

# To Modulate Survival under Secondary Stress Conditions, *Listeria monocytogenes* 10403S Employs RsbX To Downregulate $\sigma^B$ Activity in the Poststress Recovery Stage or Stationary Phase

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*Listeria monocytogenes* is a saprophytic bacterium that thrives in diverse environments and causes listeriosis via ingestion of contaminated food. RsbX, a putative sigma B ( $\sigma^B$ ) regulator, is thought to maintain the ready state in the absence of stress and reset the bacterium to the initial state in the poststress stage in *Bacillus subtilis*. We wondered whether RsbX is functional in *L. monocytogenes* under different stress scenarios. Genetic deletion and complementation of the *rsbX* gene were combined with survival tests and transcriptional and translational analyses of  $\sigma^B$  expression in response to stresses. We found that deletion of *rsbX* increased survival under secondary stress following recovery of growth after primary stress or following stationary-phase culturing. The  $\Delta$ *rsbX* mutant had higher expression of  $\sigma^B$  than its parent strain in the recovery stage following primary sodium stress and in stationary-phase cultures. Apparently, increased  $\sigma^B$  expression had contributed to improved survival in the absence of RsbX. There were no significant differences in survival rates or  $\sigma^B$  expression levels in response to primary stresses between the *rsbX* mutant and its parent strain during the exponential phase. Therefore, we provide clear evidence that RsbX is a negative regulator of *L. monocytogenes*  $\sigma^B$  during the recovery period after a primary stress or in the stationary phase, thus affecting its survival under secondary stress.

*Listeria monocytogenes* causes listeriosis in humans, mostly due to consumption of contaminated foods. As a saprophytic bacterium thriving in diverse environments, *L. monocytogenes* can survive and grow over a wide range of environmental conditions, including temperatures from  $-0.4$  to  $45^\circ\text{C}$ , pH as low as 2.5, and high osmolarity (10% to 20% NaCl) (1–4). The general stress-responsive alternative sigma factor sigma B ( $\sigma^B$ ), which was first identified in *Bacillus subtilis* (5), plays a pivotal role in its resistance to environmental stresses (6, 7).

$\sigma^B$  is coexpressed with seven of its principal regulators (regulators of sigma B *rsbR*, *rsbS*, *rsbT*, *rsbU*, *rsbV*, *rsbW*, and *rsbX*) in *B. subtilis* (8) and *L. monocytogenes* (9–11). Partner switching upon phosphorylation and dephosphorylation is the main regulatory mechanism of this protein cluster in response to stresses. This has been studied mostly in *B. subtilis* (12–14) and seldom in *L. monocytogenes*. In unstressed *B. subtilis*, RsbW sequesters  $\sigma^B$  into an association that prevents it from interacting with RNA polymerase. RsbV is dephosphorylated by RsbU or RsbP in response to environmental or metabolic stress, respectively (15, 16). The dephosphorylated RsbV is capable of competing for RsbW, resulting in  $\sigma^B$  liberation. The upstream proteins RsbT, RsbS, and RsbR form a complex called the “stressosome” in *B. subtilis* (17–19). Environmental stresses stimulate the kinase activity of RsbT, which can then be released from the stressosome available to activate RsbU (20).

However, the interactions of these regulatory proteins in *L. monocytogenes* under stresses are not well understood, although there are a number of studies reporting the functional activity of some of the Rsb proteins as the turn-on mechanism upon stressing (6, 7). The RsbT and RsbV proteins in *L. monocytogenes* are considered to convey environmental and energy stress signals to  $\sigma^B$  (21), and RsbU is involved in the response to physical and antibiotic stresses (22). In *B. subtilis*, RsbX is considered a feed-back phosphatase for resetting the stressosome poststress or for

maintenance of the ready state in the absence of stress (14). Such a turn-off function could be important for conservation of energy and recovery of homeostasis of the bacteria upon withdrawal of the stressing factors or in transition from stationary phase to a new culture environment. This is because the bacteria have to mobilize their resources and energy for survival during stress or at different growth phases (23, 24). We wondered whether RsbX is functional in *L. monocytogenes* under stress conditions. We also hypothesized that *L. monocytogenes* RsbX might play a turn-off role in keeping the stressed state under check soon after removal of the stressing factor.

## MATERIALS AND METHODS

**Bacterial strains, plasmids, and growth conditions.** *L. monocytogenes* reference strain 10403S was used as the wild-type strain. The  $\Delta$ *sigB* mutant was constructed and kept in our laboratory (25). *Escherichia coli* DH5 $\alpha$  was employed as the host strain for plasmids pMD18-T (TaKaRa, Dalian, China), pET30a (+) (Merck), pERL3 (26), and pKSV7 (9, 27). *L. monocytogenes* was cultured in brain heart infusion (BHI) medium (Oxoid, Hampshire, England). *E. coli* DH5 $\alpha$  and Rosetta (DE3) were grown at  $37^\circ\text{C}$  in LB broth (Oxoid). Stock solutions of ampicillin (50 mg/ml), erythromycin (30 mg/ml), kanamycin (50 mg/ml), and chloramphenicol (50 mg/ml) were added to the medium, where appropriate, at the required levels.

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TABLE 1 PCR primers used in this study

Name	Sequence (5'→3') <sup>a</sup>	Purpose
rsbX-a	<u>CGGAATTC</u> GTAGAGTCCATCGCCGAA	Construction of <i>rsbX</i> null mutant
rsbX-b	TTACTCCACTTCTCATTTCTGCAAC	
rsbX-c	AATGAGGAAGTGGAGTAACAAAAACACC	
rsbX-d	<u>CGGGATCC</u> ATCATTCGGCAACAAGTAAATCTTGG	
rsbX-up	ATGGCGATCAAGACGCCA	Screening of positive clones of <i>rsbX</i> null mutant
rsbX-d	<u>CGGGATCC</u> ATCATTCGGCAACAAGTAAATCTTGG	
rsbX-w	<u>CGGGATCC</u> TATGGTTCAGCAGGAC	Complementation of <i>rsbX</i> deletion
rsbX-x	ATTCAACTGCCTTGTTCATCACTTCACCCCATCTAAT	
rsbX-y	ATGAACAAGGCAGTTGAATCAAATAATTTATTTGTATTT	
rsbX-z	<u>CGAGCTCT</u> TATTCCGGAAATTTCCC	
sigB-RT-F	GGTGTACGGAAGAAGAAG	qRT-PCR
sigB-RT-R	TCCATCATCCGTACCACC	
gyrB-RT-F	AGACGCTATTGATGCCGATGA	
gyrB-RT-R	GTATTGCGCGTTGTCTTCGA	
sigB-pET-F	<u>CGGGATCC</u> ATGCCAAAAGTATCTCA	Prokaryotic expression
sigB-pET-R	<u>GCGTTCGACTT</u> ACTCCACTTCCTCATTC	
gapdh-pET-F	<u>CGCGGATCC</u> ATGACAGTTAAAGTTGGTAT	
gapdh-pET-R	<u>CCCAAGCTT</u> TTATTTAGCGATTTTTTGCAA	
P <sub>sigB</sub> ::gfp-a	<u>CGGGATCC</u> TGGCTTTGAGAGAGATTC	Construction of <i>gfp</i> reporter system
P <sub>sigB</sub> ::gfp-b	TTTACTCATAAAATTTTCTCTCTTATT	
P <sub>sigB</sub> ::gfp-c	AATTTATGAGTAAAGGAAGAAC	
P <sub>sigB</sub> ::gfp-d	<u>CGAGCTCT</u> TATTGTATAGTTCATCCATGC	

<sup>a</sup> Nucleotides introduced to create restriction sites are underlined.

**Construction of deletion mutants.** A homologous recombination strategy with splicing by overlap extension (SOE)-PCR was used for in-frame deletion to construct the *rsbX* deletion mutant according to the protocol described previously (27, 28). Genomic DNA of *L. monocytogenes* 10403S was extracted as described previously (29, 30). SOE-PCR primers were used to amplify the homologous arms upstream and downstream of *rsbX* (Table 1). The resulting product with deletion of *rsbX* was cloned into the temperature-sensitive shuttle vector pKSV7 and transformed into *E. coli* DH5 $\alpha$ . After confirmation by sequencing, the recombinant vector containing the target gene deletion cassette was electroporated into *L. monocytogenes* 10403S (28). Transformants were selected on BHI agar plates containing chloramphenicol (10  $\mu$ g/ml). A single transformant was serially passaged at a nonpermissive temperature (41°C) in BHI-chloramphenicol to promote chromosomal integration, which was confirmed by PCR. A single colony with chromosomal integration was successively passaged in BHI without chloramphenicol at a permissive temperature (30°C) and screened for loss of chloramphenicol resistance (31). Allelic exchange mutagenesis was confirmed by PCR and DNA sequencing. The mutant strain was designated the  $\Delta$ *rsbX* mutant.

**Complementation of the *rsbX* deletion mutant.** *rsbX* complementation was conducted according to a previous protocol (26). The *rsbX* open reading frame (ORF) was fused with the *sigB* promoter in front of the *rsbV* gene by SOE-PCR (28) using primer pairs rsbX-w/x and rsbX-y/z (Table 1). The product containing BamHI and SacI sites was digested and ligated to pERL3. After confirmation by sequencing, the resulting plasmid was electroporated into the *L. monocytogenes*  $\Delta$ *rsbX* strain. Transformants were selected on BHI agar plates containing erythromycin (10  $\mu$ g/ml). The complemented strain was designated the  $\Delta$ *rsbX*/*rsbX* strain.

**Construction of P<sub>sigB</sub>::gfp gene fusion strains.** The green fluorescent protein gene (*gfp*) was amplified from the recombinant plasmid pFL251 kept in our laboratory and was fused with the stress-sensitive  $\sigma^B$  promoter in front of the *rsbV* gene by SOE-PCR. After digestion with BamHI and

SacI, the P<sub>sigB</sub>::gfp fragment was cloned into pERL3. After confirmation by sequencing, the recombinant plasmid was electroporated into *L. monocytogenes* 10403S and the  $\Delta$ *rsbX* derivative mutant strain as described earlier. Transformants were selected on BHI agar plates containing erythromycin (10  $\mu$ g/ml).

**Expression of SigB and GAPDH in *E. coli* for generation of polyclonal antibodies.** DNA sequences corresponding to the GAPDH (glyceraldehyde-3-phosphate dehydrogenase) gene and *sigB* were PCR amplified from *L. monocytogenes* 10403S using primers listed in Table 1. Each fragment was then cloned into pET30a(+). The recombinant plasmids were confirmed by PCR and sequencing and then transformed into *E. coli* Rosetta(DE3). Overnight cultures of *E. coli* harboring the expression constructs were diluted 1:100 into 4 liters of LB broth supplemented with 50  $\mu$ g/ml kanamycin and subcultured at 37°C until the cell growth reached an optical density at 600 nm (OD<sub>600</sub>) of 0.5 to 0.6. IPTG (isopropyl- $\beta$ -D-thiogalactopyranoside) (TaKaRa) was added at a final concentration of 1 mM to induce expression at 37°C for 3 h. The cells were harvested, resuspended in phosphate-buffered saline (PBS) (pH 7.4), and then sonicated 50 times for 10 s each at 300 W. The sonicated mixtures were centrifuged to collect the supernatants. The proteins were purified with nickel-iminodiacetic acid (Ni-IDA) agarose (Weishi-Bohui Chromototech Co., Beijing, China) according to the manufacturer's directions. Protein purity was confirmed by 12% SDS-PAGE. The protein concentration was determined with a bicinchoninic acid (BCA) protein assay kit (MultiSciences, China). Antisera were generated by immunization, at 2-week intervals, of two female New Zealand White rabbits with each of the purified proteins emulsified with an equal volume of complete or incomplete Freund's adjuvant (100  $\mu$ g protein per rabbit). One week after the fourth immunization, blood samples were collected for separation of serum samples as polyclonal antibodies. Preimmune serum samples were collected as negative controls. The animal experiment was approved by the Laboratory Animal Management Committee of Zhejiang University (approval no. 20140232).

**Growth and survival assays.** *L. monocytogenes* wild-type,  $\Delta rsbX$  mutant, and complemented strains were grown to exponential phase at 37°C in BHI with shaking. For growth assay, the cultures were collected and washed in PBS (10 mM, pH 7.4). Each of the cultures was then diluted 1:50 in BHI at pH 7.4 (BHI-pH 7.4), BHI-pH 4.8, or BHI-5% NaCl and incubated at 37°C. Growth was measured as OD<sub>600</sub> at 1-h intervals up to 8 h. This test was performed in triplicate.

For survival assay, cultures were collected at exponential phase (~4 h; OD<sub>600</sub>, ~0.3) or stationary phase (~16 h). After washing with PBS, 1 ml of each culture suspension was pelleted and resuspended in BHI-pH 3.5 or in BHI-15% NaCl and incubated at 37°C for 0.5 h. The viable bacterial cells were then plated onto BHI agar at appropriate dilutions. The relative survival of each strain is expressed as the ratio to the wild type. Percent survival is reported as the mean  $\pm$  standard deviation (SD) from three independent experiments, each performed in duplicate.

**Survival in the poststress stage.** *L. monocytogenes* wild-type,  $\Delta rsbX$  mutant, and complemented strains were grown to exponential phase (~4 h; OD<sub>600</sub>, ~0.3) at 37°C in BHI-pH 7.4 with shaking. The cultures were pelleted and resuspended in stress medium (BHI-pH 4.8 or BHI-5% NaCl). After 0.5 h of stress incubation, the cultures were harvested, washed in PBS, resuspended in fresh BHI for 0.5 h of recovery growth, and then shifted to a harsher secondary stress medium (BHI-pH 3.5 or BHI-15% NaCl) for 0.5 h.

Under the overnight stress condition, the cultures were resuspended in a multistress medium (BHI containing 3% NaCl, 30% sucrose) (pH 5.5; water activity [a<sub>w</sub>], ~0.96). After 12 h of incubation at 37°C, the bacterial strains were harvested, washed in PBS, and resuspended in BHI for 0.5 h or 1.5 h of recovery growth and then subjected to the same secondary stress medium as described above for 0.5 h. One milliliter of bacterial cells after recovery growth and secondary stress was plated onto BHI agar at appropriate dilutions to count the viable cells. The relative survival of each strain is expressed as the ratio of CFU of the secondary stress cultures to that at the end of recovery growth. Percent survival is reported as the mean  $\pm$  SD from three independent experiments, each performed in duplicate. Statistically significant differences between the mutant or complemented strain and the wild type were determined.

**Experimental procedure for  $\sigma^B$  expression analysis.** For *sigB* transcription analysis during the recovery phase, *L. monocytogenes* wild-type, mutant, and complemented strains were grown to exponential phase (~4 h; OD<sub>600</sub>, ~0.3) at 37°C in BHI with shaking. Cultures were then collected and resuspended in BHI-5% NaCl for 0.5 h. Three aliquots of the stressed cultures were taken; one was used as a primary stress control for direct total RNA isolation, and the other two were pelleted and resuspended in BHI-pH 7.4 for 0.5 h or 1.5 h of recovery growth. At the end of each recovery growth, the cultures were pelleted for total RNA isolation. The same protocol was used for reporter assay or quantification of ATP in the recovery cultures. For analysis of SigB protein expression, the time period for stress and recovery was extended to 45 min. For comparison of  $\sigma^B$  expression between exponential-phase and stationary-phase cultures, bacterial strains were subcultured to exponential phase (~4 h; OD<sub>600</sub>, ~0.3) or stationary phase (~16 h) before being collected for total RNA isolation, protein extraction, and ATP quantification. Expression of  $\sigma^B$  at the transcriptional and translational levels in the above-described treatments was analyzed by quantitative reverse transcription-PCR (qRT-PCR), Western blotting, and GFP reporter assay as described below.

**qRT-PCR.** Total RNAs from the above-described treatments were prepared using the SV total RNA isolation system (Promega, Inc., WI), and cDNAs were synthesized with reverse transcriptase (Toyobo, Japan). Transcription of the *sigB* gene (with primer pair sigB-RT-F/sigB-RT-R [Table 1]) was quantified in 20- $\mu$ l reaction mixtures containing SYBR qPCR mix (Toyobo) on an iCycler iQ5 real-time PCR detection system (Bio-Rad, USA). The housekeeping gene *gyrB* was selected as an internal control for normalization as previously described (26). All reactions were conducted in triplicate, and the target gene mRNA expression in each mutant was calculated using the 2<sup>- $\Delta\Delta CT$</sup>  method (32) and shown as fold

changes relative to the wild type (mean  $\pm$  SD). Statistically significant differences between the mutant or complemented strain and the wild type were determined.

**Western blotting.** All bacterial cells from the above-described treatments were harvested and resuspended in 1 ml protein extraction buffer (10 mM Tris-HCl [pH 8.0], 100 mM NaCl, 1 mM EDTA, 1% SDS, and 2% Triton X-100) for crude protein extraction. The bacterial suspensions were homogenized 3 times for 20 s each in a Precellys 24 homogenizer (Bertin, France) in the presence of 0.5-mm ceramic beads at 6,500 rpm. The supernatant samples were collected after centrifugation as the whole-protein samples for further analysis. The protein concentration was measured with a BCA protein assay kit. Equal amount of protein samples were subjected to 12% SDS-PAGE and transferred onto polyvinylidene difluoride (PVDF) membranes (Millipore, USA). The membranes were blocked for 2 h in Tris-buffer saline with 0.05% Tween 20 (TBST) containing 5% skim milk and were incubated for 1 h with each of the antibodies. The blots were washed and incubated for another hour with horseradish peroxidase (HRP)-conjugated anti-rabbit IgG (MultiSciences, China). Protein bands were revealed using the ECL Plus detection system under conditions recommended by the manufacturer (Thermo, USA). Images were captured in a Gel 3100 chemiluminescent imaging system (Sagecreation, China), and the densities of the protein bands were normalized to the GAPDH signal and quantified using Quantity One software (Bio-Rad, USA).

**Quantification of GFP fluorescence.** The *L. monocytogenes* wild-type strain and its *rsbX* deletion mutant harboring the recombinant plasmid carrying P<sub>*sigB*</sub>::*gfp* were either subjected to primary stress followed by recovery growth for 0.5 h and 1.5 h or grown to the required growth phases as described above. The bacterial cultures were then pelleted, resuspended in PBS, and adjusted to equal OD<sub>600</sub>s. To quantify the fluorescence due to  $\sigma^B$  promoter-driven GFP expression, 200  $\mu$ l of adjusted suspensions was transferred to white flat-bottom 96 wells (Corning, NY) for measurement of fluorescence with excitation at 488 nm and emission at 507 nm on a SpectraMax M2 spectrophotometer (Molecular Devices, USA). Relative fluorescence was expressed as the ratio of that of the  $\Delta rsbX$  mutant to that of the wild-type strain at a specific recovery time or a particular growth phase. Each experiment was repeated three times, each in triplicate wells for each strain.

**Quantification of extracellular and intracellular ATP.** Quantification of ATP in the bacterial strains from the above-described treatments followed the protocol of Hironaka et al. (33). The OD<sub>600</sub> of the treated cultures was measured. Briefly, either the treated suspension or the 0.22- $\mu$ m-filtered supernatant (100  $\mu$ l each) was mixed with an equal volume of BacTiter-Glo ATP reagent (Promega, Inc., WI) for measurement of total ATP or extracellular ATP. The amount of intracellular ATP was calculated by subtracting the amount of extracellular ATP from that of the total ATP (from uncentrifuged bacterial cultures). The bioluminescence response was detected (500 ms) with a luminometer (MLX luminometer; Dynex Technologies, USA). The ATP concentration was determined from the calibration curve using reference ATP dilutions (Sigma-Aldrich, St. Louis, MO, USA). The cell lysis time for these bacteria was empirically determined to be 8 min. Corresponding media were used as the negative controls. Bioluminescence measurements for each sample were obtained in four replicate wells. Data are expressed as mean (nM/0.1 OD)  $\pm$  SD for replicate wells or repeated experiments. ATP levels in the  $\Delta rsbX$  strain at two different growth phases were calculated relative to those in the wild-type at corresponding phases, which were normalized to 100%.

**Statistical analysis.** All data comparisons were analyzed using the two-tailed Student *t* test. Differences with *P* values of <0.05 were considered statistically significant, and those with *P* values of <0.01 were considered markedly statistically significant.

## RESULTS

***Listeria monocytogenes rsbX* does not affect growth under mild acidic or sodium stress.** To investigate whether deletion of *rsbX*

TABLE 2 Growth and survival of *Listeria monocytogenes* wild-type strain 10403S and its  $\Delta rsbX$  mutant under stress conditions and *sigB* transcription by the strains stressed with 5% NaCl<sup>a</sup>

Strain	OD <sub>600</sub> at 8 h			Survival (%)		
	pH 7.4	pH 4.8	5% NaCl	pH 3.5	15% NaCl	<i>sigB</i> mRNA (%) with 5% NaCl
WT	0.56 ± 0.03	0.09 ± 0.007	0.39 ± 0.01	100 ± 3.82	100 ± 1.30	100 ± 15.7
$\Delta rsbX$ mutant	0.53 ± 0.01	0.09 ± 0.009	0.39 ± 0.03	92.9 ± 2.49*	100 ± 8.53	105 ± 19.6
<i>P</i> value	0.188	0.978	0.986	0.026	0.551	0.649

<sup>a</sup> Data are expressed as means ± SD from triplicate experiments. Growth was measured as OD<sub>600</sub> up to 8 h. Maximum OD values at hour 8 are shown. Stress durations for transcription analysis and survival tests were 0.5 h. Survival of and *sigB* transcription by the  $\Delta rsbX$  mutant were calculated relative to those for the wild-type strain (WT), which were normalized to 100%. \*, *P* < 0.05.

would affect responses of *L. monocytogenes* to mild or acute stresses, the  $\Delta rsbX$  mutant strain and its parent strain were exposed to BHI broth at pH 4.8 or 3.5 or to BHI broth (pH 7.4) containing 5% NaCl or 15% NaCl to examine their growth potential or survival. With mild stresses (pH 4.8 or 5% NaCl), the  $\Delta rsbX$  mutant strain had growth similar to that of its parent strain as shown by average OD<sub>600</sub> at hour 8 (Table 2). Deletion of *rsbX* did not affect listerial survival upon brief exposure (0.5 h) in 15% NaCl-supplemented BHI broth, since the  $\Delta rsbX$  mutant and its parent strain had similar levels of surviving cells. However, the  $\Delta rsbX$  mutant did show significant reduction of survival compared to that of its parent strain upon 0.5 h of exposure to BHI at pH 3.5 (*P* < 0.05) (Table 2).

**Deletion of *rsbX* increases survival of prestressed *Listeria monocytogenes* in secondary stress media.** We further examined

whether the *rsbX* gene functions in response to secondary stresses. Bacterial strains were first exposed to BHI at acidic pH 4.8 for 0.5 h, allowed to recover for 0.5 h in BHI at pH 7.4, and then subjected to 0.5 h of secondary stresses. Figure 1A and B show that the  $\Delta rsbX$  mutant was more tolerant to secondary stress than its parent strain, with a 2.3-fold increase in survival rate in pH 3.5 medium (*P* < 0.01) and a 2.7-fold increase in 15% NaCl (*P* < 0.01) compared to that of the parent strain. With BHI containing 5% NaCl as the primary stress medium, the survival rate of the  $\Delta rsbX$  mutant strain was 4.5-fold higher than that of its parent strain when restressed in BHI at pH 3.5 (Fig. 1C) (*P* < 0.01) and 3.6-fold higher when restressed in 15% NaCl-supplemented BHI (Fig. 1D) (*P* < 0.01). The  $\Delta rsbX/rsbX$  complemented strain, however, showed survival rates close to those of the wild-type strain.

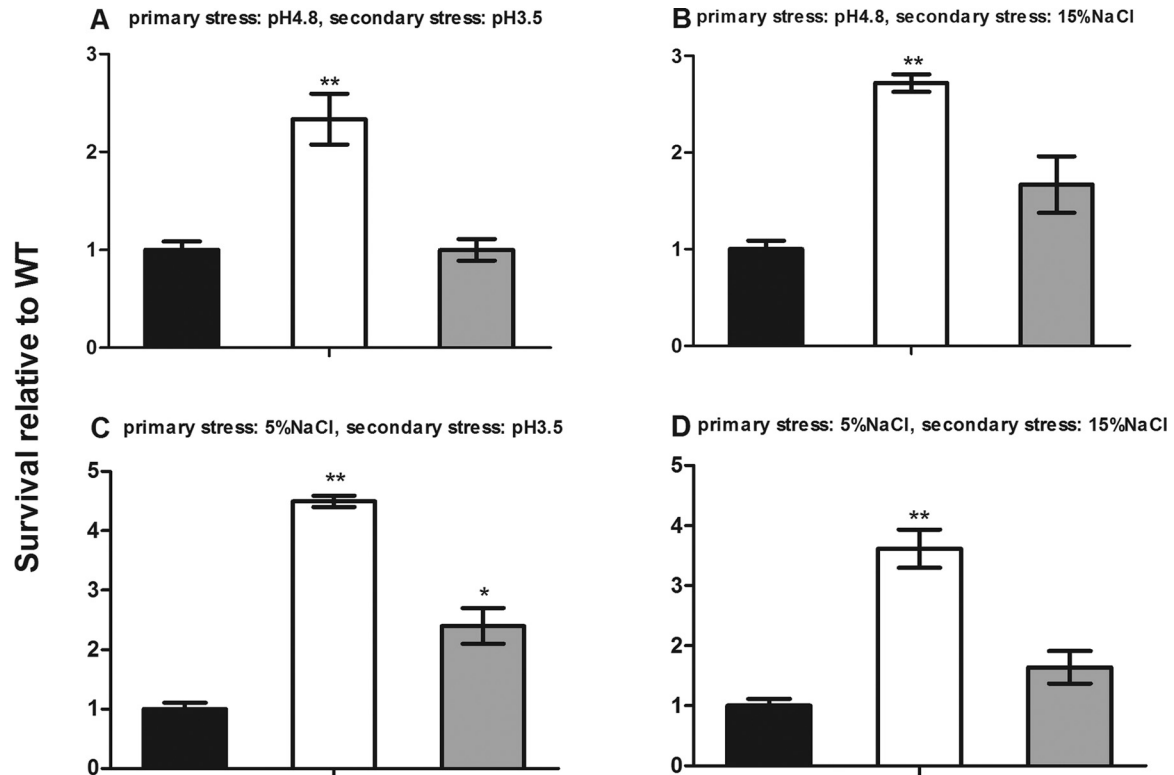
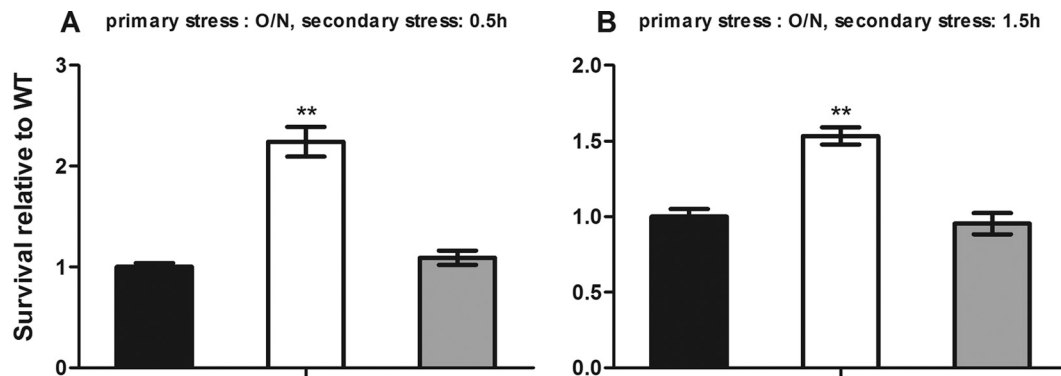


FIG 1 Survival of *Listeria monocytogenes* wild-type (WT) strain 10403S (black bars), its  $\Delta rsbX$  mutant (white bars), and the complemented strain (gray) in response to secondary stress after 0.5 h of recovery growth. The durations of primary stress, recovery, and secondary stress were 0.5 h. Data are the means ± SDs from triplicate experiments. Statistically significant differences between the mutant or complemented strain and the wild type were determined (*n* = 3; \*, *P* < 0.05; \*\*, *P* < 0.01).

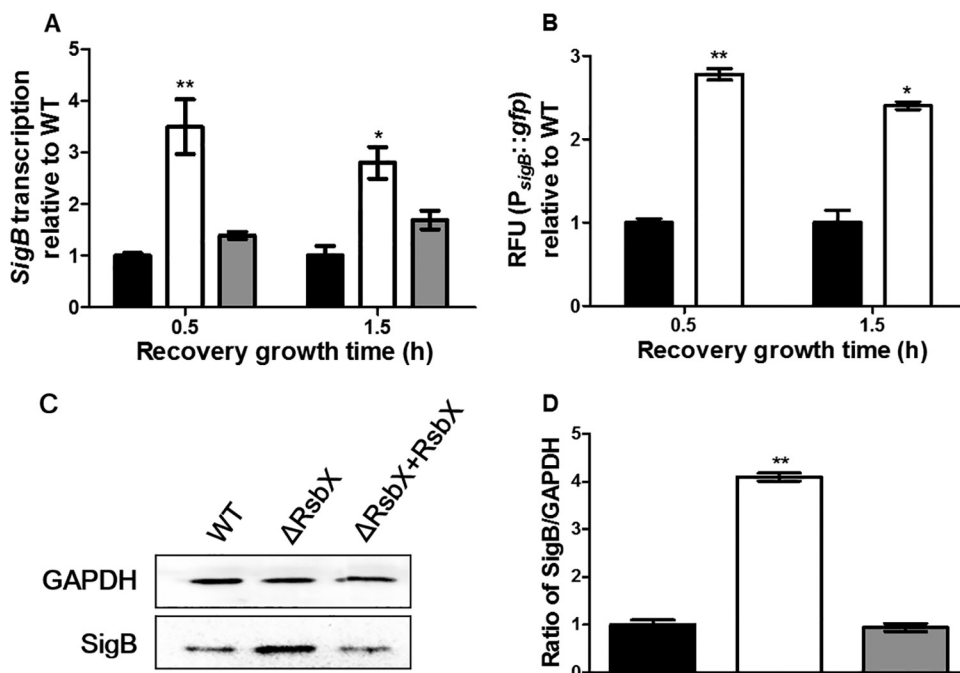




**FIG 2** Survival of *Listeria monocytogenes* wild-type strain 10403S (black bars), its  $\Delta rsbX$  mutant (white bars), and the complemented strain (gray bars) in response to a multistress medium (BHI–3% NaCl, 30% sucrose) (pH 5.5;  $a_w$ , ~0.96) after 0.5 h of recovery growth. The primary stress was an overnight (O/N) (~12-h) stress in a multistress medium, the recovery growth was for 0.5 h, and the secondary stress was also multistress medium for 0.5 h (A) or 1.5 h (B). Data are the means  $\pm$  SDs from triplicate experiments. Statistically significant differences between the mutant or complemented strain and the wild type were determined ( $n = 3$ ; \*\*,  $P < 0.01$ ).

We then sought to determine if prolonged primary stress (~12 h) could affect the listerial response to secondary stress after a 0.5-h recovery period. The primary multistress medium was prepared with a water activity of 0.96 and a pH of 5.5. After a 0.5 h or 1.5 h of recovery growth, the survival rate of the  $\Delta rsbX$  mutant strain was 1.5 to 2.2-fold higher than that of its parent strain at both time points of the secondary stress (Fig. 2A and B) ( $P < 0.01$ ). Complementation of the *rsbX* gene reduced survival to the wild-type level. The above results indicate that the RsbX plays a role in the response to secondary stress after a short recovery growth.

**Deletion of RsbX increases  $\sigma^B$  expression in response to secondary stresses.** In *B. subtilis*, RsbX is known to regulate  $\sigma^B$  (34, 35). We hypothesized that RsbX might modulate survival of *L. monocytogenes* under secondary stress by regulating  $\sigma^B$  expression following primary stress. As shown in Fig. 3A, the *sigB* transcriptional level of the  $\Delta rsbX$  mutant was 3.5-fold higher than that of its parent strain after 0.5 h of recovery growth ( $P < 0.01$ ) and 2.8-fold higher after 1.5 h of recovery growth following primary stress (BHI–5% NaCl) ( $P < 0.05$ ), which could be reversed by genetic complementation. The  $\sigma^B$  promoter-driven GFP reporter system was used as an additional support to qRT-PCR. The  $\Delta rsbX$  mutant



**FIG 3** Expression of  $\sigma^B$  of *Listeria monocytogenes* wild-type strain 10403S (black bars), its  $\Delta rsbX$  mutant (white bars), and the complemented strain (gray bars) after recovery growth following primary stress with BHI containing 5% NaCl. (A) *sigB* transcription after 0.5 h and 1.5 h of recovery growth. (B) Relative fluorescence units (RFU) of  $P_{sigB::gfp}$  reporter fusion after 0.5 h and 1.5 h of recovery growth. (C and D) Western blotting and quantification of expression of SigB and GAPDH (as an internal control) after 45 min of primary stress followed by 45 min of recovery growth. Data are reported as means  $\pm$  SDs. Statistically significant differences between the mutant or complemented strain and the wild type were determined ( $n = 3$ ; \*,  $P < 0.05$ ; \*\*,  $P < 0.01$ ).

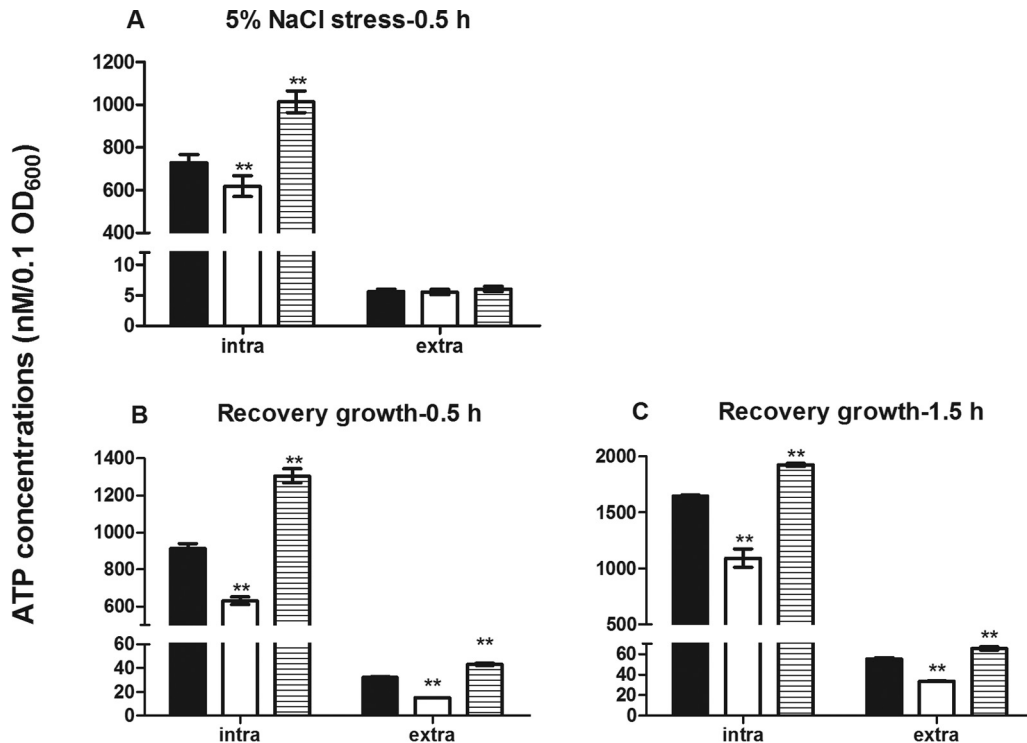


FIG 4 Comparison of intracellular and extracellular ATP levels at the end of sodium stress or after recovery growth of *Listeria monocytogenes* wild-type strain 10403S (black bars) and its  $\Delta rsbX$  (white bars) or  $\Delta sigB$  (hatched bars) mutant. Intracellular (intra) and extracellular (extra) ATP concentrations were quantified as nM/0.1 OD<sub>600</sub> unit at the end of 0.5 h of 5% NaCl stress (A) and after a subsequent 0.5 h of recovery growth (B) or 1.5 h of recovery growth (C). Data are means  $\pm$  SDs for four replicate wells of one typical experiment. Statistically significant differences between the wild-type strain 10403S and its  $\Delta rsbX$  mutant or  $\Delta sigB$  mutant were determined ( $n = 4$ ; \*\*,  $P < 0.01$ ).

showed significantly higher levels of GFP fluorescence than its parent strain at both time points of recovery growth (Fig. 3B). At the protein level,  $\sigma^B$  expression in the  $\Delta rsbX$  mutant was about 4-fold higher than that of its parent or complemented strain (Fig. 3C and D) ( $P < 0.01$ ). All these findings reveal that increased survival of the  $\Delta rsbX$  mutant under secondary stress resulted from elevated  $\sigma^B$  expression during the recovery stage following primary stress. Using a luciferase-based ATP assay, the  $\Delta rsbX$  mutant showed significantly lower intracellular and extracellular ATP levels than its parent strain during the recovery period (Fig. 4). The  $\Delta sigB$  mutant, however, had significantly higher intracellular and extracellular ATP levels than its parent strain and the  $\Delta rsbX$  mutant subjected to sodium stress or during the recovery period (Fig. 4). Deletion of *rsbX* also led to a reduced intracellular ATP level right after the primary stress. Therefore, we suggest that RsbX might act as a negative  $\sigma^B$  regulator during the recovery period following primary stress and that such repression seems to be energy saving.

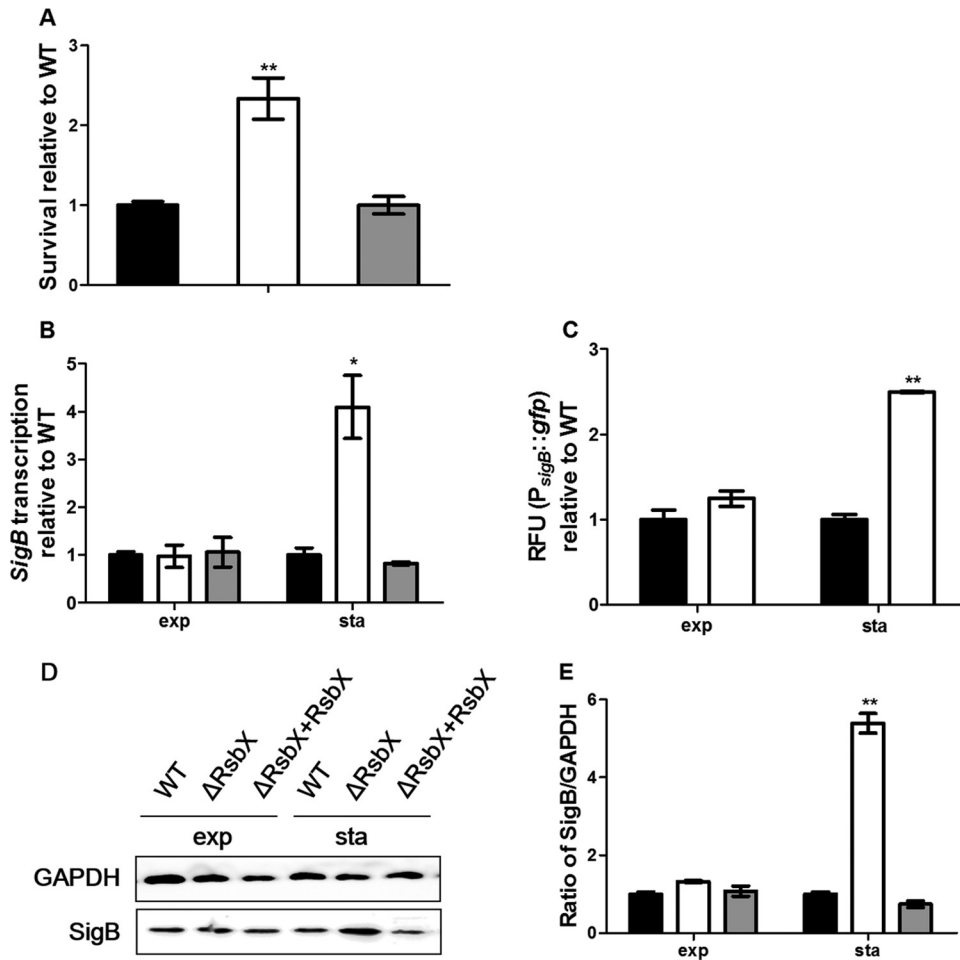
**RsbX is involved in  $\sigma^B$  activity in stationary phase.** Expression of  $\sigma^B$  in *B. subtilis* is known to differ with its growth phases (35). We wondered whether RsbX in *L. monocytogenes* could be involved in regulating bacterial activity particularly in the stationary phase, since there was no difference in survival between the  $\Delta rsbX$  mutant and its parent strain in the exponential phase. We found that the survival rate of the  $\Delta rsbX$  mutant was markedly increased compared to that of its parent strain when their stationary-phase cultures were subjected to sodium (15% NaCl) stress (Fig. 5A) ( $P < 0.01$ ). Deletion of the *rsbX* gene increased transcription of *sigB* by nearly 4-fold compared to that of its parent strain

(Fig. 5B) ( $P < 0.05$ ) in the stationary phase, while there was no difference in *sigB* transcription in the exponential phase. The *rsbX* deletion mutant also had higher  $\sigma^B$  promoter-driven GFP fluorescence than its parent strain in the stationary-phase culture but not in the exponential-phase culture (Fig. 5C) ( $P < 0.01$ ). Western blotting showed that  $\sigma^B$  expression in the  $\Delta rsbX$  mutant was significantly higher than that in its parent strain (Fig. 5D and E) ( $P < 0.01$ ).

The above results suggest that RsbX might function to exert a negative regulatory effect in the stationary phase. This prompted us to postulate that downregulation of  $\sigma^B$  by RsbX might be an energy-saving strategy for the bacteria to cope with potential incoming stimuli in the stationary phase. We found that there were significant differences in intracellular ATP levels between the exponential and stationary phases of *L. monocytogenes* culture, with those in the exponential phase being 2-fold higher (Fig. 6) ( $P < 0.01$ ). ATP was also secreted to the extracellular medium but at a lower percentage (about 3% of the total ATP in exponential-phase culture and nearly 5% in stationary-phase culture). Deletion of *rsbX* did not affect the level of intracellular ATP in either phase, but the extracellular ATP level was reduced by one-third compared with that for parent strain in the stationary-phase culture (Fig. 6) ( $P < 0.05$ ).

## DISCUSSION

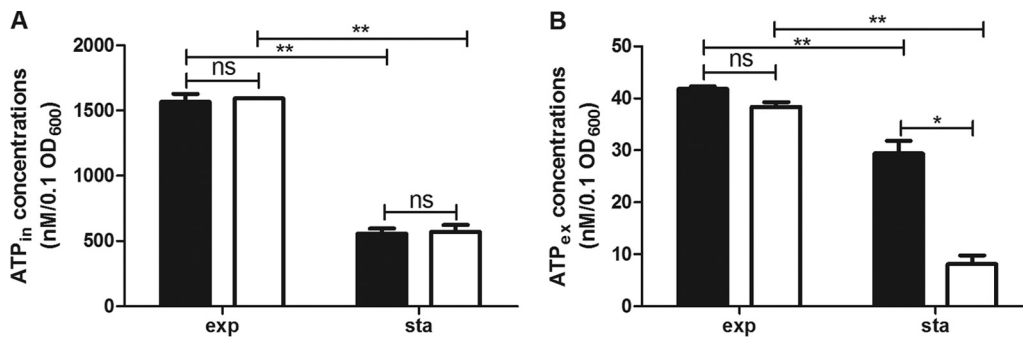
In *B. subtilis*, RsbX was found to dephosphorylate RsbS and/or RsbR, thus preventing RsbT from activating RsbU (36, 37). Therefore, RsbX is considered a feedback phosphatase to reset the general stress response (14). So far there has been no study on its roles



**FIG 5** Survival and expression of  $\sigma^B$  of *Listeria monocytogenes* wild-type strain 10403S (black bars), its  $\Delta$ *rsbX* mutant (white bars) and the complemented strain (gray bars) in the exponential (exp) and stationary (sta) phases. (A) Survival of the stationary-phase cultures in BHI–15% NaCl. (B) *sigB* transcription. (C) Relative fluorescence units (RFU) of  $P_{sigB}::gfp$  reporter fusion. (D and E) Western blotting and quantification of expression of SigB and GAPDH (as an internal control). Data are reported as means  $\pm$  SDs. Statistically significant differences between the mutant or complemented strain and the wild type were determined ( $n = 3$ ; \*,  $P < 0.05$ ; \*\*,  $P < 0.01$ ).

in responses of *L. monocytogenes* to stresses. Here we reveal that RsbX contributes to repressed growth by negative regulation of  $\sigma^B$  activity when *L. monocytogenes* is exposed to secondary stress after a short recovery period or when the culture is in the stationary

phase. This suggests that RsbX functions to downregulate the general stress response after the primary stress or in the stationary phase, a complex condition of high osmosis, reduced pH, and inhibition by its own metabolites.



**FIG 6** Intracellular and extracellular ATP levels in exponential- and stationary-phase cultures of *Listeria monocytogenes* wild-type strain 10403S (black bars) and its  $\Delta$ *rsbX* mutant (white bars). Intracellular ATP ( $ATP_{in}$ ) (A) and extracellular ATP ( $ATP_{ex}$ ) (B) concentrations in the exponential (exp) and stationary (sta) phases were quantified as nM/0.1 OD<sub>600</sub> unit. The experiment was repeated four times. Data are means  $\pm$  SDs for four replicate wells of one typical experiment. Statistically significant differences between the wild-type strain and the  $\Delta$ *rsbX* mutant were determined ( $n = 4$ ; \*\*,  $P < 0.01$ ; not significant [ns],  $P > 0.05$ ).

**Listeria monocytogenes RsbX does not function in response to primary stress.** Studies using *L. monocytogenes*  $\Delta sigB$  mutants have demonstrated that  $\sigma^B$  contributes to bacterial survival under acid and sodium stresses (6, 10). The gene *rsbX* is the last one of the *sigB* operon that is transcriptionally regulated by *sigB* (11). We supposed that RsbX could be functional as it is in *B. subtilis*, although there is only 30.2% amino acid sequence identity between the two RsbX proteins. By genetic deletion, we found that RsbX did not affect growth in BHI medium at pH 4.8, in BHI with 5% NaCl, or in BHI with high sodium (15% NaCl) stress, although it did have some negative effect on listerial survival at sublethal acidic pH. Initially we found that sodium stress induced stronger  $\sigma^B$  activation than low pH and that the window of lethal and sublethal pH was narrow, so we chose NaCl as a model stressor to study the effect of RsbX on  $\sigma^B$  expression upon primary stress. There was virtually no difference in *sigB* transcription between the  $\Delta rsbX$  mutant and its parent strain in response to 5% NaCl stress. These findings suggest that RsbX does not have direct involvement in primary environmental stresses and *sigB* transcription, at least under sodium stress. This is similar to the case for *B. subtilis*, where RsbX does not have direct involvement in  $\sigma^B$  ethanol stress induction and some stress-induced  $\sigma^B$  activation can occur in the absence of RsbX (34, 38).

**RsbX is a negative regulator of  $\sigma^B$  in *Listeria monocytogenes* during the recovery period following primary stress or in stationary-phase culture.** A large number of studies have examined how bacteria survive under stress conditions, namely, the turn-on mechanisms upon stress. Expression of  $\sigma^B$  could be readily induced in *L. monocytogenes* subjected to various stresses as part of its survival strategy (6, 21, 25). Few have paid attention to the turn-off switch upon removal of primary stress and the subsequent responses to secondary stress. In *B. subtilis*, RsbX is thought to complete a negative feedback loop that returns the stressed cells to their initial state without direct participation of the stress induction process (34, 36). This type of turn-off function might be important for energy conservation and maintenance of homeostasis of the bacteria. We thought that if *L. monocytogenes* RsbX plays a turn-off role in keeping the stressed state under check soon after withdrawal of the stressing factor, deletion of *rsbX* would exhibit a rebound phenomenon with a phenotype more resistant to secondary stress. We designed a stress-recovery-restress approach to examine the effects of primary stress on the recovery survival upon secondary stress.

After a 0.5-h recovery period, the survival rate of the  $\Delta rsbX$  mutant increased significantly compared to that of its parent strain, no matter what primary or secondary stress factor was used. Extended overnight multistress showed similar results. We speculated that increased survival of the  $\Delta rsbX$  mutant in response to secondary stress might be related to elevated  $\sigma^B$  expression in the recovery period following primary stress. Analyses by quantitative PCR,  $P_{sigB}::gfp$  reporter assay, and Western blotting revealed that  $\sigma^B$  was significantly increased at the transcriptional and translational levels in the  $\Delta rsbX$  mutant compared with its parent strain. This is in contrast with finding that there was no difference in *sigB* transcription between the two strains in response to primary stresses. These results indicate that the RsbX protein in *L. monocytogenes* is not directly involved in stress-induced  $\sigma^B$  activation but rather is involved in negative regulation of  $\sigma^B$  of stressed cells shifted to a new favorable environment (i.e., in the recovery medium used in this study). This is similar to the case for

*B. subtilis* RsbX, which is believed to participate in poststress recovery of  $\sigma^B$  activity to prestress levels (35).

We also found that RsbX, though not affecting  $\sigma^B$  activity in exponential-phase cultures, played a role in restricting the  $\sigma^B$  activity in stationary phase, as shown by more resistance and higher  $\sigma^B$  expression in the  $\Delta rsbX$  mutant than its parent strain when the stationary-phase cultures were shifted to sodium stress. Therefore, we believe that RsbX negatively regulates  $\sigma^B$  of the stationary cultures of *L. monocytogenes*. In *B. subtilis*, Smirnova et al. also found that the wild-type strain had higher  $\sigma^B$  activity at the onset of stationary phase, while the RsbX-negative suppressor mutants (due to mutations in RsbT and RsbU that suppressed RsbX expression) did not show elevated  $\sigma^B$  activity until entering the stationary phase, where it was higher than that in their congenic RsbX-positive strains (35). They concluded that RsbX is required to restrict RsbU activity in the absence of obvious stress stimulation.

**Listeria monocytogenes RsbX might serve to save energy by downregulating  $\sigma^B$ .** Under stress conditions, the bacteria should attempt to mobilize their resources for survival, which requires energy consumption (39, 40). Resetting or turning off the  $\sigma^B$  activity (to maintain low  $\sigma^B$  activity) after removal of stressors or shifting from stationary-phase cultures to fresh medium might be a strategy of the bacteria to save energy. If the  $\sigma^B$  turn-off mechanism is meant to save energy, we would see increased ATP in the parent strain as opposed to the  $\Delta rsbX$  mutant. Thus, we tested intracellular and extracellular ATP levels of bacterial cultures of the  $\Delta rsbX$  mutant and its parent strain subjected to a brief sodium stress followed by recovery in normal BHI. We did see reduced intracellular and extracellular ATP levels in the  $\Delta rsbX$  mutant cultures at the end of stress or during the recovery period, suggesting that RsbX might be acting to save energy by downregulating  $\sigma^B$ . This is supported by the fact that the  $\Delta sigB$  mutant had markedly higher levels of intracellular ATP than the wild-type strain.

However, we did not observe any differences in intracellular ATP levels between the  $\Delta rsbX$  mutant and its parent strain in either exponential or stationary phase, although there were significant differences in the intracellular and extracellular ATP levels of both strains between exponential- and stationary-phase cultures. The intracellular ATP at the stationary phase was only one-third of that in the exponential-phase cultures. Alper et al. reported a close correlation between the concentration of ATP required for efficient RsbW-mediated phosphorylation of RsbV, inhibition of RsbW-RsbV complex formation, and inhibition of  $\sigma^B$ -directed transcription (41). Lower ATP levels in the stationary-phase cultures could be an inducing factor for  $\sigma^B$  activity (42).

We show that *L. monocytogenes* is able to secrete ATP outside the cells, but at a lower percentage. Recent reports showed that some bacterial species, including Gram-positive *Staphylococcus aureus* and *Enterococcus faecalis*, could release ATP to the culture supernatants (33, 43). *E. coli* and *Salmonella* were able to hydrolyze the extracellular ATP on the bacterial surface (43). The only significant difference we observed was reduced extracellular ATP in the  $\Delta rsbX$  mutant compared with that in its parent strain in the stationary phase. It is known that the class III heat shock protein ATPase ClpC shows  $\sigma^B$ -dependent induction in response to energy stresses (44). The stationary-phase cultures are energy deficient with low ATP, which could induce  $\sigma^B$  activity (42). Therefore, it is tempting to speculate that reduced extracellular ATP in



the  $\Delta$ rsbX mutant could be due to hydrolysis of ATP crossing the cell wall by ATP-dependent ClpC as a result of  $\sigma^B$  activation.

In conclusion, we clearly show that RsbX is a negative regulator of *L. monocytogenes*  $\sigma^B$  during the recovery period after the primary stress or in the stationary phase, thus affecting its survival under secondary stress. This is probably a strategy of the bacterium for energy conservation. Further research on the mechanisms by which RsbX operates to downregulate  $\sigma^B$  and on the relationship between energy metabolism and RsbX- $\sigma^B$  interaction is required.

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