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A priming dose of protons alters the early cardiac cellular and molecular response to ^{56}Fe irradiation

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Abstract

Purpose—Recent evidence suggests that the heart may be injured by ionizing radiation at lower doses than was previously thought. This raises concerns about the cardiovascular risks from exposure to radiation during space travel. Since space travel is associated with exposure to both protons from solar particle events and heavy ions from galactic cosmic rays, we here examined the effects of a “priming” dose of protons on the cardiac cellular and molecular response to a “challenge” dose of ^{56}Fe in a mouse model.

Methods—Male C57BL/6 mice at 10 weeks of age were exposed to sham-irradiation, 0.1 Gy of protons (150 MeV), 0.5 Gy of ^{56}Fe (600 MeV/n), or 0.1 Gy of protons 24 hours prior to 0.5 Gy of ^{56}Fe . Hearts were obtained at 7 days post-irradiation and western-blots were used to determine protein markers of cardiac remodeling, inflammatory infiltration, and cell death.

Results—Exposure to ^{56}Fe caused an increase in expression of α -smooth muscle cell actin, collagen type III, the inflammatory cell markers mast cell tryptase, CD2 and CD68, the endothelial glycoprotein thrombomodulin, and cleaved caspase 3. Of all proteins investigated, protons at a dose of 0.1 Gy induced a small increase only in cleaved caspase 3 levels. On the other hand, exposure to protons 24 hours before ^{56}Fe prevented all of the responses to ^{56}Fe .

Conclusions—This study shows that a low dose of protons may prime the heart to respond differently to a subsequent challenge dose of heavy ions. Further investigation is required to

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DECLARATION OF INTERESTS

The authors declare no conflicts of interest.

identify responses at additional time points, consequences for cardiac function, threshold dose levels, and mechanisms by which a proton priming dose may alter the response to heavy ions.

Keywords

High-LET Radiation; Space Radiation; Heart; Inflammatory Infiltration; SPE; GCR

1. Introduction

Recent reports on the long-term follow-up of atomic bomb survivors have shown an increased incidence of cardiovascular disease, including ischemic heart disease and stroke, in people exposed to doses of radiation as low as 2 Gy [1-3]. Moreover, epidemiological studies in occupational exposure and low-dose exposure due to medical treatments indicate that cardiovascular disease may occur after lower doses of ionizing radiation than was previously thought [4-10]. These findings have raised concern for potential cardiovascular effects of current low-dose ionizing radiation exposures, including the radiation encountered during space travel, especially beyond Low Earth Orbit [11, 12]. However, care should be taken when the results of terrestrial radiation exposures such as those from atomic bombs are used to support the potential for a cardiovascular disease risk from space radiation, since certain conditions such as dose rate are different.

Recent studies have started to elucidate the effects of space-like radiation on cardiac function and structure in animal models. Exposure to protons (0.5 Gy, 1 GeV) and ^{56}Fe (0.15 Gy, 1 GeV/n) in a mouse model induced cardiac infiltration of CD68-positive cells, increased DNA oxidation, myocardial fibrosis, and modified cardiac function, both at baseline and in response to myocardial infarction, in a radiation-type specific manner [13-15]. Moreover, exposure to ^{28}Si (0.1-0.5 Gy, 300 MeV/n) caused prolonged apoptosis and increased expression of the common pro-inflammatory cytokines interleukin (IL)-1 β , IL-6, or tumor necrosis factor (TNF)- α in a mouse model [16]. Deep space travel is associated with exposure to various types of high-LET radiation. It is currently unknown how the exposure to one form of radiation may alter the cardiac response to a subsequent challenge with the same or a different form of radiation.

This study used a mouse model to characterize cellular and molecular changes in the heart in response to protons, ^{56}Fe , or consecutive irradiation. The goal was to determine whether a low dose of protons may prime the heart to respond differently to a subsequent challenge dose of heavy ions. Protons were administered at a dose of 0.1 Gy (150 MeV), a likely occurring dose during a solar particle event (SPE). The energy of 150 MeV is not only commonly used in therapeutic settings but also represents an energy near the maximum abundance of protons expected in most SPEs [11]. ^{56}Fe was selected as one of the higher dose-equivalent heavy particles that make up galactic cosmic rays in free space and was administered at 0.5 Gy (600 MeV/n) - the minimum dose that has shown to cause cell loss in other tissues [17]. For consecutive irradiation, a priming dose of 0.1 Gy of proton was followed by a challenge dose of 0.5 Gy of ^{56}Fe 24 hours later. While the choice of 24 hours between the two exposures was in part made out of scientific interest, it is also relevant for

the radiation environment in deep space, in which astronauts will be exposed to heavy ions after having encountered an SPE.

2. Materials and methods

2.1. Animals and irradiation

Male C57BL/6J mice, at 10 weeks of age (Jackson Laboratory, Bar Harbor, ME) were shipped to Brookhaven National Laboratories (BNL) in Upton, NY. After a one-week acclimation period, the mice were randomly assigned to experimental groups and were exposed to sham-irradiation (n=4), 0.1 Gy protons (150 MeV) (n=5), 0.5 Gy ^{56}Fe (600 MeV/n) (n=5), or 0.1 Gy protons (150 MeV) at 24 h followed by 0.5 Gy ^{56}Fe (600 MeV/n) (n=5). Dosimetry was performed by the Physics Dosimetry Group at BNL. For each exposure, animals were individually placed into clear Lucite cubes (3 in \times 1½ in \times 1½ in) with breathing holes. Sham-irradiated mice served as controls and were placed into the same enclosures. During the entire experiment, sham-irradiated mice were not housed together with irradiated mice. After irradiation, the mice were shipped to Loma Linda University (LLU) under climate-controlled conditions and were housed at LLU under a constant 12 h light:dark cycle. Regular chow and water were provided ad libitum. All procedures were approved by the Institutional Animal Care and Use Committees of LLU and BNL.

2.2. Tissue harvesting

Animals were sacrificed at 7 days after irradiation, and the heart was obtained and snap-frozen in liquid nitrogen. Frozen tissues were shipped on dry ice to the University of Arkansas for Medical Sciences for analysis of cellular markers with western-blotting and gene expression with real-time PCR.

2.3. Analysis of cardiac protein levels with western-blotting

Western-blotting was performed as described previously [18] and in the Supplementary Material. Supplementary Table 1 lists all primary antibodies used for western-blotting.

2.4. RNA isolation and real-time PCR

Total cardiac RNA was isolated, cDNA synthesized, and steady-state mRNA levels were measured with real-time quantitative PCR (TaqMan™) as described before [19] and in the Supplementary Material, using the pre-designed TaqMan Gene Expression Assays™ listed in Supplementary Table 2.

2.5. Statistical analysis

All data were analyzed with the software NCSS 2007 (NCSS, Kaysville, UT) using two-way analysis of variance (ANOVA), followed by Newman-Keuls individual comparisons. The criterion for significance was a $p < 0.05$. Data reported as average \pm standard error of the mean (SEM) with n=4-5.

3. Results

3.1. A priming dose of protons altered the levels of cardiac remodeling and inflammatory infiltration markers after exposure to ^{56}Fe

Increased collagen deposition, collagen turnover, and increased numbers of myofibroblasts that express α -smooth muscle cell (SMC) actin are common manifestations of cardiac remodeling. Cardiac levels of α -SMC actin were measured with western-blot. While cardiac levels of α -SMC actin were increased after exposure to ^{56}Fe , they remained steady in the hearts of mice that had been primed with low dose protons (**Fig. 1**).

Western-blot against collagen type III, one of the main collagen types in the heart, identified two protein bands that were diminished when the anti-collagen type III antibody was pre-incubated with blocking peptide, indicating that both protein bands were fragments of collagen type III (**Supplementary Fig. 1**). These protein fragments are likely the result of matrix metalloprotease-induced cleavage of collagen type III, an indication of ongoing tissue remodeling. Increased levels of collagen type III fragments were observed after exposure to ^{56}Fe , suggesting that remodeling occurred at this 7 day time point. However, when primed with low dose protons, the levels did not significantly change when compared to the hearts of sham-irradiated controls (**Fig. 2**).

The proton exposure also altered the inflammatory infiltration response seen with ^{56}Fe . Alone, exposure to ^{56}Fe caused increased levels of the mast cell enzyme tryptase, the T-lymphocyte marker CD2, and the monocyte/macrophage marker CD68. When ^{56}Fe were preceded by low dose protons, no significant changes were seen in these markers (**Fig. 3**). Although western-blot for mast cell tryptase, CD2, and CD68 indicate that cardiac inflammatory infiltration had occurred after exposure to ^{56}Fe , no significant changes were seen in cardiac mRNA levels of the pro-inflammatory cytokines IL-1 β , IL-6, or TNF- α (data not shown).

3.2. A priming dose of protons altered the induction of thrombomodulin in response to ^{56}Fe

Thrombomodulin (TM) is a transmembrane glycoprotein located on the luminal surface of endothelial cells that plays an important role in the regulation of coagulation and fibrinolysis. Reduced TM expression on the endothelial cell surface is an indication of endothelial dysfunction [20-23]. While ^{56}Fe caused an increase in cardiac levels of TM, its levels were not modified after proton or consecutive exposure (**Fig. 4**).

3.3. A priming dose of protons altered the levels of caspase 3

An increase in the ratio of cleaved caspase 3 to the full caspase 3 protein suggested that some apoptosis occurred after ^{56}Fe exposure. While protons alone caused a small increase in cardiac levels of cleaved caspase 3, no significant increase was observed in cleaved caspase 3, full caspase 3 protein, or their ratio in the consecutive exposure group compared to sham-irradiated controls (**Fig. 5**).

4. Discussion

The aim of this study was to determine whether a low dose of protons could alter the response of the heart to a subsequent challenge with a heavy ion. A limited number of studies have examined the effects of whole-body exposure to low doses of high-LET radiation on cardiac function and structure in animal models. Additionally, to our knowledge there are few published studies that have examined the effects of combined or consecutive exposures. While the current choice of a 24 hour interval between proton and heavy ion exposures may be relevant for certain situations in deep space, astronauts will also be exposed to different forms of radiation at the same time or within time intervals less than 24 hours. The cardiovascular effects of these radiation exposures need to be studied in the future. Also, the current experiment included only male mice. However, there are known sex differences in cardiovascular physiology and disease [24], and future studies therefore need to include female animals.

In the current study, we examined cardiac levels of protein markers of remodeling, inflammatory infiltration, apoptosis, and the endothelial glycoprotein TM at an early post-radiation time point. Due to experimental set-up and limited availability of tissues, we did not have the opportunity to include other time points or assess cardiac function or histology. However, previous research in a similar mouse model of exposure to protons (0.5 Gy, 1 GeV) and ^{56}Fe (0.15 Gy, 1 GeV/n) showed long-term alterations in cardiac function and structure in response to these charged particles [13-15].

In studies on single ion exposure, ^{28}Si (0.1-0.5 Gy, 300 MeV/n) caused prolonged apoptosis and increased expression of the common pro-inflammatory cytokines IL-1 β , IL-6, or TNF- α in a mouse model [16]. Similarly, we found increased levels of cleaved caspase 3 in response to ^{56}Fe . On the other hand, while we observed increased markers of inflammatory infiltration after exposure to ^{56}Fe , in contrast with exposure to ^{28}Si , no significant changes were seen in the (mRNA) expression of the pro-inflammatory cytokines IL-1 β , IL-6, or TNF- α . The more energetic ^{56}Fe nuclei may generate a unique spectrum of secondary particles in the tissue. Our results may therefore suggest that the cardiac response is radiation type-specific. However, we cannot exclude that different results are in part due to the use of different mouse strains [25].

Endothelial dysfunction, which is characterized by a proinflammatory and profibrogenic phenotype of endothelial cells, is a critical contributor to the pathophysiological manifestations of radiation injury [26-30]. A prominent feature of endothelial dysfunction associated with radiation injury is an imbalance in the TM system [20-23]. TM, a transmembrane glycoprotein located on the luminal surface of endothelial cells, has anti-inflammatory and anti-fibrogenic properties [31-33]. During endothelial dysfunction, TM is cleaved from the endothelial cell surface. Cardiac levels of TM were enhanced after exposure to ^{56}Fe , suggesting that modifications in the TM system occurred. Our western-blots were unable to distinguish endothelial surface TM from soluble TM, and the exact role of TM in high-LET induced cardiac injury needs further investigation.

Interestingly, we here show that priming mice with a small dose of protons altered the response to a subsequent challenge with ^{56}Fe . While proton exposure at a dose of 0.1 Gy had no effect on protein markers of cardiac tissue remodeling, inflammatory infiltration, or the endothelial glycoprotein TM, when administered 24 hours before 0.5 Gy of ^{56}Fe proton exposure prevented the effects of ^{56}Fe on these proteins. Moreover, while proton exposure caused a small increase in cleaved caspase 3 levels, no significant alterations were seen in caspase 3 in the consecutive exposure group compared to sham-irradiated controls. These results suggest that, even though not visible in our protein readouts, proton exposure primed the cardiac tissue by inducing certain defense mechanisms that diminished the cardiac response to a subsequent challenge. Similar to our results, recent work on tissue samples of lung [34] and brain (Antiño Allen, PhD, personal communication) of mouse models showed that protons followed at 24 hours by ^{56}Fe resulted in molecular and functional alterations that were significantly different when compared to either source of radiation alone. Moreover, in mice that were challenged with an acute myocardial infarction, prior proton irradiation increased the expression of pro-survival genes, improved the restoration of cardiac function, and enhanced the process of cardiac remodeling when examined from hours to months after irradiation [13]. Our work confirms these earlier findings and demonstrates that the molecular and cellular response of the heart can be modified by a priming dose of protons at lower energy levels (150 MeV) than in the previous report by Yan et al. (1 GeV). Interestingly, there were no clear alterations in genome-wide gene expression arrays performed on mouse heart tissues at 7 days after exposure to protons [35]. Hence, at this time is difficult to speculate on possible mechanisms by which low-dose proton exposure may prime the heart to respond differently to a subsequent exposure to heavy ions. Previous work in cell culture models has recently shown that a low dose of protons protected against chromosomal damage induced by heavy ions administered 24 hours later, and that intercellular communication via soluble factors contributed to the cellular response [36]. We cannot exclude that similar mechanisms played a role in the cardiac response in the current study.

In conclusion, molecular alterations at 7 days after exposure to ^{56}Fe in the mouse heart suggest that heavy ion irradiation may cause early cardiac adverse remodeling and inflammatory infiltration. Moreover, we show that a low dose of protons may prime the heart to respond differently to a subsequent challenge dose of heavy ions. Further investigation is required to identify responses at additional time points, consequences for cardiac function, threshold dose levels, and mechanisms by which a proton priming dose may alter the response to heavy ions.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Highlights

- Iron ions (0.5 Gy) induced proteins related to remodeling in the mouse heart.
- Iron ions (0.5 Gy) induced markers of cardiac inflammatory infiltration.
- Given 24 h before iron ions, protons (0.1 Gy) prevented effects of iron ions in the heart.
- Hence, a low dose of protons may prime the heart to a challenge dose of heavy ions.

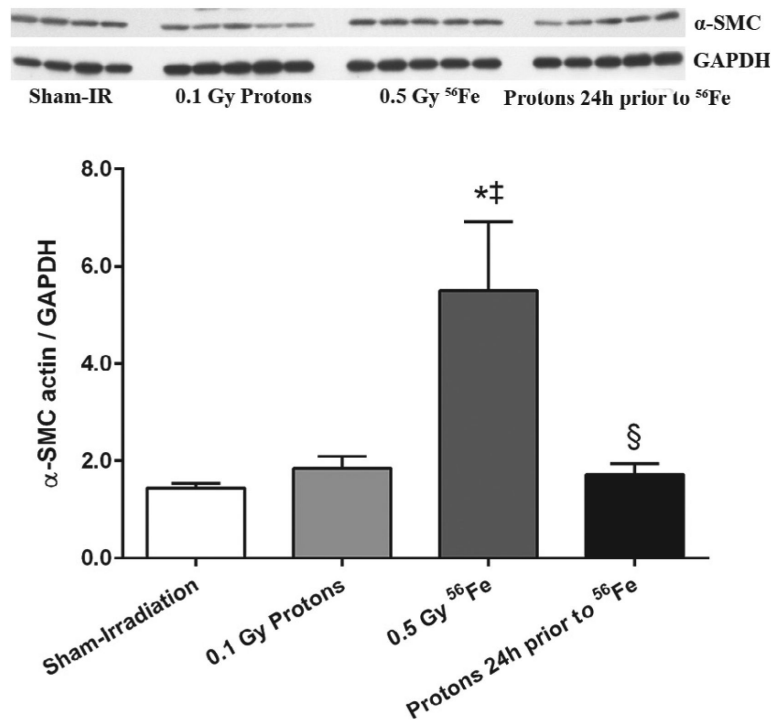


Figure 1.

Increased expression of α -SMC actin, a marker of myofibroblasts, was observed at 7 days after exposure to ^{56}Fe . A priming dose of protons prevented the increase in α -SMC actin in response to ^{56}Fe exposure. Western-blot image indicates 4-5 biological repeats in each radiation group. Graphs indicate average \pm SEM, n=4-5. Quantification of α -SMC divided by GAPDH for sham-irradiation: 1.43 \pm 0.11; for 0.1 Gy protons: 1.86 \pm 0.24; for 0.5 Gy ^{56}Fe : 5.51 \pm 1.42; for the consecutive exposure group: 1.72 \pm 0.23. *p<0.05 compared to sham-irradiated control, \ddagger p<0.05 compared to proton exposure, §p<0.05 compared to ^{56}Fe exposure.

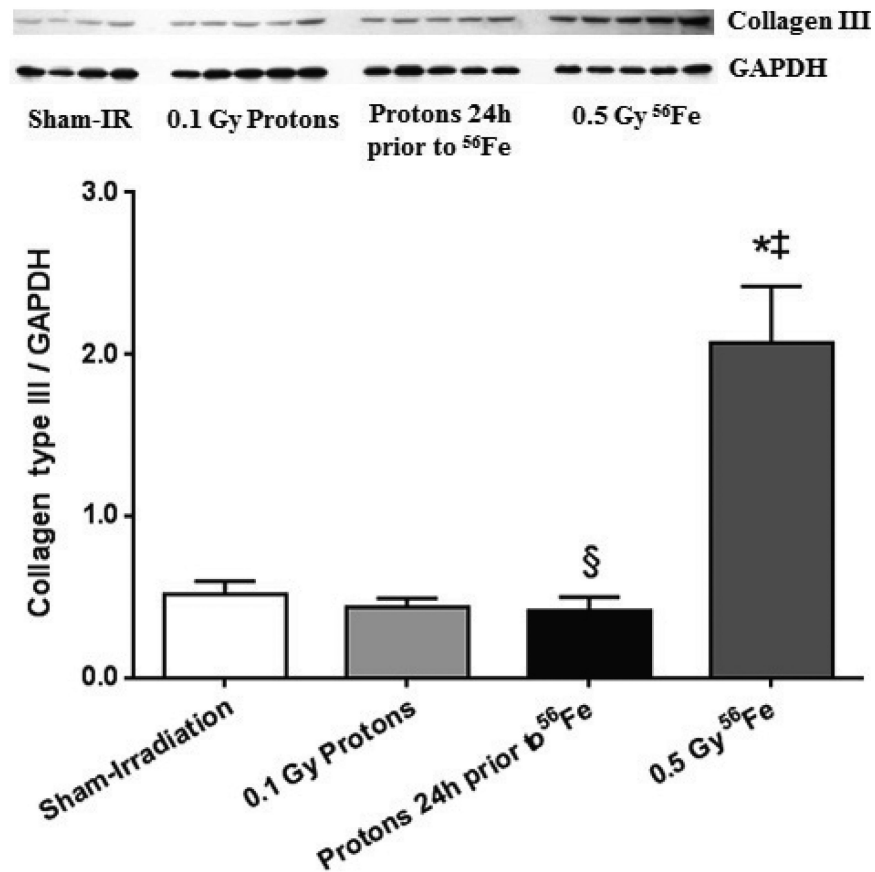


Figure 2. Increased cardiac levels of collagen type III (quantification of the 75 kDa fragment as indicated in Supplementary Fig. 1) was observed at 7 days after exposure to ⁵⁶Fe. A priming dose of protons prevented the increase in collagen type III in response to ⁵⁶Fe exposure. Western-blot image indicates 4-5 biological repeats in each radiation group. Graphs indicate average ± SEM, n=4-5. Quantification of collagen type III divided by GAPDH for sham-irradiation: 0.51 ± 0.08; for 0.1 Gy protons: 0.43 ± 0.06; for 0.5 Gy ⁵⁶Fe: 2.07 ± 0.34; for the consecutive exposure group: 0.41 ± 0.09. *p<0.05 compared to sham-irradiated control, ‡p<0.05 compared to proton exposure, §p<0.05 compared to ⁵⁶Fe exposure.

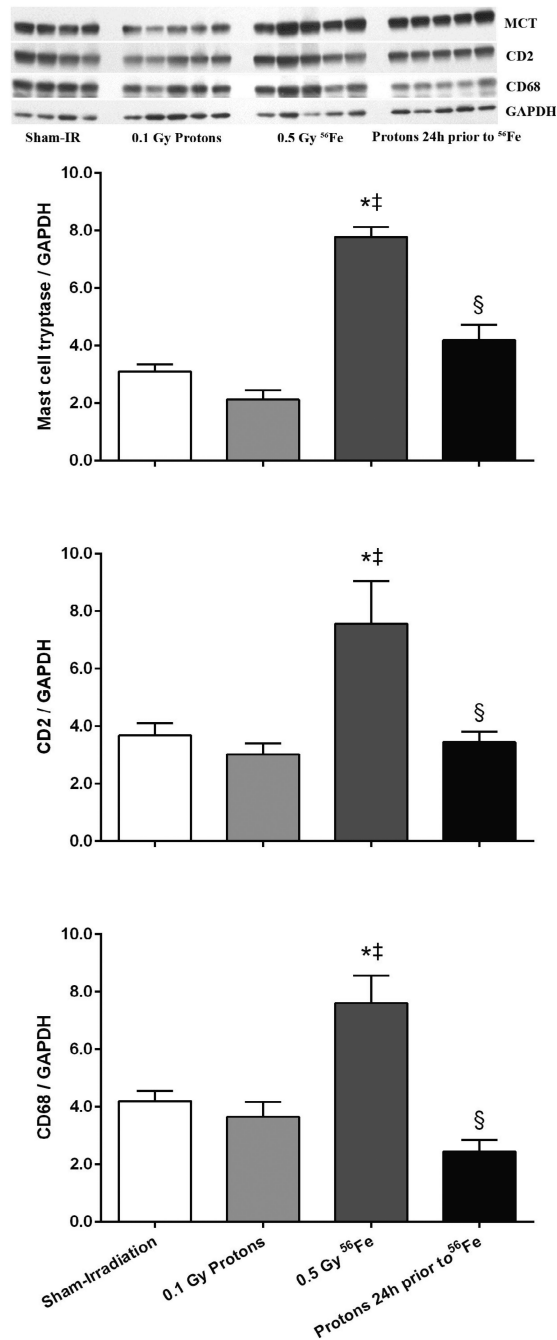


Figure 3. Increased expression of markers of cardiac inflammatory cells indicated that ⁵⁶Fe exposure led to increased numbers of mast cells (mast cell tryptase, MCT), T-lymphocytes (CD2), and monocytes/macrophages (CD68). No alterations in these markers were observed in the consecutive exposure group. Western-blot image indicates 4-5 biological repeats in each radiation group. Graphs indicate average ± SEM, n=4-5. Quantification of MCT/CD2/CD68 divided by GAPDH for sham-irradiation: 3.10 ± 0.24/3.68 ± 0.43/4.21 ± 0.35; for 0.1 Gy protons: 2.12 ± 0.33/3.02 ± 0.38/3.65 ± 0.51; for 0.5 Gy ⁵⁶Fe: 7.78 ± 0.35/7.56 ± 1.48/7.61

± 0.96 ; for the consecutive exposure group: $4.19 \pm 0.53/3.44 \pm 0.37/2.45 \pm 0.39$. * $p < 0.05$ compared to sham-irradiated control, ‡ $p < 0.05$ compared to proton exposure, § $p < 0.05$ compared to ^{56}Fe exposure.

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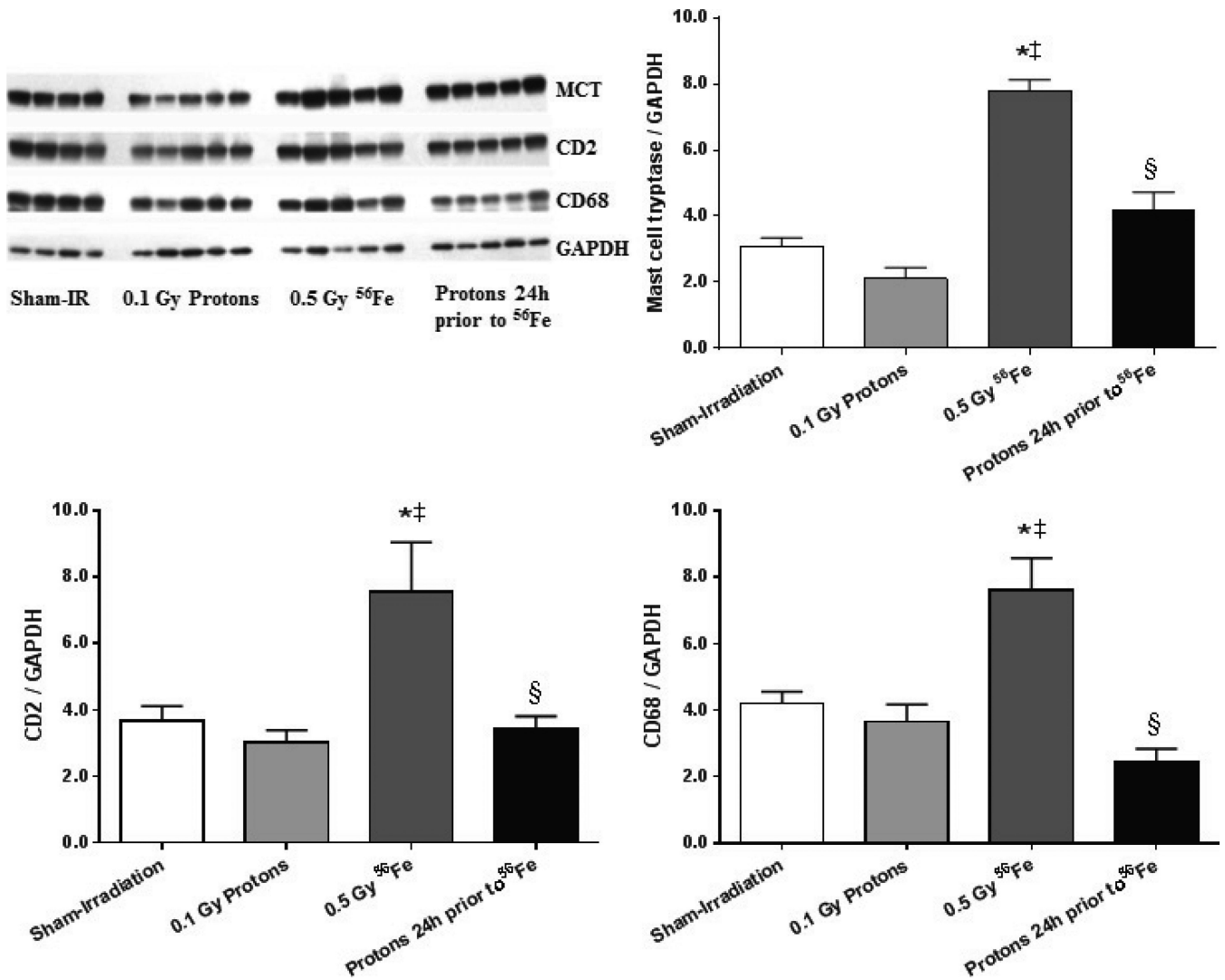


Figure 4.

A priming dose of protons altered the induction of TM in response to ⁵⁶Fe. Western-blot image indicates 4-5 biological repeats in each radiation group. Graphs indicate average ± SEM, n=4-5. Quantification of TM divided by GAPDH for sham-irradiation: 0.43 ± 0.08; for 0.1 Gy protons: 0.60 ± 0.09; for 0.5 Gy ⁵⁶Fe: 0.75 ± 0.08; for the consecutive exposure group: 0.53 ± 0.04. *p<0.05 compared to sham-irradiated control.

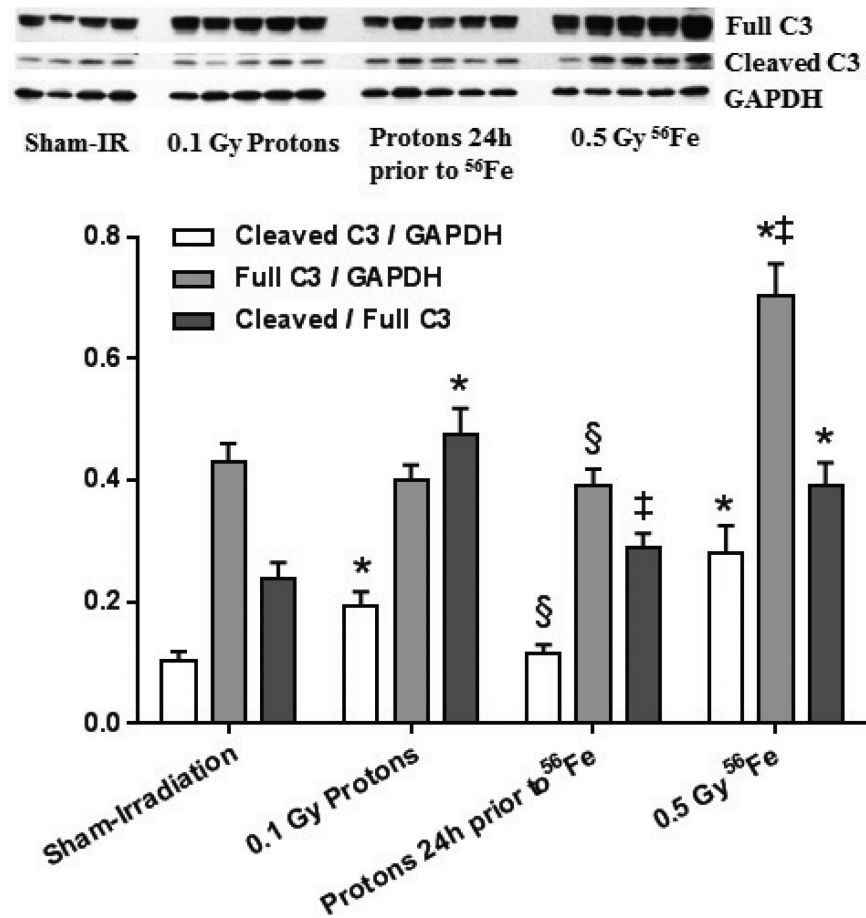


Figure 5. Effects of charged particle exposure on cardiac caspase 3 (C3). Both protons and ⁵⁶Fe induced increased ratios of cleaved caspase 3 to the full caspase 3 protein, while no significant differences were observed between the consecutive exposure group and sham-irradiated controls. Western-blot image indicates 4-5 biological repeats in each radiation group. Graphs indicate average ± SEM, n=4-5. Quantification of cleaved caspase 3/full caspase 3 divided by GAPDH for sham-irradiation: 0.10 ± 0.02/0.43 ± 0.03; for 0.1 Gy protons: 0.19 ± 0.02/0.40 ± 0.02; for 0.5 Gy ⁵⁶Fe: 0.28 ± 0.04/0.70 ± 0.05; for the consecutive exposure group: 0.11 ± 0.02/0.39 ± 0.03. Average ± SEM, n=4-5. *p<0.05 compared to sham-irradiated control, ‡p<0.05 compared to proton exposure, §p<0.05 compared to ⁵⁶Fe exposure.