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RNA Epigenetics – Chemical Messages for Posttranscriptional Gene Regulation

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Abstract

Chemical modifications in cellular RNA are diverse and abundant. Commonly found in ribosomal RNA (rRNA), transfer RNA (tRNA), long-noncoding RNA (lncRNA), and small nuclear (snRNA), these components play various structural and functional roles. Until recently, the roles of chemical modifications within messenger RNA (mRNA) have been understudied. Recent maps of several mRNA modifications have suggested regulatory functions for these marks. This review summarizes recent advances in identifying and understanding biological roles of posttranscriptional mRNA modification, or '*RNA epigenetics*', with an emphasis on the most common internal modification of eukaryotic mRNA, N⁶-methyladenosine (m⁶A). We also discuss YTH proteins as direct mediators of m⁶A function and the emerging role of this mark in a new layer of gene expression regulation.

Graphical abstract



Messenger RNA Modifications

Posttranscriptional modifications in RNA were discovered nearly 60 years ago with the identification of pseudouridine (ψ) as an abundant component of tRNA. Since this time over 100 additional modifications of RNA have been documented, including internal modifications within coding transcripts [1,2].

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N⁶-methyladenosine (m⁶A)

The most abundant internal modification in eukaryotic mRNA is methylation at the N⁶ position of adenosine, which is present between ~3 times per mRNA on average in mammalian cells [3]. This modification is installed by a multicomponent methyltransferase complex [4–6] and can be reversed by functionally significant demethylases [7,8]. Two independent efforts in 2012 mapped the location of m⁶A in mRNA using antibody-based affinity capture coupled to high throughput sequencing [9,10]. These experiments revealed a previously unknown enrichment for m⁶A within coding regions and the 3' untranslated region, peaking sharply near the stop codon. This distribution, together with noted conservation of the RRACH (R=A,G; H=A,C,U) sequence motif [11,12] between mouse and human methylomes is suggestive of a mark with fundamental importance in RNA biology. Additionally, studies have identified a unique methylation pattern in *Arabidopsis thaliana* [13] and rice [14], revealing additional enrichment near the start codon and the requirement for m⁶A in plant development [15]. m⁶A is also an abundant component of viral RNA [16] and occurs in bacterial mRNA [17].

Identifying the precise location of m⁶A within a transcript remains a challenge. Current methods rely on chemical fragmentation of mRNA to increase resolution, but fail to provide single base information. Site-specific cleavage and radioactive-labeling followed by ligation-assisted extraction and thin-layer chromatography (SCARLET) can deliver base-resolution information on location and modification fraction of m⁶A, but is not applicable to high-throughput analysis [18]. Recent antibody-based crosslinking strategies have increased the resolution of m⁶A methylomes, and utilized unique mutation signatures to map sites at the individual-nucleotide level [19,20]. Such high-resolution data will enable researchers to observe perturbations of individual m⁶A loci in a variety of biological contexts.

m⁶A Methyltransferases – 'Writers'

m⁶A is installed posttranscriptionally by a methyltransferase complex consisting of METTL3 and METTL14, as well as the regulatory subunit WTAP (Wilms' tumor 1associating protein) and in mammalian cells [4-6]. Both METTL3 and METTL14 are capable of transferring a methyl group from cofactor S-adenosyl methionine (SAM) to GGACU and GGAUU sequences within single stranded and stem-loop RNA in vitro, with METTL14 showing the greatest individual activity well short of that observed for the complex. Perturbation of individual subunits each leads to significant decreases in the m⁶A abundance in mRNA. Knockdown of METTL3 or METTL14 in mouse embryonic stem cells (mESCs) results in decreased capacity for self-renewal [21]. Knockout models of *mettl3* in mESCs have revealed the requirement for m⁶A methylation in early differentiation processes [22,23]. Each study highlights a failure of mESCs to downregulate pluripotency markers and upregulate transcripts required for differentiation, potentially due to the absence of the m⁶A-dependent mRNA decay (discussed below). Geula et al. also show this phenotype in *mettl14* mESCs, indicating this process requires methylation activity of the multiprotein complex [23]. Despite an essential role of $m^{6}A$ in mammalian development and viability, we currently do not know how the $m^{6}A$ methyltransferase complex is regulated. Recent work has identified the protein interaction network of METTL3 and two distinct

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subsets of m⁶A modification as WTAP-dependent or WTAP-independent, adding an additional element of complexity to the m⁶A epitranscriptome [24]. However, consensus methylation motifs are common to nearly every mRNA transcript, yet only a very small fraction contains methylation. Selectivity of the methyltransferase complex, perhaps driven by guide RNAs or chromatin marks, as well as regulation of its catalytic activity, is an active area of research.

m⁶A Demethylases – 'Erasers'

The discovery of $m^{6}A$ demethylating enzymes showed that mRNA methylation is a reversible process in vivo, further indicating a role in gene regulation [25]. Two members of the Fe(II)- and 2-oxoglutarate-dependent oxygenase superfamily, FTO and ALKBH5, exhibit catalytic activity in vitro and in vivo. FTO (fat mass and obesity-associated protein) oxidizes m⁶A to A through N⁶-hydroxymethyladenosine (hm⁶A) and N⁶-formyladenosine $(f^{6}A)$ intermediates and is sensitive to secondary structure [7,26]. A recent study showed that FTO regulates adipogenesis by affecting splicing patterns of preadipocyte differentiation markers, suggesting a mechanism by which $m^{6}A$ influences metabolism [27]. ALKBH5 (alkylation repair homologue protein 5) also shows highest activity towards ssRNA *in vitro*, and notable sequence preference for $m^{6}A$ consensus methylation motifs. Knockdown of ALKBH5 affects mRNA processing and export in HeLa cells, though the mechanism of this function remains unclear. Mice deficient in *alkbh5* show increased levels of m⁶A in isolated organs and display defective spermatogenesis. Furthermore, transcriptome analysis of mRNA from knockout mice testis shows differential expression of over 1,500 genes, 127 of which are spermatogenesis-related [8]. As with m⁶A methyltransferases, mechanisms of regulation and selectivity for these demethylases are unknown.

m⁶A Effector Proteins – 'Readers'

RNA modifications influence protein binding behavior, generating specificity for 'reader' proteins and deterring potential 'anti-reader' proteins. m⁶A 'reader' proteins of the YTH family were identified by affinity chromatography using methylated RNA as bait [9]. Mammals encode five YTH proteins: YTH Domain Family (YTHDF) proteins 1, 2 and 3, and YTH Domain Containing (YTHDC) proteins 1 and 2. [28]. To date, four of these proteins have been shown to exhibit m⁶A selectivity *in vitro* and *in vivo* [29,30] A crystal structure of the YTH domain of YTHDF2 as well as that of YTHDC1 bound to methylated RNA have been solved, revealing a conserved hydrophobic binding pocket specific for m⁶A [30–32]. These m⁶A 'reader' proteins of the YTH family provide a direct mechanistic link between mRNA methylation and transcript fate.

Recently, two m⁶A binding proteins have been functionally characterized: YTHDF1 and YTHDF2 [29, 33]. While all methyltransferase and demethylase components are nuclear, these two proteins reside strictly within the cytoplasm. As expected of m⁶A 'readers', high-resolution mapping of transcript binding sites reveals a preference for GGACU sequence motifs in mRNA with high overlap with sites of m⁶A methylation. YTHDF1 enhances translation efficiency of methylated mRNAs by interacting with initiation factors, enhancing

ribosome loading of its targets, and promoting translation initiation. YTHDF2 promotes mRNA decay of methylated transcripts by localizing targets to cytoplasmic processing bodies, reducing the half-life of the protein-coding message. Together, these effector proteins are capable of facilitating robust gene expression within a confined time frame and regulate a dynamic set of genes involved in many levels of genetic regulation.

YTHDF3 and YTHDC1 are also known to bind with specificity for the m⁶A modification in mRNA. YTHDF3 is similar in sequence to YTHDF1 and YTHDF2 and also localized to the cytoplasm but may play unique roles in tissue-specific processes that have yet to be thoroughly explored. Unlike the YTHDF proteins, YTHDC1 is strictly nuclear, and has previously been reported to influence splice-site selection of several mRNAs [28]. YTHDC2 contains a highly conserved YTH domain, but binding specificity and molecular function of this potential 'reader' have yet to be elucidated.

Additional Functions of m⁶A

RNA methylation has been associated with a broad set of biological functions, few of which are currently understood in mechanistic detail. Methylation at the N⁶ position of adenosine destabilizes RNA duplexes by 0.5–1.7 kcal/mol, and conversely favors single-stranded conformation when located in unpaired positions due to increased base stacking interactions [34]. RNA secondary structure mapping shows increased icSHAPE reactivity at m⁶A sites consistent with reduced secondary structure, and may be used to predict sites of methylation [35]. To this end, m⁶A may regulate biological processes dependent on RNA structure, bypassing the need for a direct 'reader' mechanism. This is indeed apparent for hnRNPC, which binds to U-rich sites adjacent to 'm⁶A structural switches' and regulates pre-mRNA splicing [36]. In addition to roles in splicing, translation, and stability, m⁶A controls circadian rhythms via methylation-dependent RNA-processing [37], as well as the processing [38] and abundance [39] of miRNAs. m⁶A methylation is conversely regulated by miRNAs via seed regions enriched within consensus m⁶A sequences [40]. Understanding how RNA methylation controls these processes is still a major challenge for the field.

Pseudouridine (ψ)

Globally, the most abundant RNA modification is pseudouridine (ψ) generated from isomerization of uridine. Extensively explored in rRNA and tRNA, the function of ψ as a regulatory element in mRNA is unknown. Pseudouridine can be mapped by reacting with cyclohexyl-*N*'-(2-morpholinoethyl) carbodiimide metho-p-toluenesulphonate (CMC) to generate reverse-transcription stop sites one base from selectively labeled ψ [41] The presence of ψ in yeast mRNA was reported in roughly 300 unique sites [42,43], while Carlile et al. additionally revealed 96 ψ sites in 89 unique human mRNAs [36]. A chemical biology approach was developed to more effectively label and enrich ψ in mammalian mRNA with over 2,000 new sites discovered in 1,929 transcripts [44]. Members of the pseudouridine synthase family enzymes were shown to mediate U to ψ conversions in mRNA, enabling future studies of these proteins as potential ψ 'writers'. ψ may play pivotal roles by offering additional hydrogen bonding thus altering secondary structure and by mediating nonsense-to-sense codon conversion (recoding) [45]. The role for ψ to increase

protein production when synthetically introduced into mRNA also offers a potential mechanism by which this posttranscriptional modification could function within cells [46].

5-methylcytosine (m⁵C)

A widespread epigenetic marker in DNA, m⁵C is less studied in RNA. In addition to structural and functional roles in rRNA and tRNA, its presence has been previously reported in mammalian mRNA. Despite low abundance, m⁵C was identified in over ten thousand sites in HeLa RNA using RNA bisulfite conversion coupled to high throughput sequencing [47]. Though statistically underrepresented in mRNA, the distribution of m⁵C is biased towards untranslated regions and relatively depleted within the coding sequence. Interestingly, sites in the 3' untranslated region correlate with sites of Argonaute I-IV, suggesting potential for m⁵C-guided miRNA targeting. The tRNA m⁵C methyltransferase NSun2 is responsible for a subset of these sites, regulating roughly 10% of the m⁵C methyltransferase binding sites by 5-acacytosine-mediated RNA immunoprecipitation (Aza-IP) exploits a covalent bond between protein and RNA, revealing additional targets for NSUN2 in low copy RNAs at single nucleotide resolution [49]. Base resolution, quantitative mapping of m⁵C in RNA makes it amenable to study in several biological contexts.

Concluding Remarks

RNA modifications are emerging as critical components of the gene regulatory landscape. The most common modification of mRNA is analogous to modifications in DNA and protein in that it is reversible and dynamic. Though methyltransferase and demethylase components have been identified, a thorough understanding of their function is lacking. There likely exist modes of selectivity and activity regulation for each of these enzymes that have yet to be elucidated, and will shed light on when and how m⁶A is installed, removed, and utilized within the cell. There may be additional factors that have not been identified in this system. Technological advances in identifying methylation are needed as well. Particularly a quantitative, base resolution method will enable researchers to dissect mechanistic roles of m⁶A, ideally capable of detecting methylation with limited input. Functionally, direct or indirect 'reader' proteins offer an opportunity to study the effects of m⁶A methylation in biological systems, and full characterization of such proteins in development and disease will be continuing challenges. ψ and m⁵C may serve diverse regulatory roles in mRNA as well, and transcriptome-wide maps of these modifications suggest this is the case. Chemical methods for their identification will be invaluable in studying the biology of these modifications, as will further identification of potential 'reading' mechanisms. Together, modifications in mRNA deposit a unique chemical message on each transcript. Deciphering the meaning of these messages offers insight into new modes of posttranscriptional gene regulation.

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Highlights

- 1. N⁶-methyladenosine is an abundant and reversible chemical modification in mRNA.
- 2. YTH proteins mediate functions of N⁶-methyladenosine in regulating gene expression.
- 3. 5-methylcytosine and pseudouridine are abundant components of mRNA.
- **4.** A diverse set of chemical modifications in mRNA combine to uniquely mark transcripts.

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Figure 1. Reversible m⁶A Methylation of mRNA

m⁶A is installed by a methyltransferase complex containing catalytic subunits METTL3/ METTL14 and the regulatory subunit WTAP. FTO and ALKBH5 oxidatively demethylate mRNA within the nucleus. The m⁶A-modified mRNAs are recognized by YTH family proteins via the YTH domain both within the nucleus and the cytoplasm.



Figure 2. Diverse Chemical Modifications of mRNA

Messenger RNA is modified with several distinct chemical marks, each with a unique distribution pattern. Recent maps of m5C, ψ , and m⁶A suggest that the combination of these modifications can impart an additional chemical message on top of the underlying genetic sequences.