no difference in terms of risk of revision among CoC, CoPc, CoPxl and MoPxl implants. However, MoM implants were associated with significant higher risks of revision when compared with CoC (RR 5.10; 95% CI=1.62 to 16.81), CoPc (RR 4.80; 95% CI=1.29 to 17.09), MoPxl (RR 3.85; 95% CI=1.16 to 14.29), and a non-significant trend towards a increased risk of revision when compared with CoPxl implants (RR 2.56; 95% CI=0.51 to 12.16). Meanwhile, the MoPc implants were demonstrated with a significant increased risk of revision compared with CoC

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**Figure 5.** The forest plot of pair-wised meta-analysis comparing survivorship between CoC and MoPc bearings. CoC = ceramic-on-ceramic, MoPc = metal-on-conventional polyethylene.



**Figure 6.** The forest plot of pair-wised meta-analysis comparing survivorship between CoPc and MoM bearings. CoPc = ceramic-on-conventional polyethylene, MoM = metal-on-metal.

(RR 2.83; 95% CI=1.20 to 6.63), and non-significant trends of higher risk of revision when compared with CoPc (RR 2.64; 95% CI=0.89 to 7.04), CoPxl (RR 1.42; 95% CI=0.35 to 5.46) and MoPxl (RR 2.10; 95% CI=0.82 to 5.48) implants. Moreover, a rank probability analysis was performed to test the superiority among the bearing types (**Figure 8**). As a consequence, CoC bearing implants achieved the highest probability to be the best intervention (39%, 95% CI=0% to 100%). The following probabilities of being ranked the best intervention were 33% (95% CI=0% to 100%) for CoPc, 21% (95% CI=0% to 100%) for MoPxl, and 7% (95% CI=0% to 100%) for CoPxl. The MoM and MoPc implants achieved the lowest probabilities to be the best intervention (both 0%, 95% CI=0% to 0%).

A sensitivity analysis was performed by repeating the network analysis after omitting two studies Lombardi et al. [23] and Amanatullah et al. [29] with “high risk of bias”. The pooled results of the sensitivity analysis were summarized in **Table 4**. The probabilities of being ranked the best intervention were 60% (95% CI=0% to 100%) for CoC, 19% (95% CI=0% to 100%) for MoPxl, 12% (95% CI=0% to 100%) for CoPc, 9% (95% CI=0% to 100%) for CoPxl,

and 0% (95% CI=0% to 0%) for MoM and MoPc implants (**Figure 9**).

When the network meta-analysis was restricted to trials with at least 10 years follow-up time, the MoM implants were non-significantly associated with a 11-fold, 11-fold, 4-fold and 4-fold increased risks of revision when compared with CoPxl, CoC, MoPxl, and CoPc implants, respectively (**Table 3**). Meanwhile, the MoPc implants were non-significantly associated with a 5-fold, 5-fold, 2-fold and 2-fold increased risks of revision when compared with CoPxl, CoC, MoPxl, and CoPc implants, respectively. The probabilities of being ranked the best intervention were 46% (95% CI=0% to 100%) for CoPxl, 31% (95% CI=0% to 100%) for CoC, 11% (95% CI=0% to 100%) for CoPc, 9% (95% CI=0% to 100%) for MoPxl, and 3% (95% CI=0% to 100%) for MoM and 0% (95% CI=0% to 0%) for MoPc (**Figure 10**).

### Discussion

In the past decades, numerous efforts have been made to improve the survival probability of primary THA implants. Submicron debris generated by the process of osteolysis and implant loosening remains a significant problem in THA

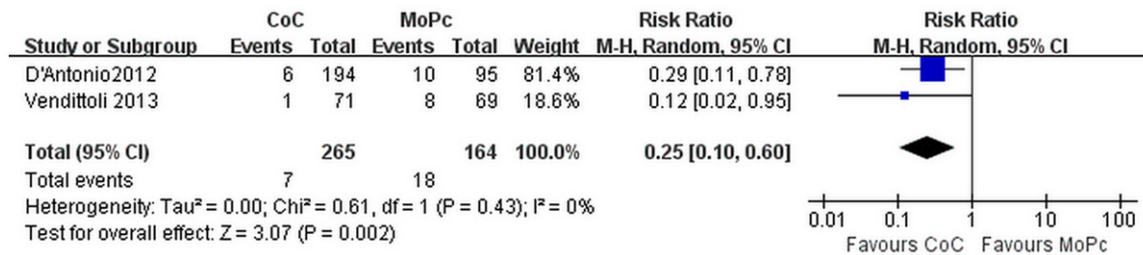


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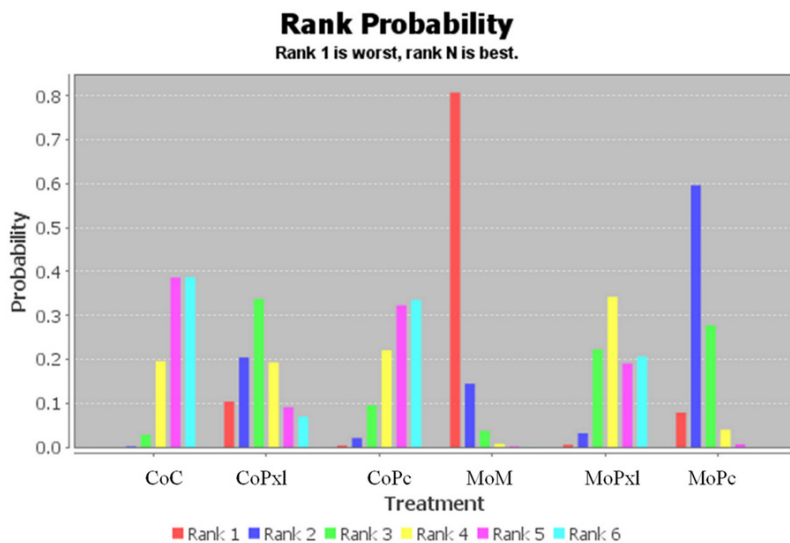
**Table 3.** Relative risk of revision surgery for direct-comparison meta-analysis and network meta-analysis including RCTs with at least 10 years follow-up

CoC	0.92 (0.01-68.63)	3.13 (0.20-47.86)	10.86 (0.33-317.71)	2.75 (0.24-55.96)	4.73 (0.75-29.39)
1.00 (0.06-15.77)	CoPxl	3.05 (0.02-494.64)	11.11 (0.05-2969.49)	2.97 (0.02-578.01)	4.84 (0.05-575.65)
0.87 (0.06-13.18)	-	CoPc	3.51 (0.07-177.98)	0.92 (0.04-29.05)	1.52 (0.11-21.63)
-	-	-	MoM	0.25 (0.11-11.18)	0.43 (0.02-7.82)
-	-	-	-	MoPxl	1.70 (0.18-9.55)
0.25 (0.10-0.60)	-	1.15 (0.18-7.43)	1.92 (0.36-10.25)	0.73 (0.11-4.98)	MoPc

Relative risk (RR) of revision surgery lower than 1 favor the column-defining treatment. RRs in lower left of the table represented the results of direct-comparison meta-analysis, and the upper right of the table represented the results of network meta-analysis. Abbreviation: MoPc = metal-on-conventional polyethylene, MoPxl = metal-on-highly crosslinked polyethylene, CoPc = ceramic-on-conventional polyethylene, CoPxl = ceramic-on-highly crosslinked polyethylene, CoC = ceramic-on-ceramic, MoM = metal-on-metal, NR = no report.



**Figure 7.** The forest plot of pair-wised meta-analysis comparing survivorship between CoC and MoPc bearings including RCTs with at least 10 years follow-up. CoC = ceramic-on-ceramic, MoPc = metal-on-conventional polyethylene, RCT-randomized controlled trials.



**Figure 8.** Rank probabilities for survivorship among different bearing implants including all studies. MoPc = metal-on-conventional polyethylene, MoPxl = metal-on-highly crosslinked polyethylene, CoPc = ceramic-on-conventional polyethylene, CoPxl = ceramic-on-highly crosslinked polyethylene, CoC = ceramic-on-ceramic, MoM = metal-on-metal.

procedure [53]. Therefore, the longevity of different bearing surfaces has become primary research interest of the prosthetic implant. However, there is still much debate about the

appropriate bearings. Shetty et al. [6] conducted a meta-analysis comparing survivorship among MoM, CoC and MoP bearing implants in patients younger than 55 years old, determining that the MOM bearing provided the best survival rate and superiority in young active patients. The systematic review did not strictly apply to the principle of PRISMA, and the included studies were not randomized controlled trials only. With the advances and widely use of ceramics and highly cross-linked polyethylene in recent years, the superiority of bearing implants deserves a fresh analysis by updating the literatures with high quality. Several systematic reviews and meta-analyses were also performed to compare the survivorship or revision rates between two bearing implants [7, 54-58].

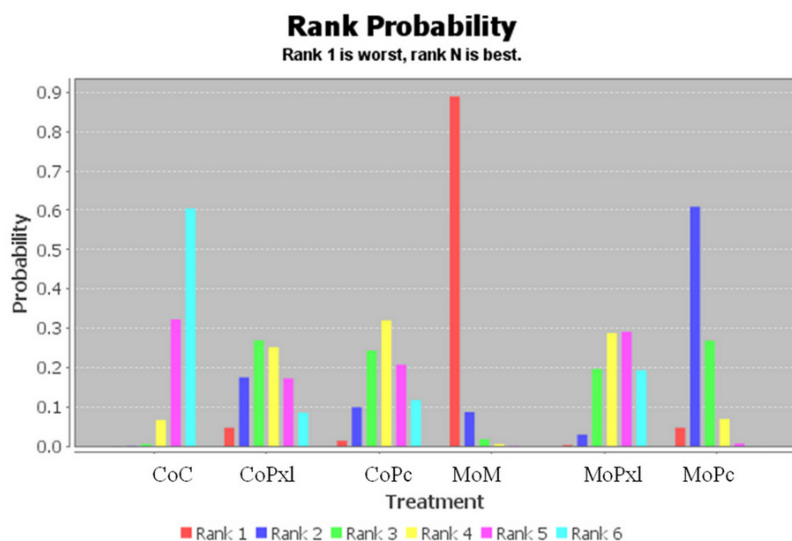
literatures with high quality. Several systematic reviews and meta-analyses were also performed to compare the survivorship or revision rates between two bearing implants [7, 54-58].

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**Table 4.** Relative risk of revision surgery for network meta-analysis after the sensitivity analysis

CoC	1.95 (0.68-6.60)	1.74 (0.60-5.32)	6.45 (2.20-22.35)	1.50 (0.51-4.48)	3.07 (1.49-7.30)
	CoPxl	0.88 (0.19-3.66)	3.26 (0.74-14.28)	0.74 (0.17-3.01)	1.56 (0.43-5.05)
		CoPc	3.59 (1.05-16.15)	0.86 (0.20-3.20)	1.74 (0.58-5.24)
			MoM	0.23 (0.05-0.72)	0.48 (0.17-1.19)
				MoPxl	2.04 (0.89-5.09)
					MoPc

Relative risk (RR) of revision surgery lower than 1 favor the column-defining treatment. Abbreviation: MoPc = metal-on-conventional polyethylene, MoPxl = metal-on-highly crosslinked polyethylene, CoPc = ceramic-on-conventional polyethylene, CoPxl = ceramic-on-highly crosslinked polyethylene, CoC = ceramic-on-ceramic, MoM = metal-on-metal, NR = no report.



**Figure 9.** Rank probabilities for survivorship among different bearing implants after sensitivity analysis by omitting two studies with significant patient loss to follow-up. MoPc = metal-on-conventional polyethylene, MoPxl = metal-on-highly crosslinked polyethylene, CoPc = ceramic-on-conventional polyethylene, CoPxl = ceramic-on-highly crosslinked polyethylene, CoC = ceramic-on-ceramic, MoM = metal-on-metal.

However, the scarcity of relevant RCT literatures limited performing a direct meta-analysis, and it was difficult to draw a comprehensive conclusion comparing survivorship of more than two bearing implants. Network analysis is a optimal method for this problem by creating indirect comparisons, and it also could identify whether the superiority in survivorship exists or not across all different bearing implants. The network analysis is also applied to increase the power of the tests and reduce type I statistical errors [59].

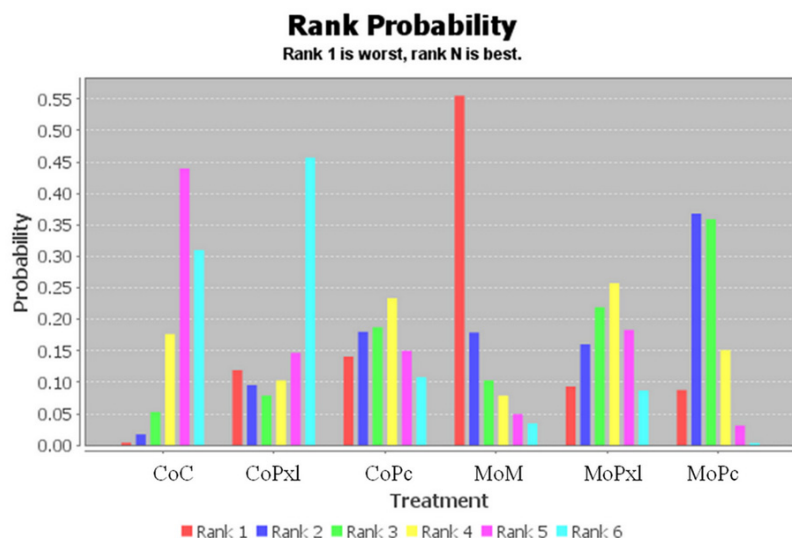
Our present study integrated the direct comparison and network meta-analysis that summarized all the available evidence from RCTs comparing survivorship of all commonly used THA bearing implants including CoC, CoPc,

CoPxl, MoPc, MoPxl and MoM articulations. Forty RCTs involving 5321 hips were identified for both direct-comparison meta-analysis and network meta-analysis. Considering the heterogeneity in follow-up period among the included studies, a subanalysis was performed including only RCTs with a minimum 10-year follow-up to evaluate the mid-long term effects. Based on the 12 criteria recommended by the Cochrane Back Review Group, the methodological qualities of all included studies were accessed. Of all 40 reports, two studies Lombardi et al. and Amanatullah et al. with significant patient loss to follow-up

(49.2% and 38.4%, respectively) were rated as “high risk of bias”. A sensitivity analysis was conducted by repeating the network analysis after omitting the two trials.

Our collaborative meta-analysis indicates that four bearing implants including CoC, CoPc, CoPxl and MoPxl prostheses perform similarly in survivorship or revision rates, and that all likely have superiority compared with the MoM and MoPc bearing implants. The pooled results of pair-wise comparison and network meta-analysis showed no difference in terms of risks of revision among CoC, CoPc, CoPxl and MoPxl bearing implants. Meanwhile, the inferiorities of MoM and MoPc bearings compared with other four bearing implants were demonstrated by the network meta-analysis. The ranking

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**Figure 10.** Rank probabilities for survivorship among different bearing implants including trials with at least 10 years follow-up period. MoPc = metal-on-conventional polyethylene, MoPxl = metal-on-highly crosslinked polyethylene, CoPc = ceramic-on-conventional polyethylene, CoPxl = ceramic-on-highly crosslinked polyethylene, CoC = ceramic-on-ceramic, MoM = metal-on-metal.

probabilities of the effective interventions for both MoM and MoPc bearing implants in survivorship were 0% with credible interval from 0% to 0%, representing the significant inferiorities in comparison to other four bearing prostheses. A sensitivity analysis omitting two studies with high risk of bias and a subanalysis including only RCTs with a minimum 10-year follow-up also showed the similar results.

Readers should be aware of limitations in the literature in general and our study in particular. First, for maximizing the number of eligible studies, the length of follow-up time differed greatly (ranging from 2 years to 12.4 years). Second, owing to the lack of high quality research with more than 10 years follow-up, it was difficult to draw conclusions regarding the long-term results of followup. Although a subanalysis including only RCTs with a minimum 10-year follow-up was conducted in our present study, the absence of significant statistical differences in pooled data demonstrated once more the lack of relevant literature. Third, the low event rates in most of included studies (only 150 events in 5321 hips, 2.8%) created a degree of imprecision. The persistently wide confidence intervals especially in the subanalysis including RCTs with a minimum 10-year follow-up indicated the possibility of Type II statistical errors. Fourth, the longevity of different bearing surfaces may also depend on the

methods of fixation, design, femoral head size, and other operative or implant-related factors. In present study, we could not conduct a subgroup analysis based on these factors owing to the scarcity in relevant literature. Other clinical outcome such as patient pain, function of hip joint, dislocation rate, patient satisfaction and employment rate had not been involved in our research.

The emphasis in present study was placed on the survivorship or revision rates of different bearing prostheses. However, many other factors such as implant-specific issues, cost of the implant, familiarity

with the design and instruments, and ease of use also influence the surgeon's choice of a particular total hip implant. There are several major concerns for the MoM bearing implants, including aseptic lymphocytic vasculitis associated lesion (ALVAL), pseudotumor, and elevated blood metal ion levels [60, 61]. There are also growing evidences from national joint registry data and multicentre randomized controlled trials that hip replacements with MoM bearing implants have significantly higher revision rates compared to other bearing prostheses, that in agreement with our result [58, 62]. Owing to these suspected harmful complications, high revision rates, recalls of two models made by DePuy Orthopedics, and FDA requirements for surveillance, the MoM bearing implants should be used with caution. The disadvantages of the CoC bearing implants include component-related noise and ceramic fracture risk. The incidence of component-related noise was reported between 0.3% and 21% in CoC THA prostheses, that was 14.7 times higher than CoP bearings [56, 63]. The occurrence of ceramic fracture is reported to occur in between 0.013% and 3.7% of patients who have undergone a COC THA [46, 64]. Recently another notable implant-specific complication reported as a potential clinical concern was trunnionosis at the head-neck taper junction in MoP and MoPxl THA prostheses [65].

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The present systematic review and network meta-analysis indicated the similar performance in survivorship among CoC, CoPc, CoPxl and MoPxl bearing implants, and that all likely have superiority compared with the MoM and MoPc bearing implants in THA procedures. In addition, surgeons should also consider about other factors such as implant-specific complications, cost of the implant, familiarity with the design and instruments to make the appropriate choice of different bearing implants for THA procedures. Future studies with high methodologic quality and long-term follow-up periods are needed for updated analyses to better evaluate the long-term survivorship among different THA bearing prostheses.

### Disclosure of conflict of interest

None.

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**Supplementary 1.** The complete search terms used in this study.

N = 467 (hip arthroplast\* OR hip replace\* OR hip prosth\*) AND (metal OR chromium\* OR cobalt\* OR ceramic\* OR alumina\* OR aluminum oxide\* OR polyethylene\* OR highly crosslinked\*) AND random\* NOT(animal\* NOT human\*).

**Supplementary 2.** The random effects model used in WinBUGS software for statistical analysis of network meta-analysis in this study.

```
# ns=number of studies
# r=number of events
# n=sample size
# t=treatment
# nt=number of treatments
# na=number of arms
# ref=reference treatment
model {
  for(i in 1:ns) {
    w[i,1]<- 0
    theta[i,t[i,1]]<- 0
  }
  ##binomial likelihood
  for (k in 1:na[i]) {r[i,t[i,k]] ~ dbin(p[i,t[i,k]],n[i,t[i,k]])}
  ##parameterization
  logit(p[i,t[i,1]])<- u[i]
  for (k in 2:na[i]) {
    logit(p[i,t[i,k]])<- u[i] + theta[i,t[i,k]]
    theta[i,t[i,k]] ~ dnorm(md[i,t[i,k]],prec[i,t[i,k]])
    md[i,t[i,k]]<- d[t[i,k]] - d[t[i,1]] + sw[i,k]
    w[i,k]<- theta[i,t[i,k]] - d[t[i,k]] + d[t[i,1]]
    sw[i,k]<- sum(w[i,1:k-1])/(k-1)
    prec[i,t[i,k]]<- prec *2*(k-1)/k }
  ##priors
  for (i in 1:ns) {u[i] ~ dnorm(0,.0001)}
  tau ~ dnorm(0,1)!(0,)
  prec<- 1/pow(tau,2)
  d[ref] <- 0
  for(k in 1:(ref-1)) {d[k] ~ dnorm(0,.0001)}
  for(k in (ref+1):nt) {d[k] ~ dnorm(0,.0001)}
  ##estimates
  for(i in 1:(nt-1)) {
    for (j in (i+1):nt) {
      OR[j,i]<- exp(d[j] - d[i])
      LOR[j,i]<- d[j] - d[i] }}
  ##ranking
  for(k in 1:nt) {
    order[k]<- rank(d[,k]) # this is when the outcome is negative
    # change to 'order[k]<- nt+1-rank(d[,k])' if the outcome is positive
    most.effective[k]<-equals(order[k],1)
    for(j in 1:nt) {
      effectiveness[k,j]<- equals(order[k],j)
      cumeffectiveness[k,j]<- sum(effectiveness[k,1:j]) }}
  for(k in 1:nt) { SUCRA[k]<- sum(cumeffectiveness[k,1:(nt-1)]) / (nt-1)}
  ##model fit
  for(i in 1:ns) {
    for (k in 1:na[i]) {
      Darm[i,k]<- -2*( r[i,t[i,k]] *log(n[i,t[i,k]]* p[i,t[i,k]]/ r[i,t[i,k]])+(n[i,t[i,k]] - r[i,t[i,k]]) *log((n[i,t[i,k]]-n[i,t[i,k]]*
p[i,t[i,k]])/(n[i,t[i,k]]- r[i,t[i,k]]))) }
      D[i]<- sum(Darm[i,1:na[i]]) }
    D.bar<- sum(D[])
  }
  # 1=MoPc, 2=MoPxl, 3=CoPc, 4=CoPxl, 5=CoC, 6=MoM
list(ns = 40 ,nt= 6, ref= 6,
```



