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The Inverse Relationship between Chronic HBV and HCV Infections among Injection Drug Users is Associated with Decades of Age and Drug Use

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Summary

Infection with hepatitis C virus (HCV) may suppress co-infection with HBV during acute or chronic HBV infection. We examined relationships between HBV infection, HCV infection and other factors among injection drug users (IDUs) with antibodies to both viruses. Participants enrolled in a cross-sectional study during 1998-2000 were considered to have been infected with HBV if they had core antibody, to be chronically infected if they had HBV surface antigen (HBsAg), to have been infected with HCV if they had HCV antibody, and to be chronically infected if they had HCV RNA. Among 1,694 participants with antibody to both viruses, HBsAg prevalence decreased with increasing age among those positive for HCV RNA [from 4.55% in those 18–29 years to 1.03% in those 50 years old (p_{trend}=0.02)], but not among those who were negative for HCV RNA. Chronic HBV infection was less common overall among those with chronic HCV infection (odds ratio [OR], 0.25; p<0.0001), but this inverse relationship was much stronger in the oldest (> 50 years; OR=0.15) than the youngest (18–29 years; OR=0.81) participants (ptrend=0.03). Similar results were obtained when duration of injection drug use was substituted for age (ptrend= 0.05). Among IDUs who have acquired both HBV and HCV, chronic HBV infection is much less common among those with chronic HCV infection, but this inverse relationship increases markedly with increasing years of age and injection drug use. Co-infection with HCV may enhance the resolution of HBsAg during the chronic phases of these infections.

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Conflicts of interest - None

Keywords

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Injection drug users (IDUs) are at high risk of acquiring blood-borne infections, and in the United States, most have been infected with both hepatitis B virus (HBV) (1–4) and hepatitis C virus (HCV) (2, 4–8). Chronic infection with HBV, as measured by the presence of hepatitis B surface antigen (HBsAg), is relatively infrequent among IDUs, (9, 10) while chronic HCV infection, as measured by HCV RNA, is common (9, 10). Questions regarding co-infection with HBV and HCV are important because chronic infection with either HBV or HCV increases the risk of cirrhosis, end-stage liver disease, and hepatocellular carcinoma, and this risk may be greatest in individuals who are chronically infected with both viruses (11–19).

Previous epidemiological studies of IDUs and persons with hemophilia have shown an inverse relationship between chronic HBV infection and chronic HCV infection (9, 15, 16, 20–24). This relationship could reflect enhanced clearance of HCV infection in the presence of HBV or enhanced clearance of HBV in the presence of HCV (25), but the evidence appears to be stronger for the latter explanation (26). Viral suppression of HBV by HCV could prevent chronic HBV infection from being established or enhance resolution of chronic HBV subsequently. Interference between the viruses in co-infected patients could occur during the acute phase of either infection or the chronic phases of both infections, but the relative importance or frequency of viral suppression in each of these circumstances is unknown (25, 26)

The Urban Health Study (UHS) was an epidemiological and prevention research study of IDUs in the San Francisco Bay area from 1986 to 2005 (27, 28). In a previous paper (4), we examined the prevalence and predictors of antibody to HCV and HBV among UHS participants during 1998–2000 to assess risk factors for having acquired these infections. The present analysis examines the distribution and determinants of chronic infection with HBV or HCV among the study participants who had antibodies to these viruses, in order to assess risk factors for chronicity once infection has already been acquired. To examine the possibility that the viruses suppress each other during the chronic phase of infection, we focused on the relationship between chronic HBV infection and chronic HCV infection, and how that relationship varied over time with increasing age and duration of injection drug use.

SUBJECTS AND METHODS

Subjects and Data Collection

The study subjects in the present analysis participated in UHS between 1998 and 2000 (4). Every month UHS investigators recruited IDUs from street settings in one of six inner-city San Francisco Bay area neighborhoods that were visited in rotation (27). All individuals 18 years of age or older who had injected illicit drugs within the past 30 days or who had previously participated in UHS were eligible for enrollment. Study participants received

Trained staff obtained informed consent, interviewed participants using a standardized instrument, counseled them on reducing infection risks, and referred them to appropriate medical and social services. Participants were asked about sociodemographic factors and their injection drug history, including age at first injection. Blood samples were collected by a trained and certified phlebotomist. Further details about UHS are provided elsewhere (27, 28). The study was approved by the Committee on Human Subjects Research at the University of California, San Francisco and an Institutional Review Board of the National Cancer Institute.

We assessed possible repeat enrollment by comparing demographic information, including gender, birth date, race and site of enrollment. Enrollees who appeared very similar demographically were evaluated by DNA testing as described below. Among 2,351 potential subjects with complete data available, we excluded 55 duplicates and the remaining 2,296 subjects are included in the present analysis.

Viral Serology and other Laboratory Tests

We used serologic testing to classify each participant's HBV infection status. All subjects were screened for antibody to hepatitis B core antigen (anti-HBc; HBc ELISA Test System, Ortho-Clinical Diagnostics, Raritan, NJ), and hepatitis B surface antigen (HBsAg; Genetic Systems HBsAg EIA version 3.0, Bio-Rad Laboratories, Redmond, WA). Subjects who tested positive for anti-HBc were defined as having been infected with HBV. We considered an HBV-infected subject to have resolved HBV infection if they were negative for HBsAg. To differentiate chronic infection from acute infection among the subjects who were positive for HBsAg, we tested specimens for IgM anti-HBc (ETI-Core-IgMK plus, DiaSorin, Stillwater, MN) at the Mayo Clinic Laboratory. Participants with a negative anti-HBc-IgM result were considered to have chronic HBV infection and those with a positive result were considered to have acute infection. For the subjects who were not classified as HBV-infected, we tested a specimen for antibody to HBsAg (ETI-AB-AUK plus for anti-HBs, DiaSorin, Stillwater, MN). Those who were negative for anti-HBc, but positive for anti-HBs were defined as vaccinated.

To define HCV infection status, we first tested for HCV antibody by HCV version 3.0 ELISA Test System (Ortho-Clinical Diagnostics, Raritan, NJ). Participants who were positive by HCV EIA were considered to have been infected with HCV and were tested for HCV viremia using a branched-chain DNA assay [VERSANT[®] HCV RNA 3.0 Assay (bDNA), Bayer-Diagnostics, Tarrytown, NY; analytical sensitivity, 2.5×10^3 copies/ml (n=2073)] or an HCV RNA TaqMan assay (n=19; (29)). Those positive for HCV RNA were considered to have chronic HCV infection and those with a negative result were considered to have resolved HCV infection.

Plasma from each participant was tested for antibodies to human immunodeficiency virus type 1 (HIV-1) by Genetic SystemsTM rLAV EIA (Bio-Rad Laboratories, Redmond, WA) and reactive samples were confirmed by HIV-1 Western Blot. We performed DNA

fingerprinting to exclude duplicate participants using the AmpFLSTR Profiler Plus[®] PCR amplification kit (Applied Biosystems, Foster City, CA) to type nine tetranucleotide short tandem repeat loci and the Amelogenin locus from DNA extracted from peripheral blood mononuclear cells.

Statistical Analyses

Analyses were performed using SAS program version 8.2 (SAS Institute, Cary, NC). We determined the prevalence of chronic infection with HBV and HCV overall, and among subgroups defined by demographic, behavioral or viral variables. The analyses of chronic HBV and HCV infections were restricted to the subset of the participants with antibody to the respective viruses. To compare prevalence among subgroups, we calculated an odds ratio (OR), a 95% confidence interval (95% CI) and a two-sided p-value. We used the chi-square test to calculate the p-value unless an expected count was <5, in which case we used Fishers' exact test. In the multivariate analysis, logistic regression was performed to calculate the OR and 95% CIs, as well as to evaluate statistical interaction (30).

RESULTS

Study Population

A total of 2,296 subjects were included in the current study. The median age at enrollment was 45 years, the median age at which the subjects first injected drugs was 19 years and the median time from the first use of injection drugs to enrollment was 24 years (Table 1). Most participants (71.0%) were men. Almost half (49.5%) of the participants considered themselves African American, 37.8% white (non-Hispanic), and 7.1% Latino. As previously reported (4), the seroprevalence of HBV infection was 80.5% (after excluding 106 participants who had serological evidence of hepatitis B vaccination) and the prevalence of HCV antibody was 91.1%. Antibody to HIV-1 was present in 11.9% of the participants.

Prevalence and Predictors of Chronic HBV Infection

After 19 IDUs with evidence of acute HBV infection and 106 with evidence of hepatitis B vaccination were excluded, 1,745 participants had HBV core antibody (Table 1). The results presented in Table 2 are limited to these participants, of whom 54 (3.1%) were chronically infected. Chronic HBV infection was more prevalent at younger ages, ranging from 4.9% among participants who were 18–29 years of age to 1.8% among those 50 years old (p=0.03, test for linear trend), but was not significantly different with increasing length of injection drug use. Chronic HBV infection was most strongly associated with resolved HCV infection; 8.0% of subjects with resolved HCV infection and 2.1% of participants with chronic HCV infection were chronically infected with HBV (OR=0.25, 95% CI, 0.14–0.43; p<0.0001). Among the 51 participants who had antibodies for HBV, but not HCV, one was positive for HBsAg (Table 2). Although this proportion is low (2.0%), it is based on very sparse data and it does not differ significantly from that of the resolved group.

Prevalence and Predictors of Chronic HCV Infection

Of 2,092 subjects with antibody to HCV, 1,717 (82.1%) were chronically infected (Table 3). Chronic infection with HCV was associated with older age, with prevalence ranging from

69.8% among 18–29 year olds to 87.4% among those 50 years (p<0.0001, test for linear trend) and with longer duration of drug injection (p=0.001, test for linear trend). Chronic HCV infection was more common in men (83.8%) than women (77.8%; p=0.001) and in African Americans (88.5%) compared to members of other ethnic groups (p<0.0001 for all comparisons). Chronic HCV infection was much less prevalent in participants with chronic HBV infection (54.7%) than those with resolved HBV infection (83.1%; p<0.0001), but more prevalent in participants who were infected with HIV-1 (90.8%) than those who were not (80.8%; p<0.0001).

Relationship between Chronic HCV and Chronic HBV Infections

To examine the relationship between chronic HBV infection and chronic HCV infection further, we performed analyses that were limited to the 1,694 subjects who had antibody to both viruses. Among subjects with chronic HCV infection, the frequency of chronic HBV infection decreased with increasing age, from 4.55% in those aged 18-29 years to 1.03% in those 50 years old (p=0.02, chi-square test for linear trend), whereas this trend was not observed among participants with resolved HCV infection (Figure 1; Table 4). As a result, the overall inverse association that we observed between chronic infection with HBV and HCV (OR, 0.25) varied with age such that this OR was lower with each successive older age group. While no relationship between chronic HCV infection and chronic HBV infection was detectable among participants 18-29 years of age (OR, 0.81; 95% CI, 0.07-9.53), the relationship was extremely strong among participants 40–49 years of age (OR, 0.21; 95% CI, 0.10–0.44) and >50 years (OR, 0.15; 95% CI, 0.04–0.61). We fitted a logistic regression model to the likelihood of chronic HBV infection that included age (as a continuous variable), potential confounding variables (gender, ethnicity, and HIV-1 infection status), chronic HCV infection, and a term for an interaction between age and HCV. In this model, a significant interaction term would indicate that the relationship between chronic HBV infection and chronic HCV infection differed significantly by age, and thereby serve as a test for trend. The association between chronic HCV infection and a lower prevalence of HBsAg in this model grew stronger with increasing age (p=0.03, test for trend by interaction). We also found that HBsAg was more common in participants who were infected with HIV-1 (adjusted OR=2.03; 95% CI=1.00-4.13; p=0.05) in this model.

Similar results were obtained when duration of injection drug use was substituted for age (Table 4). Among participants who had injected drugs for 30 or more years, those with chronic HCV infection were ten-fold less likely than those who did not to have chronic HBV infection also (OR, 0.10; 95% CI, 0.04–0.29). The inverse relationship between chronic HCV infection and chronic HBV infection increased with increasing duration of injection drug use (p=0.05, test for trend by interaction) and HBsAg was again associated with HIV-1 infection (adjusted OR=2.18; 95% CI=1.07–4.43; p=0.03).

We also used logistic regression to examine predictors of chronic HCV infection. Male gender (adjusted OR=1.51; 95% CI=1.14–2.00; p=0.004)], African American ethnicity (adjusted OR=2.34; 95% CI, 1.77–3.09; p<0.0001) and infection with HIV-1 (adjusted OR=2.59; 95% CI=1.59–4.24; p=0.0001) were independently associated with chronic HCV

infection (in a model that included age, chronic HBV infection and an interaction between chronic HBV infection and age).

The data were too sparse to examine the relationship between HBsAg and age in participants who had been infected with HBV, but not HCV. Of the 51 participants who were positive for anti-HBV but anti-HCV negative, only one was positive for HBsAg (Table 2).

DISCUSSION

In this large sample of IDUs with antibody to both HBV and HCV, participants with chronic HCV infection (detectable HCV RNA) were much less likely to also have chronic HBV infection (detectable HBsAg). Similar findings have been reported in previous studies (9, 15, 16, 20–24), but we explored this relationship in more depth and discovered that the inverse association between chronic HCV infection and chronic HBV infection varied with age at enrollment and the number of years of injection drug use. Although the numbers of young IDUs (<30 years of age) and recent initiates to injection drug use (<10 years) in this study were too small to provide a precise estimate, there was no evidence of an inverse relationship between chronic HBV infection and chronic HCV infection in these groups. Thus, we found no evidence for mutual suppression or interference between the viruses during the acute phases of the infections. Among the IDUs who were oldest and had injected for the longest amounts of time, however, chronic HBV infection was seven- to ten-fold less common among those with chronic HCV infection than among those who had cleared HCV infection—inverse associations of enormous magnitude. These results suggest that the strong inverse association between chronic HCV infection and chronic HBV observed in this study overall likely resulted from ongoing resolution of chronic HBV infection among those chronically infected with HCV, rather than events occurring during the acute phases of either infection.

Because our study is cross-sectional, its analysis cannot distinguish suppression of HBV by HCV from suppression of HCV by HBV. We believe that the evidence from *in vitro* studies and previous epidemiological studies suggest that the former explanation is more likely. *In vitro* studies showed that expression of the HCV core protein resulted in decreased levels of HBV transcripts and particles by affecting two steps in the HBV life cycle: gene expression and virion formation (31, 32). The limits of *in vitro* systems for HCV (33) make it challenging to assess whether HBV has a similar antagonistic effect on HCV. In epidemiologic studies among populations in which HCV infection is rare or absent, HBV carriers were observed to clear HBsAg over time (34), whereas spontaneous clearance of chronic HCV appears to be very rare (35), although it has been reported in Alaska Natives (36). Finally, among people who were infected with HBV as children, HBsAg clearance appears to have been enhanced by the presence of HCV (37, 38). Therefore, the most likely explanation for our results is enhancement of natural clearance of HBsAg by the presence of HCV.

We also considered survival bias as an explanation for the inverse association between chronic HBV infection and chronic HCV infection observed here and in previous studies. Compared to IDUs who are chronically infected with a single virus, those who are

chronically infected with both HBV and HCV are at higher risk of morbidity and mortality (11, 19) that would have precluded study enrollment. Substantial excess mortality in coinfected persons, beyond the combined mortality expected from each infection alone, could thus cause an observed inverse association between the two infections that would increase over time, but be unrelated to suppression of one virus by the other. To account for the inverse association we observed between chronic infection with the two viruses, however, 90 excess deaths among HBV/HCV coinfected persons would have been required. This excess mortality among coinfected persons — 90 deaths beyond the sum of those expected to have died from each virus alone — is more than 3 times the number of surviving coinfected persons we observed in the cohort after a median of 24 years of injection drug use (29 persons). This implausibly high case-fatality rate from HBV/HCV coinfection makes survival bias an unlikely explanation for our findings.

Some other findings from our study should be noted. Older age and more years of injection drug use were strongly associated with the presence of chronic HCV infection among IDUs with HCV antibody. A relationship between age and chronic infection was not observed in a cross-sectional study of HCV seropositive blood donors (39), but findings consistent with ours have been reported among other IDUs (9) and persons with hemophilia (29). The explanation for this relationship is unknown, but IDUs who initially clear HCV but continue to inject drugs may eventually be reinfected with HCV strains that cause chronic HCV infection. Although people who clear one HCV infection are more likely than never-infected people to clear another, they are not completely immune from acquiring chronic HCV infection (40, 41). Another potential explanation is that some patients with undetectable HCV continue to harbor the virus (42, 43) and that immunological control of the virus wanes over time due to immunosenescence.

The high proportion of HCV antibody positive participants with chronic HCV infection (82.1%) is consistent with previous studies, and after considering the complex relationships noted above, some other factors were also associated with chronic HCV infection. Consistent with previous studies (5, 9), HCV-seropositive IDUs that were male, African American or co-infected with HIV-1 more often had chronic HCV infection and had higher HCV RNA levels when chronic infection was present. The association with ethnicity supports a possible genetic component to HCV control. Chronic HBV infection was more common among participants who were co-infected with HIV-1.

The strengths and limitations of our study should be considered. The present study is larger than most previous studies of the determinants of chronic HCV infection, and a large population was needed to examine the relationship between chronic HCV infection, chronic HBV infection and the duration of drug use. We have noted that the cross-sectional design is a limitation of this study. We cannot determine the timing of HCV, HBV and HIV infections for individuals. We also cannot differentiate the effect of duration of infection (as estimated by number of years of injection drug) from the effect of age because these factors are highly correlated. We would have liked to have examined the relationship between age and HBsAg among IDUs who had been infected with HBV, but not HCV; however, the data were too sparse to perform such an analysis. PCR based assays have greater sensitivity for detection of HBV and HCV than the assays that we employed in this study. Our results, therefore,

must be interpreted within the context of the sensitivity of the HBsAg and HCV bDNA assays. Specifically we could not identify occult HBV infection, which is defined as detectable HBV DNA in the absence of HBsAg (26).

Nonetheless, our study documented a strong inverse relationship between chronic infections with HBV and HCV that appears to confirm reports of interference between these two viruses. This interference appeared and intensified over decades, suggesting that it was due primarily to interference during the chronic phases of the infections.

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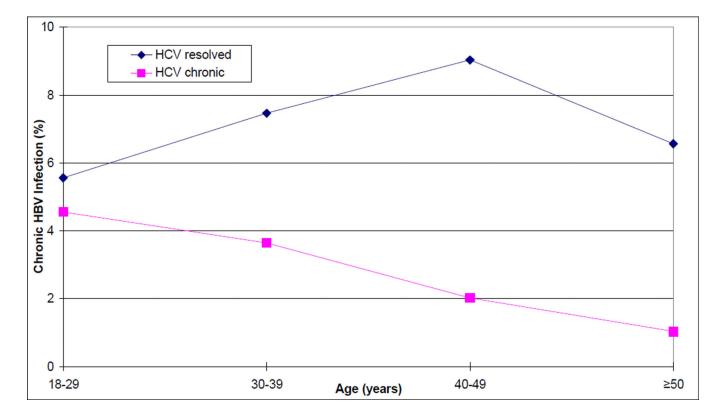


Figure 1.

Prevalence of chronic HBV infection by HCV infection status and age at enrollment in IDUs from the San Francisco Bay area, between 1998–2000.

Table 1

Characteristics of the 2,296 injection drug users screend from the San Francisco Bay area, between 1998–2000.

Characteristic (No. subjects with missing data)	Median	IQR ^a
Age at enrollment	45	[38–49]
Years of injection drug use (59)	24	[15–31]
	No.	%
Gender (31)		
Male	1608	71.0%
Female	657	29.0%
Race		
White	869	37.8%
African American	1136	49.5%
Latino	164	7.1%
Others	127	5.5%
Hepatitis B virus infection ^{b}		
Anti-HBc positive (ever infected)	1764	80.5%
HBsAg positive (currently infected)	73	
Anti-HBc IgM positive (acutely infected)	19	
Anti-HBc IgM negative (chronically infected)	54	
HBsAg negative (resolved infection)	1691	
Anti-HBc and anti-HBs negative (never infected)	426	19.5%
Hepatitis C virus infection		
Anti-HCV positive (ever infected)	2092	91.1%
HCV RNA positive (chronically infected)	1717	
HCV RNA negative (resolved infection)	375	
Anti-HCV negative (never infected)	204	8.9%
HIV-1 infection (3)	273	11.9%

^aIQR: inter-quartile range

 b Subjects with serologic evidence of vaccination for HBV (n=106), defined by the presence of anti- HBs and the absence of anti-HBc, were excluded.

Table 2

Chronic HBV infection (HBsAg positivity) among injection drug users who had antibodies to HBV^a in the San Francisco Bay area between 1998–2000

Characteristic	No.	% HBsAg positive	OR (95% CI)	p-value ^b
Overall	1745	3.1%		
Age				
18-29 years	81	4.9%	1.00 (referent)	0.03 c
30-39 years	302	4.3%	0.87 (0.27–2.73)	
40-49 years	906	3.2%	0.64 (0.22–1.86)	
50 years	456	1.8%	0.34 (0.10–1.17)	
Duration injection drug use				
9 years	137	2.2%	1.00 (referent)	0.57 ^c
10-19 years	299	4.0%	1.87 (0.52–6.73)	
20-29 years	632	3.6%	1.69 (0.50–5.70)	
30 years	632	2.5%	1.16 (0.33-4.04)	
Gender				
Male	1241	3.4%	1.00 (referent)	
Female	478	2.5%	0.74 (0.38–1.41)	0.35
Race				
African American	929	2.7%	1.00 (referent)	
White	589	3.7%	1.40 (0.78–2.51)	0.25
Latino	127	3.1%	1.18 (0.40–3.44)	0.77
Others	100	3.0%	1.12 (0.33–3.77)	0.86
HCV infection				
Resolved	301	8.0%	1.00 (referent)	
Chronic	1393	2.1%	0.25 (0.14–0.43)	< 0.0001
Never infected	51	2.0%	0.23 (0.01–1.49)	0.15
HIV-1				
Uninfected	1506	2.8%	1.00 (referent)	
Infected	236	4.7%	1.70 (0.86–3.36)	0.12

^aInfection with HBV was defined by anti-HBc. Nineteen subjects with acute HBV infection, defined by the presence of HBc-IgM, were excluded.

 ${}^{b}\mathrm{P}$ value from chi-square test unless indicated otherwise

^cP value for linear trend

Table 3

Chronic HCV infection (HCV RNA positivity) among injection drug users who had antibodies to HCV^{*a*}, in the San Francisco Bay area between 1998–2000

Characteristic	No.	% HCV RNA positive	OR (95% CI)	p-value ^b
Overall	2092	82.1%		
Age				
18-29 years	129	69.8%	1.00 (referent)	<0.0001 c
30-39 years	415	77.3%	1.48 (0.95–2.30)	
40-49 years	1048	82.9%	2.10 (1.40-3.17)	
50 years	500	87.4%	3.01 (1.90-4.76)	
Duration injection drug use				
9 years	235	74.5%	1.00 (referent)	0.001 ^c
10-19 years	390	81.5%	1.51 (1.03–2.23)	
20-29 years	733	82.3%	1.59 (1.12–2.25)	
30 years	677	84.8%	1.91 (1.33–2.74)	
Gender				
Male	1461	83.8%	1.00 (referent)	
Female	600	77.8%	0.68 (0.54–0.86)	0.001
Race				
African American	1061	88.5%	1.00 (referent)	
White	759	77.5%	0.45 (0.35-0.58)	< 0.0001
Latino	155	71.0%	0.32 (0.21–0.47)	< 0.0001
Others	117	68.4%	0.28 (0.18-0.43)	< 0.0001
HBV infection				
Resolved	1641	83.1%	1.00 (referent)	
Chronic	53	54.7%	0.25 (0.14-0.43)	< 0.0001
Never infected	302	81.8%	0.91(0.66–1.26)	0.57
HIV-1				
Uninfected	1827	80.8%	1.00 (referent)	
Infected	262	90.8%	2.36 (1.53-3.65)	< 0.0001

 a Infection with HCV was defined by HCV antibody. Chronic HCV infection was defined by HCV RNA.

 $^b{\rm P}$ value from chi-square test unless indicated otherwise

^cP value for linear trend

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Table 4

Prevalence of HBsAg among 1,694 injection drug users who had antibodies to both HBV^a and HCV, by HCV infection status and age or duration of drug use, in the San Francisco Bay area between 1998–2000.

	Chronic HCV Infection (HCV RNA positive)	fection itive)	Resolved HCV Infection (HCV RNA negative)	nfection gative)	Association between HBsAg and HCV RNA^b	n between HCV RNA ^b
Age	HBsAg(+)/ Total	(%)	HBsAg(+)/Total	(%)	OR	95% CI
18–29 years	2/44	4.55%	1/18	5.56%	0.81	0.07-9.53
30–39 years	8/220	3.64%	5/67	7.46%	0.47	0.15 - 1.48
40–49 years	15/742	2.02%	14/155	9.03%	0.21	0.10 - 0.44
50 years	4/387	1.03%	4/61	6.56%	0.15	0.04-0.61
Duration of Injection Drug Use						
9 years:	2/79	2.53%	0/30	0.00%	undefined	$0.23-\infty$
10–19 years	7/231	3.03%	5/55	%60.6	0.31	0.10 - 1.03
20–29 years	14/514	2.72%	9/111	8.11%	0.32	0.13-0.75
30 years	6/530	1.13%	10/99	10.10%	0.10	0.04 - 0.29

"Nineteen subjects with acute HBV infection were excluded.

^b The association between HBsAg and HCV RNA varied by age (p=0.03) and duration of injection drug use (p=0.05) in logistic regression models that controlled for sex, ethnicity, and HIV infection status.