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# Self-assembled gemcitabine – gadolinium nanoparticles for magnetic resonance imaging and cancer therapy

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# Abstract

Nanoparticles with combined diagnostic and therapeutic functions are promising tools for cancer diagnosis and treatment. Here, we demonstrate a theranostic nanoparticle that integrates an active gemcitabine metabolite and a gadolinium-based magnetic resonance imaging agent via a facile supramolecular self-assembly synthesis, where the anti-cancer drug gemcitabine-5'- monophosphate (a phosphorylated active metabolite of the anti-cancer drug gemcitabine) was used to coordinate with Gd(III) to self-assemble into theranostic nanoparticles. The formulation exhibits a strong  $T_1$  contrast signal for magnetic resonance imaging of tumors in vivo, with enhanced retention time. Furthermore, the nanoparticles did not require other inert nanocarriers or excipients and thus had an exceptionally high drug loading (55 wt%), resulting in the inhibition of MDA-MB-231 tumor growth in mice.

# **Graphical abstract**

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Appendix A. Supplementary data: Supplementary data related to this article can be found at http://dx.doi.org

Competing interest disclosure: The authors declare no competing financial interest.

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#### Keywords

Supramolecular nanoparticle; Gemcitabine monophosphate; Drug delivery; Cancer theranostics; Magnetic resonance imaging

#### 1. Introduction

Nanoparticles can deliver a wide range of therapeutics and can improve drug circulation times, enhance therapeutic efficacy, and minimize systemic side effects, in many diseases [1–3]. In cancer, the leakiness of the tumor vasculature can enhance nanoparticle accumulation in tumors (the enhanced permeability and retention [EPR] effect) [4–6]. However, the efficacy of therapeutic nanoparticles is highly variable in humans, perhaps due to variability in the EPR effect [7,8]. The ability to image nanoparticle accumulation in tumors of individual patients could enable prediction of therapeutic efficacy [7], including optimization of dosing schedules by real-time tracking of pharmacokinetics. Conversely, accumulation in off-target tissues is also variable; the ability to image biodistribution could help predict toxicity [8], which could be especially important in therapies where toxicity is dose-limiting. This monitoring of efficacy, and distribution of particles within and without tumors could in principle allow for adjustement of a regimen to the patient's specific ("personalized") needs. Nanotheranostic devices are potentially useful for both clinical and research purposes (e.g. assessing the effectiveness of a targeting strategy).

To address these issues "theranostic" nanoparticles have been developed, which combine therapeutic and diagnostic functionalities in a single formulation [8–14]. Theranostic agents are still at an early stage of development. Since for many of the advantages attributed to nanotheranostics, it is important that the therapeutic and diagnostic agents be co-localized, the design of theranostic nanoparticles focuses on the co-encapsulation or surface attachment of therapeutic compounds and diagnostic agents in nanosized carriers, such as liposomes, polymeric nanoparticles, and inorganic nanomaterials (e.g., quantum dots, iron oxide nanoparticles) [8–15]. These strategies usually require complex and costly preparation of nanoparticles through multiple steps. In addition, since inert excipients account for the majority of the mass of the nanocarriers, the loading of the diagnostic and therapeutic agents is rather low (typically less than 10 wt%) [16–18]. Developing simple and efficient synthetic

strategies for the construction of nanotheranostics with high drug loading remains a challenge.

Magnetic resonance imaging (MRI) is a powerful diagnostic tool with high spatial resolution in soft tissue (e.g. cancer) imaging [19]. Small-molecule paramagnetic agents, especially Gd(III) compounds, are often used to improve the contrast of tissues, which enhance the  $T_1$ weighted MRI contrast by increasing the longitudinal relaxation rate  $(R_1 = 1/T_1)$  of water protons [19]. Nevertheless, tumor imaging using such clinically available low molecular weight Gd(III) contrast complexes is often limited by their limited accumulation in and rapid clearance from tumors, leading to inadequate MRI sensitivity and specificity [20]. (It bears mentioning, however, that the rate of efflux of contrast agents from tumors can also be of use in differentiating between benign and malignant tumors [21]. In that respect, and others, the design of formulations for tumor diagnosis may differ from that for tracking therapeutic agents.) The integration of Gd(III) complexes with nanoparticles, such as inorganic nanoparticles [22,23], polymeric nanoparticles [24-26], liposomes [27], and lipid nanoparticles [28,29], has the potential to improve the accumulation of contrast agents due to the EPR effect, and thus to enhance the signal intensities for tumor imaging. Theranostic nanoparticles have been developed that combine a cancer therapeutic (e.g., gemcitabine), with Gd(III) based MRI contrast agents [30,31]. However, these systems have relatively low loading of MRI imaging agents and/or drugs. For example, the loading of gemcitabine is reported as less than 10 wt% in liposomes that also contained Gd [30]. Additionally the imaging capabilities and antitumor efficacy of many such Gd-based theranostic nanoparticles have not been studied in vivo [30,31].

Here we report nanoparticles for combined cancer therapy and MRI (both of tumor and particle location), formed by supramolecular self-assembly to have a high loading of active agents to address such problems (Fig. 1). (Supramolecular self-assembly implies that molecular building blocks undergo spontaneously assembly through noncovalent interactions [32,33].) In our design, the anti-cancer drug gemcitabine-5'-monophosphate (GMP, see Fig. 1 for the structure), a phosphorylated active metabolite of the anti-cancer drug gemcitabine [34,35], was used as a bidentate molecular building block that could coordinate with (chelate) Gd(III) to self-assemble into nanoparticles (SNPs). Gd(III) was selected because of its coordination flexibility and its use as an MRI contrast agent [19]. The efficiency of nanoparticle accumulation in tumors is highly dependent on their blood circulation time: the longer the circulation time, the higher the tumor uptake [5,6]. Consequently, to enhance the circulation of SNPs in the blood, the particle surface was PEGylated with methoxy-PEG (molecular weight  $\sim 2$  kDa) bearing two phosphate groups at one terminus (PEG-DiP, see Fig. 1 for the structure) that could coordinate with Gd(III) [36]. SNPs did not require other inert nanocarriers or excipients and thus had an exceptionally high drug loading, which has not been achieved in other systems. We applied the SNPs for imaging and cancer therapy in a breast cancer xenograft model using the MDA-MB-231 cell line, which is sensitive to gemcitabine [34].

# 2. Materials and methods

#### 2.1. Materials

All of the chemicals used were of analytical grade and were used without further purification. GdCl<sub>3</sub>•6H<sub>2</sub>O were purchased from Sigma-Aldrich (St. Louis, MO). Gemcitabine-5'-monophosphate disodium salt were from HDH Pharma (Morrisville, NC) and stored at -20 °C in a freezer prior to use. PEG-DiP was purchased from Beijing Oneder Hightech (Beijing, China). Gemcitabine•HCl was purchased from LC Laboratories (Woburn, MA).

#### 2.2. Preparation of SNPs

GdCl<sub>3</sub>•6H<sub>2</sub>O solution (500  $\mu$ L, 3.7 mg/mL in HEPES buffer solution (100 mM, pH 7.4)) was mixed with gemcitabine-5'-monophosphate disodium salt (500  $\mu$ L, 4.0 mg/mL in deionized water). PEG-DiP (50  $\mu$ L, 10.0 mg/mL in deionized water) was added and the resulting mixture solution was sonicated for 2 minutes using a bath sonicator and then shaken at room temperature for 3 h. The resulting SNPs were collected after ultrafiltration and filtered through a 0.22  $\mu$ m membrane filter to remove large aggregates.

#### 2.3. Characterization

TEM images were taken on a JEOL 2100 advanced high performance microscope with an accelerating voltage of 200 kV. Dynamic light scattering (DLS) experiments were carried out on a ZetaPALS detector (15 mW laser, incident beam = 676 nm, Brookhaven Instruments, Holtsville, NY). Fourier-transform infrared spectra (FTIR) spectra were recorded on a Bruker TENSOR-27 FTIR spectrophotometer. HPLC analysis was performed on a Hewlett Packard/Agilent series 1100 (Agilent, Santa Clara, CA, USA) equipped with an analytical C18 reverse phase column. The concentration of Gd in different systems was determined with a Perkin Elmer 6100 ICP-MS (Norwalk, CT). All MR imaging measurements were performed with a Siemens Magnetom Trio with a 7T magnet field (Erlangen, Germany).

#### 2.4. Magnetic relaxivity measurement

200 µL SNPs or Gd-DTPA with different Gd(III) concentrations was transferred into tubes for longitudinal magnetic relaxivity measurements.  $T_1$ -weighted MR images were acquired on 7T MRI Varian using a fast spin-echo multi-slice sequence (FSEMS). The parameters were set as follows: 256 × 256 data matrix; 45 × 45 mm field of view; 10 slices; a slice thickness of 0.5 mm; repetition time (TE) = 8.92 ms, echo time (TR) = 5000 ms, and eight inversion recovery times (TI) = 400, 800, 1200, 1600, 2000, 2400, 2800, and 3200 ms. The mean MR signal intensity for each tube was measured over the defined region of interest (ROI). The following standard inversion-recovery formula was used to calculate  $T_1$  values of each tube:  $S(TI) = S_0 \times (1 - 2e^{-TI/T_1})$  to fit the  $T_1$  recovery curve, where S(TI) is the signal measured at a certain TI and  $S_0$  is the signal that would be available at full longitudinal magnetization. The resulting mean  $T_1$  values over the region of interest were plotted as  $1/T_1$  ( $R_1$ ) vs molar concentration of Gd(III). The molar relaxivity  $r_1$  was calculated from the slope of the plotted line

#### 2.5. Cytotoxicity assay

MDA-MB-231 cells were grown in 96-well plates in DMEM medium (Invitrogen, Carlsbad, CA), supplemented with 100 units/mL aqueous penicillin G, 100 µg/mL streptomycin, and 10% FBS at concentrations to allow 70% confluence in 24 h (i.e., 10,000 cells per cm<sup>2</sup>). On the day of experiments, cells were washed with pre-warmed PBS and incubated with pre-warmed DMEM medium contain SNPs or GMP drugs for 72 h at 37°C. The cytotoxicity was determined by standard MTT assay protocols.

#### 2.6. The MDA-MB-231 tumor model and in vivo MR imaging

Immuno-deficient 6-8 week nu/nu nude female mice were purchased from Charles River Laboratories (Wilmington, MA, USA) and maintained under pathogen-free conditions for all animal studies. The study protocol was reviewed and approved by the MIT Committee on Animal Care. For subcutaneous MDA-MB-231 tumor models, MDA-MB-231 cells were injected in the dorsal aspect of the neck with  $1 \times 10^6$  cells/100 µL in 1:1 (v/v) PBS and Matrigel (BD Biosciences, Franklin Lake, NJ). Mice with ~ 200-400 mm<sup>3</sup> tumors were used in subsequent imaging experiments. The  $T_1$ -weighted MR images were acquired in a 7T MRI scanner at designated time points postinjection. The detailed imaging parameters were set as follows: TR/TE 900/10.17ms, 2 averages; 256 × 256 data matrix; 45 × 45 mm field of view; 10 slices; a slice thickness of 0.5 mm, no gap between slices. Mice were anesthetized with isoflurane and imaged at specified time intervals post-injection.

#### 2.7. MDA-MB-231 tumor growth inhibition studies

Animals with tumors that reached  $\sim 100 \text{ mm}^3$  were injected by tail-vein with a total volume of 200 µL of test solutions. The body weight and tumor size were measured every 2-3 days. Tumor length and width were measure with calipers, and the tumor volume was calculated using the following equation: tumor volume = length × width × width / 2.

#### 2.8. In vivo toxicity studies

At day 14, mouse blood (~1mL) was collected by intracardiac puncture under deep anesthesia with isoflurane at time of sacrifice. Blood was immediately separated into Microvette<sup>®</sup> capillary blood collection tubes (~0.1 mL, Sarstedt) for complete blood count tests (red blood cell, white blood cell, hematocrit, platelet, red blood cell indices and manual white blood cell diffential with red blood cell morphology evaluation), and Microtainer<sup>®</sup> serum separator tubes (~0.8 mL, BD bioscience) for blood chemistry tests. The tubes were then gently inverted 8-10 times and analyzed by the MIT pathology lab. Organs (heart, liver, spleen, lung, kidney) of mice in different treatment groups were fixed and sectioned for H&E staining. At different day post-injection, mice were euthanized and organs were immediately collected for ICP-MS analysis (Trace Metals Laboratory, Harvard University).

#### 2.9. Statistical analysis

In vitro data were described with means and standard deviations and compared with T-tests. In vivo data were presented as median  $\pm$  quartiles and differences between groups were assessed with Mann-Whitney U-tests. All data analyses were performed using Origin 8 software (Northampton, MA).

#### 3. Results and discussion

#### 3.1. Synthesis and characterization of the SNPs

SNPs were prepared by spontaneous self-assembly of GMP, Gd(III), and mPEG-DiP combined in a mole ratio of 1:1:0.05 in HEPES buffer solution (100 mM, pH 7.4). Transmission electron microscope (TEM) images of SNPs showed well-dispersed nanoparticles (Fig. 2a) with a mean diameter of 50 nm by dynamic light scattering (DLS) (Fig. 2b). Elemental analysis by energy-dispersive X-ray spectroscopy (EDX) confirmed the presence of fluorine and phosphorus (from GMP) and Gd in SNPs (Fig. S1). EDX elemental mapping images (Fig. 2c) obtained from high angle annular dark field (HAADF) scanning transmission electron microscopy (STEM) showed that the distribution of the Gd and P (and therefore of the Gd(III) and GMP) in the SNPs was uniform. SNPs remained monodisperse without obvious aggregation in human serum buffer (human serum : saline = 1:1, v/v, pH 7.4) (Fig. S2; compare to Fig. 2a). The assembly of SNPs through coordination interactions among Gd(III) and GMP molecules was investigated by Fourier transform infrared (FTIR) spectroscopy (Fig. S3). The bands at 1045 and 970 cm<sup>-1</sup>, which were attributed to the characteristic antisymmetric and symmetric stretching vibrations of the phosphate group in GMP, were shifted to a slightly higher wavelength upon addition of Gd(III) and the consequent formation of nanoparticles, indicating that the phosphate group was involved in the coordination bonds [37]. After the formation of nanoparticles, the band at 1494  $\text{cm}^{-1}$ , attributed to the C4-N3 stretching vibration in the cytosine moiety of the GMP molecule, was shifted to a lower wavelength, suggesting it was coordinated with Gd(III) [37]. When gemcitabine molecules were used instead of GMP, nanoparticles were not formed, further suggesting that the phosphate group in GMP played an important chelation role in the selfassembly of SNPs. Such chelation interactions not only reduce the toxicity of Gd(III), but also reduce its relaxivity by slowing the rate of water exchange of Gd(III) relative to that of the free ion [19]. The loadings of GMP and Gd(III) in the SNPs were 55 wt% and 27 wt%, respectively, as determined by HPLC and inductively coupled plasma mass spectrometry (ICP-MS). Thus, the loading of PEG-DiP was estimated to be 18 wt%. The loading efficiencies of GMP and Gd(III) were 84% and 88%, respectively. GMP and Gd(III) had very similar release rates (Fig. S4); approximately 80% of GMP and 72% of Gd (III) were released from SNPs in 48 h.

#### 3.2. Relaxivity measurement in vitro and MRI in vivo

We measured the  $T_1$ -weighted MRI signals of aqueous Gd SNPs with a 7T (127.5 MHz) MRI scanner.  $T_1$ -weighted MR images (Fig. 3a) showed that the  $T_1$ -weighted MRI signal intensity increased continuously with increasing concentration of SNPs, and was greater than that of Gd-DTPA (Magnevist®) at all Gd concentrations. The molar relaxivity ( $r_1$ ) of aqueous SNP, an important parameter that determines the efficiency of a MRI contrast agent, determined by calculating the slope of the line relating the Gd(III) concentration to the longitudinal relaxation rate ( $1/T_1$ ) of water protons (Fig. 3b), was 8.3 mM<sup>-1</sup>·s<sup>-1</sup>, 1.9-fold higher than that of Gd-DTPA. The higher  $r_1$  of SNP may result from the reduction of molecular tumbling rates and the additive effect of the Gd(III) paramagnetic centers in the confined space of nanoparticles, which has been reported by others [38,39].

To examine the MRI performance of SNPs in vivo,  $T_1$ -weighted MR images were acquired on nude mice bearing subcutaneous human breast cancer (MDA-MB-231) tumors before intravenous injection and at different time points afterwards of Gd-DTPA or SNPs (0.1 mmol/kg Gd(III) [40]). The SNPs were delivered systemically to emulate clinical practice, where the location of tumors is often not known, or where site selective therapy may not be possible. In theory, site-selective treatments such as intra-arterial injection into tumor feeder vessels via interventional radiology techniques could further enhance intratumoral accumulation of nanoparticles and minimize the fraction ending up in the reticuloendothelial system.

Gd-DTPA did not enhance the contrast of the tumor region 1 h post-injection (Fig. S5; the 1 h time point was selected because Gd-DTPA is cleared from tumors and blood, with half-lives • 2 hours [41]). In contrast, a significant contrast enhancement of  $T_1$ -weighted MR signal intensity was seen in the tumor after injection compared with the pre-injection state: 1.27-fold at 1 h, 1.47-fold at 4 h and the enhancement remained at 1.21-fold 24 h post-injection (Fig. 4). This in vivo MR imaging efficacy is comparable with that of other Gd-based nanoparticles reported recently [26,36].

#### 3.3. Tumor growth inhibition

In vitro testing of the cytotoxicity of GMP and SNPs to MDA-MB-231 cancer cells by the MTT assay (Fig. S6) showed a concentration-dependent reduction in cell viability after 72 h incubation. SNP toxicity was comparable to that from free GMP, although SNPs were slightly less cytotoxic at the highest concentration. The in vivo anticancer efficacy (Fig. 5) of SNPs was investigated in MDA-MB-231 tumor xenografts in female nude mice (nu/nu) by measuring the tumor sizes at time intervals after intravenous injection of free drug and drug-loaded SNPs (GMP dose: 50 mg/kg). Mice treated with saline as the control group exhibited rapid tumor growth, with a median tumor volume of 695 mm<sup>3</sup> (tumor diameter  $\sim$  11 mm) at day 28 (Fig. 5a). Mice treated with free drug showed delayed tumor growth, with a median tumor volume of 188 mm<sup>3</sup> at day 28. The tumor growth delay with SNP was also reflected in the lower tumor tissue weight at day 28 (Fig. 5b, S7). SNPs were much more effective at inhibiting tumor growth than was GMP solution, with tumor growth inhibition as high as 72% (compared to 43% for GMP). The body weights of the mice did not change during any course of treatment (Fig. S8).

#### 3.4. In vivo toxicities

Healthy female nude mice (nu/nu) injected with a single intravenous dose of SNPs (50 mg/kg GMP) were euthanized after 14 days and the major organs were processed into hematoxylin and eosin (H&E) stained sections. Tissue histology was indistinguishable from that of animals administered PBS instead of SNP (Fig. S9). Blood chemistries and cell counts obtained at the same time point suggested that SNPs were benign in vivo (see Table S1 for data and discussion). Study of the Gd content of the organs, as determined by ICP-MS, indicated that most of the Gd(III) accumulated in the liver and spleen (Fig. S10). There was no detectable Gd signal left in any organs 120 days post-injection, indicating that SNPs can be cleared completely.

# 4. Conclusion

We have demonstrated a novel nanoparticle for cancer imaging and therapy in vivo, based on one-step supramolecular self-assembly of GMP, an active metabolite of gemcitabine, and Gd(III) ion through coordination-driven interactions. The SNPs feature a drug-loading capacity which is much higher than those in many previously reported drug delivery systems [30,31]. Our SNP system will likely be limited to drugs or prodrugs with phosphate groups that can chelate Gd(III) (e.g., etoposide phosphate (ETOPOPHOS®)). Furthermore, the SNPs were better  $T_1$  contrast agents than the clinically used Gd-DTPA in vitro and in vivo, having better molar relaxivity and prolonged retention in tumor. Finally, they exhibited enhanced in vivo antitumor activity compared to free drug in a breast cancer xenograft mouse model.

# Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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#### **Statement of Significance**

Recent advances in nanoparticle-based drug delivery systems have spurred the development of "theranostic" multifunctional NPs, which combine therapeutic and diagnostic functionalities in a single formulation. Current approaches to the design of theranostic NPs usually require complex and costly preparation of NPs through multiple steps. In addition, since inert excipients account for the majority of the mass of the nanocarriers, the loading of the diagnostic and therapeutic agents is rather low (typically less than 10%). Developing simple and efficient synthetic strategies for the construction of nanotheranostics with high drug loading remains a challenge. Here, we demonstrate a theranostic nanoparticle that integrates an active gemcitabine metabolite and a gadolinium-based magnetic resonance imaging agent via a facile synthesis. The nanoparticles feature a drug-loading capacity (55 wt%) that is much higher than those in many previously reported drug delivery systems. The SNPs were better  $T_1$  contrast agents than the clinically used Gd-DTPA in vitro and in vivo, having better molar relaxivity and prolonged retention in tumor. Moreover they exhibited enhanced in vivo antitumor activity compared to free drug in a breast cancer xenograft mouse model. The strategy provides a scalable way to fabricate nanoparticles that enables enhancement of both therapeutic and diagnostic capabilities. Therefore, we believe this manuscript should be of interest to readers of Acta Biomaterialia.





Schematic illustration of the one-step self-assembly of a small-molecule anticancer drug with Gd(III) into a Gd supramolecular nanoparticle (SNP).



# Fig. 2.

Structural and compositional characterization of SNPs. a) TEM image (Inset: high resolution image) and b) size distribution of SNPs. c) HAADF-STEM image of SNPs and corresponding EDX elemental maps (Gd (green) and P (red)).



#### Fig. 3.

 $T_1$ -weighted MRI signals of SNPs in aqueous solution. a) Color-coded (by signal intensity)  $T_1$ -weighted MR images of tubes containing SNPs or Gd-DTPA at different Gd(III) concentrations. b) Plot of longitudinal relaxation rate  $(1/T_1)$  as a function of Gd(III)-concentration in SNPs and Gd-DTPA. The slope indicates the molar relaxivity ( $r_1$ ). Data are means  $\pm$  SD (N=4). Asterisks indicate P < 0.01 at all points comparing SNP and Gd-DTPA at the same Gd(III) concentration.



#### Fig. 4.

MRI of MDA-MB-231 tumor in vivo. a) In vivo  $T_1$ -weighted MR images (color-coded by intensity) acquired before and at different time points after i.v. injection of SNPs in MDA-MB-231 tumor-bearing mice. Tumors are indicated by white dashed circles. b) Enhancement of the MRI signal intensity of the tumor sites after injection of SNPs (derived from the quantification of the data in panel (a)). (I<sub>pre</sub> = intensity at time = 0, before injection, I<sub>post</sub> = intensity at time points thereafter. Data are medians ± quartiles (N=5).



#### Fig. 5.

Anti-cancer efficacy of i.v.-injected formulations in animals with subcutaneous MDA-MB-231 tumors. a) Effect of treatment on tumor volume. Groups with GMP contained 50 mg/kg. (b) Final weights of tumor tissues 28 days after i.v. injection. Data are medians  $\pm$  quartiles (N=5). Asterisks indicate P < 0.05.