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Determinants of High-Risk HPV Seroprevalence and DNA Prevalence in Mid-Adult Women

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Abstract

Background—The epidemiology of hrHPV infections in mid-adult women is not well understood.

Methods—We conducted a cross-sectional analysis of 379 30–50 year old females. Vaginal samples were tested for type-specific HPV DNA by PCR. Sera were tested for type-specific HPV antibodies by Luminex-based assay. Assays included 13 hrHPV types (16/18/31/33/35/39/45/51/52/56/58/59/68). Self-reported health and sexual history were ascertained. Risk factors for seropositivity and DNA positivity to hrHPV were assessed in separate Poisson regression models.

Results—The mean (standard deviation) age of participants was 38.7 (6.1) years, and the median lifetime number of male sex partners was 7. About two-thirds (68.1%) were seropositive for any hrHPV, 15.0% were DNA positive, and 70.7% were seropositive or DNA positive. In multivariate analyses, women who were married/living with a partner were less likely to be seropositive than single/separated women (adjusted prevalence ratio [aPR]=0.86, 95%CI:0.75–0.98). Compared to never hormonal contraceptive users, current (aPR=1.53,95%CI:1.01–2.29) or former (aPR=1.64,95%CI:1.10–2.45) users were more likely to be seropositive. Women with a lifetime number of sex partners 12 were more likely to be seropositive compared to those with $0-4$ partners (aPR=1.29,95%CI:1.06–1.56). Similar associations were seen with DNA positivity. In addition, there was a positive association between current smoking and hrHPV DNA (aPR versus never smokers=2.51, 95%CI:1.40–4.49).

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Conclusions—71% of mid-adult women had evidence of current or prior hrHPV infection. Measures of probable increased exposure to HPV infection were associated with both seropositivity and DNA positivity to hrHPV, whereas current smoking was positively associated with hrHPV DNA only.

Keywords

HPV; human papilloma virus; women; prevalence; risk factors

INTRODUCTION

Human papillomavirus (HPV) infections are common and sexually transmitted.¹ While 90% of infections become undetectable within $12-18$ months, a minority persist.² Persistent infection with high-risk (hr) HPV types is necessary for the development of cervical cancer.² In the U.S., prophylactic vaccines targeting the hrHPV types linked to 70% of cervical cancers (HPV-16 and HPV-18) have been widely available since $2006³$ In 2014, the U.S. FDA approved a vaccine targeting an additional 5 hr types (HPV-31, HPV-33, HPV-45, HPV-52, and HPV-58) that increase coverage against cervical cancer to 90%.⁴ Prophylactic HPV vaccines are licensed for females and males aged 9–26 years, with the recommended ages of $11-12$ years designed to target adolescents prior to sexual debut.^{3, 4} Because current vaccines are prophylactic and not therapeutic, the potential benefit for women older than 26 years is undefined. Additional epidemiologic data on hrHPV infections in mid-adult women – including data on the proportion of women with evidence of current or prior infection – can help to inform vaccine recommendations in this age group.

hrHPV DNA assays measure presence of current infection only. Despite limitations of serology (not all women mount a detectable antibody response following natural infection,⁵ antibody levels may wane over time,⁶ and assay sensitivity is limited⁷), detection of hrHPV antibodies contributes useful information on prior and cumulative exposure to hrHPV infection. To better understand the epidemiology of hrHPV infections in mid-adult women, we evaluated both DNA prevalence and seroprevalence for 13 hrHPV types in 30 to 50 year old women in Seattle, Washington. In addition, we determined risk factors associated with seropositivity and DNA positivity.

METHODS

To assess prevalence and determinants of hrHPV DNA and antibodies in mid-adult women, we performed a cross-sectional analysis using baseline data from a 6-month longitudinal study of HPV infections conducted from 2011–2012.⁸ Recruitment, screening, and enrollment procedures for the study were described previously.⁸ Briefly, study participants were recruited via flyers, advertisements and letters distributed to students, faculty and staff at the University of Washington (UW). Women who were aged 30–50 years and affiliated with the UW were eligible to enroll. Women who were currently pregnant, had undergone hysterectomy, or had any serious medical conditions that would preclude study participation were not eligible. The study protocol was reviewed and approved by the UW Institutional Review Board, and all subjects provided written informed consent.

Enrollment visits occurred at the on-campus UW Hall Health Primary Care Center. Procedures have been described in detail previously.⁸ Briefly, the enrollment visit included a face-to-face interview on cervical cancer screening and HPV vaccination history; a selfadministered online survey on socio-demographics, health history, contraceptive use, smoking habits, and sexual behaviors; a self-collected vaginal swab sample for HPV DNA testing; and a blood draw for HPV antibody testing.

Genomic DNA was extracted from vaginal specimens and used for HPV genotyping. Vaginal samples were digested with 20 μg/mL protease K at 37°C for one hour, and DNA isolated from 200 μL of the digested sample using QIAmp DNA blood mini column according to the manufacturer's protocol (Qiagen, Cat. No.51104, Valencia, CA). DNA samples were then directly genotyped by polymerase chain reaction (PCR) for detection of 37 alpha genus types using the Roche Linear Array HPV genotyping test (Roche Molecular Systems, Inc., Alameda, CA), which uses a β-globin control. For this analysis, we included 13 hrHPV types (16/18/31/33/35/39/45/51/52/56/58/59/68⁹) for which serology data were also available.

Antibody testing was performed using a Luminex-based assay described in detail previously.10, 11 Briefly, HPV 16/18/31/33/35/39/45/51/52/56/58/59/68 L1 proteins and BKPyV VP1 proteins (a positive control) were expressed as glucathione S-transferase (GST)-fusion proteins. Human sera were tested at a final dilution of 1:100. For each sample, the median fluorescent intensity (MFI) for GST-tag (empty vector control) was subtracted from the MFI of the other antigens. The cut point for determining HPV-16 antibody positivity, MFI=1,000, was selected by visual inspection of the MFI distribution and informed by previous studies using this technique.¹² Cut points for other types were adjusted if their distribution was significantly different than HPV-16 values. We selected the following cut points: 2,000 for HPV-35; 1,000 for HPV-18/31/51/52/56/58/59; and 500 for HPV-33/39/45/68. Serologic controls included the HPV-16 international standard (10 U/ml) (National Institute for Biological Standards and Controls) and a serum being evaluated by the World Health Organization as a potential HPV-18 standard. The HPV-16 standard was consistently positive for HPV-16 (average[a]MFI=2458; 95%CI:2178–2738). The HPV-18 control was positive in 7 of 8 tests (aMFI=1193; 95%CI:994–1441), and also consistently positive for HPV-45 (aMFI=15207; 95%CI:12631–17784), indicating potential crossreactivity between HPV-18 and HPV-45. For HPV-16, the cut point of MFI=1,000 was calculated to be the equivalent of 6.3 international HPV-16 units/mL. Reliability was assessed by re-testing a random 10% of samples. The pooled type-specific concordance between the initial test and the re-test was 90%, and the pooled type-specific Cohen's kappa statistic was 0.58 (moderate).

Subjects who self-reported a history of prophylactic HPV vaccination were excluded from all analyses. To examine socio-demographic and health and behavioral risk factors associated with 1) seroprevalence and 2) DNA prevalence to any of the 13 hrHPV types tested, we determined unadjusted prevalence ratios (PRs) and 95% confidence intervals (CI) using Poisson regression for each of the following possible determinants: age, race, marital status, number of pregnancies, cigarette usage, hormonal contraceptive use, lifetime number

In separate analyses restricted to seropositive women, each risk factor was evaluated to determine whether it was associated with seropositivity to multiple hrHPV types vs a single hrHPV type. For all models, risk factors statistically significant ($p<0.10$) in univariate analyses were entered into a final multivariate Poisson regression model.

RESULTS

A total of 409 women were enrolled. Thirty (7%) were excluded from analyses due to selfreported history of HPV vaccination. Demographic, health and sexual behavior characteristics of the remaining 379 women are described in Table 1. Their mean age was 38.7 (standard deviation 6.1) years and their median lifetime number of male sex partners was 7 (interquartile range 3–15).

All enrollment sera were positive for BKV, and all enrollment vaginal samples were positive for β-globin. Overall, 68.1% of women were seropositive and 15.0% were DNA positive for any of 13 hrHPV types, and 70.7% were positive by either serology or PCR. (Table 2) In addition, 45.1% of all women tested positive for antibodies to multiple hrHPV types, whereas only 4.5% were DNA positive to multiple hrHPV types. Considering HPV types included in prophylactic vaccines, 50.7% of women were either seropositive or DNA positive to any of the 7 hrHPV types included in the 9-valent vaccine (HPV 16/18/31/33/45/52/58), and 31.9% were seropositive or DNA positive to either of the 2 hrHPV types included in the bivalent and quadrivalent vaccines (HPV 16 and 18). Furthermore, 10.0% of women were seropositive or DNA positive to both HPV-16 and HPV-18. The most commonly detected HPV serotypes were HPV-59 (26.1%), HPV-31 (25.9%), HPV-51 (25.6%), and HPV-16 (25.1%), whereas HPV-51 (3.4%) and HPV-16 (3.4%) were the types most commonly detected by PCR.

On the infection-level, a total of 904 type-specific hrHPV infections were detected by either serology or PCR. These included 825 type-specific infections detected by serology only, 46 detected by PCR only, and 33 jointly detected by both assays. Whereas only 3.9% (33 of 858) of type-specific seropositives were jointly DNA positive for the same HPV type, 41.8% (33 of 79) of type-specific DNA positives were jointly seropositive for the same HPV type.

In multivariate analyses, women who were married or living with a partner were less likely to be hrHPV seropositive compared to single or separated women (adjusted prevalence ratio [aPR]=0.86, 95% CI:0.75–0.98). (Table 3) In addition, compared to women who had never used hormonal contraceptives, those who were current (aPR=1.53, 95% CI:1.01–2.29) or former (aPR=1.64, 95% CI:1.10–2.45) users were more likely to be seropositive. Women with lifetime numbers of male sex partners equal to or more than 12 were more likely to be seropositive compared to those with 0–4 partners (aPR=1.29, 95% CI:1.06–1.56). Compared to women reporting their race as white, those reporting any other race (excluding Asian) or more than one race were borderline statistically significantly more likely to be seropositive (aPR=1.18, 95% CI:0.99–1.41).

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Moreover, we evaluated risk factors associated with seropositivity to multiple hrHPV types versus a single hrHPV type. (Table 4) In multivariate analysis, compared to women who had never been pregnant, those who reported $\,$ 4 pregnancies had a borderline statistically significant increased likelihood of seropositivity to multiple hrHPV types versus a single hrHPV type (aPR=1.24, 95% CI:0.98–1.57). Likewise, women who reported a lifetime number of 12 male sex partners (aPR=1.33, 95% CI:0.98−1.80) were borderline statistically significantly more likely to be seropositive to multiple hrHPV types compared to women who reported 0–4 partners (Table 4).

In multivariate analyses, women who were married or living with a partner were less likely to be DNA-positive to any hrHPV type when compared to single or separated women (aPR=0.50, 95% CI:0.30–0.82). (Table 5) Compared to never smokers, current smokers were more likely to be hrHPV DNA positive (aPR=2.51, 95% CI:1.40–4.49). Moreover, compared to women with a lifetime number of $0-4$ male sex partners, those with 12 (aPR=2.23, 95%CI:0.99–5.06) were borderline statistically significantly more likely to be hrHPV DNA positive.

DISCUSSION

To assess both current genital infection and cumulative exposure to hrHPV in a population of mid-adult women 30 to 50 years of age, we evaluated both DNA prevalence in vaginal swabs and seroprevalence. While numerous studies have reported on hrHPV DNA prevalence for multiple genotypes, most hrHPV seroprevalence studies have focused on HPV-16 and HPV-18 only. A handful of studies have reported on 5–10 additional hr types, $13-18$ but to our knowledge, this prevalence report includes the largest number of hrHPV serotypes to date in a population of women. We targeted the 13 hrHPV types most strongly associated with cervical carcinogenesis.⁹ (These types are included in commercially-available HPV DNA assays for routine cervical cancer screening [some commercially available assays also include HPV-66, a possibly carcinogenic type that we did not evaluate by serology].) Fifteen percent of the women in our cohort had detectable hrHPV DNA in self-collected vaginal samples (comparable to hrHPV prevalence in cervical samples from similarly aged women undergoing routine cervical cancer screening¹⁹), and an additional 56% had evidence of prior hrHPV infection through positive serology. While comparisons across populations are complicated by differences in populations studied and serology assays used (including number of hrHPV types targeted), we compared our seroprevalence estimates for individual types HPV-16 and HPV-18 to U.S. national data among similar-aged women,²⁰ and noted that our estimates were higher (25% versus 17% – 22% for HPV-16 and 14% versus 7%–10% for HPV-18).

The women included in our analysis self-reported no history of HPV vaccination. Thirty-two percent demonstrated evidence of natural infection with HPV-16 and/or HPV-18 (through positive DNA and/or serology), but only 10% showed evidence of current or prior infection with both of these vaccine types. Given that most women were naïve to one of these hr types (and the availability of a 9-valent vaccine against 5 additional hrHPV types), our results suggest that prophylactic HPV vaccination could be beneficial for subgroups of mid-adult women at risk for exposure to new hrHPV infections.

On the infection level, almost all (96%) seropositives were concurrently DNA negative for the same type. These data are in agreement with previous reports in varying populations of women,^{16, 21} and reflect the transient and sporadic nature of hrHPV DNA detection. As noted by others, 21 a portion of the seropositivity detected in women without current evidence of genital DNA may also reflect infection at non-genital sites.

The most commonly detected hrHPV serotypes in our cohort included HPV-59, HPV-31, HPV-51, and HPV-16. Two of these types, HPV-51 and HPV-16, were also among the most prevalent DNA types, whereas HPV-59 and HPV-31 were not, suggesting that these latter two types may clear (or become undetectable) faster or more frequently than HPV-16 and HPV-51.

Consistent with reports in various populations of women, 58% of DNA positives were concurrently seronegative for the same type.^{16, 21–23} These cases likely reflect a combination of sample mistiming (given that seroconversion occurs a median of 12 months after initial infection,⁶ sampling early in the course of infection may not yield detectable antibody), failure to seroconvert,⁵ waning antibody,⁶ and limitations in assay sensitivity.⁷

The likelihood of seroconversion after natural infection is not well-understood, but likely depends on a combination of host and viral factors. As reported by others, hrHPV seropositivity was positively associated with markers of increased sexual activity (and thus increased cumulative viral exposure), including single or separated marital status and increased lifetime number of sex partners.^{14, 18, 21, 23–26} Though the associations were not always statistically significant (due to the smaller number of outcomes), similar and even more pronounced associations were seen with hrHPV DNA positivity. This was not unexpected, given that the majority of prevalent hrHPV infections detected in this age group likely represented persistent infection.

Associations of hrHPV seropositivity with both former and current hormonal contraceptive use are consistent with some^{21, 23, 25} but not all^{24, 27} previous reports, and remained significant after adjusting for sexual history variables. Hormonal contraceptive use may modulate antibody production through direct modulation of the local mucosal immune response, as suggested by data demonstrating higher cervical immunoglobulin levels in oral contraceptive users versus non-users.28 The magnitude of association of hormonal contraception with hrHPV DNA positivity was similar, though not statistically significant.

Nearly half of women showed evidence of current or prior infection with more than one hrHPV type. Multiple-type seropositivity could be due partially to assay cross-reactivity. Our analyses of HPV-16 and HPV-18 standards showed cross-reactivity between HPV-18 and HPV-45, but no cross-reactivity associated with HPV-16. Seropositivity to multiple hrHPV types versus a single hrHPV type was positively associated with increasing lifetime number of male sex partners and increasing number of pregnancies. The latter could reflect hormonal mechanisms similar to those postulated for the association between hormonal contraceptive use and increased seropositivity.

Whereas smoking status was unassociated with hrHPV seropositivity, current smoking was positively associated with hrHPV DNA detection. The literature on associations of smoking

with HPV serology and/or HPV DNA have been mixed.^{1, 16, 18, 21, 24, 25} However, it is plausible that cigarette smoking may decrease antibody response to infection by suppressing immunity, contributing to increased likelihood of persistent infection.¹⁶ This could explain the observed association between smoking and hrHPV DNA detection in the absence of an association between smoking and hrHPV seropositivity.

Limitations to our study should be noted. While multiplex GST-L1 assays are amenable to HPV seroepidemiology studies (due to the ability to simultaneously detect antibodies to multiple type-specific HPV antigens in a high-throughput, low-cost manner), they may be slightly less accurate than virus-like particle-based enzyme-linked immunosorbent assays.²⁹ The analysis was cross-sectional, and thus captured DNA and serostatus at only one point in time. Though the data are drawn from a longitudinal study, serostatus was measured at baseline only, and thus analyses aimed at understanding serostatus over time or predictors of seroconversion in mid-adult women were not possible. Moreover, we did not have sufficient power to stratify our seropositivity risk factor analyses by hrHPV DNA status, and were thus unable to specifically identify risk factors for seropositivity in mid-adult women with current evidence of genital infection. Finally, our study population included mostly welleducated women who were all affiliated with the University of Washington, and thus results may not generalize to other populations of mid-adult women with different risk profiles. Notably, however, the median lifetime number of male sex partners reported by the women in our cohort (7 partners) was higher than that reported in a population-based sample of 25 to 44 year old women participating in the 2006–2008 National Survey of Family Growth (3.6 partners) . 30

In conclusion, 71% of the mid-adult women in our study showed evidence of current or prior infection with any of 13 hrHPV types, and in the majority of cases, evidence of prior infection was detected in the absence of current infection. The majority of participants were naïve to at least one of the two hrHPV types included in all prophylactic vaccines (HPV-16 and HPV-18), indicating potential benefit of vaccination for subgroups of high-risk women. Measures of probable increased exposure to HPV infection (single or separated marital status, increased lifetime number of sex partners and hormonal contraceptive use) were associated with both seropositivity and DNA positivity to hrHPV, whereas current smoking was positively associated with hrHPV DNA positivity only. Larger, longitudinal studies are needed to examine risk factors for seroconversion in mid-adult women with evidence of hrHPV DNA.

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Demographic, health and sexual behavior characteristics of 30–50 year old women in Seattle, Washington who were tested for high-risk HPV DNA in self-collected vaginal swabs and high-risk HPV DNA antibodies (N=379).

*** Other race included: African American, American Indian/Alaska Native, Native Hawaiian/other Pacific Islander, women reporting more than one race, and women reporting "other" as race.

† This category represents approximate tertiles.

‡ Non-HPV-related STDs included: chlamydia, herpes, gonorrhea, HIV, and syphilis.

Seroprevalence and DNA Prevalence by HPV type in mid-adult women (N=379). Seroprevalence and DNA Prevalence by HPV type in mid-adult women (N=379).

Analysis of risk factors associated with seropositivity to any high-risk HPV type in mid-adult women (N=379). Analysis of risk factors associated with seropositivity to any high-risk HPV type in mid-adult women (N=379).

hrHPV Antibody

hrHPV Antibody

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women reporting more than one race, and women reporting "other" as race.

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Analysis of risk factors associated with seropositivity to multiple high-risk HPV types vs a single high-risk HPV type in mid-adult women (N=258). Analysis of risk factors associated with seropositivity to multiple high-risk HPV types vs a single high-risk HPV type in mid-adult women (N=258).

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*§*This category represents approximate tertiles.

 $\mathrm{{}^{8}This}$ category represents approximate tertiles.

Analysis of risk factors associated with DNA positivity to any high-risk HPV type in mid-adult women (N=379). Analysis of risk factors associated with DNA positivity to any high-risk HPV type in mid-adult women (N=379).

hrHPV DNA

 $\overset{\text{\normalsize S}}{S}$ This category represents approximate tertiles. *§*This category represents approximate tertiles.