

Defining Clinical Exposures of Cefepime for Gram-Negative Bloodstream Infections That Are Associated with Improved Survival

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The percentage of time that free drug concentrations remain above the MIC $(f_{\text{F-MIC}})$ that is necessary to prevent mortality **among cefepime-treated patients with Gram-negative bloodstream infections (GNBSI) is poorly defined. We conducted a retrospective study of adult patients with GNBSI. Eligible cases were frequency matched to ensure categorical representation from all MICs. Organism, MIC, infection source, gender, age, serum creatinine, weight, antibiotic history, and modified APACHE II score were collected from hospital records. Two population pharmacokinetic models (models 1 and 2) were used to impute exposures over the first 24 h in each patient from mean model parameters, covariates, and dosing history. From the imputed exposures, survival thresholds for** *f***T>MIC were identified using classification and regression tree (CART) analysis and analyzed as nominal variables for univariate and multivariate regressions. A total of 180 patients were included in the analysis, of whom 13.9% died and 86.1% survived. Many patients (46.7% [***n* - **84/180]) received combination therapy with cefepime. Survivors had higher mean (standard deviation [SD])** *f***T>MIC than those who died (model 1, 74.2% [29.6%] versus 52.1% [33.8%],** *P* **< 0.001; model 2, 85.9% [24.0%] versus 64.4% [31.4%],** *P* **< 0.001). CART identified** *f***T>MIC threshold values for greater survival according to models 1 and 2 at >68% and >74%, respectively. Survival was improved for those with** *f***T>MIC of >68% (model 1 adjusted odds ratio [aOR], 7.12; 95% confidence interval [CI], 1.90 to 26.7;** *P* - **0.004) and >74% (model 2 aOR, 6.48; 95% CI, 1.90 to 22.1) after controlling for clinical covariates. Similarly, each 1% increase in cefepime** *f***T>MIC resulted in a 2% improvement in multivariate survival probability (***P* - **0.015). Achieving a cefepime** *f***T>MIC of 68 to 74% was associated with a higher odds of survival for patients with GNBSI. Regimens targeting this exposure should be aggressively pursued.**

Antimicrobial resistance among contemporary Gram-negative (GN) isolates has eroded the efficacy of many first-line antibiotics. Increasing beta-lactam MICs have been correlated with increasing antimicrobial failures in the treatment of serious bacterial infections [\(1](#page-8-0)[–](#page-8-1)[4\)](#page-8-2). Elevated beta-lactam MICs can be expected to reduce the probability of achieving pharmacokinetic-pharmacodynamic (PK/PD) targets for beta-lactams. As the percentage of time in 24 hours that free drug concentrations are above the MIC $(f_{\rm T_>MIC})$ is the PK/PD target predictive of microbiologic efficacy for beta-lactams [\(5\)](#page-8-3), decreasing $f_{\text{S-MIC}}$ is expected to result in worse patient outcomes [\(6\)](#page-8-4).

Cefepime, a broad-spectrum fourth-generation cephalosporin, is widely prescribed as the primary therapy for serious Gramnegative infections, including bloodstream infections (termed GNBSIs) [\(7\)](#page-8-5). Several clinical studies have associated elevated cefepime MICs with an increased risk of treatment failure and mortality for cefepime-treated patients [\(1,](#page-8-0) [3,](#page-8-1) [8,](#page-8-6) [9\)](#page-8-7), while other investigations have shown improved clinical outcomes among patients receiving aggressive cefepime dosing for bloodstream infections (BSIs) [\(10,](#page-8-8) [11\)](#page-8-9). These previous studies lacked PK/PD data, which could be highly useful in interpreting observed outcomes. Very few studies have analyzed patient outcomes according to $f_{\rm T_{>MIC}}$ in cefepime-treated patients [\(12](#page-9-0)[–](#page-9-1)[14\)](#page-9-2). As such, the necessary $f_{\rm}T_{\rm >MIC}$ to prevent mortality for cefepime-treated patients with GNBSI is not well defined.

We sought to analyze the cefepime $f_{\rm 15MIC}$ to see if a threshold existed for improved survival among patients treated with cefepime for GNBSIs. Secondarily, we sought to examine if candidate clinical threshold values for cefepime $f_{\rm{F_{\rm{MIC}}}}$ were predictive of other outcomes, such as hospital and intensive care unit (ICU) lengths of stay (LOS) and 30-day readmission rates.

MATERIALS AND METHODS

This retrospective cohort study was conducted at Northwestern Memorial Hospital (NMH) in Chicago, Illinois. Study methods were reviewed and approved by the Institutional Review Boards at Northwestern University and Midwestern University.

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Clinical cohort. Patients with at least one positive GNBSI who were treated with at least 24 h of cefepime therapy between 1 September 2006 and 3 June 2014 were reviewed for inclusion in the clinical cohort. Patients were included only once, and the index culture was the first GNBSI during the study period. Patients were excluded if they did not receive cefepime in an empirical or directed manner for the index bacteremia (i.e., if cefepime was initiated >96 h after or completed >72 h before the index bacteremia). Patient cases also were excluded if (i) no cefepime MIC was documented for the infecting pathogen, (ii) only 1 dose was administered and amounted to less than 24 h of therapy, or (iii) the culture was polymicrobial (i.e., mixed Gram-positive and Gram-negative organisms in the same culture). Patients were frequency matched and randomly selected to fill MIC categories, such that a maximum of 3 bloodstream isolates with a cefepime MIC of \leq 1 mg/liter were included for every isolate with a cefepime MIC of \geq 2 mg/liter (i.e., 2, 4, 8, 16, 32, and 64 mg/liter) to balance power and avoid overrepresentation of the more commonly encountered low MICs [\(15\)](#page-9-3). None of the patients within the clinical cohort had measured cefepime concentrations available. Thus, concentration data were imputed using population pharmacokinetic models and patient covariates, as described below.

Gram-negative organisms were identified and tested for antibiotic susceptibility using the Vitek 2 system (bioMérieux, Balmes-les-Grottes, France). Cefepime MICs were quantified from 1 to 64 mg/liter. Antibiotic susceptibility was interpreted for clinicians according to CLSI guidelines at the time of culture [\(16\)](#page-9-4). In cases of mixed GNBSI, the most resistant organism (i.e., the highest cefepime MIC) was used for analyses.

Variables were collected from medical, pharmacy, and microbiology records by trained reviewers. Variables collected included demographics (age, gender, height, body weight, and race), ICU versus non-ICU admission, modified APACHE II score [\(17,](#page-9-5) [18\)](#page-9-6), renal dysfunction, hepatic dysfunction, solid-organ or hematologic transplant, receipt of immunosuppression therapy or prior hospitalization within 12 months before culture, hospital LOS postinfection, presence of multiple-Gram-negative-pathogen bacteremia, infecting organism, infection source, all Gram-negative antibiotics received (including drug name, dose, and schedule), and organism cefepime MIC. Outcomes included in-hospital all-cause mortality, requirement for ICU-level care, hospital and ICU LOS for survivors, and 30-day readmission. Of note, cefepime was dosed prospectively and adjusted by clinical pharmacists according to institutional protocols [\(9\)](#page-8-7).

Definitions.ICU-onset infection was defined as patient ICU residence at the time of the GNBSI. Concurrent renal dysfunction was defined as acute or chronic renal dysfunction. Acute renal dysfunction was an increase in serum creatinine of 0.5 mg/dl or 50% from baseline to immediately before the infection [\(19\)](#page-9-7). Chronic renal dysfunction was defined as a physician diagnosis of chronic kidney disease (CKD). Hepatic dysfunction was defined as any liver enzyme level greater than three times the upper normal limit at the time of culture, chronic hepatitis, or documented cirrhosis [\(2,](#page-8-10) [9,](#page-8-7) [20\)](#page-9-8). Prior immunosuppression was defined as steroid, chemotherapy, or immunosuppressant use within the 12 months prior to the index culture [\(2,](#page-8-10) [9,](#page-8-7) [20\)](#page-9-8). Patient comorbidities were considered to be present if they were documented in the admission history and physical. The source of the BSI was determined from the attending physician's written diagnosis. The first day of positive blood cultures was considered the first day of infection. Cefepime dose intensity was classified according to approved product labeling as 2 g every 8 h, 2 g every 12 h, 1 g every 12 h, 500 mg every 12 h, or the renal dysfunction-adjusted equivalent doses [\(21\)](#page-9-9). Charts also were reviewed for receipt of active antimicrobials other than cefepime during the index admission, including amikacin, cefazolin, ceftazidime, ceftriaxone, ciprofloxacin, colistin, ertapenem, gentamicin, imipenem, levofloxacin, meropenem, moxifloxacin, piperacillin-tazobactam, polymyxin B, tigecycline, and tobramycin. Combination antimicrobial therapy was defined as the administration of any other active antimicrobial (per CLSI criteria) concurrent to cefepime within the same 24-h period (excluding other beta-lactams).

Pharmacokinetic models. We utilized two population PK models to impute individual cefepime exposures within the clinical cohort. First, we refit data from a previously published study [\(22\)](#page-9-10) using a two-compartment model of cefepime clearance (model 1). The original report created a model using data from 26 acutely ill, hospitalized adult patients with an additional validation subset of 6 patients. Patients had a median (interquartile [IQR]) creatinine clearance (CL_{CR}) distribution of 114 ml/min (75 to 145 ml/min) (range, 26 to 298 ml/min) and were treated with high-dose, prolonged-infusion cefepime for ventilator-associated pneumonia. For this study, all 32 patients and their attendant data were fit to a body weight- and creatinine clearance-adjusted structural model, as was done previously [\(22\)](#page-9-10). We utilized the nonparametric adaptive grid (NPAG) algorithm within the Pmetrics package for R (Los Angeles, CA) for model-fitting procedures related to these data $(23-25)$ $(23-25)$ $(23-25)$. The fully fit model was utilized for Bayesian estimations as described below. The model was parameterized with intercompartmental transfer rate constants (K_{12} and K_{21}), central volume of distribution (V_C), and elimination rate (K_e) constant using the following equations:

$$
\frac{dX_1}{dt} = \text{RateIV} + (K_{21} \times X_2) - [(K_e + K_{12}) \times X_1] \tag{1}
$$

$$
\frac{dX_2}{dt} = (K_{21} \times X_1) - (K_{12} \times X_2)
$$
 (2)

$$
V_c = V_0 \times \text{TBW} \tag{3}
$$

$$
K_e = K_i + (K_S \times \text{CL}_{CR})
$$
\n⁽⁴⁾

where K_e was scaled to ${\rm CL}_{\rm CR}$ (milliliters per minute) as calculated using the Cockcroft-Gault formula (26) using linear regression with slope (K_S) and intercept (K_i) terms and where V_C was scaled to total body weight (TBW) to obtain a scaled volume of distribution (V_0) . RateIV is the rate of drug input (mg/h). Model fitting and comparative performance procedures are described in Table S1 in the supplemental material.

To ensure that imputations were robust, a second population PK model was applied (from a previously fit population model) (model 2). Model 2 was previously fit using data from 164 individuals [\(27\)](#page-9-15). Briefly, pooled PK data were obtained from 8 separate phase I single- or multipledose studies of cefepime disposition among individuals with various levels of renal dysfunction with a median (IQR) CL_{CR} distribution of 85 ml/ $\min/1.73 \text{ m}^2$ (50 to 100 ml/min/1.73 m²) (range, 0 to 135 ml/min/1.73 m²) in the analysis population [\(27\)](#page-9-15). The three-compartment structural model was parameterized with nonrenal clearance CL_{NR}), intercompartmental clearance rates (CL_{d1} and CL_{d2}), and central and peripheral distribution volumes (V_c , V_{p1} , and V_{p2}) using the following equations:

$$
\frac{dX_1}{dt} = \text{RateIV} + \left(\frac{\text{CL}_{\text{d1}}}{V_{\text{P1}}}\right) \times X_2 + \left(\frac{\text{CL}_{\text{d2}}}{V_{\text{P2}}}\right) \times X_3 - \left(\frac{\text{CL}_{\text{NR}}}{V_C} + \frac{\text{CL}_{\text{d1}}}{V_C} + \frac{\text{CL}_{\text{d1}}}{V_C} + \frac{\text{CL}_{\text{d2}}}{V_C}\right) \times X_1 \quad (5)
$$

$$
\frac{dX_2}{dt} = \left(\frac{CL_{d1}}{V_C}\right) \times X_1 - \left(\frac{CL_{d1}}{V_{P1}}\right) \times X_2
$$
\n(6)

$$
\frac{dX_3}{dt} = \left(\frac{CL_{d2}}{V_C}\right) \times X_1 - \left(\frac{CL_{d2}}{V_{P2}}\right) \times X_3\tag{7}
$$

$$
CL_R = \frac{CL_{R_{max}} \times CL_{CR}^{Hill}}{CL_{CR50}^{Hill} \times CL_{CR}^{Hill}}
$$
(8)

where total renal clearance CL_R) was scaled to CL_{CR} (milliliters per minute) as calculated using the Cockcroft-Gault formula [\(26\)](#page-9-14) standardized to body surface area (i.e., ml/min/1.73/m²) using a Hill-type function. Model fitting for these data were conducted using the first-order conditional estimation method with η -ε interaction as implemented in NONMEM version 6.2. Model fitting and comparative performance procedures are described in Table S2 in the supplemental material.

Simulations and calculation of predicted f_{SMIC} **.** As no concentrations were available within our clinical cohort ($n = 180$), we utilized each patient's individual TBW and CL_{CR} together with the mean PK parameter estimates from each population PK model (i.e., models 1 and 2). Plasma concentration-time data were generated every half hour for the first 24 h of therapy. These plasma cefepime concentration-time profiles subsequently were corrected for protein binding predictions (i.e., 80% unbound drug was assumed [\[21\]](#page-9-9)), generated every half hour for the first 24 h of therapy to determine free drug concentrations. In all simulations, the actual patient administration times, CL_{CR} estimates, body weights, and organism MICs concurrent to cefepime administration were utilized to calculate $f_{\rm{F_{>MIC}}}$ for the first 24 h following the start of therapy. All simulations were conducted using the Monte Carlo simulator engine available within Pmetrics.

Statistical analysis. The primary outcome was the rate of in-hospital survival. Cefepime $f\Gamma_{>\rm MLC}$ was assessed as the primary predictor [\(13,](#page-9-1) [28,](#page-9-16) [29\)](#page-9-17). The determination of a clinical cefepime $f_{\rm{F_{\rm MIC}}}$ threshold was completed using the recursive partitioning function within the classification and regression tree (CART) package *tree* [\(http://CRAN.R-project.org](http://CRAN.R-project.org/package=tree) / $\mathsf{package}=$ tree) for R version 3.1 [\(30\)](#page-9-18). The cefepime $f_{\mathrm{F_{\mathrm{MLC}}}}$ was handled as a linear variable bounded by 0 and 100% of the dosing interval and as a categorical variable for the CART-derived threshold $f_{\rm{F,MIC}}$. All other analyses were performed using Intercooled Stata version 14.0 (StataCorp, College Station, TX). Secondary outcomes (i.e., additional dependent variables) were LOS postculture among survivors, 30-day readmission rates for survivors, and durations of antibiotic therapy postculture.

Continuous variables were evaluated with Student's*t* test or Wilcoxon rank-sum test as appropriate. Categorical variables were evaluated with the Chi-square or Fisher's exact test as appropriate. Logistic regression was performed in a stepwise fashion. Candidate covariates [\(Table 1\)](#page-3-0) at a bivariate level of significance of $P < 0.2$ were further assessed as possible independent predictors of the primary outcome [\(2,](#page-8-10) [9\)](#page-8-7). Variables were retained in models if the objective function value changed by $>$ 3.84 with each iterative addition $(n + 1 \text{ model})$. Final models were checked secondarily for optimal parsimony utilizing the Akaike information criterion [\(31\)](#page-9-19). Outcome probabilities, adjusting for comodeled covariates, were calculated from adjusted odds ratios (aORs).

We evaluated competing multivariate models of imputed cefepime $f_{\rm T_{\rm MIC}}$ as a predictor of survival. First, we assessed whether the CARTderived threshold $f{\rm T}_{>\rm MIC}$ was a significant predictor of survival, adjusting for clinical covariates. Second, we assessed whether increasing cefepime $f_{\mathrm{F_{>MIC}}}$ was a significant predictor of survival, adjusting for clinical covariates. Modified APACHE II score (as either a continuous variable or as a CART-derived categorical variable) was forced into all models *a priori*, as it is a known predictor of mortality [\(17,](#page-9-5) [18\)](#page-9-6). Exploratory analyses were conducted to evaluate the contribution of combination therapy by adding additional variables to the final multivariate survival models using the same procedure and retention criteria as those described above. All tests were two tailed, with an *a priori* level of alpha set at 0.05 for statistical significance.

RESULTS

Demographics of clinical outcomes cohort.A total of 357 patient charts were screened; 180 were included and 177 were excluded. Of the charts excluded, 107 (60.5%) were excluded as cefepime was not given for the index bacteremia, 32 (18.1%) were excluded as less than 24 h of cefepime treatment was documented, 26 $(14.7%)$ were excluded as cefepime was initiated $>$ 96 h after the index culture or was completed $>$ 72 h before the index culture, 10 (5.6%) were excluded as no cefepime MIC was documented, and 2 (1.1%) were excluded due to polymicrobial infection. Patients in the clinical cohort were mostly male (56.7%) and had a mean (standard deviation [SD]) age of 57.6 (15.4) years, a mean (SD) body weight of 79.8 (24.2) kg, and a mean (SD) modified

APACHE II score of 14.6 (4.9) on the day of infection. Patients had a mean (SD) estimated CL_{CR} of 85 (59) ml/min on the day of infection and a mean (SD) body surface area (BSA)-standardized $\rm CL_{CR}$ of 96 (68) ml/min/1.73 m². The range of estimated $\rm CL_{CR}$ on the day of infection was 7 to 112 ml/min. Many patients had concurrent neutropenia (45.6%), with a significant number of patients presenting with a history of hematologic malignancy (36.7%), including leukemia (14.4%), lymphoma (12.2%), and multiple myeloma (10.0%). The majority of patients had extensive prior health care experience, with 83.3% having been hospitalized within the previous 12 months and 21.1% having required mechanical ventilation within the previous 12 months. Receipt of prior immunosuppressive therapy also was highly prevalent, with 68.9% of patients having received some form of therapeutic immune suppression within the previous 12 months. With respect to organism MIC distributions, the overall $MIC₅₀$ and $MIC₉₀$ values were 1 and 16 mg/liter, respectively.

Of the 180 patients included, 13.9% died and 86.1% survived. Durations of cefepime therapy were similar between patients who survived and those who died in the hospital (median [IQR] days of therapy of 4 [3 to 9] days versus 4 [3 to 8] days; $P = 0.43$), as shown in [Table 1.](#page-3-0) Many patients $(46.7\%$ [$n = 84/180$]) received combination therapy with cefepime for the index episode of bacteremia. Similar proportions of survivors and nonsurvivors received combination therapy (44.5% $[n = 69/155]$ versus 60.0% $[n = 15/25]$; $P = 0.15$.

Pharmacokinetic model fitness. (i) Model 1. The NPAG-refitted population model using the full 32 patients' concentrations identified 20 support points. The population PK model produced acceptable fits of the observed concentrations ($R^2 = 51\%$), as shown in Fig. S1 in the supplemental material. Population parameter estimates for bias, imprecision, and coefficient of determination were 6.60 μ g/ml, 109 μ g²/ml², and 51.0%, respectively. Likewise, the Bayesian individual posterior fits for the observed data were good ($R^2 = 96.8\%$). Bayesian individual posterior parameter estimates for bias, imprecision, and coefficient of determination were -0.289 μ g/ml, 4.92μ g²/ml², and 96.8%, respectively. Model 1 accurately characterized total cefepime clearance over a wide range of CL_{CR} (see Fig. S2 in the supplemental material). Thus, the refit model was considered acceptable for predicting cefepime concentrations in our clinical cohort of acutely ill adult patients in whom only dosing history, demographic, and CL_{CR} data were available for analysis. The mean $\mathrm{(SD)}\,f\mathrm{T}_\mathrm{>MIC}$ imputed by model 1 within the clinical cohort was 71.1% (31.1%), while the median $(IQR) fT_{>MIC}$ imputed by model 1 was 81.3% (47.9% to 100%).

(ii) Model 2. The previously fit model demonstrated excellent agreement between the observed plasma cefepime concentrations and both the population mean predictions ($R^2 = 91\%$) and the individual *post hoc* predictions ($R^2 = 98\%$), as shown in Fig. S3 in the supplemental material. Likewise, model 2 accurately characterized total cefepime clearance over a wide range of CL_{CR} (data not shown). Given that the population cefepime predictions agreed so well with the observed plasma cefepime concentrations, the model was considered suitable for estimating cefepime exposure in patients in whom only dosing history, demographic, and $\rm CL_{CR}$ data were available for analysis. The mean $\rm (SD)\, {\it fT}_{>MIC}$ imputed by model 2 within the clinical cohort was 82.9% (26.2%), while the median (IQR) f_{MIC} imputed by model 2 was 100% (72.9% to 100%).

TABLE 1 Baseline characteristics by model 1 and model 2 CART-derived $f_{\rm{F_{\rm{MIC}}}}$ thresholds

 a For categorical variables, *P* values are from Fisher's exact test when expected cell counts were from \leq 6 observations. Boldfaced *P* values are significant at the *P* \leq 0.2 level and eligible for inclusion in multivariate models.

^b ANC, absolute neutrophil count; ESBL, extended-spectrum beta-lactamase; GI, gastrointestinal; GU, genitourinary; ICU, intensive care unit; IQR, interquartile range; SD, standard deviation.

A. Model 1 cefepime $f_{\text{I}^{\text{max}}}$ and mortality

 ${\rm FIG~1~}$ Incidence of in-hospital death according to classification and regression tree-determined cefepime $f_{\rm > MIC}$ threshold. (A) Model 1 cefepime $f_{\rm > MIC}$ and mortality. (B) Model 2 cefepime $f_{\text{S-MIC}}$ and mortality.

Clinical outcomes according to model-predicted *f***T>MIC.** The CART-derived mortality thresholds for $f_{\rm 15MIC}$ using model 1 and model 2 simulated imputations are shown in [Fig. 1.](#page-4-0) CART identified a threshold for greater in-hospital survival at an $f_{\rm 15-MIC}$ of $>$ 68% (model 1) and $>$ 74% (model 2). CART also identified greater survival at modified APACHE II scores of \leq 17. When splitting the patient sample into patients that achieved an $f_{\rm 15-MIC}$ of >68% and those that did not, several patient variables differed. Among them, age $(P < 0.001)$, total body weight on admission $(P < 0.001)$, modified APACHE II score on the day of infection $(P = 0.03)$, being in the ICU at the time of culture $(P < 0.001)$, CL_{CR} on the day of infection ($P < 0.001$), length of stay prior to infection ($P = 0.01$), history of surgery in the previous 30 days $(P = 0.02)$, history of leukemia $(P = 0.06)$, history of liver $(P = 0.02)$ 0.05) or renal transplant ($P = 0.05$), organism genera ($P = 0.01$), and infection with an extended-spectrum β -lactamase (ESBL)positive organism $(P < 0.001)$ differed between the two groups [\(Table 1\)](#page-3-0). Similar findings generally were noted using the model 2 threshold f_{NIC} of >74%. Likewise, demographics also were stratified according to the outcome of in-hospital mortality or survival [\(Table 2\)](#page-5-0). All differences in baseline demographics according to *f*T-MIC or outcome were considered for inclusion in multivariate models (statistical analysis).

Clinical outcomes according to the $f_{\text{S-MIC}}$ CART-derived thresholds are shown in [Table 3.](#page-6-0) Crude in-hospital mortality was significantly higher among patients achieving cefepime at an $f_{\rm T_{>MIC}}$ of \leq 68% compared to those patients achieving an $f_{\rm T_{>MIC}}$ of >68% (25.4% $[n = 17/67]$ versus 7.1% $[n = 8/113]$; $P =$ 0.001), as imputed using model 1. Neither median (IQR) hospital LOS for survivors (for $f_{\text{S-MIC}} \leq 68\%$ versus $> 68\%$, 8.4 [5.9 to 18.1] days versus 9.1 [5.9 to 18.4] days; $P = 0.94$) nor median (IQR) ICU LOS for survivors $(fT_{>MIC} \leq 68\%$ versus $> 68\%, 6.7$ [2.0 to 13.0] days versus 3.0 [2.0 to 7.7] days; $P = 0.22$) differed $\operatorname{significantly}$ according to $f_{\rm 15-MIC}$. The 30-day readmission rate for survivors was numerically, but not significantly, higher among patients achieving an $f_{\rm{F_{\rm MIC}}}$ of $>$ 68% compared to those achieving an f_{MIC} of $\leq 68\%$ (39% [$n = 41/105$] versus 30% [$n =$ 15/50]; $P = 0.27$. The median (IQR) total duration of antibiotics in days received postculture was similar between patients achieving an $f_{\rm 7-MIC}$ of $>$ 68% and those achieving an $f_{\rm 7-MIC}$ of \leq 68% $(8.6 \; [5.9 \; to \; 16.4] \; days \; versus \; 9.1 \; [5.2 \; to \; 17] \; days; \; P = 0.91).$ Outcomes were very similar for the $f_{\rm 15MIC}$ threshold of $>$ 74%, as imputed using model 2.

Multivariate models of survival. Multivariate logistic models for survival according to imputed cefepime $f_{\rm 15MIC}$ are shown in [Table 4.](#page-6-1) The first logistic model (LR1) evaluated the influence of the $f_{\rm 10}$ $>$ 68% threshold on the outcome of in-hospital survival while controlling for the CART-derived modified APACHE II threshold of $>$ 17.5, LOS prior to positive culture (log_{10} -normalized days), receipt of previous immunosuppression therapy, and being in the ICU at the time of culture. Patients with an $f_{\rm T_{>MIC}}$ of $>$ 68% were significantly more likely to survive (aOR, 7.12; 95% confidence interval [CI], 1.90 to 26.7; $P = 0.004$). The second logistic model (LR2) evaluated the influence of each incremental increase in the model 1-predicted cefepime $f_{\rm 15MIC}$ (as a percentage of the dosing interval), adjusting for the same covariates as LR1, on the outcome of in-hospital survival. Increasing the cefepime *f*T-MIC (each 1% increase) independently predicted a higher odds of survival (aOR, 1.02; 95% CI, 1.00 to 1.04; *P* 0.015) (graphically displayed in [Fig. 2\)](#page-7-0). In the univariate and mul-

TABLE 2 Baseline characteristics by in-hospital survival

^a Univariate odds ratios are presented where estimates were possible. A dash indicates the low precision of the odds ratio estimates.

^b For categorical variables, *P* values are from Fisher's exact test when cell counts were from 6 observations. Boldfaced *P* values are significant at the *P* 0.2 level and eligible for inclusion in multivariate models.

a For categorical variables, *P* values are from Fisher's exact test when cell counts were from <6 observations.

tivariate models of survival, neutropenia status, receipt of combination therapy, and Gram-negative species were not independently associated with the outcome of survival (data not shown). Similar multivariate adjusted estimates for the odds of survival were seen with a model 2 $f_{\rm 1-MIC}$ threshold of 74% [\(Table 4\)](#page-6-1).

Cefepime dosing strategies used and exploration of the impact of concurrent therapy. The dosing intensity of patients according to renal-equivalent dose was similar between cefepime $fT_{>\rm MIC}$ threshold groups. Overall, 67.3% of patients who achieved an $f_{\rm 7-MIC}$ of $>$ 68% (model 1) received the renal equivalent of 2 g every 8 h compared to 56.7% of patients who failed to achieve an $f_{\rm 1-1}$ $f_{\rm 2MIC}$ of $>$ 68% (*P* = 0.16). All other renal dose categories were $\operatorname{similar}$ between the $f_{\rm T>_{MIC}}$ CART-derived thresholds. The receipt of combination treatment was more common among patients achieving an f_{MIC} of $>$ 68% than among those who did not (52% [*n* 59/113] versus 37% [*n* 25/67]; *P* 0.05). Likewise, receipt of combination therapy plus directed cefepime was numerically more common among patients achieving an $f_{\rm 15MIC}$ of $>$ 68% than among those who did not (52% $[n = 55/106]$ versus 39% $[n = 21/54]$; $P = 0.12$). However, exploratory multivariate models of survival evaluating the impact of cefepime combination therapy revealed that combination therapy was not an independent predictor of in-hospital survival (data not shown). Additionally, a restricted logistic regression analysis limited to patients who received only cefepime monotherapy $(n = 96)$ revealed that a model 1 imputed cefepime $f_{\rm{F_{\rm{MIC}}}}$ of $>$ 68% and a model 2 imputed cefepime $f_{\rm{T_{>MIC}}}$ of ${>}74\%$ remained significantly predictive of survival at the univariate level ($P < 0.05$) for each threshold value).

Impact of pathogen MIC for cefepime and Gram-negative species. The distribution of pathogen MICs according to increas-

ing cefepime $f\Gamma_{>\rm MLC}$ is displayed within the individual predictions of survival shown in [Fig. 2.](#page-7-0) The $MIC₅₀$ and $MIC₉₀$ among those who survived were 1 and 16 mg/liter, while the $MIC₅₀$ and $MIC₉₀$ among those who died were 4 and 64 mg/liter. The proportion of patients achieving an $f_{\rm{F_{\rm{MIC}}}}$ of $>$ 68% was significantly greater at a MIC of \leq 2 mg/liter than at a MIC of $>$ 2 mg/liter (79% [$n =$ 101/128] versus 23% $[n = 12/52]$; $P < 0.001$). GNBSIs due to non-*Enterobacteriaceae* (e.g., *Acinetobacter* and *Pseudomonas* spp.) were numerically but not significantly less likely to be associated with achieving a cefepime $f_{\text{S-MIC}}$ of $>68\%$ (28% [$n =$ 32/113] versus 39% $[n = 26/67]$; $P = 0.15$). The subgroup of patients with GNBSIs due to *Escherichia coli* was significantly more likely to achieve a cefepime $f_{\text{F-MIC}}$ of $>68\%$ (38% [$n =$ 43/113] versus 22% [15/67]; $P = 0.03$). The subgroup of patients with GNBSIs due to *Acinetobacter*spp. were significantly less likely to achieve an $f_{\text{F}_{>MIC}}$ of $>$ 68% (0% [*n* = 0/113] versus 6% [4/67]; $P = 0.02$). Similar results were seen for an f_{MIC} of $>74\%$ (model 2) (data not shown).

DISCUSSION

Increasing cefepime $f\Gamma_{>\rm MIC}$ predicted improved hospital survival among patients with GNBSI treated with cefepime. This study is unique in that it is the first to define a clinical PK/PD threshold for cefepime in bloodstream infections. Our analysis is strengthened in that the patient population was highly comorbid (with a mean [SD] modified APACHE II score on the day of infection of 14.6 [4.9]), likely defining a worst-case scenario similar to that which is mimicked in neutropenic animal models. To that end, our population often was neutropenic (46%; $n = 82/180$). Additionally, this study analyzed a heterogeneous representation of organisms with cefepime MICs between 1 and 64 mg/liter.

^a Model 1, in-hospital survival according to an *f*T-MIC threshold of 68%. Model 2, in-hospital survival according to an *f*T-MIC threshold of 74%.

FIG 2 Adjusted probabilities of survival and actual in-hospital survival rates according to model 1-imputed cefepime *f*T-MIC over the first 24 h of therapy. The probability of death was adjusted for regression covariates as shown in [Table 4.](#page-6-1) The $f_{\rm l_{SMIC}}$ was regressed against the outcome of survival while holding constant the modified APACHE II score, the log₁₀-normalized length of stay prior to culture, prior receipt of immunosuppression, and being in the ICU at the time of culture at their mean values. Individual death and survival observations are jittered for visual appreciation of the count across levels of *f*T-MIC; organism MIC is displayed within each individual prediction of mortality.

Our PK/PD data, imputed using two distinct pharmacokinetic models, support a clinical threshold for decreased mortality at an $f_{\rm T_{\rm MIC}}$ of $>$ 68 to 74%. Although many patients in our cohort received combination therapy, it appears not to have affected our results, as indicated in our multivariate analyses. A restricted analysis limited to patients who received cefepime monotherapy at the time of or after the initial blood culture was drawn also found that the CART-derived threshold of an $f_{\text{S-MIC}}$ of >68 to 74% remained a significant predictor of in-hospital survival. Thus, our method for relating $f\Gamma_{>\rm MLC}$ to clinical outcomes may have broad implications for patient care and supports the need for cefepime dose optimization in real time.

The results presented here generally are consistent with other studies of clinical outcomes according to $f_{\rm 15MIC}$. Roberts et al. conducted a prospective, multinational, point-prevalence study (DALI) of patients receiving eight different beta-lactam antibiotics and found that $f_{\rm 15MIC}$ of 50% and 100% were associated with clinical cure after adjusting for patient severity of illness measures (OR of 1.03 [95% CI, 1.01 to 1.04] and OR of 1.56 [95% CI, 1.15 to 2.13], respectively) [\(4\)](#page-8-2). Similarly in our cohort, we observed a significant survival benefit for patients achieving an $f_{\rm{F_{\rm MIC}}}$ of -68 to 74%. Notably, our cohort had baseline modified APACHE II scores similar to those in the DALI study (means of 14.6 and 18, respectively). Additionally, Chapuis et al. conducted a PK and clinical outcomes study of critically ill patients receiving empirical cefepime in the ICU [\(12\)](#page-9-0). The authors found that cefepime regimens of 2 g every 12 h (for a CL_{CR} of \geq 50 ml/min) and 2 g every 24 h (for a $\rm CL_{CR}$ of $<$ 50 ml/min) yielded 100% $\rm T_{>MIC}$ (first dose and steady state) when the MIC was \leq 4 mg/liter, the but $\mathrm{T}_{> \mathrm{MIC}}$ fell to 67% (first dose) and 44% (steady state between days 4 and 6) when the MIC was 8 mg/liter. The authors noted 95.2% survival, whereas we noted 86.1% survival. Differences in outcomes may have been partially explained by the lower severity of illness within the Chapuis et al. cohort.

Our findings also are similar to those of *in vitro* PK/PD studies of cefepime. Andes and Craig evaluated the pharmacodynamics of cephalosporins, including cefepime, in a series of murine thigh infection model experiments [\(32\)](#page-9-20). In these experiments [\(33](#page-9-21)[–](#page-9-22)[35\)](#page-9-23), animals were infected with *Enterobacteriaceae* (e.g., *E. coli*, *Klebsiella* spp., *Enterobacter* spp., and *Serratia* spp.) that were either phenotypically susceptible or resistant (i.e., organisms either were ESBL producing or exhibited other known resistance mechanisms). The authors examined bacterial counts (in log_{10} CFU) stratified by $\rm T_{>MIC}$ achieved over 24 h of exposure. The authors observed net bacterial stasis at $T_{>MIC}$ values of 40 to 50% and maximal bacterial killing at a $\mathrm{T}_{> \mathrm{MIC}}$ value of 60%. However, incremental decreases (1 to 3 $log₁₀$ CFU reductions) in organism burden also were observed between $\mathrm{T_{>MIC}}$ values of 50 to 60%. The observed decreases in organism burden were observed irrespective of whether or not the organism was an ESBL producer. In another recent study of ceftobiprole pharmacodynamics, the ${\rm T}_{\rm MIC}$ values needed to net bacterial stasis or a 2 \log_{10} CFU reduction in Gram-negative bacilli were 36.5 and 54.3%, respectively [\(36\)](#page-9-24). When examining *Enterobacteriaceae* in particular, the authors noted the ${\rm T}_{\rm MIC}$ needed to produce a 2 \log_{10} CFU reduction was $64.5\% \pm 25.1\%$ for ceftobiprole. Our observed clinical threshold $f_{\rm T_{>MIC}}$ of 68 to 74% for cefepime suggests that reduc-

tions in bacterial burden of \geq 2 log₁₀ CFU may be necessary to prevent mortality among acutely ill, highly comorbid patients.

Additionally, our CART-derived threshold for improved clinical outcomes at $f\Gamma_{> {\rm MIC}}$ values of 68 to 74% among patients with Gram-negative bloodstream infections is similar to that of other PK/PD thresholds previously identified for cefepime in other clinical infections. Crandon et al. identified a CART-derived threshold for microbiologic success at an f_{MIC} of $>$ 60% for patients with mixed pseudomonal infections (i.e., 66% respiratory, 25% skin, and 9% blood) treated with cefepime [\(28\)](#page-9-16). Likewise, MacVane et al. identified a CART-derived threshold of microbiologic success at an $f_{\rm 1-MIC}$ of $>$ 53% for nosocomial pneumonia patients treated with cefepime or ceftazidime [\(29\)](#page-9-17). Our study demonstrates the complex interplay between the achievement of PK goals and the attainment of PD outcomes. Importantly, patient severity of illness quantified using modified APACHE II scores in our study was a major modifier of treatment outcomes. As can be garnered from probabilities of survival between 0 and 100% $f_{\text{F}_{\text{SMIC}}}$ shown in [Fig. 2,](#page-7-0) the impact of ideal PK provides a 20% absolute reduction in the probability of in-hospital mortality. For every incremental 1% increase in $f_{\rm 15~MIC}$, we observed a marginal relative increase in survival of 1.8 to 2.1%.

Limitations to our study must be considered. First, this was a single-center, retrospective cohort and is subject to inherent biases. Second, imputations of cefepime $f_{\rm T_{>MIC}}$ were based on administrations within the first 24 h. We chose the first 24 h as the most critical time to establish active therapy, as each hour of delay in achieving adequate therapy is a well-known contributor to mortality [\(37,](#page-9-25) [38\)](#page-9-26). Third, several PK/PD studies have shown that the achievement of adequate beta-lactam concentrations is subject to fluctuations and significant intrapatient variability [\(39\)](#page-9-27). However, renal clearance and volume of distribution are the most important modifiers [\(22\)](#page-9-10), and we controlled for these patientspecific factors (CL_{CR} and TBW) when deriving our imputed estimates of cefepime exposure. Similar results were noted regardless of which PK model was used. Fourth, no plasma PK samples were collected from our outcome patients; however, we believe our methods of imputed concentrations represent the best available methods to try to establish a link between mortality and $f_{\mathrm{F}_{\mathrm{SMIC}}}$. Fifth, many patients in our study had concurrent neutropenia, which qualifies for maximal dosing of cefepime at our institution. As neutropenia status did not significantly improve the multivariate models for death, we have attempted to control for confounding by adjusting for modified APACHE II scores and other risk factors as assessed in the multivariate model. Our findings may be less applicable to healthier subjects. Sixth, no statistical differences were noted between outcome groups according to the source of infection. However, our findings may be more applicable to populations with neutropenia, where line-related infections and unclear sources are more common. Seventh, MICs were obtained from automated susceptibility testing using the Vitek 2 system as opposed to agar dilution or broth microdilution; however, Vitek 2 is an FDA-approved method.

We have shown that there is clinical evidence that achieving an adequate $f_{\rm T_{>MIC}}$ ($>$ 68 to 74%) among severely ill and comorbid patients can lower the risk of in-hospital mortality due to GNBSI. As we have shown, the achievement of this $f_{\rm 15MIC}$ threshold cannot be predicted from dose alone. Our results suggest that clinicians should utilize aggressive prolonged-infusion schemes until the pathogen MIC is known. We suggest that until additional studies are conducted in less acute populations, with a larger representation of MICs between 4 and 32 mg/liter and with a more diverse representation of organisms at each MIC, dosing regimens targeting an $f_{\rm{F_{\rm{MIC}}}}$ of $>$ 68 to 74% should be aggressively pursued in the setting of GNBSI.

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