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[⁶⁸Ga]-DOTATATE PET/CT in the localization of head and neck paragangliomas compared to other functional imaging modalities and CT/MRI

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Abstract

Pheochromocytomas/paragangliomas (PHEOs/PGLs) overexpress somatostatin receptors (SSTRs) and recent studies have already shown excellent results in the localization of sympathetic succinate dehydrogenase complex, subunit *B (SDHB)* mutation-related metastatic PHEOs/PGLs using [(⁶⁸Ga)-DOTA0,Tyr3]Octreotate ([⁶⁸Ga]-DOTATATE) positron emission tomography/

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computed tomography (PET/CT). Therefore, the goal of our study was to assess the clinical utility of this functional imaging modality in parasympathetic head and neck paragangliomas (HNPGLs) compared to anatomical imaging with CT/MRI and other functional imaging modalities, including $[$ ¹⁸F]-fluorohydroyphenylalanine ($[$ ¹⁸F]-FDOPA) PET/CT, currently the gold standard in the functional imaging of HNPGLs.

Methods—[⁶⁸Ga]-DOTATATE PET/CT was prospectively performed in 20 patients with HNPGLs. All patients also underwent $[{}^{18}F]$ -FDOPA PET/CT, $[{}^{18}F]$ -fluoro-2-deoxy-D-glucose $(1^{18}F]-FDG) PET/CT$, and CT/MRI, with 18 patients also receiving $[1^{18}F]-$ fluorodopamine $(1^{18}F)-$ FDA) PET/CT. [¹⁸F]-FDOPA PET/CT and CT/MRI served as the imaging comparators.

Results—Thirty-eight lesions in 20 patients were detected, with [¹⁸F]-FDOPA PET/CT identifying 37 of 38 (37/38) and CT/MRI identifying 22 of 38 lesions (22/38, p<0.01). All 38 and additional 7 lesions ($p=0.016$) were detected on $[⁶⁸Ga]$ -DOTATATE PET/CT. Significantly fewer lesions were identified by $[{}^{18}F]$ -FDG PET/CT (24/38, p<0.01) and $[{}^{18}F]$ -FDA PET/CT (10/34, p<0.01).

Conclusion—[⁶⁸Ga]-DOTATATE PET/CT identified more lesions than the other imaging modalities. Due to the results of the present study, including the increasing availability and use of DOTA-analogs in the therapy of neuroendocrine tumors, we expect that [⁶⁸Ga]-DOTATATE PET/CT will become the preferred functional imaging modality for HNPGLs in the near future.

Keywords

[⁶⁸Ga]-DOTATATE; [¹⁸F]-FDOPA; head and neck paraganglioma

Introduction

Head and neck paragangliomas (HNPGLs) are neuroendocrine tumors derived from the parasympathetic nervous system (1, 2), representing approximately 0.6% of all head and neck tumors (3). These tumors mainly occur in the carotid body (CB), glomus vagale (GV), glomus jugulare (GJ), or glomus tympanicum (GT) regions. However, PGLs have also been reported in the larynx, nasopharynx, orbit, or sinonasal areas (2). Depending on their localization and multiplicity, up to 38% or even more of HNPGLs in patients with a negative family history are hereditary (4). The majority of hereditary HNPGLs belong to patients with succinate dehydrogenase complex, subunits *B*, *C*, or *D (SDHB, SDHC, SDHD,* collectively *SDHx)* mutations. More than 50% belong to *SDHD* mutations, but *SDHB* and *SDHC* mutations are seen in about 20%-35% and 15% of patients, respectively (4-6).

CB tumors are most common (60%), followed by PGLs of the GJ (23%), GV (13%), and GT (6%) (7). Although patients with hereditary HNPGLs are at a high risk for metastatic disease (patients with *SDHB* mutations) or prone to developing multiple HNPGLs, especially those with *SDHD* mutations (8), proper diagnosis of these tumors is often challenging since HNPGLs are typically biochemically silent and lack early symptoms (7).

Anatomical and functional imaging studies are important for the proper localization of these tumors, including the detection of any multiplicity and surrounding tissue involvement, all

paramount in the assessment of which treatment options to use. A failure of such precise assessment of these tumors usually leads to catastrophic consequences.

Anatomical imaging techniques such as computed tomography (CT) and magnetic resonance imaging (MRI) are nonspecific but crucial for the initial diagnosis and, particularly, delineation of these tumors. Functional imaging modalities enable whole body imaging and are more specific since they address particular receptors and transporters, which are supposed to be upregulated in HNPGLs (9) . [¹⁸F]-fluorohydroxyphenylalanine $(I^{18}F]-FDOPA$) positron emission tomography (PET)/CT is currently the functional imaging modality of choice in HNPGLs according to previous studies (2, 10-12) and the current guidelines (13, 14) in that it provides a higher sensitivity than anatomical imaging with CT and/or MRI and a specificity 95% (2, 10-12).

PGLs are known to overexpress somatostatin receptors (SSTR), especially SSTR2 (15), and [⁶⁸Ga]-DOTA-peptides bind to SSTR expressing tumors much more effectively compared to [¹¹¹In]-DTPA-octreotide (16), which is still the second recommended functional imaging tool for HNPGLs (13). Furthermore, DOTA-peptides can be labeled with the therapeutic beta-emitters $[177\text{Lu}]$ or $[90\text{Y}]$ and used for peptide receptor radionuclide therapy (PRRT). Since therapeutic approaches for these patients, especially those with multiple or surgically non-approachable tumors, are still very limited, PRRT and treatment with so-called "cold" synthetic somatostatin analogs (SSA) like octreotide or lanreotide could be important new treatment options, especially since they have already been successfully performed in a few patients with HNPGLs (17-19).

The excellent performance of $[{}^{68}Ga]$ -DOTA-peptides in (genetically not further evaluated) HNPGLs was already reported (20, 21) as well as their excellent performance in localizing metastatic *SDHB* related PHEOs/PGLs outside the head and neck region (22).

Therefore, our first aim was to: a) evaluate the diagnostic utility of $\frac{68}{6}Ga$]-DOTATATE PET/CT in *SDHB* and/or *SDHD* (*SDHx*) related and other HNPGLs compared to [¹⁸F]-FDOPA, $[18F]$ -FDG, $[18F]$ -fluorodopamine ($[18F]$ -FDA) PET/CT, and CT/MRI, and b) assess the potential eligibility of these patients for treatment with radiolabeled or so-called "cold" SSA.

Patients and Methods

Patients

Between January 2014 and March 2015, 20 consecutive patients (11 men, 9 women) at a mean age of 48.4±14.0 years with histologically confirmed PGLs were prospectively evaluated at the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD) of the National Institutes of Health (NIH).

The study protocol was approved by the institutional review board of the *Eunice Kennedy Shriver* NICHD (protocol: 00-CH-0093). All patients provided written informed consent for all clinical, genetic, biochemical, and imaging studies regarding PHEOs/PGLs.

Seven patients had an *SDHD* mutation, 9 patients were positive for *SDHB*, 1 patient was positive for a hypoxia-inducible factor 2 alpha (*HIF2A*) mutation, and 3 patients were apparently sporadic. Sixteen patients presented with additional primary PHEOs/PGLs or metastatic disease (defined as PHEOs/PGLs in sites where chromaffin tissue is normally present) outside of the head and neck region (7 *SDHB*, 7 *SDHD*, 1 *HIF2A*, and 1 apparently sporadic) and/or in the bone. These non-HNPGL lesions were not evaluated in this study. Individual patient characteristics are summarized in Table 2.

Imaging Techniques

CT scans of the neck were performed using the following devices: Siemens Somatom Definition AS, Siemens Somatom Definition Flash, Siemens Medical Solutions; Toshiba Aquilion ONE, Toshiba Medical Systems. Section thickness was up to 3 mm in the neck. All studies were performed with intravenous (i.v.) rapid infusion of 130 milliliter (ml) nonionic water-soluble contrast agent (Isovue 300), at 3-4 ml/second (sec).

MR scans of the neck were obtained with 1.5 and 3 Tesla scanners (Philips Achieva 1.5 and 3 Tesla, Philips Medical Systems; Siemens Verio 1.5 Tesla, Siemens Medical Solutions). Image thickness was 5 millimeter (mm) for all neck studies. Pre- and post-injection images were obtained in the axial plane. All MR scans included axial T2 series with and without fat saturation, STIR series, and T1 pre- and post-contrast series after i.v. injection of a gadolinium-diethylenetriamine pentaacetic acid contrast agent.

All 20 patients underwent $[{}^{68}Ga]$ -DOTATATE, $[{}^{18}F]$ -FDOPA, $[{}^{18}F]$ -FDG PET/CT as well as CT and/or MRI, with 18 also receiving [18F]-FDA PET/CT. Fourteen patients received both a CT and MRI of the neck while 3 patients only received a neck MRI and another 3 patients only underwent a neck CT.

Whole body PET/CT scans from the upper thighs to the skull were performed 60 minutes (min) after i.v. injection with mean doses of 192.4 ± 3.3 Megabecquerel (MBq) $[^{68}Ga]$ -DOTATATE, 30 min after 465.1 ± 7.4 MBq $[{}^{18}F]$ -FDOPA, 60 min after 314.5 \pm 81.4 MBq $[{}^{18}F]$ -FDG, and approximately 8 min after 38.9 \pm 0.8 MBq $[{}^{18}F]$ -FDA. 60 min before each [¹⁸F]-FDOPA scan, 200 milligrams (mg) of carbidopa were administered orally. All PET/CT scans were performed on a Siemens Biograph-mCT 128 PET/CT scanner (Siemens Medical Solutions). PET imaging was obtained in 3D mode. PET images were reconstructed on a 256×256 matrix using an iterative algorithm provided by the manufacturer, which also uses time of flight (TOF). CT studies for attenuation correction and anatomic co-registration were performed without contrast.

Analysis of Data

[⁶⁸Ga]-DOTATATE PET/CT studies were each read independently by two nuclear medicine physicians blinded to all imaging and clinical data except for the diagnosis, sex, and age of the patients. Maximum standardized uptake values (SUV_{max}) were determined and focal areas of abnormal uptake showing a higher SUV_{max} than surrounding tissue were considered as lesions. In all other imaging studies, physicians were blinded to $[68Ga]$ -DOTATATE PET/CT scans and clinical data except for the diagnosis, sex, and age of the

patients, as well as previous imaging studies. All imaging studies were performed within 3 months of each other.

Histologic proof of all head and neck lesions was not feasible. Therefore, all definite head and neck foci localized with $[{}^{18}F]$ -FDOPA PET/CT and/or MRI (CT for the 3 patients in whom MRI could not be performed) were presumed to be true positive lesions since these are the imaging modalities of choice for HNPGLs according to the current guidelines (13, 14), with $\binom{18}{1}$ -FDOPA known to have excellent sensitivity and specificity (2, 10). Since delineation of tympanic and GJ tumors is not always feasible, these lesions were summarized as jugulotympanic (JT) tumors.

Statistics

For statistical analysis, the McNemar test was used to compare sensitivities between [⁶⁸Ga]-DOTATATE PET/CT and the other imaging modalities. A two-sided p<0.05 was considered significant.

Results

Thirty-eight lesions were identified in total on $[{}^{18}F]$ -FDOPA PET/CT and CT/MRI, with 37 out of 38 lesions (37/38) detected on $[18F]$ -FDOPA PET/CT and 23/38 lesions detected on CT/MRI. All 38 lesions were detected on $[⁶⁸Ga]$ -DOTATATE PET/CT (mean SUV_{max}) 81.1 \pm 83.6) as well as 7 additional head and neck lesions (p=0.016): 2 JT lesions, 1 GV lesion, 2 CB lesions (all related to patients with *SDHD* mutations), and 2 lymphatic nodes (in a patient with an *SDHB* mutation). Significantly fewer lesions were identified on $\lceil^{18}F\rceil$ -FDG PET/CT (27/38, p<0.01) and $[{}^{18}F]$ -FDA PET/CT (10/34, p<0.01). Except for the 7 lesions only detected by [68Ga]-DOTATATE PET/CT, one JT tumor, measuring 1.6 cm on MRI and positive on [¹⁸F]-FDG and [⁶⁸Ga]-DOTATATE PET/CT, was missed on [¹⁸F]-FDOPA PET/CT in a patient with an *SDHD* mutation. On CT/MRI, JT lesions and lymphatic nodes, especially, were missed whereas CB and GV tumors were identified relatively reliably. Detailed information about identified lesions and patient characteristics are provided in Tables 1 and 2. Figures 1-3 demonstrate common sites of HNPGLs, lesions only detected by [68Ga]-DOTATATE PET/CT, and patient examples.

Discussion

We present a comparison of $\lceil^{68}Ga \rceil$ -DOTATATE PET/CT to $\lceil^{18}F \rceil$ -FDOPA, $\lceil^{18}F \rceil$ -FDG, [¹⁸F]-FDA PET/CT and CT/MRI in a cohort of 20 patients with HNPGLs, 16 with underlying *SDHx*-related mutations, 1 with a *HIF2A* mutation, and 3 apparently sporadic.

On [68Ga]-DOTATATE PET/CT, significantly more lesions were detected compared to any other imaging modality used in this study, thus confirming the utility of $[68Ga]$ -DOTATATE in localizing HNPGLs and determining the possible eligibility of these patients for PRRT.

Functional imaging agents are able to target PHEOs/PGLs through different mechanisms and have shown widely split performances based on the localization and genetics.

 $[$ ¹⁸F]-FDA and $[$ ¹²³I]-MIBG specifically target catecholamine synthesis, storage, and secretion pathways. Both enter the cell via the norepinephrine transporter (23, 24), and [¹⁸F]-FDA PET/CT had previously shown decent imaging results in the diagnosis and localization of primary and metastatic sympathetic PGLs (25, 26). In this study, only 10 of 34 lesions were detected on $[18F]$ -FDA PET/CT. This confirms previous results in parasympathetic PGLs (10). $[123]$ -MIBG scintigraphy is known to be inferior to $[18]$ -FDA PET/CT but might still be useful in identifying patients who could benefit from $[131]$ -MIBG treatment if they do not qualify for a surgical approach (e.g., multiple HNPGLs, metastatic disease). However, the likelihood of these patients to be positive on $[1^{23}I]$ -MIBG is very low.

 $[$ ¹⁸F]-FDG is a sensitive but non-specific radiopharmaceutical and enters the cell via glucose transporters (GLUT) (27). Its accumulation is related to increased glucose metabolism as seen in many different types of tumors (27). *SDHx*-related HNPGLs as well as *SDHx*-related sympathetic PGLs had shown higher glucose uptake compared to sporadic and other hereditary PGLs in previous studies (28, 29) due to an upregulation of hexokinases 2 and 3 (30). Reported detection rates for *SDHx*-related HNPGLs of $[18F]$ -FDG ranged from 77% (10) to 90.5% (29). In our study, 27 out of 38 lesions were detected, resulting in a lower detection rate of 71.1%, although 16 of 20 patients in our study were *SDHx* positive. JT lesions might be missed due to their proximity to the brain, which shows high glucoseuptake as well. Another reason might be that not only the underlying genotype might influence the glucose uptake, but also other mechanisms, which haven't been discovered yet.

 $[$ ¹⁸F]-FDOPA targets cells via the amino acid transporter system (31). It is the currently recommended functional imaging of choice in HNPGLs (13, 14), proven to be very sensitive (greater than CT and MRI) and highly specific (2, 10, 11). This study confirms the strong diagnostic performance of $[18F]$ -FDOPA PET/CT in localizing HNPGLs, identifying significantly more lesions than all other imaging modalities used except $[68Ga]$ -DOTATATE PET/CT (20), which emphazises a possible functional dedifferentiation of the large amino acid transporter in *SDHx* mutations.

Significantly more lesions were identified on [68Ga]-DOTATATE PET/CT compared to all other imaging modalities in this study. No additional lesions were identified on any other imaging modality. PGLs are known to overexpress SSTR (15), and SSTR imaging with [¹¹¹In]-DTPA-octreotide scintigraphy had already shown strong diagnostic performance in parasympathetic PGLs (32). Since SSTR imaging can be performed using PET/CT and newly developed DOTA-analogs such as DOTATATE, DOTANOC, and DOTATOC bind to SSTR-expressing tumors much more effectively (16), researchers have been focusing on DOTA-peptide imaging in PHEOs/PGLs, including parasympathetic PGLs, and have shown promising results (20, 21, 33-35). Recently, our group demonstrated the superiority of [⁶⁸Ga]-DOTATATE PET/CT compared to $[$ ¹⁸F]-FDA, $[$ ¹⁸F]-FDOPA, $[$ ¹⁸F]-FDG, and CT/MRI in localizing *SDHB*-related metastatic sympathetic PHEOs/PGLs (22). Our results are in accordance with the increased expression of SSTR2A and SSTR3 found in PHEOs/ PGLs with an *SDH* deficiency (36), as the majority of our patients were positive for *SDHx* mutations.

Although false positive findings cannot be fully excluded, the 7 lesions only identified by [⁶⁸Ga]-DOTATATE PET/CT most likely belong to PGL manifestations for several reasons: five of these lesions were found in typical locations for HNPGLs, all patients had confirmed PGLs, and all of these lesions were seen in patients with *SDHx* mutation-related disease, who are at high risk for multiple primary or metastatic lesions.

Besides its diagnostic value, [68Ga]-DOTATATE PET/CT is used to determine which patients may benefit from PRRT since surgery is not always feasible for those with multiple or metastatic lesions. PRRT is an established treatment option in gastroenteropancreatic NETs (37) and its successful use has already been reported in a limited number of patients with HNPGLs (17, 19). However, PRRT has not been specifically evaluated in a larger series of patients with HNPGLs or in *SDHx*-related PHEOs/PGLs yet. Additionally, it is currently not approved by the United States Food and Drug Administration.

The high detection rate of HNPGLs on [⁶⁸Ga]-DOTATATE PET/CT, confirming their SSTR2 expression, may also suggest that these patients can be treated with so-called "cold" SSTR analogs, including sandostatin LAR, lanreotide, or others. Although this has not yet been evaluated in HNPGLs, data from studies using lanreotide in gastroenteropancreatic NETs (38) and individual reports of octreotide treatment in patients with HNPGLs support this approach (18, 39).

Anatomical imaging using CT/MRI is a main component of the diagnostic work-up of HNPGLs, with their greatest strength being the ability to estimate tumor delineation. However, functional imaging with $[18F]$ -FDOPA and $[68Ga]$ -DOTATATE PET/CT provides a higher sensitivity (10, 11, 21), and the advantage of whole body imaging, which is especially important in the evaluation of patients with hereditary disease because of their increased risk for multiplicity and metastases. In our study lesions were missed by CT/MRI especially in the JT region. This might have been avoidable by performing 3D-TOF or 4D-MR angiographic sequences, which seem to be more sensitive in detecting HNPGLs (2).

Limitations in our study consist of its small number of patients, with a significant portion having *SDHB* mutations (although *SDHD* mutations are more common in HNPGLs), a disproportionally low number of patients with apparently sporadic tumors, the lack of patients with underlying *SDHC* mutations, and a disproportionally high number of patients with metastatic disease. Furthermore, as already mentioned, histological proof was not feasible for the majority of lesions, including those that were only positive on [68Ga]- DOTATATE PET/CT.

Conclusion

[⁶⁸Ga]-DOTATATE PET/CT demonstrated excellent diagnostic value in the localization of *SDHx*-related and sporadic HNPGLs, also confirming the possible eligibility of these patients for treatment with radiolabeled or "cold" SSA. Significantly more lesions were identified on [68Ga]-DOTATATE PET/CT compared to all other functional and anatomical imaging modalities, including $[18F]$ -FDOPA PET/CT—the current gold standard of functional imaging for these tumors. Due to these results and the increasing availability and

use of DOTA-analogs in the therapy of neuroendocrine tumors, we expect that $[68Ga]$ -

DOTATATE PET/CT will become the preferred functional imaging modality for HNPGLs in the near future.

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Figure 1.

Patient 5 with *SDHD* mutation-related HNPGLs. [⁶⁸Ga]-DOTATATE PET/CT (A) demonstrates a lobulated finding in the CB region on the left side, additional lesions in the GV region on both sides, and in the JT region on the left side. The findings in the JT region are not visible on [18F]-FDOPA PET/CT (B). [18F]-FDG PET/CT (C) demonstrates the left CB and very faintly the GV and part of the JT lesions on the left side. The black arrow points to uptake in the vocal cord. $[{}^{18}F]$ -FDA PET/CT (D) is completely negative. The white arrow on the MRI (E) points to the CB lesion on the left side.

Figure 2.

Patient 18 with *SDHD* mutation-related HNPGLs. [⁶⁸Ga]-DOTATATE PET/CT (A) demonstrates a big mass in the GV region on the right side and an additional lesion in the CB region on the right. The finding in the CB region is not visible on $[^{18}F]$ -FDOPA PET/CT (B). The $[{}^{18}F]$ -FDG PET/CT (C) and $[{}^{18}F]$ -FDA PET/CT (D) scans are completely negative. The arrow on the MRI (E) points to the GV lesion on the right side.

Figure 3.

(A) Common sites of HNPGLs (black). (B) Localization of lesions detected only on $[⁶⁸Ga]$ -DOTATATE in our study (green). Abbreviations: ACC: common carotid artery, ACE: external carotid artery, ACI: internal carotid artery; CBP: carotid body paraganglioma, FC: carotid foramen, FJ: jugular foramen, JTP: jugulotympanic paraganglioma, VP: vagale paraganglioma.

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Identified head and neck lesions on [68Ga]-DOTATATE-, [18F]-FDA-, [18F]-FDOPA-, [18F]-FDG-PET/CT, and CT/MRI compared to lesions identified Identified head and neck lesions on [⁶⁸Ga]-DOTATATE-, [¹⁸F]-FDA-, [¹⁸F]-FDOPA-, [¹⁸F]-FDG-PET/CT, and CT/MRI compared to lesions identified by the imaging comparator. by the imaging comparator.

Abbreviations: JT, jugulotympanic; CB, carotid body, GV, glomus vagale; LN, lymphatic node Abbreviations: JT, jugulotympanic; CB, carotid body, GV, glomus vagale; LN, lymphatic node

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Table 2

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 $[18F]$ -FDA

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lymphatic node; m, male; MTT, methoxytyramine, NE, norepinephrine; NMN, normetanephrine; np, not performed; nv, not visible; R, right side; +, positive; -, negative; lymphatic node; m, male; MTT, methoxytyramine, NE, norepinephrine; NMN, normetanephrine; np, not performed; nv, not visible; R, right side; +, positive; -, negative; ***

considered as normal LN on CT/MRI.

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