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## Zinc Oxide Nanoparticle Suspensions and Layer-By-Layer Coatings Inhibit Staphylococcal Growth

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### Abstract

Despite a decade of engineering and process improvements, bacterial infection remains the primary threat to implanted medical devices. Zinc oxide nanoparticles (ZnO-NPs) have demonstrated antimicrobial properties. Their microbial selectivity, stability, ease of production, and low cost make them attractive alternatives to silver NPs or antimicrobial peptides. Here we sought to (1) determine the relative efficacy of ZnO-NPs on planktonic growth of medically relevant pathogens; (2) establish the role of bacterial surface chemistry on ZnO-NP effectiveness; (3) evaluate NP shape as a factor in the dose-response; and (4) evaluate layer-by-layer (LBL) ZnO-NP surface coatings on biofilm growth. ZnO-NPs inhibited bacterial growth in a shape-dependent manner not previously seen or predicted. Pyramid shape particles were the most effective and contrary to previous work, larger particles were more effective than smaller particles. Differential susceptibility of pathogens may be related to their surface hydrophobicity. LBL coatings of ZnO-NP reduced staphylococcal biofilm burden by >95%.

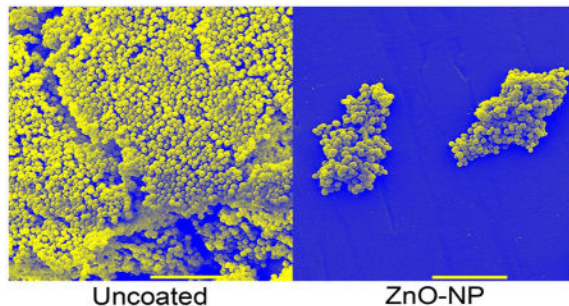
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## Graphical Abstract



Despite a decade of engineering and process improvements, bacterial colonization and infection remain the primary threats to implanted medical devices. Zinc oxide nanoparticles (ZnO-NPs) are attractive alternatives to silver NPs or antimicrobial peptides for device coatings to prevent infection. Here we address several questions regarding ZnO-NPs and their interactions with bacteria in effort to translate this material toward antibacterial medical device coatings. Using a Layer-by-layer technique we demonstrate that ZnO-NP coatings reduce staphylococcal biofilm burden by >95%.

### Keywords

Zinc oxide; nanoparticles; layer-by-layer; biofilm; staphylococcus

## BACKGROUND

The adhesion to and subsequent colonization of engineered materials by bacteria and bacterial biofilms pose significant challenges to many industries including, maritime shipping, naval engineering, waste water treatment, food safety, and healthcare. Biofilms are a particular threat to health where half of the 2 million annual healthcare-associated infections in the U.S. can be attributed to indwelling medical devices(1). Despite a decade of engineering advancements and clinical process improvements, infected devices remain the most common cause of healthcare-associated bloodstream infection(2). Treatment of implant infection requires surgical extraction of a potentially precious device and/or prolonged antibiotic therapy. Surgical replacement of a device brings significant risk for serious or even life-threatening complications. Extended courses of broad spectrum antibiotics bring other complications including toxicity (e.g., renal impairment) and opportunistic infections (e.g., *Clostridium difficile* colitis). Furthermore, extended antibiotic use drives the development of antibiotic resistance.

Data suggest that zinc oxide nanoparticles (ZnO-NPs) may have a role as anti-microbial agents(3–5) to prevent medical device infection(6, 7). Zinc oxide, in contrast to silver, is significantly less expensive. This is important since the use of rare materials in disposable medical devices can be cost prohibitive. In addition, the therapeutic window between efficacy and toxicity for silver is quite narrow. This has led to disappointing clinical effectiveness of silver-coated medical devices(8). ZnO-NPs on the other hand appear to have improved selectivity for bacteria over mammalian cells(9–11). In fact, ZnO is generally

recognized as safe by the Federal Drug Administration. In comparison to antimicrobial peptides, which have also been evaluated extensively for this purpose, ZnO-NPs are more stable, easier to prepare, and again significantly less expensive. This makes them a much more attractive alternative for device manufacturers who must consider the costs of regulatory approval and constraints of diminishing health care reimbursements. Indeed, a Cochrane review could not conclusively recommend widespread use of antibiotic impregnated catheters as the data seemed useful only in specific populations where the infection rate remains high despite the implementation of other less expensive interventions(12).

However, many questions regarding the use of ZnO-NPs for this application remain. Specifically, what is the breadth of their antimicrobial spectrum? Given that nanoparticles must 'touch' the bacterial surface to work(13), how do microbial surface chemistry and nanoparticle shape contribute to ZnO-NP antimicrobial function? Can ZnO-NPs still provide anti-bacterial function when immobilized to a surface where they would likely increase the roughness (and potentially bacterial adhesiveness) of surfaces formed from standard device fabrication methods?

In this study we begin to address these significant hurdles to moving ZnO-NPs forward as a new anti-infective coating for implanted medical devices alternative to silver and other low-molecular weight antimicrobials. Specifically, we ask: (1) in bacterial suspension (a standard method for establishing antibiotic effectiveness), what is the relative efficacy against *Staphylococcus aureus*, *Staphylococcus epidermidis*, *Escherichia coli*, and *Klebsiella pneumoniae*? These organisms were chosen as they are the two most common Gram-positive and Gram-negative organisms, respectively, recovered from blood cultures in our emergency department annually(14). (2) How do bacterial surface properties (hydrophobicity and acid-base chemistry) relate to ZnO-NP effectiveness? (3) As ZnO particles can be synthesized in various shapes, is there one shape that is most effective? As a corollary question, is there evidence that some other feature of the NP (e.g., shape, surface area) rather than simple mass concentration that may be the determining factor in the dose-response relationship? (4) When deposited on an *in vitro* model of a medical device surface, do ZnO-NPs convey protection to bacterial contamination and biofilm development?

## METHODS

### Bacterial strains, media, and growth conditions

The bacterial strains used in this study were *Escherichia coli* UTI89 and MG1655, *Klebsiella pneumoniae* LM21, methicillin-resistant *Staphylococcus aureus* SH1000, and *Staphylococcus epidermidis* RP62A. Glycerol stocks of all strains maintained at  $-80^{\circ}\text{C}$  were plated on tryptic soy agar, cultured overnight at  $37^{\circ}\text{C}$  and stored at  $4^{\circ}\text{C}$ . Single colony inoculates were grown in tryptic soy broth + 1% glucose w/v (TSBG) under shaking conditions for 16 hours at  $30^{\circ}\text{C}$  and diluted 1:50 for planktonic growth curves and Calgary biofilm experiments.

## ZnO-NP synthesis

ZnO-NPs were synthesized into three specific shapes, hexagonal pyramids, plates, and spheres (Figure 1). The various shapes were prepared using similar reactions without the use of surfactants or capping agents in order to minimize the effect of different surface chemistry and surface distribution of those molecules on the interaction with the bacterial cell surface. Specific reaction conditions are listed in Supplemental Table S1. Briefly, plates were synthesized by dissolving 5.5 g  $\text{Zn}(\text{Ac})_2 \cdot 2\text{H}_2\text{O}$  in 100 mL anhydrous methanol and heated to reflux for 1 hour. Then 1 g KOH dissolved in 10 mL deionized water was added to the solution and then refluxed for 14 hours. Sphere synthesis was similar but the KOH was dissolved in anhydrous methanol instead of deionized water. Pyramids were synthesized as we have previously described (15) by first mixing 0.2 g KOH with the 5.5 g  $\text{Zn}(\text{Ac})_2 \cdot 2\text{H}_2\text{O}$  before adding anhydrous methanol and refluxing for 48 hours. All NP precipitates were washed 3 times with anhydrous methanol and stored in the freeze-drier.

## Characterization of ZnO-NPs

ZnO-NP preparations were initially characterized by dynamic light scattering (DLS) using a Malvern Instruments Zetasizer Nano ZS to determine size distribution and zeta potential. However, the spherical NPs were quite small ( $<4\text{nm}$ ) which limited the accuracy of this method. Repeated DLS measurements of the spheres varied from  $40\text{nm}$ – $100\text{nm}$ . This overestimation compared to transmission electron microscopy (TEM) is likely a function of surrounding water shell and particle aggregation. Therefore, we abandoned further DLS measurements for the spheres. Detailed size measurements and selected area electron diffraction patterns of the ZnO-NPs were made using a JEOL 3011 Transmission Electron Microscope. TEM was not suitable for measuring the thickness of the plates. Attempts were made to use high resolution TEM with  $30^\circ$  of  $\alpha$ -tilt as described in (16), however our microscope was only able to generate  $20^\circ$  of tilt which has not sufficient to reliably determine the plate thickness. Therefore, the thickness of the ZnO plates was evaluated using a Bruker Dimension Icon atomic force microscope (AFM) with ScanAsyst Air cantilever and Nanoscope Analysis 1.5 software. TEM and AFM samples were prepared by dropping the aqueous solution onto carbon TEM grids and drying at room temperature. NP surface chemistry was evaluated by photoluminescence (PL) and Fourier transform infrared spectroscopy (FTIR). PL spectra were obtained on a Jobin Yvon Horiba Fluoromax-3 instrument. For FTIR, powder samples of NPs were analyzed on a JASCO FT/IR-4100 instrument with attenuated total reflection crystals.

## Bacterial ZnO-NP dose response growth curves

ZnO-NP suspensions were prepared by sonicating ZnO-NPs into TSBG for 30 minutes. The final ZnO-NP concentrations were serial dilutions of a stock ZnO colloidal suspension. The maximum concentration used in this study ( $667\mu\text{g}/\text{ml}$ ) was the highest concentration that remained a stable colloidal suspension over the duration of the experiment under the specific experimental conditions. Bacterial growth was assessed by optical density at  $600\text{nm}$  ( $\text{OD}_{600}$ ) hourly for 10 hours in the presence of ZnO-NPs. To summarize individual growth curves, a growth rate constant was calculated as the slope of the linear portion (i.e., exponential phase of growth) of the  $\log_2(\text{OD}_{600})$  vs time data determined by linear regression. To evaluate

growth inhibition versus bacterial killing in planktonic conditions, mid-log cultures of *S. aureus* were pelleted by centrifugation and resuspended in aqueous suspensions of ZnO-NPs. After 60 minute exposure the bacteria/ZnO-NP suspensions were serially diluted and plated on TSBG agar for colony enumeration.

### Microbial Adhesion to Solvents (MATS) Assay

The MATS assay has been previously described in the literature (17). Bacteria were grown overnight in TSBG media, pelleted, and resuspended in PBS to OD<sub>600</sub> of 0.6 for stationary phase. For mid-log phase the overnight culture was diluted 1:50 and grown for 4 hours prior to pelleting and resuspension at OD<sub>600</sub> of 0.6. Bacterial cell suspensions (1.2ml) were vortex mixed for 90 s with various solvents (0.2ml). The mixture was allowed to stand for 15 min to ensure complete separation of the two phases before a sample was carefully removed from the aqueous phase and the OD<sub>600</sub> measured. The percentage of bound cells was subsequently calculated by:

$$\text{Partition Fraction} = \left(1 - \frac{A}{A_o}\right) \times 100$$

where A<sub>o</sub> is the OD<sub>600</sub> of the bacterial suspension before mixing and A is the OD<sub>600</sub> after mixing.

To determine hydrophobicity the hydrophobic solvent hexadecane was used. The fraction of cells that partition to the hexadecane-aqueous interface is a measure of cell surface hydrophobicity. For the Lewis acid-base properties, a comparison between microbial cell migration to the solvent-aqueous interface for a monopolar (acidic or basic) solvent and an apolar solvent is made. Increased affinity for chloroform-aqueous interface over hexadecane-aqueous interface is a measure of cell surface electron donating properties (i.e., Lewis base). Increased affinity for diethyl ether-aqueous interface over a hexane-aqueous interface is a measure of cell surface electron accepting properties (i.e., Lewis base).

### Bacterial zeta potential measurements

Early log-phase cultures of each bacterial strain were pelleted by centrifugation, washed twice, and suspended in phosphate buffered saline. Zeta potential measurements were made using a Malvern Instruments Zetasizer Nano ZS.

### Layer-by-Layer (LBL) ZnO-NP surface coating

96-well plate lids fit with polystyrene pegs (Calgary Biofilm Device) were coated with ZnO-NPs. Pegs were prepared using the UVO Cleaner (Jelight). NP suspensions were prepared by dissolving the appropriate NP in deionized water to a concentration of 0.1% w/v. Polystyrene sulfonate (PSS) was dissolved in deionized water to a concentration of 5% w/v. Prepared pegs were placed into NP suspensions for 30 minutes, rinsed with deionized water and quickly blown dry with nitrogen. Pegs were then placed in PSS solution for 5 minutes, rinsed and dried again. They were returned to NP suspension, and the process was repeated 10 times with the final coating being NPs.

## Characterization of LBL ZnO-NP coatings

Adsorption of ZnO in each layer was confirmed by UV-vis spectroscopy using an 8453 UV-vis ChemStation Photospectrophotometer (Agilent Technologies). Completed LBL coatings were characterized by scanning electron microscopy (SEM) and AFM. For SEM, samples were fixed in glutaraldehyde, serially dehydrated in ethanol, air dried at room temp, sputter-coated with gold and visualized using AMRAY 1910 Field Emission Scanning Electron Microscope. For AFM, samples were imaged in tapping mode using the Asylum Research MFP-3D atomic force microscope. The NCH Pointprobe cantilevers by Nano World with a nominal spring constant and resonance frequency of 42 N/m and 320 kHz, respectively were used. Roughness analysis of the AFM images was performed using the Asylum Research software. Goniometry measurements were taken using high resolution photographs of the contact angle between water and the LBL coated surfaces.

**ZnO-NP Leaching from LBL surfaces**—To confirm stability of the LBL coatings, polystyrene pegs with ZnO-NP LBL coatings were incubated in either sterile water or PBS for a period of 7 days. ZnO leaching was quantified by absorbance at 350nm ( $A_{350}$ ) of the surrounding medium and compared to the ZnO-NP suspension used for the coating process (positive control) and uncoated polystyrene pegs (negative control).

## Conversion of mass concentration to surface area and particle number concentration

For each NP shape an idealized geometry was assumed based on Supplemental Figure S1 and the corresponding volumes and surface areas were calculated according to Supplemental Table S2. The particle number concentration was calculated as:

$$[Particle \#] = \frac{[Mass]}{V \rho}$$

where  $V$  is the particle volume and  $\rho$  is the density of ZnO ( $5.6 \text{ g/cm}^3$ ). The surface area concentration was calculated as:

$$[Surface Area] = [Particle \#] S_A$$

where  $S_A$  is the particle surface area.

## Bacterial surface colonization assay

Bacterial surface colonization was evaluated using the Calgary Biofilm Device as we have previously described (18–20). LBL ZnO-NP coated pegs were submerged in inoculated media for 16 hours at  $37^\circ\text{C}$ . The pegs were removed, washed twice, and then sonicated for 10 minutes to liberate adherent bacteria. Quantitative culture was then performed to determine the colony forming units (CFUs) present on each peg. The limit of detection for this assay was 100 CFUs per square centimeter of peg. Pegs were also prepared for SEM as we have previously described (18).



## Statistics

All data is presented as mean plus or minus standard error of the mean unless otherwise noted. For the MATS assay, experiments were performed in triplicate. Two-way ANOVA was performed with bacterial strain and growth phase as factors. For the Calgary biofilm experiments, one-way repeated measures ANOVA was performed for each bacterial strain to evaluate the effect of particle shape on bacteria recovered from the biofilms. In all cases, post-hoc pairwise testing was performed using the Tukey procedure with significance set at  $p < 0.05$ .

For the planktonic growth curve experiments, we performed linear mixed effects regression with log transformed optical density as the dependent variable, time as a fixed effect, and date of experiment as a random effect to calculate the growth rate constant. For comparison of dose response curves we again performed linear mixed effects regression with growth rate constant as the dependent variable, time and shape as fixed effects, and date of experiment as a random effect. Reported p-values represent the significance of shape as a predictor of the dose response.

## RESULTS

In this study, we considered three ZnO-NP geometries: plates, spheres, and pyramids. The edges of the hexagonal base of pyramids were  $\sim 20$  nm, while their side edges were  $\sim 25$  nm (Figure 1A). The diameter of spheres was  $\sim 4.4$  nm (Figure 1B). The diameter and thickness of plates were  $\sim 20$  nm and  $\sim 3.5$  nm, respectively (Figure 1C & Supplemental Figure S2). Despite the obvious differences in the shape of the NPs, the crystals structures were nearly identical and all diffraction rings could be matched to the hexagonal phase of bulk ZnO (JCPDS 36-1451)(21) (Figure 1D–F). In addition, there were no marked chemical differences seen in PL and FTIR spectra for the three NP shapes (Figure 2).

Planktonic growth curves were generated for each bacterial strain in the presence of escalating mass concentrations of each ZnO-NP shape (Figure 3). The Gram-positive organisms (i.e., *S. aureus* and *S. epidermidis*) showed a dose-dependent reduction in growth for all three NP shapes. The Gram-negative organisms (i.e., *E. coli* and *K. pneumoniae*) were not affected by the presence of ZnO-NPs up to  $667 \mu\text{g/ml}$ . Enumeration of CFUs after 60 minute exposure to ZnO-NP suspensions demonstrated  $1\text{--}2 \log_{10}$  reduction in CFU/ml from control for all three shapes at  $667 \mu\text{g/ml}$  (Supplemental Figure S3). For pyramids and plates there was a saturation effect at  $500 \mu\text{g/ml}$ , where no additional killing was observed at the higher dose.

To examine the role of bacterial surface chemistry on ZnO-NP antibacterial function, we used the well-established microbial adhesion to solvents assay (MATS) to determine the surface hydrophobicity (Figure 4) and Lewis acid-base properties (Supplemental Figure S4) of the four test organisms. The two Gram-positive species tested were found to be highly hydrophobic, with near complete migration ( $99\% \pm 1\%$  for *S. epidermidis* and  $98\% \pm 2\%$  for *S. aureus*) to the aqueous-hexadecane interface. The opposite was observed with *E. coli* and *K. pneumoniae*, for which no more than 10% ( $6.6\% \pm 7\%$  and 0% respectively) of suspended organisms were found at the solvent interface after extensive mixing. There were

no significant differences in hydrophobicity measured during mid-log versus stationary phase of growth.

The Gram-positive organisms had extreme hydrophobicity and therefore minimal Lewis acid-base interactions (Supplemental Figure S4A). *E. coli* and *K. pneumonia* had similar partitioning to the chloroform-aqueous interface during mid-log growth indicating a modest electron donating capacity on their surface ( $29\% \pm 2\%$  and  $24\% \pm 7\%$  respectively). During stationary phase, *E. coli* had increased migration to the chloroform-aqueous interface ( $71\% \pm 7\%$ ) while *K. pneumonia* had a slight but insignificant decrease ( $20\% \pm 2\%$ ) when compared to mid-log phase (Supplemental Figure S4B). *E. coli* and *K. pneumonia* also had similar migration to the diethyl ether-aqueous interface at midlog ( $33\% \pm 9\%$  and  $30\% \pm 2\%$  respectively) and stationary phase ( $28\% \pm 1\%$  and  $28\% \pm 7\%$  respectively) indicating modest electron accepting capacity Supplemental (Figure S4C).

To summarize the growth curve data in Figure 3 and make direct comparisons of the three NP shapes we calculated a growth rate constant for each dose of each NP shape. To determine if some other feature of the NP (e.g., shape, surface area) may be the determining factor in the dose-response we converted the mass concentrations used for the planktonic growth curves to surface area and molar concentrations based on the TEM measurements (Figure 1) and known density of ZnO. While the same mass of pyramid, plate, and sphere NPs was used in each experiment, those masses converted to large differences in available surface area and total particle number (Table 1). As a quantitative measure of the antibacterial effect of a certain dose and specific shape, we plotted the growth rate constant against the mass, surface area, and particle concentrations for each of the three NP shapes (Figure 5). The effectiveness of a given dose was determined by the reduction in growth rate constant. For mass concentration, the dose response for spheres and pyramids were essentially equal ( $p=0.96$ ) while plates had a somewhat attenuated effectiveness ( $p<0.05$ , Figure 5A). However, for surface area and particle number concentration, pyramids had the greatest dose response followed by plates and then spheres ( $p<10^{-3}$ , Figure 5 B&C).

The application of ZnO-NPs to surfaces using the LBL technique was confirmed by UV-vis spectroscopy (example data shown in Supplemental Figure S5). The increase in absorption at 350nm per layer varied between 0.04–0.05 for plates and spheres and 0.02–0.03 for spheres. This difference is thought to be related the fact that the smaller spheres create thinner ZnO layers and therefore less absorption. Final LBL surface coatings of ZnO-NPs were characterized by SEM, AFM, and goniometry. All ZnO-NP shapes increased roughness over the starting substrate (Supplemental Figure S6, S7, and Table S3). Contact angles varied from  $18^\circ$  for plates to  $56^\circ$  for pyramids (Table S3). These coatings remained stable with no measureable leaching of ZnO into PBS or water over 7 days (Figure 6).

Despite the increased surface roughness, we demonstrated a dramatic reduction in bacterial burden on polystyrene coated with ZnO-NPs. The coated surfaces had  $>95\%$  ( $p<10^{-3}$ ) reduction in the number *S. aureus* and *S. epidermidis* but not *E. coli* cells recovered when compared to bare surfaces (Figure 7). There were no significant NP shape effects on biofilm inhibition of *S. aureus*. On the other hand, spheres had a significantly greater inhibitory effect over plates for *S. epidermidis* (99.5% vs 98.5%,  $p\sim 0.005$ ).



To better understand how the bacteria are interacting with the surfaces, we performed SEM on surfaces after biofilm culture (Figure 8). These images demonstrate bacterial adhesion and biofilm development on bare surfaces (Figure 8A–C) particularly for *S. epidermidis* (Figure 8C). However, despite an almost 3 log reduction in the number of viable cells recovered from the ZnO-NP coated surfaces (Figure 7) there continues to be intact cells visualized on SEM (Figure 8D–L). In particular, there was a 99.5% reduction in *S. epidermidis* recovered from the ZnO sphere coated surface but persistence of biofilm appearance on SEM (Figure 9F).

## DISCUSSION

ZnO-NPs are a potential new antimicrobial technology with many features which make them an attractive alternative to silver or antimicrobial peptides for preventing medical device infection. In this study, we synthesized ZnO-NPs into three distinct shapes without the use of traditional surfactants or capping agents. This feature of our synthesis process is significant in light of the potential for these additional molecules to confound the results of experiments. As such, we were able to synthesize ZnO-NPs with high crystallinity and nearly identical surface chemistry, differing only in shape and size.

The current literature suggests that ZnO-NPs have a broad antimicrobial spectrum of action which include Gram-positive, Gram-negative, and spore forming organisms(3–5). Therefore, we hypothesized that all four test organisms would be susceptible to the ZnO-NPs. Our ZnO-NP suspensions selectively inhibit the growth of Gram-positive organisms including methicillin resistant *S. aureus* (MRSA). While others have also shown a dose-dependent selectivity of ZnO-NPs for Gram-positive organisms(9), there are multiple studies demonstrating growth inhibition of Gram-negative organisms including *E. coli*(22–24). We attribute this discrepancy to three possible phenomena. The first is the use of surfactants and capping agents for NP synthesis which likely change the surface energies of both bacteria and NPs and therefore modulate the free energy of interaction. Indeed, the ZnO-NP synthesis media used by Brayner et al. led to membrane disruption in the absence of nanoparticles(25). Second, in many cases, previously tested strains of *E. coli* are laboratory strains or expression vectors that lack the clinically ubiquitous capsule or surface proteins which may provide protection against the ZnO-NPs(3, 26). Finally, the molar dose of ZnO-NPs used in previous studies(4, 5, 11, 27) was much larger (1–6mM) than that used here (23nM–6µM). Gram-negative organisms may require a higher particle number for bacterial inhibition. Reddy et al, showed that *E. coli* required >3.4mM ZnO-NPs for complete inhibition whereas *S. aureus* only required 1mM(11). However, these higher concentrations may be toxic to mammalian cells. For instance, human T-cells begin to show toxicity to ZnO-NPs at concentrations around 5mM(10). The effective concentrations used here were at least 1000-fold lower.

The current consensus is that ZnO-NPs work through contact with the bacterial surface which leads to either cell membrane disruption or generation of reactive oxygen species(13). Assuming this mechanism to be true, the surface chemistry of a bacterium will likely influence the potential for interaction between the NP and the bacterium. To that end, we examined how bacterial surface chemistry may contribute to ZnO-NP susceptibility. The

striking contrast in surface hydrophobicity between Gram-positive and Gram-negative organisms parallels their susceptibility to ZnO-NPs. Furthermore, it provides evidence for a mechanism by which surfactants or capping molecules alter surface interactions and thereby antibacterial function of ZnO-NPs. Of note, we did observe the presence of both electron donating and accepting properties in the Gram-negative organisms. This is likely a result of the heterogeneous composition of the cell surface and the presence of zwitterions. Therefore, the acid-base surface chemistry of a cell is a function of the pH of the surrounding media. All experiments in this case were performed with normal PBS at pH 7.4. These results are complementary to work by Arakha et al., who demonstrated that ZnO-NP antimicrobial efficacy depended on interfacial interaction between the nanoparticle and the bacterium(28). Specifically, ZnO-NPs with positive zeta potentials had antimicrobial effects while negatively charged NPs did not. The positively charge NPs are able to interact with the negatively charged bacteria. The zeta potentials for the NPs in this study were positive in all cases (Supplementary Table S1). Zeta potentials for most bacteria, including those studied here, at physiologic pH are negative (Supplementary Table S4). This ensures a high likelihood of interaction between bacteria and NP for all strains tested. However, given the relative high salt concentration of culture media and the resulting short Debye lengths, the subtle differences in zeta potential between different bacterial strains are unlikely to have the profound differential observed between Gram-positive and Gram-negative bacteria.

It has previously been shown that decreasing particle size (and increasing affective surface area) leads to increase antimicrobial efficacy(4) while differences in particle shape may alter function to a much lesser degree(27, 29). However, it is difficult to sort out the relative contributions of size and shape. This is further confounded by the use of different capping agents to modify particle shape. Stankovic et al. showed that the antibacterial activity of ZnO-NPs depends on their synthesis method and the resulting morphology and surface area(27). However, they also used a variety of stabilizing agents which may have contributed to the observed differences. Our ability to synthesize three different NP shapes with similar crystalline structure and surface chemistry allowed us to better isolate the role of shape in the antibacterial properties of ZnO-NPs.

In general, when shape and size have been considered, the smallest NP, regardless of shape, appears to be the most effective(27, 30). Therefore, we hypothesized that the ZnO-NP spheres which are small and have high surface area to weight ratio would be the most effective. However in this study, ZnO pyramids at the same mass concentration as other shaped particles had greater or equal effectiveness with less surface area and less particle number. Our data suggest that shape may play a more important role than previously considered. In light of the previous discussion regarding the modulating effects of stabilizing molecules, previous work comparing different shapes may have been confounded by the synthesis technique. Since the NPs synthesized here were devoid of surfactant or stabilizing molecules (with the exception of KOH which was used in all three preparations) a more direct comparison of shape was possible. Indeed, the most effective NP shape on a molar concentration basis was not the smallest (spheres), rather the largest (pyramids). This work highlights the difficulty in teasing out the independent contribution of size and shape on ZnO-NP antibacterial efficacy and the need to carefully consider the appropriate units of dose in studies of nanoparticles as medical therapeutics.

Given the capacity of ZnO-NPs to inhibit planktonic bacterial growth we sought to translate this technology to surfaced based biofilm inhibition. We employed a LBL technique to immobilize the ZnO-NPs to a polymer substrate. This is the first use of LBL ZnO-NPs as an antibacterial coating. To our knowledge only one other group has immobilized ZnO-NPs to a surface with intent to prevent biofilm formation(6, 7). Their technique was limited to a glass substrate and required high energy ultrasound and cavitation. Our technique is simple, inexpensive, and can be applied to many different polymer surfaces used for medical devices. The coating was shown to be stable with no leaching of ZnO to the surrounding solution over one week. While we specifically did not evaluate for dissolution to Zn ions, it has been previously determined that high concentrations of Zn ions are not bacteriocidal(26). Therefore, dissolved Zn ions in the surrounding solution would not likely be contributing to the antimicrobial effects.

A particular concern for this application is that NP coatings will likely increase surface roughness and therefore bacterial adhesion(31). Indeed, all our ZnO-NP coated surfaces were significantly rougher than the bare substrate. However, we had dramatic reductions (>95%) in the numbers of viable bacteria recovered from ZnO-NP coatings. This is comparable to the antibacterial performance of chlorhexidine-silver sulfadiazine coated catheters currently used clinically(32). SEM was used to better visualize the interactions of cells with the surfaces. However, it should be noted that SEM is limited in that it cannot differentiate living from dying cells. Given this limitation, we see cells of unclear viability adhering to the surfaces coated with ZnO-NPs. However, based on the quantitative culture, the cells dispersed from the ZnO-NP coated surfaces are no longer viable (i.e., able to form a colony). That is, the ZnO coated surfaces may promote adhesion but lead to contact killing. Since the ZnO-NPs are not leaching from the surface and Zn ions are not especially toxic, the growth inhibition would have to occur only at the surface. To be sure, SEM images before and after dispersion for quantitative culture demonstrated that the majority of cells were indeed removed from all surfaces and that our quantitative culture results are not biased by the ability to disperse the cells from the surface. Of note, it is possible for the cells to have a viable but uncultureable phenotype which could not be differentiated by this analysis.

In conclusion, ZnO-NPs reduce planktonic growth of Gram-positive but not Gram-negative bacteria in a dose-dependent manner. This differential effect may be related to bacterial surface hydrophobicity. Shape modulates the dose response for ZnO-NPs when particle number or surface area are used as dosing units. LBL coating of polystyrene with ZnO-NP reduces staphylococcal biofilm burden despite increased in surface roughness and likely bacterial adhesion. This work furthers ZnO-NPs as alternative medical device coating materials.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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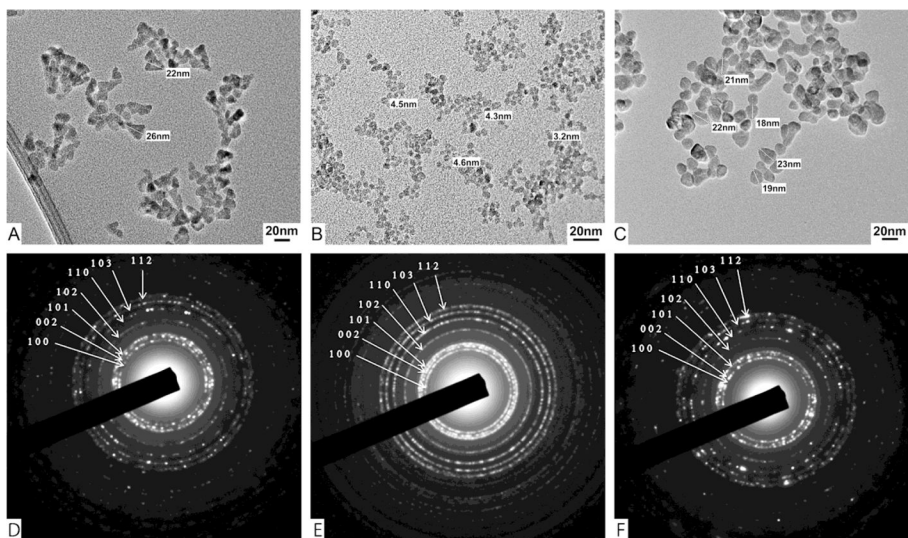
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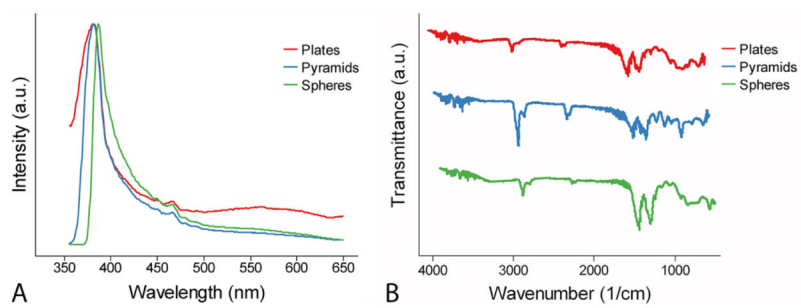
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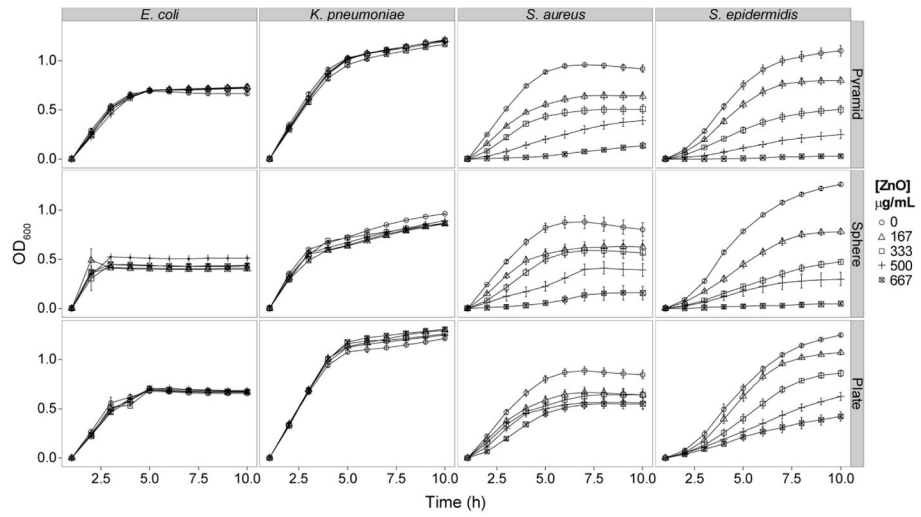


**Figure 1.** Representative (A–C) TEM images and (D–F) selected area electron diffraction patterns of ZnO (A & D) pyramids, (B & E) spheres, and (C & F) plates.





**Figure 2.**  
(A) Normalized PL and (B) FTIR spectra for ZnO-NPs.



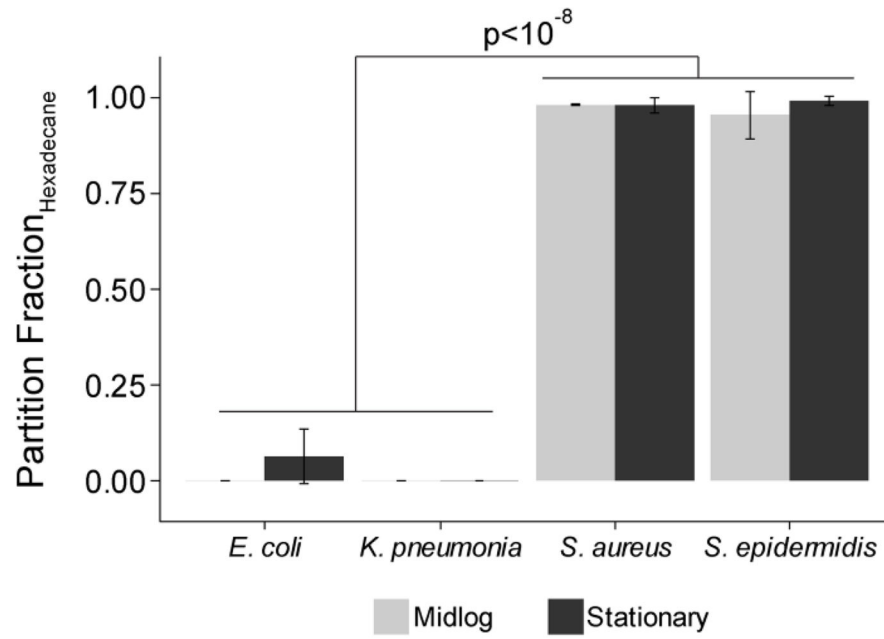
**Figure 3.** Growth curves for *E. coli*, *K. pneumoniae*, *S. aureus*, and *S. epidermidis* in the presence of increasing concentration of ZnO-NPs synthesized as pyramids, spheres, and plates.

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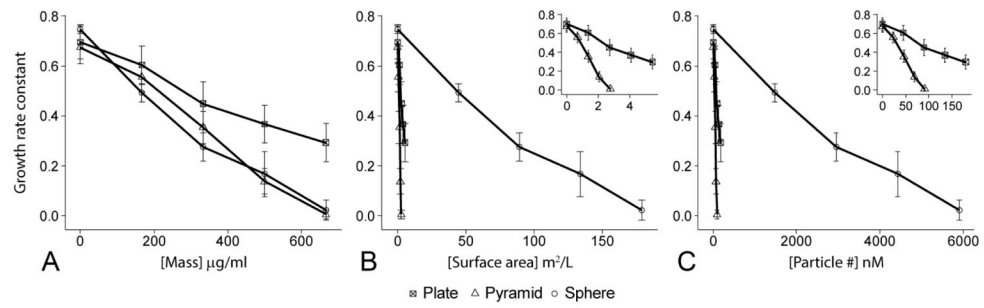
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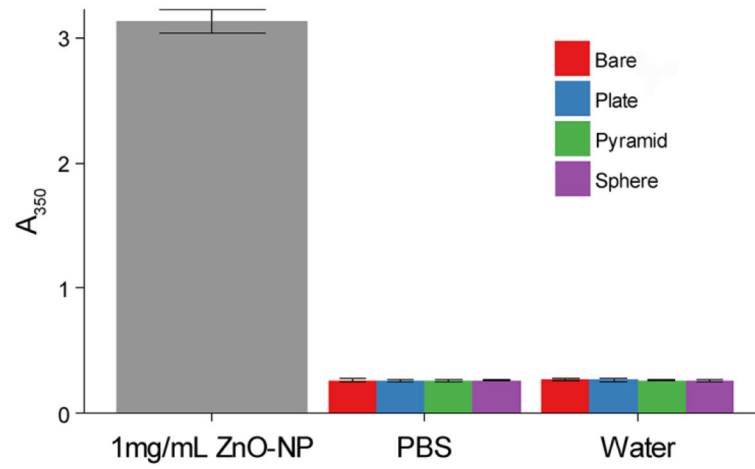


**Figure 4.** Fraction of cells that partition to the aqueous-hexadecane interface at mid-log versus stationary phase for each organism.

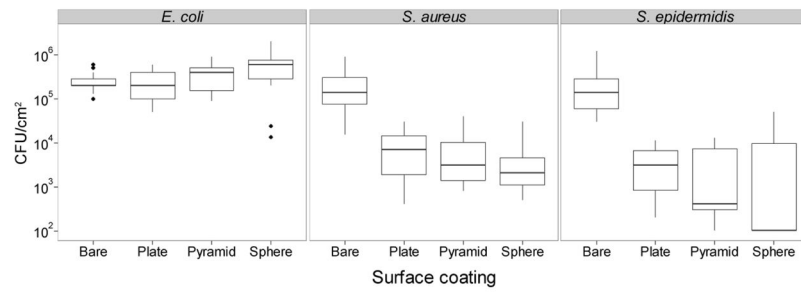


**Figure 5.**

Comparison of the dose response on the growth rate of *S. epidermidis* by ZnO pyramids, spheres, and plates for units of (A) mass concentration, (B) surface area, and (C) particle number concentration. Data represent mean  $\pm$  standard error. Insets in B&C are expanded view of the data at the lower end of the x-axis to delineate differences in the plates and pyramids.

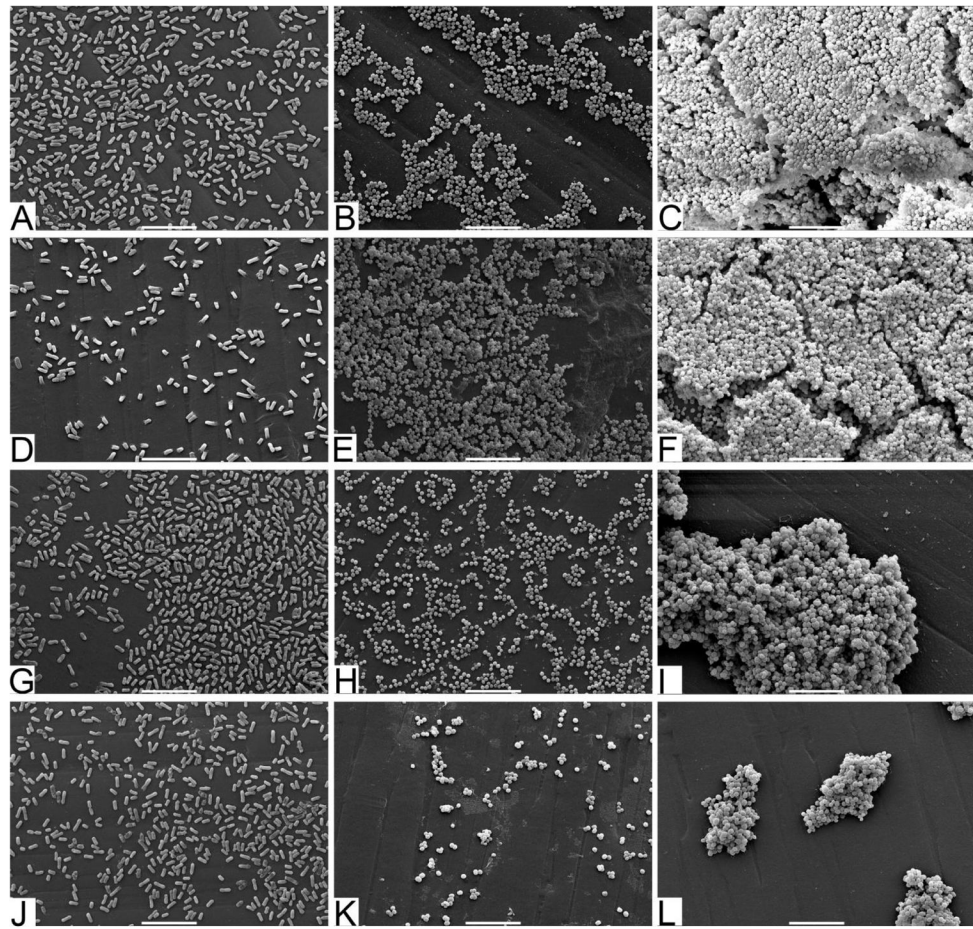


**Figure 6.**  
ZnO leaching measured by absorbance at 350nm.



**Figure 7.** Box-plots of colony forming units (CFU) per square centimeter of *E. coli*, *S. aureus*, and *S. epidermidis* recovered from bare pegs or pegs coated in ZnO plates, pyramids, or spheres. Limits of detection for this assay were 100 CFU/cm<sup>2</sup>





**Figure 8.** SEM micrographs of (A–C) bare polystyrene pegs, pegs coated in ZnO (D–F) spheres, (G–I) plates, and (J–L) pyramids cultured with (A, D, G, & J) *E. coli*, (B, E, H, & K) *S. aureus*, and (C, F, I, & L) *S. epidermidis*. Scale bars at the bottom of each image are equal to 10 $\mu$ m.

**Table 1**

Zno-NP concentrations for different dosing units

mass µg/mL	[surface area] m <sup>2</sup> /L			[particle #] nM		
	* sp	pl <sup>†</sup>	py <sup>‡</sup>	sp	pl	py
167	44.7	1.36	0.69	1478	45	23
333	89.2	2.72	1.38	2948	90	46
500	134	4.08	2.07	4426	135	69
667	179	5.45	2.77	5904	180	91

\* spheres,

<sup>†</sup> plates,

<sup>‡</sup> pyramids