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## FIBROIDS: GENOTYPE AND PHENOTYPE

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### Abstract

Fibroids represent a major public healthcare problem as the most prevalent pelvic tumors in women of reproductive age and as the leading cause of gynecological surgeries in the U.S. The recent advances in the genomic technologies including genome-wide association studies and high throughput sequencing provide insight into their pathogenesis and molecular classification. Understanding the molecular basis of fibroids may facilitate development of effective targeted treatment options of this very common disease.

### Introduction

Fibroids (uterine leiomyomas or myomas) are benign smooth muscle neoplasm of the uterus and the most common pelvic tumors in women of reproductive age. They are the leading cause of hysterectomies worldwide and the most common indication for gynecological surgeries in the U.S. The lifetime prevalence of fibroids is over 80% among black women and nearly 70% among white women. The annual societal cost for fibroids is estimated up to 34 billion dollars, calculated through combined expenditures for medical management of symptomatic fibroids, lost work attributable to diagnosis of fibroids, and obstetrical complications of fibroids.<sup>1</sup> Therefore, finding effective and improved therapeutical options is considered to be crucial for overcoming this major public health problem. An important step towards this goal is to explore the molecular basis of fibroids to understand and target the underlying specific pathophysiological pathways.

Genetic factors have been implicated to play an important role in the development of fibroids through twin and familial aggregation studies, as well as through the observations of ethnic disparities in the incidence and clinical presentation of fibroids as exemplified by black women having increased prevalence, more severe symptoms, and earlier age of onset in comparison to white women.<sup>2</sup> Herein, the ever-increasing genomic evidence informing the phenotypic profile of this very common disease will be reviewed under the categories of constitutional genetic variants, somatic alterations, and epigenetic mechanisms (figure1).

## Constitutional Genetic Variants

The constitutional genetic variants pertain to molecular aspects of the inherited genome and may be analyzed by evaluating the genetic basis of hereditary conditions or the association of a disease with genetic polymorphisms.

Several familial tumor susceptibility syndromes have been characterized by smooth muscle neoplasms in the uterus and other organ systems. In particular, hereditary leiomyomatosis and renal cell carcinoma (HLRCC), an autosomal dominant syndrome resulting from germline mutations of fumarate hydratase gene (*FH*), is associated with multiple early onset symptomatic uterine fibroids, in addition to cutaneous leiomyomas and renal cell cancer.<sup>3</sup> Alport Syndrome and Diffuse Leiomyomatosis (ATS-DL) is another hereditary condition combining the features of Alport Syndrome with diffuse leiomyomatosis of the esophageal, tracheobronchial, and genitourinary tract, with germline X-linked dominant deletions in *COL4A5* and *COL4A6* on Xq22.<sup>4</sup>

Genome-wide association studies (GWAS) is a powerful approach for mapping disease genes through a computational analysis of common variants in the constitutional human genome. A GWAS in Japanese women identified three chromosomal loci to be associated with susceptibility to fibroids: 10q24.33, 22q13.1, and 11p15.5.<sup>5</sup> Another genome-wide linkage and association study of white women described fatty acid synthase gene (*FASN*) on 17q25.3 as a candidate gene involved in predisposition to fibroids.<sup>6</sup> Lastly, a study analyzing the ancestry informative markers by an admixture-based genome-wide scan in black women showed that mean proportion of European ancestry markers is much lower in women with fibroid diagnosis in comparison to controls. The same study also analyzed a set of markers for the significant loci reported in the Japanese GWAS, but the associations were not replicated in this black women cohort.<sup>7</sup> Future studies with larger cohorts may provide additional insights into specific genes predisposing to development of fibroids as well as the ethnic disparities in the disease presentation.

## Somatic Alterations

The acquired changes in the genomic landscape of fibroids have been analyzed through the traditional cytogenetic methods for decades and have expanded further with the recent advances in the high throughput next-generation sequencing technologies. These somatic alterations detected in the tumor genome can be grouped into “structural chromosome aberrations” and “nucleotide level mutations”.

Based on conventional cytogenetic studies approximately 40% of uterine leiomyomas have recurrent structural chromosome aberrations including rearrangements of 12q15 and 6q21, as well as deletions of 7q, involving 20%, 5%, and 17% of the cases with a chromosomal abnormality, respectively. Other less frequent aberrations are rearrangements of 1p36, 1q43, 3q, 10q22, 17q24 and 22q.<sup>8</sup> High-mobility group AT-hook genes are upregulated in tumors with 12q15 (*HMG A2*) and 6q21 (*HMG A1*) rearrangements, having *RAD51B*, a DNA repair protein encoding gene located on 14q24, as their most common translocation partner.<sup>9, 10</sup> For the cases with deletions of 7q, *CUX1* is found to be disrupted by inversions and located in the minimally deleted region of 7q22.1.<sup>11</sup> The fibroids of HLRCC patients typically

harbor biallelic loss of *FH* (1q43), which is also reported in 1.3% of sporadic fibroids.<sup>12</sup> *KAT6B* is mapped to the 10q22 breakpoint of the recurrent t(10;17), which is present in 2% of fibroids.<sup>13</sup>

Whole exome sequencing provides nucleotide level precision for detecting mutations in the protein-coding regions. A striking finding of this advanced high throughput technology has been the discovery of the *MED12* mutations (Xq13.1) in approximately 70% of fibroids.<sup>14</sup> In addition, characterization of fibroids by whole genome sequencing revealed further insight into the previously reported structural chromosome aberrations and identified cryptic genomic rearrangements that were not apparent by conventional G-banded karyotyping and/or chromosomal microarrays. One such finding is the phenomenon described as “complex chromosome rearrangements” with multiple interconnected breakage and reunion events, as illustrated in cases with 12q15 (*HMGA2*) and 14q24 (*RAD51B*) rearrangements. In addition, aberrations involving 7q are discovered to be more complex events with inversions, translocations, and deletions at various loci. However, *CUX1* remains to be the most commonly deleted gene associated with 7q rearrangements. Another significant finding of the whole genome sequencing analysis was that a subset of fibroid cases is discovered to harbor somatic deletions within the *COL4A5-COL4A6* locus of Xq22.3, which corresponds to the germline deletion locus detected in ATS-DL syndrome.<sup>15</sup>

In light of these recent molecular discoveries through high throughput sequencing, fibroids can be classified into different molecular subtypes. Fibroids with *HMGA2* rearrangements and *MED12* mutations are mutually exclusive with distinct gene expression profiles, suggesting two separate molecular pathways and together they account for 80 to 90% of all fibroid cases. While *RAD51B* is disrupted by *HMGA2* translocations, it is upregulated in cases with *MED12* mutations. Fibroids with *HMGA2* rearrangements are larger in size;<sup>16</sup> whereas the *MED12* mutations are the most common somatic alteration detected in fibroids. *HMGA1* alterations co-occur with *MED12* mutations, and 7q rearrangements can be detected in both groups. Complex chromosome rearrangements are observed mainly in cases without *MED12* mutations. Lastly, cases with somatic rearrangements in the loci associated with germline alterations in hereditary syndromes (*FH* for HLRCC and *COL4A5-COL4A6* for ATS-DL) present unique molecular profiles in comparison to the *HMGA2* and *MED12* groups despite their much lower frequency.<sup>14, 15</sup> Following this molecular classification of fibroids with *HMGA2*, *MED12*, *FH*, and *COL4A5-COL4A6* somatic alterations, only a small fraction of cases (<10%) remain to be without an identifiable driver mutation. Somatic alterations of 10q22 and 1p36 are two other less frequent structural rearrangements that may be within this small fraction. Interestingly, 10q22 aberrations occur frequently in leiomyosarcomas<sup>17</sup> and fibroids with 1p36 deletions cluster together with leiomyosarcomas in a gene expression profiling study,<sup>18</sup> suggesting that these groups might be involved in malignant progression. Of note, germline mutations of *KAT6B* (10q22) is associated with Ohdo Syndrome<sup>19</sup>, a heterogenous group of disorders with intellectual disability and craniofacial anomalies, which also characterized by germline mutations in *MED12*.<sup>20</sup> Taken together with the mapping of *KAT6B* to 10q22 breakpoint of the recurrent t(10;17) aberrations in fibroids,<sup>13</sup> this gene may also represent a target for candidate driver mutations in fibroids.

## Epigenetic Mechanisms

DNA methylation and histone modification are epigenetic mechanisms regulating the gene expression independent from the DNA sequence of the genome. A genome wide study analyzing the DNA methylation and mRNA expression in fibroids with matched myometrium tissue from black women revealed 55 genes that are different in between the two tissue types. The majority of these genes are silenced in fibroids (62%), including *KLF11* (2p25.1), a tumor suppressor gene and also a target of progesterone or antiprogestins in the fibroid tissue.<sup>21</sup> Therefore, *KLF11* might have a significant role in the fibroid pathogenesis.

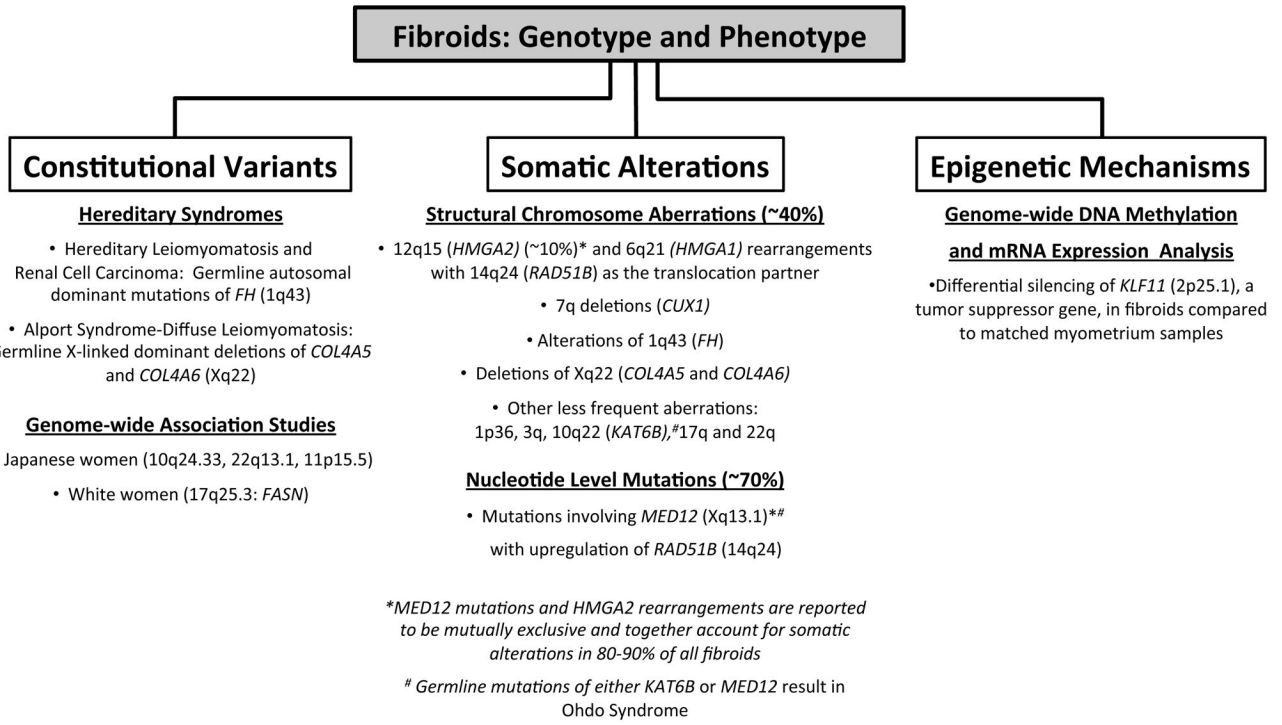
## Conclusion

The constitutional, somatic, and epigenetic alterations observed in fibroids elucidate distinct molecular pathways involved in the pathogenesis of fibroids, that may inform the future targeted treatment options for fibroids.

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**Figure 1.**  
Summarized genomic evidence informing the phenotypic profile of fibroids.